

CENTRAL BULLETIN



Vol. IX-No. 4

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TEN CENTS PER COPY

Never Say Hopeless

"You're wasting your time," said the old father. "It is fine of you to leave everything and try to do something, but it's hopeless."

We had just put the new candidate in a nursing home in a mellow mood. The conversation followed as we drove away.

"My dear sir, let's get it straight. I'm not wasting my time. Time taken by a dry alcoholic to help a lush one could not be better spent."

"Oh, you're being very decent about it," the elderly gentleman replied, "but we've tried everything for years."

"Everything but Alcoholics Anonymous," we went on. "Here there is hope of success. This we can demonstrate.

I can't guarantee that it will work in the case of your son, but the odds for probably the first time are in his favor."

"I hope you're right, but I will say you're taking time out from a busy life to no useful purpose. We've given up."

"If I didn't take time out for this sort of thing I wouldn't have a busy life. Otherwise I would be right back in the next bed to your son tonight."

"By helping men like your son, men like ourselves who have the same disease, we can keep sober. It is only when we get negligent, think we have all the answers and lower our guard that we waste time, for then we go right back where we were to the bottle, the bars and the dives."

"If you want to be cold blooded about it we could say that if the Alcoholics Anonymous program does not work with your son my time has not been wasted because by trying to do something for him I have kept myself sober."

"Should he catch on and I think the chances are very good—the time spent helping him becomes doubly valuable."

The father began to grasp the elements of the Twelve Steps and seemed half convinced. But the futility which gripped his mind, he had been through so much, was natural. Yet in nursing a sense of hopelessness he is not alone. It is found even among members of AA who have tried repeatedly to show a man the way without success. It crops out as impatience, not to say intolerance, with slippers. Yet, to allow ourselves to become subject to these feelings, is to be as ignorant of the trouble and the means that AA has devised to arrest it as the tired old man in the car. It shows that we still subconsciously view alcoholism as some sort of willful orneriness, as a sin, as a malicious trick on the part of the drinker rather than the disease it is.

It is not customary for physicians to say "the devil take him" about the patients who have recurrent attacks of some illness. Yet for a doctor to do so would be as sensible as for a member of AA to condemn a man that has difficulty finding the way or loses it after he once has started on it.

The Bible says something about a man's sins being forgiven him seventy times seven. We do not advocate this thought as a refuge for those who have not made up their minds to place their case in the hands of a Power

(Continued on page two)

Where Are We Heading?

The February meeting of Central Committee should prove a most important one as its delegates discuss the proposed General Service Conference suggested by the Alcoholic Foundation. Copies of the proposal which was issued in pamphlet form have been sent to every group secretary and it is hoped that every group has analyzed and studied its contents so that an intelligent discussion can be promised at the February 6th meeting in 370 Hanna Building.

That the proposal has been studied and analyzed by some groups in the Cleveland area is evident for we have received a surprising number of reactions-favorable and unfavorable. We have been requested to voice these opinions

in the columns of the Central Bulletin, but we believe this subject is of such importance and carries with it such great responsibility that should we venture our own opinion, we would be properly accused of abusing the trust placed in us as servants of the Cleveland area groups which comprise the Central Committee. We shall wait for instructions.

The Foundation is asking for the formation of a General Service Conference on the basis that since AA has grown to such great numbers, the fundamental principles could better be preserved if each area were represented by an elected delegate and which group of delegates would meet annually in shaping and preserving a consistent AA policy. Areas such as Ohio would have two delegates-one from the Cleveland area and one from the Columbus area. The selection or election of these delegates would be made at an open meeting.

We must keep in mind that problems which confronted the 100 or so when the hook was written are vastly different from those besetting the 120,000 comprising the Fellowship today. Already there have been serious disputes on interpretation in the larger urban areas. As AA grows in greater numbers, as any unselfish, great humanitarian agency will grow, we must be ever alert to safeguard our basic principles and preserve our integrity. The plan promises to bring the groups from all over the world into a more closely-knit band of preservers of our twelve Steps and twelve Traditions. Already we have lost one of our cherished Founders. Founders are perishable as are Trustees. We must have assurance that the principles which enhance AA be perpetuated. These principles are old, though new to us as we were given light to apply them.

The proposal has been remarkably prepared. It marks a decided change in policy to which we have been accustomed in our "years of acceptance." It is certainly a far cry from 12 years ago when the AA book made its appearance and when AA began its phenomenal growth. The "no dues, no organization, no officers, keep it simple" ideal which intrigued many of us in the beginning and a definite appeal to many as it emphasized the miracle of our fellowship, seemingly is being discarded as a penalty of growth. Will we lose our attraction and appeal by becoming a definite organization?

Could we be better served by regional "watch-dogs" (Continued on page two)

What you say on your knees is of less importance than what you do when you rise up from them.

NEVER SAY HOPELESS

(Continued from page one)

greater than themselves, but it should be kept in mind by the sober among us a guide to patience and a shield against hasty judgment and intolerance.

CITY ACTS ON ALCOHOLIC PROBLEM

The progressive growth of alcoholism has been of some concern to many municipalities in the country. Cleveland is no exception. Our Welfare Department has had a **special** committee studying the problem for many years. It has effected some **changes** and has been active in urging the state to finally appointing a commission to study the problem. This committee published a voluminous report on it's findings, making the need for action more apparent, but in our humble opinion further confused the welfare minded persons on &at could be done about it.

It has long been agreed that our local ordinances on court cases involving alcoholics need revision. With the advent of Alcoholics Anonymous, it was evident that punishment by incarceration was not the answer to the **problem**, and that alcoholics required medical as well as **physical care**. Sending habitual offenders to the workhouse for their protection as well as society—getting them out of the way for a period of time without a program of rehabilitation—proved to **be** ineffectual. The voluntary work of AA among the prisoners opened the eyes and minds of officials to what could be accomplished with an intelligent program.

Several judges have attempted to go beyond the bounds of law in establishing a program of rehabilitation, but they were stymied in their efforts by the limits of the present statutes. A committee of the Cleveland Bar Association, during the past six months has made an exhaustive study of the Cleveland situation and in our opinion has approached the problem intelligently. It conferred with the Mayor, Welfare Director, Judge John B., and the Prosecutor. It re-defined the alcoholic as a sick person, rather than a criminal.

It recommends to the city that it set aside a dormitory at Warrensville, **accommodating** not less than 30 men. It suggests that fifty "defendants" charged with alcoholism be selected as suitable material for rehabilitation by the judge and referred to the probation department for a preliminary report.

If the probation department determines that it concurs in the court's judgement, the prosecutor would file an affidavit under the Habitual Offender Statute and defendants will be sent to the special dormitories at Warrensville.

Alcoholics Anonymous will be asked to provide the personal workers in each case and maintain **regular** contact. Psychiatric and medical attention will **be** provided through Dr. Seymour. The Welfare Department will assume costs for these services.

In our opinion, this committee has recognized AA's peculiar status. It realizes that we cannot nor will not be absorbed. It has accomplished what many AA's have sought for years, the segregating of alcoholics from petty criminals and giving them intelligent physical and mental rehabilitation.

We congratulate the Bar Association for its intelligent handling of a hot potato. The plan of the Bar Association was submitted to Central Committee and was favorably received. For the time being it has been placed in the hands of the **Hospital** Committee with the recommendation that a **special** sub-committee be appointed to investigate methods of cooperation.

THE GREAT REMOVER

Alcohol will remove all grass stains from summer, spring and winter clothing. It also removes a drinking man from his real self as well as removing him from his wife and children.

It **also** removes furniture from the house and eatables from the **pantry**, the smile from the face of his **wife** and the happiness **from** the home.

As a **remover**, alcohol has no equal. -Christian Herald

WHERE ARE WE HEADING?

(Continued from page one)

appointed by the Foundation, functioning in an advisory capacity only when the Fellowship is endangered by a dispute on fundamentals in some locality?.

One of our "old timers" observed in a discussion of the proposal "It has so much logic in its presentation, I am tempted to give it my endorsement. But when I consider the job of selecting a delegate, to represent us I shudder. For me, AA has progressed to its present status by the simplicity of its function. Its success has been achieved by the authority coming up from the bottom, rather than the top. Our members are independent thinkers and resent any restriction on their freedom of action in conducting their group affairs. They like their group and are accustomed to **their** group's thinking. On the fundamentals of **AA**, they're solid and will remain so as long as we don't change our policy. Why, some of them even eye Central Committee with suspicion, feeling that the Committee, which is composed of all groups in the Cleveland area?, might possibly disturb the groups' autonomy. How will these groups regard this new 'control'? I'll be at the meeting and I'll keep an open mind."

Let's all keep an open mind. Let's attend the February 6th meeting, prayerfully seeking guidance from our "Eternal Guide" in making our decisions.

A LETTER TO AN ALCOHOLIC

"You are quite a nasty type . . . and I have my very good reasons for coming to this conclusion. You are the most completely selfish man I have met. I mean, that for you, the universe circles around the person of . . . Nothing matters to you, but the gratification of YOUR own pleasure; and your pleasure consists of largely posing as a Big Shot to people who pander to your vanity. Your vanity is colossal, this leads to believe that you are above criticism. You will never admit your own faults, and you lash out in fury, or sulk like a child, if anyone dares point out that you have any serious short-comings.

You do the right things for the wrong reasons. By this, I mean, that you are a terrific exhibitionist, and will go to any lengths to register yourself as a good guy. BUT chiefly to impress the wrong people. The good opinion of people like myself, who see your faults and love you in spite of them, means nothing to you. You are almost lacking in kindness and the word 'kindness' according to the dictionary, means having tenderness and goodness of heart. This lack of kindness, of course, means that all the small courtesies of life mean nothing to you. IF you ever think of them, it is only to ridicule them. Even though tenderness was left out of your nature, if **courtesy** had been implanted in you as a child, you would be much easier to live with now. Your self-centredness gives you a lack of regard for the feelings of others that amounts to almost cruelty. You are as susceptible as a woman to flattery, but the unfortunate part of this is, that you look upon anyone that flatters you as a dear and trusted friend. You forget that, in the past, most of your flatterers have had an ulterior **motive—usually** to cadge **drinks**, free food and lodging from great **big**, good **natured** . . .

Upon re-reading this, I don't think that I will go on, because I am not drawing a very pretty picture. I want you to remember this—in spite of all these defects—I love you, and could gladly overlook them all IF in addition to this you were not also an Alcoholic. Perhaps, it's **because** of these deficiencies that you are an Alcoholic; who can say. But perhaps I am tired now and want to go to sleep, so I will stop."

I deserved this letter three years ago, says our friend in Toronto, now thanks to AA things are much better.

—Lifeline, Vancouver, B. C.

LORAIN COUNTY CONSOLIDATED

Norm Y. of Canton will be the speaker at the February monthly Lorain County Consolidated meeting. The meeting will be held in the Alconon Clubrooms, Broad St., Elyria, above Ostrow Shoe store, at 7:30 p. m., Sunday, February 4th. Open to the public.

CLEVELAND DISTRICT OFFICE

And the sixty-four dollar questions . . . Everybody asks them. The general public is curious about A. A. How does it work? What will you do about my landlady, she drinks too much. Are alcohol and tobacco necessary for success? What will you do if I slip? Do you want a record player? What is the best "treatment" for alcoholism? What road should I drive to Fort Wayne? Will somebody donate blood for a member? Can you find our Group a substitute speaker for tonight? Do you mind if I use the phone? There's a drunk in my house with a knife, what will I do? My husband is delirious, please come at once. Just who is the "real money" behind your movement? And so on . . . These are actual questions recorded, taken at random from our day book.

As it has for the past seven years, the Office answers every call, is visited by men and women every business day, speeding and smoothing the work of Alcoholics Anonymous in Cleveland-hoping for all its members long, happy years of their renewed lives in A. A.

Available at 780 The Arcade is a stockroom full of literature about the A. A. program. The most popular pamphlet "Who Me?" costs five cents; the Big Book costs three dollars and a half. Every working day the Office sells, ships, mails literature to interested persons.

CENTRAL COMMITTEE

At the January 2nd meeting of Central Committee, 21 groups were represented. A balance of 352.66 was reported in the treasury. Frank W., chairman of the Hospital Committee reported that the majority of current complaints considered resolved from sponsors not abiding by the rules laid down by the hospitals. Members were advised to familiarize themselves with the rules-the Cleveland Bar Association's letter to Central Committee regarding changes in the treatment of habitual offenders was thoroughly discussed (this proposal is covered in a separate article in this issue of the Bulletin)-Charles S., chairman of the Consolidated Meeting Committee made available cards announcing the January 21st meeting for dissemination in all groups-Central Bulletin reported a cost of \$1669.90 for the year of 1950, with an income of \$1642.00, leaving a deficit for the year of \$127.30. It was recommended that each group make an effort to secure two NEW subscriptions in January.

GROUP CHANGES

The Gospel Center group has changed its title to League Park group. It still meets in Gospel Center, 6920 Lexington Saturdays at 8:30 p. m.

The Fairmount group now meets on Tuesday nights instead of Mondays at 8:30 p. m. in the same place, St. Paul's Episcopal.

The Superior group moved its quarters to North Presbyterian Church, located at E. 40th and Superior. Tuesdays at nine o'clock.

Women's House of Correction now meets at 7:30 p. m. instead of 6:30 p. m.

St. James group now meets in Ward's Convalescing Home, E. 71st and Cedar on Wednesdays at 8:30. St. James Church suffered a calamitous fire several months ago, depriving the group of its fine meeting place.

TRINITY EVENTS

Trinity's schedule of activity for February after the monthly Square Dance on the last Saturday of each month is as follows: Feb. 3rd, Harry D. of Edgelake; Feb. 10th, Bob S. of Westside Men; Feb. 17th, the annual police night, with Copper Tom F. as M. C.; Feb. 24th, Square Dance.

A large crowd attends these Trinity meetings. There's always room for more. You're welcome to attend.

LORAIN COUNTY WOMEN

The first anniversary of the Lorain County Women will be observed on Wednesday, February 14th at 9:00 p. m. at 700 Broadway, Lorain, Ohio. Elizabeth B., Marge K., Jane C. and Lucille S. will be on the panel of sneakers. There'll be open house and refreshments. A cordial invitation is extended to all groups. Jean G. of Lorain, O. is secretary and in charge of the gala occasion.

BOWLING NOTES

Euclid Wade No. 1 has made a spirited drive to overhaul the leading Superior No. 3 group, during the past month and now rests three points behind this strong team in the East Side League.

Doan Men lead the pack in the Southeast League with Southeast and Miles Men breathing hot on their necks. Southeast took over the high three lead with 2628 and high single with 969.

Miles-Lee leads the Thursday West Side League by three points over Northeast No 1. John L. leads in individual averages with 179 with Walter K. behind him with 178. Tom R. tops with 257 single game and Walter K. with 639 in high three.

A tight race prevails in the Friday early shift West Side League with Fairview Park enjoying a slight lead over 8005 and Lorain Yanks "what's his name" S-y sports a 186 average to lead the individuals.

Denison No. 2 continues to run away from the pack with a 12 point lead over Anonymous. Art S. of Clark leads the individuals with 183.

AL AND BILL PROGRESS

Our good, loyal friend W. Roy W. of Chicago decided that two years was long enough for Al and Bill to wear the same suit, so he ordered his company tailor-artist to re-clothe them. We appreciate his unsolicited help and unswerving devotion to the Bulletin's welfare.

CONSOLIDATED MEETING A SUCCESS

A crowd of over 250 was stirred by a remarkably effective address by able Don A. of Erie, Pa. on Sunday January 21st at the quarterly Consolidated Meeting.

BROOKLYN

The Brooklyn group will hear outstanding Bill T. of the Akron Colored group at its January 31st meeting. Visitors are welcome.

DOAN DATA

Speakers for December were Everett C., Kenny K., Ed K. and Congressman Steve Z. Training meeting for all members will soon be resumed.

Speakers for January were Ralph L. of Doan, Luther M. of Berea, Eddie V. of Broadway 55th, Wyn W. of Lee Road Wed. and Ernie C. of Valley View.

GLENVILLE

Great crowds are continuing to pack Glenville meetings on Saturday nights. It was gratifying to Ray N., chairman for January.

Stanley B. is the newly elected secretary, replacing Joe A. who served the group most faithfully during his term.

PARMA

An imposing list of speakers will appear at the Parma meeting held in Public Library, 6850 Ridge Road, near Snow Road on Saturday evening. They are: Pete McN., Jan. 13th, Jack H. of Edgelake, Jan. 20th, Marie R., Jan. 27th, Paul K. of Chardon, Feb. 3rd, Tom C., Feb. 10th, Whitey S., Feb. 17th, and Spencer I., Feb. 24th. Hershell H. is chairman of the group.

ST. PATRICK'S DAY PARTY

It's rather early to announce it, but the Ansel group wants the Bulletin readers to know that it will again hold a St. Patrick's Day party this year on Saturday, March 17th. Last year's occasion was a memorable one and they plan an even more elaborate party this year. It will be held in St. Thomas Church Hall, 9205 Superior Ave, at 9:00 p. m.

SMITH-WILSON

Smith-Wilson will observe its fifth anniversary on Tuesday, January 30th with Franklyn S. and Jack D. as speakers. Last year's crowd of 300 probably will be surpassed this year. Tony K. is in charge of the affair.

THANKS FOR RESPONSE

The response from individuals and groups to our appeal for more subscriptions was gratifying. Some of the letters accompanying the subscriptions also touched our heart. Thanks a million, friends.

MONDAY

ADDISON—Westminster Church, N.E. Cor. Addison & Wade Park. 8:30
BORTON—E. Cleve. Cong. Church, Page & Euclid. 8:45
LAKE SHORE—St. Luke's Parish, Clifton and Bunts Rd. 8:30
LAKEWOOD (Orchard Grove)—1417 St. Charles, nr. Detroit. 8:30
LAKEWOOD MEN'S—St. Peter's Episc., W. Clifton & Detroit. 8:30
LAKEWOOD WOMEN—United Presby. Church, 12601 Detroit. 8:30
LEE MONDAY—First Presb. Church, E. Cleve., Nela and Euclid. 8:30
LORAIN AVE.—10034 Lorain Ave. 8:30
MARINE HOSPITAL—E. 124th and Fairhill. 7:30
PEARL—Co. opera Artists' Home, 202 Stickney (E. Of Pearl Rd.) 8:30
SHAKER HEIGHTS—Christ Episc. Church, 3451 Warrensville. 8:30
SOUTH EAST GROUP—Holy Name Hall, 8328 Broadway. 8:30
THOMPSON PRODUCTS—Main Plant, Clarkwood Ave. (Permit at Employment Office) 4:30
UNION—East View Cong. Church, Kinsman at E. 156th St. 9:00
WILLOUGHBY—Presbyterian Church, Willoughby, O. 8:30
WOMEN'S—East Side—Emmanuel Church, 8610 Euclid. 8:30
WOMEN'S—West Side—West Blvd. Christ., W. Blvd. & W. 101. 8:30

TUESDAY

ARCADE—Central Y.M.C.A., East 22nd and Prospect. 8:30
CHARITY—Lost Tues. of each month—Charity Hosp. Nurses' Aud. 8:30
CLARK 4105—Clark Ave. Upstairs 8:30
EAGLE TRAININGS—Salvation Army, E. 9th & Eagle. 8:00
EDGE LAKE—Community Center Bldg., St. Charles and Detroit. 8:30
EDGEWATER—Lorain Ave., Cor. W. 101st St. 8:30
EUCLID-WADE—Calvary Presbyterian Church, E. 79 & Euclid. 8:30
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry. 8:30
FAIRVIEW PARK—Fairview Grace Church, W. 224 & Lorain. 8:30
FOREST HILLS MEN—Markad Motors, 13219 Superior Ave. 8:30
MILES-LEE—Mount Home Church, E. 164th, north of Miles. 8:30
SMITH-WILSON—Nativity School, 9510 Aetna Road. 8:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior. 9:00
TAPCO—Post Four, 23555 Euclid Ave. 2nd shift, 1:00
TAPCO—Post Four, 23555 Euclid Ave. 3rd shift, 9:00
WEST PARK—West Park Baptist Church, W. 152nd and Lorain. 8:30
WEST SJDE MEN'S—St. Patrick's Hall, Bridge at W. 38th. 8:30
WOMEN'S—East Side—Glenville Hall 10421 St. Clair Ave. 8:15
FLYRIA YOUNG PEOPLE—Junior Ch. of C. Bldg., Harwood St. 9:00
ELYRIA—335 O. Wm us St. 8:30
LORAIN—O.—Community Hall, 23rd and Beech St. 8:00
MEDINA—O.—St. Paul's Episcopal Parish Howe. 8:30
PAINESVILLE—O.—Stag-33 N. State Street. 8:30
STRONGSVILLE—St. Joseph's Church, 10,000 Pearl Rd. 8:30

WEDNESDAY

ALCOLA—6409 Detroit Ave. 9:00
BAXTER AVE—6527 Baxter Ave. 8:30
BROADWAY WOMEN—8437 Broadway. 8:30
BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30
COLLINWOOD—14709 St. Clair Ave. 8:30
DENISON MEN—7403 Denison (first Wednesday, joint meeting) 8:30
DOAN MEN'S—2028 E. 105th St., 2nd floor, side entrance. 8:45
EAST SIDE MORNING—2028 E. 105th St. 10:00 A. M.
GARFIELD HEIGHTS—Trinity Baptist, E. 94th and Garfield Blvd. 8:30
LEE ROAD—First Eng. Luth., Derbyshire and Euclid Hts. 8:30
ST. JAMES—Ward's Convalescing Home, E. 71st and Cedar. 8:30
TAPCO—Post Four, 23555 Euclid Ave. 1st shift, 3:30
WARRENSVILLE—Women's House of Correction, 25th St. 7:30
WEST 25th St.—Marvel Hall, 2850 W. 25th St. 8:30
BEDFORD—M. C. A., Park Ave. 8:30
ELYRIA, O.—St. Andrew's Episcopal Church Middle and Third. 8:00
LORAIN, O.—ANTILERS—St. Mary's School, Reid Ave. 8:30
LORAIN COUNTY WOMEN—421 Broadway, Apt. 6. 8:30

THURSDAY

ALAN—1820 East 79th St. 8:30
ALLENDALE—St. Paul's Episc. Church, 15837 Euclid Ave. 8:30
ANGLE—St. Malachi's Church, 2549 Washington Ave. 8:30
BROADWAY—55th—Our Lady of Lourdes School Hall. 8:30
COVENTRY—Fairmount Presbyterian Chapel, Scarborough. 8:30
EDDY ROAD—Glenville Congregational Church, Eddy & St. Clair. 8:30
GLENVILLE—10421 St. Clair. 8:30
LORAIN AVE—West Park Baptist Church, 15218 Lorain. 8:30
OUTHWAITE—Woodland Center, 7100 Kinsman. 8:30
WEST SIDE—7403 Denison Ave. 10:30 A. M.
BEREA—O.—Berea Arts Club, E. Bagley Rd., 3 drs. east of Eastland. 8:30
EAST LAKE—Vine and Campbell Sts. 8:30
INDEPENDENCE—O.—St. John's Lutheran Hall, Second & Sunset. 9:00
PAINESVILLE, O.—33 N. State St., Third Floor. 8:30
SHIFFIELD LAKE—640 Sunset Drive. 8:30

FRIDAY

ANSEL ROAD—St. Thomas Church, 9205 Superior Ave. 9:00
BROADWAY-HARVARD—8437 Broadway. 8:30
CEDAR—Salvation Army, 2181 E. 55th St. 8:15
GORDON SQUARE—St. Helena's Hall, 1367 W. 65th St. 8:30
LEE ROAD—2056 East 0. Jh St., K. of P. Hall. 9:00
MILES MEN'S—Stag Group, 4141 E. 116th St. 8:30
NORTHEAST—2028 E. 105th St. 8:30
ROCKY RIVER—St. Christopher's Hall, Lakeview off Detroit. 8:30
ST. JOHN'S HOSPITAL—First Friday of each month. 8:30
WEST SIDE YOUNG PEOPLE—St. Rose's Hall, W. 116-Detroit. 8:30
BEREA—Social room of Berea Cong. Church, Seminary and Church. 8:30
CHAGRIN FALLS—O.—American Legion, E. Orange St. 8:30
CHARDON—O.—Thrasher House, Water St., Chardon O. 8:30
CONNEAUT—O.—B. of L. E. Hall. 8:30
EUCLID—O.—Holy Cross Church, E. 200th and Lake Shore Blvd. 8:30
LORAIN-AVON—AA Social Center, 700 Broadway. 8:30
MENTOR—O.—Mentor Methodist Church. 8:30
OBERLIN, O.—American Legion Home, S. Main and Hamilton. 8:30

SATURDAY

BROADWAY MEN'S—St. John's Luth. Church, Cable at Broad. 8:30
CATHEDRAL—(Stag) St. John's Cathedral, E. 9th and Superior. 8:30
CROSSROADS—Euclid Avenue Baptist Church, East 18th. 9:00
GLENVILLE—10421 St. Clair. 9:30
LAKEWOOD—Sat. Nite—Redeemer Hall, Andrews, near Detroit. 8:30
L.F. ACUF PARK—Gospel Center, 6920 Lexington. 8:30
MATT TALBOT—St. Philip Neri Church, E. 82nd and St. Clair. 8:30

LORAIN THURSDAY

The Lorain Thursday group honored its secy. Tom T. on his tenth year of uninterrupted sobriety, on Thursday, January 4th.

MORE WOMEN'S CLOTHING NEEDED

More women's clothing is needed desperately by the women leaving the Women's House of Correction. Deposit at Stone Printing Co., 9104 Broadway.

A welfare worker I know, upon hearing a woman's story that her husband had left her five years before, looked with amazement at the brood of young children and asked, "Who is their father?" The woman answered, "My husband, of course." "Then he hasn't left you?" "Oh, yes. But he comes back now and then to apologize."



Now that we've got new clothes, I suppose the boss will expect big things from us.

Don't think so much about your clothes. The most important thing for all of us to think about dressing up is our insides. If our inner soul is dressed up to our satisfaction we can get by anywhere with anyone.

SATURDAY (Continued)

PARMA—Public Library, 5850 Ridge Road. 8:30
REDWOOD—Euclid Lutheran Church, E. 260 and Oriole. 8:30
VALLEY VIEW—Community Center, W. 7th and Starkweather. 8:30
8005 GROUP—8005 Lorain Ave. 8:30
ASHTABULA, O.—K. of P. Hall, Elm Ave. 8:30
ELYRIA, O.—St. Andrew's Episc. Church, Middle and Third. 8:30
SO. ON.—O.—St. Rita's Church basement. 9:00
TRINITY—Trinity Evangelical Church, 3525 W. 25th St. 8:30
 (Last Saturday each month the group holds a Barn Dance, No meeting)

SUNDAY

COLLINWOOD—14709 St. Clair Avenue. 7:30
GORDON PARK—Veteran's Convention Club, 8815 St. Clair. 2:30
LAKEVIEW-CYO Hall, St. Aloysius Church, E. 109th & St. Clair. 8:00
MARYMOUNT—2nd Sun. in month, Cafeteria, McCracken & Henry. 2:30
MISTLETOE—MacGillis Home, 1560 Mistletoe at Wade Park. 7:00
NEWBURGH—St. Catherine's Church, 3443 E. 93rd St. 8:30
OUTHWAITE—7100 Kinsman. 4:00
STERLING—St. Columkill's Church, Basement. 9:00
SPONSORSHIP MEETING—Glenville Group, 10421 St. Clair Ave. 2:00
WARRENSVILLE—Cooley Farms Recreation Room. 10:00 A. M.
GENEVA—O.—Legion Hall, Park St., corner of So. Eagle. 7:30
LORAIN, O.—(Stag) AA Social Center, 700 Broadway. 10:00 A. M.
PAINESVILLE, O.—33 N. State Street, Third Floor. 8:00

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE—Hanna Building, Room 370. 8:30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE—Hanna Building, Room 370. 8:30

FOR AUTHORITYTATIVE AA INFORMATION

AA CLEVELAND DISTRICT OFFICE—780 The Arcade...CH 1-7387

LIST OF COOPERATING AA HOSPITALS

Cleveland Alcoholic Clinic (EXpress 1-8998) (MW)...7809 Euclid Ave.
 Farquharson's (TUxedo 5-1882) (M)...6037 Pearl Rd.
 MacGillis Nursing Home (RA. 1-2556) (MW).....
 1560 Mistletoe Dr. at Wade Park
 Marymount Hospital (VULcan 3-2310) (MW).....12300 McCracken Rd.
 Pathway (TYler 1-6698) (MW).....1635 E. 93rd St.
 Ryan's Nursing Home (MElrose 1-1635) (M).....8023 Detroit Ave.
 FOR FIRST TIMERS ONLY
 Charity Hospital (MAIn 1-9400) (MW).....Central and E. 22nd St.
 St. John's Hospital (WooDbine 1-5750) (M).....7911 Detroit Ave.
 (M) men only. (MW) men and women. (W) women only.

-TOWN CLUB - CLARENCE "DUTCH" - W. (LISBON O.)

CENTRAL BULLETIN



Vol. IX-No. 5

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Goals for the Alcoholic

One of the rational remarks made by that rather irrational philosopher, Nietzsche, was: "What is great in man is that he is a bridge and not a goal."

This fits the book of Alcoholics Anonymous. A bridge leads some place. It spans a rocky and dangerous depression. Nietzsche realized that if man was an end in himself he would be useless. He would have nothing to aspire to; no improvements to make.

We part company with this pessimistic coiner of epigrams, however. Nietzsche held that man had no goal. He did not believe that man was going anywhere. He placed him but a notch higher than the animal and delighted in pointing out his contradictions like personal degradation and war as proof that he repeatedly reverted to the animal.

Alcoholics Anonymous knows that man has a goal. Because we may not be able to discern the whole end, reason it out to a set pattern, in **nowise** undermines the certainty.

Man, we believe, in his journey through the universe is a creature committed to a series of goals. Is there not proof positive of this in our experiences? Not one of us but would have rejected with scorn a few years ago the idea that we would ever attain the goal of sobriety we now have reached.

This goal was not the end. It was the beginning. From it we all went on to new goals. One of them is happiness for ourselves, our families, our friends, our business associates. For many another goal was a greater portion of material well-being than any of us had known when the bucks went across the bar. Still one more is the satisfaction gained in helping others to sobriety.

There is another and too little considered angle of goals about which we would like to talk a little shop.

By our nature we alcoholics are extremists. This is no secret and it has been often said before. Half way measures are not our stock in trade. This can be dangerous in sobriety. We have to endeavor to live normal lives and a normal life is a balanced life.

To do so we must bring into our life some substitute for drinking. We wasted time, money and life endlessly. Without drink everything seemed to be a vacuum. That time now must be filled. A great part of it, with many of us, goes in attending meetings, doing Twelfth Step work.

Something more, however, should come into our lives to round them out. An outside interest, a hobby, a sport. We should take an active interest in the affairs of our communities, the nation and the world. We should make our influence felt in all walks of life, not just within the four walls of the meeting room or the alcoholic ward.

It is possible to become narrow in outlook and action even in a worthy cause. It is possible to inbreed to a dangerous point. We must become normal persons with normal interests as well as the very special and predominating interest of AA. We must be a **bridge** for the universal ideas contained in the Twelve Steps and thus help others, not necessarily alcoholics, as well as ourselves to reach now goals.

Opinion

Cleveland has been definitely placed on the proverbial spot as AA friends from various parts of the country have learned that there is hesitancy on our part in going along with the General Service Conference plan of the Alcoholic Foundation. Letters conveying concern have reached our desk and the desks of others well known, and we gather from them that people outside of Cleveland think we are torn asunder in disagreement.

Let's get the facts straight. We're not torn asunder. Most of our 100 groups had not received the original pamphlet which outlined the plan, so had no opportunity to study it. Of those that had, several had contributed their money to the cause and endorsed the plan. Others investigated the matter further and came to the Central Committee meeting with letters from a former member of the Foundation and a letter from one of Akron's beloved women which violently disagreed with the need for establishing this "organization."

Because Central Committee is only a discussion group and because the representatives from groups had no power to vote on such an important matter, it was decided to defer inviting Bill W. to Cleveland until all the groups had an opportunity to discuss it and to instruct their representatives to act at the March 6th meeting of Central Committee. The question on participation and inviting Bill W. to Cleveland will be decided at this meeting.

Opinions expressed indicate a desire to give Bill wholehearted, unquestioned support, prompted by the affection and esteem which many of us hold for him. Others opined that Bill, though well-intentioned, was impulsively creating an organization which, when formed, would be at best ineffective. Others attributed dark and sinister motives to him. Several wanted to hang him.

One aspect of this proposed program has reared up its ugly head which has us editorially puzzled. We have been advocates of the autonomy of each group. However, we also have pleaded for inter-group cooperation through a Central Committee in upholding the principles and the Traditions of AA. We have argued for the absolute need of our AA District Office and pleaded constantly for its maintenance. There has been generally acceptance of this, and Cleveland has enjoyed a fine, enviable record of sustained success.

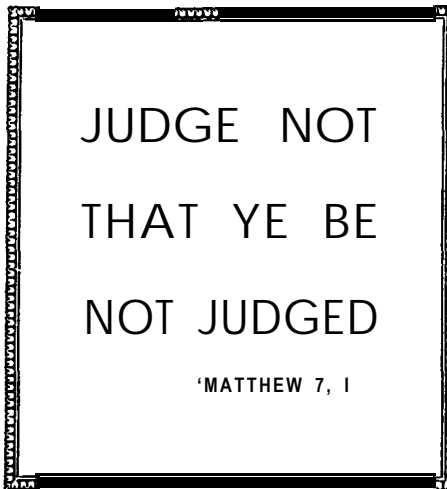
As other great communities comparable to Cleveland developed the AA program, they too recognized the need of cooperative endeavor to preserve their heritage. But how differently each functions!

Yet each area is successfully and enthusiastically operating, sobering up its quota with the "one thing needful", the simple AA plan—each city, each group, and each individual in his own way. And succeeding!

Akron, Toledo, Youngstown, Canton, Lorain, Ashtabula—each have their stalwarts in AA.—We have ours. They live and breathe AA. The principle of AA can't be changed and will always work the miracle that God intended for it.

Centralization of authority seemed mandatory in 1941,

(Continued on page two)



OPINION

(Continued from page one)

though it was deplored. It was recognized that an office had to be maintained to respond to the calls from all parts of the country and world. Now that AA has found its place in most areas, the work of the New York office seemingly should decrease.

What bothers us as we analyze the pros and cons is "What possible effect other than now already exists can a delegate of a district have on a group in-any area"?

Elsewhere in these columns is a contribution from one of our esteemed AA's, whom we believe has got something. We'll go along with him.

AVOID "GOSSIP" SESSIONS

The other day a friend called to "Weep on my shoulder", as she expressed it.

She hadn't gone far with her tale of woe, until I realized what was the matter. The chief trouble was, that she, with other friends, had been spending hour after hour taking part in "Gossip Sessions". Things had gone too far? things had been said that could not be retracted. In taking part in these sessions, she had caused "old man conscience" to come to battle with such ferocity, that she feared for her very sobriety.

In talking the problem over calmly, she soon realized the folly of what she had been doing. She realized that her thinking being the way it was, that she must take special care in the future to avoid such sessions. If indulged in, they would throw her completely "off beam" and tend to make her irritated with her fellow-man, thus wasting valuable energy that should go into more constructive channels.

Warring with our emotions makes us mentally unfit to concentrate on doing the worthwhile things that we need to do, in order to maintain our sobriety.

When we take our OWN inventory, we can find so much room for improvement, that it will be a full time job if we clean our hearts and minds of resentments, petty jealousies, criticism and unkind thoughts of others. Live and Let Live.

This program is based on Honesty, Love and Faith. It teaches us to be tolerant. As Dr. Bob said in his talk at the Cleveland Conference, quote: "Let us also remember to guard that erring member-the tongue, and if we must use it, let's use it with kindness and consideration and tolerance."

We can avoid becoming involved in situations similar to my friend by:

Being so busy that we have no time to fritter away on non-essentials!

Being so busy that personal bickerings are no part of our existence!

Being so busy that animosity finds no lodging place in our thoughts!

-Arid Pilgrim, Fort Worth, Texas.

ALCOHOL AN ANAESTHETIC

In a letter at Yale University (August, 1950) Dr. Leon A. Greenberg who is attached to the Yale Laboratory of Applied Physiology, said that alcohol is an anaesthetic with a specific depressing effect on the nervous system: "The higher the concentration in the blood and the brain, the greater the intoxicating or anaesthetic effects."

In human beings a concentration of 0.05% of alcohol in the blood of the brain "affects the functioning of the uppermost portion of the brain and nervous system; that is, the centers of inhibition, restraint, judgment. The drinker takes personal and social liberties, lacks self criticism."

This statement by Dr. Greenberg is particularly enlightening since the usual standard used by police in acting against drunken drivers is a concentration of 0.15%. It appears that the driver's judgment and sense of responsibility are affected at a much lower concentration point.

We recall our own experience with a similar test nine years ago when a cop refused to permit us to drive home. We were sure we could make it, and were indignant when he locked us up instead. Our test showed 0.345%. Guess the cop was right.

LET'S BE SENSIBLE

According to a story I once heard, a Very Important Person wanted to send a message. He called a boy and had him deliver it. The man who received the message, in turn, called a boy and relayed it to another. As time passed, the message had wide circulation, and as a result, a great movement was started which brought peace of mind and comfort to a great many people.

Later the two boys who had delivered the original messages became engaged in a heated controversy. The issue was joined by other boys who had also carried the message. Each insisted that he had been the founder of this great fellowship. They argued long and loud as to where, when and why the movement started and who should receive credit.

Being unable to agree, they selected an arbiter to settle the matter. After hearing all of them, he called them together and said, "I deny all of your claims. None of you started this. You are merely fortunate in that you were selected as messenger boys. The party who deserves credit is the One who sent the first message."

He reminded them also that the Apostles had disputes as to who should occupy first place in Heaven, and were admonished "He who would be chief among you, let him be the servant of all."

John referred to himself as the disciple whom Jesus loved most, yet Peter wound up as the head man.

These observations are prompted by the many arguments heard concerning the General Service Conference proposal. Most of these arguments seem to be more concerned with personalities than principle. Who is the big shot? Who is to get what? What are the ulterior motives of those for or against the proposal? These seem to be the gist of the arguments. To me it seems the sole question is whether or not the General Service Conference is good or bad for AA.

If it tends to unite us and to help us carry the message, then we should all be for it. If the tendency is to disrupt us, then out the window it should go.

Unless we completely renounce the Second and Third Step, there are no big shots in AA. No one deserves credit for starting AA. The One who sent the message, the Power greater than ourselves, is alone deserving of credit.

We have some pretty smart cookies in AA., but all of them together hadn't the wisdom to write the Twelve Steps without the guidance of that Power.

Thus, as to the General Service Conference, it seems we are making a mountain out of a molehill. Unless I misjudge AA completely, we can have all the national conferences we want, but each AA group will do pretty much as it pleases, and that is wholly in accord with the spirit of AA. Each member is left to his own judgment in the working of the program.

By the same token, it will make very little difference if we do not have the General Service Conference. All AA needs is the Twelve Steps and so long as we apply these, we needn't have much concern about the trimmings.

No one would or could detract from the stature of the early members of AA. They are especially distinguished in that they were chosen to carry the message. That they proved faithful and did carry it, earns for all of them the eternal gratitude of those who came later to find the way prepared for them.

In the spirit of AA, would it not be better then to stop these incriminations, these inferences and innuendos, this back-fence gossip and intolerance? Would it not be more in keeping to adapt the impelling philosophy of the great President whose birthday we just celebrated—"With malice toward none, with charity for all" and get on with more important business?
—Anonymous.

OTHER PROBLEM DRINKERS

I think it is important to remember that only a minor portion of the problem drinkers come into the courts: there are a great number who are protected by their clubs, their families and their fraternities. Those that are seen in the gutters, the police line-up, and the city hospitals represent less than 20% of what we might call the chronic alcoholics.
—Judge Lewis Drucker.

CONSOLIDATED MEETING

Keep Sunday, April 15th in mind. The Consolidated meeting will have Clarence (Dutch) W. of Lisbon, Ohio, as speaker. He is a member of the Ohio House of Representatives.

The meeting will be held in Towne Hall, 2612 Prospect Ave., at four in the afternoon.

DOAN DATA

Doan will observe its tenth anniversary on Wednesday, February 28, with oldest-in-service Clarence S. as speaker. A great crowd is expected.

Speakers for February included Johnny M. of Doan, Tom C. of Newburgh, and Leck, also of Newburgh.

NEWCASTLE INVITES

The Newcastle, Pa., group will observe its ninth anniversary on Saturday, March 3, at seven o'clock at the Cathedral. A dinner costing only two dollars will be served prior to the meeting.

ROCKY RIVER CHANGES

The Rocky River group changed its meeting night as its location early in January. The Bulletin editor should be horse-whipped for neglecting to mention this change in the January Bulletin. (Believe us, we suffered).

The group meets on Thursday nights now instead of Friday at Rockport Methodist Church, 3310 Wooster Rd. The new location is but a short distance south of the Hilliard Road intersection.

ST. JAMES ANNIVERSARY

A belated first anniversary of the St. James group will be held on Sunday, March 11th at 4:00 p. m. in Ward's Convalescing Home, East 71st and Cedar Ave.

This celebration was deferred owing to the disastrous fire which destroyed St. James Church, the meeting place of the group. This group deserves a good crowd.

A CARD FROM FLORIDA

A typical card came to us from that peripatetic lawyer from Lee Friday which sez, "Having a fine time. Wish I could afford it."

BROOKLYN

Speakers for March will feature Hank W., popular Brooklynite who will observe his eleventh anniversary of continued sobriety on Wednesday, the 7th. Tom (Wrong Way) C. of Newburgh appears on the 14th; Mary L. of Brooklyn on the 21st and Eddie K. of Brooklyn on the 28th when he will observe his tenth anniversary.

These old timers deserve a good crowd.

SMITH-WILSON

The fifth anniversary of Smith-Wilson on January 30th was a tremendous success. After unusually short but effective talks by Franklyn S. and Jack D., the crowd was awed with an eye witness account of the atom-bombing of Hiroshima by a Jesuit priest, Rev. Fr. Helmut Erling-hagen. The remarks of this modest priest made a profound impression on the audience.

TAPCO ANNIVERSARY

The Tapco group (Thompson Products Co.) will observe its second anniversary with a dinner on Thursday, March 15th at seven o'clock. Judge Jim C. will be the speaker with John H. master of ceremonies. The dinner cost is \$1.75 each.

ST. PATRICK'S DAY PARTY

The Ansel Road group will be hosts to many Irish (yes, other races are welcome too) as it holds its annual St. Patrick's Day meeting on Saturday, March 17th in St. Thomas Church Hall, 9205 Superior Ave. at 9:00 p. m.

LAKEWOOD MEN

An outstanding panel of four able speakers will answer questions at the March 5th meeting of the Lakewood Men's group.

The panel consists of Jack D. of Borton; Clarence S., Warren C. and Harry R. Each of these men have contributed tremendously to Cleveland's AA growth and will be worth hearing.

It's a MEN ONLY meeting. About 150 can be accommodated.

AA DISTRICT OFFICE

Since February 1st, 1950, 118 women called the office for help and were turned over to the Secretaries of the 6 Women's Groups in the Cleveland District. Reports from these Secretaries indicate 86 of these women were receptive to the contacts.

BOWLING NOTES

A decidedly close race is in progress in the Southeast AA League. Six teams are in a tough struggle. Broadway 55th has 58 points, Doan 57, Southeast 56½, Miles Men 55, Southeast No. 1, 53, and Broadway 55th No. 1, 52. Only nine weeks to go. Broadway-55th ousted Southeast for three game leadership with a 2648 series. The latter still owns high single with 969.

Arcade did some snappy bowling to launch itself into a tie for first place with Superior No. 3 which had held first place for some long time. Each has 57 points with Euclid-Wade No. 1 and Glenville No. 2 right behind, each with 5G points.

In the early shift Friday westside league, the Lorain Yanks mounted over all opposition and are resting on top with a lead of three points over Angle No. 2. Fairview Park is third, one point behind That guy "what's his name" S-y who leads in the individual averages is Stanley S. He's got an average of 186.

In the late shift Friday, Westside, Denison is way out in front with a 12 point league over Clark. Looks like curtains.

TRINITY EVENTS

Until further notice, the monthly Square Dance will be discontinued.

An imposing list of speakers has been announced for March. They are: Margie K., Eastside Women's group on March 3; Bill R. of Pearl, March 10th; Bill O'R. of Lorain Monday, March 17; Edward K. of Brooklyn on March 24; (Ed, by the way will observe his tenth anniversary); Mr. and Mrs. Jack F. of Broadway-55th, March 31.

EASTSIDE WOMEN MOVE

The Eastside Women's group which has been meeting on Mondays in Emanuel Church, at 8610 Euclid Ave., now meets on FRIDAYS, at 8:30 p. m. in First Unitarian Church, East 82nd and Euclid.

This group is the original women's group on the east-side.

GLENVILLE TIME CHANGE

The Glenville group has changed its meeting hours from 9 to 8:30 p. m. on Thursdays and from 9:30 to 9:00 p. m. on Saturday evenings.

Were we shifted to these inside pages because we got too much attention? Or were we promoted?

Nope, neither I guess. Though now that we're in the inside maybe we should talk some AA for a change. Let's give em something worthwhile next month.



CLEVELAND AREA GROUP MEETINGS

MONDAY

- ADDISON—Westminster Church. Cor. Addison and Wade Park... 8:30
BORTON—E. Cleve. Congrega. Church... 8:45
LAKE SHORE—St. Luke's Parish... 8:30
LAKEWOOD (Orchard Grove)—1417 St. Charles, nr. Detroit... 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal... 8:30
LAKEWOOD WOMEN—United Presby. Church, 12601 Detroit Ave... 8:30
LEE MONDAY—First Presbyterian Church... 8:30
LORAIN AVE.—10034 Lorain Ave... 8:30
MARINE HOSPITAL—E. 124 & Fairhill... 7:30
PEARL—Corpus Christi Basement, 4202 Stickney (E. of Pearl Rd.)... 8:30
SHAKER HEIGHTS—Christ Episcopal Church, 3451 Warrenville... 8:30
SOUTH EAST GROUP—Holly Name Hall, 8328 Broadway... 8:30
THOMPSON PRODUCTS—Main Plant, Clarkwood Av. (Permit at Employ. Office) 4:30
UNION—East View Cong. Church, Kinsman & E. 116th St... 9:00
WILLOUGHBY—Presbyterian Church, Wiloughby, O... 8:30
WOMEN'S—West Side—West Blvd. Christian, W. Blvd. & W. 101st... 8:30

TUESDAY

- ARCADE—Central Y.M.C.A., East 22nd and Prospect Ave... 8:30
CIARITY—Last Tuesday of each month—Charity Hospital Nurses' Auditorium... 8:30
CLARK 4109—Clark Ave. (Upstairs)... 8:30
EAGLE TRAINING—Salvation Army, E. 9th and Eagle... 8:00
EDGE LAKE—Community Center Bldg., St. Charles and Detroit Ave... 8:30
EDGEWATER—10034 Lorain Ave., Cor. W. 101st St... 8:30
EUCLID—VADE—Calvary Presbyterian Church, E. 79th and Euclid Ave... 8:30
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry... 8:30
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain... 8:30
FOREST HILLS MEN—Markad Motors, 13219 Superior Ave... 8:30
MILES-LEE—Mount Hope Church, E. 164th, north of Miles... 8:30
SMITH WILSON—Nativity School, 9510 Aetna Road... 8:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior... 9:00
TAPCO—Post 4, 23555 Euclid, 2nd shift... 1:30
TAPCO—Post 4, 23555 Euclid, 3rd shift... 9:00
WEST PARK—West Park Baptist Church, W. 152nd and Lorain... 8:30
WEST SIDE MEN'S—St. Patrick's Hall, Bridge at W. 38th St... 8:30
WOMEN'S—East Side—Glenville Hall, 10421 St. Clair Ave... 8:15
ELYRIA YOUNG PEOPLE—Junior Chamber of Com. Bldg., Harwood St... 9:00
ELYRIA—335 Columbus St... 8:30
LORAIN, O.—Community Hall, 23rd and Beech Sts... 8:00
MEDINA, O.—St. Paul's Episc. Par. Hse... 8:30
FAINESVILLE, O.—Stag, 33 N. State St... 8:30
STRONGSVILLE—St. Joseph's Church, 10,000 Pearl Rd... 8:30

WEDNESDAY

- ALCOLA—6409 Detroit Ave... 9:00
BASTER AVE.—6527 Baxter Ave... 8:30
BROADWAY WOMEN—8437 Broadway... 8:30
BROOKLYN—K. of P. Hall, 3316 Broadview, East of Pearl Rd... 8:30
COLLINWOOD—14709 St. Clair Ave... 8:30
DENISON MEN—7403 Denison Ave., (first Wednesday, joint meeting)... 8:30

- DOAN MEN'S—2028 E. 105th St., 2nd floor, side entrance... 8:45
EAST SIDE MORNING—2028 E. 105th St... 10:00 A.M.
GARFIELD HEIGHTS—Trinity Baptist, E. 94th and Garfield Blvd... 8:30
LEE ROAD—First Eng. Lutheran, Derbyshire and Euclid Hts. Blvd... 8:30
ST. JAMES—Ward's Convalescing Home, E. 71st and Cedar Ave... 8:15
TAPCO—Post 4, 23555 Euclid, 1st shift... 3:30
WARRENSVILLE—Women's House Cor. West 25th St.—Marvel Mall, 2858 W. 25th St... 8:30
BEDFORD, O.—Y.M.C.A., Tarbell Ave... 8:30
ELYRIA, O.—St. Andrew's Episcopal Church, Middle and Third... 8:00
LORAIN, O.—ANTI-TERS—St. Mary's School, Reid Ave... 8:30
LORAIN COUNTY WOMEN—421 Broadway, Apt. 6... 8:30

THURSDAY

- ALAN—1820 East 79th St... 8:30
ALLENDALE—St. Paul's Episcopal Church, 15837 Euclid Ave... 8:30
ANGLE—St. Malachi's Church, 2549 Washington Ave... 8:30
BROADWAY—55th—Our Lady of Lourdes School Hall... 8:30
COVENTRY—Fairmount Presbyterian Chapel, Scarborough... 8:30
EDDY ROAD—Glenville Congregational Church, Eddy and St. Clair... 8:30
GLENVILLE—10421 St. Clair Ave... 8:30
LORAIN AVE.—West Park Baptist Church, 15213 Lorain Ave... 8:30
OUTWHAITE—Woodland Center, 7100 Kinsman Ave... 8:30
ROCKY RIVER—Rockport Methodist Church, 3310 Wooster Rd... 8:30
WEST SIDE—7403 Denison Ave. 10:30 A.M.
BEREA, O.—Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland... 8:30
EAST LAKE—Vine and Cornhill Willoughby, O... 8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset... 9:00
PAINESVILLE, O.—33 N. State, 3rd fl... 8:30
SHEFFIELD LAKE—640 Sunset Dr... 8:30

FRIDAY

- ANSEL ROAD—St. Thomas Church, 9205 Superior Ave... 9:00
BROADWAY HARVARD—8437 Broadway... 8:30
CEDAR—Salvation Army, 2181 E. 55th... 8:15
GORDON SQUARE—St. Helena's Hall, 1367 W. 65th St... 8:30
LEE ROAD—2056 E. 105, K. of P. Hall... 9:00
MILES MEN'S—Star Group, 4141 E. 116th St... 8:30
NORTHEAST—2028 E. 105th St... 8:30
ST. JOHN'S HOSPITAL—First Friday of each month... 8:30
WEST SIDE YOUNG PEOPLE—St. Rose's Hall, W. 116th—Detroit... 8:30
WOMEN'S—East Side—First Unitarian Church, Euclid and E. 82nd St... 8:30
BEREA—Social room of Berea Cong. Church, Seminary and Church... 8:30
CHAGRIN FALLS, O.—American Legion, E. Orange St... 8:30
CHARDON, O.—Thresher House, Water St., Chardon, O... 8:30
CONNEAUT, O.—B. of L. E. Hall... 8:30
EUCLID, O.—Holy Cross Church, E. 20th and Lneke Shore Blvd... 8:30
LORAIN AVON—AA Social Center, 790 Broadway... 8:30
MENTOR, O.—Mentor Methodist Church... 8:30
OBERLIN, O.—American Legion Home, S. Main and Hamilton... 8:30

SATURDAY

- BROADWAY MEN'S—St. John's Lutheran Church, Cable at Broadway... 8:30
CATHEDRAL—(Stag) St. John's Cathedral, E. 9th and Superior... 8:30
CROSSROADS—Euclid Avenue Baptist Church, East 18th... 9:00
GLENVILLE—10421 St. Clair Ave... 9:00
LAKEWOOD—Sat. Nite—Redeemer Hall, Andrew, near Detroit... 8:30
LEAGUE PARK—Gospel Center, 6920 Lexington... 8:30
MATT TALBOT—St. Philip Neri Church, E. 82nd and St. Clair... 8:30
PARMA—Public Library, 5850 Ridge Rd... 8:30
REDWOOD—Euclid Lutheran Church, E. 26th and Oriole... 8:30
VALLEY VIEW—Community Center, West 7th and Starkweather... 8:30
8005 GROU'P—8005 Lorain Ave... 8:30
ASHTABULA, O.—K. of P. Hall, Elm Av... 8:30
ELYRIA, O.—St. Andrew's Episcopal Church, Middle and Third... 8:30
SO' ON, O.—St. Rita's Church basement... 9:00
TRINITY—Trinity Evangelical Church, 3525 W. 25th St... 8:30

SUNDAY

- COLINA WOOD—14709 St. Clair Ave... 7:30
DETROIT Mixed—8023 Detroit Ave... 8:00
GORDON PARK—Veteran's Convention Club, 8815 St. Clair Ave... 2:30
LAKEVIEW—CYO Hall, St. Aloysius Church, E. 109th and St. Clair... 8:00
MARYMOUNT—2nd Sun. in month, Cafeteria, McCracken and Henry... 2:30
MISTLETOE—Mac Gillis Home, 1560 Mistletoe at Wade Park... 7:00
NEWBURGH—St. Catherine's Church, 3443 E. 93rd St... 8:30
OUTWHAITE—7100 Kinsman Ave... 4:00
STERLING—St. Columkille's Ch. basement... 9:00
SPONSORSHIP MEETING—Glenville Group, 10421 St. Clair Ave... 2:00
WARRENSVILLE—Cooley Farms Recreation Room... 10:00 A.M.
GENEVA, O.—Ligon Hall, Park St., corner of So. Eagle... 7:30
LORAIN, O.—(Stag) AA Social Center, 700 Broadway... 10:00 A.M.
PAINESVILLE—33 N.—State St. 3rd fl... 8:00

1st TUESDAY EVERY MONTH

- CENTRAL COMMITTEE—Hanna Building, Room 370... 8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE—Hanna Building, Room 310... 8:30

FOR AUTHORITATIVE AA INFORMATION AA CLEVELAND DISTRICT OFFICE—(Henry 1-7387) 780 The Arcade

- LIST OF COOPERATING AA HOSPITALS
Alcoholics Abstinence Nursing Home (MW) Melrose 1-1655 8023 Detroit Ave.
Cleveland Alcoholic Clinic (MW) Express 1-8998 7809 Euclid Ave.
Farquharson's (TUxelo 5-1882) (M) 6037 Pearl
MacGillis Nursing Home (MW) RA. 1-2556 1560 Mistletoe Dr. at Wade Pk
Marymount Hospital (MW) VUlcen 3-2310 12300 McCracken Rd.
Pathway (Tyler 1-6698) (MW) 1635 E. 93rd

FOR FIRST TIMERS ONLY

- Charity Hospital (MW) Main 1-9400 Central at E. 22nd St
St. John's Hospital (M) Woodbine 1-5750 7911 Detroit Ave.
(M) men only. (W) women only. (MW) men and women.

SECRETARIES — PLEASE NOTE

Harold S., secretary of the Arcade' group asks that all notices for the group be sent to Merrill Williams, Y.M.C.A., E. 22nd and Prospect, Cleveland 16, Ohio, who will see to it that the group will get them on its meeting night.

MINSTRELS WANTED

A call is being sent out by the Euclid-Wade group for talent for the annual AA Minstrel show which did not function last year due to the death of its originator.

The first rehearsal was held February 16th and will be held each Thursday at 8:00 p. m. in Doan Men's Hall, 2028 East 105th St.

SUNDAY MIXED GROUP

A Sunday mixed group now meets at Alcoholic Abstinence Nursing Home, 8023 Detroit Ave., on Sundays at 8:00 p. m. It is called the Detroit group.

After a wild and wet party, Bill arrived home in the traditional manner. Knowing his failings his wife asked: "How did you find your way home on such a dark night?" Bill replied: "Oh my host lent me a lantern so I could see without difficulty." The anti-climax came when the following note was received from his host: "Dear Bill, will you please return the canary and cage you took last nite?"

CENTRAL BULLETIN



Vol. IX-No. 6

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"Disguised with Overmuch Drink"

WILLIAMSBURG, Va.-There was a great need in colonial days for a chapter of Alcoholics Anonymous in this first capital of Virginia. Those were roistering times and the inhabitants fought not only the wilderness and the Indians but the bottle.

Today the town is restored to its colonial glory down to the lest detail except that liquor no longer flows with the freedom of old.

There was an early rule of the House of Burgesses, the same body before which George Washington, Thomas Jefferson and Patrick Henry debated, that any member would be fined who should, by the major part of the House, be adjudged "to be Disguised with overmuch Drink."

What an apt word? "Disguised." The pioneers and colonials recognized that -when a man was in his cups he was not himself, but someone else. This is the earliest American formulation, of which we know, of the idea of AA that when a person is intoxicated his personality changes, generally for the worse.

Ye colonial legislators must have changed their personalities rather frequently to necessitate such a rule. It is little wonder. The town in those days, we are told, passed many acts for the suppression of notorious drunkenness, and for the restraint of Ordinaries (joints, to you) and Tippling Houses, that these latter might not cherish Idleness and encourage loose and careless Persons to neglect their Callings and misspend their Times in Drunkenness."

Then there was an injunction as modern as this morning's sun, to the effect that "Ordinary Keepers were not permitted to extend Credit to their Patrons (a Prohibition which they were careful not to apply in the Capital while the Courts and the General Assembly were sitting.)"

William Parks, the versatile and indefatigable printer of colonial Williamsburg, published a cook book in 1742, one large section of which was devoted to "Health Drinking." Not only was this title a conscience saving misnomer for the pages and pages of lethal concoctions that followed, but Parks went so far to clear his soul as to include a grave warning against over-drinking.

This was a table from which the interested alcoholic could ascertain before hand just what would *happen to him. Said Parks, cider and perry, wine, porter and strong beer bring cheerfulness, strength and nourishment. Punch, however, the printer warned, induces idleness, peevishness, sickness and debt.

The glory road led downward until we find that drinking gin, anise seed, brandy, rum and whiskey in the morning lead to perjury, burglary and murder, the immediate effect of which is epilepsy, melancholy, madness, palsy and apoplexy and the ultimate ends being sent to the hulks or transported to Botany Bay, the penal colony in Australia. But the final end is achieved by that lost individual who drinks not only in the morning, but day and night, with one result: suicide, death and the gal-
 lows.

(Continued on page two)

General Service Question?

The instructed delegates of 29 Cleveland groups voted 19 to 10 against participating officially in the General Service Conference plan of the Alcoholic Foundation. This plan was submitted to each of the hundred or more groups in the Cleveland area for discussion. It involved inviting Bill W. to come to Cleveland to explain the need for choosing a representative or delegates from our specific area to meet with other similar delegates once a year. These delegates would serve as a committee whose duties would be to maintain the Twelve Steps, traditions and accepted standards of AA.

The result of the vote provoked the question of the right of 19 groups deciding the action when 70 or more groups had not been polled for the "area opinion." The questioner pointed out that G5 groups in the Cleveland area (Northern Ohio) had not only expressed their interest in the plan but had already sent their contribution in for the purpose of selecting a delegate.

It was pointed out that Central Committee was only a discussion center and had no arbitrary power. Its purpose was to achieve a meeting of mind on group actions or opinions which affect AA in general-that it could advise, but not dictate. Each group is autonomous. If its principles and actions conflict with sound AA practice, and obstinately insists upon offending, it will not exist very long with AA opinion against it.

As the result of the vote was announced, a member of one of the groups voting in favor of the project asked what action would be taken if the ten groups voting affirmatively would go ahead with the plan. The answer was that nothing could be done to prevent this action, but that neither Central Committee nor the groups in the Cleveland area could be held financially responsible for the action by these ten groups.

Accordingly the ten groups underwrote the conference meeting and forthwith invited Bill W. to address a meeting called for Sunday, April 8th at 3:00 p. m. in the Rainbow Room of Hotel Carter.

An invitation will be extended to all groups in the Cleveland area to attend. Another meeting will be held at 7:30 in the evening of the delegates to select the area representative. This meeting will be held in the Ambassador Room of Carter Hotel.

Represented will be delegates from Harrison, Tuscarawas, Holmes, Richland, Crawford, Wyandotte, Hancock, Allen and VanWert plus all counties north of those mentioned. The southern sector of Ohio has already met and has selected able Bert P., veteran of Columbus as its delegate.

Cleveland has always been unique in the AA picture. It has been responsible for many aspects of present day AA. It was the first large metropolitan area to enthusiastically embrace the program. It and Akron were the testing grounds as the early pioneers cautiously groped their way into public acceptance.

Let us use our AA experience and maturity in going

(Continued on page two)

Do You Have A Law?

We are not speaking of the law of the nation or the state, but of your own law -the law you have made yourself to govern your own life. There should be such a law in every life and it should be in harmony with the law of God.

"DISGUISED WITH OVERMUCH DRINKE"

(Continued from page one)

All these admonitions may seem quaint, but basically they are sound. Every member of **Alcoholics Anonymous** is aware of them at **some** stage. He or she has **experienced** the results.

Let the only remedy our forefathers had were these horrific warnings and the enactment of laws to which no one ever paid any heed, **as the** historian records.

Doubly grateful, then, should we be because in our time the answer to this problem, this sickness, has been found. The colonials invoked God at **every** turn, on innumerable occasions. It never occurred to them, apparently, to **take this** problem to **God** by turning to him directly. The knowledge that this must be done, that it is the only way is the one certainty that saves us from going the way of **alcoholics** since the first days of America. We have asked **God** not to allow us to "**Disguised**" ourselves "with **overmuch** Drinks." We conscientiously endeavor to change our personalities so that the divine qualities in **every** human being may find expression in decent and useful living.

QUO VADIS

Our current sizzling **discussions** concerning the future of the Alcoholic Foundation **have** overlooked three **questions** of fundamental concern to the future of **Alcoholics Anonymous**. The questions are: Where did our movement come from? Where do we wish it to go, and how do we best get there?

Alcoholics Anonymous was originally part of the Oxford Movement which sobered up Bill W. in New York, half sobered up Dr. Bob of Akron, and brought them together thru the Oxford activity of Henrietta S. It was logical for AA to withdraw from the Oxford Group after the first year in Akron in view of **the** unique problems and personality of the alcoholics. But we should not forget that the Oxford movement gave us the tools, and that **what we have** added since is only window trimming to disguise the shocking fact that a bunch of **double-tough** hell-roaring **alkies** had to turn to their God for sobriety. The amazing Washingtonian movement of a hundred **years** ago **proved** that a mere fellowship of **ex-drunks** was not enough by growing up to an impressive membership of over 600,000 and back again into oblivion, in less than **eight years**.

Our **progress** up to this point would indicate that a fellowship of **ex-drunks** can endure if it has a spiritual **foundation**. That foundation we owe to the Oxford Group! which **was** described by non-member R. Landau in "**God is my Adventure**" as follow-s:

"The Oxford Group has no membership list, subscriptions, or rules. It is a name for a group of people who have surrendered their lives to God and who are endeavoring to lead a 'spiritual quality of Life under the guidance of the Holy Spirit. The main methods by which the groupers believe **that** we can achieve such a **life** are:

1. The surrender of our life-past, present, and future, into **God's** keeping and direction.

2. The 'sharing' of our sins and temptations with another whose life is given to God; and to help others, still unohanged, to recognize and acknowledge their sins.

3. **Restitution** to all whom we have wronged directly or indirectly.

4. Listening to, accepting, and relying upon God's guidance.

The well known four absolutes were used by the members as a **yardstick** to check the guidance they sought in their morning quiet time, and if the course of action indicated **was** not absolutely pure, honest, **unselfish**, and loving, it was discarded for a guidance that did fulfill these high standards. While there has been much criticism of the Oxford group, it was directed to personalities and not to their spiritual basis, which was an honest effort to return to catacomb Christianity, an effort **guided** by hundreds of able clergy all over the world. The defect of any evangelical movement of this kind is that the evangelist is "rooting out sin" and gets too busy on the other fellows' inventory to remember his own. The great improvement in our principles over the Oxford method lies in our having seven of our twelve steps directed to a **searching** self inventory, and none directed to the other fellows' sins.

Assuming that our improved Oxford foundation is sound and fundamental our future growth can be along social or scientific lines, or become growth for the sake of bigness and prestige. Judging from the prosperous Moose Hall type of lonely **heart** and bingo club that AA's are developing, we can only hope that our future growth will be **scientific** rather than social. We should be guided by what medicine, biochemistry, and psyahiatry can contribute to a deeper understanding of our problems. It should be remembered that Dr. Bob was an excellent physician and that there was nothing incorporated into the original AA methods that was contrary to sound medical and psychiatric practice. It is imperative that we keep well abreast of progress in these fields, and that we maintain a constant liaison between Alcoholics Anonymous and the non-alcoholic workers in the social and medical field whose principal activities **are** with alcohol and alcoholics. We do not require any big wheels of the type that clutter up school boards and art museum committees because of a faulty assumption that a skill in making a fast buck imparts some outstanding educational or aesthetic ability to the tycoon.

What we probably need for our soundest future growth is less publicity and hally-hoo and a better understanding of the **industrial**, civic, medical, and psychiatric problems created by our drinking (and if our present **storm** is a fair indication, by our sobriety.)

Since there are only about a dozen recognized authorities in the field embracing the **problems** of alcohol, and since they are all devoted to the cause, it **would be** no problem to get a dozen representative members of AA to go into some type of huddle with this brain trust annually, and to pass on their suggestions to the rest of us common drunks, for our enlightenment.

Any more ambitious endeavor than a simple dispersion of knowledge **smack8** of our **characteristic** alcoholic grandiosity, while the other extreme of no program at all indicates a typical alcoholic immaturity.

We must beware of growth just for growth's sake, recalling the ill-fated **Washingtonians** who stumped the country to build a large **membership** and then **fell** apart when they became loaded with non-alcoholics, temperance **converts**, and politicians.

We must recognize the fact that the average drunk finds the idea of a spiritual means of recovery most abhorrent, and that he **has** to be badly beaten to **submit** to such **therapy**. Our attempt to sugar-coat the bitter spiritual pill by **making** believe that we still carry on as usual, by merely substituting a coke for a highball and an AA social club for the corner saloon, is both erroneous and dangerous to the problem drinker.

We AA's of Cleveland are guilty of having built up a heavy clientele of nursing home drunks who were lured or pushed into AA by **misguided** employers, relatives, or ardent AA's, before they were willing to accept a spiritual answer to their problem. The tragedy of recurrent trips to the creep joints, where 80% of the inmates are repeaters, is that such sordid familiarity with AA at its worst can lead to a contempt that may close the one proven escape hatch from our affliction, leaving only the **spectre** of death or insanity for the victim.

We must not repeat **such** errors on a larger scale, and violate our sacred trust by overselling AA to the public. Let us rather be guided by a sound **grasp** of all the medical knowledge in the field, integrated into our spiritual legacy, to maintain a way of life which, by its **power** of example, will draw unto us willingly and **gratefully** those who deeply suffer that illness that we **have** suffered.—

J.A.H. Edgelake.

GENERAL SERVICE DELEGATE QIJECTION

(Continued from page one)

along with the action of **practically** every community in the country. It is well and necessary to **fight** for principle. However we can **bring** ridicule and scorn unto ourselves if we coddle the belief that our way is the only way. The wave of acceptance this plan has received indicates that other areas feel the need of this plan more than we, who have been so **firmly** entrenched. It is **argued** by the local proponents of the plan that we owe the world our experience and that we must share it graciously.

Again we point out something that should not be **overlooked**. If it's good for AA it will live. If it's not, it will die.

ALCOHOLICS UNANIMOUS

About the year 1943 approximately 31 percent of the people in the United States of America above the age of twenty were drinkers. By 1943 this rate had increased to 42 percent of those over 18 years of age, and by 1960 the rate had increased until 55 percent of those over 16 years of age are drinking.

By 1977, at the present rate, 86 percent of the people of 18 years and over will be heavy drinkers, and at the same rate of increase, between the years of 1990 and 2000 just about 100 percent of the American people will be drinkers-alcoholics and near alcoholics. At the present time there are between 3,500,000 and 4,000,000 excessive drinkers, an increase of 200 percent in 10 years. At that rate by the year 2000 we as a nation will be Alcoholic Unanimous. A fearsome thought-Temperance News.

NEW GROUPS

A new Westside Sunday group has been started and titled the Lorain-Denison group. It will meet every Sunday at 8:30 P. M. at 10034 Lorain Avenue. Ed. S. spoke at the first meeting which was held on Easter Sunday, March 26th. Mrs. May F. is secretary and D. W. (Bill) S., is chairman. It is a mixed group, and you are of course welcome.

The Midtown group, composed of members of the former Broadway Women's group, will hold its first meeting on Wednesday, April 4 at 8:30 P. M. The meeting will be held in the Matt Talbot Home, 6018 Prospect Avenue. The committee has done an exceptional job of painting and decorating. Peter L. is secretary of this mixed group and extends a hearty welcome.

OPEN HOUSE

The Lakewood Women's group held its second Open House meeting with an imposing panel of four veteran men AA's as speakers on Monday, March 26th in United Presbyterian Church. The speakers were Bill D. of Akron, 16 years; Warren C. of Lakewood, 12 years; Peter McN. of Lee-Monday, 12 years, and Clem L. of Lakeshore, 11 years. Each spoke for 16 minutes.

LEE-MONDAY

Rube M. observed his 10th anniversary of uninterrupted sobriety by leading the meeting at his group which was preceded by a dinner at 7 o'clock. A goodly throng attended to honor the modest celebrant.

FIRST ANNIVERSARY-GLENVILLE WOMEN

The Glenville Women's group extends a general invitation to all groups to attend the observance of its first anniversary on Tuesday, April 10th at 8:30 P. M., in Glenville Hall, 10421 St. Clair.

Speakers will be Mrs. Jean F. and Paul K. of Chardon.

W-OMEN ARE PROMPT

The Women's Eastside group asked us to emphasize the fact that their meetings start promptly at 8:30. They meet Fridays in First Unitarian Church, East 82nd and Euclid Avenue.

ROUND TABLE MEETING

We attended one of the most interesting meetings in years on March 6th as the Lakewood Men's group presented a panel of men who have been exceedingly active in the movement for the past twelve years. Warren C., the oldest in point of service, Dan S., Harry H. and Clarence S-t gave highly creditable answers to some very intriguing questions which had been submitted to Obey O. B., master of ceremonies in written form.

The meeting was so interesting and so informative that by almost unanimous raising of hands the large group of listeners indicated a desire for a repeat performance at an early date.

Many of the questions indicated a sincere desire to acquire security in the program. Some questioned the need for continued activity after a sustained period of sobriety. Some were on AA policy, local and national. These questions sprung on the "experts" without warning unchallenged their thinking, but each rose to unexpected heights in satisfactorily answering them.

Incidentally, we garnered the questions after the meeting. They will be used during the next year as themes for Bulletin editorials. Thanks to the opinions expressed by the panel we believe we will be able to provide an unusual fine series of editorial discussion in our columns.

AA DISTRICT OFFICE

All group secretaries have been asked to make appeals for the financial support of the office. The importance and need of maintaining the office is evidenced by the service it renders. It cannot exist without generous financial support of all groups. Send your checks in as soon as possible.

Elected to the Operating Committee of the Office were Ed. H. of the Shaker group and Reuben F. of Rocky River and Lakewood Men's groups. Congratulations. Both are very able, conscientious men.

The service report covering the quarter of November 1, 1960 to February 16, 1961, showed the following: 270 calls for help were received-turned over to 69 AA groups. Of this number, 196 were receptive to first contact; 43 were not ready; 21 no contact possible; 10 were not AA cases; 47 speakers were supplied by the office; 78 requests for literature were filled; 1 quarterly roster of group secretaries compiled and sent.

BOWLING NOTES

After enjoying the rarified atmosphere of first place for over a month with some spectacular bowling, Glenville No. 2 finally was overtaken by sparkling Superior No. 3 which leads them by one point as we go to press. Euclid Wade No. 1 is in third place, four points behind the leader. This is in the Eastside League.

In the Southeast League, Louis G. marked up some kind of record by hitting three identical games of 166. What monctony! His regular average is 160 prox. The Holy Name Misfits who provide the comedy at each session started as pushovers early in the season but are proving to be formidable opponents. They have jumped up to sixth place and dare evil-eyeing the leaders.

The Brooklyn team did some extra-fine work drawing away from their opponents and are now enjoying a comfortable lead over second place Northeast No. 1 in the Thursday Westside League. Walter K., with 180 and Jerry W. with 179 are the individual leaders.

The Lorain Yanks have a two game edge over Angle No. 2 in the early shift Westside Friday. Stan S. leads in the individual with 186. Denison No. 2 has a 15 game lead over second place Clark in the late shift Friday Westside. Korny K. enjoys an 193 average in the individuals.

EDGELAKE

Albert H. of Strongsville, a member of the group for eight or nine years, is exciting the envy of most of the members as he and his wife are cruising the Mediterranean seas on the elite Steamship Independence. It's a 53-day cruise and hits 22 ports.

The group observed its anniversary on March 20 with-out fanfare. The speaker, Clarence S-t of Lake Shore, gave an extraordinary analysis of the program.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church. Cor. Addison and Wade Park. 8:30
BORTON-E. Cleve. Congrega. Church Page and Euclid Ave. 8:45
LAKE SHORE-St. Luke's Parish. Clifton and Bunts Rd. 8:30
LAKEWOOD (Orchard Grove)-1417 St. Charles, nr. Detroit. 8:30
LAKEWOOD MEN'S--St. Peter's Episcopal. W. Clifton and Detroit. 8:30
LAKEWOOD WOMEN-United Presby. Church. 12601 Detroit Ave. 8:30
LEE MONDAY-First Presbyter. Church. East Cleveland. Nela and Euclid. 8:30
LORAIN AVE.-10034 Lorain Ave. 8:30
MARINE HOSPITAGE, 124 & Fairhill 7:30
PEARL-Corpus Christi Basement. 4202 Stuckney (E. of Pearl Rd.) 8:30
SHAKER HEIGHTS-Christ Episcopal Church. 3451 Warrensville. 8:30
SOUTH EAST GROUP-Holy Name Hall. 8328 Broadway. 8:30
THOMPSON PRODUCTS-Main Plant. Clarkwood Av. (Permit at Employ. Office) 4:30
UNION-East View Cong. Church. Kinsman at E. 156th St. 9:00
WEST 25th ST.-Marvel Hall. 2858 W. 25th St. 8:30
WILLOUGHBY--Presbyterian Church. Willoughby, O. 8:30
WOMEN'S--West Side-West Blvd. Christian. W. Blvd. & W. 101st 8:30

TUESDAY

ARCADE-Central Y.M.C.A. East 22nd and Prospect Ave. 8:30
CHARITY-Last Tuesday of each month Charity Hospital Nurses Auditorium 8:30
CLARK-4105 Clark Ave. (Upstairs) 8:30
EAGLE TRAINING-Salvation Army, E. 9th and Eagle. 8:00
EDGELAKE-St. Charles Ave. Dinner at 7:00 p.m. Meeting at 8:30
EDGEWATER-10034 Lorain Ave. Cor. W. 101st St. 8:30
EUCLID-WADE-Calvary Presbyterian Church. E. 79th and Euclid Ave. 8:30
FAIRMOUNT-St. Paul's Episcopal, Fairmount and Coventry. 8:30
FAIRVIEW PARK-Fairview Grace Church. W. 224th and Lorain Ave. 8:30
FOREST HILLS MEN--Markad Motors, 13219 Superior Ave. 8:30
MILES-LEE-Mount Hope Church. E. 164th. north of Miles 8:30
SMITH-WILSON-Nativity School, 9510 Aetna Road 8:30
SUPERIOR--North Presbyterian Church, E. 40th and Superior 9:00
TAFCO-Post 4, 23555 Euclid. 2nd shift. 1:00
TAACO-Post 4, 23555 Euclid. 3rd shift. 9:00
WEST PARK-West Park Baptist Church. W. 152nd and Lorain 8:30
WEST SIDE MEN'S-St. Patrick's Hall. Bridge at W. 38th St. 8:30
WOMEN'S--East Side--Glenville Hall, 10421 St. Clair Ave. 8:15
ELYRIA YOUNG PEOPLE-Junior Chamber of Com. Bldg. Harwood St. 9:00
ELYRIA-335 Columbus St. 8:30
LORAIN, O.-Community Hall. 23rd and Beech Sts. 8:00
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
PAINESVILLE, O.-Stag. 33 N. State St. 8:30
STRONGSVILLE-St. Joseph's Church. 10,000 Pearl Rd. 8:30

WEDNESDAY

ALCOLA-6409 Detroit Ave. 9:00
BAXTER AVE.-6527 Baxter Ave. 8:30
BROADWAY WOMEN-8437 Broadway. 8:30
BROOKLYN-K. of P. Hall. 3316 Broadway, East of Pearl Rd. 8:30
COLLINSWOOD-14709 St. Clair Ave. 8:30

DENISON MEN-7403 Denison Ave., (first Wednesday, joint meeting) 8:30
DOAN AIEN'S-2028 E. 105th St., 2nd floor, side entrance 8:45
EAST SIDE MORNING-2028 E. 105th St. 10:00 A.M.
GARFIELD HEIGHTS-Trinity Baptist. E. 94th and Garfield Blvd. 8:30
LEE ROAD-First Eng. Lutheran, Derbyshire and Euclid Hts. Blvd. 8:30
ST. JAMES-Ward's Convalescing Home. E. 71st and Cedar Ave. 8:15
TAPCO-Post 4, 23555 Euclid. 1st shift. 3:30
WARRENSVILLE-Women's House Cor. 7:30
BEDFORD, O.-Y.M.C.A., Tarbell Ave. 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:00
LORAIN, O.-ANTLERS--St. Mary's School, Reid Ave. 8:30
LORAIN COUNTY WOMEN-421 Broadway, Apt. 6 8:30
MIDDLETOWN--Matt Talbot Home, 5018 Prospect Ave. 8:30

THURSDAY

ALAN-1820 East 79th St. 8:30
ALLENDALE-St. Paul's Episcopal Church. 15837 Euclid Ave. 8:30
ANGLE--St. Malachi's Church, 2549 Washington Ave. 8:30
BROADWAY-55th--Our Lady of Lourdes School Hall 8:30
COVENTRY--Fairmount Presbyterian Church, Scarborough 8:30
EDDY ROAD--Glenville Congregational Church, Eddy and St. Clair 8:30
GLENVILLE-10421 St. Clair Ave. 8:30
LORAIN AVE.--West Park Baptist Church, 15218 Lorain Ave. 8:30
OUTHWAITE--Woodland Center, 7100 Kinsman Ave. 8:30
ROCKY RIVER--Rockport Methodist Church, 3310 Wooster Rd. 8:30
WEST SIDE--7403 Denison Ave. 10:30 A.M.
BEREA, O.-Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland 8:30
EAST LAKE--Vine and Campbell, Willoughby, O. 8:30
INDEPENDENCE, O.--St. John's Lutheran Hall, Second and Sunset 9:00
PAINESVILLE, O.-33 N. State, 3rd fl. 8:30
SHEFFIELD LAKE-640 Sunset Dr. 8:30

FRIDAY

ANSEL ROAD-St. Thomas Church, 9205 Superior Ave. 9:00
BROADWAY-HARVARD-8437 Broadway 8:30
CEDAR--Salvation Army, 2181 E. 55th 8:15
GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St. 8:30
LEE ROAD-2056 E. 105, K. of P. Hall. 9:00
MILES MEN'S--Stag Group, 4141 E. 116th St. 8:30
NORTHEAST-2028 E. 105th St. 8:30
ST. JOHN'S HOSPITAL--First Friday of each month 8:30
WEST SIDE YOUNG PEOPLE--St. Rose's Hall, W. 116th, Detroit 8:30
WOMEN'S--East Side-First Unitarian Church, Euclid and E. 82nd St. 8:30
BEREA-Social room of Berca Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS, O.-American Legion, E. Orange St. 8:30
CHARDON, O.-Thresher House, Water St., Chardon, O. 8:30
CONNEAUT, O.-B. of L. E. Hall 8:30
EUCLID, O.-Holy Cross Church, E. 200th and Lake Shore Blvd. 8:30
LORAIN-AVON--AA Social Center, 707 Broadway 8:30
MENTOR, O.--Mentor Methodist Church 8:30
OBERLIN, O.-American Legion Home, S. Main and Hamilton 8:30

SATURDAY

BROADWAY MEN'S--St. John's Lutheran Church, Cable at Broadway 8:30
CATHEDRAL--(Stag) St. John's Cathedral, E. 9th and Superior. 8:30
CROSSROADS--Euclid Avenue Baptist Church, East 18th 9:00
GLENVILLE-10421 St. Clair Ave. 9:00
LAKEWOOD--Sat. Nite--Redeemer Hall, Andrews, near Detroit 8:30
LEAGUE PARK-Gospel Center, 6920 Lexington 8:30
MATT TALBOT--St. Philip Neri Church, E. 82nd and St. Clair 8:30
PARMA--Public Library, 5850 Ridge Rd. 8:30
REDWOOD--Euclid Lutheran Church, E. 360th and Oriole 8:30
VALLEY VIEW--Community Center, West 7th and Starkweather 8:30
8005 GROUP--8005 Lorain Ave. 8:30
ASHTABULA, O.-K. of F. Hall, Elm Av. 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:30
SOLOMON, O.-St. Rita's Church basement 9:00
TRINITY-Trinity Evangelical Church, 3525 W. 25th St. 8:30

SUNDAY

COLLINSWOOD-14709 St. Clair Ave. 7:30
DETROIT--Mixed--8023 Detroit Ave. 8:00
GORDON PARK--Veteran's Convention Club, 8815 St. Clair Ave. 2:30
LAKEVIEW--CYO Hall, St. Aloysius Church, E. 109th and St. Clair 8:00
LORAIN-DENISON--10034 Lorain Ave. 8:30
MARYMOUNT--2nd Sun. in month, Cafeteria, McCracken and Henry 2:30
MISTLETOE--MacGillis Home, 1566 Mistletoe at Wade Park 7:00
NEWBURGH--St. Catherine's Church, 3443 E. 93rd St. 8:30
OUTHWAITE-7100 Kinsman Ave. 10:00
STERLING--St. Columkill's Ch. basement 9:00
SPONSORSHIP MEETING--Glenville Group, 10421 St. Clair Ave. 2:00
WARRENSVILLE--Cooley Farms Recreation Room 10:00 A. XI.
GENEVA, O.--Legion Hall, Park St., corner of So. Eagle 7:30
LORAIN, O.--(Stag) AA Social Center, 700 Broadway 10:00 A.M.
PAINESVILLE-33 N. State St. 3rd fl. 8:00

1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE--Hanna Building, Room 370. 8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE--Hanna Building, Room 370 8:30
FOR AUTHORITY AA INFORMATION
A. CLEVELAND DISTRICT OFFICE--CHerry 1-7387. 780 The Arcade

LIST OF COOPERATING AA HOSPITALS
Alcoholics Abstinence Nursing Home (MW) Melrose 1-1635. 8023 Detroit Ave.
Cleveland Alcoholic Clinic (MW) Express 1-8998 780 9 Euclid Ave.
Farquharson's (Tuxedo S-1882) (M). 6037 Pearl MacGillis Nursing Home (MW) RA. 1-2556. 1560 Mistletoe Dr. at Wade Pk
Marymont Hospital (MW) Vulcan 3.2310. 12300 McCracken Rd. Pathway (Tyler 1-6698) (MW) 1635 E. 93rd

FOR FIRST TIMERS ONLY
Charity Hospital (MW) Main 1-9400 Central at E. 22nd St.
St. John's Hospital (M) Woodbine 1-5750 7911 Detroit Avr.
(M) men only. (W) women only. (MW) men and women.

TRINITY EVENTS

Speakers for April will be Wilson B. and Ed. M. of Lee-Mayfield on April 7; Ollie B. of Glenville, the 14th; Dick R. of Lee, Wednesday the 21st. Elizabeth B. of Borton on the 28th.
Trinity always attracts large crowds to their Saturday meetings, but there's always room for more. You're welcome there.

W. 25th CHANGES NIGHT

The W. 25th Street group now meets on Monday night at their same hall, Marvel Hall, 2858 West 25th Street at 8:30 P. M. instead of Wednesday.

QUARTERLY CONSOLIDATED MEETING

Towne Hall, 2612 Prospect Avenue
Sunday, April 15th, 4:00 P. M.

Hon. Clarence ("Dutoh") W. of Lisbon, Ohio, a member of the Ohio House Legislature, as well as being an active AA, will be the honored speaker at the quarterly consolidated meeting, Sunday, April 15 at 4:00 o'clock.
A good crowd is expected and you will meet many an old friend from neighboring towns and from groups located in distant parts of the Cleveland area. It's good to get reacquainted. Attend.

TOMME CLIP
SPR. CLARKSON DUTCH W. (LUBOX 8/12/0)

CENTRAL BULLETIN



Vol. IX-No. 7

BOX 67 12, CLEVELAND 1, OHIO

April, 1951

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THREE QUESTIONS

Because others may have been troubled by the same problems that are raised in the following questions, we would like to essay an attempt at partial answers. No one knows the full answers because it is impossible to know all the causes. Often the troubled individual is not aware of all the causes himself. That is the reason for **two of the points** in the Twelve Steps. It is well to review them:

"F&r-Made a searching and fearless moral inventory of ourselves.

"Five-Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

Sometimes the impulses which lead us to drink are deep seated and it takes a lot of searching to uncover them. As the slang phrase has it, if we don't know what's biting us we are likely to keep on being worry warts and continue to seek an easy oblivion in the bottle.

One of the questions recently raised by a member is:

"I have been in A. A. two years but I have not found peace of mind or happiness. Why?"

Admittedly this is in the \$64 category. We can answer only from personal experience. We were once in A. A. for three years, never took a drink and yet knew no peace of mind or happiness. In our case we were dry but not sober-sobriety implying the two elusive goals of contentment and happiness.

We have since discovered the reasons. We scoffed at the spiritual aspect of A. A., deluding ourselves with the smug assumption that its therapeutic effect was some kind of applied psychology. We had only a passing acquaintance with the Twelve Steps. We never went to meetings. We never did anything to help sober up another individual. It took two years of pitiful drunkenness to knock these illusions and this self-righteous attitude out of our mind.

Maybe some of these problems plague the questioner. A thorough application of Step Four would give the answer. Certainly he should not feel sorry for himself or think he has made sacrifices beyond the worth of the benefit of sobriety. Half as much effort at staying sober and finding the reason for doing so, that was put into drinking will produce solid, permanent results.

Another question is: "If I sincerely follow the first step and live a spiritual life according to my religion do I need A. A.?"

Yes, unless you become some sort of a pseudo-saint. Some people can do it, but they number about one in 10,000 and the odds are overwhelmingly against an alcoholic being able to attain that status. It isn't in the nature of the animal.

What is so wrong with having assistance—the assistance of association with other persons suffering from the same disease—in finding an approach to God? God works in mysterious ways and in some that are not so mysterious. One of the plainer methods is the help that each of us can give the other. A. A. in our humble opinion, is a

(Continued on page two)

THE BEATING

"Some guys sure take an awful beating," remarked a visitor, as we sat in a typical AA fellowship confab in our off ice. "During the last month I've had three new babies 'go under for the second time', and in every case the alibi was that they couldn't believe they were alcoholics. Sometimes I wonder whether I'm at fault. But I can't quite admit that. I believe in my heart that I gave each a most convincing analysis of the AA program and how a person could check himself to see whether he qualified. To me it was obvious that each did need the program and judging from my investigations, their families and business associates agreed also. They were on the AA beam for a short while—then boom-off they were on the old tangent, only to crawl back for help in getting out of another troublesome jam. It's getting me down!"

How often we've seen this happen!

Are we becoming so smooth in our presentation of the program that we unconsciously give the impression that we are professionals? **Have we** lost that precious "common touch"? Do we preach to them?

Sometimes we fear that many of us could plead guilty to any and all of these charges. And the longer our record of complete sobriety is extended, our prospect, unable to conceive of a life without drink, subconsciously classifies us with those who would deprive him of the drinks he desperately needs in order to live his family, preacher, doctor and friends,—and so closes his mind to our subtle advances.

Our hearts go out to these resisters, and we are inclined to blame ourselves for our failure in penetrating

the wall of resistance which they themselves have erected through fear and misunderstanding. Fear of censure and ridicule. A sense of shocking realization that they—"supermen"—had failed to lick it themselves.

Can we blame him? We don't think so. Can we blame ourselves? Not if we've done the best we could. Then why wasn't he successful?

Possibly the answer is in the public's attitude. Since AA was catapulted into such prominence, we've heard doctors, preachers and many laymen above average intelligence question our "*absolute abstinence program*" and whether this one or that one was really an alcoholic or not. The average lay person's definition or conception of an alcoholic would be that of a continually helpless, sodden, filthy derelict. They, family, well-meaning friends, some doctors and some ministers—undermine everything, by pontifically stating that this party definitely is NOT an alcoholic.

Our friends mean well. But they don't know! They haven't seen us suffering the screaming nightmares, the horrible, fear-drenching blackouts, the shakes in the comparative isolation of our homes. They haven't felt our fears or witnessed our tears.

Eventually, if they live through successive bucking of the inevitable fact that alcohol has made their lives unmanageable, they will submit.

Would that we could save them much anguish.

Most people who
have nothing to do
make the mistake
of doing it.

REGIONAL DELEGATE ELECTED

William (Bill) D. of Akron, the founders' first baby was elected to represent the northern Ohio district in the General Service Conference at the regional meeting held in Hotel Carter, Sunday evening, April 8th.

Elected to the advisory committee were Burr McC. of Akron, who with Bill will represent the northeast section; Norm W. of Sandusky and Richard F. of Fremont, the northwest section; Ed H. of Shaker, Franklyn S. of Doan and Helen S. of Eastside Women from the Cuyahoga County sector.

The division into sectors was made so that each area would have representation according to the number of groups therein. The Cleveland area, accordingly was granted three representatives and the east and west areas two each.

Bill W. of New York made a very logical presentation of the plan before a large audience in the afternoon. In the audience were a great number of members of groups which had not endorsed the program. The ten Cleveland groups which sponsored the meeting also were well represented.

Bill traced the peculiar growth and the many crises which the fellowship faced during the fifteen years. He explained the attitudes of many of the pioneers in the fellowship, where the "keep it simple and in the living room" plan of operation was succeeded through growth by hall rental and local expansion problems.

He urged that the old timers who had given so much of their time and effort rise from the level of petty politics to the high level of statesmanship. He maintained that many had reached the latter style though all too many unfortunately insisted on remaining in the former category. He referred to them facetiously as "the bleeding deacons."

Very forcefully and convincingly he proved his point that the present democratic plan of national representation would preserve the traditions of AA more surely, as well as making it virtually impossible to develop those "aims and objectives" which the opponents of the plan intimated was the primary purpose for this project.

Again we say-if it's good it will live and if it is not it will quickly die. We believe it will live.

SINCERELY YOURS;

Recently we heard a meeting start when the chairman rose and said, "Welcome to another meeting of Alcoholics Anonymous". The chairman didn't say welcome to the particular group sponsoring the meeting so we asked, curious, why? The chairman gave us a serious answer: "This meeting," he said, "is more important than any one of us. This AA is far more important than any single group. Every one of us here belongs to a way of life—the AA way of life—not to any institution, or hall or church cellar. What brings us together is what keeps us sober; it's what we know in our hearts. It's AA, and that's the principle above the personality, even above our Group personality, isn't it, sincerely?"

—Cleveland District Office News Letter.

THE NEWS LETTER

We offer a hearty salute to the bimonthly News Letter which the Cleveland District office issues to all groups in the Cleveland area. It serves as a needy adjunct to Central Bulletin in keeping groups informed on group activity. It is a single page mimeographed sheet and its brief information should permit public reading at, the close of every group meeting. The Bulletin, published necessarily at the convenience of the editor, cannot assure publicizing of impending group events in time to acquaint the whole AA family in the area, unless the event is set far enough ahead. But most of our groups don't function that way. Usually the plans are made for an event to occur in two or three weeks.

So the News Letter is the answer. It is valuable service.

Someone once put it this way: The difference between the AA program and being drunk, is that in AA you go to bed feeling all in and wake up feeling wonderful, and in being drunk, you go to bed feeling wonderful and wake up feeling all in.

THREE QUESTIONS

(Continued from page one)

divine vehicle. Better be sate and use it instead of launching out on a sea that is uncharted as far as the man or woman who has spent most of his or her life drinking is concerned.

The third and last question contains elements of the second: "Do you think that a person could graduate through A. A. into a very strict spiritual program and maintain his sobriety if he cut down on his A. A. meetings?"

Possible but improbable. In any event it would take a long time until the alcoholic had attained a great deal of strength. Some of us do not attend as many meetings as we would like to because earning a livelihood interferes. But we must cling tenaciously to the spiritual side, not, just to remain sober, but to guide all our actions. That is a point too often forgotten. Alcoholics Anonymous and the Twelve Steps are a means to an end. Sobriety is but the beginning. After that comes the rebuilding of our lives, the making of reparations and learning to take our place as reliable, honest citizens. However strong we become there always is room for improvement and advancement. On this endless road there is no better guidepost than A.A. A.A. gives no diplomas. Every member is always and forever an undergraduate.

POLICY ON POETRY

Not a month goes by without a poem being submitted for printing by some of our ardent Bulletin subscribers. Many of them are good—some are excellent. But some are awful! Mainly because we have so little space for news and other items inspirational which reflect the very thoughts which are somewhat cramped by corseting them into meter, that we have reluctantly adopted the policy of rejecting them all. Sorry.

REHABILITATION CENTER

For many years our colored brethren have been seeking hospitalization in our AA wards in hospitals and nursing homes and have experienced great difficulty in securing beds. In spite of much discouragement, the fine people who comprise the three colored groups in Cleveland have made wonderful progress and are to be highly commended.

They have been working assiduously in developing a Rehabilitation Center for members of their race. This Center provides bed and shelter for initiates until they're on their feet and ready to do their part in AA.

On Saturday, May 19th, they will hold a benefit dance for this project. Only AA's are invited and they should have great fun. The dance will be held in Play-Mor Auditorium, East 107th and Cedar. Tickets are available through Calvin S., EX. 1-5605 (before 4:00 P. M.) or HE 1-2448 (after 5:00 P. M.). Leave your number if he's out.

CENTRAL COMMITTEE

Seventeen groups were represented at the April Central Committee meeting and heard the following: that the treasurer's balance was \$126.34; that according to the Hospital Committee chairman Frank W., the newly established special department for treating alcoholic prisoners will begin to function sometime in May. Evidently the selection of capable personnel to operate has held up this important new program; that the Bulletin subscriptions are maintaining a proper balance; that the Consolidated Meeting on April 15th would attract a good crowd (It did. Ed.); that members were urged to keep an open mind by two delegates to the conference with Bill W., even though Central Committee had formally rejected the suggestion of inviting Bill to present the General Service Conference Plan.

CONSOLIDATED MEETING

A good sized crowd attended the April Consolidated Meeting to hear Clarence (Dutch) W. of Lisbon, Ohio. The talk was extremely interesting—the good solid AA philosophy and the later extra inside information on the progress of state legislation affecting the alcoholic and his problems. Clarence is a V. I. P.—a member of the Ohio Legislature.

BOWLING NOTES

Secretary Bill R. of the Friday **Westside** Leagues was felled by the virus flu and was incapacitated for three weeks. However that didn't stop the league from functioning. The annual bowling banquet will be on Saturday, May 12th at Colonial Gardens on **Route 42 near Strongsville**. The price is \$3.10 which includes a family-style supper, tax, tip and dancing. In the early shift league the **Lorain Yanks** lead **Angie No. 2** by **seven** points. Looks as though they're in. In the late shift, **Denison No. 2** leads **Clark** by 19 points. **Lakewood** is in third place one point behind **Clark**.

In the **Eastside League**, **Superior No.3** increased its lead over scrappy **Glenville No. 2** to three points. **Eddy Road No. 2** and **Glenville No. 3** are about the only other teams which seem to have a chance to overhaul the leaders.

The Eastsider's Bowling Banquet will be held in **Glenville Hall**, Saturday May 5th at **8:30 P. M.** No children.

WOMEN'S PRIVILEGE

No one will dispute too long the right of women to change their minds-often. Some nasty males even go so far to say -oops, we won't repeat it. It's not nice. Ennyhoo, the **Eastside Women** are changing their meeting night once more. With the **Glenville Women** dissolving their group as of **April 17th**, the east side women will meet on Tuesdays in their same hall, **First Unitarian Church**, **Euclid and E. 82nd** at **8:30 P. M.** (promptly).

BROOKLYN

Friday, **May 11th** one of the earliest **Cleveland** groups will observe its eleventh anniversary. Four speakers will appear on the program. **Clarence S.** and **Harry W.** of the **westside** and **Wyn W.** and **Corny V.** of the **eastside**. Each speaker will be allotted fifteen minutes.

To better accommodate the expected crowd, the occasion will be observed in **Trinity Ev. and Reformed Church**, **3,525 W. 25th St.** There are 500 comfortable seats. The doors open at **8:00 P. M.** An organ recital will precede the meeting which will start at **8:30 P. M.**

OUTHWAITE CELEBRATES

The fifth anniversary of the **Outhwaite** group will be observed on **Sunday, May 6th** at **4:00 P. M.** in **Woodland Center Gymnasium, E. 71st and Kinsman**. **Clarence S.** of **Cleveland** will be the speaker.

WAYNESBORO CELEBRATES

The first anniversary of the **Waynesboro, Pa.** group was held on **Sunday, April 15th**. After a sumptuous banquet, **Waite W.** formerly of **Erie, Pa.** and **Cleveland**, as master of ceremonies, beamingly introduced **Roy W.** of **Baltimore, Mti.**, **Margie K.** and **Bill O'R** of **Cleveland**. All three speakers held the eager and appreciative audience in full attention. It was a memorable occasion.

WOMEN MEET WEDNESDAYS

A group of zealous (that's "Z"-not "J") **AA** women have been meeting every other **Wednesday** since **March 28th** in the home of **Ruth B.** They believe the informality is desirable and would welcome others if interested. The meeting dates for **May** are the **2nd, 16th** and **30th**. Contact the **AA District Office, Cherry 1-7387**, for details as to time and place.

ASHTABULA COUNTY MEN

The **Ashtabula County Men's** group has been meeting on **Monday evenings** since **January 8th** in **B. of L. E. Hall, Main St., Conneaut, Ohio** at **8:30 P. M.**

LORAIN - DENISON SUNDAY

The **Lorain-Denison Sunday Mixed** group which has been meeting at **10034 Lorain Ave.** for the past months under the direction of **Mrs. May F.**, secretary and **D. W. (Bill) S.** as chairman report a noticeable increase in attendance, proving the need of a west side meeting on **Sunday evenings**. Everyone is made welcome and speakers are outstanding. Speaker **Eddie P.** of **Denison** was very effective on **April 15th**.

INDEPENDENCE GROUP

Bill D., just elected delegate representing **Northern Ohio** in the **General Service Conference**, will return from the first meeting in **New York** to address the **Independence group** on **Thursday, April 26th**. A cordial welcome to all will be given by **Howard B.** and **Phil B.**

DOAN DATA

Dick K. just released from **Federal Prison** and well acquainted with **Mark H.**, our former secretary, was the speaker on **April 4th**; **Everett C.** of **Valley View** appeared on the **11th**; **Jimmie K.** of **Gordon Square** the **18th**; **"Skid" S.** of **Gordon Square** the **25th**.

Four of our members visited the **State prison** in **Columbus** on **April 15th**, and report a thrilling experience. **John L.** of **Cleveland** was called upon to say a few words. He graduated from the **Big House** over a year ago. The second anniversary of the **Prison group** will be observed on **June 3rd** at **12:30 P. M.**

TRINITY EVENTS

Speakers for **May** will be: **Harold O'B.** of **Lakewood Men, May 5th**; a panel of four young **AA's** **Ray J. Bob E., Bill D., and Joe K.** on **May 32th**; **Roger L.** of **Lee Road, May 19th** and **Hortense J.** of **Glenville Women, May 26th**. These **Saturday night** meetings are always popular and well attended.

GIGGLES

The greatest stumbling block in the path of most men usually is not laziness or fear but a tight-skirted, low-necked, sultry-voiced, diamond-decked, perfumery-scented vamp called "tomorrow."

* * *

She was as pure as the driven snow. . . then she drifted.

* * *

The Bickerings hadn't been getting along too well. It was 3:00 a. m. when **George** unsteadily reached the top of the stairs. His wife, opening the bedroom door, remarked, "So, home is the best place after ail."

"Not so sure," said **George**, "but its the only place open."

* * *

Jake Jackson was summoned to court on an assault charge. The state brought into court the weapons used—a huge pole, a dagger, a pair of shears, a saw and shotgun. **Jackson's** counsel produced the complainants weapons-an ax, a shovel, a pistol, a scythe, a hoe and a pair of tongs. The jury was out only a short time and returned with the verdict: "Resolved that we, the Jury, would have given \$5 to have seen the fight."



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church. Cor. Addison and Wade Park 8:30
BORTON-E. Clew. Congrega. Church 8:45
LAKE SHORE-St. Luke's Parish, Clifton and Bunts Rd. 8:30
LAKEWOOD (Orchard Grove)-1417 St. Charles, "r. Detroit" 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal, W. Clifton and Detroit 8:30
LAKEWOOD WOMEN-United Presby. Church, 12601 Detroit Ave 8:30
LEE MONDAY-First Presbyter. Church, East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-10034 Lorain Ave. 8:30
MARINE HOSPITAL-E. 124 & Fairhill 7:30
PEARL-Corpus Christi Basement, 4202 Stickney (E. of Pearl Rd.) 8:30
SHAKER HEIGHTS-Christ Episcopal Church, 3451 Warrensville 8:30
SOUTH EAST GROUP-Holy Name Hall, 8328 Broadway 8:30
THOMPSON PRODUCTS-Main Plant, Clarkwood Av. (Permit at Employ. Office) 4:30
UNION-East View Cong. Church, Kinsman at E. 156th St. 9:00
WEST 25th ST.-Marvel Hall, 2858 W. 25th St. 8:30
ASHITABULA COUNTY MEN-B. of L.E. Hall, Main St., Conneaut, O. 8:30
WILLOUGHBY-Presbyterian Church' 8:30
WOMEN'S-West Side-West Blvd. Christian, W. Blvd. & W. 101st 8:30

TUESDAY

ARCADE-Central Y.M.C.A., East 22nd and Prospect Ave. 8:30
CHARITY-Last Tuesday of each month-Charity Hospital Nurses' Auditorium... 8:30
CLARK-4105 Clark Ave. (Upstairs) 8:30
EAGLE TRAINING-Salvation Army, E. 9th and Eagle 8:00
EDGE LAKE-St. Charles Ave. Dinner at 7:00 p. m. Meeting at 8:30
EDGEWATER-Lorain Ave., Cor. W. 101st St. 8:30
EUCLID-WADE-Calvary Presbyterian Church, E. 79th and Euclid Ave. 8:30
FAIRMOUNT-St. Paul's Episcopal, Fairmount and Coventry 8:30
FAIRVIEW PARK-F&W Grace Church, W. 224th and Lorain Ave 8:30
FOREST HILLS MEN-Markad Motors, 13219 Superior Ave. 8:30
MILES-LEE-Mount Hope Church, E. 164th, north of Miles 8:30
SMITH-WILSON-Nativity School, 95 10 Aetna Road 8:30
SUPERIOR-North Presbyterian Church, E. 40th and Superior 9:00
TAPCO-Post 4, 23555 Euclid, 2nd shift 1:00
TAFCO-Post 4, 23555 Euclid, 3rd shift 9:00
WEST PARK-West Park Baptist Church, W. 152nd and Lorain 8:30
WEST SIDE MEN'S-St. Patrick's Hall, Bridge at W. 38th St. 8:30
WOMEN'S-East Side-First Unitarian Church, Euclid and E. 82nd St. 8:30
ELYRIA YOUNG PEOPLE-Junior Chamber of Corn. Bldg., Harwood St. 9:00
ELYRIA-335 Columbus St. 8:30
LORAIN, O.-Community Hall, 23rd and Beech Sts. 8:00
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
PAINESVILLE, O.-Stag, 33 N. State St. 8:30
STRONGSVILLE-St. Joseph's Church, 10,000 Pearl Rd. 8:30

WEDNESDAY

ALCOLA-6409 Detroit Ave 9:00
BAXTER AVE.-6527 Baxter Ave 8:30
BROADWAY WOMEN-8437 Broadway 8:30
BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30

COLLINWOOD-14709 St. Clair Ave. 8:30
DENISON HfEN-7403 Denison Ave., (first Wednesday, joint meeting) 8:30
DOAN MEN'S-2028 E. 105th St., 2nd floor, side entrance 8:45
EAST SIDE MORNING-2028 E. 105th St. 10:00 A.M.
GARFIELD HEIGHTS-Trinity Baptist, E. 94th and Garfield Blvd. 8:30
LEE ROAD-First Eng. Lutheran, Derbyshire and Euclid Hts. Blvd. 8:30
ST. TAMES-Ward's Convalescing Home, E. 71st and Cedar Ave. 8:15
TAPCO-Post 4, 23555 Euclid, 1st shift 3:30
WARRENSVILLE-Women's House Cor. 7:30
BEDFORD, O.-Y.M.C.A., Tarbell Ave. 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:00
LORAIN, O.-ANTLERS-St. Mary's School, Reid Ave. 8:30
LORAIN COUNTY WOMEN-421 Broadway, Apt. 6 8:30
MIDDLETOWN-Matt Talbot Home, 5018 Prospect Ave. 8:30

THURSDAY

ALAN-1820 East 79th St. 8:30
ALLENDALE-St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
ANGLE-St. Malachi's Church, 2549 Washington Ave. 8:30
BROADWAY-55th-Our Lady of Lourdes School Hall 8:30
COVENTRY-Fairmount Presbyterian Chapel, Scarborough 8:30
EDDY ROAD-Glenville Congregational Church, Eddy and St. Clair 8:30
GLENVILLE-10421 St. Clair Ave. 8:30
LORAIN AVE.-West Park Baptist Church, 15218 Lorain Ave. 8:30
OUTHWAITE-Woodland Center, 7100 Kinsman Ave. 8:30
ROCKY RIVER-Rockport Methodist Church, 3310 Wooster Rd. 8:30
WEST SIDE-7403 Denison Ave. 10:30 A.M.
BEREA, O.-Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland 8:30
EAST LAKE-Vine and Campbell, Willoughby, O. 8:30
INDEPENDENCE, O.-St. John's Lutheran Hall, Second and Sunset 9:00
PAINESVILLE, O.-33 N. State, 3rd fl. 8:30
SHEFFIELD LAKE-640 Sunset Dr. 8:30

FRIDAY

ANSEL ROAD-S. Thomas Church, 9205 Superior Ave. 9:00
BROADWAY-HARVARD-8437 Broadway 8:30
CEDAR-Salvation Army, 2181 E. 55th 8:15
GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St. 8:30
LEE ROAD-2056 E. 105. K. of P. Hall 9:00
MILES MEN'S-Stag Group, 4141 E. 116th St. 8:30
NORTHEAST-2028 E. 105th St. 8:30
ST. JOHN'S HOSPITAL-First Friday of each month 8:30
WEST SIDE YOUNG PEOPLE-St. Rose's Hall, W. 116th-Detroit 8:30
BEREA-Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS, O.-American Legion, E. Orange St. 8:30
CHARDON, O.-Thrasher House, water St., Chardon, O. 8:30
CONNEAUT, O.-B. of L. E. Hall 8:30
EUCLID, O.-Holy Cross Church, E. 200th and Lake Shore Blvd. 8:30
LORAIN-AVON-AA Social Center, 700 Broadway 8:30
MENTOR, O.-Mentor Methodist Church 8:30
OBERLIN, O.-American Legion Home, S. Main and Hamilton 8:30

SATURDAY

BROADWAY MEN'S-St. John's Lutheran Church, Cable at Broadway 8:30
CATHEDRAL-(Stag) St. John's Cathedral, E. 9th and Superior 8:30
CROSSROADS-Euclid Avenue Baptist Church, East 18th 9:00
GLENVILLE-10421 St. Clair Ave 9:00
LAKEWOOD-Sat. Nite-Redeemer Hall, Andrews, near Detroit 8:30
LEAGUE PARK-Gospel Center, 6920 Lexington 8:30
MATT TALBOT-St. Philip Neri Church, E. 82nd and St. Clair 8:30
PARMA-Public Library, 5850 Ridge Rd. 8:30
REDWOOD-Euclid Lutheran Church, E. 260th and Oriole 8:30
VALLEY VIEW-Community Center, West 7th and Starkweather 8:30
GROUP PARK-8005 Lorain Ave. 8:30
ASHITABULA, O.-K. of P. Hall, Elm Av. 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:30
SOLON, O.-St. Rita's Church basement. 9:00
TRINITY-Trinity Evangelical Church, 3525 W. 25th St. 8:30

SUNDAY

COLLINWOOD-14709 St. Clair Ave. 7:30
DETROIT-Mixed-8023 Detroit Ave. 8:00
GORDON PARK-Veteran's Convention Club, 8815 St. Clair Ave. 2:30
LAKEVIEW-CYO Hall, St. Aloysius Church, E. 109th and St. Clair 8:00
LORAIN-DENISON-10034 Lorain Ave. 8:30
MARYMOUNT-2nd Sun. in month, Cafeteria, McCracken and Henry 2:30
MISTLETOE-MacGillis Home, 1560 Mistletoe at Wade Park. 7:00
NEWBURGH-St. Catherine's Church, 3443 E. 93rd St. 8:30
OUTHWAITE-7100 Kinsman Ave. 4:00
STERLING-St. Columkill's Ch. basement. 9:00
SPONSORSHIP MEETING-Glenville Group, 10421 St. Clair Ave. 2:00
WARRENSVILLE-Cooley Farms Recreation Room 10:00 A.M.
GENEVA, O.-Legion Hall, Park St., corner of So. Eagle 2:30
LORAIN, O.-(Stag) AA Social Center, 700 Broadway 10:00 A.M.
PAINESVILLE-33 N. State St. 3rd fl. 8:00

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE-Hanna Building, Room 370 8:30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE-Hanna Building, Room 370 8:30

FOR AUTHORITATIVE AA INFORMATION

AA CLEVELAND DISTRICT OFFICE-Cherry 1.7387 780 The Arcade

LIST OF COOPERATING AA HOSPITALS

Alcoholics Abstinence Nursing Home (MW) Melrose 1-1635 8023 Detroit Ave.
Cleveland Alcoholic Clinic (MW) E.Xpress 1-8998 7809 Euclid Ave.
Farquharson's (Tuxedo 5-1882) (M). 6037 Pearl
MacGillis Nursing Home (MW) RA. 1-2556 1560 Mistletoe Dr. at Wade Pk
Marymount Hospital (MW) Vulcan 3-2310 12300 McCracken Rd.
Pathway (Tyler 1-6698) (MW) 1635 E. 93rd

FOR FIRST TIMERS ONLY

Charity Hospital (MW) Main 1-9400 Central at E. 22nd St.
St. John's Hospital (M) Woodbine 1-5750 7911 Detroit Ave.
(M) men only. (W) women only. (M W) me" and women.

Applicants for appointment to the FBI are required to state whether they drink. One aspirant had the idea that an admission of sobriety might militate against him. He answered: "Applicant does not drink, but is a good mixer."

Drunk (to splendidly uniformed bystander): "Shay, call me a cab, will ya?"

Splendidly uniformed bystander: "My good man, I am not the doorman; I'm a naval officer."

Drunk: "Awright, then call me a boat. I gotta get home."

TSK! TSK!

A wealthy farmer decided to go to church one Sunday. After services, he approached the preacher with much enthusiasm.

"Reverend," he said, "that was a damned good sermon. you gave this morning-damned good."

"I'm satisfied that you liked it," replied the preacher, "but I wish you wouldn't use those terms in expressing yourself."

"I can't help it, Reverend. I still think it was a damned good sermon. I was so impressed with it, I put a hundred dollar bill in the collection plate."

"The hell you did!"

-THE REASON - 11-12

CENTRAL BULLETIN



Vol. IX-No. 8

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THE MORNING BEFORE

CHICAGO-Wandering through the exhibit of the works of the famous Norwegian painter, Edward Munch, at the Chicago Museum of Art, I was startled by one of the largest of his canvases entitled, "The Morning After."

Munch paints with a vividness that emphasizes the theme of his design. Here in this picture was the story of every alcoholic. On a cheap iron bedstead was sprawled a woman, fully clothed. On a nearby table were two empty bottles and a tumbler. She had "tied one on."

The shock of the picture was contained in the lines and the color of the woman's face. Her eyes were closed. She was in a stupor. She had been turning restlessly, haunted by nightmares, in the throes of alcohol. Obviously she was young, but the drawn lines of her face, a face without repose, made her old beyond her years.

Here, in a few deft strokes of a master's brush, was the whole nightmarish kaleidoscope of our lives. Such a picture inevitably makes one like us think.

An entire life time passes through the mind as you look at it. And you stand there and utter a prayer that, from this, with the help of God, you have escaped.

For the girl in the picture-be she real or mythical-there was probably no escape. Munch painted at the turn of the century long before the simple and effective ideas of Alcoholics Anonymous had been put into practice. For thousands of her fellow Norwegians there was little chance of regaining a normal life, either.

Today matters are otherwise in Norway. It is one of the European countries where A. A. has taken the deepest hold. While the drunks still gather on the waterfront in Oslo under the new statue of President Franklin D. Roosevelt and scrounge the price of a drink or a bottle, their numbers are thinning.

Munch did not paint in this canvas what can be called a pretty picture. But he did a service to all afflicted with the disease of alcoholism. It is often healthy to be reminded of the depths from which we have escaped. It helps to jog us back into right thinking channels if, by chance, we are getting to be a bit smug in our sobriety. Smugness leads to another "morning after" unless checked.

In our happiness we should remember that the way to retain it is to help others to escape. This is the price, and it is mighty small, that we must pay as admission to the new life.

We have transformed the drab colors of Munch's work to the bright hues of a better canvas-the canvas of life. What it becomes, how well the picture is drawn, what pigments make it attractive, are matters that we decide.

A bright new color is found in every one of the Twelve steps. The more we apply them, the more they glow. Each man is his own painter. By working deftly, each of us can turn out a masterpiece that could be entitled "The Morning Before"-the morning before we start each day with the determination, with God's help, to stay sober and to assist someone else to achieve the same happy goal.

Let's be folks who are a little better than our words — a little more liberal than our promise — and a little larger in deed than we are in speech.

IT ISN'T FAIR

Last Wednesday night a group of thirty men sat at a dinner in the Carter Hotel where they had revealed to them the shocking financial straits of the Cleveland District AA office.

'These men were advised as they were invited to attend that they would be asked for substantial contributions over and above what they had already given, to meet the present critical financial crisis.

These thirty men pledged a sum of \$1040.00, of which \$670.00 was paid in in cash, the balance to be paid in sixty days.

A laudable spirit these thirty men showed. Their concern was entirely unselfish. They visualized the confusion which would ensue should the office be forced to close. Of course, some were considered wealthy. Some were well-off. They could afford it.

But is it fair that they should shoulder this load?

The office is every AA's responsibility. It requires so little to operate, considering the territory and groups it serves and the great amount of service it renders, that none regardless of income, should avoid assuming any part of the financial burden.

The budget as we recall it is about \$10,000.00 per year. Each year there is a deficit of about \$2,500.00. Expenses include the meager salaries of two people (who are working at salaries far less than they could secure elsewhere), office rent, telephone and miscellaneous general office expenses.

Over 3,000 people have come into AA through this office. They have been assimilated into groups throughout the city. If these 3,000 alone would show their appreciation for the presence of the office for only a part of a day's wages which they now receive because they're sober and which they in all probability would not be receiving had they not found AA, there would be no financial problem. Memories and appreciation are short lived.

It has been stated by those who fail to see the need of a downtown office that anyone can find AA in Cleveland by approaching the nearest policeman. How many of us would have dared to invite spending a night or two in jail for intoxication by approaching a cop? He'd be the last person I'd want to, I'm sure.

But, as we started to say in the earlier part of this piece. It simply isn't fair that only a few should assume the financial burden. It's a reflection on the integrity of the majority of us who benefit by the quiet, efficient existence of the downtown office.

Incidentally, it is operated entirely independent of Central Committee, although by a peculiar coincidence the present moderator and the secretary hold the same positions in the Office Advisory Committee. Their recognized ability, willingness to serve and dedication to the AA cause made their selection inevitable.

Let's all be fair and chip in. It's an obligation.

BE A BULLETIN ROOSTER. GET A NEW SURSCRIRER

TYPICAL ALCOHOLIC

What is a typical alcoholic? Statistically he is either a successful young business man, a skilled laborer or a farmer, in this early 40s, married, and has at least one child. He lives in a town of more than 6,000 population but may have been born on a farm or in a small town. He began drinking before he was 20. He smokes incessantly and is nervous, tired and seriously undernourished.

This is the picture drawn in a current statistical study by the Keeley Institute based on its experience. While we in Alcoholics Anonymous are not concerned with why we are as we are, the statistical pattern of the road we've traversed is interesting.

The study lumps **alcoholics** by classes as follows: small businessmen, 28 per cent; professional men, 21 per cent; skilled laborers, 17 per cent; farmers, 16 per cent; unskilled laborers, 13 per cent; managers and executives, 3 per cent; miscellaneous, 6 per cent. This is at variance with some breakdowns which separate the small businessmen into merchants and salesmen. Under this separation farmers lead the list and salesmen rank second. The study notes that many alcoholics come from occupations which allow great freedom from supervision.

The study refutes the theory that the "only child" is more prone to become alcoholic. Keeley's experience found that most patients—80 per cent—were persons who had two or more brothers or sisters. Only 6 per cent had no brothers or sisters. Largest group—17.66 per cent—was made up of patients with three brothers or sisters.

One third of the patients were from families whose histories showed the existence of no other alcoholic, but the majority came from families which had never faced an identical problem.

Maybe the pigeon who tells you, "I wouldn't drink except for my wife—she doesn't understand me," has something after all. Sixty-nine per cent of the patients treated were married. Only 12 per cent were single, 12 per cent were divorced and 3 per cent separated.

More than half the persons, 65.9 per cent, admitted for treatment had been drinking from a pint to a quart of whisky daily. Those drinking a pint or less numbered 38.5 per cent and those who drank more than a quart accounted for only 6.6 per cent.

Only 20.9 per cent had ever made a serious attempt at rehabilitation. Almost 80 per cent had never attended a meeting of Alcoholics Anonymous, the study commented. Some of the patients had never heard of AA before treatment. To correct this, the institute said it has made a serious attempt to affiliate all patients with AA.

The average alcoholic was found to be above average in intelligence, consistent with sociological theories that alcoholics are above average in intellectual attainment. Only 1.4 per cent had less than 5th grade education; 5th grade through grammar school made up 26.5 per cent; 9th grade through high school accounted for 35.9 per cent; junior college, 17.6 per cent; college 12 per cent and post graduates, 1.6 per cent.

All of which is interesting to us in AA. But our primary objective still remains; how we rot this way isn't important but what we do about it is the most vital thing in the world to us as individuals.

-Here's How, Chicago

MR. AND MRS. VERN BENDER

Two former Clevelanders, Vern B. Bender and his wife, Ruth, were killed in an airplane crash over Key West, Fla., when their air liner collided with a U. S. Navy plane. A total of 43 people lost their lives.

Vern and Ruth operated the Bender Nursing Home in Cleveland for quite a few years. They sold out several years ago and moved to Florida. He was 53 and she 49. They had many friends in Cleveland and vicinity who were greatly shocked at the news.

TOM GALVIN

One of the early pioneers in Cleveland AA, particularly on the westside, died suddenly of a heart attack Monday, May 21st. Tom was one of the early members of old Orchard Grove and was one of the first members of the Berea Friday group, which group claimed him as a member to the time of his death. Our condolences go out to his family.

THE REASON

The reason an alcoholic is an alcoholic is because he drinks in spite of an inability to handle alcohol properly. But the reason he persists in drinking, in spite of the havoc liquor has wrought in his life, is his failure to see himself as a part of the world around him. Being dissatisfied with that world, he seeks to create by drinking a private world of his own, a world in which he is not a financial failure, family problem, or a hazard to himself. A world in which he is never bored, never snubbed, and never lonely.

As time goes on, however, he discovers that it takes more and more alcohol to sustain his sense of well-being or of his own importance. Finally, he finds himself unable to escape into this dream world, no matter how much he drinks. Now then, he does one of two things. He goes all the way down. Or, he stops drinking. When he stops drinking, after the initial difficulties, he discovers certain things. He finds that the real world is as pleasant as the world he built up under liquor. His family and friends are lavish with praise. He finds he can get a job, and that other alcoholics are asking him for advice.

Then, only too often, things stop happening.

The people who praised him begin to forget about him, and to everyone but himself he is just another guy, no worse and no better than a hundred other guys. Of course he is bewildered and angry and hurt, and that is the difficult time for any man who decides to give up liquor. If he holds on he will find himself finally reestablished in the life he has craved, and while he may have to struggle through this period the rewards are infinitely great.

It is not too difficult, for in the last analysis the world a man makes is the only world anyone can know in this life. In a sense he makes his own world. He goes up or down, but he never stands still. And there is only one direction for the alcoholic. That is down.

If he can accept himself as he is and realizes how small any of us are, and makes a resolution to be himself regardless of cost, he will find it pays dividends for it's a lot easier being yourself than being an actor in an acting world.

-Brighter Side, Waterloo, Ia.

AN AA ISLAND

Camp Ouendake (pronounced Wendakee), located in Honey Harbor, Georgian Bay, has been the summer haven for a dozen or more people from this area. Indications are that this number will be tripled for those that returned from there have been most lavish in their praise of the place.

It is a new summer-camp, operated by Mr. and Mrs. Charles Stevenson on a non-profit basis for alcoholics. Married couples as well as single persons are welcome. The rates are but \$30.00 per week. Weekend rates are \$10.00 per person. This includes room and board as well as use of all facilities. The camp launch, a 30 footer makes regular trips among the many beauty spots in the district and Skipper Stevie takes many to the fishing grounds daily. The fighting small mouth bass abound in these waters.

Dress is informal and guests are free to come and go as they please. One necessary accoutrement is rubber-soled footwear as the island is quite rocky.

The launch picks up its passengers at Midland! Ont., Canada. Reservation address is 145 Ellen St., Midland, Ontario.

INDEPENDENCE

The Independence group was singularly favored in hearing Bill D. of Akron, Northern Ohio delegate to the General Service Conference in New York the day after his return.

He reported that in his opinion every delegate from the 37 districts felt the responsibility of their trust . . . that they seemed to lean backward in making sure that the simplicity of the program be assured . . . that there was no evidence of politics . . . no desire for power . . . no setting up of rules and regulations.

Summarizing, Bill stated that the committee was just what he hoped for and that it deserved a chance. It was just like a national Central Committee.

The group observed its first anniversary on May 20th.

BOWLING NOTES

The bowling season is over, banquets were held and prize monies were distributed. The sobriety of many was lengthened by the weekly contact and healthy competition with each other. This association in sport made constant AA's of many who might have wavered.

The Friday westside banquet attracted 200 hungry people who were served "family style,.. They later danced to Pappy Doyle's orchestra. The Denison No. 2 team was crowned champion of the 24 teams in both shifts. Ed B. of the early shift and Art S. of the late wound up with identical high season individual averages, a nice, tidy 182. Bill R. was reelected secretary.

The Thursday AA Bowling league, serving both east and westside groups, crowned Brooklyn as champions with Northeast No. 1 in second place three points behind. Walter K. ended the season with a 182 plus individual average for leader in that field, Tom R. with 256 and Jerry W. with 670 were also prize winners.

Superior No. 3 edged out Glenville No. 2 in the exciting close of the downtown league. L. P. enjoyed a high three of 703 and was second in high singles with 267. Bill S. was high in the latter department with a scorching 288.

The Southeast league bowling at the Golden Pin Recreation Club, had a very tight race which wasn't decided until the last game was rolled. Broadway-55th No. 2 arc champions and Doan Men just nosed out Broadway-55th No. 1 by a single point to cop second place. High single and high three were led by Floyd C.

TRINITY EVENTS

Speakers for June will be (2) Robert C. of Brooklyn ; (9) Edward W., of Valley View; (16) Art S., of Orchard Grove; (23) Tom C. of St. John's; (30) Lucille S. of Allendale. Trinity is always a good place to spend your Saturday nights.

GLENVILLE ANNIVERSARY

Glenville observed its eighth anniversary on Saturday, May 26th. Arrangements were made to accommodate a large crowd. The group welcomes visitors at its regular Thursday and Saturday meetings. The Women's group has disbanded.

NEW GROUP STARTS

The Wickliffe Men's group was organized in April and meets on Friday evenings at 8:00 P. M. in Lady of Mt. Carmel Hall, Wickliffe, Ohio. The secretary is Howard E. D., 1802 E. 291st St., Wickliffe.

GROUP DISBANDS

The Sunday night Painesville group was disbanded due to poor attendance.

BROOKLYN

Speakers for June will be Bill K. of Euclid-Wade, the 6th; Ben T. of Brea, Friday, the 13th; Ed H. of Shaker, the 20th; and Mrs. Jane C. of Lakewood Women, the 27th.

The Brooklyn group meets at 8:30 sharp on Wednesdays in K. of P. Hall, 3316 Broadview, just east of Pearl Road.

WEST PARK

The group regrettably accepted the resignation of John R. ns secretary. Ho has been most conscientious, and only sustained ill health forced him to turn over the reins to capable Elmer P.

John was an ardent Downtown Office and Bulletin booster.

IT ACTUALLY HAPPENED

Mrs. Bill R., wife of the secretary of the Friday bowling leagues writes "Since the column on Williamsburg, Va. appeared, Bill and I visited there. At a cabinet-maker's shop, a notice in the window attracted our attention. It read:

'Owing to the fact that I come from northern climates and find the heat of Virginia summer insufferable, I have been obliged to close up shop for a while and report to a tavern to quench my thirst. I intend to return as soon as my desired object is accomplished.

Lewis B.....n
Master Cabinet Maker'

Bill got a big kick out of that and said to be sure to send that in to the Central Bulletin."

CENTRAL COMMITTEE

Possibly because the first Tuesday of the month on the first day of May, many failed to remember that Central Committee was to meet that night, Only twelve groups responded to roll call.

Regular business was transacted. Treasurer's report showed a balance of 105.34.

A delegate's question about the function of the General Service Conference was answered by a delegate from the Independence group who stated that Bill D., Northern Ohio representative had made a most informative talk on the subject at the Independence meeting the week before. After a discussion it was decided to invite Bill D. to appear at the June Central Committee meeting to give his views on the Conference.

(The next Central Committee meeting will be held in Towne Hall, 2612 Prospect Ave., June 5th at 8:30 P. M.)

AUTO 'CRASH VICTIM

One of our regular out-of-town visitors to Cleveland Bob A. of Chicago met with a serious auto accident in Bath, O. during the middle of April. His knee was shattered and he also suffered a compound fracture of his leg.

He is confined in People's Hospital where he will probably be forced to stay for some time. He would welcome visits from the many friends and acquaintances he has made in this area at the regular hospital visiting hours.

DOAN DATA

Old timers in AA were the speakers during May at the Doan Men's group and the listeners profited by the wealth of experience these men were able to offer. Speakers were, May 2, Jim B., self-styled free-lance member; May 9, Al F. of Lee Road; May 16, Jerry M., Lee Road; May 23, Harry D., Edgclake; May 30, Tony S., former secretary of Glenville.

Quite a number of our groups plan to trek to Columbus on Sunday, June 3 to help the "Big House" observe its anniversary. Any other Clevelanders wishing to attend should be at the visitors entrance at 12:30 A. M. sharp.

OUTHWAITE BENEFIT DANCE

A truly wonderful jolly time was had by the 300 or more people who attended the 'benefit dance of the Outhwaite group on Saturday, May 19th at Playmor Dance Hall, E. 107th and Cedar.

The beneficiary was the group's Rehabilitation Center, a nursing home for colored alcoholics and a haven for men and women readjusting themselves to a life without alcohol.

They are deeply appreciative of the support Cleveland groups gave to their project.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church. 8:30
BORTON-E. Cleve. Congrega. Church 8:45
LAKE SHORE-St. Luke's Parish. 8:30
LAKEWOOD (Orchard Grove)- 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal. 8:30
LAKEWOOD WOMEN-United Presby. 8:30
LEE MONDAY-First Presbyter. Church. 8:30
LORAIN AVE.-10034 Lorain Ave. 8:30
MARINE HOSPITAL-E. 124 & Fairhill 7:30
PEARL-Corpus Christi Bascament 8:30
SHAKER HEIGHTS-Christ Episcopal Church. 8:30
SOUTH EAST GROUP-Holy Name Hall. 8:30
THOMPSON PRODUCTS-Main Plant, Clarkwood Av. 4:30
UNION-East View Cong Church, Kinsman at E. 156th St. 9:00
WEST 25th ST.-Marvel Hall. 8:30
ASHTABULA COUNTY MEN- 8:30
WILLOUGHBY-Presbyterian Church. 8:30
WOMEN'S-West Side West Blvd. 8:30

TUESDAY

ARCADE-Central Y.M.C.A. 8:30
CHARITY-Last Tuesday of each month- 8:30
CLARK4105 Clark Ave. (Unstairs) 8:30
EAGLE TRAINING-%lvation Arm.; 8:00
EDGE LAKE- St. Charles Ave. 8:30
EUCLID-WADE-Calvary Presbyterian Church. 8:30
FAIRMOUNT-St. Paul's Episcopal. 8:30
FAIRVIEW PARK-Fairview Grace Church. 8:30
FOREST HILLS MEN-Markad Motors, 13219 Superior Ave. 8:30
MILES-LEE-Mount Hope Church, E. 164th north of Miles. 8:30
SMITH-WILSON-Nativity School. 8:30
SUPERIOR-North Presbyterian Church. 9:00
TAPCO-Post 4, 23555 Euclid, 2nd shift 1:00
TAPCO-Post 4, 23555 Euclid, 3rd shift 9:00
WEST PARK-West Park Baptist Church, W. 152nd and Lorain. 8:30
WEST SIDE MEN'S-St. Patrick's Hall, Bridge at W. 38th St. 8:30
WOMEN'S-East Side-First Unitarian Church, Euclid and E. 82nd St. 8:30
ELYRIA YOUNG PEOPLE-Junior Chamber of Com. Bldg., Harwood St. 9:00
ELYRIA-335 Columbus St. 8:30
LORAIN. O.-Community Hall, 23rd and Beech Sts. 8:00
MEDINA. O.-St. Paul's Epis. Par. Hse. 8:30
PAINESVILLE. O.-Stag. 33 N. State St. 8:30
STRONGSVILLE-St. Joseph's Church. 10.000 Pearl Rd. 8:30

WEDNESDAY

ALCOLA-6409 Detroit Ave. 9:00
BAXTER AVE.-6527 Baxter Ave. 8:30
BROADWAY WOMEN-8437 Broadway 8:30
BROOKLYN-K. of P. Hall. 3316 Broadview. East of Pearl Rd. 8:30

COLLINWOOD-14709 St. Clair Ave. 8:30
DENISOW MEN-7403 Denison Ave., (first Wednesday, joint meeting) 8:30
DOAN MEN'S-2028 E. 105th St., 2nd floor, side entrance 8:45
EAST SIDE MORNING- 2028 E. 105th St. 10:00 A. M.
GARFI ELD HEIGHTS-Trinity Baptist, E. 94th and Garfield Blvd. 8:30
LEE ROAD-First Eng. Lutheran, Derbyshire and Euclid Hts. Blvd. 8:30
ST. JAMES-Ward's Convalescent Home, E. 71st and Cedar Ave. 8:15
TAPCO-Post 4, 23555 Euclid, 1st shift 3:30
WARRENSVILLE-Women's House Cor. 7:30
BEDFORD. O.-Y.M.C.A., Tarbell Ave. 8:30
ELYRIA. O.-St. Andrew's Episcopal Church, Middle and Third 8:00
LORAIN O.-ANTLERS- St. Mary's School, Reid Ave. 8:30
LORAIN COUNTY WOMEN- 421 Broadway, Apt. 6 8:30
MIDTOWN-Matt Talbot Home, 5018 Prospect Ave. 8:30

THURSDAY

ALAN-1820 East 79th St. 8:30
ALLENDALE-St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
ANGLE-St. Malachi's Church, 2549 Washington Ave. 8:30
BROADWAY-55th-Our Lady of Lourdes School Hall 8:30
COVENTRY-Fairmount Presbyterian Chapel, Scarborough 8:30
EDDY ROAD-Glenview Congregational Church, Eddy and St. Clair 8:30
GLENVILLE-10421 St. Clair Ave. 8:30
LORAIN AVE.-West Park Baptist Church, 15218 Lorain Ave. 8:30
OUTHWAITE-Woodland Center, 7100 Kinsman Ave. 8:30
ROCKY RIVER-Rockport Methodist Church, 33 IO Wooster Rd. 8:30
WEST SIDE-7103 Denison Ave. 10:30 A.M.
BEREA. O.-Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland 8:30
EAST LAKE-Vine and Campbell, Willoughby, O. 8:30
INDEPENDENCE. O.-St. John's Lutheran Hall, Second and Sunset 9:00
PAINESVILLE. O.-33 N. State, 3rd fl. 8:30
SHEFFIELD LAKE-640 Sunset Dr. 8:30

FRIDAY

ANSEL ROAD-St. Thomas Church, 9205 Superior Ave. 9:00
BROADWAY-HARVARD-8437 Broadway 8:30
CEDAR-Salvation Army, 2181 E. 55th 8:15
GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St. 8:30
LEE ROAD-2056 E. 105, K. of P. Hall 9:00
MILLS MEN'S-Star Group, 4141 E. 116th St. 8:30
NORTHEAST-2028 E. 105th St. 8:30
ST. JOHN'S HOSPITAL-First Friday of each month 8:30
WEST SIDE YOUNG PEOPLE- St. Rose's Hall, W. 116th-Detroit 8:30
BEREA-Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS. O.-American Legion, Orange St. 8:30
CHARDON. O.-Thrasher House, Water St., Chardon, O. 8:30
CONNEAUT. O.-n. of L. E. Hall 8:30
EUCLID. O.-Holy Cross Church, E. 200th and Lake Shore Blvd. 8:30
LORAIN-AVON-AA Social Center, 700 Broadway 8:30
MENTOR. O.-Mentor Methodist Church 8:30
OBERLIN. O.-American Legion Home, S. Main and Hamilton 8:30
WICKLIFFE MEN-Lady of Mt. Carmel Hall, Wickliffe, O. 8:00

SATURDAY

BROADWAY MEN'S-St. John's Lutheran Church, Cable at Broadway 8:30
CATHEDRAL-(Stag) St. John's Cathedral, E. 9th and Superior. 8:30
CROSSROADS-Euclid Avenue Baptist Church, East 18th 9:00
GLENVILLE-10421 St. Clair Ave. 9:00
LAKEWOOD-Sat. Nite-Redeemer Hall, Andrew, near Detroit 8:30
LEAGUE PARK-Gospel Center, 6920 Lexington 8:30
MATT TALBOT-St. Philip Neri Church, E. 82nd and St. Clair 8:30
PARMA-Public Library, 5850 Ridge Rd. 8:30
REDWOOD-Euclid Lutheran Church, E. 260th and Oriole 8:30
VALLEY VIEW-Community Center, West 7th and Starkweather 8:30
8005 GROUP-8005 Lorain Ave. 8:30
ASHTABULA. O.-K. of P. Hall, Elm Av. 8:30
ELYRIA. O.-St. Andrew's Episcopal Church, Middle and Third 8:30
SOLOMON. O.-St. Rita's Church basement 9:00
TRINITY-Trinity Evangelical Church, 3325 W. 25th St. 8:30

SUNDAY

COLLINWOOD-14709 St. Clair Ave. 7:30
DETROIT-Mixed-8023 Detroit Ave. 8:00
GORDON PARK-Veteran's Convention Club, 8815 St. Clair Ave. 2:30
LAKEVIEW-CYO Hall, St. Aloysius Church, E. 109th and St. Clair 8:00
LORAIN-DENISON-10034 Lorain Ave. 8:30
MARYMOUNT-2nd Sun. in month, Cafeteria McCracken and Henry 2:30
MISTLETOE-MacGillis Home, 1560 blistrtce at Wade Park 7:00
NEWBURGH-St. Catherine's Church, 3443 E. 93rd St. 8:30
OUTHWAITE-7100 Kinsman Ave. 4:00
STERLING-St. Columkill's Ch. basement. 9:00
SPONSORSHIP MEETING-Glenville Group, 10421 St. Clair Ave. 2:00
WARRENSVILLE-Cooley Farms Recreation Room 10:00 A. M.
GENEVA. O.-Legion Hall, Park St. corner of so. E a g l e 7:30
LORAIN. O.- (Stag) AA Social Center, 700 Broadway 10:00 A. M.

1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE-- Hanna Building, Room 370. 8:30

3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE-- Hanna Building, Room 370 8:30

FOR AUTHORTATIVE AA INFORMATION
A. CLEVELAND DISTRICT OFFICE-- Cherry 1-7387. 780 The Arcade

LIST OF COOPERATING AA HOSPITALS
Alcoholics Abstinence Nursing Home (MW)
Al Elrose 1 - 1 6 3 5 8023 Detroit Ave.
Cleveland Alcohollic Clinic (MW)
Express 1-8998 7809 Euclid Ave.
Farquharson's (1Uxedo 5-1882) (M) 6037 Pearl
MacGillis Nursing Home (MW)
RA. 1-2556 1560 Mistletoe Dr. at Wade Pk
Marymount Hospital (MW)
Vulcan 3-2310 12300 McCracken Rd.
Pathway (Tyler-1-6698) (MW) 1635 E. 93rd

FOR FIRST TIMERS ONLY
Charity Hospital (MW)
M Ain 1-9400 Central at E. 22nd St.
St. John's Hospital (M)
Woolbine 1-5750 7911 Detroit Ave.
(M) men only. (W) women only.
(MW) men and women.

SOUTH-EASTERN AA CONVENTION

There will be a three day AA convention in Atlanta, Georgia in the Biltmore Hotel on July 12, 13 and 14. Quite a novel program has been arranged and all AA's from this area are welcome to attend.

The registration fee which includes the Saturday night banquet is \$10.00 for the AA members and \$7.60 for non AA. Room rates run from \$3.60 to 8.00 per day for a single room and from \$6.00 to \$12.00 per day for double. Hotels are Biltmore (headquarters), Peachtree Manor, Cox-Carlton and Georgian Terrace.

Contact AA Convention or Peachtree Committee, Bos 1215, Atlanta, Georgia.

A parson met one of his flock in the village street and stopped to speak to him. "John, my good man," he said severly, "your wife tells me that your conduct of late has not been at all desirable. Why don't you take a lesson from me? I can go to the village and come back again without getting inebriated." "Aye, mebbe you can, sir," replied the other, "but, ye see, you're not as popular as I am."

He was a Tennessee farmer. He became wealthy, married a beautiful girl and brought her to his farm. In fact, she was so beautiful he couldn't keep his hands away from her. So-he fired the hands.

CENTRAL BULLETIN



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WE'VE ARRIVED

Well, boys and girls, we've arrived. We have come a long way from the stinking, blurred bar room to the green baize tables and bright lights of the high councils of the World Health Organization which is one of the agencies of the United Nations.

Who ever would have thought we would get there? We have been recognized. Alcoholism is a disease, say the learned men from many countries and something should be done about it.

All this is reported in the latest issue of the World Health Organization Newsletter from which we quote the following passages:

"Some time ago several States members had sunnesteed the inclusion of alcoholism in the program of the Organization. At its first session the expert committee on mental health of WHO (World Health Organization) recommended the creation of a sub-committee on alcoholism. This recommendation was adopted by the executive board, and in December 1950 the director-general convened an expert group of six psychiatrists from as many countries to discuss, and advise on, the problems of alcoholism. * * *

"Such a large burden (as alcoholism) cannot be shouldered by the medical profession alone, and the committee therefore recommended training of psychologists, social workers, nurses and members of allied professions to participate in the prevention and treatment of alcoholism."

When one considers how long mankind has been tipling and been perplexed by the attendant troubles, the determination to do something about it on a practicable basis has been a long time coming.

As far back as the Fifth century B.C., Hippocrates, the father of medicine, wrote that "intemperance in eating and in drinking is a symptom of the psyche."

Not until the time of Thomas Trotter, a Scots doctor in the last quarter of the Eighteenth century, and Benjamin Rush, surgeon general of the United States, who was his contemporary, did medicine take a serious view of alcoholism.

In the ensuing 150 years recognition of alcoholism as a disease has made slight progress. Hear what the WHO Newsletter then says:

"In the last 12 years, however, there has suddenly developed a trend in the medical profession as well as in lay circles towards the recognition of alcoholism as a disease or, more correctly, a medical disorder. Experimental findings have replaced intuition, and clinical activities have convinced the public that the medical view of alcoholism is different, indeed, from the propositions of 'reform societies.'"

Important to us is the statement, "in the last 12 years." All of us know what happened then. Alcoholics Anonymous was just getting under way. And the progress it has made surpasses all the efforts of the medical profession and the psychologists. Not that we belittle their work or the belated recognition by the professionals that

(Continued on page two)

IS IT LUCK?

"Ever since I joined AA my luck has changed" was the remark of a speaker in a lead we heard the other night. The speaker went on to describe his material gains during his three and one-half years of fellowship in AA. They were substantial and impressive. He was indeed fortunate.

But, we pondered, how can he possibly call it luck? Belief and dependence in luck indicates (in our book at least) a faith in a power completely alien to a divine power. When his luck changes and stays bad, where is his assurance and what will be his means of effecting a change? Will he try Voodoo . . . walk under a ladder, spill salt deliberately and neglect to throw some over

his shoulder . . . go out of his way to find a black cat . . . deliberately twisting the accepted superstitions until he forces "Lady Luck" to smile at him again?

It is a mystery to us how anyone in AA, having fully accepted every one of the Twelve Steps, can deliberately turn his back to the Source of his help and invoke the hazardous help of the mythical, flighty and fickle Lady Luck. Lady Luck is the goddess of the unbeliever, the sorcerer—yes the devil. Those who have subscribed to the program of AA—those who after having tried to run their lives themselves after the world pattern (the unbeliever's pattern, if you please)—accepted Step Two and Three. They came to believe that only a Power greater than themselves could restore them to sane living and accordingly they turned their lives over to God as they understood him.

In their darkest hour of fear, their self-made hell into a new world—a world of promise and of peace to the soul. Did "luck" by the greatest stretch of imagination ever enter in their consciousness when they had their spiritual cleansing and when they reaffirmed their faith as they thanked their God for the rich blessing they received?

We're fickle by nature. We hold our gifts too lightly, and as we gather strength to fight life's battles, we naturally will come into contact with many peoples again who haven't had the soul-stirring experiences we'd had. Mixing with them, living with them, we sometimes are inclined to think like them again.

If we remain true to our course and are strong in soul we can properly mix with them and remain unsullied. Remaining true to the course means steadfast devotion to the Daily Plan. Being the types we are we must always be on guard. We can't relax a minute from our resolve to be forever loyal to Him who brought a new way of life and peace of mind to our soul.

If you've been singularly fortunate, don't call it luck—thank God for it. If you've suffered a misfortune which tries your soul, accept it without grumbling. The measure of your faith is gauged in the way you accept the vicissitudes of life.

There's no such thing as "luck" for an enlightened AA.

WE'VE ARRIVED
(Continued from page one)

alcoholism is a disease. What they are doing is helping many men and women, who, for some reason, we cannot reach. But the WHO magazine and the medical and mental professions will do the greatest good for the greatest number around the world if they give close study to what has been accomplished by A. A. While A. A. seeks no public credit, striving only for sobriety in its own members and those who need it, the fact remains that its program gave the impetus to all that has followed "in the last 12 years."

AA DISTRICT OFFICE

The June editorial "It Isn't Fair" brought several interesting letters and generous responses. It seems evident that some group secretaries have given only casual mention of the need of support. We urge a greater consciousness of the importance of the office.

Following a report of contributions to date. The budget needs are \$10,000 per year. Including the emergency collection, a total of only \$5,788.00 has been collected. Some groups have responded magnificently averaging better than \$10.00 per member. With approximately 4,000 members in this area the budget should be oversubscribed. If you haven't done your bit, do it NOW.

Out of 102 groups only 74 responded. Twenty-eight groups gave nothing. Incidentally most of these 28 groups ask for and receive service from the office.

**Contributions Received From Groups During Period
November 1, 1950 — June 15, 1951**

Group	Total Contributions Including Tax stamps
ADDISON	\$ 33.47
ALAN
ALCOLA WEDNESDAY
ANGLE	6.00
ALLENDALE	97.17
ANSEL ROAD	30.16
ARCADE	15.00
ASHTABULA MONDAY
ASHTABULA WEDNESDAY	25.00
ASHTABULA SATURDAY	13.00
ASHTABULA COUNTY MEN	10.00
BAXTER AVENUE	51.21
BEDFORD	35.00
BEREA THURSDAY	83.23
HERE1 FRIDAY	24.95
BORTON	188.51
BROADWAY-55th STREET	60.50
BROADWAY HARVARD	10.00
BROADWAY MEN	40.74
BROADWAY WOMEN (INACTIVE)	15.93
BROOKLYN	150.50
CATHEDRAL STAG	45.75
CEDAR
CHAGRIN FALLS	50.00
CHARDON	2.00
CLARK	14.00
COLLINWOOD	126.61
CONNEAUT
COVENTRY	341.74
CROSSROADS	5.00
DENISON STAG	30.00
DOAN MEN	189.46
EAST LAKE
EAST SIDE MORNING	10.00
EDDY ROAD	30.00
EDGELAKE	561.00
8005
ELYRIA
EUCIID VILLAGE	91.51
EUCIID WADE	121.22
FAIRMOUNT	200.00
FAIRVIEW PARK	2.51
FOREST HILLS MEN	50.00
GARFIELD HEIGHTS	22.79
GENEVA	5.00
GLENVILLE
GLENVILLE WOMEN (INACTIVE)	20.80
GORDON SQUARE	5.00
INDEPENDENCE	87.00
LAKE SHORE	278.50
LAKEWOOD SAT NITE
LAKEWOOD MEN	126.00
LAKEWOOD WOMEN	55.00
LAGUE PARK
LEE MONDAY	40.00
LEE ROAD WEDNESDAY	220.00
LEE ROAD FRIDAY
LORAIN AVE MONDAY
LORAIN AVENUE THURSDAY
LORAIN COUNTY WOMEN	25.00
LORAIN WOOD
LORAIN DENISON SUNDAY	10.00

MARIANNE
MATT TALBOT	14.00
MIDTOWN
MILES-LEE	134.50
MISTLETOE
MILES MEN	1.32
NEW BURGHI	92.61
NORTHEAST	42.65
ORCHARD GROVE	50.00
OUTHWAITE	35.00
PAINESVILLE	12.00
PAINESVILLE MEN
PARMA	35.00
PEARL	75.53
REDWOOD	10.00
ROCKY RIVER	189.36
ST. CLAIR LAKEVIEW	53.00
ST. JAMES	20.00
SLAKER	822.50
SHEFFIELD LAKE
SOLOH	6.77
SOUTHEAST	51.62
SMITH-WILSON	26.68
STERLING
STRONGSVILLE
SUPERIOR	21.05
TAPCO
THOMPSON PRODUCTS
TRINITY	55.00
UNION	12.75
VALLEYVIEW
WEST PARK	63.61
WEST SIDE MORNING
WEST SIDE MEN
WEST SIDE YOUNG PEOPLE	50.00
WEST 25th ST REET.	51.92
WILLOUGHBY
WOMEN'S EAST SIDE	94.65
WOMEN'S WEDNESDAY AFTERNOON	15.01
WOMEN'S WEST SIDE	94.88

TOTAL \$5,788.00
74 CONTRIBUTING GROUPS (2500+ INACTIVE)

THE GREAT PAYOFF

One of the grandest rewards for fidelity to the AA program came to Gus F. of the Brooklyn and Trinity groups on May 29th.

Gus had been separated from his family for 17 years. He came into the program five years ago, lonesome and with few friends. He found many in AA.

He had children but had seen little of them. In fact his oldest boy was about 17 when he saw him last in 1940.

Something prodded him to attend the Clark group meeting which observed the first anniversary of popular Arlene C. He was tired and almost decided not to go, but finally did.

He rose to comment on the talk given by Arlene. When the meeting closed, the crowd gathered in separate groups the largest crowding around Arlene to offer personal tribute to her outstanding work for the group. Among these was a man who told her he was attending his first meeting. Arlene properly introduced him to the others around her.

Turning to Gus, she embarrassedly asked his last name, and as Gus told her, the newcomer yelled, "Dad"!

When Gus had last seen his son Roland, he was of slight build. The eleven years had added 50 pounds and several inches to the son's frame and Gus had not recognized him.

Roland and he had always been pals when the family was together. Will you believe they're pals now? You betcha!

And some people think there's no pay-off in AA. Ask Gus . . . and ask Roland.

TRAGEDY

Members of the Lorain Avenue Thursday group were shocked to hear of the tragic passing of member Jeff Edwards on Sunday, June 24th. Jeff was hit on the back of his head by a soft-ball thrown from the outfield in a baseball game which he was interested in.

EDGELAKE

One of our newer but beloved members Tom Shortt passed away suddenly, victim of a heart attack on Friday, June 22nd. A massive, powerfully built man, Tom looked indestructible. We offer our deepest sympathy to his bereaved spouse.

Tom's death saddened the crowd which assembled at Al H.'s estate in Strongsville for the groups annual picnic on Sunday, June 24th.

A DAY AT THE DISTRICT OFFICE

Here are highlights of an average day at the AA District Office:

9:00 A. M.-Office opens. Telephone message bureau checked for calls that have come in during the night. Three calls. One from bar-no longer there. One from man who wants help as soon as possible-turned over to Morning Group Secretary. Third call from person who wants information about opening nursing home-referred to Hospital Committee Secretary.

First mail delivery. Mail includes literature orders from several out of town Groups. These filled and prepared for mailing. Also letter from out of town member trying to locate Cleveland member-we will attempt this through directory search and Group Secretaries; and letter requesting contact after reading literature sent out by office-this will be referred to Group Secretary.

A woman calls. She wants to see members of AA. She has never had an AA contact before and will be home all day. This is turned over to Secretary of Woman's Group.

A man comes to the Office in need of help, funds, and housing. He has been drinking. He is advised to go to the Wayfarer's Lodge where members of one of the downtown Groups will see him tonight.

A member calls. They need a speaker for tonight at his meeting. Five or six phone calls are made. A speaker is secured. The member is informed.

An out of town AA drops in. He is in Cleveland for a visit. Where can he find a meeting? He is given a copy of the Central Bulletin and information on how to get to the various meetings.

Another batch of mail arrives. More literature orders, a request for four speakers for next month from an out of town Group, and a contribution for the work of this Office. Orders filled, out of town speaker program blocked out, and Contribution gratefully acknowledged. We need the money.

A man comes to the office to discuss his father who has a serious drinking problem but who is not willing to admit it or to do anything about it. The man is given literature which explains what AA is and how it works, and is urged to read it himself and to try to get his father to read it also.

A man calls for help from a downtown hotel. He is a member from another city who has slipped. A Cleveland member whose office is in the downtown section is called. He will see the out-of-town member before going home tonight.

A woman calls for help for her husband who does not know she is calling. We suggest that we write her husband a letter giving him information about AA and telling him how to reach us if he wants us. She thinks this is a good idea.

A man calls for help. He has never had a contact before. His name and address is taken and turned over to the Secretary of the Group which meets nearest his home. Members of that Group will call on him this evening.

5:00 P. M. Office closes. (Telephone message bureau checked at 8:00 P. M.)

LORAIN COUNTY CONSOLIDATED

Mrs. Irene W. will be the guest speaker at the monthly Lorain County Consolidated meeting on Sunday, July 1st at 7:00 p. m. Daylight Saving Time) in the Alconon Club rooms, 345 Broad St., Elyria, Ohio.

ALLEDALE ELECTS

The Allendale group elected its first woman secretary in Mrs. Lucille S. who joined the group as its first woman member. Lucille has been a valuable asset to the group and deserved the honor.

BROOKLYN SPEAKERS

July 4th, no meeting; July 11th, Charlie and Harry C. (twins) of the W. S. Young People's group; July 18th, Leonard J. of Brooklyn; July 25th, Ed. H. of Shaker. Everyone welcome.

INDEPENDENCE ELECTS

Popular "Jake" J. has been elected secretary of the Independence group succeeding Bill B. who has served faithfully for some long time. Jake will also do a good job.

MARYANNE GROUP CEASES

The Maryanne Women's Group held its final meeting on Wednesday, June 27th at 1421 East Boulevard. Bill D. of Akron was the guest speaker.

It is with deep regret that we report the closing of the Maryanne Home for Girls at the same address which promised to be the answer to the housing problem of girls released from corrective institutions. Where can these poor girls go now, we wonder. They accomplished great things considering the limited support they received.

TRINITY EVENTS

Speakers for July will include Jack G. of West Park, July 7; James I. of Sterling, July 14; a panel of four women will answer submitted questions includes Mary F. and Betty B. of Westside Women and Mary L. and Frieda L. of Brooklyn on July 21; Dave L. of Matt Talbot completes the month on the 28th.

PARMA

Ethel M. of Barberton, first woman member of AA will be the speaker at the August 4th meeting of the Parma group.

GLENVILLE PICNIC

One of the great occasions in Cleveland AA life is the annual picnic of the Glenville group at Wiegand's Lake which is located off Route 87. It will be held on Sunday, August 6th.

LONDON PRISON FARM

Geo. B. of Cleveland spoke to the London Prison group on Sunday, May 27th. Pete G. of Parma will speak there on Sunday, July 10th.

A GIGGLE FROM PADUCAH

Johnny G. of Glenville, on a belated honeymoon to Paducah, Ky., ran across the following giggle which appeared in the Sun Democrat of that city. Here 'tis.

Old jokes never die, and this one hasn't quite faded away:

A man was walking down the street of a Kentucky mountain town when a hillbilly carrying a shotgun accosted him. Thrusting the shotgun into the man's stomach, the hillbilly said, "Take a drink, Friend."

"Thank you, but I don't drink," the man replied.

The hillbilly nudged him harder with the gun and insisted, "I said take a drink, Friend."

The man saw the point, turned up the jug, and took a long swig. Immediately he began to shiver, shake, quiver, and quake. After a painful time, he was able to explode, "Ugh, that's the WORST stuff I ever tasted."

"Ain't it the truth," the hillbilly agreed. "Now you hold the gun on me and make ME take a drink."



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church. Cor. Addison and Wade Park... 8:30
BORTON-E. Cleve. Congrega. Church Page and Euclid Ave... 8:45
LAKE SHORE-St. Luke's Parish. Clifton and Bunts Rd... 8:30
LAKEWOOD (Orchard Grove)-1417 St. Charles St. Detroit... 8:30
LAKFWOOD MEN'S-St. Peter's Episcopal. W. Clifton and Detroit... 8:30
LAKWOOD WOMEN-United Presby. Church, 12601 Detroit Ave... 8:30
LEE MONDAY-First Presbyter. Church, East Cleveland, Nela and Euclid... 8:30
LORAIN AVE.-10034 Lorain Ave... 8:30
MARINE HOSPITAL-E. 124 & Fairhill... 7:30
PEARL-Corpus Christi Basement, 4202 Stickney (E. of Pearl Rd)... 8:30
SHAKER HEIGHTS-Christ Episcopal Church, 3451 Warrensville... 8:30
SOUTH EAST GROUP-Holy Name Hall, 8328 Broadway... 8:30
THOMPSON PRODUCTS-Main Plant, Clarkwood Av. (Permit at Employ. Office) 4:30
UNION-East View Cong. Church. Kinsman at E. 156th St... 9:00
WEST 25th ST-Marvel Hall... 8:30
ASHTABULA COUNTY MEN-B. of L. E. Hall, Main St. Conneaut, O... 8:30
WILLOUGHBY-Presbyterian Church, Willoughby, O... 8:30
WOMEN'S-West Side-West Blvd. Christian, W. Blvd. & W. 101st... 8:30
TUESDAY
ARCADE-Central Y.M.C.A., East 2nd and Prospect Ave... 8:30
CHARITY-Last Tuesday of each month-Charity Hospital Nurses' Auditorium... 8:30
CLARK 4105 Clark Ave. (Upstairs) 8:30
EAGLE TRAINING-Salvation Army, E. 9th and Eagle... 8:00
EDGE LAKE-St. Charles Ave. Dinner at 7:00 p. Meeting at 8:30
EDGE WATER-Lrain Ave... 8:30
EUCLID-WADE-Calvary Presbyterian Church, E. 79th and Euclid Ave... 8:30
FAIRMOUNT-St. Paul's Episcopal, Fairmount and Coventry... 8:30
FAIRVIEW V. PARK-Fairview Grace Church, W. 224th and Lorain Ave... 8:30
FOREST HILLS MEN-Markad Motors, 13219 Superior Ave... 8:30
MILES-LE E-Mount Hope Church, E. 164th, north of Miles... 8:30
SMITH-WILSON-Nativity School, 9510 Aetna Road... 8:30
SUPERIOR-North Presbyterian Church, E. 40th and Superior... 9:00
TAPCO-Post 4, 23555 Euclid, 2nd shift... 1:00
TAPCO-Post 4, 23555 Euclid, 3rd shift... 9:00
WEST PARK-West Park Baptist Church, W. 152nd and Lorain... 8:30
WEST SIDE MEN'S-St. Patrick's Hall, Bridge at W. 38th St... 8:30
WOMEN'S-East Side-First Unitarian Church, Euclid and E. 82nd St... 8:30
FLYRIA YOUNG PEOPLE-Junior Chamber of Com. Bldg., Harwood St... 9:00
FLYRIA-335 Columbus St... 8:30
LORAIN, O.-Community Hall, 23rd and Beech St... 8:00
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
PAINESVILLE, O.-Stag, 33 N. State St... 8:30
STRONGSVILLE-St. Joseph's Church, 10,000 Pearl Rd... 8:30
WEDNESDAY
ALCOLA-6409 Detroit Ave... 9:00
BAXTER AVE.-6527 Baxter Ave... 8:30
BROADWAY WOMEN-8437 Broadway... 8:30
BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd... 8:30

COLLINWOOD-14709 St. Clair Ave... 8:30
DENISON MEN-7403 Denison Ave. (first Wednesday, joint meeting) 8:30
DOAN MEN'S-2028 E. 105th St... 8:45
EAST SIDE MORNING-2028 E. 105th St... 10:00 A. M.
GARFIELD HEIGHTS-Trinity Baptist, E. 94th and Garfield Blvd... 8:30
LEE ROAD-First Eng. Lutheran, Derbyshire and Euclid Hts. Blvd... 8:30
ST. JAMES-Ward's Convalescing Home, E. 71st and Cedar Ave... 8:15
TAPCO-Post 4, 23555 Euclid, 1st shift... 3:30
WARRENSVILLE-Women's House Cor... 7:30
BEDFORD, O.-Y.M.C.A., Tarbell Ave... 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third... 8:00
LORAIN, O.-ANTLERS-St. Mary's School, Reid Ave... 8:30
LORAIN COUNTY WOMEN-421 Broadway, Apt. 6... 8:30
MIDTOWN-Matt Talbot Home, 5018 Prospect Ave... 8:30
THURSDAY
ALAN-1820 East 79th St... 8:30
ALLENDALE-St. Paul's Episcopal Church, 15837 Euclid Ave... 8:30
ANGEL-F. St. Malachi's Church, 2549 Washington Ave... 8:30
BROADWAY-55th-Our Lady of Lourdes School Hall... 8:30
COVENTRY-Fairmount Presbyterian Chapel, Scarborough... 8:30
EDDY ROAD-Glenview Congregational Church, Eddy and St. Clair... 8:30
GLENNVILLE-10421 St. Clair Ave... 8:30
LORAIN AVE.-West Park Baptist Church, 15218 Lorain Ave... 8:30
OUTHWAITE-Woodland Center, 7100 Kinsman Ave... 8:30
ROCKY RIVER-Rockport Methodist Church, 3310 Wooster Rd... 8:30
WEST SIDE-7403 Denison Ave... 10:30 A.M.
BEREA, O.-Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland... 8:30
EAST LAKE-Vine and Campbell, Willoughby, O... 8:30
INDEPENDENCE, O.-St. John's Lutheran Hall, Second and Sunset... 9:00
PAINESVILLE, O.-33 N. State, 3rd fl... 8:30
SHEFFIELD LAKE-640 Sunset Dr... 8:30
FRIDAY
ANSEL ROAD-St. Thomas Church, 9205 Superior Ave... 9:00
BROADWAY-HARVARD-8437 Broadway 8:30
CEDAR-Salvation Army, 2181 E. 55th... 8:15
GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St... 8:30
LEE ROAD-2056 E. 105, K. of P. Hall 9:00
MILES MEN'S-Stag Group, 4141 E. 116th St... 8:30
NORTHEAST-2028 E. 105th St... 8:30
ST. JOHN'S SOCIETY-First Friday of each month... 8:30
WEST SIDE YOUNG PEOPLE-St. Rose's Hall, W. 116th, Detroit... 8:30
BEREA-Social room of Berea Cong. Church, Seminary and Church... 8:30
CHAGRIN FALLS, O.-American Legion, E. Orange St... 8:30
CHAKDON, O.-Thrasher House, Water St., Chardon, O... 8:30
CONNEAUT, O.-B. of L. E. Hall... 8:30
EUCLID, O.-Holy Cross Church, E. 200th and Lake Shore Blvd... 8:30
LORAIN AVON-AA Social Center, 700 Broadway... 8:30
MENTOR, O.-Mentor Methodist Church 8:30
OBERLIN, O.-American Legion Home, S. Main and Hamilton... 8:30
WICKLIFFE MEN-Lady of Mt. Carmel Hall, Wickliffe, O... 8:00

SATURDAY

BROADWAY MEN'S-St. John's Lutheran Church, Cable at Broadway... 8:30
CATH EDRAL-(Stag) St. John's Cathedral, E. 9th and Superior... 8:30
CROSSROADS-Euclid Avenue Baptist Church, East 18th... 9:00
GLENNVILLE-10421 St. Clair Ave... 9:00
LAKEWOOD-Sat. Nite-Redeemer Hall, Andrews, near Detroit... 8:30
LEAGUE PARK-Gospel Center, 6920 Lexington... 8:30
MATT TAYLOR-St. Philip Neri Church, E. 82nd and St. Clair... 8:30
I. A. R. Public Library, 5850 Ridge Rd... 8:30
REDWOOD-Euclid Lutheran Church, E. 260th and Oriole... 8:30
VALLEY VIEW-Community Center, West 7th and Starkweather... 8:30
8005 GROUP-8005 Lorain Ave... 8:30
ASHLAND, O.-K. of P. Hall, Elm Av... 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third... 8:30
SOLON, O.-St. Rita's Church basement... 9:00
FRINTY-Trinity Evangelical Church, 3525 W... 8:30

SUNDAY

CULLINWOOD-14709 St. Clair Ave... 7:30
DETROIT-Mixed-8023 Detroit Ave... 8:00
GORDON PARK-Veteran's Convention Club, 8815 St. Clair Ave... 2:30
LAKEVIEW-CYO Hall, St. Aloysius Church, E. 109th and St. Clair... 8:00
LORAIN-DENISON-10034 Lorain Ave... 8:30
MARYMOUNT-2nd Sun. in month, Cafeteria, McCracken and Henry... 2:30
MISTLETOE-MacGillis Home, 15th Mistletoe at Wade Park... 7:00
NEWBURGH-St. Catherine's Church, 3443 E. 93rd St... 8:30
OUTHWAITE-7100 Kinsman Ave... 4:00
STERLING-St. Columkill's Ch. basement... 9:00
SPONSORSHIP MEETING-Glenview Group, 10421 St. Clair Ave... 2:00
WARRENSVILLE-Cooley Farms Recreation Room... 10:00 A. M.
GENEVA, O.-Legion Hall, Park St., corner of So. Eagle... 7:30
LORAIN, O.-Stag AA Social Center, 700 Broadway... 10:00 A.M.

1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE-Hanna Building, Room 370 8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE-Hanna Building, Room 370 8:30
FOR AUTHORITATIVE AA INFORMATION
AA CLEVELAND DISTRICT OFFICE-Cherry 1-7387 780 The Arcade
LIST OF COOPERATING AA HOSPITALS
Alcoholics Abstinence Nursing Home (MW) MEIrose 1-1635, 8023 Detroit Ave
Cleveland Alcoholic Clinic (MW) Express 1-8998, 7809 Euclid Ave.
Farquharson's (Tuxedo S-1882) (M)...6037 Pearl
MacGillis Nursing Home (MW) RA. 1.2556, 1560 Mistletoe Dr. at Wade Pk
Marymount Hospital (MW) Vulcan 3.2310, 12300 McCracken Rd.
Pathway (Tyler 1-6698) (MW)...1635 E. 93rd
FOR FIRST TIMERS ONLY
Charity Hospital (MW) Main 1-9400 Central at E. 22nd St
St. John's Hospital (M) Woodbine 1-5750, 7911 Detroit Ave
(M) me' only. (W) women only. (MW) men and women.

Subscription Blank for Central Bulletin

Official Publication of A A in the Cleveland Area

CENTRAL BULLETIN
Box 6712, Cleveland 1, Ohio

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Attach \$1.00 one for year's subscription

GIGGLES

On a windy day in downtown Chicago recently, I saw a woman holding her hat with both hands while her skirt blew higher and higher above her knees. In response to the frankly curious glances of two men lounging as she took a double grip on her hat:

"Gentlemen, what you are looking at is 40 years old. What I am hanging onto is brand-new!"

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CENTRAL BULLETIN



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TEN CENTS PER COPY

SOBRIETY and TALENT

RICHMOND, Va.-Edgar Allan Poe, poet, short story writer, critic, who first won recognition for American literature, was one of us. He was an alcoholic. The disease killed him at 40.

Visiting the old house here, in a run down section that more than a century ago was the up-to-date neighborhood of Richmond, where Poe worked and lived for a time, I realized that this genius who died before his prime -has something more to say to us-members of Alcoholics Anonymous-than is found in his writing.

Poe was a frustrated and misunderstood man. Drunkenness was not viewed rationally in his day. It was looked upon as a sin, a willful dereliction from the ways of the righteous by the drinker.

As we all know, this view is retained by some persons even today. I found a trace of it in the Encyclopedia Britannica account of Poe written by Charles Cestre, professor of American literature at the Sorbonne. One might not expect a literary man to be posted on the latest developments in this field, but it is strange to find expressed such dated ideas as:

"He was afflicted with a strange susceptibility to the effects of liquor, combined with an attraction towards it which he did not always resist successfully. It was this defect (or hereditary flaw) that, in a large measure, made it impossible for him to remain literary editor in Richmond, Philadelphia or New York."

Of course, Poe could not resist alcohol successfully. He did not know how. But to suggest that his disease was hereditary is arrant nonsense.

The source of it is to be found in the young Poe's experience. He was the son of an English actress. His mother died in Richmond while on tour. Theater people were held in low esteem in 1809. Poe was only three years of age. He was taken into the home of Mrs. John Allan, a kindly Richmond woman whose husband grudgingly acquiesced. While Poe was given a good education and his foster father insisted on him going into business, his constant quarrels, his sense of not being wanted laid the ground for his later unfortunate development.

Poe ran away, joined the army, but finally followed his urge to write. His inferiority complex made it difficult to find friends. He always felt alone and could escape from the dreary world around him only through the bottle.

Had Alcoholics Anonymous existed Poe might have been brought back to a normal life. In talking over his problems with others in the group he would have discovered what was at the basis of his drinking, and gone far to eliminate the reason for it. By turning to God instead of dwelling in the weird realm of his inflamed imagination he would have found the whole answer, the road back to sanity.

There are those among us, the present writer included, who, in their early drinking days used to hold up Poe and other men of genius who were noted alcoholics as justification for drinking. This was like trying to put the cork in the bottom of the bottle. Poe and his unfor-

(Continued on page two)

STRADDLING

We have come to the conclusion that the principal reason some people have trouble in fully embracing the AA program is that they haven't burned their bridges behind them. Analyzing the difficulties of three of our "babies" during the past month we were struck with the similarity in each case, though the obvious reasons were dissimilar.

When an army is attacked by superior forces, strategy dictates a policy of retreat. As it retreats it completely destroys roads and bridges behind it, until it can reach a vantage point, marshal its forces and finally repel the enemy.

Entering AA we are attacked by superior forces—prejudice, misunderstanding, suspicion, lack of faith, lack of trust, ridicule, fears and phobias, thoughtless and uniformed friends, and most of all our own lack of confidence, faith and hope—and of course the habit. Alcohol has become our master, though we angrily deny it. We turn to AA reluctantly—warily—as an immediate measure of escape from doing something about our problems ourselves. These problems are too much for us. We can't think straight just now. OK, we'll join AA for a while. It's a sanctuary anyway.

So we hide in the sanctuary where our wounds are dressed and our strength is restored. Courage returns and we sally out to face the world. We face the enemy bravely and come out victors in the skirmishes, and a new confidence returns. We flex our muscles and bully our way right into the enemy's camps. A truce is declared. He flatters us, knowing our weaknesses, builds up our ego and wily draws us further and further away from sanctuary and security.

We, egocentric as we are, forget the terrors which had assailed us, the wounds which we had incurred, the craven spirit which had damned us. We belittle the help we'd receive, the advice, the "medicine" and the warnings of our enemy's guile. We could handle him!

We self-sufficient travellers on the detour road of sobriety find the road difficult to travel. It has many curves and though the scenery is pretty, and we must needs travel slow, it begins to pall on us. It isn't as exciting as the highspeed boulevard we were wont to travel. We see our former drinking friends speeding past us on the boulevard unrestrained and we begin to envy them. We forget that when we travelled on that boulevard we invariably got in a wreck.

What bothers "us" most was the wise-cracks of our friends who couldn't understand why we were travelling on the slower road. We wouldn't explain. We couldn't risk "ruining our reputation." So we gave 'em every excuse but not the true reason.

In each of our three cases, we are positive that if each of these men had "told the world" that they were through with drinking—that never again would they ever, EVER take another drink—that drink had and would continue to make their lives unmanageable, it would be a declaration of PRINCIPLE. And what's more, those that heard this declaration would be so impressed that they would

(Continued on page two)

**Digging Away
At The Present
Will Help Cover
Up The Past!**

— Here's How; Chicago

SOBRIETY GREATER THAN TALENT

(Continued from page one)

fortunate fellow sufferers were geniuses in spite of their alcoholism, not because of it. The bunk that we could only do our best work, whatever it was, was a byproduct of this stupid and erroneous thinking.

All of us cannot be Poes. But whatever we are, whatever we do, we will be better and we will do our job better because of sobriety. It is far greater to be a sober ditch digger than a drunken genius. We have much to be thankful for whatever our lot in life if we have had the sense, finally, to place our problem in the hands of a Higher Power.

CAMP OUENDAKE

The better half and your editor enjoyed three days and nights in the AA camp of Ouendake, Ontario in mid-July and were sorely tempted to dismiss pressing demands on our time and stay on.

The camp formerly was a Canadian navy cadet training center. It was abandoned several years ago. The still fairly new barracks were conditioned by Chas. Stevenson who saw in it an ideal opportunity for the complete rehabilitation and re-adjustment of new AA's as well as a haven of rest for other AA's who sought a change in environment.

There is nothing to do on the island except to sit, talk, fish, swim, play cards, eat and sleep. The fare is simple as are the sleeping quarters. The lounge, dining room and assembly hall are comfortable and homey. Night life ends when the lights go out utterly at eleven o'clock. No radios blaring, for there's no more electricity. The absence of sound is unbelievable. Never have we enjoyed more blissful sleep.

The only objection which we could make to the place is on the precarious footing which it's terrain offers. There's not a level spot on this great mass of rock. We slipped and fell only* once, but we blame ourselves for being too carefree. We were warned to bring along rubber soled shoes. We didn't.

Among the guests were AA's from Virginia, Pennsylvania, Ohio, as well as Canada. One very interesting person was a fifteen year AA from Washington, D. C., John F. K. He helped organize that group in Washington. He and your editor were the speakers at the meeting held on Tuesday evening, July 17th.

We believe Stevie and his delightful Missus are making a wonderful contribution to AA. While they receive a small subsidy from the Canadian government, their operation is controlled by Toronto AA's. The policy is firm, for absolutely no liquor or drugs are permitted, yet freedom of action is seemingly unlimited. If you're a good AA and live accordingly, you'll have a wonderful time. If you're not, you won't find a welcome.

We heartily recommend Camp Ouendake!

HE CAN'T ESCAPE WHISKEY

Henry (Hank) S., of the Borton group, sober as the proverbial judge (some of 'em aint so) for precisely three and one half years to the day was struck and run over by a trailer truck on Sunday, July 8th, and escaped death by a miracle. He suffered a fractured leg, two inches above the ankle.

The irony of the accident occurred to him as he saw armed guards surround the vehicle which struck him—the truck was the conveyor of bonded whiskey. Not a drop was spilled.

Incidentally death took his father on the same day.

The temperance orator was trying to explain to his audience how his life had been influenced by total abstinence. "I am now," he said proudly, "the head of my department. Three years ago there were two men in the office who held positions superior to me. One was discharged thru drunkenness. The other was led into crime, and is now serving a long term of imprisonment, all through the influence of strong drink . . . Now what, I ask you," he added, growing eloquent, "what has raised me to my present high position?"

And like one man, the audience answered: "Drink!"

—The Key, Lexington, Ky.

STRADDLING

(Continued from page one)

be his staunchest defenders. But he'd have to live up to his declaration of principle!

We can't straddle the fence, (if we may be permitted to mix our metaphors.) We either want the program all the way, or we should for once be firm and say we want no part of it.

Burn those bridges and then build a high fence, impossible to straddle.

RESPONSE

The AA District Office received a letter last month from Wooster, Ohio, enclosing a generous check clipped to the Bulletin article on "It isn't fair". The letter follows:

"Although my husband and I have not attended AA meetings for some time, we do not lose complete touch. We do subscribe to and read the Central Bulletin from which we learned of the financial straits of the Cleveland District Office. Ron has been sober for five years now and because we are forever grateful for the help of AA, we hope this small contribution will help at least a little.

M. and R. C.—

We're glad to report that these good people from Wooster were not alone in responding to the appeal. While the response was generous, the complete budget requirements have as yet not been met. May we ask you others who have as yet not made a contribution to the Office for this year to please do it now before you forget it? Don't procrastinate.

Since the beginning of the Summer the District Office has been host to many traveling members of A. A. who have come in for meeting information, arriving from as many different places as California, Florida, Illinois, Minnesota, North Carolina, Texas, Wisconsin and Canada. Many of them have returned to tell us how much they were impressed with the meetings to which they were directed and to express their pleasure in the friendly way they were received by members of the groups.

FORMER CLEVELANDER DIES

Frank Westfall, at one time very active in Cleveland AA circles, particularly on the South-east side was killed in a tragic automobile-accident in Tucson, Arizona when he moved to several years ago in the interest of his health. His car was hit by a truck.

Frank organized and was secretary of the Southeast group.

We join with his many Cleveland friends in expressing our sincere condolences to his bereaved family.

CONVENTION ON PEACHTREE

Cleveland's inimitable, irrepressible and irresponsible attorney, Edward J. B., was one of the featured speakers at the Peachtree Convention of AA's in Atlanta on July 12th. He offered to submit complete details of his talk and incidentally those of others for a "slight fee". Acceptance of this contract is contingent on the demand we receive from subscribers. If you want it, ye blessed subscribers, write us. Fred and Vi S. accompanied the solon to Georgia.

LONDON PRISON FARM

Pete G., the travelling reporter from Parma who keeps us abreast with the news in Ohio towns was snagged for a talk at the London Prison Farm on Sunday, July 8th, 210 members of the Farm's AA group heard him as did Henry R., Bert P. and Geo. B. of Columbus. Visitors mere there from Springfield, Washington C. H., London and Cleveland. John L. of Cleveland will speak at the August 26th meeting.

A little girl on the bus was twisting and squirming in her seat. Finally the mother led the child up front and whispered to the driver. The driver stopped the bus near some shrubbery. Mother and daughter quickly disappeared from sight. A few minutes later the child ran back ahead of mama, boarded the bus, and in a loud voice announced: "Mania did too!"

CENTRAL COMMITTEE

The July 3rd Central Committee meeting was poorly attended, possibly due to its proximity to the holiday. The meeting was devoted almost entirely to discussion on the Central Bulletin. The editor, Harry D., reported 1521 paid subscriptions for June. 341 copies were mailed free, 158 reminders to old subscribers, 65 to institutions, 100 to the District Office and 18 complimentary and exchange to other similar publications. included among the subscribers were 16 in foreign countries, Canada, Norway and Ireland). Only one soldier was on the list to receive his free copy. The editor reminded the delegates that any service man would receive a copy free and urged groups to send the names and addresses of their members in the armed services to the Bulletin.

Five suggestions for increasing the subscription list were offered by the delegates.

1. Members should subscribe for a friend when they renewed their own subscription.
2. Groups should appoint a Bulletin representative. In those groups where this was done results have been excellent. This representative merely submits his group list to the Bulletin office which checks the list and posts the expiration dates of subscribers making the individual approach more practical.
3. Sponsors should subscribe for their new man to introduce him to the city-wide AA activity.
4. Groups could take up a collection to make subscriptions available to new members.
5. Bulletin subscriptions given as prizes in raffles at group meetings.

Bert P. of Columbus, O., will be the speaker at the September Quarterly Consolidated meeting.

Hospital and nursing home rates are to be published as soon as available as a further informatory service with their listing in the Bulletin.

PARMA ANNIVERSARY

The Parma group will observe its fourth anniversary on Saturday evening, August 4th, in Parma Community Hall, Ridge and Ridgewood Drive. (This hall has been selected for this occasion because the regular meeting place in Parma Library would not hold the anticipated crowd.)

The speaker will be beloved Mrs. Ethel M. of Barberton, the first woman member of AA. She always has a fine message.

FRIDAY LEE ROAD

On Friday, August 10th, the group will serve a Smorgasbord (pot-luck supper to the bourgeois) at Euclid City Park Community Building, foot of E. 222nd St., at seven o'clock. Immediately after the supper the regular meeting will be held.

We presume this affair will be for members only, but this item is published to forewarn any visitors from other groups who might possibly plan to attend the meeting in the regular place. They will be back at the regular stand at E. 105th St. after this epicurean binge.

CONNEAUT HONORS WORKER

Laurel V. G. of Conneaut, O., was signally honored by his group on June 29th, when nine of the many he has sponsored spoke at the meeting. There were fifty visitors from Erie, Ashtabula, Geneva and Parma.

Laurel has been in poor health and attended the meeting against his doctors orders.

TRINITY EVENTS

An excellent group of speakers has been provided for August. The spacious and beautiful meeting hall is always cool. The speakers are: Aug. 4, Eddie P. of W. 25th; Aug. 11, Franklyn F. of Painesville; Aug. 18, Billie P. of Westside Women; Aug. 25, Dean and Holly H., of Borton.

EDGELAKE

The group mourned its second loss within several weeks as Al. Holman, a two year member died of cancer. He was active and steadfast until he became very ill. He was buried on July 11th.

INDEPENDENCE

The Independence group trekked out to Howard B.'s estate in West Richfield, Sunday, July 22nd to frolic and gambol. Rain interrupted the schedule of events but the sun came out sufficiently to make the day most enjoyable.

The group surprised Howard with a big crowd as members went among other groups contacting Howard's host of friends that his ninth year of absolute sobriety was due during the week. Howard normally isn't an anniversary hound. He was flabbergasted.

BROOKLYN

Speakers at the Brooklyn Group for August will be Kenny J. on the 1st, and he will be observing its eighth anniversary; Charles S. on the 8th, when he observes his eleventh; (Charlie has made great contributions to the Cleveland AA activity); Genevieve S. of Lakewood Women on the 15th; Mollie and Dean H. of Gordon Square in a joint lead on the 22nd and a question and answer panel composed of members of Brooklyn who have never led a meeting on the 29th.

"BE MERCIFUL TO ME, A FOOL"

The next time you see the ludicrous behavior of a drunken man, be merciful and do not laugh! Please don't, for you may little realize it but you are witnessing a tragic episode in the life of a human being. The tragedy of being an alcoholic.

More sorrow can be poured into a glass on a bar for the price of fifty cents than the average person can possibly imagine. It is a prelude to crime, a prelude to misery and heartache and often, far too often, the key to the front door of the penitentiary.

Well it may be, that this very man at whom you laugh, will be the cause of tragedy in your own home this very day! You did not know it when you left for work this morning, but never again will you hear the laughter of your little boy. You will never again brace yourself to meet his rush down the walk as he flings himself into your arms each evening as you come home. You did not know it when you laughed but less than an hour ago your son lay crushed to death beneath the wheels of a car driven by the man at whom you laughed. HE WAS DRUNK!

No, my friend, do not laugh at the alcoholic, be merciful, and say a prayer, Dear God be merciful to me, a fool, for there, except for your Grace, am I.

-Brighter Side, Waterloo, Ia.

LORAIN AVE. MONDAY

The Lorain Ave. Monday group observed its tenth anniversary in its new quarters at West Park Baptist Church, 15218 Lorain Avenue. A large and enthusiastic crowd listened to Judge Jim C. and Jack D.



LATE FLASH-W. S. Young People's group meet in St. Luke's Parish, Clifton and Bunts Road until further notice. 8:30 P. M. Monday.

CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church. 8:30
BORTON-E. Cleve. Congrega. Church 8:45
LAKE SHORE-St. Luke's Parish, 8:30
LAKEWOOD (Orchard Grove)- 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal, 8:30
LAKEWOOD WOMEN-United Presby., 8:30
LEE MONDAY-First Presbyter. Church, 8:30
LORAIN AVE.-West Park Baptist Church, 8:30
MARINE HOSPITAL-E. 124 & Fairhill, 7:30
PEARL-Corpus Christi, 8:30
SHAKER HEIGHTS-Christ Episcopal Church, 8:30
SOUTH EAST GROUP-Holy Name Hall, 8:30
THOMPSON PRODUCTS-Main Plant, 4:30
UNION-East View Cong. Church, 9:00
WEST 25th St.-Liarvel Hall, 8:30
ASHTABULA COUNTY MEN-B. of L. Hall, 8:30
WILLOUGHBY-Presbyterian Church, 8:30
WOMEN'S-West Side-West Blvd. Christian, W. Blvd. W. 101st, 8:30

TUESDAY

ARCADE-Central Y.M.C.A., 8:30
CHARITY-Last Tuesday of each month, 8:30
CLARK-4105 Clark Ave. (Upstairs), 8:30
EAGLE TRAINING-Salvation Army, 8:00
EDGELAKE-1417 St. Charles Ave., 8:30
EDGEWATER-Lorain Ave., 8:30
EUCLID-WADI E-Calvary Presbyterian Church, 8:30
FAIRMOUNT-St. Paul's Episcopal, 8:30
FAIRVIEW PARK-Fairview Grace Church, 8:30
FOREST HILLS MEN-Markad Motors, 8:30
MILES-LEE-Mount Hop., Church, 8:30
SMITH-WILSON-N. & v ity School, 8:30
SUPERIOR-N orth Presbyterian Church, 9:00
TAPCO-Post 4, 23555 Euclid, 2nd. shift, 1:00
TARCO-Post 4, 23555 Euclid, 3rd shift, 9:00
WEST PARK-West Park Baptist Church, 8:30
WEST SIDE MEN'S-St. Patrick's Hall, 8:30
WOMEN'S-East Side-First Unitarian Church, 8:30
ELYRIA YOUNG PEOPLE-Junior Chamber of Corn. Bldg., Harwood St., 9:00
FLYRIA-335 Columbus St., 8:30
LORAIN, O.-Community Hall, 8:00
MEDINA, O.-St. Paul's Epis. Par. Hse., 8:30
PAINESVILLE, O.-Stag, 33 N. State St., 8:30
STRONGSVILLE-St. Joseph's Church, 10,000 Pearl Rd., 8:30

WEDNESDAY

ALCOLA-6409 Detroit Ave., 9:00
BAXTER AVE.-6527 Baxter Ave., 8:30
BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd., 8:30

COLLINWOOD-14709 St. Clair Ave., 8:30
DENISON MEN-7403 Denison Ave., (First Wednesday, joint meeting), 8:30
DOAN MEN'S-2028 E. 105th St., 2nd floor, side entrance, 8:45
EAST SIDE MORNING-2028 E. 105th St., 10:00 A.M.
GARFIELD HEIGHTS-Trinity Baptist, E. 94th and Garfield Blvd., 8:30
LEE ROAD-First Eng. Lutheran Derbyshire and Euclid Hts. Blvd., 8:30
ST. I AM ES-Ward's Convalescing Home, E. 71st and Cedar Ave., 8:15
TAPCO-Post 4, 23555 Euclid, 1st shift, 3:30
WARRENSVILLE-Women's House Cor., 7:30
BEDFORD, O.-Y.M.C.A., Tarbell Ave., 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third, 8:00
LORAIN, O.-ANTLERS-St. Mary's School, Reid Ave., 8:30
LORAIN COUNTY WOMEN-421 Broadway, Apt. 6, 8:30
MIDTOWN-Matt Talbot Home, 5018 Prospect Ave., 8:30

THURSDAY

ALAN-1820 East 79th St., 8:30
ALLENDALE-St. Paul's Episcopal Church, 15837 Euclid Ave., 8:30
ANGLE-St. Malachi's Church, 2549 Washington Ave., 8:30
BROADWAY-55th-Our Lady of Lourdes School Hall, 8:30
COVENTRY-Fairmont Presbyterian Chapel, Scarborough, 8:30
EDDY ROAD-Glenview Congregational Church, Eddy and St. Clair, 8:30
GLENVILLE-10421 St. Clair Ave., 8:30
LORAIN AVE.-West Park Baptist Church, 15218 Lorain Ave., 8:30
OUTHWAITE-Woodland Center, 7100 Kinsman Ave., 8:30
ROCKY RIVER-Rockport Methodist Church, 3310 Wooster Rd., 8:30
WEST SIDE-7403 Denison Ave., 10:30 A.M.
BEREA, O.-Fine Arts Club, E. Bagley Rd., doors east of Eastland, 8:30
EAST LAKE-Vine and Campbell, Willoughby, O., 8:30
INDEPENDENCE, O.-St. John's Lutheran Hall, Second and Sunset, 9:00
PAINESVILLE, O.-33 N. State, 3rd fl., 8:30
SIEFFIELD LAKE-640 Sunset Dr., 8:30

FRIDAY

ANSEL ROAD-St. Thomas Church, 9205 Superior Ave., 9:00
BROADWAY-BARVARD-8437 Broadway, 8:30
CEDAR-Salvation Army, 2181 E. 55th, 8:15
GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St., 8:30
LEE ROAD-2056 E. 105, K. of P. Hall, 9:00
MILES MEN'S-Stag Group, 4141 E. 116th St., 8:30
SORTHEAST-2028 E. 105th St., 8:30
ST. JOHN'S HOSPITAL-First Friday of each month, 8:30
WEST SIDE YOUNG PEOPLE-St. Rose's Hall, W. 116th-Detroit, 8:30
BEREA-Social room of Berea Cong. Church, Seminary and Church, 8:30
CHAGRIN FALLS, O.-American Legion, E. Orange St., 8:30
CHARDON, O.-Thrasher House, Water St., Chardon, O., 8:30
CONNEAUT, O.-B. of L. E. Hall, 8:30
EUCLID, O.-Holy Cross Church, E. 200th and Lake Shore Blvd., 8:30
LORAIN-AVON-AA Social Center, 790 Broadway, 8:30
MENTOR, O.-Mentor Methodist Church, 8:30
ORERLIN, O.-American Legion Home, S. Main and Hamilton, 8:30
WICKLIFFE MEN-Lady of Mt. Carmel Hall, Wickliffe, O., 8:00

SATURDAY

BROADWAY MEN'S-St. John's Lutheran Church, Cable at Broadway, 8:30
CATHEDRAL-(Stag) St. John's Cathedral, E. 9th and Superior, 8:30
CROSSROADS-Euclid Avenue Baptist Church, East 18th, 9:00
GLENVILLE-10421 St. Clair Ave., 9:00
LAKEWOOD-Sat. Nite-Redeemer Hall, Andrew, near Detroit, 8:30
LEAGUE PARK-Gospel Center, 6920 Lexington, 8:30
XI ATT TALBOT-St. Pbilip Neri Church, E. 82nd and St. Clair, 8:30
PARMA-Public Library, 5850 Ridge Rd., 8:30
REDWOOD-Euclid Lutheran Church, E. 260th and Oriole, 8:30
VALLEY VIEW-Community Center, West 7th and Starkweathery, 8:30
8005 GROUP-8005 Lorain Ave., 8:30
ASHTABULA, O.-K. of P. Hall, Elm Av., 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third, 8:30
SOLOIN, d.-St. Rita's Church basement, 9:00
TRINITY-Trinity Evangelical Church, 3525 W. 25th St., 8:30

SUNDAY

COLLINWOOD-14709 St. Clair Ave., 7:30
DETROIT-Mixed-8023 Detroit Ave., 8:00
GORDON PARK-Veteran's Convention Club, 8815 St. Clair Ave., 2:30
LAKEVIEW-CYO Hall, St. Aloysius Church, E. 109th and St. Clair, 8:00
LORAIN-DENISON-10034 Lorain Ave., 8:00
MARYMOUNT-2nd Sun. in month, Cafeteria, McCracken and Henry, 2:30
MISTLETOE-MacGillis Home, 1560 Mistletoe at Wade Park, 7:00
NEWBURGH-St. Catherine's Church, 3443 E. 93rd St., 8:30
OUTHWAITE-7100 Kinsman Ave., 4:00
STERLING-St. Columkill's Ch. basement, 9:00
SPONSORSHIP MEETING-Glenview Group, 10421 St. Clair Ave., 2:00
WARRENSVILLE-Cooley Farms Recreation Room, 10:00 A.M.
GENEVA, O.-Legion Hall, Park St., corner of So. Eagle, 7:30
LORAIN, O.-(Stag) AA Social Center, 700 Broadway, 10:00 A.M.

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE-Hanna Building, Room 370, 8:30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE-Hanna Building, Room 370, 8:30

FOR AUTHORITATIVE AA INFORMATION AA CLEVELAND DISTRICT OFFICE-Cherry I-7387, 780 The Arcade

LIST OF COOPERATING AA HOSPITALS

Alcoholics Abstinence Nursing Home (MW) Melrose 1-1635, 8023 Detroit Ave
Cleveland Alcoholic Clinic (MW) Express 1-8998, 7809 Euclid Ave.
Farquharson's (Tuxedo S-18821 (M)-6037 Pearl MacGillis Nursing Home (MW) RA. 1-2556, 1560 Mistletoe Dr. at Wade Pk
Marymount Hospital (MW) Vulcan 3.2310, 12300 McCracken Rd.
Pathway (Tyler 1-6698) (MW) 1635 E. 93rd

FOR FIRST TIMERS ONLY

Charity Hospital (MW) Main 1-9400, Central at E. 22nd St.
John's Hospital (M) Woodbine 1-5750, 791 1 Detroit Ave
(M) men only. (W) women only. (MW) men and women.

Subscription Blank for Central Bulletin

Official Publication of A A in the Cleveland Area

CENTRAL BULLETIN
Box 6712, Cleveland 1, Ohio

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Attach \$1.00 one for year's subscription

A psychiatrist endeavoring to give three waiting patients a quick objective reaction test, tossed his handkerchief up in the air and let it settle slowly to the floor. Turning to the patients he said, "What does that make you think of?"

First patient: "It reminds me of tall, rugged mountains with snowcapped peaks."

Second patient: "It makes me think of the white spray of a waterfall by the sea."

Third patient: "It makes me think of whisky."

Psychiatrist: Now how could that falling handkerchief possibly make you think of whisky?"

Third patient: "That's all I ever think of."

CENTRAL BULLETIN

UNSELFISHNESS • HONESTY
PURITY • LOVE
A.A.

Vol. IX-No. 11

BOX 6712, CLEVELAND 1, OHIO

August, 1951

SUBSCRIPTION PRICE \$1.00 PER YEAR



TEN CENTS PER COPY

END OR BEGINNING

The old Junker seaplane roared up the fjord between two walls of mountains, the pilot carefully watching the landmarks to guide us in wilderness where radio beams were unknown.

A low hanging curtain of fog blocked the passage. The Junker swung around, came out to sea and tried another fjord. Here, too, the fog blanket had taken possession.

Making a wide circle the plane swung out to sea. Behind, the towering mountain coast of northern Norway receded. The few rocky islands, homes only of gulls and sea fowl were passed. Ahead stretched the unknown, the Arctic Ocean that beckoned to uncharted waters, trackless skies, desolation and death.

Awed, humbled. I thought, "This is the end of the earth? Had the motors failed then it would have been the end for all of us. Chances of rescue were virtually nil. Yet this slight sense of terror was just enough to heighten the majesty of the scene and make you conscious of the Almighty's presence.

The old machine droned on. Land came into view again and soon we were back at the base. And then the conviction grew on me, "That was not the end of the earth, it was the beginning of it."

* * *

We sat on a curb along one of the main streets of the town. It was hazy and silent and the street lights shed a half perceptible and ugly glare. There wasn't any traffic. We had just been put off an owl car for annoying the passengers. Where were we? We didn't care. Nobody cared. Home? There is no home. "This is the end of the world," we thought, "and to hell with it."

Somehow, blindly, reeling, after sitting there, maybe sleeping a little, we groped our way home. And thus ended another night of life-of bright neon lights and convivial company and being a good fellow and licking the world and advancing our own personal cause to be somebody and amount to something. How had we done it? Well, we told 'em. What had we told 'em? Well, we don't just remember, but we told 'em. We made a whale of an impression, too.

But we staggered home from the curb stone. And many nights like it followed, some not so bad, some worse. Yet all the time we were always ending up, morosely, at the end of the world.

-It took a long time, months of suffering for ourselves and heartbreak for those who retained some faith in us, before we discovered that there was no impelling reason to go on and on in the wasteland of alcoholism, in the trackless ways of the mentally and physically sick where nothing but desolation and death awaited.

Then came Alcoholics Anonymous to show us that we could turn back and that the end of the world could be transformed into the beginning of life.

Just as the pilot of that old Junker plane led us back to safe anchorage, A. A. showed us a Pilot who could and did lead us back to a normal life, but we had to have confidence in Him. And we had to get on board and

(Continued on page two)

AIM HIGHER

Ninety-one of our finest were adjudged guilty of cribbing-cheating in their examinations. Congressional investigations reveal cheating and corruption in national, state and local governments. People in high places of trust have been found guilty of treasonable practices. The headlines in most newspapers in the past years portray the decadence of America's moral standards. We wonder what the world is coming to-whom to believe--whom to trust.

What ARE your standards? Have they degenerated into placid acceptance of what the world seems to have adopted, if we judge these standards by the revelations of the newspapers and magazines in recent years? Are we out of step if we express our belief that slowly but surely our people and we are becoming too tolerant-too complacent-too willing to overlook moral decadence as being inevitable?

We've noticed it even in AA. There seems to be a let-down in too many places in standards. In some groups the very foundation of AA, the spiritual part of the program, is banned, for a speaker with a reputation of emphasizing this part of the program in his talk is not chosen. A careful screening process is used in securing speakers with colorful stories and a reputation for amusing his crowds.

We've noticed it in sponsors. We've noticed it in new members. The emphasis on absolute abstinence seems to have been lost. Some time ago we published an estimate on the percentage of members who had a perfect record of absolute sobriety since embracing the program. We estimate 50 percent, and that of the other 50 percent, half had one to three "slips" and the others still slopping around.

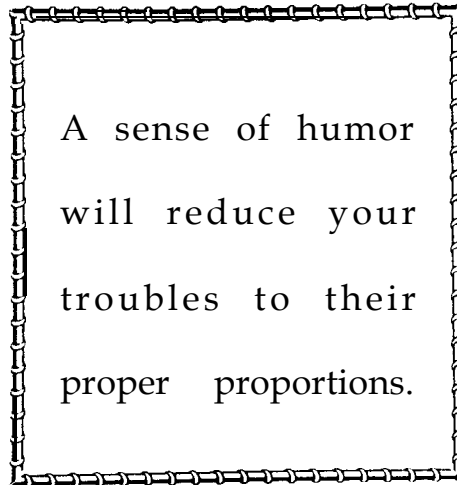
We believe it's now nearer to 30 percent with perfect records of sobriety. What's the cause? Are the conditions of the nation and the lowering of most people's standards on morality and fundamental religion to blame?

Some people we've talked to about this problem voice the opinion that unless a person has slipped, he doesn't begin to truly value the AA program; that cheating a little Bit is the expected thing. We're reminded of our childhood days when we heard that you weren't a man unless you had suffered a social disease. It seems to us that the reasoning is disgustingly similar-that the person uttering it is trying to drag someone innocent to his own degrading level, so he can justify his statement.

No, we can't lower our standards. If we would be happy we must rise up over the muck and live the life our God intended we should. We have turned our lives and wills over to the care of Him, remember, and if we dutifully and joyfully follow the code of AA, conscientiously following the Daily Plan, we will be guided to the higher levels of decency, unselfishness, love and truth where absolute sobriety will be no problem.

Don't do anything, anytime or anywhere, which you will be ashamed to be caught doing.

Integrity comes from diligent application to high principles.



END OR BEGINNING

(Continued from page one)

do our part by fastening the safety belt of living 24 hours at a time.

And we came home and have been living there ever since, the rocks and the fog and the yawning open sea of the drunk's existence left far behind. For everyone on the bottle strewn deep, what seems to be the end can become, overnight, the real beginning.

SIJRRENDER

Man, like the bee and the ant, is a purely social creature so that the value of the individual lies solely in the value of his contribution to the common good, which is the sum total of his contributions to his family, his friends, and his community. But man, being a **creature of logic**, demands that even his bit part in the **tremendous drama** of life should have a few lines in the manuscript, and that the whole production should make sense. The quandary of modern man lies in his failure to edit and assimilate the upheaval of the current social, scientific and industrial revolutions into anything more coherent than a delirious Alice in Wonderland staged by Olsen and Johnson. Ancient man felt secure living as a contented subject when he believed firmly in the divine right of his King, while modern man winds up under comedy characters like **Franco**, Stalin or some of our Washington crop. Ancient man lived placidly under an accepted official community religion, while modern man spins in a vortex of science, sects, cults, doubt, and confusion. It is small wonder that so many of us say, "To hell with it," and throw away our scrambled lines to write our *own* script and stage our own production.

It is significant of our time, that the tragic Henley who wrote so bravely, "I am the Captain of my fate, I am the Master of my Soul," put a bullet through his brilliant brain. We alcoholics have all played at being Invictus, with heads bloody but unbowed. It is again significant that we only succeed when we bow our bloodied heads in simple prayer, and sheath our blunted swords to end our furious battle of the windmills in the gin mills.

It is the firm belief of many of us that no man ever fails in AA who has completed our third step; who has turned his will and his life over to the care of God as he understands Him. If you examine our flotsam and jetsam in the saloons and sanitariums, you will find the bar stool and pajama brigade totally deficient in the unconditional surrender of their will or their lives to God, or even unto the less omnipotent authority of family, church or state.

Perhaps we should examine this critical step to see why we seem to lose it, other than the psychological fact that the human mind is geared to forget unpleasant things first. During the early years AA was a part of the Oxford Group to whom Surrender was the key step that the neophyte took in entering their fellowship, a step accompanied by reverent ceremony. But it is most difficult and distasteful for an egocentric alcoholic to give up his gold braid as self appointed arbiter of the universe; so we have deemphasized, and even forgotten 'surrender' in the ensuing years. According to their literature, the Oxford Group's initial act of Surrender is a simple decision put into simple language spoken aloud to God in front of witnesses, that we have decided to forget the past in God and to give our future into His keeping. Nothing more need be added, nothing can be taken away!

Their reasoning concerning this key step was expressed by Harold Begbie in his book, "Life Changers," and can be summarized:

"No man can sound the depths of his own natural peace nor rise to the heights of his own natural bliss who is not conscious of the presence and the companionship of God. Consciousness of God is the natural state of things. Sin is unnatural in the sense that it is the will of the creature opposing the will of the Creator.

It is a word which denotes a choosing; the will chooses the bad, while it is its duty, in the interest of the world, to choose the good. It is fatal to its own peace to choose the bad, but it does choose the bad. The act of choosing constitutes the sin. All sin is an attempt on the part of the human will to reverse the process of growth, to descend instead of ascend. The will which chose the

bad therefore is in opposition to the will of the universe, that is to say, the will of God, Realization of the Divine companionship depends solely and exclusively on one act of the will, an act which denies the animal senses and embraces with an absolute and unquestioning surrender, the will of our Creator."

It may be wise to retrace our earlier path and quit shilling the mass production of lishes out of bar-rooms and into AA "cock-tail" lounges and poker clubs. We can attempt a little quality control on our therapy by returning to our earlier methods. We should sharply distinguish the disease from the cure, and evaluate our actions to discern whether what we do is a part of the disease, or a part of the cure.

Dr. Tiebout said: "Characteristic of the typical alcoholic is a narcissistic egocentric core, dominated by feelings or omnipotence, and intent on maintaining at all costs its inner integrity. Dr. Sillman, in addition, noted "defiant individuality and grandiosity" as group characteristics of problem drinkers. Alcoholic Anonymous has convincingly demonstrated that a spiritual group therapy can remove these character defects, to make possible the rebuilding of a shattered life; but only when the jug has beaten the toper into an unconditional surrender of that egocentric core. By abandoning the unconditional surrender as a requirement for AA membership we have increased our numbers, but not our quality, having opened our doors to any jug-head wishing to get-the heat off at home or at the office. We have also introduced the strange phenomenon of the dry drunkard into our ranks. This interesting would-be monarch of all he surveys, remains completely unsundered and incorrigible, and can battle and bewilder any discussion meeting to a degree seldom found this side of Washington.

We gradually observe in our fellowship that it is our stinking pride and bleeding ego that alone prevents the acceptance of our spiritual therapy that causes us to slip, and which if not abandoned, will drag us to the gutter or the grave. We learn that we were just little Caesars, proclaiming ourselves both God and Emperor, with the bar our holy shrine and altar. But our real knowledge begins when a true objective view-point shows us what lousy tin God our ego had made of us, and what vile shrines we had erected with our bottles. It is then that the unconditional surrender of our life and our will should be fulfilled, and then that the essential house-cleaning job should be completed, so that we are freed from our imprisonment and can 'build thee more stately mansions, O my soul, as the swift seasons roll.'

To build this-requires that we cease not only our bottle worship, but also that of the false Gods of Money, Power, Sex and Self. All the chaos of today is man made, in contrast to the Universe about us which is so coordinated and orderly that all natural phenomena, when sufficiently studied and sufficiently understood, can be expressed by mathematical formulae.

It naturally follows that when we finally surrender our bloated ego to that Power greater than ourselves, and live out the will of the Creator Artist of the universe, that both the chaos and the inner conflict move out of our lives as harmony and beauty take their place.

Let us strive to keep before us the basic necessity and humility of our total surrender to our God, both in our daily program and when we carry thru our sacred trust of sponsorship; in order that the afflicted coming after us will have a stately mansion for their refuge.

Jack A. H., Edgelake.

CONSOLIDATED MEETING

Sunday afternoon, September 16th, 4:00 P. M.
TOWNE CLUB, 2609 PROSPECT AVE.

The Fall Consolidated meeting will be held on Sunday, Sept. 16th at Towne Club, 2609 Prospect Ave. There are plenty of parking facilities. The speaker will be the very capable Bert P. of Columbus. He is one of the stalwarts of the Columbus area. He is the south Ohio regional delegate to the National Service Committee. His sound AA philosophy is well worth hearing.

A drunk is a fellow who had a high stool education.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER

TEMPER, TEMPER

I think the young lady has something. At least it is an original approach to the maintenance of sobriety.

The lady in question and her husband are fairly new in AA. At a meeting the other night, she was **undergoing** a slow burn-almost a fricassee I should say. **Someone** asked the trouble and she said: "It's my husband. Although he is much better than before we came into AA, he still burns me up." On being prodded further, she said, "I came home from the store this afternoon, and we got into an argument, I was fit to be tied. After a while I said, 'The hell with you. I am going out Monday and get good and drunk.'"

"He said, 'Why put it off until Monday? Why not get **drunk** right now?'"

"And I said, 'Because by Monday I will be over my mad spell and I won't want to **get** drunk.'"

Viewed from this angle, it **would** seem that those who hesitate are not always lost. In cases like this, hesitation seems to offer great possibilities.-Herschel H., **Parma**

PROOFREADER NEEDED

We were properly brought to task by a nurse member who for an instant took umbrage at a statement in the "**Stradding**" article in the July Bulletin which cast reflections on her profession. The statement, "Entering AA we are attacked by superior forces-prejudice, misunderstanding, suspicion, lack of faith, lack of trust, ridicule, fears and phobias, thoughtless and uninformed friends, etc." However, she, with the understanding that most intelligent nurses possess, concluded that we must have meant **UNINFORMED**.

She's right. It was a typographical error. (Darn those **linotypers**.)

We might add however that there are still far too many uninformed uninformed people who aren't acquainted with the treatment of alcoholics. There is much education still to be done.

LORAIN CONSOLIDATED

Harry **McD**, will be he guest speaker at the **Lorain** County Consolidated meeting in the Alconon Clubrooms, 345 Broad St., (over Ostrov's Shoe Store), Elyria, Ohio, Sunday, Sept 2 at seven o'clock, E. D. S. Time.

VALUED MEMBER DIES

We regret greatly that we missed mentioning the passing away of John **Rayburn** in last month's Bulletin. John had many friends in the Cleveland area. He had enjoyed over eleven years of uninterrupted sobriety, having been a loyal member of the **Lorain** Monday and later the sparkplug of the West Park group. He died on June 4th at the age of 71, **leaving** a wife and three children.

We offer our sincere condolences to the bereaved family.

LAKESIDE SATNITE

Lakeside Satnite group which meets each Saturday evening in the Parish Hall of the Church of the Redeemer, Andrews and Detroit Avenues will observe its third anniversary on September 15th at 8:45 P. M. They will welcome you.

BROOKLYN

Speakers for September at the Brooklyn group are: 5th Jerry W. (who will observe his sixth anniversary) of Brooklyn: 12th The H-n Twins of Outhwaite: 19th, **Bart McI.**, of **Edgelake** and on the 26th, Henry (Hank) S. of Lee Road Monday. All are well worth your time hearing.

GLENVILLE

Former secretary Joe A. was literally swamped with cards and gifts from his many friends as his wife presented him with a boy on August 3d. Another glorious reason for staying sober-another dividend.

WOMEN'S HOUSE OF CORRECTION

A very important and worthwhile bit of twelfth step work can be rendered by you, taking but one hour of your time and early enough to leave your evening free for other endeavors, by attending the Wednesday night meetings at the Women's House of Correction in **Warrensville** at 7:30 P. M. Your presence kindles hope and faith in the inmates who have lost it. Many worthwhile people are there, victims of the curse of alcohol. Hilda H. is in charge, and is deserving of your support.

CRILE HOSPITAL

Meetings have been resumed at Crile Hospital under the capable supervision of Miss Miriam N. of Brooklyn group. The first meeting was held on August 14th with forty people representing 13 groups attending. There were two patients.

These meetings are held every Tuesday at 7:30 P. M. in the Television Room and are open to alcoholics only. You are urged to help in this worthy cause by attending.

TRINITY EVENTS

September will be a big month at Trinity. Speakers selected are, Sept. 1, Edwin G. of Brooklyn; **8th, Kathryn K.** of Lake Shore; **15th**, a panel of five city firemen, Sol H. of Allendale, Skid S. of **Westside Men's**, William D. of Charity, Hank W. of Brooklyn and **Gene D.** of Pearl; (The proceeds of this meeting will be donated to the AA District Office); **22nd**, Dixie M. of Berea Thursday; **29th**, Ace E. of Collinwood.

Everyone is welcome Saturday nites at 3625 W. 26th St.

SUNDAY DISCUSSION GROUP

A closed meeting for alkie and patients has been inaugurated at the CAC clubrooms on Sunday mornings at 10:45 A. M. At it's first meeting, July **29th**, 18 members and 12 patients attended. 7809 Euclid Ave., third floor.

PAGE MR. ANTHONY

The AA District office receives many odd telephone calls in the course of its important days. But the following call, we believe, deserves recording.

Caller: "Is this AA?"

Secretary: "Yes."

Caller: "Where am I?"

GROUP ANNIVERSARIES OBSERVED

On Sunday, August **12th**, the Marymount Hospital group celebrated its first anniversary with Frank W. of Northeast as speaker.

On Sunday, August **19th**, the **Newburgh** group celebrated its sixth with Bill M. as the speaker. All the August meetings were led by the founding members of the group.

EDDY ROAD

The Eddy Road group observes its second anniversary on Thursday, the 30th of August at 8:45 P. M. Grand fellow Jeo D. will rise from his sickbed to address the meeting. Stout fellow, Joe. He has been seriously ill for a year.

BE A BULLETIN ROOSTER. GET A NEW SUBSCRIBER

I've followed your advice, Bill. I've made an average of three hospital calls a week. Don't give me a big kick. Don't know whether I've helped anyone though.

Sure you have, Al. Just being there, visiting-a stranger, helps more than you'd think it would. But don't stop at doing necessary kindnesses-the unnecessary ones are of far greater importance.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church.
 Cor. Addison and Wade Park... 8:30
BORTON-E. Cleve. Congrega. Church
 Page and Euclid Ave... 8:45
LAKE SHORE-St. Luke's Parish
 Clifton and Bunts Rd... 8:30
LAKEWOOD (Chard Grove)
 417 St. Charles, nr. Detroit... 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal
 W. Clifton and Detroit... 8:30
LAKEWOOD WOMEN-United Presby.
 Church, 12601 Detroit Ave... 8:30
LEE MONDAY-First Presbyter. Church,
 East Cleveland, Nela and Euclid... 8:30
LORAIN AVE.-West Park Baptist Church,
 15218 Lorain Ave... 8:30
MARINE HOSPITAL-E. 124 & Fairhill 7:30
PEARL-Corpus Christi Basement,
 4202 Stickney (E. of Pearl Rd.)... 8:30
SHAKER HEIGHTS-Christ Episcopal
 Church, 3451 Warrensville... 8:30
SOUTH EAST GROUP-Holy Name
 Hall, 8328 Broadway... 8:30
THOMPSON PRODUCTS-Main Plant,
 Clarkwood Av. (Permit at Employ. Office) 4:30
UNION-East View Cong. Church.
 Kinsman at E. 156th St... 9:00
WEST 25th ST.-Marvel Hall,
 2858 W. 25th St... 8:30
ASHTABULA COUNTY MEN-
 B. of L. E. Hall, Main St., Conneaut, O... 8:30
VERMILLION,
 St. Mary's Church, Exchange St... 8:30
WILLOUGHBY-Presbyterian Church.
 Willoughby, O... 8:30
WOMEN'S-West Side West Blvd.
 Christian, W. Blvd. & W. 101st... 8:30

TUESDAY

ARCADE-Central Y.M.C.A.
 East 22nd and Prospect Ave... 8:30
CHARITY-Last Tuesday of each month-
 Charity Hospital Nurses' Auditorium... 8:30
CLARK-4105 Clark Ave. (Upstairs) 8:30
CRILE HOSPITAL, Television Room 7:30
EAGLE TRAINING-Salvation Army,
 E. 9th and Eagle... 8:00
EDGE LAKE-St. Charles Ave.
 Dinner at 7:00 p. m. Meeting at 8:30
EDGEWATER-Lorain Ave.,
 Cor. W. 101st St... 8:30
EUCLID-WADE-Calvary Presbyterian
 Church, E. 79th and Euclid Ave... 8:30
FAIRMOUNT-St. Paul's Episcopal,
 Fairmount and Coventry... 8:30
FAIRVIEW PARK-Fairview Grace
 Church, W. 224th and Lorain Ave... 8:30
FOREST HILLS MEN-Markad Motors,
 13219 Superior Ave... 8:30
MILES-LEE-Mount Hope Church.
 E. 164th, north of Miles... 8:30
SMITH-WILSON-Nativity School,
 9510 Aetna Road... 8:30
SUPERIOR-North Presbyterian Church,
 E. 40th and Superior... 9:00
TAPCO-Post 4, 23555 Euclid, 2nd shift 1:00
TAPCO-Post 4, 23555 Euclid, 3rd shift 9:00
WEST PARK-West Park Baptist Church.
 W. 152nd and Lorain... 8:30
WEST SIDE MEN'S-St. Patrick's Hall.
 Briae at W. 38th St... 8:30
WOMEN'S-East Side-First Unitarian
 Church, Euclid and E. 82nd St... 8:30
ELYRIA YOUNG PEOPLE-Junior
 Chamber of Com. Bldg., Harwood St... 9:00
ELYRIA-335 Columbus St 8:30
LORAIN, O.-Community Hall.
 23rd and Beech St... 8:00
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
PAINESVILLE, O.-Stag, 33 N. State St. 8:30
STRONGSVILLE-St. Joseph's Church.
 10,000 Pearl Rd... 8:30

WEDNESDAY

ALCOLA-6409 Detroit Ave 9:00
BAXTER AVE.-6527 Baxter Ave. 8:30

BROOKLYN-K. of P. Hall.
 3316 Broadview, East of Pearl Rd... 8:30
COLLINWOOD-14709 St. Clair Ave. 8:30
DENISON MEN-7403 Denison Ave.
 (first Wednesday, joint meeting) 8:30
DOAN MEN'S-2028 E. 105th St.
 2nd floor, side entrance... 8:45
EAST SIDE MORNING 10:00 A. M.
 2028 E. 145th St... 10:00 A. M.
GARFIELD HEIGHTS-Trinity Bspstist,
 E. 94th and Garfield Blvd... 8:30
LEE ROAD-First Eng. Lutheran,
 Derbyshire and Euclid Hts. Blvd... 8:30
ST. TAM ES-Ward's Convalescing Home,
 E. 71st and Cedar Ave... 8:15
TAPCO-Post 4, 23555 Euclid, 1st shift 8:30
WARRENSVILLE-Women's House Cor. 7:30
BEDFORD, O.-Y.M.C.A. Tarbell Ave. 8:30
ELYRIA, O.-St. Andrew's Episcopal
 Church, Middle and Third... 8:00
LORAIN, O.-ANTLERS-
 St. Mary's School, Reid Ave... 8:30
LORAIN COUNTY WOMEN-
 421 Broadway, Apt. 6... 8:30
MIDTOWN-Matt Talbot Home,
 5018 Prospect Ave... 8:30

THURSDAY

ALAN-1820 East 79th St. 8:30
ALLENDALE-St. Paul's Episcopal
 Church, 15837 Euclid Ave... 8:30
ANGLE-St. Malachi's Church,
 2549 Washington Ave... 8:30
BROADWAY-55th-Our Lady of Lourdes
 School Hall... 8:30
COVENTRY-Fairmont Presbyterian
 Chapel, Scarborough... 8:30
EDDY ROAD-Glenville Congregational
 Church, Eddy and St. Clair... 9:00
GLENVILLE-10421 St. Clair Ave. 8:30
LORAIN AVE.-West Park Baptist
 Church, 15218 Lorain Ave... 8:30
OUTHWAITE-Woodland Center.
 7100 Kinsman Ave... 8:30
ROCKY RIVER-Rockport Methodist
 Church, 3310 Wooster Rd... 8:30
WEST SIDE-7403 Denison Ave. 10:30 A.M.
BEREA, O.-Fine Arts Club, F. Bagley Rd.,
 3 doors east of Eastland... 8:30
EAST LAKE-Vine and Campbell,
 Willoughby, O... 8:30
INDEPENDENCE, O.-St. John's Lutheran
 Hall, Second and Sunset... 9:00
PAINESVILLE, O.-33 N. State, 3rd fl. 8:30
SHEFFIELD LAKE-640 Sunset Dr. 8:30

FRIDAY

ANSEL ROAD-St. Thomas Church,
 9205 Superior Ave... 9:00
BROADWAY-II ARVARD-8437 Broadway 8:30
CEDAR-Salvation Army, 2181 E. 55th 8:15
GORDON SQUARE-St. Helena's Hall.
 1367 W. 65th St... 8:30
LEE ROAD-2056 E. 105th K. of P. Hall 9:00
MILES MEN'S-Stag Group.
 4141 E. 116th St... 8:30
NORTHEAST-2028 E. 105th St. 8:30
ST. JOHN'S HOSPITAL-
 First Friday of each month... 8:30
WEST SIDE YOUNG PEOPLE-
 St. Rose's Hall, W. 116th-Detroit... 8:30
BEREA-Social room of Berca Cong.
 Church, Seminary and Church... 8:30
CHAGRIN FALLS, O.-American Legion,
 E. Orange St... 8:30
CHARDON, O.-Thrasher House.
 Water St., Chardon, O... 8:30
CONNEAUT, O.-B. of L. E. Hall 8:30
EUCLID, O.-Holy Cross Church.
 E. 200th and Lake Shore Blvd... 8:30
LORAIN-AVON-AA Social Center,
 700 Broadway... 8:30
MENTOR, O.-Mentor Methodist Church. 8:30
OBERLIN, O.-American Legion Home,
 S. Main and Hamilton... 8:30
WICKLIFFE MEN-
 Lady of Mt. Carmel Hall, Wickliffe, O... 8:00

SATURDAY

BROADWAY MEN'S-St. John's Lutheran
 Church, Cable at Broadway... 8:30
CATHEDRAL-(Stag) St. John's
 Cathedral, E. 9th and Superior... 8:30
CROSSROADS-Euclid Avenue Baptist
 Church, East 18th... 9:00
GLENVILLE-10421 St. Clair Ave. 9:00
LAKEWOOD-Sat. Nite-Redeemer Hall.
 Andrew, near Detroit... 8:30
LEAGUE PARK-Gospel Center,
 6920 Lexington... 8:30
MATT TALBOT-St. Philip Neri Church.
 E. 82nd and St. Clair... 8:30
PARMA-Public Library, 3850 Ridge Rd. 8:30
REDWOOD-Euclid Lutheran Church.
 E. 260th and Oriole... 8:30
VALLEY VIEW-Community Center,
 West 7th and Starkweather... 8:30
8005 GROUP-8005 Lorain Ave 8:30
ASHTABULA, O.-K. of P. Hall, Elm Av. 8:30
ELYRIA, O.-St. Andrew's Episcopal
 Church, Middle and Third... 8:30
SOLOM, O.-St. Rita's Church basement. 9:00
TRINITY-Trinity Evangelical Church.
 3525 W. 25th St... 8:30

SUNDAY

C. A. C. DISCUSSION-C. A. C. clubrooms,
 7809 Euclid Avenue... 10:45
COLLINSWOOD--14709 St. Clair Ave. 7:30
DETROIT-Mixed-8023 Detroit Ave. 8:00
GORDON PARK-Veteran's Convention
 Club, 8815 St. Clair Ave... 2:30
LAKEVIEW-CYO Hall, St. Aloysius
 Church, E. 109th and St. Clair... 8:30
LORAIN-DENISON-10034 Lorain Ave. 8:30
MARYMOUNT-2nd Sun. in month,
 Cafeteria, McCracken and Henry... 2:30
MISTLETOE-MacGillis Home,
 1560 Mistletoe at Wade Park... 7:00
NEWBURGH-St. Catherine's Church,
 3443 E. 93rd St... 8:30
OUTHWAITE-7100 Kinsman Ave 4:00
STERLING-St. Columkill's Ch. basement 9:00
SPONSORSHIP MEETING-Glenville
 Group, 10421 St. Clair Ave... 2:00
WARRENSVILLE-Cooley Farms
 Recreation Room... 10:00 A. M.
GENEVA, O.-Legion Hall, Park St.,
 corner of So. Eagle... 7:30
LORAIN, O.- (Stag) AA Social Center,
 700 Broadway... 10:00 A.M.

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE-
 Hanna Building, Room 370... 8:30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE-
 Hanna Building, Room 370... 8:30

FOR AUTHORITATIVE AA INFORMATION
AA CLEVELAND DISTRICT OFFICE-
CHerry 1-7387 780 The Arcade

LIST OF COOPERATING AA HOSPITALS

Alcoholics Abstinence Nursing Home (MW)
MErose 1-1635 8023 Detroit Ave
 Cleveland Alcoholic Clinic (MW)
EXpress 1-8998 7809 Euclid Ave.
 Farquharson's (Tuxedo S-18821) (M). 6037 Pearl
 MacGillis Nursing Home (MW)
RA. 1-2556 1560 Mistletoe Dr. at Wade Pk
 Marymont Hospital (MW)
Vulcan 3-2310 12300 McCracken Rd.
 Pathway (Tyler 1-6698) (MW) 1635 E. 93rd

EQR FIRST TIMERS ONLY

Charity Hospital (MW)
MAin 1-9400 Central at E. 22nd St
 St. John's Hospital (M)
W'oodbine 1-5750 7911 Detroit Ave
 (M) men only. (W) women only.
 (MW) men and women.

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HOW TO GET ALONG WITH PEOPLE

People are not interested in what 'you've been through.' People don't want to hear about every little difficulty you've overcome-every single dark cave you've gotten yourself into, and how you finally fought your way out. People are not interested in processes. People are interested in results. People don't give a hoot how tough it was for you to arrive at something worth while. They want to know, "Did you, or didn't you?" "Will you, or won't you?"—"Can you, or can't you?"

-Brighter Side, Waterloo, Ia.

CENTRAL BULLETIN



Vol. IX-No. 12

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FOUR LITTLE WORDS

Not exceptional among us is the tendency to drift into moods. They are an evasive form of ailment. They often come for no apparent reason. At other times they arise because the world is not going the way we want it to. Or they accumulate through a series of silly and imaginary slights—we don't like the color of the boss' tie, the waitress was too slow at lunch, the parking lot attendant pulled the car out too recklessly and by the time we sit down to dinner at home, which the little woman didn't prepare right, we are fit to be tied. Which is another way of saying that if we are not ready to take a drink we are launched on a dry drunk that, until broken, will make us about as companionable as an agitated polecat.

Those of us who are alcoholics are seldom born with serenity as an infallible part of our constitution. Serenity has to be cultivated. It is not always easy to make roses grow in the garden of our disposition, despite the blackness of the ground.

But roses do not grow in anyone's garden every day of the year. After the bright summer comes fall and then the dead hand of winter. The smart gardener packs straw around his rose bushes or covers them. He cares for them in the sure knowledge that spring will return and bring them forth again as bright as ever.

We must take somewhat similar action in regard to our moods. No one can have things his own way all the time, although some of us, our egos still staggering in alcoholic fashion: seems to think that the world should be rearranged and regulated exclusively for our benefit. We aren't the center of the universe. We're only an infinitesimal and highly unimportant whiff of it.

Moods change. In the periods of depression, our winters, it is imperative to remember that, spring, the happy periods, will return. But we must be adult enough to realize that we must protect ourselves in the low periods, the better to insure the return of the bright.

These alternating feelings are inevitable. Nothing remains the same high or low. The point for us is that we must not allow ourselves to be overcome in gloom by the depression streaks.

No complicated formula is needed to avoid these pitfalls. The power that brought us to sobriety, which was the great barrier, is more than sufficiently strong to pull us out of the transient slumps of mind and spirit. Just as we first had to admit that we were powerless over alcohol, we must admit that these dark moods, over which we seem powerless, can be likewise conquered.

The old Chinese philosophers had an idea that has never failed by way of man helping himself. Make work play, and work when at play. It helps to even off the landscape of daily living.

There are four little words we can use on all occasions. They can be effectively employed to keep us humble when things go our way and we are elated. They can likewise be used to advantage to pull us out of the dumps when some negative destiny seems to dog our steps. If we can use them at all times, stand off as it were and view the whole of life, and not just the moment's mood, we have grown up. They are: This too will pass.

MISSIONARIES

One of our good AA friends, a stormy petrel by nature, came busting into our office the other day, vehemently and explosively spilling out his opinions on "this thing which will destroy AA", and that we of the Bulletin should do something about it.

During this man's six years in AA, he has been a tireless worker. He would "die for AA" if his death would be necessary to enhance the program. He lives virtuously, righteously-n good man. He's honest, faithful and loyal, intensely and probably emotionally, grateful for the AA program. He belongs to no church, stubbornly condemning them all, regardless of denomination. If we're not mistaken our first argument with him came when he declared that "AA is my religion."

During these six years he has developed remarkably in self-control and tolerance. In fact it has been at least six months since he displayed the present emotional binge. It took him weeks to simmer down to intelligent reasoning the last time, but the calming effect of "Daily Plan Living" as he terms it leveled him off.

What bothered him this time was the actions of another extremist, a newcomer in the group, who, also grateful for his recovery decided to be a missionary without portfolio for his church. This fellow, a Catholic, had found AA, returned to the church he had disowned and disgraced for most of the years of his mature life, and had found peace and deliverance while attending a retreat. Since then, his miracle had to be shared by all who would hear him. He became a zealous organizer of retreat pilgrimages.

In the group to which these two belonged were folk of many denominations, Catholic, Protestant and Jew. They respected each other's religion and developed into one of the finest groups in the city. They applied themselves to the First Tradition—"Our common welfare should come first; personal recovery depends upon AA unity." They avoided religious and political discussions, recognizing that these domains were a person's own, and that any encroachment on his right to worship "his God as he understood him" and the right to vote as he saw fit, would jeopardize the unity which the group held dear.

The atmosphere in the group is changing. Resentment, the common enemy of church, society and community, developed and cliques formed. This troubled our "stormy petrel" and he wanted to make an issue of it.

We believe that there is a danger in anyone or any denomination using AA as a missionary vehicle. The over-zealousness of some individuals has annoyed quite a few of our members, but in the main it has been excused. AA cannot and never will be the program of any one church. If any church tries it, AA will die: for there's a peculiar quirk in the alcoholic makeup as there is in the Church's. The Church (all denominations) instinctively judges alcoholism as a sin and is loth to accept the fact that it is a disease. For that reason it has had such poor success in reforming alcoholics. Its teachings are not geared or coordinated to meet the peculiar needs of the alcoholic. Great strides have been made by most denominations in better understanding, but when a group

(Continued on page two)

Don't lose your faith in humanity. There are a hundred and fifty million people in America who never played you a dirty trick.

WOULD-BE MISSIONARIES

(Continued from page one)

has been dominated by being assimilated in the Church's activity, it has met with disappointing results.

For a group to maintain harmony, it must respect the right of all its members to worship as they will. Their primary purpose is to show that living sober, decent and moral lives, they can regain their rightful place in the community..

The greatest service these would-be missionaries can render to their Church, regardless of denomination, is to live their religion and live it so manifestly that the unchurched or the wavering type will be attracted to it.

SPREE'S END

Time! Time is everything. Time is misery. Isn't time a sweat when you wake up the next morning with cotton in your mouth? Somebody drank all the whiskey the night before.

When am I going to get well?

I would like to have a drink so that I can keep the razor from shaking. It must be the razor that is shaking. It can't be my hand that is jumping all over my face, because the razor that I had last week didn't shake or is this the razor that I was using last week? Yes, this is the razor that I was using last week and a year ago.

Now everything is confused! but I am sure that it is the same razor that I was using all the time.

I must shave to look decent when I walk down the street. People will see me and think I am just some stumble-bum who doesn't know where he is going. It doesn't make any difference where he goes, he will just go somewhere else where he is not wanted.

It will take a long time for me to get this shaving done. I used to be fast enough with the darned thing to shave in three or four minutes. I must be getting old. It couldn't be anything else that makes me shake like this.

It couldn't be that I haven't been eating right. I ate a good dinner four or five days ago and I don't feel like I am hungry.

I just have to finish shaving to go down the street and buy another bottle. How I wish that I had made more money before I started to drink this time. Then I could just lift up the receiver, call a taxi, and have the driver go over to the liquor store for a bottle. Even if I had the money to call a taxi I don't have a telephone. I meant to have one put in last month, but it would have cost fifteen dollars.

There was some clothing I intended to buy and a few other things I needed to hold me over till my next pay. So what? I spent the last pay the same way I am spending this. Things are going around in a circle. I just don't remember what happened with it.

How I wish I had a drink! But it takes time to go over to that little liquor joint in the next block; all of five minutes and then I would have to tell the clerk what brand I drink. By the time I lifted the glass to my mouth more time will have been spent.

There is no use wondering about how much time it would take for me to go to the next block. I must get this shaving done before I go anywhere.

It is a good thing I only put one suit in the hock shop. I have one suit. It still must in good shape. I don't think I slept in it last night. I am sure I didn't sleep in it, I haven't dressed yet.

It will take time to dress and how sick I am petting. If I had just two tablespoons full, maybe I would be all right. Just two tablespoons full, but where am I going to get two tablespoons full.

If I could get dressed I could get more than two tablespoonsful—a couple of quarts anyway. Why am I worrying about just two little tablespoons full when I will be able to get all I want as soon as I get this shaving done.

This is the last time I am ever going to drink—never again! Life is not worth living like this. I can't go on this way much longer. There is too much time to be spent before the end comes.

What is the end? Let it come at this very second. If not now, after I get those two quarts. Paul F.

1 I THINK HE'S GOING TO MAKE IT

When enquiring about a newcomer from his sponsor recently, I was given the usual reply, "He's doing alright. I think he's going to make it." I suppose at some time or another, this has been said of most of us—but really-whether any of us will make it depends a great deal on what our philosophy of life is—and what our objectives are. It will depend, too, on whether we "come to believe" and under what circumstances, if any, we would depart from that belief. Everyone of us has been given a set of principles in our twelve step program. The safety and security of us all will depend on how faithfully we follow it. In AA we have heard the word "honesty" used times without number. It is basic—and that man who desires to be honest "above all else" stands an immeasurably better chance of making it than he who believes honesty is merely a policy to be pursued according to convenience. Those of us who have learned and appreciate that living this way of life brings its own rewards, are on much safer ground than they who are merely giving token observance because of certain circumstances. How and if we will make it will depend, too, on whether we believe in a Greater Power in a plan or scheme of things which includes us, and provides for our spiritual continuity. For they who don't believe in anything beyond their present outlook might well decide from time to time that it really doesn't matter what they do or how they do it. And so, if we want some inkling as to whether anyone is going to make it, we pretty well have to know in time how far they can be trusted—what their ideals and objectives are—what they want from life—and of the future for which they hope. When we know what a man has his eyes on, we can tell pretty well what he is going to move toward—and then perhaps could say with some margin of assurance, "I think he's going to make it." Lifeline, Vancouver, B. C.

CENTRAL COMMITTEE

Members were advised to inform themselves about hospital rules and regulations when admitting patients. This warning came to light at the Central Committee meeting of September 4. A delegate reported that one of the AA cooperating hospitals informed him that patients admitted prior to 4 p. m. would be charged for the day of admission—thus permitting only four nights in the hospital instead of the customary five. The Hospital Committee was instructed to check if this rule prevailed in all hospitals.

Central Bulletin reported 1671 paid subscribers with 120 expirations. 165 copies are sent free to institutions. During the month 103 new subscriptions and 49 renewals were received. The editor expressed his appreciation.

Copies of the Twelve Traditions were sent to each group secretary with the suggestion that one or more of these Traditions be read at each meeting.

YOUNGSTOWN ANNIVERSARY

The annual Youngstown anniversary dinner will be held in Central Y.M.C.A. on Sunday, October 14th. Lefty H. and Marty M. were invited to be speakers.

Reservations can be made by writing to Youngstown AA Center, 138 Lincoln Ave., Youngstown or by telephone, 3-8750. At 6:30 P. M. The price is \$3.00 per.

Many Clevelanders and Pittsburghers always attend.

PRISON GROUP ANNIVERSARY

The London, O., Prison Farm Group will observe its second anniversary on Saturday, October 14 at 12:00 noon. Visitors of both sexes are urgently invited to attend. They're doing a marvelous job of rehabilitation through the AA program.

ROWDY ROW

Cedar Group, The Salvation Army at 2179 East 55th Street, is adding another meeting to its fall and winter program. "Rowdy-Row" meetings are being held every Monday at 8 p. m., in the West Side Corps Hall, 2042 West 2Fth Street. An AA speaker from a guest Group gives a short lead, the program at the East 55th Street Men's Home is explained, and after discussion, refreshments are served. Al C., chairman of Cedar Group, joins the men there in extending an invitation to these meetings. Audiences are of both sexes, and Captain Flora Brown, Corps Officer, officiates as hostesses at the refreshments table.

AA BOWLING NOTES

Bowling Leagues have been established in various sections of the city by groups of AA. Each league will operate for 33 or 35 nights, depending upon the number of teams comprising the league. Some groups have several entries, enabling more of their members to participate in a sport which has proved to be a help in developing the social factor in AA, and finally strengthening the shaky ones into stable membership through association. We understand that each league has adopted a rule which automatically bars a bowler if he violates the AA code of absolute abstinence, regardless of his ability as a bowler.

The Men's **Eastside** League opened on September 7th with the Jerks winning all three games, the only team to accomplish this of the 16 teams comprising the league. A high single game of 277 was bowled by a man named M. Tony K. of Smith Wilson hit 252 for the second spot. On September 14, the Arcade team swept three games and now lead the league with 7 points. The Jerks could only muster one point on the second night to tie with three other teams for fourth place. The Chesters hit 2645 on the second night outstripping the second place **Allendales** by 139 pins.

In the Thursday **Westside** League, the Outlaws only mustered four men, but these four murdered the pins for a 998 single game and a 2868 total to win all three games in their eight team league. The **Valley View** team hit 950 but a much lesser total! but still won three games.

This league, secretaried by Carl F., also carries four ladies teams, but no report has been issued as yet.

In the Friday 7:30 shift, the **Lorain Yanks** are first with seven points, 8005 No. 1 and Angle No. 2 follow with six. Eddie B. of the **Lorain Yanks** rolled a nice 265 to lead in the individual high and give him a respectable 195 average for the two nights. The Yanks have 2499 for three which is high for the present.

In the Friday 9:30 **Westside** league, Lake Shore rests in first place with 8 points-perfection for the two nights of bowling. **Lakewood** and Clark No. 1 are immediately behind them with seven each. Clark No. 1 has a three game total of 2429 which is tops so far. Individual averages run from an admirable 210 down to an equally astonishing tow of 88.

ANSEL ROAD

One of the members of Ansel Road group is being evicted by the new owners of his apartment and is in desperate need of a house or apartment which will accommodate his family of four children, all of school age. Should have at least two bedrooms. If anyone can help a good AA in his dilemma, contact him through the Downtown Office, **CHerry** 1-7387. He is William C. H., now residing at 1360 East 92nd Street.

GROUP CHANGES

The League Park Group, formerly meeting in Gospel Center at 6920 Lexington, moved on September 8th to St. Agnes School Hall, East 79th and Euclid Avenue. They meet on Saturdays at 9:00 P. M. Mike D. is secretary. Over 300 attended the first meeting in the new hall to hear good old Judge Jim. C.

Women's **Eastside** changed its meeting night from Tuesday to Wednesday on September 12th. They meet in First U. P. Church, East 82nd and Euclid at 8:30 P. M.

Lakewood women meet on Wednesday, not Monday, as has been listed in the Bulletin for the past month. They meet in United Presbyterian Church, 12601 Detroit Avenue at 8:30 P. M.

The St. John's Hospital monthly Friday meetings have been discontinued until further notice.

The Clark Group has changed its quarters to 1917 Clark Avenue. Stilt meeting on Tuesday at 8:30.

The entire group of Corinthians bussed up to Cedar Point on August 5th, and were sumptuously entertained in the Breakers Hotel through the courtesy of the manager.

Their clambake on September 15th in Dunham's Tavern was well attended.

The Sterling group resumes its Thursday meetings on October 4 at St. Nicholas Hall, E. 36 and Superior at 8:30. Secretary is Francis M.

CONSOLIDATED MEETING

Bert P. lived up to and went beyond expectations as he shared his experiences and philosophy with the excellent crowd that attended the Fall consolidated meeting. With the Cleveland Indians still in the pennant race and playing in New York in a very crucial game, many undoubtedly stayed near their television sets instead of coming to the meeting. Their natures would have been much sweeter had they listened to Bert, for we understand many who listened to the frustrating ball game considered getting drunk or committing murder.

Bert emphasized the need of absolute surrender and stated that not enough questions were being asked by neophytes these days. He made the observation that the word "suggested" in "Suggested Steps for Recovery" be deleted because it was an invitation to alter them to fit. He likened this to the 1924 polevaulter who kept lowering the bar so he wouldn't have to exert himself.

There were many more nuggets in his talk. Those that were fortunate enough to hear him were richly rewarded for coming.

BROOKLYN SCHEDULE

The speakers for October at Brooklyn are: 3—**Ralph B.** of Brooklyn observing his first anniversary; 10—**Hank S.** of Doan Men, observing his eleventh; 17—**Mary L.** of Brooklyn, observing her fifth; 24—**Bill S.** of Angle; 31—**Vi** and **Fred S.** of Euclid-Wade, in a joint lead.

ADDISON

The seventh anniversary of the Addison Group will be observed on Monday, October 15th. The celebration will be held in the Westminster Congregational Church, Addison and Wade Park. Entertainment, refreshments and dancing follow the speaker.

OFFICE ADVISORY

The fourth quarterly meeting of the Office Advisory Committee, (postponed from August) will be held on Thursday, September 27 at 8:00 p. m. in Hotel Cleveland.

Keorts on all phases of the office activity will be present&t. Each group should be represented:

BIJTTONS. BUTTONS

Notice in Scotch church: "Those in the habit of putting buttons instead of coins in the collection plate will please put in their own buttons and not the buttons from the cushions on the pews."

Must be some members of that church in our group. We've found some buttons too, but until now we couldn't identify them.

Little drops of whiskey,
Little mugs of beer,
'11 get you your D.T. degree
If you persevere.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church. 8:30
BORTON-E. Cleve. Congrega. Church 8:45
LAKE SHORE-St. Luke's Parish, 8:30
LAKEWOOD (Orchard Grove)- 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal. 8:30
LEE MONDAY-First Presbyter. Church. 8:30
LORAIN AVE.-West Park Baptist Church. 8:30
MARINE HOSPITAL-E. 124 & Fairhill. 7:30
PEARL-Corpus Christi Basement. 8:30
ROWDY ROW-Salvation Army Corps Hall, 8:00
SHAKER HEIGHTS-Christ Episcopal Church. 8:30
SOUTH EAST GROUP-Holy Name Hal., 8:328 Broadway. 8:30
THOMPSON PRODUCTS-Main Plant, Clarkwood Av. (Permit at Employ. Office) 4:30
UNION-East View Cong. Church. 9:00
WEST 25th ST.-Marvel Hall. 8:30
ASHTABULA COUNTY MEN-B. of L. E. Hall, Main St., Conneaut, O. 8:30
VERMILLION St. Mary's Church, Exchange St 8:30
WILLOUGHBY, O.-Presbyterian Church. 8:30
WOMEN'S-West Side-West Blvd. Christian. W. Blvd. & W. 101st 8:30

TUESDAY

ARCADE-Central Y.M.C.A. East 22nd and Prospect Ave. 8:30
CHARITY-Last Tuesday of each month- Charity Hospital Nurses' Auditorium 8:30
CLARK-1917 Clark Ave. 8:30
CRILE HOSPITAL, Television Room 7:30
EAGLE TRAINING-Salvation Army. E. 9th and Eagle 8:00
EDGE LAKE- St. Charles Ave. Dinner at 7:00 p. m. Meeting at 8:30
EDGEWATER Lrain Ave. 8:30
EUCALID-WADE-Calvary Presbyterian Church. E. 79th and Euclid Ave. 8:30
FAIRMOUNT-St. Paul's Episcopal. Fairmount and Coventry. 8:30
FAIRVIEW PARK-Fairview Grace Church, W. 224th, and Lorain Ave. 8:30
FOREST HILLS MEN-Markad Motors, 13219 Superior Ave. 8:30
MILES-LEE-Mount Hope Church, E. 164th, north of Miles. 8:30
SMITH-WILSON-Nativity School, 9510 Aetna Road 8:30
SUPERIOR-North Presbyterian Church, E. 40th and Superior 9:00
TAPCO-Post 4, 23555 Euclid, 2nd shift 1:00
TAPCO-Post 4, 23555 Euclid, 3rd shift 9:00
WEST PARK-West Park Baptist Church, W. 152nd and Lorain 8:30
WEST SIDE MEN'S-St. Patrick's Hall, Bridge at W. 38th St. 8:30
ELYRIA YOUNG PEOPLE-Junior Chamber of Com. Bldg., Harwood St. 9:00
ELYRIA-335 Columbus St. 8:30
LORAIN, O.-Community Hall, 23rd and Beech Sts. 8:00
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
PAINESVILLE, O.-Stag, 33 N. State St. 8:30
STRONGSVILLE-St. Joseph's Church, 10.000 Pearl Rd. 8:30

WEDNESDAY

ALCOLA-6409 Detroit Ave. 9:00
BAXTER AVE.-6527 Baxter Ave 8:30
BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30

COLLINWOOD-14709 St. Clair Ave. 8:30
DENISON MEN-7403 Denison Ave. (first Wednesday joint meeting) 8:30
DOAN MEN'S-2028 E. 105th St., J., 2nd floor, side entrance 8:45
EAST SIDE MORNING- 10:00 A. M.
GARFIELD HEIGHTS-Trinity Baptist, E. 94th and Garfield Blvd 8:30
LAKEWOOD WOMEN-United Presby. Church, 12601 Detroit Ave 8:30
LEE ROAD-First Eng. Lutheran, Derbyshire and Euclid Hts. Blvd. 8:30
ST. JAMES-Ward's Convalescing Home, E. 71st and Cedar Ave. 8:15
TAPCO-Post 4, 23555 Euclid, 1st shift 3:30
WARRENSVILLE-Women's House Cor. 7:30
WOMEN'S-East Side-First Unitarian Church, Euclid and E. 82nd St. 8:30
BEDFORD, O.-Y.M.C.A., Tarbell Ave. 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:00
LORAIN, O.-ANTLERS-St. Mary's Schod, Reid Ave 8:30
LORAIN COUNTY WOMEN-421 Broadway, Apt. 6 8:30
MIDTOWN-M&T Talbot Home, 5018 Prospect Ave. 8:30

THURSDAY

ALAN-1820 East 79th St 8:30
ALLENDALE-St. Pad's Episcopal Church, 15837th Ave 8:30
ANGLE-St. Michael's C church, 2549 Washington Ave. 8:30
BROADWAY-55th-Our Lady of Lourdes School Hall 8:30
COVENTRY-Fairmount Presbyterian Chapel, Scarborough 8:30
EDDY ROAD-Glenville Congregational Church, Eddy and St. Clair 9:00
GLENVILLE-10421 St. Clair Ave 8:30
LORAIN AVE.-West Park Baptist Church, 15218 Lorain Ave. 8:30
OUTHWAITE-Woodland Center, 7100 Kinsman Ave. 8:30
ROCKY RIVER-Rockoort Methodist Church, 3310 Wooster Rd. 8:30
STERLING-St. Nicholas Hall, Superior and Ii. 36th St. 8:30
WEST SIDE-7403 Denison Ave. 10:30 A.M.
BEREA, O.-Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland 8:30
EAST LAKE-Vine and Campbell, Willoughby, O. 8:30
INDEPENDENCE, O.-St. John's Lutheran Hall, Second and Sunset 9:00
PAINESVILLE, O.-33 N. State, 3rd fl. 8:30
SHEFFIELD LAKE-610 Sunset Dr. 8:30

FRIDAY

ANSEL ROAD-St. Thomas Church, 9205 Superior Ave 9:00
BROADWAY-HARVARD-8437 Broadway 8:30
CEDAR-Salvation Army, 2181 E. 55th 8:15
GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St. 8:30
LEE ROAD-2056 E. 105, H. of P. Hall 9:00
MILES MEN'S-Stag, 4141 E. 116th St 8:30
NORTHEAST-2028 E. 105th St 8:30
WEST SIDE YOUNG PEOPLE-St. Rose's Hall, W. I 16th-Detroit 8:30
BEREA-Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS, O.-American Legion, E. Orange St. 8:30
CHARDON, O.-Thrasher House, Water St., Chardon, O 8:30
CONNEAUT, O.-B. of L. E. Hall 8:30
EUCALID, O.-Holy Cross Church, E. 200th and Lake Shore Blvd. 8:30
LORAIN-AVON-AA Social Center, 700 Broadway 8:30
MENTOR, O.-Mentor Methodist Church 8:30
OBERLIN, O.-American Legion Home, S. Main and Hamilton 8:30

WICKLIFFE MEN-Lady of Mt. Carmel Hall, Wickliffe, O. 8:00

SATURDAY

BROADWAY MEN'S-St. John's Lutheran Church, Cable at Broadway 8:30
CATHEDRAL-(Stag) St. John's Cathedral, E. 9th and Superior 8:30
CROSSROADS-Euclid Avenue Baptist Church, East 18th 9:00
GLENVILLE-10421 St. Clair Ave 9:00
LAKEWOOD-Sat. Nite-Redeemer Hall, Andrew, near Detroit 8:30
LEAGUE PARIC-St. Agnes School- Hall, East 79th and Euclid Ave 8:30
MATT TALBOT-St. Philip Neri Church, E. 82nd and St. Clair 8:30
PARMA-Public Library, 5850 Ridge Rd. 8:30
REDWOOD-Euclid Lutheran Church, E. 260th and Oriole 8:30
VALLEY VIEW-Community Center, West 7th and Starkweather 8:30
8005 GROUP-8005 Lorain Ave. 8:30
ASHTABULA, O.-K. of P. Hall, Elm Av. 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Hillside and Third 8:30
SOLOMON, O.-St. Rita's Church basement 9:00
TRINITY-Trinity Evangelical Church, 3525 W. 25th St. 8:30

SUNDAY

C. A. P. DISCUSSION-C. A. C. clubrooms, 7809 Euclid Avenue 10:45
COLLINWOOD-14709 St. Clair Ave. 7:30
DETROIT-Mixed-8023 Detroit Ave. 8:00
GORDON PARK-Veteran's Convention Club, 8815 St. Clair Ave. 2:30
LAKEVIEW-CYO Hall, St. Aloysius Church, E. 109th and St. Clair 8:30
LORAIN-DENISON-10034 Lorain Ave. 8:30
MARYMOUNT-2nd Sun 11 month Cafeteria, McCracken and Henry 2:30
MISTLETOE-MacGillis Home, 1560 Mistletoe at Wade Park 7:00
NEWBURGH-St. Catherine's Church, 3443 E. 93rd St. 8:30
OUTHWAITE-7100 Kinsman Ave. 4:00
SPONSORSHIP MEETING-Glenville Group, 10421 St. Clair Ave. 2:00
WARRENSVILLE-Cooley Farms Recreation Room 10:00 A. M.
GENEVA, O.-Legion Hall, Park St., corner of so. Eagle 7:30
HAMBDEN, O.-Hamden Grange Hall 8:00
LORAIN, O.-(Stag) AA Social Center, 700 Broadway 10:00 A.M.

LIST OF COOPERATING AA HOSPITALS

Alcoholics Abstinence Nursing Home (MW)
Melrose 1-1635 8023 Detroit Ave
Cleveland Alcohol Clinic (MW)
Express 1-8 9 9 8 7809 Euclid Ave.
Farquharson's (TUDEX-1882) (M) 6037 Pearl
MacGillis Nursing Home (MW)
RA. 1-2556, 1560 Mistletoe Dr. at Wade Pk
Marymount Hospital (MW)
Vulcan 3-2310 12300 McCracken Rd.
Pathway (Tyler 1-6698) (MW) 1635 E. 93rd

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE- Hanna Building, Room 370 8:30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE- Hanna Building, Room 370 8:30

FOR AUTHORITATIVE AA INFORMATION
AA CLEVELAND DISTRICT OFFICE- Cherry 1-7387 780 The Arcade

FOR FIRST TIMERS ONLY

Charity Hospital (MW)
Main 1-9400 Central at E. 22nd St
St. John's Hospital (M)
Woodbine 1-5750 791 1 Detroit Ave
(M) men only. (W) women only.
(MW) men and women.

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GIGGLES

The minister was trying to teach the significance of "white" to a Bible School class. "Why," he said "does a bride invariably desire to be clothed in white for her marriage ?"

As no one answered, he explained "White stands for joy, and the wedding day is the most joyful occasion of a woman's life."

A small boy queried: "Why do the men wear black ?"

LEADERSHIP

To us ordinary mortals talk of leadership too often seems to be a reference to some special type of individual: the senior who was voted most likely to succeed, the man with the dynamic, go-getter personality, the eager beaver or the extrovert.

There isn't one of us who is not compelled to exercise some kind of leadership. Those of us who made a mess of living for shorter or longer periods because of our drinking-must first, once we have decided that there is no percentage in the old way of life, exercise leadership over ourselves.

Leadership does not mean that we lead other people always, it means that we have the ability, the good sense, to follow other leaders. In the case of the alcoholic there must first be a recognition of the leadership of a Higher Power. Without this we never will be able to give direction to ourselves or any one else.

This ability to follow a leader implies humility. It is an implicit recognition that we do not know it all and do not possess, in what we thought was our infinite wisdom-and, fortified by alcohol-all the answers.

It follows then, that the successful leader is the humble leader. But in this fellowship it is not enough to have gained leadership over our sickness. That is the first step, but it is only the first step.

In all humility we must go on with the program and make those changes in character and personality which either led us to seek escape in the bottle or had become the by-products of our illness. These must be eliminated and corrected. It is no easy job.

It taxes, very often, the new found power of leadership over ourselves. There must be eternal awareness of these shortcomings if they are to be rooted out. Therefore, a good leadership also implies vigilance.

It is only when an honest approach has been made to these, problems that we begin, slowly at first, to attain the place where we may exercise leadership over others. This is another way of saying: gained the ability to help others as set forth in the Twelfth Step.

The member of Alcoholics Anonymous cannot be a specialist in his or her leadership. The trouble with the world today is, we believe, very largely specialized leadership. We have experts in many things but too few people who, while being specialists are also well-rounded individuals who understand the human side of problems. This shortcoming often upsets the good work the specialized leader has done in his own field.

It a person has not solved his own problems how can he help another individual to solve his? None of us is ever going to achieve perfection, but this does not excuse us from exercising constant leadership over ourselves. We must distinguish between experts and leaders. The expert may be proficient in a limited way, but the real leader is a person not afraid to face life or ashamed to admit his own weaknesses and shortcomings but one who, at the same time is steadily working to rectify them so that he can help, not dominate his fellow men.

THE CHOSEN PEOPLE

Someone was ruminating over our claim that members of AA were a chosen people. He had heard our favorite analysis of the miracle which came to three percent of the reliably estimated four million alcoholic addicts in the United States, and came in to discuss what to do about the remaining 97 percent.

The only answer we could offer was that we continue to live AA to the best of our ability, praise our Almighty God daily for selecting us as His media in demonstrating that alcoholism could be licked and controlled, and pray that we would be sufficiently effective in instilling faith and hope in the millions still seeking true happiness or their proper niche in life.

To us it is ever a miracle. Just think! Three per cent is three out of every hundred people afflicted as we were! There are about 120,000 men and women on AA rosters throughout the country! Every year, according to reliable sources, new alcoholic addicts are added. Alcoholism is growing at a faster rate than cancer. tuberculosis and heart trouble and AA even with its tremendous growth is scarcely keeping up the ratio now established.

What are the chances for the ninety seven percent? God only knows. So it behooves us to become ever conscious of our selection. According to our observations, however, one of the three percenters will grasp the opportunity, cherish it, nurture it as though it were the most delicate and sensitive flower, displaying its beauty for all the world to see, protecting it from every ravaging influence.

One other of the three will accept it, live with it, sheltering it and seemingly appreciate it—for a while. Then the novelty of the gift will pall on him and he'll lay it aside. He'll listen to people who don't know anything about flower values, deprecate it, laugh at it, attempt to destroy it and finally succeed in causing him to toss it away. He has a fifty-fifty chance of getting another-if he's learned a bitter enough lesson.

The third comes in because of pressure-unwillingly. Wife pressure, boss pressure, economic pressure. This one goes through the motions, either sneaking a drink when he thinks noone is looking or deliberately tossing a tloozy to show the world that he can run his life to suit himself. This "button-less" guy is one of the crosses we have to bear. He and others like him test our tolerance and patience and should make us even more thankful that we were spared such horrible suffering. Each sad experience like this should steel us whenever the insidious beverage advertising daily assailing our eyes, ears and noses tends to bring back nostalgic memories of the "good times" we had when we could "handle it." If we train ourselves to recall only the bad times we had we'll have made some progress in resistance.

Let's rededicate ourselves to the highest AA principles-absolute abstinence-and show our Creator that we really appreciate the distinction of being one of the chosen few.

Trying to run one's own life alone is tough.

We should aspire to be
like a good watch . . . open
face, busy hands, pure
gold, well regulated and
full of good works.

Gilcrafter

BULLETIN ON VOLUME TEN

The Central Bulletin starts its tenth year of publication with this issue. We are grateful for the many expressions of appreciation which have come to us during the past nine years. We shall humbly try to improve its content as we continue. We are naturally proud that our publication was the first to serve AA, but we hasten to correct any impression that we had ambitions to be the mouth-piece for AA. Our sole aim has been to serve the Cleveland area and its environs, and the servicemen in the armed forces who were members before they left to serve their country.

Our circulation now spans the country and even reaches beyond to foreign soil. We receive many letters from these sources complimentary in nature. They hearten us.

The Grapevine is still the official organ for AA. We are in perfect accord with their efforts to maintain the highest ideals in AA. Every AA should be a subscriber. In the meantime we'll continue to listen to the fine talks we hear at meetings and learn from them the material we use to make the Bulletin as interesting as we can.

Thanks for the support you've given us. It's been fun.

CLOTHING NEEDED

There is nothing more disheartening to a person leaving the Workhouse, filled with a determination to start a new life with the AA philosophy to guide him or her than to survey personal possessions and find them inadequate in applying for a decent job. Everyone wants to make at least a neat appearance. In most cases these discharges have the barest of equipment. What they have usually show evidence of past indiscretions. Most have lost their homes and have forfeited the chance to go to their long-suffering former friends for help. Most in the past have, in face of these terrific odds, given up and returned to their former habits only to become a "number" again.

It's tough enough for a man. But for a woman it's a mountainous job. She needs underthings, stockings, shoes, dresses and now that winter is approaching a coat to keep her warm and possibly to build her self-respect.

Hildegard H. has done a tremendous job in rehabilitating many women, but she needs help to continue. Each year she makes an annual for help through a raffle to give a Christmas party for the women who will probably have to spend the holidays in the institution. This evidence of faith in them takes away a good deal of the bitterness they feel at their lot. The Xmas party, with Franklyn S. of Doan as speaker and selector of the winning raffle ticket will be held at the Women's House of Correction on Wednesday, December 19 at 7:30 P. M. Everyone is welcome.

Clothing-lots of it-can be left at Stone Printing Co., 9104 Broadway.

RACKETEERS

There's nothing more offensive to members in AA than to see someone trying to exploit them. The latest breach of "AA etiquette" comes from California in the form of an "Official AA Lighter" with a distorted version of the "Serenity" prayer. They are being offered through AA secretaries for a price of \$6.00 each with a special price to the Secretary selling five others of \$4.60.

These same lighters can be purchased in Cleveland (without the distorted prayer, of course) for as low as \$2.75 and in some stores at \$3.69.

When the confidential list of AA secretaries is so abused, the persons abusing the confidence must be exposed so others may be deterred from trying it.

We are positive that no one gave them the right to title it "Official." Certainly the newly formed Council did not. So send 'em back with an "official letter"! They need a lesson.

* * * *

A hangover is something to occupy a head that wasn't used the night before. -Cleveland News

* * * *

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER

THE LONESOME ROAD

The people in the area within ear's reach of the WGAR Radio Station (1220 on your dial) are indeed fortunate in hearing a series of fifteen minute programs on alcoholism and its problems. The programs are unsponsored and are presented as a service to the community by an alert, civic-minded radio station.

Tune in each Friday at 10:30 P. M., starting October 26. The series undertakes to convince listeners that alcoholism is now recognized as an illness . . . what an alcoholic can do for his own recovery . . . what the community can do toward eradicating this costly public health problem.

The scheduled subjects are: Oct. 26, "The Nature of Alcoholic Illness"; Nov. 2, "The First Steps to Recovery"; Nov. 9, "Ways Problem Drinkers Can Get Help"; Nov. 16, "To Help Him if he Wishes"; Nov. 23, "A Practical Way to Recovery"; Nov. 30, "For the Non-Alcoholic"; Dec. 7, "New Drugs"; Dec. 14, "Alcoholism and Youth."

We have heard these records and firmly believe they will do much to "educate" the public, which is still woefully ignorant and prejudiced. It will particularly help AA, for throughout the series, the AA method is applied—and given proper recognition.

Listen in and see if you don't agree.

OBITUARIES

Many in this area were saddened to hear that beloved Joe Dunne had passed away. His unswerving devotion to AA, his kindness and understanding, his sincere solicitude of persons, high or low, rich or poor, won him many friends and devoted followers of his high principles. His delightful Scotch-Irish burr will be greatly missed.

He died at 63 on October 25th and was buried on October 29th. He is survived by his wife, Sarah, and a son and two daughters. We offer them our sincere condolences.

On August 4th, a quiet and unobtrusive soul, passed on to his reward in Dunkirk, N. Y. He had been attending the Collinwood, Glenville and Doan Men's group, and he and his wife quietly, efficiently and modestly took care of the kitchen work, which so many of us leave to others. He was Frank Marion. We offer our belated condolence of his bereaved wife, Charlotte. They lived at 3592 East 1st St., where she still lives.

An active member of the Painesville and Geneva groups who also attended the Ashtabula Saturday night meetings, Ernie Sherwood passed away on September 19th. His residence was in Madison, Ohio. A member of his group writes: "He was a member for two years, and if any man deserves an honor, Ernie does, for in this time he worked and lived only for his AA meetings, and he and his wife both are due a lot of credit for their continuous work in AA. When he died, Ernie asked his wife Jane to carry on the AA work."

He was only 33 years old. Besides his wife he left five small children, ranging in age from eight years to eleven weeks.

We also offer to Jane our sincere condolences.

The many friends of Jerry Carey, a member of over seven years of Doan Men's group, will be shocked to hear that he passed away on October 26th. Burial October 29th. This is a late flash.

CROSSROADS GROUP CEASES

After many years of notable service, the loyal handful of members who underwrote the expense of maintaining the downtown Crossroads group, finally found the burden of expense too much for them and reluctantly ceased operations.

This group attracted many transients, and many visitors to Cleveland attribute their sobriety to what they found in Cleveland at Crossroads.

The Crossroads people served honorably and creditably and we believe are deserving of plaudits for the fine work they accomplished.

"It is one the most beautiful compensations of life that no man can sincerely try to help another without helping himself."

-J. Pearson Webster.

AS A MAN THINKETH

As you think, you travel; as you love you attract. You are today where your thoughts take you; you will be tomorrow where your thoughts take you. You cannot escape the results of your thoughts, but you can endure and learn, can accept and be glad. You will realize the vision (not with idle wish) of your heart, be it base or beautiful, or a mixture of both, for you will always gravitate toward that which you secretly most love. Into your hands will be placed the exact result of your thoughts; you will receive that which you earn; no less. Whatever your present environment may be, you will fall, remain or rise with your thoughts, your vision, your ideal. You will become as small as your controlling desire, as great as your dominant aspiration.

Here's How-Chicago

TWELFTH ANNIVERSARY

During the month of November, Borton group will celebrate its twelfth anniversary on each of the four Mondays in the month. On Nov. 5, Eddie S., a 12 year man will speak; on the 12th we'll hear Dale T., also a 12 year member; on the 19th, Jack D. speaks with a record of 14 years of service; and on the 26th, Clarence S. also a 14 year man will round out the novel program idea. Everyone is welcome to attend.

Of the original members, three are still with the group which met at Abbie G.'s, where the first Clevelanders congregated. The others organized or helped organize the Lee Road and Orchard Grove groups.

Pete S., the newly elected secretary, insists he was shanghaied into the job. Beginning December 3rd, the meetings will start promptly at 8:30.

DOAN DATA

October speakers were Franklyn S. of Doan, Bill A. of Lorain, Fred S. of Euclid Wade, John L. of Doan and Joe A. of Glenville.

Attendance has not been up to expected standards lately. The speakers chosen to lead the meeting are of the best in the area. After the meeting (men only, of course), really educational discussions to take place. You can "take down your hair" in this group.

ROCKY RIVER PANEL

An all-star panel of speakers will be the lure to attract many to the Rocky River group on Thursday evening, November 29th at 9:00 P. M. sharp. The moderator will be Warren C. of Lake Shore. The speakers are Jack D., of Borton, Judge Jim C. of Arcade, Clarence S. ex-officio member of all groups and Jim B. who almost falls in the same category as Clarence.

The meeting will be held in the group's regular meeting place, Rockport Methodist Church, 3310 Wooster Road, between Hilliard and Lorain Avenue.

TRINITY EVENTS

Everyone is welcome at Trinity during November to hear the following group of scheduled speakers: 3, Amelia S., Euclid-Wade; 10, Pat S., of Lake Shore; 17, John H., of Doan Men; 24, Dr. Leslie T. of Lake Shore.

BOWLING NOTES

The Thursday bowling league shows Collinwood leading the league by four points over the Outlaws, Northeast No. 3 and Suburbans, who are tied for second place.

Glenville No. 2 leads the pack in the Eastside League with 22. points, two more than Superior No. 1 in second place. The Matt Talbots smacked a 1031 game and amassed a 2905 three-game series to completely outdistance their nearest rivals. Some bowling.

ORCHARD GROVE

The Lakewood (Orchard Grove) group is in the process of making plans for its annual anniversary meeting which will be its twelfth. The night chosen is Monday, Nov. 19th at 8:30 P. M. The speaker for the evening will be a prominent one, fitting the occasion, so plan to be there

You don't have to lay awake nights to be a success. Just stay awake days.

CENTRAL COMMITTEE

Twenty-one groups were represented at the October 2nd meeting of Central Committee.

A balance of \$118.43 was reported by the treasurer. . . standardization of rules pertaining to hospitals was the aim of the Hospital Committee . . . Central Bulletin reported 1,572 paid subscriptions which included 109 September expirations and one service man's free subscription. The editor urged for more of these service men's contacts so a free Bulletin could be sent him regularly . . . The plan for rehabilitation of alcoholics undertaken by the Cleveland Bar Association at the Cleveland Workhouse at Warrensville was announced as finally becoming a reality on October 16th. Fifteen men, carefully screened will be segregated into a separate ward and will be treated by doctors and psychiatrists as well as being given extraordinary AA attention. If the experiment is successful the number will be increased. Objection came from one member who saw in this action of the Bar Association an effort to dislodge AA from the position it now maintains, and take credit for our work. It was pointed out by the member of the committee presenting this plan, that the most important goal all of us should strive for was the sobriety of the individual, not who should get credit for accomplishing this end.

AA DISTRICT OFFICE

The first quarterly meeting of the Office Advisory committee for the fiscal year of 1951-52 will be held at Hotel Cleveland on Thursday evening, November 8th at 8:00 o'clock.

The agenda for the meeting includes a complete report of office activity for 1950-51, and a complete financial report.

Each group should have at least one representative at this important meeting.

BROOKLYN

Speakers for the Brooklyn group for November are: 7, Harry. McD., of Sandusky, O.; 14, Pete McN., of Lee Road Monday; 21, Jimmy K., Gordon Square; 28, Warren C., Lake Shore.

Each of these speakers are outstanding and deserve a large audience for their messages reflect many years of experience.

STERLING

The rejuvenated Sterling group held its first meeting on Thursday, October 11th. The Hon. Judge Jim C. was the speaker and, as usual, gave the large crowd something vital to take home and practice. Nick R. is the secretary. The group meets in St. Nicholas Hall, E. 36th and Superior at 8:30 P. M.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Wwtminster Church.
Cor. Addison and Wade Park..... 8:30
BORTON-E. Cleve. Congrega. Church
Page and Euclid Ave..... 8:45
LAKE SHORE-St. Luke's Parish.
Clifton and Bunts Rd..... 8:30
LAKEWOOD (Orcharl Grove)—
1417 St. Charles. nr. Detroit---S:30
LAKEWOOD MEN'S-St. Peter's Episcopal
W. Clifton and Detroit..... 8:30
LEE MONDAY-First Presbyterian Church,
East Cleveland, Nela and Euclid..... 8:30
LORAIN AVE.-West Park Baptist Church.
15218 Lorain Ave..... 8:30
MARINE HOSPITAL—E. 124 & Fairhill.7:30
PEARL-Corpus Christi Basement,
4202 Stickney (E. of Pearl Rd.)..... 8:30
ROWDY ROYV-Salvation Army Corps Hall,
2042 W. 26th St..... 8:00
SHAKER HEIGHTS-Christ Episcopal
Church, 3451 Warrensville..... 8:30
SOUTH EAST GROUP-Holy Name
Hall, 8328 Broadway..... 8:30
THOMPSON PRODUCTS—Main Plant,
Clarkwood Ar. (Permit at Employ. Office)4:30
UNION-East View Cong. Church
Kinsman at E. 156th St..... 9:00
WEST 25th ST.-Mawel Hall,
2858 W. 25th St..... 8:30
ASHTABULA COUNTY MEN—
B. of L. E. Hall, Main St., Conneaut, O..... 8:30
VERMILION,
St. Mary's Church, Exchange St..... 8:30
WILLOUGHBY-Pmb yterian Church.
Willoughby, O..... 8:30
WOMEN'S—West Side-West Blvd.
Christian, W. Blvd. & W. 101st..... 8:30

TUESDAY

ARCADE-Central Y.M.C.A.,
East 22nd and Prospect Ave..... 8:30
CHARITY-Last Tuesday of each month—
Charity Hospital Nurses' Auditorium..... 8:30
CLARK-1917 Park Ave..... 8:30
CRILE HOSPITAL-Television Room..... 7:30
EAGLE TRAINING—Salvation Army,
E. 9th and Eagle..... 8:00
EDGE LAKE- St. Charles Ave.,
Dinner at 7:00 p. m., Meeting at 8:30
EDGEWATER- Lorain Ave.,
Cor. w. 101st St..... 8:30
EUCLID-WADE-Calvarr Presbyterian
Church, E. 7th and Euclid Ave..... 8:30
FAIRMOUNT-St. Paul's Episcopal,
Fairmount and Coventry..... 8:30
FAIRVIEW PARK-Fair & Grace
Church, W-4th and Lorain Ave..... 8:30
FOREST HILLS MEN—Marked Motors,
13219 Superior Ave..... 8:30
MILES-LEE--Mount Hope Church
E. 164th north of Miles..... 8:30
SMITH-WILSON-Nativity School,
9510 Aetna Road..... 8:30
SUPERIOR--North Presbyterian Church,
F 40th and Superior..... 9:00
TAPCO-Post 4, 23555 Euclid, 2nd shift...1:00
TAPCO-Post 4, 23555 Euclid, 3rd shift...9:00
WEST PARK-West Park Baptist Church,
W. 152nd and Lorain..... 8:30
WEST SIDE MEN'S-St. Patrick's Hall,
Bridge at W. 38th St..... 8:30
ELYRIA YOUNG PEOPLE-Junior
Chamber of Corn. Bldg., Harwood St..... 9:00
ELYRIA-335 Columbus St..... 8:30
LORAIN, O.-Community Hall,
23rd and Beech Sts..... 8:00
MEDINA, O.-St. Paul's Epis. Par. Hse..... 8:30
PAINESVILLE, O.-Stag, 33 N. State St..... 8:30
STRONGSVILLE-St. Joseph's Church,
10,000 Pearl Rd..... 8:30

WEDNESDAY

ALCOLA-6409 Detroit Ave..... 9:00
BAXTER AVE-6527 Baxter Ave..... 8:30
BROOKLYN-K. of P. Hall,
3316 Broadview, East of Pearl Rd..... 8:30

COLLINWOOD-14709 St. Clair Ave..... 8:30
DENISON MEN-7403 Denison Ave.,
(first Wednesday, joint meeting)..... 8:30
DOAN MEN'S-2028 E. 105th St.,
2nd floor, side entrance..... 8:45
EAST SIDE, MURNING
2028 E. 105th St..... 10:00 A. M.
GARFIELD HEIGHTS-Trinity Baptist,
E. 94th and Garfield Blvd..... 8:30
LAKEWOOD WOMEN-United Presby.
Church, 12601 Detroit Ave..... 8:30
LEE ROAD-First Enn. Lutheran,
Derbyshire and Euclid Hts. Blvd..... 8:30
ST. JAMES-Ward's Convalescing Home,
E. 71st and Cedar Ave..... 8:15
TAPCO-Post 4, 23555 Euclid, 1st shift-3:30
WARRENVILLE-Women's House Cor...7:30
WOMEN'S-East Side-First Unitarian
Church, Euclid and E. 82nd St..... 8:30
BEDFORD, O.-Y.M.C.A., Tarbell Ave..... 8:30
ELYRIA, O.-St. Andrew's Episcopal
Church, Middle and Third..... 8:00
LORAIN, O.-ANTLERS-
St. Mary's School, Reid Ave..... 8:30
LORAIN COUNTY WOMEN—
421 Broadway, Apt. 6..... 8:30
MIDTOWN-Mat Talbot Home,
5018 Prospect Ave..... 8:30

THURSDAY

ALAN-1820 East 79th St..... 8:30
ALLENDALE-St. Paul's Episcopal
Church, 15837 Euclid Ave..... 8:30
ANGLE-St. Malachi's Church,
2549 Washington Ave..... 8:30
BROADWAY-55th—Our Lady of Lourdes
School Hall..... 8:30
COVENTRY-Fairmount Presbyterian
Chapel, Scarborough..... 8:30
EDDY ROAD—Glenview Congregational
Church, Eddy and St. Clair..... 9:00
GLENVIEW-10421 St. Clair Ave..... 8:30
LORAIN AVE.-West Park Baptist
Church, 15218 Lorain Ave..... 8:30
OUTHWAITE—Woodland Center,
7100 Kinsman Ave..... 8:30
ROCKY RIVER-Rockport Methodist,
Church, 3310 Wooster Rd..... 8:30
STERLING-St. Nicholas Hall,
Superior and E. 36th St..... 8:30
WEST SIDE-7403 Denison Ave..... 10:30 A. M.
BEREA, O.-Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland..... 8:30
EAST LAKE-Vine and Campbell,
Willoughby, O..... 8:30
INDEPENDENCE, O.-St. John's Lutheran
Hall, Second and Sunset..... 9:00
PAINESVILLE, O.-33 N. State, 3rd fl..... 8:30
SHEFFIELD LAKE-640 Sunset Dr..... 8:30

FRIDAY

ANSEL ROAD-St. Thomas Church,
9205 Superior Ave..... 9:00
BROADWAY-HARVARD—8437 Broadway 8:30
CEDAR-Salvation Army, 2181 E. 55th...8:15
GORDON SQUARE-St. Helena's Hall,
1367 W. 65th St..... 8:30
LEE ROAD-2056 E. 105, K. of P. Hall... 9:00
MILES MEN'S—Stag Group,
4141 E. 116th St..... 8:30
NORTHEAST-2028 E. 105th St..... 8:30
WESTSIDE YOUNG PEOPLE—
St. Luke's Hall, Bunts and Clifton..... 9:00
BEREA-Social room of Berea Cong.
Church, Seminary and Church... 8:30
CHAGRIN FALLS, O.-American Legion,
E. Orange St..... 8:30
CHARDON, O.-Thrasher House,
Water St., Chardon, O..... 8:30
CONNEAUT, O.-B. of L. E. Hall..... 8:30
EUCLID, O.-Holy Cross Church,
E. 200th and Lake Shore Blvd..... 8:30
LORAIN-AVON-AA Social Center,
700 Broadway..... 8:30

MENTOR, O.-Mentor Methodist Church. 8:30
OBERLIN, O.-American Legion Home,
S. Main and Hamilton..... 8:30
WJCKLIFF, MEN—
Lady of Mt. Carmel Hall, Wickliffe, O..... 8:00

SATURDAY

BROADWAY MEN'S-St. John's Lutheran
Church, Cable at Broadway..... 8:30
CATHEDRAL—(Stag) St. John's
Cathedral, E. 9th and Superior..... 8:30
GLENVIEW-10421 St. Clair Ave..... 9:00
LAKEWOOD—Sat. Nite—Redeemer Hall,
Andrew, near Detroit..... 8:30
LEAGUE PARK-St. Agnes School Hall,
East 79th and Euclid Ave..... 8:30
MATT TALBOT—St. Philip Neri Church,
E. 82nd and St. Clair..... 8:30
PARMA—Public Library, 5850 Ridge Rd..... 8:30
REDWOOD—Euclid Lutheran Church,
E. 260th and Oriole..... 8:30
VALLEY VIEW—Community Center,
West 7th and Starke Aves..... 8:30
8005 GROUP—8005 Lorain Ave..... 8:30
ASHTABULA, O.—K. of P. Hall, Elm Av..... 8:30
ELYRIA, O.—St. Andrew's Episcopal
Church, Middle and Third..... 8:30
SOLON, O.—St. Rita's Church basement.9:00
TRINITY—Trinity Evangelical Church,
3525 W. 25th St..... 8:30

SUNDAY

C. A. C. DISCUSSION-C. A. C. clubrooms,
7809 Euclid Avenue..... 10:45
COLLINWOOD-14709 St. Clair Ave..... 7:30
DETROIT-Mixed-8023 Detroit Ave..... 8:00
LAKEVIEW-CYO Hall, S. t. Aloysius
Church, E. 109th and St. Clair..... 8:30
LORAIN-DENISON-10034 Lorain Ave..... 8:30
MARYMOUNT—2nd Sun. in month,
Cafeteria, McCracken and Henry..... 2:30
MISTLETOE—MacGillis Home,
1560 Mistletoe at Wade Park..... 7:00
NEWBURGH—St. Catherine's Church,
3443 E. 93rd St..... 8:30
OUTHWAITE-7100 Kinsman Ave..... 4:00
WARRENVILLE—Cooler Arms
Recreation Room..... 10:00 A. M.
GENEVA, O.—Legion Hall, Park St.,
corner of so. Eagle..... 7:30
HAMBDEN, O.—Hamdbden Grange Hall... 8:00
LORAIN, O.—(Stan) AA Social Center,
700 Broadway..... 10:00 A.M.

LIST OF COOPERATING AA HOSPITALS

Alcoholics Abstinence Nursing Home (MW)
Melrose 1-1 635 8023 Detroit Ave
Cleveland Alcoholic Clinic (MW)
Express 1-8998..... 7809 Euclid Ave.
Farquharson's (Tuxedo S-1882) (M)...6037 Pearl
MacGillis Nursing Home (MW)
RA. 1-25156...1560 Mistletoe Dr. at Wade Pk
Marymount Hospital (MW)
Vulcan 3-2310 1 2 3 0 0 McCracken Rd.
Pathway (Tyler 1-6698) (MW).....1635 E. 93rd

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE—
Hanna Building, Room 370, ... 8 :30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE—
Hanna Building, Room 370 8:30

FOR AUTHORITY AA INFORMATION
AA CLEVELAND DISTRICT OFFICE—
Cherry 1-3881 780 The Arcade

FOR FIRST TIMERS ONLY

Charity Hospital (MW)
MAIN 1-9400 Central at E. 22nd St
St. John's Hospital (M)
Woodbine 1-5750 7911 Detroit Ave
(M) men only. (W) women only.
(MW) men and women.

Subscription Blank for Central Bulletin

Official Publication of A A in the Cleveland Area

CENTRAL BULLETIN
Box 6712, Cleveland 1, Ohio

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Attach \$1.00 one for year's subscription

WEST SIDE YOUNG PEOPLE

The Westside Young People's group has accepted St. Luke's Parish Hall, Clifton and Bunts Roads, as it's regular meeting place on Friday night at 8:30.

CORINTHIANS

Sixty members observed the tenth anniversary of the Corinthian's group at a dinner at Lake Shore Country Club on October 27.

CENTRAL BULLETIN



Vol. X - NO. 2

BOX 6712, CLEVELAND 1, OHIO

November, 1951

SUBSCRIPTION PRICE \$1.00 PER YEAR



TEN CENTS PER COPY

WHERE THANKS ARE DUE

At this season of giving thanks members of Alcoholics Anonymous can learn much from a story out of the Old Testament.

When the children of Israel, after 40 years of wandering in the wilderness since their deliverance from Egypt, reached the west bank of the Jordan river an issue arose.

The tribes of Reuben, Gad and Manasseh, all of them herdsmen, wanted to remain in the lush pasture lands of Gilead.

Moses was wroth until he decided it would be good strategy to leave a base in his rear as he went forth to conquer Canaan as had been foretold in prophecy. He made a compact with the tribes. They could remain in the plateau country north of Moab if they would help the other tribes to conquer the promised Land.

Moses died before the Jordan was crossed and Joshua became the new leader. The fighting men of Reuben, Dan and Manasseh came to him voluntarily and said they were ready to fulfil their covenant.

In five years Canaan was conquered and occupied. The herdsmen were given permission to return to the pastures they had selected after good and faithful service.

In their jubilation those about to return to their families and their herds erected an altar. It bore no golden calf as in days of old or any other false god. But the idea of an altar rivaling the Tabernacle that contained the Covenant so incensed the other tribes that civil war threatened. Joshua prevented it when the offending tribesmen explained they meant no harm and had no idea of turning away from the True God. It was their impetuous expression of thanksgiving for victory and the right to possess their own lands.

Many of us are like the tribesmen of Reuben, Gad and Manasseh. In our sobriety we are so thankful that we often impulsively set up altars, not to a false god, but to the True God who is the source of our sobriety as He was the source of the Israelite victory over Canaan.

Sometimes we come close to placing a golden calf on our altars. We get the notion that we ourselves have accomplished this wonderful change in our lives. We preen ourselves on great will power, strength of character and determination-qualities which we never had in sufficient abundance to achieve any result before Alcoholics Anonymous came into our lives and pointed the way.

Occasionally the golden calf turns out to be our sponsor to whom we wish to show gratitude. While sponsors deserve credit, true ones do not wish to be placed in a false position, for they know that what they achieved in helping us was not by virtue of any innate powers in them, but the power of God working through them.

All of us should seize this Thanksgiving season to give thanks to the one and only author of our sobriety and our changed way of life. With us Thanksgiving cannot be limited to an annual week-end. It must continue through the year, every day of the year. By erecting these altars we mean no offense any more than did the

(Continued on page two)

ADVERSITY A BLESSING

One of the most remarkable characters it has been our privilege to know for the past score of years is a man whose hand was guillotined on a paper cutter in a small print shop. He was an ambitious man and a hard worker, but it was obvious to everyone but himself that he was a square peg in a round hole. He fought a discouraging battle, made many mistakes, turned out poor and unimaginative work and though he worked many hours he was on the brink of losing his business when tragedy struck him the final blow with the severing of his hand.

As we tried to stanch the gushing blood with a crudely fashioned tourniquet, we marvelled at his complacency and calmness. We hurried him to the hospital where he received proper care.

The shock of the accident was felt by everyone in the building and when he returned after a week or so to dispose of his holdings, we were among the many to extend our sincere sympathy.

"What will you do?" Each of us asked inanely, yet with proper concern.

"God will take care of me," he answered, "as he always has. It was His way of making me quit a business which I should never have entered. During the past five years only my stubborn determination and refusal to recognize my own ineptitude kept me at my plugging. I was always clumsy with my hands and made many costly mistakes when handling machinery. But I refused the advice of experts. I was a victim of my own pride. The loss of this hand is not a tragedy,-- it's a challenge to me to find myself. It was God's will."

This man was a devout man, and his faith in his Creator never wavered. Never had we heard him complain, even now in this critical point in his career. Upon completion of the sale and the settling of his accounts he had less than \$500 remaining to carry him and his family of four until he found a way to support them.

We recall our (thoughts of what we and many would have done had we been the victim. Many would have condoned the drowning of our grief and pain in liquor. We would have had many sympathizers who would have bought us drinks in order to hear more gruesome details and offer foolish and thoughtless advice on how to earn a living with one hand.

We saw this man in no saloon. In fact we didn't see him or hear about him for some years. We learned that he became a manufacturer's representative and was eking out a living. Several years ago we were fortunate to spend some time with him and we heard an amazing story of dogged faith and perseverance.

His philosophy was simple. It was the serene acceptance of tribulations as blessings. He grew in stature, in character and in faith when he uncomplainingly accepted each rebuff as a challenge to his faith. In looking over the past he reviewed his troubles and found that they were but stepping stones to a life of rich experience.

He is a highly successful and wealthy man today. But

(Continued on page two)

If you think you're beaten-you are! If you think you'll lose, you're lost.

Success begins with a person's will-it's in his state of mind.

WHERE THANKS ARE DUE

(Continued from page one)

ancient tribesmen. Worship at them can, however, lead us astray. For us, too, there is only one place at which to offer thanks for what has been done for us-at the tabernacle of the Higher Power, however, we view It, that made us whole again, gave us victory over alcohol after years of wandering in the wilderness and permitted us to return to the sweet, upland pastures of normal living.

THE OLD SERGEANT'S SYNDROME

Maj. Raymond Sobel of the U. S. Army Medical Corps made a careful study of battle fatigue among seasoned combat veterans and found certain constantly recurring break-down sequences that he catalogued into a common pattern as the "Old Sergeant's Syndrome." These seasoned combat troops had a stout psychological defense that held them up under intense campaign battle strain, but which was gradually washed out in five distinct steps that invariably lead to complete crack-ups when all five were gone. The five barriers to psychoneurosis whose loss end in breakdown were:

1. The loss of "Distant Ideals" such as the "Four Freedoms."
2. Loss of hatred for the enemy.
3. Loss of faith in short term objectives.
4. Loss of pride in himself as a soldier.
5. Loss of loyalty to the group.

There is a striking parallel in Alcoholics Anonymous, in that the loss of five equivalent psychological barriers, will lead us into double trouble and to "bottle fatigue."

The five AA Equivalents would be:

1. The loss of the four absolutes as ideals.
 2. Forgetting your enemy by an easy tolerance towards things alcoholic
 3. Giving up the 24 hour plan as your short term objective.
 4. Loss of pride in your sobriety.
 5. Loss of loyalty to the fellowship.
- Where do you stand, soldier?

CARRY CHIPS ON YOUR SHOULDER?

Don't go around with a chip on your shoulder. If you do you are going to have trouble sure as you're a foot high. I'm thinking of one of our boys who just had a tumble. I knew long ago what was coming. Mad at his family, mad at the boys for various reasons, mad at the "Big Shots" trying to run everything. Just plain mad, mad, mad. So of course it happened. It always does. We went on the program in humility, and as long as we stay humble we are safe. We can be proud of our sobriety and we should be. There is a big difference in being proud. One definition of proud is arrogant and haughty, and the other is being a cause of honorable pride as a distinction of achievement. The latter can well fit our achievement in AA-achieving sobriety. So be proud of your sobriety.—Brighter Side, Waterloo, Ia.

* * *

Someone said that the fellow who said it would embarrass him socially and in his business if he joined Alcoholics Anonymous was seen improving his standing by staggering down the streets.

ADVERSITY A BLESSING

(Continued from page one)

what makes him richest beyond his earthly possessions is his faith, his charity and his love.

He remembers that when God leads him in green pastures He sometimes leads him in weary ways where heavy shadows lie and when he would faint with fright he is comforted by his faith for he knows He holds his hand and guides him to safety.

And by still waters? Not always, for often the heavy tempests around him blow and waves and billows seem to engulf him. But when the storm beats loudest and he cries aloud for help, he finds the Master standing by whispering into his soul "Lo, it is I."

Wherever the pathway leads He gives no broken, helpless reed but His own hand, sufficient for his need.

A faith such as this can be ours if we but reach out for it in complete surrender to His will.

AA DISTRICT OFFICE

Enclosed with this Bulletin is a copy of a new booklet issued by the Cleveland AA District office. This booklet titled "The Lower Lights," gives a complete picture of how AA functions in the Cleveland area. The cost was borne by a member who desired to remain anonymous.

We also publish herewith the very excellent financial report of the office which reveals that the budget for 1951 ending on October 31 was met for the first time in many years—and properly so.

Read the book. It's interesting, informative and well written.

During 1950-51, 832 calls for help were received and turned over to 91 groups for contact. Reports back show that of these 547 were receptive to the first contact; 174 were not ready; 88 were not contactable and 23 had no AA problem.

During the same period 240 sets of informative literature was mailed on request; 154 speakers were supplied; 3 quarterly lists of secretaries in the Cleveland area were compiled and mailed and 15 News Letters were mailed to groups.

Receipts from sales tax stamps totalled \$70606. Thanks to the many groups who send them in regularly. Keep it up.

CONTRIBUTIONS AND SALES TAX STAMPS RECEIVED FROM ALL SOURCES DURING PERIOD NOVEMBER 1, 1950 — OCTOBER 31, 1951

Addison	\$ 3 3 . 4 7	Lakewood Women	80.00
Alan	League Park
Alcola Wednesday	Lorain County Women	35.00
Angle	6.00	Mon-Lee	65.06
Allendale	135.32	Lee Road Wednesday	225.00
Ansel Road	50.18	Lee Road Friday
Arcade	35.00	Lorain Avon
Ashtabula Monday	Lorain Avenue Monday
Ashtabula Wednesday	25.00	Lorain Avenue Thursday
Ashtabula Saturday	23.00	Lorain-Denison Sunday
Ashtabula County Mm	10.00	(Inactive)	34.31
Avon Lake	5.00	Matt Talbot	53.98
Baxter Avenue	85.25	Middletown
Bedford	35.00	Miles-Lee 1 7 5 0 0
Berea Thursday	153.45	Miles-Men	1.32
Berea Friday	24.95	Newburgh	148.27
Borton	188.51	Individual	1154.24
Broadway-55th Street	120.00	Northeast	66.65
Broadway-Harvard	50.00	Orchard Grove	50.00
Broadway (W) (Inactive)	15.93	Outhwaite	50.00
Brooklyn	183.50	Painesville	12.00
Cable	6 5 . 7 4	Painesville Men	10.00
Cathedral Stag	8 0 . 7 5	Parna	85.00
Cedar	Pearl	75.53
Chagrin Falls	160.80	Redwood	10.00
Chardon	2.00	Rocky River	197.28
Clark	2 9 . 0 0	Ryan Sunday	10.30
Collinwood	131.60	S t . Clair	28.00
Conneaut	20.00	S t . James	20.00
Coventry	1 7 4 . 0 1	Shaker	906.09
Crite Hospital	10.00	Sheffield Lake
Crossroads (Inactive)	10.00	Solon	6.77
Denison Stag	3 0 . 0 0	Southeast	77.42
Doan Men	389.46	Smith-Wilson	76.68
East Lake	Sterling
East Side Morning	21.47	Strongsville
Eddy Road	56.00	Superior	36.05
Edzelake	601.00	Tapco	521.00
8005	Thompson Products
Elyria	Trinity	26.00
Euclid Village	91.51	Union	12.75
Euclid Wade	211.72	Valleyview	10.00
Fairmount	500.00	West Park	85.62
Fairview Park	2.51	West Side Morning	20.00
Forest Hills Men	110.00	Warrensville Women	70.00
Garfield Heights	73.27	West Side Men
Geneva	5.00	West Side Young People	65.00
Glenvie	37.00	West 25th Street	67.92
Glenvie (W) Inactive	20.80	Willoughby
Gordon Square	40.00	Women's East Side	175.65
Independence	118.00	Women's Wed. Afternoon	15.01
Lakeshore	318.50	Women's West Side	118.88
Lakewood Sat. Nite		
Lakewood Men	186.95	Total	\$10,081.02
		85 Contributing Groups	
		(4 now inactive)	
		20 Non-Contributing Groups	

THE LONESOME ROAD

Many of our members have commented most favorably on the excellent, unsponsored "AA" broadcast, titled "The Lonesome Road" on WGAR Friday evenings at 10:30 p. m. These 15 minute skits will end on December 14th—so listen in for the next three weeks' remaining broadcasts.

HOLIDAY WARNING

Each year, in the December issue of the Bulletin, we warn our readers of the pitfalls in store for them which promise dire consequences. Office and shop parties will be in vogue and you'll be invited. Your neighbors and your service clubs will also invite you. There'll be an air of brotherly love and easy tolerance toward festive drinking. They'll urge, command, demand, cajole, threaten and ridicule you sometimes whispered "no," when a drink is proffered. "Only one-come on, only one!" They'll chorus as they take you into tow.

It doesn't take strength or will power to resist this effort on the part of friends and acquaintances. The spirit of conviviality is in the air. You too can be **convivial**—without the drink—if you remember your pact with your God when you "turned your life over to His care" when you accepted Step 3 in the program after having admitted to Step 1.

Be firm. Be proud of your protection. Be joyful that you have it. Having it you'll be strong. Being strong you'll be able to hold your head high. Then you'll be deservedly happy. You'll retain your self-respect. And you'll still have fun!

BILL'S BIRTHDAY

Howard B. and George R. and their wives of the Independence group drove to New York on Nov. 12th to help commemorate Bill W.'s seventeenth anniversary. They report that there were many Ohioans among the 1800 who sat down to the annual dinner in the grand ballroom of Hotel Astor, but few Clevelanders. Speakers were Bill and two New York members.

CLEVELAND DAY

Sunday! December 16th, will be Cleveland Day at the Ohio Penitentiary at Columbus. A crowd of about fifty Cleveland members probably will represent the city, and who will try to inspire hope and faith in the hearts of the inmates who comprise the AA group there.

The meeting will be held in the Protestant Chapel from 1:00 to 3:00 p. m. Male members only will be admitted.

BOWLING NOTES

Bowling in all AA leagues has been a definite help to many new AA's who found out that they could have loads of fun even though sober. The weekly meetings as well as the weekly bowling sessions have strengthened many weaklings in their battle for sobriety.

In the Thursday league, Collinwood still leads the pack, though its margin has been trimmed to a one point lead over Suburban. The Outlaws and Brooklyn are very close behind also.

In the Friday 7:30 league, the Lorain Yanks and Angle No. 2 teams are tied for first place according to the last bulletin we received. Eddie B. of Lorain Yanks sports a pretty 190 average to lead the rest.

In the Friday 9:30 league, Lake Shore and Clark No. 1 made giant strides to leap into a second place tie behind Denison which now enjoys a two game lead.

In the East side league, Glenville No. 2 had its lead cut to one point over the Jerks. The race in this league is very close, for six teams are within seven points of the top.

TRINITY EVENTS

Big doings are in store for visitors to Trinity meetings in December. On Dec. 1, Reuben F. of Rocky River will speak; on the 8th, the group will observe its fourth anniversary with a party and dance. There will be no speaker. Music and eats. No tickets; on the 15th, affable Harry H. of Rocky River; on the 22nd Frank and Margaret L. of Union will give a join lead; on the 29th, Henry W. of Euclid-Wade will conclude the big month and a great year. Visitors are always welcome at Trinity.

SHEFFIELD LAKE

The Sheffield Lake group will hold its first meeting in its new quarters on Thursday, Dec. 6th, in the basement of St. Anthony's School on Routes 2 and 6, Lake Road, Lorain, Ohio.

Father Paul B. of Vermilion will be the speaker.

NEW GROUP

The newest group in the area is the Memphis group which held its first meeting on Saturday, Nov. 17. They meet in the Church of the Good Shepherd, 8235 Memphis Ave., just west of Ridge Rond. John M. is the secretary. They meet at 9:00 p. m.

GROUP CHANGES

Lee Road Friday changed its meeting place to Instruction Hall, St. Philomena's Church, 13824 Euclid Ave. They've been meeting in their new quarters since October 26, at 9:00 p. m.

Lorain County women now meet on Thursday afternoons at 1:30 p. m. instead of Wednesday evenings at 421 Broadway, Apt. 6, Lorain, O.

No longer operating are the Edgewater and the Lorain-Denison groups which met at 10034 Lorain Ave. The club is no longer in operation.

DOAN DATA

The Doan Men's group will open its doors to women and children at their New Year's eve party, December 31. Tickets are now available. There will be no charge for children. Entertainment, dancing and plenty of refreshments are promised to the fortunate who can secure tickets from the members at three dollars per person. The affair is scheduled to start at 8:30 p. m.

The group observed Harry R.'s twelfth and C'harley E.'s fourteenth anniversaries of continued sobriety on Nov. 14.

BROOKLYN

Speakers for December at Brooklyn are as follows: Dec. 5, Mary L. of Brooklyn who will observe a delayed fifth anniversary; Dec. 12, Ed. G. of Brooklyn, also observing his fifth year; Dec. 19, Frank Q. of Canton, O.; Dec. 26, Roy E. of Denison.

Holiday Warning - Don't Take that First Drink!

Funny thing about trouble . . . it always starts out being fun.

GIGGLES

The train to the suburbs had been delayed for hours by a blizzard, and it was in the small hours of the morning when a passenger got off at his home station. Going to the telegraph office, he sent this message: "Will not be at my office today. Am not home yesterday yet."



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church, Cor. Addison and Wade Park... 8:30
BORTON-E. Cleve. Congrega. Church... 8:45
LAKE SHORE-St. Luke's Parish, Clifton and Bunts Rd... 8:30
LAKEWOOD (Orchard Grove)... 8:30
LAKEWOOD MESSES--St. Peter's Episcopal, W. Clifton and Detroit... 8:30
LEE MONDAY--First Presbyterian Church, East Cleveland, Nela and Euclid... 8:30
LORAIN AVE.--West Park Baptist Church, 15218 Lorain Ave... 8:30
MARINE HOSPITAL--E. 124 & Fairhill... 7:30
PEARL-Corpus Christi Basement, 4202 Stickney (E. of Pearl Rd.)... 8:30
ROWDY ROW--Salvation Army Corps Hall, 2042 W. 26th St... 8:00
SHAKER HEIGHTS--Christ Episcopal Church, 3451 Warrensville... 8:30
SOUTH EAST GROUP--Holy Name, 1111 E. 8328 Broadway... 8:30
THOMPSON PRODUCTS--Main Plant, Clarkwood Av. (Permit at Employ. Office) 4:30
UNION--East View Cong. Church, Kinsman at E. 156th St... 9:00
WEST 25th ST.--Marvel Hall, 2858 W. 25th St... 8:30
ASHTABULA COUNTY MEN--R. of L. E. Hall, Main St., Conneaut, O... 8:30
VERMILION, St. Mary's Church, Exchange St... 8:30
WILLOUGHBY--Presbyterian Church, Willoughby, O... 8:30
WOMEN'S--West Side--West Blvd., Christian, W. Blvd. & W. 101st... 8:30
TUESDAY
ARCADE--Central Y.M.C.A., East 22nd and Prospect Ave... 8:30
CHARITY--last Tuesday of each month--Charity Hospital Nurses' Auditorium... 8:30
CLARK--1917 Clark Ave... 8:30
CRILE HOSPITAL, Television Room... 7:30
EAGLE TRAINING--Salvation Army, E. 9th and Eagle... 8:00
EDGE LAKE--1417 St. Charles Ave., Dinner at 7:00 p.m., Meeting at 8:30
EUCLID-WADE--Calvary Presbyterian Church, E. 79th and Euclid Ave... 8:30
FAIRMOUNT--St. Paul's Episcopal, Fairmount and Coventry... 8:30
FAIRVIEW PARK--Fairview Grace Church, W. 224th and Lorain Ave... 8:30
FOREST HILLS MEN--Markad Motors, 13219 Superior Ave... 8:30
MILES-L.E.--Mount Hope Church, E. 164th north of Miles... 8:30
SMITH-WILSON--Nativity School, 9510 Aetna Road... 8:30
SUPERIOR--North Presbyterian Church, F. 40th and Superior... 9:00
TAPCO--Post 4, 23555 Euclid, 2nd shift... 1:00
TAPCO--Post 4, 23555 Euclid, 3rd shift... 9:00
WEST PARK--West Park Baptist Church, W. 152nd and Lorain... 8:30
WEST SIDE MEN'S--St. Patrick's Hall, Bridge at W. 38th St... 8:30
ELYRIA YOUNG PEOPLE--Junior Chamber of Corn. Bldg., Harwood St... 9:00
ELYRIA--335 Columbus St... 8:30
LORAIN, O.--Community Hall, 23rd and Beech Sts... 8:00
MEDIANA, O.--St. Paul's Epis. Par. Hse... 8:30
PAINESVILLE, O.--Stag, 33 N. State St... 8:30
STRONGSVILLE--St. Joseph's Church, 10,000 Pearl Rd... 8:30
WEDNESDAY
ALCOLA--6409 Detroit Ave... 9:00
RASTER AVE.--6527 Raster Ave... 8:30
BROOKLYN--K. of P. Hall, 3,116 Broadview, Part of Pearl Rd... 8:30
COLLINWOOD--14709 St. Clair Ave... 8:30

DENISON MEN--7403 Denison Ave., (first Wednesday, joint meeting) 8:30
DOAN MEN'S--2028 E. 105th St., 2nd floor, side entrance... 8:45
EAST SIDE MORNING--2028 E. 105th St., 10:00 A. M.
GARFIELD HEIGHTS--Trinity Baptist, E. 94th and Garfield Blvd... 8:30
LAKEWOOD WOMEN--United Presby. Church, 12601 Detroit Ave... 8:30
LEE ROAD--First Eng. Lutheran, Derbyshire and Euclid Hts. Blvd... 8:30
ST. JAMES--Ward's Convalescing Home, E. 71st and Cedar Ave... 8:15
TAPCO--Post 4, 23555 Euclid, 1st shift... 3:30
WARRENSVILLE--Women's House Cor... 7:30
WOMEN'S--East Side-First Unitarian Church, Euclid and E. 82nd St... 8:30
BEDFORD, O.--Y.M.C.A., Tarbell Ave... 8:30
ELYRIA, O.--St. Andrew's Episcopal Church, Middle and Third... 8:00
LORAIN, O.--ANTLERS--St. Mary's School, Reid Ave... 8:30
MIDTOWN--Matt Talbot Home, 5018 Prospect Ave... 8:30

THURSDAY

ALAN 1820 East 79th St... 8:30
ALLENDALE--St. Paul's Episcopal Church, 15837 Euclid Ave... 8:30
ANGLE--St. Malachi's Church, 2549 Washington Ave... 8:30
BROADWAY 35th--Our Lady of Lourdes School, Hall... 8:30
COVENTRY--Fairmount Presbyterian Chapel, Scar borough... 8:30
EDDY ROAD--Glenview Congregational Church, Eddy and St. Clair... 9:00
GLENVILLE--10421 St. Clair Ave... 8:30
LORAIN AVE.--West Park Baptist Church, 15218 Lorain Ave... 8:30
OUTHWAITE--Woodland Center, 7100 Kinsman Ave... 8:30
ROCKY RIVER--Rockport Methodist Church, 3110 Wooster Rd... 8:30
STERLING--St. Nicholas Hall, Superior and E. 36th St... 8:30
WEST SIDE--7403 Denison Ave, 10:30 A. M.
BEREA, O.--Fine Arts Club, 13, Bagley Rd., 3 doors east of Eastland... 8:30
EAST LAKE--Vine and Campbell, Willoughby, O... 8:30
INDEPENDENCE, O.--St. John's Lutheran Hall, Second and Sun... 9:00
PAINESVILLE, O.--33 N. State, 3rd fl... 8:30
LORAIN COUNTY WOMEN--421 Broadway, Apt. 6... 1:30
SHEPHERD LAKE--St. Anthony's School, Route 2 and 6, Lake Road, Lorain, O... 8:30

FRIDAY

ANSEL ROAD--St. Thomas Church, 9205 Superior Ave... 9:00
BROADWAY-HARVARD--8437 Broadway... 8:30
CEDAR--Salvation Army, 2181 E. 55th... 8:15
GORDON SQUARE--St. Helena's Hall, 1367 W. 66th St... 8:30
LEE ROAD--St. Philomena's Church, Instruction Hall, 13824 Euclid... 9:00
MILES MEN'S--Stag Group, 4141 E. 116th St... 8:30
NORTH EAST--2028 E. 105th St... 8:30
WESTSIDE YOUNG PEOPLE--St. Luke's Hall, Bunts and Clifton... 9:00
BEREA--Social Rooms of Berea Cong. Church, Seminary and Church... 8:30
CHAGRIN FALLS, O.--American Legion, E. Orange St... 8:30
CHARDON, O.--Thrasher House, Water St., Chardon, O... 8:30
CONNEAUT, O.--R. of L. E. Hall... 8:30
EUCLID, O.--Holy Cross Church, E. 200th and Lake Shore Blvd... 8:30
LORAIN-AVON--AA Social Center, 700 Broadway... 8:30

MENTOR, O.--Mentor Methodist Church... 8:30
OBERLIN, O.--American Legion Home, S. Main and Hamilton... 8:30
WICKLIFFE MEN--Lady of Mt. Carmel Hall, Wickliffe, O... 8:00
SATURDAY
BROADWAY MEN'S--St. John's Lutheran Church, Cable at Broadway... 8:30
CATHEDRAL--(Stag) St. John's Cathedral, E. 9th and Superior... 8:30
GLENVILLE--10421 St. Clair Ave... 9:00
LAKEWOOD--Sat. Nite--Redeemer Hall, Andrews, near Detroit... 8:30
LEAGUE PARK--St. Agnes School Hall, East 79th and Euclid Ave... 8:30
MATT TALBOT--St. Philip Neri Church, E. 82nd and St. Clair... 8:30
PARMA--Public Library, 5850 Ridge Rd... 8:30
REDWOOD--Euclid Lutheran Church, E. 260th and Oriole... 8:30
VALLEY VIEW--Community Center, West 7th and Starkweather... 8:30
8005 GROUP--8005 Lorain Ave... 8:30
ASHTABULA, O.--K. of P. Hall, Elm Av... 8:30
ELYRIA, O.--St. Andrew's Episcopal Church, Middle and Third... 8:30
SOLOM, O.--St. Rita's Church basement... 9:00
TRINITY--Trinity Evangelical Church, 3525 W. 25th St... 8:30

SUNDAY

C. A. C. DISCUSSION--C. A. C. clubrooms, 7809 Euclid Avenue... 10:45
COLLIERWOOD--14709 St. Clair Ave... 7:30
DETROIT Mixed--8023 Detroit Ave... 8:00
LAKEVIEW--CYO Hall, St. Aloysius Church, E. 109th and St. Clair... 8:30
MARYMOUNT--2nd Sun. in month, Cafeteria, McCracken and Henry... 2:30
MEMPHIS--Church of Good Shepherd, 8235 Memphis Ave... 9:00
MISTLETOE--MacGillis Home, 1560 Mistletoe at Wade Park... 7:00
NEWBURGH--St. Catherine's Church, 3443 E. 93rd St... 8:30
OUTHWAITE--7100 Kinsman Ave... 4:00
WARRENSVILLE--Cooley Farms Recreation Room... 10:00 A. M.
GENEVA, O.--Legion Hall, Park St., corner of So. Fair... 7:30
HAMBDEN, O.--Hamblen Grange Hall... 8:00
LORAIN, O.--(Stag) A.A. Social Center, 700 Broadway... 10:00 A.M.

LIST OF COOPERATING AA HOSPITALS
Alcoholics Abstinence Nursing Home (MW) Melrose 1-1635, 8023 Detroit Ave
Cleveland Alcoholic Unit (AAV) E. Express 1-8978, 7809 Euclid Ave.
Elmwood Sanitarium (M) Kenmore 1-2299, 17322 Euclid Ave.
Farnhamson's (Tuxedo 5-1882) (M) 6037 Pearl
MacGillis Nursing Home (MW) R.4, J-2556 1560 Mistletoe Dr. at Wade Pk
Mount Hope Hospital (MW) Ulican 3-2310 12300 McCracken Rd.
Pathway (Tyler 1-6698) (MW) 1635 E. 93rd
1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE--Hanna Building, Room 370... 8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE--Hanna Building, Room 370... 8:30
FOR AUTHORITATIVE AA INFORMATION
AA CLEVELAND DISTRICT OFFICE--Cherry 1-7387... 780 The Arcade
FOR FIRST TIMERS ONLY
Charity Hospital (MW) Main 1-9400... Central at E. 22nd St
St. John's Hospital (M) Woodbine 1-5750... 791 1 Detroit Ave
(M) men only. (W) women only. (MW) men and women.

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Official Publication of A A in the Cleveland Area

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ANOTHER NEW GROUP FORMED

More and more young people are accepting the AA program and absorbed in groups. As the numbers increase it becomes evident that they can become assimilated easier when they associate with members in their own age bracket.

With this in mind a new mixed group will hold its first meeting in the Y. M. C. A. at East 22nd and Prospect on Saturday, December 1, at 9:00 o'clock with John H. as the speaker. Young people are especially invited as well as the oldsters.

CENTRAL BULLETIN



Vol. X-No. 3

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December, 1951

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TEN CENTS PER COPY

OUR GIFT

In the days when man had grown powerful and had made all manner of contrivances to better his lot on earth and had set himself in control of the forces of nature from the air to the atom he returned, in his enlightened ignorance, to the ways of the primitive pagan.

He pruned himself on his mastery of science, his ability to fathom the infinite universe and to expose the secrets of the unseen, microscopic world. He ceased to wonder at the ability placed within his hands to speak around the world and to cast his image across continents and oceans.

These wonders that came from his brain and his hands did man behold and considered himself great. He began to worship that which he had wrought, esteeming himself the creator and not as only the agent. Thus he fell back to the ways of the pagan who also paid homage to the wonders around him.

So powerful had man become in his own eyes that he enlisted the help of a dimly remembered God in the employment of his marvelous contrivances for ends that were unwise and destructive and not of God. And the contrivances became a curse in his hands, so many Molochs that devoured those who had fashioned them.

This is how it came about that man began to make God over in his own distorted image, trying to harness and order about the Divine with the same confidence and self-conceit he had used in controlling the material.

The world was filled with darkness and men's hearts and minds were clouded by insecurity and fear.

Yet in that day there were many who did not succumb to the ways of paganism. There were some who remembered God. There were some who understood how helpless, for all his accomplishments, is man. There were some who had learned by bitter experience and suffering and sorrow how weak, how helpless, how hopeless man is without a conscious awareness of God in all the finite things of life.

None was more fortunate in this knowledge than the members of Alcoholics Anonymous, a group of men and women who had made a botch of their lives. Often they were striven to find a way out of their despair, but the obstacles were too great when they attempted it by their own feeble powers alone. Then they discovered God. In finding Him they discovered Him in all things. And they learned to be humble.

They learned also that, as of old, the truth remains: man must make himself over in the Image of God. Elsewise there is nothing ahead but the road back to the wilderness, the destiny of all individuals, peoples and nations who put their faith in self-made, false gods which is to say in themselves alone.

And the way is made clear by the light of the symbolic star that first blazed over Bethlehem. This season, in these times, reminds us of it. This, those who had remembered or had learned, counted as their greatest gift.

HURRICANE

We read about a man living in a coastal city who bought a barometer. Soon after he got home, he became much disturbed, for he noticed that the barometer needle was stuck at "hurricane."

He tried every way possible to shake the stuck needle loose, but all to no avail, for it just kept on pointing to "hurricane."

In disgust he returned the barometer to the store, voicing his opinion about storekeepers who would foist inferior merchandise on his unsuspecting patrons. On the way back to his home he saw a huge black cloud swirling through the sky.

Before he knew it he was in the midst of a terrific storm and when he finally reached his neighborhood, he found that his house and all therein had been blown away by a hurricane!

Sometimes it takes tragedy and the wiping out of all a man's possessions to convince him that the hurricane warnings of family and friends were correct.

Many of us, many times, have been called by wives, mothers, fathers and friends to SELL A.A. to one they're interested in, only to find an iron curtain of indignant denial pulled down in our faces. Why we let our hearts rule our minds, we'll never know, yet we do it time and time again.

There are hurricane warnings out right now to many members now in the fold of A.A. With the Christmas and New Year holidays now upon us there will many who will succumb to the temptation to join in the pagan revels despite the hell which previous

revelings had brought and end up once more fouled up with self-reproach and remorse, self-justification and resentments-resentments toward his audience of well-wishers whose faith and trust he had betrayed.

Steel yourselves, you weak and weary! If you'll only remember the trouble that you bring unto yourself, then remember how this trouble involves others, you'll brush that whispering, beguiling imp off your shoulder and beget yourself an A.A. contact.

Don't be one of the pitiful group of pajama-clad patients in one of the A.A. hospitals during Christmas week or immediately after the New Year. No more abject sights can be witnessed than those who throw the A.A. torchlight down because it was too heavy a burden to carry and interfered with their fun!

Let this barometer warn you. Hurricanes are imminent.

Horace Greeley, the editor, once received the following letter from a reader:

"Dear Mr. Greeley: Our church is in dire financial straits. We have tried everything to keep it going: fairs, festivals, parties, mock marriages and socials. But nothing seems to help. Will you please tell me what else we can try to keep our church from disbanding?"

"Why don't you try religion?" replied Greeley.

Holiday Greetings
The Central Bulletin Staff, Spencer I, Harry and Louise D., join in wishing you a very Merry Christmas and a New Year free from illness and trouble.

TO THE LADIES

This toast reminiscent of bygone days, is for the women, by a woman!

I know I may well be treading on precarious ground! Anonymously, if I hew to a straight line, I should be in the clear-even with the Law!

A few weeks, ago, the secretary of a mixed group more accustomed to introducing men than women, said "This week we have quite a change. We have a member of the fairer sex to listen to." Unwittingly, he spread over the group the feeling that THIS was going to be something lighter to listen to, a lead less grim in its qualifying statements, the weight of remorse borne more lightly, conclusions drawn firmly perhaps, but in rounded phrases.

Thereupon, a sturdy young woman planted her feet solidly upon the speaker's platform and spoke straight from the shoulders. After the first few moments, the group settled back and listened in enraptured attention.

The truths that young woman had faced in herself, the honesty with which she declared her weakness and the philosophy which she had drawn from the "Good Book" and the strength gained from the Power greater than herself, were uttered with a directness that come from a strong and courageous heart beyond the real of sex.

Women, with more sensitive reaction to Life's tragedies, have YET proven a sturdiness and practicality of purpose whir for one example, the Pioneer women exhibited. Women have pursued the causes of righteousness from the days of suffragette to P.T.A. Just so forcibly can their energies be directed into weaker paths—first social whirls, then gay parties, consequent neglect of household duties and lack of training for the children. Finally as the Japanese proverb says, "The drink takes the woman."

Because of her place in the homelife, a woman's drinking seems more selfish as her resentments are fiercer than a man's. Even the effects of alcohol seem more insidious.

Seeing her appearance fading, a drinking woman reaches for a bargain-basement hat to build her morale while she orders a double Martini. Eventually, not even a Lily Dache model can hide her greying hair, her fading complexion and those telltale bags . . . with her morals sagging too, and her family's ideal of womanhood shattered, her ebb is at its lowest.

In America especially, she looks up at the pedestal on which other women are self-assuredly cushioned. Truly, it seems an ivory tower to her . . .

In A.A., we are privileged to see these women begin to grope, stumble, then cling to the railing, stand up and finally ascend step by step the outside stairway to the INSIDE of that Tower.

It's not the same tower they discover—It's A.A.!

There are dangers, when we reach the top. By our very extreme efforts to reinstate ourselves in society, we have a tendency to be over-sentimental in our acceptance of other women into A.A. The overwhelming goodness which we feel we've found, often overflows our modest board. Coffee and doughnuts lead to midnight spreads, sandwiches to heavily-iced cakes commemorating an anniversary, personal notes give way to the group card commemorating every event in a member's life from a new Bendix to another birth. Over-indulgence in feminine pursuits with our extreme natures and we are drunk once again in sentimentality! A.A. thinking cannot circumvent Nature nor its urges and impulses. Those latent jealousies and resentments are still there. Why starve them and then overfeed them? To me, a woman, these midnight soirees are just as much excess as drinking!

Between the isolationist and half way to the collective sentimentalists, surely there lies a calm and level-headed neutrality! That is the sturdy spirit of the pioneer women. That is the true spirit of womanhood—A.A. or not.

Holiday Warning — Don't Take that First Drink!

CRITICAL OR CORRECT

No one who takes an active part in A.A. is going to be exempt from criticism. The more he does, the more he may expect it. And, paradoxically, the less he does, the more he may expect it. Even those who do nothing at all come in for rebuke.

We are engaged in an effort with people the very nature of whom makes it seem quite natural to appraise one another, and more particularly our individual performance.

Because of this and the influence some have on others (whether they like it or not) these persons can expect to be called to account for their actions and utterances. It is a disturbing thought but nevertheless every one of us, for our own sakes, should not assume to be above criticism or attempt to suppress honest opinion.

We in A.A. more than anywhere else have room for this valuable safety factor. It is only too true, were it really possible to smother the opinions of others, they would still think their own thoughts and find ways to pass them on.

However, before any of us presume to criticize we should make sure of one thing, and that is, we should know something about the matter we propose to advance or the subject we would discuss. Too many in A.A. seem to delight in debating the utterances of those members who enjoy "permanent sobriety" while they themselves know nothing of it. Sobriety is the first fruit of A.A. Have these people the right to tell you how to preserve that fruit which they have not yet tasted?

We should make sure, that we are not blindly stampeded into echoing their opinions or, prompted by possible resentment, envy or perhaps even ignorance, into joining their cliques to obstruct the guidance and leadership of those who have permanent sobriety to carry on to others.

It is much easier to be critical than correct. This we A.A.'s all know full well. Let's therefore be correct first in the matter of our conduct and our sobriety. We may then presume to pass on something which we ourselves possess. Even then, if we wish to indulge in imprudent criticism of others, we should be prepared for criticism ourselves. (Hal O'R. in A.A. Grapevine)

A.A. AND THE CHURCH

The statistical evidence of the thousands of people that A.A. has succeeded in restoring to normalcy impressed outsiders. The real A.A. boosters are those who have seen a human being restored from uselessness to human dignity.

Really to know the tremendous importance of this group to others, you should talk to a person who was forced to live with an alcoholic* or an addict for years and then at last had the privilege of living with that same person after he became a successful A.A. member.

While A.A.'s main purpose is, not religion, but sobriety, their experience has shown their need to use certain spiritual exercises in their need to get help from God. Sobriety, as a moral habit, is not unrelated to religion. The church is not the founder of human nature but the source of knowledge about human nature. A.A. is natural: it is natural at the point where nature comes closest to the supernatural, namely, in humiliations and in consequent humility. The driving force behind A.A. is spiritual, and the church approves the A.A. suggested program of recovery. Brighter Side, Waterloo, Ia.

STOLEN FROM OTHER THIEVES

1 SWEAR BECAUSE--

It is a fine mark of manliness.

It proves I have self-control.

It indicates how clearly my mind operates.

It makes my conversation pleasing to everybody.

It leaves no doubt in anyone's mind as to my good

breeding, culture and refinement.

It impresses people that I have more than ordinary education.

It makes me a very desirable personality among women and children and in respectable society.

It is: my way of honoring God who said, "Thou shalt not take the name of the Lord, thy God in vain."

And-it is a strong way to express a weak mind!

APPRECIATION

We wish we had room and the daring to publish all the heartening and encouraging notes which have come to our desk from local as well as out-of-town readers of Central Bulletin. We even hesitate to mention the names of several particularly loyal secretaries who send monthly notes enclosing from one to ten subscriptions, for we know there are quite a few who encourage their new members to send their orders in direct and we don't want to overlook them.

We also appreciate the extra "appreciation dollars." They're used to pay for subscriptions to those who cannot afford them yet.

So to all of you, faithful and true . thanks.

By the way, this issue is the 111th. We could have made something of that. We always were interested in three aces.

NEW MIXED GROUP

A new mixed group, dedicating itself to the maintenance of old A.A. traditions, ideals and sponsorship, will hold its initial meeting on Friday, January 11 at 8:45 p. m.

The meeting hall will be in the new St. Edward's School, 1350 Detroit. George S., Harley W., Hiram C. and Ray K. are the chief sponsors. The group has been named St. Edwards.

You're invited to attend.

HOLIDAY MEETINGS

Because Christmas and New Year fall on Tuesday this year, many groups meeting on Monday and Tuesday have either cancelled their meeting or have joined with others in observing the holiday season with parties.

(Check with your group secretary for your group's plans.

BOWLING NOTES

In the Eastside League, Glenville No. 2 and the Jerks are tied for first place, well ahead of Arcade and Glenville No. 3.

In the Thursday Westside League, the Outlaws have a comfortable lead over Collinwood and Suburban who are tied for second place. Walker K. leads in the individual averages with a nice 181. Carl F., secretary of the league hit a nice 264 for the league's high single game.

In the Friday Westside League, Angle No. 2 leads second place, Lakewood Satnite by five points. Lorain Yanks are in third place, one point behind. Eddie B. of the Yanks continues to maintain a torrid pace with a 188 average and a single game of 265, which is high for the league.

In the Friday Westside 930 League, Angle No. 1 and Ceramic Mart, (another Angle team) fought it out in a spectacular fashion during the past month. Each of the three games were settled by a one pin margin! Angle was the victor in two of these and accordingly gained three points. Angle's scores were 768, 748 and 721. Ceramics were 767, 747 and 722.

BORTON

The Borton group's speakers for January are as follows: January 7, Mark H.; 15, Howard R.; 21, Franklyn S., 28, Bill T. This imposing array of talent should attract many visitors who are always made welcome each Monday at 8:45!

TRINITY EVENTS

1951 was a big year for Trinity and the group wishes to thank everyone for the cooperation shown. The speakers for January are: 5, Mary P., of Chicago, III.; 12, Chuck of Euclid-Wade; 19, Harry W. of Rocky River; 26, Frank W. of Northeast.

WATCH YOURSELF

Any man can spoil himself for himself. He can allow himself to grow so sensitive that he lives in constant pain. He can nurse his grudges until they are an intolerant burden. He can think himself insulted until he is apt to be. He can believe the world is against him until it is. He can imagine troubles until they are real. He can hold so many under suspicion that no one believes in him. He can insult his friends until they are no longer friends. He can think himself so important that no one else does. He can have such a good opinion of himself that no one else enjoys his friendship. He can become so wrapped up in himself that he becomes very small.

The Brighter Side.

CONSOLIDATED MEETING

Towne Club, Sunday, January 20, 1952

The January quarterly Consolidated meeting will be held in Towne Club, 2626 Prospect, on Sunday afternoon, January 20th.

A capacity crowd should greet the dynamic Canadian speaker, Walter M. of Hamilton, Ontario, who has been doing very effective work in his country.

Plenty of parking facilities.

CENTRAL COMMITTEE

New officers elected at the December 4th meeting of Central Committee are Moderator, Charles S. of Brooklyn; vice-moderator, Ed. II., of Shaker; secretary-treasurer, Crawford W. of Chardon. The next meeting of the committee will be on Tuesday, January 8.

A.A. DISTRICT OFFICE

People are always doing nice things for us at the District Office. There is not a day in the year when somebody does not offer us encouragement, help and support. We are very grateful for this and we try to express our gratitude personally to all these friends.

But there is one person who sent us a Christmas present last year we have never been able to thank properly.

The present arrived in a plain envelope postmarked Cleveland. The enclosed note was printed in green ink and there was no signature. It read:

*Let me walk my way clear-eyed and free
And do some good anonymously.*

To you-whomever you are--wherever you are--thank you and a Merry Christmas!

Holiday Warning — Don't Take that First Drink!

MEMPHIS

Temperatures of 65, 60 and 50 plus snowy nights didn't deter the fledging Memphis group which started its meetings on November 17. They meet on Saturday nights at 9:00 p. m.

Speakers for January are Phil B. of Independence, Jan. 5; Neil C. of Memphis (his 3rd anniversary), January 12; Joe S. of Memphis (his ninth anniversary), January 19; Norman T. (his 10th anniversary) on the 26th. They welcome visitors.

RECIPE FOR SOBRIETY

One part belief in a Power greater than yourself;
One part honesty; one part gratitude; one part kindness.
Mix with one part desire; one part effort. Apply morning and evening.

GROUP DISBANDS

The Sterling Group has disbanded due to lack of interest. Meetings may be resumed later.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON--Westminster Church. Cor. Addison and Wade Park 8:30
BORTON-E. Cleve. Congrega. Church Page and Euclid Ave. 8:45
LAKE SHORE--St. Luke's Parish, Clifton and Bunts Rd. 8:30
LAKEWOOD (Orchard Grove)-1417 St. Charles, nr. Detroit. 8:30
LAKEWOOD MEN'S--St. Peter's Episcopal, W. Clifton and Detroit. 8:30
LEE MONDAY-First Presbyter. Church, East Cleveland, Nela and Euclid 8:30
LORAIN--West Park Baptist Church, 15218 Lorain Ave. 8:30
MARINE HOSPITAL--E. 124 & Fairhill. 7:30
PEARL-Corpus Christi Basement, 4202 Stickney (E. of Pearl Rd.) 8:30
ROWDY ROW-Salvation Army Corps Hall, 2042 W. 26th St. 8:00
SHAKER HEIGHTS-Christ Episcopal Church, 3451 Warrensville 8:30
SOUTH EAST GROUP-Holy Name Hall, 8328 Broadway 8:30
THOMPSON PRODUCTS--Main Plant, Clarkwood Av. (Permit at Employ. Office) 4:30
UNION-East View Cong. Church, Kinsman at E. 156th St. 9:00
WEST 25th St.-Marvel Hall, 2858 W. 25th St. 8:30
ASHTABULA COUNTY MEN-B. of I. E. Hall, Main St., Conneaut, O. 8:30
VERMILLION, St. Mary's Church, Exchange St. 8:30
WILLOUGHBY-Presbyterian Church, Willoughby, O. 8:30
WOMEN'S--West Side-West Blvd. Christian, W. Blvd. & W. 101st. 8:30

TUESDAY

ARCADE-Central Y.M.C.A., East 22nd and Prospect Ave. 8:30
CHARITY-Last Tuesday of each month--Charity Hospital Nurses' Auditorium... 8:30
CLARK-1917 Clark Ave. 8:30
CRILE HOSPITAL, Television Room 7:30
EAGLE TRAINING-Salvation Army, E. 9th and Eagle 8:00
EDGE LAKE--1417 St. Charles Ave. Dinner at 7:00 p. m. Meeting at 8:30
EUCLID-WADE-Calvary Presbyterian Church, E. 79th and Euclid Ave. 9:00
FAIRMOUNT--St. Paul's Episcopal, Fairmount and Coventry 8:30
FAIRVIEW PARK-Fairview Grace Church, W. 224th and Lorain Ave. 8:30
FOREST HILLS MEN-Mrkdad Motors, 13219 Superior Ave. 8:30
MILES-LEE--Mount Hope Church, E. 164th, north of Miles 8:30
SMITH-WILSON--Nativity School, 9510 Aetna Road 8:30
SUPERIOR-North Presbyterian Church, F. 40th and Superior 9:00
TAPCO--Post 4, 23555 Euclid, 2nd shift 1:30
TAPCO--Post 4, 23555 Euclid, 3rd shift 9:00
WEST PARK--West Park Baptist Church, W. 152nd and Lorain 8:30
WEST SIDE MEN'S--St. Patrick's Hall, Bridge at W. 38th St. 8:30
ELYRIA YOUNG PEOPLE-Junior Chamber of Corn. Bldg., Harwood St. 9:00
ELYRIA-335 Columbus St. 8:30
LORAIN, O.-Community Hall, 23rd and Beech Sts. 8:00
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
PAINESVILLE, O.-Stag, 33 N. State St. 8:30
STRONGSVILLE-St. Joseph's Church, 10,000 Pearl Rd. 8:30

WEDNESDAY

ALCOLA--6409 Detroit Ave. 9:00
BAXTER AVE.-6527 Baxter Ave. 8:30
BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30
COLLINWOOD--14709 St. Clair Ave. 8:30

DENISON MEN--7403 Denison Ave., first Wednesday, 1 o'clock meeting) 8:30
DOAN MEN'S--2028 E. 105th St., 2nd floor, side entrance 8:45
EAST SIDE MORNING--2028 E. 105th St. 10:00 A. M.
GARFIELD HEIGHTS--Trinity Baptist, E. 94th and Garfield Blvd. 8:30
LAKEWOOD WOMEN--United Presby. Church, 12601 Detroit Avr. 8:30
LEE ROAD--First Eng. Lutheran, Derbyshire and Euclid Hts. Blvd. 8:30
ST. JAMES--Ward's Convalescing Home, E. 71st and Cedar Ave. 8:15
TAPCO-Post 4, 23555 Euclid, 1st shift 8:30
WARRENSVILLE--Women's House Cor. 7:30
WOMEN'S--East Side-First Unitarian Church, Euclid and E. 82nd St. 8:30
BEDFORD, O.--Y.M.C.A., Tarbell Ave. 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:00
LORAIN, O.--ANTLERS--St. Mary's School, Reid Ave. 8:30
MIDTOWN--Matt Talbot Home, 5018 Prospect Ave. 8:30

THURSDAY

ALAN-1820 East 79th St. 8:30
ALLENDALE--St. Paul's Episcopal Church, I 5837 Euclid Ave. 8:30
ANGLE--St. Malachi's Church, 2549 Washington Ave. 8:30
BROADWAY-55th Our Lady of Lourdes School Hall 8:30
COVENTRY--Fairmount Presbyterian Chapel, Scarborough 8:30
EDDY ROAD--Glenville Congregational Church, Fddy and St. Clair 9:00
GLENVILLE--10421 St. Clair Ave. 8:30
LORAIN AVE.--West Park Baptist Church, 15218 Lorain Ave. 8:30
OUTHWAITE--Woodland Center, 7100 Kinsman Ave. 8:30
ROCKY RIVER--Rockport Methodist Church, 3310 Wooster Rd. 8:30
WEST SIDE--7403 Denison Ave. 10:30 A.M.
BEREA, O.--Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland 8:30
EAST LAKE--Vine and Campbell, Willoughby, O. 8:30
INDEPENDENCE, O.--St. John's Lutheran Hall, Second and Sunset 9:00
PAINESVILLE, O.--33 N. State, 3rd fl. 8:30
LORAIN COUNTY WOMEN--421 Broadway, Apt. 6. 1:30
SHEFFIELD LAKE--St. Anthony's School, Route 2 and 6, Lake Road, Lorain, O. 8:30

FRIDAY

ANSEL ROAD--St. Thomas Church, 9205 Superior Ave. 9:00
BROADWAY-HARVARD--8437 Broadway 8:30
CEDAR-Salvation Army, 2181 E. 55th 8:15
GORDON SQUARE-St. Helena's, Hall 1367 W. 65th St. 8:30
LEE ROAD--St. Philomena's Church, Instruction Hall, 13824 Euclid. 9:00
MILES MEN'S--Stag Group, 4141 E. 116th St. 8:30
NORTHEAST--2028 E. 105th St. 8:30
WESTSIDE YOUNG PEOPLE--St. Luke's Hall, Bunts and Clifton 9:00
ST. EDWARDS--13509 Detroit Ave. 8:45
BEREA--Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS, O.-American Legion, E. Orange St. 8:30
CHARDON, O.--Thrasher House, Water St. Chardon, O. 8:30
CONNEAUT, O.-B. of I. E. Hall 8:30
EUCLID, O.--Holy Cross Church, E. 200th and Lake Shore Blvd. 8:30
LORAIN-AVON--AA Social Center, 700 Broadway 8:30

MENTOR, O.--Mentor Methodist Church 8:30
OBERLIN, O.--American Legion Home, S. Main and Hamilton 8:30
WICKLIFFE MEN--Lady of Mt. Carmel Hall, Wickliffe, O. 8:00

SATURDAY

BROADWAY MEN'S--St. John's Lutheran Church, Cable at Broadway 8:30
CATHEDRAL--(Stag) St. John's Cathedral, E. 9th and Superior 8:30
GLENVILLE--10421 St. Clair Ave. 9:00
HILLIARD Central Y. M. C. A., E. 22nd and Prospect Ave. 9:00
LAKEWOOD--Sat. Nite--Redeemer Hall, Andrews, near Detroit. 8:30
LEAGUE PARK--St. Agnes School Hall, East 79th and Euclid Ave. 8:30
MATT TALBOT--St. Philip Neri Church, E. 82nd and St. Clair 8:30
MEMPHIS-Church of Good Shepherd, 8235 Memphis Ave. 9:00
PAINESVILLE--Public Library, 5850 Ridge Rd. 8:30
REDWOOD--Euclid Lutheran Church, E. 260th and Oriole 8:30
VALLEYVIEW--Community Center, West 7th and Starkweather 8:30
8005 GROUP 8005 Lorain Ave. 8:30
ASHTABULA, O.--K. of P. Hall, Elm Av. 8:30
ELYRIA, O.--St. Andrew's Episcopal Church, Middle and Third 8:30
SOLON, O.--St. Rita's Church basement 9:00
TRINITY--Trinity Evangelical Church, 3525 W. 25th St. 8:30

SUNDAY

C. A. C. DISCUSSION--C. A. C. clubrooms, 7809 Euclid Avenue 10:45
COLLINWOOD 14709 St. Clair Ave. 7:30
DETROIT--Mixed--8023 Detroit Ave. 8:00
LAKEVIEW--CYO Hall, S. t. Aloysius Church, E. 109th and St. Clair 8:30
MARYMOUNT--2nd Sun. in month, Cafeteria, McCracken and Henry 2:30
MISTLETOE--MacGillis Home, 1560 Mistletoe at Wade Park 7:00
NEWBURGH--St. Catherine's Church, 3413 E. 93rd St. 8:30
OUTHWAITE--7100 Kinsman Ave. 4:00
WARRENSVILLE--Cooley Farms, Recreation Room 10:00 A. hf.
GENEVA, O.--Legion Hall, Park St. corner of So. Eagle 7:30
HAMBDEN, O.--Hambden Grange Hall 8:00
LORAIN, O.--(Stag) AA Social Center, 700 Broadway 13:00 A.M.

LIST OF COOPERATING AA HOSPITALS
Alcoholics Abstinence Nursing Home (MW)
M Elrose 1-1635 8023 Detroit Ave
Cleveland Alcohollic Clinic (MW)
Express 1-8998 7809 Euclid Ave
Elmwood Sanitarium (M)
K Fenmore J-2299 17322 Euclid Ave.
Farquharson's (T) Uselo S-1882, (M) 6037 Pearl
MacGillis Nursing Home (MW)
RA. 1-2556 1560 Mistletoe Dr. at Wade Pk
Marymount Hospital (MW)
Vulcan 3-2310 12300 McCracken Rd.
Pathway (Tyler 1-6698) (MW) 1635 E. 93rd
1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE--
Hanna Building, Room 370 8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE--
Hanna Building, Room 370 8:30
FOR AUTHORITATIVE AA INFORMATION
AA CLEVELAND DISTRICT OFFICE--
Cherry 1-7387 780 The Arcade
FOR FIRST TIMERS ONLY
Charity Hospital (MW)
MAIN 1-9400 Central at E. 22nd St
St. John's Hospital (M)
Woodbine 1-5750 7911 Detroit Ave
(M) men only. (W) women only.
(MW) men and women.

Subscription Blank for Central Bulletin

Official Publication of A A in the Cleveland Area

CENTRAL BULLETIN
Box 6712, Cleveland 1, Ohio

Name _____

Address _____

Attach \$1.00 one for year's subscription

YOU ("ANDREAM, I CAN'T YOU"?)

"Had thr darnedest dream last night!" said a drunk to his companion at the bar. "I dreamed that suddenly about 1000 funny little men were dancing on top of me. They had pink caps and green suits and furry red boots that curled up in front."

"Yeah," agreed the second drunk. "And there was a tinkly bell at the toe of each boot." "That's right," said the first drunk, "hut how did you know?" "There are a couple of them sitting on your shoulder now."