

# CENTRAL BULLETIN



VOL. II-NO. 4

BOX 1635, STATION C. CLEVELAND, OHIO

January, 1944

SUBSCRIPTION PRICE \$1.00 PER YEAR

TEN CENTS PER COPY

## Editorial — Selfishness

Selfishness is undue regard for one's own interest or happiness, regardless of the happiness, feelings or rights of others. The dictionary says selfishness goes far beyond that self-love that is necessary for self-preservation, and explains that selfishness limits endeavor to a narrow circle of intensely personal aims, destroys all tender sympathies, and is ultimately fatal not only to the welfare but to the happiness of him who cherishes it.

Selfishness is a perversion of the instinct to self-preservation. In alcoholics, it is the result of the growing disregard for others that all alcoholics develop as they find themselves more and more on the defensive. It is part of the exalted ego, the feeling of being "misunderstood!" that alcoholics develop. And it is in part the result of the frustrations and the missed opportunities that come in the trail of the heavy drinking that leads to alcoholism.

Many of us always have been selfish, though we imagine that because we have spent money freely in a barroom that we are the most generous of all people.

Most of us, whether selfish at the beginning or not, have become extremely selfish, to the point at which we have stood in our own way.

Unfortunately, many of us have a hard time getting over selfishness even long after we have stopped drinking. The least adversity, or failure in expectation will bring selfishness out.

Selfishness shows itself time and again among us when we see someone else being preferred to us, in our work or in our social activity. It shows itself when we insist on doing things our own way, regardless of how others feel about it, and when we take as a personal affront any suggestion for doing things differently than we had planned.

In an organization we know about, an executive committee was being elected. There were perhaps three dozen men whose service to the group entitled them to be considered. Only 12 could be nominated and only six elected. Immediately, two or three members showed their selfishness, and their resentment, denounced the nominating committee and threatened to quit the organization because they had not been chosen.

We have seen selfishness lead to resentment and then to slander because three or four of the earlier members of A.A. have been looked up to as leaders to be consulted on important occasions.

We have seen selfishness and resentment over the creation of a central committee in Cleveland, because some member imagined that those connected with the committee might be regarded as leaders in the movement in the community.

We have seen selfishness and resentment over the creation of a New York office for the advancement of the work over the nation, because selfish Joe Doaks here in Cleveland doesn't want anybody else to be thought of as the center of the A.A. universe.

*(Continued on page two)*

## One AA's Opinion

As many differences of opinion exist in AA as there are AAs. For as one of us said recently . . . there is only one rule in X.—the fact there are no rules in AA. Making it a perfect breeding ground for personal interpretation . . . a magnificent fellowship in which each member is not beholden to accept as inviolate the views of any other—no matter who that member may be.

Who among us, may I ask, has earned the right . . . who has been given the right . . . to say unalterably and unconditionally that THIS is the way; the ONLY way? Is there any one in our midst whose tolerance . . . whose

humility . . . whose honesty . . . whose unselfishness . . . whose purity . . . whose understanding . . . whose spirituality . . . whose normalcy . . . whose indispensability . . . is of such proportions to rule out automatically the slants of others that do not jell with his or his intimates?

How ridiculous the acceptance of the positive statement becomes when seen against such a backdrop. What a mockery is made of open-mindedness when assent or negation to one AA's opinion is not followed or preceded by query or thought.

And how easy some of us slip into that insidious rut wherein lies the assumption of weight to our words; the unconsciously-adopted mantle of leadership; and the slow departure, often unsuspected, from what once was our goal—being happy though sober.

Somewhere along the road back, possibly in passing the mythical line of demarcation where one is referred to as "an older member" for the first time, unless we watch our step sometimes we take a side excursion. We've been sober for a

spell. We've helped . . . or thought we've helped . . . others similarly afflicted to us. We've worked on The Twelve Steps to the best of our ability. We've attended a host of meetings. We've read the book. We've made new friends. We've prayed for the serenity which comes through the acceptance of things we cannot change; courage to change those we can, and wisdom to know the difference. We've had happiness beyond our fondest hopes and dreams. We've arrived. We've got "it".

Whereupon many of us switch into neutral and start to coast. We become pontifical. We pass ourselves from first to second grade. We dabble in the "higher realm" of A.A. thought. We take our eyes off the whole garment and start to pick flaws in the pattern. We decide that what AA needs is a little sense . . . a little organization . . . and make a few attempts to get the boat on what we think is the right course.

We make sweeping statements while often sitting next to living testimony to the contrary. We spend our time solving other people's problems without their acquiescence or petition for assistance. We become mild but working Doctor Fixits. We create blocks in the paths of others trying to attain what we once thought was impossible . . .

*(Continued on page three)*

## NEWS FROM THE CAMPS

We are listing below the names and latest known addresses of the boys in service who have given us their permission to publish their names.

Pvt. R. S. Brintnall, No. 35276713, Hdq. Squadron VIII Air Force, Composite Command, APO No. 639, c/o Postmaster, New York, N. Y.  
 Lt. Clayton B. Bull, Co. E, 5th Q.M.T.R., Ft. F. E. Warren, Wyo.  
 Pvt. Chas. Cheska, 35062173, 569th Signal Co., D.S.O., A.P.O. 417, 69th Div., Camp Shelby, Miss  
 S/Sgt. Leslie A. Clapper, 6th Base P. O., Fort Dis. N. J.  
 Pvt. Vincent P. Donovan, Headquarters, School Batt'n, Camp Le. Jeune, Hudnot Point, New River, N. C.  
 Cpl. Howard J. Evans, ASS 35031343 Gen'l Depot No. 2, APO 603, Postmaster, Miami, Fla.  
 Pvt. W. H. Evans, 1005th T. S. S. (SP) Flight 6, 720 S. Michigan Blvd., Room 608, Chicago, Ill.  
 Pvt. Harvey Fouts, 44th Squadron (Sch), Randolph Field, Texas.  
 Pvt. Jack Garish, 35049059 USA, FSX Det. No. 2, APO No. 60.4 Postmaster, Miami, Fla.  
 Ralph J. Heidinger, SC1/c USNR, 1st Sp. Batt., Cub Two, Fleet PO San Francisco, Cal.  
 Paul Kaczkowski, SF3/c, 97 NC Batt., Sec. 2 Co. A, Plat. 1, Adv. Base Dep., Davisville, R. I.  
 Frank W. Kelly, SK 3C, CB Detach. 1009, Fleet PO, San Francisco, Cal.  
 Corp. E. C. Kerver, Hdq. Co. S. O. S., A. P. O. 871, New York, N. Y.  
 Cpl. G. E. Krueger, ASS 35133652 Co. C, 672 T.D. Bn. North Camp Hood, Texas.  
 Lt. Clyde H. Mohler, Hq. 2 En., 1st Reg. F.X.R.C., Ft. Bragg, North Carolina.  
 Pvt. W. Nugent, Hdq. Co., 551 Parachute Inf., Camp Mackall, N. C.  
 Pvt. T. J. O'Connell, 234th Sig. Op. Co., The Presidio, San Francisco, Cal.  
 Cpl. F. M. Orpse, 16323379, Squadron 21—APO No. 12717E, c/o Postmaster, New York, N. Y.  
 J. R. Pickett, U. S. Maritime Service Officers School, Sec. 1501D, Room 313 Typhoon, Fort Trumbull, New London, Conn.  
 Lt. Louis Pillemer, Box 195, Room 117, Army Medical Center, Washington, D. C.  
 Cpl. Spencer W. Powell, ASS 33321415 Hdq. Sq. 33d TEFT, C. P., Sec. 3, Flight E, SAAF, Stuttgart, Ark.  
 N. Rickabaugh, EM1c, 75th Naval Const. Batt., Co. C, PL. 3, c/o Fleet P. O., San Francisco, Cal.  
 Sgt. Alfred L. Rumel, Hdq. Co., 17th A/B Div. Cnmp MacKall, N. C.  
 Capt. H. C. Russ, Station Hospital, Camp Maxey, Texas.  
 T. A. Scanlon, Ph. M. 3c, U. S. Naval Hospital, Puget Sound Navy Yard, Bremerton, Wash.  
 Pvt. Ernest Schimmelman, Jr., 6th Photo Comp. Sq., Peterson Field, Colorado.  
 Wm. J. Shannon, EM2 c, 53d Const. Batt., Cu. D-1, c/o Navy Fleet P. O., New York, N. Y.  
 Lt. Robert Teter, 4035 Ocean Front, Mission Beach, Calif.  
 Thos. L. Tucker, VASN, 33062898, Co. D, Port B. N., ASF-UTC, New Orleans, La.  
 Pfc. James P. Vizzard, "H & S" Co., 233d Engr. Combat Bn., USA, Fort Story, Va.  
 Cpl. Glen R. Wadick, Cu. F., 340th Ens. 6. S., Camp Sutton, N. C.  
 S/Sgt. W. H. Winters, 15318378, Hdq. H. Sq., U. S. Air Ser. Corn., APO 696, Postmaster, New York, N. Y.  
 E. A. Woodcock, SP, M2C, Casco Bay, Portland, Maine.  
 T/Sgt. Roy A. Yeagan, 38161471, Fairfield Air Depot, Patterson Field, Fairfield, O.

☆☆☆

Frank Orpse sent the only letter to appear in this column this month. We wish him God's protection as we offer prayers also for all of the boys whom we have learned to know.

Jan. 14, 1944

As the saying goes "every cloud has a silver lining" and I found that to be true when I received the Bulletin yesterday.

For the past couple of weeks I've been feeling sort of disappointed, as I moved from Napier Field in the early part of December, preparing to go overseas—my mail has been very slow in catching up with me and I thought that I would miss the Bulletin for December—but it finally arrived and now I feel as if I'm on top of the world.

You might think that this is a silly enthusiasm on my part, but I honestly assure you that is the way I feel for the Bulletin is about the only way I have of keeping in touch with the AA program—to me it is a very informative and concise paper—one that helps me a lot to stay on the beam, especially through some of those wonderful editorials.

The news of the different groups is just what one needs

and I especially liked the "Gleanings from Meetings" in last month's issue—that little article on tolerance is well put and reminds me of remarks I've heard at some of our meetings—I like the warning you have about taking the first drink—quote "But that first drink breaks your part with God"—a person can do a lot of thinking about those few words.

Am in an oversea's camp at present ready to go over, and more thankful than ever for getting to know what the AA program is and what it has done for me.

Have been to New York on pass a number of times—visited the AA club on 24th St., but no luck in finding anyone there as the place was locked up—when I go in again, if I'm still here, will try and contact the main office, although all I have is the P.O. address.

Hope the Bulletin will catch up with me overseas, thanks a million and with the best of wishes for the continued growth of AA.

## EDITORIAL—SELFISHNESS

(Continued from page one)

We could go on with more illustrations, but why string it out? The instances we have cited have done some harm to AA. They have done much more harm to the selfish individuals, who are standing in their own way. We cannot develop as long as we remain grasping in nature, as long as we resent any preference, however small or great, given to another.

It seems to us that our development demands a conscious effort to get away from selfishness.

A selfish man is never a happy man. An unselfish man is well on the road to happiness.

## SAMARITANS

Just before Christmas one of the Cleveland newspapers featured a story of the plight of the family of a soldier in camp, who had failed to receive their allotment check which was 5 months overdue. This wife and 6 children was the family of an AA member.

The story prompted several members of his group to get into action. When local authorities were unable to find a solution to the dilemma, a fund of \$75.00 and a separate check of \$15.00 was raised by these AA's and given to her. Not stopping with this, letters were sent to the Paymaster, and copies were sent to the President, Congressmen and chief army authorities with the result that within several days a two months' allotment came through. This committee is following through to secure the balance and an assurance of regularity in commitments.

This is just another unselfish act that strengthens and furthers the work of AA.

This editor wanted to give the group and individuals full credit in this write up but was asked to keep it "truly anonymous" if he used the story at all.

## A-4 BOWLING LEAGUE

The pace in the AA Bowling League continues to be hot with only four games separating the first five teams. More fans are asked to attend. You'll have a lot of fun, besides meeting many of your AA friends.

Team Standings Including January 13th, 1944

	Won	Lost
1 Crawford Men's	25	16
2 West 23th Street	24	17
3 Lake Shore	31	20
4 Lee Road (Friday)	31	26
5 Collinwood	30	21
6 Miles	27	24
7 South East	25	26
6 Public Square	21	27
9 Brooklyn	24	27
10 Cord on Square	24	27
11 Lorain Ave.	24	27
12 Lakewood	23	28
13 Denison	21	30
14 Berea	20	31
15 Brooklyn-Parma	19	32
1 Euclid-Wade	17	34
Team High Single: W. 25th, 457; Miles, 913; South East, 907		
Team High Three: W. 25th, 2625; Crawford, 2483; Miles, 2467.		

## SPONSORSHIP TRAINING

A sponsor assumes responsibility for another person until that person has sufficient instruction or experience to assume responsibility for himself.

The task of a sponsor in A.4 is not merely to get an alcoholic into a hospital, or to get him before a group of AA members for discussion of his problem. The chief task of a sponsor is to see to it that the candidate has proper instruction in the A.4 method.

Recognizing that correct sponsorship is a most vital thing, Central Committee is organizing sponsorship meetings where all groups should send its leaders who in turn will train their members.

The first of these meetings was held Friday, January 7th at Charity Hospital and was conducted by Father Nagel, chaplain at Charity who advised the group of about 50 who attended from observations he had as a layman and counsellor of the patients. He had an opportunity to get the patients' reactions to many types of callers and following is the essence of his meeting.

He warned us that as we grew in membership we would try new ideas—some we would keep and some discard.

We should take advice from laymen because at times we would be blinded to destructible imperfections.

We should exercise care in assuming that every drunk was an alcoholic—we should look in his background, his home and working conditions until we were absolutely sure that the prospect really needed help and sincerely wanted to quit, and would espouse all the obligations that AA imposed on one afflicted with the alcoholic disease. He believed that many who joined A.4 did so only to save their job, their home or their family, and when those were straightened out forsook their pledge and made the so-called "lip".

We should exercise care in selecting the types of visitors we sent our patient—that they thoroughly understood his case.

We should check all his habits.

We should emphasize the fact in our minds that we are turning another person's will and life over to Almighty God.

Notices of future meetings will be sent to all secretaries.

## PRAYER OF A FEMALE 'ALKIE'

Thanks, God for an untortured soul ; for a head that rests in peace this night on this pillow without fear of tomorrow's waking.

Thanks—for the welcome morning that will follow, devoid of dreaded recriminations, frightening "blanks," hazy memories of regrettable indiscretions, inferiority-including apologies due.

Thanks—for the improved physical well-being that makes an egg less repulsive at breakfast.

Thanks—for that intangible something that makes my butcher give me choicer cuts, my grocer unearth bananas, my dairyman produce butter that has not known cold storage.

Thanks—for my laundress staging late because she wants to.

Thanks—for my family hurrying home early because home is a better place.

Thanks—for the increasing calls upon my time for help, encouragement, advice, understanding.

Thanks—for the extra-exuberance of the tail-wags as my dogs greet me.

Thanks—for the ability to brush off petty annoyances; to take rationing, politics, taxes—whatever comes-in my stride.

Thanks—for the clear-eyed courage that makes it possible to face the grim reality of two "little boys" just suddenly grown-up and enlisting for active duty.

Thanks—for the deep well of sincerity and coherent sympathy for others with "little boys", also grown-up, who have already gone—and not come back.

Thanks—for short-for sobriety, which has made this simple, commonplace, every-day prayer spring spontaneously from a heart increasingly full of gratitude, tolerance and understanding.

## ONE AA'S OPINION

(Continued from page one)

sobriety . . . by idle chatter and instructions from our lofty (?) perches.

In short . . . we're on thin ice: Thin ice having nothing to do with the inexorable forward march of AA; but thin ice spelling disaster for us individually.

Being suckers for John Barleycorn, why don't we all try and get back on dry land. Where it's not slippery. Where The Founder of AA said . . .

"Thy Will Be Done". Not "Mine".

## AA MASS MEETING

Humility was stressed as a most important qualification to the application of the principles of AA by the speaker at the first all-city group meeting at Hotel Cleveland on January 16th.

Courage, the ability to laugh, and love of the truth were other qualifications.

"Humility saves courage from grossness, and swash-buckling, it saves laughter from mockery and it saves truth from being commonplace."

Truth, he defined as that which you personally feel is right and decent.

The chairman outlined the reasons for the meeting.

In reviewing the work of the groups he pointed out that as the movement grows, it becomes a force more and more important in the life of the community and that as it attained that stature its responsibilities grew greater.

"We have avoided promotions and exploitations," he said, "we have managed to stay away from professional uplifters or money mad cultists. It is our intention to continue on this path.

"While Alcoholics Anonymous is no longer a novelty, to many we are a mystery. People whom we have tried to help have not always been our friends. Others, our friends, credit us with powers we do not possess.

"Our program will not help a person who does not want to be helped. Our purpose is not to sell this program or try to reform. Our purpose is to share the program with those who want it and to make it available to those who need it."

## WOMEN'S HOSPITAL

Our attention was called to an interesting fact that we in this area are privileged to have the only all-woman's hospital for the treatment of alcoholism in the country.

Operated strictly according to AA rules and customs, this hospital operated by Mrs. Hirsch, has had patients from New York to Iowa, including the intermediate states.

An orchid to Mrs. Hirsch for the splendid job she's doing.

## CENTRAL COMMITTEE

Highlights of the meeting held on January 4th in the Hanna Building are as follows:

Sixteen groups were represented by 34 persons.

Group secretaries were requested to submit a summary of new persons sponsored each month so that a cumulative record of the total membership could be made each year. The chairman requested a roster of each group for checking duplicate names which might appear on other rosters.

A result of the recent "Institute on the Approach to the Treatment of Alcoholics" meeting brought an offer from local Judge Drucker of the use of a psychiatrist and a doctor free of charge for "tough or questionable cases". This offer was accepted and more details will be given to each secretary as to what routine will be followed.

A very interesting talk was given by a Youngstown X.4 member visiting here who is totally blind as a result of alcoholic poisoning. His clear, lucid admonitions were well received.

A request was made that the postoffice box should not be used for personal mail.

## SHAKER HEIGHTS

The Shaker Heights Group has moved its meeting place to Christ Episcopal Church, 3151 Warrensville Center Road, where refreshments will be served. Meetings will still be Mondays at 8:30 P.M.

## NEW YEAR'S EVE PARTIES

Members of the Lake Shore, Lakewood and Rocky River Groups welcomed the New Year at St. Christophers Hall, Rocky River.

The 150 who attended saw an excellent minstrel show with the secretary of Lake Shore acting as the interlocutor. From a strictly critical standpoint (and who am I to judge?) the accents of the colored minstrels left a lot to the imagination. It shows our intrepid actors don't associate much with those they tried to look like. But the gags and stunts were good—particularly the excellent rendition of "Somebody eke-not me". Other horse-play put the crowd in true festive humor.

That the crowd had been accustomed to dissipating was shown when to the alarm of the inveterate coffee-addicts the supply ran completely out around one o'clock in the morning. But it was time to break up anyway, for the dancers were limping as though their dogs were barking. But everyone had a most enjoyable time.

The Miles Group celebrated with a majority of its members attending with their wives. Sickness prevented some from attending. Dancing and stunts, hats and noisemakers preceded the grand march at midnight. A fine meal was prepared.

The Gordon Square Group had a wonderful vaudeville show and dancing. Details were not sent in by their reporter. Sickness at home prevented this editor from dropping in.

We understand that the Euclid-Wade Party attracted a goodly crowd. A humorous skit and other acts, a splendid meal and dancing constituted their program.

If there were other gatherings we regret that lack of information regarding them is the only reason they weren't chronicled here.

## INDIANAPOLIS MEETS

One of our local men makes a return visit to Indianapolis, Ind., to lead their annual consolidated city-wide meeting Friday evening, January 28th.

He led their meeting a year ago.

This meeting will be open to the clergy, medical men and welfare organizations. Four groups are active and successful there.

## EUCLID, OHIO GROUP

On Friday evening, January 14th, the Euclid Village group had an open meeting. About one hundred people were present, visitors from other groups and members of the Euclid clergy.

Besides the regular speaker, six members of A.4 with two to four years membership each sat as a board of experts—answering such questions as the members of the audience might ask. It was an instructive and entertaining meeting, both for our members and our guests.

## DOAN STAG OPENS NEW HOME

The Doan Stag Group, which was born in a garage three years ago as the Crawford Road Men's Group, held its first meeting in its permanent home, 2028 East 105th Street (upstairs, rear), Wednesday, January 12, with 143 members attending.

Fifteen alcoholics formed the group that met in the garage Feb. 26, 1911. From the garage, belonging to one of the members, the group moved to 8920 Euclid Avenue, where it was known as the Crawford Men's Group. For the last six months or so, it has been in the basement of St. Agnes School.

The new quarters of the Doan Stag Group (named for Doan's Corners) have two large rooms and several smaller rooms. The rooms are still in the process of renovation, but regular AA meetings are being held there now. Some time in February, the rooms will be opened daily from 10 a.m. to midnight, as a club for members of the group.

Regular AA meetings are held Wednesday night, and to these, A.4 visitors are welcome.

The Bolton Square morning group will also use the quarters. The Sunday training meeting, for the benefit of those alcoholics who cannot be hospitalized, already has reopened.

## WORKHOUSE CLINIC

Over 28 AA's visited the Warrensville Workhouse and listened to their speaker address 125 inmates. Of those interviewed after the meeting, at least 40 evinced interest.

Of 21 who had been released to AA guidance after the previous meeting only two failed to measure up and were returned to finish their unexpired terms.

## INTERESTING FACTS AT RECENT MEETING

Some interesting figures were given at this meeting.

Of our total population, 62 million people admit religious affiliation. Of these but 24 to 25 million practice it by attending church services. There are 25 million children who do not attend Sunday school.

In a survey made in New York City, it was found that of 50,000 pupils only 25% knew the Ten Commandments and 67% had never even heard of them.

In 55% of deaths, morticians must provide spiritual functions to perform the last rites.

These figures are particularly illuminating when one studies the rise of delinquency of children and the alarming growth of alcoholism in the country.

## LAKEWOOD MEN'S GROUP

This group had a pleasant surprise recently in listening to Johnny K. lead. What a story! Forty trips to the workhouse—two hundred arrests for intoxication. His AA career has been spotty. Never been able to hold on more than eight months. But we bet he's got it now. A steak dinner says he's O.K. from here on. We were amazed and delighted with his vocabulary and poise and his humility and understanding of the spiritual phase. He "told all" and for 45 minutes we listened spellbound. Yes—another AA miracle has happened—Johnny II. is in to stay—this time.

## GROUP MEETINGS

## MONDAY

BOLTON	1361 Euclid Ave.	8:45
LAKEWOOD	Townsend Hall, 15903 Detroit Ave.	8:30
LAKEWOOD MEN'S	—St. Peter's Episcopal, W. Clifton and Detroit	8:30
LAKE SHORE	—Lake Shore Hotel, Dinner at 7:30, Meeting at	8:30
LEE ROAD	—1637 Lee Road	8:30
LORAIN Ave.	—Banater Hall Annex, W. 120th at Lorain	8:30
MILES	—12907 Union Ave.	8:30
SHAKER HEIGHTS	—First Episcopal Church, 3151 Warrensville Center Rd.	8:30
SOUTH EAST GROUP	—10203 Miles Ave.	8:30
WEST 25th ST.	—2858 W. 25th St.	8:30
LAKE COUNTY	—Presbyterian Church, Willoughby, O.	8:30

## TUESDAY

BROOKLYN—PARMA	—4427 Pearl Rd.	8:30
EUCLID-WADE	—Emmanuel Church (Rear), SC14 Euclid	8:30
PUBLIC SQUARE	—Hotel Cleveland	8:30
WOMEN'S (WEST SIDE)	—8701 Detroit Ave.	8:30

## WEDNESDAY

BROOKLYN—K.	of P. Hall, Broadview and Pearl Rd.	8:30
COLLINWOOD	—14709 St. Clair Ave.	8:30
DENISON	—St. Phillips Hall, 3290 Denison Ave.	8:30
DOAN STAG	—2028 E. 105th St.	8:45
LEE ROAD	—Mayfield and Preve Heights Presbyterian Church	8:30
WOMEN'S (Lakewood)	—12214 Detroit Ave.	8:30
BEDFORD, O.	—Y. M. C. A., Tarbell Arc.	8:30
ELYRIA, O.	—108 Middle Ave., P. O. Box 481, On the Square	8:30

## THURSDAY

GLENNVILLE—E.	105th and Mark Ave.	8:30
LEE ROAD	—1637 Lee Road	8:30
LORAIN Ave.	—Banater Hall Annex, W. 120th St. at Lorain	8:30
WARRENSVILLE	Workhouse Chapel—1st Thurs. each mo.	7:00 P.M.
LORAIN, O.	—Antlers Hotel	8:30

## FRIDAY

GORDON SQUARE	—St. Helena's Church Hall, 1367 W. 65th St.	8:30
LEE ROAD	—1637 Lee Road	8:30
ROCKY RIVER	—St. Christopher's Hall Lakeview off Detroit Rd.	8:30
AVON LAKE	—1112 W. Erie St., Lorain, O.	8:30
BEREA	—Bagley and Seminary	8:30
EUCLID, O.	—St. Paul's Church E. 200th St. off St. Clair	8:30

## MORNING MEETINGS

## Monday Mornings

BOLTON SQUARE	—2028 East 105th St.	10:00 A. M.
---------------	----------------------	-------------

## Wednesday Mornings

COLLINWOOD	—14709 St. Clair Ave.	10:00 A. M.
------------	-----------------------	-------------

## Thursday Mornings

WEST SIDE	7403 Denison Ave.	10:00 A. M.
-----------	-------------------	-------------

## Friday Mornings

SUNRISE BREAKFAST	—10203 Miles Ave.	7:30 A. M.
-------------------	-------------------	------------

## 1ST TUESDAY EVERY MONTH

CENTRAL COMMITTEE	—Hanna Building Room 370	8:30
-------------------	--------------------------	------

## LAST TUESDAY EVERY MONTH

CENTRAL HOSPITAL COMMITTEE	—Hanna Bldg., Room 370	8:30
----------------------------	------------------------	------

# CENTRAL BULLETIN

VOL. II -No. 5

BOX 1638, STATION C, CLEVELAND, OHIO

February, 1944

SUBSCRIPTION PRICE \$1.00 PER YEAR

TENCENTS PER COPY

## Editorial — "Our Father"

"Our Father . . ."

These are crucial words. Of all the words of the most universal of all prayers, these two words are of greatest importance to us.

In uttering them, we turn to a Power greater than our own. We turn from complete reliance upon our own egotistical natures, from exaggerated self love and self exaltation. We confess that our efforts to run our entire lives in our own willful way have led only to error, frustration, defeat, failure. We admit that the self justification that resulted from our errors has only deepened our defeat.

Even when we have seen the depth of our failure, the folly of self justification and the pitfalls of egotism, we have discovered that our efforts to re-establish ourselves solely through will power have led to more stumbling. Our wills, as one writer has observed, are where we are sickest.

So we, out of desperation turn to the sure Power that has always existed and make that Power the rock upon which we will rebuild our lives.

Many of us had long since lapsed in belief in any Supreme Power. Most of us had not addressed ourselves to that Power for many years, except, perhaps, in an occasional desperate moment.

In the realization of the position in which we have found ourselves, we have come to crossroads. We may continue to rely upon our sick wills and our erring judgments, which so often speak the words of justification. Our experience should show us what the result of following along that path may be.

Most of us find it better to choose the other path. Certainly all who have succeeded in application of the AA program have found this other path better. We turn from our selves to anchor our lives on something outside. Preferably, we anchor our lives to that something outside that we consider greater than ourselves, and eventually, we recognize that something as being the Supreme Power. We bring that Supreme Power into our lives, and by so doing, we lift ourselves up. We think of that Supreme Power in our own terms, but we know that the realm of that Power is of realm of the Good, where the spirit may find peace.

With these words, Our Father, we address ourselves to the Supreme Power. In the morning when we get up to prepare for the day's work; in the evening when we retire and think for a few moments about our actions during the day that has just past, we place ourselves in the presence of the Supreme Power with the words, Our Father.

When occasion arises during the day, when we are sorely tempted, when we are angry, when we are resentful, when we pity ourselves, when we feel frustrated or worried, we can shift gears and connect ourselves with the Supreme Power by uttering the words, Our Father. There we will find help.

## One AA's Opinion

Cleveland AA has a startling opportunity to make a vital, positive and worthwhile contribution not only to its own development but to the fellowship as a whole in the current movement to produce a booklet on sponsorship. There is a need for GOOD literature on and about AA in all its ramifications . . . in Cleveland . . . in Boston . . . in Philadelphia . . . in Los Angeles . . . in New York.

Aside from "the book" and its boiled-down version (the new Foundation AA pamphlet), only occasionally do we find a major editorial effort acceptable to all . . . something

all can use . . . something all of us want to use. For much has been written and published on and about AA which is highly controversial in nature as foreign to a host of individuals' opinions and beliefs as anything can be in AA. Making it a plus for some . . . a bone of contention for others.

So I say again . . . Cleveland AA has a remarkable chance to step beyond the meager limits of its own sphere of influence and add to national . . . and mayhap world-wide . . . AA thought and progress in the production of a GOOD study of the dramatic, but yet highly-ticklish, Twelfth Step. A study which is acceptable to all . . . can be used by all . . . will be used by all.

May God guide the authors of the forthcoming sponsorship brief!

For Divine guidance will be needed to chart their course and govern their tiller through the treacherous but life-saving channel of "how we pass on what has been given us to others" in print.

Remember, you who are going to put this brochure together; you who have taken it upon yourselves to foster this creditable plan; you who are going to type officially, publicly, Clew-

land AA thought and procedure under the benediction of The Central Committee; you who are going to open the AA door to those who are wandering in the hopeless confusion of alcoholism—those who are beating their way back from the ravages of the disease we all had and have . . .

Remember there's no such word as "rules" in the AA vocabulary. Remember there's only one leader of AA and He's in Heaven. Remember that "must" doesn't fit into our scheme of things. Beware of how you use "should". "Duty" and "allegiance" are not to be bandied about unthinkingly.

Remember we're laymen . . . not trained psychiatrists or other medical men. Remember we've made a botch of our lives before AA, and our personal track record for management and learned advice is quite short . . . to understate. Remember we're in no position to plumb the degree of sincerity of a prospect; to determine whether one is alcoholic or not; to say this one is and this one isn't.

Remember that God is very real to most of us, but not so real to some in The Valley of The Shadow of Death. Remember that an admission of alcoholism doesn't always

(Continued on page three)

### "HE LEADETH ME"

In pastures green? So not always. Sometimes He

Who knoweth best, in kindness leadeth me  
In weary ways, where heavy shadows be;  
Out of the sunshine warm and soft and bright.

Out of the sunshine into darkest night.  
I oft would faint with sorrow and affright,  
Only for this—I know He holds my hand;  
So whether in green or desert land,  
I trust altho I may not understand.

And by still waters? So, not always so;  
 Ofttimes the heavy tempests round me blow,

And o'er my soul the wave and billows go.  
But when the storm bends loudest, and I cry  
Aloud for help, the Master standeth by,  
And whispers in my soul, "Lo, it is I".  
Above the tempest wild I hear Him say,  
"Beyond the darkness lies the perfect day,  
In every path of thine I lead the way."

So whether on the hilltops high and fair  
I dwell, or in the sunless valleys where  
The shadow lie—what matter? He is there,  
And more than this: Where'er the pathway lead,

He gives to me no broken, helpless reed,  
Cut Hi.; own hand, sufficient for my need.  
So where He leads me I can safely go,  
And in the blest hereafter I shall know  
Why, in His wisdom, He hath led me so.

## NEWS FROM THE CAMPS

We are listing below the names and latest known addresses of the boys in service who have given us their permission to publish their names.

Pvt. R. S. **Brintnall**, No. 35276713, Hdq. Squadron VIII Air Force. Composite Command. APO No. 639. c/o Postmaster. New York. N. Y.  
 Lt. Clayton B. Bull. Co. E. 5th **Q.M.T.R.**, Ft. F. E. Warren. Wyo.  
 Pvt. Chas. **Cheska**, 35062173, 669th Signal Co., D.S.O., A.P.O. 417, 69th Div., Camp Shelby, Miss  
 S/Sgt. Leslie A. Clapper, 6th Base P. O., Fort Dix, N. J.  
 Pvt. **Vincent P. Donovan**, Headquarters Co., School Batt'n, Camp LeJeune, Hudnot Point. New River. N. C.  
 Cpl. Howard **J. Evans**, ASN 35051543 Gen'l Depot No. 2. APO 603. Postmaster. Miami, Flr.  
 Pvt. **W. H. Evans**, 1005th T. S. S. (SP) Flight 6. 720 S. Michigan Blvd., Room 608, Chicago. Ill.  
 Pvt. Harvey **Fouts**, 44th Squadron (Sch), Randolph Field. Texas.  
 Pvt. Jack Garish. 35049059 CBA. FSA Det. No. 2, APO No. 604 Postmaster. Miami. Fla.  
 Ralph J. **Heidinger**, SCI/c USNR, 1st SP. Batt., Cub Two. Fleet PO San Francisco. Cal.  
 Paul **Kaczowski**, SF3/c. 97 NC Batt., Sec. 2 Co. A. Flat. 1. Adv. Base Dep., Davisville. R. I.  
 Frank W. Kelly. SK 3C, CB Detach. 1009. Fleet PO. San Francisco. Cal.  
 Corp. E. C. **Kerver**, Hdq. Co. S. O. S., A. P. O 871, New York. N. Y.  
 Col. G. E. **Krueger**, ASN 35135652 Co. C. 672 T.D. Bn. North Camp Hood, Texas.  
 Lt. Clyde M. **Mohler**, Hs. 2 Bn., 1st Reg. F.A.R.C., Ft. Bragg, North Carolina.  
 Pvt. **W. Nugent**, Hdq. Co., 551 Parachute Inf., Camp Mackall, N. C.  
 Pvt. **T. J. O'Connell**, 234th Sig. Op. Co., The Presidio, San Francisco. Cal.  
 Cpl. **F. M. Orpse**, 15329379, Squadron 21-APO Nu. 12717E, c/o Postmaster, New York. N. Y.  
 J. R. **Pickett**, U. S. Maritime Service Officers School. Sec. 1501D, Room 313 Typhoon. Fort Trumbull. New London. Conn.  
 Lt. Louis **Pillemer**, Box 196. Room 117, Army Medical Center. Washington, D. C.  
 Cpl. Spencer W. Powell, ASN 35521415 Hdq. Sa. 33d TEFT. C. P., Sec. 3, Flight E. SAAF, Stuttgart. Ark.  
 N. **Rickabaugh**, E M 1c. 75th Naval Const. Batt., Co. C. PL. 3. c/o Fleet P.O., San Francisco. Cal.  
 Sgt. Alfred L. **Rumel**, Hdq. Co., 17th A 'B Div. APO 4X. Nashville, Tenn.  
 Capt. **H. C. Russ**, Station Hospital. Camp Maxey, Texas.  
 T. A. **Scanlon**, Ph. M. 3c, U. S. Naval Hospital. Puget Sound Navy Yard. Bremerton, Wash.  
 Pvt. **Ernest Schimmelman, Jr.**, 6th Photo Comp. Sq., Peterson Field. Colorado.  
 Wm. J. Shannon. EM2/c. 83d Const. Batt., Co. D-1. c/o Navy Fleet P. O., New York. N. Y.  
 Lt. **Robert Teter**, 4035 Ocean Front. Mission Beach, Calif.  
 Thos. I. Tucker. VASN. 35062898. Co. D. Port B. N. ASF-UTC. New Orleans, La.  
 Pfc. James P. **Vizzard**, "H & S" Co., 233d Engr. Combat Bn., USA, Fort Story, Va.  
 Cpl. Glen R. Wadick. Co. F., 340th Ens. 6. S., Camp Sutton. N. C.  
 S/Sgt. W. H. **Winters**, 16318378, Hdq. H. Sq., U. S. Air Ser. Corn., APO 696, Postmaster, Her York, N. Y.  
 E. A. Woodcock. SP. M2C. Casco Ray, Portland Maine.  
 T/Sgt. Roy A. **Yeargan**, 3816141l Fairfield Air Depot, Patterson Field. Fairfield. O.

☆☆☆

SO LETTERS  
 FROM THE BOYS  
 IS SERVICE!  
 THIS SPACE RESERVED  
 AS A REMINDER FOR  
 THEM TO WRITE NOW  
 FOR NEXT MONTH'S  
 PUBLICATION

### AN ALCOHOLIC MENTALITY

He was the chief representative of his firm in a distant city and he made \$20,000 a year. Some years, it was \$50,000. He was Big.

When we met him, he was dirty. He had been sleeping behind a billboard. He had been drunk six years. But still thought of himself as Mr. Somebody, and he was talking big money and big jobs. Before we had known him a month he had shown that he couldn't measure up to the responsibilities of a \$50 job.

Perhaps it was fear that started him downward: fear that he was beginning to slip, that he was losing his effectiveness as a business getter. His excuse for heavy drinking was that he had to entertain his customers, which meant simply that he couldn't sell his product in a competitive market.

Fear did make him an alcoholic, and it caused him to try to escape from a situation he no longer could handle by fleeing the world he had known into the world of homeless tramps. He was a hum and a moocher, haunted by failure and driven by fear.

When we met him he was six steps below the gutter, but egotistical and selfish, filled with the idea that he was still Mr. Somebody, traveling in disguise. Between the gutter and \$1000 a month, his mind could find no mid-station. He had to be Mr. Big or a hum. He proved it by getting drunk within 30 days while on a job that a child could handle.

This particular man did get over the worst of his difficulties, after several failures. He corrected himself not because of what we told him, but because of what he told other alcoholics when he finally took the program seriously and started in the effort to help others. With others to work on, he could see some of his own errors.

When this man finally had shown himself to be faithful in small things, he gained wider opportunities. He is working now in the business he knows best. Sometimes he is disappointed because he is far from his former earnings level. But he appears to recognize that the goal he reaches will be determined by the record he makes now, and that his past failure to measure up to his employer's trust cannot be undone in a few months or even a few years.

We know several other men to whom this story may apply in some particulars. And we know at least one who seems still haunted by fear of his inadequacy. He can't get over his Mr. Somebody notions, yet he seems afraid of responsibility when it is offered him.

Of course, there are many who feel disappointment because they have worked long without regaining the positions they once held. To some of these, opportunity may come again. But the Great Opportunity sometimes comes but once in a lifetime. If that has been thrown away, it may not be regained. But a man may make the most of the opportunities that do come his way and satisfy himself with doing the best he can with those opportunities. However, it must be said that none of us in AA, whatever our opportunities, will be happy if we concentrate on material things or if we measure success by the position or income we attain. We must lift ourselves up, turn our minds to higher things, to service to our brethren, to service to mankind, to the work of God. We must start by becoming humble.

### BE ACTIVE

Get into the discussion at meetings. The discussion period is meant to be a time to give members an opportunity to express their ideas, or to tell a little of their own experience with some particular phase of the program. It is a time to get trouble off your chest, and it is a time to ask questions about anything that may be troubling you. It is an opportunity for the younger men. Don't think you have to wait a year before you get on your feet. Questions and discussion are helpful to everybody, and they make for interesting meetings.

**DRUG CHAIN TIES IN COPY WITH ALCOHOLICS ANONYMOUS**

Detroit, Feb. 2.—Work of Alcoholics Anonymous was tied in with institutional advertising of Kinsel Drug Company last week when the *Detroit News* carried the third of the chain's series of ads designed to exploit new methods of healing and improve relations with the medical profession.

Copy described the invisible war waged against alcoholism by Alcoholics Anonymous, under the heading, "A New 'Pill' for Alcoholism." Medical approval of the advertisement was given by a number of Detroit physicians glad to be relieved of the "problem drinker," and the value of AA therapy received additional support from an editorial appearing in the *November Hygeia*, mentioned in the Kinsel copy.

P. J. Shesgreen, advertising manager of Kinsel Drug Company, who prepared the advertisement, declared that more than 150 inquiries were received from *Detroit News* readers seeking more information about AA and its success in treating alcoholism "by a therapy which includes humility, self-denial, good example and a new pattern of social recreation." He said chapters of Alcoholics Anonymous are now organized in most of the large cities and more than 10,000 members are carrying the message of hope to victims of the drink habit.

The advertisement, headed by a cut depicting a dejected, morose individual seated at a table with a whiskey bottle before him dreaming of an ideal home condition follows:

**A NEW "PILL" FOR ALCOHOLISM**

Medical science has long recognized the physical and mental deterioration accompanying the abuse of alcoholic beverages, but the most systematic and thoroughgoing exploration of the problem has failed to find a medical remedy.

The development of a drugless therapy by Alcoholics Anonymous has met with such notable success in treating chronic alcoholism that this organization and its methods are commended editorially in *Hygeia*, The Health Magazine of the American Medical Association.

Numerous Detroit physicians are enthusiastically recommending AA to patients who are sincere in their desire to achieve sobriety. Kinsel's conatulate the AA Fellowship of Detroit for its outstanding contribution to human health and welfare.

**KINSEL'S**

Eleven Great Drug Stores

**COLUMBUS HOSPITAL POPULAR**

A Rocky River member returned from Columbus recently and was enthusiastic in his praise of the work Ted Weber was accomplishing, aided by his wife, in maintaining an AA hospital there.

This R. R. member writes: "They have a very well equipped hospital and the boys in Columbus have certainly taken them in their hearts."

The hospital is located at 1686 Summit St., Phone UN 6264. It is also a meeting place for Columbus AA's.

Ted was formerly a member of the Gordon Square Group.

**DOAN MEN'S GROUP**

The Doan Men's Group is the official name of the former Crawford Men's Group. The "Stag" name provoked too many wise cracks. The group has reinstated its Sunday training sessions at 2:00 P. M. every Sunday and welcome? visitors in their spacious new home which has been leased by them. The splendid comfortable arm chairs certainly are a welcome departure from the "funeral parlor" chairs ordinarily provided in most meeting places.

**PEARL GROUP ORGANIZED**

The newest group to be organized in Cleveland is named the Pearl Group and met for the first time on Friday evening, February 4th, 1944. They meet at 8:30 P. M. at Good Counsel Recreation, 4427 Pearl Rd. We wish them success.

**A GREETING FROM CALIFORNIA**

The Burbank-Glendale California Group is very cordial to visitors according to a member who just returned. Secem! Cleveland members are quite active in the group, which meets on Wednesday evenings.

**PURPOSE OF CENTRAL COMMITTEE**

Recurrantly we publish the aims and objectives of Central Committee.

1. It provides a central meeting place, with regular monthly meetings.
2. It is a discussion center. It is not a governing body, each group maintains self-government.
3. It provides facilities for receiving names of prospective members, by providing a central A.A. telephone and a post office box, it provides for practical distribution of these names, to all groups in Greater Cleveland, to conserve the time and travel of our members.
4. It provides a central hospital committee to establish proper liaison between all groups and all A.A. approved hospitals and nursing homes in the Greater Cleveland Area.
5. It provides a central sponsorship committee to encourage proper and adequate sponsorship educational programs in all groups in the Greater Cleveland area.
6. It provides a unified clearing house to eliminate haphazard hospitalization plans, racketeering and unfavorable publicity.
7. It provides for the publishing of Central Bulletin each month.
8. It provides a co-ordinated functioning committee to deal with individual unfavorable influences, which might reflect discredit upon the entire fellowship.
9. It provides a convenient place to plan for the future of the Greater Cleveland A.A. Fellowship.

Central Committee Has One Objective — "SERVICE".

The Central Committee met Feb. 1. Twenty-three groups were represented.

The chief discussion was on the proposal to continue holding occasional consolidated meetings downtown. While the groups had previously rejected the suggestion that such meetings be open to "interested outsiders," members of the committee were asked to refer the question to the groups again. Some members thought preachers, doctors and politicians as well as alcoholics should be admitted to the meetings by invitation. Some thought the meetings should be for members of AA exclusively. On a roll call, representatives of 14 groups said they personally favored meetings open to interested outsiders; representatives of four groups were neutral, four against.

Two more consolidated meetings are scheduled, one for March, one for May. Experience at these meetings, and the will of the groups will determine whether any further consolidated meetings will be held.

During the twelve months of 19-13, 1331 calls were made thru the AX telephone. 611 incoming and 970 outgoing.

Last month of 43 requests for information. 13 were hospitalized and 3 came in the hard way.

**A.A. BOWLING LEAGUE**

Term Standings Including February 10th, 1944

	Won	Lost
1. wart 25th Street.....	40	16
2. Down Men's .....	38	25
3. Lake Shore .....	38	25
4. Lee Road (Friday).....	37	26
5. Miles .....	36	27
6. Collinwood .....	35	30
7. Southeast .....	32	31
8. Public Square .....	32	31
9. Lorain Ave. ....	32	31
10. Gordon Square .....	29	34
11. Lakewood .....	29	34
12. Denison .....	26	34
13. Berea .....	25	35
14. Brooklyn-Parma .....	25	37
15. Brooklyn .....	25	38
16. Euclid-Wade .....	22	41

Team High Single: W. 25th, 957; Miles, 913; South East, 907.  
Team High Three: W. 23th, 2625; Crawford, 2483; Miles, 2467.

**ONE AA'S OPINION**

(Continued from page one)

come in the first flush of remorse; that the acknowledgment of a Power greater than ourselves is often a matter of months; that the willingness to live under His will unfortunately may be a long and tedious procedure.

Remember we're dealing with sick people . . . both in and out of the group.

And above all, remember the spirit and form and studious attention devoted and brought to the manufacture of "Alcoholics Anonymous" . . . how controversial issues were avoided throughout: how it was and is offered editorially as the experiences of 100 men and women who recovered from alcoholism . . . a factual presentation of how "they" did it . . . the utter lack of "how you should do it."

Remember . . . but why go on?

May God guide the authors of the proposed pamphlet. May He bless us with something all of us can use . . . something all of us will want to use . . . something whose horizon stretches into infinity.



### MINSTREL SHOW

A minstrel show will be presented by The Euclid-Wade Group at Music Hall, Public Auditorium, April 20th, 1944. An invitation was issued to all groups to send their talent. so an all-Cleveland Cast could be presented.

It was thought advisable that the name Alcoholics Anonymous should not be used in any publicity, advertising or tickets. so a company was formed and named Mac's Merry Minstrels.

Any profit accruing from the show will not be used for the personal gain of any individual associated with the minstrel. It was decided to turn the possible profit over to a committee headed by a well-known Cleveland member to be used for a project to be determined by Central Committee.

Rehearsals are held at Emmanuel Church basement, 8614 Euclid Ave., on Sundays, at 2 P. M. and Wednesdays, at 8:00 P. 31.

### LORAIN AVENUE—MONDAY

Our members have been complaining that our group has not been mentioned in the Bulletin for some time.

When things are going along fine and normally that's good news but not necessarily exciting.

Meetings are well attended and we've had some swell speakers.

Probably many of our members are unaware of the fact that we have a hero of the World War I in our group. He's one of our hardest and one of the most faithful workers and during the last war received the Purple Heart. He is Bill O'R. We wish we could pin a medal on him in appreciation of his unselfish sacrifice of time and effort in behalf of X.4 work in Cleveland.

### PUBLIC SQUARE GROUP

A most interesting round-table discussion was held at our meeting on February 8th. Five old-timers in the movement answered some very difficult and interesting questions submitted by the large audience.

Everyone attending could not help but be impressed with the emphasis that each man placed on the spiritual phase of AA.

An answer to the question of what a member should do who had an uncooperative wife was given by one of the speakers, but left a lot to the imagination. His formula could scarcely be recommended universally.

### DAYTON INVITES CLEVELAND

The Dayton AX's issue an invitation to all Cleveland groups to join with them at a dinner in Biltmore Hotel, Sunday, May 5th at 1:30 P. M. The cost is \$2.00 per plate.

An interesting and worthwhile program is promised with a well-known and popular Cleveland speaker as the attraction.

Reservations must be made before February 23d, to Roy C. Shroyer, 334 Park Dr., Dayton 10, Ohio.

### DANCE THE EVENING OF FEBRUARY 19TH

Realizing that the most sensible of all pleasures consists in promoting pleasures for others, the GLENVILLE GROUP promises to nash away the dust of every-day life from the soul of those attending a dance to be conducted Saturday evening, February 19th at the Church of Incarnation Hall, East 105th at Marlowe Avenue, the first street north of St. Clair.

AUGIE SCHILL and his orchestra will provide music in variations adapted to the Waltz, Foxtrot, Rumba, Samba, Tango and Lindy . . . also accommodating those making special requests.

Remember, all work and no relaxation takes the spring and bound out of the most vigorous. A little time spent the evening of the 19th in restful, pleasant dancing will not be time wasted, but time gained with the added benefit of gentle, stimulating exercise.

Entertainment and refreshments will be constant and the peace-breathing music to be rendered by Augie Schill's Orchestra will compose your thoughts, delight your ear and fill your heart with pure, useful thoughts.

All AAs, their families and friends are urgently invited to enjoy the sweet music, stimulating dancing, delightful entertainment and the "not to be sneezed at" refreshments.

### AN ORCHID FOR WEBSTER'S

The newly appointed Webster's Nursing Home is to be complimented for the absolute observance of Central Hospital Committee's "Rules of Conduct". Segregation of new from old patients, no fraternization, control of visitors, meals served by trays to rooms and other noticeable corrections of former abuses are worthy of the committee giving this plaudit. We believe AA patients will be the beneficiaries.

### LAKE COUNTY GROUP

An invitational open meeting will be held at the First Presbyterian Church, Willoughby, Ohio, Monday, February 21st at 8:30 P. M.

AA members may invite persons who are genuinely interested, to attend this meeting.

### GROUP MEETINGS

MONDAY	
BORTON HALL—Euclid Ave.	8:30
LAKEWOOD—Townsend Hall, 15909 Detroit Ave.	8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit	8:30
LAKE SHORE—Lake Shore Hotel, Dinner at 7:30, Meeting at	8:30
LEE ROAD—1637 Lee Road	8:30
LORAIN Ave.—Banater Hall Annex, W. 120th at Lorain	8:30
MILE—1296 Union Ave.	8:30
SHAKER HEIGHTS—First Episcopal Church, 3451 Warrenville Centre Rd.	8:30
SOUTH HAVEN—10205 Miles Ave.	8:30
WEST 25th ST.—2858 W. 25th St.	8:30
LAKE COUNTY—Presbyterian Church, Willoughby, O.	8:30
TUESDAY	
BROOKLYN—PARMA—4427 Pearl Rd.	8:30
EUCLID-WADE—Emmanuel Church (Rear), 8614 Euclid	8:30
PUBLIC SQUARE—Hotel Cleveland	8:30
WOMEN'S (WEST SIDE)—8701 Detroit Ave.	8:30
WEDNESDAY	
BROOKLYN—K. of P. Hall, Broadview and Pearl Rd.	8:30
COLLINWOOD—14709 St. Clair Ave.	8:30
DENISON—St. Phillips Hall, 3230 Denison Ave.	8:30
DOAN MEN'S—2028 E. 105th St.	8:30
LEE ROAD—Mayfield and Preve Heights Presbyterian Church	8:30
WOMEN'S (Lakewood)—12214 Detroit Ave.	8:30
WEDFORD, O.—Y. M. C. A., Tarbell Ave.	8:30
ELYRIA, O.—108 Middle Ave., P. O. Box 491, O. the Square	8:30
FRIDAY	
GLENVILLE—E. 105th and Mark Ave.	8:30
LEE ROAD—1637 Lee Road	8:30
LORAIN AVE.—Banater Hall Annex, W. 120th St. at Lorain	8:30
WARRENSVILLE, Workhouse Chapel—1st Thurs. each mo.	7:00 P.M.
LORAIN, O.—Antlers Hotel	8:30
MORNING MEETINGS	
Monday Mornings	
POLTON SQUARE—2028 E. 105th St.	10:00 A. M.
Wednesday Mornings	
COLLINWOOD—14709 St. Clair Ave.	10:00 A. M.
Thursday Mornings	
WEST SIDE—7408 Denison h-c	10:00 A. M.
Friday Mornings	
SUNRISE BREAKFAST—10205 Miles Ave.	7:30 A. M.
SUNDAY	
COLLINWOOD—14709 St. Clair Avenue	7:30 P. M.
DOAN MEN'S TRAINING MEETING—2028 E. 105th St.	2:00
1ST TUESDAY EVERY MONTH	
CENTRAL COMMITTEE—Hanna Building Room 370	8:30
LAST TUESDAY EVERY MONTH	
CENTRAL HOSPITAL COMMITTEE—Hanna Bldg., Room 370	8:30
OUT OF TOWNS MEETINGS	
MONDAY	
ASHTABULA, O.—Linne Hall, 3403 Station—except second Monday	8:30
TUESDAY	
MANSFIELD, O.—North Lake Park, Sec. Address, 175 1/2 Lexington, Mansfield	8:30
PITTSBURGH (E. Liberty)—E. Liberty Y. M. C. A.	8:30
THURSDAY	
THURSDAY STAG, COLUMBUS, O.—Broad St. Church of Christ, 21st and Broad St.	8:30
FRIDAY	
KENT, O.—K. of P. Hall	8:30
PITTSBURGH (Downtown)—Chamber of Commerce Bldg.	8:30
SATURDAY	
CANTON, O.—Oddfellows Temple	8:30
CENTRAL, COLUMBUS, O.—I.O.O.F. Temple, 24 W. Goodale St.	8:30
S.O. SIDE, COLUMBUS, O.—Olentangy Village, 2929 N. High St.	8:30
SUNDAY	
PITTSBURGH (No Side)—North Side Y. M. C. A.	2:00



# CENTRAL BULLETIN



VOL. II-No. 6

BOX 1638, STATION C, CLEVELAND, OHIO

March, 1944

SUBSCRIPTION PRICE \$1.00 PER YEAR

TEN CENTS PER COPY

## "Hallowed Be Thy Name"

[EDITORIAL]

"Our Father who art in Heaven, hallowed Be Thy Name . . ."

When we discovered ourselves powerless over alcohol and unable to manage our own lives, we turned to a Power greater than our own.

When we have denied that Power, or ignored it, or when we have turned to that Power only mechanically, we have failed in our efforts to meet our problems. When we have turned to that Power, and have done so sincerely, we have succeeded in regaining control over our lives and have progressed in the solution of our problems.

So other test of the existence of that Power, or our dependence upon it, is necessary.

That Power we recognize as being the supreme power in the universe. It has, and has had throughout history, many names. To most of us today, the name of the Supreme Power is simply God.

In our prayer, we say, "hallowed be thy Name." That means that the name of God is to be set aside as being holy; it is consecrated for sacred uses. It is revered, held in profound respect and at the same time regarded with love.

However, these are attitudes that are not limited merely to the name of God, as if the name were magical (as the ancients believed). These are attitudes that we take in our approach to God. We regard God as being apart from the profane world even though concerned with it. And in our approach to God, we are to put off all that is profane. We approach God with reverence, with profound respect, with love, and perhaps with fear. We acknowledge God's power over the universe. We acknowledge that the realm of God is the realm of the good. And we recognize that if we are to receive the help of God, we must strive consciously to separate ourselves from those things that are antagonistic to the good.

It is good for us to use restraint in the use of the name of God (the name being, for most of us, God), simply because the profanation of the name tends to weaken and then destroy the meaning of the word in our minds. The name of God should call God into our minds, and should cause us to think of God's power, God's goodness, God's help to us. Through it, we should be able to shift gears from the profane world.

But again, "Hallowed be Thy Name" must mean something more to us than respect for God's name. It must be the supreme acknowledgment of God himself, and of our entire dependence upon God.

## One AA Wife's Opinion

Since the Bulletin is for the purpose of expressing one's opinion and for trying to aid in the furtherance of the good work of AA, may I, as the wife of an AA, offer a contribution?

One may get the wrong impression, especially the new members, when reading "One AA's Opinion" in the December, January and February issues. In reviewing his articles and the many contradictions, I wish to offer criticism on the February issue only in which he states that there are no "rules" or "musts" in our A.4 program.

Too many have already adopted that attitude and as a result have caused almost irreparable damage in the movement. It is true, God gave us a mind and a free will to choose between the right and the wrong. If we choose to live our lives as He intended us to, we shall be blessed in many ways. However, if we choose our own way (as many have tried and are trying), we can only hope to harm ourselves and many others around us. This has been proven in the past.

One cannot deny that there are many things we must know before we can hope to live a sane, sober, happy and useful life; therefore I would say the following musts are most important and necessary:

We must believe in God, the Supreme Being.

We must have faith.

We must have charity.

We must have hope.

We must have love.

We must have courage.

We must be grateful.

We must be honest.

We must have ambition.

We must have tolerance.

We must have common sense.

We must be humble.

As for the statement about no rules in this program. I want to say we can't go wrong on the good old rule, "Do unto others as you would have others do unto you."

## AA MASS MEETING

The second AA mass meeting of the year will be held Sunday, March 19th, at 4:00 o'clock at Hotel Cleveland.

The first meeting, held on January 16th, attracted over 600 members, and it is expected that this meeting should attract more since it will be an invitational meeting. The greater majority of the groups voted to allow clergymen, doctors and others vitally interested to attend this particular meeting to acquaint them with the true facts of AA.

This meeting will be a typical A.4 meeting, with a capable AA member as the speaker.

### SINS OF OMISSION

It isn't the thing you do;  
It's the thing you leave undone  
That gives you a bit of heartache  
At the setting of the sun.

The stone you might have lifted  
Out of a brother's way.  
The bit of heartsome counsel!  
You were hurried too much to say.

The little acts of kindness,  
So easily out of mind;  
Those chances to be helpful  
Which everyone may find.

No, it's not the thing you do,  
It's the thing you leave undone.  
That gives you the bit of heartache  
At the setting of the sun.

## SECOND AA MASS MEETING

SUNDAY AFTERNOON, MARCH 19th . 4 P. M.

HOTEL CLEVELAND — MEZZANINE FLOOR

## NEWS FROM THE CAMPS

We are listing below the names and latest known addresses of the boys in service who have given us their permission to publish their names.

Pvt. R. S. **Brintnall**, No. 35276713, Hda. Squadron VIII Air Force, Composite Command, APO No. 639. c/o Postmaster, New York, N. Y.  
 Lt. **Clayton B. Bull**, H.Q. 5th Service Command, Fort Hayes, Ohio.  
 Pvt. **Chas. Cheska**, 35062173, 569th Signal Co., D.S.O., A.P.O. 417, 69th Div., Camp Shelby, Miss.  
 S/Sgt. **Leslie A. Clapper**, 6th Base P. O., Fort Dix, N. J.  
 Pfc. **Vincent P. Donovan**, 'L' Co., 3rd Bn., 1st Reg., 1st Div., F.M.F. Fleet, P. O. San Francisco, Cal.  
 Cpl. **Howard J. Evans**, ASN 35061543 Gen'l Depot No. 2, APO 603, Postmaster, Miami, Fla.  
 Pvt. **Jack Garish**, 36049059 USA, FSA Det. No. 2, APO No. 604 Postmaster, Miami, Fla.  
 Ralph J. **Heidinger**, SC1/c USNR, 1st Sp. Batt., Cub Two, Fleet PO San Francisco, Cal.  
 Edgar **Johnson**, Ph.M. 3/c, Staff Quarters, Room 117, Norfolk Naval Hospital, Portsmouth, Va.  
 Frank W. **Kelly**, SK 3C, CB Detach. 1009, Fleet PO, San Francisco, Cal.  
 Cpl. **G. E. Krueger**, ASN 35135652 Co. C, 672 T.D. Bn. North Camp Hood, Texas.  
 Lt. **Clyde M. Mohler**, Hq. 2 En., 1st Reg. F.A.R.C., Ft. Bragg, North Carolina.  
 Cpl. **F. M. Orpse**, 15329379, 89 DRS, Flight 1, APO 625, c/o Postmaster, New York, N. Y.  
 Lt. **Louis Pillmer**, Box 195, Room 117, Army Medical Center, Washington, D. C.  
 Cpl. **Spencer W. Powell**, ASN 35521415 Hdq. Sq. 33d TEFT, G. P., Sec. 3, Flight E, SAAF, Stuttgart, Ark.  
 N. **Rickabaugh**, E M 1c, 75th Naval Const. Batt., Co. C, PL 3, c/o Fleet P.O., San Francisco, Cal.  
 Sgt. **Alfred L. Rumel**, Hdq. Co., 17th A B Div. APO 452, Nashville, Tenn.  
 Capt. **H. C. Russ**, Station Hospital, Camp Maxey, Texas.  
 T. A. **Scanlon**, Ph. M. 3C, U. S. Naval Hospital, Puget Sound Navy Yard, Bremerton, Wash.  
 Pvt. **Ernest Schimmelman, Jr.**, 6th Photo Comp. Sa., Peterson Field, Colorado.  
 Wm. J. **Shannon**, EM? c, 83d Const. Batt., Co. D-1, c/o Navy Fleet P. O., New York, N. Y.  
 Lt. **Robert Teter**, 4035 Ocean Front, Mission Beach, Calif.  
**Thos. L. Tucker**, VASN, 86062898, Co. D, Port B. N., ASF-UTC, New Orleans, La.  
 Cpl. **James Vizzard**, Hdqrs. 1260th Eng. Combat Bn., Camp Pickett, Va.  
 Pvt. **Edwin Vones**, 35926245, Co. C, 27th E. T. Bn. 1st Platoon, Ft. Leonard Wood, Mo.  
 Cpl. **Glen R. Wadick**, Co. F., 340th Eng. 6. S., Camp Sutton, N. C.  
 S/Sgt. **W. H. Winters**, 16318378, Hda. H. Sa., U. S. Air Ser. Corn., APO 696, Postmaster, New York, N. Y.  
 E. A. **Woodcock**, SP, M2C, Casco Ray, Portland, Maine.  
 T/Sgt. **Roy A. Yeargan**, 38161471, Fairfield Air Depot, Patterson Field, Fairfield, O.

☆☆☆

### ATTENTIOS SECRETARIES!

A letter from Lt. Bull. in Fort Hayes, gives us the opportunity to make an earnest plea to all members and secretaries to keep us up-to-date on the addresses of their members in service. We have listed 34 of the 60 on our mailing list and we learn to our chagrin that many of the addresses are obsolete. So in this issue we will print the addresses of only those members whose addresses we are sure of, and we'll add to the list as quickly as corrected lists are sent us.

Very few of the Bulletins sent each month have been returned by the P. O. to us for want of proper address, and we were led to believe from this that the addresses were correct. Wherever possible we re-addressed the returned letters, but in several cases the names were dropped since we had no way of determining which group had sent the name in.

So, secretaries, please get busy and send in the latest known address of every service man on your list.

### LETTERS FROM CAMPS

A letter from Clayton Bull prompted the plea above. Thanks, Clayton.  
 Hi, Gang!

Just noticed in your January issue that you haven't heard from many of the boys in service.

Off the record to your Editor, your addresses are not up to date. I correspond with a few of the boys, and I know

they are not where they used to be. I've been away from Ft. Warren, Wyo., myself for over eight months and my address is unchanged.

Why not drop a line to the boys and ask for their new addresses? Some may not be getting the Bulletin, and I know they will miss them.

I had the pleasure of being home on leave over New Year's and attended the West Side party. It sure did my heart good to see so many old faces among the new, really gratifying to know that the old gang not only sticks together but are continually reaching out for new members. It makes the things we are fighting for so much more worth-while. It's great to have thirt to come back to.

Best of luck to all of you.

A personal V-mail letter to one of the editors follows:

March 3, 1944.

My sincere thanks for your personal greetings and best wishes that came with the January AA Bulletin yesterday. Cheered me up quite a bit altho I did not seem to need cheering up.

The Bulletin, as usual, is the sort of paper we AA's need, and what hit the spot with me was the article on selfishness. After reading it, I sort of made an inventory of myself and found that I'd been getting selfish to a certain extent. I realized that this Army life makes one get that way unless one stays alert to all the ways and means one can go off the deep end, which is very easy if one is caught napping.

I probably sound silly to you, but it seems that the Bulletin always has something in it that I can put to use—something which seems to refer to my own problems. That is why I'm so anxious to get it—seems it always arrives before I get too cocky or too sure of myself. Then when I read some of the articles I get put in my proper place.

The warm English beer is popular with the gang, but I haven't any desire for it. I still try to live the AA way, and I thank God that I haven't experienced any trouble in staying "on the beam."

Again thanks for your swell letter and the Bulletin. May God bless you.

### AA IN THE ARMY

We have just read a report, made to the secretary of the Shaker Heights group, on the efforts of one of our members to do A.4 work in the army. Unfortunately, the report is too long to be reproduced in the limited space we have here.

The army, the report says, does not recognize alcoholism as one of its problems. If the soldier does not respond to disciplinary measures, he is discharged. The same is true of emotionally unstable men.

The report says there is very little chance for AA work in the army because:

The average age of the soldier is far below the age of men with whom we are most successful.

Lack of financial responsibility keeps the alcoholic soldier from desperation.

Disciplinary measures tend to keep him from going too far.

To sum it up: when the prospect is ready for AA, he is out of reach.

### LORAIN AVENUE MONDAY GROUP

One of our members in the service recently requested us to mail him the AA book, which he wanted his major to read. This major received it and sent a glowing letter to us soon after he received it.

The fact that he was away from his home contacts didn't cause our member to forget to practice the principles of AA, and it makes us happy in knowing that he received his early training in our group and that it "took."

### EUCLID VILLAGE GROUP

There will be no meeting held on Good Friday evening.

## NEW PAMPHLET ON SPONSORSHIP

A new pamphlet is on the press and will soon be ready for distribution, which deals on the proper sponsorship of prospective members. Every member should procure one. This booklet wasn't written in an effort to please everyone, which is obviously impossible, but is a condensation of convictions and conclusions arrived at by a number of active, conscientious and successful members of our fellowship.

It is straightforward and practical in its presentation, and this editor believes it fills a long wanted need.

## THE BULLETIN PREVENTS A TRAGEDY

The Central Bulletin

The Editor.

Dear Sir:

Yes—there is a God. This morning I sat at my desk completely crushed and broken. After 20 months of sobriety, prayer and intensive AA activity I had lost everything I loved and held dear. My wife, my children and my home—all taken away by divorce action.

I cursed God, shed tears of bitterness and self pity. What good were prayers, effort, hope? Why stay sober? No longer would I be foolish enough to trust in God. My life had been an unbroken series of defeats, loss and humiliations and now this—this was the end.

Then strangely enough, at a moment when alcohol seemed to be the only answer, surrender the only recourse, death the only solution, came the Central Bulletin, and on the first page the most marvelous poem in the world—"He Leadeth Me."

I read, and as I did the clouds parted—

"Out of the sunshine into darkest night.

I of' would faint with sorrow and affliction,

Only for this I know He holds my hand;"

May God bless you for printing this and the person who wrote it.

I have humbly asked God's forgiveness for my lack of faith.

"So where He leads me I can safely go

And in the blest hereafter I shall know

Why, in His wisdom, He hath led me so.

I remain, gratefully yours. \_\_\_\_\_

## CATHOLIC PRESS ARTICLES

We have had our attention called to quite a few well prepared and intelligently written articles on Alcoholics Anonymous appearing in several leading Catholic papers.

These articles do a tremendous amount of good, particularly in that they take away the impression that AA is a new cult—2 new religion—a group of crackpots—a racket, etc., etc.

As more of such articles appear in the church papers of all religions, the need for zealous and appreciative workers in AA will increase. An article appearing in "Our Sunday Visitor" and written by a member of the Eau Claire, Wisconsin, Group was particularly well written.

## BODY SNATCHING

One of our new members was telling his sponsor of his hospital experiences.

"What's wrong with such and such group?" he asked. Nearly everyone that was up here said that it was "all right" but that if I really wanted to stay dry I'd better join his group."

It is very natural for each of us to think well of ourselves and our own. Our Chevy is better than your Ford, our street is better than your street, our church is better than your church.

This is natural—but dangerous. It is plain ego-building—selfish, intolerant and often dishonest.

The new man gets a bad impression. He also gets a new alibi for slipping—"Perhaps I'm in the wrong group—I'd better have a drink—"

Do invite new men to your meetings, be cordial and hospitable.

Don't knock another group. It may not suit you but it does suit other people.

## ALCOHOLIC FOUNDATION PLEA

The secretaries of all groups have probably received the semi-annual plea for voluntary contributions toward the \$6,500 budget for Central Office expenses at 30 Vesey St., New York City, for the six months period beginning March 1, 1944. They stress that these contributions are entirely voluntary, and can be used by the trustees for office expense only. In the opinion of this editor the request is a proper one and should meet with full, wholehearted response of all groups. We reprint several paragraphs from the folder sent to each secretary. Complete information will undoubtedly be given each member at one of his group's meetings.

Established by the Trustees of The Alcoholic Foundation in 1939, our Central Office has answered more than 15,000 inquiries; has shipped 76,000 pamphlets, reprints and Looks; has arranged much publicity, the best known being The Saturday Evening Post article.

The Office fosters many new groups, carrying on a large correspondence with them; it periodically supplies Group Secretaries with revised lists of contact names and addresses of all other groups; it furnishes travelling AA's with prospects in their territories; and it sends out bulletins on matters of national interest. Central Office secretaries correspond with lone alcoholics whose only aid is the book "Alcoholics Anonymous" and last, but not least, they write AA members now serving their country in the armed forces here and abroad.

Several thousand former alcoholics, now members of Alcoholics Anonymous, can testify that our Central Office, by publicity or correspondence, was the means of guiding them to AA. The Office plays a most important part in spreading AA to new places; it is one of our principal contacts with the general public and, as a clearing house for ideas and information, it builds national solidarity.

## THE TOUCH OF THE MASTER'S HAND

It was battered, scarred, and the auctioneer

Thought it scarcely worth his while

To waste his time on the old violin,

But held it up with a smile.

"What am I bidden, good people?" he cried.

"Who'll start the bidding for me?"

A dollar, a dollar! Son two, only two;

Two dollars, and who'll make it three?

Three dollars once, three dollars twice;

Going for three?" But, no!

From the room far Lack a grey-haired man

Came forward and picked up the bow.

Then wiping the dust from the old violin,

And tightening up the strings,

He played a melody pure and sweet.

As sweet as an angel sings.

The music ceased, and the auctioneer,

With a voice that was quiet and low,

Said, "What am I bid for the old violin?"

And he held it up with the bow.

"A thousand dollars, and who'll make it two,

Two thousand, and who'll make it three?"

Three thousand once, three thousand twice;

And going and gone," said he.

The people cheered, but some of them cried,

"We don't quite understand

What changed its worth?" Swift came the reply

"The touch of a master's hand."

And many a man nith life out of tune

And battered and torn with sin

Is auctioned cheap to a thoughtless crowd

Much like the old violin.

A mess of pottage, a glass of wine,

A game, and he travels on.

He is going once, and going twice;

He's going and almost gone.

But the Master comes and the foolish crowd

Never can quite understand—

The worth of a soul, and the change that's wrought

By the touch of the Master's hand.

NEW GROW-NEW IDEA

The Pearl Group never discuss financial problems; nor do they pass the "kitty" around at their meetings.

They do have one, however, and it is kept in plain sight of their members at all times-letting its needs speak for itself. Thus; one side is painted red, the reverse side being blue. So when in ample funds for running expenses the blue side faces the assembly, signalling all is well. BUT when the funds become low, it is turned around so that the red side faces the members at meeting, and thus a silent request is made for healthier contributions. The results are excellent; and thus the idea is passed along to other groups who might be seeking a tactful manner of "raising the ante."

WORKHOUSE CLINIC

The work at the workhouse is still proving to be gratifyingly successful. At least 150 attended the last meeting, of which 50-60 evidenced interest to remain later to ask questions. These meetings are held on the first Thursday of every month, and a plea is hereby extended to all groups to send several members to attend this meeting and help answer the many queries. The meetings are interesting and certainly important.

MORNING GROUP IN COLUMBUS

A new morning group was started in Columbus at Weber's Nursing Home, 1666 Summit Ave., and the first meeting attracted 17 men. The name "morning group" seems to us to be a misnomer, since, according to the note received by us informs us they meet at 1:00 o'clock on Wednesdays.

RED HOTS FROM MILES

Yes, "red hots" were featured at the Miles Group's February Social Party. They were served with pickles and relishes, and everybody put on the "Bumstead Act." Bingo was played, with plenty of prizes. The party was so well received that another will be held on April 29th. Put a red circle around this date on your calendar.

DOAN MEN'S GROUP

Wednesday, February 16th, the Doan Group (formerly Crawford Men's Group) celebrated its third year of existence by having the co-founder of AA as its speaker.

A record crowd of 228 men attended the meeting, and were inspired by a wonderful address by the speaker.

A new secretary was elected to replace the hard-working M. H. whose occupation carried him out of town.

The Sunday Training Sessions continue to be popular, attracting 30-40 members, who bring from 5 to 10 new men in each week. Our new quarters are being painted, and all the work is being done by volunteer members of the group. And we're happy to say that they're doing a professional job of it, too.

MINSTREL SHOW

The Mack's Merrie Minstrels, composed entirely of talented AA members of many Cleveland groups, will present their show Thursday evening, April 20th, at Music Hall, Public Auditorium. Thirty-one people participate in this show, and it is shaping up splendidly. A laugh-provoking, well-worth-seeing show will be put on. The talent will astonish you.

AA BOWLING LEAGUE

Team Standings--Including March 9th, 1944.

Table with 3 columns: Rank, Team Name, Score. Lists teams like West, Lake Shore, Lee Road, Miles, Doan, Collinwood, Southeast, Lorain Ave, Public Square, Lakewood, Brooklyn-Parma, Gordon Square, Denison, Berea, Brooklyn, Wade Park and their scores.

BULLETIN FOR MARCH

A new and enthusiastic group has been formed in Painesville, Ohio. It will be known as the "Painesville Group." The meetings are being held Thursday evenings at 8:30 p. m. in the annex of the First Congregational Church, corner of Mentor Ave. and Liberty St.

For the present time all meetings except the second and fourth Thursdays of the month will be for men only.

A cordial welcome is extended to all AA's.

GROUP MEETINGS

MONDAY

- BORTON-1331 Euclid Ave. 8:45
LAKEWOOD-Townsend Hall, 15903 Detroit Ave. 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal-W. 105th and Detroit, 8:30
LAKE SHORE-Lake Shore Hotel, Dinner at 7:30, Meeting at 8:30
LEE ROAD-1637 Lee Road 8:30
LORAIN Ave.-Banater Hall Annex, W. 120th at Lorain 8:30
MILES-12907 Union Ave. 8:30
SHAKER HEIGHTS--Christ Episcopal Church, 3451 Warrensville Center Rd. 8:30
SOUTH EAST GROUP-10203 Miles Ave. 8:30
WEST 25th ST.-2558 W. 25th St. 8:30
LAKE COUNTY--Presbyterian Church, Willoughby, O. 8:30

TUESDAY

- BROOKLYN-PARMA-4427 Pearl Rd. 8:30
EUCLED-WADE--Emmanuel Church (Rear), 8614 Euclid 8:30
PUBLIC SQUARE--Hotel Cleveland. 8:30
WOMEN'S WEST SIDE,--8701 Detroit Ave. 8:30

WEDNESDAY

- BROOKLYN-K. of P. Hall, Broadview and Pearl Rd. 8:30
COLLINWOOD--14709 St. Clair Ave. 8:30
DENISON-St. Phillips Hall, 3290 Denison Ave. 8:30
DOAN MEN'S-2025 E. 105th St. 8:45
LEE ROAD--Mayfield and Preyer, Heights Presbyterian Church 8:30
WOMEN'S (Lakewood)--12214 Detroit Ave. 8:30
REDFORD, O.-Y. M. C. A., Tarbell Ave. 8:30
ELYRIA, O.--108 Middle Ave., P. O. Box 491, On the Square 8:30

THURSDAY

- CLENNVILLE-E. 105th and Mnrk Ave. 8:30
LEE ROAD--1637 Lee Road 8:30
LORAIN AVE.-Banater Hall Annex, W. 120th St. at Lorain 8:30
WARRENSVILLE, Workhouse Chapel--1st Thurs. each mo. 7:00 P.M.
PAINESVILLE, O.-Annex, First Congregational Church, Mentor and Liberty Sts. 8:30
LORAIN, O.-Antlers Hotel 8:30

FRIDAY

- GORDON SQUARE-St. Helena's Church Hall, 1367 W. 65th St. 8:30
LEE ROAD-1637 Lee Road 8:30
PEARL--Good Counsel Hall, 4427 Pearl Rd. 8:30
ROCKY RIVER-St. Christopher's Hall Lakeview off Detroit Rd. 8:30
AVON LAKE--1112 W. Erie St., Lorain, O. 8:30
BEREA--Social room of Berea Cong. Church, Seminary and Church Sts. 8:30
EUCLED, O.-St. Paul's Church E. 200th St. off St. Clair 8:30

MORNING MEETINGS

Monday Mornings

- BOLTON SQUARE--2028 E. 105th St. 10:00 A. M.

Wednesday Mornings

- COLLINWOOD -14709 St. Clair Ave. 10:00 A. M.

Thursday Mornings

- WEST SIDE-7403 Denison Ave. 10:00 A. M.

Friday Mornings

- SUNRISE BREAKFAST-10203 Miles Ave. 7:30 A. M.

SUNDAY

- COLLINWOOD--14709 St. Clair Avenue 7:30
DOAN MEN'S TRAINING MEETING-2025 E. 105th St. 12:00

1ST TUESDAY EVERY MONTH

- CENTRAL COMMITTECHanna Building Room 370. 8:30

LAST TUESDAY EVERY MONTH

- CENTRAL HOSPITAL COMMITTEE--Hanna Bldg., Room 370. 8:30

OUT OF TOWN MEETINGS

MONDAY

- ASHTABULA, O.--Linne Hall, 3403 Station--except second Monday. 8:30

TUESDAY

- MANSFIELD, O.--North Lake Park, Sec. Address, 1751 Lexington. Mansfield 6:30
PITTSBURGH (E. Liberty)--E. Liberty Y. XI. C. A. 8:30

WEDNESDAY

- BUFFALO NO. 1--2387 Fillmore (at Main) 8:00
COLUMBUS MORNING GROUP--1656 Summit St. 1:00 P. M.

THURSDAY

- THURSDAY STAG. COLUMBUS, O.-Broad St. Church of Christ, 21st and Broad St. 8:30

FRIDAY

- XENT, O.-K. of P. Hall 9:00
PITTSBURGH (Downtown)--Chamber of Commerce Bldg. 8:30

SATURDAY

- CANTON, O.--Oddfellows Temple. 8:30
CENTRAL, COLUMBUS, O.--I.O.O.F. Temple, 24 W. Goodale St. 8:30
NO. SIDE, COLUMBUS, O.--Oientangy Village, 2929 N. High St. 8:30

SUNDAY

- PITTSBURGH (No. Side)--North Side Y. M. C. A. 12:00
BUFFALO NO. 1--2387 Fillmore (at Main) 8:00

# CENTRAL BULLETIN

VOL. II-No. 7

BOX 1638, STATION C, CLEVELAND, OHIO

April, 1944

SUBSCRIPTION PRICE \$1.00 PER YEAR

TEN CENTS PER COPY

## "Thy Kingdom Come"

[EDITORIAL]

In our thoughts on the Lord's Prayer, we are inclined to pass over the words, Thy kingdom come. The words seem to us to refer either to life beyond the grave, or to the age-old hope of the prophets and the religious for the day when God's kingdom shall be set up on earth and swords shall be beaten into plowshares.

But the Lord's Prayer is essentially a prayer for our daily needs, one through which we strive to place ourselves within the sphere of God's works. While this would at large still does not conduct itself as the Kingdom of God, the Kingdom exists today for all those who will turn to it.

For those of us who have found our lives unmanageable, the Kingdom of God is our sure refuge. By acknowledging ourselves as the subjects of a Power greater than our own, as obedient to the laws of life that have grown out of the experience of mankind throughout the ages, we can restore ourselves. We place ourselves in the Kingdom of God, and find the Kingdom of God within us.

What is the Kingdom of God? The Apostle Paul said it is not meat or drink.

That means it is not the material side of life. Those whose interests lie alone in bread, in wealth, in the comforts of life, do not find the Kingdom of God. They are more likely to find themselves victims of lust and greed, to find themselves selfish and intolerant, to find themselves where we found ourselves as the result of our onr-sided interest in material things.

The Kingdom of God, said Paul, is righteousness and peace and joy in the Holy Spirit.

Some of us shy away from words like "righteousness," which have a "goody-goody" sound. But what is a righteous man but one who is upright and honest and fair and free from the will to do wrong.

The Kingdom of God, we might say, is the realm of honesty and unselfishness and purity and love, the four principles that guide our efforts to remake our lives. Some of our members call them the Four Absolutes.

The Kingdom of God is peace: the peace from the tortures of the mind and the flesh that we have suffered so many years. With honesty and unselfishness and purity and love, by being upright and fair and free from the will to do wrong, by casting from us the errors that have troubled us, we can relax and find peace in the Kingdom of God.

The Kingdom of God is joy in the Holy Spirit. Perhaps Paul meant to suggest that it is the joy that comes to us through acceptance of the Holy Spirit. And so it is. But many of us, who have spent so many years in error and

(Continued on Page 4)

## One AA's Opinion

*"So John's in bed in the slipper's ward. Well, I so w it coming a month ago. I've been waiting for this, I'll have to go down and see him and knock some sense into him."*

How many times have you heard remarks like the above? It's an attitude that is all too common. It represents a type of thinking that is both egotistical and intolerant.

Let's break it down.

*"I Saw It Coming . . ."* Why didn't you do something about it? If John was having trouble with his thinking then, maybe he needed you. Or were you being too smug and cocky for him? Were you so sure of your own personal version of the program that he was afraid and ashamed to turn to you?

Too often a man has trouble and is loath to talk; over his worries with the men around him who seem so confident, so certain, so proud of their position on the beam. Perhaps he opens up the subject and is given a flat . . . "You'll snap out of it. Be like me. Do it my way."

*"I've Been Waiting For This . . ."* Why? So you can crow over him?

*"I'll Have To Knock Some Sense Into Him . . ."* You don't HAVE to do anything. The work you do should be a pleasure. You don't knock sense into people. A slipper is just as sick as a prospect . . . sicker, probably, because he knows what he's kicked away.

A man slips for two reasons. (1) he didn't get the program thoroughly in the first place or (2) he deliberately decided to experiment.

If it be for the first reason he needs to start from the beginning and go over the 12 steps again, especially the housecleaning steps from No. 4 to No. 9. He needs encouragement to make a complete inventory. He may not realize that he came in with a subconscious reservation. His faith must be restored.

If it be for the second reason he must do the same thing again, with emphasis on those steps which he has been trying to take two at a time.

The slipper needs help and he needs it in such a way that resentments will not be stimulated.

We exist to keep each other dry. We do that by listening to each other's troubles and problems. We must maintain tolerance, humility, unselfishness . . . and be ready to share these qualities.

A religious man is guided in his activity not by the consequences of his action, but by the consciousness of the destination of his life. He fulfills the work prescribed to him by God, without arguing as to what will come of that work.

—Lco Tolstoi

### PRAYER IN TIME OF WAR

O Lord God, Master of heaven and earth, we come to Thee, imploring Thy mercy to look upon the nations now engaged in war. Forgive us our sins as a nation and as individual citizens of this nation. We have sinned against Thee and have deserved nothing but punishment. In Thy love and compassion restore a just peace. Turn the hearts of our enemies that they may seek Thy face and Thy grace.

Let Thy grace work mightily in the hearts of all exposed to peril, conflict, and death. Relieve the suffering of the sick, the prisoners, and the wounded. Grant the glorious vision of faith to the dying that they may lift their eyes to the Cross of Christ and fall asleep in Jesus' wounds. We ask it in our Savior's name. Amen.

Give the 60 AA's who compose the cast support by attending their

### First Annual Minstrel Show

Public Auditorium, Music Hall

Wednesday, April 19th

## NEWS FROM THE CAMPS

We are listing below the names and latest known addresses of the boys in service who have given us their permission to publish their names.

Pvt. R. S. Brintnall, No. 35276713, Hdq. Squadron VIII Air Force, Composite Command, APO No. 639, c/o Postmaster, New York, N. Y.  
 Lt. Clayton B. Bull, H.Q. 5th Service Command, Fort Hayes, Ohio.  
 Pvt. Chas. Cheska, 35062173, 569th Signal Co., D.S.O., A.P.O. 417, 69th Div., Camp Shelby, Miss.  
 S/Sgt. Leslie A. Clapper, 6th Base P. O., Fort Dix, N. J.  
 Pfc. Vincent P. Donovan, "L" Co., 3rd Bn., 1st Reg., 1st Div., F.M.F. Fleet, P. O. San Francisco, Cal.  
 Cpl. Howard J. Evans, ASN 35061543 Gen'l Depot No. 2, APO 603, Postmaster, Miami, Fla.  
 Pvt. Jack Garish, 38049059 USA, FSA Det. No. 2, APO No. 604 Postmaster, Miami, Fla.  
 Ralph J. Heidinger, SC1/c USSR, 1st Sd. Batt., Cub Two, Fleet PO San Francisco, Cal.  
 Edgar Johnson, Ph.M. 3/c, Staff Quarters, Room 117, Norfolk Naval Hospital, Portsmouth, Va.  
 Frank W. Kelly, SK 3C, CB Detach. 1009, Fleet PO, San Francisco, Cal.  
 Cpl. G. E. Krueger, ASN 35135652 Co. C. 672 T.D. Bn. North Camp Hood, Texas.  
 Lt. Clyde M. Mohler, Hq. 2 Bn., 1st Reg. F.A.R.C., Ft. Bragg, North Carolina.  
 Cpl. Frank M. Orpse, 15329379, 46 DRS—APO 636, c/o Postmaster, New York, N. Y.  
 Lt. Louis Pillemer, Box 195, Room 117, Arms Medical Center, Washington, D. C.  
 Cpl. Spencer W. Powell, ASN 35521415 Hdq. Sq. 33d TEFT. G. P. Sec. 3, Flirt E. SAAF, Stuttgart, Ark.  
 N. Rickabaugh, E Mlc. 75th Naval Cons?, Batt., Co. C. PL. 3, c/o Fleet P.O., San Francisco, Cal.  
 Sgt. Alfred L. Rumel, Hdq. Co., 17th A/B Div. APO 452, Nashville, Tenn.  
 Capt. H. C. Russ, Station Hospital, Camp Maxey, Texas.  
 T. A. Scanlon, Ph. Hl. 3c, U. S. Naval Hospital, Puget Sound Navy Yard, Bremerton, Wash.  
 Pvt. Ernest Schimmelman, Jr., 6th Photo Comp, Sq., Peterson Field, Colorado.  
 Wm. J. Shannon, EM? 'c. 53d Const. Batt., Co. D-1, c/o Navy Fleet P. O., New York, N. Y.  
 Lt. Robert Teter, 4035 Ocean Front, Mission Beach, Calif.  
 Thos. L. Tucker, VASN. 36062898, Co. D, Port B. N., ASF-UTC, New Orleans, La.  
 Cpl. James Vizzard, Hdqrs. 1260th Eng. Co. mb at a... Camp Pickett, Va.  
 Pvt. Edwin Yones, 35926245, Co. C, 27th E. T. Bn. 1st Platoon, Ft. Leonard Wood, Mo.  
 Cpl. Glen R. Wadick, Co. F., 340th Eng. 6. S., Camp Sutton, N. C.  
 S/Sgt. W. H. Winters, 15318378, Hdq. H. Sq., U. S. Air Ser. Corn., APO 696, Postmaster, New York, N. Y.  
 E. A. Woodcock, SP. M2C, Casco Bay, Portland, Maine.  
 T/Sgt. Roy A. Yeargan, 38161471, Fairfield Air Depot, Patterson Field, Fairfield, O.

☆ ☆ ☆

## LETTERS FROM SOLDIERS

Spencer Powell n-rites from Camp to a friend in Cleveland and we print a part of his letter.

*We expect quite a gang of new draftees down soon . . . we have about 800 men on the field now that were taken out of the colleges that the government closed recently. They were called the pre-a vation cadets.*

*We are being fed by German prisoners who work here in the mess-halls. They put out a little more than the Italian prisoners did before they came. They are young fellows—husky and clean looking. You should be here and see them march to and from the mess hall. As they march they sing—and I mean sing. Every foot moves at the same time. In plain English, they sure can march. While at attention, they will not say a word or make a false move. They also march a little closer than the Americans. Singing is part of their training and that's how they learned to march in Germany. Well, if I write much more about them you will think I like them. Well, I figure that they are in the army just as I am. In battle if I should see them first I'd shoot. If not, they'd shoot. Orders are orders and we both have to obey. I kind of think that the A.4 has put that attitude in my head—obedience! I still realize, however, that they represent the enemy.*

*To tell the truth, I find that the AA method of living from day to day is the only way to live with all the hours I put in, it's the only way I keep up. I'm on "alert" tonight 'till 6:30 A.M. It's raining and they're not flying, so I'm catching up in my correspondence.*

Frank Orpse writes from England.

*I never thought that someday I would be reading the Central Bulletin in some foreign country, but I now can say that I have as I received the February issue this week, and here in England I have the same chance of keeping up with AA almost as much as in the States.*

*Was very much interested to hear of Cleveland AA having such an opportunity to produce a booklet on sponsorship—this is something that I think is a vital necessity, but a lot of care, time and thought will be necessary to get something out that will cover all the phases of sponsorship and its responsibilities and at the same time satisfying so many persons with so many different trends of thought—surely God will have to guide the authors.*

*So far I haven't run across any other AA members over here, but I have been getting around the country and keeping my eyes peeled—maybe one of these days I'll run across one.*

*One o f the boys in my outfit has had some trouble—you know the same thing we're all been through. I talked a little bit to him how we went about easing this torture and he was quite interested—as a result I am sponsoring him in a one man program of making him an A.A. Will let you know what success I have.*

*Have had no occasion of testing any of these English bitters or ale and I don't care to.*

*I seem to get more enjoyment in visiting the different cities when I can, and seeing the historical and educational things that they have and believe me there is plenty to see and learn.*

*Makes me sort of homesick to read of the different events happening at the group meetings and gatherings—hope the day comes soon when I can attend meetings again.*

*With God's help I still am staying on the beam—try to do my share in keeping our babies flying and am enjoying some of the experiences I have to go through.*

*My grateful thanks for sending me the Bulletin and with best wishes and good luck—Cheerio.*

*PS—So sorry that my address has changed again.*

## LORAIN AVENUE THURSDAY GROUP

The first meeting in April was the occasion of a farewell tribute to one of the members returning to serve our country for a second time.

This young man, who travelled the world over as a Marine from 1924 to 1932, returns to the same branch of the armed forces as a gunnery instructor. During the eight years of service, he guzzled alcohol—as made by the natives in every part of the world. And regardless of the place or the taste the results were always the same!

But when he returned to Cleveland and observed the good work done by A.4 in helping a relative gain sobriety after a terrific drinking career, the young man decided to give AA a whirl in an attempt to solve his own problem.

He accepted AA the "hard way" and since joining the group has worked hard at the program. He gives AA credit for returning him to the fold and providing him with a new outlook on life. He intends to continue with A.4 wherever he is stationed, and, if necessary, organize a group to carry the AA message to other alcoholics.

## CLEVELAND AA BOWLING LEAGUE

Team Standings—Including April 6th, 1944		
1	West 25th Street	58
2	Lee Road (Friday)	54
3	Lakeshore	5X
4	Miles	51
5	Collinwood	47
6	Crawford	45
7	Lakewood	45
8	Lorain	45
9	South-East	44
10	Public Square	43
11	Gordon Square	39
12	Denison	39
13	Berea	38
14	Brooklyn-Parma	37
15	Brooklyn	31
16	Wade Park	29

People talk of a change in opinion as if it were a disgrace. To me it is a sign of life. If you are alive, gnu must change.  
 —Willie M. E. Gladstone

## A NEW MEMBER'S OPINION

I've just finished five days in one of the Cleveland hospitals for members of Alcoholics Anonymous. And now that I'm out I look upon the acceptance of XX as the most important incident of my life.

But there were times while I was hospitalized that I felt like junking the whole program. And the reasons are being set forth at the request of the Bulletin's editor to serve as a caution to visitors, sponsors and other new AA members.

During those five days I had plenty of time to think. I started to think about the 36 years I had put behind me . . . the prospects of the future without a job! . . . the importance of the decision I was to make before leaving . . . the AA program . . . the people in AA (were they nuts, or was I for being there?) . . . was I really an alcoholic or did my sponsors sell me a bill of goods? . . . were these visitors telling the truth about themselves? . . . did I really need AA as much as I thought when I came into the hospital?

Yeah.. the above and a lot of other thoughts went through my belfry while I was hospitalized. I had never considered hospitalization nor a "cure" as the answer to my alcoholic problem. Confinement and medicine did nothing but get drunkards I knew back in shape for another spree. I was looking for the key to a new way of life, as my sponsors had promised.

Well, everything I observed was new but I didn't think some of it was so acceptable. The first visitor left me dazed. He just dropped in to tell the boys his story—whether they liked it or not! He told it with gestures and an evangelistic fervor that made me wonder if I hadn't joined some religious cult. I wasn't ready for that stuff!

Then there were the fellows who had a stock speech they memorized from A.4 literature but couldn't stand up under a question and answer session. After they left I wondered if they were sincere about 4.4 or were they taking advantage of a good thing?

Another one I'll not forget was the young fellow who brought in a patient but felt he had to deliver a sermon before he left. He stomped around like a political speaker but stumbled all over with his oratory. A good handshake and a few words of encouragement would have been much better for all concerned—including him!

And the fellows who had an air of superiority about them as they bragged about coming into AA the "hard way." There is nothing soft about hospitalization—you've got to be able to take it every way A.4 is served up and still develop the courage to stick with it. Conversation about the "hard way" is the wrong way to impress a man in the hospital.

Watching a visitor pour A.4 into the ear of a fellow patient, who is sicker than a dog, doesn't help either. It's too much like home!

Of course, there were other poor approaches and presentations I noticed but the ones cited were the most obvious to me and I have recorded them in a spirit of helpfulness to remind visitors, sponsors and new members of the importance the new candidate attaches to every action, word and deed while hospitalized.

Thanks to my sponsors I received many visitors who had real messages of encouragement and were able to deliver them in a sincere and convincing manner. They far outnumbered the others and convinced me that the A.4 program contains the necessary definite rules and ideals about life to help me eliminate all the shadows of the past and to face any eventuality of the future—with the help of God.

## HOSPITAL NEWS

Farquharson's Nursing Home has issued a notice that the minimum stay for patients will be five days and the rate will be \$50.00.

Bender's Nursing Home reports that the new hospital which will house first-time patients only, will open very shortly.

Webster's has been in the process of repainting, but this has not affected its housing patients.

An announcement has come to our attention to the effect that the old Post-Shaker Hospital is now called the Protestant Nursing Home and is accepting alcoholics.

## MINSTREL SHOW

The big Minstrel Show, with its cast of sixty from the combined groups of Cleveland's AA, is ready for its premiere at Music Hall, Public Auditorium, Wednesday evening, April 19. One of the largest productions of its kind ever attempted by an amateur organization, this minstrel will offer a great variety of acts on its program.

Songs of yesteryear, melodies you all love, will be featured. Comedy by clever blackface funmakers, novelty acts, and dancers of the clog and soft shoe style will be presented. Concluding the evening's entertainment is a hilarious afterpiece, one of the most screamingly funny skits you ever saw.

From all present indications the Minstrel, for obvious reasons known as Mack's Merrie Minstrels, will be the A.4 society event of the season. Many after-theatre parties have already been arranged by individuals and groups. You really can't afford to miss this extravaganza.

Plans to make this an annual affair are being formulated dependent upon the support from members the current show receives. Tickets may be had from all group secretaries.

Through an error last month's Central Bulletin gave an incorrect date. The correct date is Wednesday, April 19, 1944. Curtain at eight-thirty p. m.

## GROUP BEHAVIOR

Every once in a while letters come in to our editorial hands which offer criticism of this or that group or a function of Central Committee or of Central Committee itself, and we presume the authors expect to see these articles in the columns of the Bulletin.

Many of these criticisms are just, and many times we (editorially) are in agreement with the contributor, but we must re-affirm our position for the benefit of all, that we cannot publish highly controversial items—items which affect the autonomy of each individual group.

We have in hand for instance the indignant protest of a visitor to one of the groups who objected to being solicited to purchase chances on the A.4 book and other prizes. He objected to card playing and gambling after the meeting. He also objected to hearing a questionable story told.

Now we agree with him, for we don't subscribe to such actions. We cannot reconcile these things with the orderly conduct of a movement which we personally feel is spiritual in its concept.

The question of condoning card playing with its eventual gambling element, the holding of raffles or drawings to cover the expenses, and other peculiar "abuses" which invite the criticism of some must necessarily be decided by each group itself. There are quite a few new groups who have eliminated these "features" entirely and are happy and successful.

We believe that obscene or off-color stories, as well as foul language are entirely out of place in our meetings which are opened and closed with a prayer. It is scarcely believable that such incidents are customary in any group, and we feel sure that abuses will be corrected by the leaders of the offended and offending groups.

It would be a good thing for us all to check not only ourselves, but our group's attitude. Let's apply the four absolutes.

We would suggest that the writer of the letter who objected so pointedly to the meeting which he attended, write a similar letter to the secretary of that group, pointing out the dangers to that group's further growth and the dangerous impressions it might make on new members whose attitude might be affected by these things. That is his right as a brother AA.

We also received a letter which offered criticism of a part of the program of the Mass Meeting held at the Cleveland Hotel. We personally agreed with the writer, but we also heard many comments from people who enjoyed just what he criticized. So rather than start a storm, we revert these criticisms to Central Committee.

God has put the keys to His Kingdom into your own hands. Your intelligence is a key, your affection is a key, your conscience is a key. With these keys you are to unlock the great doors of life and gain access to its heavenly treasures.

—Dr. James M. Pullman



ONE AA's OPINION

(Continued from page one)

have been inclined to look with contempt upon those persons who followed the way of God, tend to keep the Holy Spirit at arm's length. Many are inclined to think that it is not quite "grown up" to find joy in the Holy Spirit. Thus we persist in error, and deprive ourselves of the opportunity to find peace. We have to let ourselves find joy in the Holy Spirit.

It is well to recall the first three of the Twelve Steps. We confessed that we were powerless over alcohol and that our lives had become unmanageable. We decided that a Power greater than our own could restore us to sanity. We undertook to place our lives and our wills in the hands of that Power.

So now we acknowledge the Supreme Power, "Our Father." We regard that Power reverently. And we ask that we live today in the realm of that Power, where we are upright, where we find peace, where we find joy in the Holy Spirit.

Thy Kingdom come.

LORAIN AVENUE MONDAY

Another blessing from sobriety which we appreciate in this group is the healthy condition it puts us in, to relish those smacks we have come to look forward to at our meetings.

The man responsible for their savory and appetizing appeal is jovial, hardworking C.R., whose fourth anniversary we helped celebrate last month.

In May we celebrate our third anniversary and plans are being made for a gala affair with the most outstanding speaker in this area leading the meeting. Secretaries will be notified

A CONFESSION OF FAITH

Who or What is the Power greater than ourselves?

God is that Power. Without question, without reservation, He is the Creator of this world and everything in it including all of mankind. God is the power that keeps this world running on time, keeps my heart ticking and knows what is going on at all times. This is my firm belief, and it is beyond all human comprehension and understanding.

Due to the fact that my belief in Him is so great that He knows the innermost thoughts that travel through my mind I cannot possibly think wrong but what He is aware of it. When I start to think wrong-that is the time that I ask for help. Help to change my mind and create a new spirit within me. My conscience is the needle that pricks my soul that tells me when I am thinking wrong.

By asking God-who is the only source of supply for help-I am constantly trying to live a better life so that I will warrant the help that I need so much.

When I do not peek His help to keep me thinking right I fall easy prey to the temptations of this world and then I suffer from fear, worry, lack of sleep, a nervous condition that will eventually lead me, an alcoholic, to the point where I also an escapist, will duck behind a bottle.

I also firmly believe that God will set the stage for me to enjoy this life with some of the finer things in it-if I continue to allow Him to be my Manager and strive to do His will. His will is the Ten Commandments. If I want to run the show, He will give me my way, and my way will put me behind the eight ball. I was behind the eight ball before AA came into my life, and I do not want to wind up there again.

The miraculous changes that have taken place in the lives of thousands of men and women and their families who have adopted the AA plan of living should be definite proof beyond a doubt for the most skeptical. It works. This article is written with the thought in mind that possibly a door might be opened for some of us who are going to meetings and hospitals mechanically because we are told that is the thing to do, but yet we are not enjoying our sobriety.

In conclusion-AA is based on the same principles that any creed has. "Seek ye first the Kingdom of God and all these other things shall be added unto you."

ATTENTIOK OUT-OF-TOWN GROUPS

We have been listing out-of-town groups from several cities at their request and for the convenience of our readers who travel. In Ohio and in the neighboring states of Pennsylvania, W. Virginia, Kentucky, Indiana and Michigan there are many other established groups. We welcome their listings and will publish them in the June issue. Send them at once to Box 1638, Station C, Cleveland, Ohio.

GROUP MEETINGS

MONDAY

- BORTON-13931 Euclid Ave. 6:45
LAKEWOOD-Townsend Hall 15003 Detroit Ave. 8:30
LAKELAND MEN'S-St. Peter's Episcopal, W. 11th and Detroit 8:30
LAKE SHORE-Lake Shore Hotel, Dinner at 7:30, Meeting at 8:30
LEE ROAD-1637 Lee Road 8:30
LORAIN Ave.-Banater Hall Annex, W. 120th at Lorain 8:30
MILES-12907 Union Ave. 8:30
SHARER HEIGHTS-Christ Episcopal Church 8451 Warrensville Center Rd. 8:30
SOUTH EAST CROUP-10203 Miles Ave. 8:30
WEST 25th ST.-2858 W. 25th St. 6:30
LAKE COUNTY-Presbyterian Church, Willoughby, O. 8:30

TUESDAY

- BROOKLYN-PARMA-4427 Pearl Rd. 8:30
EUCRID-WADE-Emmanuel Church (Rear), 8614 Euclid 8:30
PLJRLIC SQUARE-Hotel Cleveland 8:30
WOMEN'S (WEST SIDE)-8701 Detroit Ave. 8:30

WEDNESDAY

- BROOKLYN-K. of P. Hall, Broadway and Pearl Rd. 8:30
COLLINWOOD-14709 St. Clair Ave. 8:30
DENISON-St. Phillos Hall, 3290 Denison Ave. 8:30
DOAN MEN'S-2023 E. 105th St. 8:45
LEE ROAD-Mayfield and Preyer, Heights Presbyterian Church 8:30
WOMEN'S (Lakewood)-12214 Detroit Ave. 8:30
BEDFORD, O.-Y. of C. A. Tarbell Ave. 8:30
ELYRIA, O.-108 Middle Ave., P. O. Box 491, On the Square 8:30

THURSDAY

- GLENVILLE-E. 106th and Mark Ave. 8:30
LEE ROAD-1637 Lee Road 8:30
LORAIN AVE.-Banater Hall Annex, W. 120th at Lorain 8:30
WARRENSVILLE, Workhouse Chapel, 1st Tabernacle, Lorain 7:00 P.M.
PAINESVILLE, O.-Annex, First Congregational Church, Mentor and Liberty 8:30
LORAIN, O.-Antlers Hotel 8:30

FRIDAY

- GORDON SQUARE-St. John's Church, 11001 St. 66th St. 8:30
LEE ROAD-1637 Lee Road 8:30
PEARL-Good Counsel Hall, 4427 Pearl Rd. 8:30
ROCKY RIVER-St. Christopher's Hall Lakeview off Detroit Rd. 8:30
AVON LAKE-1112 W. Erie St., Lorain, O. 8:30
BEREA-Social room of Berca Cons. Church Seminary and Church St. 8:30
EUCRID, O.-St. Paul's Church E. 200th St. off St. Clair 8:30

MORNING MEETINGS

Monday Mornings

- BOLTON SQUARE-2023 E. 105th St. 10:00 A.M.

Wednesday Mornings

- COLLINWOOD-14709 St. Clair Arc. 10:00 A.M.

Thursday Mornings

- WEST SIDE-7403 Denison Ave. 10:00 A.M.

Friday Mornings

- SUNRISE BREAKFAST-10203 Miles Ave. 7:30 A.M.

SUNDAY

- COLLINWOOD-14709 St. Clair Avenue 7:30
DOAN MEN'S TRAINING MEETING-2026 E. 105th St. 2:00

1ST TUESDAY EVERY MONTH

- CENTRAL COMMITTEE-Hanna Building Room 370 8:30

OUT OF TOWNS MEETINGS

MONDAY

- AKRON MEN'S CROUP-193 E. Market Street 8:30
ASHTABULA, O.-Linne Hall, 3403 Station-except second, Monday 8:30

TUESDAY

- MANSEFIELD, O.-North Laka Park, Sec. Address, 155 1/2 Lexington, Mansfield 8:30
PITTSBURGH (E. Liberty)-E. Liberty Y. M. C. A. 8:30

WEDNESDAY

- AKRON GROUP NO. 1-King School, W. Tallmadge at Aqueduct Street 8:15
BUFFALO NO. 1-2387 Fillmore (at Main) 8:00
COLUMBUS MORNING CROUP-1666 Summit St. 1:00 P.M.

THURSDAY

- EAST AKRON-897 E. Market Street 8:00
THURSDAY STAG, COLUMBUS, O.-Broad St. Church of Christ, 21st and Broad St. 8:50

FRIDAY

- KENT, O.-K. of P. Hall 9:00
PITTSBURGH (Downtown)-Chamber of Commerce Bldg. 8:30

SATURDAY

- CUYAHOGA FALLS-2150 Front Street 8:30
CANTON, O.-Oddfellows Temple 8:30
CENTRAL, COLUMBUS, O.-I.O.O.F. Temple, 24 W. Goodale St. 8:30
NO. SIDE, COLUMBUS, O.-Olentangy Village, 2929 N. High St. 8:30

SUNDAY

- PITTSBURGH (No. Side)-North Side Y. M. C. A. 2:00
BUFFALO NO. 1-2387 Fillmore (at Main) 8:00

# CENTRAL BULLETIN

UNLAWFULNESS - HONESTY  
PURETY - LOVE

VOL. II-No. 8

BOX 1635, STATION C, CLEVELAND, OHIO

Map, 1944

SUBSCRIPTION PRICE 11.00 PER YEAR

TEN CENTS PER COPY

## “Thy Will Be Done”

[EDITORIAL]

So words that we can utter are as vital to us as these words in the Lord's Prayer, “Thy will be done.” In uttering these words, we surrender to the will of a Power greater than our own. This is the essential act in the third of the Twelve Steps, the step that is the very heart of our program.

The instincts that rule our material selves are largely instincts of self-preservation. They make Self our first concern and they are the causes of most of the troubles that we fall into. Self-concern leads to egotism, to self-assertion, to vanity, to lack of concern for the feelings of others. It leads to things that destroy us: lust, greed, and similar excesses of body passions.

A sane view of life is that all things are good in their right use. But we have devoted ourselves to the misuse of a number of things and have regarded ourselves accountable to no man. Now that the bill for our misconduct has been presented, we find ourselves thoroughly rooted in misuse and thoroughly the victims of our impulses.

Now that we are in AA, most of us have recognized our chief errors. Most of us see the need for control, for responsible action, for curbs on selfish acts. We have seen how some of the results of our habits of thought, in resentment, in self-pity, in jealousy, in other aspects of self-love, return again and again to harass us.

Our headstrong tendencies demand surrender, demand a yielding of ourselves to the will of an external power. To place ourselves in the hands of that Power, we have to create new habits of action to keep us out of old ruts.

We may continue to do all the things that nature intended us to do, but it is important that we do those things under control. We must control impulses, particularly those associated with our excesses.

Most difficult, perhaps, are those times when there is an urge that we cannot define, just a general tension under the skin and a hazy but strong impulsive feeling in the mind. These are times when it is particularly necessary to call on the aid of the Supreme Power.

We must develop the habit of turning to the Supreme Power at all times, at regular daily intervals, at times when we are under stress. Impulses should be discharged by addressing ourselves directly to the Supreme Power and asking for guidance. We must learn to see the signs of headstrong and self-willed action and remember the

(Continued on page two)

## Anonymous?

As the years roll on and the miracles of AA are repeatedly manifesting themselves everywhere, the question that is found most difficult to answer is, “Where does the ‘Anonymous’ part come in?”

To most members the answer is self-evident. Their behavior, their demeanor and their different attitude is noticed by friends, relatives and associates, and when questioned the answer is usually, “I’ve found a new way of life”—“I’ve quit drinking,” or a perfectly frank “I’ve joined up with AA.” If further explanation is demanded, a simple explanation of the work and principles of AA is

presented and that’s all there is to it, and the friends, relatives and associates sometimes spread the news to others who have noted the change in the person involved. And in most of these cases the comment has been complimentary to him.

As this member becomes a valued and devoted worker, which he does as a matter of course when he accepts the program in its entirety, he visits the hospitals and in telling the story of AA, he undoubtedly qualifies his membership with a recital of some of his own escapades to the person whom he’s visiting. And in time, as his sincerity of purpose discloses the fact that he has fully embraced the program, he is asked to lead his first meeting. If he is impressive, he’s usually asked to lead in other groups.

If he happens to have been a person of note, and has regained the respect of people and reestablished himself, the final test of his career begins. Will he remain grateful for his deliverance? In most cases, the answer will be in the affirmative.

But lately—our attention has been called to a most unfortunate habit that some members have perhaps unwittingly gotten themselves into. They have been citing the lurid details of some well-known members and mentioning their names, giving all the “juiciest” facts a liberal play, certainly to the detriment of that person’s reputation. They argue that they are only citing facts, which is perhaps true, but after all, isn’t it only fair that the individual be permitted to tell his own story when in his own judgment it will help some other individual?

Stick to the fundamentals of the AA plan in explaining the marvels of AA, and let’s not be gossipers. Let’s respect the confidence of the person who’s bared his soul. Our behavior, our new way of life and our sincerity of purpose most times is sufficient to arouse the interest and the desire of some unfortunate who will seek us out and ask for help.

(Continued on page two)

**WOULDN'T IT BE!**

Wouldn't this old world be better.  
If the folks we meet would say:  
I know something good about you,  
And then treat us just that way!

Wouldn't it be fine and dandy,  
If each hand-clasp warm and true,  
Carried with it this assurance  
I know something good about you!

Wouldn't things here be more pleasant  
If the good that's in us all,  
Were the only thing about us,  
That folks bothered to recall!

Wouldn't life be lots more happy  
If we'd praise the good we see!  
For there's such a lot of goodness  
In the worst of you and me.

Wouldn't it be nice to practice  
This fine way of thinking too;  
You know something good about me,  
I know something good about you.

*Contributed by the Dorton Group.*

INVITATIONAL MASS MEETING

Sunday, May 28th . 4 P. M.

GRAND BALL ROOM



HOTEL CLEVELAND

## NEWS FROM THE CAMPS

## LISTING OF ADDRESSES FORBIDDEN

In a kind, but authoritative letter from the Office of Censorship, we were informed that publishing the addresses in our Bulletin conflicted with the Code of Wartime Practices. Unit identification of all branches of the service, as well as ships' names and other identifications **SHOULD** NOT be included in PUBLISHED items about, letters from, or addresses of servicemen. And they cited several names and instances.

They summarized their complaint by stating that "Don't include unit identifications in published addresses of service personnel overseas, or about to embark; don't link the names of naval personnel with their units or ships; and don't locate or identify military and naval units overseas or at embarkation points."

We regret exceedingly that in our desire to provide the list to our readers so they could contact the boys, we unwittingly and certainly unintentionally endangered their lives.

Should you desire an address, we suggest that you contact your group secretary, and we certainly trust that all group secretaries will keep us informed of changes in address as well as any new additions to the list, so we can send the Bulletin to them.

The South East Group receives an open letter from Pvt. Ed Vones.

*iii, Friends :*

*Thank you all for the Easter card. It's nice to know that people think of some one even if he is miles away. The beam is still on the straightaway for me. I've been changed into another branch of the Engineers' Corps. They put me in a unit where I don't have to be on my feet much. To me it's a break, but it's only my Maker's will, not mine, to be done. May I take this opportunity to tell you folks a little something that I think hits the spot for anybody who forgets who it was that helped him most in A.4?*

## TEN REASONS FOR SWEARING

1. It pleases Mother so much.
2. It is a fine mark of manliness.
3. It proves I have great self-control.
4. It indicates how clearly my mind works.
5. It makes my conversation pleasing to everyone.
6. It leaves no doubt in anyone's mind as to my good breeding.
7. It impresses people that I have more than an ordinary education.
8. It is an unmistakable proof of outstanding culture and refinement.
9. It makes me a very desirable person among women and children and in respectable society.
10. It is my way of honoring God, who said, "Thou shalt not take the name of the Lord thy God in vain."

*I think it really has more than only swearing back of it. It has helped me in more ways than one. When things don't seem to be going right it comes in handy. You know it puts you back on the right track of thought. Think it over and you'll readily see what I mean.*

*I didn't know I had so many "Honeys" in the group until I got the card. The only thing I'm wondering is who they are. I would like to be sitting in my favorite chair in the front row but I have a front row seat in another battle of life and death down here.*

*Army life is similar to AA. You get out of it what you put into it, but sometimes it's hard. Still, at the end of the day I can sit back and say, "A job well done."*

*Well, I'll close by saying, God bless you all. Stay on the straight beam and you will get His blessings in ways which you don't expect.*

*P. S.—Please write. Frank has my slight change of address. I really enjoyed the letters I received from you people who have written me.*

Ralph Heidinger wrote the following, and his letter was "brutally" censored. We wonder what was cut out!

*April 7th.*

*Was quite pleased to receive the January and February issues of the Bulletin yesterday. I note, too, that the "boys" have been lar in writing, and yours truly was no exception.*

*It's my conviction that such dereliction is not from lack of interest, rather because there's so little to write about. [Censored]. The greatest asset I have realized from the teachings of AA is not so much the ability to "stay on the beam," as one of serene acceptance of what lies ahead of me down here. Even when the going has been the hottest, there has been the all-comforting thought that regardless of what happened everything would be all right.*

*At such times, a full appreciation that what errors, sins and omissions of the past that one has been guilty of really counts for little as against the corrections of yesterday and the promises and efforts of today.*

*I'm not at all mitigating the importance of ever keeping in mind that the foremost objective is to maintain a state of mental and physical sobriety. However, stopping there, being satisfied with that accomplishment, is rather like making a purchase of a necessary article and then making but little use of it.*

*Now about myself. At present I'm in a base hospital in the New Hebrides Islands group—nothing at all serious, time being the only factor necessary to get me back in fine fettle again. A good rest is indicated, and I'm getting it. The food here is muchly appreciated and [Censored].*

*Many thanks again for the Bulletin and its many interesting articles and subjects. Best wishes to all. Cheerio!*

## Editorial — "Thy Will Be Done"

*(Continued from page one)*

troubles that such action has brought in the past. Our watchword here is, "Easy does it."

It is the will of the Supreme Power that we love our neighbors, that we be merciful and just in all our action. Perhaps we should be especially mindful of the warning that we should not judge others. We have to learn to be tolerant, and to improve our own ways of living.

These things are hard at first because they run so contrary to the habits we have developed. Our task is to develop new habits in which we place the direction of our lives in the hands of a Power greater than our own. We have to do it first by conscious effort. Eventually we find that when we turn to the Supreme Power and accept the guidance of that power, the painful shackles fall away and the driving impulses lose their force and we find a measure of peace.

## ANONYMOUS?

*(Continued from page one)*

We know of one executive who has been hurt immeasurably by the now common knowledge of his associates that he had embezzled the firm's funds during his drinking career. He had made restitution and was completely trusted by his employers since he rehabilitated himself through A.A., but his one regret is that in a meeting he led he had gone into complete detail of the depths he had descended to before he found his answer in A.A. The meeting was a most interesting one, possibly because of his colorful tale, and he was in great demand. But he shies at leading meetings now-not because of his lack of interest, but because he fears the publicity will affect his firm's reputation when unthinking members bruit his story about.

We don't have to sell membership in AA by mentioning the names of the prominent men that have identified themselves with it. Your clear eyes, your fidelity of purpose and your newly established dependability will bring you plenty of prospects.

Don't gossip!

## THE GRAPE VINE

A new monthly publication has made its maiden appearance this month, being published by the New York AA's. Its title is the Grape Vine, and it has on its staff some highly talented writers. We wish it every success, and know it will fill a definite need. The cost is \$1.50 per year, and it is starting out with an 8-page issue. Our hats are off to you, New York! Send us some subscription blanks—and can we clip some of your material?

## BOWLING LEAGUE

The first AA bowling league ended its very successful season last April, and the championship was won by the W. 23th St. Group's team, naively called "Baldy's Bombardiers."

The competition was severe, and this group led most of the way. Their high three-game score was 2G-1.5. The team was composed of Tom "Sure Shot" —, Harry "Deadeye" —, Pete "Never-Miss" —, Larry "Hookball" —, Henry "Lucky" — and Jack "Hard Luck" —.

The beautiful trophy will be on display at Bender's Hospital at 8023 Detroit Ave. until the first of June, and then will be proudly pointed to in the W. 25th meeting room at 2858 W. 25th St.

Many thanks to the league secretary for his wonderful job, says everybody.

## MASS MEETING

Another bi-monthly mass meeting will be held Sunday, May 28th, in the Ballroom of Hotel Cleveland at 4:00 p. m.

It is to be an invitational meeting, and will honor the oldest members in the Cleveland area, who formed the first Cleveland group. One of their number will be the speaker.

It is hoped that all groups will be well represented.

## CENTRAL COMMITTEE

The Central Committee welcomed into A.4 this month the Arcade Group, formed of alcoholics who had been handling their problems through the Oxford Group Movement (which includes non-alcoholics as well as alcoholics). The group announced its acceptance of the AA program based on the Twelve Steps and will limit its membership to confessed alcoholics. The group meets at 601 The Arcade, Thursdays at 8:00 o'clock.

Election of officers of Central Committee will be held at the next meeting on June 6th.

## AA PUBLICITY POLICY

Use of the letter; AX or the words Alcoholic; Anonymous on the outside of envelopes or on postcards is annoying to a great many of our members, who were led to believe that "anonymous" means anonymous. No one in A.4 has any right to decide for any one else whether his anonymity shall be surrendered. A few of our members are inclined to be high-handed in this regard. However, most instances of the improper use of AA are believed to be due to carelessness. In cases where it is necessary to send announcements by postcard, because of the new 3-cent postal rate on letters, the announcement can be worded so as to omit the words Alcoholic Anonymous or the letters AA.

## LORAIN AVENUE THURSDAY GROUP

DOING BETWEEN DOTS—The last month has been especially successful, with increased attendance and a list of excellent speakers to make every meeting enjoyable to old members as well as new . . . Sew chairman for the month is Joe D., who has done very well . . . Healthy discussion periods followed leads by Lou M. of Orchard Grove; Harry W. of Lake Shore; Scottie C. of Brooklyn-Parma and Ed M. of Collinwood. Latest word from Joe H., who returned to the Marines, is his safe arrival in San Diego, Cal. . . The close of the AA bowling season permits many to attend who have been busy on previous Thursdays . . . Ray H. is the latest new member . . . A couple of Saturday socials have been held at the homes of Max K. and Fred T. with nobody winning, according to reports. Lots of fun, though . . . Come out for a visit next Thursday . . . You'll be welcome!

## MINSTRELS

The minstrel show presented by Cleveland AA's was generally acclaimed, and it also was a financial success. A complete financial statement will be ready shortly and the profit will be turned over to the Central Committee for proper disposition.

Fine talent was shown, and it was decided to form a permanent organization to present other performance. Most groups are represented, and we know that there is a lot of additional talent in the groups who are welcome to become a part of this organization.

Meetings will be held weekly at Emanuel Church, and will be held on progressively alternate evenings, so that no one need miss his own group meeting oftener than once a month. They will meet Thursday, May 18th, Friday, May 26th, Wednesday, May 31, Thursday, June 6th, Friday, June 16th, etc.

## LAKE COUNTY CHANGES NAME

Owing to the formation of a new group in Painesville, and to avoid confusion, the Lake County Group has changed its name to the Willoughby Group.

## MILES GROUP

We print the letter and contribution of the wife of a Miles Group member as its message for this month, Central Bulletin:

As my husband's patient, an out-of-town man, was leaving the hospital he wished to leave some thought with him as he left, and when he told me this, I wrote him this little thought, which I am enclosing, because I am so thankful for what this wonderful group has done for us. If in your opinion it is worth printing you may use it.

## JUST A THOUGHT AND PRAYER

The future can be anything I want it to be,  
Providing I have faith, and keep that faith,  
And that I realize that peace of mind and not fears,  
require "sweat and tears."

Then, dear God, give me a clear mind to think.

And "eyes to weep."

And when my poor heart falters,

Be with me and help me to realize,

That to get the most out of life, will always depend largely and wholly on me.

Of what and how much I put in my life that is good and pure.

Help me to broaden my views, and look only for the best.

Aim high, face the facts, no matter what they may be.

Today is the only day I have.

Dear God, help me to live so I might make the most of it. Amen.

By E. M. C., Miles Group.

## EUCLID-WADE

A May Dance will be sponsored by the Euclid-Wade Group on Saturday, May 27th, at 9:00 p. m. It will be held in Emanuel Church Hall, 8614 Euclid Ave., and with the dance will be special entertainment, door prize, and a buffet lunch. Admission, 50 cents, including tax.

## DOAN GROUP

The Sunday Training Meeting has been advanced to 2:00 p. m., and we are repeating our invitation to all groups to bring their prospects to this meeting before they're actually ready to be enrolled in your group. The facilities are splendid for private interviews, as well as being enabled to hear a leader explaining the basic principles.

## WORKHOUSE GROUP

The monthly Workhouse Clinic is proving very successful and more groups should interest themselves in this worthy effort. Only 15 or 20 have been regular visitors, and there should be double this number to adequately answer individual queries. If each group sent only two members each month they would find their reward very gratifying.

## BENDER'S NEW HOSPITAL

Vern Bender has opened a new hospital at 8023 Detroit Ave., which will be used only for first-time patients. His other place at 2240 W. 89th St. will still be used for those who have had trouble.

## OUT-OF-TOWN LISTING

We received several responses to our plea from out-of-town groups to be listed in our June issue, but as yet haven't heard from Toledo, Galion, Erie, Youngstown, Detroit, Parkersburg and many other places where our members have asked us for information as to time and place of meeting.

### LORAIN-ELYRIA JOINT MEETING

The monthly joint meeting of the two Lorain Groups and the Elyria Group was held in Elyria at 108 Middle Ave., Sunday, May 14th, and will be held in this spacious hall on the first Sunday in each month from now on. These meetings start at 7:00 p. m. A splendid crowd was in attendance and was rewarded with a fine talk and good discussion. Next meeting, June 4th.

### BUFFALO CHANGES MEETING PLACE

The new address of Buffalo Group No. 1 is 95 Johnson Park. They meet Wednesday and Sunday evenings at 8:00 p.m. Mail address is P. O. Box 21, Station C, Buffalo, N. Y.

### WEST 25TH ST. GROUP

It was called to our attention that our meeting hall was difficult to find. It shouldn't be. To clarify our address further, we meet in Marvel Hall, located at 2858 W. 25th St. Visitors are always welcome.

### SHAKER HEIGHTS GROUP

The Shaker Heights Group celebrated its third anniversary May 1. The group started with 10 members. It now has 31, including six of the original members. The group meets Mondays in Christ Episcopal Church, 3451 Warrensville Center Road.

### SUMMER RECREATION

Since the bowling season finished there has been talk going around that this fellowship should be continued during the summer season. An indoor baseball league of four or more teams, playing Sunday mornings, is being considered. Anyone interested can call Al \_\_\_\_\_ of the Public Square Group at Lakewood 0659.

### NINTH ANNIVERSARY

Just as we are going to press a letter comes to us from Akron asking us to publicize the Ninth Anniversary meeting of Dr. Robert Smith, one of the co-founders of AA. at King School Gymnasium, Akron, O., Saturday, June 10th, at 8:00 o'clock. This is an open invitation to all groups to attend.

### MARTY MANN VISITS PITTSBURGH

On April 28, 29 and 30th, Pittsburgh AA's had the good fortune of meeting and hearing from Miss Marty Mann, from New York AA. Miss Mann led three meetings during her visit to Pittsburgh and also announced that she has been appointed executive director of the National Committee for Education on Alcoholism, sponsored by Yale University. In this work she succeed? Dr. Jelinek.

During an interview carried in both afternoon Pittsburgh papers, Miss Mann expressed a serious concern; that the secret drinking of lonely wives of men in service is multiplying the problems of alcoholism. She said, "War wives are lonely, bored and frightened, and many of them are turning to drink. They don't know what they're doing—what a hideous future they are risking."

Alcoholism must be dragged out of the darkness as were tuberculosis, cancer and social diseases, in her opinion. Education and more education is the answer; especially with women, because they won't face reality because of the social stigma? is her further sound and practical opinion.

### CLEVELAND PRESS EDITORIAL

A particularly fine editorial by Louis B. Seltzer, editor of the Cleveland Press, appeared in that paper's edition of May 16th. We suggest everyone read it and express your appreciation by writing to him. Many have already done so.

"People's lives," a wise man once said, "are like tapestries. Each thing they think or do is like a strand which is inevitably woven into the ultimate pattern that represents them before their fellow men."

## GROUP MEETINGS

### MONDAY

BORTON—13931 Euclid Ave.	8:45
LAKEWOOD—Townsend Hall, 15905 Detroit Ave.	8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit.	8:30
LAKE SHORE—Lake Shore Hotel, Dinner at 7:30, Meeting at	8:30
LEE ROAD—1637 Lee Road.	8:30
LORAIN Ave.—Banter Hall Annex, W. 120th at Lorain.	8:30
MILES—12907 Union Ave.	8:30
SHAKER HEIGHTS—Christ Episcopal Church, 3451 Warrensville Center Rd.	8:30
SOUTH EAST GROUP—10203 Miles Ave.	8:30
WEST 25TH ST.—Marvel Hall, 2858 W. 25th St.	8:30
SOUTH AMHERST—Congregational Church Basement.	8:30
WILLOUGHBY—Presbyterian Church, Willoughby O.	8:30

### TUESDAY

BROOKLYN-PARMA—Pearl Rd.	8:30
EUCLID-WADE—Emmanuel Church (Rear), 8614 Euclid	8:30
PUBLIC SQUARE—Hotel Cleveland	8:30

### WEDNESDAY

BROOKLYN—K. of P. Hall, Broadview and Pearl Rd.	8:30
COLLINWOOD—14709 St. Clair Ave.	8:30
DENISON—St. Phillips Hall, 3290 Denison Ave.	8:30
DOAN MEN'S TRAINING MEETING—2028 E. 105th St.	8:30
DOAN MEN'S—2028 E. 105th St.	8:45
LEE ROAD—Mayfield and Preyer, Heights Presbyterian Church.	8:30
WOMEN'S (Lakewood)—12214 Detroit Ave.	8:30
BEDFORD, O.—Y. M. C. A., Tarbell Ave.	8:30
ELYRIA, O.—108 Middle Ave., P. O. Box 491, On the Square.	8:30

### THURSDAY

ARCADE—601 The Arcade.	8:30
GLENVILLE—10421 St. Clair.	8:30
LEE ROAD—1637 Lee Road.	8:30
LORAIN AVE.—Banater Hall Annex, W. 120th St. at Lorain.	8:30
WARRENSVILLE, Workhouse Chapel—1st Thurs. each mo., 7:00 P.M.	8:30
PAINESVILLE, O.—Annex, First Congregational Church, Mentor and Beechey Sts.	8:30
LORAIN, O.—Antlers Hotel.	8:30

### FRIDAY

CORDOS SQUARE—St. Helena's Church Hall, 1367 W. 65th St.	8:30
LEE ROAD—1637 Lee Road.	8:30
PEARL—Good Counsel Hall, 4427 Pearl Rd.	8:30
ROCKY RIVER—St. Christopher's Hall Lakeview off Detroit Rd.	8:30
AVON LAKE—1112 W. Erie St., Lorain, O.	8:30
Berea—Social room of Berea Cong. Church, Seminary and Church Sts.	8:30
EUCLID, O.—St. Paul's Church E. 200th St. off St. Clair.	8:30

### SATURDAY

GLENVILLE—10421 St. Clair	8:30
---------------------------	------

### SUNDAY

COLLINWOOD—14709 St. Clair Avenue	8:30
DOAN MEN'S TRAINING MEETING—2028 E. 105th St.	8:30

### 1ST TUESDAY EVERY MONTH

CENTRAL COMMITTEE—Hanna Building Room 370.	8:30
--	------

### LAST TUESDAY EVERY MONTH

CENTRAL HOSPITAL COMMITTEE—Hanna Bldg., Room 370.	8:30
---	------

### MORNING MEETINGS

Monday Mornings	
BOLTON SQUARE—2025 E. 105th St.	10:00 A. M.
Wednesday Mornings	
COLLINWOOD—14709 St. Clair Ave.	10:00 A. M.
Thursday Mornings	
WEST SIDE—7405 Denison Ave.	10:00 A. M.
Friday Mornings	
SUNRISE BREAKFAST—10203 Miles Ave.	7:30 A. M.

### OUT OF TOWN MEETINGS

#### MONDAY

AKRON MEN'S GROUP—190 E. Market Street.	8:30
ASHTABULA, O.—Linne Hall, 3403 Station—except second Monday.	8:30

#### TUESDAY

MANSFIELD, O.—North Lake Park, Sec. Address, 1751 1/2 Lexington.	8:30
PITTSBURGH (E. Liberty)—E. Liberty Y. hl., C. A.	8:30

#### WEDNESDAY

AKRON GROUP NO. 1—King School, W. Tallmadge at Aqueduct Street	8:15
BUFFALO NO. 1—95 Johnson Park.	8:00
COLUMBUS MORNING GROUP—1686 Summit St.	1:00 P. M.
ELYRIA, O.—108 Middle Ave., "On the Square" 3d Floor.	8:30

#### THURSDAY

EAST AKRON—897 E. Market Street.	8:00
THURSDAY STAG, COLUMBUS, O.—Broad St. Church of Christ, 21st and Broad St.	8:30

#### FRIDAY

KENT, O.—H. of P. Hall	8:00
PITTSBURGH (Downtown)—Chamber of Commerce Bldg.	8:30

#### SATURDAY

CUYAHOGA FALLS—213 Front Street.	8:30
CANTON, O.—Oddfellows Temple.	8:30
CENTRAL, COLUMBUS, O.—I.O.O.F. Temple, 24 W. Goodale St.	8:30
SO. SIDE, COLUMBUS, O.—Olentangy Village, 2929 h. High St.	8:30

#### SUNDAY

BUFFALO SO 1—95 Johnson Park.	8:00
INDIANAPOLIS, IND.—Riley Hotel, Capitol Ave. & 16th St. (breakfast)	9:00 A. M.
Weekly meetings Mon., Wed., Thurs., Friday in homes of members. Telephone Franklin 2742.	
PITTSBURGH (No. Side)—North Side Y. 31, C. A.	12:00

# CENTRAL BULLETIN



VOL. II-No. 9

BOX 1638. STATION C, CLEVELAND, OHIO

June, 1944

SUBSCRIPTION PRICE \$1.00 PER YEAR

TEN CENTS PER COPY

## "Give Us this Day Our Daily Bread"

[EDITORIAL]

This is the 24-Hour Plan of life in the Lord's Prayer, and as such it is far from being the simple petition for the gift of food that it seems. This petition is worthy of our particular consideration, since it has special meanings for us in AA.

"Bread" in the Lord's Prayer means all the things that man needs to sustain life. The petition is concerned wholly with material things. Every material thing, whether it is food, clothing, shelter, a convenience of life or a means of pleasure, is solely the product of the labor of man applied to the gifts of nature. We get nothing without labor, but our labor would not be fruitful were it not for the gifts of nature, which are the fruits of the labor of God. It is a fundamental law that man must work if he is to live. It is a fundamental truth that life depends on God's bounty.

"Give us this day our daily bread" is first of all an acknowledgment that we are dependent upon God's bounty. But those who will take the trouble to read the Sermon on the Mount, in which the Lord's Prayer appears, will discover ample evidence that the word "daily" in this petition is of greatest importance.

"Give us today bread for today," the petition means. Tomorrow's bread we will seek tomorrow. Thus, this is a renunciation, one that grows out of the last of the Ten Commandments (covetousness). It is linked spiritually with the declaration that "Man doth not live by bread alone, but by every word that proceedeth out of the mouth of God." Granted that man must have bread, he must not make the pursuit of material things the ruling passion of his life.

Now this is of particular interest to us. For, most of us in AA became alcoholics largely because of our concern over material things. A few of our younger alcoholics are simple undisciplined children who have devoted themselves to the pursuit of pleasure and escape from the responsibilities of life. But most of our older alcoholics are men and women who have suffered frustration and disappointment, who have discovered that the aims they had in youth never are to be realized. We have had to cut our patterns to fit our opportunities, to walk when we had hoped to soar aloft. Moreover, the depression that preceded the present was made alcoholics of many men who ordinarily would have escaped.

Devotion to material things made tragedy out of disappointment.

No one would suggest that we turn away from the material entirely. We must care for our needs and our family's needs. And in our present economic order, a prudent man will save something if he can.

But if we are to have health, economic pursuits must not be our ruling passion. Ambition and pride and covet-

(Continued on page three)

## Dangerous Ground

One of the greatest dangers that besets many AA's who have been in the movement for a period of time is the growth of a conviction that they have been cured of the disease of alcoholism. This conviction or self-assurance begins to show itself particularly after three months, again at six and nine and after a full year.

A dangerous thought lurks in their minds as to whether they really need to regiment their lives according to the pattern of behavior laid out by AA and which has proved to bring success to those that adhered strictly to it.

They have seen repeated examples of the few unfortunates who followed the program for a while—the program of regular weekly attendance at meetings, the daily prayer, calling on hospitals, responding to their secretaries' assignments and application of ALL the twelve steps as were laid out to them when they first embraced the program—and they've seen these unfortunates drop one part and then another of the essential steps and encounter trouble.

Too many become impatient with this regimentation of their time and their talents. Too many forget that but for this Plan, they would have been floundering in a helpless maze of trouble and misery. Too many become discouraged and bored. Too many forget that that very discontent and discouragement is the common peculiarity and trait of an alcoholic's character.

During the past month this writer heard a leader at one of the meetings read 3 particularly appropriate stories which bears reprinting in this article. It is entitled "The Devil's Auction," and follows:

The Devil announced, once upon a time, that he was thinking of retiring from business and would offer all of his diabolical invention for sale to anyone who would pay the price. On the day of the sale the tools were all attractively displayed, in spite of the ugliness of most of them. Malice, Hatred, Envy, Jealousy, Sensuality, Deceit, and all the other instrumentalities

of evil were spread out, each marked with its price. Apart from the rest lay a plain, wedge-shaped tool, much worn, and priced higher than any of the others. Asked what it was, the Devil replied, "Discouragement."

"Why have you priced such a simple tool so high?"

"Because," the Devil answered, "it is more useful to me than any of the others. I can pry open and get inside a man's consciousness with that when I could not get near him with any of the others; and when once inside, I can use him in whatever way suits me best. It is much worn, because I have used it on nearly everybody; yet very few know that it belongs to me."

And it came to pass that the Devil's price for Discouragement was so high that it never was sold. He still owns it, is still using it, and it is still devastatingly effective.

So let's not be discouraged. Let's never forget to use that most powerful of weapons to forestall the tempter—prayer for guidance and strength. We will be rewarded.

## News from the Camps

A letter from our good friend Glenn Wadick follows:  
*Somewhere in the "Australian Bush."*

*Dear Friends:*

*Received my copy of the March Bulletin today via Camp Sutton-so will bring my mailing address up to date. I am well. Wishing you continued success and good luck always.*

*Sincerely,  
 Glenn Wadick.*

A letter from Andy Maurer with his plea was directed to the secretary of the Lake Shore Group.

*Dear Friends:*

*I have received two copies of the Central Bulletin. I sure was glad to get them. It's good to know what the boys are doing and how they are getting along.*

*I am a member of the Lake Shore Group myself, and it is needless to say I miss the meetings very much as well as the fellowship I was privileged to enjoy before coming into the set-vice. I've misplaced the secretary's address. Could you send it to me?*

*Tell all the boys and feminine members I said "Hello" and tell them to carry on the good work.*

*Hoping to attend "the meetings in the near future, I remain, one of the boys, "Just Andy."*

*Andrew Maurer.*

## WORTH REPEATING

At the breakfast following the Memorial Mass, Father O'Hara read us a poem. It was so impressive that we thought those of you who didn't attend should have the opportunity of reading it.

Somewhere in Italy before the enemies' guns silenced his voice and pen, a soldier-poet inspired by his discovery of God in the midst of hell on earth, composed the following poem.

In simple, terse, humble eloquence, the unknown soldier transcends the gamut of human emotions as he contemplates his God. It is an answer to agnostics and a sombre challenge to Fascism. With pious devotion and plaintive hope, the unknown soldier wrote:

"Look God, I have never spoken to You,  
 But now I want to say-How do You do;  
 You see God, they told me You didn't exist,  
 And like a fool, I believed all this.

Last night from a shell hole, I saw Your sky,  
 I figured right then, they told me a lie;  
 Had I taken time to see things You made,  
 I'd have known they weren't calling a spade a spade.

I wonder, God, if You'd shake my hand,  
 Somehow I feel that You will understand;  
 Funny, I had to come to this hellish place,  
 Before I had time to see Your Face.

Well, I guess there isn't much more to say.  
 But I'm sure glad God, I met You today;  
 I guess the "zero hour" will soon be here,  
 But I'm not afraid, since I know You're near.

The signal-well God, I'll have to go,  
 I like You lots, this I want You to know;  
 Look now, this will be a horrible fight,  
 Who knows-I may come to Your house tonight.

Though I wasn't friendly to You before,  
 I wonder God, if You'd wait at Your door;  
 Look! I'm crying-me, shedding tears!  
 I wish I had known You many years.

Well-I have to go now, God-goodbye!  
 Strange, since I met You-I'm not afraid to die!

This poem was found on the body of a dead American soldier after a battle somewhere in Italy. The identity of the poet has not been determined.

## CLEVELAND MASS MEETING

We reprint the article which appeared in the Cleveland Plain Dealer, Monday, May 29th, with our comment that we believed there were more than 500 and that the Cleveland membership in our estimation exceeds 2500. The meeting was well received.

The fifth anniversary of the establishment of Alcoholics Anonymous in Cleveland was celebrated at Hotel Cleveland yesterday afternoon by 500 men and women allied with Cleveland groups.

Five years ago the nine Cleveland men who had been going to Akron for sessions of the organization formed the first Cleveland unit. Now there are 40 groups here with a membership of 1,600.

Four of the nine Clevelanders spoke yesterday, as did an Akron physician, an original co-founder. This Akron doctor will have been an abstainer nine years on June 10.

Speakers explained the organization was not conducting a crusade against alcoholic beverages, but was based on the good fellowship of men banded together for the mutual treatment of their drinking problems.

## DOAN TRAINING

All groups are urged to take advantage of the splendid opportunity to "indoctrinate" new members by bringing them to the Sunday training meetings held at the Doan Stag Group's Hall at 2028 E. 105th St., at 3:00 o'clock every Sunday. The meeting room is located on the second floor, with the entrance in the court at the last door in the rear.

About 30 or 35 attend regularly and each week five or six new men hear about A.4 for the first time. These men have asserted that it has been a godsend for them to hear of this new way of life.

These meetings are open to all groups to bring their prospects. Seems to be an essential set-up in the Cleveland area.

## SATURDAY SOCIAL GROUP

A particularly popular group has been functioning socially in the west side area on Saturday nights, meeting in Good Counsel Hall at 4427 Pearl Rd.

For the next three months picnics will be held by the group, the first being held Sunday, June 18th, in a grove located on Ridgewood Drive, off York Rd. There will be signs to direct you.

Baseball and other games and even fishing (if you have a license) will be on the program.

The group will furnish meat and coffee—no potatoes.

## LORAIN COUNTY

Another reminder to all groups that their members are welcome at the regular monthly Lorain-Elyria mass meetings, held in Elyria at 108 Middle Ave., at 7:00 p. m. Top-notch speakers are heard.

## LORAIN AVE. MONDAY NIGHT GROUP

Members and guests shared a swell evening's entertainment at the group's third anniversary party, Monday evening, May 22nd.

Included in the entertainers was a popular WHK-WCLE Irish tenor. Also another of our Irish tenor friends from St. Colman's Minstrels. A thrilling hour's run of action pictures of the South Pacific and European Fronts kept the crowd on the edge of their seats.

The schedule was well piloted by Harry R., who was master of ceremonies, and who topped it off with appropriate remarks of our new way of life.

Recognition was given to our own Tom D., who was also enjoying a personal celebration of four happy years.

## EUCLID VILLAGE

On Friday, June 30th, the Euclid Village Group will hold a "tribute meeting" for "Mother" Porter of East Cleveland Clinic, in place of the regular A.4 meeting. "Mother" Porter will address the group; and this is not to be an open meeting—just a regular one. Visitors from other groups will be welcome. We would appreciate it if they can let us know in advance how many are coming from each group. Laurence —, Secretary. IV. 5042.



## THE GRAPE VINE

The first edition of the new AA paper published by the New York groups was well received by everyone who was fortunate enough to read it. The articles were all splendidly written and set a very high standard.

The publication can be secured through subscription, blanks for which will be available at Central Committee meetings or can be sent direct to The Grape Vine, Box 328, Grand Central Annex, New York 17, N. Y. Subscription price is \$1.50 per year.

## ALCOHOLISM

Medical experts agree that the craving of an Alcoholic for alcohol is no more controllable by the WILL than the high temperature of a fever. Alcoholism is a condition or a disease where nerve cells have become so accustomed to functioning under the influence of alcohol, that they are dependent upon it and will not function properly without it. Therefore, it is apparent that Alcoholism is a nervous disease and it can only be relieved by building up the nerve cells.

The Alcoholic becomes a person looked upon as a weakling—no one has any respect for him, yet why should he be considered a weakling any more than a patient with Typhoid Fever.

Habitual Alcoholism develops from an innocent habit into a very serious disease—chronic Alcoholism, with its attendant chronic gastritis, gastric catarrh, impaired indigestion, enlargement of the liver, overactive kidneys, increased heart action and blood pressure (in spite of the fact that there is a marked arterial dilation obesity), and it is a known fact that alcohol has a tendency to destroy fine cell structure, which are not readily replaced.

When we take into consideration these important facts and stop to think of the many advantages of good health we enjoy through our association with Alcoholics Anonymous, it seems incredible that anyone, who drinks to excess, would hesitate for one minute to religiously follow the A.A. daily plan.

Surely, happiness, prosperity, finer social and business relations, better health and many years of extra life, is sufficient compensation for every alcoholic, to carefully and consistently follow the AA plan every day.

## WELCOME—FROM DETROIT

The Detroit AA's have established a club, separate and distinct from any one group. Known as Detroit Club of AA, it is permanently quartered at 14 West Milwaukee Ave.; which is not far from the General Motors Bldg. Any Detroit AA is eligible to membership upon payment of the \$4.00 monthly dues; and its rooms are open daily from 10:00 o'clock in the morning 'til midnight each day. Meals are served every day and is becoming an ever-more popular daily gathering place for the Detroit members. The latch-string is out; so whenever any A.A. is in Detroit and wants to meet the boys there—come out—and be assured of a welcome.

## LORAIN AL-ENUE THURSDAY GROUP

DOINGS BETWEEN DOTS . . . The first anniversary of this group will be celebrated July 6, the first Thursday of the month . . . Nothing extra special is planned as yet but we'd like to see some of our old friends on hand . . . All are welcome . . . The last month was highlighted with leads by Bill W., a group member making his first lead, and Clarence S., sponsor of the first Cleveland group . . . Vern B. and Doc H. did a swell job of pinch hitting for speakers who failed to appear . . . Max K. is back after a couple weeks in the hospital, telling all who will listen about his appendix operation . . . Two new members, Gardy J. and Bill G., have joined the group . . . That's all until the next issue when we'll tell you about the anniversary . . . TEQ.

## GORDON SQUARE

The second anniversary banquet of the Gordon Square Group will be held at Swiss Hall, 2710 Walton Ave., Sunday, July 9th, at 5:00 p. m.

There will be a fine vaudeville show and door prizes, and it should be a festive occasion.

Admission will be by a donation of \$1.00 to partially cover the expenses.

## "GIVE US THIS DAY OUR DAILY BREAD"

(Continued from page one)

ousness, the desire for wealth and the demand for power must be curbed, and with them, the resentment and jealousy that come in the wake of frustration. We have to learn to be satisfied with what we can achieve, and in learning to be satisfied, it is well to renounce something of our aims. We may start by being practical. We may go on by finding interest in higher things. The man who has given up greed is on the way to happiness.

## CENTRAL COMMITTEE

At the June meeting of Central Committee election of officers was held, and a new chairman Clarence S., was elected, succeeding E. L., who was duly applauded for his excellent leadership for the past two six-month terms. The new chairman promised to carry on and to uphold the standards set, and says he will submit an educational plan for consideration at the next meeting.

We take this opportunity to again plead with those groups who have not participated in Central Committee, to attend. Meetings are held in Room 370, Hanna Bldg., on the first Tuesday in each month.

The July meeting will be held on July 11th.

## PUBLIC SQUARE

The Public Square Group was given several treats in the past weeks. It was privileged to hear a splendid speaker from Indianapolis, Ind., and at its meeting on June 13th was addressed by speakers from Minneapolis, Minn., Chicago, Ill., and Birmingham, Ala.

The Birmingham speaker was one of the charter members of that group, and told a graphic story of their start three or four years ago. Hearing him recount their experiences made us realize how fortunate we are here in Cleveland with our 40-group set-up.

## OUT-OF-TOWN LISTING

The back page of this Bulletin carries a list of out-of-town groups, which we feel sure is not complete. Should there be other groups in the area surrounding Cleveland desiring listing, we will be glad to include them and publish this list once more in August or September. Any changes or corrections will be made in that issue.

## THE CHAMP

Meet the Champ and let me tell you  
He was Champ 'fore you were born,  
He has always held the title,  
From Alaska to Cape Horn.  
He's the big shot and the knockout,  
He's the guy who holds 'em down,  
You can meet him in the club room,  
You can find him in the town.  
Always working, always fighting,  
Simply knocks 'em out the ring,  
When it comes to all time Champions,  
Hear me brother, he's the King.  
You can't lick him so don't try it,  
He's whipped better men than you,  
Makes you think that you're an expert,  
Bides his time—then you are through.  
The world is just a vast arena,  
This the biggest fight of all,  
Many thousand eyes are watching,  
Waiting there to see you fall.  
You have youth and health and vigor,  
Confident that you will win,  
Then up steps the all-time Champion,  
Just one blow and you're all in.  
I have tried my best to whip him  
With all subterfuge and art.  
I have wrestled and I've fought him,  
Been a scrapper from the start.  
But believe me you can't beat him,  
And there is no use to try,  
Better men than you have fallen,  
Just buck up and pass him by.  
He's the big shot and the winner,  
And as sure as you are born,  
He will beat you to the title,  
Meet the CHAMP—JOHN BARLEYCORN.

## GROUP MEETINGS

## MONDAY

BORTON-13931 Euclid Ave.	8:45
LAKEWOOD-Townsend Hall, 15903 Detroit Ave.	8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit.	8:30
LAKE SHORE—Lake Shore Hotel. Dinner at 7.30, Meeting at.	8:30
LEE ROAD-1637 Lee Road	8:30
LORAIN Ave.—Banater Hall Anna. W. 120th at Lorain.	8:30
MILES—12907 Union Ave	8:30
SHAKER HEIGHTS—Christ Episcopal Church. 3451 Warrensville Center Rd.	8:30
SOUTH EAST GROUP-10203 Miles Ave.	8:30
WEST 25TH ST.—Harvel Hall. 2838 W. 25th St.	8:30
SOUTH AMHERST—Congregational Church Basement.	8:30
WILLOUGHBY—Presbyterian Church. Willoughby, O.	8:30

## TUESDAY

BROOKLYN—PARMA—4427 Pearl Rd.	8:30
EUCLID—WADE—Emmanuel Church (Rear), 8614 Euclid.	8:30
PUBLIC SQUARE—Hotel Cleveland	8:30

## WEDNESDAY

BROOKLYN-K. of P. Hall, Broadway and Pearl Rd.	8:30
COLLINWOOD-1410S St. Clair Ave.	8:30
DENISON—St. Phillips Hall. 3290 Denison Ave.	8:30
DOAN MEN'S-2028 E. 105th St.	8:45
LEE ROAD—Mayfield and Preyer. Heights Presbyterian Church	8:30
WOMEN'S (Lakewood)—12214 Detroit Ave.	8:30
BEDFORD, O.—Y. M. C. A., Tarbell Ave.	8:30
ELYRIA, O.—108 Middle Ave. P. O. Box 491. On the Square	8:30

## THURSDAY

ARCADE-601 The Arcade	8:00
GLENVILLE—10421 St. Clair	8:30
LEE ROAD—1637 Lee Road	8:30
LORAIN AVE.—Banater Hall Annex. W. 120th St. at Lorain	8:30
WARRENSVILLE. Workhouse Chapel-1st Thurs. each mo.	7:00 P.M.
PAINESVILLE, O.—Annex. First Congregational Church. Mentor and Liberty Sts.	8:30
LORAIN, O.—Antlers Hotel	8:30

## FRIDAY

GORDON SQUARE—St. Helena's Church Hall, 1367 W. 66th St	8:30
LEE ROAD-1637 Lee Road	8:30
PEARL—Good Counsel Hall. 442i Pearl Rd.	8:30
ROCKY RIVER—St. Christopher's Hall Lakeview off Detroit Rd	8:30
AVON LAKE-1112 W. Eric St. Lorain, O	8:30
BEREA—Social room of Berea Cong. Church, Seminary and Church Sts.	6:30
EUCLID, O.—St. Paul's Church E. 200th St. off St. Clair	8:30

## SATURDAY

GLENVILLE—10421 St. Clair	8:30
W. S. SOCIAL CLUB, 4427 Pearl Road.	8:00

## SUNDAY

COLLINWOOD—14709 St. Clair Avenue.	7:30
DOAN MEN'S TRAINING MEETING-2026 E. 105th St.	2:00

## 1ST TUESDAY EVERY MONTH

CENTRAL COMMITTEE—Hanna Building Room 3T0.	8:30
--	------

## LAST TUESDAY EVER MONTH

CENTRAL HOSPITAL COMMITTEE—Hanna Bldg., Room 3i0.	8:30
---	------

## MORNING MEETINGS

## Monday Mornings

BOLTOS SQUARE-2028 E. 105th St.	10:00 A. M.
---------------------------------	-------------

## Wednesday Mornings

COLLINWOOD—14709 St. Clair Ave.	10:00 A. M.
---------------------------------	-------------

## Thursday Mornings

WEST SIDE-7403 Denison Ave.	10:00 A. M.
-----------------------------	-------------

## Friday Mornings

SUNRISE BREAKFAST-10203 Miles Ave.	7:30 A. M.
------------------------------------	------------

## INDIANAPOLIS GROUP

An interesting little folder comes to our attention from Indianapolis which undoubtedly is sent or given to interested prospects and it tells succinctly the first steps in affiliation with AA as well as all necessary factual information.

In it they report 27 members who have been total abstainers for a period of 1 to 6 years with the number increasing each month. The group numbers 85 men and 8 women.

## CLINIC

Tale University will open a clinic in New Haven, Conn., next month, for the diagnosis of cases of alcoholics.

Dr. Howard V. Haggard of the Tale Laboratory of Applied Psychology and Dr. Ralph Banay, psychiatric consultant of the New York State Parole Board, will be in charge.

Psychiatrists, psychologists and social workers will study each patient, determine the treatment he requires, and arrange for treatment and rehabilitation. Representatives of Alcoholics Anonymous will be on hand as consultants.

## OUT OF TOWN MEETINGS

## MOSDAY

AKRON MEN'S GROUP-199 E. Market Street.	8:30
ASHTABULA, O.—Linne Hall, 3403 Station—except second Monday.	8:30
BARBERTON, O.—Homes of group members.	8:30
ERIE, PA.—Perry Group, 1110 Parade St.	8:00
DETROIT, MICH., North-West Group (Instruction Meeting). 10216 Plymouth	9:00
TUSCARAWAS COUNTY. Alternate each Monday in YMCA's at Urichsville, O. and Dover. O.	8:00

## TUESDAY

AKRON, O.—Morning. 897 E. Market St.	10:00 A. M.
AKRON, O.—St. Vincent High School Auditorium. cor. Walnut & W. Market St.	8:15
BELLEVUE, O.—Geo. Garretson, 409 Sandusky St. Phone 26423.	8:00
DAYTON, O.—Mutual Home Bldg.	8:30
DETROIT, MICH., East Group, Community Hall, E. Jefferson & Manastique	8:30
MANSFIELD, O.—North Linke Park. Sec. Address, 175½ Lexington. Mansfield	8:30
PITTSBURGH (E. Liberty)—E. Liberty Y. hf. C. A.	8:30

## WEDNESDAY

AKRON GROUP NO. 1—King School. W. Tallmadge at Aqueduct street	8:15
BEAVER, PA.—Denver Valley Group, Home of J. E. Pittinger.	8:00
BUFFALO NO. 1—95 Johnson Park.	8:00
COLUMBUS MORNING GROUP-1686 Summit St.	1:00 P. M.
DAYTON, O.—Lutheran Inner Mission. 4th & Commercial Sts.	8:30
DETROIT, MICH., Northeast Group. Olivet Lutheran Church. 19521 Van Drke St.	9:00
DETROIT, MICH., Central Group. Hard of Hearing Hall, 4242 Cass Ave.	9:00
ELYRIA, O.—108 Middle Ave. "On the Square" (3d Floor).	8:30
ERIE, PA.—Lawrence Group, 315 Plumb St.	8:00

## THURSDAY

DAYTON, O.—Members' Residences, Phone 9661 for information.	8:30
DETROIT, MICH., Northwest Group. Club Hall, 10216 Plymouth.	9:00
EAST AKRON—897 E. Market Street.	8:30
THURSDAY STAG. COLUMBUS, O.—Broad St. Church of Christ. 21st and Broad St.	8:30

## FRIDAY

AKRON, O.—Night Group, Firestone Local Hall, So. Main St. just south of Railroad Bridge.	8:00
AKRON, O.—Noon Group. Bendel's, Howard & Mill St.	12:00 Noon
DETROIT, MICH., West Group. Club Hall, 10216 Plymouth.	9:00
DETROIT, MICH., Windsor Group, 65 Sandwich St., W., Windsor, Ont., Canada	9:00
KENT, O.—K. of C. Hall, No. Depuyster St.	8:30
KENT, O.—E. of I. Hall	9:00
PITTSBURGH (Downtown)—Chmmer of Commerce Bldg.	8:30

## SATURDAY

CUYAHOGA FALLS—2150 Front Street	8:30
CANTON, O.—I.O.O.F. Temple, 1439 Cleveland Ave.	8:30
CENTRAL, COLUMBUS, O.—I.O.O.F. Temple, 24 W. Goodale St.	8:30
NO. SIDE, COLUMBUS, O.—Oientansy Village, 2929 N. High St.	8:30

## SUNDAY

BUFFALO NO. 1—95 Johnson Park.	8:00
DAYTON, O.—9th Floor Gas & Electric Bldg.	8:00
DETROIT, MICH., Church of The Messiah, E. Grand Blvd. & Lafayette	3:00
DETROIT, MICH., Windsor Group, 65 Sandwich St., W., Windsor, Canada	2:30
LISBON, O.—Columbiana Group, American Legion Hall.	8:00
INDIANAPOLIS, IND.—Riley Hotel. Capitol Ave. & 16th St. (Breakfast)	9:00 A. M.
Weekly meetings Mon., Wed., Thurs., Friday in homes of members. Telephone Franklin 2743.	
PITTSBURGH (No. Side)—North Side y. M. C. A.	2:00
DETROIT, MICH., AA Club of Detroit, 14 W. Milwaukee Ave. open from 11:00 A. M. to 11:00 P. M.	

## PURPOSE OF CENTRAL COMMITTEE

Recurrently we publish the aims and objectives of Central Committee.

1. It provides a central meeting place, with regular monthly meetings.
2. It is a discussion center. It is not a governing body, each group maintains self-government.
3. It provides facilities for receiving names of prospective members, by providing a central A/A telephone and a post office box. It provides for practical distribution of these names, to all groups in Greater Cleveland, to conserve the time and travel of our members.
4. It provides a central hospital committee to establish proper liaison between all groups and all A/A approved hospitals and nursing homes in the Greater Cleveland Area.
5. It provides a central sponsorship committee to encourage proper and adequate sponsorship educational programs in all groups in the Greater Cleveland area.
6. It provides a unified clearing house to eliminate haphazard hospitalization plans, racketeering and unfavorable publicity.
7. It provides for the publishing of Central Bulletin each month.
8. It provides a co-ordinated functioning committee to deal with individual unfavorable influences, which might reflect discredit upon the entire fellowship.
9. It provides a convenient place to plan for the future of the Greater Cleveland A A Fellowship.

Central Committee Has One Objective — "SERVICE".

# CENTRAL BULLETIN



VOL. II-No. 10

BOX 1638, STATION C, CLEVELAND, OHIO

July, 1944

SUBSCRIPTION PRICE \$1.00 PER YEAR

TEN CENTS PER COPY

## "Forgive Us Our Trespases"

[EDITORIAL]

"Forgive us our trespases as we forgive those who trespass against us."

No one who has completed his moral inventory can pass over this petition lightly.

First, what are trespases? Any act contrary to the moral law, a neglect of duty, an injury or wrong to another person, is a trespass. "Moral" is used here in its proper sense as pertaining to action with reference to right and wrong and obligation of duty. It refers not only to things we have done but also to things we have neglected to do.

Some of our trespases are easy to recognize. We have no difficulty in seeing our guilt in them. Others may be more difficult, partly because we have spent so much time in justifying and excusing our acts or neglects that we have come to think of justification as answering the accusation. It is precisely at this point that our moral inventories must become fearless. Every excuse or justification must be challenged as being in itself evidence of guilt.

We should examine our conduct in detail and specify each trespass. This is important. The Lord's Prayer does not excuse us from responsibility for our acts. Nor is it a license for repetition of wrongful acts. We are bound to make reparation for harm that we have done, and we are bound to cease doing harm.

Our prayer is made daily. So should our inventories be made daily. In our prayer, we should keep in mind the things the inventories have revealed, so that we may make progress in correcting our faults.

"Forgive us our trespases as we forgive those who trespass against us." This petition is conditional. No one who is not willing to forgive can expect to be forgiven. No one who harbors hatred, malice and resentment in his heart can expect to find peace.

This condition is of particular concern to us, since so many of us suffer through resentment, self pity, jealousy, self love. It has been the experience of all of us who try to control resentment that most of the causes of our resentments are found to be either imaginary or petty, and that they actually have done us no real harm. When we can rid ourselves of these resentments, we shall make progress.

Honest inventory often will reveal that in those cases in which we have suffered in our dealings with others, some of the fault, much of the fault, or even most of the fault has been ours. But even in those few instances in which we have suffered genuine injury at the hands of others, we are bound to forgive. Certainly we gain nothing but harm to ourselves when we allow resentment to fill our minds and consume our energies. When we forgive, we heal our minds.

## Will-o-the-Wisps

In conversation with a fellow the other day, we discussed the problem of rehabilitation and agreed that it is a man-sized job, especially making an honest appraisal of ourselves in order to regain in part that which we had sacrificed on the altar of overindulgence. Honest appraisal is always difficult because of a natural prejudice in favor of one's own ideas, but this difficulty is accentuated in an alcoholic because he is an extremist in this respect as well as in all others. The condition of our mind at the time of attempting an honest appraisal would be a great factor in the ultimate "fair, honest and sincere analysis." Should

we be in our most abject mood, the appraisal would surely be much different from that formed when we were in the "heights."

We were agreed that one fault we had in common was that "will-o-the-wisp" tendency to seek a world devoid of responsibility and decision-avoiding or deferring unpleasantness—ever seeking ephemeral joy and happiness. Certainly no one could blame us for seeking happiness in wanting everyone around us happy. None of us wanted grief or sad, reproachful faces; we wanted joy to reign unconfined, even though subconsciously we knew that grief and woe was in the offing due to the excesses of our insistent demands for untrammelled and continuous joy. "Shove aside and defer the show-down until tomorrow or next day" was the unbridled principle in our alcoholic state of mind.

Normal people who face realities as they come—the bitter with the sweet—cannot understand the shiftlessness of the alcoholic's mind. They cannot understand that it requires real effort to force ourselves to regimented action. We were always wont by natural inclination to permit others to perform disagreeable, though necessary, duties rather than do them ourselves. Now that we have attained sobriety we must learn to assume re-

sponsibilities and see them through. See them through! Seeing them through is the tough part of it, for we have relied on others so much in the past that we have forgotten how to do it. But by thoughtful application we can regiment our "thought muscles" into accomplishing missions and duties a-hich will re-establish us as dependable, responsible persons in our work and our community.

We should be careful not to embrace too many projects in our desire to regain that which we had lost—the trust and confidence of others. By narrowing our scope and doing a good and thorough job of even the most ordinary character we will gradually be entrusted with greater responsibilities and slowly but surely we will regain our place in the judgment of those people whose confidence and respect we crave and must earn. We must do an outstanding, thoroughly convincing job of whatever we tackle because

(Continued on page two)

### "SEEK AND YE SHALL FIND"



Isn't it strange when men,  
And women too I mean,  
Insist they cannot pray  
Because agnostically,  
Or atheistically  
Or heretically they lean?

Isn't it strange I say  
For, nine times out of ten,  
Their desire is for good  
And good is God,  
And desire is prayer,  
Why, then, isn't it in their ken?

Oh, exceeding strange it is,  
Since desire is a seeking,  
For them not to realize  
They are at one with God  
Who is closer than breathing,  
And tied in mind and heart  
They shall find Him speaking.

## SERVICE MEN'S ADDRESSES

We are alarmed at the number of Bulletins that are being returned to us for want of most recent addresses. Secretaries or relatives will do these men great favors by keeping the Bulletin posted on any change. Please send in your complete list this month and even if we have already sent this issue out to an incorrect address, we will send another.

This publication originally was created to be of service to the service man to give him contact and reading matter each month on A.4 activities in Cleveland. It has since served as a medium for monthly contact with all AA's, at home or in the service. But surely we want the boys in the service to surely get theirs, don't we? Then send in the latest known address NOW.

## THE MAN WHO TALKS WITH THE FLOWERS

One of Dr. Carver's Favorite Poems.

Figure it out for yourself, my lad,  
You've all that the greatest of men have had;  
Two arms, two hands, two legs, two eyes,  
And a brain to use if you would be wise.  
With this equipment they all began,  
So start from the top and say, "I can."

Look them over, the wise and the great,  
They take their food from a common plate,  
And similar knives and forks they use,  
With similar laces they tie their shoes.  
The world considers them brave and smart,  
But you've all they had when they made their start.

You can triumph and come to skill,  
You can be great if you only will.  
You're well equipped for what fight you choose;  
You have arms and legs and a brain to use,  
And the man who has risen great deeds to do  
Began his life with no more than you.

YOU are the handicap you must face,  
You are the one who must choose your place.  
You must say where you want to go,  
How much you will study the truth to know;  
God has equipped you for life, but He  
Lets you decide what you want to be.

Courage must come from the soul within;  
The man must furnish the will to win.  
So figure it out for yourself, my lad,  
You were born with all that the great have had,  
With your equipment they all began,  
Get hold of yourself and say: "I can."

—A Canton, o., Contribution.

## FRIENDSHIP

It is far more tragic to die without a friend than to die without money. Material wealth is soon scattered or dissipated, but with a friend left behind one's other self still lives!

A friend is an agent of our better self. He spreads the goodness that we own and puts wings to it. He becomes both our advocate and defender. He would have us misjudged no more than himself. He would buffer any injustice, evil word or misunderstanding as regards us. We would be his other self.

The kindness and admonition of a friend are what give nourishment to our hope and to our faith. We need at all times to be backed up. The confidence of a friend is beyond all price or calculation. The mind cannot know full health without at least one believing friend.

To have a friend into whose heart you can dip for inspiration, spiritual guidance and renewed hope is indeed a rare privilege. Such a friend does not advertise in the market-place. He has to be hunted out—tried, tested, then tied to, as a human essential.

There is more eternal wealth in a friend than in all the accumulation of material treasure, no matter how vast that may be. Wealth in a friend is forever cumulative. It never runs low, for as fast as it flows out it is replenished.

George Matthew Adams—Cleveland News.

## CENTRAL COMMITTEE

Twenty-nine groups were represented at the July meeting of the Central Committee with a total attendance of 41, including visitors from out of town.

The distribution of \$402.16, which had accumulated into a special fund from the minstrel show and mass meeting collections, was recommended by a committee previously appointed. Their recommendations for disbursements were as follows: \$20 as a "cushion fund" for future Sunday mass meetings; \$75 for 30 Alcoholics Anonymous books to be distributed to hospital and penal libraries; \$25 for stationery; 3148.0-i to wipe out Central Bulletin deficit; and the balance for printing the new sponsorship booklet. The publisher of the Central Bulletin declined the offer to wipe out the Bulletin deficit since he believed it should and would be self-supporting. So the committee was ordered to submit other suggestions for the disposition of this sum.

The hospital committee reported that 19 requests for AA help were distributed, of which 8 were hospitalized, 4 joined without benefit of hospitalization, 3 were not ready, 2 gave the wrong address and 2 were unreported.

An educational program which involved opening an AA training school at E. 9th and Woodland Ave. with a faculty of 14 capable AA's as teachers was offered by the chairman, but the committee voted down the idea as encroaching on the domain of groups as well as exceeding the intent and purposes of Central Committee.

Correspondence with the New York Foundation was read and discussed by a majority of the members who remained, and it was decided since all groups are not fully represented and in the interest of full harmony to present this matter at the next regular meeting in August.

## HAVE YOU EARNED TOMORROW?

Is anyone happier because you passed his way? Does anyone remember that you spoke to him today? This day is almost over and its toiling time is thru; is there anyone to offer a kindly word to you?

Did you give a friendly greeting to the friend who came along, or a churlish sort of "Howdy" and then vanish in the throng? Were you selfish, pure and simple as you rushed along your way, or is someone grateful for a deed you did today?

Can you say tonight, in parting with the day that's slipping fast, that you helped a single brother of the many whom you passed? Is a single heart rejoicing over what you did or said? Does a man whose hopes were fading, now with courage look ahead?

Did you waste the day or lose it, was it well or poorly spent? Did you leave a trail of kindness, or a scar of discontent?

As you close your eyes in slumber, do you think that God will say: "You have earned one more tomorrow, by the work you did today?"

## SERVICE

An AA visitor from out of town who was unable to secure accommodations on a necessary trip to the west coast was able to secure them through the effective influence of a Cleveland AA.

His appreciation of the far-reaching cooperation of A.4 was great. Our Cleveland A.4 is hereby congratulated for his sacrifice of time and effort.

## WILL-O-THE-WISPS

(Continued from page one)

we have in the past abused the respect and confidence of others. What we achieve is up to us, and it is the more difficult because of our consciousness of being under constant watch.

We cannot expect full confidence and respect immediately. People cannot forget our former will-o-the-wisp tendencies of the past so readily and only by constant and unusual devotion to every task, pleasant or unpleasant, will we gradually bring the most reluctant into finally admitting us again into that circle of social acceptance.

That inalienable right of ours to use God's gifts for self-expression must be carefully regarded and nurtured. We dare not gamble with it—n-c who are inherently emotionally unstable.

## LAKWOOD GROUP

During the past month there has been most unusual activity in the mother group of the west side AA's.

Outstanding was the great testimonial meeting for W. F. C., who celebrated his fifth year of sobriety on July 3rd. The meeting was held at the Chamber of Commerce and was attended by over 350 persons, most of whom attributed their sobriety directly or indirectly to this outstanding personality.

God saw fit to call three men to their reward during the past month. who were members of this group for some time.

FREDERIC DANIELSON

THOMAS HOLMDEN

WALTER MOGGE

Our sympathies go to the bereaved families, and we rejoice with them in the fact that during the past four years they found their way of life, renewed their contact with their Creator, reestablished their place in the community respect and were able to help many others as they were helped. We treasure their memories and thank God for having been privileged to work with them.

## GORDON SQUARE

The Gordon Square Second Anniversary Banquet, held on July 9th at Swis Hall, was attended by over 350 persons and pronounced an absolute success. The nicest compliment we heard was from one whose opinion we respect, that the banquet and show was a "ten-dollar event for only a lousy buck." Gordon Square won many friends and solidified the group in its concerted effort to spread their effectiveness in the community.

The group wishes to thank the 31 donors of door prizes which came to them unsolicited.

## LORAIN AVE.—MONDAY

A crowd that filled Banater Hall Casino were treated to a most unusual interpretation of the twelve steps of AA by a Jesuit priest, who has been a potent force in the A.A. movement in his church. He held the crowd's undivided interest for nearly three hours with a masterful analysis of the keys to our happiness and success. His enthusiasm and praise for the work of A.A. was gratifying and most heartening.

## PICNIC SUNDAY, JULY 23

The second West Side Social Group's monthly picnic will be held Sunday, July 23, in a grove located in Ridgewood Drive, off York Rd.

The first picnic was a real success. Steaks, buns, coffee and tea were served to those who came from 12 to 2. This innovation will be in vogue again at the July and August picnics. Bring your own potatoes if you must have them. The Crile Hospital Bus passes the grove.

## BOLTON SQUARE MORNING GROUP

The Bolton Square Morning Group meets each Monday morning at 2026 E. 105th St. and attracts from 30 to 50 people at each meeting. With war contracts making night work necessary, the AA's will find this group an excellent meeting place. We've had some wonderful speakers and animated discussion periods.

## LORAIK COUNTY

The next monthly meeting of the joint groups of Lorain County will be held Sunday, August 6th, in Elyria at 106 Middle Ave., "on the Square," at 7:00 p. m.

## WARRENSVILLE

It is gratifying to report that several groups have responded to the plea in previous Bulletins to supply added workers or visitors at the monthly Warrensville workhouse meeting or clinic.

At the last meeting 28 AA's attended and 130 inmates listened to a splendid presentation of the AA program. Exceptional interest was shown and hope was reborn in many of the 130.

There's no vacation in this workhouse activity, and the meetings will continue and each month there are new inmates. A fertile field is awaiting anyone who would like to devote some spare time in laudable work.

## HONOLULU

A clipping from the Honolulu Star-Bulletin, June 10, '44, comes to our desk which contained a column written by an officer in the U. S. armed forces dealing with AA. This article, splendidly written, was the first of a series, and offered more information by supplying a P. O. box number and assuring a prompt reply.

We commend this officer for not forgetting his daily pain even though his occupation and station in far-away Honolulu would lead the ordinary person to expect little from him. His example is a wonderful one.

No matter where you are or whatever your job may be, if you sincerely appreciate your sobriety, you can find time to help your fellow man.

## ASHTABULA, O.

The Ashtabula secretary asks us to correct their listing as listed in last month's Bulletin. We intend to publish this list probably every three months and the correction will appear then.

The group meets at 8:00 o'clock instead of 8:30 each Monday except the second Monday in each month. In that week they meet on the preceding night, on Sunday at the same meeting place—Linne Hall, 3403 Station Ave.

Their third annual picnic will be held at Lake Shore Tourist Camp with a picnic dinner at 2:30 p. m., but our correspondent failed to specify the date. Sorry that we're so far away we can't check this by phone.

## LORAIN THURSDAY NIGHT GROUP

DOINGS BETWEEN DOTS . . . The second year of activity was launched at the first meeting in July and there was quite a turnout of old and new friends to make it a major success . . . Harry R., one of the original members of Orchard Grove which was the home group of this group's founders, was the speaker. . . An excellent repast was prepared by the "little women" under the direction of Mrs. Gurdy J. . . All in all it was a nice, quiet anniversary party celebrated in stride with a dandy meeting . . . One of the best leads in months was presented by Hank S. of Donn-E. 105th . . . Other excellent leads were by Larry R. and Bill R. . . Art S., George K., and John G. are among the newest member.; . . Fred T. and Bill W. have been telling tall tales about fishing and golfing activities while on vacation . . . When are you coming out to enjoy a meeting with us? . . . TEQ.

## MILES CHANGES NAME

The confusion is over! Newcomers and visitors to the Miles Group now needn't puzzle any more over why the Miles Group was located on Union Ave. It's now called the Union Ave. Group—the Union AVENUE Group, if you please, not the Union Club (that's downtown on Euclid Ave.) nor the Onion Club. To forestall any more quips, we are not all members of a union either, be it CIO or AFL, or what have you.

And we want to assure the readers of the Bulletin that the name only is changed. Our enthusiasm and zeal has not changed. Kc still meet on Monday nights at 12907 Union Avenue at 8:30 p. m.

## PURPOSE OF CENTRAL COMMITTEE

Recurrently we publish the aims and objectives of Central Committee.

1. It provides a central meeting place, with regular monthly meetings.
2. It is a discussion center. It is not a governing body. each group maintains self-government.
3. It provides facilities for receiving names of prospective members, by providing a central A/A telephone and a post office box. it provides for practical distribution of these names, to all groups in Greater Cleveland. to conserve the time and travel of our members.
4. It provides a central hospital committee to establish proper liaison between all groups and all A/A approved hospitals and nursing homes in the Greater Cleveland Area.
5. It provides a central sponsorship committee to encourage proper and adequate sponsorship educational programs in all groups in the Greater Cleveland area.
6. It provides a unified clearing house to eliminate haphazard hospitalization plans, racketeering and unfavorable publicity.
7. It provides for the publishing of Central Bulletin each month.
8. It provides a co-ordinated functioning committee to deal with individual unfavorable influences, which might reflect discredit upon the entire fellowship.
9. It provides a convenient place to plan for the future of the Greater Cleveland A. A. Fellowship.

Cent-n! Committee Has One Objective — "SERVICE".

OUR OWN

If I had known *in* the morning  
 How wearily all the day  
 The words unkind would trouble my mind  
 That I said when you went away  
 I had been more careful darling,  
 Nor give you needless pain;  
 But we vex our own with look and tone  
 We might *never* take back again.

For though in the quiet evening  
 You may give me the kiss of peace,  
 Yet it well might be that never for me  
 The pain of the heart should cease,  
 How many go forth at morning  
 That never come *home* at night!  
 And hearts have broken for harsh words spoken  
 That sorrow can ne'er set right.

We have careful thought for the stranger  
 And smiles for the sometime guest;  
 But oft for our own the bitter tone,  
 Though we love our own the best.  
 Ah! lips with the curve impatient.  
 Ah! brow with the shade of scorn.  
 'Twere a cruel fate, were the night too late  
 To undo the work of morn!

A PLAIN MAN'S PRAYER

Good Father, I put up this prayer to Thee because I have to. I don't know how it works-this praying business I mean-but there must be something to it, or I wouldn't feel the urge to do it whenever things go **wrong** with the world, with my job, with my buddies and the fellows that don't like me, with my family, with me.

I do so many ornery things I know I shouldn't, and I fail to do so much I know I should. I'm inwardly ashamed, though I don't often admit it. I'm not the man I ought to be. I try, and keep on trying, but I miss, I bungle, I get confused, and so frequently flirt with despair.

Yet there's something in me that keeps me climbing, hoping, yearning, dreaming, believing that the struggle's all important. I know I mustn't quit. It must be You, God, stirring me, luring me, goading me to play the man. If so, I want to thank You, for without such help I don't know where I'd be.

They tell me Jesus showed us the kind of a God You are; a Father Who understands us, loves us, feels with us, does all that can be done to help us. I'm a father, too. I love my kids. There's nothing I wouldn't do for them-if they'd only let me. But so often they won't. They think they know best. They want to do as they please. They resent my suggestions. And if I try to force them to do as I say, it only makes them peeved. I guess I'm like that with You, God. I wonder if it hurts You when I ignore or disobey You, the way it makes me ache inside when my youngsters pay no attention to me? If it does, I'm sorry. Please forgive me. Give me sense enough to understand that the only lasting joy there is comes from going along with You in Your all-wise way.

Maybe that's the trouble with most of us. Each man, each nation is too concerned with his own selfish interests, not caring enough about all of us together. So we have quarrels, scraps, strikes, wars-and the human family gets tom to pieces. O God, help us to sense our sin, and stop it. Help us to live together like a decent self-respecting family should. Help us to quit making our on-n hell. Teach us how to make heaven on earth-here and now.

Finally, God, I want You to know I love You, and though I don't know how to sap it without getting maudlin or sentimental. I love everybody—really. The whole world is our family, isn't it, God?—and we ought to stick together, for Your sake, as well as our on-n.

Thank You, God, for letting me talk to You a while. I helps me a lot. Amen.

A man should never be ashamed to own he has been in the wrong, which is but saying in other words that he is wiser today than he was yesterday. —Alexander Pope

GROUP MEETINGS

<b>MONDAY</b>	
BORTON—13931 Euclid Ave.	8:45
LAKEWOOD—Townsend Hall, 15903 Detroit Ave.	8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit.	8:30
LAKE SHORE—Linke Shore Hotel, Dinner at 7:30. Meeting at	8:30
LEE ROAD—1637 Lee Road	8:30
LORAIN Ave.—Banater Hall Annex, W. 120th at Lorain.	8:30
UNION AVENUE—12907 Union Ave.	8:30
SHAKER HEIGHTS—Christ Episcopal Church, 3451 Warrensville Center Rd.	8:30
SOUTH EAST GROUP—10203 Miles Ave.	6:30
WEST 25TH ST.—Marvel Hall, 2533 W. 25th St.	8:30
SOUTH AMHERST—Congregational Church Basement.	8:30
WILLOUGHBY—Presbyterian Church, Willoughby, O.	8:30
<b>TUESDAY</b>	
BROOKLYN—PARMA—4427 Pearl Rd.	8:30
EUCLID-WADE—Emmanuel Church (Rear), 8614 Euclid.	8:30
PUBLIC SQUARE—Hotel Cleveland (See Bulletin Board).	9:00
<b>WEDNESDAY</b>	
BROOKLYN-K. of P. Hall, Broadview and Pearl Rd.	8:30
COLLINWOOD—14709 St. Clair Ave.	8:30
DENISON—St. Phillips Hall, 3290 Denison Ave.	8:30
DOAN MEN'S—2028 E. 106th St.	8:45
LEE ROAD—Mayfield and Preyer, Heights Presbyterian Church.	8:30
WOMEN'S (Lakewood)—12214 Detroit Ave.	8:30
BEDFORD, O.-Y. M. C. A., Tarbell Ave.	8:30
ELYRIA, O.—108 Middle Ave., P. O. Box 491, On the Square.	8:30
<b>THURSDAY</b>	
ARCADE-GO1 The Arcade.	8:00
GLENVILLE—10421 St. Clair.	6:30
LEE ROAD—1637 Lee Rd.	8:30
LORAIN AVE.—Banater Hall Annex, W. 120th St. at Lorain.	8:30
WARRENSVILLE, O.—Workhouse Chapel—1st Thurs. each mo.	7:00 P.M.
PAINESVILLE, O.—Annex, First Congregational Church, Mentor and Liberty Sts.	8:30
LORAIN, O.—Antlers Hotel	8:30
<b>FRIDAY</b>	
GORDON SQUARE—St. Helena's Church Hall, 1367 W. 66th St.	8:30
LEE ROAD—1637 Lee Road.	8:30
PEARL—Good Counsel Hall, 4427 Pearl Rd.	8:30
ROCKY RIVER—St. Christopher's Hall, Lakeview off Detroit Rd.	8:30
AVON LAKE—1112 W. Erie St., Lorain, O.	8:30
BEREA—Social mom of Berea Cons. Church, Seminary and Church Sts.	6:30
EUCLID, O.—St. Paul's Church, E. 260th St. off St. Clair.	8:30
<b>SATURDAY</b>	
GLENVILLE—10421 St. Clair.	8:30
W. S. SOCIAL CLUB, 4427 Pearl Road.	8:00
<b>SUNDAY</b>	
COLLINWOOD—14709 St. Clair Avenue.	7:30
DOAN MEN'S TRAINING MEETING—2028 E. 105th St.	8:30
<b>1ST TUESDAY EVERY MONTH</b>	
CENTRAL COMMITTEE—Hanna Building Room 370.	8:30
<b>LAST TUESDAY EVERY MONTH</b>	
CENTRAL HOSPITAL COMMITTEE—Hanna Bldg., Room 370.	8:30
<b>MORNING MEETINGS</b>	
<b>Monday Mornings</b>	
BOLTON SQUARE—2028 E. 105th St.	10:00 A. N.
<b>Wednesday Mornings</b>	
COLLINWOOD—14709 St. Clair Ave.	10:00 A. M.
<b>Thursday Mornings</b>	
WEST SIDE—7403 Denison Ave.	10:00 A. M.
<b>Friday Mornings</b>	
SUNRISE BREAKFAST—10203 Miles Ave.	7:30 A. M.

MIGHT BE WORSE

When my luck seems all out and I'm down at the mouth.  
 When I'm stuck in the North and I want to go South;  
 When the world seems a blank and there's no one to love,  
 And it seems even God's' not in heaven above,  
 I've a cure for *my* grouch and it works like a shot—  
 I just think of the things that I'm glad I am not.

Don't gossip. Particularly, don't gossip about AA's. The chances are that what you have heard isn't true, or that it didn't happen in just the way you have heard it. Remember that one of our principles is Truth. Another is Love.

Let us not pass judgment on others. We have enough to do to take care of the mote in our own eye; we have enough to do to criticize our own conduct. Be tolerant.

It is in moments of supreme crisis that man unexpectedly rises above himself. It is just then that the sublimity of the reality of the love of God breaks in on the soul. It is then that the way up and over and beyond is found.

—Rufus Jones

# CENTRAL BULLETIN



VOL. II-NO. 11

BOX 1638, STATION C, CLEVELAND, OHIO

August, 1944

SUBSCRIPTION PRICE \$1.00 PER YEAR

T E N CENTS PER COPY

## "Lead Us Not Into Temptation"

[EDITORIAL]

These words of the last petition of the Lord's Prayer come from our lips with greatest fervor. We have turned to prayer in a desperate hour to plead for deliverance and we ask that we may be taken out of the path of temptation.

There is no doubt in the mind of any one who is in trouble what the words of this petition mean, and there is rather little doubt, at least at first, what we wished to be saved from.

Temptation has sly ways, however. After we have all the gaps plugged, Temptation begins to whisper fairy tales into our ears, trying to get us to open up at least one of the gaps. Temptation hints that the diagnosis we made when we took the first of the Twelve Steps was not quite right. Why not take just one now and then? And why not ask to be delivered from the temptation of taking more than one? But then, three would be better; why not never more than three?

Or, Temptation may make a more direct assault. We're as big as God is: we can step off that cliff!

Well, maybe not quite; but we are capable of handling ourselves, and there is no reason why we cannot go down to the water's edge and wade around abut! We forget that for us there is no shallow water.

Temptation stays with us, trying to build up our confidence, trying to make us believe that we have been cured, scoffing at the old troubles. Temptation slips in at the side door when we become proud and satisfied. It is the greatest to those who have persisted in remaining at the threshold of evil by always having that "Some day!" in the back of the mind. The most persistent temptation we have is the temptation to change the diagnosis. When we turn our backs firmly against that temptation we are likely to stay out of trouble.

Self love is a great pitfall, and the source of the great sins. Many of the temptations here seem rather innocent. But they lead, step by step to denial of the Supreme Power, to exaltation of the self.

For us, deliverance and temptation go together, and one of the most important evils that we seek to be freed from is temptation. Drink has become so much a part of our lives that we associate virtually every act with it. The result is that the idea of drink, the urge to take a drink or to go to get a drink constantly pops into the mind for no apparent reason. The Devil here is experience.

As our sins may be forgiven if we are truly contrite, so may we be delivered from the evils we have created for ourselves, by being sorry for our misdeeds, by undertaking to make good for any injury we have done to others, and by striving not to offend again. We are bound to take positive action for the right and the good, and we are bound not to allow ourselves drift with our inclinations. We place ourselves in the hands of the Supreme Power and follow the lead we receive from that power, away from temptation, away from evil.

## "It's Strictly My Own Opinion"

Returning from a visit to Chicago, in which I made it a point to attend the main weekly meeting of all Chicago groups, as well as contacting the State Street central office and participating in a group meeting later in the week, a constantly recurring phrase seemed to come to me. It was, "Sow this is strictly my own opinion."

During interviews with many of the Chicagoans there seemed to be a stressing of one phase of AA principles—humility—and all seemed imbued with it. In expressing their views on the application of AA principles, every opinion was prefaced or ended with that characteristic phrase, "This is Strictly my own opinion."

I expressed my interest and curiosity about this and one of the older AA's told me that that particular phrase was the secret of the great success of all the groups in Chicago. They had no individuals who dominated the thoughts in each group and they guarded the right of everyone to express his or her views. And all groups worked in close harmony in the weekly central meeting which attracted about 500 people on a very sultry evening. Three speakers and a commentator were on the program. There was no discussion period at this meeting.

At the group meeting I was asked questions about our Cleveland set-up. They had the impression that we refused to accept anyone in the AX organization in Cleveland unless he was hospitalized, which I corrected by telling them that "while it was strictly my own opinion" that such hospitalization was the simpler way, many staunch AA's in Cleveland found the same way of life without benefit of hospitalization.

After this meeting a discussion was held on the attitude of male members and their wives toward women alcoholics. The very talented young lady who broached the subject told how difficult it was to be-

come "accepted" anti respected. It seemed to her that she and other women alcoholics had a much more difficult time in being assimilated and given an even chance to learn more about the new way of life. Was the double standard to prevail here also? Where was the professed charity and compassion which was so loudly acclaimed as being ever-present in AA circles? This woman pointed out that her most difficult problem was to get over her resentments toward people. She admitted that possibly her sensitiveness was more acute in the earlier stages than now.

Her devotion to the program kept her on the beam and her zealous work with her group has brought her their respect, but she still feels that lack of complete acceptance.

What about our attitudes toward the opposite sex? Do we, all of us, forget their weaknesses as others forget ours? Do we forgive them their trespasses as we ask God to forgive us ours? They've made a wonderful courageous fight for the same principle which brought us to our senses and let us practice what we preach on brotherly love, by attributing to them all the virtues and intentions of a Christian.

(Continued on page two)

### A PRAYER

O God, for another day, for another morning, for another hour, for another minute, for another chance to live and serve Thee, I am truly grateful. Do Thou this day free me:

From fear of the future;  
From anxiety of the morrow;  
From bitterness toward anyone;  
From cowardice in face of danger;  
From laziness in face of work;  
From failure before opportunity;  
From weakness when Thy power is at hand.

But fill me with:

Low that knows no barrier;  
Courage that cannot be shaken;  
Faith strong enough for the darkness;  
Strength sufficient for my tasks;  
Loyalty to Thy Kingdoms goal;  
Wisdom to meet life's complexities;  
Power to lift men unto Thee.

Be Thou with me for another day and use me as Thou wilt: in Christ's name I pray. Amen.

— Wallace Fridy  
The Upper Room



## Letters from Servicemen

Congratulations to Sgt. Frank Orpse to his third anniversary in AA. Also note his remarks about correspondence. Do something about it! Get his address from your secretary. We're sorry that we cannot publish it in these columns.

*My appreciation and thanks for your kindness in sending me the A.4 Bulletin.*

*Quite hard for me to tell you how much I've missed them, as they were always awaited quite anxiously and I guess you yourself understand that only by getting the Bulletin that I am able to keep my contacts with AA.*

*I don't know why it is that the members hate to write letters, but I suppose they are too busy doing their work and attending meetings, etc.—although I do hear quite regularly from Bill and Ethel and believe me I do appreciate their correspondence.*

*Tomorrow is the third anniversary of my entrance into AA and I can honestly say that it also is the anniversary of the time I really began to live. I'll probably never be able to begin to repay those who were responsible for showing me a new way of life.*

*Looking back on these past three years I find that they are memorable years—so many new friends and real friends at that. My entrance into the Service and being able to take all the ups and downs with a clear mind and not sodden with old "JE"—I shudder to think what may have happened if I did not have Ad to back me up.*

*I also find, more so than ever before, that it is the spiritual side of AA that helps me stay sober and I can assure you that I try diligently every day to keep up my spiritual contacts.*

*As for the Bulletins, all I can say is that they are a sort of final push to help me along—when one is blue or disgusted, feeling out of sorts, etc., one only has to pick up one of the Bulletins and start reading it and usually one gets feeling pretty darn good and what was a bother before, seems to disappear and everything is fine and dandy again.*

*Sorry if I've spouted off, but I just can't help it as that is the way I feel—only hope the day comes soon when I can start attending meetings again.*

*Not much that I can tell you about what I am doing, etc., but I am well, working and trying to do my job.*

*My thanks again for your kindness and with the best of wishes.*

Sgt. Frank Orpse

A sprightly letter from Lt. Clayton Bull lightened our day.

Hi Gang:

*I know you are interested to hear all about where I am and what I'm doing.*

*Arrived here last Friday and boy you should see the place. You've been in Miami in the winter and Michigan in the summer. Well it ain't like that. Gives you some idea of weather conditions, and what we are up against. You've heard about the heat of the Tropics and the frigid climate of the North. It ain't like that either. Nothing compares to this. Temperatures can't be mentioned or our location might be spotted. If you want to guess just where we are, think of some place you'd like to be and well—that ain't it.*

*Now that you know where I'm at and what kind of weather we are having, I'll tell you something about what I'm doing.*

*It's no military secret to tell you we work like hell. What with getting up early in the morning, hurrying, hurrying, hurrying then waiting, waiting, waiting, before you know it, it's noon. Of course, after dinner we let up some, we just hurry, hurry, and wait, wait. It makes the time go so much faster. By supper time am I tired. What a day, and tomorrow will be just us bud. If Hitler could only see us in action, he'd give up. The war would be over. That's the way things go though. No credit. No nothing.*

*I know the enemy is getting weaker. Forced to use a lot of old men. Met a prisoner the other day, so old he remembered there was another President besides Roosevelt.*

*Ce going into action soon, so may not be able to write so often. I'll be looking for letters tho. In case you forget my address, just write me in care of AA. I'm well-known there and I'll get it.*

*Thanks for the Bulletin. I'd hate to miss one.*  
Clayton B. Cull

## CHARMING IS THE WORD FOR ALCOHOLICS

Down at the very bottom of the social scale of AA society are the pariahs, the untouchables and the outcasts, all under-privileged and all known by one scoriating epithet—relatives.

I am a relative. I know my place. I am not complaining. But I hope no one will mind if I venture the plaintive confession that there are times, oh, many times when I wish I had been an alcoholic. By that I mean that I wish I were an AA. The reason is that I consider the AA people the most charming in the world.

Such is my considered opinion. As a journalist it has been my fortune to meet many of the people who are considered charming. I number among my friends states and lesser lights of stage and cinema; writers arc my daily diet: I know the ladies and gentlemen of both political parties; I have been entertained in the White House; I have broken bread with kings and ministers and ambassadors; and I say, after that catalog, which could be extended, that I would prefer an evening with my AA friends to any person or group of persons I have indicated.

I asked myself why I consider so charming these alcoholic caterpillars—who have found their butterfly wings in Alcoholics Anonymous. There are more reasons than one, but I can name a few.

The AA people are what they are, and they were what they were, because they are sensitive, imaginative, possessed of a sense of humor and an awareness of universal truth.

They are sensitive, which means that they are hurt easily, and that helped them become alcoholics. But when they have found their restoration, they are still as sensitive as ever; responsive to beauty and to truth and eager about the intangible glories of this life. That makes them charming companions.

They are imaginative, and that helped to make them alcoholics. Some of them drank to flog their imagination on to greater efforts. Others guzzled only to black out unendurable visions that rose in their imagination. But when they have found their restoration, their imagination is responsive to new incantations, and their tall; abounds with color and light and that makes them charming companions, too.

They are possessed of a sense of humor. Even in their cups they have been known to say damnably funny things. Often it was being forced to take serious; the little and mean things of life that made them seek escape in a bottle. But when they have found their restoration, their sense of humor finds a blessed freedom and they are able to reach a god-like state where they can laugh at themselves, the very height of self conquest. Go to the meetings and listen to the laughter. At what are they laughing? At ghoulish memories over which weaker souls would cringe in useless remorse. And that makes them wonderful people to be with by candlelight.

And they are possessed of a sense of universal truth. That is often a new thing in their hearts. The fact that this at-one-ment with God's universe had never been awakened in them is sometimes the reason why they drank. The fact that it was at last awakened is almost always the reason why they were restored to the good and simple ways of life. Stand with them when the meeting is over, and listen as they say the "Our Father"!

They have found a Power greater than themselves which they diligently serve. And that gives a charm that never was elsewhere on land and sea; it makes you know that God Himself is really charming, because the AA people reflect His mercy and His forgiveness.

Fulton Oursler,  
The Grapevine, N. Y.

## "IT'S STRICTLY MY OWN OPINION"

(Continued from page one)

Do not gossip about them? Do we try to ferret out the sordid details of their lives and viciously imagine what they might have done while in their cups? Let's be AA's and help them live the Daily Plan. Yesterday's gone, and with it, its lost opportunities. Today we and our wires can help them as others help us.

This is my humble opinion.

## GROUP HUMILITY

Let's keep our halos in our pockets. Let's be humble. Humility is not a virtue limited to individuals. It is distinctly something that we need in each group and in a group of groups.

Our fellowship is a great and marvelous thing. We know this in our hearts. We like this appraisal from outsiders; it improves our confidence in our work.

But such praise should not be solicited. We should not fawn on people for the purpose of being praised either publicly or in meetings. We must not substitute Vanity for Humility.

After all while recognition is helpful and welcome we must remember that these generous and well-meaning people do not know our problem well enough to praise our methods of attacking it. Only an alcoholic understands another alcoholic and only a member of Alcoholics Anonymous knows how truly difficult is the fight against the alcoholic illness.

As individuals we should not seek credit or praise for living our Kay of Life. After all it is merely the way we should have been living all the time. As groups we should not seek honors, privileges or praise for our work which is primarily to help ourselves by helping others.

After all the only legitimate excuse we have for public praise or publicity is to advertise, not ourselves, but the fact that there is hope for the person who has a problem to solve.

Our Way of Life does not call for personal glory, parades, banners, monuments or brass bands. We have accomplished much through a miraculous program which is marked by its simplicity and humility.

Individual or group vanity is the opposite of humility. Vanity-love of self-was the root of our trouble.

## WEST SIDE SOCIAL PICNIC

The picnic held by the West Side Social Group on July 23rd was a real success and was attended by over a hundred people. Steak sandwiches were served by the committee and compliments are in order.

A ballgame between men composed of the Euclid-Wade group and the West Sider's was won by the West Sider's who scored eleven runs in the last inning to win a hotly contested game by the score of 18 to 17.

Another picnic will be held by this group on Sunday, August 20th at the same grove, located on Ridgewood Drive, off York Road. Steaks will be on the menu again. Bring your own potatoes, dishes and dessert.

## PUBLIC SQUARE GROUP

Interesting discussions are still the vogue at the Tuesday evening meetings of the Public Square Group. The speakers have been particularly interesting and they have contributed greatly to the growth of understanding of AA that has come in the discussions. Out-of-town visitors continue to find their way to this group.

## LAKWOOD GROUP

The Lakewood Group, oldest of all West Side Groups, continues to have fine and interesting meetings in spite of the loss of many of its members to other groups.

Wally L. was host to the group on a recent Sunday at a Lawn Party at his home in Beach Cliff. Thanks, Wally.

Regular weekly contact is made with the 8 members who are in the Armed Services. Interesting and appreciative letters are received from them.

## HEARD AT MEETINGS

### *The Grapevine Publication*

Inter Group: "An alcoholic is a man with two feet firmly planted in mid-air."

Greenwich: "AA is like an umbrella. It won't work unless you put it up."

White Plains: "An alcoholic is a person who finds he has nothing in common with himself."

Manhattan: "Time heals all cuts: time also cuts all heels."

Inter Group: "The twelve steps are a matter of long, slow work. One can't go from a heel to a halo in twelve easy lessons!"

Manhattan: "When I look at a new prospect I say to myself, 'If you don't take a drink, feller, you'll be where I am, if I do take a drink, I'll be where you are-in no time flat.'"

Nassau: "The surest way to lose your health is to keep drinking to other people's."

## CENTRAL COMMITTEE

Twenty-six groups represented by forty-five members were present at the regular monthly meeting of Central Committee on August 1st.

The resignation of Clarence S. was considered and accepted.

Vice Chairman, Ed B. was elected as Chairman.

A resolution presenting a vote of confidence and understanding was prepared and passed unanimously to send to the New York Foundation.

## BORROWED ITEMS

Three items were clipped from the Grapevine, a New York AA publication, which appealed to us and gives you a partial idea of the excellence of their publication. This monthly is beautifully prepared and is well worth subscribing to. Costs \$1.50 per year. We have subscription blanks. Thanks, Grapevine, for the help this hot month.

## LORAIN AVENUE THURSDAY GROUP

DOINGS BETWEEN DOTS . . . This being the month of vacations and sweltering weather, it has been surprising and encouraging to view the excellent turnouts . . . And we have all enjoyed excellent leads by Bob G. of Lee Road, Frank B. of Doan, Frank K. of Lake Shore, Vern V. of our own group and Clem H. of Lake Shore . . . Max K. turned over the chairmanship to Tom Q. for the next month . . . Plans are being made for a group picnic on Sunday, August 27th . . . Bill W. became a one-year veteran this month . . . Nice going, fella! . . . Members are looking forward to hearing Dick S. and Bob McD., both early Akron members, and Dick D. of Lakewood Men's on the remaining Thursday evenings of August . . . They should be excellent meetings for new men . . . We'll be seein' ya . . . TEQ.

## EUCLID OHIO GROUP

On Friday, September 1st, the Euclid Group will celebrate its first anniversary. Meeting is held at St. Paul's Church on E. 200th St., just south of St. Clair. We will welcome any visitors.

## DOAN DATA

Our former secretary and ardent worker, Mark H. came home for his vacation, addressed our group and another at Public Square group and has left to take up his duties in the East. We were glad to see him again. His new work seems to agree with him . . . Tony D., located at Great Lakes was a visitor . . . Matt C., Bunny S. and Bill T. returned with a good coat of tan and clear eyes from their Canadian vacations . . . Earl A. and Howard B. are kept busy locally and out-of-town on speaking engagements . . . Paul J. is anxiously looking forward to his return to Cleveland after spending the past two months in summer camp activities . . . We continue to enjoy great success at the work house with 20 to 25 members from our group and other groups doing a mighty swell job. There's still work for many more.

## CALIFORNIA CLIPPINGS

Clippings from a San Francisco newspaper hit our desk, one of which is Dr. Logan Clendening's column on "To Your Health" which undoubtedly is syndicated to other cities. We failed to notice it in Cleveland. He says in part, "In this endeavor I am convinced that the work of Alcoholics Anonymous is far more hopeful and productive of results than all the white ribbon crusaders can ever be."

The other clipping was an ad in the "Personals" column reading, "Is liquor ruining your life? You can stop drinking. We did. No preaching. No cost. Confidential. Alcoholics Anonymous, P. O. Box 1, San Mateo."

## MONDAY MORNING GROUP

On Monday morning, August 28th, the Bolton Square Morning Group will have as its speaker, a man who has elicited praise from hundreds who have heard him at Eanater Hall. n-here he attracted over 300 and at Euclid-Wade where he attracted over 350. His name is Father M. F. Cikrit, S.J., priest, doctor and psychiatrist.

The group meets at the Doan Men's Club rooms, 2028 E. 105th St. (rear) at 10 o'clock in the morning.

This will be an open meeting.

Our meetings attract a goodly number of AA's and their wives and we hope that this feature meeting will attract many who will want to hear this eminent and capable speaker.

## ON CULTIVATING TOLERANCE

During nine years in AA I have observed that those who follow the Alcoholics Anonymous program with the greatest earnestness and zeal, not only maintain sobriety, but often acquire *finer* characteristics and attitudes as well. One of these is tolerance. Tolerance expresses itself in a variety of ways: in kindness and consideration toward the man or woman who is just beginning the march along the spiritual path; in the understanding of those who perhaps have been less fortunate in educational advantages, and in sympathy toward those whose religious ideas may seem to be at great variance with our own. I am reminded in this connection of the picture of a hub with its radiating spokes. We all start at the outer circumference and approach our destination by one of many routes.

To say that one spoke is much better than all the other spokes is true only in the sense of its being best suited to you as an individual. Human nature is such that without some degree of tolerance, each one of us might be inclined to believe that we have found the best or perhaps the shortest spoke. Without some tolerance we might tend to become a bit smug or superior-which of course is not helpful to the person we are trying to help, and may be quite painful or obnoxious to others. No one of us wishes to do anything which might act as a deterrent to the advancement of another-and a patronizing attitude can readily slow up this process.

Tolerance furnishes, as a by-product, a greater freedom from the tendency to cling to preconceived ideas and stubbornly adhered-to opinions. In other words it often promotes an open-mindedness which is vastly important-in fact a prerequisite to the successful termination of any line of search, whether it be scientific or spiritual.

These, then, are a few of the reasons why an attempt to acquire tolerance should be made by each one of us.

*Dr. Bob of Akron,  
Grapevine, Vol 1, No. 2*

## EAST SIDE PICNIC

The annual picnic of the East Side Groups will be held at Wiggans Lake. Sunday, September 10th. This ideal spot for a picnic to accommodate a good crowd can be reached by driving out Route 87 (Kinsman Rd.) and is a mile and one-half past Russell's Corners.

The first ball game will start promptly at 2:30. Various contests, under supervision of an expert from the City Recreation Dept., are scheduled for 4 p. m. The drawing for door prizes will precede the basket picnic which is scheduled from 5 to 6 p. m. A twilight ball game is scheduled for 6:30.

A life guard will be on duty from 2 to 6 at the swimming pool. Horseshoe pitching and other events will be available for those not interested in baseball. Dancing from 6 to 10 p. m. with a prize waltz finale.

All members of A.A., their families and relatives in Greater Cleveland are invited. Admission, 25 cents. Children under 16 will be admitted free, and prizes will be given to every boy and girl 10 years old and under.

Last year about 1000 attended and it is hoped this number is exceeded this year.

## PEARL GROUP

The Pearl Group's picnic was held Sunday, August 13th, at Hillside Grove. The group turned out 100%.

Plans are now being made for a clambake to be held early in September.

## GLENVILLE GROUP

Is our face red!! We promised to write about the splendid new quarters that this group enjoys-and we didn't. So here goes.

They have a mammoth room on the second floor of a building near the intersection of E. 103th and St. Clair, and the quarters are attractively decorated, thanks to the hard work of several individuals.

Meetings are held on Thursday and Saturday evenings and usually attract from 100 to 200 people. Come and visit us.

## GROUP MEETINGS

## MONDAY

BORTON-13931 Euclid Ave.	8:46
LAKEWOOD-Townsend Hall, 15003 Detroit Ave.	8:30
LAKEWOOD MEN'S-St. Peter's Episcopal, W. Clifton and Detroit.	8:30
LAKE SHORE-Lake Shore Hotel, Dinner at 7.30. Meeting at	8:30
LEE ROAD-1637 Lee Road	8:30
LORAIN Ave.-Banater Hall Annex, W. 120th at Lorain.	8:30
UNION AVENUE-12907 Union Ave.	8:30
SHAKER HEIGHTS-Christ Episcopal Church, 3451 Warrensville Center Rd.	8:30
SOUTH EAST GROUP-10203 Miles Ave.	8:30
WEST 25TH ST.-Marvel Hall, 2555 W. 25th St.	8:30
SOUTH AMHERST-Congregational Church Basement.	8:30
WILLOUGHBY-Presbyterian Church, Willoughby, 0	8:30

## TUESDAY

BROOKLYN-PARMA-4427 Pearl Rd.	8:30
EUCLID-WADE-Emmanuel Church (Rear), 8614 Euclid	8:30
PUBLIC SQUARE-Hotel Cleveland (See Bulletin Board)	9:00

## WEDNESDAY

BROOKLYN-K. of P. Hall, Broadview and Pearl Rd.	8:30
COLLINWOOD-14709 St. Clair Ave.	8:30
DENISON-St. Phillips Hall, 3290 Denison Ave.	8:30
DOAN MEN'S-2028 E. 105th St.	8:46
LEE ROAD-Mayfield and Preyer, Heights Presbyterian Church	8:30
WOMEN'S (Lakewood)-12214 Detroit Ave.	8:30
BEDFORD, O.-Y. M. C. A., Tarbell Ave.	8:30
ELYRIA, O.-108 Middle Ave., P. O. Box 491. On the Square	8:30

## THURSDAY

ARCADE-601 The Arcade	8:00
GLENVILLE-10421 St. Clair	8:30
LEE ROAD-1631 Lee Road	8:30
LORAIN AVE.-Banater Hall Annex, W. 120th St. at Lorain	8:30
WARRENSVILLE, Workhouse Chapel-1st Thurs. each mo.	7:00 P.M.
PAINESVILLE, O.-Annex, First Congregational Church, Mentor and Liberty Sts.	8:30
LORAIN, O.-Antlers Hotel	8:30

## FRIDAY

GORDON SQUARE-St. Helena's Church Hall, 136 W. 66th St.	8:30
LEE ROAD-1637 Lee Road	8:30
PEARL-Good Counsel Hall, 4427 Pearl Rd.	8:30
ROCKY RIVER-St. Christopher's Hall Lakewood off Detroit Rd.	8:30
AVON LAKE-1112 W. Erie St., Lorain, 0	8:10
BEREA-Social room of Berea Cong. Church, Seminary and Church Sts.	8:30
EUCLID, O.-St. Paul's Church E. 200th St off Clair	8:30

## SATURDAY

GLENVILLE-10421 St. Clair	8:30
W. S. SOCIAL CLUB, 4427 Pearl Road	8:00

## SUNDAY

COLLINWOOD-14709 St. Clair Avenue	8:30
DOAN MEN'S TRAINING MEETING-2028 E. 105th St.	3:00

## 1ST TUESDAY EVERY MOST 11

CENTRAL COMMITTEE-Hanna Building Room 310	8:30
---	------

## LAST TUESDAY EVERY MONTH

CENTRAL HOSPITAL COMMITTEE-Hanna Bldg., Room 370	8:30
--	------

## MORNING MEETINGS

Monday Mornings	
BOLTON SQUARE-2028 E. 105th St.	10:00 A. M.
Wednesday Mornings	
COLLINWOOD-14709 St. Clair Ave.	10:00 A. N.
Thursday Mornings	
WEST SIDE-7405 Denison Ave.	10:00 A. M.
Friday Mornings	
SUNRISE BREAKFAST-10203 Miles Ave.	7:30 A. M.

## THE GUT IN THE GLASS

When you get what you want in the struggle for pelf

And the world makes you king for a day,

Then go to the mirror and look at yourself

And see what that guy has to say.

For it isn't your father or mother or wife

Whom upon you judgment will pass ;

The fellow whose verdict counts most in your life

Is the guy staring back from the glass.

He's the fellow to please, never mind all the rest

For he is with you clear up to the end ;

And you have passed your most difficult test

If the guy in the glass is your friend.

You may be like Jack Horner and chisel a plum

And think you're a wonderful guy;

But the guy in the glass says you're only a bum

If you can't look him straight in the eye.

You can fool the whole world down the pathway of years

And get pats on the back as you pass ;

But your final reward will be heartaches and tears

If you've cheated the guy in the glass.

YOU.

# CENTRAL BULLETIN



VOL. II—No. 12

BOX 1638, STATION C, CLEVELAND, OHIO

September, 1944

SUBSCRIPTION PRICE \$1.00 PER YEAR

TEN CENTS PER COPY

## Editorial . .

*For thine is the kingdom and the power and the glory forever.*

Thus the Lord's Prayer ends, with words of surrender. The kingdom of God is God's kingdom. The power in the kingdom is God's power. And the glory for the works in the kingdom is God's glory.

The kingdom is not ours, though we are part of it. The power is not ours, though God gives us a little of his power for our own use. The glory is not ours, but God's.

We should do well not to mumble these words when we say the Lord's Prayer, and not to hurry through them. We should do well to think as we say them. The kingdom and the power and the glory are God's, not ours.

Many of us thought the whole kingdom ours, or thought it should be. Many of us thought the power ours, and abused such power as we had. Or we thought the power should be ours, and we kicked at everything when we found it was not. We finally kicked ourselves down. And many of us, all too many of us, thought the glory ours. Big shots. Important guys. Bigger than our neighbors. Bigger than God. Spoiled children when no one else agreed with our notions.

Now, the sin that the Bible talks about is the sin of imagining ourselves bigger than God. We start by imagining ourselves bigger than any other person. We insist on running everything our own way, regardless of the rules that men have found necessary throughout civilized life. We went from the great sin to the deadly sins and thence to the gutter. We found it hard to learn, and some of us find it is easy to unlearn.

When the bad days are gone and good days come again, some of us forget the lessons of those evil days. Old yearnings stir up in us. Pride awakens, with perhaps an extra urge to wipe out the memory of the bad days and to show the world that we are great. Some want power in business, some in politics, some in AA, some elsewhere. Some of us want others to bow to us, to admit our power and our glory. Some of us go so far as to act on these urges. The result is trouble. Eventually, it is the same old trouble. We have seen it happen many times, sometimes with men quite old in A-4.

The kingdom and the power and the glory are God's not ours. The wise man yields first place to God. The wise man avoids seeking advantage over others, or even seeking equal place with others. The wise man keeps himself on a leash and thus gains peace. The wise man is humble.

"Taxes were indeed very heavy, and if those laid on by the Government were the only ones we had to pay, we might easily discharge them; but we have many others. We are taxed twice as much by the time we waste, three times as much by our pride, and four times as much by our folly."—*Benjamin Franklin.*

## RESPECT

One of the most difficult and elusive things to regain once a person has lost it, is the respect of people whose respect he once spurned.

People on the whole are inclined to be tolerant, and it is upon that very tolerance that we gambled during our alcoholic careers.

Our ability to make new friends easily made us unaware of the fact that our treachery to society's "formulae of behavior" would eventually catch up with us and we would have to pay the horrible price of being ignored and snubbed, gossiped about and being ostracized.

At first we laughed it off and gradually resentment and bitterness caused us to increase our consumption of alcohol to escape the conviction in the innermost recesses of our mind and conscience that we were really at fault and that we should correct our ways.

When we finally came to realize that our way was the wrong way we shuddered at the wreckage we had left in the wake of our folly. How could we ever regain that which we had lost? Our loved ones—our cherished friends—whose tolerance we had stretched to the breaking point—could we ever, ever reestablish their faith in our promises to mend our ways and become stable factors in society, instead of liabilities?

We had to find a way, and through A-4 we found it. And in finding it we realized that when we started developing our own self-respect we gradually were earning the respect of others, possibly not as rapidly as we wished it—but it came gradually.

Sometimes it came reluctantly, as if the memory of past abuses of that confidence and respect which we ordinarily could and did demand was too poignant to forgive and forget.

And in the strengthening of our purpose to lick our alcoholic problem by observing the "mechanics" of AA, we suddenly realized that what we craved most throughout our career was to be liked and respected by our fellow men.

We finally realized that in order to receive the respect of others we had to act decently, conform to moral and social laws and to learn to contribute something of ourselves to society. This was contrary to our egocentric minds, but what we learned through bitter experience was that we had to train our thoughts until they became normal and natural.

We have learned our lesson. Now we can properly appreciate how delicate social acceptance is. We want the respect of others more than anything else in the world. For with it comes peace of mind, contentment and happiness.

But to secure this respect we must first gain our own self-respect. We can gain that only by religiously following the Daily Plan as laid out by AA.

With God's help, we can succeed.

### Brotherhood of Man

Let us no more be true  
To boasted race or clan,  
But to our highest dream—  
The Brotherhood of Man!

Let patience be our power  
And sympathy our court;  
With love our only law,  
And faith our only fort.

New thoughts, new hopes, new dreams,  
New starry worlds to scan  
As time proclaims the dawn—  
The Brotherhood of Man!

**A. A. MASS MEETING** Invitational SUNDAY, OCTOBER 15th . 3:30 P. M.  
HOTEL CLEVELAND

## SCIENTISTS STUDY ALCOHOLISM

During the past week, the Research Council on the Problems of Alcohol convened in Hotel Cleveland and listened to noted psychiatrists, welfare workers, army chaplains and a selected member of Cleveland AA's discuss ways and means to counteract alcoholic addiction.

The papers were all interesting, but after hearing all of the learned analyses of the problem, they had to bow to the inevitable—only in Alcoholics Anonymous was to be found the ultimate answer to the problem.

One speaker, Dr. A. J. Carlson, advocated more facts and less humbug in public school education.

"For example," he said, "the child soon learns the humbug in the demonstration that an earthworm placed in a glass of whisky soon dies. Nowadays youngsters see many people take more than a glass of whisky and these people do not die. The fair control of this type of pseudo-scientific demonstration would be to put the worm in a glass of distilled water. That, too, would kill the earthworm in time."

Dr. Carlson called state legislation requiring the teaching of temperance in public schools "a sop to the prohibition sentiment rather than the presentation of known facts regarding the abuse of alcoholic beverages by man."

He continued: "One trouble with our education and our laws is that they adhere to the view that alcohol is a sin rather than a disease. It is a large assumption to say the individual always is in control of his sobriety or inebriety."

"Greater progress is being made in reclaiming the addict by treating his addiction as a disease rather than a crime. Actually, however, it may partake both of crime and disease."

There is a distinction between the heavy drinker and the chronic souse. Dr. Abraham Myerson, Boston psychiatrist, told the convention as he broke down pathological drunkards into four classifications:

Social-anxiety neurotics who feel more at ease with a fen drinks under their belts; the spree drinker whose alcoholic long-distance run takes him to jail or a hospital; the mentally diseased, and the unorganized extroverts who become bums and who live only to drink.

It took but a short time for our local man to point out the reasons for the failure of medicine and psychiatry. His presentation was a masterpiece and we regret that space does not permit us to print the entire talk, but we'll give you generous samples of it.

Stressing the necessity of a belief in God and our decision to turn our will and our lives over to the care of God as we understand him as being of the first importance, he went on to outline the plan of AA and the reasons for its success. Following are excerpts from his paper:

"We believe the brotherhood of man originates in the Fatherhood of God and not that the Fatherhood of God proceeds from the brotherhood of man. The first is Christianity, the second is paganism."

"A.4 is simple in that it is without complexity of constituents or organization, undesigning-without pretension. It is simple in that a child can understand it."

"Conscious of the belief that 'Blessed are the merciful, for they shall obtain mercy', we are sold on the fact that we have received mercy and will continue to receive it. We all die in need of justice, in fact, that is why we die, in order to receive it. And with faith, hope and charity in our hearts we approach that end."

"A spiritual conviction is of its greatest value when it operates with an inflexible will and unwavering continuity—not when it is latent. If an alcoholic's only goal is sobriety, he has no real goal. It is only a start toward the goal of a complete Christian behavior. The greatest fear anyone must overcome is fear of the truth. The truth in the alcoholic's case is a dirty, bitter and loathsome mess. He must swallow it if he expects to be cleansed of his conceit, selfishness, hypocrisy and dishonesty. Truth is the most desirable and necessary thing in the world. It gives freedom from the tyranny of self and the assaults of others. We all fear the truth, because its acceptance makes us change our egotistical existence (which we so truly love), so when we meet the truth we usually rationalize, alibi, temporize, generalize or rhapsodize, to the effect that we convince ourselves that it couldn't happen here-to me."

"A great spiritual education for anyone is to be in need

of forgiveness and to realize it and want it. A great spiritual experience is to feel another's guilt. This explains, in a measure, why one alcoholic can help another. There is no excuse for dishonesty. Those on the outside will never be able to sense the completeness of the communion on the inside. The magnet that attracted the Savior to this earth was not our merit but our misery. And it is the love of God for us that creates the miracle we alcoholics speak of when we say—'Something happened to me which I can't explain. I think differently and with conviction.'"

"AA is not a vogue or a new style. It is not concerned with mode or formula. It is concerned with a high principle—the necessity of Faith. Faith is not a virtue we can evolve of ourselves, but is a gift of God, our Creator, and is freely given by Him when we contritely, honestly and humbly petition him for it. There is no other way to obtain this grace except by prayer. Prayer to an A.4 is the essence of his life. Faith—good works—self denial—love of God—trust—confidence—love."

"An AA's faith in prayer thus started lasts until his egocentric mind is tempted to undignified follies, pride, lust, anger, envy, indolence, intolerance, covetousness and gluttony—putting into his life that which appealed to his appetite. We lose our faith in God by being faithless to the practice of virtues that contribute to good Christian behavior. Our reason never disturbs our faith, but our emotions, moods and imagination do. We have to recapture human dignity. The modern desire of life has little room for humility. We cannot forget that everything we own and all that we are, are ours as stewards given to us by our Creator. 'So why should the spirit of mortals be proud.'"

The net results of this clinic undoubtedly will be that, while the psychiatrists and doctors and welfare workers were impressed with the fact that we had our own "peculiar" way of handling the alcoholic problem, they will continue to experiment with human derelicts in the same manner as they have done before, and many guinea pigs will undergo many treatments—some will recover, others will not. Eventually some of those who fail to recover will find the answer in the simple way we found it. May their eyes be opened early.

## A-4 BOOK IN BRAILLE

A wonderful contribution to A.4 was made by an extremely active member of Youngstown, O., who lost his sight through alcohol and found his new way of life through our channels. He transposed the entire book of Alcoholics Anonymous in Braille, and mails it free of charge to anyone interested. The transposition took many months of arduous work by this modest man, whose efforts in the behalf of the blind are noteworthy as are his wonderful messages before AA groups.

Anyone caring to secure one or all of the seven volumes can reach him through Central Bulletin.

## HEARD AT MEETINGS

An alcoholic is a person who thinks he's sophisticated and can't pronounce it.

Begin living the life you desired in prayer.

Day by day is, after all, the easy way.

The unexamined life is not worth living.

## CENTRAL COMMITTEE

Twenty-three groups were represented by a considerable gathering at the regular Central Committee meeting September 5th.

Of the 21 calls for AA help through telephone service, ten were hospitalized, three joined without hospitalization, two were not interested, one wrong address and three were unreported.

A plea is again issued to all groups to emphasize in your meetings that the A.4 phone service should not be used by members for miscellaneous information. These calls cost us 15 cents each.

The group decided to hold the first mass meeting at Cleveland Hotel on Sunday, the 15th of October at 4 p. m. A prominent Cleveland attorney will be the speaker. Invitational open meeting. The question as to whether any future mass meeting be addressed by a non-alcoholic outside speaker was referred to groups for an expression of opinion.

## AK A.4 WIFE GIVES ADVICE

We reprint an item which appeared in **Mrs. Maxwell's** column, because we like the letter of advice which this AA wife wrote.

Several days ago "Susan" wrote about her husband, who drank. The situation was complicated by mounting debts and two small children.

Reprinted below is a reader's answer to this problem. This letter is particularly directed at the remark Susan's husband made when she approached him on joining Alcoholics Anonymous. He said he would rather "drink himself to death than pray."

In answer to "Susan's" letter, I would like to say that my husband and I had a similar problem. We were about to call it quits when he underwent the treatment at AA. For over two years my husband has not had a drink.

My husband has no doubt been misled and thinks AA is a religious sect of some sort. This is not necessarily so, and was not in our case. We got along by helping and guiding others back to sane living.

Don't get that divorce yet as I think your husband will accept our way of life if he gets the right impression of AA. He probably wants to quit but doesn't know how. He has a disease. A.4 teaches husbands and wives how to be happy without alcohol, that's all. It is so simple a child can understand it. I Leg of you not to give up the fight. Ninety per cent of our organization is successful in this program.

Your children need both of you. I'm thankful we didn't give up, as we are two of the happiest people on earth at ages 40 and 34. We have a wealth of wonderful friends, have bought our home and paid off a mountain of debts in 27 months.

My husband lost countless jobs, wrecked three cars and made nervous wrecks of me and our boys. Now he looks younger and is healthy, happy and peaceful. Don't worry, Susan, about the other women as alcohol gives one a distorted view on everything. If he tells you he is happy drinking, take it from me that he is really miserable, sick and unhappy.

F. K.'s story is sincere and her advice sound. Many in Cleveland have found life and hope through AA.

## DO YOU BELONG?

*Republished by request.*

Are you an active member,  
The kind that would be missed?  
Or are you just contented  
That your name is on the list?

Do you attend the meetings,  
And mingle with the flock?  
Or are you apt to stay at home  
And criticize and knock?

Do you take an active part  
To help the work along?  
Or are you satisfied to be  
The kind that "just belong"?

Do you ever go to visit  
A member that is sick?  
Or leave the work to just a few,  
And talk about the clique?

There's quite a program scheduled,  
That I'm sure you've heard about,  
And we would appreciate it  
If you'd come and help us out.

So come to all the meetings,  
And help with hand and heart;  
Don't be just a member,  
But take an active part.

Won't you think this over,  
For you know right from wrong—  
Are you an active member  
OR do YOU just belong?

## HAPPY BIRTHDAY

On the evening of September 18th, the Lakewood Men's Group lit the candle on their first birthday cake. A very modest program in keeping with the principles of this group was arranged. Five-minute talks by the founders of this group were given, after which there was a social evening, ending up with a little extra in the way of food.

This group set out to prove that A.4 can be successful and interesting without gambling, raffles or even a kitty. During the year just completed the membership has grown from the original five to about thirty. Only one member has had any difficulty during this period, and getting enthusiastic members to leave at midnight after the meetings has been their only problem.

As firm believers in simplicity and group humility this sincere and earnest group of men are making AA history.

## LAKEWOOD

The Orchard Grove Group was privileged to hear a masterful talk on prayer by J. C. of the Arcade Group. It was acclaimed as being one of the most impressive meetings we have had for a long time.

## BEREA

The fourth anniversary of the Berea Group was held Friday evening, August 25th, in the Congregational Church. Every seat was taken and the crowd overflowed into the annex.

The speakers were Dr. Bob S. of Akron, P. S. of Akron, one of the first in AA; H. R. and C. S. of Cleveland.

After a most inspiring meeting, splendid refreshments were served.

## PUBLIC SQUARE

Another month of outstanding speakers can be reported for the Public Square Group, which meets in Hotel Cleveland on Tuesday-evenings. Among the speakers were Dick T., Frank B., Roy W. of the Doan Men's Group, C. M. of the Pearl Group and Dick S. of the Lee Road Group, the latter a 7½-year man.

The interesting discussions which these speakers evoked made deep and lasting impressions on quite an influx of new members who have attached themselves to our group.

## THE BELLEVUE GROUP

July 31st marked the second anniversary of the founding of this fine group. Special "eats" and talks from early members marked the birthday.

The group is the result of the hard work of the two founders. George G. and Mrs. W. The amazing thing is that the lady mentioned is not an alcoholic, but no AA member has more enthusiasm for the movement than she has. From this modest beginning the group has progressed to 15 members, and their meetings are tops. Don W., and his wife are ardent workers, and Sumner F. has just been elected secretary to succeed George G., who put in two years of hard work at that post. Congratulations, Bellevue, we hope these anniversaries never stop.

## DOAK DATA

Howard B. was chairman during the month of August and came up with five outstanding speakers, particularly impressive being those led by Bob B. of Mansfield and Frank K. of Cleveland. . . . Tony D. is heading for the South Pacific in the service of the Navy. . . . Mark H. is back in Cleveland for a while? absorbing more information at his employers', Jack & Heintz. . . . Eleven new members signed up at the first meeting in September. . . . At this meeting were twenty "graduates" from Warrensville. . . . Sunday training meetings attracted 75 people, and the speaker was a man who graduated from Warrensville three months ago. This training meeting should be used by all the groups in the Cleveland area. It starts a man in A.4 who might be timid about going to a mixed meeting on his first time to a meeting. . . . Paul J. returned from the east in time to lead the monthly meeting at Warrensville Chapel. Very forceful talk. 31 AA's attended, 120 inmates.

## OUT OF TOWN MEETINGS

MONDAY	
AKRON MEN'S GROUP-199 E. Market Street.....	8:30
ASHTABULA, O.—Linne Hall, 3403 Station Ave.—except 2nd Mon.....	8:00
BARBERTON, O. Homes of group members.....	8:30
ERIE, PA., Perry Group, 1110 Parade St.....	8:00
DETROIT, MICH., North-West Group (Instruction Meeting), 10216 Plymouth.....	8:00
TUSCARAWAS COUNTY, Alternate each Monday in YMCA's at Urichsville, O., and Dover, O.....	8:00
TUESDAY	
AKRON, O., Morning, 897 E. Market St.....	10:00 A. M.
AKRON, O., St. Vincent High School Auditorium, cor. Walnut & W. Market St.....	8:15
BELLEVUE, O., Geo. Garretson, 400 Sandusky St., Phone 26423.....	8:00
CINCINNATI, 0.626 Broadway, Room 230.....	8:30
DAYTON, O., Mutual Home Bldg.....	8:30
DETROIT, MICH., East Group, Community Hall, E. Jefferson & Manistique.....	8:30
MANSFIELD, O.—North Lake Park, Sec. Address, 175½ Lexington, Mansfield.....	8:30
PITTSBURGH (E. Liberty)—E. Liberty Y. M. C. A.....	8:30
WEDNESDAY	
AKRON GROUP NO. 1—King School, W. Tallmadge et Aqueduct Street.....	8:15
BEAVER, PA., Beaver Valley Group, Home of J. E. Pittinger.....	8:00
BUFFALO NO. 1-96 Johnson Park.....	8:00
COLUMBUS MORNING GROUP-1686 S-it St.....	1:00 P. M.
DAYTON, O., Lutheran Inner Mission, 4th & Commercial Sts.....	8:30
DETROIT, MICH., Northeast Group, Olivet Lutheran Church, 19521 Van Dyke St.....	9:00
DETROIT, MICH., Central Group, Hard of Hearing Hall, 4242 Cass Ave.....	9:00
ELYRIA, O.—108 Middle Ave., "On the Square" (3d Floor).....	8:30
ERIE, PA., Lawrence Group, 316 Plumb St.....	8:00
THURSDAY	
DAYTON, O., Members' Residences, Phone 9661 for information.....	8:30
DETROIT, MICH., Northwest Group, Club Hall, 10216 Plymouth.....	9:00
EAST AKRON-897 E. Market Street.....	8:00
THURSDAY STAG, COLUMBUS, O.—Broad St Church of Christ, 21st end Broad St.....	8:30
FRIDAY	
AKRON, O., Night Group, Firestone Local Hall, So. Main St. just south of Railroad Bridge.....	8:00
AKRON, O., Noon Group, Bendel's, Howard & Mill St.....	12:00 Noon
DETROIT, MICH., West Group, Club Hall, 10216 Plymouth.....	9:00
DETROIT, MICH., Windsor Group, 65 Sandwich St. W., Windsor, Ont., Canada.....	9:00
KENT, O., K. of C. Hall, No. Depuyster St.....	8:30
KENT, O., K. of P. Hall.....	9:00
PITTSBURGH (Downtown)—Chamber of Commerce Bldg.....	8:30
SATURDAY	
CINCINNATI, 0.626 Broadway, Room 230.....	8:30
CUYAROGA FALLS-2160 Front Street.....	8:30
CANTON, O., I.O.O.F. Temple, 1439 Cleveland Ave.....	8:30
CENTRAL, COLUMBUS, O.—I.O.O.F. Temple, 24 W. Goodale St.....	8:30
NO. SIDE, COLUMBUS, O.—Olentansy Village, 2929 N. High St.....	8:30
SUNDAY	
ASHTABULA, O.—Linne Hall, 3403 Station Ave.—preceding 2nd Monday.....	8:00
BUFFALO NO. 1, 146 Johnson Park.....	8:00
DAYTON, O., 9th Floor Gas & Electric Bldg.....	3:00
DETROIT, MICH., Church of The Messiah, E Grand Blvd. & Lafayette.....	3:00
DETROIT, MICH., Windsor Group, 66 Sandwich St. W., Windsor, Canada.....	2:30
LISBON, O., Columbiana Group, American Legion Hall.....	8:00
INDIANAPOLIS, IND.—Riley Hotel, Capitol Ave. & 16th St. (Breakfast).....	9:00 A. M.
Weekly meetings Mon., Wed., Thurs., Friday in homes of members. Telephone Franklin 2743.....	
PITTSBURGH (No. Side)—North Side Y. M. C. A.....	2:00
DETROIT, MICH., AA Club of Detroit; 14 W. Milwaukee Ave., open from 11:00 A. M. to 11:00 P. M.	

## THE GRAPEVINE

The current issue of The Grapevine is in our opinion one of the best they produced. The contribution by Writer Philip Wylie and Bill's comments were particularly impressive. We urge our readers to subscribe. Cost \$1.50 per year.

## PARKWOOD GROUP

The newest AA group is a group which meets on Sunday evenings at 1285 Parkwood (near Superior and E. 110th St). It meets at 8:45 p. m., and had its opening meeting on September 2nd.

This group is basing its foundation on the four absolutes and twelve steps of AA. The meetings will be devoid of card play and raffles. They plan to devote considerable attention to their newest recruits by thoroughly indoctrinating them in group activities.

The secretary serves for a two-months period.

One of the features will be an open discussion meeting on the last Sunday of every two months, with a chosen topic.

The first meeting attracted 94 persons.

## GROUP MEETINGS,

YONDAY	
BORTON—13931 Euclid Ave.....	8:45
LAKEWOOD—Townsend Hall, 16903 Detroit Ave.....	8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit.....	8:30
LAKE SHORE—Lake Shore Hotel, Dinner at 7:30, Meeting at.....	8:30
LEE ROAD-1687 Lee Road.....	8:30
LORAIN AVE.—Banater Hall Annex, W. 120th at Lorain.....	8:30
UNION AVENUE-12007 Union Ave.....	8:30
SHAKER HEIGHTS—Christ Episcopal Church, 8461 Warrenville Center Rd.....	8:30
SOUTH EAST GROUP-10203 Miles Ave.....	8:30
WEST 25TH ST.—Marvel Hall, 2868 W. 26th St.....	8:30
SOUTH AMHERST—Congregational Church Basement.....	8:30
WILLOUGHBY—Presbyterian Church, Willoughby, O.....	8:30
TUESDAY	
BROOKLYN—PARMA—4427 Pearl Rd.....	8:30
EUCLID-WADE—Emmanuel Church (Rear), 8614 Euclid.....	8:30
PUBLIC SQUARE—Hotel Cleveland (See Bulletin Board).....	0:00
WEDNESDAY	
BROOKLYN-K; of P. Half, Broadview and Pearl Rd.....	8:30
COLLINWOOD-14709 St. Clair Ave.....	8:30
DENISON—St. Phillips Hall, 3280 Denison Ave.....	8:30
DOAN YAKNS-2628 106th.....	8:45
LEE ROAD—Marfield and Prayer, Heights Presbyterian Church.....	8:30
WOMEN'S (Lakewood)—12214 Detroit Av.....	8:30
BEDFORD, O.—Y. M. C. A., Tarbell Ave.....	8:30
ELYRIA, O.—108 Middle Ave., P. O. Box 491, On the Square.....	8:30
THURSDAY	
ARCADE—601 The Arcade.....	8:00
GLENVILLE-10421 St. Clair.....	8:30
LEE ROAD-1637 Lee Road.....	8:30
LORAIN AVE.—Banater Hall Annex, W. 120th St at Lorain.....	8:30
WARRENS—Workhouse Chapel—1st Th are, each Mo., 7:00 P. M.....	8:30
PAINEVILLE, O.—Annex, First Congregational Church, Mentor and Liberty Sts.....	8:30
LORAIN, O.—Antlers Hotel.....	8:30
FRIDAY	
GORDON SQUARE—St. Helena's Church Hall, 1867 W. 66th St.....	8:30
LEE ROAD—1637 Lee Road.....	8:30
PEARL—Good Co-1 Hall, 4427 Pearl Rd.....	8:30
ROCKY RIVER—St. Christopher's Hall Lakeview off Detroit Rd.....	8:30
AVON LAKE—1112 W. Erie St., Lorain, O.....	8:30
BEREA—Social room of Berea Cong. Church, Seminary and Church Sts.....	8:30
EUCLID, O.—St. Paul's Church, 200th St off St. Clair.....	8:30
SATURDAY	
GLENVILLE—10421 St. Clair.....	8:30
W. S. SOCIAL CLUB, 4427 Purl Road.....	8:00
SUNDAY	
COLLINWOOD—14709 St. Clair Avenue.....	7:30
DOAN YEN'S TRAINING KEETING-2028 106th St.....	8:00
PARKWOOD—Parkwood Ave.....	8:45
1ST TUESDAY EVERY MONTH	
CENTRAL COMMITTEE—Hanna Building Room 370.....	8:30
LAST TUESDAY EVERY MONTH	
CENTRAL HOSPITAL COMMITTEE—Hanna Bldg., Room 370.....	8:30
MORNING MEETINGS	
Monday Mornings	
BOLTON SQUARE—2028 E. 106th St.....	10:00 A. M.
Wednesday Mornings	
COLLINWOOD-14709 St Cl & Ave.....	10:00 A. M.
Thursday Mornings	
WEST SIDE-7403 Denison Ave.....	10:00 A. M.
Friday Mornings	
SUNRISE BREAKFAST-10203 Miles Ave.....	7:30 A. M.

## WEST SIDE SOCIAL CLUB

The last picnic of the season was held by the West Side Social Club on Sunday, September 15th, and was attended by a good crowd. A clambake will be given by the group in October. Social meetings start October 7. Bingo every other week from then on.

## IT WILL SHOW IN YOUR FACE

You don't have to tell how you live each day,  
 You don't have to say if you work or you play;  
 For a true barometer serves in the place;  
 The way that you live . . . will show in your face.  
 The hate or deceit that you bear in your heart  
 Will not stay inside where it got its first start;  
 For flesh and blood are a thin veil of lace,  
 What you wear in your heart . . . will show in your face.  
 If your life is unselfish, if for others you live,  
 For not what you get, but for what you can give;  
 If you live close to God in His infinite grace,  
 You don't have to tell . . . it will show in your face.



# CENTRAL BULLETIN



VOL. III-No. 1

BOX 1638, STATION C, CLEVELAND, OHIO

October, 1944

SUBSCRIPTION PRICE \$1.00 PER YEAR

TEN CENTS PER COPY

## Editorial

This is October 13th, and for the writer of this editorial column it is the third anniversary of the beginning of life in AA.

I shall not say that these three years have been easy, or that they have been years of unbroken joy, or that they have been years without strong urges to relapse. But they have been three years without relapse and three years of progress in the solution of **personal** problems. That they have been years of progress in material gain is less important than that they have been years of progress in the realm of the spirit, in attaining a way of life on a higher level.

I have learned from experience, both my experience and the experience of others. From the experience of others who like to put everything to a test, I have learned that there is no cure, either in three months, or in three years, or ever. From the experience of others, I have learned that an unrestrained impulse can wreck the work of years in this life of sobriety. From the experience of others, I have learned that a relapse may not begin with a recognized desire to drink, but may begin with something else, like the feeling that the Third Step is unnecessary or that it is foolish to keep up with the moral inventory, or that the Twelfth Step is a waste of time.

From the experience of others I have learned the perils of resentment, and from my own experience I have learned how much I must watch resentment.

From my own experience, I have learned that the Supreme Power, whose existence my reason doubted, does exist, and from my own **experience** I have learned that all my progress depends on putting that Supreme Power ahead of every wish or interest I may have.

All steps in the AA program are important, but these are my foundation stones: the First Step, the Third and the Fourth.

The First Step, I must never forget. It is a statement of my permanent condition and a statement of my need. The Third Step is my Help. The Fourth Step is the condition upon which I receive my help and benefit by it. All other steps are important, but these are my foundation stones.

So many requests have been received for back copies of the series on "The Twelve Steps" as well as the series on The Lord's Prayer, that we have decided to bind up one hundred sets of the first two volumes of Central Bulletin. They will be sold at cost, which will be announced next month. Applications will be filled in order of their receipt.—The Editor.

## Lights Aglow

A youngster who had on that day been received in the church was called to the side of his father, who was the keeper of a lighthouse in one of the coastal towns. A bitter storm was in progress, with a strong wind blasting the waves high against the isolated building. The father spoke to the boy at length to make the boy appreciate the sanctity of the vow he had taken that day. He brought out a candle and told the boy to light it and to take it out into the storm, to walk around the lighthouse and return with the candle lit. The lad started out of the door and the first blast of wind almost extinguished the light, but he shielded it carefully and tho the wind buffeted him about with fiendish fury he circled the lighthouse safely and returned

to his father with the candle still **burning**, reflecting its light in the shaming eyes of the achievement-happy boy.

The father congratulated him and told him to protect and guard his faith with the same devotion as he had in protecting the light of the candle regardless of life's temptations and its vicissitudes.

This story applies to the members of AA. In the full flush of our happiness in finding a solution to our hopeless alcoholic problem, we enthusiastically embraced the twelve points of our program and we started out with our newly-lit candle of hope in our recovery. As the boy started on his trip around the lighthouse he undoubtedly had scant faith in his ability to complete his mission. The only thing he fortified himself with was his faith in his father and his obedience in obeying his order. We had the same temerity when we started out with this program. Our fortification was our faith in our sponsor and our protection was

our determination to obey his orders to follow thru with **ALL** of the twelve steps. Our faltering confidence was strengthened as we went along with the desire to do something about our problem. We had faith!

And as we shouldered aside this temptation and that, we finally learned how to shield our precious light from the buffeting winds of discouragements, disappointments and doubts of others in the possibility of our success.

Keeping the light lit for AA means that we must prepare ourselves daily and be ever alert to thwart anyone, or any upsetting element, which threatens to extinguish the **light** that has returned to us our self-respect, respect of others and the peace of mind which came to **us** from constantly reaffirming our devotion to the twelve steps.

Everything we hold dear has come to us because we have learned to live this new way of life. Our sobriety has kept the light lit. Let it shine forth as an example to others, so others can find happiness as we have found it.

Dust off the book and find the page which contains the twelve steps. Study them carefully and check yourself thoughtfully to see whether you have completed every admonition carried in them. Repeat the careful inventory of yourself and correct those "little things" which seemed of little importance as you corrected your major faults. Those "little things" oftentimes are almost cancerous in their growth and if not arrested can assume major importance.

Carry the light and keep it shining bright! The brighter it shines the greater happiness will be your reward.

### A SIMPLE PRAYER.

Dear Lord! For tomorrow and its needs I do not pray;

Give me Thy grace and Thy aid—

Just for today.

Place us in the way of Thy light so that its reflection may be found in us. And may this reflection be strong enough to guide others to seek Thy light for themselves.

We ask it in Jesus' name.

## THE READER'S DIGEST ARTICLE

All secretaries were mailed the reactions of the founder of AA to the article "Maybe I Can Do It Too," which appeared in the October issue of Reader's Digest, and which had been condensed from the original article which appeared in the Argosy. We won't repeat his entire letter but we agree with him that when AA's start changing their lay status to therapists, they might become professional AA's.

There is no denying that Ed McGoldrick, the central character in the article, has done a man-sized job in the city of New York, and this attracted considerable publicity. The danger of this publicity is that reporters garble the facts and as in this particular case it is already referred to as "The McGoldrick Treatment" and a "17 Point Mental Diet."

Mr. McGoldrick is a member of AA and consulted Bill about this proposed article, but the reporter or author wrote into the story her own ideas to make the story more "believable."

There's always a warning for us that when our zeal to help our fellow-men brings us publicity that we remember our greatest and surest success for aid to our fellow sufferers is in the simple application of the 12 steps and applying the four absolutes.

We want no **personalities** in AA. We want **publicity** for AA only for the sake of acquainting the public with the fact that help is available. No individual should look for **profit** or gain in the guise of AA.

AA did get many inquiries as the result of the article.

## SPONSORSHIP BOOKS AVAILABLE

The much heralded and long delayed booklets on sponsorship have finally been published, and in our opinion were well worth waiting for. **Succinct** and to the point, they cover every phase of sponsorship with care and excellent judgment. They will be distributed free to all groups in the Cleveland area. The committee is to be commended for its fine contribution and excused for making us wait so long.

Another four-page leaflet made its appearance, called "WHO, ME?" It offers 40 questions for a prospect to answer to determine whether he qualifies as an alcoholic or not. These questions are used by the Johns Hopkins University Hospital, and include five supplied by AA members.

The pamphlets are priced at two cents each in lots of 50, and can be secured through Box 1638, Station C, Cleveland, Ohio.

We understand that New York has published a pamphlet which costs five cents entitled "To Wives." We haven't seen it, but we **un**derstand that it is the chapter with the same title in the book "Alcoholics Anonymous," and is helpful in dealing with family situations on the first approach.

## YOUTH TAKES A HAND

Age is no barrier if you wish to participate in the meetings of one of the newest groups, organized in October. The group calls itself the Young People's Group, and it was formed by several of the younger AAs who felt there was a great field for them in helping others of their age to come to their senses before they had lost all. They felt that prospects would be more impressed with the success of the program if they saw a majority of people their own age (the twenties and thirties) at their first attendance at meetings.

But they stress the fact that they do not exclude "oldsters" from their meetings—in fact, they welcome any visitors from other groups, for they value and solicit their advice and suggestions.

They meet on Wednesday evenings at 8:30 in West Side Evangelical Hall, W. 38th and Bridge. The entrance is at the rear of the building on W. 38th Street.

## UNION GROUP

The Union Group's new secretary, Frank L., informs us that his group has voted to start meetings promptly at 8:30 o'clock so that early-to-rise workers can get to bed a half-hour earlier. Makes him step around a little faster.

## IT'S A -WONDERFUL DAY

(Ed. Note: The following is part of a letter which contamed the reflections of a Cleveland man who at one time had wealth and position and who lost everything and finally ended his "career" in the workhouse.)

In my opinion it is of the utmost importance that every member, every day, remind himself of the fact that he is an alcoholic and in need of God's help. Remind himself of his last "bender"—when he was so engulfed with misery, both mental and physical, that he turned to the only possible source for his answer to his God.

That day, though the memory of it be ever so horrific, was the day he started to do something about it.

In my case, even tho it brings back a picture bleak and dreary, I remember many things—the "idle house" at Warrensville—the first day in the hospital—shaking it out with the pangs of thirst for whisky tormenting me—hopeless—friendless.

Today it can be raining or slushy underfoot, but to me, an alcoholic, who remembers being buffeted about—locked out of the library, P. K. and dormitory, with only the "idle house" and its hundreds of sweating, ill-smelling fellow-creatures—smoke so thick it could be cut with a knife—suit, disease, vermin and filth—all races and creeds crowded in a foul pen—escape to the prison yard without shelter, clothed in thin, light overalls with newspapers stuffed in shoes too big and more newspapers to provide soles for the same shoes worn thin—though the weather be freezing, it's a wonderful day.

Gratefulness to God at the end of my morning prayer is an absolute with me. Gratefulness for my deliverance—grateful for another day of opportunity to help my similarly afflicted fellow man—grateful for the tolerance toward those who cannot yet appreciate the marvel of God's world—wanting only warmth and sunshine—wanting only for strength to do our job, be it ever so menial, happy as tho it were the best job on earth.

For "the forgotten person" to be a useful person again thru the AA program of living is truly, in my humble opinion, another miracle of God.

Every day is a wonderful day—a wonderful day of opportunity.

## AA MASS MEETING

Below we reprint the item which appeared in the Cleveland Plain Dealer, Oct. 16th. It is a faithful report of the meeting, but naturally does not do justice to the marvelous job Jim C. did. Those that heard him were deeply thrilled.

An attorney, completely sober for 50 months after a heart-breaking drinking career, told 400 members of Alcoholics Anonymous and their wives how the organization's program had worked for him, as the fellowshiu resumed its schedule of regular general meetings for members of the 40 groups in Greater Cleveland at Hotel Cleveland yesterday afternoon.

He attributed his success to the "power of prayer," which, he said, "turned desuair into hope." At the same time he emphasized the breadth of the program, which does not require any formal religious belief of any kind.

Alcoholics Anonymous is an informal fellowship of men and women banded together by their inability to use alcohol in any form. They are able to stop drinking through the acceptance of a simple philosophy of living and by working with others who have the same problems.

Members are anxious to point out that they cannot help anyone who does not sincerely want to stop drinking. They can be reached through Post Office Box 1638, Station C, Cleveland.

## TOLEDO'S FOURTH ANNIVERSARY

The Toledo area celebrates its fourth anniversary on Saturday evening, October 21st, at 8:30 p. m. The meeting will be held at 239% Superior St. (over the Club Cafe) and will be led by Paul S. and Bill D. of Akron, with Dick S. of Cleveland as chairman.

An interesting feature of this anniversary will be the serving of breakfast for AA's only on Sunday morning at 10:00 a. m. in the Hillcrest Hotel. Non-alcoholics will be served in another room.

Members in the Cleveland area are welcome.

**CENTRAL COMMITTEE**

Twenty-five groups were represented at the monthly meeting of Central Committee on Oct. 3.

It was unanimously decided to continue the Sunday Mass Meetings, and upon the question as to whether future meetings should be closed or invitational, the groups voted 14 to 10 for invitational meetings. How frequently they should be held will be voted on at the next meeting, there being a feeling that this should be decided by the groups themselves, and the representatives instructed by their groups.

The purposes of the Joint Meetings held downtown from time to time were originally conceived by the Central Committee to be as follows:

1. To better acquaint the members of the various groups with each other.
2. To remind the groups of the broad international aspects of the fellowship, to avoid provincialism and to develop tolerance.
3. To stimulate interest in the work of the Central Committee, the clearing house for your ideas.
4. To remind outsiders that this fellowship is active and available to those who need it.

The purpose of these meetings is not to excite our own vanity by listening to praise of-ourselves, to call attention to ourselves as individuals, or to start any "reform" movements.

Twenty-three groups have made their contributions to Central Committee, which is \$5.00 per six-month period. This defrays telephone service, correspondence and other expenses.

**W. 25TH HALLOWE'EN PARTY**

The West 25th Street Group will celebrate its third anniversary with a Halloween Party on Tuesday evening, October 31st, at Swiss Hall, 2600 Walton Ave. Co-sponsors of this party are the Gordon Square and Lorain Monday Groups.

A nine-piece orchestra will supply the music for the dancing, and vaudeville acts will be interspersed between dances to provide fun for everybody. Admission is by false-face only-it's free. Prizes and refreshments.

**WEST SIDE MORNING GROUP**

Round-table discussions are on schedule at every other meeting of the West Side Morning Group, which meets every Thursday morning at 10 o'clock. These will continue as long as the attendance warrants it. The next scheduled round table will be held on October 19th. Four excellent speakers will conduct.

Blind, but wonderfully eloquent and stirring was the speaker from Youngstown who led the meeting on October 12th. This crowd taxed the capacity of our meeting place. He left a lasting impression on everyone who heard him.

**DOAN DATA**

Bill M. was in charge during September and did a swell job for both the Wednesday and Sunday Training meetings. One of the speakers at the Training Meeting was a man who had "graduated" from the workhouse three months ago, and made a very deep impression on his listeners. Vacations are apparently over, for the crowds are larger at the meetings.

**WORKHOUSE VISITS**

This month completes a year of monthly visits, and the "regulars" who make the trek to this fertile field are gratified with the wonderful record they have achieved. They are compiling figures to show in the next Bulletin how many they have been able to rehabilitate. Somebody cared!

At the last meeting, 42 AA's and 160 inmates heard Howard B. give an unusually fine and impressive lead.

These mass meetings are held in the Warrensville Chapel on the first Thursday of each month at 7:00 p. m. and every Sunday morning.

**SUNRISE BREAKFAST**

This successful and popular group has changed its meeting place from Miles Avenue to 10421 St. Clair Ave., where the Glenville headquarters are. Bacon and eggs are served at 8:00 o'clock and the meetings are called promptly at 9:00. Every Friday morning. This is not a stag group. Women are welcome.

**AA BOWLING LEAGUE**

There are sixteen groups represented in the AA Bowling League that bowls every Thursday night at Franklin Recreation Alleys. Doan Men's Group leads with 13 games won and 2 lost. Denison holds high single game with 917 and also has high three with 2527. It is a handicap league. The highest individual average is 192 and the lowest is well, "it just ain't respectable!" Visitors-rooting visitors are always welcome.

**TEAM STANDINGS, INCLUDING OCTOBER 12TH**

Team	won	Lost	Team	Won	Lost
1. Doan Men's	13	2	9. W. 26th St.	8	7
2. Union	11	4	10. Collinwood	8	7
3. South-East	1	4	11. Lake Shore	7	8
4. Denison	10	5	12. Gordon Square	4	11
5. Orchard Grove	10	5	13. Brooklyn	4	11
6. Euclid-Wade	8	7	14. Lee Rd. (Friday)	4	11
7. Berea	8	7	15. Brooklyn-Parma	3	12
8. Lorain Ave.	8	7	16. Public Square	3	12

Team High Single Game: Denison, 917 ; Brooklyn-Parma, 899; Collinwood, 874.

Team High Three Games: Denison, 2527 ; Union, 2460 ; Brooklyn-Parma, 2434.

**PAINESVILLE-WILLOUGHBY**

The Painesville and Willoughby Groups joined in putting on a Clam Bake at Lake County Fair Grounds, Sunday, Sept. 24, and proved to their newer members that liquor and beer weren't a bit an essential part of a Clam Bake. Some found out for the first time what a Bake really tasted like. Attendance was 75—and there were NO headaches.

**NEW GROUPS**

Tom D., the popular former secretary of the Lorain Monday Group, has formed a new stag group which meets on Tuesday evenings at West Side Ev. Hall, W. 38th and Bridge. (Entrance in the rear on W. 38th St.) He felt there was a decided need and demand for a "men only" group in this area.

The new Young People's Group is mentioned in another article in this issue.

A new ladies' group, calling itself the Glenville Women, meets on Monday evenings at 8:30 at 10421 St. Clair.

We wish all these groups great success.

**LORAIN AVE. MONDAY**

This group has instituted an innovation (successfully in use at Lee Rd.) in having the wives of AA's meet once a month in a separate meeting room to discuss ways and means of cooperating with the AA program. Here they can "take down their hair" without interruption from their men folks, who can take theirs down as they meet in stag in the main meeting room. The first of these meetings will be held October 30th at 8:30 p. m.

Bill O'R. will address the Indianapolis mass meeting, Sunday, Oct. 29th. We're proud of him. Johnny K. last month, and Ray S this month supplied us with extra-fine speakers. Refreshments are still served by our jolly chef, Charlie R.

**EUCLID-WADE HALLOWE'EN PARTY**

On Saturday evening, Oct. 28th, at Emanuel Church, 8614 Euclid Avenue, Euclid-Wade holds its annual Halloween party. Fun for all, games, prizes and contests. Dancing to McCracken's Orchestra. Anyone who attended last year's party will remember the fun that was had by all. Come in costume or dressed in your Sunday best or just a smile for an evening of dancing and fun. Refreshments served-Cider, Hot Dogs, Coffee and Pumpkin Pie. There are not any tickets being sold, a donation of \$5.00 will be collected at the door to help defray expenses. Music starts at nine.

**LAKESWOOD**

Lakeswood, or Orchard Grove as it is often called, held a Fall Outing at Schluter's in Westlake on Sunday, October 1st. Forty members and wives enjoyed a splendid chicken dinner.

A Halloween party is scheduled for Saturday, October 28th, at the regular meeting hall. You're invited.

Louis M. led one of his finest meetings on his fourth anniversary, October 2nd, and Wally L did likewise on his fifth anniversary October 9th. Good crowds attended both meetings.

## OUT OF TOWN MEETINGS

MONDAY	
AKRON MEN'S GROUP-199 E. Market Street.....	8:30
ASHTABULA, O.—Linne Hall, 3403 Station Ave.—except 2nd Mon.	8:00
BARBERTON, O.—Homes of group members.....	8:30
ERIE, PA., Pem Group, 1110 Parade St.....	8:00
DETROIT, MICH., North-West Group (Instruction Meeting), 10216 Plymouth.....	9:00
STUBENVILLK O.-Y. M. C. A., North 4th St.....	8:00
TUSCARAWAS COUNTY. Alternate each Monday in YMCA's at Urichville, O. and Dover, O.....	8:00
TUESDAY	
AKRON, O., Morning, 897 E. Market St.....	10:00 A. M.
AKRON, O., St. Vincent High School Auditorium, cor. Walnut & W. Market St.....	8:15
BELLERUE, O., Geo. Garretson, 409 Sandusky St, Phone 26423.....	8:00
CINCINNATI, O.—626 Broadway, Room 230.....	8:30
DAYTON, O., Mutual Home Bldg.....	8:30
DETROIT, MICE, East Group, Community Hall, E. Jefferson & Manastique.....	8:30
MANSFIELD, O.—North Lake Park, Sec. Address, 175½ Lexington, Mansfield.....	8:30
PITTSBURGH (E. Liberty)—E. Liberty Y. M. C. A.....	8:30
WEDNESDAY	
AKRON GROUP NO. 1—King School, W. Tallmadge at Aqueduct Street.....	8:15
BEAVER, PA., Beaver Valley Group, Home of J. E. Pittinger.....	8:00
BUFFALO NO. 1—95 Johnson Park.....	8:00
COLUMBUS MORNING GROUP-1686 Summit.....	1:00 P.
DAYTON, O., Lutheran Inner Mission, 4th & Commercial Sts.....	8:30
DETROIT, MICH., Northeast Group, Olivet Lutheran Church, 19621 Van Dyke St.....	9:00
DETROIT, MICH., Central Group, Hard of Hearing Hall, 4242 Cass Ave.....	9:00
ELYRIA, O.—108 Middle Ave., "On the Square" (3d Floor).....	8:30
ERIE, PA., Lawrence Group, 316 Plumb St.....	8:30
THURSDAY	
DAYTON, O., Members' Residences, Phone 9661 for information.....	8:30
DETROIT, MICH., Northwest Group, Club Hall, 10216 Plymouth.....	8:00
EAST AKRON-897 E. Market Street.....	8:00
THURSDAY STAG, COLUMBUS, O.—Broad St. Church of Christ, 21st and Broad St.....	8:30
FRIDAY	
AKRON, O., Nihti Group, Firestone Local Hall, So. Main St., just south of Railroad Bridge.....	8:00
AKRON, O., Noon Group, Bendel's, Howard & Mill St.....	12:00 Noon
DETROIT, MICH., West Group, Club Hall, 10216 Plymouth.....	9:00
DETROIT, MICH., Windsor Group, 66 Sandwich St. W., Windsor, Ont., Canada.....	9:00
KENT, O., K. of C. Hall No. Depuyster St.....	8:30
PITTSBURGH (Downtown)—Chamber of Commerce Bldg.....	8:30
SATURDAY	
CINCINNATI, O.—626 Broadway, Room 230.....	8:30
CUYAHOGA FALLS-2160 Front Street.....	8:30
CANTON, O., I.O.O.F. Temple, 1439 Cleveland Ave.....	8:30
CENTRAL, COLUMBUS, O., I.O.O.F. Temple, 24 W. Goodale St.....	8:30
NO. SIDE, COLUMBUS, O.—Olentangy Village, 2923 N. High St.....	8:30
SUNDAY	
ASHTABULA, O.—Linne Hall, 3403 Station Ave.—preceding 2nd Monday.....	5:00
BUFFALO NO. 1—95 Johnson Park.....	8:00
DAYTON, O., 9th Floor Gas & Electric Bldg.....	3:00
DETROIT, MICH., Church of The Messiah, E. Grand Blvd. & Lafayette.....	8:30
DETROIT, MICH., Windsor Group, 65 Sandwich St. W., Windsor, Canada.....	8:30
LISBON, O., Columbiana Group, American Legion Hall.....	8:00
INDIANAPOLIS, IND.—Riley Hotel, Capitol Ave. & 16th St. (Breakfast).....	9:00 A. M.
Weekly meetings Mon., Wed., Thurs., Friday in homes of members. Telephone Franklin 2743.	
PITTSBURGH (No. Side)—North Side Y. M. C. A.....	2:00
DETROIT, MICE., AA Club of Detroit, 14 W. Milwaukee Ave., open from 11:00 A. M. to 11:00 P. M.	

Many requests come to us for time and place of meetings in towns not listed above. We don't wish to go too far afield, but are anxious to have the information available for anyone who asks.

## LAKEWOOD WOMEN

On Wednesday, the 25th of October, Lakewood Women's Group will have a Round Table meeting and open house. They meet at 8:30 p. m. at 12214 Detroit Ave.

## DENISON

No meeting will be held at our hall on Wednesday, Oct. 25th, as our group has elected to attend the Lakewood Women's Round Table meeting in a body.

## WE BEGIN OUR THIRD YEAR

We have enjoyed publishing the Central Bulletin during the past two years and appreciate the many letters of praise. They have been great incentives to improve the publication.

## GROUP MEETINGS

MONDAY	
BORTON-13931 Euclid Ave.....	8:45
GLENNVILLE WOMEN'S—10421 St. Clair Ave.....	8:30
LAKEWOOD-Townsend Hall, 15903 Detroit Ave.....	8:30
LAKEWOOD MEETS-St. Peter's Episcopal, W. Clifton and Detroit.....	8:30
LAKE SHORE—Lake Shore Hotel, Dinner at 7:30. Meeting at.....	8:30
LEE ROAD-1637 Lee Road.....	8:30
LORAIN AVE.—Banater Hall Annex, W. 120th at Lorain.....	8:30
UNION AVENUE—12907 Union Ave.....	8:30
SHAKER HEIGHTS—Christ Episcopal Church, 3461 Warrensville Center Rd.....	8:30
SOUTH EAST GROUP-10203 Miles Ave.....	8:30
WEST 25TH ST.—Marvel Hall, 2858 W. 26th St.....	8:30
SOUTH AMHERST-Congregational Church Basement.....	8:30
WILLOUGHBY-Presbyterian Church, Willoughby, O.....	8:30
TUESDAY	
BROOKLYN-PARMA—4427 Pearl Rd.....	8:30
EUCLID-WADE—Emmanuel Church (Rear), 8614 Euclid.....	8:30
PUBLIC SQUARE—Hotel Cleveland (See Bulletin Board).....	8:30
WEST SIDE MEN—West Side Evangelical Hall, W. 38th & Bridge.....	8:30
WEDNESDAY	
BROOKLYN-K. of P. Hall, Broadview and Pearl Rd.....	8:30
COLLINWOOD-14709 St. Clair Ave.....	8:30
DENISON S. t. Phillips Hall, 3290 Denison Ave.....	8:30
DOAN MEN'S—2028 E. 106th.....	3:45
LEE ROAD—Mayfield and Preyer, Heights Presbyterian Church.....	8:30
WOMEN'S (Lakewood)—12214 Detroit Ave.....	8:30
YOUNG PEOPLE'S—West Side Evangelical Hall, W. 38th & Bridge.....	8:30
BEDFORD, O.-Y. hf. C. A., Tarbell Ave.....	8:30
ELYRIA, O.—108 Middle Ave., P. O. Box 491. On the Square.....	8:30
THURSDAY	
ARCADE—601 The Arcade.....	8:00
GLENNVILLE—10421 St. Clair.....	8:30
LEE ROAD-1637 Lee Road.....	8:30
LORAIN AVE.—Banater Hall Annex, W. 120th St. et Lorain.....	8:30
WARRNSVILLE—Workhouse Chapel—1st Thurs. each mo.....	7:00 P.M.
PAINESVILLE, O.—Annex, First Congregational Church, Mentor and Liberty Sts.....	8:30
LORAIN, O.—Antlers Hotel.....	8:30
FRIDAY	
GORDON SQUARE—St. Helena's Church Hall, 1367 W. 66th St.....	8:30
LEE ROAD—1637 Lee Road.....	8:30
PEARL-Good Counsel Hall, 4427 Pearl Rd.....	8:30
ROCKY RIVER—St. Christopher's Hall Lakeview off Detroit Rd.....	8:30
AVON LAKE-1112 W. Erie St., Lorain, O.....	8:30
BEREA—Social mom of Berea Cong. Church, Seminary and Church Sts.....	8:30
EUCLID, O.—St. Paul's Church E. 200th St. off. Clair.....	8:30
SATURDAY	
GLENNVILLE-10421 St. Clair.....	8:30
W. S. SOCIAL CLUB, 4427 Pearl Road.....	8:00
SUNDAY	
COLLINWOOD-14709 St. Clair Avenue.....	7:30
DOAN MEN'S TRAINING MEETING-2028 E. 105th St.....	8:00
PARKWOOD- Superior Ave.....	8:00
1ST TUESDAY EVERY MONTH	
CENTRAL COMMITTEE—Hanna Building Room 370.....	8:30
LAST TUESDAY EVERY MONTH	
CENTRAL HOSPITAL COMMITTEE—Hanna Bldg., Room 370.....	8:30
MORNING MEETINGS	
Monday Mornings	
BOLTON SQUARE-2028 E. 105th St.....	10:00 A. M.
Wednesday Mornings	
COLLINWOOD-14709 St. Clair Ave.....	10:00 A. M.
Thursday Mornings	
WEST SIDE-7403 Denison Ave.....	10:00 A. M.
Friday Mornings	
SUNRISE BREAKFAST GROUP-10421 St. Clair. Breakfast 8:00 A. M.—Meeting 9:00 A. M.	

## IN CASE YOU MISSED IT

"For whosoever will save his life shall lose it; but whosoever shall lose his life for my sake and the gospel's, the same shall save it." Mark 8:35.

Ring down through the ages like an alarm bell come these challenging words! They make a paradox-lose by saving-save by losing. In other words, Jesus would have us subordinate lesser loyalties to the greater loyalty for His sake. To fulfill this is to be our purpose and end in living. Christ is to be the center of our lives, as He is the center of the universe.

The first thing called for is an act of will. As did the Prodigal Son, we must say: "I will arise and go." The hour is one for decision rather than for discussion and argument.

The second requisite is self-denial, or discipline. Discipline is to strengthen us, not to weaken. Jesus would tell us: "Get into the game. Don't be a spectator in humanity's struggle; be a participant." "Even the Son of man came not to be ministered unto, but to minister." To be a participant calls for humility, love, discipline, and Christian fellowship.—Upper Room, Oct. 19, '44.

# CENTRAL BULLETIN

UNSELFISHNESS • PURITY • LOVE

VOL. III -No. 2

BOX 1638, STATION C, CLEVELAND, OHIO

November, 1944

SUBSCRIPTION PRICE \$1.00 PER YEAR

TEN CENTS PER COPY

## Editorial

We listened the other night to a panel discussion devoted largely to the Third Step and we realized that for many of us much time must pass before we can say in simple confidence, "The Lord is my Shepherd. I shall not want."

The great psalm of David is indeed a song of simple faith, which only those who do not struggle against the Supreme Power can sing.

And why do we struggle? Perhaps fear and worry cloud our vision, make us unwilling to let ourselves go. More likely, our fault is pride, which short-circuits our reason or else sends our minds into winding by-paths of involved thinking. With pride goes a contentious spirit, which does short-circuit the mind. Selfishness, too, blinds the vision and hides the path.

Some of us struggle not against the Supreme Power but with it. The harder we try to understand, the less we do understand. Success comes then when we quit struggling, when we relax and let ourselves see what there is to be seen.

Only a few of us, a very few of us, ever have a dramatic revelation of the existence of the Supreme Power. Such revelations usually result from intensely emotional experience. For most of us, there are no shafts of light, no voices in the sky, no seizures.

The Supreme Power reveals itself to us as we permit it to do so. But we who have sat so long in the seat of the scornful and walked in the paths of the ungodly do have to seek the Supreme Power and we do have to ask for guidance without mental reservation. The Supreme Power may be admitted to a mind cluttered with rubbish, since a beginning has to be made, but it will not abide in a mind that devotes itself to rubbish. Weeds will choke good seed, and all the more so if we continue to encourage the weeds.

First we have to seek. We may start by setting aside a part of each day for a period of quiet thought. Let us be alone, at such times, and let us set aside all contention, all fuming, all fretting. The first necessity is to quiet the mind, to shut out all thought until relaxation comes. If we get no farther than this at first, the mental quiet will help.

The next thing is to let the mind reach out, until it can find something upon which it can rest. For some of us, that something is the endless space that makes us feel the vastness of the universe. Some of us demand something more concrete and some demand an actual object of some sort, something inanimate or something of human form whose goodness and virtue we respect.

The Power that we seek is the source of all good; from it comes nothing evil. The Power is a strict judge of our honesty, of our acts. When we hold mental conversation with the Supreme Power we are brought to the line of absolute truth. Every evasion delays our finding rest, delays our finding the path to a new way of life.

For those who continue to sit in the seat of the scornful, there is no help in AA. But those who will look for the help of a Supreme Power will find it.

Realization may come slowly at first, but it will come. We learn bit by bit, to accept the guidance of the Supreme Power.

## Enthusiasm

A member dropped in the office for a chat the other day and in the course of our conversation he spoke of the lift **ae** had received from his eighteen-year-old son about three months **after** he had found AA and just when **he** had reached that **stage** of uncertainty that so many of us had reached when the glamour of newness in AA had ceased.

The son had last seen him as a hopeless, helpless, disillusioned **wreck** of humanity, where once he had been a successful and affluent business man, forceful and popular, until the **alcoholic** disease mastered him and he lost all.

The son had little to say to his father during their short meeting, and after exchanging ordinary pleasantries, left for an extended trip. However, several days after the son's

departure the father received a letter, which he brought out of his wallet, quite the worse for wear, and he handed it to me to read, with the remark **that** this letter confirmed his resolve to remain sober and to try to measure up to his son's expectancy. The letter, dated Oct. 1, 1941, follows in part:

"Dear Dad: You were surely looking fine last Friday. I am sure that you feel every bit as good as **you** looked and as you said you had. **Gee**, it's fine and dandy to see you back in shape after the struggle you have been having.

"But what impressed me far more was the old-time enthusiasm which radiated about you. Yes, it was **REAL** enthusiasm. You probably know that you tried to cover your troubles by seeming fine to others. I could see that you were troubled and that your enthusiasm was forced. Not that this was anything to be ashamed of, mind you, for it wasn't. It displayed at least an

attempt to be cheerful in spite of your worries. And this in itself is to be admired. Only a few would notice this struggle and inwardly think a little about your brave attempt to master it. Most people are impressed by superficial **things**. They recognize the up-and-coming, jolly, positive and enthusiastic type of person such as you once were.

"This brings me to comment on your display of **enthu-**siasm. No one could help but remark about this 'new birth' in you. It was really evident in a marked degree. If you keep up that quality, nothing will stop you.

"I have heard that a man is as old as his enthusiasm; that when this fervor dies, the man dies. I believe this.

"If you **find** things which tend to curb this zeal, try to avoid them and curb them instead. Then again let me urge you to keep it on fire. Get hot with it. White hot! If you continue to do this, no matter how hard it is to do so, you can't help **but** go forward. Age isn't as much of a handicap as **one** might think when you realize the importance of enthusiasm.

"Now the above might sound as though I thought I was quite an authority—a man of **experience**—to give out such advice, but you needn't think that, because I am really sincere about it.

"I want to and will be proud of my dad."

He's been sober three years and three months, and he hasn't let his boy **down**. The "advice" that the "boy" gave

(Continued on page two)

+

God grant me the sincerity  
to accept things I cannot  
change, courage to change  
things I can, and wisdom  
to know the difference.

+

### ENTHUSIASM

(Continued from page one)

him and the confidence he had in his dad as portrayed in the letter has been the lift he needed to plot his course.

Sometimes we're not fortunate enough to receive a manifested lift like this just when we need it. We can find it in enthusiastically digging into the AA work of helping others. Sacrifice of self brings great and unexpected rewards.

We all can benefit from the letter. The new way of life that we have found should engender boundless enthusiasm. If we just keep in mind one point the boy made in his letter, "A man is as old as his enthusiasm," we will also have benefited by this visit with a man who has found happiness in the AA program.

Enthusiasm is contagious. Let's remain enthusiastic.

### THE LORD OMNIPOTENT REIGNETH

We find it hard to take a long view of life. We remember the days of sickness and pain, which are few in our lives, and forget all the years in which we have enjoyed health. We see a world in its present confusion. We behold men rise to power to crush all under their feet.

With Gideon we ask: Why has this befallen us? We even want to join the sneering scoffer at times and ask: Where is God? Why does He not do something? Why does He not act?

As we retrace our steps across the ages and get a long view of things, we see that God does move in His mysterious ways to perform His wonders. Rulers and tyrants think that no one has anything to say to them. They are accountable only to themselves, they claim. However, as the years unroll, we discover that God sets the bounds of man's power. When tyrants have served their purpose-as a scourge to a world that has forgotten God-when the peoples of the world turn with all their heart to God, then God makes an end of these sinister powers. No ruler, no tyrant, no dictator-let us not forget this-has gotten out of the hands of God. Such faith in the Word of God gives us courage and hope in days like these.

So let us remain on God's side-for, after all, He has solved the greatest problem--our redemption. As His forgiven children we have peace and the promise that all is well, because God was in Christ, reconciling the world unto Himself. So tyrants come and go, but God abideth forever, offering peace in Christ Jesus to a sin-ridden world.

### HIT THAT LINE

In a pensive mood, one day I sat  
'Cause I had lost my turn at bat  
And feeling sorry for little me  
Cried out in my bitter anxiety.

Then God on my shoulder tapped and said  
'Get out and fight and use your head.  
The game's still yours if you want to win  
It's sitting and crying-that's your major sin."

So out I plunged and hit the line  
And sure enough the score was mine  
Yet it's not the score that counts, my friend  
But how you played it to the end.

—David P., Euclid-Wade Group.

### AA BOWLING LEAGUE

Orchard Grove proved to be the hot shots during the past month, although Public Square, in spite of their lowly position, succeeded in blasting out high single game with 927. Come on out and root!

STANDINGS INCLUDING GAMES		BOWLED NOV. 11, 1944	
Team	Won Lost	Team	Won Lost
Orchard Grove	22 8	Lake Shore	14 16
Denison	20 10	South-East	14 16
Union	19 11	Berea	13 17
Doan	19 11	Lee Road, Friday	12 17
Euclid-Wade	18 12	Brooklyn-Parma	11 19
W. 26th Street	17 12	Gordon Square	10 20
Lorain Ave. Monday	16 16	Brooklyn	10 20
Collinwood	16 16	Public Square	10 20

Team High, Single Game: Public Square, 927; Denison, 917; Orchard Grove, 903. Team High, Three Games: Denison, 2527; Orchard Grove, 2499; Lorain Ave., 2486.

### AA IS MY CHURCH

As often I've heard that remark, "AA is my church," I still can't resist the impulse to question the person uttering it.

In the first place AA is no church and has no creed. AA principles are the fundamentals of all religions—each man's religion. Or if he had no church affiliation, it only serves to show the individual the ideal and only way of life. And if he has a church affiliation, neglected though it may be, it should serve to bring him back to the church of his choosing.

Many members are ashamed to return to their former church because of their own past abuses, and possibly they fear the reproachful looks which might appear on the countenances of some of their former acquaintances and fellow churchmen.

Why do you go to church? To make a front, to meet your acquaintances, to keep up appearances, or do you go, as you should-to worship God in His place of worship and in the glorious and beautiful service.

It is true that one can worship God wherever you may be-in the home, at work, or in the wide open spaces, alone or in the company of others. But there's something about worshipping in a church, which was dedicated to His adoration, that is inspiring and needful.

Forget your inhibitions and resentments and go to church regularly. You can't go wrong by increasing your reverence and praise of your God.

### MEDICAL CHECKUP FOR DRUNKS

Cleveland Press, November 11th, 1944.

Extension of Cleveland's preventive medical program by giving routine physical examinations to every "drunk" and vagrant passing through Police Court was urged here today by City Welfare Director E. L. Worthington.

An expanded medical department at City Jail will be needed to carry out the proposed program, according to the welfare director. He said he planned to confer soon with Safety Director Frank D. Celebrezze to work out details.

Purpose of the new medical center would be to refer prisoners suffering from serious physical ailments to City Hospital, and those suffering from mental disorders to the County Psychiatric Clinic for more detailed studies.

#### Creates Serious Problem

Prisoners in advanced stages of physical illness or suffering from mental disorders have created a serious problem at Warrensville Workhouse in recent months. The Workhouse, with one medical doctor and one social worker on its staff, is not equipped to provide medical care and guidance for a large number of ailing persons.

In some cases persons suffering from physical ailments have been arrested as "drunks," according to Mr. Worthington.

"I'm not blaming the patrolman," he said. "A police officer is not qualified to differentiate between epileptics and persons in a drunken stupor. Recently a person unconscious from an attack of pneumonia also was picked up as intoxicated."

#### Urges Segregation

In recent weeks, several Workhouse prisoners died from long-standing physical ailments within a few hours of their arrival there. Mr. Worthington said it was "common sense" to segregate ailing people at Central Police Station and send them to City Hospital for treatment.

General physical examinations for the 15,000 drunks and vagrants seen annually in Police Court would supplement a special alcoholics clinic suggested by Edward J. Crawley, chief probation officer, and Municipal Judge Louis Drucker.

The alcoholic clinic, which would attempt to cure drunkards, will be financed by private funds, according to present plans.

City Council will be asked soon to provide funds for the general medical clinic to be operated by either the Safety Department, Health Department or jointly.

### WE'RE LATE THIS MONTH

Circumstances beyond our control delayed this publication a week. Labor conditions are critical and we're doing the best we can. Please excuse.

## WEST SIDE AA FIVE YEARS OLD

Five years ago, on November 20th, the west side members of AA who had trekked to the meetings held on the east side and in Akron formed their first west side group at their meeting at Orchard Grove and Detroit Avenues.

That this small group appreciated their sobriety and practiced as well as preached all twelve steps is attested to the fact that AA grew in a tremendous way.

As the Orchard Grove meeting room became more crowded and as wartime travel conditions made the trip inconvenient, members who called Orchard Grove their home group, started meeting nearer their homes.

The Lake Shore Group, with 75 members on their roll at this time, was first to break away. Soon followed Berea, who now number 45. Lorain Avenue Monday, with about 325, Gordon Square with 71, Brooklyn with 70, Lorain Avenue Thursday with 32 and Lakewood Men's with about 40. From several of these groups others have branched.

The anniversary was celebrated by all of these groups at St. Peter's Episcopal Church, Monday, Nov. 20th, with 250 attending. Speakers included A. G., whose home served as the first meeting place on the east side; C. S. and W. C., whose untiring work brought praise and great reward, and one man chosen from each of the "children" of Mother Orchard Grove. L. M., of Orchard Grove, was the chairman.

## A-4 IS TEN YEARS OLD

Seven members from Cleveland and nine from Youngstown attended the banquet which celebrated the tenth anniversary of the founding of AA in New York, November 8, and came back thrilled with their experiences. They also attended a special luncheon given for about 35 out-of-town visitors, at which Bill W., the co-founder of AA, held sway.

## LIFE BEGINS AT FORTY

Even though you may be under or over forty, an Elyria member who is a numerologist (or something) submitted the following for your interest.

24	.....	The 24 Hour Plan.
12	.....	The Twelve Steps.
4	.....	The Absolutes.
<hr/>		
40	.....	Total.

Regardless of what your age was when you accepted the AA plan and as long as you keep in your mind what this interpretation and application of "Life Begins at Forty" implies, your new way of life will be improved immeasurably.

## ERIE FORMS STAG GROUP

Notification arrived that our friends in Erie have formed a new Stag Group that meets on Friday evenings in Room 206 of the Ford Hotel in Erie, Pa. Eleven members attended their first meeting on November 10th. They invite you to give them a visit.

## SAN FRANCISCO

The group or groups in San Francisco held an open public meeting on November the 15th and advertised it with a 3-inch one-column ad in the "personals" column of the San Francisco Chronicle.

We do not advertise our Cleveland meetings in this manner, and we wonder what results are obtained and whether the ad attracted curiosity seekers as well as alcoholics. Our curiosity, innelmed by a desire to serve the community as ably as possible, while holding to the principles of AA, makes us hope that we will receive this information from the person who mailed in the advertisement.

## MINSTRELS MEET

The members of the cast of Mack's Merrie Minstrels, their wives and sweethearts attended a dinner party, Saturday, Nov. 11th. Plans for another minstrel show were presented, and some of the numbers for this show were rehearsed.

## HALLOWEEN PARTY

The Bedford and Southeast Groups held a joint Halloween party at the Bedford YMCA on Wednesday, Nov. 1. Our two little brown jugs held plenty of cider.

Frank W.'s charming Anita won a fat chicken as the door prize. Costumes were novel and elaborate. The Jack's Cowboys served up a dish of fine old-timers which all enjoyed.

## CENTRAL COMMITTEE

Twenty-three groups were represented by thirty-seven members at the November meeting of Central Committee.

The hospital committee setup was explained, and an endeavor will be made by this capable committee to correct evils and standardize conditions in nursing homes and hospitals.

A committee appointed to study the advisability and practicality of opening a downtown central office for the Cleveland district of AA reported. The many advantages to our entire membership throughout the entire area were pictured, as well as factual figures on a similar setup in Chicago. The committee was requested to continue its study on ways and means on this forward step and to report its findings at the next Central Committee meeting in December. Members were urged to discuss the possibilities with their groups.

## WEST SIDE TRAINING

A new training center has been started at Benders Home, 8023 Detroit Ave., which meets Sunday evenings at 8:00 o'clock. If you have any candidates who are uncertain, bring them to these training meetings. Nine men were indoctrinated last week, two of them coming in without benefit of hospitalization.

## DOAN DATA

Under the able direction of Chairman Ellis J., our meetings attracted a record number of people. 633 attended four meetings, with 176 attending one evening. Congratulations, Ellis, for securing such fine speakers and for publicizing the meetings as well as you did. We are proud of our quarters since the painting, renovating and redecorating is nearing completion. The Venetian blinds add greatly to the beauty of the room.

Our Sunday training meetings continue to be successful. These have attracted from 33 to 65 during last month and 9 new members found their new way of life. Not all these attached themselves to our group, as we continue our policy to make these training meetings available to all groups to bring their prospects.

## WARRENSVILLE WORKHOUSE

Bill M. led a very impressive and forceful meeting at the Workhouse, where 34 visiting AA's and 130 inmates attended. The response after the meeting showed how Bill hit home with his story and his solution to their dilemma. An orchid to you, Bill.

## THURSDAY LEE ROAD ROUND TABLE

One of the finest round table discussions held in Cleveland was that held by this group on Oct. 26th. The all-star cast was composed of Dr. T., Fred S., Dick S. and Pat S. The cast was subjected to the toughest questioning of this writer's experience, and came through with such brilliance that we regret that stenographic copies weren't made of the questions and answers. It was a treat long to be remembered, and did much to stiffen the determination of the listeners to carry on.

## EUCLID VILLAGE

The Euclid Village Group issues an invitation through these columns to attend a Fish Fry which that group will give on Friday, December 8th, in conjunction with their meeting. Naturally reservations should be made in advance. There will be no charge. Advise Larry \_\_\_\_\_ at Ivanhoe 5042 if you are coming. A good speaker has been scheduled.

## BEDFORD ANNIVERSARY

The Bedford Group celebrated its first anniversary on Nov. 8th with a fine speaker from Akron. George P. and Ken V. A. were co-founders of this group, which has grown to 21 actual members, not counting the wives and sweethearts who attend.

The friend who serves, and seeks for gain,

And follows but for form,

Will pack when it begins to rain,

And leave you in the storm.

The stork that brought some people should have been arrested for smuggling dope.



OUT OF TOWN MEETINGS

GROUP MEETINGS

MONDAY

AKRON MEN'S GROUP-199 E. Market Street... 8:30  
 ASHTABULA. O.—Linne Hall, 8403 Station Ave.-except 2nd Mon. 8:00  
 BARBERTON. O., Homes of group members... 8:30  
 ERIE, PA., Perry Group, 1110 Parade St. 3:00  
 DETROIT, MICH., North-We & Group (Instruction Meeting).  
 10216 Plymouth... 9:00  
 STEUBENVILLE, O.-Y. M. C. A., North 4th St. 8:00  
 TOLEDO, O.—241½ Superior St. (2nd Floor)... 8:30  
 TUSCARAWAS COUNTY, Alternate each Monday in YMCA's at  
 Urichsville, O. and Dover, O. 8:00

TUESDAY

AKRON, O., Morning, 891 E. Market St. 10:00 A. M.  
 AKRON, O., St. Vincent High School Auditorium, cor. Walnut &  
 w. Market St. 8:15  
 BELLEVUE, O., Geo. Garretson, 409 Sandusky St., Phone 26423... 8:00  
 CINCINNATI, 0.626 Broadway, Room 230... 8:30  
 DAYTON, O., Mutual Home Bldg. a.30  
 DAYTON, O.—9th Floor Gas & Electric Bldg... 8:30  
 DETROIT, MICH., East Group, Community Hall, E. Jefferson &  
 Manastique 8:30  
 MANSFIELD, O.-North Lake Park, Sec. Address, 175½ Lexington.  
 Mansfield 8:30  
 PITTSBURGH (E. Liberty)—E. Liberty Y. M. C. A. 8:30

WEDNESDAY

AKRON GROUP NO. 1—King School, W. Tallmadge at Aqueduct  
 Street 8:15  
 BEAVER, PA., Beaver Valley Group, Home of J. E. Pittinger... 8:00  
 BUFFALO NO. 1-96 Johnson Park... 8:00  
 BUFFALO, N. Y.—Johnson Park Group, 95 Johnson Park... 8:30  
 BUFFALO, N. Y.-North Buffalo Group, 2337 Fillmore at Main... 8:30  
 COLUMBUS MORNING GROUP-1636 Summit St. 8:00 P. M.  
 DAYTON, O., Lutheran Inner Mission, 4th & Commercial Sts. 8:30  
 DAYTON, O.-Christ Epis. Church (Parish House), 20 W. First St. 8:30  
 DETROIT, MICE., North-t Group, Olivet Lutheran Church,  
 19621 Van Dyke St. 9:00  
 DETROIT, MICH., Central Group, Hard of Hearing Hall, 4242  
 Cass Ave. 9:00  
 ELYRIA, O.—108 Middle Ave., "On the Square" (3d Floor)... 8:30  
 ERIE, PA., Lawrence Group, 316 Plumb St. 8:00  
 TOLEDO, O.—241½ Superior St. (2nd Floor)... 8:30  
 TOLEDO, O.—Morning Group, 241½ Superior St. (2nd Floor)... 10:00

THURSDAY

DAYTON, O., Members' Residences, Phone 9661 for information... 8:30  
 DAYTON, O.—Members' Residences, Phone ADams 9611 for  
 information 3:30  
 DETROIT, MICE., Northwest Group, Club Hall, 10216 Plymouth... 9:00  
 EAST AKRON—897 E. Market Street... a.00  
 THURSDAY STAG, COLUMBUS, O.—Broad St. Church of Christ,  
 21st and Broad St. 3:20  
 TOLEDO, O.-Highland Park Shelter House... 8:30

FRIDAY

AKRON, O., Night Group, Firestone Local Hall, So. Main St., just  
 south of Railroad Bridge... 8:00  
 AKRON, O., Noon Group, Bendel's, Howard 6 Mill St. 12:00 Noon  
 DETROIT, MICH., West Group, Club Hall, 10216 Plymouth... 9:00  
 DETROIT, MICE., Windsor Group, 66 Sandwich St., W., Windsor,  
 Ont., Canada 9:00  
 ERIE, PA.-Stag Group, Room 206, Ford Hotel 7:30  
 KENT, O., K. of C. Hall, No. Depuyster St. 3:30  
 PITTSBURGH (Downtown)—Chamber of Commerce Bldg. 8:30  
 TOLEDO, O.—241½ Superior St. (2nd Floor) 8:30

SATURDAY

CINCINNATI, O.—626 Broadway, Room 230 8:30  
 CUYAHOGA FALLS-2160 Fmmt Street 3:30  
 CANTON, O., I.O.O.F. Temple, 1439 Cleveland Ave. 8:30  
 CENTRAL, COLUMBUS, O.—I.O.O.F. Temple, 24 W. Goodale St. 8:30  
 NO. SIDE, COLUMBUS, O.—Olentangy Village, 2929 N. High St. 8:30  
 DAYTON, O.-Social Night-For location, Phone ADams 9611 for  
 information 3:30

SUNDAY

ASHTABULA, O.—Linne Hall, 3403 Station Ave.-preceding 2nd  
 Monday 5:00  
 BUFFALO NO. 1—95 Johnson Park 8:00  
 BUFFALO, N. Y.-Johnson Park Group, 96 Johnson Park 8:30  
 BUFFALO, N. Y.-North Buffalo Group, 2337 Fillmore at Main 8:00  
 DAYTON, O., 9th Floor Gas & Electric Bldg. 3:00  
 DETROIT, MICH., Church of The Messiah, E. Grand Blvd. &  
 Lafayette 3:00  
 DETROIT, MICH., Windsor Group, 65 Sandwich St., W. Windsor,  
 Canada 2:80  
 LISBON, O., Columbiana Group, American Legion Hall 8:00  
 INDIANAPOLIS, IND.—Riley Hotel, Capitol Ave. & 16th St.  
 (Breakfast) 9:00 A. M.  
 Weekly meetings Mon., Wed., Thurs., Friday in homes of  
 members. Telephone Franklin 2743.  
 PITTSBURGH (No. Side)-North Side Y. M. C. A. 2:00  
 DETROIT, MICH., AA Club of Detroit, 14 W. Milwaukee Ave., open  
 from 11:00 A. M. to 11:00 P. M.

MONDAY

BORTON—13931 Euclid Ave. 8:46  
 GCENVILLE WOMEN'S—10421 St. Clair Ave. 8:30  
 LAKEWOOD-Townsend Hall, 16903 Detroit Ave. 8:30  
 LAKEWOOD MEETS-St. Peter's Episcopal, W. Clifton and Detroit. 8:30  
 LAKE SHORE—Lake Shore Hotel, Dinner at 7:30, Meeting at... 8:30  
 LEE ROAD-1627 Lee Road 8:30  
 LORAIN AVE.—Banater Hall Annex, W. 120th at Lorain 8:30  
 UNION AVENUE+12907 Union Ave. 8:30  
 SHAKER HEIGHTS—Christ Episcopal Church, 3451 Warrenville  
 Center Rd. 8:30  
 SOUTH EAST GROUP-10203 Miles Ave. 8:30  
 WEST 25TH ST.-Marvel Hall, 2353 W. 26th St. 8:30  
 SOUTH AMHERST—Congregational Church Basement... 8:30  
 WILLOUGHBY-Presbyterian Chumh, Willoughby, O. 8:30

TUESDAY

BROOKLYN-PARMA- Pearl Rd. 8:30  
 EUCLID-WADE&Emmanuel Church (Rear), 3614 Euclid... 8:30  
 PUBLIC SQUARE-Hotel Cleveland (See Bulletin Board) 8:30  
 WEST SIDE MEN'S—St. Patrick's Hall, Bridge Ave. near W. 38th 8:30

WEDNESDAY

CROOKLYN-K. of P. Hall, Broadview and Pearl Rd. 8:30  
 COLLINWOOD-14709 St. Clair Ave. 8:30  
 DENISON—St. Phillips Hall, 3290 Denison Ave. 8:30  
 DOAN MEN'S—2028 E. 106th St. 8:45  
 LEE ROAD—Mayfield and Preyer, Heights Presbyterian Church... 8:30  
 WOMEN'S (Lakewood)—12214 Detroit Ave. 8:30  
 YOUNG PEOPLE'S-West Side Evangelical Hall, W. 38th & Bridge 3:30  
 BEDFORD, O.-Y. M. C. A., Tarbell Ave. 8:30  
 ELYRIA, O.—108 Middle Ave.. P. O. Box 491. On the Square 8:30

THURSDAY

ARCADE—601 The Arcade 8:00  
 GLENVILLE—10421 St. Clair... 8:30  
 LEE ROAD-1627 Lee Road 8:30  
 LORAIN AVE.—Banater Hall Anna, W. 120th St. at Lorain... 8:30  
 WARRENSVILLE, Workhouse Chapel—1st Thurs. each mo. 7:00 P.M.  
 PAINESVILLE, O.-Annex, First Congregational Church, Mentor,  
 and Liberty Sts. 3:30  
 LORAIN, O.—Antlers Hotel 8:30

FRIDAY

CORDON SQUARE—St. Helena's Church Hall, 1367 W. 66th St. 8:30  
 LEE ROAD-1827 Lee Road 8:30  
 PEARL-Good Counsel Hall, 4427 Pearl Rd. 8:30  
 ROCKY RIVER-St. Christopher's Hall Lakeview off Detroit Rd. 8:30  
 AVON LAKE—1112 W. Erie St., Lorain, O. 8:30  
 BEREA—Social mom of Berea Cong. Chumh, Seminary and Church  
 Sta. 3:30  
 EUCLID, O.-St. Paul's Church E. 200th St. off St. Clair... 8:30

SATURDAY

GLENVILLE—10421 St. Clair... 8:30  
 W. S. SOCIAL CLUB, 4427 Pearl Road... 8:00

SUNDAY

COLLINWOOD-14709 St. Clair Avenue 7:30  
 DOAN MEN'S TRAINING MEETING-2023 E. 106th St. 8:00  
 PARKWOOD- Superior Ave. 8:00

1ST TUESDAY EVERY MONTE

CENTRAL COMMITTEE—Hanna Building Room 370... 8:30

LAST TUESDAY EVERY MONTH

CENTRAL HOSPITAL COMMITTEE—Hanna Bldg., Room 270... 8:30

MORNING MEETINGS

Monday Mornings

BOLTON SQUARE-2023 E. 106th St. 10:00 A. M.

Wednesday Mornings

COLLINWOOD-14709 St. Clair Ave. 10:00 A. M.

Thursday Mornings

WEST SIDE-7403 Denison Ave. 10:00 A. M.

Friday Mornings

SUNRISE BREAKFAST GROUP-10421 St. Clair.  
 Breakfast 3:00 A. M.-Meeting 9:00 A. M.

VERSE, WORSE

The horse and mule live thirty years  
 And nothing know of wine and beers.

The goat and sheep at twenty die  
 And never taste of Scotch or rye.

The cows drink water by the ton  
 And at eighteen are mostly done.

The dog at fifteen cashes in  
 Without the aid of rum and gin.

The cat in milk and water soaks  
 And then at twelve short years it croaks.

The modest, sober, bone-dry hen  
 Lays eggs for nogs, then dies at ten.

All animals are strictly dry;  
 They sinless live, and sinless die.

But sinful, ginful, rum-soaked men  
 Survive for three score years and ten.

"Four things a man must learn to do  
 If he would make his record true;  
 To think without confusion clearly;  
 To love his fellow men sincerely;  
 To act from honest motives purely;  
 To trust in God and Heaven securely."  
 Henry Van Dyke.

# CENTRAL BULLETIN

VOL. III-No. 3

BOX 1638, STATION C, CLEVELAND, OHIO

December, 1944

SUBSCRIPTION PRICE \$1.00 PER YEAR

TEN CENTS PER COPY

## Season's Greetings

Yes, it's in the air! The Spirit of Christmas once more warms this poor distraught world. Over the whole globe millions are looking forward to the one day when strife can be forgotten, when it will be remembered that all human beings, even the least, are loved by God; when men will hope for the coming of the Prince of Peace as they never hoped before.

But there is another world which is not poor. Neither is it distraught. It is the world of Alcoholics Anonymous, where thousands dwell happily and secure. Secure because each of us, in his own way, knows a Greater Power Who is Love, Who is Just and Who can be Trusted.

Nor can men and women of AA ever forget that

*The Central Bulletin editors could find no finer way to express their wishes than to hitch their greetings to the above. They are just as sincere.*

*only through suffering* did they find enough humility to enter the portals of that New World. How privileged we are to understand so well the divine paradox that strength rises from weakness, that humiliation goes before resurrection; that pain is not only the price but the very touchstone of spiritual rebirth.

Knowing its full worth and purpose, we can no longer fear adversity; we have found prosperity where there was poverty; peace and joy have sprung out of the very midst of chaos.

Great indeed, our blessings!

And so-Merry Christmas to you all-from the Trustees, from Bobbie and from Lois and me.

BILL WILSON.

## Editorial

This is the season of the rebirth of the Light of the World, a time of beginnings and dedication, a time of happy feasting and of thoughtful reflection.

In the center of our celebration is the Word That Was Made Flesh, the Nazarene prophet who spoke with the voice of the Supreme Power and brought us a message of hope and comfort. The message of that Nazarene is important to us all.

AA is not a religion, but its fundamental principle is religious in that it directs us to place our lives in the hands of a Power greater than our own, as we understand that power. The A.A. group teaches us how to deal with a special problem, but the individual finds his contact with external power according to his understanding. Yet, anyone who has thought about the AA program and the Twelve Steps must realize that the inspiration came from the Christian teachings.

We are not alone. In all times, men and women who have been beaten in the struggles of life, who have met disappointment and disaster, whose pursuit of their own wills has led them into quicksands of trouble, have found help in the Supreme Power.

Particularly have these people, as well as we, found help in the word of the Supreme Power that was brought to troubled mankind through the Nazarene. From him we learned that we could be born again, if we willed to break with the past. We could build new lives based upon the will of the Supreme Power rather than upon our own wills. We could lift off the old burdens, if we repented of our errors and sought to live better lives. And we could learn from this teaching how to win peace. The teaching is so simple that any child can understand it. But the lessons are hard for the self-willed.

Most of us who have been in AA for some little time have gotten over the fear to confess God and most of us have gotten over the fear to confess Christ. And many of us have found help not only in daily meditation but also in weekly worship in the churches of our choice, and there we have found inspiration in the words that came from the mouth of God.

The holidays that are with us now are holy days, days set aside to the glory of God. Since they are traditionally days of feasting, by all means let us enjoy ourselves. But let us, too, meditate on the source of our help in the new way of life we have found. Let us seek to perfect ourselves in the details of our actions so that we do no harm to any-

*(Continued on page two)*

## Character

"As we sow, so shall we reap-As we sow repeated acts, we will reap a habit; if we sow a habit, we will reap a character; if we sow a character, we will sow a destiny."

We heard the above quotation at a recent meeting we attended and wondered whether the full significance of the meaning of the passage had hit the audience as it hit us. As we sow, so shall we reap! How trite that phrase seemed to us while we were developing our characters.

Most of us as we made our daily trek to the saloon or took our daily nip in our homes never worried about the developing of this habit, because we believed we had it under perfect control-we were doing what neighbor Jones had been doing all his life, and we found pleasure in what we considered an innocent pastime. It was abundantly good living.

If occasionally we did go to excesses, these occasions were far enough apart to cause little disruption in our lives. And if on these occasions we were censured! first mildly and then severely by family or employer, we in our egocentricity did nothing about the habit but make the typical alcoholic's vows "not to drink so much the next time." We seldom if ever vowed to quit the habit altogether.

As the habit grew, we became tricky and clever and started developing the alcoholic character. A character of unreliability, untrustworthiness, unfaithfulness, truthlessness and selfishness. And as our intimates tried to help us with warnings or threats our behavior became worse, our ideals were lowered, our values debased and our complete character was foreign to anything our friends and intimates had known. We didn't even know ourselves.

So we were sowing a destiny. A destiny which none of us wanted and all of us feared. A destiny which we had no control of. Our false pride wouldn't admit defeat except on the occasions when nature took its toll after too much abuse.

During these moments remorse would sear our soul, but our well nurtured habit would offer the only succor we could think of. Oblivion! It was probably during one of these moments that the friendly hand of AA was offered us and gave us the chance to plough over our field and reseed ourselves with right thoughts, high ideals and unselfish acts.

We have changed our destiny by humbly accepting the only way of life-the way of life which AA has taught us and developed us.

We thank God for His benign goodness.

## EDITORIAL

*(Continued from page one)*

one, so that we learn the benefits of self-denial and the joys of giving help to others.

A merry Christmas to all, and to all of us reborn in AA, a happy, spiritually prosperous new year, in which we may find, 24 hours a time, the means of **perfecting** ourselves in this new life!

## THE SPIRITUAL PHASE OF AA

The Spiritual Phase of AA to me, is a conscious experience. Not **necessarily** an elaborate or striking affair, but a sincere desire to know, to feel, to grow in a conscious scope and power toward sobriety.

It **comes** when an alcoholic, of his own **choice**, consciously changes his way of life, to a noble choice of Christian ideals.

A nourishing change of heart, to a new Way of Life, the AA Way.

There, you **see**, is a spiritual experience, a new ability, new might, **seeking** from a Power greater than yourself, the help that you need to carry on this new way of life. It changes weak and dispirited consciousness into strong, energetic will.

It is not enough to say that spirit is a conscious experience. It must be a noble emotion, directed toward the **un**-building of character as a whole in yourself and in others.

Its nobility lies in its scope, its rationality, its unselfishness, and its devotion to ideals. It is a movement of the mind away from the lower levels to higher ideals which will fit into our new personality.

It is not necessarily spiritual if it be regarded merely as one more interest and leaves our worldly habits **un**-changed. It may **have** to be mechanical at first. It does not become spiritual until it actually **ennobles** our life, and relates it to the Plan and Purposes of the AA Way of Life.

Nothing is **more** of a travesty on the Spiritual Power of AA, than a meager, poverty-stricken attitude, which is hardly more than a symbol. It must be sufficient, adequate, and must help us to discover the possibilities of the AA plan and help us to live up to the ideals for which it was formed.

A Rational Spiritual Experience means being consistent and normal in our behavior.

Neither Faith nor Emotion need be unreasonable. Being irrational is being deliberately exclusive, it closes our eyes to facts and **truth**, and is inconsistent.

From this definition, it is clear that the Spiritual Phase of AA is rational, inclusive, consistent and orderly.

It is a principle of self-control by ideals. Spirit, then, is Power, Inspiration, Freedom, and can be identified by its conformity to Ideals of Goodness, Faith, Honesty, and Reverence, and to our four absolutes.

## NEW YEAR'S EVE PARTIES

Many New Year's eve parties will be held in the Cleveland area by AA groups and instead of making individual stories of them we will group them in this article.

## East Side

Euclid Wade holds forth at Emmanuel Hall, Euclid at E. 86th Street.

Union group has plans for their usual "humdinger" in their **hall**.

**Doan** Men's combine with the **Bolton** Morning Group in a well planned mixed party at their hall, 2028 E. 105th Street.

## West Side

Combined party at St. Wendelin's Hall, Columbus Road and W. 25th Street.

Combined **party** at St. Christopher's Hall, **Lakeview** Ave. near Detroit **Rd.**, Rocky River.

Annual **Lorain** County party will be held on Saturday, December 30th at Victory Hall, 108 Middle Avenue, Elyria.

We trust that we have not overlooked any group's activities. We **can** only list those who have notified the Bulletin or who have contacted the editors personally. A grand time is promised by each of the above groups with dancing and vaudeville and cards and food at each party.

Advice from a father to his son—"Listen, son, whatever happens, you just take a good hard look at yourself and ask yourself what kind of a country this would be if everyone in it was just like you."

## DOWNTOWN OFFICE

An open letter to each member of AA was **delivered** to each group, together with pledge cards, **explaining** the plan, the need and desirability of establishing a **central** office with a paid secretary to facilitate the work of handling the AA **calls** more promptly and efficiently. The response has been gratifying, and the establishment of the **office** appears to be a certainty at the present writing.

## SPONSORSHIP MONTH

The importance of good sponsorship cannot be emphasized enough and the month of January has been designated as a month in which this necessity be stressed by all leaders in all groups at all meetings.

Just a casual, though sympathetic interest in helping a drunk isn't enough. Each individual must be given a thorough knowledge of what he is embracing. Faulty sponsorship is the cause of most slips, and each member of AA who treasures his own sobriety should think twice before he assumes the responsibility of bringing a **suffering** fellow being to sanity.

The book on **sponsorship** should be studied and fully understood by every member of AA. It outlines general procedure and thorough handling of each prospect, and if everyone reads it and applies what he reads the prospect is successful and happy and so is the sponsor. Emphasize sponsorship in all January meetings.

## HOSPITAL COMMITTEE

The Hospital Committee, composed of six members, will work on the principle that we are equally responsible to the patient, the sponsor, and the hospital.

A meeting of the Hospital Committee was held on Tuesday, **October 31**, at which time many points were discussed, the most important following:

1. We were all agreed that the hospital situation in Cleveland was not completely satisfactory.
2. We also agreed that due to the fact that hospitals and nursing homes were business enterprises, it was necessary for them to operate at a reasonable profit.
3. We feel that any good accomplished must come from AA as an organization and individuals, rather than from the Hospital Committee.
4. Some hospitals were admitting prospects without sponsorship.
5. Some hospitals were not careful in making advance arrangements for payment of hospital fees. These establishments were inclined to criticize AA when in **reality** it was the fault of the hospital or nursing home.
6. Chronic repeaters are admitted to these hospitalizing establishments many times (as many as twenty times within a year), without any apparent interest or desire to follow the program. Knowing these facts, some hospitals continue to accept this type of patient.

The Committee suggests the following remedial measures:

1. The Hospital Committee will personally call upon hospitals to discuss measures of correcting undesirable conditions.
2. All complaints from individuals or groups should be submitted **IN WRITING** to the Hospital Committee. These complaints should be specific in nature and based on fact, and will be considered confidential. All complaints will be investigated and a report furnished to the individual concerned. We feel strongly that this method will be much more effective and **satisfactory** to everyone **concerned**—than loose talk, rumors and vague and groundless accusations.
3. The Committee suggests that each group impress upon its members the importance of intelligent sponsorship, along with the facts that the sponsor has a financial, as well as moral obligation, when the **patient** is admitted.
4. That a copy of this report be sent to each institution accepting patients under the AA program.

The Committee asks your patience and welcomes those suggestions submitted in writing.

**Don't take that first drink!**

## A NEW GROUP STARTED

There has been a new Group started in Tuscarawas County known as the **TUSCARAWAS COUNTY GROUP OF AA.**

The first meeting was held in the Assembly Hall on the 2nd Floor of The Tuscarawas Savings & Loan Building in New Philadelphia, across from the Bus Station on the night of December 4.

George O'H., of Columbus Group, was the lender, and did a swell job.

This Group will meet at the above address on Monday night at 8:00 EST of each week for the time being. A permanent location will be decided upon in the very near future? and further notice will soon appear in The Central Bulletin.

All AA's are most cordially invited to these meetings, of course, and correspondence should be addressed to Box 241, Dover, Ohio.

## OBERLIN'S NEW-BORN BABE

Oberlin, Ohio, gave birth to its first AA Group, 8:30 p. m. Saturday, December 9, at the American Legion Hall.

Approximately seventy members and their happy families, comprising the combined Lorain County fellowship, attended the Sponsorship services.

Our very able and qualified AA "hustler," Harry W. of the Lake Shore Group, led and—was he hot-boys, oh, boys.

Congratulations to you and yours, Dan F., for putting Oberlin on the AA map.

That Oberlin will be proud of you and your Group's future AA activities and success, of that we are confident.

## COUNTY WELFARE LEVY

Your attention is called to a community responsibility that must be performed on Thursday, December the 28th, at which time a special election is to be held for the County 1.4 mill Welfare Levy.

The care of the dependent and neglected children: the crippled and disabled; the ex-service man and his dependent family; the chronically ill; the tuberculous person; the indigent sick; the blind and kindred necessary welfare services is an obligation imposed by law. It is non-political and non-controversial.

All our members should be sympathetic to a cause that is so worthy. Our efforts should always be bent upon the prospects of rehabilitation among our less fortunate neighbor.

This department urges all who have a favorable attitude to vote for the County Welfare Levy on Thursday, December the 28th.

## WILLOUGHBY-PAINESVILLE

On Sunday, December 17th, 106 people were served at a pot-luck supper which these groups combined to put on. The usual custom was reversed. The men planned and prepared the meal and honestly did a magnificent job. They set a standard for the ladies which will be difficult for them to maintain. Proper caloric balance, vitamin content—and correct serving procedure. All these were done to a nicety, and are the ladies envious! May put them on their toes to preserve their inalienable feminine prerogatory.

The menu included succulent Swiss steak, perfectly mashed potatoes, delicious vegetables, coffee (nectar, for a change), ice cream and cake, and flowers for the ladies.

Yes, your reporter was one of the cooks.

## LORAIN COUNTY NEWS

Our New Year's Eve party is mentioned in the general listing, but we do wish to issue our cordial invitation to attend our regular monthly joint meeting in Elyria of the four groups in Lorain County on Sunday evening, January 7th, at 108 Middle Avenue.

The AA movement is continuing with a steadily increasing, harmonious fellowship.

The Lorain-Antlers Thursday Group have changed their meeting night as well as their location. They now meet at 8 p. m. Tuesdays in Community Hall, 23rd and Beach Sts., Lorain, O.

## SALVATION ARMY

Each group in Cleveland has been invited to hold a meeting at Salvation Army for the benefit of that splendid welfare group which attracts people who have lost all hope and faith, and the effort has brought happy results. This Program is operated by an AA member as a service to the Salvation Army. They meet now every Tuesday evening at 8:00 o'clock.

## DOAN DATA

Byron F. was in charge for November, and maintained our high standard of speakers . . . Our attendance continues to be "capacity" . . . Our stag members are looking forward to having their wives and children attend the New Year's Eve party. . . It will be the first time since the Doan Group was formed . . . Sunday Training meetings are still well attended, and the invitation is repeated to all groups to bring their prospects to this open Sunday discussion or indoctrination.

## WARRENSVILLE WORKHOUSE

Bili McG. delivered a splendid and convincing talk to the inmates of the workhouse. Only 14 AA's attended, and even though the weather was inclement, more should have attended, as there were plenty of questions to be answered by many individuals who desired information. More groups should send members to serve this needy cause.

## AA MINSTRELS

The first rehearsal of the AA Minstrels was held on Friday, December 1st, and was well attended.

All groups have been contacted to send their best talent so that the 1945 show will be a greater success than that of 1944. Rehearsals are held at Emmanuel Church Hall, Euclid and East 86th Street, on Fridays at 8:00 p. m.

## MONDAY NIGHT LORAIN GROUP

Two very fine leads in the past month were given by our own Fred T. and Jack H. . . .

Hats off . . . to Tom Q. who is doing a swell job in our neighboring city of Akron . . . To Gar J. whose 209 high game and 521 series bid a farewell for awhile. . . God speed him a quick recovery. New faces have studied our audience of late. Keep up the good work, boys. . . More question bees as was held Thanksgiving Eve will be welcomed.

On behalf of the group in the name of AA we want to extend to all our most fondest wishes for a very Merry Christmas and a Prosperous New Year.

## AA HELPS CALIFORNIA INMATES

About a year ago a committee of AA's from Los Angeles was invited to Chino (The California Institution for Men) for the purpose of inaugurating a group among the inmates of the Institution.

Since that time other states have followed the lead of California by accepting the AA program as a definite part of their rehabilitation plan.

Many inmates who found AA here and at San Quentin Prison, have long since been paroled and we are proud of the statistics which show that AA does work—even in a prison or institution.

True, we cannot secure a drink here, even if we wanted to, but we can lay the foundation of assurance against that FIRST DRINK. The inmates of California's penal institutions are deeply grateful to the many AA groups of this State for their help in making possible a union of good-fellowship between society and the ex-convict.

I have read your fine publication and I must confess, I refer to it often during our meetings. If it is not too great an imposition, we would appreciate a few back numbers.

I have enclosed a copy of an article, composed mostly by Warden Clinton T. Duffy, which may give you an insight of AA in action from "within".

Editor's Note: We have on file at the Bulletin office the excellent article referred to above and it is available to any group which cares to discuss it. We in Cleveland are following a plan at Warrensville and it ties up in general with the Chino plan.

We like particularly and quote the last paragraph of the article, viz: "I have found the answer to my misery and troubled mind in this fine work that I find myself a part of in Chino. The economics of my system are up to par; I now hold my head high; my sense of humor tingles within me; I love to play; I love to work; I am 'dead sure' about a Higher Power; I am confident of my future; I can begin again; I salute all you AA's out there who have contributed so much to humanity as a whole and to me in particular."

### TOWN MEETINGS

#### MONDAY

AKRON MEN'S GROUP-199 E. Market Street. . . . . 8:30  
 ASHTABULA, O.—Linne Hall, 3403 Station Ave.—except 2nd You. 8:00  
 BARBERTON, O., Homes of group members. . . . . 8:30  
 ERIE, PA., Perry Group, 1110 Parade St. . . . . 8:00  
 DETROIT, MICH., North-West Group (Instruction Meeting),  
 10216 Plymouth . . . . . 9:00  
 STEUBENVILLE, O.-Y. M. C. A., North 4th St. . . . . 8:00  
 TOLEDO, O.—241½ Superior St. (2nd Floor). . . . . 8:30  
 NEW PHILADELPHIA, O.—Tuscarawas County Group. Assembly  
 Hall, 2nd floor Tuscarawas Savings & Loan Bldg. . . . . 8:00

#### TUESDAY

AKRON, O., Morning, 897 E. Market St. . . . . 10:00 A. M.  
 AKRON, O., St. Vincent High School Auditorium, cor. Walnut &  
 W. Market St. . . . . 8:15  
 BELLEVUE, O.—Sumner C. Fehl. Sec'y, 600 E. Center St.; YMCA  
 Hall . . . . . 8:00  
 CINCINNATI, O.—626 Broadway, Room 230. . . . . 8:30  
 DAYTON, O., Mutual Home Bldg. . . . . 8:30  
 DAYTON, O.—9th Floor Gas & Electric Bldg. . . . . 8:30  
 DETROIT, MICH., East Group, Community Hall, E. Jefferson &  
 Manastique . . . . . 8:30  
 MANSFIELD, O.—North Lake Park. Sec. Address, 175½ Lexington,  
 Mansfield . . . . . 8:30  
 PITTSBURGH (E. Liberty)—E. Liberty Y. M. C. A. . . . . 8:30

#### WEDNESDAY

AKRON GROUP NO. 1—King School, W. Tallmadge at Aqueduct.  
 Street . . . . . 8:15  
 BEAVER, PA., Beaver Valley Group, Home of J. E. Pittinger. . . . . 8:00  
 BUFFALO, N. O. 1—95 Johnson Park. . . . . 8:00  
 BUFFALO, N. Y.—Johnson Park Group, 95 Johnson Park. . . . . 8:30  
 BUFFALO, N. Y.—North Buffalo Group, 2367 Fillmore at Main. . . . . 8:30  
 COLUMBUS MORNING GROUP—1686 Summit St. . . . . 1:00 P. M.  
 DAYTON, O., Lutheran Inner Mission, 4th & Commercial Sts. . . . . 8:30  
 DAYTON, O.—Christ Epis. Church (Parish House), 20 W. First St. 8:30  
 DETROIT, MICH., Northeast Group, Olivet Lutheran Church,  
 19521 Van Dyke St. . . . . 9:00  
 DETROIT, MICH., Central Group, Hard of Hearing Hall, 4242  
 Cass Ave. . . . . 9:00  
 ELYRIA, O.—108 Middle Ave., "On the Square" (3d Floor). . . . . 8:30  
 ERIE, PA., Lawrence Group, 315 Plumb St. . . . . 8:00  
 TOLEDO, O.—241½ Superior St. (2nd Floor). . . . . 8:30  
 TOLEDO, O.—Morning Group, 241½ Superior St. (2nd Floor). . . . . 10:00  
 WARREN, O.—Welsh Club, High St. (except second Wednesday). 8:30  
 YOUNGSTOWN, O.—Southside Group, 60 W. Indianola. . . . . 8:30

#### THURSDAY

CINCINNATI, O.—Training Meeting, 626 Broadway, Room 230. . . . . 8:00  
 DAYTON, O., Members' Residences, Phone 9661 for information. . . . . 8:30  
 LAYTON, O.—Members' Residences, Phone ADams 9611 for  
 information . . . . . 8:30  
 DETROIT, MICH., Northwest Group, Club Hall, 10216 Plymouth. . . . . 9:00  
 EAST AKRON-897 E. Market Street. . . . . 8:00  
 THURSDAY STAG, COLUMBUS, O.—Broad St. Church of Christ,  
 21st end Broad St. . . . . 8:30  
 TOLEDO, O.—Highland Park Shelter House. . . . . 8:30  
 WARREN, O.—Welsh Club, High St. (second Thurs. in month only). 8:30

#### FRIDAY

AKRON, O., Night Group, Firestone Local Hall, So. Main St., just  
 south of Railroad Bridge . . . . . 8:00  
 AKRON, O., Noon Group, Bendel's, Howard & Mill St. . . . . 12:00 Noon  
 DETROIT, MICH., West Group, Club Hall, 10216 Plymouth. . . . . 9:00  
 DETROIT, MICH., Windsor Group, 65 Sandwich St., W., Windsor,  
 Out., Canada . . . . . 9:00  
 ERIE, PA.—Stag Group, Room 206, Ford Hotel . . . . . 7:30  
 KENT, O., K. of C. Hall, No. Deputy St. . . . . 8:30  
 PITTSBURGH, PA.—Downtown-Keystone Hotel . . . . . 8:30  
 TOLEDO, O.—241½ Superior St. (2nd Floor). . . . . 8:30

#### SATURDAY

CINCINNATI, O.—626 Broadway, Room 230. . . . . 9:00  
 CUYAHOGA FALLS-2160 Front Street. . . . . 8:30  
 CANTON, O., I.O.O.F. Temple, 1439 Cleveland Ave. . . . . 8:30  
 CENTRAL, COLUMBUS, O.—I.O.O.F. Temple, 24 W. Goodale St. . . . . 8:30  
 NO. SIDE, COLUMBUS, O.—Olentany Village, 2929 N. High St. . . . . 8:30  
 OBERLIN, O.—Legion Hall, North Main St. . . . . 8:00  
 DAYTON, O.—Social Night-For location, Phone ADams 9611 for  
 information . . . . . 8:30

#### SUNDAY

ASHTABULA, O.—Linne Hall, 3403 Station Ave.—preceding 2nd  
 Monday . . . . . 5:00  
 BUFFALO, N. O. 1—95 Johnson Park. . . . . 8:00  
 BUFFALO, N. Y.—Johnson Park Group, 95 Johnson Park. . . . . 8:30  
 BUFFALO, N. Y.—North Buffalo Group, 2367 Fillmore at Mau. . . . . 8:00  
 DAYTON, O., 9th Floor Gas & Electric Bldg. . . . . 8:00  
 DETROIT, MICH., Church of The Messiah, E. Grand Blvd. &  
 Lafayette . . . . . 8:00  
 DETROIT, MICH., Windsor Group, 65 Sandwich St., W., Windsor,  
 Canada . . . . . 2:30  
 LISBON, O., Columbiana Group, American Legion Hall. . . . . 8:00  
 INDIANAPOLIS, IND.—Riley Hotel, Capital Ave. & 16th St. . . . . 9:00 A. M.  
 (Breakfast)  
 Weekly meetings Mon., Wed., Thurs., Friday in homes of  
 members. Telephone Franklin 2743.  
 PITTSBURGH, PA.—Corapolis YMCA . . . . . 2:30  
 PITTSBURGH (No. Side)—North Side Y. M. C. A. . . . . 2:00  
 YOUNGSTOWN, O.—34 W. Spring St. . . . . 8:00  
 DETROIT, MICH., AA Club of Detroit, 14 W. Milwaukee Ave., open  
 from 11:00 A. M. to 11:00 P. M.

### GROUP MEETINGS

#### MONDAY

BORTON—13931 Euclid Ave. . . . . 8:45  
 GLENVILLE WOMEN'S 10421 St. Clair Ave. . . . . 8:30  
 LAKEWOOD-Townsend Hall, 16993 Detroit Ave. . . . . 8:30  
 LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit. . . . . 8:30  
 LAKE SHORE-Lake Shore Hotel, Dinner at 7:30, Meeting et. . . . . 8:30  
 LEE ROAD-1637 Lee Road . . . . . 8:00  
 LORAIN AVE.—Banater Hall Annex, W. 120th at Lorain. . . . . 8:30  
 UNION AVENUE-12907 Union Ave. . . . . 8:30  
 SHAKER HEIGHTS—Christ Episcopal Church, 3411 Warrenville  
 Center Rd. . . . . 8:30  
 SOUTH EAST GROUP-10203 Miles Ave. . . . . 8:30  
 WEST 25TH ST.—Marvel Hall, 2868 W. 25th St. . . . . 8:30  
 SOUTH AMHERST—Congregational Church Basement. . . . . 8:30  
 WILLOUGHBY-Presbyterian Church, Willoughby, O. . . . . 8:30

#### TUESDAY

BROOKLYN—PARMA—4427 Pearl Rd. . . . . 8:30  
 EUCLID-WADE-Emmanuel Church (Rear), 8614 Euclid. . . . . 8:30  
 PUBLIC SQUARE-Hotel Cleveland (See Bulletin Board). . . . . 8:30  
 SALVATION ARMY—E. 9th and Eagle. . . . . 8:00  
 WEST SIDE MEN'S—St. Patrick's Hall, Bridge Ave. near W. 38th. 8:30  
 LORAIN, O.—Community Hull, 23rd and Beech Sts. . . . . 8:00

#### WEDNESDAY

BROOKLYN-K. of P. Hall, Broadview and Pearl Rd. . . . . 8:30  
 COLLINWOOD-14709 St. Clair Ave. . . . . 8:30  
 DENISON—St. Phillips Hall, 3290 Denison Ave. . . . . 8:30  
 DOAN MEN'S—2028 E. 106th St. . . . . 8:45  
 LEE ROAD—Mayfield and Preyer, Heights Presbyterian Church. . . . . 8:30  
 WOMEN'S (Lakewood)—12214 Detroit Ave. . . . . 8:30  
 YOUNG PEOPLE'S—West Side Evangelical Hall, W. 38th & Bridge. 8:30  
 BEDFORD, C.-Y. M. C. A., Tarbell Ave. . . . . 8:30  
 ELYRIA, C-108 Middle Ave., P. O. Bon 491, On the Square. . . . . 8:30

#### THURSDAY

ARCADE-601 The Arcade . . . . . 8:00  
 GLENVILLE-10421 St. Clair. . . . . 8:30  
 LEE ROAD-1631 Lee Road. . . . . 8:30  
 LORAIN AVE.—Banater Hall Annex, W. 120th St. at Lorain. . . . . 8:30  
 WARRYNVILLE, Workhouse Chapel-1st Thurs. each mo. . . . . 7:00 P.M.  
 PAINESVILLE, O.—Annex, First Congregational Church, Mentor  
 and Liberty Sts. . . . . 8:30  
 LORAIN, O.—Antlers Hotel . . . . . 8:30

#### FRIDAY

GORDON SQUARE—St. Helena's Church Hall, 1367 W. 66th St. . . . . 8:30  
 LEE ROAD-1637 Lee Road. . . . . 8:30  
 PEARL—Good Counsel Hall, 4427 Pearl Rd. . . . . 8:30  
 ROCKY RIVER—St. Christopher's Hall Lakewood off Detroit Rd. . . . . 8:30  
 AVON LAKE-11112 W. Erie St., Lorain, O. . . . . 8:30  
 BEREA—Social room of Berea Cone. Church, Seminary and Church  
 Sts. . . . . 8:30  
 EUCLID, O.—St. Paul's Church E. 200th St. off St. Clair . . . . . 8:30

#### SATURDAY

GLENVILLE—10421 St. Clair. . . . . 8:30  
 W. S. SOCIAL CLUB, 4427 Pearl Road. . . . . 8:00

#### SUNDAY

COLLINWOOD-14709 St. Clair Avenue. . . . . 7:30  
 DOAN MEN'S TRAINING MEETING-2028 E. 106th St. . . . . 8:00  
 PARKWOOD—Superior Ave. . . . . 8:00

#### 1ST TUESDAY EVERY MONTH

CENTRAL COMMITTEE—Hanna Building Room 370. . . . . 8:30

#### LAST TUESDAY EVERY MONTH

CENTRAL HOSPITAL COMMITTEE—Hanna Bldg., Room 370. . . . . 8:30

#### MORNING MEETINGS

##### Monday Mornings

BOLTON SQUARE—2028 E. 106th St. . . . . 10:00 A. M.

##### Wednesday Mornings

COLLINWOOD—14709 St. Clair Ave. . . . . 10:00 A. M.

##### Thursday Mornings

WEST SIDE-7403 Denison Ave. . . . . 10:00 A. M.

##### Friday Mornings

SUNRISE BREAKFAST GROUP-10421 St. Clair.  
 Breakfast 8:00 A. M.—Meeting 9:00 A. M.

### AN EVERYDAY MAN SPEAKS

Teach me that 60 minutes make an hour, 16 ounces a pound, 100 cents make a dollar.

Help me to live that I can lie down at night with a clear conscience, without a gun under my pillow.

Grant that I may earn my meal ticket on the square, and in earning it may do unto others as they do unto me.

Guide me so that each night when I look across the table to my dear wife, who has been a blessing to me, I will have nothing to conceal.

Keep me young enough to laugh with little children and sympathetic enough to consider old age.

And when comes the day I must take leave of this earth—make the ceremony short and the inscription on the tombstone simply: "HERE LIES A MAN".

**Beware of that first drink !**