How CAN ANY member of Alcoholics Anonymous say there are no musts in AA after reading the following direct quotations from our book Alcoholics Anonymous?

Page xxiii (letter from William D. Silkworth, MD): "As part of his [co-founder Bill W.'s] rehabilitation he commenced to present his conceptions to other alcoholics, impressing upon them that they must do likewise with still others."

Page xxiv: "In this statement he [Dr. Silkworth] confirms that we who have suffered alcoholic torture must believe ... that the body of the alcoholic is quite as abnormal as his mind."

Page 14 ("Bill's Story"): "I must turn in all things to the Father of Light who presides over us all."

Page 43: "The alcoholic at certain times has no effective mental defense against the first drink. Except in a few rare cases, neither he nor any other human being can provide such a defense. His defense must come from a Higher Power."

Page 85: "Every day is a day when we must carry the vision of God's will into all of our activities. ... These are thoughts which must go with us constantly.... But we must go further and that means more action."

Page 86: "... we must be careful not to drift into worry, remorse or morbid reflection, for that would diminish our usefulness to others."

Page 95: "If he is to find God, the desire must come from within."

Page 130: "We have come to believe He would like us to keep our heads in the clouds with Him, but that our feet ought to be firmly planted on earth. That is where our fellow travelers are, and that is where our work must be done."

Anonymous, Waukegan, Ill.