

## Editorial . The Second Step

We took our most important step when we recognized that we were powerless over alcohol and that our lives had become unmanageable.

Having done that, the next step was to find a solution. Our own efforts had failed.

We had tried to control the use of alcohol.

We had tried to do without alcohol, and failed there, too.

We had tried to trick ourselves into sobriety.

We tried off-again-on-again.

We tried beer and wine.

We tried three a day, and saw three jiggers grow to three glasses.

We tried the pledge, with our fingers crossed.

And we remained powerless in the presence of alcohol.

We still had "the strength of a bull in our necks," and we wanted no one telling us how to order our lives: no doctors, no parsons, no women! no men, and none of our fast disappearing friends.

Particularly, we rejected any suggestion that smacked of uplift. We wanted no advice from those we suspected of believing us to be "sinners".

But at last, after many months of headstrong persistence in error we came to the realization that we were powerless to deal with our situations. Then we were ready to look beyond ourselves.

In this, our experience has not been unique. It has been the experience of man throughout the ages that when he felt uneasy, that when he felt that something was wrong with him as he stood, he found his solution by looking beyond himself.

Man in all ages has turned to the realm of the spirit to find completeness, to find way out of error.

Man in all ages has come to the realization that he must place his faith in the Supreme Power that rules the universe and everything in it.

We took our second step, then, when we came to believe that a power higher than ourselves could restore us to sanity.

Having taken that step, we are brought to the threshold of release.

To obtain release we must cross the threshold.

To cross the threshold, we must exchange mere recognition of the existence of Higher Power for firm conviction. For, to "believe" is to have firm conviction.

And with firm conviction in the existence of Supreme Power and in the saving grace of that power, we enable ourselves to break the bounds of sensuality, to get off the merry-go-round of nervous compulsion that made us powerless in the presence of alcohol.

We turn our faces toward God and prepare to lift ourselves up from the shallower sphere of life.

*Lord, thou has been our dwelling place in all generations.  
Before the mountains were brought forth,  
Before ever thou madest the earth and the world,  
Even from everlasting to everlasting thou art God.*

## It Happened One Day

The evening "after-the meeting session" was a long one and Bill and Jack, two members of A. A., wended their weary way homeward in the wee sma' hours of the morning.

Awakening Bill next morning was an effort for the Mrs. and, sure enough, he had a grouch-was too busy to bother with his morning devotions, growled at his wife for not waking him earlier, told her it was none of her business why he came home so late.

He rushed to the corner and just missed his car. Cussing volubly, he decided to wait inside his former habitat—a saloon—to get out of the cold wind. Was greeted boisterously by the bartender and several of the old-timers with, "Long time no see." Bill swore back at them with an attempt at the old come-back. "Come on anti have a drink, or are you still a panty waist!" offered the bartender. "Gee, I could stand one alright, but no, thanks just the same," said Bill. More ribbing followed and Bill took a peek and saw no car in sight. "Well, maybe, you're right. I've been dry six months now and certainly one won't do any harm. Give me a quick one." "Attaboy, now you're talking like the old Bill! You've got will power, Bill. if you only use it," the bartender said as he poured out the slug, "the only thing you got to do is to regulate it. Don't try to drink the house dry in one day". And with more of the sweet-sounding advice he poured another for old times sake—on the house. Bill took it gratefully.

He caught his car and traveled to his job, glowing inside. But things seemed to pop-everything was wrong on the job—the boss was unreasonable, he spoiled a couple of jobs-everybody picked on him. So, at noon he fortified himself with just two more honkers to ease his throbbing head. "Shouldn't have played that late," he ruminated, "should have quit at 12 when we agreed to; would have been money ahead and had a decent night's sleep too."

Back to work—bawled out by the boss for having drink on his breath. With difficulty he ended his day, and he stopped at the corner near his home for a beer. He deserved that, he thought, after such a heavy day. Before he left he had three hookers after the beer, because he knew his wife would bawl him out anyway. She sure was a quick one to catch on when he had a drink.

She knew alright, and though worried she said nothing. This made Bill the angrier! Why didn't she say something! "I know she knows, for she's never so quiet except when she's suspicious," he reasoned to himself.

After supper he flopped himself on the davenport and promptly fell asleep only to be disturbed by the incessant ringing of the telephone. Grumblingly he answered. It was the secretary of his group asking him to call on a man who needed A. A. help desperately, immediately. Bill, realizing his condition, refused with the excuse that he had had a heavy day and was busy with some home work that he had to do and told the secretary to get someone else. Sorry! After searching, he found an old cached bottle with a couple

(Continued on Page 3)

## Thought of the Month

Not bad enough for bitterness--

There's never a hardship

Hard enough for that, you know!

Whatever ill has taken you, however

Has fallen your share of woe,

Matter for sorrow it may be,

or stuff for tears perhaps,

Or warrant for distress;

But, heart, stay sweet!

There's nothing bad enough

For bitterness.

Nancy Byrd Turner

## NEWS FROM THE CAMPS

Clarence Snyder writes:

Again we all stand on the threshold of a new year. What shall it bring to us? It occurs to me that the problems and responsibilities to be faced by all of us this year will dwarf anything in our past experience. In view of this, wouldn't it be fitting that we all pause for a time and consider how we are going to meet those problems and responsibilities and take inventory of our means at hand with which to help ourselves.

We as individuals and, yes, as groups have been privileged to overcome seemingly insurmountable obstacles, and likewise impossible problems in our past few years experience. We have learned how to live, and there is surely no one among us who doubts for a moment that faith is our foundation for our pattern or design for living. No one can deny that the faith that moves mountains helped us one and all in overcoming our past unhappy, miserable existence, and in its place gave us hope and life and happiness and countless other blessings.

Doesn't it therefore seem logical that we should make every effort to strengthen our faith through works and worship, as individuals and as groups? Never before in our experience has the need for cooperation, loyalty and clear thinking and definite action been so apparent.

Let us, each one, resolve to grow spiritually, mentally, and in character day by day during this coming year, depending on our Creator through our prayers for guidance and direction in all our actions.

Many of my friends in A. A. were so kind in sending Christmas, New Year, and birthday messages to me; unfortunately I am unable to thank them individually, and will you do it for me through the A. A. Bulletin?

Each and every note and message I received was very much appreciated. During the holiday season I think it is only natural for anyone away from home, friends and family to be affected by a feeling of loneliness, even though surrounded by thousands of other persons. I must admit that I had that feeling, although the thoughtfulness of so many of my friends did much to boost my morale.

Things are still going at a lively pace here, what with many exams, inspections and reviews. The outfit I started with will soon be scattered to the four winds.

The last issue of the Bulletin seemed to me to be better than the previous one, and by the way, I must say that I considered a quite an honor and compliment to find my last letter to you printed in its entirety.

In the near future, perhaps two or three weeks from now, I hope to get a furlough, and if so, I will be very anxious to see as many of the A. A. fellowship as possible.

Incidentally, there is a possibility that, due to my being in the 38 to 45 class, I may be sent home for an indefinite period later on. There is nothing too definite on that, as you probably know. There is "nothing for sure" in the Army.

Best wishes to all my friends and keep up the good work with the Bulletin.

Pvt. Clarence H. Snyder,  
Co. B, 8th Bn. A. F. R. T. C.,  
Fort Knott, Ky.

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From "Chick" Florin this letter was forwarded to the Bulletin by the Crawford Men's group. when he wrote to thank them for the Xmas remembrance which he and all twelve men of that group in the service received.

The season was brightened with the receipt of your thoughtful greeting and gift on Christmas Day.

Thoughts turned to the pleasant associations and happy hours I have enjoyed with many of you. There are regrets, to be sure, but they're necessary in the scheme of life, for upon our frailties (that's a delicate cover-up for drinking and acting like a pig) depends the existence of hospitals, penal institutions, divorces and reconciliation courts, employment agencies and their personnel.

Left for Camp Perry on July 29th—Infantry basic at Fort McClellan, Ala.—ample proof of the Biblical prophecy that we're punished for our transgressions—but I've forgotten that.

Arrived here, assigned to Finance on September 23rd. They must have had some knowledge of my experience in civilian life—i.e., juggling figures—as a basis for their classification. (No, I didn't ask for heavy artillery or anti-aircraft. In fact I never fired a rifle until I came into the

service. In retrospect I should consider myself fortunate that I was never on the receiving end of one.)

The work is largely clerical—and routine, because everything is so standardized—computing and briefing payrolls. Hours, 7:30 to 4:30. We work ten nights and two Sundays each month when it's a "rough go" and time to complain. Complaining however is supposed to be a marked characteristic of a good soldier.

Have enjoyed two issues of your Bulletin. In extending my good wishes for a New Year of happiness I can assure you they will be yours—and mine—if we but observe the principles of clean living. Thanks again for remembering me.

Harold G. ("Chick") Florin,  
Finance Dept., U. S. Army,  
Camp Crowder, Mo.

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"Bud" Clapper in the desert sends a card:

Spent Christmas here and in Hollywood as guest of Eddie Cantor who threw a big party for us Christmas Eve. Hope you had a nice holiday. No "white Christmas" here but plenty of sunshine. But they can still have it all; dear old Cleveland for me.

Happy Christmas to all.

Pfc. Leslie A. Clapper,  
Hdq. Co. 25th I. W. Engr. Bn.,  
Desert Maneuvers, APO 256,  
c/o Postmaster, Los Angeles, Calif.

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Also a card for John Kavalunas:

This is my ninth day here. Had six days of drill. I am feeling good even if it is a hard life. Not much leisure time. I am keeping my chin up. Best wishes to the Crawford-89th group.

Pvt. John A. Kavalunas,  
Flight B, 28th Tech. Sch. Sq. (S.P.),  
U. S. Army, Jefferson Barracks, Mo.

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From Charlie Schoenbeck:

Thanks for the Central Bulletin. Please keep me informed of the Group. I miss them very much. The weather is fine here. Give my regards to all.

Pvt. Chas. Schoenbeck,  
C. 30th C. A. T. B., Camp Wallace, Texas.

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"Vince" Donovan writes:

Dear Friends:

I have had the Bulletin forwarded to me by one of the group and offer congratulations. I see the Bulletin still leads the country in A. A. news.

I started a group here but they move so fast it's hard to keep track.

I've just completed a course in instruction in operation of heavy equipment. Believe me, the section of the country doesn't even compare with Cleveland.

Wish you further success.

Pvt. Vincent P. D. Donovan,  
Engineers School, Fleet Marine Force,  
Hudnot Point, New River, N. C.

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A new address for Frank Orpse:

Received copy of the Central Bulletin for which I am very grateful.

Reading your editorial "The First Step," puts me in mind of what happened to me just a year ago on the day after Christmas. I had the same thought then, as you say in the Bulletin—"I know I can take a drink tight now and nothing will happen." Well, I found out that I could not take that drink and after being in the hospital over New Year I came out with a different attitude than I had before. I felt terrible after staying dry for six months to try, and experiment, but after leaving the hospital I sort of was glad that it happened to me, for now I know and recognize the fact that I can never take a drink and believe me, that thought helps me quite a bit in my Army life.

The numbers of times I have been asked to have a drink since I've been here are too numerous to count, but as I

know I can't, it's very easy to say (thanks to A. A.) that I've had my share of drinking and let someone else drink if they care to, and that is the end of it and the boys don't bother me any more.

I thank God every day that I am able to keep on the beam. Interested to read about Clarence Snyder. I seem to have almost as much as he has to do. I've been picked out to lecture on Gas and Chemical Warfare, Guard Duty, Military Law, etc., and have to do this in addition to my regular schooling and soldiering. I'm thankful I am able to stay sober and do these tasks. I know if it weren't for A. A. most of my time would have been spent in the guard house.

So, thanking you again for the Bulletin and wishing you much success in the coming New Year, I remain,

Sincerely,

Frank M. Orpse,

U. S. Army Air Forces,

Seymour Johnson Field, Goldsboro, N. C.

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Norris Rickabaugh writes in part to a fellow member of the Lakewood Group as follows:

Am writing under difficulties—eight of us writing at the only table in the barracks—no chairs. I sure miss the Monday night meetings and would like to be at the one that C. L. will lead on his third anniversary. I wish in my own way I could say what I think about A. A. The benefits that I alone derived from it are immeasurable. I feel certain that without the plan of A. A. that today I would probably be strapped down in a bug-house or dead. I know that no matter what happens to me, no one will be able to take away from my wife and me the joy, the happiness, the peace of mind plus more things that we shared since the better and saner way of life, the cleaner way of thinking that was given me by those four principles of A. A. I hope that I may be able everywhere to live up to them and to share them with others. There is not much time here for reading of the Upper Room, but I have the book here and have read it every day. I can't bow down and say my prayers like I'd like to, but as our breakfast line is long, I can say it there and at night I can still give thanks. I thank you for all the help you and the others gave me and also the women who were so swell to my wife.

Norris Rickabaugh,

E.M.1c 75th Bkt., Co. D, Platoon No. 2

U. S. N., C.T.C.

Davisville, R. I.

**IT HAPPENED ONE DAY**

(Continued from Page 1)

of jiggers in it and finishing it staggered to hell without again remembering his devotions. Four days later Bill was again hospitalized—a sorry, dejected and rueful man.

Now, how about Jack? Jack came home about the same time Bill did and also woke up with a grouch, but he forced himself to take time out to read his devotion for the day and offer a short prayer for help the ensuing day. Without breakfast he hurried to the corner and also missed his car. He waited for the next one in the doorway of the dry goods store next to the saloon. Berating himself for abusing his health by staying up later than he should have, he remembered the thought for the day and again asked for help. All day he fought to do a good day's work in spite of his tired eyes. Coming home he was asked to stop at the corner for a quickie because he looked peaked, but he refused—not reluctantly but with certainty. "None of that for me", he told his friend, "I remember too well what that first drink used to do for me. Me for a good supper and an early sleep".

Jack had his supper and he also laid himself on the davenport. He also was awakened by the secretary, and groaningly consented to see the party that needed help.

He came home about midnight after doing an excellent job on a patient who finally was convinced by Jack that he should be hospitalized. That's what made him so late, he was able to explain to a believing and trusting and happy wife. More devotions and then a grand and glorious sleep and rest.

**MORAL:** Be temperate in everything you do. If at any time you forget and be intemperate, correct it at the earliest moment and God will do the rest.

**GROUP MEETINGS**

Monday

- Borton ..... 1 3 9 3 1 Euclid Ave ..... 8:45
- Lee Road ..... 1637 Lee Road ..... 8:30
- Lakewood ..... Townsend Hall,  
15903 Detroit Ave..... 8:30
- Lake Shore . . . . Lake Shore Hotel,  
Dinner at 7:30, Meeting at ..... 8:30
- Lornin Ave. . . . Banater Hall Annex,  
W. 120th and Lornin ..... 8:30
- Miles Ave. ... .. 12907 Union Ave ..... 8:30
- Wickliffe ..... 286 Euclid Ave., Wickliffe, O. .... 8:30
- Parma (Home Meetings) ..Secretary's Address  
3287 Ridgewood Dr..... 8:30
- Shaker Heights ..... Shaker Jr. High,  
S. Woodland and Woodbury..... 8:30
- South East Group ..... 10203 Miles Ave ..... 8:30

Tuesday

- Wade Park . . Emmanuel Church (Rear),  
8614 Euclid ..... 8:30
- West Side Men's ..... Pilgrim Church,  
W. 14th and Starkweather ... 8:30
- Douglas, Mansfield O...North Lake Park, Sec. Address,  
147 W. First St., Mansfield, O...8:30

Wednesday

- Crawford Men's ..... 8920 Euclid Ave..... 9:00
- Brooklyn ..... K. of P. Hall,  
Broadview and Pearl Rd. .... 8:30
- Lee Road ... .. 1637 Lee Road ..... 8:30
- Collinwood ..... 14709 St. Clair Ave..... 8:30
- Women's ..... 12214 Detroit Ave. .... 8:30
- Lorain, Ohio . . . . Antlers Hotel ..... 8:30

Thursday

- Lee Road ... .. 1637 Lee Road ..... 8:30
- West 25th St. .... Schmotzcr's Hall,  
W. 25th and Erin Ave..... 8:30
- Glcenville ..... E. 105th and Marlowe..... 8:30

Friday

- Lee Road ..... 1637 Lee Road .. 8:30
- Avon Lake .. . . . 1112 W. Eric, Lornin ..... 8:30
- Berea ..... Bagley and Seminary ..... 8:30
- Gordon Square ..... CIO Hall, 6221 Detroit Ave ..... 8:30
- Brooklyn-Parma ..... 4427 Pearl Rd..... 8:30
- Rocky River ..... St. Christopher's Hall  
Lakeview off Detroit Rd..... 8:30

Sunday

- Crawford Training ... .. 8920 Euclid Ave. .... 2:00

Wednesday Mornings

- Collinwood ..... 14709 St. Clair Ave ..... 10:00 A. M.

Thursday Mornings

- West 25th St.. . . Schmotzcr's Hall,  
W. 25th and Erin Ave., 10:00 A. M.

1st Tuesday every month

- Central Committee ..... 8920 Euclid Ave. .... 8:30

**DISTRIBUTING POLICY CHANGES**

To curtail expenses, the Bulletins for distribution at meetings will not be mailed to the secretaries. They may be picked up at the monthly meeting of the Central Committee by the secretaries or their representatives. The Bulletin will be mailed as usual to all boys in the armed forces and to the subscribers on the 15th of each month. Four hundred more subscribers at \$1.00 per year are needed to complete the budget expense. Secretaries, please make another urgent appeal to your members as the Bulletin certainly fills an important need here at home as well as with the boys in service.

## NEW YEAR'S EVE PARTIES

The three or four New Year's Eve parties held by the east and west side groups were complete successes.

The experience of attending a New Year's Eve party sober and staying so throughout the night was a thrill to many who attended. And many expressed surprise and gratification for the good time they had. They claimed it strengthened them in their resolve to improve the good fellowship engineered there.

More frequent gatherings of groups have been suggested, and though it means plenty of work and planning, it probably is worth the effort.

The nest side groups' committee reports that their party resulted in a net profit of nearly \$150.00, and they voted to hold this money in a fund for picnics or other gatherings. With this fund it will not be necessary to ask each group for a donation in the future. Good work, West Side!

So reports have been received regarding the east side parties profit-for lo. Sces.

## MALE CHORUS

One of the editors was severely chided by the president of the Chorus for not mentioning its progress in the last Bulletin, so he speeds to report that the Chorus is making appreciable headway in mastering splendid numbers which will be rendered as soon as perfection is achieved. More baritones are needed and this is a plea that anyone who wishes to sing should come to the Old Arcade, Superior Entrance, every Sunday at 4 P.M., take the elevator to the eighth floor to Francis Sadlier's Studio and then use his vocal cords for an hour and a half. It's fun—worthwhile fun with achievement its reward.

## TRAINING

The Washington Group writes:

Editor, Central Bulletin.

I enjoyed your Bulletin? very much. Would appreciate it if you would let me know what the "Crawford Men's Training System" is and how it operates.

We need a good plan for new members and prospects here, I think, and this might be of great help to us.

WVG, 1401-14th St., N.W., Club address.

The Crawford Training meeting, is held in the Crawford Men's group club rooms, at 8920 Euclid Ave. The members of this group have had several members who cannot be hospitalized, either because they are sober at the time, or cannot afford it. So as a substitute for hospitalization a meeting is held on Sunday afternoons. Older members of the group attend, and talk to the prospects, it is easier than sending men to a man's house. It also gives him an opportunity to look A.A. over. If enough prospects are available a circle is formed and members talk in turn to the new prospects. If only one or two prospects are present, the members take turns talking to him. Sometimes the prospect decides he isn't ready, and in that way we keep a contact with some one who some time might call us. And we don't have to break down the resistance caused by someone having worked on 3 men before he is ready. It also serves as a means of getting members into the work, incidently most of them stop at the hospital on the way, so they make an additional hospital call.

## WOMEN'S GROUP

The Women's Group wishes to extend to all other Groups of Cleveland and vicinity, a Happy and Prosperous New Year, with increased membership and greater success, in retaining older members.

We are proud to report that we now have a membership of forty-six of whom at least thirty are active, and most faithful in attendance at our meetings. We hope to increase this considerably, during the coming year.

We think some of the Groups might be interested in an experiment which we tried out, during the past two months -- "Training Meetings" for speakers. We have always had difficulty in persuading the members to lead a meeting, or speak up during the discussion period, but this "Training" has resulted in four very shy, retiring members becoming regular contributors of interesting comments, during discussion. One of them led our meeting last week, and gave one of the best talks we have had in months. We are ready to start a new class now, and are very hopeful of results.

## CENTRAL COMMITTEE

Central Committee met January 5th, with a good representation from all groups, and started the new year with election of new officers for the next six months.

The treasurer reported that Lee Rd. Wednesday, Gordon Square, Crawford Men's, Miles and Barton groups already had paid their contribution of \$5 for the next six months, and that the Wade Park group had paid their \$10 for the year. This certainly is a grand start and shows added interest in the work done by the committee.

The chairman of the public relations committee, reported that during January a fifteen minute program is to be broadcast over WHK—watch the radio columns for time. All members are asked to listen and comment so that future broadcasts if any may be more educational and entertaining.

The membership committee reported success with several inquiries, but one who was up before Judge..... didn't respond too well. He was about to go to the workhouse for six months, when he was given an opportunity of joining the Navy, accepting our help, or else. He said, he didn't want to quit drinking, and didn't want to live with his wife, so he took the Navy.

The new chairman of Central Committee asks that every secretary be at the next Central Committee meeting, Tuesday, February 2nd, at 8:30 P.M. If absolutely unable, be sure to send a representative. It meets at 8920 Euclid Avenue, Important!

At the request of several members, we are herewith publishing the original motion which created Central Committee.

Meeting held on March 2, 1941.

A motion was made, seconded and carried that a Clearing House Committee be formed, and that it be composed of two (2) members from each and every A. A. group in Cuyahoga County. This Committee to have no authority to commit, involve or bind any one or all the Groups in Cuyahoga County in any manner whatsoever without first referring proposed ideas, plans or propositions to each individual group for its acceptance or rejection.

## BULLETIN AS GIFT

May I compliment you on the three issues of Central Bulletin I have seen and particularly on the December issue, just received?

I should like to subscribe for Central Bulletin for our four Indianapolis Groups as a Christmas gift from me.

I was greatly impressed, when in Cleveland last week, with the progress Cleveland has made with its problem. I think the more the rest of the Groups know of it, the better able they will be to cope with their own.

D. S., Indianapolis, Ind.

## DON'T QUIT

When things go wrong, as they sometimes will,  
When the road you're treading seems all up hill,  
When funds are low and the debts are high  
And when you want to smile but you have to sigh,  
When care is pressing you down a bit,  
Rest if you must, but *Don't You Quit!*

Life is queer, with its twists and turns,  
As every one of us sometimes learns  
And many a failure turns about,  
When he might have won had he stuck it out,  
Don't give up though the pace seems slow—  
You may succeed with the very next blow.

Often the goal is nearer than  
It seems to a faint and faltering man;  
Often the struggler has given up,  
When he might have captured the victor's cup,  
And he learned too late when the night slipped down,  
How close he was to the golden crown.

Success is failure turned inside out—  
The silver tints of the clouds of doubt  
And you never can tell how close you are,  
It may be near when it seems afar;  
So stick to the fight when you're hardest hit—  
It's when things seem worst that *You Musn't Quit!*

FLASH—Parma Group invites all A. A.'s to hear Dr. Dilworth Lupton, subject, "Starting Power and Staying Power," Tuesday evening, February 9, at 8:30 at Glenn Hall, Broadview and Pearl Road.

# CENTRAL BULLETIN

VOL. I-No. 5

BOX 1638, STATION C, CLEVELAND, OHIO

February, 1943

## Editorial . . Third Step

Our first step was recognition of the state in which we found ourselves. We are powerless over alcohol and our lives had become unmanageable.

Having failed in all our own efforts, we finally became convinced that a Power Greater than Ourselves could restore us to sanity.

Now we come to the most vital step, the logical result of the first two steps.

We reached a decision that we would turn our wills and our lives over to God, as we understood him.

One, two, three, and so very simple. And there is no reason why the solution should not continue to be simple.

Turn our wills and our lives over to God.

Having reached our decision, we must put it into effect, and continue to put it into effect every day of our lives.

We must make the Power Greater than Ourselves central in our minds and let it direct "the words of our mouths and the meditations of our hearts," and the choices of our lives.

We should strive to live every hour in the presence of that Power.

Wherever we are, at home or away from home, we should set aside some part of each day for a period of quiet and meditation. We should relax, first in body and then in mind, and then turn to God.

We should not be afraid to admit God to our lives. We should not struggle over definitions of God's nature. We should recognize simply that God IS. We will recognize that truth when we quit struggling.

"Lift up now thine eyes from the place where thou art." God told Abram. So should we lift up our eyes from the place where we are: lift them up to God. We should practice thinking in the presence of God. Most of us know what is good and what is bad, so we should not have to struggle with God.

There is no reason why any of us should have trouble in turning our lives over to God. Between reaching the decision that we should do so and putting the decision into effect is but a small step, a step that is taken easily, if we won't struggle over it and if we don't worry about it.

Every day we should consciously reach out to God. There are good habits as well as bad habits, and when we have made the habit of turning to God we shall discover that more and more we are living in the presence of God.

With the Lord as our Shepherd, we shall not want.

### RADIO BROADCAST

In our last Bulletin it was announced that AA would appear on a radio program in February. The last reports we go to press are that it will be announced after Feb. 26th when final arrangements will be completed. Watch the radio columns.

## Sponsorship

Sponsoring a man is a great responsibility, but many fail to remember this. They forget the time devoted to them by the sponsor who helped them to a new life.

Too much time is wasted if a prospect is merely put into a hospital, taken out, and sent to his first meeting. This should be only the beginning of sponsorship. A sponsor should, of course, visit his man in the hospital and see that he has contacts, especially with men who are able to do him some good and who can drive home the points.

After the patient has convinced himself that he is an alcoholic, he should be taken to a meeting the day after he leaves the hospital and not a week later. He should not be left standing on the street corner, so to speak, to wander around idle and possibly be tempted back into his old haunts.

The sponsor should keep in contact with him daily and help him to readjust himself, for he is being reborn and has not gained the strength to follow the new way. He should take the prospect to two or three different meetings, and help him to choose a group where he will find the kind of companionship around which he can build his new life. In choosing a group he should be encouraged to consider the preference of his wife, as she will need to be in contact with congenial people in order to be of the greatest possible service in reconstructing his life.

Be honest with yourself when you take on the responsibility of sponsoring a man. If you are a passive member and do not have the time to sponsor a man properly, then turn him over to someone who can give him the help he needs. Remember, if your sponsor hadn't given you all the angles of this program, you wouldn't be in a position to sponsor someone else.

Remember too, that although you may not need all twelve steps since you have regulated your program, your new man may need every one of them, and you must encourage him to practice them, at least until he is settled in his new way of life.

So keep in mind always what sponsorship means. It is in fact a great responsibility and a serious one. Check yourself carefully with each prospect, for in your handling of this lies success or failure.

### PITHY SENTENCES

In the course of all the meetings the leader of the meeting invariably drops a nugget of thought which drives home his point, and we will attempt to publish them each month. Contributions from these meetings will be appreciated by us, for we are naturally unable to attend all meetings. For example:

"Some people in their prayers seem to consider God a sort of cosmic bellboy whom they can order about at will."

"Prayer is not a means to bend God to your will, but to ask His help in guiding you in the right direction."

## NEWS FROM THE CAMPS

**EDITOR'S NOTE:** If you can write one or all the boys whose names appear from month to month as their letters come to the editor, please do. It can be your A.A. work for that day. Let's not have any more letters like this one, please:

Dear Friends:

I haven't heard from you in some time, what's wrong?  
I haven't received mail due to transfer. I am now ass't Area Police Sergeant.

Yesterday was like spring here. I saw bluebirds, cardinals and others in the woods around here.

I intend to get a furlough soon, I will come up to Cleveland. What's the matter with the A.A. there? I wrote several and received no answer.

As ever, your pal,

Pfc. V. P. Donovan,  
Hdq. co., Sch. Bn.,  
Hadrot Point, Camp LeJeune,  
New River, N. C.

4 4 4

A very pertinent and splendid letter from Frank Orpse, which should bring action:

After anxiously waiting for it, the Central Bulletin finally arrived and I am certainly very grateful, for by reading the interesting editorial and news that you have in it a soldier can get an idea of what is going on among the A. A. groups. Maybe you will be surprised to hear that very few, and I mean few, members seem to care to write a few words to the boys in camps about what is going on in the different groups.

Of course, there are exceptions—one or two write quite often and their letters are anxiously awaited, but the majority I guess are too busy working in defense plants to care about writing, or are they?

I hate to do any "griping" but the way most of the members talk when a fellow leaves for the army he thinks he will get bushels of mail—but he waits and waits and then waits some more and what arrives—nothing, and mail call is just another disappointment.

That must be the reason that I appreciate very much the fact that you are kind enough to mail me the Bulletin—wish it was printed four times a month instead of one.

Appreciated the story "It Happened One Day." There is a very good lesson in that story and I hope that those who are having trouble would concentrate on the moral pointed out and I believe would get a lot of help.

I've received another promotion; I am now a student officer—a squadron commander—have charge of a squadron of about 250 men and I feel a little proud of being able to handle this responsibility. Do you blame me? Imagine an ex-drunk being in command of a group of men! Although being proud, I do not forget that but for the help of A. A. and you people who helped me I would not be able to even attempt taking on anything of this sort of work. I still try and practice the A. A. way of life every day and so far, thank God, I've been getting along swell.

Again thanking you for the Bulletin and wishing for your continued success, and hoping you will overlook my complaining,

Sincerely,  
Frank M. Orpse.

Pvt. F. M. Orpse,  
793 T. S. S.—Bar. 335,  
Seymour Johnson Field,  
North Carolina.

☆ ☆ ☆

Excerpts from a letter from Private Thomson:

Received the Upper Room and Central Bulletin, and I am sure pleased to have the... Central Bulletin is a swell way to keep us Service men in close touch with activities of the Cleveland Groups. I look forward to receiving each issue and I can't begin to tell you how much it means to me to have this kind of close contact with an organization which means so much to me.

It's darn nice to feel "not forgotten," and it means much to have you fellows make us service men feel that we continue to be a very real part of Cleveland A.A.

I am sure every AA in service feels the same way I do when I say that we will always be more than pleased to answer letters from our pals in Cleveland. Unfortunately, we do not have the advantage of the weekly group meeting and the close fellowship of AA friends, no opportunity for hospital calls, etc. Therefore, any contacts AA service men can maintain with members of Home Groups will be of real help to us—and I mean all of us.

Here's wishing for the most of the best for Cleveland AA. I shall look forward, with real pleasure, to renewing old friendships when VICTORY comes.

Pvt. Alva O. Thomson (35317825)  
Co. C—1st Inf.—6th Mtz. Divn.  
A.P.O. #6, Desert Maneuvers,  
c/o Postmaster, Los Angeles, California.

a ☆ ☆

The first letter from Ralph Heidinger brings this message:

Have delayed writing mainly because my address was changing so fast I never knew what it would be on the tomorrow.

Would like to say hello to you all. It's been the greatest pleasure of my life to have met with you and be privileged to work with you in the furtherance of our God-sent movement. And in so doing I have surely been well rewarded. Those principles there learned have stood me in good stead indeed. They shall continue to so serve for all of us that care to use them as long as we care to. May God bless you and keep you. And many thanks for the Bulletins. They help too.

Ralph Heidinger, SC2/c USNR,  
Navy 8525 c/o Fleet P. O.,  
New York, N. Y.

4 4 4

Excerpt from Spence Powell's letter, and a new address:

I want to tell you one thing. I first passed the 40 mark yesterday and if I didn't keep up my meditations I don't think that I would be able to keep up with my duties here. It seems as though things just seem to come my way. I keep up with my exercises and drill the same as the younger fellows. It seems kind of hard sometimes, but I always seem to get the strength from somewhere to carry me through. I am in aircraft mechanics school and don't intend to try to get out as I would like to follow this line when I get this job done.

Pvt. Spencer W. Powell,  
#115 TSS Flight D,  
Gulfport Field, Miss.

4 ☆ ☆

Friends of Vic Cragg will laugh.

Just got back from the rifle range, was out there for four days and four nights. We carry sixty pound packs out and back. You don't shave, wash or take your clothes off all the time you're out there, but I sure gets you in great shape. You won't believe it, but I won a sharpshooter's medal. I start to cooking school this week, which takes about six weeks, then they'll ship me out to some other camp.

Send me some A. A. papers, and say hello to everybody at the next meeting for me.

P. S. I think they should have given me a medal for making that 10 mile hike, too.

Pvt. Victor Cragg, 2MTR,  
Co. B, 13th Q. M. R.,  
Camp Lee, Va.

4 4 4

From Bob Brintnall:

Dear Bill:

I received your Christmas card and also the Bulletins for November and December. I can't tell you how much joy I derive from these Bulletins. I notice several others of the group are in the service, including Clarence Snyder. That a coincidence that Jim—happened to marry a lady member.

I suppose the bunch had doings on New Year's Eve as in previous years. I shall never forget the excellent time I had at the 1941 party. At present I am stationed in North-

ern Ireland. I manage to get into the city of Belfast quite frequently.

I am doing ok and feel in good shape. I think of the boys often, and was pleased to notice how the group is growing since I have been in the service. I fear after this war is over there will be room for more members if the situation is akin to that existing after the last war. Let us hope that that time won't be long in coming. Conditions are looking more encouraging lately.

Remember me to the boys. I'll probably hear from Jim as soon as he is stationed. Keep up the wonderful work you are all doing, and I hope to see you all soon.

Best regards,  
 Pvt. R. S. Brintnall, #35276713,  
 Hdq. Squadron VIII, Air Force,  
 Composite Command, APO #639,  
 c/o Postmaster, New York, N. Y.

**MEN IN SERVICE GET EXTRA NEWS**

Through the thoughtfulness of one of the local AAs, accompanying each Bulletin to the boys in service will be a V issue of the Press "On The Home Front." So with the AA news each service man will get the high lights of the city's news.

The editors would like to publish the names and addresses of each man in service in every Bulletin to save us as well as the secretaries, time and telephone calls. Drop us a post-card or letter, you men in service, and give us your consent to this plan. No names will be published without permission.

**SUNDAY MEETINGS ARE STARTED**

Beginning Sunday, January 17th, and every Sunday thereafter, an A. A. meeting will be held at N. L. A. L. Hall, located at 2056 E 4th St., at eight o'clock.

It is hoped that full support will be given this splendid movement which will be the answer to many requests that this be started. In fact a letter was received by a feminine member of A. A. who claims we read her thoughts. She writes that she, as many others, is alone and believes that it would serve many a lonely person on Sunday evening to have one meeting where all groups could attend.

This same member also is anxious to know if there is someone in or near the Lee-Mayfield Group who would harbor an A. A. as a roomer. She believes that it would be profitable for someone to open a house for A. A. roomers.

**JUST A DAY AT A TIME**

An anxious patient, lying on her sickbed, turned to her doctor and asked: "Doctor, how long shall I have to lie here and suffer?"—"Just a day at a time." replied the kind and wise physician.

Just a day at a time! What a wonderful philosophy of life. Just a day at a time the new year will come to us with its new burdens, its new duties, its hopes, and its fears. As we stand today upon the threshold of 1943, a year which, if it continued the pace of 1942, will record great changes in the history of humanity, in the history of our country, and in the history of us as families and as individuals, let us not be depressed, despondent or discouraged by the overwhelming greatness of its possibilities, but let us rather find comfort and strength in the fact that God has cut the coming year into smaller pieces, and we shall have to live it "just a day at a time."

And as our days, so shall our strength be. We have God's own assurance that each day throughout the coming year, yes, each day throughout all coming years, will find us equipped with that amount of strength that will be necessary to bear its burden, to endure its trial, to fight its battle through.

Lord, for tomorrow and its needs I do not pray,  
 Keep me, my God, from stain of sin just for today.  
 Let me both diligently work and duly pray:  
 Let me be kind in word and deed just for today.  
 Let me in season, Lord, be grave, in season gay,  
 Let me be faithful to Thy grace just for today.

I'm not afraid of tomorrow for I've seen yesterday and I live and love today.

**GROUP MEETINGS**

**Monday**

- Borton ..... 13931 Euclid Ave.--- 8:45
- Lee Road ..... 1637 Lee Road.....8:30
- Lakewood ..... Townsend Hall,  
15903 Detroit Ave.....8:30
- Lake Shore ... .. Lake Shore Hotel,  
Dinner at 7:30, Meeting at.....8:30
- Lorain Ave. .... Banater Hall Annex,  
W. 120th at Lorain..... 8:30
- Miles .....12907 Union Ave.....8:30
- Wickliffe .....286 Euclid Are., Wickliffe, O.....8:30
- Parma (Home Meetings) ..Secretary's Address  
3287 Ridgewood Dr..... 8:30
- Shaker Heights .... Shaker Jr. High,  
S. Woodland and Woodbury.....8:30
- South East Group ..... 10203 Miles Ave.....8:30
- Elyria, Ohio . .... M.E.S.A. Hall, 308 Depot St... 8:30  
P. O. Box 491

**Tuesday**

- Wade P a r k Emmanuel Church (Rear),  
8614 Euclid ..... 8:30
- Douglas, Mansfield O...North Lake Park, Sec. Address,  
147 W. First St., Mansfield, O...8:30

**Wednesday**

- Crawford Men's ..... 8920 Euclid Arc..... 9:00
- Brooklyn ..... K. of P. Hall,  
Broadview and Pearl Rd .... 8:30
- Denison.....St. Phillips Hall,  
3290 Denison Ave..... 8:30
- Lee Road .....1637 Lee Road . ..... 8:30
- Collinwood ..... 14709 St. Clair Ave ..... 8:30
- Women's (Lakewood) ..12214 Detroit Ave ..... 8:30
- Women's (West Side) ..6221 Detroit Ave..... 8:30
- Lorain, Ohio ..... --Antlers Hotel .....8:30

**Thursday**

- Lee Road .....1637 Lee Road.....8:30
- West 25th St ..... Schmotzer's Hall,  
W. 25th and Erin Ave ..... 8:30
- Glenville ..... -E. 105th and Marlowe- ..... 8:30

**Friday**

- Lee Road ..... 1637 Lee Road. - - ..... 8 :30
- Avon Lake ..... 1112 W. Erie, Lorain ..... 8:30
- Berea ..... Bagley and Seminary ..... 8:30
- Gordon Square ..... CIO Hall, 6221 Detroit Ave.....8:30
- Brooklyn-Parma ..... 4427 Pearl Rd.....:30
- Rocky River ..... St. Christopher's Hall  
Lakeview off Detroit Rd..... 8:30
- Women's (East Side)..8920 Euclid Ave..... 9:00

**Sunday**

- Crawford Training ....-8920 Euclid Ave.....2:00
- Downtown .....2056 E. 4th Street..... 8:30

**Morning Meetings**

- Wednesday Mornings  
Collinwood ..... -14709 St. Clair Ave ..... 10:00 A. M.
- Thursday Mornings  
West 26th St ..... W. 25th and Erin Ave., 10:00 A. M.

**1st Tuesday every month**

- Central Committee .... 8920 Euclid Ave ..... 8:30

**ROUND TABLE SCHEDULED**

The Brooklyn-Parma Group has scheduled a round-table discussion for Friday evening, February 26th, at Our Lady of Good Counsel Hall, 4427 Pearl Road. This will be an open meeting, with everyone invited.

## BOUQUETS FROM NEW YORK

A nice letter to one of the editors ends with the following paragraph: "Bill and I are avid readers of the Cleveland news-pamphlet. You people are surely doing one grand job with it. Some of the boys in the service write their appreciation in getting it. Who does the actual writing of it? Certainly wish we could get all the A. A. boys in the armed forces on our list, for those to whom we write are so appreciative."

## MILES GROUP

Always progressive, the Miles group invited several outsiders (men of prominence) and another group to attend a meeting in their hall at 12907 Union Ave. The crowd numbered 190.

Over their loud speaker system, members of A. A. heard many compliments of our work from these guests. The group believes that if the public knows more about us, they will understand what we are trying to do, and be of service to us and to other members.

Nest on the Miles program is a party at their hall on March 13th, and all AA's are welcome. There will be a program that will entertain everyone, including bingo.

## CENTRAL COMMITTEE

At the last Central Committee meeting where there were 19 Groups represented, a chair was offered to a 11 secretaries of all groups. This is in addition to the regular members sent by the groups as their representatives. Each Group secretary automatically became a member of the committee. There should be no reason why every group isn't represented now by either the secretary or their regular representative.

At the next meeting at 8920 Euclid Ave., on Tuesday evening, March 2nd, a program is to be drawn up to be presented to the groups, outlining the aims and purposes of Central Committee, and once and for all ending any further controversy over just what its aims are. So watch the Bulletin for the program, and see that your group has a representative, and that either your secretary or an alternate is present at the meeting, to further the work of A. A. which to many is their lifeblood.

The treasurer reported four more groups had paid their donation for the first half of the year. They are Glenville, Lakeshore, Brooklyn, and the Denison groups.

## NEW GROUPS

New women's groups were formed on the east and the west side of Cleveland during the last month.

Meeting for the first time, the new East Side Women's Group had fourteen members signed up. They expect more as the word gets around. They are meeting at 8920 Euclid Ave. on Friday nights, at 9 p. m.

The West Side Women's Group has moved to a new meeting place at 8221 Detroit Ave., starting their first meeting on Wednesday evening, January 27th, at 8:30 p. m. The members thought that they had outgrown the old place, and were so big that they disturbed the patients in their nest side hospital. Also when they throw another party like the Thanksgiving party, they'll be able to entertain at their home.

At their old address, 12214 Detroit Ave., a new group is forming to be known as the Lakewood Women's Group. Starting the same evening, January 27th. It's not often a group can move and leave the nucleus of a new group in its old stand.

The last bulletin missed by a day or so publishing the story of the forming of the new Sunday evening group. This group meets at 2056 E. 4th St., and is known as the Downtown Group. So far the attendance has been excellent, showing the need of a group on Sunday.

Twelve members have started a new Group in Elyria and meet on Monday evenings, at 8:30 p. m., at the M.E.S.A. Hall, 308 Depot St. They also have a postoffice box, No. 491, Elyria, O.

At St. Phillip's Hall, 3240 Denison Ave., on Wednesday evening, at 8:30, the last new group of the month was started last January 20th. All A. A.'s are cordially invited.

## DR. LUPTON LECTURE

Too few people attended the splendid lecture given by Dr. Dilworth Lupton, which was sponsored by the Parma Group at Glenn Hall, February 9th. Approximately 125 heard a scholarly analysis of AA and the principles of man's existence—what the motivating power of the human being is.

He believes that a man's good acts are governed by something greater than himself, as in religion whatever the creed, he is captured by something which completely transforms him, or grasps him. As we grasp the meaning of this power we learn how to use it and transmit it to good use. He used the example of electricity, which in itself is invisible, but is a means to manufacture light. So is our faith in this "power greater than ourselves" the means to do the manifold miraculous things which only the degree of faith will govern.

He stressed the mystery of regular prayer, which, if sincerely offered accomplished miracles, and thought that the finest thing about our AA and why it was successful was because we emphasized the necessity of sincere daily devotions. A very interesting discussion period followed here at Dr. Lupton's request, members told him their conceptions of the spiritual phase of our program. Very interesting.

## WEST SIDE GROUPS

In the last Bulletin it was reported that the \$150.00 net profit from the New Year's Eve party, would be held in a fund for future picnics or other gatherings. Because of the uncertainty of the future as to picnics and other functions, especially on account of gas rationing, and because of the condition of most of the treasuries, it has been decided by the secretaries to divide the money and distribute it among all participating groups.

## BOXING SHOW

The Lorain Ave. A. A.s will stage their second annual boxing show at Swiss Hall, 2710 Walton Ave., on Washington's Birthday, February 22nd, at 8:30 P. M. An elaborate program has been planned which includes vaudeville and door prizes besides the six all-star bouts. Admission is \$1.10, tax included.

## AKRON BOOKLET

A recently published booklet distributed by the Akron AAs has come to our attention and can be secured through your secretaries at the nominal cost of 10 cents. It is entitled "What Others Think of Alcoholics Anonymous" and contains editorials, news items and articles published in newspapers in different parts of the country. It is well prepared and should be a great help in presenting AA's story to a skeptical prospect. We believe that every AA should have one to supplement his own story.

## NEWS ITEMS WANTED

The Bulletin again urgently beseeches the secretaries to send or bring in news items of their various activities. The Bulletin is published with the main purpose in mind to bring us closer to our boys in service, but it should also further the relationship and knowledge of all groups who are working for the common cause—the cause of A. A. Certainly by sharing this knowledge we can better present our plan to other needy souls than by individual effort. We grow by learning from and with others.

Items will be accepted up to the deadline which has been set for the convenience of all—the first Tuesday in each month at the regular monthly meeting of Central Committee. Groups not represented at Central Committee may mail their material to Bos 1638, Station C, before that time.

The editors convene after the Central Committee meeting and there prepare the first stages of the next issue.

Incidentally, further subscriptions are urgently requested. Anr subscribers who subscribe will receive the next twelve issues.

The many splendid letters we have received have convinced us that the work of preparing the Bulletin has been appreciated, and the editors have been greatly heartened by them.



## Editorial . . Fourth Step

Our decision to turn our wills and our lives over to the care of God demands that we take the fourth step. This is to make a searching and fearless moral inventory of our lives. We must recognize the errors in our way of life and correct those errors.

**Moral** inventory is the first step toward the correction of our thinking. Many of us thought that our excessive use of alcohol was something that concerned us alone. Many of us declared frequently that we never did any deliberate harm to any man. We didn't steal and we did no murder and we were satisfied with ourselves as "law-abiding citizens." Those who objected to our drinking we regarded as being goody-goodies who had no real knowledge of a "he-man's" life.

Yet, the fruits of our conduct were such that even we could see that our lives had become unmanageable. We resisted making the decision as long as we could because we were afraid of the truth.

But when we finally did admit that our lives had become unmanageable, we were ready to make some inquiry into what was the matter with us as we stood.

When we undertook our moral inventory, we discovered that we had committed a great crime against ourselves. Then we discovered that what we had been doing did concern others and did harm to others.

That discovery frightened some of us, and some of us were afraid to continue the examination. And because we were afraid, we failed in our effort to pull ourselves together.

Self-examination must be fearless and it must be searching. The more there is to be revealed to us, the more searching the examination must be. We must not be afraid to name our errors, to admit our wrongs.

Our big job is to pull ourselves together, to organize ourselves, to make ourselves unified persons. This cannot be accomplished without searching self-examination that will reveal not only the errors of the past but also our present tendencies toward error.

Our moral inventory is not for the purpose of making us remorseful. We should be penitent and we must make amends. But continued remorse will delay our efforts to reshape our lives. What we are seeking is to lead useful lives, not to spend the rest of our lives in sackcloth and ashes.

We strive for happiness. To achieve happiness, we must recognize our errors. We must confess them and be duly penitent. Then we must turn our backs on them and turn our minds toward the brighter future, in which our wills and our lives are in the care of God.

### ST. JOHN'S HOSPITAL

Another local hospital has been added to the accredited hospital list and we are glad to welcome such a fine and accessible one as St. John's Hospital at 7911 Detroit Avenue. With gas and tire rationings such a problem, this hospital should be a godsend particularly to the West Siders. All placements must be made through Dr. R. H. Mooney. See Hospital list for further details.

FLASH: Clevelanders are invited by Columbus, Ohio A. A.'s to hear Bill Wilson, [redacted] at 8:30 p.m., Odd Fellows Hall, 24 West Goodall Street. Buffet supper, no charge. Friday, March 26th

## Gossip

The average person's conception of the four major attributes of A. A.—Love, Honesty, Unselfishness and Purity—is rather limited, and the necessity of checking oneself constantly is apparent particularly when self-satisfaction appears.

Gossip, be it just ordinary apparently harmless gossip, or vindictive and malicious, has been a habit which almost seems inborn in everyone. This sounds like a strong statement, but the writer believes an honest self-analysis will be alarmingly accusative.

There is a peculiar perversity of the human heart which sometimes makes us wish that the very worst is true. We hear the slander of a careless tongue, the gossip of an idle mind, and seize upon the cruel revelation with relish and delight. We believe the worst because we hope the worst is true. We are prone to question the motives of those that are doing good and impute selfish motives to their zeal.

Love, or charity, as we should practice it in our new-found way of life discourages and certainly does not peddle hurtful rumors emanating from idle tongues. True love for the person whose name is being bandied about—regardless of person—should stop these rumors in their tracks. We should train ourselves—and it means real discipline—to tint an excuse for the "neighbor", be ready to defend him, speak well of him, and put the best possible construction on his motives.

Even though our faith and loyalty is besieged again and again and even though the worst is true, if we will follow the true conception of A. A. basic principles we should still do the neighborly act in helping him overcome his difficulty with the spirit of brotherly love ever-present.

Certainly there shouldn't be any delight in the quiet whispers which are aimed like poisoned darts at their good names.

So stop those rumors as they come. Practice true charity and love by refusing to believe the gossip that comes to your ears! Think of the opportunity we have to truly help our "neighbor" by refusing to be a medium to spread gossip, and instead, being a medium to kill it at its source.

So stop those rumors as they come. Practice true charity and love by refusing to believe the gossip that comes to your ears! Think of the opportunity we have to truly help our "neighbor" by refusing to be a medium to spread gossip, and instead, being a medium to kill it at its source.

*Love's Supremacy*

"Though I bestow all my goods to feed the poor, and though I give my body to be burned, and have not charity, it profiteth me nothing."

1 Corinthians 13:3

### ALCOHOLIC FOUNDATION

The semi-annual plea for voluntary contributions to Alcoholics Foundation central office was sent to each secretary together with leaflets explaining its work.

The work of the Foundation is tremendous in its scope and obviously it is necessary to maintain a paid secretary and stenographers as well as an office to receive and assign inquiries which come from every state in the country. The expenses for the year ending February 1, 1943, are surprisingly small—\$7,471.01—considering the mass of correspondence handled.

This fund-raising plan was adopted in 1941 when many groups commenced giving to the Alcoholics Foundation on the basis of \$1.00 per member twice yearly.

One humorist, during a discussion, in describing some of the events of his life prior to joining A. A., stated, "The spiritual side of my life was in my wife's name."

## NEWS FROM THE CAMPS

We are listing below the names and latest known addresses of the boys in service who have given us their permission to publish their names. Not having heard from the others we presume that they either have not had time to write us, or that they prefer not to have their names appear.

Clarence Snyder and John A. Kavalunas have returned to civilian life. Well past the age limit, they are back home subject to call should the need arise. They both have recontacted their sponsoring groups and are happily resuming A. A. activity.

Pvt. R. S. Brintnall, No. 35276712, Hdq. Squadron VIII Air Force Composite Command, APO No. 639, c/o Postmaster, New York, N. Y.

Pvt. Clayton B. Bull, Hdn. Det. 5th QMTR, Fort F. E. Warren, Wyo.

Clifton H. Bussard, U. S. Naval Hospital, Corps Quarters, Great Lakes, Ill.

Cpl. Leslie A. Clapper, Hdq. Co. 6th Base Post Office D.T.C., Pomona, Calif.

Pvt. Victor Cragg, 2 MTR, Co. B, 13th Q. M., Camp Lee, Va.

Pvt. Vincent P. Donovan, Headquarters Co., School Batt'n, Camp Lejeune, Hudnot Point, New River, N. C.

Pvt. W. H. Evans, 1005th T. S. S. (SP) Flight 6, 720 S. Michigan Blvd., Room 608, Chicago, Ill.

Pvt. Harvey Fouts, 41th Squadron (Sch), Randolph Field, Texas.

Ralph Heidinger, S. C. 20 U. S. N. R., Navy 8525 c/o Fleet P. O., New York, N. Y.

Corp. E. Kerver, Hdq. Gen. Purch. Dept., APO 887, New York, N. Y.

Pvt. Harmon Meyer, Co. I, Student Batt. Barracks 143, San Antonio, Tex.

Pvt. Clyde M. Mohler, D-14-5 F. A. R.—T. C., Fort Bragg, N. C.

Pvt. Karl R. Murton, AAF 10th TSS, Barr. 875, Lowry Field No. 2, Denver, Colo.

Pvt. T. J. O'Connell, 234th Sig. Op. Co., The Presidio, San Francisco, Cal.

Pvt. F. M. Orpse, 792 Tech. Sch. Squad., Barr. 231, Seymour Johnson Field, Goldsboro, N. C.

Lt. Louis Pillemer, Box 195, Room 117, Army Medical Center, Washington, D. C.

Pvt. Spencer W. Powell, No. 415 T. S. S., Flight D, Air Corps Tech. School, Gulfport, Miss.

Norris P. Rickabaugh, E. M. 1 C, 75th Bat. Co. C Plat No. 3, Davisville, R. I.

Cpl. A. L. Rumel, Headquarters Co., A.P.O. 472 Fort Bragg, N. C.

Lt. Harry Russ, Station Hospital, Camp Maxey, Texas.

T. A. Scanlon, Ph. M. 30, U. S. Naval Hospital, Puget Sound Navy Yard, Bremerton, Wash.

Pvt. Chas. Schoenbeck, C 30th, C. A. T. B., Camp Wallace, Texas.

Pvt. Alva O. Thomson (353178251), Co. C 1st Inf.—6th Mtz. Division, APO No. 6, Desert Maneuvers, c/o Postmaster, Los Angeles, Cal.

Pvt. Glen R. Wadick, Co. D, 29th Eng. Tr. Bn., APO No. 8563, c/o Postmaster, Seattle, Wash.

E. A. Woodcock, SP, M2C, Casco Bay, Portland, Maine.

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An air mail letter from Bud Clapper, giving his new address, as well as announcing his promotion (Hearty congratulations, Bud!) came just in time to be published in part.

*I was pleased to receive the A. A. Paper and wish to thank you for the enjoyable reading it gives me. It was delayed in reaching me as I am not an engineer anymore ("a Hell of a Wreck from Georgia Tech") as they fired me. How in the hell could a butcher be an engineer, anyway? I was very lucky in getting reclassified as my poor dogs were barking continually and my chances for promotion in that outfit were nil (I was a sergeant a half dozen times but never officially and "officially" is what makes the eagle "fly"—not promises.) I'm also lucky, because I was blacked out owing to you, then so I could pay back some of my honest debts.*

*I am now in Pomona, California where I'm attached to a new army post office which was started to relieve the burden of the Los Angeles post office in handling the mail for some 150,000 men.*

*I have charge of supplies, and have only been here a couple weeks and I am a Corporal. I look forward to better advancement here in the near future after 11 months of work with the Engineers. The only reward I received from them was a wonderful letter of recommendation from our Commanding Colonel which I treasure and hope will lead me into a better position as this new outfit develops.*

*They have a large ordnance base here that employs a few hundred girls but I'm too interested in my work to bother with them. There is also a large girls' college here—but I never was much for higher education (????).*

A splendid letter from Frank Orpse printed in its entirety:

*The day arrived and I received my copy of the Bulletin for which I am very grateful and as usual a fine article; this time the one on sponsorship certainly hit the spot. The person or persons who are responsible for these articles sure know what they are writing about, and they give me a lot to think about until I get the next issue.*

*Also appreciate the "V" folder—many thanks. I agree most willingly and you have my consent to publish my name and address in the Bulletin.*

*Sorry I couldn't get in touch with as many A. A. members as I wanted to when I was home on furlough in February, but I attended a Miles Avenue Group meeting where I had a chance to renew acquaintanceship and meet all my friends again. And what a thrill to notice so many new faces! Sure glad to see the membership growing larger and doing so much good. Also made a visit to E. C. Clinic and now I realize what a fellow misses when he is in the dumps and has no hospital or meeting to attend. That hospital visit did me more good than I can say by making me realize how lux I've been at times in visiting and making excuses; and now when I can't make visits I wish I had made more when I had the chance in civilian life.*

*Glad to hear that Clarence Snyder finally received his discharge as I know Clarence can do a lot more for the war effort through his work in A. A.—more power to him.*

*I am a Group Commander now, one of two in this squadron—on the go all day long from 4 A. M. to 8:30 at night, plenty of responsibility and still staying sober so I can do the work. Make my meditation every day and sure try to live from day to day and thank God I find it helps me in my work.*

*I don't even worry about what we'll have for chow and what the program is for every day, or when pay call will blow—most of the boys worry about these supposedly important things. I think if I did I might get jittery and then...*

*Thank you again for your kindness and may God bless you and yours.*

☆☆☆

From Alva Thomson we hear:

*Received your Central Bulletin and was pleased to read all the news it contained. We are still on the desert but expect to leave here soon. Will keep in touch with you and let you know of any change of address. Tell everyone to write when they can to the boys in service. I know they all appreciate it. Best regards to all, and thanks again for the Bulletin.*

☆☆☆

A letter from "Woody" Woodcock says in part:

*"I'm stationed up here in Casco Bay, Maine, which is out in the harbor at Portland. There's no smoke here as in Cleveland—just a lot of fresh air and plenty of cold air now and then. It was 32 degrees below last week. Spend most of my nights at the bowling alley and we sure have a good time. Say "Hello" to all the boys.*

☆☆☆

A card from Lt. Russ expresses the following:

*"The news of Bob Farquharson's death came as an unpleasant shock, and his passing will be an irreplaceable loss to A. A. in Cleveland".*

☆☆☆

A card from Chas. Schoenbeck:

*"Just about finishing my basic training. Getting along fine as a good A. A., but I sure miss all you fellows in my group. Tell 'em t o drop me a line."*

☆☆☆

Note to Clevelanders—Make it a habit to write to a couple of the boys that you know each week.

**RATIONING**

Many groups and individuals have experienced difficulty in securing various commodities during these rationing days. At the last Central Committee meeting this matter was thoroughly discussed and advice given.

Alcoholics Anonymous has been classified as a "non-profit organization" with U. S. O., Red Cross, Salvation Army, churches, mission houses, civic and social organizations. To make your appeal for coffee, sugar, or other foods, refer your board to the pamphlet entitled "Registration Instructions for Institutional Users of Rationed Goods" issued by the Food Rationing Division, O. P. A., February 1943 Bulletin, Group Three.

It should not be necessary to caution the applicant not to make extraordinary demands, and to be absolutely truthful in the application.

Some boards do not recognize A. A. whatsoever, and an effort is being made by Central Committee to get official recognition of our classification from Washington.

Gasoline may be secured if convincing proof is submitted that the applicant is truly an active worker. The secretaries of each group are cautioned not to make affidavits to rationing boards unless they are absolutely sure of their applicant. Most boards have recognized A. A. as a great contributor to the war effort in making men fit to serve their country and have granted requests where they were convinced of the applicant's sincerity.

**BOB FARQUHARSON**

The many friends and acquaintances of Bob Farquharson were shocked to hear of his sudden death in an automobile accident on February 19th as he was returning to Cleveland from Columbus. Riding alone, he apparently lost control of his car, rolled down an embankment and the injuries he suffered caused his death several hours later. Funeral services were held February 22nd.

The last several years of his life were almost entirely devoted to work in A. A. May his soul rest in peace. His family desires to express its appreciation for the many expressions of condolence and sympathy.

**ACCREDITED A. A. HOSPITALS**

Approved by Hospital Committee of Central Committee

	Doctor's Fee and Medicine	Room Rate	Cash Deposit
*Charity Hospital Central at East 22nd Main 9400	\$10.00	Regular Rate	\$5.00 per day
*Deaconess Hospital.. 4233 Pearl Road Florida 0070	\$10.00	Regular Rate	\$5.00 per day
*East Cleveland Clinic.. 13210 Euclid Ave. Glenville 3244	Dr. \$10.00 Med. 5.00	\$6.00	\$15.00
Farquharson's Home.. 6037 Pearl Road Shadyside 8374	Dr. \$5.00 Med. 5.00	\$7.00	\$45.00
*Nottingham Hospital . . . . 18920 Nottingham Road Ivanhoe 0133	Dr. \$10.00 Med. 5.00	\$6.00	\$45.00
*St. John's Hospital. . . . . 7911 Detroit Ave. All hospitalization must be made through Dr. R. H. Mooney. Office: Melrose 1223 Home: Lakewood 1223	\$10.00	Regular Rate	\$15.00
*Al Webster's H. . . . . 3730 Euclid Ave. Express 0180	\$6.00	Included per day over 5 days	\$45.00 5 days
Women's A.A. Hospital.. 12214 Detroit Ave. Academy 4688	\$5.00	\$7.00	\$40.00
Wright Nursing Home.. 15315 Detroit Ave. Academy 4879		Call for information	

\*Hospitalization recognition.

**GROUP MEETINGS**

Monday	
Borton . . . . .	13931 Euclid Ave. . . . . 8:15
Lee Road . . . . .	1637 Lee Road . . . . . 8:30
Lakewood . . . . .	Townsend Hall, 15903 Detroit Ave. . . . . 8:30
Lake Shore . . . . .	Lake Shore Hotel, Dinner at 7:30, Meeting at . . . . . 8:30
Lornin Ave. . . . .	Banater Hall Annex, W. 120th at Lorain . . . . . 8:30
Miles . . . . .	12907 Union Ave. . . . . 8:30
Wickliffe . . . . .	286 Euclid Ave., Wickliffe, O. . . . . 8:30
Parma (Home Meetings) . . . . .	Secretary's Address 3287 Ridgewood Dr. . . . . 8:30
Shaker Heights . . . . .	Shaker Jr. High, S. Woodland and Woodbury . . . . . 8:30
South East Group . . . . .	10203 Miles Ave. . . . . 8:30
Elyria, Ohio . . . . .	M.E.S.A Hall, 308 Depot St., P. O. Box 491 . . . . . 8:30
Tuesday	
Wade Park . . . . .	Emmanuel (Church (Rear), 8611 Euclid . . . . . 8:30
Douglas, Mansfield O. . . . .	North Lake Park, Sec. Address, 147 W. First St., Mansfield, O. . . . . 8:30
Wednesday	
Crawford Men's . . . . .	8920 Euclid Ave. . . . . 9:00
Brooklyn . . . . .	ii. of P. Hall, Broadview and Pearl Rd. . . . . 8:30
Denison . . . . .	St. Phillips Hall, 3290 Denison Ave. . . . . 8:30
Lee Road . . . . .	1637 Lee Road . . . . . 8:30
Collinwood . . . . .	14709 S t . air Ave. . . . . 8:30
Women's (Lakewood) . . . . .	12214 Detroit Ave. . . . . 8:30
Women's (West Side) . . . . .	6221 Detroit Ave. . . . . 8:30
Lorain, Ohio . . . . .	Antlers Hotel . . . . . 8:30
Thursday	
Lee Road . . . . .	1637 Lee Road . . . . . 8:30
West 25th S t . . . . .	Schmotzer's Hall, W. 25th and Erin Ave . . . . . 8:30
Glenville . . . . . E . . . . .	105th and Marlowe . . . . . 8:30
Friday	
Lee Road . . . . .	1637 Lee Road. . . . . 8:30
Avon Lake . . . . .	1112 W. Erie, Lorain . . . . . 8:30
Berea . . . . .	Bagley and Seminary-- . . . . . 8:30
Gordon Square . . . . .	CIO Hall, 6221 Detroit Ave . . . . . 8:30
Brooklyn-Parmn . . . . .	4427 Pearl Rd. . . . . :30
Rocky River . . . . .	St. Christopher's Hall Lakeview off Detroit Rd. . . . . 8:30
Women's (East Side) . . . . .	8920 Euclid Ave. . . . . 9:00
Sunday	
Crawford Training . . . . .	8920 Euclid Ave . . . . . 2:00
Downtown . . . . .	2056 E. 4th Street . . . . . 8:30
Morning Meetings	
Wednesday Mornings	
Collinwood . . . . .	14709 St. Clair Ave . . . . . 10:00 A. RI.
Thursday Mornings	
West 25th St. . . . .	Schmotzer's Hall, W. 25th and Erin Ave., 10:00 A. XI.
1st Tuesday every month	
Central Committee . . . . .	8920 Euclid Ave . . . . . 8:30

**A. A. TELEPHONE**

The listing of Alcoholics Anonymous in the telephone was made for the purpose of enabling people to contact us where no other means were known to them. As each call costs us five cents, we ask all A. A.'s who wish information of any kind to call their own secretary or sponsor for it. With the limited funds that Central Committee has at its disposal, calls from local A. A. members should be eliminated.

## CRAWFORD MEN'S GROUP

The Crawford Men's Group believe they have solved a pressing problem with a plan which they have operated successfully for about a year.

Many men whom they have persuaded to accept the A. A. plan have not had the advantage of hospitalization, and had no place to live during the early drying up days. About a year ago, through the efforts of several Crawford members, the interest of an apartment house owner was aroused and this lady offered a section of rooms at a very nominal weekly rental exclusively for A. A.'s. A parlor was also made available for lounging and companionship. So, by association with each other, twenty or more men in almost hopeless circumstances were rehabilitated. As their fortunes improved, eleven moved into more spacious quarters, but nine remain and call it their home. Here they welcome the opportunity to work with newcomers whose lot was theirs and who now help to keep the newcomers dry.

An orchid to this fine lady who made available this opportunity to these men to recapture their morale and get back on their feet.

## BORTON GROUP

At the last business meeting of the Borton Group, 13931 Euclid Avenue, the plan of holding business meetings on the first Monday of each month was discontinued. Business meetings will be held annually instead. So from now on the wives can come to every meeting.

A committee of three is to operate the group instead of a rotating committee of five as has been the custom. A suggestion box on the meeting desk will be available to all members who wish to present suggestions. These will be turned over to the committee of three for consideration.

## LAKE SHORE "SHORTS"

For members who, for one reason or another, are unable to attend meetings—especially those in the armed forces, and who might be interested in a "short" concise statement of the sort of discussions which take place at Group meetings. With this in mind we jotted down a few of the "high points" in a very sincere "lead" and the subsequent discussion which took place Monday, February 22nd. May we suggest that you read these in a thoughtful mood and we believe that if you do, you will reconstruct the meeting itself in your own mind.

Prayer is not a duty but a pleasure and any other approach to it will be ineffectual.

Man is the product of his thinking.

A moral foundation is a necessary basis for a permanent life of happiness.

We get out of life in proportion to what we put into it.

A sound Christian life is one of the by-products of the A. A. program.

## LORAIN AVENUE GROUP ROUND TABLE

The Lorain Avenue Group invited the clergy to attend a round table discussion, to acquaint them with the work of A. A. Seven clergymen of four faiths were present as well as about two hundred others, and all were voluble in their praise for the way the meeting was conducted.

Questions were submitted in writing by the audience, classified by the chairman and then submitted to the four leaders who answered them according to their interpretation.

One of the clergymen expressed the opinion that, he learned more about applied psychology in this meeting than he had learned in all his years of study and research and thanked the group for giving him the opportunity to attend.

Another clergyman stayed until 12:30 to learn more about the work and stated that he had received a lifetime's education from the meeting.

Other meetings of this type will be held in the near future.

## EAST SIDE WOMEN

The East Side Women's Group, after a good start, have settled down in their new home at 8920 Euclid Avenue. For the time being, they have decided to meet every other week on Friday evenings—on the second and fourth Fridays of each month. Keep up the good work, girls, and you'll soon be meeting every week. And don't hesitate about asking some of the men to lead your meetings. Many of them want to discuss and learn more about the women's angle to our common problem.

## CENTRAL COMMITTEE

At the March meeting of the Central Committee four briefs regarding the benefits and advantages of membership in Central Committee were offered by committees and individuals and the consensus of opinion is submitted herewith. The meeting was well attended with the majority of the groups in the Greater Cleveland area represented.

All agree that a central meeting place with regular monthly meetings for the exchange of ideas was desirable.

That it should be a forum and not a governing body, with each group remaining autonomous.

That a central point to receive names of prospective members through telephone and mail for practical distribution to all groups in Greater Cleveland area was necessary and important.

That wartime measures demand conservation of time, travel and space. That it is obvious that thirty-five groups operating separately could not operate as systematically and efficiently as one amalgamated hotly representing the thirty-five on calls.

That a unified, well represented clearing house would eliminate haphazard hospitalization plans, racketeering, and unfavorable publicity, and would create respect as a civic need.

That a central clearing house could continue to support the publishing of a medium such as Central Bulletin.

That it is apparent that the progress or failure of any one group could reflect credit or discredit on the entire cause. A co-ordinated functioning body, adequately represented, could deal with individual unfavorable influence; with greater effectiveness.

It was generally agreed that we are all followers of a PLAN and that frequent intercourse among groups by way of a competent central clearing house should lessen the likelihood of everybody becoming a leader without followers.

This platform is submitted for the purpose of being presented and discussed at individual group meeting so that every member will be fully informed. Alterations and additional suggestions should be given to group secretaries and the chosen representatives to Central Committee, who will present it at the next meeting of Central Committee on Tuesday, April 6th for final acceptance.

## BULLETIN NEEDS SUBSCRIBERS

The editors of the Bulletin are issuing a frank appeal for additional subscriptions to cover its cost for the remainder of the year. Free Bulletins will be distributed to all groups and each will enclose a subscription blank. It is hoped that the secretaries will distribute them properly at the next meeting. It probably would not be remiss for the secretaries to check up on their absentee members and mail them each a Bulletin with the blank enclosed. Many groups have men whose working hours conflict with their meeting hours and the Bulletin will hold the contact so necessary for their sobriety.

## THE OPTIMISTS' CREED

Promise yourself:

To be so strong that nothing *can* disturb your peace of mind

To talk health, happiness, and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to greater achievement in the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, too happy to permit the presence of trouble.

## Editorial . The 5-6-7 Steps

## The Samaritans

Now we are ready to clean house.

We have admitted that we are powerless over alcohol.

After all our own efforts failed, we came to the conclusion that a power greater than ourselves could restore us to sanity.

We made a decision. That was to turn our wills and our lives over to the care of God.

Then we started to take stock of ourselves. We made a searching and fearless moral inventory of ourselves.

So we are ready to clean house.

The success we have in remaining dry, in controlling our emotions and regulating our conduct and in re-establishing ourselves depends largely on how well we clean house. We cannot put our houses in order until we clean out the rubbish, the debris, the muck of the past. We shall find it difficult to keep our wills in the hands of God if our approach to God is barred by obstacles made up of the accumulated rubbish of the past.

In taking stock of ourselves we not only should have learned the actual wrongs we had done: we should have observed the defects that have grown within us that give us the tendency to do wrong.

It is important to see ourselves as we were as practicing alcoholics. That calls our normal pride and our consciences to our aid. However, it is important that we consider not only ourselves as we were, the completed product of our errors, but also the things that made us what we were. Whisky was the fatal element in a number of bad ingredients in our makeup. We are not saved until we stop using alcohol: we are merely given a chance to be saved.

The defects we have developed are the defects growing from self love. They express themselves in resentment, in self pity and in jealousy. Those expressions result in outbursts of anger and in efforts to take flight. Self love causes us to take refuge in excuses and in justifications when we no longer can deny our errors.

As long as we give expression to resentment and to self pity and jealousy, and as long as we try to take refuge in excuses and justifications, we shall live in a house built on the sands, ready to be overwhelmed by the first high-tide.

Fear exists within all men. Deep-seated fear and deep-seated sense of guilt continue to grip us until we bring the causes of our guilt and of our fear out into the open. We have to get our wrongs off our chests, out of our minds, if we are to get out of the grip of guilt. And we have to identify and expose our fears if we are to cast them out, or put them under control.

Confession is an important practice in some religious faiths, and those persons who regularly and honestly make use of the opportunity of confession seldom get into difficulty. Confession, going deeply into the emotions, is also the first requirement of dealing with emotional and mental disorders. The necessity of getting things off one's chest has been well demonstrated through the years.

(Continued on Page 4)

It came to our attention recently that the groups in Lorain, Ohio, exercised their spirit of brotherly love in reclaiming a man whom society and the courts had decided was a hopeless case. This man was sentenced to serve six months in the County Jail and fined \$500.00 besides. He had no money or friends and appeared to be doomed to spend years working out his fine. The judge called upon the AA. after hearing of the remarkable work of the Lorain Groups with many of the habitual offenders. He permitted the man to visit fourteen group meetings (two each week)

and these meetings so impressed him that it aroused in him a desire to improve himself, which never had been evident before.

The groups were convinced that he was sincere in his desire to stay sober and finally become an asset to society, so they interceded with the judge who released him on probation after seven weeks in jail. They took up collections, outfitted him with decent clothes, secured a good job for him and found decent lodging for him.

Acts like these occur once in a while and they certainly are deserving of attention and credit should be given to those to whom it is due. Such Samaritan-like acts emphasize that these groups certainly observed one of the basic and fundamental attributes of AA-love.

From the last reports we have, this man is showing his appreciation by being a zealous worker and a staunch supporter of the organization. His hopes and his ideals were about shattered. It is well to check ourselves who have been blest with the discovery of this new way in life. Are we properly appreciative of this great gift which

was granted us—the gift of sobriety and another chance to contribute something to the society or community w-nose faith, trust and tolerance we abused to such an extent that they turned thumbs down on us?

Do we constantly check up on ourselves to see whether we are resting on our oars, so to speak, resting smugly and complacently and selfishly, letting the sufferers suffer where a compassionate word or helping hand on our part might bring him to an understanding of the way to peace and contentment which has been our lot for six months, a year or five years?

Let this story of the unselfish act in Lorain remind you of your former plight and serve to awaken your determination to help as you once were helped. Visit the hospitals and if you haven't been called by your secretary, surprise him and ask where you can help. Remember, you help yourself by helping others.

### WE'RE LATE

Please accept our apologies for being late with this issue. C'est In yerre! An unusual amount of bread-winning work piled upon one of the editors and the avocation had to defer to the vocation.

### A Pledge

We of Alcoholics Anonymous, in order to readjust our lives and be a credit to our fellow man and to safeguard and prolong our own existence; and in order to create tranquility in our surroundings and to establish Pence in our hearts and contentment among those in our daily associations and in order to bequeath this attribute to posterity, do ordain: that liquor is anathema and that the love of God shall replace it and ever remain permanent in our hearts and that the love of self shall be measured by the love we show our neighbor.

- Contributed by  
a member of Lorain Avenue Group.

## NEWS FROM THE CAMPS

We are listing below the names and latest known addresses of the boys in service who have given us their permission to publish their names. Not having heard from the others we presume that they either have not had time to write us, or that they prefer not to have their names appear.

Pvt. R. S. Brintnall, No. 25276712, Hdq. Squadron VIII Air Force, Composite Command, APO No. 639, c/o Postmaster, New York, N. Y.  
 Pvt. Clayton B. Bull, Hdq. Det. 5th QMTR, Fort F. E. Warren, Wyo.  
 Clifton H. Bussard, U. S. Naval Hospital, Corps Quarters, Great Lakes, Ill.  
 Sgt. Leslie A. Clapper, 6th Base Post Office D. T. C., Pomona, Calif.  
 Pvt. Victor Cragg, 2 MTR, Co. B, 13th Q. M., Camp Lee, Va.  
 Pvt. Vincent P. Donovan, Headquarters Co., School Batt'n, Camp Lejeune, Hudnot Point, New River, N. C.  
 Pvt. W. H. Evans, 1005th T. S. S. (SP) Flight 6, 720 S. Michigan Blvd., Room 608, Chicago, Ill.  
 Pvt. Harvey Fouts, 44th Squadron (Sch), Randolph Field, Texas.  
 Pvt. John Garish, Co. E, 10th Q M Tr—1 646, Camp Lee, Va.  
 Ralph Heidinger, S. C.—2C—U. S. N. R., Navy 8523 c/o Fleet P. O., New York, N. Y.  
 Corp. E. C. Kerver, Hdq. Co. S. O. S., A. P. O 871, New York, N. Y.  
 Pvt. Harmon Meyer, Co. I, Student Batt. Barracks 143, San Antonio, Tex.  
 Pvt. Clyde M. Mohler, D-11-5 F. A. R., T. C., Fort Bragg, N. C.  
 Pvt. Karl R. Murton, 38 Academic Squadron, Lowry Field, Colorado.  
 Pvt. T. J. O'Connell, 234th Sig. Op. Co., The Presidio, San Francisco, Cal.  
 Pvt. F. M. Orpse, 793 Tech. Sch. Squad., Barr. 331, Seymour Johnson Field, Goldsboro, N. C.  
 Lt. Louis Pillemer, Box 195, Room 117, Army Medical Center, Washington, D. C.  
 Pvt. Spencer W. Powell, No. 415 T. S. S., Flight D, Air Corps Tech. School, Gulfport, Miss.  
 Norris P. Rickabaugh, E. M. 1 C, 75th Bat. Co. C Plat No. 3, Davisville, R. I.  
 Cpl. A. L. Rumel, Headquarters Co., A.P.O. 472 Fort Bragg, N. C.  
 Lt. Harry Russ, Station Hospital, Camp Maxey, Texas.  
 T. A. Scanlon, Ph. M. 3c, U. S. Naval Hospital, Puget Sound Navy Yard, Bremerton, Wash.  
 Pvt. Chas. Schoenbeck, C 30th, C. A. T. B., Camp Wallace, Texas.  
 Pvt. Alva O. Thomson (35317825), Co. C 1st Inf., 6th Mtz. Division, APO No. 6, Desert Mailers, c/o Postmaster, Los Angeles, Cal.  
 Pvt. Glen R. Wadick, A. P. O. 5565, c/o Postmaster, Seattle, Wash.  
 E. A. Woodcock, SP, M2C, Caseo Bay, Portland, Maine.

☆ ☆ ☆

Glen Wadick writes:

Your letter of the 18th at hand and also the latest copy of the Bulletin. Thanks as always. Incidentally, drop that C. D., 29th Eng. Tr. Bat. from my address. I left that outfit when I left Leonard Wood. I am unassigned at present, sort of standing on the spring-board. That's A. P. O. 8561, c/o Postmaster Seattle, Wash., is O. K. for the present.

I have little to say for publication, nothing of importance. I feel that so far I have done very little and hope that the opportunity will be afforded to me to do much more—to the very limit of my capabilities—or beyond them—that I may have the acid test applied. Yes, I passed up officers candidate school and a chance at a commission, for the present, and in Army slang, "took a bust," was reduced to the grade of a private at my own request to enable me to get out of Leonard Wood and on my way into foreign service—I hope. Simply because I was not content to stay there or some similar place doing the duty that I was, no matter what rank or grade that I had acquired or might have attained. A good soldier performs any duty that may be assigned to him without question. Well, in that respect I did not measure up to a good soldier's standards—I want actual combat duty and intend to have it if possible—have tried to force the issue—so far without much success—but at least I am a little nearer to it than I was in Leonard Wood. There is nothing outstanding or unusual in what I have done or am attempting to do—maybe when and if I come back I can give you a story—I hope—for the time being, I am just merely in here trying to serve—am where I belong and it is very, very easy for me. I am doing nothing more than what millions of others are doing, or are willing to do. You know I really feel sorry for the civilians. This war is really going to be tough on them and just simple living is becoming quite complicated, what with rationing of this and that, coupons, coupon-restrictions of various sort—it really is tough and it will be a lot tougher before it is over. Now us lucky fellows in the service don't

have a damn thing to worry about—well, maybe one thing, and if that does happen, then really you don't have any worries, I give it no thought.

I am well physically and mentally and am at peace with myself—as much as I ever will be, get impatient, boil over once in a while, simmer down, and go along, try to keep my nose clean and dry.

Mother is in Los Angeles, she is well the last I heard, likes it out there. It is nice to know that I am remembered by you all and I do appreciate your prayers and well wishes—may I always have them, I, too, often think of you all—many, many times, and I am eternally grateful and thankful for everything that He has bestowed. Good luck to you always.

Bud Clapper sports an additional stripe and throws a bouquet at us, which we blushing ( ? ) accept:

Hello and thanks for the Bulletin. Whoever writes those articles on the front page is surely a genius. It sure makes me proud to think I belong to an organization of men like A. A. who have so much understanding and can inspire a guy with zeal as these articles have done for me. Your paper is my bright spot of the month, believe me.

Good fortune has smiled on me again and this time I write in the capacity of a genuine sergeant.

I can thank God for bringing A. A. into my life, otherwise I would no doubt be the lowest of privates strutting the guard house, instead of now sporting three nice stripes on my arm instead of a striped suit. Ha, Ha!

Good luck and thanks again

A V-mail letter addressed to a friend in the Lakewood Group from Bob Brintnall, whose mother passed away recently, reads:

I received both money orders from you and am grateful for them. I also want to express my sincere appreciation for your kindness and sympathy for my loss. I know that the whole business is in the hands of a Power that is greater than all of us!

I received the February Bulletin and saw my letter among others. I am continuing to get along O. K. The principles of A. A. have been a wonderful help to me through this last trouble; otherwise, I might have gone off the deep end (you know what I mean). Remember me to all the boys. I think of the group often.

Corp. E. C. Kerver writes from somewhere in England. We hope his friends note the changed address and write him.

Wish to thank you for the Bulletin of January, 1943, which I just received. I am very grateful to think that I am still remembered by the A. A. group. But that isn't strange; they never forget anyone. I am going great guns all on my own and looking forward to the day when I can repay you. Best wishes to Barton and Crawford Road groups.

A newcomer in the service is Jack Garish. He writes:

The first weeks are the hardest in the way of army life. Sometimes an A. A.'s job is more difficult than someone else's, as he has two problems to take care of—his own personal problem and readjusting himself to his new tasks.

When an A. A. member leaves home for the army, there are no hospitals to go to nor calls to make. He has only one thing to depend upon and that's the spiritual side of A. A. This will never let a man down and besides makes his new job smoother and easier if he applies it properly.

I heartily agree with you that letter writing is important as a means of helping and keeping contact with the A. A. boys in service. Not only will it help the fellow in service but the fellow who writes.

Keep up your good work in the A. A.; always keep after it. After all, we can never do too much work in A. A. I wish I could have done more, but I do use A. A. principles as best I know every day.

Welcome visitors to the Lakewood Group during the past month were three boys in the service—Norris Rickabaugh, Tom Scanlon and "Woody" Woodcock, who were home on furlough.

Pvt. Karl Murton writes some interesting news:  
*Your nice note together with the back issues of the Bulletin were forwarded to me and I surely was glad to receive them.*

*I am glad that my name is now on the list and I'll be looking forward to the publication date of each issue.*

*Several weeks ago I was made an instructor here in the armament school, so I look to stay here for some time. Of course there is nothing definite in the army.*

*Denver is a very nice location for an ex-drunk. We have a splendid group here and although for a while they seemed too be at a standstill, we are now enjoying growing pains.*

*Every one of the fellows and the women, too, in the group are just like one big family, and good fellowship seems to bubble over more and more each week. I have been extremely fortunate that the hours I am on duty do not interfere with my getting to the meetings, although I would like to yet around more to be able to do some useful work, 'cause the Lord knows there is a lot of it to be done. I surely am proud to be able to say I am associated with them.*

*Please give my best regards to all the gang and I look forward to the day when we'll all meet again at one of our hilarious yet-togethers. May God bless you all in the work of helping us all keep on the beam, by straightforward, happy and hopeful thinking.*

TO AA'S IN SERVICE

The Central Bulletin is published primarily to enable members of AA groups in greater Cleveland who are in the armed forces to keep in contact with the principles of our organization. The editorial articles on the Twelve Steps are written with this purpose in mind.

The writer of these editorial articles, a professional journalist, has worked in a machine shop and in the building trades, spent two years 11 months as an enlisted man in the army in the last war, and was in action overseas. He knows the boredom of camp life and the **payday** sprees. He *knows* the fatalism of men **awaiting** front line action, and he knows the attitude of men who think they have to show themselves he-men in a he-man's world.

Boredom and fatalism give strong temptation toward seeking relief in alcohol, particularly when many of one's companions are seeking relief in that medium. Those in the armed services whose experiences with alcohol has been such as to bring them into AA will recognize that they have to seek relaxation by **other means**. If a man was an alcoholic in Cleveland, he will be one in Mississippi, in Africa, in Alaska or in Australia. If alcohol was getting him in trouble in civil life, it will get him in trouble in the armed services.

We in AA have discovered that it is possible to gain **relaxation** without drinking. And many of us have discovered that it is possible to live under AA principles even though we cannot attend meetings **and** work with other **AA's**.

AA is based on spiritual principles, and a man's success in staying dry depends not upon attending meetings but upon his ability to place his life in the care of the Power that is greater than himself.

A man's religious faith is his own concern, and a man should not worry over what anyone else may think of that faith. He shouldn't allow scornful companions to keep him from daily contact with the Supreme Power. A man can meditate and pray while marching, while doing fatigue duty, while in his bunk. With daily contact with the Supreme Power, he can obtain release from boredom, from the grip of **his** passions, and from fear. **And** he can learn to be patient. With the principles of **AA** he can achieve happiness, even in the armed services!

MILES GROUP BLOOD DONORS

Hats off to the Miles Group for its fine contribution to the Red Cross Blood Donor Service. From 30 to 35 members have signed up to donate a pint of blood on April 27th. This is a splendid, unselfish act and may serve as a suggestion to other groups that they might follow the Miles Group's splendid example.

GROUP MEETINGS

Monday

Borton .....	13931 Euclid Ave.....	8:45
Lee Road .....	1637 Lee Road.....	8:30
Lakewood .....	Townsend Hall, 15903 Detroit Ave.....	8:30
Lake Shore .....	Lake Shore Hotel, Dinner at 7:30, Meeting at.....	8:30
Lorain Ave. ....	Banater Hall Annex, W. 120th at Lorain.....	8:30
Miles .....	12907 Union Ave.....	8:30
Wickliffe .....	26 Euclid Ave., Wickliffe, O.....	8:30
Parma (Home Meetings) .....	Secretary's Address 3287 Ridgewood Dr.....	8:30
Shaker Heights .....	Shaker Jr. High, S. Woodland and Woodbury.....	8:30
South East Group .....	10203 Miles Ave.....	8:30
Elyria, Ohio .....	M.E.S.A. Hall, 308 Depot St... P. O. Box 491	8:30

Tuesday

Brooklyn-Panna .....	4427 Pearl Rd.....	8:30
Wade Park .....	Emmanuel Church (Rear), 8614 Euclid.....	8:30
Douglas, Mansfield O.....	North Lake Park, Sec. Address, 147 W. First St., Mansfield, O.....	8:30

Wednesday

Crawford Men's .....	8920 Euclid Ave.....	8:45
Brooklyn .....	K. of P. Hall, Broadview and Pearl Rd.....	8:30
Denison .....	St. Phillips Hall, 3290 Denison Ave.....	8:30
Lee Road .....	1637 Lee Road.....	8:30
Collinwood .....	14709 St. Clair Ave.....	8:30
Public Square .....	Hotel Cleveland.....	8:30
Women's (Lakewood) .....	12214 Detroit Ave.....	8:30
Women's (West Side) .....	6221 Detroit Ave.....	8:30

Thursday

Lee Road .....	1637 Lee Road.....	8:30
West 25th St. ....	Schmotzer's Hall, W. 25th and Erin Ave.....	8:30
Glenville .....	E. 105th and Marlowe.....	8:30
Lorain, Ohio .....	Antlers Hotel.....	8:30

Friday

Lee Road .....	1637 Lee Road.....	8:30
Avon Lake .....	1112 W. Erie, Lorain.....	8:30
Berea .....	Bagley and Seminary.....	8:30
Gordon Square .....	CIO Hall, 6221 Detroit Ave.....	8:30
Rocky River .....	St. Christopher's Hall, Lakeview off Detroit Rd.....	8:30
Women's (East Side) .....	8920 Euclid Ave.....	9:00

(Second and Fourth Friday)

Sunday

Crawford Training .....	8920 Euclid Ave.....	2:00
Downtown .....	2056 E. 4th Street.....	8:30

Morning Meetings

<i>Tuesday Mornings</i>	
Bolton Square .....	830 Euclid Ave..... 10:00 A. M.
<i>Wednesday Mornings</i>	
Collinwood .....	14709 St. Clair Ave. .... 10:00 A. M.
<i>Thursday Mornings</i>	
West 25th St.- .....	Schmotzer's Hall, W. 25th and Erin Ave., 10:00 A. M.

let Tuesday every month

Central Committee .....	8920 Euclid Ave.....	8:30
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DOWN-TOWN GROUP ROUND TABLE

The Down-Town Group has selected four highly capable leaders from Greater Cleveland Groups to conduct its Round Table Meeting on Sunday evening, May 16th.

The secretary regrets exceedingly that the anonymous policy of the Bulletin makes it impossible to publicize the names of the leaders, for he believes that the Hall would be filled if their names were known. Take his word for it and come.

## NEW GROUPS AND CHANGES

Two new groups have been added since the last publication. The Public Square Group started April 17th and meets on Wednesday evenings at Hotel Cleveland in the Rose Room. This group advises that it has been organized solely to provide a central meeting point for all groups and does not wish to interfere with the activities of any neighborhood group. Secretaries are asked to stress this point. The meetings are held at 8:30 p. m.

The other group is a morning group and is called the Bolton Square Morning Group. Its first weekly meeting was held Tuesday, April 13th. It meets at 10:00 o'clock at 8920 Euclid avenue, Chauffeurs' Hall.

The Lee Road Wednesday Group have located at a new address, meeting in the parlors of Heights Presbyterian Church, located at Preyer avenue and Mayfield, which is the first block east of Superior. It has a kitchen, dining room with tables and a fine auditorium with a stage. They are justly proud of their new location.

The Brooklyn-Parma Group changed their meeting evening from Friday to Tuesday. They meet at Good Counsel Hall, 4427 Pearl road.

The Lorain, Ohio Group meets on Thursday instead of Wednesday.

## LAKE SHORE SHORTS

On humility during the past week, much has been said, both in the news and over the radio, commemorating one of the greatest musicians of all time—Sergei Rachmaninoff, who died recently. The finest tribute was that of Deems Taylor, who said, "He was humble, with that humility which comes only with great understanding." Abraham Lincoln was another of whom this simple statement with such depth of meaning applies. The value of this statement is of small importance to either of these men, for little can be said which will either add or detract from their greatness, but to those who heard or read it there will be two distinct reactions, depending upon whether a spiritual or materialistic concept of values is used. If the former is used, there is an understanding of the richness and beauty in the lives of these men—if the latter, it is so many meaningless words.

We of the AA fellowship have, at least to some degree, the understanding to which Deems Taylor refers, and know that if this understanding begins to leave us, then arrogance and false pride creep in and, in our own minds, places us high upon a pedestal of our own making, which soon crashes and leaves us in a dazed condition among the wreckage.

## CESTRXL COMMITTEE ADOPTS PLATFORM

The platform as submitted in the last Bulletin and repeated herewith was adopted unanimously at the last meeting of Central Committee. This platform was a digest of four briefs which were submitted for discussion. The careful study of it should end all fears that group autonomy was threatened and will serve as a constant guide as to the limits of its scope. In the minds of Central Committee proponents this program has been the ideal and the purpose of the Committee's existence.

All agree that a central meeting place with regular monthly meetings for the exchange of ideas was desirable.

That it should be a forum and not a governing body, with each group remaining autonomous.

That a central point to receive names of prospective members through telephone and mail for practical distribution to all groups in Greater Cleveland area was necessary and important.

That wartime measures demand conservation of time, travel and space. That it is obvious that thirty-five groups operating separately could not operate as systematically and efficiently as one amalgamated body representing the thirty-five on calls.

That a unified, well represented clearing house would eliminate haphazard hospitalization plans, racketeering, and unfavorable publicity, and would create respect as a civic need.

That a central clearing house could continue to support the publishing of a medium such as Central Bulletin

That it is apparent that the progress or failure of any

one group could reflect credit or discredit on the entire cause. A co-ordinated functioning body, adequately represented, could deal with individual unfavorable influences with greater effectiveness.

It was generally agreed that we are all followers of a PLAN and that frequent intercourse among groups by way of a competent central clearing house should lessen the likelihood of everybody becoming a leader without followers.

Since the subscription campaign for the Bulletin met with only fair results and since it seemed apparent that more money will be needed to carry on the publishing of the Bulletin, and since it was evident that all groups wished a continuance of free copy distribution at meetings, it was suggested and generally agreed to that groups pay a minimum of \$1.00 per month for each 25 copies they receive. If a group receives 50, it will pay \$2.00 per month. A prompt settlement to the Central Bulletin will be appreciated.

## COMMUNITY MEETINGS

The two groups who meet in Lorain and the Elyrin group have organized community meetings where they all congregate on the first Sunday of each month. We commend this plan and wonder whether a similar plan wouldn't be successful in the several sections of Cleveland. These friendly gatherings should create greater co-operation and lasting friendships, thereby furthering the work of A. A.

## THIRD ANNIVERSARY

On Sunday! May 9th, the Brooklyn Group will celebrate the third anniversary of its founding with a Supper-Dance at Good Counsel Hall, 4427 Pearl Rnnc. There will be entertainment and, featuring the dance, will be a prize waltz contest which has been an attraction in the past, affairs of this group. Admission is \$1.00.

## SECOND ANNIVERSARY

On Monday, May 10th, the Lorain Avenue Group will celebrate its second anniversary with a dinner-dance and floor show entertainment which they promise will be a knockout. This fast-growing and active group certainly put on some real attractions.

## EDITORIAL

(Continued from Page 1)

We, as alcoholics, have to clean house before we can reshape our lives. And we have to recognize that, for 3 time at least, the sources of the rubbish we are cleaning out will remain with us. While turning our backs on the past, we have to watch the present. Resentment, self pity, jealousy and the tendency to look for justifications have to be controlled. Perhaps one man in ten thousand, having observed how those defects of self love have dragged him down, may thrust them out of his life altogether. The rest of us can keep them from getting us into serious trouble, only by constant application.

So here is the fifth step: we must admit to God, to ourselves and to another human being the exact nature of our wrongs.

And since, by our third step, we have made a decision to turn our wills and our lives over to God, we must make another decision. We must be entirely ready to have God remove all the defects of character that we have discovered in our fearless and searching moral inventory. That is the sixth step. Notice the words "entirely ready." They mean that we must approach God without having our fingers crossed.

And finally, we must humbly ask God to remove our shortcomings. We don't stop at making an inventory; we don't stop at admitting our shortcomings, and we don't stop at being entirely ready to have God remove our shortcomings. In the humble attitude of prayer we ask God to remove our shortcomings. We specifically mention our wrongs in taking this positive step. And as we pray, God gives us release from the gnawings in our minds. God gives us strength to do the work that is before us. The more constantly we keep God in our minds, the greater our strength.

We that labor and are heavy laden will find rest in God, and peace.



## Editorial . .The 8-9 Steps

Conscience is the voice of our higher spheres. Conscience tells us when something we have done is wrong. But the boundary between wrong and right is ill defined, varying with **experience**, training and outlook upon life. Conscience may be dull or debased, but no man ever becomes so depraved as to be entirely without conscience. As we rebuild our lives after the disaster we have suffered, and become reacquainted with our higher spheres, our conscience sharpens and is elevated. But consciences work different-

ly. Some of us are quickly overwhelmed by a deep feeling of guilt.

Others still "see through a glass darkly." Our conscious growth of conscience is **slow** and our conscience speaks with a small voice. But, subconsciously our **memory** of our past **misdeeds** clashes with our memory of our earlier moral training. We have a sense of **uneasiness**, which may **give** us the jitters and the feeling that we are **flying** to pieces.

That is why our **searching** moral inventory (steps 5, 6 and 7) really must be **thorough**. That is why we must **clean house**.

Sense of **guilt** is one of the strongest feelings that assail the human mind. It is a **great** corrective. But it must not be **mis-handled**.

We strive to square our accounts for our past misdeeds by living blamelessly. That is important, but it is not enough.

The **fundamental** law of **right** human conduct is the Golden Rule. It is one of the marks of a real man that he be ready to make good for his **misdeeds** and that he be ready to confess his error to those he has **offended** or **harmed**.

As **long** as there is any one that we cannot look in the eye, our consciences will trouble us and we shall have difficulty in making our lives and wills conform to the will of the Supreme Power.

After we have made our moral inventories, our next step is to strive to undo the damage we have done.

We **should** make a list of **all** the persons we have harmed and should make **amends**.

There is no **moralizing** in this demand. Of course it is the right thing to do, the **manly** thing to do. But what is important for us is that this step is a necessity in meeting the demands of conscience.

When we have a feeling of **uneasiness**, it is well to start in again with moral inventory. Is there something we have **left undone**? Have we **failed** to clean house? Have we **failed** to make **amends**?

The Twelve Steps are given to us out of **the** **experience** of many men. Out of that experience we have **learned** that our **guilty** consciences must be **faced**. Out of that same experience we have **learned** that when our **guilty** consciences are **faced** courageously we are far more likely to succeed in **mastering** our problem.

## Prohibition

With the war and with the increase of alcoholism due to the problems of the war and the prewar depression, strong pressure is being exerted for the return of prohibition.

The prohibitionists are at work everywhere, and nowhere stronger than in the state of Ohio.

It is hardly necessary to say that to a man members of AA are opposed to the return of prohibition.

AA has no program other than that of helping individuals to solve their drinking problem, a problem created not by the use but by the misuse of alcohol.

One of the cardinal principles of AA is tolerance. Because we as individuals have lost control over alcohol, because we cannot drink without getting drunk, we have to stay away from alcohol altogether.

But we do not attempt to deprive any other person of any beverage they may enjoy. We do not even attempt to keep other people from misusing alcohol.

Most members of AA were adults in the past prohibition era. And most of them drank during prohibition. Many drank to **excess** during prohibition because they could not always drink when they wanted to. Many trace their drinking problem to prohibition.

Members of AA recall the corruption and vice that went with prohibition, and they want no return of that era.

They do not believe that the problem would be handled any better than it was last time.

If there are **abuses** today in the sale of intoxicating beverages, those **abuses** can be corrected. But the **prohibition** of the sale of intoxicants would lead to even **greater** abuses, as we all can recall.

The problem of alcoholism is not to be solved by prohibition. It is to be solved by **getting** at the causes of the misuse of intoxicating beverages. Those causes will wreck men even if **there** is nothing intoxicating to be found anywhere in the world.

### DREAM AGAIN

WHEN your dreams have failed you—Dream again. . . . When you think you're beaten — Dream again. . . . Failure cannot break your heart—Life's a game, so play your part—Dare to make another start. . . . Dream again. . . . Next time you'll be stronger, wiser, too—Think of all the things you meant to do—Keep the glory of the goal in view— and dream again. . . . Do not heed the world, its taunts and jeers—Lift your eyes and face the coming years —All great things are bought with human tears—so dream again.

## MENTALLY DRY

The words "mentally dry" have been used often by various speakers and seem difficult for some AA's to understand. The good people who are so fortunate to be "mentally dry" have difficulty in defining it. Certainly it means that they who are mentally dry have disciplined their minds so that their guard is ever up and their **impulses** never naturally turn to liquor for a solution to their boredom, troubles or weaknesses. When they see a whiskey or beer bottle, they are only conscious of seeing trouble, trouble and more trouble. Their disciplined minds evaluate their present blessings and deprecate the **fragmentary** joy of escape which the bottle once held for them.

## NEWS FROM THE CAMPS

We are listing below the names and latest known addresses of the boys in service who have given us their permission to publish their names. Not having heard from the others we presume that they either have not had time to write us, or that they prefer not to have their names appear.

Pvt. R. S. Brintnall, No. 35276713, Hdq. Squadron VIII Air Force Composite Command, APO No. 639, c/o Postmaster, New York, N. Y.  
 Pvt. Clayton B. Bull, Hdq. Det. 5th QMTR, Fort F. E. Warren, Wyo.  
 Clifton H. Bussard, U. S. Naval Hospital, Corps Quarters, Great Lakes, Ill.  
 Sgt. Leslie A. Clapper, 6th Bnsc Post Office D. T. C., Pomona, Calif.  
 Pvt. Victor Cragg, 2 MTR, Co. B, 13th Q. M., Camp Lee, Va.  
 Pvt. Vincent P. Donovan, Headquarters Co., School Batt'n, Camp Lejeune, Hudnot Point, New River, N. C.  
 Pvt. W. H. Evans, 1005th 'I', S. S. (SP) Flight 6, 720 S. Michigan Blvd., Room 608, Chicago, Ill.  
 Pvt. Harvey Fouts, 44th Squadron (Sch), Randolph Field, Texas.  
 Pvt. John Garish, Co. E, 10th Q M Tr-1 646, Camp Lee, Va.  
 Ralph Heidinger, S. C.--2C--U. S. N. R., Navy S525 c/o Fleet I', O. . . New York, N. Y.  
 Corp. E. C. Kerver, Hdq. Co. S. O. S., A. P. O 871, New York, N. Y.  
 Pvt. Harmon Meyer, Co. I, Student Batt. Barracks 143, San Antonio, Tex.  
 Pvt. Clyde M. Mohler, D-14-5 F. A. R.--T. C., Fort Bragg, N. C.  
 Pvt. Karl R. Murton, 35 Academic Squadron, Lowry Field, Colorado.  
 Pvt. T. J. O'Connell, 234th Sig. Op. Co., The Presidio, San Francisco, Cal.  
 Cpl. F. M. Orpse, 15 T. S. S., Bks. 427, Chanute Field, Ill.  
 Lt. Louis Pillemer, Box 195, Room 117, Army Medical Center, Washington, D. C.  
 Pvt. Spencer W. Powell, No. 415 T. S. S., Flight D, Air Corps Tech. School, Gulfport, Miss.  
 Norris P. Rickabaugh, E. M. 1 C, 75th Bat. Co. C Plaf No. 3, Davisville, R. I.  
 Cpl. Alfred L. Rumel, 6664291, Hdq. Co., A. P. O. 452, Camp Mackall, N. C.  
 Lt. Harry Russ, Station Hospital, Camp Maxey, Texas.  
 T. A. Scanlon, Ph. M. 3c, U. S. Naval Hospital, Puget Sound Navy Yard, Bremerton, Wash.  
 Pvt. Ernest Schimmelmann, Jr., 6th Photo Comp. Sq., Peterson Field, Colorado.  
 Pvt. Chas. Schoenbeck, C 59th, C. A. T. B., Camp Wallace, Texas.  
 Pvt. Alva O. Thomson, A. S. N. 35317-25, Hdq. Yuma Branch, Repl. Dep., A. P. O. 439, c/o Postmaster, Los Angeles, Calif.  
 Pvt. Glen R. Wadick, A. P. O. 8563, c/o Postmaster, Seattle, Wash.  
 E. A. Woodcock, SP, M2C, Casco Bay, Portland, Maine.

☆☆☆

A letter from Frank Orpse that came just too late to appear in the last issue. Note the new address and the new rank. Congratulations, Frank:-

I ended my term at Seymour Johnson Field by graduating from Plane Mechanics School with the second highest mark in my class — received a diploma which reads that I finished the course with distinction, which automatically gave me the privilege of attending a specialist school — therefore the reason for me being sent here.

I'm specializing in plane power plant course and hope to be an expert in 40 or more days (anyway that's what they tell me).

I'm still grateful for A. A. and its fellowship — in fact more so every day — otherwise I would never have made the grade — to me it's a great satisfaction that I am sober enough to compete with the younger men in this branch of the army — believe me, the competition is stiff.

I wanted to write you on the last issue of the bulletin but was too busy handling my job as Wing Commander to even answer letters from my folks — hope you will excuse me for this.

I hear great reports of the growth of groups in Cleveland and I'm certainly glad to hear that. I believe after this war is over A. A. will have a tremendous job to do, especially in rejuvenating some of the boys who will return to civilian life.

Wishing you all the luck in the world, I pray God to bless all of you.

Alva Thomson's letter came too late for the last issue and contains a worthwhile poem from Edgar Guest's pen.

Dear Friends — Was more than pleased to receive the March Bulletin with its news of A. A., but sorry to hear of Bob Farquharson's death. His death is a great loss to Cleveland A. A. Glad to hear Clarence Snyder is back with the home group. Pleased to see the increase in new groups. As for myself, I am well as usual. Have been sent to a replacement depot. I am past 38 and have a job

at Douglas Aircraft at Long Beach. At present I don't know if I'll be reassigned to another army detachment or discharged. However, I have the defense job, just in case! I read a little sketch by Edgar Guest which I'll pass along to you. I think it fits in with our plan. I want to thank you for the Bulletin. Well, here is the article:

"Count yesterday's worries and sort them all out, and you'll wonder at whatever you worried about. Look back at the cares which once furrowed your brow; I fancy you'll smile at most of them now. They seemed terrible then, but they really were not, for once out of the woods all the fears are forgot."

"Look over the list of the blunders you've made, the debts you've accrued and eventually paid. They frightened you once, and you thought at the time that out of the valley you never would climb. But you did, and you are living and still going strong, in spite of the trouble that happened along."

"But I'm for the worrier! I'm for the man who, when he's in trouble, does all that he can. I'm for the fellow who puts up a fight, to straighten things out and to make them go right. And I'll say for his comfort when matters seem bad, tomorrow he'll smile at the trouble's he's had."

And another little thought: "We are all travellers in the wilderness of this world, and the best we can hope to find is a friend." Best wishes to all A. A.'s.

A letter from Ernest Schimmelmann. We hope his friends respond to his plea and strengthen him in his resolve.

I am writing to tell you that I was introduced to A. A. a year ago. I read the book but didn't attend meetings. I slipped and landed in the guard house. But I want you to understand that I am not blaming anyone but myself for what happened.

I want very much to be a good member and that is why I'm writing you. One of your editors was kind enough to send me a copy of the Bulletin and I'd like to show him and the rest that I can do this job. All that I would like for you to do for me is to tell some of the boys of the different groups to tell me about their meetings, how they're doing and the way they are making the grade.

Thank you for the Bulletin. It has helped me a lot and I feel sure I will make the grade and really begin to live the way I should.

Spence Powell wrote the following to a Cleveland A. A.:

Was very glad to receive your letter. I kinda puts a little pep in a fellow when he's kind of down in the dumps and feeling rather blue. You know, it just seems us the A. A. always turns up first in time us the dark moments approach. I had a kind of row in the barracks and I mean I was blue. What then — the Bulletin came along and sure cheered me right up. This time your letter made things change.

An excerpt from a letter to one of our local boys from Karl Murton contains some good arguments for regular attendance at meetings:-

The Denver Group is a small one, but the members are very conscientious about the whole program. I'm proud of the work we are doing — not only of getting new members but the work we are doing on each other. I can see the difference each meeting. The fellowship toward one another is remarkably improved each night. That is one thing I believe is just as necessary as reaching out for new members too fast. The old saying is that "Charity begins at home," and I believe that it holds true with A. A. groups. With the lack of good will, good fellowship and charity toward each other in your own group, your mind can't possibly be working along proper channels to instill the feeling you want to give or show a prospective member. You just can't have the proper enthusiasm.

The Denver Group has done much for me and I am truly grateful that I am stationed where I can contact a group regularly. It has given me that peace of mind that we all long for and I look forward each week for the following meeting or contacts with some of the gang during the week.

## SHAKER GROUP BIRTHDAY

The Shaker Group observed its second Anniversary at its regular meeting, May 3rd, 1943. This group meets on Monday evenings in Shaker Junior High School, S. Woodland and Woodbury.

**AKRON HONORS DR. SMITH**

On Saturday evening, June 5th. the Akron Groups are preparing a grand party in honor of Dr. "Bub" Smith, one of the founders of AA, which will commemorate his 8th anniversary.

The party will be held in W. B. A.' Hall, West Market St., one block east of Merriman Rd. at which there will be a good 10 piece orchestra, dancing and cards. Refreshments will be served.

The hall accommodates 500. Akron figures it will respond to about 300 persons, so there will be room for 200 others from outlying towns. If you wish to go, advise your group secretary to secure tickets for you.

**HOSPITAL DECORUM**

It is necessary every once in a while to caution members in their visits to hospitals not to overcrowd the room. Remember the patient is a sick man and overcrowding certainly does not help him. Here are some don'ts, that experienced AA's are in agreement on.

- Don't stay too long.
- Don't waste your visit by elaborating on baseball games, etc.
- Don't forget to prepare your story so you can really help the patient "get" A.A.
- Don't be impatient.
- Don't be long winded.

**CENTRAL BULLETINS TO GROW'S**

The excellent response of 16 groups to our plan for financial support is gratefully acknowledged. Several groups paid for the next four months in advance. With the normal flow of new individual subscriptions for the balance of the year, and the regular monthly remittance from each group at the rate of \$1.00 for each 25, we will complete our year successfully.

The packets will hereafter be mailed to each paying group during the last week of each month. The individual subscribers will receive theirs shortly after the 15th, as will the boys in Service.

**WICKLIFFE GROUP CHANGES NAME**

The Wickliffe Group not only changed its meeting place but also changed its name. It is now called the Lake County Group and meets in the Presbyterian Church in Willoughby. They still meet on Monday nights at 8:30 and report a highly successful, enthusiastic and cooperative membership.

**WINDERMERE GROUP**

The Windermere (Borton) group held a panel discussion meeting in April. Well known members of the Shaker, Orchard Grove, Borton and Brooklyn groups made up the panel. Written questions were submitted from the floor.

Among the questions discussed were: the approach to be made to an agnostic; the benefits of church attendance; why wives should attend meetings; the benefits of hospitalization over other methods of admission to AA; how far a sponsor's responsibility extends; whether faith, join to hospitals or attending meetings is the most important; the attitude of AA toward slippers; whether mention of slippers should be made in meetings; whether non-members should attend meetings; and how one obtains a religious experience.

The spiritual content of the discussion was high and indicated a growth in thinking over similar discussion meetings held a year or more ago.

There were many visitors from other east side groups.

**BROOKLYN ANNIVERSARY PARTY**

Over 250 people helped the Brooklyn Group celebrate its third Anniversary with a grand dinner and dance, Sunday, May 9th at Our Lady of Cnod Counsel Hall.

Thirty couples competed in the prize waltz, which was a feature of the evening. A five piece orchestra helped make the evening a grand success.

**GROUP MEETINGS**

**Monday**

Borton	1331 Euclid Ave.	8:45
Lee Road	1637 Lee Road	9:30
Lakewood	Townsend Hall, 1590 Detroit Ave.	8:30
Lake Shore	Lake Shore Hotel, Dinner at 7:30, Meeting at	8:30
Lorain Ave.	Banoter Hall Annex, W. 120th at Lorain	8:30
Miles	1207 Union Ave.	8:30
Lake County	Presbyterian Church, Willoughby, O.	8:30
Parma (Home Meetings)	Secretary's Address 3287 Ridgewood Dr.	8:30
Shaker Heights	Shaker Jr. High, S. Woodland and Woodbury	8:30
South East Group	10203 Miles Ave.	8:30
Elyria, Ohio	M.E.S.A. Hall, 308 Depot St. P. O. Box 491	8:30

**Tuesday**

Brooklyn-Parma	4127 Pearl Rd.	8:30
Wade Park	Emmanuel Church (Rear), 8614 Euclid	8:30
Douglas, Mansfield O.	North Lake Park Sec. Address, 147 W. First St., Mansfield, O.	8:30

**Wednesday**

Crawford Men's	8920 Euclid Ave.	8:45
Brooklyn	K. of P. Hall, Broodview and Pearl Rd.	8:30
Denison	Phillips Hall, 3290 De & on Ave.	8:30
Lee Road	Mayfield and k-eyer, Heights Presbyterian Church	8:30
Collinwood	14709 St. Clair Ave.	8:30
Public Square	Hotel Cleveland	8:30
Women's (Lakewood)	12214 Detroit Ave.	8:30
Women's (West Side)	6221 Detroit Arc.	8:30

**Thursday**

Lee Road	1637 Leo Road	8:30
West 25th St.	Schmotzer's Hall, W. 25th and Erin Ave.	8:30
Glenville	E 105th and Marlowe	8:30
Lorain, Ohio	Antlers Hotel	8:30

**Friday**

Lee Road	1637 Lee Road	8:30
Avon Lake	1112 W. Erie, Lorain	8:30
Berea	Bagley and Seminary	8:30
Gordon Square	CIO Hall, 6221 Detroit Ave.	8:30
Rocky River	St. Christopher's Hall Lakeview off Detroit Rd.	8:30

**Sunday**

Crawford Training	3920 Euclid Ave.	2:00
Downtown	2056 E. 4th Street	8:30

**Morning Meetings**

<b>Monday Mornings</b>		
Bolton Square	3920 Euclid Ave.	10:00 A. M.
<b>Wednesday Mornings</b>		
Collinwood	14709 St. Clair Ave.	10:00 A. M.
<b>Thursday Mornings</b>		
West Side	7304 Denison Ave.	10:00 A. M.

**1st Tuesday every month**

Central Committee	8920 Euclid Ave	8:30
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**NEW WEST SIDE NURSING HOME**

Several members of the Lorain Avenue Group have opened a new nursing home on the west side, located at 2240 W. 89th St. It is located four doors north of Lorain Avenue, and is called West Side AA Nursing Home.

The Home is located in a frame house nicely decorated and newly furnished and will accommodate eight patients at one time. Standard rates are charged.

## MORNING GROUP CHANGES

The recently organized Bolton Square Morning Group which meets at 10:00 A. M., has changed its meeting from Tuesday to Monday morning. 35 or more attend regularly and this group has been highly successful.

## WEST 25TH MORNING GROUP

The West 25th Morning Group has changed its meeting place from W. 25th st and Erin to 7304 Denison Ave. Information as to what the group will be called was not available at time of publication, **but WC** are taking the liberty of calling it the West Side Morning Group to identify it.

## LAKE SHORE "SHORTS"

In the Cleveland News tonight, May 11th, appeared on the front page an article by I. L. Hencn which started as follows: "I saw Cleveland's most tragic procession today from a judge's bench in Police Court. "The daily batch of drunks **was** on its way to jail again.

"These shadowy figures live in a half world. They move in a nightmare. The city is ashamed of them, tucks them quickly away in a black van and whisks them out to the Workhouse.

"They do not belong in the Workhouse, which in its present state is worse than the lowest barroom. They belong in a hospital. They are physically and mentally sick."

Re-read that again and relive in your mind those years of a awful hopelessness and black despair, for we were those men once or well on our way to being them. Then check your position today and see if the hope, happiness, and general well-being of your family and yourself doesn't present a contrast which impulsively brings forth a prayer of thankfulness, but in that prayer let us not become smug, self-satisfied and complacent because of our now contented lives. Rather let us vow to pass on those A. A. principles which saved us to others who now are in the tragic condition we once were in.

The fact that by carrying out such a vow we are merely practicing a humanistic truth which will insure our continued happiness was well illustrated by an old Chinese story told by one of our older members the other night. The story goes somewhat as follows:

A group of farmers lived along the seashore **on** a coastal plain which gradually rose into hilly country some distance from the sea. One day one of the farmers living on the side of the hill looked out over the sea and saw a tidal wave approaching the shore. Knowing that there was not time enough to go down to the plain and warn the others, he set his barn on fire. The farmers on the plain rushed up the hill to help him save his barn.

## TWO DAYS

THERE ARE TWO DAYS in every week about which we should not worry—TWO DAYS which should be kept free from fear and apprehension. One of these days is YESTERDAY with its mistakes and cares, its aches and pains, the faults and blunders.

YESTERDAY has passed forever beyond our control. All the money in the world cannot bring back YESTERDAY. We cannot undo a single act we performed. We cannot erase a single word we said. YESTERDAY is gone.

The other day we should not worry about is TOMORROW with its possible adversities, its burdens, its large promise and poor performance. TOMORROW is beyond our immediate control. TOMORROW'S sun will rise either in splendor or behind a mask of clouds-but it will rise. Until it does, we have no stake in tomorrow, for it is as yet unborn.

That leaves only one day-TODAY. Any man can fight the battle of just one day. It is only when you and I add the burdens of those two awful eternities-YESTERDAY and TOMORROW-that we break down.

It is not the experience of today that drives men mad—it is remorse or bitterness for something which happened YESTERDAY and the dread of what TOMORROW may bring.

Let us, therefore, journey but one day at a time.

## CENTRAL COMMITTEE

The Central Committee met Tuesday evening, May Most of the meeting was devoted to the hospital situation, resulting from the closing of one nursing home on the east side. One new nursing home is under observation, pending approval by the hospital committee. There was a lively discussion over whether visitors to hospital should be restricted but no change was suggested in existing practices.

The membership committee reported on the handling of telephone calls that all requests for membership in AA are referred to the group nearest to the home of the applicant.

Group contributions to the Central Committee for the second half of this year are due now. The usual group contribution is \$5 for each half year.

## LAKWOOD GROUP

The Lakewood Group (Orchard Grove) had a full evening of entertainment on Saturday, May 9th. The show included tap dancers, a four year old Salome dancer (who stole the show) singing and story telling by an excellent Irish tenor, reminiscences of an old-timer, a mystic who failed to mystify, and a highly accomplished singing pianist. Bingo, cards and refreshments completed a highly entertaining program. The group entertains every other Saturday evening at Townsend Hall, 1590: Detroit Ave., and fun starts around 8:30 o'clock.

Its oldest member (oldest in AA service, not in age) has changed his place of employment and at the present time is working out of town. One of the most zealous workers in AA, he is sorely missed.

## ARE YOU AN ACTIVE MEMBER?

Are you an ACTIVE MEMBER,

The kind that would be missed,

Or are you thoroughly contented

To have your name on the list?

Do you always attend the meetings,

And mingle with the crowd,

Or do you prefer to stay away

And crab-both long and loud?

Do you always take an active part

To help the Group along..

Or are you completely satisfied

To be the kind that "just belong"?

Do you welcome every opportunity

To visit fellows who need your help,

Or leave this work for others

And then crab, complain and yelp?

OUR Daily Plan is **scheduled**—

It means success for me and you.

And it CAN be accomplished,

If we are honest, tried and true.

So, attend the regular meetings

And make calls—do your part.

Don't be "just another member,"

Fellow-take an active part.

T H I N K I T O V E R, F E L L O W,

Are you right or are you wrong?

Are you an ACTIVE MEMBER,

Or-Do you JUST BELONG?

## FOR THE BOYS OF A. A.

Happy days are here again,

For I'm through with drinking gin,

Or any kind of alcohol,

For that has been my big downfall.

Now I can think, and I know so well

That just one drink will cause me hell.

When temptation comes, and I feel blue,

Before I'll drink, I'll call the crew.

Then to give me strength

I'll get on my knees

And I'll say, "Dear God, oh help me, please,"

For with His help along the way,

I'm sure I won't drink, at least not today.

(Submitted by a member of Avon Group.)

## Editorial . . . The 10th Step

Now, having admitted that we are powerless over alcohol, and having failed in all our own efforts to reform our lives, we have turned to the Power that is greater than ourselves. We have cleaned house after making fearless personal inventory. We have made good for the wrongs we have done. We have done all these things honestly and fearlessly, and we are at the threshold of a new life.

The first nine steps in our program are preparatory. They help us to set our course and clear off the barnacles of the past. The last three steps help us to keep on our course and help us to keep going ahead.

We can confess our wrongs, express our dependence upon God, clean house and still fail to succeed in our effort to remain dry. Rubbish can accumulate again. We can pray morning and night and still stumble over growing rubbish heaps between prayers. Some of us seem to be almost childish in our belief in effortless magic, in which a wave of the hand and a few magic words will grant salvation for all time.

The first nine steps do not cure us. They give us the opportunity to be made whole again. They give us the opportunity to pull ourselves together and to lift our unified selves out of the shallow, base, mean sphere of life into a higher sphere.

We must unify ourselves, pull ourselves together. We must curb our impulses by forging an iron band around them. Then we must see that our curbed impulses are relaxed within the bounds we have set for them. We have to learn not to strain against the barrier.

When we have pulled ourselves together, our unified selves must get proper direction, proper inspiration. We find that direction and inspiration by directing our impulses to the higher sphere of life. Psychologists call this effort sublimation, which means the turning of impulses away from their primary physical aims to aims of a higher order. We have to go still farther. We have to lift ourselves up and make contact with the Power that is greater than ourselves. We have to make that Power the very core of our existence.

Most of us had been out of contact with the Supreme Power for a long time. The job of pulling ourselves together and of lifting ourselves up is not easy. Many of the tendencies that got us into trouble remain with us. The feeling of guilt harasses us, sometimes consciously, sometimes subconsciously. Self pity assails us. Justification creeps in again. Resentment seizes us.

These tendencies stem from a common failing: self love, which results from the failure to place the Supreme Power at the core of our existence.

When resentment, self pity, justification, jealousy take hold of us, we are back on the road to trouble. They break the bounds we have tried to put on ourselves.

Resentment and self pity are the commonest failings alcoholics have. Many who have had to struggle hard to succeed with the AA program have found the sources of their trouble in resentment and self pity. And many who have done well for a time have found themselves getting

(Continued on page three)

## Spirit and Religion

The word "spiritual" means "of the spirit"! and the word "spirit" (which comes from the Latin "spiritus", meaning "breathing") means the principle of life and vital energy. Spirit is regarded as being separable from the physical self and as being of divine origin. It is the part of man that has intelligence.

"Religious" means "pertaining to religion" and "religion" is a belief binding the spiritual nature of man to a supernatural being. A secondary meaning is a system of faith and worship. Religion, the dictionary says, includes worship, whether it be the adoring reverence of the human spirit for the divine or whether it be the external and formal expression of an organized religious group.

The editors of the Bulletin have referred to the dictionary because at two recent panel discussion meetings, one at the Borton group, the other at the Crawford Men's group, the question was asked, "What is the difference between 'religious' and 'spiritual'?" The questioners appeared to be trying to make a distinction between organized religion and individual belief. In AA meetings the word "spiritual" tends to take on most of the meanings of "religious" because many members shy at any mention of religion.

The first three of the Twelve Steps definitely make the methods of AA, religious methods. We are asked to bind our spiritual natures, our higher selves, to the Power that is greater than ourselves.

In face of the plain statement of the Twelve Steps, one of the editors of the Bulletin, after leading a

meeting devoted entirely to what some of our members call "the spiritual phase of AA," overheard one man say, "I don't see why he has to drag all that God stuff into an AA meeting."

We may retort by saying that the method of AA is "God stuff". We know that some of our new members have difficulty in making connections with the Higher Power. We say that if they will continue to try they will make connections eventually:

Incidentally, AA meetings open with a prayer and close with the Lord's Prayer. May we suggest that between those two prayers the language used in meetings ought not be offensive to the Supreme Power whose Name we have invoked? Isn't it odd to call on God for help and then use the Name in vain?

### GROUP CHANGES

The Public Square Group which has been meeting at the Cleveland Hotel on Wednesdays has changed its meeting night to Tuesday evening.

The Downtown Sunday Group has decided to recess for the Summer, but will resume its meetings in the Fall.

The Mansfield Group has dropped the name of Douglas and hereafter will be referred to as Mansfield Group.

We have added Canton to our list and welcome any other groups adjacent to Cleveland who wish to be listed, as the war industries have diverted many local men into nearby territories.

## NEWS FROM THE CAMPS

We are listing below the names and latest known addresses of the boys in service who have given us their permission to publish their names. Not having heard from the others we presume that they either have not had time to write us, or that they prefer not to have their names appear.

Pvt. R. S. Hrintnall, No. 35276713, Hdq. Squadron VIII Air Force Composite Command, APO No. 639, c/o Postmaster, New York, N. Y.  
 Lt. Clayton B. Bull, Co. E, 5th Q.M.T.R., Ft. F. E. Warren, Wyo.  
 Clifton H. Bussard, U. S. Naval Hospital, Corps Quarters, Great Lakes, Ill.  
 Sgt. Leslie A. Clapper, 6th Base Post Office D. T. C., Pomona, Calif.  
 Pvt. Vincent P. Lunovan, Headquarters Co., School Batt'n, Camp Lejeune, Hudnot Point, New River, N. C.  
 Pvt. W. H. Evans, 1005th T. S. S. (SP) Flight 6, 729 S. Michigan Blvd., Room 503, Chicago, Ill.  
 Pvt. Harvey Fouts, 44th Squadron (Sch), Randolph Field, Texas.  
 Pvt. John Garish, Co. E, 10th Q.M.T.R., U. S. Army T616, Camp Lee, Va.  
 Ralph Heidinger, S. C.—2C—U. S. N. R., Navy 3525 c/o Fleet P. O., New York, N. Y.  
 Corp. E. C. Kerver, Hdq. Co. S. O. S., A. P. O 571, New York, N. Y.  
 Pvt. Harmon Meyer, Co. I, Student Batt, Barracks 143, San Antonio, Tex.  
 Pvt. Clyde M. Muhler, D-14-3 F. A. R.—T. C., Fort Bragg, N. C.  
 Pvt. Karl R. Murton, 38 Academic Squadron, Lowry Field, Colorado.  
 Pvt. T. J. O'Connell, 254th Sig. Op. Co., The Presidio, San Francisco, Cal.  
 Cpl. F. M. Orpse, 15 T. S. S. Bks. 427, Chanute Field, Ill.  
 Lt. Louis Pillemer, Box 193, Room 117, Army Medical Center, Washington, D. C.  
 Pvt. Spencer W. Powell, No. 413 T. S. S., Flight D, Air Corps Tech. School, Gulfport, Miss.  
 N. Rickabaugh, E M 1c, 75th Naval Const. Batt., Co. C, PL. 3, c/o Fleet P.O., San Francisco, Cal.  
 Cpl. Alfred L. Rumel, 6661291, Hdq. Co., A. P. O. 452, Camp Mackall, N. C.  
 Lt. Harry Russ, Station Hospital, Camp Maxey, Texas.  
 T. A. Scanlon, Ph. M. Sc. U. S. Naval Hospital, Puget Sound Navy Yard, Bremerton, Wash.  
 Pvt. Ernest Schimmelman, Jr., 6th Photo Comp, Sd., Peterson Field, Colorado.  
 Pvt. Chas. Schoenbeck, C 20th, C. A. T. B., Camp Wallace, Texas.  
 W. J. Shannon, 83rd Construction Batt., Co. D, c/o Navy Fleet P.O., New York, N. Y.  
 Pvt. Alva O. Thomson, A. S. N. 35317-25, Hdq. Yuma Branch, Rpt. Det., A. P. O. 439, c/o Postmaster, Los Angeles, Calif.  
 Pvt. Glen R. Wadick, A. P. O. 8363, c/o Postmaster, Seattle, Wash.  
 E. A. Woodcock, SP, M2C, Caseo Bay, Portland, Maine.

☆☆☆

Clayton Bull announces his lieutenantcy. Heartly Congratulations.

*Intended for some time to write thanking you for the issues of the Central Bulletin. They have followed me back and forth across the continent. It's always good reading though and new to me whenever I do get them.*

*It may be of interest to you and some of the other boys, to know that another AA has come through an officer. I graduated in April at Camp Lee, Va., and was transferred back here. I'm still only an attached officer to a Specialist Training Company, but hope to have an assignment soon.*

*It is with pride that I point to this achievement. Fellows like you who knew something of my condition both mentally and physically only two years ago can appreciate just how a change it has been.*

*My success is no secret. It's an opportunity open to every AA both in and out of the service. I merely quit trying to guide my own destiny. I leave everything in God's hands. All I do is live every day as though it were the best day of my life, work hard, enjoy it and appreciate it. When it's over I've lots to be thankful for and don't hesitate to tell Him so.*

*While I miss the meetings and companionship of the boys I find that, even alone, with a clean open mind, it's no trouble at all to still be happy, contented and sober.*

*You fellows are doing a great job. One victory is already ours, let's carry on to the other.*

Another promotion for Bud Clapper. Congratulations, Bud!

*Thanks a million for the paper. I sure enjoy it. Sorry I couldn't get to write you sooner but I am kept so busy lately. I got another promotion since I last wrote and I am now a Staff Sgt. Good luck and say hello to all the boys for me.*

A nice letter from Corporal Orpse follows:

*After chusing me all over the South, the April edition of the Bulletin finally caught up with me and I can assure you that it was eagerly awaited.*

*As I have no opportunity of attending any AA meetings there always seems to be something missing—a sort of void and when I receive the Bulletin the void is filled again by being replaced by your AA paper and its contents are very eagerly devoured by yours truly.*

*Your editorials on the different steps are very interesting and explanatory and I can see that there is quite a bit of food for thought for all AA members.*

*Glad to hear that the writer of the editorials is an ex-service man and I agree with him that boredom and fatalism can be the cause of many a hangover—as to those pay-day sprees I see plenty of them in town as there is plenty of liquor and no rationing.*

*I am attending specialist school here and expect to graduate about the 27th of May—after that God and the powers that be only know where I am destined for.*

*Had the honor of graduating from Mechanics school with the 2nd highest grade in my class and this would have been impossible without the aid of God and living the AA way of life. I thank God that so far I've had no trouble in staying on the beam—but I do miss the association of the groups and the hospital calls.*

*I'm gradually going up the ladder, am a Corporal at present with all of the responsibilities that the job entails and as long as I stay dry and live that way I see no way of stopping the climbing of that ladder.*

*Wishing you all the luck in the world and best wishes to all of you.*

Alva Thomson is now a civilian and he helps the cause along. We're keeping him on the mailing list.

*Just want to in form you that I have been released from active duty and transferred to the Enlisted Reserve. Expect to make my home in California for the present and work at Douglas Airera ft. Attended a swell AA meeting Sunday evening here in Los Angeles. There were about ten service men present. I received the May issue of the Bulletin and would you please advise me if I can still receive it and what the cost will be as my wife and I still wish to hear from the Cleveland groups and I think the Bulletin is swell. Also want to pass on the address of a former Cleveland AA who is now in the Sea Bree or Naval Construction Battalion stationed in the East. He may be on your mailing list at present, if not I know he would appreciate the Bulletin. Will enclose a dulttr toward helping the cause along.*

Our deepest sympathy goes to the relatives and friends of our first known AA casualty, Lt. J. Paul Heltman, U.S.A. Air Forces, North American Front. He was a member of King's School Group of Akron, O., and practiced law in Kent, Ohio before entering service. May his soul rest in pence.

## WE APPRECIATE THIS LETTER

Dear Editor:

My liking for the Central Bulletin increases—with every issue. The last one was especially fine.

In early American days, when to declare for the rights of the Colonies might mean death to a patriot, the wise Franklin dryly remarked "Gentlemen, we must hang together, or else we shall hang separately".

How very true this observation still is. The alcoholic who cannot get well by himself must live and work with his fellows or else die alone. The Croups, like the individual, cannot be divided against itself and still stand.

That those who generously devote so much of their time to the preparation and ruppert of The Cleveland Bulletin are mighty contributors to the cause of unity, not one who reads can doubt.

Congratulations!

As Ever,  
Bill Wilson

**EDITORIAL—THE TENTH STEP**

*(Continued from page one)*

into trouble again, because of resentment and self pity. Some have had trouble for other reasons. We cannot successfully walk on two different planes of life at the same time. We are not likely to succeed long in curbing our alcoholic impulses while yielding to other bestial impulses, while violating moral laws. To be free in the realm of the spirit, we have to sever the bonds of sensuality.

Thus it is that we must continue to make our moral inventories. We should look over our work each day to see whether what we have done has been good. Have we done anything to harm any one else, either directly or indirectly? Have we shown resentment? Have we given way to self pity? Have we shown anger? What did those things do to us at the time? Would we have been better off if we had not yielded to them? Will we be better off if we learn to head off such impulses?

In our relations with others the Golden Rule must be our guide, and in our daily inventory we should ask ourselves whether we have done unto others as we would have them do unto us.

Some of us are too much in a hurry to get back what we have thrown away. We have to learn to accept ourselves as we are and be patient. Resentment and self pity and justification will hamper our progress; patience and tolerance and humility and doing the right thing: will help us along our way.

**LAKE SHORE "SHORTS"**

**TO OUR FELLOW MEMBERS IN THE ARMED SERVICES:**

Not being able to attend meetings, we thought it might be interesting to you to hear about some of the leads and subsequent discussions which have recently taken place in our group. In a short space it is impossible to give you much of the detail but we will attempt to outline in a broad way the outstanding thoughts.

In the last two meetings, by coincidence, the speakers have stressed the same theme, namely that there are two approaches to sobriety and that we members seem to fall into two groups, generally speaking; the one using the approach known as 'the hard way' and the other the easy and pleasant approach. Those who are attempting to solve their problem the hard way, either through poor sponsorship or personal inclination see only one purpose in this fellowship-to avoid drinking and all the suffering that accompanies it. Those using the other approach see that the sound Christian principles underlying the AX program result in character building and a pattern of life which insures happiness and a feeling of security. In this pattern, liquor has no part and as one of our members remarked "sobriety is merely a by-product of this new method of living." In the first group are to be found those who seldom if ever attempt to contact prospects and attend only as many meetings as they feel necessary in order to keep 'dry.' These men have lost sight of the fact that they have ignored two of the fundamental principles-love of their neighbors and unselfishness-and by not attempting to pass on that which they have received. They are struggling continually, now a step ahead and again a step or several steps behind sobriety, while those who have accepted the full program wholeheartedly see what they have missed in life and attempt to fill their future years with the happiness which they previously lacked.

The speaker this week told us that he had tried both approaches, saying that a year or two ago he had joined AA and had drifted away, only to land a few months ago in the hospital. He said that he then understood for the first time the AA plan and his 'lead' was convincing proof of his understanding. In commenting on his talk during the question period, one of the active Cleveland members, who incidentally is not a member of this group, congratulated the speaker and said, "You have gotten as far in four months as I have in two years." It was the consensus that those holding on to sobriety the 'hard way' had a great deal of work ahead of them in order to gain the full benefit of the AA plan.

This is rather a sketchy presentation of the idea and we only hope you will be with us soon in order that you may again enjoy these meetings first hand.

**GKROUP MEETINGS**

Monday	
Borton .....	13931 Euclid Ave..... 8:45
Lee Road .....	1637 Lee Road ..... 8:30
Lakewood .....	Townsend Hall, 16903 Detroit Ave..... 8:30
Lake Shore .....	Lnko Shore Hotel, Dinner at 7:30, Meeting at..... 8:30
Lorain Ave. ....	Banater Hall Annex, W. 120th at Lorain..... 8:30
Miles .....	12907 Union Ave ..... 8:30
Lake County.....	Presbyterian Church, Willoughby, O..... 8:30
Parma (Home Meetings) ..	Secretary's Address 3287 Ridgewood Dr..... 8:30
Shaker Heights .....	Shaker Jr. High, S. Woodland and Woodbury..... 8:30
South East Group.....	10203 Miles Ave ... 8:30
Elyria, Ohio .....	M.E.S.A. Hall, 308 Depot St... 8:30 P. O. Box 491
Tuesday	
Brooklyn-Parma .....	4427 Pearl Rd..... 8:30
Public Square .....	Hotel Cleveland ..... 8:30
Wade Park .....	Emmanuel Church (Rear), 8614 Euclid ..... 8:30
Mansfield, O. ....	North Lake Park, Sec. Address, 25 Douglas Ave., Mansfield ..... 8:30
Wednesday	
Crawford Men's .....	8920 Euclid Ave..... 8:45
Brooklyn .....	K. of P. Hall, Broadview and Pearl Rd ..... 8:30
Denison.....	St. Phillips Hall, 3200 Denison Ave..... 8:30
Lee Road .....	Mayfield and Preyer, Heights Presbyterian Church ..... 8:30
Collinwood .....	14709 St. Clair Ave..... 8:30
Women's (Lakewood) ..	12214 Detroit Ave..... 8:30
Women's (West Side) ..	8701 Detroit Ave ..... 8:30
Thursday	
Lee Road .....	1637 Lee Road ..... 8:30
West 25th St. ....	Schmotzer's Hall, W. 25th and Erin Ave . . . . . 8:30
Glenville .....	E. 105th and Marlowe ..... 8:30
Lorain, Ohio .....	Antlers Hotel ..... 8:30
Friday	
Lee Road .....	1637 Lee Road..... 8:30
Avon Lake .....	1112 W. Erie, Lorain..... 8:30
Berea .....	Bagley and Seminary ..... 8:30
Gordon Square .....	CIO Hall, 6221 Detroit Ave ..... 8:30
Rocky River .....	St. Christopher's Hall, Lakeview off Detroit Rd..... 8:30
Kent, O. ....	K. of P. Hall..... 9:00
Saturday	
Canton, O .....	Oddfellow's Temple ..... 8:30
Sunday	
Crawford Training .....	8920 Euclid Ave . . . . . 2:00
Morning Meetings	
Monday Mornings	
Bolton Square .....	800 Euclid Ave..... 10:00 A. M.
Wednesday Mornings	
Collinwood .....	14709 St. Clair Ave . . . . . 10:00 A. hf.
Thursday Mornings	
West Side .....	-7304 Denison Ave . . . . . 10:00 A. hf.
1st Tuesday every month	
Central Committee .....	8920 Euclid Ave..... 8:30

**MILES TRAINING MEETINGS**

The Miles Group reports they have enjoyed unusual success with their training meetings. The newcomer is not permitted to attend a regular meeting until he has been given a thorough knowledge of the work of AA. From 15 to 20 participate at each training meeting and new members are thoroughly "indoctrinated". These meetings are held at Floral Shop, 4141 E. 116th St.

## OBITUARY TO I. L. JENNINGS

It is with the deepest sense of loss that we express our heartfelt sympathy to the family of I. Lamson Jennings, who passed away suddenly Sunday, May 30th, in a berth in a train on the way back to Cleveland. As a loyal and hard working member of the Shaker Heights Group, he was a powerful influence in the AA movement and he will be sorely missed. God saw fit to call him to his rest and Lam would be the first to say, "Thy will be done" were he able to say it. He was a true Christian and his influence was great.

## CRAWFORD GROUP

The Crawford Men's Group held a panel discussion meeting, with members of the panel answering written questions submitted from the floor. A member of the Lake Shore group was chairman of the panel. Others on the panel included a member of the Thursday Lee Road Group, a member of the Shaker Group and two members of the Crawford Group.

Among the questions discussed were: what does the word "anonymous" signify? Is it possible for an alcoholic to have a normal, happy life? Should prospects be approached merely becomes somebody wants them to stop drinking? What is the difference between religious and spiritual? Are we, in AA meetings, inclined to put too much emphasis on our drinking troubles? Do we have a right to expect people to look up to us? What portion of the Oxford Group Movement was taken over into AA? Can a man stay dry merely by joining AA and not cleaning up his whole life?

## CENTRAL COMMITTEE

The Central Committee met Tuesday, June 1, elected new officers to serve until December 1. The secretary of the Lake Shore group was elected chairman; the secretary of the Shaker group, vice chairman.

The new chairman said the Central Committee would devote itself to discussion of problems relating to AA methods and would not undertake to legislate for XX.

The Central Committee, which has been meeting in the Crawford Group hall, plans to move downtown if a suitable meeting place can be obtained.

The hospital committee reported that a group of Cleveland industries was discussing the establishment of a hospital for alcoholics. Tentative plans are for the creation of a trust to provide the hospital and the staff and to permit AA to oversee operating methods.

Question was raised to what extent this would involve AA in operating a hospital, which has been against AX policy. The answer was that AA would not be directly involved. After half an hour of discussion, the question of AA's interest in such a hospital was put over until the next meeting, to give the hospital committee opportunity to present fuller information.

Two other questions were proposed for future discussion by the central committee: the duties of sponsorship and the methods for operating rotating committees of the various groups.

## SALVATION ARMY

"A man may be down, but he's never out." That's the slogan of the Salvation Army.

A large percentage of those who are down got there because they are powerless over alcohol. And some discover that they can rehabilitate themselves.

Several members of the Miles and Crawford groups went to the Salvation Army Social Service Center, 2181 East 55th Street, May 27. A member of the Crawford group whose experiences in life have been particularly trying led the meeting. After the meeting, five of the audience came up to ask for information. Two of them appeared the following Sunday at the Crawford Training meeting.

Several such missionary meetings have been held at the Salvation Army Social Service Center, largely through the efforts of the Miles group. Out of these meetings five AA members have been obtained and are doing well. If sufficient progress is made in further missionary meetings, an A.A. group may be established at the Social Service Center, using the chapel for meetings.

## FOUNDERS' ANNIVERSARY PARTY

Over 300 persons jammed Masonic Hall in Cleveland Heights when the originators of the AA movement in Cleveland helped sponsor the Fourth Anniversary party, Saturday evening, May 22, in conjunction with the Lee Mayfield Group. After an excellent dinner, where the choice was steak or chicken, various speakers arose and spoke on the progress of the AA movement in Cleveland. These speakers included the first Clevelander in AA and the several others who were convinced by him as well as well-known Akronites.

Excellent entertainment was also supplied and with the singing of Old Lang Syne, the crowd disbanded united in praise for the committee who arranged this inspiring evening.

## MANSFIELD HAS AN IDEA

The Mansfield Group in order to continue its policy of furnishing good speakers at its meetings have made arrangements to trade speakers with other groups twice each month. Columbus sends two speakers in June and Mansfield reciprocates by sending two of their men to Columbus to lead.

Sounds like an excellent idea to help the speaker situation, particularly in towns where there are only one or two groups. This interchange of new faces and new thoughts on our basic subject certainly make meetings the more interesting.

## BOAT RIDE FOR LORAIN-ELYRIA

On Sunday, June 27th, the two groups in Lorain and the Elyria Group will join in a boat ride on Lake Erie, and they suggest that other AX's from Cleveland and vicinity come along. The boat ride is the regular Sunday daylight cruise on the D & C boat. This boat leaves the dock at E. 9th Street at 11:30 A.M. and returns at 7:00 P.M. Good chance to relax and get acquainted.

These groups will conduct their regular monthly joint meeting on July 4th. No holiday is going to stop them.

## WEST SIDE WOMEN'S GROUP

The West Side Women's Group issues a cordial invitation to AA members to attend its first open meeting at their new headquarters, 8701 Detroit Ave. A round-table discussion will be held and this will be conducted by four well-known AA's.

## GORDON SQUARE CELEBRATES

The Gordon Square Group is preparing an elaborate anniversary party — their first, by the way — with a dinner and floor show at St. Wendelin's Hall, 2281 Columbus Rd., Sunday, July 18th.

A STEAK DINNER will be served and there are facilities for only 350. These tickets are being sold now at only one dollar per plate. And the secretary of this group insists that the show alone is worth the price of admission.

## ILLINOIS TO OPEN FIRST HOSPITAL TO TREAT ALCOHOLICS

(A clipping-March 31, 1943)

A state hospital devoted to the treatment of chronic alcoholism will be opened within a few weeks as a branch of the Chicago State Hospital, Rodney H. Brandon, director of public welfare for the State, announced yesterday. It will be the first such institution in the history of Illinois.

The hospital will be headed by Dr. Conrad Sommer, chief medical officer for the welfare department, and his staff will include members of Alcoholics Anonymous, a national group which has been successful in reforming others through group therapy.

The methods of treatment will combine medical skill with the psychotherapeutic methods of Alcoholics Anonymous. Such an experiment, Brandon said, has been tried at the Manteno State Hospital during the last few months, with nearly twice as many released patients making satisfactory readjustments to normal life as previously.



# CENTRAL BULLETIN

VOL. I—No. 10

BOX 1638, STATION C, CLEVELAND, OHIO

July, 1943

## Editorial . . The 11th Step

We have made a decision. That was that we would turn our wills and our lives over to the care of God. We shall live as God directs. To do so, we will have to keep ourselves in contact with God.

For many of us, regaining contact with God has not been hard. We turned to God in desperation, as a frightened, hurt or worried child turns to its mother. We prayed, perhaps awkwardly but sincerely. We confessed our faults and we were ready to try to live better lives. With this as a start, we could strive towards the goal of living always in the presence of God.

Some of us remain distraught. This is because we continue to fight against the source of our distraction, because we continue to struggle to keep ourselves in control, because we continue to fight to master our wills. Struggling in distraction, we strike wildly and miss our targets. Our battered wills become even more hattered and we go from failure to hysteria.

We have turned to a Power greater than ourselves because our struggles with our distraction have only deepened our disaster. And having decided to place ourselves in the hands of God, we must be willing to do that completely.

That means we must end the struggle that has been going on within ourselves. Having placed ourselves in God's hands, we should relax. We should rid ourselves of anxiety. We should ease our minds. Instead of occupying ourselves with the battle against evil we should give ourselves over to faith in God.

Prayer gives us opportunity to relieve our emotions, to penetrate our fears, to cleanse our spirits. This is the prayer that grows out of our daily or weekly moral inventory. Then, with our personal houses in order, with the rubbish cleared away, prayer for God's guidance through the day just ahead gives us peace.

How should we pray? In any way we choose, with any words we choose and for any purpose we choose. But most of us discover sometime that the prayer that does us the most good is completely unselfish prayer.

As we gain experience, as we gain confidence in God's help we learn not to pray for specific things, for material boons, but to pray only for God's guidance. When the time arrives that prayer for God's guidance is satisfying to our spirits, then we have begun to succeed in our effort to place our lives and our wills in the hands of God.

When we have just become dry, we have plenty to think about. There are our alcoholic excesses and all that resulted from them. There are the realizations of how our lives have been misspent. There are the moral inventories and the effort to make good for the wrongs we have done. All this thought is necessary if we are to achieve the foundations for a new and better life, if we are to be honest and unselfish, if we are to learn the meaning of purity and love. But when this work has been done and the new foundations have been laid, nothing is to be gained by continuous thought about the follies of the alcoholic past.

(Continued in next column)

## Publicity

It is more than two years since we have had a major piece of national publicity. As everyone knows, The Saturday Evening Post article of March 1, 1941, produced thousands of inquiries. It probably brought relief to at least 2,000 alcoholics and their families.

So we are glad to announce the appearance in The American Weekly of a series of six articles on alcoholism, three of which will feature Alcoholics Anonymous. The series starts July 11th and runs weekly for six weeks. It is said that The American Weekly has 40,000,000 Sunday readers.

The following newspapers carry The American Weekly as a Sunday Magazine supplement: Albany Times-Union, Baltimore American, Boston Advertiser, Chicago Herald-American, Detroit Times, Los Angeles Examiner, Milwaukee Sentinel, New York Journal-American, Pittsburgh Sun-Telegraph, San Antonio Light, San Francisco Examiner, Seattle Post-Intelligencer, Atlanta Journal, Buffalo Courier-Express, Cleveland Plain Dealer, Miami Herald, Philadelphia Record, Portland Oregonian, Syracuse Herald-American, Washington Times-Herald.

The July issue of The Catholic Digest and the August issue of Coronet, also carry articles sympathetic and interesting.

## Foundation Set-up Approved

On March 5, last. The Trustees of The Alcoholic Foundation submitted a questionnaire to all Groups, the purpose of which was to help the Trustees shape Foundation policies. Past and present policies were re-

viewed and the Groups were asked to voice their approval or disapproval. Suggestions were invited.

To date, replies have been received from 105 Groups, representing a large majority of our members. Of these, 93 were in complete accord with the present Foundation set-up.

The Trustees are grateful for these expressions of confidence and they would like to thank the other Groups who offered constructive counter suggestions.

Meditation should be devoted to the new way of life. And particularly, meditation should be devoted toward linking our spirits with God.

It is written that "Man doth not live by bread alone, but by every word that proceedeth out of the mouth of God." We can meditate on God's words, in the Commandments. We can meditate on the teachings of Jesus of Nazareth or on the messages of the great prophets of the Old Testament. We can meditate on what we know about the Good that God wills. And through such meditation we can learn what God's will for us is.

With prayer and with religious meditation, we improve our contact with God and we learn to live in the presence of God.

### THE SOLDIER'S PRAYER

Where'er I go, what'er my task,  
The counsel of my God I ask,  
Who rulth all things right:  
Unless He give both thought and deed  
The utmost pains can ne'er succeed,  
And vain must be man's might.

For what can all my toil avail?  
My care, my watching,—all must fail  
Unless my God is there.  
Then let Him order all for me  
As in His will He shall decree;  
On Him I cast my care.

For naught can come, as naught has  
been,  
But what my Father has foreseen  
And what shall work my good.  
What'er He gives me I will take.  
What'er He chooses I will make  
My choice with thankful mood.

## NEWS FROM THE CAMPS

We are listing below the names and latest known addresses of the boys in service who have given us their permission to publish their names. Not having heard from the others we presume that they either have not had time to write us, or that they prefer not to have their names appear.

Pvt. R. S. Brintnall, No. 25276713, Hdq. Squadron VIII Air Force, Composite Command, APO No. 639, c/o Postmaster, New York, N. Y.  
 Lt. Clayton B. Bull, Co. E, 5th Q.M.T.R., Ft. F. E. Warren, Wyo.  
 Clifton H. Bussard, U. S. Naval Hospital, Corps Quarters, Great Lakes, Ill.  
 Sgt. Leslie A. Clapper, 6th Base Post Office D. T. C., Pomona, Calif.  
 Pvt. Vincent P. Donovan, Headquarters Co., School Batt'n, Camp Lejeune, Hudnot Point, New River, N. C.  
 Pvt. W. H. Evans, 1005th T. S. S. (SF) Flight 6, 720 S. Michigan Blvd., Room 608, Chicago, Ill.  
 Pvt. Harvey Fouts, 44th Squadron (Sch), Randolph Field, Texas.  
 Pvt. John Garish, Co. E, 10th Q.M.T.R., U. S. Army T646, Camp Lee, Va.  
 Ralph Heidinger, S. C.--SC-U. S. N. R., Navy 3525 c/o Fleet F. O., New York, N. Y.  
 Corp. E. C. Kerver, Hdq. Co. S. O. S., A. P. 0 871, New York, N. Y.  
 Pvt. Harmon Meyer, Co. I, Student Batt, Barracks 143, San Antonio, Tex.  
 Pvt. Clyde M. Mohler, D-14-5 F. A. R.-T. C., Fort Bragg, N. C.  
 Pvt. Karl R. Murton, 38 Academic Squadron, Lowry Field, Colorado.  
 Pvt. T. J. O'Connell, 234th Sig. Op. Co., The Presidio, San Francisco, Cal.  
 Cpl. Frank M. Orpse, 433 SEFT Sq., Napier Field, Dothan, Ala.  
 Lt. Louis Pillemer, Box 195, Room 117, Army Medical Center, Washington, D. C.  
 Pvt. Spencer W. Powell, No. 415 T. S. S., Flight D, Air Corps Tech. School, Gulfport, Miss.  
 N. Rickabaugh, E M 1c, 75th Naval Const. Batt., C O. C. P. L. 3, c/o Fleet P. O., San Francisco, Cal.  
 Cpl. Alfred L. Rumel, Hdq. Co., 17th A B Div., Camp MacKall, N. C.  
 Lt. Harry Russ, Station Hospital, Camp Maxey, Texas.  
 T. A. Scanlon, Ph. M. 3c, U. S. Naval Hospital, Puget Sound Navy Yard, Bremerton, Wash.  
 Pvt. Ernest Schimmelman, Jr., 6th Photo Comp. Sq., Peterson Field, Colorado.  
 Pvt. Chns. Schoenbeck, C 30th. C. A. T. B., Camp Wallace, Texas.  
 W. J. Shannon, 83rd Construction Batt. Co. D, c/o Navy Fleet P. O., New York, N. Y.  
 Pvt. Alva O. Thomson, A. S. N. 35317825, Hdq. Yuma Branch, Repl. Dep., A. P. O. 439, c/o Postmaster, Los Angeles, Calif.  
 Thos. L. Tucker, VASN. 35062898, Co. D, Port B. N. ASF-UTC, New Orleans, La.  
 Pfc. James P. Vizzard, "H & S" Co., 233d Engr. Combat Bn., USA, Fort Story, Va.  
 Pvt. Glen R. Wadick, A. P. O. 8563, c/o Postmaster, Seattle, Wash.  
 E. A. Woodcock, SP. M2C, Casco Bay, Portland, Maine.

☆☆☆

Many interesting letters are written by servicemen to fellow members which would make interesting reading to other servicemen. Send these in to Central Bulletin and help make this "News from Camps" column an interesting one.

And by all means report any address changes or new names and addresses as soon as you hear of it. Four letters from servicemen were returned because of incorrect or changed address.

☆☆☆

Frank Orpse has a new address and his letter contains a fine message.

*My thanks for the "Central Bulletin" that I received yesterday and that was awaited with the usual eager expectation.*

*Article on Spirit and Religion very interesting cord to the point—the use of God's name in vain is quite common in an army camp—sometimes so much so that it's very disgusting and vile sounding. Not that I am a reformer or blue nose but I try to set an example by not using language that is offensive. I myself swore quite frequently before I became an AA member but due to our way of life even swearing, in addition to drinking, has become a thing of the past.*

*Last week for the first time since I've been in the army I became so disgusted and disappointed with things in general, my work, my living conditions, etc. - it kept preying on my mind for a matter of a couple of days or so—tho thought of drink did not enter my mind but probably if I didn't do something soon about this mental condition of mine, I might have tried to drown my would-be troubles*

*in ole "J. B". Finally made up my mind to take stock of myself and find out what was wrong—took a serious inventory of myself, came to the conclusion that I was getting in a rut—things were coming a little too easy to me and when they got a little harder I wasn't trying as I should—also realized that my meditations and prayers were getting to be just a habit—no real meaning to them—right there and then I went over the 12 steps of AA again—read the Army Bible that has a meditation for each day—asked God to make his will known to me.*

*Things finally cleared up for me. I can say that I received peace of mind—the would-be troubles fell away and when I reported for work it seemed that even the work went so much easier. Now my mind is made up to do the best I can and I'm getting to enjoy everything about this place.*

*From this experience I guess you can see that my privilege of being an AA showed me what I should do in trials and temptations—it works.*

*My prayers for your continued success and best regards to all of the boys.*

Jim Vizzard writes a nice letter to the Lake Shore Secretary.

*It was three years ago this week that you took me to the hospital.*

*I have now completed three years of living the kind of life I really wanted to lead though incapable of doing so by myself. I want to express a word of gratitude on the occasion of my Third Anniversary in "A.A." Mere words fall far short of even hinting the real depth of my feeling for the many kindnesses you have bestowed upon me. It is my daily prayer that I shall remain ever-worthy of the confidence and friendship of those wonderful folk, my fellow "A.A." members.*

*Although many of us are now scattered in the four corners of the world in the prosecution of this global war, the eternal verities learned through our mutual aid will never be forgotten and will remain an inspiration to us always. God bless you all and, again, thanks a million!*

Bud Clapper visited us recently and we were glad to see him.

*Just a line to say hello and thank you for the Bulletin as I always enjoy reading every word of it.*

*I enjoyed your meeting immensely when I was in Cleveland and only hope it won't be long before I can again attend regularly. I also have a new attraction in Cleveland as I have a wife there now (even if we only had a forty-eight hour honeymoon) ha! ha! but boy, will I make up for that when I get her in sunny California in a couple of weeks.*

*We are on maneuvers here now so we are restricted until July 17th and then we can go to town.*

*Give my best to everyone and loads of good luck and success, I am*

How many people have you helped today? That is the measure of your usefulness to the community, to the world and eventually it will measure your value to yourself.

There is really no other excuse for living and there is certainly no other way that you can permanently benefit yourself except by helping others.

Drunk (to splendidly uniformed bystander) : "Shay, call me a cab, will yuh?"

Bystander: "My good man. I'm not a doorman, I'm a naval officer."

Drunk : "All right, then call me a boat, I gotta get home tonight!"

## CRAWFORD AND BOLTON MOVE QUARTERS

The Crawford Men's and Bolton Square Morning Groups have changed their meeting place to St. Agnes Church Parish House, 8000 Euclid Ave. They offer better parking facilities on the southeast corner of E. 79th and Euclid as an inducement to visit their new quarters after July 14.

LAKE SHORE "SHORTS"

EASY DOES IT sums up as nearly as it is possible to sum up in a few words the first lead of one of our members of nine or ten months standing. He's a short, stocky fellow with bright twinkling eyes and a quiet sense of humor which radiates good fellowship to those around him. Beneath that pleasant exterior is a determination and loyalty which might escape your notice unless you knew him. His associates, except us, are a "drinking lot" actually and by tradition for they are sailors or men who in one way or another are connected with our lake shipping. The fact that they "drink" doesn't bother him and the fact that he doesn't "drink" doesn't bother them except, that their skepticism about his being able to remain dry has turned to admiration and without any prompting on his part (for he is not a militant reformer) some among them who are definitely alcoholic are beginning to "add up the score" and see that they are on the losing side. Several have said to him "I'm drinking too much for my own good. I'm going to come around and see you one of these days". It is obvious that this fellow member of ours has taken on a responsibility which we who know him know that he will carry through because of his love of his fellowmen and his loyalty to A. A.

A CONTRIBUTION FROM BERE A

Just a few words of appreciation for your excellent paper. I can't tell you how much the "Bulletin" means to me. It always seems to arrive at just the proper moment-when I need some inspiration or encouragement. It grows better with each succeeding issue and the current issue is "tops". I am enclosing an item that you might use to till the box on the front page some time. It has helped me many times and others too may find inspiration in it. It is credited to Calvin Coolidge.

"Nothing in the world can take the place of persistence. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. Persistence and determination alone are omnipotent. The slogan "Press On" has solved and always will solve the problems of the human race."

I mail my copy of the "Bulletin" to other non-alcoholic members of my family who read it avidly and enjoy it quite as much as I do. I hope you grow and prosper.

CENTRAL BULLETIN

The Central Bulletin is publishing its tenth Bulletin with this issue. When it was originally proposed, it was expected by its originators that it would be self-supporting. With over 2000 AA members in Cleveland, it was estimated that a mailing list of 1000 subscribers could be expected and it was reasonable to assume that this would come to pass. Free copies were to be mailed to service men and the first response was gratifying. However our expectant subscription list did not reach what we expected-in fact only 410 subscribed so far.

Fifteen of the groups rallied to our recent plea for help and subscribed to our group plan of 25 for \$1.00 but we still face a deficit in our first year of operation.

We suggest that each secretary bring this matter to the attention of his group and we propose that for efficient action, that a person be selected from each group whose duty it be to solicit subscriptions, distribute Bulletins, write a regular monthly news contribution to the Bulletin on his group's activity and record and report servicemen's names and addresses.

Several groups have done this and their success makes us believe that if every group does likewise a plea such as we are forced to make periodically will not be necessary.

This is not a profit-making venture. All editorial and secretarial work is gladly prepared by the editors in their extra time. It is their contribution to the cause of AA.

EUCLID-WADE GROUP

The Euclid-Wade Group had their annual picnic at Wey-gand Lake on July 18. 300 tickets have already been sold to AA members and their families and as we go to press we hope they will enjoy good weather. We know they'll have a good time.

GROUP MEETINGS

	Monday	
Borton .....	13931 Euclid Ave.....	8:45
Lee Road .....	1637 Lee Road.....	8:30
Lakewood .....	Townsend Hall, 15903 Detroit Ave. ....	8:30
Lake Shore .....	Lake Shore Hotel, Dinner at 7:30, Meeting at.....	8:30
Lorain Ave. ....	Banater Hall Annex, W. 120th at Lorain--- .....	8:30
Miles .....	12907 Union Ave.....	8:30
Lake County.....	Presbyterian Church, Willoughby, O.....	8:30
Shaker Heights .....	Shaker Jr. High, S. Woodland and Woodbury.....	8:30
South East Group .....	10203 Miles Ave .....	8:30

	Tuesday	
Brooklyn-Parma .....	4427 Pearl Rd.....	8:30
Public Square.....	Hotel Cleveland .....	8:30
Euclid-Wade .....	Emmanuel Church (Rear), 8614 Euclid .....	8:30
Mansfield, O. ....	North Lake Park, Sec. Address, 25 Douglas Ave., Mansfield.....	8:30

	Wednesday	
Crawford Men's .....	8000 Euclid Ave. St. Agnes Parish House.....	8:45
Brooklyn .....	K. of P. Hall, Broadview and Pearl Rd.....	8:30
Denison.....	St. Phillips Hall, 3290 Denison Ave.....	8:30
Elyria, Ohio .....	108 Middle Ave., P.O. Box 491, On the Square .....	8:30
Lee Road .....	Mayfield and Preyer, Heights Presbyterian Church .....	8:30
Collinwood .....	14709 St. Clair Ave.....	8:30
Women's (Lakewood) .....	12214 Detroit Ave.....	8:30

	Thursday	
Lorain Ave.....	Banater Hall Annex, W. 120th St. at Lorain.....	8:30
Lee Road .....	1637 Lee Road.....	8:30
West 25th St .....	Schmotzer's Hall, W. 25th and Erin Ave.....	8:30
Glenville .....	E. 105th and Marlowe.....	8:30
Lorain, Ohio .....	Antlers Hotel .....	8:30
Women's (East Side) .....	3730 Euclid Ave. ....	8:30
Women's (West Side) .....	8701 Detroit Ave.....	8:30

	Friday	
Lee Road .....	1637 Lee Road .....	8:30
Avon Lake .....	1112 W. Erie, Lorain.....	8:30
Berea .....	Bagley and Seminary .....	8:30
Gordon Square .....	St. Helena's Church Hall, 1367 W. 65th St.....	8:30
Rocky River .....	St. Christopher's Hall Lakeview off Detroit Rd.....	8:30
Kent, O. ....	K. of P. Hall.....	9:00

	Saturday	
Canton, O. ....	Oddfellows Temple .....	8:30

Morning Meetings

<i>Monday Mornings</i>		
Bolton Square .....	St. Agnes Parish House 8000 Euclid Ave.....	10:00 A. M.
<i>Wednesday Mornings</i>		
Collinwood .....	14709 St. Clair Ave.....	10:00 A. M.
<i>Thursday Mornings</i>		
West Side .....	7304 Denison Ave.....	10:00 A. M.

1st Tuesday every month

Central Committee .....	8920 Euclid Ave... ..	8:30
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AKRON TRIES STAG MEETING

The Friday Forum Luncheon Club of Akron initiates its stag meeting plan on July 27th. They have observed the success of some other cities and are launching this effort with a Cleveland man leading the meeting. Several cars of Clevelanders are planning to attend.

## CENTRAL COMMITTEE

At the last Central Committee meeting it was announced that new quarters have been secured in the Hanna Building, Room 350. The next meeting will be held there. Tuesday evening, August 4th.

The Crawford Group was thanked for the use of its hall without cost for the past two years.

Hospital conditions were discussed and it was generally agreed that the problem rested in the hands of group secretaries and members who were guilty of improper sponsorship and lacking in cooperation with the hospital and the patient. Most Sponsors seem to be content to just place the man in the hospital without furnishing his name to his secretary as well as following through and calling other AAs to call on his patient.

The proposed establishing of a new AA hospital as mentioned in the last Bulletin was heatedly discussed and was referred back to the committee for more factual and definite information.

The Treasurer reported that 17 groups had paid up the first half-gear dues of \$5.00 and that the nest half was now due. Eight groups responded with their \$5.00 and are paid up to December 31, 1943. The money is needed for telephone listing and service, postage, stationery, maintenance of P.O. Box, etc. Groups are urged to send in their dues.

Mrs. Marge Rumel resigned as secretary of Central Committee. She will join her husband, Cpl. Alfred L. Rumel at camp in North Carolina.

## MILES GROUP

The Miles Ave. Group held a picnic on Sunday, June 20th at Squall Rock in Metropolitan Park and had a "hamburger fry". 85 attended.

The highlight of the picnic was a ball game between the Spiders and the Webs, the Webs winning by a score of 17 to 9. Totals were, Webs 17 runs, 3 hits and 7 errors; Spiders, 9 runs, 17 hits and 2 errors. (The editor questioned the reliability of the scorer when this was phoned in, but the reporter insisted that the figures were correct. He probably was the scorer. Seventeen runs on three hits? Well!) It was a battle between a spitball pitcher and a knuckle ball pitcher.

## JULY 18TH—POPULAR DAY

Gordon Square celebrates its first anniversary with a banquet and floor show at St. Wendelin's Hall. They have sold out their 400 tickets.

The Borton Group will hold a picnic breakfast in Metropolitan Park off Highland Road near the Chardon-Euclid Roads.

So a person could attend the breakfast with the Borton Group, picnic with the Euclid-Wade Group in the afternoon and finish up with the Gordon Square anniversary party in the evening.

## ONE SANCTUARY

In the olden days temples were set aside as sacred precincts where no violence was tolerated. They afforded protection to all who fled to them from impending blood revenge or other sources of danger. This was a legal right which extended even to criminals. He who had committed a crime was safe if he could make the temple before caught and remained safe so long as he was within the walls.

Today every man, high or low, rich or poor, wise or fool, seeks sanctuary from some dread which pursues him out of the complex life which we live. Actually none has a place to which he may run. Harassed minds conjure up temples of refuge—old age pensions, codes of fair competition, emergency relief—this, that, and the other.

But these will not prove to be the things hoped for. There is, after all, only one sanctuary and that is freedom from worry. Worry is born in fear—fear that one will be unprepared to meet a situation which may arise in the future.

The human mind roams far afield in search of manna to feed its sense of self-sufficiency. Yet there is only one house to be set in order, one sanctuary to be built for each man—the house whose sidewalls are his own ribs—whose sanctuary is his own mind—and only one time to do it and that's today.

## GROUP CHANGES

The thirty-second Cleveland group is the new Lorain Avenue Thursday group which meets at 8:30 at Banater Hall Annex, W. 120th St., near Lorain. Its first meeting was held July 8.

Gordon Square Group has changed its meeting place to 1367 W. 65th St., in St. Helena's Church Hall. It meets on Friday evenings.

Women's (West Side) meet at 8701 Detroit Ave. on Thursday evenings.

Women's (East Side) meet at 3730 Euclid on second and fourth Thursday evenings.

Bolton Square Morning Group meet at 8000 Euclid Monday mornings.

Crawford Men's Group meet at 8000 Euclid Wednesday evenings.

Elyria, Ohio, now meets at 108 Middle Ave., (on the Square).

Wade Park Group is now called the Euclid Wade Group. Parma Home meetings have been discontinued.

## LAKEWOOD GROUP

The Lakewood Group held a picnic in Metropolitan Park June 27th and were rained out. This didn't daunt their ambitions or desires for a shindig, so they carried their baskets to the home of one of the members who had a comfortable screened-in porch and they had a picnic there.

Present plans call for another picnic on July 25th and they hope the weatherman will be easier on the host this time.

At their meeting, July 4th, their oldest member (in A.4 service) led a meeting at which he celebrated his fourth anniversary, and which packed the meeting place beyond the doors. It was a fine tribute to one of the finest and most ardent workers in the AA movement. He announced that he will move his family to Canton shortly. Canton's gain is our loss. We'll miss his advice and zeal sorely.

## BROOKLYN GROUP

For some time this group has been following a procedure which is well worth emulation by others who are interested in "indoctrinating" the newer members in calling on patients in hospitals.

This editor was at one of the hospitals, last Friday evening, when 15 men from this group, many of them new, came to the hospital to visit the sick. They had come in three cars, arrangements for which had been made at their Wednesday meeting.

This is done each week and calls are made in this manner at each hospital until all are covered. If the response is greater than expected, some go to one hospital and some to others.

While we compliment this group on their zeal and the splendid idea, we do wish to chide them for hiding this light under a bushel. They claimed they didn't have any news for the Bulletin and here was a peach of a story according to our lights.

## PRAYER

How do you say the Lord's Prayer?

Our father who art in heaven hallowed be thy name . . . for thine is the kingdom and the power and the glory forever amen got-amatch?

Or do you say this most universal of all prayers slowly and thoughtfully, giving emphasis to each significant word? Like this:

Our Father-who art in Heaven-Hallowed be thy Name—Thy kingdom come—Thy will be done on earth as it is in heaven . . .

Try putting real meaning into each phrase of the prayer, whether you say it to yourself, in church or in an AA meeting.

It is profitable, too, to learn the meaning of the prayer to you by spending time in meditating on it. Try tonight, by taking ten minutes to say the prayer only once, stopping to reflect on each statement. Then try taking twenty minutes to go through the prayer. When you have done that you will never again rush through the Lord's Prayer mechanically.

## Editorial . . The Twelfth Step

Chronic alcoholism is a tragedy of misplaced faith and self-deception. It results, most frequently, from an effort to flee, worry, uncertainty, disappointment or frustration, chronic nervousness, or some personal experience that has been too big to handle. It may result from devotion to sensuality, a mistaken notion that life is all play and personal gratification. Some of us fell apart in the face of adversity; some of us never were anything more than undisciplined children with no real sense of responsibility.

However we became alcoholics, we all came to the same end: our lives were unmanageable. The final realization that we were unable to control the use of alcohol frequently came at the end of a series of tragic experiences, which often left our sense of appreciation of experience numbed.

We were living in our material selves and denying the validity of the rules of behavior and the ideals of life that had grown up through tens of centuries of the development of civilization. Our spiritual experiences were those of rejection, of denial of the higher values in life. We followed Lucifer, who set himself above God. We regarded ourselves as being responsible to none, either human or Divine and expected the whole world to accommodate itself to our whims, our licenses.

When we finally reached the end of the road, most of us seized desperately at the hope that A.A. offered to us. We were not ready for death, and particularly not willing to die as alcoholics. To that extent, at least, our perverted spirits asserted themselves.

A.A. spoke to us, not with the accusing voice of those who had never known the tragedy of alcoholism, who had never suffered distraction: it spoke to us out of the experience of those who had suffered just as we had suffered and who had found how to break the chains. It told us simply that we had been trying to meet our problem without surrendering those things that keep us tied to the wheel. We had been trying to pull ourselves together with a will too shattered to be able to succeed.

### A.A. Offers a New Faith

A.A. offered us a new faith. Not the faith in alcohol; not faith in our will power; not faith in our material selves; instead of these, we were urged to turn outward and place our faith in a Power greater than ourselves.

A.A. did not invent that Power. That Power had always existed. From the beginning of time, men had known it as their better selves, as the voice of conscience, as consciousness of good and evil, as a mysterious force pulling upon the mind. Most of us had known about it as young men and women. The Power lives in the spirit of each person who will permit it to live there. No person can be a complete whole without it.

We had found the demands of the spirit too exacting; our material selves had easier ways seemingly pleasanter ways. Now we were asked to open our minds again. The Psalmist told of the stone that the builder refused. It became the headstone in the corner. It was the keystone that

held the arch up.

We learned to say "Our Father" again. We learned to place ourselves in the laps of Our Father. What our shattered wills could not help us do we learned to do in our reborn faith. Our minds opened, gradually, and the spirit began to guide our material selves.

To a few of us, the revelation of the spirit came with dramatic suddenness, like the experience of Saul of Tarsus on the road to Damascus. But to most of us, the growth of the spirit has been a gradual process.

Our spiritual experiences began when we realized that

we were no longer able to do anything for ourselves by ourselves. It grew when we put our hopes in a new faith. It grew when we accented the Power that is greater than ourselves and decided to make the will of God our will. It grew when we opened our minds for the development of the spirit by cleaning out the accumulated rubbish of the past. It grew when we learned to go over each day's work to see whether it was good. It was nourished in conversation with God in prayer. It was nourished in self denial. It was nourished in the application of the Golden Rule. As we look back, we can see how our spiritual experience has grown. We can see each day how our faith improves, and how much simpler our expression of faith becomes with each passing day.

So we have been having spiritual experience. We have been learning that our lives are not complete without growth in the realm of the spirit.

### Faith and Good Works

This experience is open to all, since it is experience in the universal power of Goodness that pervades the world. We can have it for ourselves; but we cannot keep it to ourselves. For the Goodness that is God must express itself in love. If we ask the stream of God's power to pour into our lives and try to imprison it we find that the power loses its potency; it dies for lack of expression.

So it is written in the book of the Prophet James that faith without good works is dead. These may be the good works that Micah demanded, of doing justly, and loving mercy. They are the works of mercy and love, of helping others. This has been a universal experience.

We have found good works of a special kind necessary in our efforts to remake our own lives. We who are alcoholics have discovered through experience that our faith finds its fullest expression when we help others who have an alcoholic problem. Many of us have discovered to our sorrow what the neglect of good works produces. We are not reformers and not zealots; we do not devote our lives to the mission of curing alcoholics. But experience has shown us that we must be willing to carry our message to those who are willing to receive it.

Our good works must not be limited to working with other alcoholics, however. Our principles are unselfishness, honesty, purity and love, which demand expression in our

(Continued on page 2)

A PRAYER OF PRAISE

When all Thy mercies, O my God,  
My rising soul surveys,  
Transported with the view, I'm lost  
In wonder, love, and praise.

Thousand thousand precious gifts  
My daily thanks employ;  
Nor is the least a cheerful heart,  
That tastes those gifts with joy.

Through every period of my life  
Thy goodness I'll pursue;  
And after death, in distant worlds,  
The glorious theme renew.

Through all eternity to Thee  
A joyful song I'll raise;  
Eut. oh, eternity's too short  
To utter all Thy praise.

## NEWS FROM THE CAMPS

We are listing below the names and latest known addresses of the boys in service who have given us their permission to publish their names. Not having heard from the others we presume that they either have not had time to write us, or that they prefer not to have their names appear.

Pvt. R. S. Brintnall, No. 35276713, Hdq. Squadron VIII Air Force, Composite Command, APO No. 639, c/o Postmaster, New York, N. Y.  
 Lt. Clayton R. Bull, Co. E, 5th Q.M.T.R., Ft. F. E. Warren, Wyo.  
 Clifton H. Bussard, U. S. Naval Hospital, Corps Quarters, Great Lakes, Ill.  
 Sgt. Leslie A. Clapper, 6th Base Post Office D. T. C., Pomona, Calif.  
 Pvt. Vincent P. Donovan, Headquarters Co., School Batt'n, Camp Lejeune, Hudnot Point, New River, N. C.  
 Pvt. W. H. Evans, 1005th T. S. S. (SP) Flight 6, 720 S. Michigan Blvd., Room 698, Chicago, Ill.  
 Pvt. Harvey Fouts, 44th Squadron (Sch), Randolph Field, Texas.  
 Pvt. John Garish, Co. E, 10th Q.M.T.R., U. S. Army T646, Camp Lee, Va.  
 Ralph J. Heidinger, SC1.c USNR, 1st Sp. Batt., Cub Two, Fleet PO San Francisco, Cal.  
 Paul Kaczkowski, SF3.c, 97 NC Batt., Sec. 2 Co. A, Plat. 1, Adv. Base Dep., Davisville, R. I.  
 Frank W. Kelly, Storekeeper 36, Hdq. Co. CB Detach't 1009, A.R.D., Port Hueneue, Cal.  
 Corp. E. C. Kerver, Hdq. Co. S. O. S., A. P. O 871, New York, N. Y.  
 Pvt. Harmon Meyer, Co. 1, Student Batt. Barracks 143, San Antonio, Tex.  
 Pvt. Clyde M. Mohler, D-11-5 F. A. R.—T. C., Fort Bragg, N. C.  
 Pvt. Karl R. Murton, 38 Academic Squadron, Lowry Field, Colorado.  
 Pvt. T. J. O'Connell, 231th Sig. Op. Co., The Presidio, San Francisco, Cal.  
 Cpl. Frank M. Orpse, 433 SEFT Sq., Napier Field, Dothan, Ala.  
 Lt. Louis Pillemer, Box 195, Room 117, Army Medical Center, Washington, D. C.  
 Pvt. Spencer W. Powell, No. 415 T. S. S., Flight D, Air Corps Tech. School, Gulfport, Miss.  
 N. Rickabaugh, E M 1c, 75th Naval Const. Batt., Co. C, PL 3, c/o Fleet P.O., San Francisco, Cal.  
 Cpl. Alfred L. Rumel, Hdq. Co., 17th A.E Div., Camp MacKall, N. C.  
 Lt. Harry Russ, Station Hospital, Camp Maxey, Texas.  
 T. A. Scanton, Ph. M. 3c, U. S. Naval Hospital, Puget Sound Navy Yard, Bremerton, Wash.  
 Pvt. Ernest Schimmelmann, Jr., 6th Photo Comp. Sq., Peterson Field, Colorado.  
 W. J. Shannon, 38rd Construction Batt. Co. D, c/o Navy Fleet P.O., New York, N. Y.  
 Pvt. Alva O. Thomson, A. S. N. 35317825, Hdq. Yuma Branch, Repl. Dep., A. P. O. 839, c/o Postmaster, Los Angeles, Calif.  
 Thos. L. Tucker, VASN, 35962898, Co. D, Port B. N., ASF—UTC, New Orleans, La.  
 Pfc. James P. Vizzard, "H & S" Co., 233d Engr. Combat Bn., USA, Fort Story, Va.  
 Pvt. Glen R. Wadick, A. P. O. 8563, c/o Postmaster, Seattle, Wash.  
 E. A. Woodcock, SP, M2C, Casco Bay, Portland, Maine.

☆☆☆

Many interesting letters are written by servicemen to fellow members which would make interesting reading to other servicemen. Send these in to Central Bulletin and help make this "News from Camps" column an interesting one.

And by all means report any address changes or new names and addresses as soon as you hear of it. Four letters from servicemen were returned because of incorrect or changed address.

☆☆☆

We welcome Frank Orpse's regular letter and will be glad to see him on his expected furlough

August 5th.

My sincere thanks for the July Bulletin—have read it thru from page to page and as usual find something to inspire me—the article on prayer sure is a honey.

Yesterday was my second anniversary as an A.A. member, received a swell birthday card from the Glenville Group—a gesture that I appreciate very much. Of course I celebrated my birthday in the appropriate manner, by eating a large sundae at the PX exchange and having a Pepsi Cola for a wash. Memories came back to me of how I have celebrated other birthdays before I became a member of A.A. Sure enjoyed this one a whole lot more.

Hope to get my furlough the latter part of August and believe me I'm going to make up what I've been missing since I've been in the army—sure am going to attend some meetings and make some hospital calls.

Weather here is hot and sultry, still put in plenty of hours on the line, but continue to stay on the beam.  
 God bless you all and regards to all of you.

We wish Ralph Heidinger all the well wishes we can as we publish his splendid letter from an island in S. Pacific.

Island 'I'  
 S-II Pacific

July 9, 1943

Greetings to you all!

It's been some time since any of you have heard directly from me, for which I can only plead more pressing business, but will most certainly try to do better in the future.

Received the March Bulletin the other day, and sure enjoyed reading it. It means a great deal in many ways. Cannot comment too highly on the editorial articles, they're great. The review of the fundamental steps can only be of the greatest aid and comfort. The little block prayer or poem on the front page sure seems to always hit the spot too.

The V-News from the Press is as good as a letter from home. Group news is always of keen interest. But I think the section devoted to news of the boys in the armed forces appeals to me most. It being the most irrefutable evidence that can be presented of the durable wearing qualities of our movement, considering the absolute absence of fellowship and the many duresses that can be encountered. Right.

It's the medium therefore, by which, we can close the gap of thousands of miles to sit with you at least in mind's fancy. So take a bow, editors.

Was deeply appreciative of an Easter card sent me by one of the Cleveland A.A.'s even though it was received around the fourth of July. However it was misplaced, so may I take this opportunity, E.L., of thanking you for it and the inspiring messages it brought.

On closing, please note change in mailing address, perhaps there will be less delay in mail service. I assure you my sincere wishes to you all go with this letter.

A postcard came just as we were going to press from Paul Kaczkowski:

My address has been changed so please send the Central Bulletin to this new address. Am doing fine here and know you are doing a good job at home. See you when the war is won.

## EDITORIAL

(Continued from Page 1)

contacts with all men. To enjoy the blessing of God, we must give something of ourselves, in unselfishness and love. We must apply our principles in our daily lives, without making an exception of any day of our life.

So we have come to the end of the Twelve Steps. These steps are the charter of our new lives. If we never forget that we are alcoholics, if we never forget that our help is in God, if we clean out the dross in our lives each day we shall have no trouble. Trouble comes in making exceptions to the program.

And now to our absent brethren, for whom this series has especially been written: May the Lord watch between thee and us.

## LORAIN COUNTY JOINT MEETING

The next joint monthly meeting of the Lorain County Groups (Elyria, and two Lorain, O., Groups) will be held Sunday, Sept. 5th, at 7:00 p. m. in Legion Hall. This meeting will be led by a well known Akron A.A.

## LORAIN-AVON GROUP

One of our members who completed eight months in the armed services, has just received his honorable medical discharge after a recent operation and will certainly receive a warm welcome from us all who have missed him very much.

## LAKEWOOD

The Lakewood Group continues sending a carton of cigarettes to each of its members in the armed services. A box has been devised to receive contributions so that this gesture can be continued uninterruptedly.

## MY IDEAL LEADER

Speaking just for myself, I like the old-fashioned way of opening meetings, without fancy introductions. I like to see this ex-stew who's leading the meeting get up there all by himself, open up with the best prayer he can manage and then tell us who he is. The leader of the meeting has just one qualification, as far as I am concerned, and that is that he came out of the same gutter that I lived in for five years. What he can do is to show me that he had the same kind of experiences that I had and that he has been able to find sobriety, peace, health and happiness by renouncing the devil and all his works.

That leads me to something else. We have to tell our stories sometime, and there is no better place than in an A.A. meeting. But the leader ought to use some of his time to tell what he is doing to keep dry and to tell what particular problems he has run into. Some leaders barely mention what they call the spiritual "phase" of A.A. The method of A.A. is the development of spiritual experience and it is just here that many new members have their greatest trouble.

Of course we should attend meetings if we can. (Many cannot, because they're in the army or working nights, and most of those are doing all right.) Of course we should work with others.

But these are things that are meant to help us in our growth, ease us over bumps, give us associations with our own kind, and reinforce our faith.

The backbone of the A.A. method is faith in the Power that is greater than ourselves. And that needs greater expression in A.A. meetings.

Occasionally I should like to attend a meeting that is devoted entirely to spiritual meditation, led, of course, by an A.A. member. I think most of us would benefit by such a meeting now and then.

## YOUTH

... is not a time of life-it is a state of mind. It is not a matter of ripe cheeks, red lips and supple knees; it is a temper of the will, a quality of the imagination, a rigor of the emotions: it is a freshness of the deep springs of life.

Youth means a temperamental predominance of courage over timidity, of the appetite for adventure over love of ease. This often exists in a man of fifty more than in a boy of twenty.

Nobody grows old by merely living a number of years; people grow old only by deserting their ideals. Years wrinkle the skin, but to give up enthusiasm wrinkles the soul. Worry, doubt, self-distrust, fear and despair-these are the long, long years that bow the head and turn the growing spirit back to dust.

Whether seventy or sixteen, there is in every being's heart the love of wonder, the sweet amazement at the stars and starlike things and thoughts, the undaunted challenge of events, the unflinching childlike appetite for what's next, and the joy and the game of life.

You are as young as your faith, as old as your doubt; as young as your self-confidence, as old as your fear; as young as your hope, as old as your despair.

In the central place of your heart there is a wireless station; so long as it receives messages of beauty, hope, cheer, courage, grandeur and power from the earth, from men and from the Infinite, so long are you young.

When the wires are all down and all the central place of your heart is covered with the snows of pessimism and the ice of cynicism, then are you grown old indeed, and may God have mercy on your soul.

## ARTICLES BRING RESULTS

The three newspaper articles on A.A. and Alcoholism which appeared locally in the American Weekly Magazine were unusually well written and brought a great deal of favorable comment.

The response was considerable according to the last reports from the Alcoholic Foundation. The first ten days produced over 1300 inquiries of which 40% were directly from "Alkies". Originally these articles were prepared for six issues, but these were finally condensed to three.

## A WIFE'S SOLILOQUY

I'm not an alcoholic, but I'm thankful in my own simple way

That God sent a drunkard for me to love, and he made me his bride one day.

God does thinnr in his own strange way, and it's hard to understand

Until you have come to know him and given him your hand.

I wish I could tell the whole story, but words could never impart

The emotions I feel within me on the gratitude in my heart.

I have known all the hell on heartaches, that a drunkard's wife can know

But I loved him as you would an invalid child, and I couldn't let him go.

I wasn't resentful or bitter but I really thought it unfair That a person as good as I had been should have such a burden to bear.

I thought that I was doing alright, it was only he that was off the beam,

It's strange how we sometimes waken to find that things are not what they seem

Onr tiny along came an exdrunkard, of course, his name I can't tell

And he said if my husband would listen, he could tell him how to get well.

The plan was eagerly accepted, and followed almost to a T I thought it was wonderful what it did for him, but stunned by what it did for me.

How little I dreamed as I followed, down the pathway they laid for him

That my life had been so narrow, anti the light of my life so dim.

I thank God for all these ex-drunkards, for they showed me a way of life

And I'll be eternally grateful that I'm an ex-drunkard's wife.

Yes, God sent a drunkard to love me, and now I realize That what I thought was my burden was my blessing in disguise.

--Contributed by Lorain-Avon

Following is some "Food for Thought" noted at random:

A.A. doesn't need any one of us, but where would you or I be without A.A.?

The honest answer to the above question should make us realize just how much A.A REALLY means to us. What a world of wealth we have!

Happiness is an ecstatic thrill experienced in the fulfillment of a hidden ambition, the momentary elation attached to the conquering of a presumed fear, while contentment, which is to be preferred, is that grand, serene quiet, which is the reward of work well done-and which maintains our lives on a consistent, sane level.

Wise Power is that driving force, that sting of conscience, if you will, that makes us do the things-we know we must do in order to remain sober. Will Power, alone, is useless as an answer to your problem or mine. I've tried it many times, haven't you?

Euclid Wade.

## FELLOWSHIP CLUB

The Fellowship Club, which is located on Hanks Avenue (the shortest street in the world) situated next to Glenvilic Hospital, invites members of A.A. to visit, inspect and participate in its activities. Its primary function is to entertain and hold the interest of A.A. members. For further information, call Potomac 7640.

## A. A. FROM W. VIRGINIA

A recent patient at the East Cleveland Clinic was so grateful for the help and thorough indoctrination in A.A. that he received there has demonstrated his gratitude by forming a small group in Parkersbury, W. Va., his home town. He has sent two patients to East Cleveland Clinic in the past several weeks.

## LORAIN AVENUE GROUP PICNIC

Great was the hilarity and wild were the spectators and wilder were the players as the Lorain Ave. Group ended its successful picnic with a bitterly fought, argumentative ball game. While the score indicates a complete rout for H. F.'s team, for the first 5 innings the score was tied. Then a catastrophe occurred which evidently upset the morale of H. F.'s team and T. D.'s started walking right through, into and over their opponents, the game ending with the lopsided score of 17 to 2.

The catastrophe referred to was the loss of J. H.'s upper plate as he desperately clutched for a grass cutter which eluded his grasp. They disappeared and blooie went morale, ball game and the two bucks a-man which was played for.

The fact that Umpire T. G. has a scar suspiciously shaped as tho some human had bit him in the vicinity of his hip pocket should cast some light on the mystery of the missing upper plate. T. G. has a reputation for being an honest umpire, but inclined to be devilishly mischievous.

Some balm there was for H. F. however. His opposing Captain T. D. shouted and yelled and barked so loud and so constantly that he was reduced to a whisper for three days and three nights—and THAT'S SOMETHING to write the editor of the Bulletin about.

Incidentally, everything at the picnic which was held July 24th, was free.

## BEREA NOTES

The Berea Group are making plans to celebrate their third anniversary. Tentative arrangements call for a leading speaker and a real feed. This group is noted for its friendliness and hospitality so a line evening is to be expected. The date is to be Friday, August 25th. Berea has most unusual quarters. It meets in the delightfully simple rooms of the Parish Hall of St. Thomas' which is itself a tiny jewel of a church on the very edge of the Baldwin-Wallace campus. The tall elms and maples, the broad stretches of lawn, the quiet of this charming village plus the dignity and serenity of the church all lend an air of peace and rest to these pleasant meetings. Any of you who have ever attended a Berea meeting will never forget it. Plan to visit them on their anniversary and may they have many, many more to come.

## MILES GROUP NOTES

At the July Business meeting, our secretary decided to resign, but the members of the Group would not listen to him, but instead, unanimously re-elected him to carry on the swell job of directing this Group. Also at this meeting the members decided that beginning in October, they will have some sort of entertainment once every month during the Fall, Winter and Spring. Further announcements will be made in the Bulletin.

*Some Firsts Started by Miles Group:*—The first to use the P. A. system for the speakers to address the Group; The First to donate blood to the Red Cross, (second donation Aug. 3); The First to have a War Saving Stamps drawing after each meeting; also The First to open their meeting with the "National Anthem," sung by Kate Smith.

Every last Friday of the month, there will be a discussion meeting, all questions will be answered at this meeting. This will be for members only.

## CRAWFORD MEN'S

Crawford Men's Group are highly pleased with their new quarters in St. Agnes' School, the southeast corner of E. 79th and Euclid Avenue. They report 21 new members for July. Twenty-six members travelled to Akron to help the Friday Luncheon Forum Club of Akron start its new monthly all men's group. About 60 attended. They meet on the last Tuesday of each month at 376 S. Main St., over Fred Gereri's Restaurant.

## A. A. ORCHESTRA

An A. A. orchestra is being formed and it is planned to use this orchestra at various A.A. functions. For further information call GARfield 7450.

There is no expedient to which man will not resort to avoid the real labor of thinking.

NOW is the time—the future is ours only if God gives it to us.

## ANNUAL "ALL A. A." PICNIC

The annual "All A. A." picnic of the East Side Groups will be held at Wiggins Lake, Sunday, September 5th. The park can be reached by driving out Route 87 (Kinsman Rd.) and is a mile and one-half past Russell's Corners.

The first ball game will start promptly at 2:30. Various contests, under supervision of an expert from the City Recreation Dept., are scheduled for 4 p. m. The drawing for door prizes will precede the basket picnic which is scheduled from 5 to 6 p. m. A twilight ball game is scheduled for 6:30.

A life guard will be on duty from 2 to 6 at the swimming pool. Horseshoe pitching and other events will be available for those not interested in baseball. Dancing from 6 to 10 p. m. with a prize waltz finale.

All member-of A.A., their families and relatives in Greater Cleveland are invited. Admission, 25 cents. Children under 16 will be admitted free, and prizes will be given to every boy and girl 10 years old and under.

Last year over 1000 attended and it is hoped this number is exceeded this year—Sunday, the day before Labor Day.

## EUCLID-WADE NOTES

We are all cognizant of the fact that one of the most important methods of insuring success in Alcoholics Anonymous is by faithful attendance at meetings. In view of this, and because we have been deeply and beneficially impressed by our association with the Euclid-Wade Group, we would like to compliment the members for their loyalty and determination in making it one of the outstanding groups in the city.

This group is still in its infancy, having celebrated its First Anniversary in June of this year, but as a unit, it has made remarkable strides during that short time. The attendance at the Tuesday evening meeting has been awe-inspiring.

Interest in various activities has been maintained throughout the year. This was best exemplified by the turnout of over 300 persons at the annual picnic.

Those of us who have been privileged to be present at these meetings have been given a real incentive to treasure A.A. as the God-given gift that it is.

One may pick up man!; many helpful thoughts at these meetings. These words of wisdom need not necessarily come from the speaker of the evening. Oftentimes, much helpful information may be gleaned during the general discussion that follows the regular meeting or it may be an audible expression of thought in conversation with a fellow member. Try always, to gain as much knowledge as is humanly possible so that we may continue to live as decent, sane, useful citizens and thereby do credit to God, Country and self.

## CENTRAL COMMITTEE

Central Committee met in its new quarters in Room 370 Hanna Bldg. and had the largest attendance in its history. 44 representatives from 27 groups were present.

Various committees reported. Three more groups contribute their semi-annual \$5.00 donation toward the Central Committee Treasury. Tour reporter blushingly apologizes for referring to these semi-annual donations as "dues" in the last issue. Emphasis was made on the necessity of these "donations" which are used to defray expenses such as telephone, postage, circulars and pamphlets and occasional printing. The telephone service alone represents an expenditure of about \$12.00 or more per month.

The Central Bulletin Editors made a plea for a vigorous campaign for subscriptions to ease its financial burden. They reported less than 500 subscribers and asked for 600 more. They also asked that each group appoint a reporter whose duties it would be to send news items, solicit subscriptions, keep servicemen's addresses up-to-date. An enthusiastic response was indicated.

The Hospital Committee presented its report in the form of a letter, copies of which were distributed so each group would be able to digest its contents properly. Representatives will report their group's action at the next meeting.



## Editorial-Tolerance

Many of us have learned, through our moral inventories, to guard against resentment. We discover that the sense of personal injury that makes us resentful often is imagined. Where it is not, it is almost always the result of our own misconduct. There, self pity and resentment, the worst forms of self love, go hand in hand. As long as we yield to resentment we are in trouble.

But how many of us, while trying to control resentment, still allow ourselves to suffer torment because of our lack of tolerance?

Tolerance begins with our being liberal-minded when the acts and words of others do not square with our own firm convictions. The tolerant recognizes that he can be wrong, even in his strong convictions. And he recognizes that it is wrong to try to keep others from trying to express themselves.

We have to look beyond this, however.

Too many of us, as alcoholics, insist on having our own way. That's how many of us became alcoholics. And many of us, while dry, still insist on having our own way in everything. We want to do it by high-handed methods, by shutting up those who disagree with us, by removing those who stand in our way.

And too many of us become resentful when we fail to get our own way.

Intolerance becomes vicious when it results from jealousy. Then it turns into resentment.

Some people show intolerance because they resent leadership in others. Some are jealous of the attention that others receive. Some can't stand a new idea. Some are intolerant of anything a certain person does because they had a difference with him some time in the past.

An intolerant attitude is a serious thing for an alcoholic who is trying to find a new way of life. It harms the person himself. Sometimes it harms others. We have, on occasion, seen it be a hindrance to AA.

Most intolerance is petty. And while such intolerance may not be socially important, it keeps one from enjoying life and from having friends.

### SELF CONTROL

1. I will control my tongue and will not allow it to speak mean, vulgar or profane words. I will think before I speak. I will tell the truth and nothing but the truth.

2. I will control my temper and will not be angry when people or things displease me. Even when indignant against wrong and contradictory falsehood, I will keep my self-control.

3. I will control my thoughts and will not allow a foolish wish to spoil a wise purpose.

4. I will control my actions, I will be careful and thrifty and insist on doing right.

5. I will not ridicule or defile the character of another. I will keep my self-respect and help others to keep theirs.

## Co-operation

AA has 34 groups and some 2000 to 2500 members in the Greater Cleveland area. Each in these groups is completely independent. Most of the members consider themselves free to apply the program in any way that suits them.

The result is that XX in Cleveland has become a sprawling, formless disorganization with 2000 approaches to the problem of sobriety. The program is becoming diluted through disorganization.

There is a tendency to take it for granted that new members are properly instructed and then to take it for granted that every member is qualified to act as a sponsor for others.

The result is that some who have not learned undertake to teach, and this sometimes results in new members being brought into AA without proper grounding.

Since most meetings are devoted largely to stories of drinking experience, with too little emphasis on the application of the program, new members may flounder around for some time without getting a good idea of the program.

There is a tendency to regard hospitalization as a magic formula. Once in a hospital, the new man is left to the chance that his sponsor is one who is able to give him proper instruction, and left to the chance that those who call upon him will contribute to his knowledge of the AA method.

No one wants to introduce ritual in AA. And no one wants to make it an inflexible, highly organized body. We naturally are individualists. And we are suspicious of those who aspire to leadership within the organization.

Yet, it should be evident that the time has come to promote some degree of co-operation among the 34 groups in the Greater Cleveland area. There is need for greater effectiveness in the main aim of AA, which is to help the members keep one another dry.

AA will progress to the extent that it succeeds in this main aim. Any increase in the incidence of failure will weaken the organization.

The first aim of co-operations should be to see that every person coming into AA is properly instructed.

Possibly this can be done by having in each group a fairly large membership committee, composed of experienced members, who would meet with each new member, acquaint themselves with his story, see that his questions are answered, and see that he receives the Twelve Steps and the Four Principles.

This alone would be a forward step for AA.

Then, perhaps, through co-operation, we could discover whether we have the most effective form of group organization and whether meetings are as effective as they can be.

Experience stories are important. But is there enough emphasis on experience in keeping dry, enough emphasis on how to keep dry? Is there opportunity for dealing with any special problem that may be in the mind of any new member?

(Continued on page 2)

*Friendly Obstacles*

For every hill I've had to climb,  
For every stone that bruised my feet,  
For all the blood and sweat and grime,  
For blinding storms and burning heat,  
My heart sings but a grateful song—  
These were the things that made me strong!

'Tis not the softer things of life  
Which stimulate man's will to strive:  
But bleak adversity and strife  
Do most to keep man's will alive.  
O'er rose-strewn paths the weaklings creep,  
But brave hearts dare to climb the steep.

## NEWS FROM THE CAMPS

We are listing below the *names* and latest known addresses of the boys in service who have given us their permission to publish their names. Not having heard from the others we presume that they either have not had time to write us, or that they prefer not to have their names appear.

Pvt. R. S. Brintnall, No. 35276513, Hdq. Squadron VIII Air Force Composite Command, APO No. 639, c/o Postmaster, New York, N. Y.  
 Lt. Clayton B. Bull, Co. E, 5th Q.M.T.R., Ft. F. E. Warren, Wyo.  
 Clifton H. Bussard, U. S. Naval Hospital, Corps Quarters, Great Lakes, Ill. frt. Chas. Cheska, 35962173, 560th Signal Co., D.S.O., A.P.U. 417, 69th Div., Camp Shelby, Miss.  
 S, Sgt. Leslie A. Clapper, 6th Base P. O., Fort Dix, N. J.  
 Pvt. Vincent P. Donovan, Headquarters Cu., School Batt'n, Camp Le-Jeune, Hudnot Point, New River, N. C.  
 Pvt. W. H. Evans, 1005th T. S. S. (SP) Flight 6, 720 S. Michigan Blvd., Room 608, Chicago, Ill.  
 Pvt. Harvey Fouts, 44th Squadron (Sch), Randolph Field, Texas.  
 Pvt. John Garish, Co. E, 10th Q.M.T.R., U. S. Army T646, Camp Lee, Va.  
 Ralph J. Heidinger, SC1/c USNR, 1st Sp. Batt., Cub Two, Fleet PO San Francisco, Cal.  
 Pvt. Howard J. Evans, A.S.N. 35051543, Gen. Depot No. 2, A.P.O. 603, c/o Postmaster, Miami, Fla.  
 Paul Kaczkowski, SF3/c, 97 N C Batt., Sec. 2 Co. A, Plat. I, Adv. Base Dep., Davisville, R. I.  
 Frank W. Kelly, Storekeeper 3/c Hdq. Co., C. II, Det. 1009, A.B.D., Port Huene, Cal.  
 Corp. E. C. Kerver, Hdq. Co. S. O. S., A. P. O 571, New York, N. Y.  
 Lt. Clyde M. Mohler, Hq. 2 Bn., 1st Reg. F.A.R.C., Ft. Bragg, North Carolina.  
 Pvt. Karl R. Murton, 38 Academic Squadron, Lowry Field, Colorado.  
 Pvt. T. J. O'Connell, 234th Sig. Op. Co., The Presidio, San Francisco, Cal.  
 Cpl. Frank M. Orpse, 433 SEFT Sq., Napier Field, Dothan, Ala.  
 J. R. Pickett, U. S. Maritime Service Officers School, Sec. 1501D, Room 313 Typhoon, Fort Trumbull, New London, Conn.  
 Lt. Louis Pillemer, Box 195, Room 117, Army Medical Center, Washington, D. C.  
 Pvt. Spencer W. Powell, No. 415 T. S. S., Flight D, Air Corps Tech. School, Gulfport, Miss.  
 N. Rickabaugh, E M1 c, 75th Naval Const. Batt., Co. C, Pl. 3, c/o Fleet P.O., San Francisco, Cal.  
 Cpl. Alfred L. Rumel, Hdq. Co., 17th A/B Div., Camp MacKall, N. C.  
 Lt. Harry Russ, Station Hospital, Camp Maxey, Texas.  
 T. A. Scanlon, Ph. M. 3c, U. S. Naval Hospital, Puget Sound Navy Yard, Bremerton, Wash.  
 Pvt. Ernest Schimmelman, Jr., 11th Photo Comp. Sq., Peterson Field, Colorado.  
 W. J. Shannon, 33rd Construction Batt. Co. D, c/o Navy Fleet P.O., New York, N. Y.  
 Pvt. Alva O. Thomson, A. S. N. 35317825, Hdq. Yuma Branch, Repl. Dep., A. P. O. 439, c/o Postmaster, Los Angeles, Calif.  
 Thos. L. Tucker, VASN. 35062508, Co. D, Port B. N., ASF-UTC, New Orleans, La.  
 Pfc. James P. Vizzard, "H & S" Co., 233d Engr. Combat Bn., USA, Fort Story, Va.  
 Pvt. Glen R. Wndick, A. P. O. 8563, c/o Postmaster, Seattle, Wash.  
 E. A. Woodcock, SP, M2C, Cnsco Bay, Portland, Maine.

☆☆☆

Many interesting letters are written by servicemen to fellow members which would make interesting reading to other servicemen. Send these in to Central Bulletin and help make this "News from Camps" column an interesting one.

And by all means report any address changes or new names and addresses as soon as you hear of it. Four letters from servicemen were returned because of incorrect or changed address.

☆☆☆

J. R. Pickett says hello to us.

*Just a short note to say hello and to tell you I received my Bulletin today. I read it through and enjoyed it very much. Since being here I've been so busy with studies that I haven't even had time to think of a drink (we're taking a year's course in four months). But deep down, my not thinking of a drink really has been due to daily meditation and prayer—nothing else.*

*Will be in town again the last part of October and am looking forward to attending meetings. Say hello to all the fellows for me, especially my sponsor Bill C. and to P. W., H. R. and S.*

Pvt. Howard J. Evans writes from way down in Brazil. We wish him luck and congratulations on his length of sobriety. We hope the "stinking hole" doesn't get him down!

### Somewhere in Brazil

August 30, 1943

*My exact location I can't give you due to censorship, but I am stationed in Brazil at an air base and work in a nearby city at a depot assisting in procurement.*

*Rum and whisky is plentiful here and it's a good thing I'm not drinking,—if you know what I mean! The natives here are mostly black and barefooted. It's sure a stinking hole to be stuck in.*

*How is the new group coming along? Sure wish I could attend next week's meeting, but it will be a long time before I see Cleveland. Was shipped out of the States in a hurry with no furlough given. Guess my wife and family are still in a daze. But there wasn't a darn thing I could do about it.*

*Let me hear from you upon receipt of this. My regards to all the old timers and tell them I'm darn glad that I'm a member.*

*P. S. This November makes me three years old. I've surprised myself!*

☆☆☆

A postcard message from Bud Clapper.

*From coast to coast within a week, I have seen a lot of this grand U. S. A. in the meantime, I hope to meet Bill Wilson in New York tonight. My best wishes to you all.*

☆☆☆

Charlie Cheska sends a postcard.

*How is everything in good old Cleveland? It's still so darn hot here and the chiggers are biting plenty. They come at you like dive bombers! How are the boys in the Lakewood Group? Say hello to them all for me. Will be seeing you pretty soon—I hope.*

## CO-OPERATION

(Continued from Page 1)

Co-operation, too, may produce better means of dealing with those who cannot be hospitalized, or those who need not be hospitalized. Anyway it may help deal with those who seek to abuse AA.

Most groups have a secretary and a revolving committee. The purpose of the revolving committee is to spread responsibility (and to prevent the emergence of leaders).

Our experience may indicate the necessity of putting only old members on the revolving committee and of having the term of membership somewhat longer than the customary four months.

Co-operation might lead, also, to the creation of one or two joint meeting places (either one downtown or one on the east side and one on the west side) that could be open every night in the week. Such meeting place could be used to assist in the training of new members. It might, also, provide a means of eliminating much costly and unnecessary hospitalization.

Our main job is to help one another keep dry. We will succeed in that aim better if AA is made more effective, if less is left to chance. We can start toward making AA more effective by co-operation.

## LAKE COUNTY GROUP

The Lake County Group has shown remarkable growth in the past several months. From a modest start of but six members, it has grown to thirty and the size of the group warranted moving to more spacious quarters upstairs. Their growth can certainly be attributed to the enthusiasm and fine spirit of every member and in accepting whole heartedly the entire program of AA. They really work and they follow through!

They meet Monday evenings in the Presbyterian Church in Willoughby at 8:30.

Be not dismayed about the future for, if ever you come to it, you will have the same REASON for your guide which preserves you now.

### GAIL A. JOHNSTON

Gail A. Johnston, a member of Euclid-Wade Group, died Sept. 11th after being stricken with a heart attack while attending a dinner party. He was 49 years old.

A native Clevelander, Mr. Johnston had been in the music business more than 35 years. He began his musical career as a member of the orchestra founded by his father, the late James D. Johnston, which played for many functions of Cleveland's society, and which was always selected to provide the music for the annual Community Fund luncheon.

After the death of his father in 1933, Mr. Johnston succeeded him as conductor of the organization. The orchestra, friends said, had played for the weddings of three generations of many Cleveland families.

As a boy he sang in the choir at the Trinity Cathedral and he was, at one time, a member of the Singers' Club.

Mr. Johnston lived at 1927 E. 86th Street. Surviving him are his wife, Eva, and a son, Corp. James S., stationed at Camp Haan, Cal. Services were held at the Emmanuel Episcopal Church, Euclid Avenue at E. 86th Street, Tuesday, September 14th.

We extend our heartfelt sympathies. Gail was an ardent worker and will be sorely missed.

### CENTRAL COMMITTEE MEETING

The chief business before the Central Committee at this month's meeting was a vote on the proposal of the hospital committee for creation of a new hospital in co-operation with certain industrial firms in Cleveland.

The proposal had been referred to the groups for discussion. The vote was four groups in favor of the proposal, thirteen against. Seventeen failed to vote or were not represented at the meeting.

There also was discussion on whether women alcoholics should be admitted to nursing homes used by men. The feeling was that sponsors hospitalizing women should see to it that the nursing home they "see (if they do not use a regular hospital) has proper separate facilities for women.

The Hospital Committee chairman asked that each group appoint two men to this important committee to consolidate all groups into an understanding of proper hospital conditions and practice.

The Membership Committee asked for greater co-operation from the secretaries of all groups. Many have been negligent in reporting action on cases turned over to them which resulted from telephone calls. Please make a report at once.

### THE TELEPHONE PROBLEM

The AA number in the telephone book is for the convenience of non-members who wish to get into contact with AA. It also is for the convenience of out-of-town members who wish to get into contact with the Cleveland organization.

AA does not have a phone. The number in the phone book is that of a secretarial service through which AA can be contacted. Every inbound and every outbound call costs the Central Committee 10 cents. If you call the number and the call is relayed to some one in AA, that costs 20 cents.

Last month, the phone bill was \$27.00. Most of the calls were by Cleveland AAs who wanted to get into contact with other AAs or who wanted other information that could be provided by their own secretaries.

The Central Committee's budget, unfortunately, is so small that continued misuse of the phone service will demand our dropping the phone listing. Thus the main purpose of the listing will be defeated. Call your secretary. Don't use the AA number in the book.

### AA CHOIR

Rehearsals for an all AA choir are held at St. Patrick's Catholic Club Hall every Tuesday night from 8 to 10. This choir will sing in St. Patrick's Church and it is hoped that 40 good voices will be culled out of the many applicants. If you wish to join you can secure further information by calling Mulberry 7448.

### LAKE SHORE "SHORTS"

Another milestone has been passed and celebrated with a dinner at the Lake Shore Hotel on September 6th. The event was our third anniversary. After dinner, the more than one hundred of us who were there listened to a "lead" by the founder of the first Cleveland group. We were envious of him, knowing the justifiable pride he must have had in realizing that this was only one of some thirty growing groups in this district. He in turn knew that what he saw would not have been possible had it not been for the vision and steadfastness of the leaders of our own group, who many times must have been weary, carrying more than their shares of the load.

After the inspiring talk by the leader, there were brief remarks by various visiting members, followed by two vocal solos appropriate for the occasion (which judging from the applause was not enough) by one of our own members, who later led us in group singing. The guests then enjoyed games, prizes, etc. In short, had a pound of butter been offered to anyone who had not enjoyed himself, there would have been no claimant.

We members would not only like to express our appreciation for a most pleasant evening to the entertainment committee but also our gratitude to the leaders of this fellowship, which has brought happiness to our families and to us.

### EUCLID-WADE GROUP

The Euclid-Wade Group is holding a Halloween Party on Saturday evening, October 30th, at 8:30 P. M. at Emmanuel Church, Euclid at E. 86th St.

Due to lack of space and in order to assure everyone attending plenty of room in which to participate in the many activities which have been planned by the committee, it has been decided to sell only two hundred tickets for the event. These tickets are 75 cents each and it is a certainty that it will be a real investment. Those who wish to mask are encouraged to do so, although it isn't compulsory. Prizes will be offered for the best costumes, and of course there will be prizes for the funniest.

The entertainment committee has left nothing undone in an effort to make this year's party an event to be remembered. Augie Schill's Orchestra will supply the rhythm for those who want to trip the light fantastic. Refreshments will be served, buffet style, throughout the evening.

Conic and enjoy another evening in a friendly, congenial A.A. atmosphere.

### LAKESWOOD GROUP

On Saturday, September 11th, the Lakewood Group gathered for a farewell party to one of its most active members who has moved with his family to Canton, Ohio.

An unusually large crowd attended to extend to him their thanks for his sound advice and spirited leadership, the momentum of which was felt throughout the city of Cleveland and its environs.

He was presented with a \$50.00 War Bond at the delicious supper which was prepared by several of the ladies.

### PUBLIC SQUARE GROUP

The Roundtable discussion meeting held by the Public Square Group on August 24th in the Rose Room of Hotel Cleveland was attended by 70 members and their wives. Twenty interesting questions were ably answered by the very capable speakers.

The accommodations of this group are about the finest that exist in the city and the group has attracted many transient AX visitors at its meetings.

If you haven't attended a meeting of this group, you will be in for a pleasant reaction should you attend.

### SUNRISE BREAKFAST GROUP

An innovation in morning AA meetings was struck by the Sunrise Breakfast Group which is an offshoot of the Miles Group. They meet at 10203 Miles Ave. at 7:30 A. M. and are served bacon and eggs. Immediately after breakfast the meeting is held. Should be a popularly attended group.

**AA BOWLING LEAGUE**

The suggestion that a bowling league of AA members be started met with enthusiastic support as evidenced by the fact thnc 16 groups entered teams in the league. They will bowl 30 nights, stating on Thursday, September 16th and ending April 6th, games starting at 8:30 P. M. at Franklin Recreation Alleys, 1774 W. 25th St. These alleys are new, are in splendid condition and they ore ably managed.

Following are the groups who have entered tennis: Berea, Gordon Square. West 25th. Denison, Brooklyn-Parma, Public Square, Lake Shore, Crawford Rd., Miles, Wade Park, Collinwood, Southeast, Lorain Ave., Lee Rd. (Friday), Lakewood, Brooklyn.

**MILES GROUP NOTES**

The members of the Miles Group are very proud of their accomplishments in AA. They not only attend their meetings faithfully, but co-operate with the secretary in every undertaking he decides on, and there are plenty of them, because he manages to think up something new at every meeting.

The Miles Group has started a Colored Group, and are about to hold their first meeting. The Group sure feels proud that they are the instigators in getting the first Colored Group on its way in AA.

At one of the August meetings, one of our members who is in the Army came up to visit us, also led the meeting that night. He gave the members and visitors a lot to think about, proving that you can stay dry even though you are away from home. Although he said, "that there are times when a fellow needs an AA friend to talk to, but instead of taking chat first drink, I turn to the spiritual guidance, by meditating with God, and I soon feel that I am relieved of that tension." He also said, "men in service like to hear from the members of AA as that always makes them feel good and helps in keeping them sober." After the meeting hot beef sandwiches were served, a cake decorated with two flags and a soldier, with "welcome home", was cut and served by our visiting member.

**LORXIN-AVON GROUP**

We wish we could break through the rule that the Bulletin has established in not publishing names of individuals, so that we could express our appreciation for the tireless energy expended by our hard working secretary J. B. His fine example and loyalty is undoubtedly the reason for the rapid growth of our group. One of our members who has been sick for some time has recovered and is back in harness. Good luck, N. R.

The Antlers Hotel Group and the Avon-Lorain Group collaborated recently in making a call on the Bellevue Group. A good time was had by all.

One of our members, P. D., who recently moved to Alliance, O., has been up LO see us quite regularly and is doing a swell job.

**GLENVILLE DATA**

The members of the Glenville Group are really doing a fine job in AA. they not only attend meetings of their own group but also attend one or two other group meetings every week. Since they changed officers 6 or 7 months ago, the Group has come to life, and is prospering and growing, the attendance has also improved to a point that it makes the writer feel good, and also proud to be a member of AA.

I wonder what our secretary would do if they discontinued publishing the "Readers Digest"? It seems to me that he reads it from stem to stern, because at every meeting he quotes something from it.

For a "Good Cup of Coffee" be sure to visit, the Glenville Group some Thursday, and you will agree with the writer that it is really good.

**WEST SIDE A. M. GROUP**

The Thursday morning West Side Group attended the Cleveland-New York ball game on Wednesday as guests of their group. Fourteen members availed themselves of this opportunity and had a vociferous good time.

**GROUP MEETINGS**

**Monday**

- Eorton ..... 13931 Euclid Ave. .... 8:45
- Lee Road ..... 1637 Lee Road ..... 8:30
- Lakewood ..... Townsend Hall, 15903 Detroit Ave. .... 8:30
- Lake Shore ..... Lake Shore Hotel. Dinner at 7:30, Meeting at ..... 8:30
- Lorain Ave. .... Banater Hall Annex, W. 120th at Lorain ..... 8:30
- Miles ..... 12907 Union Ave. .... 8:30
- Luke County ..... Presbyterian Church, Willoughby, O ..... 8:30
- Shaker Heights ..... Shaker Jr. High, S. Woodland and Woodbury ..... 8:30
- South East Group ..... 10203 Miles Ave. .... 8:30
- West 25th St. .... 2858 W. 25th St. .... 8:30

**Tuesday**

- Brooklyn-Parma ..... 4427 Pearl Rd. .... 8:30
- Public Square ..... Hotel Cleveland ..... 8:30
- Euclid-Wade ..... Emmanuel Church (Rear), 8614 Euclid ..... 8:30
- Mansfield, O. .... North Lake Park, Sec. Address, 25 Douglas Ave., Mansfield ..... 8:30

**Wednesday**

- Crawford Men's ..... E. 79th and Euclid Ave. St. Agnes School ..... 8:45
- Brooklyn ..... K. of P. Hall, Broadview and Pearl Rd. .... 8:30
- Denison ..... Phillips Hall, 3290 Denison Ave. .... 8:30
- Elyria, Ohio ..... 108 Middle Ave., P.O. Box 491, On the Square ..... 8:30
- Lee Road ..... Mayfield and Preyer, Heights Presbyterian Church ..... 8:30
- Collinwood ..... 14709 St. Clair Ave. .... 8:30
- Women's (Lakewood) ..... 12214 Detroit Ave. .... 8:30

**Thursday**

- Lorain Ave. .... Banater Hall Annex, W. 120th St. at Lorain ..... 8:30
- Lee Road ..... 1637 Lee Road. .... 8:30
- Glenville ..... E. 105th and Marlowe. .... 8:30
- Lorain, Ohio ..... Antlers Hotel ..... 8:30
- Women's (East Side) ..... 3730 Euclid Ave. 2nd and 4th Week ..... 8:30
- Women's (West Side) ..... 5701 Detroit Ave. .... 8:30

**Friday**

- Lee Road ..... 1637 Lee Road. .... 8:30
- Avon Lake ..... 1112 W. Erie St., Lorain, O. .... 8:30
- Berea ..... Bagley and Seminary ..... 8:30
- Gordon Square ..... -St. Helena's Church Hall, 1367 W. 65th St. .... 8:30
- Rocky River ..... St. Christopher's Hall, Lakeview off Detroit Rd. .... 8:30
- Kent, O. .... K. of P. Hall ..... 8:00

**Saturday**

- Canton, O. .... Oddfellows Temple ..... 8:30

**Morning Meetings**

- Monday Mornings**
- Bolton Square ..... E 79th and Euclid Ave. St. Agnes School ..... 10:00 A. M.
- Wednesday Mornings**
- Collinwood ..... 14709 St. Clair Ave. .... 10:00 A. M.
- Thursday Mornings**
- West Side ..... 7304 Denison Ave. .... 10:00 A. M.

**1st Tuesday every month**

- Central Committee ..... Hanna Building, Room 370. .... 8:30

**W. 25th ST. GROUP**

The West 25th Street Group now meets in its new quarters at 2858 W. 25th St. with the meetings starting at the regular time, Monday evenings at 8:30.

The secret of success—of happiness-of life, is to give.

## Editorial — Self Exaltation

Egotism.  
It's the Eig I, the swelled head, the puffed-out chest. The dictionary calls it self-esaltation.  
It's the next step beyond egoism, which is the pursuit of self interest. For me, myself, alone.  
Self-love; conceit plus selfishness.  
And stubbornness.

*A Power greater than myself? That's kid stuff. That's sissy stuff.*

*Brotherly love? What did anybody ever do for me? Don't make me laugh! I don't owe anybody anything.*

You've got the strength of a bull in your neck, and you think you've got the world by the tail with a downhill pull.

Funny, how your foot slips!

Men have been learning the lam of life for many, many centuries. Learning about self-love and vanity. They've learned so much about it that self-love has come to be regarded as the greatest of all sins.

*But who cares about that? What did those old guys know? I know u-hat I'm doing. And I'm going to do what I like, without any lip from anybody. So pipe down!*

Well, Lush, your foot's slipping and you don't know it. Pretty soon you're going to skin your nose. Then maybe you'll begin to wonder how anybody so big got down so low. And then maybe after while you'll begin to wonder whether the millions may not have been right all along about that "sissy stuff."

Strange thing about some luses.

They come face to face with the cold, hard facts. They get very humble and quite contrite. They turn to the Power that is greater than their own. They see where their vanity has taken them. The pain goes out of their heads. They get along fine. Somebody begins to show confidence in them and give them a little leeway. They get back in the money.

Then they begin to think they are pretty good. They made this comeback all by themselves. With the recovery of their self-esteem they began patting themselves on the back. Why, that was just a little bad luck they had had. They couldn't have been alcoholics. Just drowning their troubles, that was all. But now they're on top of the world and they can drink like men and control their drinking like men. AA? Sure it's a fine thing for those others!

Well, we were talking with one of them the other day. One of the older men. He'd gotten the best job he ever had and he got so his hat wouldn't fit him.

When we saw him, he was very, very sick. Mentally sick and shaken. We let him do most of the talking, but after while we asked him if he had learned anything from his experience.

"I learned," he said, "that I am: not the general manager of this world I live in. I learned that I cannot run the show all by myself. And I learned that I still am an alcoholic and always will be one."

We met another one. Same experience, same lesson.

We met another one. Same experience, same lesson.

We met two others. Same experience, but no lesson. They were full of justifications and looking for a soft touch so they could keep on drinking. After while, they'll get the lesson.

## Gratitude

Gratitude is indeed a virtue we should all strive not only to acquire but we *must* also do all we can to see that once we have acquired it, we never lose it.

A grateful person is universally revered by his fellow-man; so much good can be accomplished by the simple expedient of extending our thanks for the many niceties of which we are the recipients daily.

How much we of AA have to be thankful for! So many grand things have transpired since we were fortunate enough to become a part of the AA movement, that it would be a comparatively easy matter for us to forget, nevertheless, to direct our thanks daily to

*Him* who is responsible for our sobriety, the greatest gift that anyone of us ever received. Let us all promise ourselves that if we have been lax in bowing before Our Maker in humble gratitude, we are going to change our mode of living and give a few moments every evening in sincere honest thanks to God.

### Prayer for Peace

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sickness, joy.

O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love; for it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life.

*Saint Francis of Assisi*

## Philosophy

Two phrases in the English language are identified with failure and defeat. They have been the stumbling blocks for hundreds of thousands of human beings. "What's the use?" "Why should I?" Those phrases have been fatal to success.

The quitter always asks, "What's the use?" The battle no more than starts when he throws up the sponge. He accepts no challenge, has no goals, no visions. Any old thing is good enough. "If, at first,

you don't succeed, no use at all to try again." The world is *against him, he feels. But it's only himself, if he would only stop to think!*

The work dodger sneers, "Why should I?" Let the other fellows be the suckers. I'm doing enough to get by." This poor sap is too lazy to think, too selfish to put his shoulder to the wheel in a common cause. By watching the clock he will not do a lick more than he is paid for-probably less.

The folks who pass him by, who push him aside in fact, are the ones who say, "Come on, let's go; we'll try again; it's got to be done." This is earnestness. This is friendliness. These achievers pass right through the 0 in Obstacle. They do not stumble.

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### HOSPITAL COMMITTEE

An important meeting of the Central Hospital Committee will be held Tuesday evening, October 26th at 8:30 P.M. in Room 370 Hanna Building. Each group should appoint two able representatives for a period of one year to this all-important committee. The very calibre of our future AA's depends a great deal upon our hospitalization, for it is highly important that the new man be given the best start possible.

Please make this a *MUST* on your calendar.

Americans today spend more than \$4,000,000 a week seeking the advice and help of some 85,000 astrologers, spiritualists, palmists, Crystal gazers and other kinds of fortune tellers.—Collier's Weekly.

### NEWS FROM THE CAMPS

We are listing below the names and latest known addresses of the boys in service who have given us their permission to publish their names. Not having heard from the others we presume that they either have not had time to write us, or that they prefer not to have their names appear.

- Pvt. R. S. Bristol, No. 35276713, Hdq. Squadron VIII Air Force, Composite Command, APO No. 639, c/o Postmaster, New York, N. Y.
- Lt. Clayton B. Bull, Co. E, 5th Q.M.T.R., Ft. F. E. Warren, Wyo.
- Pvt. Chas. Cheska, 35062173, 569th Signal Co., D.S.O., A.P.O. 417, 69th Div., Camp Shelby, Miss.
- S/Sgt. Leslie A. Clapper, 6th Base P. O., Fort Dix, N. J.
- Pvt. Vincent P. Donovan, Headquarters Co., School Batt'n, Camp Lejeune, Hudnot Point, New Hiner, N. C.
- Cpl. Howard J. Evans, ASS 35051543 Gen'l Depot No. 2, APO 603, Postmaster, Miami, Fla.
- Pvt. W. H. Evans, 1005th T. S. S. (SP) Flight 6, 720 S. Michigan Blvd., Room 608, Chicago, Ill.
- Pvt. Harvey Fouts, 44th Squadron (Sch), Randolph Field, Texas.
- Pvt. John Garish, Co. E, 10th Q.M.T.R., U. S. Army T646, Camp Lee, Va.
- Ralph J. Heidinger, SC1 c USSR, 1st Sp. Batt., Cub Two, Fleet PO San Francisco, Cal.
- Paul Kaczkowski, SF3/c, 97 NC Batt., Sec. 2 Cu. A, Plat. 1, Adv. Base Denn., Davisville, K. I.
- Frank W. Kelly, Storekeeper 3, c Hdq. Co., C. B. Det. 1009, A.B.D., Port Hueneke, Cal.
- Corp. E. C. Kerver, Hdq. Cu. S. O. S., A. P. O 871, Sew York, N. Y.
- Cpl. G. E. Krueger, ASS 35135652 Co. C, 672 T. D. Bn. North Camp Hood, Texas.
- Lt. Clyde M. Mohler, Hq. 2 Bn., 1st Reg. F.A.R.C., Ft. Bragg, North Carolina.
- Cpl. W. Nugent, Hdq. Co., 551 Parachute In., Camp MacKall, N. C.
- Pvt. T. J. O'Connell, 237th Sig. Op. Lo., The Presidio, San Francisco, Cal.
- Cpl. Frank M. Orpse, 433 SEPT Sq., Napier Field, Dothan, Ala.
- J. R. Pickett, U. S. Maritime Service Officers School, Sec. 1501D, Room 313 Typhoon, Fort Trumbull, New London, Conn.
- Lt. Louis Pillemer, Box 195, Room 117, Army Medical Center, Washington, D. C.
- Cpl. Spencer W. Powell, ASS 35521415 Hdq. Sq. 33d TEFT, G. P., Sec. 3, Flight E, SAAF, Stuttgart, Ark.
- Li. Rickabaugh, E M 1c, 75th Naval Const. Batt., Co. C, PL. 3, c/o Fleet P.O., San Francisco, Cal.
- Sgt. Alfred L. Rumel, Hdq. Co., 17th A/B Div. Camp MacKall, N. C.
- Capt. H. C. Russ, Station Hospital, Camp Maxey, Texas.
- T. A. Scanlon, Ph. M. Sc. U. S. Naval Hospital, Puget Sound Navy Yard, Bremerton, Wash.
- Pvt. Ernest Schimmelman, Jr., 6th Photo Comp. Sq., Peterson Field, Colorado.
- W. J. Shannon, 83rd Construction Batt. Co. D, c/o Navy Fleet P.O., New Turk, N. Y.
- Lt. Robert Teter, 4035 Ocean Front, Mission Beach, Calif
- Pvt. Alva O. Thomson, A. S. N. 35317825, Hdq. Yuma Branch, Repl. Dep., A. P. O. 439, c/o Postmaster, Los Angeles, Calif.
- Thos. L. Tucker, VASN, 35062898, Co. D, Tuck B. N. ASF-UTC, New Orleans, La.
- Pfc. James P. Vizzard, "H & S" Co., 233d Engr. Combat Bn., USA, Fort Story, Va.
- Pvt. Glen R. Wadick, A. I. O. 8563, c/o Postmaster, Seattle, Wash.
- E. A. Woodcock, SP, M2C, Casco Bay, Portland, Maine.
- T/Sgt. Roy A. Yeargan, 351471, Fairfield Air Depot, Patterson Field, Fairfield, O.

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Many interesting letters are written by servicemen to fellow members which would make interesting reading to other servicemen. Send these in to Central Bulletin and help make this "News from Camps" column an interesting one.

And by all means report any address changes or new names and addresses as soon as you hear of it. Four letters from servicemen were returned because of incorrect or changed address.

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Cpl. Howard Evans drops us a few lines.

*"Somewhere in Brazil"  
September 29, 1943*

Gentlemen:

*Will appreciate your publishing my new address, and also changing my old address on your mailing list. I consider the "Bulletin" a grand piece of work and a tremendous help to those of us overseas. It seems to bring home and friends much nearer.*

*Sincere best wishes to all of you.*

*Howard Evans*

Cpl. Krueger sends a postcard advising us of his new address and to say that he "most certainly enjoys the AA Paper".

Sgt. Alfred L. Rumel announces his promotion to Sergeant. Congratulations and best regards to Marge.

Captain H. C. Russ writes a card. We sincerely Congratulate him on his promotion to Captaincy.

*Huts off to the Miles Avenue Group for starting a colored Group. The editorial on Tolerance in the September Bulletin covered a multitude of our sins.*

*Since I've lust written to the Bulletin, I have been promoted to Captain. Since my sobriety has made this possible, I want to give credit where credit is due—and that is to Alcoholics Anonymous.*

Cpl. Frank Orpse is back from his furlough and writes: *Back in harness again after spending a very enjoyable furlough and what a pleasure it was to attend meetings and visit the hospital and talk to some of those fortunate men who were finally taking advantage of living the AA way of life. (I've heard it said so often "unfortunate men who are in the hospital"—heck! to me those men are very fortunate that they get the chance to get into a hospital under AA auspices and find out how to live right.)*

*Much as I hated to speak at Miles, as I felt that is probably would be better for me to hear some other speakers, I guess I now am glad I had the chance to talk and I honestly think that it helped me quite a lot. I enjoyed the discussions, etc., and sure got quite a bit of jood for thought from them.*

*While the spiritual phase of AA is very important to me, as I know that is how I stay sober, I might have added that the spiritual part also is very important with the women folks. Can you just realize how many times a wife, mother or sister has sat and waited, praying that her man would come home safe, which he usually did although he probably couldn't navigate very well under his own power? No one can tell me that those prayers from the lips of our women folks have not been answered time and time again.*

*Was so glad to see all my old friends, so many new ones and what a thrill to see how well the Groups are progressing—it sure was an inspiration.*

*Guess I've built up a reserve again by seeing all of you and talking to you all so that I can stay on the beam so much easier and with the help of God and the best wishes of all of you, I don't think I'll have any trouble.*

*May God bless all of you, and my thanks for the kindness you all showed me while on furlough. Regards to all.*

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### HATS OFF TO THE KEGLERS

After five weeks of bowling and swell fellowship, H. F., the secretary, thanks every AA for his fine support of the Greater Cleveland AA League. Another AA activity to anticipate every Thursday night at the Franklin Alleys, West 25th and Franklin Aves. Come and meet AA friends and give the fellows your support!

### THE TEAM STANDING INCLUDING OCTOBER 14

	Won	Lost
1. Crawford Road	12	3
2. Lee Road (Fri.)	11	4
3. Collinwood	11	4
4. Miles	11	4
5. Public Square	9	6
6. Lorain Ave.	9	6
7. West 25th	8	7
8. Lake Shore	7	8
9. Berea	6	9
10. Euclid-Wade	6	9
11. Gordon Square	6	9
17. Denison	6	9
13. Brook-Parma	5	10
14. Lakewood	5	10
15. South East	4	11
16. Brooklyn	4	11

We regret we cannot publish individual scores.

## CENTRAL COMMITTEE

The Central Committee discussed the proposal, advanced by several members, that a consolidated AA meeting be held in downtown Cleveland once a month. Delegates to the committee were asked to take the question up with their groups and report back at the November meeting.

Those urging the joint, monthly meeting said it would promote unity and co-operation, increase the benefits of fellowship and that it would be inspirational.

Against the proposal it was asserted that big meetings give very little opportunity for increased fellowship, that they are hard to manage and that they are a duplication of the group effort.

The Central Committee chairman suggested that the proposal be carefully considered from all angles before being accepted or rejected.

Twenty-three groups were represented by 49 people at the October meeting of the Central Committee.

The Hospital chairman announced a meeting of the group hospital committee, to which each group is asked to send two delegates, at 8:30 p.m., Tuesday, October 26. The meeting will be in Room 370, Hanna Building. The chairman asks that delegates to this committee be appointed by each group to serve for at least a year, so that they can become thoroughly acquainted with all problems relating to hospitalization. (Month after month, the hospital question has been the most serious issue before the Central Committee and it seems apparent that some hard work, in which all the AA groups in greater Cleveland should cooperate, must be done.)

Speaking for the good of -4-4, the chairman urged that greater exertion be made in keeping in contact with the membership of AA, to the end that we be more successful in keeping existing members dry. Some groups have brought their rosters down to date and then have started the practice of checking attendance at each meeting. If a member is absent three or four times, someone is delegated to get into touch with him and tell him he is missed. That not only helps attendance at meetings but it also helps to cut down slips.

A plea for an accurate count of members was made. Each secretary is requested to notify Central Committee by the next meeting of the exact number of active members on his roster. Some members are registered with several groups. These should be approached so they can name their home group.

## MILES GROUP CLAMBAKE A SUCCESS

The Miles Group Clambake held at their meeting hall, September 26, was something that words alone can't describe. I know that all of the members of the Group enjoyed the well prepared food, consisting of bouillion, sweet potatoes, corn on the cob, chicken, and clams. -411 of this was made possible by our Secretary, Bill H., and his wife Ethel, and of course the other members who helped.

The cook at this clambake was none other than our Secretary, Meister Chef, a "Great European Artist" in the preparing of food and his assistants, Bill L., Ed- and Bill P—. They all deserve a lot of congratulations and thanks for the splendid job they did.

After the Bake, music and dancing followed, and believe me, I never saw so many able steppers, who can do the Rhumba as well as the Polka.

It was very thoughtful of the Committee to furnish music, so that the women could listen or dance to it. As for the men, some played cards and others hung around the "bar" in the bar room and sipped soft drinks, while one fellow passed around a bottle of Seagram's Five Crown, filled with Coca-Cola. Everybody ordered a double header.

Incidentally the price of the Clambake was only membership in the Miles Group.

## LORAIN AVENUE (MONDAY)

The Lorain Avenue Monday Group had an unusually good turnout at its dinner party on Monday, October 4th. Eighty meals were served and you could have heard 160 lips smacking appreciatively had you been standing way over on West 25th Street at the time. After the meal and the excellent meeting, everybody agreed that they had a good time.

## WORKHOUSE ROUND TABLE

-4 round table discussion led by five AA men and one AA woman was held in the chapel of Warrensville Workhouse, Tuesday, October 12th, for the benefit of alcoholics incarcerated there, and in the opinion of Welfare Director Worthington, it was a big success.

The inmates of the women's workhouse, one mile away, were transported to Supt. Huismar's office where a loud-speaker carried the discussion to them.

After the meeting (attendance at which incidentally was not compulsory) where every seat in the chapel was filled, hands were raised to see how many wanted another meeting and almost every hand was raised.

It is hoped to help inmates through a concentrated program of education—preparing them to readjust themselves when leaving—cut down repeaters.

This is one of the most forward plans advanced to cut down the alarming growth of alcoholism in Cleveland, and will be studied and watched with interest.

## EUCLID-WADE NOTES

In keeping with the policy that has been in vogue since the inception of the group, Euclid-Wade announces that beginning Saturday evening, November 13, and continuing every second Saturday of each month thereafter during fall and winter, there will be a series of parties.

These get-togethers offer a fine opportunity for the younger members of -4-4 to become acquainted with people who have been associated with the movement for sometime and thereby many real and lasting friendships are born.

These activities serve a two-fold purpose—that of affording a few hours of real pleasure—and building a strong foundation for -4-4 principles which may serve in good stead during trying days ahead. Let's reserve the second Saturday of each month for another top AA function. Just a reminder—the Halloween Party of Euclid-Wade will be held on Saturday evening, October 30th at Emmanuel Church, East 86th and Euclid. Dancing, games, good food.

## GLENVILLE DATA

Glenville is proud of their members, who not only attend meetings regularly, but, also cooperate in all functions of the Group.

It gives this writer a lot of pleasure to see Bud and his wife Gladys, at every meeting. They are what you would call the old reliables. By the way, "Bud" was this writer's sponsor and I am really proud to say that he sure did help me a lot, in fact, he also was one of the pioneers in starting the Glenville Group. And not to forget "Scotty" L..... who is really doing a swell job in "AA". I understand he led a meeting, Monday, October 4th, at Willoughby. I know that everybody enjoyed his talk with the scotch burr.

The Glenville Group invites members of any other Group to visit them on Thursday and enjoy the atmosphere of friendliness, especially the "Editor" and Printer of the "Central Bulletin".

## LAKWOOD MEN'S GROUP

This is to announce the opening of a new group to be known as The Lakewood Men's Group.

This group will hold its meetings every Monday in the basement of St. Peter's Episcopal Church located on the corner of West Clifton Blvd. and Detroit Ave. Meetings will start promptly at 8:30 P.M.

As the name implies, meetings will be for "men only". Entrance to the basement is on the West Clifton side. Both Detroit and Clifton cars run to this point.

## FACTS ABOUT WEST SIDE NURSING HOME

Many AA's in the city were disturbed over a newspaper item which erroneously interpreted the intent of a "new christian organization which was going to devote itself to the healing of alcoholics". It looked as though Alcoholics Anonymous was going to have competition.

Investigation discloses the fact that in order to secure hospitalization recognition, West Side Nursing Home had to qualify as being sponsored by a non-profit organization. They operate strictly in accordance with A-4 hospitalization principles and this item is inserted to straighten out the facts.

**OUR BIRTHDAY**

This issue marks the passing of our first milestone in the printing of the Bulletin. We are convinced that it has filled a definite need in rounding out the work of AA's in Cleveland and other towns who have subscribed in goodly numbers.

The letters from appreciative boys in service also help to inspire the editors to further their efforts in making the Bulletin interesting, newsy, educational and helpful.

Financially, the support has been inadequate and we end the year with a deficit. This can be wiped out, however, if the subscription list reaches 1000. So far there are about 700 on the mailing list.

We thank the several groups whose entire membership is on our mailing list as subscribers. In their cases, one member took it upon himself to personally solicit each member until he had secured them all. We trust that a greater effort will be made in those groups which have been slow in responding to our pleas during the past year.

**LAKE SHORE "SHORTS"**

When me first became associated with AA we were told that the social life between members, informal meetings and discussions of our mutual problems were a very essential part of our rehabilitation, but none of us fully realized the meaning of that part of the program until we had enjoyed the companionship of each other. It was then that we understood the necessity of that part of the program and felt the inspiration resulting from frank discussions. Several members have told us with enthusiasm of downtown luncheon meetings they attend and have asked us to invite any AA member who would like to come.

One of these groups meets at Berwin's Restaurant in the basement of the Union Commerce Bldg. every day at noon. Ask for Hilda Martin's table. Another meets on Fridays at 11:45 A.M. in the Hickory Grill.

We are also rather proud of our own Lake Shore dinner meeting at 7:30 P.M. every Monday. Come and have dinner with us and if you don't feel that it was a good investment and can prove it just ask for Joe and he will gladly refund your money.

**COLUMBUS, OHIO**

The Central Group had the privilege on Saturday, Sept. 4, of hearing Eran W. of Akron. Out-of-town speakers are made especially welcome in Columbus. In the past, they have given their finest efforts and the greatest encouragement to our local groups.

In addition to our regular meetings, there is a Friday luncheon, to which anyone available is very welcome—12 M. Friday, Southern Hotel.

Readers in the Cleveland area will be pleased to know that the Newark Group, an offspring of the Columbus Central Group, is making fine progress. Several Cleveland members were on hand at the first meeting about a month ago. Newark has a meeting every Tuesday at 8 P.M. in the Central Y.M.C.A.

N.B. We are listing the three Columbus groups in our directory of groups.

**SUSRISE BREAKFAST GROUP**

This editor humbly apologizes to the founder of the Sunrise Breakfast Group for erroneously accrediting the idea to another group in the vicinity. The information came to me "third hand" and since it came just before publication time, there was no opportunity to check for accuracy.

It is true, however, that there is a Sunrise Breakfast Group and that it meets at 10203 Miles Ave. every Friday morning at 7:30 -4.31. and that they have bacon and eggs and then their meeting. And this editor still thinks it's a doggone good idea and he's all for you!

**BROOKLYN-PARMA GET-TOGETHER**

Starting October 2nd, and then every other Saturday, a social group is to meet at: Our Lady of Good Council Hall, 4423 Pearl Road. The purpose is social, and dancing, bowling, cards, and bingo will, it is hoped, attract a large number of AA's, and afford them a pleasant and interesting evening, twice each month. All AA's are most cordially invited:

**EUCLID VILLAGE GROUP**

A new group was formed in Euclid Village and it meets on Friday evening at 8:30 P.M. at St. Paul's Church, East 200th Street just off St. Clair.

**GROUP MEETINGS**

	Monday	
Eorton .....	13931 Euclid Ave. ....	8:45
Lee Road .....	1637 Lee Road .....	8:30
Lnkewood .....	Townsend Hall, 15903 Detroit Ave. ....	8:30
Lake Shore .....	Lake Shore Hotel, Dinner at 7:30, Meeting at .....	8:30
Lorain Ave. ....	Banater Hall Annex, W. 130th at Lorain .....	8:30
Miles .....	12907 Union Ave. ....	8:30
Lake County.. ..	Presbyterian Church, Willoughby, O. ....	8:30
Shaker Heights .....	Shaker Jr. High, S. Woodland and Woodbury....	8:30
South East Group.....	10203 Miles Ave. ....	8:30
West 25th St .....	2858 W. 23th St. ....	8:30
	Tuesday	
Brooklyn-Parma .....	4427 Pearl Rd. ....	8:30
Public Square.. ..	Hotel Cleveland .....	8:30
Euclid-Wade .....	Emmanuel Church (Rear), 8614 Euclid .....	8:30
Women's (West Side) ..	370 N Detroit Ave. ....	8:30
Mansfield, O. ....	North Lake Park, Sec. Address, 175 1/2 Lesington, Mansfield.....	8:30
	Wednesday	
Crawford Men's .....	E. 79th and Euclid Ave. Lt. Agnes School.....	8:45
Brooklyn .....	K. of P. Hall, Broadview and Pearl Rd. ....	8:30
Denison.. ..	St. Phillips Hall, 3790 Denison Ave. ....	8:30
Elyria, Ohio .....	108 Middle Ave., P.O. Bos 491, On the Square .....	8:30
Lee Road .....	Mayfield and Preyer, Heights Presbyterian Church .....	8:30
Collinwood .....	14709 St. Clair Ave. ....	8:30
Women's (Lakewood) ..	1221 4 Detroit Ave. ....	8:30
	Thursday	
Lorain Ave. ....	Banater Hall Annex, W. 120th St. at Lorain.....	8:30
Lee Road .....	1637 Lee Road .....	8:30
Glenville .....	E. 105th and Marlowe .....	8:30
Lorain, Ohio .....	4ntlers Hotel .....	8:30
Women's (East Side) ..	378 0 Euclid Ave. 2nd and 4th Week .....	8:30
Thursday Stag, Columbus, O., .....	Broad St. Church of Christ, 1st and Broad St. ....	8:30
	Friday	
Lee Road .....	1637 Lee Road .....	8:30
Avon Lake .....	1112 W. Erie St., Lorain, O. ....	8:30
Berea .....	Bagley and Seminary .....	8:30
Gordon Square .....	St. Helena's Church Hall, 1367 W. 65th St. ....	8:30
Rocky River .....	St. Christopher's Hall Lakeview off Detroit Rd. ....	8:30
Kent, O. ....	K. of P. Hall. ....	9:00
Euclid, Ohio.....	St. Paul's Church, E. 200th St. off St. Clair. ....	8:30
Lakewood Men's .....	St. Peter's Episcopal Church, W. Clifton and Detroit. ....	8:30
	Saturday	
Canton, O. ....	Oddfellows Temple .....	8:30
Central, Columbus, O. ....	I. O. O. F. Temple, 24 W. Goodale St. ....	8:30
No. Side, Columbus, O. ....	Olentangy Village .....	8:30
	Morning Meetings	
<i>Monday Mornings</i>		
Bolton Square .....	E. 79th and Euclid Ave. St. Agnes School. ....	10:00 A. M.
<i>Wednesday Mornings</i>		
Collinwood .....	14700 St. Clair Ave. ....	10:00 A. M.
<i>Thursday Mornings</i>		
West Side .....	7304 Denison Ave. ....	10:00 A. M.
<i>Friday evenings</i>		
Sunrise Breakfast .....	10203 Miles Ave. ....	7:30 A. M.
	1st Tuesday every month	
Central Committee .....	Hanna Building, Room 370 .....	8:30



# CENTRAL BULLETIN

VOL. II-No. 2

BOX 16 38, STATION C, CLEVELAND, OHIO

November, 1943

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## Editorial- Good Habits

In developing good habits, and particularly in overcoming bad habits, a great teacher once wrote, it is important not to make any exceptions. If you are winding up string into a ball, that teacher observed, and then drop the ball, a great deal of rewinding will have to be done. That is, you will have to do much of your work over again.

Another important thing in developing good habits! is to work a little on the good habit each day, until the new is firmly a part of us and until it has surely taken the place of the old.

The good habits we have to develop are those in the practice of unselfishness, honesty, love and purity. They are the habits of turning to a power greater than our own and of applying the Golden Rule.

We can start from where we are, and try to improve a little each day.

## Growth

In a letter to one of the editors, one of the pioneers in the AA movement in Cleveland expressed gratification at the marvelous growth of our fellowship in the past 4½ years, as attested to by the roster of groups in Cleveland.

He went on to say that to those who had been "around" for several years or more it was a source of much of the enthusiasm which is so necessary a part in our program of living.

He remembered the days before we had any group in Cleveland and the vision of having even one group was but a wish or a dream. Surely the elaborate setup we now have, far exceeds all visions and dreams and we still are progressing and growing.

Our groups and activities represent a composite picture of constructive help and advancement to thousands of individuals and their families. The tangible and intangible results are inestimable. Our possibilities for service today and in the future are unlimited.

In looking back, he continues, he can see where we can lay our success to the fact that we started on a solid foundation which was built on the Four Absolutes, the Twelve Steps and an honest labor of love. We have been blessed with success because of the unselfish conscientious devotion on the part of many sincere members.

The verse in the Good Book which reads, "Where God builds a Temple, the devil builds a chapel!" should be kept in mind for we should continue on our program of high ideals and be wary of negative influences which would do our movement irreparable harm.

Let us always remember to pray for guidance, vision and wisdom to continue to keep our fellowship what it is—a simple Way of Life—whereby persons like you and I can find and know God, and in so doing reap the rewards of health, strength, happiness and serenity of mind.

There is a destiny that makes us brothers;  
None goes his way alone;  
All that we send into the lives of others  
Comes back into our own.

## Thinking

In an excellent little article on "Thinking," Columnist: George Matthew Adams contributed an excellent piece which deserves study and re-reading. It follows:

### Cleveland News

Over and over again, we need to convince ourselves that thinking rules our lives—our health, our attitude toward others and our very happiness. Nothing good, or evil, can be that thinking doesn't make it so.

It takes but a brief talk with anyone to discover just what bosses rule the Mind of such a one. It may be the

Worry-boss, the Money-mad boss, the Complaint-boss, the Always-tired boss, or the Chip-on-the-shoulder boss—just to name a few.

To succumb to any one of these mental bosses is to acknowledge that thinking makes it so. On the other hand, it is possible for thinking to turn the whole gang of "mental blockbusters" into the street of Oblivion!

A thorough knowledge of this intricately constructed body of ours is absolutely essential to an efficient handling of the problems that face it throughout life. And yet how very few know hardly more about it than that they have to suffer when it gets out of order! Most folks take better care of their cars, homes or businesses than they do of their bodies. Health is the greatest asset that a body can have—and that means the Mind, for this Mind cannot work efficiently in a body that is all out of sorts.

### A PRAYER

Almighty God, answer the prayers of the men on the many battle-fields, that soon this war may end; and give us that depth of understanding which comes only through humility, so we may fully appreciate their sacrifices on our behalf and that we show that appreciation by bringing to others, at the Christmas season approaches, that happiness which we ourselves have received.

"Lake Shore Shorts."

If nobody cared just a little for you  
And nobody thought about me  
And we stood all alone in the battle of life,  
What a dreary old world it would be.

### AA BOWLING LEAGUE

A lot could be written about individual feats but the Bulletin's policy of anonymity only allows us to publish team standings. If you haven't attended these contests you've missed a lot of fun. They bowl at Franklin Recreation West 25th Street, every Thursday evening at 8:30 p.m.

#### THE TEAM STANDING INCLUDING NOV. 11TH.

	Won	Lost
1. Crawford Road .....	20	7
2. West 25th .....	19	8
3. Collinwood .....	18	9
4. Miles .....	18	9
5. Lorain Ave. ....	16	11
6. Lee Road (Friday) .....	15	12
7. Lake Shore .....	15	12
8. Gordon Square .....	13	14
9. Public Square .....	13	14
10. Lakewood .....	12	15
11. Berea .....	11	16
12. Euclid-Wade .....	10	17
13. Brook-Parma .....	10	17
14. South East .....	10	17
15. Brooklyn .....	9	18
16. Denison .....	8	19

## NEWS FROM THE CAMPS

We are listing below the names and latest known addresses of the boys in service who have given us their permission to publish their names. Not having heard from the others we presume that they either have not had time to write us, or that they prefer not to have their names appear.

Pvt. R. S. Brintnall, No. 35276713, Hdq. Squadron VIII Air Force, Composite Command, APO No. 639, c/o Postmaster, New York, N. Y.  
 Lt. Clayton E. Bull, Co. E, 5th Q.M.T.R., Ft. F. E. Warren, Wyo.  
 Pvt. Chas. Cheska, 35092412, 569th Signal Co., D.S.O., A.P.O. 411, 69th Div., Camp Shelby, Miss.  
 S/Sgt. Leslie A. Clapper, 6th Base P. O., Fort Dis., N. J.  
 Pvt. Vincent P. Donovan, Headquarters Co., School Batt'n, Camp Lejeune, Hudnot Point, New River, N. C.  
 Cpl. Howard J. Evans, ASN 35051543 Gen'l Depot No. 2, APO 603, Postmaster, Miami, Fla.  
 Pvt. W. H. Evans, 1005th T. S. S. (SP) Flight 6, 720 S. Michigan Blvd., Room 608, Chicago, Ill.  
 Pvt. Harvey Fouts, 44th Squadron (Sch), Randolph Field, Texas.  
 Pvt. John Garish, Co. E, 10th Q.M.T.R., U. S. Army T446, Camp Lee, Va.  
 Ralph J. Heidinger, SC1, c USNR, 1st Sp. Batt., Cub Two, Fleet P O San Francisco, Cal.  
 Paul Kaczkowski, SF3, c, 97 NC Batt., Sec. 2 Co. A. Plat. 1, Adv. Base Dep., Davisville, R. I.  
 Frank W. Kelly, Stereographer, c Hdq. Co., C. B. Ext. 1009, A.B.D., Port Hueneme, Cal.  
 Corp. E. C. Kerver, Hdq. Co., S. O. S., A. P. O 571, New York, N.Y.  
 Cpl. G. E. Krueger, ASS 3513652 Co. C, 672 T.D. Bn. North Camp Hood, Texas.  
 Lt. Clyde M. Mohler, Hq. 2 Ln. 1st Reg. F.A.R.C., Ft. Bragg, North Carolina.  
 Pvt. W. Nugent, Hdq. Co., 551 Parachute Inf., Camp Mackall, N. C.  
 Pvt. T. J. O'Connell, 23rd Sig. Op. Co., The Presidio, San Francisco, Cal.  
 Cpl. Frank M. Orpse, 433 SEFT Sq., Napier Field, Dothan, Ala.  
 J. R. Pickett, U. S. Maritime Service Officers School, Sec. 1501D, Room 313 Typhoon, Fort Trumbull, New London, Conn.  
 Lt. Louis Millicer, Box 195, Room 117, Army Medical Center, Washington, D. C.  
 Cpl. Spencer W. Powell, ASS 35521415 Hdq. Sq. 33d TEFT, G. P., Sec. 3, Flight E. SAAF, Stuttgart, Ark.  
 N. Rickabaugh, E M 1c, 75th Naval Const. Batt., Co. C, PL. 3, c/o Fleet P. O., San Francisco, Cal.  
 Sgt. Alfred L. Rumel, Hdq. Co., 17th A B Div, Camp MacKall, N. C.  
 Capt. H. C. Russ, Station Hospital, Camp Maxey, Texas.  
 T. A. Scanlon, 1st. M. Sc. U. S. Naval Hospital, Puget Sound Navy Yard, Bremerton, Wash.  
 Pvt. Ernest Schimmelman, Jr., 6th Photo Comp. Sq., Peterson Field, Colorado.  
 W. J. Shannon, 83rd Construction Batt. Co. D, c/o Navy Fleet P.O., New York, N. Y.  
 Lt. Robert Teter, 4035 Ocean Front, Mission Beach, Calif.  
 Thos. L. Tucker, VASN, 35062898, Co. D, Port B. N., ASF-UTC, New Orleans, La.  
 Pfc. James P. Vizzard, "H & S" Co., 233d Engr. Combat Bn., USA, Fort Story, Va.  
 Cpl. Glenn R. Wadick, Co. F., 30th Eng. C. S., Camp Sutton, N. C.  
 S Sgt. W. H. Winters, 1521827 Hdq. H. Sq., U. S. Air Ser. Cum., APO 696, Postmaster, New York, N. Y.  
 E. A. Woodcock, SP, M2C, CasBay, Portland, Maine.  
 T/Sgt. Roy A. Yeargan 38161471 Fairfield Air Depot, Patterson Field, Fairfield, O.

☆☆☆

Many interesting letters are written by servicemen to fellow members which would make interesting reading to other servicemen. Send these in to Central Bulletin and help make this "Sews from Camps" column an interesting one.

And by all means report any address changes or new names and addresses as soon as you hear of it. Four letters from servicemen were returned because of incorrect or changed address.

☆☆☆

Parachutist Bill Nugent writes to Buck -, and Buck feels his friends will be glad to share the news contained therein.

Sorry I couldn't write sooner, but I was in the hospital for about two weeks with the "jumps," and now we're busy jumping all the time.

Your letter and those from the other fellows helped me through a very tough month, but thank God, I made it without slipping. My nerves are good now and I'm back in the

groove. Jumped last Thursday and another is slated for next Sunday.

Thanks a million for all you did for me. It was not in vain for that row for the 24 hours is the first thing I think of each morning. It's a great life.

Am a private just now, due to a little scrape I had with the MP's before I took AA to heart. It was a slap on the wrist though, for I know they can't keep me down now.

"Rick" Rickabaugh writes a V-letter from somewhere in the Pacific to one of the editors.

Received the August Central Bulletin day before yesterday and as usual read every word of it. You sure are doing a swell job with the Bulletin. I don't believe that the twelve steps were ever written more clearly. I read them all and learned a lot. I see you keep the poem on the front page. They're always great and I enjoy them a lot. I think your August Bulletin was the best yet. My wife has sent me several clippings about you that she got out of the newspapers. I guess you must be quite a busy man—but that proves what a A A can do for a person.

About all the news from here is that it is hot, being 120 degrees the other day, but everything is going along nicely. I'm feeling swell both in spirit and in health.

Hope to be able to hear your distinctive laugh soon and wishing you success in everything.

Frank Orpse sends in a nice contribution. It's worth "pasting in one's hat."

Thanks for the Central Bulletin and I guess I don't have to tell you that I was more than glad to receive it—if all who receive it feel the same as I do about the Bulletin they know that if always seems to arrive at the most opportune time—I know it seems that way to me.

I appreciate the editorials. "Tolerance" for this month is very well written and I sure got a lot of good out of it. I sure agree with you when you say "An intolerant attitude is a serious thing for an alcoholic who is trying to find a new way of life"—to me an intolerant attitude is also very serious even now when I have found a new way of life.

Am kept very busy now and glad of it—in that way, I'm sure I will not get into any trouble. I read a little piece about prayer recently, quote "Some men act towards God as they act towards their country. They seek to avoid paying taxes, to escape public burdens, but when their property rights are attacked they call on their country most vociferously." How true this seems to me and especially to some of us "alkys."

I still insist that the spiritual side of Alcoholics anonymous is what keeps me sober and I try to follow this system faithfully.

My sincere thanks again for sending me the Bulletin. With best wishes to all of you. May God bless you.

Spence Powell wrote twice to a friend in Cleveland and we're cutting in excerpts from his letters. Too bad we're short of space. For his letters are highly interesting.

We have been "on the line" as high as 18 hours a day, working right straight through the night. We had 18 new ships wished upon us and no new men until two weeks ago. Their inexperience proved a handicap rather than help. They ran errands but couldn't re-fuel a ship. The field was just reorganized recently.

We sure have been on the rush. They have been flying both day and night and I mean they're been flying. We inspect the ships at 25-50, 25-100 hours and when it hits 100 hours this means a thorough inspection of spark plugs and all parts of the ship. We've had some severely windy days, which makes it tough for the Cadets to land, so we've had to change damaged wings and struts. But we gotta keep 'em flying—that's what we're here for. Have been thinking about getting back to civilian life again, but haven't reached a decision. Next month I'll be starting my second year. Doesn't seem that long, for in looking back, time certainly has tra velled fast.

You and Harry R. are the only ones I hear from—how are the others hitting it? I appreciate your having my address corrected in the Bulletin. I look forward to its arrival.

A letter from Bud Clapper, a regular correspondent in past issues will interest many of his friends.

*The last time I wrote I was on the Atlantic Coast and now I'm back on the Pacific Coast once more.*

*I suppose you have heard that I was discharged from the service. Got the outfit all packed for overseas movement and on the final physical examination, I failed to pass because of "hypertension." Had to go to the hospital for 15 days and there they gave me an honorable discharge. I had just been promoted to Tech Sgt. before this bum break.*

*The outfit sprang a farewell party for me and presented me with a wristwatch and my Major gave me a swell letter of recommendation. Now I'm really stumped. I have my wife and two kids with me out here and I don't know whether to stay out here or return to Cleveland. I'd like to come back and do some real work for AA. I just celebrated my second anniversary in October, thank God.*

Leslie A. Clapper,

1655—5th St., LaVerne, Cal.

### LORAIN AVENUE (MONDAY) GROUP

The Lorain Avenue Monday Group served over 100 persons with a chop suey supper on October 23th and plan to hold one every month. Everybody attending reported no ill-effects-in fact several members gained a couple pounds. (They're the ones who somehow or other succeeded in getting past the Serving Committee for seconds.) But there was plenty for everyone and the beauty part of it was that it didn't cost the diners a cent-all the cost was borne by the "Kitty."

### MILES GROUP

The Miles Group had the pleasure of welcoming back one of its soldier members who was home on furlough—Sgt. Augie Meinke. He looked the picture of health and told how "swell the army was treating him." He expressed his happiness at being able to attend the meeting, for as he said "In the army we haven't any AA Group meetings and the only way we keep our sobriety is through meditation and words of encouragement from the chaplain about once or twice weekly.

A beautifully decorated cake was presented to him with the words, "Welcome Home, Our Boy," enscribed on it. After the presentation, everybody sat down to enjoy sandwiches—and to eat Augie's cake which he cut for them.

Our Secretary was presented with a War Bond on his fourth year of sobriety and in small appreciation of his tireless work in AA. According to him, the secret of staying sober is to be active and doing all you can in AA work.

We held our annual Halloween Party on October 30th, and the highlight of the evening was the selection of the funniest and the most beautiful costumes. The winner of the funnies: (of which there were many) wore an old-fashioned nightgown with a wig of long braided hair down her back and she was carrying a thunder pot.

The evening was complete with bingo and dancing to a three-piece orchestra.

A bingo and turkey raffle will be held on Nov. 20th at 8:30. We hope the Bulletin reaches you in time to notice this and attend. Tickets 50 cents.

### PUBLIC SQUARE GROUP

The Public Square Group, meeting in splendid quarters at the Cleveland Hotel every Tuesday night at 9:00 continues to greet new faces at every meeting. The Hotel bulletin board lists the meeting and it has attracted particularly out-of-town AA's whose business carried them to Cleveland.

### COLUMBUS DINNER

The Central and North Side Columbus AA Groups held a joint second anniversary dinner on Sunday, Nov. 7th at the Southern Hotel. Speakers were W. C. of Canton, J. D. of Cleveland, and N. Y. of Youngstown. These three well-known and prominent speakers were well acclaimed.

The Bulletin regrets that it did not receive the information in time to publish it in last month's Bulletin.

### EUCLID-WADE

Over 250 persons attended the Halloween Party held by Euclid-Wade at Emmanuel Church Hall, Oct. 30th. 'Twas a hilarious evening with costumes of varied hue. Dancing was fun, with many risking their limbs, to the amusement of the many who sat on the sidelines. Amusing skits by member, were roundly applauded.

A New Year's Eve party will be held at Windemere Hall, 13927 Euclid, December 31, from 9 p. m. until ????. The committee has planned a large program and this promises to be a gala affair, with dancing to a first-rate orchestra, floor show and turkey buffet supper.

Accommodations have been made for 200 persons. Tickets can be secured from your Group Secretary. It is imperative that all returns be in by December 15th.

### SATURDAY NIGHT SOCIAL GROUP

The Saturday Night Social Group is open to all AA's who wish to have a nice clean social time. They meet every other Saturday, (starting October 2), at Our Lady of Good Counsel Hall, 4423 Pearl Road. Their purpose is social, with dancing, bowling, cards and bingo.

### EUCLID VILLAGE GROUP

The Euclid Village Group was well represented at the Euclid-Wade Masquerade Ball on Halloween. Almost all of the 19 members attended and had a rousing good time. They meet every Friday in St. Paul's School, St. Clair and E. 200th St.

### NEW TEARS' EYE PARTY

The West Side Sew Years' Eve Party will be held at St. Wendelin's Hall, 2281 Columbus Rd., south of Lorain.

Tickets will cost one dollar and there'll be vaudeville, dancing, games, prizes and favors. Time will be from 8:00 until ????. Everybody in AA is invited to come with their friends.

### COLLINWOOD GROUP

The Collinwood Group reports that they hold Open House every Sunday afternoon, with bowling, cards and supper and meeting following at 7:30 p.m.

### BORTON NEWS

The Borton Group held an open meeting, Monday, November 1st, at which a number of the clergy of E. Cleveland churches attended. The meeting was led by a well-known member who has been in AA over five years. He led a wonderful meeting followed by a lot of good discussion which the clergy participated in.

The clergy joined in asking questions and I'm sure they obtained a better viewpoint of AA and its principles. The clergy not only gave a fine talk on religion but also asked questions which made the meeting very interesting. There was a large attendance at the meeting with visitors from other Groups.

### WARRENSVILLE WORKHOUSE

A splendid start was made in the AA rehabilitation plan initiated at the Warrensville Workhouse. On November 4th, a regular AA meeting conducted by one of the Crawford Men's Group was held. Out of the 470 inmates, 250 attended the meeting. Twenty Crawford members later interviewed 52 who expressed a desire for more information. The next meeting will be held on Thursday, December 2nd, and it is hoped that other Groups will send emissaries there.

The Superintendent of the Workhouse is considerably interested and has been most co-operative.

### PITTSBURGH ANNIVERSARY

One of the founders of Cleveland AA has been asked to "do the honors" in helping Pittsburgh celebrate its third anniversary, Nov. 20th. We wish them continued success.

### MUSICIANS WANTED

The demand for the AA orchestra services has been so great we need more musicians. Anyone caring to get out his rusty flute, clarinet, trumpet, sax, piano, drums, please contact Harold P. at Garfield 7450.

## CENTRAL COMMITTEE

The Central Committee met Nov. 2. Forty persons, representing 19 Groups, attended.

On the roll call, delegates were asked to report the active membership of their Groups. The 19 Groups reported a total active membership of 838, which would indicate that the actual active membership in AX in the Greater Cleveland area is about 1500.

The hospital chairman reported on the meeting of the newly created hospital group committee, to which 23 groups sent delegates. The committee report stressed the need for good sponsorship in hospitalizing alcoholics and recommended that the groups return to the earlier practice of requiring all hospital admissions to be handled by the groups' hospital committees.

The proposal for at least one consolidated AA meeting, to be held downtown, was carried, 17 to 2. A committee was appointed to make arrangements.

New officers for the central committee will be elected at the December meeting, to serve for six months. The retiring chairman recommended that the elections be limited to the offices of chairman, vice chairman and treasurer, and that the new chairman have the privilege of selecting his own secretary and the chairmen of the various committees.

## THE FOUR ABSOLUTES

Some one raised the question of why the Four Absolutes are not in the book "Alcoholics Anonymous." We referred the question to AA's founder in Sew York. He replied: "The Four Absolutes never did appear in any printing of the book. They were left out because they are expressed or implied in the Twelve Steps."

## LAKWOOD

The Lakewood Group celebrates its fourth birthday on Nov. 22nd. A large crowd is expected to participate in the celebration. Many West Siders got their start in A-4 there. Three of the original eleven members are still on the Lakewood active roster, while the others are active in other groups.

The Lakewood Group Halloween Party was much of a success. Appropriate decorations, favors for the children, cider and donuts followed by good coffee and pumpkin pie later in the evening.

Believe it or not, one of the gals made a perfect pin-on of the donkey's tail.

A well deserved prize winner n-as our good secretary who appeared as an old lady not only in costume but in actions as well. The make-up was entirely of articles once belonging to her Great Grandmother and Grandmother. She also had a grey wig. Even after all these years the grey hair was artificial.

The gent who donated the first prize took it home again. (He won it.)

Another high spot was when a real squad of police barged in and made a pre-arranged phoney pinch of one of the oldtimers who put up some resistance making it look real.

This was the first party of the winter season. More are to follow. Come on over and enjoy yourselves.

## LAKWOOD MEN'S GROUP

The newly formed Lakewood Men's Group meets on Monday nights—NOT—Friday nights, as erroneously scheduled under Group Meetings in las: month's Bulletin.

A word or two as to what we are trying to do. We have gone "back to the book". We are confining our meetings strictly to AA. There is no "kitty," no raffles, no card playing, we sell nothing. Believe it or not—it's free. The founders of the group are underwriting the cost of operation, which is negligible. After the speaker ends and we repeat the Lord's Prayer we have our discussion over the coffee cups. So far everyone is happy.

As usual the Bulletin is tops and we hope we will be able to help you in attaining the 1000 figure.

1st Tuesday every month  
Central Committee ..... Hanna Building, Room 370 ..... 8:30

## GROUP MEETINGS

Monday	
Borton .....	13931 Euclid Ave..... 8:45
Lee Road.....	1637 Lee Road..... 8:30
Lakewood .....	Townsend Hall, 15303 Detroit Ave..... 8:30
Lake Shore .....	Lake Shore Hotel, Dinner at 7:30, Meeting at..... 8:30
Lakewood Men's .....	St. Peter's Episcopal Church, W. Clifton and Detroit..... 8:30
Lorain Ave. ....	Banater Hall Annex. W. 120th at Lorain..... 8:30
Miles .....	12907 Union Ave..... 8:30
Lake County.....	Presbyterian Church, Willoughby, O..... 8:30
Shaker Heights .....	Shaker Jr. High, S. Woodland and Woodbury..... 8:30
South East Group .....	10203 Miles Ave..... 8:30
West 25th St.....	2858 W. 25th St..... 8:30
Tuesday	
Brooklyn-Parma .....	4427 Pearl Rd..... 8:30
Public Square.....	Hotel Cleveland..... 8:30
Euclid-Wade .....	Emmanuel Church (Rear), 8614 Euclid..... 8:30
Women's (West Side) .....	8701 Detroit Ave..... 8:30
Mansfield, O. ....	North Lake Park, Sec. Address, 175½ Lexington, Mansfield..... 8:30
Pittsburgh (E. Liberty) .....	E. Liberty Y. M. C. A..... 8:30
Wednesday	
Crawford Men's .....	E. 79th and Euclid Ave. St. Agnes School..... 8:45
Brooklyn .....	K. of P. Hall, Broadview and Pearl Rd..... 8:30
Dcnison.....	St. Phillips Hall, 2290 Denison Ave..... 8:30
Elyria, Ohio .....	108 Middle Ave., P.O. Bos 491, On the Square..... 8:30
Lee Road .....	Mayfield and Preyer, Heights Presbyterian Church..... 8:30
Collinwood .....	14709 St. Clair Ave..... 8:30
Women's (Lakewood) .....	12214 Detroit Ave..... 8:30
Bedford, O.....	Y. M. C. A., Tarbell Rd..... 8:30
Thursday	
Lorain Ave.....	Banater Hall Annex, W. 120th St. at Lorain..... 8:30
Lee Road .....	1637 Lee Road..... 8:30
Glenville .....	E. 105th and Marlowe..... 8:30
Lorain, Ohio .....	Antlers Hotel..... 8:30
Thursday Stag.....	Broad St. Church of Christ, Columbus, O..... 8:30
Friday	
Lee Road .....	1637 Lee Road..... 8:30
Avon Lake .....	1112 W. Erie St., Lorain, O..... 8:30
Berea .....	Bagley and Seminary..... 8:30
Gordon Square .....	St. Helena's Church Hall, 1367 W. 65th St..... 8:30
Rocky River.....	St. Christopher's Hall Lakeview of Detroit Rd..... 8:30
Kent, O. ....	K. of P. Hall..... 9:00
Euclid, Ohio.....	St. Paul's Church, E. 200th St. off St. Clair..... 8:30
Pittsburgh (downtown) .....	Chamber of Commerce Bldg..... 8:30
Saturday	
Canton, O. ....	Oddfellows Temple..... 8:30
Central, Columbus, O.....	I. O. O. F. Temple, 24 W. Goochale St..... 8:30
No. Side, Columbus! O.....	Olentangy Village..... 8:30
Pittsburgh (No. Side) .....	2929 N. High St., North Side Y. M. C. A..... 2:00
Morning Meetings	
Monday Mornings	
Eolton Square.....	E. 59th and Euclid Ave. St. Agnes School..... 10:00 A. M.
Wednesday Mornings	
Collinwood .....	14709 St. Clair Ave..... 10:00 A. M.
Thursday Mornings	
West Side .....	7304 Dcnison Ave..... 10:00 A. M.
Friday Mornings	
Sunrise Breakfast .....	10203 Miles Ave..... 7:30 A. M.

# CENTRAL BULLETIN

VOL. II-NO. 3

BOX 1638, STATION C, CLEVELAND, OHIO

December, 1943

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## Editorial-Self Reliance

We sat the other day in the office of one of the executives of an important industrial concern. The man was performing his duties quietly and without show, but we could see that he knew what he was doing. And as several people came in and went out, we saw that he had the respect of his subordinates and his superiors.

But two years ago this same man didn't have a whole pair of pants. He slept in a flop house and he was so lacking in resources and friends that he could not find money for hospitalization. He was down and just about out.

After he came into AA and got dry, he had a hard time getting a job. His references were no good. But finally he did get a job in a factory, at the bottom of the ladder.

With sobriety, eagerness to do his work well, demonstration of trustworthiness, he started gradually to rise to his proper level.

He works for a hard-headed business concern that has an important war job to do. The concern is not interested in charity or social reform. It is interested in efficient production. It seeks in its key positions men capable of performing their tasks without supervision, men who are trustworthy, diligent and honest.

The man we speak of has ability and he has shown that he can rise to his opportunities and keep his head. He is showing faith in himself, self-reliance, without making the mistake of departing from his renewed faith in the Power that is greater than ourselves.

AA is the gateway to the opportunity to find ourselves again. It does not assure us of a place in the world greater than our capacities, and it does not always open up opportunities to make use of our full capacities. But it does enable us to make use of such opportunities.

If we have been honest and thorough in our self-examination, we ought to be able to see more clearly than we have in the past not only our other-than-alcoholic mistakes, but also where our abilities really lie.

It is a mistake to grow resentful over the things we cannot have, over lack of opportunity to do things that we do not do well enough to make it worth-while for somebody to hire us in that capacity. We should assume our full stature; on the other hand, we should not try to be bigger than we are.

Discontent makes progress when men are able to turn their discontent into practical use. It ruins men who allow themselves to yearn for what they cannot have.

Our first job, after becoming dry, is to make ourselves men again. That is, we must rise to the standards of manhood by which we judge others.

As AA members, we must learn to stand on our own feet, not cling to others. We have to learn to assume responsibility. At first, AA is a crutch. From that, it must

(Continued on page two)

## One AA's Opinion

AA, many agree, is not a business. It's an avocation. It's a way of living. It's a program to follow having as its ultimate result. . . happiness; peace of mind; sobriety; a return to normalcy. It's a fellowship, not an organization. It's life for us, instead of death.

It's a peculiarly personal but yet public road back. Personal, among other things, in that we ourselves interpret The Twelve Steps in our own way. . . unfettered by rules; "musts"; a party line; dogma. Public, among other things, in that we share with our brother and sister alcoholics: our personal opinions and experiences . . . learning; weigh;

ing; testing; sifting them all in terms of how we can benefit from them. . . how we can help others climb back to the foregoing goals.

So being both public and private, and human to boot, we often feel that we are in an especially good position to judge the merits and quality of our fellows' progress. . . or lack of it. How many times we've all heard members of our association say . . . "Oh, he's a swell AA. He's doing a marvelous job. Look at all the calls he's making. And the meetings he goes to. And the number of new members he brings in!" Or. . . "That guy? He's the lousiest AA I've ever seen. Count me out on that bird!"

In short, we are prone to criticize; to pigeon-hole; to judge; to defeat "Live and Let Live", either consciously or unconsciously, the rapidity and slowness of many of our best and most contributory members, whoever they are.

Is there any measure of a member's goodness; quality; his right to call himself an AA; his unworthiness of all our fellowship strives and stands for?

We don't think so.

For one person's admission that he's powerless over alcohol may be for him a greater accomplishment and larger lunge forward in the eyes of God than another's ability to deliver prospects to the hospital or into the group. Who are we to yardstick that? A quiet word spoken to those we love, beyond the gaze of AA eyes, often is a major accomplishment with more profound implications than the dramatic willingness to "rescue" a lush in Liverpool. . . at midnight. . . in the rain.

A man who some would have branded a poor AA recently died. . . drunk. He was a young man who, between the time he was expelled from private school to the day which marked his entrance into A-4, had never been outside of an institution of one kind or another longer than three weeks at a stretch. Even in AA, he was unable to keep sober for long. But. . .

During his periods of sobriety, and even his slips as well, this young man was a source for good. From him man! of us learned much. His route was an ever-present reaffirmation of the terrors and pitfalls of the insidious disease we all have. In his alternately negative and positive

(Continued on page four)

## Christmas Greetings

The Star of Bethlehem first shone against a dark night, and the Prince of Peace came to an earth torn by war and racial hatreds. Yet the darkness of nineteen centuries ago could not master that Light. Nor can the blackouts imposed by evil forces today extinguish the Hope and Faith and Love kindled by the divine flame. Its radiance will glow as a beacon to guide mankind in the way of Justice and Peace. May that Light illumine your heart this Christmastide!

—The Editors

★ A Merry Christmas and A Happy New Year ★

## NEWS FROM THE CAMPS

We are listing below the names and latest known addresses of the boys in service who have given us their permission to publish their names. Not having heard from the others we presume that they either have not had time to write us, or that they prefer not to have their names appear.

Pvt. I. S. Brintnall, S O . 35276713, Hdq. Squadron VIII Air Force Composite Command, APO No. 639, c/o Postmaster, New Turk. N. Y.  
 Lt. Clayton B. Bull, Co. E. 5th Q.M.T.R., Ft. F. E. Warren. Wyo.  
 Pvt. Chas. Cheska, 35062173, 569th Signal Co., D.S.O., A.P.O. 417. 63th Div., Camp Shelby, Miss  
 S/Sgt. Leslie A. Ciapper, 6th Base P. O., Fort Dix. N. J.  
 Pvt. Vincent P. Donovan, Headquarters Co., School Batt'n, Camp LeJeune, Hudnot Point, New River, N. C.  
 Cpl. Howard J. Evans, ASS 35051543 Gen'l Depot h-o. 2, APO 603, Postmaster. Miami, Fla.  
 Pvt. W. H. Evans, 1005th T. S. S. (SP) Flight 6, 720 S. Michigan Blvd., Room GUS. Chicago, Ill.  
 Pvt. Harvey Fouts, 44th Squadron (Sch), Randolph Field, Texas.  
 Pvt. Jack Garish, 35049059 C S A . FSA Det. No. 2, A P O No. 604 Postmaster, Miami, Fla.  
 Ralph J. Heidinger, SCL/c USNR, 1st Sp. Batt., Cub Two, Fleet PO San Francisco, Cal.  
 Paul Kaczowski, SF3, c, 97 SC Batt., Sec. 2 Co. A. Plat. 1. Adv. Base Dep., Davisville, R. I.  
 Frank W. Kelly, Storekeeper, c Hdq. Co., C. B. Det. 1003. A.B.D., Port Huenuem, C d  
 Corp. E. C. Kerver, Hdq. Cu. S. O. S. A. P. O 871, New York, N.Y.  
 Cpl. G. E. Krueger, ASN 3513X52 Co. C. 672 T.D. Bn. North Camp Hood, Texas.  
 Lt. Clyde H. Mohler, Hq. 2 Bn., 1st Reg. F.A.R.C., Ft. Bragg, North Carolina.  
 Pvt. W. Nugent, Hdq. Co., 551 Parachute Inf., Camp Mackall, N. C.  
 Pvt. T. J. O'Connell, 24th Sig. Op. Co., The Presidio, San Francisco, Cal.  
 Cpl. Frank M. Orpse, 433 SEFT Sq., Napier Field, Dothan, Ala.  
 J. R. Pickett, U. S. Maritime Service Officers School, Sec. 1501D, Room 315 Typhoon, Fort Trumbull, New London, Conn.  
 Lt. Louis Pillemer, Bus 195, Room 117, Army Medical Center, Washington, D. C.  
 Cpl. Spencer W. Powell, ASS 35521415 Hdq. Sq. 33d TEFT, G. P., Sec. 3, Flight E. SAAF, Stuttgart, Ark.  
 N. Rickabaugh, E M 1c, 75th Naval Const. Batt., Co. C. PL. 3. c/o Fleet P.O., San Francisco, Cal.  
 Sgt. Alfred L. Rumel, Hdq. Co., 17th A/B Div. Camp MacKall, N. C.  
 Capt. H. C. Russ, Station Hospital, Camp Maxey, Texas.  
 T. A. Scanlon, Th. M. 3c, U. S. Naval Hospital, Puget Sound Navy Yard, Bremerton, Wash.  
 Pvt. Ernest Schimmelman, Jr., 6th Photo Comp. Sq., Peterson Field, Colorado.  
 Wm. J. Shannon, EM2c, 83d Const. Batt., Co. D-1, c, o Navy Fleet P. O., New York, N. Y.  
 Lt. Robert Teter, 4035 Ocean Front, Mission Beach, Calif.  
 Thos. L. Tucker, VASN, 35062896. Co. D. Port B. N. ASF-UTC, New Orleans, La.  
 Pfc. James P. Vizzard, "H & S" Co., 233d Engr. Combat Bn., USA, Fort Story, Va.  
 Cpl. Glen R. Wadick, Cu. F., 340th Ens. 6. S. Camp Sutton, N. C.  
 S Sgt. W. H. Winters, 15318378, Hdq. H. Sq., U. S. Air Ser. Corn., APO 696, Postmaster, New York, N. Y.  
 E. A. Woodcock, S P . M2C, Casco Bay, Portland, Maine.  
 T. Sgt. Roy A. Yeargan, 38161471 Fairfield Air Depot, Patterson Field, Fairfield, O.

☆☆☆

Frank Orpse wrote two letters to us and we regret we cannot publish both because of lack of space. Following is a condensation of both letters:

Had an interesting chat with the Post Chaplain regarding AA. He was quite surprised to meet a typical AA member as he had heard a great deal about our work but never had occasion to meet anyone who had actually benefited from it.

He had the usual ideas about us drunks—such as "you could stop drinking if you wanted to, etc., etc. I set him right and now he is highly enthused about it—in fact Z had to turn over my copy of the Bulletin to him. Hope Z get it back!

Have been thru some extra rigorous training—sure am thankful that I've got AA, otherwise I think I would have been too much of a temptation to resist relaxing in liquor after what we went thru the past month.

Thanks to my AA friends for their kind letters. I'm certainly proud to be a member of AA which is doing such a humanitarian job in Cleveland.

Was exceedingly interested in your rehabilitation plan initiated in Warrensville Workhouse. You have my best wishes and prayers for its success.

It is with pleasure that I noted the forming of the new group in Euclid Village. It wouldn't be surprising to me if some of the members are known to me—possibly some schoolmates—a s I graduated from St. Paul's School where they meet. I'd appreciate hearing from them if there are any.

Thanks for sending me the Bulletin and wishing you a Merry Xmas and a Happy New Year with prayers for your continued success.

Jack Garish writes an interesting letter from somewhere in Brazil:

Life has settled down to a routine of work, cut, sleep and a few hours of relaxation; of movies, ping pong or reading in the library. Our movies are, on the average, from one to two years old. The newspaper we get is from Miami and is from three to four days old. Life Magazine is fresh on the stand today (Nov. 2) and is the issue of August 23rd. The stands also carried the latest Chicago Sunday paper, dated August 11! We do get the current issue of Time and NewsWeek every week which do r s help a lot to keep up abreast of the news at home.

About the greatest pitfall to one of our kind is boredom and monotony, which is more of a problem here than in the States. About the best remedy is to be extra-active, especially according to AA principles.

The days are hot, but the nights are comfortable for sleeping. Day breaks at 4 A.M. and it is dark by 6 P.M. The rainy season has passed and now it's dry and dusty as a desert. Buzzards are constantly flying overhead—even over the city, as the sanitary conditions are not what they are in the States. About the only safe place to drink water is in the USO base.

We look forward to our one day off to break the monotony, altho there isn't much to do in town except USO or shopping. The bars are doing a nice business—prices are expensive.

Passed my third year in AA on October 6th. Z cannot put in words all the benefits, pleasure and happiness derived from our program!

## EDITORIAL—SELF-RELIANCE

(Continued from page one)

develop into a spiritual aid, a confessor, an inspiration, but in it, we must stand on our own feet as men.

AA should help those who fail with the program, but it should not encourage the belief that it is a haven for those who are too lazy or too cowardly to become men.

When we have learned to stand on our own feet, we can assume the responsibilities of men in the economic and social world, make full use of our capacities and rise to our opportunities.

## AA BOWLING LEAGUE

Team Standings Including December 16th, 1943

	Won	Lost
1 Crawford Mens	27	12
2 West 25th	26	13
3 Collinwood	25	14
4 Lake Shore	22	16
5 Lee Road (Friday)	23	16
6 Miles	22	17
7 Lorain Ave.	20	19
8 Gordon Square	1F	21
9 Berea	1F	21
10 South East	18	21
11 Public Square	1S	21
12 Lakewood	17	22
13 Brooklyn	17	22
14 Denison	14	25
15 Brooklyn-Parma	14	25
16 Euclid-Wade	14	25
Team High Single: W. 25th, 957; Miles, 919; South East, 907.		
Team High Three: W. 25th, 2625; Crawford, 2483; Miles, 2467.		

## THE CENTRAL COMMITTEE

Delegates of 18 groups attended the December meeting of the Central Committee, which was held the night of the December 7 blackout.

The committee rejected, 8 to 2, a proposal to hold a minstrel show to raise funds for a clubhouse.

It approved, 9 to 3, a proposal to set up a sponsorship committee, to improve sponsorship and to prepare a sponsor's manual. It approved arrangements for a joint AX meeting, to be held in Cleveland Hotel at 4 p.m. Sunday, January 16. No outsiders will be admitted to this meeting and there will be no admission charge. The usual "kitty" collection will be taken up.

The Central Committee approved the proposal of the chairman to limit the election of officers to the offices of chairman, vice-chairman and treasurer, thus permitting the chairman to choose his own secretary and the heads of the various committees.

Then the membership re-elected the three officers, under a by-law stipulating that officers may be re-elected once.

The chairman, who is the secretary of the Lake Shore group, was drafted over his strong protest and re-elected unanimously, a tribute to his outstanding qualities of leadership during the past six months.

## CENTRAL HOSPITAL COMMITTEE REPORT

December 7, 1943

At the last meeting of the Group Hospital Committee, held November 30, 1943, the daily reports of the following AA hospitals were turned in: East Cleveland Clinic, Women's Hospital and West Side Nursing Home. The groups appointed to secure the reports from-Charity Hospital, Farquarsons, Bender's, Emergency Clinic and Nottingham Hospital failed to turn in any reports. At this meeting there were 20 groups represented, with 36 members attending. Conditions in the hospitals were generally discussed. It was suggested that first timers be sent only to Charity and East Cleveland Clinic.

Deaconess Hospital is planning to set aside four wards, of two beds each, exclusively for AA, sometime after Jan. 1. It will not take repeaters and cash must be paid on admittance. The AA procedure will be strictly adhered to.

The question of a hospital to be opened by-industrialists was reopened and it was suggested that this plan be taken back to the groups again and explained to them thoroughly, as many of the groups had not had the proposed plan read to them. A report of the groups will be brought back to the next Group Hospital meeting.

The next meeting of the Group Hospital Committee will be held on December 27, 1943, at 8:30 P. M., at 370 Hanna Building. Representatives will be notified by postcard by the chairman of the Central Hospital Committee.

## NINTH AA ANNIVERSARY

The Ninth Anniversary of the founding of Alcoholics Anonymous was celebrated by the groups in the New York Metropolitan Region, November 30, with a meeting in Webster Hall, 119 East 11th Street. The Rev. Norman V. Peale, one of the most distinguished clergymen in the East, was the speaker.

## MILES GROUP

The Bingo & Turkey Party held on Nov. 20th was attended by 350 people. The crowd went home happy. Bill H., our secretary and Frank L., our flower and orchid member, are to be given special credit for its success.

We congratulate Dud. H. for celebrating his fourth year in AX. We shared his anniversary cake with him.

Your correspondent celebrated his 15th wedding anniversary with his better half receiving a beautiful bouquet from the group.

We will celebrate New Year's Eve at the regular meeting place. This will probably be a "must" with all members because of the splendid parties which set a precedent. There's a grand time promised. We wish all other groups a very merry Christmas, a happy, prosperous New Year and continued sobriety.

Ed. W.

## A WARNING

Don't take that first drink! This warning should be in our minds constantly-not as a threat, but as a common-sense precaution.

With the holidays upon us and convivial parties the natural thing in many places of employment, it behooves every member of A.A. to remind himself of what heartaches and trouble and sorrow he caused himself and others by absorbing liquor.

You might argue that one drink wouldn't hurt and insist that it would be the last. But that first drink breaks you out with Gsd, who showed you the light and brought you out of your misery. Don't forsake Him now. Keep out of temptation!

## TOLERANCE

He sat in the seat of the scornful. This AA was showing his irritation over the way the meeting was being run. The leader got on his nerves. The discussion got on his nerves. He went to another group, and that got on his nerves, too. Irritation, intolerance, resentment. The last we heard, he was drunk.

We can remember grow-ing annoyed over a speaker we though: was boresome. He was talking too long and straying from the point. We expressed our annoyance in a low growl to our neighbor, one of the oldest men in A.A. He said, "Remember, that fellow is helping himself to stay dry; he's doing himself good, and he's doing me good, too."

From the oldster, we learned a little something about tolerance. From the speaker, who was irritating us, we learned something, too. Ever since, we have always been "for" every leader, and we have learned something from every meeting. We have grown in tolerance, we have less resentment, and we are still dry.

## ALCOHOLICS STUDY

Religious, social and civic leaders from all over the country met in convention at Hotel Statler in Cleveland, Dec. 13th and 14th, to discuss and seek remedies for the alarming increase in alcoholism.

Well attended by many of our AA members, it seems to be the consensus of opinion that A.A. had found the only practical and sound solution.

Dr. R. H. S., one of the AA's founders "stole the show" at the Tuesday morning session and was beset on all sides by questioners on many angles.

Brilliant analyses by noted psychiatrists, clergymen, educators, jurists and welfare workers were found wanting when compared to the simple, natural and fundamental treatment explained by Dr. S.

## AA MASS MEETING

Great results have been achieved in other cities with regular monthly mass meetings and the first of these will be initiated Sunday afternoon, January 16th at four o'clock in Hotel Cleveland.

Excellent speakers have been selected and efforts will be made in the full program to cover all facts of AA work. The committee had planned and assigned the various phases to each capable and informed speaker.

The first meeting will be open to only recognized AA members. At this meeting it will be decided whether to open the balance to the public or not.

So admission fee will be charged. However a "kitty box" will be passed to defray expenses.

## RETURN THOSE BOOKS

A visit to Farquarson's brought out the astonishing fact that 35 books on Alcoholics Anonymous have not been returned by patients who borrowed them.

This writer has had similar trouble, as have others, and wonders whether an appeal such as this to all borrowers of books would bring results. Undoubtedly it is just carelessness, forgetfulness or plain procrastination which is the trouble.

How about starting the new year right by returning books we've borrowed to the original owner? Many of them probably are tucked away in a drawer or bookcase and could be doing the job they were intended for if they were returned to the rightful owner.

## CRAWFORD MEN'S

While God was on earth a certain lawyer asked him what he should do to be saved, and God told him to live according to the law of loving God with his whole heart, mind and soul, and to love his neighbor as himself. The lawyer then asked "Who is my neighbor?". Jesus told him the following story:

A man travelling from Jerusalem to Jericho was attacked by robbers, who left him on the highway robbed, bleeding and half dead. A Priest and Levite came along and passed him by. Then came the Samaritan who stopped, and after administering first-aid, carried him to an inn. he left two pence with the inn-keeper, promising to make up any difference for his care on his return.

Here is AA's application of this story.

The traveller is the alcoholic, travelling from tavern to tavern. The robber is John Barleycorn who attacks him, and leaves him wounded mentally, physically, financially and spiritually. The Priest and Levite are the general public, and sometimes some of us members, who pass him by condemning and scorning him. But the Good Samaritan is the active appreciative AA, who stops, pours oil of sympathy, encouragement and understanding into his wounds. The inn he brings him to is the AA hospital, and the two pence could be the \$45.00.

Do you know your neighbor? Then you better do likewise, because unless you decide at once to be the Good Samaritan, you might wind up as the traveller.

The preceding words were those of a speaker at one of Crawford Men's Group meetings and were deemed worthy of submitting to the others to read.

## ASHTABULA

At the meeting of Ashtabula A. A. Group Nov. 29th it was brought up that Ashtabula was not listed with other groups in the Central Bulletin and secretary should write you about it. Our meetings are held in Linne Hall, 3403 Station, at eight o'clock every Monday except second Monday. That week, meeting is on preceeding Sunday at 4:30 P. M. We have a picnic dinner then and our meeting, afterward, with an out of town leader. We are glad to have visitors at any time.

## THE LAKEWOOD MEWS GROUP

This group has been unusually fortunate in its choice of leaders. All of them have been very interesting and sincere. One of them recently used the original comparison of a Victory Garden with his progress in AA. The weeding of course was the removal of dishonesty, selfishness, resentment and impurity. The cultivation of the garden was meeting and hospital visits. The harvest is peace of mind and happiness.

We regret exceedingly the loss of one of our members, T. W. who is moving to Columbus, Ohio where he and his wife will operate an AA Nursing Home. His enthusiasm and tireless work for AA will make him an ideally suited person for this type of work. The address of the hospital is 1686 Summit St., near the University.

The writer has used the address of the men in service appearing in the Bulletin to mail Christmas Cards. Why not remember your many A.4 friends at this time of the year with a card or letter?

## WEST SIDE WOMEN'S GROUP

On Tuesday evening, November 30th, a round table meeting was held at the First Ward Republican club, with the ladies of the group as hostesses.

The large attendance at this meeting; as well as other meetings which have constituted "round table discussions" would indicate the popularity of these meetings.

Under the excellent chairmanship of a well known West Side AA, the 4 men at the table included 2 of the deans of the Akron AA activity. In fact one of the Akron visitors bears the distinction of being the first man contacted by the two original founders of what is non-the great group of sincere men and n-omen as Alcoholics Anonymous.

The questions submitted to the panel were of unusual scope and interest; and well rounded out this capably arranged meeting.

## ONE AA'S OPINION

(Continued from page one)

existence, there was a constantly positive lesson for us to learn.

He added to the group's thought. And progress. so, let us not be too quick to say. . . "He's a bum AA." Or. . . "She isn't getting 'it'."

For maybe he's a better AA than we are, And maybe she's there already. . . while we continue to trail behind . . . despite the outward evidence.

Gaining favor in the sight of God, to us, is the only good AA worth talking about. And only HE knows what that is. So let's keep our traps shut on this score.

## GLEANINGS FROM MEETINGS

An alcoholic is like a skunk-he won't harm anyone, but no one wants him around.

Liquor is a poison for which there is no antidote, since it does not alone affect the body or the brain of its victims. It destroys their souls. God alone can cure sick souls.

AA is like insurance: When you need it, you better have your premiums paid up. Your premiums are prayers, hospital calls and strict adherence to the program.

## GROUP MEETINGS

## MONDAY

BORTON—13331 Euclid Ave.	8:45
LEE ROAD—1637 Lee Road	8:30
LAKEWOOD—Townsend Hall, 15903 Detroit Ave.	8:30
LAKE SHORE—Lake Shore Hotel, Dinner at 7:30, Meeting at	8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit	8:30
LORAIN Ave.—Banater Hall Annex, W. 120th at Lorain	8:30
MILES—12907 Union Ave	8:30
LAKE COUNTY—Presbyterian Church, Willoughby, O.	8:30
SHAKER HEIGHTS—Shaker Jr. High S. Woodland and Woodbury	8:30
SOUTH EAST GROUP—10203 Miles Ave.	8:30
WEST 25th ST.—2358 W. 13th St.	6:31
ASHTABULA, O.—Linne Hall, 3403 Station-except second Monday	8:30

## TUESDAY

BROOKLYN—PARMA—4427 Pearl Rd.	8:30
PUBLIC SQUARE—Hotel Cleveland	8:30
EUCLED-WADE—Emmanuel Church (Rear), 8614 Euclid	8:30
WOMEN'S (WEST SIDE)—8701 Detroit Ave.	8:30
MANSFIELD, O.—North Lake Park, Sec. Address, 175 1/2 Lexington, Mansfield	8:30
PITTSBURGH (E. Liberty)—E. Liberty Y. M. C. A.	8:30

## WEDNESDAY

CRAWFORD MEN'S—E. 79th and Euclid Arc., St. Agnes Church	8:45
BROOKLYN—K. of P. Hall, Broadview and Pearl Rd.	8:30
DENISON—St. Phillips Hall, 3290 Denison Ave.	8:30
ELYRIA, O.—108 Middle Ave., P. O. Box 491, On the Square	8:30
LEE ROAD—Mayfield and Preyer, Heights Presbyterian Church	8:30
COLLINWOOD—14709 St. Clair Ave.	8:30
WOMEN'S (Lakewood)—12214 Detroit Ave.	8:30
BEDFORD, O.—T. M. C. A., Tarbell Ave.	8:30

## THURSDAY

LORAIN AVE.—Banater Hall Annex, W. 120th St. at Lorain	8:30
LEE ROAD—1637 Lee Road	8:30
GLENVILLE—E. 105th and Marlboro	8:30
LORAIN, O.—Antlers Hotel	8:30
THURSDAY STAG, COLUMBUS, O.—Broad St. Church of Christ, 21st and Broad St.	8:30
WARRENSVILLE, Workhouse Chapel—1st Thurs. each mo.	7:00 P.M.

## FRIDAY

LEE ROAD—1637 Lee Road	8:30
AVON LAKE—1112 W. Erie St., Lorain, O.	8:30
BEREA—Bagley and Seminary	6:30
GORDON SQUARE—St. Helena's Church Hall, 1367 W. 65th St.	8:30
ROCKY RIVER—St. Christopher's Hall Lakeview of Detroit Rd.	8:30
KENT, O.—K. of P. Hall	9:00
EUCLED, O.—St. Paul's Church E. 200th St. off St. Clair	8:30
PITTSBURGH (Downtown)—Chamber of Commerce Bldg.	8:30

## SATURDAY

CANTON, O.—Oddfellows Temple	8:30
CENTRAL, COLUMBUS, O.—I. O. O. F. Temple, 24 W. Goodale St.	8:30
NO. SIDE, COLUMBUS, O.—Olentangy Village, 2929 N. High St.	8:30

## SUNDAY

PITTSBURGH (No. Side)—North Side Y. M. C. A.	2:00
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## MORNING MEETINGS

BOLTON SQUARE—E. 79th and Euclid Ave., St. Agnes School	10:00 A. M.
COLLINWOOD—14709 St. Clair Ave.	10:00 A. M.
WEST SIDE-730: Denison Ave.	10:00 A. M.
SUNRISE BREAKFAST—10203 Miles Ave.	7:30 A. M.
CENTRAL COMMITTEE—Hanna Building Room 370	8:30
CENTRAL HOSPITAL COMMITTEE—Hanna Bldg., Room 370	8:30