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Twelve Suggested Points for A.A. Tradition

By Bill

Nobody invented Alcoholics Anonymous. It grew. Trial and error has produced a rich experience. Little by little we have been adopting the lessons of that experience, first as policy and then as tradition. That process still goes on and we hope it never stops. Should we ever harden too much the letter might crush the spirit. We could victimize ourselves by petty rules and prohibitions; we could imagine that we had said the last word. We might even be asking alcoholics to accept our rigid ideas or stay away. May we never stifle progress like that!

Yet the lessons of our experience count for a great deal - a very great deal, we are each convinced. The first written record of A.A. experience was the book, *Alcoholics Anonymous*. It was addressed to the heart of our foremost problem - release from the alcohol obsession. It contained personal experiences of drinking and recovery and a statement of those divine but ancient principles which have brought us a miraculous regeneration. Since publication of *Alcoholics Anonymous* in 1939 we have grown from 100 to 24,000 members. Seven years have passed; seven years of vast experience with our next greatest undertaking - the problem of living and working together. This is today our main concern. If we can succeed in this adventure - and keep succeeding - then, and only then, will our future be secure.

Since personal calamity holds us in bondage no more, our most challenging concern has become the future of Alcoholics Anonymous; how to preserve among us AAs such a powerful unity that neither weakness of persons nor the strain and strife of these troubled times can harm our common cause. We know that *Alcoholics Anonymous* must continue to live. Else, save few exceptions, we and our brother alcoholics throughout the world will surely resume the hopeless journey to oblivion.

Almost any A.A. can tell you what our group problems are. Fundamentally, they have to do with our relations, one with the other, and with the world outside. They involve relations of the A.A. to his group, the relation of his group to Alcoholics Anonymous as a whole, and the place of Alcoholics Anonymous in that troubled sea called Modern Society, where all of humankind must presently shipwreck or find haven. Terribly relevant is the problem of our basic structure and our attitude toward those ever pressing questions of leadership, money and authority. The future may well depend on how we feel and act about things that are controversial and how we regard our public relations. Our final destiny will surely hang upon what we presently decide to do with these danger-fraught issues!

Now comes the crux of our discussion. It is this: Have we yet

acquired sufficient experience to state clear-cut policies on these, our chief concerns? Can we now declare general principles which could grow into vital - traditions - traditions sustained in the heart of each A.A. by his own deep conviction and by the common consent of his fellows? That is the question. Though full answer to all our perplexities may never be found, I'm sure we have come at last to a vantage point whence we can discern the main outlines of a body of tradition; which, God willing, can stand as an effective guard against all the ravages of time and circumstance.

Acting upon the persistent urge of old A.A. friends, and upon the conviction that general agreement and consent between our members is now possible, I shall venture to place in words these suggestions for ***An Alcoholics Anonymous Tradition of Relations - Twelve Points to Assure Our Future:***

Our A.A. Experience Has Taught Us That:

1.- Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.

2.- For our group purpose there is but one ultimate authority - a loving God as

He may express Himself in our Group conscience.

3.- Our membership ought to include all who suffer alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. Group.

4.- With respect to its own affairs, each A.A. Group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighbouring groups also, those groups ought to be consulted. And no group, regional committee or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the Trustees of The Alcoholic Foundation. On such issues our common welfare is paramount.

5.- Each Alcoholics Anonymous Group ought to be a spiritual entity *having but one primary purpose* - that of carrying its message to the alcoholic who still suffers.

6.- Problems of money, property and authority may easily divert us from our primary spiritual aim. We think, therefore, that any considerable property of genuine use to A.A. should be separately incorporated and managed, thus dividing the material from the spiritual. An A.A. Group, as such, should never go into business. Secondary aids to A.A., such

as clubs or hospitals which require much property or administration, ought to be so set apart, that if necessary, they can be freely discarded by the Groups. The management of these special facilities should be the sole responsibility of those people, whether A.A. or not, who financially support them. For our clubs, we prefer A.A. managers. But hospitals, as well as other places of recuperation, ought to be well outside A.A. - and medically supervised. An A.A. Group may cooperate with anyone, but should bind itself to no one.

7.- The A.A. Groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each Group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous; that acceptance of large gifts from any source or of contributions carrying any obligation whatever, is usually unwise. Then, too, we view with much concern those AA treasuries which continue, beyond prudent reserves, to accumulate funds for no stated purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.

8.- Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those full time

services for which we might otherwise have to engage non-alcoholics. Such special services may be well recompensed. But personal "12th Step" work is never to be paid for.

9.- Each A.A. Group needs the least possible organization. Rotating leadership is usually the best. The small group may elect its secretary, the large group its rotating committee, and the groups of a large metropolitan area their central committee, which often employs a full time secretary. The trustees of The Alcoholic Foundation are, in effect, our General Service Committee. They are the custodians of our A.A. tradition and the receivers of voluntary A.A. contributions by which they maintain A.A. General Headquarters and our General Secretary at New York. They are authorized by the groups to handle our overall public relations and they guarantee the integrity of our principal publication, *The A.A. Grapevine*. All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles. Universal respect is the key to their usefulness.

10.- No A.A. group or member should ever, *in such a way as to implicate A.A.*, express any opinion on outside controversial issues - particularly those of politics, alcohol reform or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever.

11.- Our relations with the outside world should be characterized by modesty and anonymity. We think A.A. ought to avoid sensational advertising. Our public relations should be guided by the principle of attraction rather than promotion. There is never need to praise ourselves. We feel it better to let our friends recommend us.

12.- And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principles before personalities; that we are actually to practice a truly humble modesty. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all.

May it be urged that while these principles have been stated in rather positive language they are still only suggestions for our future. We of Alcoholics Anonymous have never enthusiastically responded to any assumption of personal authority. Perhaps it is well for A.A. that this is true. So I offer these suggestions neither as one man's dictum nor as a creed of any kind, but rather as a first attempt to portray that group ideal toward which we have assuredly been led by a Higher Power these ten years past.

P.S. To help free discussion. I would like to amplify the *Twelve Points of Tradition* in future *Grapevine* pieces.