

CONV. MEETINGS
SPKR. WALTER M. (TOWNTON)

CENTRAL BULLETIN

USEFULNESS • HONESTY
PURETY • LOVE
A.A.

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TEN CENTS PER COPY

TIGHTEN UP

It is so easy to become accustomed to our name, Alcoholics Anonymous, that its meaning is sometimes ignored and even flagrantly transgressed.

A public official whose work brings him in daily contact with alcoholics, a conscientious man who has worked closely with AA, mentioned the loss of influence of the group because the aspect of anonymity was more and more violated.

It is time to tighten up. Any carelessness on our part that decreases the effectiveness of the program should be ended. A little more care can do it.

Let us consider some aspects of this problem:

While we were still active alcoholics one of the greatest hurdles before us, a bugbear that we shied away from, was the fear that someone would discover we were an alcoholic.

It took a great deal of swallowing of false pride to admit that we were alcoholics. The fact that everyone but ourselves were well aware of it in no way eased the difficulty. If we were reminded of this, resentment only flared higher.

The turning point was reached when we admitted we were an alcoholic. Contributing heavily to that decision was the fact that here was an organization where no one would be aware of our weakness outside of others similarly afflicted.

Looking back we realize that the anonymous aspect had a psychological pulling power that may have made the difference between our continued drunkenness and our sobriety.

We cleared the hurdle and became active, enthusiastic members. Before long we began to think how foolish we were not to admit we were alcoholics. As the benefits of the program began to unfold we came to take pride in the fact that we were alcoholics.

In some instances we made sure that some people found out we were in. That, we held, was part of our program of rehabilitation and making amends. Then came a further development: we didn't care who knew we were in.

Here, as in so much else we do, moderation must be exercised. It is legitimate to take this view of ourselves and our feelings, but we are duty bound to think of the others, of the new men and the problem they faced in making a decision, the same that gave us so much heart searching at first.

This indifference to anonymity soon spreads through the community. There isn't anyone who doesn't know several members of Alcoholics Anonymous. This remark is encountered everywhere. Prospective members therefore face a bigger handicap. They assume the attitude that if they join AA the whole town soon will know they are alcoholics. At that stage they do not consider in their befuddled minds that someday they might not care whether the town knows it or not.

We are not, of course, talking for complete anonymity. That is impossible. When we call on a candidate for the group we have to reveal our connection. Occasionally a member will talk to a luncheon club or church organiza-

(Continued on page two)

DO OR DIE

One of the current health magazines devotes quite a bit of space to its columns suggesting the use of whiskey by people living in the later stages of life. They claim that alcohol dilates the blood vessels, easing the treatment for angina pectoris and hardening of the arteries or affected blood vessels in the extremities of the body, such as hands and feet.

Though the author does mention that the dosage should be controlled, it is mentioned so casually that it almost escapes attention. We suppose that if this writer would offer his views on some other ailment where the use of narcotics was beneficial — and we understand that this is true — he would ignore the existence of the dope addict and suggest that “the dosage should be controlled!” Just like that!

We hope to live to see the day when physicians everywhere will be cognizant of the insidious effects of alcohol — in some people. We hope some day to hear that a physician actually will ask the patient if he is allergic to alcohol if he has ever had a drinking problem before he prescribes the use of alcohol.

It seems to be almost impossible to convince some people that there are persons who cannot, must not and dare not drink any alcoholic beverage without setting up a chain reaction. Accordingly, if any of you have symptoms of any sort and you have occasion to consult your doctor, take him into your confidence! Tell him you once had an alcoholic problem and that alcoholics CANNOT even take one drink. He might laugh at you and argue with you. But stick to your guns!

People who are not alcoholics cannot understand this fact. Many — all too many doctors can't either! Quite a few have corrected their thinking in the past sixteen years — particularly in the last ten, since AA has proven it's therapy.

Before AA, the percent of success by physicians was less than .03%. They tried to cure them with medicine. Medicine may have healed the body but it didn't heal the mind. It didn't remove the causes. It didn't correct the thinking or change the habits of the patient.

Reputable and intelligent physicians marvelled at the success of AA and investigated. They still marvel. Some cannot understand and think it's a miracle. It is. Any time there's a spiritual change in a person — and there always is where AA has been completely accepted — it is a miracle of God. The good, responsible physician now recognizes this fact and rejoices with the patient.

So, you worry warts, if a pain hits you here or there and someone tells you “it may be your heart or something,” and you rush to your doctor, tell him ALL about yourself.

There are plenty of other drugs he can prescribe which will work just as effectively as alcohol.

You'll live longer, too.

The greatest stumbling block in the path of most men usually is not laziness or fear, but a tight skirted, low necked, sultry voiced, diamond decked, perfume scented vision of loveliness called “tomorrow.”

Ability will enable
a man to get to the
top . . . but it takes
character to keep
him there.

TIGHTEN UP

(Continued from page one)

tion as "Mr. X." There may be a few people in the audience who know his identity. That cannot be helped.

There is a natural inclination to shout our new found happiness in AA from the housetops. But, membership is one thing that should not be paraded in public. Membership should be counted as a sacred trust. It should, like prayer, be exercised in secret, the better to retain the fullest effectiveness of the program.

RECIPE FOR DEATH

In an article in the November 7th issue of the pocket-size magazine, "People Today," under the title "Recipe for Death; Take 2 Drinks and Drive," the writer states: "In an average U. S. year 35,500 people die in motor accidents, 800,000 are injured. In one out of every five accidents (fatal) drink is a factor. If you drink before driving you are fifty-five times more likely to be in an accident than if you don't drink. If you still think you can drive safely after a few drinks, study these statistics: Moderate drinking (one to possibly 4 drinks) was a factor in 17% of the fatal accidents in Evanston, Ill; 11% in Uniontown, Pa.; 18% in Cleveland, Ohio; 9% in New York.

In the United States you are considered legally sober if there is less than 0.05% alcohol in your blood. Yet, according to Dr. H. Ward Smith of Toronto University alcohol becomes a factor in accident even though "the concentrations may be as low as 0.03% to 0.05%.

What does all this add up to? Simply this: you don't have to be drunk to be unfit to drive. A few drinks, instead of improving your driving, actually impairs it to the point where your car becomes "more dangerous than a machine gun."

Quoting Professor Leon A. Greenberg, Assistant Director of the Yale Laboratory on Applied Physiology, here is what the Professor says: "A driver with a few drinks in him begins to lose his sense of what "careful" means. If you must drive, don't drink. If YOU do drink, then wait for the effects of the alcohol to wear off. If you can't wait, have someone else drive for you. The safety rule is simple: If you're not fit to drive, don't drive."

That article is so convincing that it ought to be printed in full, and every prospective driver ought to be made to sit down and read it through before being handed his license to drive any type of car. The drunken driver is certainly bad enough, but the drinking driver is the more dangerous.

—Clipped and stolen from Social Chatter,
Salvation Army.

SALVATION ARMY EXPANDS

A huge new center for the rehabilitation of alcoholics will soon be opened by the Salvation Army at 5005 Euclid Avenue. It is estimated that the new center will accommodate three times the number now taken care of.

"The opportunity for our men to live, work and play under one-roof in relative security, sharing the experience of others, is very helpful in the rehabilitation process. Their work gives them a feeling of self-respect and accomplishment," is the comment of Major Peter J. Hofman who established the center seven or-eight years ago with the help and advice of several members of AA—notably Bill H., Clarence S., and Harry W. Later, another Clarence S., Charley G., Ladd T. and the original yearling Stanley G. contributed greatly.

From our observation aost we believe the policy which proved so successful and is still in force is one which was initiated by Harry W. during his three months tenure of office at the Center, such as the establishment of the Eagle "proving grounds."

Major Hofman deserves great credit for his vision and understanding, in recognizing the value of the AA program and maintaining its traditions.

They've done marvelous work in, through and for AA, proving that a religious organization can do effective work with the alcoholic without forcing him to adopt its creed to receive help.

That's AA. That's Christianity.

EXCUSES AND ALIBIS

Those familiar with the glib excuses people make for not going to church or to AA meetings may be interested in the following parody.

"Why I Do Not Attend the Movies

"1. The manager of the theater never called on me.

"2. I did go a few times, but no one spoke to me. Those who go there aren't very friendly.

"3. Every time I go they ask for money.

"4. Not all folks live up to the high moral standards of the films.

"5. I went so much as a child, I've decided I've had all the entertainment I need.

"6. The performance lasts too long; I can't sit still for an hour and three quarters.

"7. I don't care for some of the people I see and meet at the theater.

"8. I don't always agree with what I hear and see.

"9. I don't think they have very good music at the theater.

"10. The shows are held in the evenings, and that's the only time I am able to be at home with the family."

BULLETIN DIVIDEND

The Bulletin account is barely pink at the present time, thanks to the splendid response to our plea for additional subscribers. Each month more subscriptions expire. About 50% renew immediately and of the other 50% about half come through with some urging. This slack is made somewhat by new subscribers. With the printing of this issue the pink turns to a fiery red once more.

But, since we're sure it will be at least pink again after the renewals are in, we were encouraged to print in full a talk given by member L. C. of Cleveland. It was too long to print in the Bulletin and, in our opinion, too good to condense. So we made a separate booklet of the material and are enclosing it with this issue.

Additional copies can be secured from us at a nominal cost. When our costs have been met, the additional proceeds will be turned over to the Cleveland AA District Office.

COLLINWOOD

Some sort of an enviable record was established by Emil Z. who has not missed either of the two Collinwood meetings in the seven years of his membership. Besides being such a faithful member, he was secretary of the Sunday night section for the past few years.

Regular attendance has kept Emil continuously sober. There's an excellent object lesson for everyone in AA. Congratulations.

THANKS FROM HILDA

Self-effacing and selfless Hilda H. tells us that the Christmas party for inmates at the Women's House of Correction on Dec. 19 was a great success and she wishes to thank all who contributed. Franklyn S. was M. C. and also led in singing the Christmas carols.

ALLENDALE

Chuck and Lou S., popular and effective workers in AA, observed their third anniversary of continued sobriety at Allendale, January 24. Many whom they have helped during the past years attended the occasion.

GIGGLES

When a Des Moines Methodist minister was kicked in the shins, without provocation by an inebriated woman on Grand Avenue he confessed that he did not turn the other shin.

The men of distinction who like to press the leather on the Hollywood brass rails say that three dashes of tabasco sauce dropped into beer makes a Kickapoo Indian squaw look like Lana Turner. Do this to four beers and your housing problem will be taken care of in Father Time's marble orchard.

"What! Married?" said a man to a no-good, drunken friend. "Don't make me laugh, how did you ever get a wife?"

"I just sobered up, and there she was," was the answer.

CLEVELAND DISTRICT OFFICE

No, he **ain't** want to have any members of AA get in touch with him. He was a very busy man, he said, and it was hard for him to say just where ne could be reached.

Vh yes, he had a **drinking** problem all right. **Beginning** to get in the way now **and** then. People in his business hau to cover up for him **sometimes**. They **didn't** think he **knew** about that but he **did**. The question of losing his job **ain't** come up. He owned his own **business** — **always** **had**. **Of course** it was **successful** — he was making more money than he had any **right** to — anyway he was not **used** to **being** associated with failure. **But** lately **something** was wrong — **dead** wrong. He was doing things he **didn't** want to do — **hadn't** meant to do.

He wasn't even absolutely sure that it was the drinking — **certainly** not sure enough to commit himself to AA. That's why he didn't want to trouble anybody **by** having them call him. **Wasn't** there some way he could find out? He was very **busy** — **leaving** tonight for a business trip. **Didn't** know when he'd **be** back. What could he **do**?

Well, we said, there was quite a bit of printed matter **explaining** the program here at the **office**. **There** was also the AA **book** he **could** get at the library. Why not take some AA material along on his trip—look it over on the tram—get some **idea** of what kind of people we **were** — how we had **helped** ourselves and how we tried to help others.

That seemed like a good idea, he said. He too along quite a lot to read.

Some time later — after having been active in AA a **number** of years he told us what that visit to the District Office had meant to him. How he had taken the pamphlets along in his brief case and read them the first afternoon on the train. How he hadn't had a drink on that trip nor at any time afterward. How he had let us arrange a **contact** for him as soon as he got back home.

Your **Office** was here that day to help him when he needed help—thanks to the thousands of Cleveland members who made it possible.

SPEAKS POLISH?

Once each month the Polish-speaking members of the Baxter group will conduct the regular meeting of the group in the Polish language. The first meeting of this novel nature will be held on Wednesday, March 5th at 8:30 at the regular meeting place, 6527 Baxter Ave.

This project has been considered for some time. In the area which this group are a considerable number of Poles. The problem of alcoholism is particularly acute and church leaders in this area have appealed to AA for help. They were stymied however because many had a limited English vocabulary, and seemingly couldn't grasp the AA philosophy in English. Attending meetings which were held only in English confused and embarrassed them and they stopped attending. So, the idea of a Polish meeting was suggested.

Members Julia W., Florence V. and Sally P. responded to the challenge and we believe may provide an idea for other foreign-speaking elements to consider.

BOWLING NOTES

Glenville No. 2 withstood all challenges during the past month in the Eastside league, only to be upset by the Jerks on January 11th and so were supplanted in first place. Mortifying also, the Glenville No. 3 team snuck up and tied 'em for second place! Such is fame and glory!

A very tight race is in progress in the Thursday Westside league with Brooklyn holding first place by only one point over THREE teams tied for second — the Outlaws, Collinwood and Northeast No. 1 Suburban trails with only two less points. **Watta** race!

In the Friday (early shift) Westside league, Angle No. 2 rests comfortably in first place with the Lorain Yanks in second.

In the late shift, Clark No. 1 is way out in front with a seven point lead over Denison. Clark's 2815 total for three games and a single game of 997 are tops in that department.

LAKWOOD MEN

Ted K. was elected secretary of the very well attended Lakewood Men's group for 6 months beginning Jan. '7.

CONSOLIDATED MEETING

An excellent crowd of approximately 400 attended the January quarterly Consolidated Meeting and were rewarded with one of the most completely satisfactory and inspiring messages heard at any of the Consolidated meetings. The speaker was Walter M. of Toronto, Canada. His analysis of the thinking process of an alcoholic was so realistic that it left no doubt in the minds of the listeners that Walt was speaking from experience.

His message inspired hope and purpose in the hearts of many new members whose steps were hesitant. Three "brand new" members told us after the meeting that while they had had many excellent contacts, Walt's talk gave them a far greater conception of what AA held in store for them.

We're indebted to our Canadian brother for his Twelfth Step work. He certainly carried the message to many others.

TRINITY EVENTS

Trinity's schedule of events for February are as follows: Feb. 2, Betty F. of Smith-Wilson; 9, Harry H. of Rocky River; 16, Annual Police Night with Copper Tommy F. as master of ceremonies; 23, Fred G. of Smith-Wilson.

A large crowd attends these Trinity meetings, but there is always room for more. You're welcome to attend.

GROUP CHANGES

The Sheffield Lake group has changed its name to the St. Anthony group. It still meets on Thursday at 8:30 p.m. in St. Anthony's School, route 2 and 6, Lake Road, Lorain, Ohio.

A new group, titled Lakewood 24 Hour group, has started and meets on Wednesday evenings at 8:30 in the Dove Restaurant, 15525 Detroit Avenue. Raymond G. J. is secretary.

The newly formed St. Edwards group which promised much, regretfully announced that the new policy of the beautiful new school did not permit the use of the auditorium for any but school and church purposes. Accordingly, the group disbanded.

Roy P. of the Thompson Products group reports that since the group had dwindled to three members, they have decided to disband. Changes in shifts was the probable cause of the dwindling attendance. Too bad.

Borton group insists on meeting at 8:30, not 8:45 as previously listed. Its new secretary is Leonard R. K.

WEST SIDE WOMEN

The first meeting of each month will be preceded by a Training meeting at the West Side Women's group. This forward move was inaugurated at the January 7 meeting. The Training meeting starts at 7:30 and lasts one hour.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church. Cor. Addison and Wade Park 8:30
BORTON-E. Cleve. Congrega. Church Page and Euclid Avenue 8:30
LAKE SHORE--St. Luke's Parish. Clifton and Bunts Rd. 8:30
LAKEWOOD (Orchard Grove)- 1417 St. Charles, nr. Detroit 8:30
LAKEWOOD MEN'S-St. Peter's Epirobal W. Clifton and Detroit 8:30
LEE MONDAY-First Presbyter. Church. East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-West Park Baptist Church. 15218 Lorain Ave. 8:30
MARINE HOSPITAL--E. 124 & Fairhill. 7:30
PEARL--Corpus Christi Basement. 4202 Stickney (E. of Pearl Rd.) 8:30
ROWDY ROW--Salvation Army Corps Hall. 2042 W. 26th St. 8:00
SHAKER HEIGHTS-Christ Episcopal Church. 3451 Warrensville 8:30
SOUTH EAST GROUP--Holy Name -- Hall, 8328 Broadway 8:30
UNION-East View Cong. Church. Kinsman at E. 156th St. 9:00
WEST 25th ST.-Marvel Hall. 2858 W. 25th St. 8:30
ASHTABULA COUNTY MEN-- B. of L. E. Hall, Main St., Conneaut, O. 8:30
VERMILLION, St. Mary's Church, Exchange St. 8:30
WILLOUGHBY-Presbyterian Church. Willoughby, O. 8:30
WOMEN'S-West Side--West Blvd. Christian, W. Blvd. & W. 101st 8:30
Training Meeting (one hour) First Monday of each month. 7:30

TUESDAY

ARCADE--Central Y.M.C.A., East 22nd and Prospect Ave. 8:30
CHARITY--Last Tuesday of each month-- Charity Hospital Nurses' Auditorium 8:30
CLARK--1917 Clark Ave. 8:30
CRILE HOSPITAL, Television Room 7:30
EAGLE TRAINING--Salvation Army, E. 9th and Eagle. 8:00
EDGE LAKE--1417 St. Charles Ave. Dinner at 7:00 p. m. Meeting at 8:30
EUCLID-WADE--Calvary Presbyterian Church, E. 79th and Euclid Ave. 9:00
FAIRMOUNT--St. Paul's Episcopal, Fairmount and Coventry 8:30
FAIRVIEW PARK--Fairview Grace Church, W. 224th and Lorain Ave. 8:30
FOREST HILLS MEN--Markad Motors, 13219 Superior Ave. 8:30
MILES-LEE--Mount Hope Church, E. 164th, north of Miles 8:30
SMITH-WILSON--Nativity School, 9510 Actna Road 8:30
SUPERIOR--North Presbyterian Church, F 40th and Superior. 9:00
TAPCO--Post 4, 23555 Euclid, 2nd shift. 1:00
TAPCO--Post 4, 23555 Euclid, 3rd shift. 9:00
WEST PARK--West Park Baptist Church, W. 152nd and Lorain 8:30
WEST SIDE MEN'S--St. Patrick's Hall, Bridge at W. 38th St. 8:30
ELYRIA YOUNG PEOPLE--Junior Chamber of Com. Bldg., Harwood St. 9:00
ELYRIA--335 Columbus St. 8:30
LORAIN, O.--Community Hall, 23rd and Beech Sts. 8:00
MEDINA, O.--St. Paul's Epis. Par. Hse. 8:30
PAINESVILLE, O.--Stag, 33 N. State St. 8:30
STRONGSVILLE--St. Joseph's Church, 10,000 Pearl Rd. 8:30

WEDNESDAY

ALCOLA-6409 Detroit Ave. 9:00
BAXTER AVE.-6527 Baxter Ave. 8:30
BROOKLYN-K. of P. Hall. 3316 Broadview, East of Pearl Rd. 8:30
COUINWOOD-14709 St. Clair Ave. 8:30

DENISON MEN-7403 Denison Ave., (first Wednesday, joint meeting) 8:30
DOAN MEN'S--2028 E. 105th St., 2nd floor, side entrance 8:45
EAST SIDE MORNING-- 2028 E. 105th St. 10:00 A. M.
GARFIELD HEIGHTS-Trinity Baptist. E. 94th and Garfield Blvd. 8:30
LAKEWOOD WOMEN-United Presby. Church, 12601 Detroit Ave. 8:30
LEE ROAD-First Eng. Lutheran, Derbyshire and Euclid Hts. Blvd. 8:30
ST. TAMES-Ward's Convalescing Home, E. 71st and Cedar Ave. 8:15
TAPCO-Post 4, 23555 Euclid, 1st shift. 3:30
TWENTY-FOUR J'OUR-Dove Restaurant. 15525 Detroit Ave. 8:30
WARRENSVILLE--Women's House Cor. 7:30
WOMEN'S--East Side-First Unitarian Church, Euclid and E. 82nd St. 8:30
BEDFORD, O.--Y.M.C.A., Tarbell Ave. 8:30
ELYRIA, O.--St. Andrew's Episcopal Church, Middle and Third 8:00
LORAIN, O.--ANTLERS-- St. Mary's School, Reid Ave. 8:30
MIDTOWN--Matt Talbot Home, 5018 Prospect Ave. 8:30

THURSDAY

ALAN--1820 East 79th St. 8:30
ALLENDALE--St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
ANGLE--St. Malachi's Church, 2549 Washington Ave. 8:30
BROADWAY-55th--Our Lady of Lourdes school Hall 8:30
COVENTRY-Fairmount Presbyterian Chapel, Scarborough 8:30
EDDY ROAD--Glenville Congregational Church, Eddy and St. Clair 9:00
GLENVILLE-10421 St. Clair Ave. 8:30
LORAIN AVE.--West Park Baptist Church, 15218 Lorain Ave. 8:30
OUTHWAITE--Woodland Center, 7100 Kinsman Ave. 8:30
ROCKY RIVER-Rockport Methodist Church, 3310 Wooster Rd. 8:30
WEST SIDE-7403 Denison Ave. 10:30 A.M.
BEREA, O.-Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland 8:30
EAST LAKE-Vine and Campbell, Willoughby, O. 8:30
INDEPENDENCE, O.-St. John's Lutheran Hall, Second and Sunset 9:00
PAINESVILLE, O.-33 N. State, 3rd fl. 8:30
LORAIN COUNTY WOMEN-- 421 Broadway, Apt. 6 1:30
ST. ANTHONY--St. Anthony's School, Route 2 and 6, Lake Road, Lorain, O. 8:30

FRIDAY

ANSEL ROAD-St. Thomas Church, 9205 Superior Ave. 9:00
BROADWAY-HARVARD--8437 Broadway 8:30
CEDAR-Salvation Army, 2181 E. 55th. 8:15
GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St. 8:30
LEE ROAD-St. Philomena's Church, Instruction Hall, 13824 Euclid. 9:00
MILES MEN'S-Stag Group, 4141 E. 116th St. 8:30
NORTHEAST--2028 E. 105th St. 8:30
WESTSIDE YOUNG PEOPLE-- St. Luke's Hall, Bunts and Clifton. 9:00
BEREA--Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS, O.-American Legion, E. Orange St. 8:30
CHARDON, O.-Thrasher House, Water St., Chardon, O. 8:30
CONNEAUT, O.-B. of L. E. Hall. 8:30
EUCLID, O.--Holy Cross Church, E. 200th and Lake Shore Blvd. 8:30
LORAIN-AVON--AA Social Center, 700 Broadway 8:30

MENTOR, O.-Mentor Methodist Church 8:30
OBERLIN, O.-American Legion Home, S. Main and Hamilton 8:30
WICKLIFFE MEN-- Lady of Mt. Carmel Hall, Wickliffe, O. 8:00

SATURDAY

BROADWAY MEN'S-St. John's Lutheran Church, Cable at Broadway 8:30
CATHEDRAL--(Stag) St. John's Cathedral, E. 9th and Superior 8:30
GLENVILLE-10421 St. Clair Ave. 9:00
JJILLIARD-Central Y. M. C. A., E. 22nd and Prospect Ave. 9:00
LAKEWOOD-Sat. Nite--Redeemer Hall, Andrews, near Detroit 8:30
LEAGUE PARK-St. Agnes School Hall, East 79th and Euclid Ave. 8:30
MATT TALBOT-St. Philip Neri Church, E. 82nd and St. Clair 8:30
MEMPHIS--Church of Good Shepherd, 8235 Memphis Ave. 9:00
PARMA--Public Library, 5850 Ridge Rd. 8:30
REDWOOD-Euclid Lutheran Church, E. 260th and Oriole 8:30
VALLEY VIEW-Community Center, West 7th and Starkweather. 8:30
8005 GROUP--8005 Lorain Ave. 8:30
ASHTABULA, O.-K. of P. Hall, Elm Av 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:30
SOION, O.--St. Rita's Church basement 9:00
TRINITY-Trinity Evangelical Church, 3525 W. 25th St. 8:30

SUNDAY

C. A. C. DISCUSSION-C. A. C. clubrooms, 7809 Euclid Avenue. 10:45
COLLINGSWOOD--14709 St. Clair Ave. 7:30
DETROIT--Mixed--8023 Detroit Ave. 8:00
LAKEVIEW--CYO Hall, St. Aloysius Church, E. 109th and St. Clair. 8:30
MARYMOUNT-2nd Sun. in month, Cafeteria, McCracken and Henry 2:30
MISTLETOE--MacGillis Home, 1560 Mistletoe at Wade Park 7:00
NEWBURGH-St. Catherine's Church, 3443 E. 93rd St. 8:30
OUTHWAITE--7100 Kinsman Ave. 4:00
WARRENSVILLE--Coolay Farms Recreation Room. 10:00 A. M.
GENEVA, O.--Legion Hall, Park St., corner of so. Eagle. 7:30
HAMBDEN, O.-Hambden Grange Hall. 8:00
LORAIN, O.--(Stag) AA Social Center, 700 Broadway. 10:00 A.M.

LIST OF COOPERATING AA HOSPITALS

Alcoholics Abstinence Nursing Home (MW) Melrose 1-1635 8023 Detroit Ave
Cleveland Alcoholic Clinic (MW) Express 1-8998 7809 Euclid Ave.
Elmwood Sanitarium (M) Kenmore 1-2299 17322 Euclid Ave.
Farquharson's (TUxedo 5-1882) (M). 6037 Pearl
MacGillis Nursing Home (MW) RA. 1-2556 . 1560 Mistletoe Dr. at Wade Pk
Marymount Hospital (MW) VUlcun 3,2310 12300 McCracken Rd.
Pathway (Tyler 1-6698) (MW) . 1635 E. 93rd

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE-- Hanna Building, Room 370. 8:30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE-- Hanna Building, Room 370 8:30

FOR AUTHORITATIVE AA INFORMATION

AA CLEVELAND DISTRICT OFFICE--CHerry 1-7387. 780 The Arcade

FOR FIRST TIMERS ONLY

Charity Hospital (MW) MAin 1-9400. Central at E. 22nd St
St. John's Hospital (M) Woodbine 1-5750 7911 Detroit Ave
(M) men only. (W) women only. (MW) men and women.

Subscription Blank for Central Bulletin

Official Publication of A A in the Cleveland Area

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Box 6712, Cleveland 1, Ohio

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BROOKLYN

Speakers for February are: 6th, Clarence S., member at large; 13th, Danny K., Brooklyn (his 7th anniversary); 20th, Margaret and Frank L. (a joint lead); 27th, Jim B., member at large.

You're always made welcome at Brooklyn.

SMITH-WILSON

The sixth anniversary of the Smith-Wilson group will be held on Monday evening, January 28. There will be a short talk, followed by food and a social hour.

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DO AS I DO

A little discussed aspect of the Alcoholics Anonymous program, a situation that might be called a by-product, was brought dramatically to the fore by an outside guest at the anniversary dinner of the New Castle (Pa.) group a few weeks ago.

The New Castle people, eleven years sober, held an open meeting in the Masonic Temple. Friends were invited. Not more than half the audience was composed of members.

At the speaker's table sat leaders of the church, the bench and the community. After the lead, which was partially an explanation of the ways and means of the program, each civic leader was called on to express his views on AA and its place in the community.

One of New Castle's leading employers — we'll call him Mr. R. — arose and told of his past troubles with employees who could not control their drinking and allowed it to interfere with their work.

Time after time he would call them into the office — put them on the carpet — read the riot act. Most of us are familiar with the procedure, having been on the receiving end of such interviews.

Mr. R. was a lenient employer. He would give warnings, he would plead and cajole. Only if he was forced to it would he resort to the final extreme of discharge.

One day, musing over these sessions, Mr. R. realized that his own position was not sound. How could he admonish his men for drinking, he asked himself, when he liked to drink?

Mr. R. had no real problem. He was a social drinker. He liked the taste of Scotch. But if he was to be in a position to help his men he must set an example.

Through prayer he asked the Almighty to remove the desire for whiskey from him. From that day to this he has not touched a drop. He has worked closely with AA, steering his sick employees into the program when he could do so by inducing them — not forcing them under threat — to look into it.

The impression made on the audience by this voluntary confession was tremendous. It affected wives, parents and relatives of AA members as much as it did alcoholics. It brought home a lesson that even non-members related to or associated with members have a certain obligation to follow: not to drink themselves when they ask the alcoholic to refrain. Merely telling them not to because it was bad for them while guzzling a highball is not very impressive. In families it can be positively dangerous. The alcoholic at some time is likely to reason that "since my wife takes a little drink once in a while, why shouldn't I?"

Every case must be judged on the conditions peculiar to that case. Some members of AA are not affected by the drinking of other people. There are graduations. Some can go in mixed company where drinks are served without batting an eye. Others can serve it at home to their friends who want it. Others can watch their relatives drink with-

(Continued on page two)

VALUE

We believe it was Thomas Paine who argued that "what we obtained too cheaply we esteem too lightly." He referred to our several American freedoms.

This utterance holds true in other things — particularly the wondrous message of AA which in our humble opinion is a gift of God. It has been reliably estimated that there are over 4,000,000 alcoholic addicts in the United States. Of this number about one-fourth are considered true alcoholics by physicians and psychiatrists.

We have come to recognize, in AA, that an alcoholic addict is a potential hopeless alcoholic, whether he wants to admit it or not. Too many — far, far too many — persist in their downward plunge until they reach the bottom, bereft of hope, faith and worldly goods, bewildered and spent.

Many of those classified as "alcoholic addicts" have read or heard about Alcoholics Anonymous. Many have been approached by well-meaning members who have tried to "sell" AA to them, only to alienate the addict still further and lessen the chance of him seeking help from us. Sometimes he is tempted to call us — even us in his desperation — but his false pride and resentment cause him to resist the impulse.

This brings up the time old question again. If we see a friend or relative traveling hell-bent on the same path of destruction that we reeled in, should we tell him about AA? Should we "shanghai" him into a hospital or sanitarium when he's sodden and "completely out", and when he's helpless and defenseless, talk AA to him, warn him, frighten him, bring reinforcements from AA

groups to "give him the business?" And after we've taken him home, reconciled him to his family and to his boss, should we call him every day, watch every move he makes, analyze his every mood, force him to go to a meeting three to seven times a week?

Should we wet-nurse him?

We've been guilty of all these things. In our enthusiasm and misdirected zeal, we believe we have been of disservice to some that we have sponsored. These caused us many troubled nights and much concern. We wanted to be a good sponsor.

During the past years we have personally had the greatest success with our "babies" when we have waited or insisted that our prospect come to see us, thereby indicating a desire to do something about his problem personally.

A person honestly seeking help with his problem will accordingly listen more attentively and will follow suggestions more dutifully than when he feels he's doing us a favor by listening.

AA is a priceless gift. It should be sought after. And its value should be stressed to such an extent that it will ever be held in high esteem.

Be careful with your gifts.

As one of the boys put it — if you're an old-timer, it's "Aggressive Humility"; if you're a five-year man, it's "Righteous Indignation"; but if you're new in the fellowship it's just plain "Blowing Your Stack!"

DO AS I DO

(Continued from page one)

out feeling impelled to follow suit. But any one of these situations can be dangerous. The drinking members of a family have an obligation to assess the situation. It is not too much to ask a wife who has suffered for years from her husband's drinking to forego her social drink in his presence if the danger is great.

Members of AA are not prohibitionists. They would not for a minute interfere with the drinking of those who can handle it. But they are not, especially in their early days in the movement, paragons of resistance either. They have a right to expect a minimum of cooperation from those who want to keep them sober. It is well to remember the history of Mr. R. of New Castle.

SPRING STYLE SHOW FOR AA's

This presentation of styles we have of the past and present may be no novel showing to you, ladies. Today, the model is a woman alcoholic. Sitting before the mirrored walls of this inner room of yourself will give you the advantage — if you wish to observe it-of viewing from all angles the various garbs worn by our model. Her present ways by which she keeps her soul well-groomed, was a long, hard-learned process of stylizing.

First, we will have her step before you in the modes which she successively wore.

This petite woman who steps toward you has on a cocktail dress of rayon faille, so smart with its circular neckline touching just a little below her rounded white shoulders with a rhinestone clip to set off its swing. Her principal accessory of course, is-a cocktail! With her husband firmly entrenched with a business associate in the corner, her roving eyes sparkle and more than one unattached male sidles toward the young woman who looks like she could be the life of the party, as indeed the Daiquiris later proved she could be.

Now she walks through the salon wearing her favorite color — aqua — in a slenderizing toe-length tiered crepe which is the dress in which she received the president of her husband's concern in her home. Over a sedate Scotch-and-soda, she did her best to lead the conversation into entertaining angles although the men seemed content to talk "shop." When the conservative executive left, she wondered why her husband turned on her with annoyance and said, "Why did you have to take that extra after-dinner drink?"

For the Christmas Open House which she gave for the neighbors, our socialite steps in with the blue taffeta which she wore with the full skirt a chic just-above-the-ankles length. Beforehand, she had whipped the egg batter for the Tom and Jerries insisting that she do all the mixing herself. As she sipped and tasted, she thought of the awestruck "ohs" and "ahs" she would hear from the neighbors when they saw her newly-decorated home, the beautifully laid table of canapes and Christmas cookies she had made herself. Her face appeared flushed against the soft blue which she wore and reinforcing herself often from the flowing bowl, she carried out her duties as a hostess with aplomb. She'd show those neighbor women.

The black satin suit which you now see her wearing, ladies, is the one she selected for an afternoon bridge with a small velvet toque trimmed daringly with iridescent coq feathers. She was aware as she sat in the modest living room with her friends that she seemed just a trifle over-dressed with these women in plain crepes and gabardine suits. When the cocktails were served, she recovered her sense of well-being and in fact, at her whispered request, her hostess rapidly refilled her glass without hesitation.

Next she appears before you-it took some doing to get her back into this-in the tropical-flowered crepe evening dress selected for her husband's lodge dance. The orange hibiscus in the print and the artificial one pinned on her shoulders had appeared especially exotic in their gaudy flamboyant way. As the evening progressed, her flushed countenance was not flattered by the predominant orange in her costume. As bright as was her color scheme, so was the evening black . . . She couldn't quite remember anything after 1 in the morning.

This checked spring suit with the jacket piped in red and the pert red straw hat with the cluster of flowers was selected particularly to make her feel like a new woman that Spring- to forget the social engagements of the winter which haunted her with their haziness. But she never wore it to the matinee where she was to meet her club group because — well, she never got there. She had had the idea of having a few light rum cocktails of her own concoction before leaving the house, so the play would seem more fun. She had awakened at four o'clock when she found herself slumped in the big living-room chair. It was too late in the Spring to wear the suit after that.

The mid-summer ensemble which you now see her wearing appears a bit faded in your mirror, as well it is. The light green denim peddle-pushers with the brassiere top seemed skimpy garb for street-wear but as the weather grew more sultry, more reason to wear it down the street to the drugstore or the delicatessen in the mornings. She avoided the neighbor women as they drove down to shop. Not even the room-temperature wine seemed out-of-place on the table in the kitchen that no longer shone with care. She noticed dimly that she had not unpacked her favorite chic all-in-one garden outfit with the big pockets for a trowel or shears. Her husband spent his evenings in the garden, digging and planting- grimly.

Now so over-powering has her daily habit become that no particular costume is outstanding — the soiled housecoat, the unpressed slacks, the wrinkled cottons are merely slung on by day and her nights are spent in oblivion. Here in all her flagrancy, is the woman alcoholic-- frousy dowager in silver fox scarves, a slrezy vagrant in frayed satin, an over-hennaed dame with a lip-stained cigarette. Like water running down the mirror, the composite picture wavers and shifts from one to the other until one may as well be the other -or could be. Even the slack-jawed housewife in her better-than-middle-class home.

For a long time, the mirror is like the inside of a funny-house reflecting grimaces, distorted thoughts, uncertainties, quivering hands and always fear, FEAR.

The mirror remained the same. Only the slight unassuming woman who comes into your vision is different. Her black suit is conservative hut smart, her crisp white blouse is as fresh as a gentian and her face too, has a flower-like gentleness. From the top of her new hairdress to the tips of her patent pumps, she spells confidence and good taste. No fashionable couturier influenced her in his sumptuous salon. Her frills and furbelows were cast off before a Power greater than herself.

She is wondrously clad once more in her own raiment, and her shining accessories are the Four Absolutes.

THAT DIVIDEND PAMPHLET

The reaction and response to the Bulletin's "dividend booklet" was gratifying. We were pleased that so many of our readers agreed with us-that the booklet should be read by every AA member, new and old.

We were disturbed however to hear that L. C. of Cleveland was not the author as we had indicated. The creator of the gem was Clem L. of Chicago and had been a valued part of Chicago's rich library of service for several years. We accordingly have imprinted the remaining 3000, giving proper tho belated credit to its clever creator.

These booklets are available while they last at five cents per copy in lots of twenty or more. Some groups are retailing them at ten cents each.

Incidentally we wish to thank the many subscribers who have sent in extra dollars with their subscriptions. We have earmarked these funds for free subscriptions to occasional needy persons. Thanks for your cooperation.

GIGGLES

The tired business man arrived home. The cook had left that morning without notice.

The market had been depressed all day, causing him great financial loss, and to climax the evil day, he found a farewell note from his wife. He knew a shot would end it all. So he opened a bottle and took one.

"A wife with horse sense never becomes a nag."

BOWLING

The Southeast league is entering into its last round with **Newburg** enjoying a lead of six points over the Hodous Insurance team. The Broadway-55th Undertakers are third. Hodous Insurance is tops in high single and in high three with 1021 and 2683 respectively.

A terrific see-saw battle is being waged in the East side league, with nine teams in strong contention. At the present Glenville No. 3 is leading the league by one lone point. The Jerks, Lee Road No. 1, Glenville No. 2, **Chesters**, Superior No. 1, Mixed group No. 1, Arcade and Matt Talbot follow in close order. This sixteen team league has had many exciting battles. A meeting of the league will be held at **Doan Men's** hall on Sunday, March 16 at 3 p. m. sharp.

In the Thursday Westside, Brooklyn is well out in front with **Collinwood** seemingly the only contender. Three teams bowled "1000" games, Brooklyn hitting the highest with 1015, Valley View 1002 and Outlaws 1001.

In the early shift Friday league, the **Lorain Yanks** bowled spectacularly to leap into a three game lead over **Fairview Parks** No. 1 team. Eddie B. of the Yanks continues to set a torrid individual pace with an average of 188.

In the 9:30 shift Friday league, Clark No. 1 again has proved its ability. It is in first place nine points over Brooklyn. Clark No. 1's 1056 game is tops in three game totals.

SPRING SQUARE DANCE

The Painesville group will dedicate the proceeds of its April 26th K-weekly Square Dance to the Cleveland AA District Office. They plan some special feature for this banner Saturday occasion and have made tickets available for Cleveland members through their own group secretaries. Cost, one dollar per person. The dance will be held in the Painesville AA capacious club quarters at 33 N. State Street, Painesville.

There will be door prizes and free refreshments.

BROOKLYN

Hank W. of Brooklyn will observe his 12th anniversary on March 5th by leading the discussion at the Brooklyn regular meeting. Harold O'B. of Rocky River speaks on the 12th; Frank Q. of Canton on the 19th and Eddie K. of Brooklyn on the 26th. Eddie will observe his 11th anniversary in AA with his lead.

TAPCO SHIFTS MEETING

The third shift at Tapco has changed its meeting day from Tuesday to Wednesday with the meeting time at 9:00 p. m.

About sixteen members attend these meetings regularly, and with about forty more AA's as potentials working on the shift, the change of day should attract them.

George B. is the secretary of the group.

MEMPHIS

Speakers for March are Eddie B., of Lorain, Monday, March 1; Tom F. (policeman) March 8; Hilda H., Women's House of Correction, March 15; Herb (Jake) J., Independence, March 22; Bill O'R., Lorain, Monday, March 29.

TRINITY EVENTS

Speakers for the month -March 1, Charles E., Doan Men (14 years in AA); March 8, Pete McN. Lee Road, Wednesday (12 years in AA); March 15, Harry R., Doan Men (12 years in AA); March 22, Tom T., Lorain, Thursday, (11 years in AA); March 29, Edward II., Brooklyn, (his 11th anniversary in AA).

This imposing group of speakers have enjoyed over 60 years of sobriety and have been a great influence on the growth of AA in Cleveland and the nation. They'll have messages worth hearing.

INDEPENDENCE

Neil C. of Memphis will be the speaker at the Independence group on March 6; Herschel II. of Parma on the 13th; Shorty W. of Cedar, the 20th; and Elsie T. of Lee, Wednesday on the 27th.

PHONEY FATALISM

I remember a day when I had been battling both bottle and job on a six month spree. Every morning was a potential Waterloo; trying to siphon off just enough to get started on a day's work, but not enough to capsize the boat. Until finally one Monday sunrise I figured—what the devil: a man might make it up and around this Monday, but sooner or later the day was coming when he couldn't—so why not get it over with right now? And suiting action to words, I crawled right back in bed with a case of quarts, to lie there until the booze ran out.

From what I hear, something like this same brand of phoney fatalism causes some AA slips; only in the case of a man who's already dry there is even less excuse for it. He's been going along, staying sober one day at a time; half on the Program and half off. After surmounting a few minor temptations, finally one day he says to himself—"what's the use—sooner or later this thing will be too much for me, so why not get it over with?" And he takes the first snort that looses the flood.

You know something about a guy like that— you or me or whoever it is? That guy isn't really a fatalist. Deep down, he isn't sure whether he wants to take that drink or leave it alone. Phoney fatalism is an alibi—sobriety just doesn't mean enough to him.

It's a matter of choice, boy. Once you've been dry awhile and the physical flutters have passed, you've nobody but yourself to blame if you jerk your finger from that hole in the dike.

To the wise AA—the honest one — temptations are a source of strength rather than weakness. Sure he tries to avoid them— but when a temptation has to be met, it's a time for proving himself —of gathering fresh strength for the next trial. He wants to stay sober, and he will!

—Mac, in *Pew Pointers, Minnesota State Prism.*

CENTRAL COMMITTEE

Twenty-six groups attended the February meeting and received reports of committee activity.

It was suggested that more inter-group activity be employed by the groups to promote greater cooperation and unity. Several groups now visit other groups in a body. Good idea.

The establishment of an AA blood bank under the auspices of the Hospital Committee was proposed. Under this arrangement blood donations would be made to designated hospitals at the convenience of members, and cards controlling use of the accumulated supply would be given out by the Hospital Committee. Delegates were asked to sound out opinion in the Groups and the project was tabled for discussion at Central Committee Meeting of March 4th, 1952.

What, in your opinion, is the principal reason some people go back to drinking after being in AA for a number of years?

The principal reason, I believe, is that they have lost the spark of appreciation. If a person is truly appreciative of what the program has done for him he'll feel that as long as he lives he won't have done enough.



CLEVELAND AREA GROUP MEETINGS

MONDAY
ADDISON-Westminster Church.
BORTON-F Cleve Congrega. Church
LAKE SHORE-St. Luke's Parish,
LAKWOOD (Orchard Grove)-
LAKWOOD MEN'S-St. Peter's Episcopal
LEE MONDAY-First Presbyter. Church.
LORAIN AVE.-West Park Baptist Church.
MARINE HOSPITAL-E. 124 & Fairhill.
PEARL-Corpus Christi Basement.
ROWDY ROW-Salvation Army Corps Hall.
SHAKER HEIGHTS-Christ Episcopal
SOUTH EAST CROUP-Holy Nrmme
UNION-East View Cong. Church.
WEST 23th ST.-Marvel Hall.
ASHTABULA COUNTY MEN-
VERMILLION,
WILLIUGHBY BY-Imbyterim Church.
WOMEN'S-East Side-West Blvd.
TUESDAY
ARCADE-Central Y.M.C.A.,
CHARITY-Last Tuesday of each month-
CLARK-1917 Clark Ave.
CRILE HOSPITAL, Television Room
EAGLE TRAINING-Salvation Army,
EDGE LAKE-1417 St. Charles Ave.
EUCLID WADE-Calvary Presbyterian
FAIRMOUNT-St. Paul's Episcopal,
FAIRVIEW PARK-Fairview Grace
FOREST HILLS MEN-Markad Motors,
MILES-I.F.F.-Mount Hope Church,
SMITH-WILSON-Nativity School,
SUPERIOR-North Presbyterian Church,
TAPCO-Post 4, 23555 Euclid, 2nd shift.
WEST PARK-West Park Baptist Church,
WEST SIDE MEN'S-St. Patrick's Hall,
ELYRIA YOUNG PEOPLE-Junior
LORAIN, O.-Community Hall,
MADINA, O.-St. Paul's Epis. Par. Hse.
PAINESVILLE, O.-Stag, 33 N. State St.
STRONGSVILLE-St. Joseph's Church,
WEDNESDAY
ALCOLA-6409 Detroit Ave.
BAXTER AVE.-6327 Baxter Ave
BROOKLYN-K. of P. Hall,
COLLINGSWOOD-14709 St. Clair Ave.

DENISON MEN-7403 Denison Ave.,
DOAN MEN'S-2028 E. 105th St.,
EAST SIDE MORNING-
GARFIELD HEIGHTS-Trinity Baptist,
LAKEWOOD WOMEN-United Presby.
LEE ROAD-First Eng. Lutheran,
ST. I AM ES-Ward's Convalescing Home,
TAPCO-Post 4, 23555 Euclid, 1st shift
TWENTY-FOUR HOUR-Dove Restaurant,
WARRENSVILLE-Women's House Cor.,
WOMEN'S-East Side-First Unitarian
BEDFORD, O.-Y.M.C.A., Tarbell Ave.
ELYRIA, O.-St. Andrew's Episcopal
LORAIN, O.-ANTLERS-
MIDDTOWN-Matt Talbot Home,
THURSDAY
ALAN-1820 East 79th St.
ALLENDALE-St. Paul's Episcopal
ANGLE-St. Malachi's Church,
BROADWAY-55th-Our Lady of Lourdes
COVENTRY-Fairmount Presbyterian
EDDY ROAD-Glenville Congregational
GLENVILLE-10421 St. Clair Ave.
LORAIN AVE.-West Park Baptist
OUTHWAITE-Woodland Center,
ROCKY RIVER-Rockport Methodist
WEST SIDE-7403 Denison Ave.
BEREA, O.-Fine Arts Club, E. Bagley Rd.,
EAST LAKE-Vine and Campbell,
INDEPENDENCE, O.-St. John's Lutheran
PAINESVILLE, O.-33 N. State, 3rd fl.
LORAIN COUNTY WOMEN-
ST. ANTHONY-St. Anthony's School,
FRIDAY
ANSEL ROAD-St. Thomas Church,
BROADWAY-HARVARD-8437 Broadway
C&DAR-Salvation Army, 2181 E. 55th
GORDON SQUARE-St. Helena's Hall,
LEE ROAD-St. Philomena's Church,
MILES MEN'S-Stag Group,
NORTH EAST-2028 E. 105th St.
WESTSIDE YOUNG PEOPLE-
AVON LAKE-Congregational Church,
BEREA-Social room of Berea Cong.
CHAGRIN FALLS, O.-American Legion,
CHARDON, O.-Thrasher House,
CONNEAUT, O.-B. of L., E. Hall
EUCLID, O.-Holy Cross Church,
LORAIN-AVON-AA Social Center,

MENTOR, O.-Mentor Methodist Church
OBERLIN, O.-American Legion Home,
WICKLIFFE MEN-
SATURDAY
BROADWAY MEN'S-St. John's Lutheran
CATHEDRAL-(Stag) St. John's
GLENVILLE-10421 St. Clair Ave
HILLIARD-Central Y. M. C. A.
LAKEWOOD-Sat. Nite-Redeemer Hall,
LEAGUE PARK-St. Agnes School Hall,
MATT TALBOT-St. Hilip Neri Church,
MEMPHIS-Church of Good Shepherd,
PARMA-Public Library, 5850 Ridge Rd.
REDWOOD-Euclid Lutheran Church,
VALLEY VIEW-Community Center,
8005 GROUP-8005 Lorain Ave.
ASHTABULA, O.-K. of P. Hall, Elm Av.
ELYRIA, O.-St. Andrew's Episcopal
SOLOMON, O.-St. Rita's Church basement
TRINITY-Trinity Evangelical Church,
SUNDAY
C. A. C. DISCUSSION-C. A. C. clubrooms,
COLLINGSWOOD-14709 St. Clair Ave.
DETROIT-Mixed-8023 Detroit Ave.
LAKVIEW-CYO Hall, St. Aloysius
MARYMOUNT-2nd Sun. in month,
MISTLETOE-MacGillis Home,
NEWBURGH-St. Catherine's Church,
OUTHWAITE-7100 Kinsman Ave.
WARRENSVILLE-Cooly Farms
GENEVA, O.-Legion Hall, Park St.,
HAMBDEN, O.-Hambden Grange Hall,
LORAIN, O.-(Stag) AA Social Center,
LIST OF COOPERATING AA HOSPITALS
Alcoholics Abstinence Nursing Home (MW)
Melrose 1-1635 8023 Detroit Ave
Cleveland Alcoholic Clinic (MW)
Express 1-8998 7809 Euclid Ave.
Elmwood Sanitarium (M)
Kenmore 1-2299 17322 Euclid Ave.
Farquharson's (Tuxedo 5-1882) (M) 6037 Pearl
MacGillis Nursing Home (MW)
RA. 1-2556 1560 Mistletoe Dr. at Wade Pk
Marymont Hospital (MW)
VUcan 3-2310 12300 McCracken Rd.
Pathway (Tyler 1-6698) (MW) 1635 E. 93rd
TUESDAY EVERY MONTH
CENTRAL COMMITTEE-
Hanna Building, Room 370 8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE-
Hanna Building, Room 370 8:30
FOR AUTHORITATIVE AA INFORMATION
AA CLEVELAND DISTRICT OFFICE-
CHerry 1-7387 780 The Arcade
FOR FIRST TIMERS ONLY
Charity Hospital (MW)
Main 1-9400 Central at E. 22nd St
St. John's Hospital (M)
Woodbine 1-3750 7911 Detroit Ave
(M) men only (W) women only.
(MW) men and women.

Subscription Blank for Central Bulletin

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LIFE

LIFE'S a gamble . . . LIFE'S a scramble . . . Fret and
turmoil . . . strife and noise; LIFE'S a worry . . . what's
the hurry ? . . . Give me peace and quiet joys. LIFE'S
all clamor . . . fake and glamor . . . tinsel-shams and
vulgar show . . . Fight for money . . . aren't folks funny?
. . . rushing madly to and fro . . . Give me leisure . . .
simple pleasure . . . time in which to stand and stare:
time to wonder . . . time to wander . . . time to dream,
and time to spare . . . Time for gazing . . . time for rais-
ing . . . weary eyes to leaf and wing . . . time for praying
. . . time for saying . . . Thank You, God, for everything.
-The Lifeline, Vancouver, B. C.

Town Club
W. Gene H. Tolson

CENTRAL BULLETIN



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A VERY OLD STORY

So you think you are a special case? That no one ever had a problem with drinking until you blessed the world with your presence? That history has conspired to save all the headaches of alcoholism for you?

Well, you're a nice guy and right now you look a mess, but at least you want to do something about it. That's the main point in your favor. And you tell me you have tried but **can't** do anything about it on your own. We all know that. We've all tried it. But you can do something to end this torture by turning to the same **Higher Power** that led the rest of "us out of the morass.

Warnings? Good advice? Don't be looking back. Don't get a martyr complex. People have been warned—they are every day—against tuberculosis and cancer. Yet they get it. You're still laboring under the prevailing public misconception that the alcoholic is some sort of moral leper. Only now is part of the public coming to realize that the old idea about the drunk is a hangover from the Dark Ages.

No, my friend, there's nothing special about you. From the dawn of time man has wrestled with this disease. The strange part is that not until our time was an effective way to arrest it found and that is in the program of Alcoholics Anonymous.

But just to put you at your ease and show you that your trouble is not either new or peculiar to you let me tell you a legend about Noah. That's right, the fellow who built the Ark to ride out the flood. That, you will admit, was a long time ago.

After the flood, when Noah was trying to get the world started again, he was one day planting a vineyard. Satan appeared on the scene. He was nosing around.

"What are you planting?" the devil asked. "A vineyard," Noah casually replied.

"What is its nature?" Satan wanted to know. "Its fruits are sweet whether fresh or dry, and wine is made of them, which gladdens the heart," the industrious Noah said.

"Come now," said Satan in his most ingratiating tones, "let us two form a partnership in this vineyard."

"Very well," said Noah who was too busy to pay much attention to the implications of his agreement.

Right away Satan brought a sheep and slew it under the vine. Then in turn he brought a lion, a pig and a monkey, slew each and let their blood drench the soil of the vineyard.

This is how it came about that before a person drinks wine he is like a sheep and quiet like a lamb.

When he drinks it in moderation, he is strong like a lion and feels as though there is none to equal him in the world.

When he has drunk more than enough, he becomes like a pig, wallowing in filth.

When he is intoxicated he becomes like a monkey, dancing about, uttering obscenities before all and unaware of what he is doing.

These characteristics have been true of all who imbibe wine since the flood. It's an old, old legend. But now we know how to overcome them, and that is old too—by just turning to the same Higher Power that saved Noah and the inhabitants of the Ark from destruction.

SPEAK UP

"You're not a full-Hedged member of AA until you've led a meeting," was the thoughtless statement uttered by the writer at a very recent meeting. We echoed the statements made by others who, by observance and study of many cases came to this conclusion and made it most pontifically, even as we had made ours.

The chairman of the meeting took issue with us during the discussion period, pointing out that in that very audience were several valued and staunch members who had never led a meeting and yet were enjoying as many and more years of sobriety than we, several eleven, twelve and thirteen years in the fellowship.

In defending them, he stated that by being devotedly regular in their attendance at meetings, being attentive, visiting hospitals, calling on assigned prospects, they in their way were eloquent evidence of success of AA—without even offering a single comment during the discussion period.

We got our deserved comeuppance. We should definitely have prefaced that observation with the words, "In my opinion." For, now as we think back, certainly we know of many who fall into the same classification—they are listeners. They're valued members. For them to speak before an audience would be a horrible ordeal. In fact we remember one poor soul who was made to consent to speak by an ebullient secretary and promptly went out and got spiffed so he couldn't qualify! It astounded us.

Of course, being "extrovertish," and exceedingly voluble, it IS difficult for us to place ourselves in the introvert's body. Certainly we should remember that we are not all alike in nature and disposition. But we forget.

We extroverts cannot understand how anyone who has received this miraculous gift of God can refrain from talking about it—wherever he might be, but particularly at an AA meeting. What would happen if all of us suddenly decided to be listeners and refused to lead meetings or give voice to our thoughts in discussion?

It strikes us (mind you this is an extrovert expressing HIS opinion) that no-one can attend meetings night after night, week after week and month after month without absorbing a great deal of the philosophies of the speakers. Listening, absorbing, discarding those views which weren't digestible he's bound to have a wealth of AA philosophy which he SHOULD share with others.

To us it's a duty to share the ideas, the aims, the "handles" with every person in the room. The joy of our deliverance is so great we fear it would lose its beauty if we didn't express it many, many times.

Once expressed, your thoughts, gleaned from the rich knowledge and experiences of speakers you've heard, will become your CONVICTIONS. These will sustain you in every temptation. And you and your audience will be greatly enriched.

This is OUR opinion.

A Texan passed away and, upon arriving at the gates of his eternal home, remarked, "Gee, I never thought heaven would be so much like Texas." "Son," said the man at the gate sadly, "this ain't heaven."

It's easier to believe a lie that one has heard a thousand times than to believe a fact that one has never heard M o r e .
—Selected

THE THIRD ABSOLUTE

This is the third of the FOUR ABSOLUTES of A.A. The first was ABSOLUTE HONESTY, the second, ABSOLUTE UNSELFISHNESS, and now the third-ABSOLUTE PURITY-is our theme for this week. And, what a subject, what a high altitude for the alcoholic to grasp. It is a high ambition for anybody to reach, but for the man with a drinking problem beyond his control, it is expecting a lot to ask him to strive for purity. However pure a man's thinking or his acts normally may be, certainly impure thoughts and desires are greatly intensified under the influence of alcoholic beverages.

But, such a standard of purity is not expected of the man who has just come into AA to find the way out of his drinking problem. It is the ultimate standard that AA hopes he can attain. There are TWELVE STEPS up the ladder to total sobriety as taught by AA. He begins with the realization that he has a drinking problem over which he has no control by himself alone, that he must seek help in that power, and definitely commit his will and his problem over to that power, which most AA members call God. The other steps up to the last one, deal with such things as fearless self-examinations, meditation and prayer that God will turn His spotlight upon him and reveal all the wrongs, and then start a process of elimination in his life, taking out all those things contrary to His will, and helping him to make restitution to those he has harmed or hurt in his drinking career. That is not easy. That would be a challenge even to most members of long standing in the various churches, and it is doubly so to him, but he is not asked or expected to accomplish this overnight. "Easy does it," is the slogan of A.A. Take it a day at a time. Its benefits, and its purpose will grow on you as each day passes. Add to it not half-heartedly, but with the passion of your soul, the TWELFTH STEP WORK, which means to go out and TELL IT TO OTHERS. Visit A.A. hospitals and tell the victims of alcohol who are suffering the same disease as you what the program is doing for you. Visit other A.A. groups, and never fail to attend your own, keep telling it to OTHERS.

Begin every day right, with the sincere prayer that God will keep you sober-today. Get in the morning devotional meeting, at least take time to read the page for the day in the Upper Room, it will give you a spiritual "lift." "Then, at the close of the day, NEVER ALLOW YOURSELF to crawl into bed without first THANKING GOD FOR KEEPING YOU SOBER TODAY." Nobody can take that program seriously and honestly without growing in grace, and spirituality, and, it will change your whole THINKING, it will change your whole OUTLOOK ON LIFE. It will indeed give you something you have never had before-a GREAT UPLOOK. No more "alcoholic thinking," no more "inferiority complexes," or "SUPERIORITY COMPLEXES," either. You can now THINK in the terms of honesty, of unselfishness, and in the terms of purity. If you are following this whole program sincerely, and you are not a "phony," you will be growing daily, and the words of our Blessed Lord will take on new meaning to you when he said: "Blessed are the pure in heart, for they shall see God."

Social Center Chatter, Cleveland

MOVERS — PLEASE COOPERATE !

Whether it's because they are what they are, many of our members do change their addresses oftener than most people-and differently from most people, they rarely notify the postoffice or people whom they expect mail from of the change in location.

We know this to be a fact from handling several groups of mailing stencils for our Addressograph unit.

Since our Bulletin is mailed third class, it is not forwarded. It is returned to us for proper addressing. This costs us two cents extra for each missive returned. Our practice is to note the date of non-delivery on our record cards and advance the expiration date when the true address is finally sent in.

From the recent commending notes we've received (which we certainly have appreciated, we assure you) we believe our peripatetic members are missing some good AA material by not notifying us of their change in location.

DEATH TAKES MEMBERS

Alford "Al" Fry of the Lee Road group passed away suddenly on Friday, March 14. A heart attack ended an active and useful AA life. His loss is mourned by his wife Rita and four daughters, three of whom are married.

Al was looking forward to observing his tenth anniversary of absolute sobriety on April 1st, but God in His eternal wisdom decided to give him a greater reward.

Al was deeply interested in the rehabilitation of parolees from Ohio Penitentiary and was directly responsible for the establishment of the Fellowship group in the prison. He made possible the placing of over a hundred books in the prison libraries.

His many friends offer the family sincere condolences.

A highly thought of member of the Valley View group, Ed Williamson, passed away during the week of March 16, leaving a family of wife and four young children. Particularly tragic is that Ed passed away while carrying little insurance, leaving the family in a decidedly sorry plight.

HOSPITAL RATES

With the advance in costs, hospitalization of alcoholics in this area is costing the patient considerably more. At the last Central Committee meeting, the Hospital Committee announced the following rates for cooperating hospitals until further notice:

Charity Hospital-Ward or semi-private with hospitalization plus \$10.00 for doctor's fee. Without hospitalization the entire cost is \$87.50.

St. John's Hospital-Ward service with hospitalization and \$20.00 which also includes the doctor's fee. Semi-private with hospitalization plus \$10.00. Without hospitalization the entire cost is \$82.00.

Marymount Hospital-Ward service with hospitalization and \$20.00. Semi-private hospitalization and \$10.00. Without hospitalization, \$109.03. Marymount treats all its patients with expensive ACTH.

Hospitalization cards cannot be honored in Nursing Homes. Accordingly the price indicated after each agency is the total cost, including the doctor's fee.

Alcoholics Abstinence Nursing Home	\$65.00
Cleveland Alcoholic Clinic	60.00
Elmwood Sanitarium	GO.00
Farquharson's Home	75.00
MacGillis Nursing Home	70.00
Pathway	70.00

All hospitals and nursing homes give additional medication if indicated, and an additional charge is made. An itemized statement should be requested should the final bill exceed the rates quoted. These rates are for five days of treatment.

POLISH MEETING A SUCCESS

A large crowd attended the initial Polish meeting of the Baxter group and indicates that the experiment of conducting the meeting entirely in the Polish language on the first Wednesday of each month will be popularly received. Five people who spoke no English joined the group and received overwhelming attention. Matt O. of the Superior group was the speaker.

The speaker for April 2 will be Joe K. of the Brooklyn group. Gus P. is the active chairman of the Polish meetings. Julia and Florence V., the initiators of the plan are grateful at the response.

ARE WE APPRECIATIVE?

The patients at Crile Veterans Hospital are deserving of extraordinary attention for the sacrifices they have made for us. A great amount of good can be accomplished by more members evincing a greater interest and attendance in the Crile Hospital meetings which are held every Tuesday in the Television Room at 7:30 p.m.

It's true, that the place is difficult to reach, but if groups would plan properly they could dispatch several carloads of members once or twice a month and the problem of attendance would be solved.

Miriam N., the hardworking secretary of the group observed, "Everybody says it's a wonderful thing-that service to the soldiers. But why'n h-l don't they pop in?" You answer it.

BOWLING NOTES

In the Eastside league, the Jerks jerked themselves up and over Lee Road No. 1 once more and are leading them by one and one-half points at this session of their torrid race. The Chesters are hanging along grimly in third place and are threatening.

In the Thursday Westside league, Brooklyn has increased its lead over Collinwood and the Outlaws to ten points and seem to be in for keeps. There were no outstanding scores to affect the team high individual and three game events.

In the Friday 7:30 Westside league, the Lorain Yanks appear to be a shoo-in for with only four weeks to go they lead second place Fairview by 12 points. Trinity is in third place.

In the 9:30 shift, it's a walkaway for Clark who hold a lead of sixteen points over the also-ran Brooklyn and Denison teams.

The bowling banquet for these two leagues will be held at Colonial Gardens on Saturday, May 17.

BROOKLYN

Speakers for April at Brooklyn are, S-Walter Tecumseh M. of Youngstown; 9—Evelyn W. of St. James; 16—Stewart M. of Lakeview; 23—Tom E. of Brooklyn, (observing his 9th anniversary); 29—Herb J. of Independence. Charlie S. secretary of the group extends a hearty invitation to all AA's to attend this group's meetings.

TRINITY

Good crowds attended the March meetings which deserved them. Another excellent group of speakers will appear in April. Appearing on the 5th, "Big Josephine" of Collinwood; 12—the N. brothers of Glenville; 19—Edward M. of Angle and on the 26—Ruth N. of Newburgh will be heard. These meetings are open to members of all groups. You'll be made to feel welcome.

LAKWOOD WOMEN HOLD OPEN HOUSE

The annual open house of the Lakewood Women's group will be held on Wednesday, April 16. At this meeting, members of either sex are welcome. The speaker will be Katherine K.

This very excellent group of active women will be observing the third anniversary of its existence and are deserving of a good crowd.

The affair will be held in the United Presbyterian Church, at 12601 Detroit Avenue at 8:30 p. m.

MIDTOWN MIXED GROUP MOVES

The Midtown Mixed group has selected a new meeting place in St. John's Lutheran School Hall, 5826 Cable Ave., near Broadway. The first meeting in the new quarters will be held on Tuesday March 25 promptly at 8:30 p.m. Helen N. is the secretary.

OVERSIGHT

We mislaid the note advising us of the Collinwood annual observance of St. Patrick's Day and on which our good friend Jim B. appeared as its speaker. Since 1941 when the Collinwood group held its first St. Patrick's Day meeting, Jim has been the attraction. We regret that we were remiss in reminding Jim's many friends in the surrounding area of this event so they could have attended. We'll remember next year-if we're reminded again.

MEMPHIS

Speakers for April are: 5-Tom D. of Lorain Ave. Monday! 12—Doc. C. C. H., of Berea; 19—Dick B. of Memphis; 26-P. J. of Berea. Attendance during March was most gratifying and the group trusts that April will be the same.

SUCCESS STORY

From the village drunk to village marshal is the success story of Jimmie C. of Amsterdam, Ohio. Three years ago his second home was the village brig. His fines paid for the building of it as well as its upkeep. Now he is one of the town's most honored and respected citizens and is the keeper of the keys for the building he paid for.

He's doing very effective work among the prisoners who close their eyes to the "light" offered them by Jimmie. He is a member of the Carrollton group but expects to start a group of his own after he converts a couple more of his prisoners. More power to you, Jimmy! How old and how secure is the mayor in his job?

CONSOLIDATED MEETING

Towne Hall, 2626 Prospect Ave.
Sunday Afternoon, April 20th, 4:00 o'clock

The April quarterly Consolidated Meeting will reacquaint us with able and brilliant "Gene" H. of Toledo, Ohio. Gene has spoken at other of our previous meetings, but it has been a long time since we've heard him. He deserves a packed house.

Come and get reacquainted with your friends from other groups.

DOAN DATA

Chester S., the restaurant man, is the newly elected secretary of the Doan Men's group, succeeding popular Harry R.

Reporter John S. has been visiting the nearby cities of Akron, Warren and Elyria. He visited Columbus recently, returning with three parolees in his charge.

GIGGLES

Three men were sitting on a park bench. The man in the middle was sitting quietly, as though asleep. But the men on either side of him were going through the motions of fishing. With deadly seriousness they would cast, jerk their lines gently, then swiftly wind in imaginary reels. This had been going on for some time when a policeman sauntered over, shook the man in the middle awake and demanded: "Are these two men friends of yours?" "Yes, officer," said the man in the middle. "Well, get them out of here then." "Right away officer," and the man began rowing vigorously.

Perhaps the reason they don't have wedding showers for men is because a man has plenty of stormy weather ahead after his bride begins to reign.

A fellow would get ahead better if he stopped staring up the steps and started stepping up the stairs.

Hitting the bull's eye is seldom accomplished by shooting the bull.

Back in the hill country two neighboring hillbillies were arguing over the death of a cow. It seems the cow had strayed into the still belonging to one of them and had subsequently died after drinking a considerable amount of moonshine.

"It warn't my likker what killed your cow-she come home to you giving egg nog and you milked her to death."

Drunk, coming out of DT's: "Why are those shades down, Doc?"

Doctor: "There's a fire across the alley and we didn't want you to come to and think our treatment had failed."



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church. Cor. Addison and Wade Park - 8:30
BORTON-E. Cleve. Congrega. Church Page and Euclid Avenue 8:30
LAKE SHORE-St. Luke's Parish, Clifton and Bunts Rd. 8:30
LAKEWOOD (Orchard Grove)-1417 St. Charles, nr. Detroit 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal, W. Clifton and Detroit 8:30
LEE MONDAY-First Presbyter. Church, East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-West Park Baptist Church, 15218 Lorain Ave. 8:30
MARINE HOSPITAGE, 124 & Fairhill. 7:30
PEARL-Corpus Christi Basement, 4202 Stickney (E. of Pearl Rd.) 8:30
ROWDY ROW-Salvation Army Corps Hall, 2042 W. 26th St. 8:00
SHAKER HEIGHTS-Christ Episcopal Church, 3451 Warrensville 8:30
SOUTH EAST GROUP-Holy Name Hall, 8328 Broadway 8:30
UNION-East View Cong. Church, Kinsman at E. 156th St. 9:00
WEST 25th ST.-Marvel Hall, 2858 W. 25th St. 8:30
ASHTABULA COUNTY MEN-Room 4, Dorman Block, Conneaut, O. 8:30
VERMILLION, St. Mary's Church, Exchange St. 8:30
WILLOUGHBY-Presbyterian Church, Willoughby, O. 8:30
WOMEN'S-West Side--West Blvd. Christian, W. Blvd. & W. 101st 8:30
Training Meeting (one hour) First Monday of each month 7:30

TUESDAY

ARCADE Central Y. M. c. A., East 22nd and Prospect Ave. 8:30
CHIARITY--Last Tuesday of each month Charity Hospital Nurses Auditorium 8:30
CLARK--1917 Clark Ave. 8:30
CRILE HOSPITAL, Television Room 7:30
E A G L E TRAVEL--Sahy, E. 9th and Eagle 8:00
EDGE LAKE--1417 St. Charles Ave. Dinner at 7:00 p. m. Meeting at 8:30
EUCLID-WADE--Calvary Presbyterian Church, E. 79th and Euclid Ave. 9:00
FAIRMOUNT-St. Paul's Episcopal, Fairmount and Coventry 8:30
FAIRVIEW PARK-Fairview Grace Church, W. 224th and Lorain Ave. 8:30
FOREST HILLS MEN--Markad Motors, 13219 Superior Ave. 8:30
MILES-LEE--Mount Hope Church, MIDTOWN MIXED--5826 Cable Ave. 8:30
E. 164th, north of Miles 8:30
SMITH-WILSON--Nativity School, 9910 Aetna Road 8:30
SUPERIOR--North Presbyterian Church, F 40th and Superior 9:00
TAPCO--Post 4, 23555 Euclid, 2nd shift... 1:00
TAACO-Post 4, 23555 Euclid, 3rd shift... 9:00
WEST PARK-West Park Baptist Church, W. 152nd and Lorain 8:30
WEST SIDE MEN'S-St. Patrick's Hall, Bridge at W. 38th St. 8:30
ELYRIA YOUNG PEOPLE-Junior Chamber of Com. Bldg., Harwood St 9:00
ELYRIA-335 Columbus St. 8:30
LORAIN, O.-Community Hall, 23rd and Beech Sts. 8:00
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
PAINESVILLE, O.--Stag, 33 N. State St. 8:30
STRONGSVILLE--St. Joseph's Church, 10,000 Pearl Rd. 8:30

WEDNESDAY

ALCCLA-6409 Detroit Ave. 9:00
BAXTER AVE.-6527 Baxter Ave. 8:30
(Polish language first Wed. each month)
BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30

COLLINWOOD--14709 St. Clair Ave. 8:30
DENISON MEN--740 Denison Ave., (first Wednesday, joint meeting) 8:30
DOAN MEN'S--2028 E. 105th St., 2nd floor, side entrance 8:45
EAST SIDE MORNING--2028 E. 105th St. 10:00 A. M.
GARFIELD HEIGHTS-Trinity Baptist, E. 94th and Garfield Blvd 8:30
LAKEWOOD WOMEN--United Presby. Church, 12601 Detroit Ave. 8:30
LEE ROAD-First Eng. 1st Division, Derbyshire and Euclid Hts. Blvd. 8:30
ST. TAMES-Ward's Convalescing Home, E. 71st and Cedar Ave. 8:15
TAPCO-Post 4, 23555 Euclid, 1st shift... 3:30
TWENTY-FOUR HOUR-Dove Restaurant, 15525 Detroit Ave. 8:30
WARRENSVILLE--Women's House Cor. 7:30
WOMEN'S--East Side-First Unitarian Church, Euclid and E. 82nd St. 8:30
BEDFORD, O.--Y.M.C.A., Tarbell Ave. 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:00
LORAIN, O.-ANTLERS--St. Mary's School, Reid Ave. 8:30
MIDTOWN--Matt Talbot Home, 5018 Prospect Ave. 8:30

THURSDAY

ALAN-1820 East 79th St. 8:30
ALLENDALE--St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
ANGIE--St. Malachi's Church, 2549 Washington Ave. 8:30
BROADWAY-55th--Our Lady of Lourdes School Hall 8:30
COVENTRY-Fairmount Presbyterian Chapel, Scarborough 8:30
EDDY ROAD--Glenville Congregational Church, Eddy and St. Clair 9:00
GLENVILLE-10421 St. Clair Ave. 8:30
LORAIN AVE.--West Park Baptist Church, 15215 Lorain Ave. 8:30
OUTHWAITE--Woodland Center, 7100 Kinsman Ave. 8:30
ROCKY RIVER-Rockport Methodist Church, 3310 Wooster Rd. 8:30
WEST SIDE-7403 Denison Ave. 10:30 A.M.
BEREA, O.-Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland 8:30
EAST LAKE-Vine and Campbell, Willoughby, O. 8:30
INDEPENDENCE, O.-St. John's Lutheran Hall, Second and Sunset 9:00
PAINESVILLE, O.-33 N. State, 3rd fl. 8:30
LORAIN COUNTY WOMEN--421 Broadway, Apt. 6 1:30
ST. ANTHONY-St. Anthony's School, Route 2 and 6, Lake Road, Lorain, O. 8:30

FRIDAY

ANSEL ROAD-St. Thomas Church, 9205 Superior Ave. 9:00
BROADWAY-HARVARD--8437 Broadway 8:30
CEDAR-Salvation Army, 2181 E. 55th 8:15
GORDON SQUARE--St. Helena's Hall, 1362 W. 65th St. 8:30
LEE ROAD--St. Philomena's Church, Instruction Hall, 13824 Euclid 9:00
MILES MEN'S--Stag Group, 4141 E. 116th St. 8:30
NORTHEAST-2028 E. 105th St. 8:30
WESTSIDE YOUNG PEOPLE--St. Luke's Hall, Buntand Clifton 9:00
AVON LAKE--Congregational Church, Lake Road, S to p 5 1/2 8:30
BEREA-Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS, O.--American Legion, E. Orange St. 8:30
CHARDON, O.--Thrasher House, Water St., Chardon, O. 8:30
CONNEAUT, O.--B. of L. E. Hall 8:30
EUCLID, O.--Holy Cross Church, E. 200th and Lake Shore Blvd. 8:30
LORAIN-AVON--AA Social center, 790 Broadway 8:30

MENTOR, O.--Mentor Methodist Church 8:30
OBERLIN, O.--American Legion Home, S. Main and Hamilton 8:30
WICKLIFFE MEN--Lady of Mt. Carmel Hall, Wickliffe, O. 8:00

SATURDAY

BROADWAY hiEN'S--St. John's Lutheran Church, Cable at Broadway 8:30
CATHEDRAL-(Starr) St. John's Cathedral, E. 9th and Superior 8:30
GLENVILLE-10421 St. Clair Ave. 9:00
HILLIARD--Central Y. M. C. A., E. 22nd and Prospect Ave. 9:00
LAKEWOOD--Sat. Nite--Redeemer Hall, Andrew, near Detroit 8:30
LEAGUE PARK--St. Agnes School Hall, East 79th and Euclid Ave. 8:30
MATT TALBOT-St. Philip Neri Church, E. 82nd and St. Clair 8:30
MEMPHIS--Church of Good Shepherd, 8235 Memphis Ave. 9:00
PARMA--Public Library, 5850 Ridge Rd. 8:30
REDWOOD-Euclid Lutheran Church, E. 260th and Oriole 8:30
VALLEY VIEW-Community Center, West 7th and Starkweather 8:30
8005 GROUP-8005 Lorain Ave. 8:30
ASHTABULA, O.-K. of P. Hall, Elm Av 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:30
SOLOIN, O.-St. Rita's Church basement 9:00
TRINITY--Trinity Evangelical Church, 3525 W. 25th St. 8:30

SUNDAY

C. A. C. DISCUSSION-C. A. C. clubrooms, 7809 Euclid Avenue 10:45
COLLINWOOD--14709 St. Clair Ave. 7:30
DETROIT--Mixed--8023 Detroit Ave. 8:00
LAKEVIEW--CYO Hall bt. Aloysius Church, E. 109th and St. Clair 8:30
MARYMOUNT--2nd Sun. in month, Cafeteria, McCracken and Henry 2:30
MISTLETOE--MacGillis Home, 1560 Mistletoe at Wade Park 7:00
NEWBURGH--St. Catherine's Church, 3443 E. 93rd St. 8:30
OUTHWAITE--7100 Kinsman Ave. 4:00
WARRENSVILLE--Cooley Farms Recreation Room 10:00 A.M.
GENEVA, O.--Legion Hall, Park St., corner of Sri Eagle 7:30
HAMBDEN, O.--Hambden Grange Hall 8:00
LORAIN, O.--(Stag) AA Social Center, 700 Broadway 10:00 A.M.

LIST OF COOPERATING AA HOSPITALS

Alcoholics Abstinence Nursing Home (MW) Melrose 1-1635 8023 Detroit Ave
Cleveland Alcoholic Clinic (MW) ENpress 1-8998 7809 Euclid Ave.
Elmwood Sanitarium (M) Kenmore 1-2299 17322 Euclid Ave.
Farquharson's (Tuxedo 5-1882) (M) 6037 Pearl
MacGillis Nursing Home (MW) RA, 1-2556 1560 Mistletoe Dr. at Wade Pk
Marymount Hospital (MW) Vulcan 3 2310 12300 McCracken Rd.
Pathway (Tyler 1-6698) (MW) 1635 E. 93rd

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE--Hanna Building, Room 370 8:30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE--Hanna Building, Room 370 8:30

FOR AUTHORITATIVE AA INFORMATION

A. CLEVELAND DISTRICT OFFICE--Cherry 1-7387 780 The Arcade

FOR FIRST TIMERS ONLY

Charity Hospital (MW) Main 1-9400 Central at E. 22nd St
St. John's Hospital (M) Woodbine 1-5750 7911 Detroit Ave
(M) men only. (W) women only. (MW) men and women.

GIGGLES

A woman in Tennessee had four sets of twins in five years. "Deuces Wild."

The polite stickup man poised his blackjack over the victim's head and inquired as follows: "One lump or two?"

Said Satan to the new arrival, "You act as if you owned the place." "I do," was the reply. "My wife gave it to me before I came here."

Learn to make a dunce of yourself without drinking liquor. It is far cheaper and almost as satisfactory.

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CENTRAL BULLETIN



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ESCAPE FROM FANTASIA

QUALIFYING

Who among us does not occasionally remember the weird world of fantasy we inhabited when we had taken leave of rationality through alcohol?

At times it was an attractive world. It often hypnotized us. We lived only to run away to it as quickly as possible. In a state of semi-sobriety we would go through the routine of daily life, doing our job perfunctorily! just to get by, the sooner to escape to that realm of the imagination.

Over the years this retreat from reality became a habit. The world we had made possessed irresistible color. Within it there were possibilities unlimited. Its inhabitants were all agreeable. It had no particular place or time. Once over its borders we were uninhibited in our movements. We seemed to have no body. It was pleasant and its atmosphere washed away the ugly facts of mundane existence.

The only cost of passage to this valhalla was the price of a few drinks. The illusion was enticing until one of two things happened. We sank so deeply into the area of fantasy that it became nightmarish and horrifying. Or we came out of it to the cold gray dawn of sobriety.

We can thank the Higher Power that we are refugees from that Never Never land. Most refugees are beaten and pitiable individuals. But refugees from that fevered land of alcohol are among the fortunate few of this earth.

Thanks are due because we have escaped from a tyranny worse than any political dictatorship. Thanks are also in order because, taking stock of ourselves and surveying that actual world from which we tried so long to run away, we find it not as frightening as we suspected. It is really pleasant, just as pleasant as we make it according to how we treat our fellow men.

We soon discover that there is no comparison between the sights and colors of the alcoholic realm and the world in the spring. That old static, synthetic land that never existed becomes pale, tawdry and repulsive when we conjure up its memory.

The real world, with all its problems and woes, its ups and downs, is far more enticing, far more stimulating to the imagination. It challenges us as the old shoddy world never could. We gain a sense of being, a glad-to-be-alive feeling. The spiritual sense that is inherent in every being is picked up and enlarged as we contrast the world that God has made with the horrible land of fantasia we built in a disordered brain.

At this time of the year, with the wonders of the real world unfolding about us, it is well to contemplate in our own thinking the greatest event that has occurred to us. As the physical world is coming to life we should recall the manner in which we came to life. Had it not been for that Power which manages the seasons and keeps the world on its course, had it not been for the Source of all life, we still would be haunting the ensnaring corridors of the lower depths -if we still were allowed to draw breath.

Never must we permit ourselves to become so sure, so

(Continued on page two)

"It isn't how much you drank or what you drank — it's what the drinking did to you," was the remark which made a lasting impression upon us sometime ago. We were in one of those pesky moods which assails every member in the league every once in a while. Moods of self-pity, doubt, discouragement, oversensitivity! frustration.

We had been going to meetings with a chip on our shoulder-sometimes we had one on each shoulder. We had been listening to a series of speakers whose sordid stories created doubts in our minds as to whether we really OUGHT to associate with such people. We were beginning to agree with some friends not in AA who told us definitely that we weren't the alcoholic type and were ruining our reputation by being openly affiliated with AA. Intelligent and discerning people, these were. They knew what an alcoholic was!

The speaker who made the remark with which we opened this "deathless" article never knew how much his words meant to us -- how he helped us recall our "privilege days," when those very same "intelligent and discerning" people who told us we were destroying our reputation by belonging to AA, were "tsk-ing" every time they saw us or heard our name mentioned. When our wires were down. When the whole world seemed gone to pot. When we were finally frightened into turning to AA.

No, it definitely isn't how much you drank, what you drank, whether you drank daily, once a week, once a month or went on a binge only once a year that qualifies you for our fellowship. It's what it does to you. We know of several persons in AA who

definitely qualify as members even though their guzzling-capacity was only ONE drink! They too had difficulty in being convinced they were alcoholics. They took some awful social beatings before they "came to believe they were powerless over alcohol and that alcohol had made their lives unmanageable."

We recall one of our prize head-aches. He never did make the grade. God rest his soul, for he's been dead now for some time. He died one moonlit night. He was an unusual character. Grand fellow when he was sober. Highly emotional and frightfully superstitious. He was particularly restive when the moon was full and bright. Only time he got drunk — when the moon was full. We spent many uncomfortable hours with him during a period of about seven months until we associated his restiveness with the full moon. He died an alcoholic's death. The moon came full for the last time for him.

You have gained a great victory over yourself when the very inside of you urges you to accept the fact that alcohol in ANY form — beer, gin, wine or whisky-makes your life and the lives of others unnatural, unhappy and tinselly artificial.

The way is up, up, up -to where you want to be and rightfully belong -without alcohol.

RECIPROCATE

THEY WERE AT A MEETING TO GREET YOU!
YOU SHOULD ATTEND MEETINGS
TO GREET THEM!

—Cliff S., Newark, N. Y.

It's a very good thing to remember,
it's a very good thing to do,
to always belong to the construction gang,
and not the wrecking crew.

ESCAPE FROM FANTASIA

(Continued from page one)

certain of our own capabilities that we forget to give thanks to the Power which brought us over the border to a new and a real life. Only by renewed expressions of gratitude can we make permanent our escape.

ALCOHOLIC TYPES

Decadent Drinkers occur in families showing gradual social, moral, and physical degeneration over several generations. They never come to true adult emotional and intelligent maturity but use alcohol, drugs, or life of adventure as compensations.

Impassioned Drinkers are tense, emotionally unstable, and develop a craving for intoxication out of need for temporary relief from tension.

Stupid, Spineless Drinkers who succumb to practically any form of temptation, vagrants, criminals, those of low-grade intellect, and deteriorated persons from lowest social strata. Become addicted to alcohol because it is the one form of enjoyment which is entirely passive.

Self-Aggrandizing Drinkers become addicted to alcohol in process of building up their own weak will and weak personality. They crave power and authority, but have not the energy or ability to reach their ambitions and so resort to alcohol as a method of building up their own ego.

These four types make up Cimbald's Classification, as quoted by Dr. Carney Landis, Associated Professor of Abnormal Psychology, Columbia University, in his chapter: "Theories of Alcoholic Personality," in *Alcohol, Science, and Society*. Landis calls this one of the most useful classifications of alcoholics who are not psychotic.

Another Classification

For Practical Purposes, the New Haven Clinic divided applicants on the basis of diagnosis into three categories:

The Symptomatic Drinker, whose drinking is incidental to mental illness, severe endocrine disturbance, or epilepsy. Since these patients do not respond to treatment for alcoholism as such, they are referred to psychiatrists, private physicians, mental hygiene clinics, or hospitals; where the underlying illness can be treated. Perhaps 15% of the total number of alcoholics are in this group.

The Social Misfit, "derelict" type of alcoholic, who is disqualified for family life, hasn't the emotional stability to hold a good job, is apt to be physically deteriorated and psychologically disorganized that only long institutional care and social rehabilitation could redeem him. These make up 15 to 20 per cent of those seen. For this type, the Yale Plan people would like to see custodial therapeutic institutions established that would utilize all elements of the co-ordinated approach. The danger in jails and "inebriate farms," as they have been constituted, is that they don't make proper diagnosis, that they merely keep derelict alcoholics in custody, finally releasing them without any basic improvement in condition.

The True Alcoholic, with an imitative drive to drink. People in this group show a variety of patterns in their drinking habits. Some go on periodical binges every week end, or irregularly. Some get drunk every night, others are always moderately under the influence, have a constant concentration of alcohol in the blood but do not necessarily show obvious signs of drunkenness.

—*Social Chatter, Salvation Army.*

CONSOLIDATED MEETING

A large crowd came to hear Gene H. of Toledo at the April Consolidated meeting, Sunday, April 20, in spite of beautiful spring weather and a baseball double-header at the stadium. The crowd was rewarded with an outstanding down-to-earth talk, packed with human interest.

We liked one of his observations particularly — "I must always remember that I have all the components and ingredients of an alcoholic. Along with living a life of AA there must be a concept of living with the conviction that I cannot ever take another drink and build from thereon. The price of wisdom is often bitter experience."

Anyone who thinks he's indispensable should stick his finger in a bowl of water and then notice the hole it leaves when he takes it out.

THE TENTH STEP

An automobile engine, once overhauled by a fine mechanic, cannot be expected to operate forever after without repairs. If the engine is allowed to run without care again, and with increasing loads, rattles and knocks are ignored until it finally breaks down — then a long and expensive repair job is again necessary. The wise man practices preventive maintenance; constant care and regular periodic check-ups, which assures **DEPENDABLE** service with no loss of time in the garage.

Men are much like cars in this respect: a **problem** once solved may not stay solved; repairs-do not-last forever, because of the bumps in the road, the mileage and wear and tear to which we are subject. So we must make this choice; we can allow the human machinery to **run** without rare until it breaks down again, and then lay it up for repairs in a penitentiary or hospital-or junk it in the cemetery or we can practice preventive maintenance that will assure us of a smooth-working lifetime of dependability.

This step is our preventive maintenance. We have already repaired our lives through taking inventory, admitting our defects, and trying to make amends. But the pressures are still with us, always wearing us down, so unless we continue to be alert and humble the old guilt and resentment and fear will speak up and knock our new way of life into a cocked hat.

The danger point is not years away- it is right now. A dangerous defect may pop out at any minute, and if allowed to grow unchecked it will soon smother out the good habits and right thinking we are trying to practice.

Tonight I will pause to review the day's doings, and I will probably find some trace of resentment or dishonesty of thought has been knocking on my door today. And I'll try to think of the right thing I should have done-or can still do -tomorrow I will practice it.

Take it easy,

—*Charles M., Ohio Pen Eye-Opener.*

THE LORD'S PRAYER

Ourfatherwhoartinheavenhallowedbethename — for theisthekingdomandthepowerandtheglorifyforeveramen — gotamatch?. Or do you say this most universal and greatest of all prayers slowly and thoughtfully, giving emphasis to each significant word? Like this: **OUR** Father-who art in Heaven-Hallowed be Thy Name-**THY** kingdom come-**THY** will be done on earth as it is in Heaven, etc. Try putting real meaning into each phrase of the prayer, whether you say it to yourself, in church or in an AA meeting. It is revealing and inspirational, too, to learn the meaning of the prayer to you by spending time in meditating on it. Try tonight, by taking ten minutes to say the prayer only once, stopping to reflect on each statement. Then try taking twenty minutes to go through the prayer. When you have done that you will probably never again rush through the Lord's Prayer mechanically. You will not be as casual or hurried in praying to God as you might be in talking to a next door neighbor.

I have often thought about the way we say the Lord's Prayer at the close of AA meetings. It often times seems like a form, that we rush through, seldom in unison. One night it struck me with great force that I had my mind on some of the most absurd things while repeating the Lord's Prayer. It startled me, causing me to do some serious thinking. The way I had been saying it was almost sacrilegious. Since that time I very seldom repeat the words. I get a much closer feeling if I close my eyes and say them with my heart. You can't feel that you are saying something in your heart without giving it your full concentration. As a result it has come to *mean* something to me. I especially like the phrase "THY will be done on earth as it is in Heaven. It brings the third step of our program very close, and gives me the feeling that God is going to take care of me and direct my life in the right channels, and regardless of how things look, whatever happens will be best for me.

—*Arid Pilgrim, Fort Worth, Texas.*

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER

BOWLING NOTES

The bowling season is about over. We venture to say that most of the bowlers who participated feel that their conception of the AA program was strengthened by the weekly contacts with other members. Bitter was the rivalry, but friendly was the contest. Newly inducted members were fortunate to have these contacts and probably attribute their routinized sobriety to having participated in the sport.

The only league with the champion still in doubt, is the **Eastside** league with six teams still capable of winning the gonfalon. The Jerks and the Chesters are tied for first with 77 points. Lee Road No. 1 is third with one less point. Arcade follows with 73, Superior No. 1 with 72 and Glenville No. 3 with 70. Truly a mighty exciting race.

Brooklyn lost ground since the last report in the Thursday **Westside** League. The lead has dropped to six points over Collinwood in second place.

In the Friday **Westside** early shift league, the **Lorain** Yanks still are away in front over **Fairview** No. 2. They lead by eleven points.

In the Friday west side late shift league, Clark No. 1 has a lead of 14 points over Brooklyn in second place.

MILES MEN MOVE

After many years of meeting in member Frank I.'s greenhouse on 414 East 116th Street, the Miles Men's group decided to move to more spacious quarters in St. Mary's Episcopal Church, 9719 Ramona Blvd. Their first meeting in the new location will be an open meeting and will be held on Monday, March 5, at 9 p.m.

The absence of perfume in the atmosphere shouldn't keep the loyal members from attending.

TRINITY EVENTS

Rex B. of Trinity announces the following panel of speakers for the month of May: 3 — Bill M. of **Doan** Men; 10 — Ray K., Lakewood; 17 — Mary R., **Westside** Women; 24 — Frank Q., Canton, Ohio; 31 — Roy E., Denison.

WOMEN ONLY

The **Eastside** Women's group will be host to a Consolidated meeting for *women alcoholics only* on Wednesday, May 14, at 8:30 p. m. They will meet in the group's quarters, First Unitarian Church, Euclid Avenue and East 82nd Street.

All women alcoholics of Cleveland and the surrounding area are cordially invited. Two well-known Toledo women, Lillian K. and Stella B., will be the speakers.

OPEN HOUSE ATTRACTS

The **Lakewood** Women's open house attracted many visitors of both sexes and were repaid by hearing Katherine K. tell in her own inimical way, her experiences in maintaining seven years of sobriety, the anniversary of which she was observing.

The entire collection of \$165.00 was turned over to the widow of Ed Williamson, the member of the Valley View group who passed away suddenly last month. Of this total, \$50.00 was contributed by Mrs. Levada S. of Strongsville.

MEMPHIS PANEL

The speakers for May at the Memphis Saturday night group are as follows: 3 — Bill T. of Lakewood; 10 — Mary L. F., of **Westside** Women; 17 — Eddie K. of Brooklyn; 24 — "Safe" C. of Newburg; 31 — Harry D. of Edgelake.

OUTHWAITE ANNIVERSARY

The very active and devoted Outhwaite group will observe its sixth anniversary on Sunday afternoon **May** 4th at 4:00 o'clock. The meeting will be conducted in the group's quarters at 7100 Kinsman Road.

The guest speaker will be William T. of Akron.

PAINESVILLE DANCE

The Painesville group's square dance, the entire proceeds of which will go to the Cleveland AA district office, will be held in the Painesville AA Hall, 33 N. State St., on Saturday, April 26.

Cost for everything will be one dollar per person.

INTER-GROUP DINNER

An inter-group banquet, sponsored by the Cleveland AA district office, will be served on Monday evening, May 12 at 7:00 in the Rainbow Room of Hotel Carter.

The speaker will be the Rev. Walter F. Tunks, D. D. of St. Paul's Episcopal Church, Akron? Ohio. Dr. Tunks, who holds a significant part in AA history was the pastor called sixteen years ago when Alcoholics Anonymous received its start.

A charge of five dollars per plate will be made for this affair. This banquet is the outgrowth of a dinner meeting held a year ago when a selected group of 25 known staunch friends of the Office met and generously gave \$1,040.00 toward the continuation of the Office operation.

Because of the success of this dinner, the Operating Committee of the Office is inaugurating an annual Inter-group Dinner and is inviting all AA members and their families to attend.

No request for contributions will be made at the banquet. Every cent over the actual cost of the meal will go toward the support of the District Office.

Preparations are being made to accommodate over 750 persons. Reservations should be made as soon as possible through your group secretary or the AA district office, 780 The Arcade.

TWELFTH ANNIVERSARY

Charlie S. of Brooklyn promises an attractive program when his Brooklyn group observes its twelfth anniversary on Friday evening, May 2 at 8:30. The event will not be held in the group's regular quarters, but in Trinity Ev. and Reformed Church, 3525 West 25th Street.

An organ recital beginning at 8:00 will precede the meeting at which four outstanding AA's will speak. They are Clarence S-t, Herschell H., Spencer I. and Henry S. Each have been assigned a particular phase of the AA program.

Refreshments will be served after the meeting in the social room.

Speakers following the anniversary meeting on Wednesday at the regular meeting place are: 'I-Stanley McG. of Superior; 14 -Joe K. of Brooklyn, (his fifth anniversary); 21—Larry O'C. of Arcade; 28-AA movies.

GIGGLES

"My good man," said the chronic meddler to the old Irishman who was building him a chicken coop, "why don't you stop drinking?"

"Sor," said Pat, "I haven't taken a dhrink in tin years." "Oh, come off," sneered the meddler, "you tell me that, when your nose is as red as fire?"

"'Yis," said Pat. "'Tis not the dhrink that makes that nose so red. 'Tis blushin wid pride because it attends to its ow n business."

-Chips, New Bern, N. c.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON—Westminster Church, Cor. Addison and Wade Park 8:30
BORTON—E. Cleye Congrega. Church Page and Euclid Avenue 8:30
LAKE SHORE—St. Luke's Parish, Clifton and Bunts Rd. 8:30
LAKEWOOD (Orchard Grove)—1417 St. Charles, nr. Detroit 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit 8:30
LEE MONDAY—First Presbyter. Church, East Cleveland, Nela and Euclid 8:30
LORAIN AVE.—West Park Baptist Church, 15218 Lorain Ave. 8:30
MARINE HOSPITAL—E. 124 & Fairhill. 7:30
MILES MEN'S—Stag Grow, St. Paul's Episcopal, 9719 Ramona Blvd. 9:00
PEARL—Corpus Christi Basement, 4202 Stickney (E. of Pearl Rd.) 8:30
ROWDY ROW—Salvation Army Corps Hall, 2042 W. 26th St. 8:00
SHAKER HEIGHTS—Christ Episcopal Church, 3451 Warrensville 8:30
SOUTH EAST GROUP—Holy Name Hall, 8328 Broadway 8:30
UNION—East View Cong. Church, Kinsman at E. 156th St. 9:00
WEST 25th St.—Marvel Hall, 2858 W. 25th St. 8:30
VERMILION, St. Mary's Church, Exchange St. 8:30
WILLOUGHBY—Presbyterian Church, Willoughby, O. 8:30
WOMEN'S—West Side—West Blvd. Christian, W. Blvd. & W. 101st Training Meeting (one hour) First Monday of each month 7:30

TUESDAY

ARCADIE—Central Y. M. C. A., East 22nd and Prospect Ave. 8:30
CHARITY—Last Tuesday of each month—Charity Hospital Nurses' Auditorium 8:30
CLARK—1917 Clark Ave. 8:30
CRILE HOSPITAL, Television Room 7:30
EAGLE TRAINING—Salvation Army, E. 9th and Eagle 8:00
EDGE LAKE—St. Charles Ave., Dinner at 7:00 p. m. Meeting at 8:30
EUCLID-WADE—Calvary Presbyterian Church, E. 79th and Euclid Ave. 9:00
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 8:30
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave. 8:30
FOREST HILLS MEN—Markad Motors, 13219 Superior Ave. 8:30
MILES-LEE—Mount Hope Church, MIDTOWN MIXED—5826 Cable Ave. 8:30
SMITH-WILSON—Nativity School, 9510 Aetna Road 8:30
SUPERIOR—North Presbyterian Church, F 40th and Superior 9:00
TAPCO—Post 4, 23555 Euclid, 2nd shift 1:00
TAPCO—Post 4, 23555 Euclid, 3rd shift 9:00
WEST PARK—West Park Baptist Church, W. 152nd and Lorain 8:30
WEST SIDE MEN'S—St. Patrick's Hall, Bridge at W. 38th St. 8:30
ASHTABULA COUNTY MEN—Room 4, Dorman Block Conneaut, O. 8:30
ELYRIA YOUNG PEOPLE—Junior Chamber of Com. Bldg., Harwood St. 9:00
ELYRIA—335 Columbus St. 8:30
LORAIN, O.—Community Hall, 23rd and Beech Sts. 8:00
MEDINA, O.—St. Paul's Enjs. Par. Hse. 8:30
PAINESVILLE, O.—Stag, 33 N. State St. 8:30
STRONGSVILLE—St. Joseph's Church, 10,000 Pearl Rd. 8:30

WEDNESDAY

ALCOLA—6409 Detroit Ave. 9:00
BAXTER AVE.—6527 Baxter Ave. 8:30
 (Polish language first Wed. each month)

BROOKLYN—K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30
COLLINWOOD—14709 St. Clair Ave. 8:30
DENISON MEN—7403 Denison Ave., (first Wednesday, joint meeting) ... 8:30
DOAN MEN'S—2028 E. 105th St., 2nd floor, side entrance 8:45
EAST SIDE MORNING—2028 E. 105th St. 10:00 A. M.
GARFIELD HEIGHTS—Trinity Baptist, E. 94th and Garfield Blvd. 8:30
LAKEWOOD WOMEN—United Presby. Church, 12601 Detroit Ave. 8:30
LEE ROAD—First Eng. Lutheran, Derbyshire and Euclid Hts. Blvd. 8:30
ST. JAMES—Ward's Convalescing Home, E. 71st and Cedar Ave. 8:15
TAPCO—Post 4, 23555 Euclid, 1st shift... 3:30
TWENTY-FOUR HOUR—Dove Restaurant, 15525 Detroit Ave. 8:30
WARRENSVILLE—Women's House Cor. 7:30
WOMEN'S—East Side—First Unitarian Church, Euclid and E. 82'd St. 8:30
BEDFORD, O.—Y.M.C.A., Tarbell Ave. 8:30
ELYRIA, O.—St. Andrew's Episcopal Church, Middle and Third 8:00
LORAIN, O.—ANTLERS—St. Mary's School, Reid Ave. 8:30
MIDTOWN—Matt Talbot Home, 5018 Prospect Ave. 8:30

THURSDAY

ALAN—1820 East 79th St. 8:30
ALJENDALE—St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
ANGLE—St. Malachi's Church, 2549 Washington Ave. 8:30
BROADWAY—55th—Our Lady of Lourdes School Hall 8:30
COVENTRY—Fairmount Presbyterian Chapel, Scarborough 8:30
EDDY ROAD—Glenville Congregational Church, Eddy and St. Clair 9:00
GLENVILLE—10421 St. Clair Ave. 8:30
LORAIN AVE.—West Park Baptist Church, 15218 Lorain Ave. 8:30
OUTHWAITE—Woodland Center, 7100 Kinsman Ave. 8:30
ROCKY RIVER—Rockport Methodist Church, 3310 Wooster Rd. 8:30
WEST SIDE—7403 Denison Ave. 10:30 A.M.
BEREA, O.—Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland 8:30
EAST LAKE—Vine and Campbell, Willoughby, O. 8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset 9:00
PAINESVILLE, O.—33 N. State, 3rd fl. 8:30
LORAIN COUNTY WOMEN—421 Broadway, Apt. 6 1:30
ST. ANTHONY—St. Anthony's School, Route 2 and 6, Lake Road, Lorain, O. 8:30

FRIDAY

ANSEL ROAD—St. Thomas Church, 92115 Superior Ave. 9:00
BROADWAY-HARVARD—8437 Broadway 8:30
CEDAR—Salvation Army, 2181 E. 55th St. 8:15
GORDON SQUARE—St. Helena's Hall, 1367 W. 65th St. 8:30
LEE ROAD—St. Philomena's Church, Instruction Hall, 13824 Euclid 9:00
NORTHEAST—2028 E. 105th St. 8:30
WESTSIDE YOUNG PEOPLE—St. Luke's Hall, Bunts and Clifton 9:00
AVON LAKE—Congregational Church, Lake Road, Stop 55 1/2 8:30
BEREA—Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS, O.—American Legion, E. Orange St. 8:30
CHARDON, O.—Thrasher House, Water St., Chardon, O. 8:30
CONNEAUT, O.—B. of I., E. Hall 8:30
EUCLID, O.—Holy Cross Church, E. 200th and Lake Shore Blvd. 8:30
LORAIN-AVON-AA Social Center, 700 Broadway 8:30

MENTOR, O.—Mentor blethodist Church 8:30
OBERLIN, O.—American Legion Home, S. Main and Hamilton 8:30
WICKLIFFE MEN—Lady of Mt. Carmel Hall, Wickliffe, O. 8:00

SATURDAY

BROADWAY MEN'S—St. John's Lutheran Church, Cable and Broadway 8:30
CATHEDRAL—(Stag) St. John's Cathedral, E. 9th and Superior 8:30
GLENVILLE—10421 St. Clair Ave. 9:00
HILLIARD—Central Y. M. C. A., E. 22nd and Prospect Ave. 9:00
LAKEWOOD—Sat. Nite-Redeemer Hall, Andrews, near Detroit 8:30
LEAGUE PARK—St. Agnes' School Hall, East 79th and Euclid Ave. 8:30
MATT TALBOT—St. Philip Neri Church, E. 82nd and St. Clair 8:30
MEMPHIS—Church of Good Shepherd, 8235 Memphis Ave. 9:00
PARMA—Public Library, 5850 Ridge Rd. 8:30
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
VALLEY VIEW—Community Center, West 7th and Starkweather 8:30
8005 GROUP—8005 Lorain Ave. 8:30
ASHTABULA, O.—K. of P. Hall, Elm Av 8:30
ELYRIA, O.—St. Andrew's Episcopal Church, Middle and Third 8:30
SOI Oh' O.—St. Rita's Church basement 9:00
TRINITY—Trinity Evangelical Church, 3525 W. 25th St. 8:30

SUNDAY

C. A. C. DISCUSSION—C. A. C. clubrooms, 7809 Euclid Avenue 10:45
COLLINWOOD—14709 St. Clair Ave. 7:30
DETROIT—Mixed—8023 Detroit Ave. 8:00
LAKEVIEW—CYO Hall, St. Aloysius Church, E. 109th and St. Clair 8:30
MARYMOUNT—2nd Sun. in month, Cafeteria, McCracken and Henry 2:30
MISTLETOE—MacGillis Home, 1560 Mistletoe at Wade Park 7:00
NEWBURGH—St. Catherine's Church, 3443 I 9:30 St. 8:30
OUTHWAITE—7100 Kinsman Ave. 4:00
WARRENSVILLE—66 Ey Farms Recreation Room 10:00 A. M.
GENEVA, O.—Legion Hall, Park St., corner of So. Eagle 7:30
HAMBDEN, O.—Hambden Grange Hall 8:00
LORAIN, O.—(Stag) AA Social Center, 700 Broadway 10:00 A. M.

LIST OF COOPERATING AA HOSPITALS

Alcoholics Abstinence Nursing Home (MW) Melrose 1-1635 8023 Detroit Ave
 Cleveland Alcoholic Clinic (MW) Express 1-8998 7809 Euclid Ave.
 Elmwood Sanitarium (M) Kenmore 1-2299 17322 Euclid Ave.
 Farquharson's (Tuxedo 5-1882) (M) 6037 Pearl MacGillis Nursing Home (MW) RA. 1-2356 1560 Mistletoe Dr. at Wade Pk
 Marymount Hospital (MW) VUlean 3-2310 12300 McCracken Rd.
 Pathway (Tyler 1-6698) (MW) 1635 E. 93rd

1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE—Hanna Building, Room 370 8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE—Hanna Building, Room 370 8:30

FOR AUTHORITATIVE AA INFORMATION
AA CLEVELAND DISTRICT OFFICE—Cherry 1-7387 780 The Arcade

FOR FIRST TIMERS ONLY
 Charity Hospital (MW) Main 1-9400 Central at E. 22nd St
 St. John's Hospital (M) Woodbine 1-5750 791 1 Detroit Ave
 (M) men only. (W) women only. (MW) men and women

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Official Publication of A A in the Cleveland Area

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Until the supply is gone, the pamphlet titled "God, the Devil and Me," can be purchased by writing to Central Bulletin, Box 6712, Cleveland 1, Ohio. Single copies will be mailed first class for ten cents. If purchased in quantities of twenty, they will be mailed parcel post at five cents each.

We consider this remarkable booklet by C. L. of Chicago, one of the most colorful and realistic portrayals of alcoholic behaviorism it has been our privilege to read. Get 'em while the limited supply lasts.

CENTRAL BULLETIN



Vol. X-No. 8

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May 1952

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15

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OUR MEMORIAL DAY

There was no Memorial Day for those dead soldiers. They deserved no honor. They had not been a credit to their country and they had died in vain. Nothing but trouble and heart aches came from their passing which was in no way a sacrifice on their part.

Not peace but turmoil followed in their wake. No land was liberated, no country made brighter or people made happier by the battle they fought. They were always losers. Their war's desolation was very real.

None of them ever came home from battle. No flags fluttered in their honor. Bands were missing and not a single civic dignitary ever made a speech or pronounced an eulogy on their behalf. No crowds gathered to cheer their efforts.

For thousands of us those dead soldiers are dead beyond recall. They are buried in the nameless cemeteries of city dumps among the broken glass, the tin cans and the ashes.

Yes, we should have put quotation marks around the "dead soldiers" we speak of, for they were mustered in pints and quarts and fifths.

In the war that they carried on we were the only casualties of any consequences. And how very many of us came near to being permanent casualties. There were others, too; the wounded of our families and friends and associates. In some ways they were worse hit than we were because we had developed a callousness! an immunity to natural human feelings, a shell, an insulation that made us mow and more impervious to the wounds we suffered or the wounds we inflicted.

Now that the fumes of this war have cleared away for those of us fortunate enough to find, with God's help, the way to peace of mind and decent living with those around us, we have a Memorial Day of our own. It is the day that we accepted, without reservations, the program of Alcoholics Anonymous.

To us they are, indeed, special occasions. They mark a turning point in our lives. Sometimes our brothers and sisters in A.A. generously make them pleasant with some form of remembrance. But we want no celebrations on these days. It is not adulation that we seek as the anniversary comes around. Nor is it reward in the form of speeches, dinners or presents.

Our Memorial Day is best celebrated in the heart. By a recollection-isn't that what memorial means?-of what it stands for in our life. The reward? No medal or praise could compare with the reward we already have received, the reward that came immediately when we found sobriety.

A comparison of our lives then and now is a helpful practice. This is the taking of personal inventory which forms a basic part of our victory. Conscientiously done, not just on our Memorial Day, but whenever we get in a mood, be it one of depression or one of elation to the point we blur over the real Author of our sobriety and gather too much credit to ourselves, it helps us keep our balance. It will be peace insurance against any return to that battle with the "dead soldiers." For us they will be dead forever.

CHEATING

There's nothing more despicable than a cheat. A cheat takes advantage of people who are accustomed to trust those whom they associate with, as they would want to be trusted themselves. Society is based on the assumption that everyone is trustworthy. It's when trust is abused several times by one or several that society arms itself with its most effective weapon-distrust of everyone until proven worthy of trust. Burned too often, it sometimes places everyone on probation.

This makes an ambiguous society. It exists on shaky foundations. Its attitude is artificial. Friendships are shallow and superficial--never complete and unreserved. People in it are restless, nervous, and of necessity, always on guard. Look around you, make an appraisal of your circle or circles. Do you trust them completely? Do they trust you completely?

How can this be changed? AA has one of the answers. In one of the Four Absolutes, "Honesty"-we individually can effect great changes in our immediate circle by elevating our own standards and accordingly better those of others. If integrity and trust would be OUR goal and we steadfastly maintain the course to that goal daily, we can't help but affect those with whom we associate and change their standards.

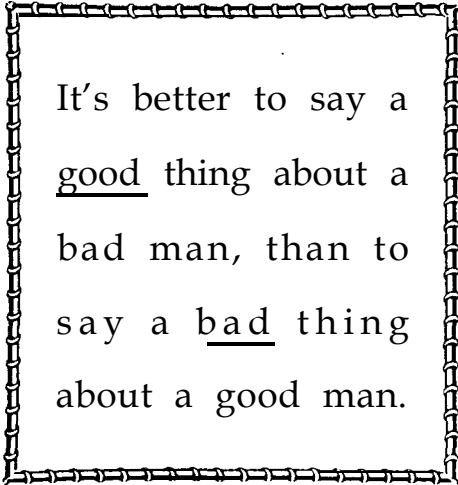
This brings us back to our opening sentence, "there's nothing more despicable than a cheat." We in AA have come to the knowledge that we are powerless over alcohol and that when we yielded to its wiles and promises of escape, we would become so embroiled in alibis, excuses and justifications, that reason and decency would depart. We damned ourselves. But, conversely, we would also damn society (our circle of friends) for forcing us to use humiliating subterfuges. Many times society would forgive our weakness in yielding--would understand it. But it will not forgive our pitiful attempts to lie. It's cheating.

We believe a cheat cheats himself to a greater extent than he cheats others. The only palliative he has is that he has seemingly outwitted those who trusted him. It feeds his vanity. Successful a couple of times he becomes more daring and then the rat-race returns. He becomes furtive, avoids people who would help him, skulking, and figuratively looking over his shoulder even before doing something normal. What a way to live!

Going out of town? To a wedding? On vacation? To the corner for a pack of cigarettes? To see a sick friend? To a wake? A clambake? Okay! Go! You are on your own and you're trusted. Come back able to look everybody straight in the eye!

Cheating on oneself brings on such a feeling of degradation in a person to cause it to actually affect his appearance. The greatest reward for continence to AA principles, Sobriety, with Honesty, Purity, Unselfishness and Love as a guide to higher achievement is our newly regained self-respect. Having that we can command the respect of others.

Then we will really begin to live.



It's better to say a good thing about a bad man, than to say a bad thing about a good man.

ANONYMITY

Even though the name of our movement expressly implies that the identity of members will not be disclosed to the public, there seems to be doubt or difference of opinion on the part of many as to how strictly the anonymity feature should be adhered to. It certainly is the right of one to tell whom he chooses that he himself is a member, but anonymity involves much more than the individual's own feeling in regard to himself. We quote from the group meeting page of the Grapevine: "Each member has the right, of course, to reveal that he himself is a member but he does not have the right to reveal that someone else is a member unless he knows surely that the latter has no objection, either." We must accept the fact that many intelligent persons look upon heavy drinking or the taking of drugs as a violation of the moral code, while we in AA look-upon them as a disease. Harm can be done in many quarters to an individual when it is made known that he has an alcoholic or drug history, even though he may be at present leading a life of sobriety and abstinence.

Professional men who earn their living by serving clients from the general public are unusually vulnerable to harm this way. There are some cases where AA's have managed to keep from relatives, friends or others whose esteem they value, that they have had a problem. It is unfair to them and to those who have been saved from the knowledge of the alcoholic's or addict's trouble that an open disclosure be made. While few alcoholics or addicts are fortunate enough to have kept the knowledge from their children, the children themselves hope that the facts are not too generally known outside the home. Anything resembling an announcement that father is an alcoholic or an addict could do great harm to the children. We rightly consider alcoholism and drug addiction as diseases and one is usually not ashamed of being the victim of a disease, but on the other hand there is no cause to feel proud of being afflicted or to expect that any of our fellow members are proud of the affliction.

When an individual member proclaims publicly his own membership he should be aware that he has taken on a new angle of responsibility to AA. He has set himself up as an example of AA and if he slips it is a reflection on AA. The effect may not be seriously harmful but it certainly does no good and we all desire to help rather than hurt the movement.

The most important reason for respecting anonymity has not yet been expressed. Here it is in another quotation from the Grapevine: "There is still greater value in anonymity than names. Anonymity has a great spiritual value. By preserving anonymity, principles are placed ahead of personalities. It is through anonymity that we renounce personal glorification and dedicate ourselves to the practice of modesty and humility."

The principle of anonymity is protection against the misuse of AA's good name for personal gain. In so far as it is preserved, it proves that AA practices what it preaches, and that individual members are really giving themselves and their experience without thought of material return or personal publicity. Anonymity is the foundation of genuine brotherhood moved by an honest desire to give, not take. It is proof of sincerity; it is consistent with the other principles of AA.

Finally, anonymity has probably done more than any other thing to gain AA its high public standing. The public would not respond to a band of self-seekers or personal ballyhoo promoters, as it has to AA. The world has too many self-promoters now. It welcomes and respects a group of people who show they are willing to forego personal gain and glory to preserve a principle.

-The Key, Lexington, Ky.

AKRON OBSERVES FOUNDING

The seventeenth anniversary of the founding of AA will be observed in Akron on Sunday, June 8 in Goodvean Theatre. The meeting will start at 2:30 p. m. Doors open at 1:30.

The speakers will be Norman B. of New York, Bill D. and Ethel M. of Akron.

BARBITURATE INTOXICATION

In 1948 the total production of barbiturates in the United States was 672,000 pounds, an amount roughly equivalent to 3,057,730,000 capsules or tablets or approximately 24 doses for each person in the United States. Acute intoxication with barbiturates accounts for about 25 per cent of all patients with acute poisoning admitted to general hospitals.

Barbiturates are addicting drugs. The same picture observed in addiction to narcotics, such as emotional dependence, is observed during the course of chronic barbiturate intoxication. In fact, addiction to barbiturates is far more serious than is morphine addiction. Addiction to morphine causes much less impairment of mental ability and emotional control and produces no motor incoordination (abnormal function of muscles, as staggering gait, etc.) Furthermore, such impairment as does occur becomes less as tolerance to morphine develops, and abstinence from morphine is much less dangerous than is abstinence from barbiturates.

The resemblance of barbiturate abstinence syndrome to alcoholic delirium tremens is very striking. In both conditions, weakness, tremors, inability to sleep, convulsions and a disturbance in mental functions are frequently observed. In both disorders the delirium is preceded by inability to sleep and tends to begin and to be worse at night. In both abstinence from barbiturates and in alcoholic delirium tremens the false impressions are mostly those that the individual imagines he hears or sees.

Some of the symptoms and signs found in chronic barbiturate intoxication are impairment, of mental ability, confusion, regression, emotional instability, tremors, loss of muscle tone, straggling gait or swaying when standing or sitting.

The characteristic chain of symptoms which follow the abrupt withdrawal of barbiturates from chronically intoxicated persons is as follows: After the increase of signs of the intoxication above described as the abstinence syndrome we have weakness, tremor, insomnia, great anxiety, loss of appetite, sickness at the stomach, and vomiting; rapid weight loss, increase in rate of pulse and breathing, convulsions similar to those of epilepsy. The delirium is characterized by anxiety, agitation, fever, loss of sleep, confusion, disorientation chiefly in place and time but not in person, false beliefs, and imaginary images and sounds.

Abrupt withdrawal of barbiturates from addicted persons is contraindicated. The only method of withdrawal which is known to be safe involves careful, slow reduction of the dosage of barbiturates. Following this, the treatment should consist of a long period of rehabilitation and psychiatric therapy.

The outlook of chronic barbiturate intoxication must always be guarded. The same tendency to relapse which is so characteristic of alcoholism and addiction to narcotics is present in addiction to barbiturates, so that recurrence is very likely in a large proportion of patients.

It is in this rehabilitative period that AA can and does prove its worth, if the person really wants to be helped. The AA program offers his group therapy with persons who have had similar troubles. AA further offers him a way of life that in itself if practiced will wean him away from his desires for further use of the agents of his downfall.

-The Key, Lexington, Ky.

CLEVELAND DAY

Cleveland Day will be observed at the Ohio Penitentiary AA prison group on Sunday, June 15th, and will honor the memory of Al Fry, Clevelander who was individually responsible for the starting of this group.

A Greyhound bus will transport the members who will make the trek. Reservations should be made at once through Joe F. at Potomac 1-9769. A call to the AA District Office, MAin 1-7387 will also do the trick.

No ladies-sorry. Time 12:30 p. m.

A man may, fall several times but he isn't a failure until he starts saying that somebody pushed him. The Key.

WORKHOUSE EXPERIMENT

At a very recent meeting of the Cleveland Welfare Federation's Committee on Problems of Alcohol, Mr. Serafini, in charge of the project in Warrensville of selective treatment for the chronic alcoholics, made his first report.

Established on October 15, 1951, Mr. Serafini started with three patients who were selected and referred to him by the Juvenile Court (2) and Municipal Court (1). Fifteen have been treated to this date. Because of the importance of this experiment, great care has been exercised in selecting the candidates who must come of their own volition.

The present plan of selection is to receive five each from the Municipal Court, the Juvenile Court and from present inmates whose records are screened.

Of the present inmates, 75 made inquiries, but few were willing or capable of making the great decision to find a way to live without alcohol. Some demanded special privileges, of course.

Fifteen beds have been provided in a 15 x 20 foot room in "Tower Dormitory." The "patients" receive no special diets. They eat their meals with other prisoners. Tower Hall will eventually house 50, for the second and third floor are reserved for the treatment. A library which contains full information on the problems of alcohol and alcoholism is in this section, with radio and lounge.

The patient receives medical and psychiatric treatment as well as AA contacts. These AA contacts are deemed invaluable for they provide the assurance of sustained interest after the patient is released upon completion of his ninety days in Tower Dormitory.

Up to April 30, there were twelve "graduates." Six, upon leaving, had active AA support. Five of these are making highly satisfactory progress. One failed. The other six did not indicate interest in AA. Five are back in the workhouse (not in the dormitory) and one is doing a good job. Of these latter five, one has been back three times, another twice and the other three once, proving again that without the AA atmosphere an alcoholic has a questionable chance of remaining out of trouble.

Mr. Serafini proudly read a letter from one of his graduates who departed for California upon receiving a \$28,000 bequest. He was released on February 16th, and the director was gravely concerned about what this man would do with his big cache. On May 12th he was gratified to receive this letter from the patient, informing him that he had been sober three months, was in business, happy and deeply grateful for what Cleveland had done for him.

The three-month "course" can be secured only through the specific direction of the courts mentioned. The screening committee is composed of six persons—two judges, a psychiatrist, an attorney, a doctor and a member of AA.

Complete willingness must be shown by the applicant. There is no coercion. Just like in AA, the patient must WANT to quit.

LEE ROAD - MONDAY

The Lee Road Monday group, meeting in the East Cleveland Presbyterian Church, Nela and Euclid will observe its 13th anniversary with Judge Jim C. as its speaker on Monday, June 13th at 8:30 p. m. Entertainment and lunch will follow. Other meetings in June, starting at nine o'clock however, will have the following speakers: 2—Larry A., Lake Shore; 9—Bill McE., Berea; 23—Harry R., Lee, Monday; 30—Brayton W., Solon. Ierman B., secretary, invites you.

TRINITY EVENTS

Speakers for June at Trinity are: ?—Howard and Gloria D. of Broadway-55th; 1&—Tony K., Smith-Wilson; I—James K., Angle; 28—Edward and Hilda H., Broadway-55th. Trinity is a good place to spend your Saturday nights.

GORDON SQUARE

June speakers at Gordon Square include: 6—Bill McG. f Newburgh; 13—Billy H., Newburgh; 20—Bill T., Memphis; 27—Earl S., Newburgh. Harry R. is secretary of the group and invites you.

INTER-GROUP DINNER

One of the finest affairs given under the auspices of AA members was the first Inter-group Dinner sponsored by the Cleveland AA District Office on Monday, May 12th at the Carter Hotel.

The sneaker was Rev. Walter F. Tunks, D.D. of Akron, who played a significant part in early AA history. His message thrilled every listener. It was a joyful sight to view the exalted faces of the large audiences as the Rev. Tunks spoke. A transcription of his talk was made and we urge everyone to hear it when it is offered.

Ed. H. of Shaker was an impressive M. C.

MEMPHIS SPEAKERS

Speakers for June at the Memphis group are: 7—Heber R. of Outhwaite; 14—Jack S., Denison; 21—John B., Cedar; 28—Carl G., Indianapolis, Ind. This Hoosier was a former Gordon Square member.

BROOKLYN

Speakers at Brooklyn for June start off with Stewart M. of Lakeview on the 4th; Ruth N., Newburgh, the 11th; Norman T., the 18th; Tony S., Ansel Road on the 25th. Charley S. will welcome you.

ELEVENTH ANNIVERSARY

The Union group will observe its eleventh anniversary on June 16th in Eastview Congregational Church, East 156th and Kinsman at 9 p. m. Speaker will be Clarence S.

MILES MEN

The Miles Men reveal that they are diplomats. Since they have organized they have been resolutely a stag group. Since they have changed their quarters to St. Mary's Church on 9719 Ramona Blvd., they have decided to share one of their meetings each month with the ladies!

The first Monday meeting of each month will be open to both sexes.

BOWLING NOTES

Final returns were received from only two of the foul or five leagues in the Cleveland area. We understand that the season is over for them all. Excellent group therapy, bowling leagues.

The Jerks were crowned champions in the Eastside league, winning over second place Lee Road No. 1 by one point. In third place are the Chesters, one point behind Lee Road. Throughout the season this league had an exciting battle.

As predicted, Brooklyn ran away from its nearest contender, Northeast No. 1, leading that team by 13 points. Collinwood was third. This was in the Thursday Westside league. Secretary F. led the pack in individual averages with 180.66 and in single game with 264. It's a poor secretary who can't place himself first.

I notice the Boss has written about cheats on the first page. Does he mean me? After all, I don't cheat as much as I used to. And then I only cheat on myself.

When you cheat on yourself, you cheat on others too—your friends and your boosters. It's selfish to cheat even on yourself, for you have no right to tear down the standards of society.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON—Westminster Church, Cor. Addison and Wade Park 8:30
 BORTON—E. Cleve. Congrega. Church Page and Euclid Avenue..... 8:30
 LAKE SHORE—St. Luke's Parish, Clifton and Bunts Rd. 8:30
 LAKEWOOD (Orchard Grove)—1417 St. Charles, nr. Detroit 8:30
 LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit 8:30
 LEE MONDAY—First Presbyter. Church, East Cleveland, Nela and Euclid 8:30
 LORAIN AVE.—West Park Baptist Church, 15218 Lorain Ave. 8:30
 MARINE HOSPITAL—E. 124 & Fairhill 7:30
 MILLS MEN'S—Stag Group, St. Mary's Episcopal, 9719 Ramona. 9:00 (first Mo. day, joint meeting)
 PEARL—Corpus Christi Basement, 4202 Stickney (E. of Pearl Rd.) 8:30
 ROWDY ROW—Salvation Army Corps Hall, 2042 W. 26th St 8:00
 SHAKER HEIGHTS—Christ Episcopal Church, 3451 Warrensville 8:30
 SOUTH EAST GROUP—Holy Name Hall, 8328 Broadway 8:30
 UNION—East View Cong. Church, Kinsman at E. 156th St. 9:00
 WEST 25th ST.—Marvel Hall, 2858 W. 25th St. 8:30
 VERMILLION, St. Mary's Church, Exchange St 8:30
 WILLOUGHBY—Presbyterian Church, Willoughby, O. 8:30
 WOMEN'S—West Side—West Blvd. Christian, W. Blvd. h W. 101st. Training Meeting (one hour) First Monday of each month 7:30

TUESDAY

ARCADE—Central Y. M. C. A., East 22nd and Prospect Ave. 8:30
 CHARITY—Last Tuesday of each month—Charity Hospital Nurses' Auditorium..... 8:30
 CLARK—1917 Clark Ave. 8:30
 CRILE HOSPITAL, Television Room 7:30
 EAGLE TRAINING—Salvation Army, E. 9th and Eagle 8:00
 EDGLAKE—1417 St. Charles Ave. Dinner at 7:00 p. m. Meeting at 8:30
 EUCLID-WADE—Calvary Presbyterian Church, E. 79th and Euclid Ave 9:00
 FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 8:30
 FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave 8:30
 FOREST HILLS MEN—Markad Motors, 13219 Superior Ave 8:30
 MILLS-IFE—Mount Hope Church, MIDDLETOWN MIXED-5826 Cable Ave..... 8:30
 E. 164th, north of Miles 8:30
 SMITH-WILSON—Nativity School, 95 IO Aetna Road 8:30
 SUPERIOR—North Presbyterian Church, F 40th and Superior 9:00
 TAPCO—Post 4, 23555 Euclid, 2nd shift 1:30
 TAPCO—Post 4, 23555 Euclid, 3rd shift, 9:00
 WEST PARK—West Park Baptist Church, W. 152nd and Lorain 8:30
 WEST SIDE MEN'S—St. Patrick's Hall, Bridge at W 38th St. 8:30
 ASHTABULA COUNTY MEN—Room 4, Dorman Block, Conneaut, O. 8:30
 ELYRJA YOUNG PEOPLE—Junior Chamber of Com. Bldg., Harwood St. . . 9:00
 ELYRJA-335 Columbus St. 8:30
 LORAIN, O.—Community Hall, 23rd and Beech Sts 8:00
 MFDISA, O.—St. Paul's Epis. Par. Hse. 8:30
 PAINESVILLE, O.—Stag, 33 N. State St. 8:30
 STRONGSVILLE—St. Joseph's Church, 10,000 Pearl Rd. 8:30

WEDNESDAY

ALCOLA—6409 Detroit Ave. 9:00
 BAXTER AVE.—6527 Baxter Ave. 8:30 (Polish language first Wed. each month)

BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30
 COLLINWOOD—14709 St. Clair Ave. 8:30
 DENISON HIEN-7403 Denison Ave., (first Wednesday, joint meeting) 8:30
 DOAN MEN'S—2028 E. 105th St., 2nd floor, side entrance 8:45
 EAST SIDE MORNING—2028 E. 105th St. 10:00 A.M.
 GARFIELD HEIGHTS—Trinity Baptist, E. 94th and Garfield Blvd 8:30
 LAKEWOOD WOMEN—United Presby. Church, 12601 Detroit Ave 8:30
 LEE ROAD—First Eng. Lutheran, Derbyshire and Euclid Hts. Blvd. 8:30
 ST. JAMES—Ward's Convalescing Home, E. 71st and Cedar Ave 8:15
 TAPCO—Post 4, 23555 Euclid, 1st shift... 3:30
 TWENTY-FOUR WOUR-Dove Restaurant, 15525 Detroit Ave 8:30
 WARRENSVILLE—Women's House Cor. 7:30
 WOMEN'S—East Side—First Unitarian Church, Euclid and E. 82nd St 8:30
 BEDFORD, O.—Y.M.C.A., Tarbell Ave 8:30
 ELYRJA, O.—St. Andrew's Episcopal Church, Middle and Third 8:00
 LORAIN, O.—ANTLERS—St. Mary's School, Reid Ave 8:30
 MIDDLETOWN—Matt Talbot Home, 5018 Prospect Ave. 8:30

THURSDAY

ALAN-1820 East 79th St. 8:30
 ALLENDALE—St. Paul's Episcopal Church, 15837 Euclid Ave 8:30
 ANGLE—St. Malachi's Church, 2549 Washington Ave. 8:30
 BROADWAY-55th—Our Lady of Lourdes School Hall 8:30
 COVENTRY—Fairmount Presbyterian Chapel, Scarborough 8:30
 EDDY ROAD—Glenview Congregational Church, Eddy and St. Clair 9:00
 GLENVILLE—10421 St. Clair Ave 8:30
 LORAIN AVE.—West Park Baptist Church, 15218 Lorain Ave. 8:30
 OUTHWAITE—Woodland Center, 7100 Kinsman Ave. 8:30
 ROCKY RIVER—Rockport Methodist Church, 3310 Wooster Rd. 8:30
 WEST SIDE-7403 Denison Ave. 10:30 A.M.
 BERA, O.—Fine Arts Club, E. Bagley Rd., 3 door, east of Eastland 8:30
 EAST LAKE—Vine and Combal, Willoughby, O. 8:30
 INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset 9:00
 PAINESVILLE, O.—33 N. State, 3rd fl. 8:30
 LORAIN COUNTY WOMEN—421 Broadway, Apt. 6 1:30
 ST. ANTHONY—St. Anthony's School, Route 2 and 6, Lake Road, Lorain, O. 8:30

FRIDAY

ANSEL ROAD—St. Thomas Church, 9205 Superior Ave 9:00
 BROADWAY-HARVARD—8437 Broadway 8:30
 CEDAR—Salvation Army, 2181 E. 55th 8:15
 GORDON SQUARE—St. Helena's Hall, 1367 W. 65th St. 8:30
 LEE ROAD—St. Philomena's Church, Instruction Hall, 13824 Euclid 9:00
 NORTHEAST-2028 E. 105th St. 8:30
 WESTSIDE YOUNG PEOPLE—St. Luke's Hall, Bunts and Clifton 9:00
 AVON LAKE—Congregational Church, Lake Road, Stop 55 1/2 8:30
 BERA—Social room of Berea Cong. Church, Seminary and Church 8:30
 CHAGRIN FALLS, O.—American Legion, E. Orange St. 8:30
 CHARDON, O.—Thrasher House, Water St., Chardon, O. 8:30
 CONNEAUT, O.—B. of L. E. Hall 8:30
 EUCLID, O.—Holy Cross Church, E. 200th and Lake Shore Blvd. 8:30
 LORAIN AVE.—Y.M.C.A. Social Center, 700 Broadway 8:30

MENTOR, O.—Mentor Methodist Church 8:30
 OBERLIN, O.—American Legion Home, S. Main and Hamilton 8:30
 WICKLIFFE MEN—Lady of Mt. Carmel Hall, Wickliffe, O. 8:00

SATURDAY

BROADWAY MEN'S—St. John's Lutheran Church, Cable at Broadway 8:30
 CATHEDRAL—(Stag) St. John's Cathedral, E. 9th and Superior 8:30
 CLENNVILLE-10421 St. Clair Ave 9:00
 HILLIARD—Central Y. M. C. A., E. 22nd and Prospect Ave 9:00
 LAKEWOOD—Sat. Nite—Redeemer Hall, Andrews, near Detroit 8:30
 LEAGUE PARK—St. Agnes School Hall, East 79th and Euclid Ave 8:30
 MATT TALBOT—St. Philip Neri Church, E. 82nd and St. Clair 8:30
 MEMPHIS—Church of Good Shepherd, 8235 Memphis Ave. 9:00
 PARMA—Public Library, 5850 Ridge Rd. 8:30
 REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
 VALLEY VIEW—Community Center, West 7th and Starkweather 8:30
 8005 GROUP—8005 Lorain Ave. 8:30
 ASHTABULA, O.—K. of P. Hall, Elm Av. 8:30
 ELYRIA, O.—St. Andrew's Episcopal Church, Middle and Third 8:30
 SOLOM, O.—St. Rita's Church basement 9:00
 TRINITY—Trinity Evangelical Church, 3525 W. 25th St. 8:30

SUNDAY

C. A. C. DISCUSSION—C. A. C. clubrooms, 7809 Euclid Avenue 10:45
 COLLINWOOD—14709 St. Clair Ave. 7:30
 DETROIT-Mixed-8023 Detroit Ave. 8:00
 LAKEVIEW-CYO Hall, St. Aloysius Church, E. 109th and St. Clair 8:30
 MARYMOUNT—2nd Sun. in month, Cafeteria, McCracken and Henry. 2:30
 MISTLETOE—MacGillis Home, 1560 Mistletoe at Wade Park 7:00
 NEWURCH—St. Catherine's Church, 3443 E. 93rd St. 8:30
 OUTHWAITE—7100 Kinsman Ave 4:00
 WARRENSVILLE—Cooley Farms Recreation Room 10:00 A. M.
 GENEVA, O.—Legion Hall, Park St., corner of SO, Eagle 7:30
 HAMBDEN, O.—Hambden Grange Hall 8:00
 LORAIN, O.—(Stag) AA Social Center, 700 Broadway 10:00 A. M.

LIST OF COOPERATING AA HOSPITALS
 Alcoholics Abstinence Nursing Home (MW) MEIrose 1-1635 8023 Detroit Ave
 Cleveland Alcoholic Clinic (MW) EXPRESS 1.8998 7809 Euclid Ave.
 Elmwood Sanitarium (M) Kenmore J-2299 17322 Euclid Ave.
 Farquharson's (Tuxedo S-1882) (M) 6037 Pearl
 MacGillis Nursing Home (MW) RA. 1-2556 1560 Mistletoe Dr. at Wade Pk
 Marymount Hospital (MW) Vulcan 3.2310 12300 McCracken Rd.
 Pathway (Tyler 1-6698) (MW) 1635 E. 93rd

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE—Hanna Building, Room 370 8:30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE—Hanna Building, Room 370 8:30

FOR AUTHORITATIVE AA INFORMATION
 AA CLEVELAND DISTRICT OFFICE—CHerry 1-7387 780 The Arcade

FOR FIRST TIMERS ONLY

Charity Hospital (MW) Main 1-9400 Central at E. 22nd St
 St. John's Hospital (M) Woodbine 1-5750 7911 Detroit Ave
 (M), men only. (W), women only. (MW) men and women

GIGGLES

One evening a young matron was returning from a First Aid class, and she came upon a man sprawled face down on a darkened side street.

"Ah!" thought the young lady, "Providence has led me hither to minister to this poor unfortunate." Parking her car nearby, she rushed over and began artificial respiration. Presently the man stirred, looked up, and speaking with difficulty, said "Lemme alone, lady! I'm holding a lantern for a guy working down in this man-hole. I ain't sure what you're up to, lady, but this ain't the time or the place."

Subscription Blank for Central Bulletin

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CENTRAL BULLETIN

UNSELFISHNESS • HONESTY
PURITY • LOVE
A.A.

Vol. X-No. 9

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June 1952

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15

TEN CENTS PER COPIES

WHO'S TO BLAME?

My friend decided to get drunk. He knew he hadn't orta' but-well **damit** he had been in AA for over two years and the old lady still didn't appreciate it.

Grumble, grumble, grumble. That gal must have been born with the bellyache. And here he was making this tremendous sacrifice-staying sober. She just didn't know when she was well off. Instead of giving a guy a pat on the back once in a while and at least trying to understand what an outstanding hero he **was**, all she did was yap, yap, yap.

Yakkity-yakkity-yak. It got so bad he finally let her have the Sunday punch, the kayo. "Well at least I'm bringin' home the groceries and that's a d . . . sight more than your old man ever did"-but she rolled with the punch and came back with a few choice morsels concerning his ancestry, particularly on the distaff side.

That was it! That was it! No ungrateful slattern could talk to him like that. He'd show her! She'd find out what the score was! Yes sir, he'd go out and get drunk! She's be sorry when she saw what a mess he could really be!

So he got out the bank book. Why there was over \$400! My gosh, he didn't realize he had saved that much in two years. It was the first time in his life he had ever had a balance. Before he was usually as lean as a greyhound trying to beat his checks to the bank. He had had so many bounce the bookkeeper thought his initials were "N.S.F."

He kinda hated to do it, but ye Gods, how much could a man take? He tossed a few duds into a suitcase, rolled out the jalopy, and took off. Everytime the motor turned over his temperature went up 10 degrees.

He came to Willoughby and drove slowly through the town. Nope. He didn't see a joint there that appealed to him. So on to Painesville. Still no soap. Mentor, Geneva, Ashtabula and Conneaut-same thing.

He finally wound up in Erie. He was still hotter than a tropical storm-but still dry. He pulled over to the curb and took out his bank book. As he thumbed the pages he noted how his balance had accumulated. First an occasional fin. Then quite regularly. After a while there were a few tens-then some twenties and recently a couple of fifties. As he sat there thinking over his troubles he asked himself, "Do I really want to get drunk?" He decided he didn't.

With this he turned around and headed for home, but he wanted it understood he wouldn't take any more guff from that biddy of his. He hadn't got drunk, but let her open her big trap once more-yes, just once more-and by the eternal Gods she'd be gumming it the rest of her life. Yes sir! he'd knock every tooth out of her ungrateful, unappreciative head.

It was late afternoon when my friend arrived in the vicinity of his home. He didn't want to spend the rest of the evening with that disgruntled hag. What could he do? Well he guessed he might as well go to a meeting.

(Continued on page two)

A LESSON

We have heard many alibis and excuses given by former members who held the AA plan of living too lightly, who went out only to learn another more bitter lesson, but the newest one warrants space in this column.

Five persons in one week blamed it on television!

Alcoholics are reputed to be the greatest inventors of alibis and excuses in the judgment of psychiatrists and students of alcoholism. It is generally agreed that alcohol shouldn't be credited with being the stimulant which makes the mind more active. On the contrary it is an accepted fact that alcohol is a depressant-a stupifier.

It is a generally accepted opinion that persons most affected by the ravaging effects of over-indulgence are generally intelligent, highly imaginative, quick thinkers, and are usually persuasive talkers.

But let's get back to this new excuse-blaming their drinking on television.

One of these babies had accomplished wonders in four years. We witnessed his fight from skid row, watched his dogged determination to reestablish himself in the area where his name was mud. It seemed impossible for him to regain even a measure of trust and respect from the people whom he had victimized many, many times over a long period of years.

He did it though. He owed a staggering sum of money. The job he took was a lowly one paying a meager return. But he saved most of it, and one by one, week by week, he made reparation. Even those he paid weren't too impressed. One remarked to us "He's done that before. How long

will this one last?" Another said "Wait until he gets in the big money again-he's a faker and I simply can't ever believe him."

We felt sorry for him and encouraged him to rise above this lack of faith and trust of which he couldn't help being conscious. On and on he went and gradually, grudgingly, people's attitudes toward him changed. He was a model of humility and kindness and never was abusive.

His fortunes changed. After two years of degradingly menial work he got his old job back-on a temporary basis-until he proved himself. This he did, spectacularly. It wasn't long before his debts were cleared. He began buying needed things for the house. He bought a television set-truly a symbol of success for him.

But this set was his downfall. Like the endless drip of water which wore out the enamel in the sink, the respect for the potency of alcohol was lost to him when the alluring beer ads were flashed with endless repetition. Beer was made so much a natural part of living. He forgot what he was told in AA-beer leads to whiskey.

Of course he missed meetings. The television programs were more interesting.

Well, he's trying again. He lost his job. He's still got his family. Owes rent. He's lost faith in himself. They still have the television set.

Has he learned his lesson? We dunno.

Some Minds are
like concrete . . .
all mixed up and
permanently set.

WHO'S TO BLAME?

(Continued from page one)

It would help pass away the time and, besides, the longer he stayed away the **more** she would worry.

He selected a group near by and drove over. He kibbitzed with the boys a while-jolly fellow, good guy and all **that** stuff you know-then the meeting opened. After the usual qualifying, the speaker said, "I know you folks are all good AA's while attending meetings, but how about **other places—how** is it at home?"

My friend-almost fell off his chair. "Jeepers-has that woman been talking to this guy too?", he mumbled under his breath.

The speaker went on—"Take that last quarrel you had. What started it? Whose fault was it? If at any time you were **wrong** did **YOU** promptly admit it? Did you take that **inventory to see** whether you might have been to blame?"

My friend slowly lifted his gaze from the floor-he hadn't wanted the speaker to catch his eye. Suddenly it dawned upon him that the speaker had touched the core of his whole problem. Out of the corner of his mouth, he whispered to his neighbor, "This guy's been **readin'** my mail." The neighbor nudged him and said sheepishly, "**Mine** too." Both smiled **wanly** at each other.

The speaker continued on to the twelfth step—about practicing these principles in our daily affairs-and my friend began to sense a change in himself. When the meeting **ended** he was feeling really good-he wasn't "mad at nobody". In fact, he had a great urge to hurry home-which he did.

His wife looked up in consternation as he burst into the house with a **big** grin on his kisser. She thought, "Egad, he's done it! He's higher than a Swiss yodel!" He walked across the room, took her by the hands and lifted her to her feet. "Remember that fight we had?" he asked. Still confused and bewildered the wife said, "So-what about it?"

"Well-it was all my fault," he said. "I was wrong, please forgive me."

The poor bedevilled woman inhaled deeply. There was no trace of alcohol on his breath. She collapsed into her chair.

"Heaven preserve us!" she cried. "He's not drunk -- he's nuts!"

It took him some time to convince her he was sober and sane. But when they turned out the lights that night her pillow, once more, was snuggled close to his.

That was just five years ago. Since then there hasn't been a **serious quarrel** between them. My friend took to heart the lesson he had learned and "practices these principles in his daily affairs." He has done pretty well too. Just had another promotion a few days ago. The boys around the table are **glad** to see him because he's really good company, and to-this day he hasn't taken that drink

Yet. **Things** have certainly changed since my friend decided-not to get drunk.

-Hershel H., *subbing for Spencer I.*

BULLETIN SUBSCRIPTIONS LAG

We hate to mention this, but our keeper of the mailing lists tells us that there is a disturbing difference between subscriptions (including renewals) and expirations. For months **they** have just about balanced, but **with** warm weather coming along, our members seem to procrastinate more.

From this end it seems so easy to renew a subscription. The month it expires we enclose a card already addressed and an envelope. All you have to do it to glance at the card to check its accuracy, alter it if you must, enclose a dollar with the card in the envelope, attach a stamp and you're set for a year. If you don't, we must repeat the process at our end twice and then regretfully remove your stencil from the active file. This hurts.

With the cost of **permit mailing** going up 50 per cent, next month we'll need more **subscribers**. We want to keep the m-ice at a dollar. You can help by responding with you; own renewal and getting **another** subscriber. The additional cost for postage represents over 100 subscriptions.

AA HAVEN IN CANADA

We spent a most enjoyable short vacation at Camp Ouendake (pronounced Wendakee) in Honey Harbour, Georgian Bay last year. Many Ohioans experienced the same pleasure that we did. We are spending a longer time there this year. Going next week.

Camp Ouendake is situated on a small island in lower Georgian Bay, about two hours drive north of Toronto. It is almost entirely devoid of vegetation, being a mass of granite **boulders**. You've got to be as sure-footed as a mountain-goat to cover the terrain unless you provide yourself with gym-shoes or rubber soled footwear.

It is operated on a non-profit basis for alcoholics. Married couples as well as single persons are made welcome. The food is plain but wholesome. The cottages and dormitories are clean and comfortable. The rates are but five dollars a day per person. Individual cabins are available at special rates.

There is a refined atmosphere-no rowdyism—absolutely no drinking. All you can do for fun is swim, fish, go boating, eat, talk and sleep-and we do mean sleep! Lights are out at eleven and the silence is terrific! We certainly recommend it.

For reservations write Charles Stevenson, P.O. Box 85, Honey Harbour, Ontario, Canada. Phone Grise's Store, Honey Harbour, 22-R.

THE WOMAN ALCOHOLIC

We all know alcohol is no respecter of **men, women, colour, creed or race**. But have any of us yet realized how the drunken woman *is* looked upon. I think it can be safely said that the sight of a drunken man wherever he may be, is often a sight that provokes laughter. One hears it said, "Well, he is nice and happy," or "Old So and So is having a jolly good spree," or, as he staggers along singing passers-by will smile or laugh outright. But a woman under the influence of liquor is usually looked upon as a very degrading sight and is seldom if ever joked about. She is shunned and made to feel utterly degraded, and loses her friends far more quickly than a man. A man's pals will rally round for a while and laugh and joke about the night before. Why humanity puts across this extra stigma towards the woman is not hard to understand, as almost throughout her life the woman suffers --or in other words-the woman pays. Then there is the fact that she may be a mother, or will one day become one, and there is no doubt that from this factor alone, her condition of being under the influence of liquor calls forth this blame and extra stigma.

Therefore, when a woman comes to AA for the first time she has done a grander thing and has shown even more courage in taking the step, than the man, because of this attitude toward her sex. Yet we of AA and I sincerely trust in the very near future EVERYBODY will know that alcoholism is a disease and women are just as susceptible to it as their opposite numbers. Therefore there should not be this extra stigma for her. As soon as she realizes this she will know that at last she is on an equal footing with her fellow men and will have the same equal chances of recovery that the AA program offers, if she sincerely and honestly wishes to stop drinking.

So give a little extra helping hand to us, the weaker sex. We do need it, as things are, especially the very new members. Remember friends, and I do mean friends, very real ones that I have found since joining AA, that is just my own point of view, but I do think it will be accepted as the general rule applying to women who cannot control their drinking.

-from a lady AA in Durban,
in South Africa, via The Tendril,
via Brighter Side, Waterloo, Iowa.

CLEVELAND DAY

A chartered bus filled with Clevelanders and a number of private cars transported 82 to Columbus to observe Cleveland Day at the State prison. Several Clevelanders and several inmates were the speakers at the prison AA Fellowship meeting.

Since they started several years ago, 700 inmates have passed through the group. They now have 435 members. Marvelous!

I MUST GO SHOPPING

One of these days I must go shopping. I am completely out of self respect.

I want to exchange some self righteousness I picked up the other day for some humility which they say is less expensive and wears better.

I want to look at some tolerance, which is being used for wraps this season.

Someone showed me some pretty samples of peace—we are a little low on that—and one can never have too much of it.

And, by the way, I must try to match some patience that my neighbor wears. It is very becoming to her, and I think it might look good on me.

I might try on that little garment of long suffering they are displaying. I never thought I wanted to wear it, but I feel myself coming to it.

Also I must not forget to have my sense of appreciation mended, and look around for some inexpensive everyday goodness. It is surprising how quickly one's stock of goodness is depleted.

—Selected by Herb J., Independence.

WE GET ANGRY

People usually get angry when they are about to slip. That's their excuse for it. If you are right, and know that you are right, you can afford to take things easy and not waste energy and lose peace of mind.

I am often amused at two people in an angry argument. I am amused at myself for being caught thus at times. I think it over and am ashamed, and resolve that I shall not be caught again. An angry argument between two human beings always makes me think of the rumpus of two dogs, snarling and snapping at each other, and I wonder why it is that dignified people bark at each other.

After we have spent our anger, and things have smoothed themselves out, we always regret that we didn't have more control, for though we may have won or lost, a certain amount of bitterness is left behind—and that is something that is difficult to bury or forget. Why get angry ?

—George Matthew Adams.

INTER-GROUP DINNER REPORT

The first Inter-group Dinner sponsored by the Cleveland AA District Office brought a total sum of \$1,425.00 with an additional sum of \$735.00 in pledges, making a net total of \$2,160.00 when all pledges are paid.

The office is grateful for the splendid response. Continued and sustained support must be given by the groups to keep the office open and functioning. The annual budget for rent, salaries and incidental expenses is nearly \$11,000 per year. WC must never overlook this vital service obligation.

NEW SPOT FOR CONSOLIDATED

No more will we meet in the Towne Club for the building has been acquired by the expanding Lutheran High School. Arrangements have been made with Moose Hall, E. 22nd and Carnegie. They have a fine large auditorium and excellent parking facilities. The first Fall Consolidated meeting will be held there on Sunday, October 19.

BROOKLYN

The scheduled speakers at Brooklyn for July are: 2—Elmer P., West Park; 9—John F., Shaker; 16—Judge Jim C., Arcade; 23—Jerry W., Brooklyn (his 7th anniversary) ; 30—Kenny J., Brooklyn, (his 9th anniversary). Charley S. and his group will be glad to see you.

GROUP CHANGES

The Lakewood Twenty-Four Hour Group now meets in the Church of the Ascension, 13216 Detroit Ave., opposite Grace Ave., on Wednesday evenings at 8:30. The new secretary is Harley S. W.

The East Lake group now meets in Bethel Lutheran Church, 32400 Vine St., Eastlake, Ohio. They meet every Thursday at 8:30 p. m.

PICNICS

All groups are invited to attend the annual picnic sponsored by the Euclid-Wade group on Sunday, July 13 at Wiegand's Lake, Russell Center, Ohio.

This engaging spot is located on Route 8'7 (Kinsman Road) and is about 1½ miles east of Chillicothe Road. There are plenty of picnic tables and outdoor fireplaces. You can swim and there will be games for young and old. Dancing too.

And it's all for free, the committee says.

Glenville's annual picnic will be held in Streicher's Grove, Highland Road on Sunday, August 3. Members of all groups and their families are also invited to attend. More details on this affair will be given in next month's Central Bulletin. Call GLenville 1-7662 if you can't wait for the Bulletin.

YOUNG PEOPLE'S GROUP FORMED

A new group, titled Brooklyn Y. P. group will hold its first meeting on Thursday, July 10 in Brooklyn U. P. Church, Spokane and Pearl Avenue, at 9 p. m. The first speaker will be Harry D. of Edgelake.

One of the initiators is Neil C., of Memphis and the first secretary is Danny S. They believe that this area has great potentials for a live, active group.

MEMPHIS CALENDAR

Katherine K. of Lakewood Women speaks for the Memphis group on July 5; Dean and Molly H., of Gordon Square on the 12th; Bob S. of Westside Men, the 19th; Bill M., of Doan Men on the 26th. Each of these speakers have had broad experience and are worthy of big audiences.

BORTON SHOWS MOVIES

The Borton group will have a special attraction at its regular meeting, Monday, July 14. Emerson H. of Glenville will show movies on alcoholism and drug addiction and the AA approach. These pictures are both interesting and educational. Visitors are cordially invited.

TRINITY EVENTS

Big doings are scheduled for visitors to Trinity meetings in July. "All of the speakers have contributed greatly to Cleveland's AA growth and will be worth hearing" writes Rex B., chairman.

On July 5, Jerry R. of Gordon Square; July 12, a four star panel, consisting of Harold S., Arcade; Herschel H., Parma; Corny V., Lee Wednesday, and Harry D., Edgelake. Harry will also act as moderator. On July 19, Thomas McG., Edgelake; July 26, Kenny J. and Alberta A., of Brooklyn.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church. 8:30
BORTON-E. Cleve. Congrega. Church 8:30
LAKE SHORE-St. Luke's Parish. 8:30
LAKEWOOD (Orchard Grove)- 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal, 8:30
LEE MONDAY-First Presbyter. Church. 8:30
LORAIN AVE.-West Park Baptist Church. 8:30
MARINE HOSPITAL-E. 124 & Fairhill. 7:30
MILES MEN'S-Stag Group 9:00
PEARL-Corpus Christi Basement. 8:30
ROWDY ROW-Salvation Army Corps Hall, 8:00
SHAKER HEIGHTS-Christ Episcopal Church. 8:30
SOUTH EAST GROUP-Holy Name Hall. 8:30
UNION-East View Cong. Church. 9:00
WEST 25th ST--Marvel Hall, 8:30
VERMILLION, St. Mary's Church. Exchange St. 8:30
WILLOUGHBY- Presbyterian Church, 8:30
WOMEN'S-West Side-West Blvd. 8:30

TUESDAY

ARCADE-Central Y. M. C. A., East 22nd and Prospect Ave 8:30
CHARITY-Last Tuesday of each month- 8:30
CLARK-1917 Clark Ave. 8:30
CRILE HOSPITAL. Television Room 7:30
EAGLE TRAINING-Salvation Army, 8:00
EDGELAKE- St. Charles Ave. 8:30
EUCLID-WADE-Calvary Presbyterian Church, E. 79th and Euclid Ave 9:00
FAIRMOUNT-St. Paul's Episcopal, 8:30
FAIRVIEW PARK-Fairview Grace Church, W. 224th and Lorain Ave. 8:30
FOREST HILLS MEN-Markad Motors, 8:30
MIDTOWN MIXED-5826 Cable Ave. 8:30
MILES-LEE-Mount Hope Church, 8:30
SMITH-WILSON-Nativity School, 8:30
SUPERIOR-North Presbyterian Church, 9:00
TAPCO-Port 4, 23555 Euclid, 2nd shift. 1:00
TARCO-Port 4, 23555 Euclid, 3rd shift. 9:00
WEST PARK-West Park Baptist Church, 8:30
WEST SIDE MEN'S-St. Patrick's Hall, 8:30
ASHTABULA COUNTY MEN-Room 4, Dorman Block, Conneaut, O. 8:30
ELYRIA YOUNG PEOPLE-Junior Chamber off Comm. Bldg., Harwood St. 9:00
ELYRIA-335 Columbus St. 8:30
LORAIN, O.-Community Hall, 8:00
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
PAINESVILLE, O.-Stag, 333 N. State St. 8:30
STROGVILLE-St. Joseph's Church, 8:30

WEDNESDAY

ALCOLA-6409 Detroit Ave. 9:00
BAXTER AVE.-6527 Baxter Ave. 8:30
(Polish language first Wed. each month)

BROOKLYN-K. of P. Hall, 8:30
COLLINWOOD-14709 St. Clair Ave. 8:30
DENISON MEN-7403 Denison Ave., 8:30
DOAN MEN'S-2028 E. 105th St., 8:30
EAST SIDE MORNING- 10:00 A.M.
GARFIELD HEIGHTS-Trinity Baptist, 8:30
LAKEWOOD WOMEN-United Presby., 8:30
LEE ROAD-First Eng. Lutheran, 8:30
ST. TAMES-Ward's Convalscent Home, 8:15
TAPCO-Post 4, 23555 Euclid, 1st shift. 3:30
TWENTY-FOUR HOUR-13216 Detroit, 8:30
WARRENSVILLE-Women's House Cor., 7:30
WOMEN'S-East Side-First Unitarian Church, Euclid and E. 82nd St. 8:30
BEDFORD, O.-Y.M.C.A., Tarbell Ave. 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:00
LORAIN, O.-ANTLERS-St. Mary's School, Reid Ave 8:30

THURSDAY

ALAN-1820 East 79th St. 8:30
ALL-ENDALE-St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
ANGELIC-St. Malachi's Church, 2549 W. Washington Ave. 8:30
BROADWAY-55th-Our Lady of Lourdes School Hall 8:30
BROOKLYN Y. P.-United Presbyterian, Spokane and Pearl 9:00
COVENTRY-Fairmount Presbyterian Chapel, Scarborough 8:30
EDDY ROAD-Glenville Congregational Church, Eddy and St. Clair 9:00
GLENVILLE-10421 St. Clair Ave. 8:30
LORAIN AVE.-West Park Baptist Church, 15218 Lorain Ave. 8:30
OUTHWAITE-Woodland Center, 7100 Kinsman Ave. 8:30
ROCKY RIVER-Rockport Methodist Church, 3310 Wooster Rd. 8:30
WEST SIDE-7403 Denison Ave. 10:30 A.M.
BEREA, O.-Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland 8:30
EAST LAKE-I Bethel Lutheran Church, 32400 Vine Street 8:30
INDEPENDENCE, O.-St. John's Lutheran Hall, Second and Sunset 9:00
PAINESVILLE, O.-33 N. State, 3rd fl. 8:30
LORAIN COUNTY WOMEN- 421 Broadway, Apt. 6 1:30
ST. ANTHONY-St. Anthony's School, Route 2 and 6, Lake Road, Lorain, O. 8:30

FRIDAY

ANSEL ROAD-St. Thomas Church, 9205 Superior Ave. 9:00
BROADWAY-HARVARD-8437 Broadway 8:30
CEDAR-Salvation Army, 2181 E. 55th. 8:15
GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St. 8:30
LEE ROAD-& Philomena's Church, Instruction Hall, 13824 Euclid 9:00
NORTHEAST-2028 E. 105th St. 8:30
WESTSIDE YOUNG PEOPLE-St. Luke's Hall, Bunts and Clifton 9:00
AVON LAKE-Congregational Church, Lake Road, Stop 551/2 8:30
BEREA-Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS, O.-American Legion, E. Orange St. 8:30
CHARDON, O.-Thrasher House, Water St., Chardon, O. 8:30
CONNEAUT, O.-B. of L. E. Hall 8:30
EUCLID, O.-Holy Cross Church, E. 200th and Lake Shore Blvd 8:30
LORAIN-AVON-AA Social Center, 700 Broadway 8:30
MENTOR, O.-Mentor Methodist Church 8:30

OBERLIN, O.-American Legion Home, S. Main and Hamilton. 8:30
WICKLIFFE MEN-Lady of Mt. Carmel Hall, Wickliffe, O. 8:00

SATURDAY

BROADWAY MEN'S-St. John's Lutheran Church, Cable at Broadway 8:30
CATHEDRAL-(Stag) St. John's Cathedral, E. 9th and Superior 8:30
GLENVILLE-10421 St. Clair Ave. 9:00
HILLIARD-Central Y. M. C. A., E. 22nd and Prospect Ave. 9:00
LAKEWOOD-Sat. Nite-Redeemer Hall, Andrew, near Detroit 8:30
LEAGUE PARK-St. Agnes School Hall, East 79th and Euclid Ave. 8:30
MATT TALBOT-St. Philip Neri Church, E. 82nd and St. Clair 8:30
MEMPHIS-Church of Good Shepherd, 8235 Memphis Ave. 9:00
PARMA-Public Library, 5850 Ridge Rd. 8:30
REDWOOD-Euclid Lutheran Church, E. 260th and Oriole 8:30
VALLEY VIEW-Community Center, West 7th and Starkweather 8:30
8005 GROUP-8005 Lorain Ave. 8:30
ASHTARULA, O.-K. of P. Hall, Elm Av. 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:30
SOION, O.-St. Rita's Church basement 9:00
TRINITY-Trinity Evangelical Church, 3525 W. 25th St. 8:30

SUNDAY

C. A. C. DISCUSSION-C. A. C. clubrooms, 7809 Euclid Avenue. 10:45
COLLINWOOD-14709 St. Clair Ave. 7:30
DETROIT-Mixed-8023 Detroit Ave. 8:00
LAKEVIEW-CYO Hall, St. Aloysius Church, E. 109th and St. Clair 8:30
MARYMOUNT-2nd Sun. in month, Cafeteria, McCracken and Henry 2:30
MISTLETOE-MacGillis Home, 1560 Mistletoe at Wade Park 7:00
NEWBURGH-St. Catherine's Church, 3443 E. 93rd St. 8:30
OUTHWAITE-7100 Kinsman Ave. 4:00
WARRENSVILLE-Cooley Farms Recreation Room 10:00 A.M.
GENEVA, O.-Legion Hall, Park St., corner of S. Eagle 7:30
HAMBDEN, O.-Hamden Grange Hall. 8:00
LORAIN, O.-Stag AA Social Center, 700 Broadway 10:00 A.M.

LIST OF COOPERATING AA HOSPITALS

Alcoholics Abstinence Nursing Home (MW) Melrose 1-1635 8023 Detroit Ave
Cleveland Alcoholic Clinic (MW) Express 1-8998 7809 Euclid Ave.
Elmwood Sanitarium (M) Kenmore 1-2299 17322 Euclid Ave.
Farquharson's (Tuxedo S-1882) (M), 6037 Pearl MacGillis Nursing Home (MW) RA. 1-2556 1560 Mistletoe Dr. at Wade Pk
Marymount Hospital (MW) Vulcan 3-2310 12300 McCracken Rd.
Pathway (Tyler 1-6698) (MW) 1-1635 E. 93rd

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE-Hanna Building, Room 370 8:30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE-Hanna Building, Room 370 8:30

FOR AUTHORITATIVE AA INFORMATION AA CLEVELAND DISTRICT OFFICE-Cherry 1-7387 780 The Arcade

FOR FIRST TIMERS ONLY

Charity Hospital (MW) Main 1-9400 Central at E. 22nd St
St. John's Hospital (M) Woodbine 1-5750 7911 Detroit Ave
(M) men only. (W) women only. (MW) men and women

GIGGLES

A woman was mailing the Old Family Bible to a brother in a distant city.
Postal clerk: "Does this package contain anything breakable?"
Lady: "Only the Ten Commandments."

—o—

Neighbor: "Your baby certainly is a cute little rascal. Does he take after his father?"
Mother: "Well, yes, in a way. His father is not quite so cute, but he's much more of a rascal."

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July 1952

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TEN CENTS PER COPY

GRAB THAT CABLE

Sun Francisco's cable cars are famous. Everyone has heard of them in song and story. They have been pictured by many artists. Contrary to a wide-spread belief, they are not merely a tourist attraction. They serve a very useful function, supplying essential transportation for a large section of a great city.

I had always been puzzled as to how the cars worked. I assumed that all the cars on the line were attached to a cable and when one stopped to take on or discharge passengers, all the cars along the route came to a stop.

This is not so. Each car stops wherever it pleases without interfering with the function of the other cars on the cable. The cable keeps on running, endlessly and ceaselessly, while each car grips or releases the cable at the will of the grip-man, the substitute for motor-man on the traditional trolley.

As I rode up and down Nob Hill on these cars recently, exhibiting no more restraint than a school boy on holiday, it occurred to me what a telling lesson they had to teach those of us who are members of Alcoholics Anonymous.

New members sometimes have difficulty comprehending the Higher Power that assures sobriety. Occasionally older members have trouble hanging on. Wrong teaching, lack of comprehension, resentment or a stand-offish attitude, a truly egocentric belief in our own ability, are among the reasons.

Making up one's mind to turn to a Higher Power is not always easy because a mental picture (or understanding) is difficult to come by. The Unseen is not readily comprehended by many of us. A spiritual attitude is not acquired in a day.

Therefore, an illustration with something easily understood often is of assistance. Hence the cable cars.

The Higher Power, God if you wish, is that cable that runs ceaselessly and endlessly. It is always there, it is always sure and certain. To get up life's hills all we have to do is to grip that cable and the ascent will not be difficult.

Each of us must be something of a grip-man. We must pull a lever to latch onto the cable. Without the cable we would have to walk up the hill, painfully, drudgingly, with back-breaking effort. Some of faint heart would never make the grade and give up part of the way.

Conversely, when the going gets dizzy, we still need that cable. The cars could come down hill without it. But should they let go they would dash down to utter destruction. Or should the grip be released as they are ascending, they would fall back to disaster to themselves and all their passengers and many others in the way.

The point, we believe, is clear: cling to that cable which is the Life Force of the Universe and we will get a lift to a better life that would be impossible otherwise. Hang on and there will be no slipping downhill into the destruction of active alcoholism.

COMPENSATION

This true story was related to us in Canada on our vacation trip last month by one of Canada's very active members. Modestly, he wishes to remain anonymous. Accordingly we respect his wishes. The message contained in the article should aid many of our readers in evaluating their sobriety and their life.

For the sake of anonymity let us call him Syd.

Syd was a prominent businessman in a large Canadian city. Because of his firm's standing he was unwilling to associate himself with any local A. A. Group. So he went to New York and took two courses of treatment.

One course, under Bill's direction, was to attend AA meetings and talk to AA's. Fifteen drunks told him how to keep sober. His reaction was: "You can't disbelieve fifteen drunks when they are all cold sober." After thirty years of army and civilian drinking the personal witness of fifteen self-confessed alcoholics was convincing.

The other course of treatment was given by a psychiatrist who examined Syd daily for a week, charged him a substantial fee and delivered his decision in these words: "You are a man who never again can safely take another drink."

That ultimatum floored Syd completely. Quite honestly he said to the psychiatrist: "You have practically pronounced a death sentence, for liquor is the only fun I am getting out of life." This was no exaggeration, for Syd had a had alcoholic family history and his home condition was anything but good.

The psychiatrist came back at Syd saying: "Liquor is important to you. You feel inadequate without it, but let us see if there are any compensations. Your appetite may be better. You may sleep sounder. Your wife and children may be less difficult to live with. You may drive your car more safely. The office staff may show more respect and the firm may increase your responsibility. Your bank account may be healthier. It may only be a general feeling of well-being but even that will be rewarding."

Syd came back to his office and home and for two months all went well. Then one evening after a hard day's work and a big dinner, Syd went to his den feeling low. He said to himself: "If I only had two big glasses of port I would feel perfect." He toyed with the idea, but what about those compensations? One by one he checked.

"Food? I'm eating too much. The taste buds are working again. I am gaining weight.

"Sleep? I have not had to get up at nights for two weeks.

"Family? The fighting dear ones and loving spenders are not so hard to live with after all.

"Car? No need to fear the police now.

"Office? No whispering behind my back. The staff is giving me cooperation and the firm has shown confidence

(Continued on page two)

Flattery is like
perfume . . .
to be smelled,
not swallowed.

COMPENSATION

(Continued from page one)

in me and has handed me some big assignments lately. "Cash? The biggest balance in the bank that I have had for years.

"Inner Contentment? I have stopped fighting with myself. That inner war between desire and conscience is ended. I'm happy, so happy, I hardly know myself.

"By golly I believe I am getting faith, faith in myself, faith in my fellowmen, faith in life itself."

As a true alcoholic Syd was an extremist. He had his secretary buy enough Bibles to have one in every drawer in his dresser in his bedroom. (Unbelievable, but true!) At nights he memorized whole chapters, especially business techniques from proverbs.

In due time Syd rang up an AA and with small concern for personal anonymity spent time, money and thought to help other alcoholics. In time he was made chairman of his group. When he spoke, the most helpful part of his story was as he told how he discovered the reality of the compensations from sobriety.

CRITICISM

Criticism is the plague of every Group. It stems from pride. The critical man adopts a slightly different slogan: "I don't like what or the way someone does something and I criticize-not because it is wrong, or because it does or will harm the common good, but because it is not what or the way I think it should be, and I criticize to destroy so I can build Me up." Wives, families, and superiors could learn much from this. At the bottom of every destructive criticism is pride, vanity and self-conceit. Such people are just like buttons, "always popping off." One time such a person died, and the following remark was overheard at his wake: "Poor Jim, he won't like God!" --The Key, Lexington, Ky.

CANADIAN HAVEN

We gratefully acknowledge herewith the splendid treatment accorded to us on our vacation at Camp Ouendake and in Toronto. We accomplished what we aimed for, complete rest and ten days of happy AA association. We even reached the ultimate in entertainment when we found another cribbage enthusiast who with us became oblivious to any other attractions such as boating, bathing, fishing or hiking. (To add to our joy was to be able to depart with the crown of championship of North America.)

Guests included members from Toronto and Aylmer, Canada; from Washington. D. C. Boston, Detroit and others from Cleveland.

We have stripped off almost enough peeled skin from our sunburn to make a lamp shade. Lotsa painful fun.

OHIO PEN GROUP

Upon the third anniversary of the AA group at the Ohio Penitentiary in Columbus, which was started through the efforts of Al Fry of Cleveland in June, 1949, when Warden Alvis and eighteen outside AA's met with 68 carefully screened inmates. Many changes in policy have been made since the group was initiated. One very effectual change was to select speakers from the group itself, though occasionally outside speakers are invited.

During the past three years 1279 members have been registered. Of this total, 332 have been transferred to the London Prison Farm; 74 to the various honor camps; 234 paroled. There are 451 active members to date. Of all members that have received their final release, 23 per cent have been returned and the other 40 per cent are still under supervision.

According to Warden Alvis, AA's effect on the morale and general behavior is noteworthy and he is genuinely appreciative and enthusiastic in his endorsement of the program. We congratulate the warden and the group.

We have heard from very reliable sources that in the recent prison revolt in one of our neighboring state prisons not a single member of the AA's participated in the rebellion. Great credit to AA.

—0—

Don't let yesterday use up too much of today.

OBITUARY

Jack Connors, one of the vital personalities who contributed much to the success of the Rocky River and Lakewood Men's groups passed away early in July.

As we go to press, we note that Rev. Richard Grainger, chaplain and personnel director of the Salvation Army Men's Service Center here, passed away Monday, July 21. Not an alcoholic himself, he was however a strong booster of AA principles. He was the current editor of Social Chatter, a brisk monthly directed to the alcoholic membership served by the Salvation Army.

We'll miss these two vital persons.

AA DISTRICT OFFICE REPORT

530 contracts have been arranged by the AA District Office since November, 1951. They were turned over to 90 groups. How many of these would have found AA had the office not been available is a matter of conjecture. Possibly the majority of them would still be wandering around helplessly, hopeless and broken in spirit, endangering their lives and others. Below is a report on how the groups responded to June 10. The budget needs \$3500 by October 31, and since the summer months produce scattered and small contributions, we suggest that groups lay plans now for special urgings to their members for sustained support so that the Office can function without embarrassment.

The report indicates the total amount credited to each group, including cash contributions and sales tax revenues. Revenue from sales tax stamps produced \$271.23. This yield is a great deal less than last year.

Contributions received from 70 contributing groups totalled \$6,858.23.

Group	Total	Group	Total
Addison	\$ 5.53	Lakewood Sat. Nite	15.00
Alan	-----	Lakewood Men	85.23
Alcola Wed.	-----	Lakewood 24 Hour	15.00
Allendale	80.79	Lakewood Women	40.00
Angle	-----	League Park	155.00
Ansel Road	-----	Mon-Lee	50.00
Arcade	68.83	Lee Road Wed.	220.00
Ashtabula Mon.	-----	Lee Road Fri.	130.00
Ashtabula Wed.	-----	Lorain Ave. Mon.	-----
Ashtabula Sat.	15.00	Lorain Ave. Thurs.	-----
Ashtabula County Men	-----	Lorain County Women	5 0 0
Avon Lake	-----	Matt Talbot	30.92
Baxter Avenue	46.65	Memphis	30.00
Bedford	125.00	Midtown	7.00
Berea Thursday	109.59	Miles-Lee	26.00
Berea Friday	20.00	Miles Men	6 5 0
Borton	80.00	Newburgh	70.77
Broadway-55th	25.00	Orchard Grove	22.00
Broadway-Harvard	103.02	Northeast	59.85
Brooklyn	170.00	Individual	554.70
Cable	20.00	Outhwaite	15.00
C. A. C. Discussion	50.00	Painesville	117.75
Cathedral Stag	-----	Parma	55.38
Cedar	33.00	Pearl	3.88
Chagrin Falls	106.42	Redwood	10.00
Chardon	-----	Rocky River	251.38
Clark	-----	Ryan Sunday	10.00
Collinwood	86.31	St. Clair-Lakeview	-----
Conneaut	-----	St. James	10.00
Cove try	518.00	Shaker	725.00
Crite Hospital	10.00	St. Anthony's	-----
Denison Stag	-----	Solon	-----
Doan Men	175.00	Southeast	22.97
East Lake	-----	Smith Wilson	-----
East Side Morning	-----	Strongsville	-----
Eddy Road	60.60	Superior	10.00
Edgelake	542.00	Tauca	-----
8005	-----	Trinity	25.00
Elyria	-----	Union	260.00
Euclid Village	28.60	Valleyview	10.00
Euclid Wade	-----	Vermillion	15.00
Fairmount	400.00	Warrensville Women	10.00
Fairview Park	15.00	West Park	3575
Forest Hills Men	5.00	West Side Men	-----
Garfield Heights	32.93	West Side Morning	20.00
Geneva	-----	West Side Young People	20.00
Glenville	75.50	West 25th	-----
Gordon Square	20.00	Willoughby	-----
Independence	62.97	Women's East	110.00
Lake Shore	480.00	Women's West	25.00

WIVES HELP OFFICE

The wives of members of the Rocky River group have developed a project of sustaining help for the Cleveland AA District Office. Using the 25 cent coin savers, they are making a substantial contribution. They suggest that wives in other groups emulate their example. It's painless and happily rewarding.

MILES NOW MIXED

Miles Men succumbed to the inevitable when they moved to new quarters and are now a mixed group. The members voted unanimously to make the change.

They meet in St. Mary's Episcopal Church, 9721 Ramona Blvd., and their meetings start promptly at 8:30 p. m.

GLENVILLE PICNIC

The annual Glenville Picnic which usually attracts great hordes of members from most groups in this area will be held in Stiffler's Grove, Highland Road, on Sunday, August 3. There will be free pop, free hot dogs and free coffee. Door prizes and many contest prizes will also be an attraction. Call Buck at TY 1-1503 for further information.

The grove is located on Highland Road which runs into Euclid Ave. at Dille Road which is about a half mile east of Green Road. Highland Road is a diagonal road running southeast of Euclid Avenue.

BROOKLYN

Charley S., secretary of the group will be the speaker on August 6 as he observes his twelfth anniversary. Corny V. of Lee Road Wednesday appears on the 13th; Pete S. of Borton the 20th and Kenny S. of Brooklyn on the 27th. Kenny will observe his first anniversary.

BROOKLYN YOUNG PEOPLE

The new Brooklyn Young People's group was ushered in on Thursday evening, July 10 by a good sized crowd. The young people wish to emphasize their welcome to older members who they feel can help them and their new members get their feet firmly planted.

They have a nice meeting place in the Brooklyn U. P. Church, Spokane and Pearl Roads. They meet Thursdays at 9:00 p. m.

ALLENDALE

Secretaries will please direct their correspondence to the Allendale group to: AA Group, St. Paul's Episcopal Church, 15837 Euclid Ave., Cleveland 12, Ohio.

DOAN DATA

Former secretary W. Roy W. of Doan Men's, now of Chicago, made one of his too rare visits to the group on Wednesday, July 16, and was welcomed by a large group of friends. Roy gave a splendid, heartening AA talk.

Speakers for August will be a contingent of charter members of Doan. 6—Charley E.; 13—Jack S.; 20—Jack N.; 27—Harry R. These loyal members who have contributed much to AA's progress in Cleveland are deserving of a large audience also.

LAKWOOD MEN

Dave H. is the newly elected secretary of Lakewood Men's group which meets Mondays in St. Peter's Episcopal Church, Lakewood.

TRINITY EVENTS

Members are still talking about the success of the question and answer meeting of July 12 in which Corny V., Harold S. and Herschel H. were decidedly impressive. The group's chairman, Rex B., was unable to attend because of a serious illness which threatens to incapacitate him for some time.

Speakers for August are 2—John P., Miles-Lee; 9—Lee V., Lake Shore; 16—Henry (Doc) K., Broadway-55th; 23—Mary L., Alcola; 30—Pete G., Parma.

MEMPHIS CALENDAR

Speakers for Memphis in August will be as follows: 2—Pete G., Parma; D—Jimmy K., Gordon Square; 16—Dave I., Matt Talbott Home; 23—George and Bess DeL., Gordon Square; 30—Tommy F., Trinity.

INDEPENDENCE

Art W. of Garfield Heights will speak to our group on August 7; Frank K. of Southeast, August 14; Clifford H. of our group, August 21; Mary L. F., of Westside Women, August 28. You're welcome always.

THINKING

If you think you are beaten, you are.
 If you think you dare not, you don't.
 If **you'd** like to win but you think you can't,
 It's almost a cinch you won't.
 If you think you'll lose, you're lost,
 For out of the world we find
 Success begins with the fellow's will,
 It's all in the state of mind.
 If you think you're outclassed, you are:
 We've got to think high to rise,
 You've got to be sure of yourself before
 You can ever win a prize.
 Life's battles don't always go
 To the stronger or faster man;
 But soon or late the man who wins
 Is the man who thinks he can.

Selected.

GIGGLES

The scientists can make an imitation sea water whose chemical composition is identical with that of natural sea water, but marine life will not develop in it. Yet add only a small percentage of natural sea water to the artificial, and marine life will flourish again. Life is a mystery only because we do not know the first thing about it.

—o—

If you haven't got around to loving your enemies yet, while you're resting, try treating your friends a little better.

-Pen Points.

—o—

"Think carefully before you condemn yourself. Condemnation breeds a feeling of inferiority. A feeling of inferiority leads to an inferior way of living."

-Rim in the Key, Lexington, Ky.

—o—

Two old friends met after many years. "Hear about Bill? He dropped dead outside of Krausmeyer's bar."

"Going in or coming out?"

"Going in."

"What a tragedy!"

—o—

As an elderly lady stepped off the bus, she was struck by the look of deep gloom on the face of a tall, slim man standing on the corner. Impulsively, the kind-hearted lady slipped a \$1.00 bill into his hand and gently whispered, "Never despair, never despair."

The next morning as she got off the bus again, there stood the same man. As she approached him, he handed her eleven \$1.00 bills and whispered, "Boy, lady, you sure can pick 'em. Never Despair won by 7 lengths and paid 10 to 1."



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON—Westminster Church, Cor. Addison and Wade Park 8:30
BORTON—E. Cleve. Congrega. Church Page and Euclid Avenue.....8:30
LAKE SHORE—St. Luke's Parish, Clifton and Bunts Rd. 8:30
LAKEWOOD (Orchard Grove)- 1417 St. Charles, nr. Detroit. 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal W. Clifton and Detroit 8:30
LEE MONDAY-First Presbyterian Church, East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-West Park Baptist Church, 15218 Lorain Ave.8:30
MARINE HOSPITAL—E. 124 & Fairhill 7:30
MILES—St. Mary's Episcopal Church, 9721 Romona Boulevard 8:30
PEARL-Corpus Christi Basement, 4202 Stickney (E. of Pearl Rd.)... 8:30
ROWDY ROW—Salvation Army Corps Hall, 2042 W. 26th St.8:00
SHAKER HEIGHTS-Christ Episcopal Church, 3451 Warrensville..... 8:30
SOUTH EAST GROUP-Holy Name Hall, 8328 Broadway 8:30
UNION-East View Cong. Church, Kinsman at E. 156th St. 9:00
WEST 25th ST.-Marvel Hall, 2858 W. 25th St. 8:30
VERMILLION, St. Mary's Church, Exchange St.8:30
WILLOUGHBY-Presbyterian Church, Willoughby, O. 8:30
WOMEN'S-West Side-West Blvd. Christian, W. Blvd. & W. 101st Training Meeting (one hour) First Monday of each month 7:30

TUESDAY

ARCADE-Central Y. M. C. A., East 22nd and Prospect Ave 8:30
CHARITY-Last Tuesday of each month-Charity Hospital Nurses' Auditorium 8:30
CLARK-1917 Clark Ave.8:30
CRILE HOSPITAL, Television Room 7:30
EAGLE TRAINING—Salvation Army, E. 9th and Eagle 8:00
EDGE LAKE- St. Charles Ave. Dinner at 7:00 p. m. Meeting at 8:30
EUCLID-WADE-Calvary Presbyterian Church, E. 79th and Euclid Ave 9:00
FAIRMOUNT-St. Paul's Episcopal, Fairmount and Coventry8:30
FAIRVIEW PARK-Fairrier Grace Church, W. 224th and Lorain Ave. 8:30
FOREST HILLS MEN—Marked Motors, 13219 Superior Ave 8:30
MIDTOWN MIXED-5826 Cable Ave.8:30
MILES-LEE-Mount Hope Church, E. 164th, north of Miles. 8:30
SMITH-WILSON-Nativity School, 9510 Aetna Road.8:30
SUPERIOR—North Presbyterian Church, F 40th and Superior 9:00
TAPCO-Post 4, 23555 Euclid, 2nd shift... 1:00
TAPCO-Post 4, 23555 Euclid, 3rd shift...9:00
WEST PARK-West Park Baptist Church, W. 152nd and Lorain 8:30
WEST SIDE MEN'S—St. Patrick's Hall, Bridge at W. 38th St 8:30
ASHTABULA COUNTY MEN—Room 4, Dorman Block, Conneaut, O. 8:30
ELYRIA YOUNG PEOPLE-Junior Chamber of Corn. Bldg., Harwood St 9:00
ELYRIA-335 Columbus St. 8:30
LORAIN, O.-Community Hall, 23rd and Beech Sts. 8:00
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
PAINESVILLE, O.-Stag, 33 N. State St. 8:30
STRONGSVILLE—St. Joseph's Church, 10,000 Pearl Rd.8:30

WEDNESDAY

ALCOLA 409 Detroit Ave. 9:00
BAXTER AVE.-6527 Baxter Ave 8:30
 (Polish language first Wed. each month)

BROOKLYN-K. of P. Hall, 3316 Broadway, East of Pearl Rd. 8:30
COLLINWOOD-14709 St. Clair Ave. 8:30
DENISON MEN-1403 Denison Ave. 8:30
 (first Wednesday, joint meeting)
DOAN HIEN'S-2028 E. 105th St. 8:45
 2nd floor, side entrance
EAST SIDE MORNING—10:00 A. M. 2028 E. 105th St. 8:30
GARFIELD HEIGHTS-Trinity Baptist, E. 94th and Garfield Blvd 8:30
LAKEWOOD WOMEN-United Presby. Church, 12601 Detroit Ave 8:30
LEE ROAD-First Eng. Lutheran, Derbyshire and Euclid Hts. Blvd 8:30
ST. JAMES—Ward's Convalsing Home, E. 71st and Cedar Ave 8:15
TAPCO-Post 4, 23555 Euclid, 1st shift... 3:30
TWENTY-FOUR HOUR—13216 Detroit, Church of the Ascension 8:30
WARRENSVILLE-Women's House Cor. 7:30
WOMEN'S-East Side—First Unitarian Church, Euclid and E. 82nd St. 8:30
BEDFORD, O.—Y.M.C.A., Tarbell Ave. 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:00
LORAIN, O.—ANTLERS—St. Mary's School, Reid Ave 8:30

THURSDAY

ALAN-1820 East 79th St. 8:30
ALJENDALO—St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
ANGLE—St. Malachi's Church, 2549 Washington Ave. 8:30
BROADWAY-55th—Our Lady of Lourdes School Hall 8:30
BROOKLYN Y. P.—United Presbyterian, Spokane and Pearl. 9:00
COVENTRY-Fairmount Presbyterian Chapel, Scarborough 8:30
EDDY ROAD—Glenville Congregational Church, Eddy and St. Clair 9:00
GLENVILLE-10421 St. Clair Ave. 8:30
LORAIN AVE.—West Park Baptist Church, 15218 Lorain Ave 8:30
OUTHWAITE—Woodland Center, 7100 Kinsman Ave. 8:30
ROCKY RIVER-Rockport Methodist Church, 3310 Wooster Rd. 8:30
WEST SIDE-7403 Denison Ave. 10:30 A.M.
BEREA, O.-Fine Arts Club, E. Bagley Rd, 3 doors east of Eastland. 8:30
EAST LAKE—Bethel Lutheran Church, 32400 Vine Street 8:30
INDEPENDENCE, O.-St. John's Lutheran Hall, Second and Sunset 9:00
PAINESVILLE, O.-33 N. State, 3rd fl. 8:30
LORAIN COUNTY WOMEN—421 Broadway, Apt. 6 1:30
ST. ANTHONY-St. Anthony's School, Route 2 and 6, Lake Road, Lorain, O. 8:30

FRIDAY

ANSEL ROAD-St. Thomas Church, 9295 Superior Ave 9:00
BROADWAY-HARVARD—8437 Broadway 8:30
CEDAR-Salvation Army, 2181 E. 55th 8:15
GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St. 8:30
LEE ROAD—St. Philomena's Church, Instruction Hall, 13824 Euclid 9:00
NORTHEAST-2028 E. 105th St. 8:30
WESTSIDE YOUNG PEOPLE—St. Luke's Hall, Bunts and Clifton 9:00
AVON LAKE-Congregational Church, Lake Road, Stop 55 1/2 8:30
BEREA-Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS, O.-American Legion, E. Orange St. 8:30
CHARDON, O.-Thrasher House, Water St., Chardon, O. 8:30
CONNEAUT, O.-B. of L. E. Hall 8:30
EUCLID, O.-Holy Cross Church, E. 200th and Lake Shore Blvd. 8:30
LORAIN-AVON—AA Social Center, 700 Broadway :30
MENTOR, O.-Mentor Methodist Church 8:30

OBERLIN, O.-American Legion Home, S. Main and Hamilton 8:30
WICKLIFFE MEN—Lady of Mt. Carmel Hall, Wickliffe, O. 8:00

SATURDAY

BROADWAY MEN'S-St. John's Lutheran Church, Cable at Broadway 8:30
CATH EDRAL—(Stag) St. John's Cathedral, E. 9th and Superior 8:30
GLENVILLE—10421 St. Clair Ave 9:00
HILLIARD—Central Y. M. C. A., E. 22nd and Prospect Ave. 9:00
LAKEWOOD—Sat. Nite—Redeemer Hall, Andrews, near Detroit 8:30
LEAGUE PARK-St. Agnes School Hall, East 79th and Euclid Ave 8:30
MATT TALBOT-St. Philip Neri Church, E. 82nd and St. Clair 8:30
MEMPHIS—Church of Good Shepherd, 8235 Memphis Ave. 9:00
PARMA—Public Library, 5850 Ridge Rd. 8:30
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
VALLEY VIEW-Community Center, West 7th and Starkweather 8:30
8005 GROUP-8005 Lorain Ave. 8:30
ASHTABULA, O.-K. of P. Hall, Elm Av 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:30
SOLOMON, O.-St. Rita's Church basement 9:00
TRINITY—Trinity Evangelical Church, 3525 W. 25th St. 8:30

SUNDAY

C. A. C. DISCUSSION-C. A. C. clubrooms, 7809 Euclid Avenue. 10:45
COLLINWOOD—14709 St. Clair Ave. 7:30
DETROIT—Mixed—8023 Detroit Ave. 8:00
LAKEVIEW—CYO Hall, St. Aloysius Church, E. 109th and St. Clair 8:30
MARYMOUNT—2nd Sun. in month, Cafeteria, McCracken and Henry 2:30
MISTLETOE—MacGillis Home, 1560 Mistletoe at Wade Park. 7:00
NEVBUURGH—St. Catherine's Church, 3443 E. 93rd St. 8:30
OUTHWAITE—7100 Kinsman Ave. 4:00
WARRENSVILLE—Cooley Farms Recreation Room 10:00 A. M.
GENEVA, O.-I. & O. Hall, Park St., corner of So. Eagle 7:30
HAMBDEN, O.—Hamdben Grange Hall. 8:00
LORAIN, O.—(Stag) AA Social Center, 700 Broadway 10:00 A.M.

LIST OF COOPERATING AA HOSPITALS

Alcoholics Abstinence Nursing Home (MW) Melrose 1-1635 8023 Detroit Ave
 Cleveland Alcoholic Clinic (MW) Express 1-8998 7809 Euclid Ave.
 Elmwood Sanitarium (M) 17322 Euclid Ave.
 Kenmore 1-2299 17322 Euclid Ave.
 Farquharson's (Tuxedo S-1882) (M), 6037 Pearl MacGillis Nursing Home (MW) RA, 1-2556 1560 Mistletoe Dr. at Wade Pk
 Marvmont Hospital (MW) Vulcan 3-2310 12300 McCracken Rd.
 Pathway (Tyler 1-6698) (MW) 1635 E. 93rd

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE—Hanna Building, Room 370. 8:30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE—Hanna Building, Room 370 8:30

FOR AUTHORITATIVE AA INFORMATION

AA CLEVELAND DISTRICT OFFICE—Cherry 1-7387 780 The Arcade

FOR FIRST TIMERS ONLY

Charity Hospital (MW) Main 1-9400 Central at E. 22nd St
 St. John's Hospital (M) Woodbine 1-5750 7911 Detroit Ave
 (M) men only. (W) women only. (MW) men and women

GIGGLES

An old hillbilly was sentenced to five years in the penitentiary. When the judge asked if he had anything to say, the old man inquired mildly, "Ain't you bein' a bit liberal with my time?" —Philucus—Social Chatter.

—O—

It's hard to please men. One will get drunk because a girl wouldn't marry him and another will get drunk because a girl did marry him.

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“ROUGH ROAD AHEAD”

A United Nations commission after 20 months work has devised a set of traffic signs which it hopes will be universally adopted. One of them caught our eye as being as applicable to those of us who have ceased being victims of the bottle as it is to automobile drivers.

This sign is a heavy black horizontal bar with three small pyramids on top. It denotes “rough road ahead.” It might be a good idea to have this emblem printed on buttons or cards and handed to each new member.

The reason for such little reminders would be this: Many of us assumed, once we had accepted the program, that all our troubles were over. We didn't drink any more and henceforth everything would be in order, we reasoned. Sobriety, in the early-days, seems to be the doorway to utopia.

Experience teaches that it isn't that. It is the gateway to a rough road ahead and the destination, a normal, balanced life, is to be found only at the end of it.

This may sound like unselling the package of sobriety that has just been so painstakingly sold to the candidate. This is not quite true. Certainly, it would be poor psychology to tell the drunk that he was going to have a hard time of it when he joined AA. But once he had sobered up and convinced himself that, with the help of a Higher Power, he can regain his senses and his standing in the community, the pitfalls should not be hidden from him. Forewarned of them, he can the easier avoid them.

There will be days of remorse. There will be occasions when temptation arises to an almost irresistible degree. There have been cases where new members were tripped up by these situations, believing sobriety was impossible for them. Had they known that there is scarcely one of us who has not experienced these moods of depression, he might have avoided succumbing to them.

There are other times when we go on dry binges, temper tantrums and become just plain pig-headed, making it difficult for our family and friends to abide us. This period lasts for varying lengths of time.

This writer remembers the words of his sponsor that it would take at least six months before the alcohol was out of his system and he began thinking straight. We scoffed openly at the idea at the time. As it worked out, more than two years passed before we escaped from the doldrums of periodic mental depression. The period varies with the individual.

But all new members should be warned against discouragement when such situations arise. If they realize that in these periods they are following a pattern that is customary with almost everyone who tries to regain sobriety the fight will be the easier.

For this reason that little U.N. traffic sign might be a good symbol as a reminder. Yes, the road is rough, but it is not impossible. The terminus may not be utopia, but it is such an improvement over a life of drunkenness that the intermediate bumps should in nowise discourage us.

REMORSE -AWAKENING

We heard Jimmy K. of the Gordon Square group give eloquent expressions of appreciation for the privilege of real living which he learned through AA. He compared it to his former way of life which was replete with rebellion at established moral and civic laws.

He expressed his disgust and scorn at those “jokers” who, after being restored to respectable society, reinstated in their jobs and homes, money in the bank, etc., start leading double lives, cheating on their wives, their friends and worse-their God. He described the horrible fates of several of his “babies” who didn't appreciate what they had received.

We were reminded of an impressive anonymous contribution to Pen Pointers, an excellent bi-monthly publication of the Prison AA group in Minnesota prison, which we believe has a cogent lesson for all those who are tempted to gamble with God's tolerance and indulgence. We'll print only the last part, for the first half deals with his life before AA came into it. It was titled “An Awakening.”

At first, all AA did was to confirm my ideas about the past. Those people said I was a sick man, and that only underlined my bitterness. Was prison the place to treat a sick man? Was punishment the cure for a disease?

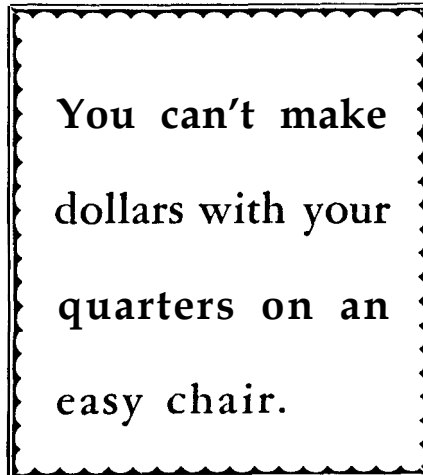
Then somebody talked me into trying the moral inventory thing—they said if I didn't, I might as well abandon the whole project. Don't ask me why or how things happened after that. I got hooked on the idea—maybe there was a small streak of honesty left under the rust. Working at

it was like pulling teeth—I had to go slow, a piece at a time. It took a long while to admit the picture might be even halfway true. But now I know the truth for what it is.

I'm serving time in prison because for many years I've been a radical anti-social. “I” was always the center of the universe, and “I” went crazy when the other people failed to recognize that fact on the spot. Nine years ago I had a fine wife and one child. My wife put up with my spending half our income for liquor as long as she could stand it. She pleaded and she begged, and finally one day laid down an ultimatum. I could have my choice between bottle and family. “I” gave her a fast and profane answer to that, concerning who was boss and what things came first in a he-man's life. I haven't seen either her or the baby since. The deadly wrong is how little their absence actually mattered to me—until now. “I'm sorry” is a feeble phrase for a situation such as that.

I'm serving time for betraying every trust and confidence that decent people extend to others as a matter of course. I've lied and I've cheated—not enough to cause imprisonment, until now—but enough to make my past a nightmare of dishonesty. Friends existed for one purpose alone—to serve me. Enemies were fools, blind to the size of my importance. Nearly every selfish gratification in life I have bought, and always at the price of decency.

(Continued on page two)



REMORSE

(Continued from page one)

Raised in a good home, everything I've done has been a direct slap in the face to its teachings.

It's not from a morbid sense of guilt that I say no prison term could punish me. Only in the future can I hope to at least **partially** restore the wreckage of the past. The AA ideals are my new life; it's philosophy I practice to the best of my growing ability. And to my regular meditation, I have added this one short sentence: "Thank God I came to this understanding before it was entirely too late . . ."

IT COULD BE

I heard a story the other day which I thought might be of interest to SOME AA's.

It seems that in a small New England town there was an old storekeeper who had been furnishing the local folks with groceries, staples and what-nots for many years. Most anything could be found in his store, but he could hardly have been called an example of neatness. There were potato bags all over the floor. The cans littered the shelves every which way and the place hadn't seen a broom or a dust cloth for ages.

A New York couple bought a farm near the town for a summer home and the first day the wife went into town to do her shopping.

No sooner had she entered the old man's store than she began to find fault. She had never seen such a dirty place. "Why didn't he sweep up once in a while?" she thought. "Why didn't he put the merchandise on the shelves in order? Did he ever dust the place?"

Finally she approached the old man to give her order. "Why don't you clean up this place?" she asked. "If I were running this place it would look a lot different," she added.

The old man didn't look up from the parcel he was tying, as he said "Lady, I think you and I are gonna be quite good friends. We have a lot in common."

"Why I don't know what you mean," she said.

"Well, it's like this," he answered, "You're right mighty anxious to run my business and I'm right might anxious to MIND it!"
-Anonymous.

JUDGE DRUCKER DIES

Municipal Judge Lewis Drucker, an intense student of alcoholism and alcoholics and a great admirer of Alcoholics Anonymous passed away on Monday, August 11, from a heart attack.

We knew the judge personally and had considerable respect for him and his ambitions to help the **down-and-outers**. We worked with him on committees trying to determine a legal course of treatment for those unfortunate repeaters who came before him in court. According to existing laws, his only course was to send them to Warrensville for 30, 60 or 90 days, locked up as criminals for their protection as well as society's. It was the law!

He was convinced that the majority of these people were sick persons and that incarceration would not change them-in fact, he believed that incarceration would lead to greater and more serious crime in retaliation.

Not being an alcoholic his zeal was eyed with suspicion by some of our AA members. They wrongfully misinterpreted his motives, which we personally are convinced were entirely unselfish. He made some mistakes, but they were the result of impatience at society's inertia. Over-zealously he "took the bull by the horns" and in 1950 illegally sentenced 269 men and women to the workhouse as "habitual drunks" in order to force a spectacular test of the law.

He was properly criticized for that, but because of this action on his part, the Cleveland Bar Association and the City of Cleveland made significant changes in the law as well as making some intelligent changes in the treatment of alcoholic prisoners.

Cleveland appreciates the contribution he made to its community during his lifetime of service, and will miss the genial judge. He was a great man with a great heart.

DECLARATION OF INDEPENDENCE

Few-if any of us-when we embraced the first step of our programme realized that it could well prove to be a "declaration of independence". Independence from booze-freedom from its shackles-with the God given opportunity of life, liberty and the pursuit of happiness. Freedom isn't something you give up to get-it is something you cling to **tenaciously**. For we alcoholics-it is not simply that we stop drinking-but that we embrace and live a way of life. We who have wandered in the wilderness must come to understand and learn that there is no other formula that leads to the same degree of happiness and peace of mind as does the formula of our twelve steps. We have abundant evidence to prove that we shall not live this "day by day" programme without challenge-nor shall we be able to always count on its benefits and blessings without-first from us-continuing loyalty and devotion to its principles. But this we now know-that with God's help-as long as we play our part a finer, fuller, freer way of life will be ours. In all that we do-in all that we are-as we meet each day with its problems, we must keep **evermost** in mind what our overall objective is-independence from alcohol-freedom to live according to the dictates of our conscience and our hearts. We who enjoy this new found freedom have an obligation—a debt to pay-one that we shall never be able to overpay. It is "to carry the message". We shall carry the message and demonstrate the fruits of our new found freedom more in the manner of our living than in the eloquence of our words. All of us should bear in mind the words attributed to William Penn, signer of another Declaration of Independence, — "Those people who are not governed by God will be ruled by tyrants"-and for us, what greater tyrant is there than alcohol?

THESE PRINCIPLES

In bringing to **mind** the closing words of Step Twelve—"and practise these principles in all our affairs"-some of us could well ask, "What principles? What are they?" Some of us are vaguely familiar-we have a slight concept of their meaning-but a careful study of the Twelve Steps would reveal them as humility-honesty-tolerance-kindness and service. These are principles designed to keep us down to earth in our emotions and in our living. They assure us of sober, happier, less troublesome **days**—for the application of these principles in our daily lives enables us to think more calmly and clearly. We all need the help and the guidance of these principles because life is an endless series of decisions, full of possibilities, prospects and proposals. We who value that which we have, must safeguard it-and now more than ever-before we commit ourselves in any regard we shall have to ask ourselves, "Is it right?" Many of the things we have done in the past could easily have been eliminated had we asked ourselves this question first-"Is it right?" And so, today, and for the days that follow, if it isn't right, we are wasting our time and inviting danger if we consider it further. Whether it be in business or in private life; no matter what it concerns-when we weigh it all **up** the first question we must ask ourselves is-"Is it right?" If it isn't right-the other questions don't matter. Whether there be personal gain or seeming popularity involved, the price we shall have to pay for it none of us can afford. If it isn't right-let's leave it alone. No man ever fell over a precipice who never went near one.

— *The Lifeline, Vancouver, B. c.*

BULLETIN SUBSCRIBERS NEEDED

With the increase in cost of postage, at least 100 additional subscribers are needed to meet expenses. While our records do not show group affiliation of our subscribers, we do know that in some groups a very small percentage of members subscribe, while in quite a few others the majority are subscribers. We believe the Bulletin will help everyone who reads it maintain his sobriety if he applies the messages the Bulletin offers monthly.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER

WE GET ANGY

People usually get angry when they are about to slip. That's their excuse for it. If you are right, and know that you are right, you can afford to take things easy and not waste energy and lose peace of mind. I am often amused at two people in an angry argument. I am amused at myself for being caught thus at times. I think it over and am ashamed, and resolve that I shall not be caught again. An angry argument between two human beings always makes me think of the rumpus of two dogs, snarling and snapping at each other, and I wonder why it is that dignified people bark at each other. After we have spent our anger, and things have smoothed themselves out, we always regret that we didn't have more control, or though we may have won or lost, a certain amount of bitterness is left behind—and that is something that is difficult to bury or forget. Why get angry?

-George Matthew Adams.

BROOKLYN YOUNG PEOPLE

Excellent support has been given to this new group and the imposing list of speakers for September should continue it. &—Judge Jim C., Arcade; 11—Jack S., Denison; 18—Ted R., Valley View; 25—Dave McG.

WOMEN SCORNE

"Hell hath no fury like a woman scorned" is a well-known maxim and yet so often forgotten. When one seemingly scorns or ignores a particularly dear friend the offering is awful when he is guilty.

Our good friend and wonderfully patient Mary L. F., secretary of the Westside Women's group telephoned us last month, in time for the July Bulletin that the group had been meeting for some months in its new location in Mount Calvary Lutheran Church, 12806 Lorain Avenue on Thursdays at 9 o'clock.

Central Bulletin has been guilty of misdirecting some worthy women to the old meeting place on a different night! As Mary wrote in her letter very properly, "This embarrassing if not a little aggravating."

All our life we have disappointed women! Please, please excuse us once more. It will help us to be more observant if EVERYBODY, men and women, would write me message on a post card or on a slip of paper and mail it in. Then if we ignored it, we would indeed deserve a shot at sunrise—we mean, "to be shot."

TRINITY EVENTS

Rex B. is back with the group and active once more as chairman after a sustained and serious illness kept him from his duties. His panel of speakers for September are: 6—Helen O'M., Euclid-Wade; 13—William B., Lorain, Ohio; 20—Henry W., Euclid-Wade; 27—George A., ewburgh.

LONDON PRISON FARM

Chester S., secretary of the Doan Men's group spoke effectively at the London Prison Farm group on August 1. Fred S., and his good wife Vi., will speak on October 1, the third anniversary of the group's founding. Women are welcome. Be there not later than noon, Eastern Standard Time.

SCOTTY CAPITULATES

On a recent trip to Youngstown we learned that Scotty G., of Girard finally talked a nice little woman into marrying him in mid-July. This hard-working, widely traveled, enthusiastic AA has made his presence effectively felt in many sections of the country and in Canada. We didn't see him at the Youngstown Men's group, so evidently the shackles are already effective. Seriously, we wish them great joy and happiness in their union. We think a lot of Scotty. She's getting a "guid mon."

DOCTOR ON STAFF

As of August 9, a resident-doctor will be on the staff of Farquharson's Nursing Home at all times. The nursing home, the first of its kind in the Cleveland area has served AA's for over 10 years and is located at 6037 Pearl road, Parma.

SECRETARIES — ATTENTION !

Carmen T., secretary of St. Anthony's group in Lorain, O., is honestly interested in receiving your notices and your correspondence. But he gets it too late! Please change your list right now, before you forget it, to: St. Anthony's Group, 2228 Garfield Blvd., Lorain, Ohio. The group meets in St. Anthony's School, Route 2 and 6, Lake Road, Lorain, O., Thursdays at 8:30.

BROOKLYN

Speakers for September at Brooklyn are: 3—Ace E., Collinwood; 10 — Walter C., Union; 17 — Mrs. Jean F., Chardon; 24—Mose Y., Hartsville, Ohio.

CRILE HOSPITAL ANNIVERSARY

The Crile Hospital group will observe its first anniversary on Thursday, August 21 in its new location, the library. The new starting time for this meeting and all subsequent meetings will be eight o'clock. Much good has been accomplished in this worthy work among war veterans and the group deserves constant, wholehearted support.

MEMPHIS CALENDAR

Speakers at Memphis for September are: 6—Howard B., Independence; 13—Warren C., Lakewood Satnite; 20—John M., Pearl; 27—Larry O'C., Arcade. Their meetings start promptly at 9.

GIGGLES

A little boy was saying his go-to-bed prayers in a very low voice.

"I can't hear you, dear," his mother whispered.
"Wasn't talking to you," said the wee one firmly.

—o—

The next best thing to a really good woman, is a really good natured one.

—o—

Sailor: "Gosh, I'm thirsty."
Hostess: "I'll get you some water."
Sailor: "I said thirsty, not dirty."

—o—

A lovely and attractive young lady was asked why she did not get married.

"I don't need to get married," she replied. "I have a parrot that curses every time he opens his mouth. I have a dog that growls every time I feed him. I have a fireplace that smokes up the living room and gets ashes over my rugs, and I have a cat that stays out all night. So why should I get married?"



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church, Car: Addison and Wade Park 8:30
BORTON-E. Cleve. Congrega. Church Page and Euclid Avenue 8:30
LAKE SHORE-St. Luke's Parish, Clifton and Bunts Rd. 8:30
LAKEWOOD (Orchard Grove)-1417 St. Charles, nr. Detroit 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal, W. Clifton and Detroit 8:30
LEE MONDAY-First Presbyter. Church, East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-West Park Baptist Church, 15218 Lorain Ave. 8:30
MARINE HOSPITAGE, 124 & Fairhill 7:30
MILES-St. Mary's Episcopal Church, 9721 Romona Boulevard 8:30
PEARL-Corpus Christi Basement, 4202 Stickney (E. of Pearl Rd.) 8:30
ROWDY ROW-Salvation Army Corps Hall, 2042 W. 26th St. 8:00
SHAKER HEIGHTS-Christ Episcopal Church, 3451 Warrensville 8:30
SOUTH EAST GROUP-Holy Name Hall, 8328 Broadway 8:30
UNION-East View Cong. Church, Kinsman at E. 156th St. 9:00
WEST 25th ST.-Marvel Hall, 2858 W. 25th St. 8:30
VERMILLION, St. Mary's Church, Exchange St. 8:30
WILLOUGHBY-Pmbbyterian Church, Willoughby, O. 8:30

TUESDAY

ARCADE-Central Y. M. C. A., East 22nd and Prospect Ave. 8:30
CHARITY-Last Tuesday of each month-Charity Hospital Nurser Auditorium 8:30
CLARK-1917 Park Ave. 8:30
EAGLE TRAINING-Salvation Army, E. 9th and Eagle 8:00
EDGE LAKE-St. Charles Ave. Dinner at 7:00 p. m. Meeting at 8:30
EUCLID-WADE-Caivary Presbyter & Church, E. 79th and Euclid Ave. 9:00
FAIRMOUNT-St. Paul's Episcopal, Fairmount and Coventry 8:30
FAIRVIEW PARK-Fair & W Grace Church, W. 224th and Lorain Ave. 8:30
FOREST HILLS MEN-Markad Motors, 13219 Superior Ave. 8:30
MIDTOWN MIXED-5826 Cable Ave. 8:30
MILES-LEE-Mount Hope Church, E. 164th, north of Miles 8:30
SMITH-WILSON-Nativity School, 9510 Aetna Road 8:30
SUPERIOR-North Presbyterian Church, E. 40th and Superior 9:00
TAPCO-Post 4, 23555 Euclid, 2nd shift 1:00
TAPCO-Post 4, 23555 Euclid, 3rd shift 9:00
WEST PARK-West Park Baptist Church, W. 152nd and Lorain 8:30
WEST SIDE MEN'S-St. Patrick's Hall, Bridge at W. 38th St. 8:30
ASHTABULA COUNTY MEN-Room 4, Dorman Block, Conneaut, O. 8:30
ELYRIA YOUNG PEOPLE-Junior Chamber of Com. Bldg., Harwood St. 9:00
ELYRIA-335 Columbus St. 8:30
LORAIN, O.-Community Hall, 23rd and Beech Sts. 8:00
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
PAINESVILLE, O.-Stag, 33 N. State St. 8:30
STRONGSVILLE-St. Joseph's Church, 10,000 Pearl Rd. 8:30

WEDNESDAY

ALCOLA-6409 Detroit Ave. 9:00
BAXTER AVE.-6517 Baxte Ave. 8:30
(Polish language first Wed. each month)
BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30
COLLINWOOD-14709 St. Clair Ave. 8:30
DENISON MEN-7403 Denison Ave. (first Wednesday, joint meeting) 8:30

DOAN MEN'S-2028 E. 105th St., 2nd floor, side entrance 8:45
EAST SIDE MORNING-2028 E. 105th St. 10:00 A. M.
GARFIELD HEIGHTS-Trinity Baptist, E. 94th and Garfield Blvd. 8:30
LAKEWOOD WOMEN-United Presby. Church, 12601 Detroit Ave. 8:30
LEE ROAD-First Ing. Lutheran, Derbyshire and Euclid Hts. Blvd. 8:30
ST. JAMES-Ward's Convalescing Home, E. 71st and Cedar Ave. 8:15
TAPCO-Post 4, 23555 Euclid, 1st shift 3:30
TWENTY-FOUR HOUR-13216 Detroit, Church of the Ascension 8:30
WARRENSVILLE-Women's House Cor. 7:30
WOMEN'S-East Side-First Unitarian Church, Euclid and E. 82nd St. 8:30
BEDFORD, O.-Y.M.C.A., Tarbell Ave. 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:00
LORAIN, O.-ANTLERS-St. Mary's School, Reid Ave 8:30

THURSDAY

ALAN-1820 East 79th St. 8:30
ALLENDALE-St. Paul's Episcopal Church, 15337 Euclid Ave. 8:30
ANGLE-St. Malachi's Church, 2549 Washington Ave. 8:30
BROADWAY-55th-Our Lady of Lourdes School Hall 8:30
BROOKLYN Y. P.-United Presbyterian, Spokane and Pearl 9:00
COVENTRY-Fairmount Presbyterian Chapel, Scarborough 8:30
CRUIE HOSPITAL-Library 8:00
EDDY ROAD-Glimville Congregational Church, Eddy and St. Clair 9:00
GLENNVILLE-10421 St. Clair Ave. 8:30
LORAIN AVE.-West Park Baptist Church, 15218 Lorain Ave. 8:30
OUTHWAITE-Woodland Center, 7100 Kinsman Ave. 8:30
ROCKY RIVER-Rockport Methodist Church, 3310 Wooster Rd. 8:30
WEST SIDE-7403 Denison Ave. 10:30 A.M.
WOMEN'S (Westside)-Mt. Calvary Lutheran Church, 12806 Lorain Ave. 9:00
BEREA, O.-Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland 8:30
EAST LAKE-Bethel Lutheran Church, 32400 Vine Street 8:30
INDEPENDENCE, O.-St. John's Lutheran Hall, Second and Sunset 9:00
PAINESVILLE, O.-33 N. State, 3rd fl. 8:30
LORAIN COUNTY WOMEN-421 Broadway, Apt. 6 1:30
ST. ANTHONY-St. Anthony's School, Route 2 and 6, Lake Road, Lorain, O. 8:30

FRIDAY

ANSEL ROAD-St. Mary's Church, 9205 Superior Ave. 9:00
BROADWAY-HARVARD-8437 Broadway 8:30
CEDAR-Salvation Army, 2181 E. 55th 8:15
GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St. 8:30
LEE ROAD-St. Philomena's Church, Instruction Hall, 13824 Euclid 9:00
NORTHEAST-2028 E. 105th St. 8:30
WESTSIDE YOUNG PEOPLE-St. Luke's Hall, Bunts and Clifton 9:00
AVON LAKE-Congregational Church, Lake Road, 50th 5 1/2 8:30
BEREA-Social room - W. Cong Church, Seminary and Church 8:30
CHAGRIN FALLS, O.-American Legion, E. Orange St. 8:30
CHARDON, O.-Thrasher House, Water St., Chardon, O. 8:30
CONNEAUT, O.-B. of L. E. Hall 8:30
EUCLID, O.-Holy Cross Church, E. 200th and Lake Shore Blvd. 8:30
LORAIN-AVON-AA Social Center, 700 Broadway 8:30
MENTOR, O.-Mentor Methodist Church 8:30

OBERLIN, O.-American Legion Home, S. Main and Hamilton 8:30
WICKLIFFE MEN-Lady of Mt. Carmel Hall, Wickliffe, O. 8:00

SATURDAY

BROADWAY-CABLE-St. John's Lutheran, Church, Cable at Broadway 8:30
CATHEDRAL-(Stag) St. John's Cathedral, E. 9th and Superior 8:30
GLENNVILLE-10421 St. Clair Ave. 9:00
HILLIARD-Central Y. M. C. A., E. 22nd and Prospect Ave. 9:00
LAKEWOOD-Sat. Nite-Redeemer Hall, Andrews, near Detroit 8:30
LEAGUE PARK-St. Agnes School Hall, East 79th and Euclid Ave. 8:30
MATT TAI, BOT-St. Philip Neri Church, E. 82nd and St. Clair 8:30
AL EMPHIS-Church of Good Shepherd, 8235 Memphis Ave. 9:00
PARMA-Public Library, 5850 Ridge Rd. 8:30
REDWOOD-Euclid Lutheran Church, E. 260th and Oriole 8:30
VALLEY VIEW-Community Center, West 7th and Starkweather 8:30
8005 GROUP-8005 Lorain Ave. 8:30
ASHTABULA, O.-K. of P. Hall, Elm Av 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:30
SOLOIN, O.-St. Rita's Church basement 9:00
TRINITY-Trinity Evangelical Church, 3525 W. 25th St. 8:30

SUNDAY

C. A. C. DISCUSSION-C. A. C. clubrooms, 7809 Euclid Avenue 10:45
COLLINWOOD-14709 St. Clair Ave. 7:30
DETROIT-Mixed-8023 Detroit Ave. 8:00
LAKEVIEW-CYO Hall, St. Aloysius Church, E. 109th and St. Clair 8:30
MARYMOUNT-2nd Sun. in month, Cafeteria, McCracken and Henry 2:30
MISTLETOE-MacGillis Home, 1560 Mistletoe at Wade Park 7:00
NEWBURGH-St. Catherine's Church, 3443 E. 93rd St. 8:30
OUTHWAITE-7100 Kinsman Ave. 4:00
WARRENSVILLE-Cooley Farms Recreation Room 10:00 A.M.
GENEVA, O.-Legion Hall, Park St., corner of so. Eagle
HAMBDEN, O.-Hambden Grange Hall 10:00 A.M.
LORAIN, O.-Stag AA Social Center, 700 Broadway 10:00 A.M.

LIST OF COOPERATING AA HOSPITALS
Alcoholics Abstinence Nursing Home (MW)
MELOISE 1-1635 8023 Detroit Ave
Cleveland Alcoholic Clinic (MW)
EXPRESS I-8998 7809 Euclid Ave.
Elmwood Sanitarium (M)
KENMORE J-2299 17322 Euclid Ave.
Parquharson's (TUxedo 5-5882) (M) 6037 Pearl
MacGillis Nursing Home (MW)
RA. I-2556 1560 Mistletoe Dr. at Wade Pk
Marymount Hospital (MW)
VULCAN 3-2310 12300 McCracken Rd.
Pathway (Tyler 1-6698) (MW) 1635 E. 93rd

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE-Hanna Building, Room 370 8:30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE-Hanna Building, Room 380 38:30

FOR AUTHORITATIVE AA INFORMATION
AA CLEVELAND DISTRICT OFFICE-CHerry 1-7387 780 The Arcade

FOR FIRST TIMERS ONLY

Charity Hospital (MW)
MAIN 1-9400 Central at E. 22nd St.
St. John's Hospital (M)
WOODBINE 1-5750 7911 Detroit Ave
(M) men only. (W) women only.
(MTW) men and women.

GIGGLES

A Scotchman was crossing the ocean for the first time, and began to feel strangely dizzy. Staggering to the steward, he asked how to prevent sea-sickness. "Have you a quarter?" the steward asked. "Certainly," replied the Scot, taking the desired coin from his pocket, "but do hurry," "Now," said the steward, "put it between your teeth and keep it there."

Nice Saleslady (showing lingerie to much embarrassed gentleman customer): "This is the only place you can touch these for anything near the price."

Subscription Blank for Central Bulletin

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CENTRAL BULLETIN



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September 1952

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TEN CENTS PER COPY

"INNER LIGHT"

ANOTHER MILESTONE

The Quakers whose constant endeavors to live the good life by helping others selflessly is recognized by all, believe that within every man there burns what they call an "Inner Light."

To the members of the Society of Friends this is the voice of the Almighty and if listened to patiently direction in every-day living will be granted. This is the reason for the meditative meetings the Quakers hold where only those who feel prompted speak.

Whatever our denominational allegiance, we members of Alcoholic Anonymous have much to learn from the Quaker example.

Isn't our conscious contact with a Higher Power this same "Inner Light" expressed in other words?

The importance of this step in our rehabilitation cannot be overlooked without disaster. This should be clear beyond question to every one of us.

How many times have we tried to go it alone, over-confident in our ability to mend our ways. This false certainty was born of egotism, of a spirit of bragging, a self-centeredness. Our thinking was badly askew. We, so we thought, were the center of creation. We could mould our lives, control our conduct and regulate everything just as we wished.

Many were the tumbles that followed. And each time it was rationalized. We indulged in self-hypnosis, leading ourselves to believe that we did it because we wished to do it. We never got honest with ourselves. We refused to admit the truth that we were utterly helpless in the face of the problem.

Family? Friends? Business associates? Puff! They didn't know what they were talking about. They were a bunch of blue-noses and kill-joys anyway. Our ego was dented by their condescending attitude, their patronizing air. Who do they think they are?

This, with variations, was the pattern, repeated and repeated. In the meantime we big, strong, he-men were becoming pretty sloppy specimens of the human race.

Some of us had to go all the way down the road to the dead-end, the blank wall. A few more fortunate, encountered circumstances which brought them to their senses before too much irretrievable damage was done.

But the time came and we put our lives in the hands of a Higher Power. Our lives and our environment changed.

What is it that prevents us from slipping down that road again? Is it some great, masterful exertion of will power? Is it our intrinsic personal ability. The answer is clear: It is the Higher Power alone that make? permanent our transformation from what the public was pleased to call "hopeless drunks" to decent citizens.

Now that our minds are cleared and we are beginning to think like adult human beings we recognize this fact more and more. And we stay as we are by allowing that "Inner Light"-or Higher Power or whatever name you care to give it-speak to us day by day. Proof of its existence is found in our own sorry biographies. That is the crucial point whatever name we choose to employ.

With this issue, Central Bulletin will have completed ten years of service to the cause of AA, endeavoring to transmit through its columns the fundamentals of this remarkable brotherhood. Our standards and our guides were the principles established in the book, Alcoholics Anonymous and in the Traditions, which were published later.

Supplementing these fundamental guides were the mentors whom we found in goodly number in the Central Ohio area-an area which embraced Cleveland, Akron, Canton, Mansfield, Columbus, Toledo and Suburban Cleveland. Our mentors were from all walks of life, but had one important virtue in common-a constant, unswerving devotion to the principles and highest standards of the brotherhood, absolute sobriety and zealous in twelfth step work.

Not always were they in agreement on some phases of the program as the fellowship grew and expanded. Often were the occasions during the early years of publication when we were severely censored by some who disagreed violently with the articles we offered in our columns. Conversely we were as ardently defended by others who found the controversial subject in agreement with their thoughts.

One thing we learned early in our purveying of AA news-that was not to become too dogmatic (it's so easy). We try to avoid subjects that are controver&al. Our policy has been and we trust will continue to be, to avoid offending any religious denomination or sect by referring to the Higher Power as such rather-than one more

definitive as God. In our efforts not to offend anyone by generalizing, we stifle our impulse to declare our own conception of God as we understand Him. We leave that to the Church.

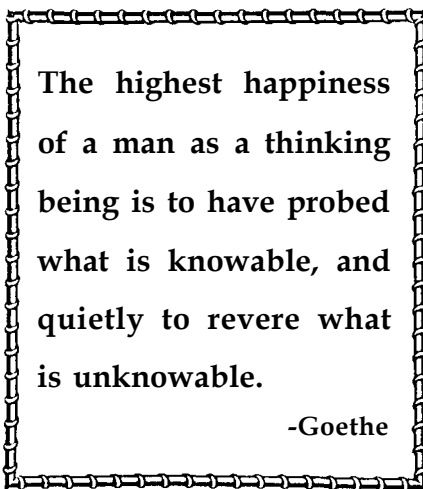
Our policy has been to accept as necessary to the advancement of AA, such local agencies as Central Committee and the AA District Office and the unqualified endorsement of the New York office, the Grapevine as AA's official publication and the Regional Advisory Council. Our endorsement of these has been severely criticized by some of our beloved pioneers who base their objections on fear of regimentation.

We are grateful to many of our subscribers who have been so generous with their praise of our little paper. We are also grateful to those 17 who have been subscribers ever since we started publishing. Also to those who have contributed generously over and above the subscription price. We are grateful to our critics whose comments made us alert and more careful.

We are certainly grateful to the many individuals who have helped maintain the subscriptions and sustain the interest by talking about the Bulletin at their meetings. During the past two months the activity of these friends has been apparent for we have passed the 1600 mark finally this month. We trust this interest will continue.

We owe a great deal of thanks to Spencer I., the writer of worthwhile articles on the left side of the front page, to Fred S., his predecessor, to other good friends who have

(Continued on page two)



-Goethe

ANOTHER MILESTONE

(Continued from page one)

responded when asked for an article, and to the many concemporary AA **papers** from whom we've borrowed some wortnwhile **articles**.

We're grateful too for the privilege of editorship. It has **helped us maintain** our own absolute sobriety **these** past **ten** years. Thanks.

FIRST THINGS FIRST

The other day I took a man to the hospital. This guy was really in **bad shapc**. **He** had more troubles than a bachelor with **seven** kids and he told them all to me as we drove to the hospital.

To begin with his wife didn't understand him. Then his son **wanted** a bicycle, but he **wanted** to buy him a pony. At work **the** boss complimented him because he was **a** good producer but the straw boss **chided** him for trying to **kill** the job and the hill billy next to him was stupid and ribbed him for trying to show him up.

Just as soon as he got out of the hospital he was going right back and tell **them** all to go to **hell** and quit **the** job.

I noticed however, that not **once** did he mention wanting to get sober and stay **sober**. Not once did he suggest **that** perhaps in some small instance he might have been wrong. I heard no word to indicate that he **ever** considered any **one** but himself. He was the **center** of the universe and **the** world **revolved** around him.

Now this man has **been** "**exposed**" to AA for three or four years. For most of that time he had to stay **sober** because he couldn't **get** anything to drink. He was a **theoretical** AA as it **were**. However, no **sooner** were **these** restrictions removed than he **bcgan** to **nibble**. Not bad, mind you and he always sobered **up under** his own power: But this time he couldn't cut it and he had to have help. Yet he was **concerned** more with **other** things than he was with sobriety. He figured he had to solve his **other** problems first than he would **get** around to his alcoholic problem.

As I drove along I kept asking myself "What can I do to help this man?" and "**How** many of us in AA approach our problems the same way?" We wntt to touch this magical thing called AA or have some one wave its magic wand and Hocus Pocus, Presto Chango all our problems will **vanish into** the thin air without any further thought or effort on our part. Instead of recognizing alcohol as our only real problem, we constantly get the cart before the horse and decide that once our other problems are solved the alcoholic problem will **take** care of itself. Unfortunately it never works out that way and we keep on getting drunk and our problems multiply **faster** than **the** progeny of an immoral rabbit.

I still haven't reached nny **certain** conclusions as to how to **handle** my man but as I turned it **over** in my mind I recalled **a** story my **mother** often told.

It seems that when she was a **little** girl a neighbor lady had a small child. This baby was just at the age **where** he was into everything. The young mother was at **her** wits **ends**. She couldn't get her **house** work done because just about the time she got started the young man would be into **some** devilment and she would have to take time out to round him up.

Finally **she** hit on a solution. She took down the sorghum can and **smearcd** some of **the** sticky molasses on **each** of his thumbs and **forefingers**. **Then** she got a feather and stuck it onto one thumb. From that day on **her** troubles **were** endctl. Tho baby would sit for hours at a time removing the feather from **one** thumb nnd finger only to have it stick to tho other and in the mcnntime **she** did **her** work at **her** lciaurc.

As I **recalled** this story, I thought that **perhaps** this **was** the solution for my friend's problem. Maybe, if I can smear on his **fingers** **the** sorghum of realization that he has no problem except alcohol. **then** **place** in his hands **the** feather of the AA principle, it will stick to him so determinedly and steadfastly he will not have time to get into **other** mischief. It **may** not work but I am going to try it **because** I can't find any **other** answer.

—Anonymous.

OH YEAH?

We clipped the following from a Cleveland newspaper yesterday. Maybe **these** scientists can prove their contentation on dogs and rats, but if they'd consult with some of the scientists who act as bartenders they would **change** their statements. **These** Cleveland bartender-scientists didn't serve **100 proof** licker, but they've seen some "dogs" and "rats" put **away** plenty more'n one quart a day for days at a time.

Here's the article:

If someone tells you he can drink a quart or more of **100-proof** liquor a day, don't **believe** him. He might, if he is a chronic alcoholic, be **able** to drink a fifth of **100-proof** liquor in **24 hours**, but no more.

Studies **showing** this are reported by Drs. Henry W. Newman, Roger H. L. Wilson and Edith J. Newman of Stanford University School of Medicine in the journal, Science.

Earlier Dr. Henry Newman had reported on the basis of dog studies that an average **man** might consume a quart of **100-proof** liquor in **24 hours**. **The** amount is slightly less, **760** milliliters or about eight-tenths of a quart, he and his colleagues find from direct experiments on three **men** and one woman.

MEETING BY CANDLELIGHT

On August **20**, around eight o'clock the **eastside** of **Cleveland** was **plunged** in darkness **due** to a **fire** in the **power** plant, but the local Collinwood members congregated just the same and held a meeting which they'll never forget, thanks to the thoughtfulness and industry of Josephine O. (Big Jo) who dashed home and returned with **25** candles of various sizes. These **were** placed judiciously and Mary M., the speaker made the evening a success with a most effective lead. Added to the soft candle-light were two electric railroad lamps **hastily** secured by Charlie H.

Regular lights came on just as the meeting **ended**, **giving** **better** aim to the donut dunkers.

SOCIAL SERVICE CENTER

The magnificent new Salvation Army Social **Service** **Center** at 5005 Euclid avenue was formally dedicated on Sunday afternoon, September 21 in **WHK** Studio One. After impressive services, a tour of inspection was made of the new facility which replaces the E. 55th Center.

The rooms are so attractive and homelike, several visitors were overheard to remark that they were going to **give** **up** **their** jobs and homes and apply for admittance.

We congratulate Major Peter Hoffman on the fulfillment of his dream and the answer to **his** devout prayers.

TRUE FISH STORY

With justifiable **pride**, Art N. of Collinwood **reports** the capture of a **33-inch**, 12 pound Northern pike in Comp Ouendake last month. He brought in an **excellent** picture of himself, the fish and Stevie, the manager of Oucndake, and we were tempted to publish pictures-anonymous, you know.

The fish was the largest ever caught near shore off the rock.

"If we can't have a championship in bowling," Art boasted, "we can hold one in fishing." He may **have** something there. **Incidentally**, Art celebrated his tenth anniversary of complete sobriety on Tuesday, **September** 23.

GOD SHOWS IN YOUR FACE

You don't have to tell how you live each day;
You don't have to say if you work or you play;
A **tried**, **truc** barometer serves in the place,
However you live, it will **show** in your face.
The **false**, the **deceit** that you bear in your heart
Will not stray inside where it **first** got a start;
For sinew and blood are a thin veil of **lace**—
What you wear in your heart, you wear in your face.
If your **life** is unselfish, if for **others** you live,
For not what you get, but how much you can give;
If you live close to **God** in His infinite **grace**—
You don't have to tell, it shows in **your** face.

CONSOLIDATED MEETING

Moose Hall, E. 22nd and Carnegie
Sunday, October 19, 4:00 P. M.

A rare treat is in store for AAs in the Cleveland area when they will be privileged to hear the renowned Dr. John B. A., of Toronto, Canada at the Fall Consolidated meeting in Moose Hall, 2107 E. 22nd at Carnegie on Sunday, October 19 at four o'clock.

Dr. A. is a physician and surgeon and has been an active member of AX for over five years. He is an eloquent speaker and has a heartening message for all AA's.

Moose hall has free parking facilities-enough for 200 cars.

NEWBURGH LOSES-KENTUCKY GAINS

A large contingent of members of the Newburgh group bade a sad farewell to member Jack E. on August 6, whose interests demanded his return to Mayfield, Ky. for an indefinite time. Jack wasted no time in keeping up with his AA work, for he immediately started a group in his home town. He even calls it the Mayfield-Newburgh group. That's loyalty and appreciation for you.

His address is 825 South First St., Mayfield, Kentucky.

The Newburgh group's seventh anniversary was a great success. Bill RL., it's anniversary speaker for the seven years was reported to have been his finest form. Gave many something to remember.

ANSEL ROAD ANNIVERSARY

The Ansel Road group will observe its third anniversary on Friday, October 17 at 9 p. m. The meeting will be held in St. Thomas Aquinas School auditorium, 9205 Superior Ave. "Uncle" Jim C. will be the speaker. All groups are invited.

LAKEWOOD-ORCHARD GROVE

The first Westside group, the Lakewood-Orchard Grove, meeting in Lakewood Community Center, St. Charles and Detroit Avenues, submits its schedule of speakers for October under the chairmanship of Nelson F. D. Oct. 6—Harry D., Edgelake; 13—Howard B., Independence; 20—Herb J., Independence; 27—Stanley G., Cedar.

HOLD MEMORIAL MEETING

A memorial meeting dedicated to the memory of the late Miss Kate Nolan, one of the first women AA's in Cleveland, was held on Thursday, September 25th by the Westside Women's group.

The meeting was reserved for women only because of limited quarters. One of the group's members was the speaker and gave an eloquent eulogy to the woman who set a high standard of twelfth step work during her span of life in AA.

CANADIAN SPEAKER

Walter M. of Hamilton, Ont., Canada, who spoke at the Spring Consolidated Meeting, will speak at a special meeting on Saturday, October 18th, at 8:30 p. m., in Calvary Presbyterian Church, East 79th and Euclid Ave. Outhwaite and St. James groups, who are sponsoring this meeting, cordially invite all members and wives from Cleveland and northern Ohio to hear this outstanding speaker.. Special refreshments and prizes.

PARMA

Polly L., formerly with the New York office, will be the speaker at Parma, Saturday, October 11. The meeting will be held in Parma Public Library, 5850 Ridge Road (at Snow Rd.)

LONDON PRISON FARM

Women will be welcome as the London Prison Farm AA Fellowship will observe its third anniversary on Sunday, October 5. Guest speakers will be Fred and Vi S. of Cleveland.

It is suggested that all who wish to attend should be at the prison in London, Ohio before noon.

NEW GROUP

The newest Cleveland group, the Norwood, will hold its first meeting on Wednesday, October 15, at 8:30 p. m. The meeting place will be in St. Vitus School, 6105 Glass avenue, and the speakers will be Franklyn S. and Jack D. You are invited. Frank D. is the initiator of the group.

Glass avenue is the first street south of St. Clair at E. 61st St.

LORAIN COUNTY CHANGES

Corrections have been made in group listings in this issue of the Bulletin on groups in the Lorain County area. We repeat them in this news item for your attention.

The Friday Avon Lake group, formerly listed as Lorain-Avon, now meets in Congregational Church, Stop 55½, Route 2 or 6, Avon Lake, Ohio.

The two Tuesday Elyria listings, Young People's and Colored, have been discontinued.

A new group, the Elyria Men's group meets on Mondays in St. Agnes Church, Lake Rd., at Bath St., Elyria, O.

MEMPHIS CALENDAR

Speakers at Memphis for October will be: &—Woody McG., Memphis, who will observe his fifth anniversary; 11—Dan K., Brooklyn; 18—Stan McG., Superior; 25—Walter (Tecumseh) M., Youngstown.

The group meets Saturday, 9 p. m. at 8235 Memphis Rd.

BROOKLYN

Speakers for October will be: 1—Ralph B., Brooklyn, his second anniversary; 8—"Corny" V., Lee-Wedn.; 15—Mary L., Brooklyn, her 6th anniversary; 22—Joe K., Brooklyn, his 2nd anniversary; 29—Norris M., Brooklyn.

TRINITY EVENTS

Big doings are in store for members and visitors at Trinity during October. On the 4th, John G. of Doan Men will be the speaker; 11—Julia W., Glenville; 18—Bill W., Lorain Ave. Thursday. On the 25th there will be no speaker. NO tickets. There will be music and refreshments, of course.

HEARSE PLAY

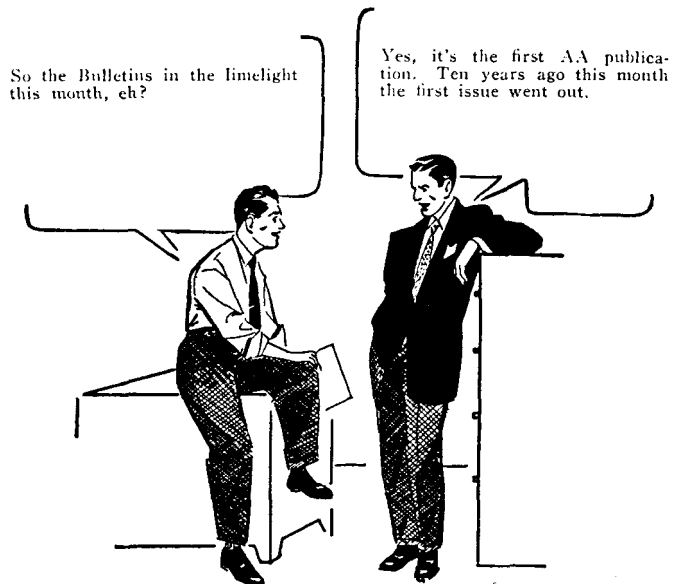
Than drinking and driving, there's nothing worse, It's putting the quart before the hearse.—Hal. S.

GIGGLES

Seeing ourselves as others see us wouldn't do much good. We wouldn't believe it anyway.

—o—

Of all vain things, excuses are the vainest. —Buxton.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church. 8:30
BORTON-E. Cleve. Congrega. Church 8:30
LAKE SHORE-St. Luke's Parish, 8:30
LAKEWOOD (Orchard Grove)- 8:30
LEE MONDAY-First Presbyter. Church. 8:30
LORAIN AVE.-West Park Baptist Church. 8:30
MARINE HOSPITAL-E. 124 & Fairhill. 7:30
PEARL-Corpus Christi Basement. 8:30
ROWDY ROW-Salvation Army Corps Hall. 8:00
SHAKER HEIGHTS-Christ Episcopal Church. 8:30
SOUTH EAST GROUP-Holy Name Hall. 8:30
UNION-East View Congr. Church. 9:00
WEST 25th St.-Marvel Hall. 8:30
ELYRIA MEN-St. Agnes Church. 8:30
VERMILION, St. Mary's Church, Exchange St. 8:30
WILLOUGHBY-Presbyterian Church. 8:30

TUESDAY

ARCADE-Central Y. M. C. A., 8:30
CHARITY-Last Tuesday of each month- 8:30
CLARK-1917 Clark Ave. 8:35
EAGLE TRAINING-Salvation Army, 8:00
EDGE LAKE- St. Charles Ave. 8:30
EUCLID-WADE-Calvary Presbyterian Church. 9:00
FAIRMOUNT-St. Paul's Episcopal, 8:30
FAIRVIEW PARK-Fairview Grace Church. 8:30
FOREST HILLS MEN-Hfarkad Motors. 8:30
MIDTOWN MIXED-5826 Cable Ave. 8:30
MILES-LEE-Mount Hope Church. 8:30
SMITH-WILSON-Nativity School. 8:30
SUPERIOR-North Presbyterian Church. 9:00
FAPCO-Post 4, 23555 Euclid. 2nd shift 1:00
WEST PARK-West Park Baptist Church. 8:30
WEST SIDE MEN'S-St. Patrick's Hall. 8:30
ASHTABULA COUNTY MEN- 8:30
LORAIN, O.-Community Hall. 8:00
MEDINA O.-St. Paul's Epis. Par. Hse. 8:30
PAINESVILLE, O.-Stag. 33 N. State St. 8:30
STRONGSVILLE-St. Joseph's Church. 8:30

WEDNESDAY

ALCOLA-6409 Detroit Ave. 9:00
BAXTER AVE.-6527 Baxter Ave. 8:30
BROOKLYN-K. of P. Hall. 8:30
COLLINWOOD-14709 St. Clair Ave. 8:30
DENISON MEN-7403 Denison Ave., 8:30

GAN MEN'S-2028 E. 105th St., 8:45
GARFIELD HEIGHTS-Trinity Baptist, 8:30
LAKEWOOD WOMEN-United Presby. 8:30
LEE ROAD-First Eng. Lutheran, 8:30
NORWOOD-St. Vitus School, 8:30
ST. JAMES-Ward's Convalescing Home. 8:15
TAPCO-Post 4, 23555 Euclid. 1st shift. 3:30
TWENTY-FOUR HOUR-13216 Detroit, 8:30
WARRENSVILLE-Women's House Cor., 7:30
WOMEN'S-East Side-First Unitarian Church, 8:30
BEDFORD, O.-Y.M.C.A., Tarbell Ave. 8:30
ELYRIA, O.-St. Andrew's Episcopal Church. 8:00
LORAIN, O.-ANTLERS-St. Mary's School. 8:30

THURSDAY

ALAN-1820 East 79th St. 8:30
ALLENDALE-St. Paul's Episcopal Church. 8:30
ANGLE-St. Malachi's Church, 8:30
BROADWAY-55th-Our Lady of Lourdes School Hall. 8:30
BROOKLYN Y. P.-United Presbyterian, 9:00
COVENTRY-Fairmount Presbyterian Chapel. 8:30
CRILE HOSPITAL-Library 8:00
EDDY ROAD-Glenville Congregational Church. 9:00
GLENVILLE-10421 St. Clair Ave. 8:30
LORAIN AVE.-West Park Baptist Church. 8:30
OUTTHWAITE-Woodland Center. 8:30
ROCKY RIVER-Rockport Methodist Church. 8:30
WEST SIDE-7403 Denison Ave. 10:30 A.M.
WOMEN'S (Westside)-Alt. Calvary Lutheran Church. 9:00
BEREA, O.-Fine Arts Club, E. Bagley Rd., 8:30
EAST LAKE-Bethel Lutheran Church, 8:30
INDEPENDENCE, O.-St. John's Lutheran Hall. 9:00
PAINESVILLE, O.-33 N. State. 3rd fl. 8:30
LORAIN COUNTY WOMEN- 1:30
ST. ANTHONY-St. Anthony's School, 8:30

FRIDAY

ANSEL ROAD-St. Thomas Church, 9:00
BROADWAY-HARVARD-8437 Broadway 8:30
GORDON SQUARE-St. Helena's Hall. 8:30
LEE ROAD-St. Philomena's Church, 9:00
NORTHEAST-2028 E. 105th St. 8:30
WESTSIDE YOUNG PEOPLE-St. Luke's Hall, Bunts and Clifton. 9:00
WON LAKE-Congregational Church, 8:30
BEREA-Social room of Berea Cong. Church, 8:30
CHAGRIN FALLS, O.-American Legion, 8:30
CHARDON, O.-Thrasher House, 8:30
CONNEAUT, O.-1% of L. E. Hall. 8:30
EUCLID, O.-Holy Cross Church, 8:30
MENTOR O--Mentor Methodist Church 8:30

OBERLIN, O.-American Legion Home, 8:30
WICKLIFFE MEN-Lady of Mt. Carmel Hall, Wickliffe, O. 8:00

SATURDAY

BROADWAY-CABLE-St. John's Lutheran, 8:30
CATHEDRAL-(Stag) St. John's Cathedral, 9:00
GLENVILLE-10421 St. Clair Ave. 9:00
HILLIARD-Central Y. M. C. A., 9:00
LAKEWOOD-Sat. Nite-Redeemer Hall, 8:30
LEAGUE PARK-St. Agnes School Hall, 8:30
MATT TALBOT-St. Philip Neri Church, 8:30
MEMPHIS-Church of Good Shepherd, 9:00
PARMA-Public Library, 5850 Ridge Rd. 8:30
REDWOOD-Enclid Lutheran Church, 8:30
VALLEY VIEW-Community Center, 8:30
8005 GROUP-8005 Lorain Ave. 8:30
ASHTABULA, O.-K. of P. Hall, Elm Av 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, 8:30
SOLOON, U.-St. Rita's Church basement 9:00
FRINTY-Trinity Evangelical Church, 8:30

SUNDAY

C. A. C. DISCUSSION-C. A. C. clubrooms, 10:45
COLLINWOOD-14709 St. Clair Ave. 7:30
DETROIT-Mixed-8023 Detroit Ave. 8:00
LAKEVIEW-CYO Hall, St. Aloysius Church, 8:30
MARYMOUNT-2nd Sun. in month, 2:30
MISTLETOE-MacGillis Home, 7:00
NEWBURGH St. Catherine's Church, 8:30
OUTTHWAITE-7100 Kinsman Ave. 4:00
WARRENSVILLE-Cooley Farms Recreation Room, 10:00 A.M.
GENEVA, O.-I-gion Hall, Park St. 7:30
HAMBDEN, O.-Hambden Grange Hall. 8:00

LIST OF COOPERATING AA HOSPITALS
Alcoholics Abstinence Nursing Home (MW)
Melrose 1-1635 8023 Detroit Ave
Cleveland Alcoholic Clinic (MW)
Express 1-8998 7809 Euclid Ave.
Elmwood Sanitarium (M)
Kenmore 1-2299 17322 Euclid Ave.
Farntharson's (Tuxedo 5-1882) (M) 6037 Pearl
MacGillis Nursing Home (MW)
RA. 1-2556 1560 Mistletoe Dr. at Wade Pk
Marymount Hospital (MW)
Vulcan 3,2310 12300 McCracken Rd.
Pathway (Tyler 1-6698) (MW) 1635 E. 93rd

1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE-
Hanna Building, Room 370 8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE-
Hanna Building, Room 370 8:30
FOR AUTHORITATIVE AA INFORMATION
AA CLEVELAND DISTRICT OFFICE-
CHerry 1-7367 780 The Arcade

FOR FIRST TIMERS ONLY
Charity Hospital (MW)
Main 1-9400 Central at E. 22nd St
St. John's Hospital (M)
Woodbine 1-5750 7911 Detroit Ave
(M) men only. (W) women only
(MW) men and women.

GIGGLES

"You were drinking" said the judge, "so I must tell you something. It was liquor that inflamed you. It was liquor that made you hate your mother-in-law. It was liquor that got you to buy the revolver to shoot her with. It was liquor that made you go to your mother-in-law's house, point the revolver, pull the trigger and fire. And it was liquor that made you miss her."

-0-

A lot of women are trying to see who can get the most out of an evening gown.

Subscription Blank for Central Bulletin

Official Publication of A A in the Cleveland Area

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Attach \$1.00 one for year's subscription

The
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Volumes XI-XII

October, 1952 - September, 1954

CENTRAL BULLETIN



Vol. XI-No. 1

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October 1952

SUBSCRIPTION PRICE \$1.00 PER YEAR



TEN CENTS PER COPY

AA DIDN'T WORK

UNFORGETTABLE

"Husband murders wife," was the heading of a news item in the morning paper early this week. "She'd been nagging him about his drinking," was the excuse. He couldn't stand her nagging, so he killed her. Just like that.

It was revealed by the reporter covering the story that the accused had "tried AA for a while-but it didn't work." His wife, her hope for her husband's release from the **clutches** of the drink habit bunned up by evidence of success of others similarly afflicted, naturally chided him for returning to drink. She was concerned about the welfare of their children, herself, their small business — and him. She wanted to be proud of him. She wanted the children to be proud of him. She wanted security.

Now she's dead. AA didn't work.

A very short time ago—a little over a month ago—the newspapers gave the sordid, tragic details of a traffic accident in which a sixteen year old boy was killed as he was returning home with a group of other boys his own age.

Their car had been struck from the rear by another heavier car driven at a high rate of speed by a drunken driver who was a patient in a nearby alcoholics' nursing home. The crash demolished both cars, injuring all the occupants including the drunken driver. But an innocent kid died.

This drunken driver had tried AA. He had tried it many times. We knew him well, for we had sponsored him, hospitalized him, counselled him but after many, many repeated escapades and brushes with the law which led him to the city's psychiatric ward, we finally realized that he was determined to run his life as he saw fit.

The life pattern which he diagrammed for himself definitely had alcohol as its motif.

AA definitely didn't fit into his pattern. It didn't harmonize. It restricted his liberties. He had to behave. He had to live a normal life. A normal life meant assuming the responsibilities of a husband and the father of three young children. These responsibilities tied him down. He was too young. He hadn't LIVED yet.

If these two had it in their power to erase these past months from the record and a chance to relive them, we are sure they'd live them differently. Some people will not learn until a terrible tragedy for which they are responsible, teaches them.

AA always works. Those who don't succeed are the wilful non-conformists who won't accent the restrictions which the AA way of life places upon them.

Like those many others who fail to make the program, "AA didn't work." They try to change the program to fit them instead of changing themselves to fit the program.

Restrictions? Yes! You can't drink. You must believe you are powerless over alcohol. You must want to change. You must turn your life and will entirely over to a Power greater than yourself. You must make amends. You must be honest. You must learn to love your fellowman. You must become unselfish. You must learn to give more in return than you receive.

AA always works if you want it to.

Each of us, sometime or other, is privileged to meet someone who makes an indelible impression upon us, changes our outlook on life, enriching it and sweetening it. We had the good fortune of spending several precious, unforgettable hours with such a person in Toronto, Ontario, Monday afternoon, October 13, 1952.

It was Thanksgiving day in Canada. We had been asked to address the Friendly group on its anniversary that evening. In passing, permit us to remark that it too was a joyous experience, for over 300 people crowded the auditorium. They were most kind.

We had been urged to visit this unforgettable character by our Cleveland friend, Corny V., who knew him well

Planning to spend a few minutes just to exchange amenities, we found ourselves reluctant to leave after spending the most profitable two hours we have known. Only consideration of our host and a rather cramped time schedule forced us to make our departure.

Let us introduce you to Ken B. We recognize our limitations in fully describing him. You'll have to meet him to feel the magnetism of his personality and the beauty of his soul.

He is an alcoholic. He's in his middle forties. Has been a member of AA for about five years. During his drinking career he went through three fortunes. He finally wound up in a hospital, under an oxygen tent after seven coronaries. While under the tent he became conscious enough to learn that his end was near.

He thought of his family. How would they live? They had no money. "Oh Father," he prayed, "let me live!

I can't afford to die! My family!" How many times this plea is made on the death bed! How many times it isn't answered. God answered this one.

The doctors gave him but a month to live. He could not be moved. He required constant nursing attention and a special diet. He insisted on going home. His wife fortunately was a trained nurse and a dietician. A bed was set up in the living room of his modest home and from there he started a wholesale lumber business, borrowing \$400.00 from a friendly bank to incorporate, with God as his partner. To everyone's astonishment he didn't die.

This occurred in August, 1950. Last year he did a million dollars worth of business and in this year indications are that he will do more. The entire first floor of the house is the business office. He has six employes in the office alone.

Last year he suffered two more heart attacks which blinded him temporarily. These occurred when he received word that his oldest boy, sent on a special intelligence assignment to Korea, was killed. Shocked and shaken, he properly turned to his Creator, seeking an answer.

He learned to accept that blow with growing serenity. Faced with blindness, he carried on his work. He explained to us that God probably figured he was overworking the heart that was functioning on borrowed time, and blinding him was His way of slowing him up a little.

(Continued on page two)

One of the best fruits
of reason is to perceive
how irrational we are:
Laughter and humility
can then go together.

-George Santayana
Newsweek

UNFORGETTABLE

(Continued from page one)

He is a diabetic. Sometime in his career, his neck had been broken. He had crashed airplanes and wrecked automobiles during his fantastic career. It probably happened during one of his wild escapades.

Does he feel **sorry** for himself? Never! Does he want sympathy? Never! **Why** the man is joyously happy. He's a tonic! People come to him with their troubles, their bellyaches, their fears and their phobias. They depart enriched and encouraged.

He gets out of bed regularly at least twice a week to attend a meeting. The meetings are absolute "musts" to him.

He revived and now directs a **training group** which meets every Sunday afternoon. He has scheduled his speakers (four for each session) up to the first of December. We were so **impressed** with this training plan that we are **going to urge** the establishment of a similar plan in **Cleveland**. It's wonderful.

This is a salute to an unforgettable, inspiring character who in **our** opinion gives **the most** perfect example of **practising** the third step of the AA program.

He has inspired many in Toronto. We **hope** this article inspires you as it has us as we penned it.

AA DISTRICT OFFICE

During the past summer your District Office arranged Group contacts for new members at the rate of about three a day, supplied several dozen meeting leads, met a serious financial crisis and welcomed visiting AA's from all parts of the United States and Canada in other words, business as usual.

Our visitors were directed to Group meetings and **some** of them were kind enough to come back to the District Office to tell us what they thought of these meetings. You might be interested in what they said.

There were a few criticisms, naturally, mainly of our lack of regular closed meetings and of our custom of having one speaker instead of four. Everybody is convinced that the place where he came into the program has the "only real AA."

The outstanding impression our visitors received at Cleveland meetings, they told us, was our universal **acceptance** of the deep spiritual content of the AA way of life. They spoke, too, of our spirit and friendliness. We can take pride in Cleveland AA.

Your District Office wishes to thank members who have volunteered to help us count Sales Tax Stamps. Anyone who wants to help can do so by **stopping** by the Office. We will supply you with a bag of uncounted Tax Stamps which you can take home and return counted. Tax Stamps **provide** a badly needed extra income for the District Office and we appreciate your help.

The Cleveland AA District Office barely weathered another severe financial storm during the past months and is not out of the woods yet.

We like the observation made by one of the members of our **group** who lamented over the diffidence and lack of interest in supporting the office. He said, "Some are so blind they WILL NOT see. If they'd **only** check over their list of members, they'd find out **how many** came into the group directly through the downtown office."

It takes so little from each of us to keep the Office in a safe financial condition. It should be each group's first responsibility. It isn't too late even now to make up for past deficiencies. Make it up and **keep** it up. This work goes on, silently and efficiently, and certainly is our responsibility and duty.

DEVOTION

Hal G. of Berea dropped us a note together with a subscription for the Bulletin for a doctor whom he met in Hayes, Kansas. This doctor who lives in **Logan**, Kansas drives 85 miles each meeting night with his babies from his old home town.

Hal also informs us that the Hayes group owns its own building in which they hold their meetings. He was quite impressed.

CANADIAN SPEAKERS MAKE HIT

A crowd estimated at 250 was given an excellent, moving and effective message by Walter M. of Hamilton, Ontario, Saturday evening, October 18, in Calvary Presbyterian Church, home of the Euclid-Wade group. The meeting was under the sponsorship of the Outhwaite and St. James groups and was very capably administrated.

One particular facet of the **many** which Walter cut in his talk appealed to us. He deplored the fact that so many were omitting some of the steps in the program **and** accordingly courted failure. Describing them he called them "two steppers" who accepted step one and twelve. He suggested if they wanted to dance they should learn all the steps and discover the beauty of "waltzing" through the whole **program**.

At the Consolidated-meeting in Moose Hall, a crowd of over 300 were thrilled with the scholarly, well-defined talk of Dr. John A. of Toronto. His description of how he found the spiritual part of the program was very effective and convincing to the most stubborn resister of deism. He expressed the opinion that the attitude of the alcoholic was **important** — that the habitual **set** of will had to be corrected. This **could** only be accomplished through an absolutely honest inventory brought to make this after his hopes were kindled by the examples of acquaintances in AA who had been successful.

He also suggested that after making the inventory to make a list of things he had to do and warned us not to tackle the big things first, but to practice on the little ones first. The satisfaction of **accomplishment** would spur us on with greater confidence in **tackling** the big ones.

We're indebted to our Canadian friends.

VOLUMN ELEVEN STARTS

This issue of the Bulletin opens our eleventh year of broadcasting the material we glean from the meetings we attend. From every speaker we hear we draw something which we store **and** use in our monthly messages to our renders.

During the **past** month we have received many letters of congratulations, **among** them a beautiful card from a local **group** (which has Rex B. as chairman and Bill D. as secretary) and a mute testimonial from an old subscriber, Tom McN. of Galion and Mansfield who sent in ten subscriptions. Thanks to all you fine people.

We have bound into book form, Volumes IX and X, namely the past two years of Central Bulletins. Twelve of these are available at \$2.50 per book. Should anyone be interested, available are **several** books of Volumes III and IV, V and VI and VII and VIII. Volumes I and II are all gone. We have several requests for these. If anyone wishes to dispose of his bound **copies** of Volume I and II, we'll gladly repurchase them if in **good** condition.

A faithful Bulletin subscriber and booster from Newark, New York, wrote:

"Mrs. S. joins me, not so much in **saying, congratulations** to you on your ten **years** of **publication**; but rather in extending, **to you** our **sincere** **best wishes**: that as you start your eleventh year you will find an abundance of personal peace, which we both feel you are justly entitled to **from your humble effort**."

Through the medium of the Bulletin we have often obtained a strong lead toward the possession of some **part** of the sobriety program, and as these parts fall into place, they add to the strength of the barrier between us and our **former** obsession.

So, kindly accept our thanks not for a **job** well done, but rather for the job you are so well **doing**. Our every **best wish** for your continued good fortune."

Sincerely,

Josephine and Cliff S.
Newark, N. Y.

YOUNGSTOWN TWELFTH

The Youngstown group observed its twelfth anniversary on October 12, with a banquet at the YMCA. Frank M. of Youngstown was toastmaster. Speakers were Charlotte S. and Ed B. (barrister) of Cleveland.

LAKWOOD-ORCHARD GROVE

The first AA group to be organized on the **westside** of Cleveland in 1939 will observe its thirteenth anniversary on Monday, November 17, at **8:30** p. m. Speakers will be Bill D. and Paul S. of Akron. Warren C., *one* of the group's first members and Judge James C. of Arcade. Harry D. of Edgelake will be M. C.

Everyone is invited, of course. The meeting will be held in **Lakewood** Community Center, 1417 St. Charles Ave., at Detroit Ave.

Speaking on November 3, will be **Frieda L.**, Brooklyn; **10—Corny V.**, Lee Road, Wednesday; **24—Dick N.**, Orchard Grove.

MEMPHIS CALENDAR

The Memphis group will observe its first **anniversary** on Saturday, November 22, with a question and answer panel of four capable and diversified speakers. Those composing the panel are Clarence S., member universal; Tom F., Borton, Wally L., **Lakewood** Satnite and Herschel H., **Parma**. Harry D. will be moderator.

Other speakers for November are: **1—Irene W.**, **Alcola**; **8—Crawford W.**, AA District Office; **15—Jack D.**, **Borton**; **29—Freda L.**, Brooklyn.

NEW GROUP

Howard B. of Independence will be the first speaker as the C. E. I. group holds its initial meeting on Monday, December 1, at **8:30**. The meeting will be held in the Illuminating Company Building, Room **335**. The entrance is on Public Saure. Stanley **McG.** and **Infred H.** are the bell weathers. **Infred** is the secretary. Other sneakers for **December** are, **8—Harry D.**, Edgelake; **15—Neil C.**, **Brooklyn** Y. P.; **22—Al J.**, Superior; **29—Henry S.**, **Lee** Monday.

POLISH GROUP CEASES

An interesting experiment in holding an AA meeting in a foreign language which we hailed in our columns less than a year ago has ended. The Baxter group found that the interest wasn't sustained and had to abandon the experiment. Too bad.

BROOKLYN

Speakers for November are: **5—Pete G.**, **Parma**; **12—Mary R.**, **Westside Women**; **19—Wally L.**, **Lakewood** Satnite; **26—Charlie E.**, **Doan Men**.

WOMEN CHANGE

The **Lorain** County Women's group now meets on Wednesday evening at **8:30**, instead of Thursday afternoons. They meet in St. Anthony's School Hall, E. Erie and Kansas Avenues. (Route 2 or 6.)

EDDY ROAD

The Eddy Road group now starts its meetings at **8:30** instead of 9:00 on Thursdays at Glenville Congregational Church, Eddy and St. Clair. New secretary is Tom W.

LONDON PRISON FARM

Over 500 attended the anniversary meeting of the London Prison Farm on Sunday, October 5. Speakers were Fred and Vi S., of Cleveland.

TRINITY EVENTS

Speakers for November are: **1—Ethel Marie O'D.** of League Park; **8—Firemen's** night, with Glenn B. of Lee, Friday, Dave G. of Angle, Elmer S., **Broadway-55th**, and Hank W., Brooklyn on the panel and Skid S. of Westside Men as M. C.; **15—Dr. Howard S.**, Shaker; **22—Ladd T.**, Lake Shore; **29—Bart McL.**, Edgelake.

OLD TIMER CELEBRATES

One of the original founders of the first westside AA group, **Wally L.**, was feted with a banquet prior to the evening's meeting which he led at the **Lakewood** Satnite group, Saturday, October 18.

The event celebrated his thirteenth anniversary of **complete** sobriety.

CENTRAL COMMITTEE

Using the only means it can use to secure better cooperation, fairer treatment and observance of previously agreed to "Rules and Regulations on the Treatment of Alcoholic Patients sponsored by AA members," the Hospital Committee recommended to the Central Committee the removal of one nursing home, accused of specific violations and non-cooperation, from the list of Accredited AA Hospitals as published in the Central Bulletin. It was ordered removed.

The regular meeting of Central Committee **scheduled** for November 4, has been advanced a week to November 11, because the fourth is election day.

DOAN DATA

"It's been a long time between drinks." On election Day in 1937, a very sodden and sick Charlie E. decided to do something about his drinking problem. He embraced the program which was in its budding stages in Akron, Ohio, now known as AA. Fifteen years ago! So in honor of him and in appreciation of his loyalty the **Doan Men's** group will have a spread of bread, meat, eggs, pickles, cake and maybe salami after the meeting on Wednesday, November 5.

His host of friends will surely be there.

CEDAR GROUP ANNIVERSARY

The Eighth Anniversary of the founding of Cedar Group of Alcoholics Anonymous will be observed at a banquet, Saturday, November 16. The banquet and the observance program will take place in the new dining room at **5005** Euclid Avenue.

Bernie H., a charter member of the Columbus, O., AA, will be the principal speaker. Other details of an interesting program will be made public soon.

Tickets at \$3.00 a plate are now being sold, and early reservations are urged as the supply is limited.

WE GYPPED HIM!

Art N. of Collinwood, catcher of the largest fish off the docks of Ouendake is indignant! We reported in these columns last month that he caught a fish 34 inches long. He insists it was **37!** So what! What's three inches? We didn't catch the fish, hut we caught hell from the one who did!

The reason why worry kills more people than work is that more people worry than work.

—0—

Let us give thanks for the courage that was always ours; and pray for the wisdom which we never had.

—Edna St. Vincent Millay.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church, Cor. Addison and Wade Park 8:30
BORTON-E. Cleve. Congrega. Church 8:30
LAKE SHORE-St. Luke's Parish, Clifton and Bunts Rd. 8:30
LAKEWOOD (Orchard Grove)-1417 St. Charles, nr. Detroit 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal, W. Clifton and Detroit 8:30
LEE MONDAY-First Presbyter. Church, East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-West Park Baptist Church, 15218 Lorain Ave. 8:30
MARINE HOSPITAL-E. 124 & Fairhill 7:30
MILES-St. Mary's Episcopal Church, 9721 Romona Boulevard 8:30
PEARL-Corpus Christi Basement, 4202 Stickney (E. of Pearl Rd.) 8:30
ROWDY ROW-Salvation Army Corps Hall, 2042 W. 26th St. 8:00
SHAKER HEIGHTS-Christ Episcopal Church, 1451 Warrensville 8:30
SOUTH EAST GROUP-Holy Name Hall, 8328 Broadway 8:30
UNION-East View Cong. Church, Kinsman at E. 156th St. 9:00
WEST 25th ST.-Marvel Hall, 7858 W 25th St. 8:30
ELYRIA MEN-ST. Agnes Church, Lake Road at Bath St., Elyria, O 8:30
VERMILION, St. Mary's Church, Exchange St. 8:30
WILLOUGHBY-Presbyterian Church, Willoughby, O. 8:30

TUESDAY

ARCADE-Central Y. M. C. A., East 22nd and Prospect Ave. 8:30
CHARITY-Last Tuesday of each month-Charity Hospital Nurses' Auditorium 8:30
CLARK-1917 & Ark Ave. 8:30
EAGLE TRAINING-Salvation Army, E. 9th and Eagle 8:00
EDGE LAKE-St. Charles Ave., Dinner at 7:00 p. m. Meeting at 8:30
EUCLID-WADE-Calvary Presbyterian Church, E. 79th and Euclid Ave. 9:00
PAIRMOUNT-St. Paul's Episcopal, Fairmount and Coventry 8:30
FAIRVIEW PARK-Fair & Grace Church, W. 224th and Lorain Ave. 8:30
FOREST HILLS MEN-Marked Motors, 13219 Superior Ave. 8:30
MILES-I.EE-Mount Hope Church, E. 164th, north of Miles 8:30
SMITH-WILSON-Nativity School, 9510 Aetna Road 8:30
SUPERIOR-North Presbyterian Church, F 40th and Superior 9:00
TAPCO-Post 4, 23555 Euclid, 2nd shift 1:00
TAPCO-Post 4, 23555 Euclid, 3rd shift 9:00
WEST PARK-West Park Baptist Church, W. 152nd and Lorain 8:30
WEST SIDE MEN'S-St. Patrick's Hall, Bridge at W. 38th St. 8:30
ASHTABULA COUNTY MEN-Room 4, Dorman Block, Conneaut, O. 8:30
LORA IN, O.-Community Hall, 23rd and Beech Sts. 8:00
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
PAINESVILLE, O.-Stag, 33 N. State St. 8:30
STRONGSVILLE-St. Joseph's Church, 10,000 Pearl Rd. 8:30

WEDNESDAY

ALCOLA-6409 Detroit Ave. 9:00
BAXTER AVE.-6527 Baxter Ave. 8:30
BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30
COLLINGSWOOD-14709 St. Clair Ave. 8:30
DENISON MEN-7403 Denison Ave., (first Wednesday, joint meeting) 8:30
DOAN MEN'S-2028 E. 105th St., 2nd floor, side entrance 8:45

EAST SIDE MORNING-2028 E. 105th St. 10:00 A.M.
GARFIELD HEIGHTS-Trinity Baptist, E. 94th and Garfield Blvd 8:30
LAKEWOOD WOMEN-United Presby., Church, 12601 Detroit Ave. 8:30
LEE ROAD-First Eng. Lutheran, Derbyshire and Euclid Hts. Blvd. 8:30
NORWOOD-St. Vitus School, 6105 Glass Ave. 8:30
ST. JAMES-Ward's Convalescing Home, E. 71st and Cedar Ave. 8:15
TAPCO-Port 4, 23555 Euclid, 1st shift 3:30
TWENTY-FOUR HOUR-13216 Detroit, Church of the Ascension 8:30
WARRENSVILLE-Women's House Cor. 7:30
WOMEN'S-East Side-First Unitarian Church, Euclid and E. 82nd St. 8:30
WOMEN'S-Lorain County-St. Anthony's School Hall, E Erie & Kansas (R2 or 6) 8:30
BEDFORD, O.-Y.M.C.A. Tarbell Ave. 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:00
LORAIN, O.-ANTIERS-St. Mary's School, Reid Ave. 8:30

THURSDAY

ALAN-1820 East 79th St. 8:10
ALLIENDALE-St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
ANGLE-St. Malachi's Church, 2549 Washington Ave. 8:30
BROADWAY-55th-Our Lady of Lourdes School, Hall 8:30
BROOKLYN Y. P.-United Presbyterian, Spokane and Pearl 9:00
COVENTRY-Fairmount Presbyterian Chapel, Scarborough 8:30
CRILE HOSPITAL-Library 8:00
EDDY ROAD-Glenville Congregational Church, Eddy and St. Clair 8:30
GLENVILLE-10421 St. Clair Ave. 8:30
LORAIN AVE.-West Park Baptist Church, 15218 Lorain Ave. 8:30
OUTHWAITE-Woodland Center, 7100 Kinsman Ave. 8:30
ROCKY RIVER-Rockport Methodist Church, 3310 Wooster Rd. 8:30
WEST SIDE-7403 Denison Ave., 10:30 A.M.
WOMEN'S (Westside)-Mt. Calvary Lutheran Church, 1 2 8 0 6 I orain Ave 9:00
BEREA, O.-Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland 8:30
EAST LAKE-Bethel Lutheran Church, 32400 Vine Street 8:30
INDEPENDENCE, O.-St. John's Lutheran Hall, Second and Sunset 9:00
PAINESVILLE, O.-33 N. State, 3rd fl. 8:30
ST. ANTHONY-St. Anthony's School, Route 2 and 6, Lake Road, Lorain, O. 8:30

FRIDAY

ANSEL ROAD-St. Thomas Church, 9205 Superior Ave. 9:00
BROADWAY-HARVARD-8437 Broadway 8:30
CEDAR-Salvation Army, 5005 Euclid 8:15
GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St. 8:30
LEE ROAD-St. Philomena's Church, Instruction Hall, 13824 Euclid 9:00
NORTH EAST-2028 E. 105th St. 8:30
WESTSIDE YOUNG PEOPLE-St. Luke's Hall, Bunts and Clifton 9:00
AVON LAKE-Congregational Church, Lake Road, Stop 55 8:30
BEREA-Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS, O.-America's Legion, E. Orange St. 8:30
CHARDON, O.-Thrasher House, Water St., Chardon, O. 8:30
CONNEAUT, O.-R. of L. E. Hall 8:30
EUCLID, O.-Holy Cross Church, F. 200th and Lake Shore Blvd. 8:30
MENTOR, O.-Mentor Methodist Church 8:30

OBERLIN, O.-American Legion Home, S. Main and Hamilton 8:30
WICKLIFFE MEN-Lady of Mt. Carmel Hall, Wickliffe, O. 8:00

SATURDAY

BROADWAY-CABLE-St. John's Lutheran Church, Cable at Broadway 8:30
CATHEDRAL-(Star) St. John's Cathedral, E. 9th and Superior 8:30
GLENVILLE-10421 St. Clair Ave 9:00
HILLIARD-Central Y. M. C. A., E. 22nd and Prospect Ave. 9:00
LAKEWOOD-Sat. Kite-Redeemer Hall, Andrews, near Detroit 8:30
LEAGUE PARK-St. Agnes School Hall, East 79th and Euclid Ave. 8:30
MATT TALBOT-St. Philip Neri Church, E. 82nd and St. Clair 8:30
MEMPHIS-Church of Good Shepherd, 8235 Memphis Ave. 9:00
PARMA-Public Library, 5850 Ridge Rd. 8:30
REDWOOD-Euclid Lutheran Church, E. 260th and Oriole 8:30
VALLEY VIEW-Community Center, West 7th and Starkweather 8:30
8005 GROUP-8005 Lorain Ave. 8:30
ASHTABULA, O.-K. of P. Hall, Elm Av. 8:30
ELYRIA, O.-St. Andrew's Episcopal Church, Middle and Third 8:30
SOLON, O.-St. Rita's Church basement 9:00
TRINITY-Trinity Evangelical Church, 3525 W. 25th St. 8:30

SUNDAY

C. A. C. DISCUSSION-C. A. C. clubrooms, 7809 Euclid Avenue 10:45
COLLINGSWOOD-14709 St. Clair Ave. 7:30
DETROIT-Mixed-8023 Detroit Ave. 8:00
LAK FVIEW-CYO Hall, St. Aloysius Church, E. 109th and St. Clair 8:30
MARYMOUNT-2nd Sun. in month, Cafeteria, McCracken and Henry 2:30
MISTLETOE-MacGillis Home, 1560 Mistletoe at Wade Park 7:00
NEWBURGH-St. Catherine's Church, 3443 E. 93rd St. 8:30
OUTHWAITE-7100 Kinsman Ave. 4:00
WARRENSVILLE-Cooley Farms Recreation Room 10:00 A.M.
GENEVA, O.-Legion Hall, Park St., corner of So. Paerle 7:10
HAMBDEN, O.-Hamblen Grange Hall 8:00

LIST OF COOPERATING AA HOSPITALS

Alcoholics Abstinence Nursing Home (MW) MEIrose 1-1635 8023 Detroit Ave
Cleveland Alcoholic Clinic (MW) F.N.Press 1-8998 7809 Euclid Ave.
Elmwood Sanitarium (M) KENmore 1-2299 17322 Euclid Ave.
Farquharson's (T) Xedo 5-1882 (M) 6037 Pearl Marvmont Hospital (MW) VUlcan 3-2310 12 300 McCracken Rd.
Pathway (Tyler 1-6698) (MW) 1635 E. 93rd

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE-Hanna Building, Room 370 8:30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE-Hanna Building, Room 370 8:30

FOR AUTHORIZATIVE AA INFORMATION

AA CLEVELAND DISTRICT OFFICE-Cherry 1-7387 780 The Arcade

FOR FIRST TIMERS ONLY

Charity Hospital (MW) Main 1-9400 Central at E. 22nd St
St. John's Hospital (II) WOOlbine 1-5750 7911 Detroit Ave
(M) men only. (W) women only. (MW) men and women.

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THANKSGIVING

Let us be grateful for the day. Let us rejoice in the sunlight-and when it is hidden from us, let us remember that in upper reaches of the air, above our clouded sphere, it still fills the heavens.

Many good things continue to come to us. Nature is continually providing us with bounties-while we wake, while we sleep. So let us go to our appointed tasks with cheerful obedience and joyful expectation. If trial and trouble await us, or if in the heat of the day the burden seems to great, we may still be comforted in the thought that above all, there is a Supreme Being in whom the world from the beginning, and today, can place its trust.

The above two paragraphs, written by George Batchelor, were sent to us by a new Canadian subscriber, Dr. C. E. II. of Chatham, Ont., and which he considers a part of the AA philosophy.

How many of us are truly, continually grateful-every day, every week, every month, every year-for our deliverance and for the opportunity of finally, really LIVING?

Every so often we hear someone say in the course of his conversation, "It seems outrageous to say it, but I'm glad I am an alcoholic! I'm glad, because I never would have discovered the art of living, true happiness, freedom of fear, true friends, the joy of helping others as I was helped, honest evaluation of myself, my limitations and my capabilities.

"Through my humiliation I found humility. In my humility I found peace with God. Where once I feared Him and felt that He was my enemy, I now know Him to be my friend and my Mentor. I am convinced that I never would have found Him, if I had not become an alcoholic, powerless over alcohol and unable to manage my life because of it.

"Had I remained a social drinker, I would have been living artificially, manufacturing a personality which wasn't my natural self-over-indulging occasionally, bluffing, shamming, white-lying, trying to be sophisticated (and unable to pronounce it after a few), alibi-ing, covering up, ducking responsibilities, borrowing money and forgetting to pay, cheating etc., etc., etc."

Yes, we have much to be thankful for, we chosen people of AA. We don't doubt the sincerity of those who made the foregoing statement-that they're glad that they are alcoholics. Right now as we are writing this, we sorta feel glad too. There are many of us, however, who don't want to own up to making such a statement. We are not proud of our past behavior and our weaknesses.

But if this deep plunge into the depths was necessary to plummet us up to the heights and to remain there to enjoy its altitude, then it was worth it.

Let us always remember that we were given this great gift for some definite reason.

God works in mysterious ways.

ARE YOU INFORMED?

How many people in the Cleveland area are completely indoctrinated in all the phases of AA? How many can truly say that they know the Twelve Steps sufficiently well to explain them satisfactorily to a newcomer? How many know, understand and accept the Twelve Traditions?

During the past month, several of us have found an astonishing number of apparently well-established and highly regarded AA's who are sober and have been for some time, but who have a woeful lack of knowledge of the principles which holds AA together and makes it click. How will they meet the crises of the future when they are not equipped with the knowledge of how similar crises were met in the past and which caused the development of the Twelve Traditions?

In our article in last month's Central Bulletin, titled "Unforgettable," we departed from our established rule by eulogizing a person. There are many other remarkable people in AA, and we have been tempted repeatedly to extol them. We are convinced that it is a dangerous practice to follow, for we are aware that none of us will ever attain perfection—that each of us is human and prone to err—that we have feet made of very soft clay. We obeyed an uncontrollable impulse last month and are not sorry, for the person deserved the accolade.

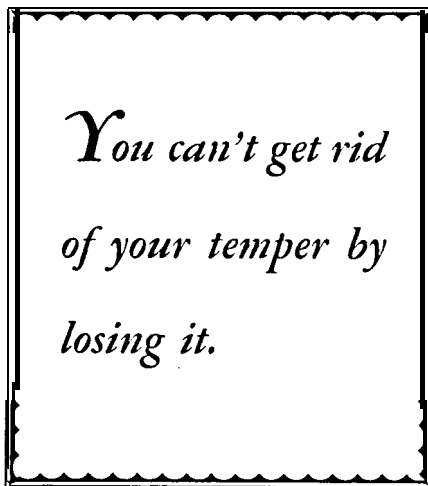
However, as he pointed out in his letter to us after reading the article about him, "You make it impossible for me to come to Cleveland, because after all, I am just an ordinary human and it would be a terrific let-down

to your readers to find that out." Personally, we doubt that, for we still believe he is extraordinary.

We agree that it is unfair to place any person as vulnerable as an alcoholic personality on a pedestal. Too many of us have been disillusioned in the past, and such a person has two strikes on him before his sincerity and his devotion to a cause is fully accepted.

The most outstanding and effective personalities in AA have the same thing in common. They shrink from publicity, from praise and glory. They're modest. They're humble. They are so full of gratitude for what they have received that they just naturally radiate good will and go to notable extremes in accomplishing miracles. It's when these miracles are revealed to us that we compare them to the everyday selfishness and self-centeredness of most people.

Have you ever noticed however that when these people lose their modesty and seek acclaim that they lose their effectiveness and their popularity fades? Good works and charity must come from the heart, unselfishly and without thought for personal gain or prestige. God in His infinite wisdom gives us many opportunities to do His work. Let's never forget that we owe Him more than our life.



LET US BE TRULY THANKFUL FOR ALL OUR BLESSINGS

FOODFOHTHOUGHT

In 1923, a very important meeting was held at the Edgewater Beach Hotel in Chicago. Attending this meeting were ten of the world's most successful financiers. Those present were:

- The president of the largest independent steel company;
- The president of the National City Bank;
- The president of the largest utility company;
- The president of the largest gas company;
- The greatest wheat speculator;
- The greatest of the New York Stock Exchange;
- A member of the president's cabinet;
- The greatest "bear" in Wall Street;
- Head of the world's greatest monopoly;
- President of the Bank of International Settlements.

Certainly we must admit that here were gathered a group of the world's most successful men. At least, men who had found the secret of "making money." Twenty-five years later let's see where these men are:

The president of the largest independent steel company—Charles Schwab—died a bankrupt and lived on borrowed money for five years before his death.

The president of the greatest utility company—Samuel Insull—died a fugitive from justice and penniless in a foreign land.

The president of the largest gas company—Howard Hopson—is now insane.

The greatest wheat speculator—Arthur Cutten—died abroad—insolvent.

The president of the New York Stock Exchange—Richard Whitney—was recently released from Sing Sing Penitentiary.

The member of the president's cabinet—Albert Fall—was pardoned from prison so he could die at home.

The greatest "bear" in Wall Street—Jesse Livermore—died a suicide.

The head of the greatest monopoly—Ivar Krueger—died a suicide.

The president of the Bank of International Settlement—Leon Frazer—died a suicide.

All of these men learned well the art of making money, but not one of them learned how to live.

BEDFORD

Trouble hit the home of Earl D., of Bedford. After conquering the drink habit and being active as a member of the Bedford group for the past five years, he was operated on for appendicitis. Recovering from that he was operated upon for a cancer of the throat and now speaks through a tube. He and his wife have seven children.

The group was of great help during this period and received the following letter which in our opinion merits publishing:

"Just a word of thanks for the help you have given me and also for your prayers.

"It is the second time you good people have come to help me when I needed it most. I know that your God will reward you for it. My God has given me another chance—a second one. The first when I came into AA and now this one..

"If you have any doubt about Him, take my word that there IS a God. Because, as I walked in that valley of the shadows many, many times, I called out to Him with all my heart—"Oh God, Thy will be done and do with me as Thou wilt." He heard me and answered me and now I am well on my way to recovery:

"So that's something that AA imparts to you. I call it Faith. Hang on to it! Foster it! Make it grow in your hearts, for some day you too may walk in that valley and you too will have the Faith to call out to your God for help.

"May God bless each and every one of you.—Earl."

Husband : "I suppose you are still angry with me because I came home last night with this black eye?"

Wife : "Maybe you don't know it, but when you came home last night you didn't have that black eye."

TRAINING MEETING PLANS

Sparked by the article in last month's Central Bulletin which referred to the excellent training program in vogue in Toronto, Canada, which impressed us, several people approached us for more details. This prompted a discussion at Central Committee on the possibilities of establishing one in Cleveland. A committee of three composed of Jack M. of Memphis, Henry D. of Lee Wednesday and Harry D. of Edgelake was instructed to investigate and report the possibilities of establishing a training center at the December meeting. The committee found an ideal spot on the southwest side, ideal for the purpose. No expenditure of money will be involved.

In essence, the plan will give every prospect a complete picture of AA in twelve weekly sessions. It suggests that no person be officially signed to a group roster as a member until he has "completed the course." though he naturally could attend any regular meeting he desired.

The plan, as will be proposed by the committee of three, will provide four speakers at each training session—preferably a different group each time for the prospect to yet a broader picture. At each meeting, the first speaker will devote ten to fifteen minutes in qualifying himself as an alcoholic. The second speaker will speak only on one of the Twelve Steps. The third speaker will elaborate on only one of the Twelve Traditions. The fourth speaker will be the moderator who will give a summing up of what each of the three previous speakers have touched on.

If a prospect attends each of these sessions with his sponsor and his spouse, we'll betcha there'll be a greater interest among the newer fellows than has been evident in the past several "production years." It's astonishing to us to find so many members who know so little about the fundamentals of AA. The Fellowship is only seventeen years old and through the "trial anti error*" method weathered many crises which could have foundered it. We found at least five secretaries who knew deplorably little about some of the limitations which they are morally subject to.

The committee will need a minimum of 48 speakers for this training program for just the twelve weeks. It will necessarily have a stand-by corps of dependables who will attend every meeting, ready to step in should one of the scheduled speakers fail to show. It will, of course, need the prayerful support and cooperation of all groups. If a group wishes all of its members to be thoroughly informed on every phase of the program, it will cooperate.

Present plans of the committee are to establish one center now and later to duplicate the processing on the east and southeast sides of Cleveland.

SPORTSMEN ORGANIZE

Throughout the Cleveland area there are many members who gave up one of their greatest interests—hunting or fishing—because these sports had always included heavy, turbulent bouts with booze. Some succeeded in overcoming temptation, but too many failed.

In the natural course of events enough of these sportsmen met each other. After three years of discussion they finally organized a non-drinking sports association during October and have enjoyed enthusiastic support. Their present plans include leasing a duck blind and exclusive fishing spot.

Any member of AA is eligible to join. The dues are low. More details can be secured by writing to the All-American Sportsman's Association, 10421 St. Clair Ave., or by calling Floyd K. at Cedar 1-3763 and Joe K., at HE 1-5632. They are the recently elected president and secretary respectively.

PIONEER DIES

One of Cleveland's pioneer AA's, Reuben A. Morman, passed away from a heart attack, several hours after attending a meeting of the Corinthians, an AA social subsidiary. Rube was a very active member of the Lee Road Monday Group and one of its mainstays. He enjoyed twelve years of sobriety.

He died during the night of Tuesday, November 11 and was buried Saturday, November 15.

CLEVELAND DISTRICT OFFICE

The Cleveland District Office began its new business year on November 1, 1952. Elsewhere is the report of the contributions for the year concluded on October 31.

Contributions this year made it possible to arrange AA contact for more than eight hundred and fifty people; put literature into the hands of hundreds more not yet ready for AA and telling them how to reach us when they need us; kept a general information and speaker service available to our members and groups at all times; enabled our Fellowship to work more efficiently in every way this past year than it would otherwise have done.

The Operating Committee of the District Office is deeply grateful to everyone for the share in this work. It was a good and productive year.

A meeting of the Office Advisory Committee was held November 20, at 8 p. m. at Hotel Cleveland. This was the first meeting of the new year for the Office. Financial plans for the ensuing year were discussed.

The office needs your continuing help and only by all of us cooperating with it and supporting it can we keep the door open for those who like ourselves needed help.

The amount shown contributed after each group includes cash contributions and sales tax stamps redeemed. Of the total \$578.72 was received from the sales tax redemption. Eighty-one groups contributed, of which one now is inactive.

Group	Total	Group	Total
Addison	\$ 5.53	Lakewood Sat. Nite	25.00
Alan		Lakewood Men	135.23
Alcoba Wed.		Lakewood 24 Hour	15.00
Allendale	150.79	Lakewood Women	6 5 0 0
Angle	5.00	League Park	255.00
Ansel Road	97.00	Mon-Lee	85.00
Arcade	68.83	Lee Road Wednesday	245.00
Ashtabula Wed.		Lee Road Friday	135.00
Ashtabula Sat.	25.00	Lorain Ave. Monday	
Astabula County Men		Lorain Ave. Thursday	
Avon Lake		Lorain County Women	5.00
Baxter Avenue	71.65	Matt Talbot	86.93
Bedford	125.00	Memphis	11.54
Berea Thursday	129.57	Midtown	7.00
Berea Friday	54.00	Miles-Lee	1 9 0 0
Bottom	105.00	Miles Men	16.50
Broadway-55th St.	51.18	Newburgh	1 80.77
Broadway-Harvard	143.02	Northeast	153.97
Brooklyn	180.00	Orchard Grove	32.00
Brooklyn Y. P.	10.00	Outhwaite	25.00
Cable	20.00	Painesville	117.75
C. A. C. Discussion	54.39	Parma	1 0 2 5 8
Cathedral Stag		Pearl	10.37
Cedar	33.00	Redwood	35.00
Chagrin Falls	136.72	Rocky River	285.90
Chardon	41.11	Ryan Sunday	10.00
Clark	23.71	St. Clair-Lakeview	30.00
Collinwood	118.13	St. James	15.00
Conneaut		Shaker	1230.00
Coventry	6 0 4 1 4	St. Anthony's	15.00
Crite Hospital	30.00	Solen	60.00
Denison Stag		Southeast	67.01
Doan Men	325.00	Smith Wilson	29.25
East Lake		Strongville	
East Side Morning	10.00	Superior	64.06
Eddy Road	65.00	Tapeo	
Edgelaque	582.00	Tapeo 3rd Shift	35.00
8005		Trinity	75.00
Elyria		Union	260.00
Euclid, O.	79.35	Valleyview	20.00
Euclid-Wade	29.33	Vermilion	30.00
Fairmount	5 0 0 0 0	Warrensville Women	11.37
Fairview Park	15.65	West Park	86.78
Forest Hills Men	10.00	West Side Men	
Garfield Heights	42.93	West Side Morning	4 0 0 0
Geneva	10.00	West Side Young People	35.00
Glenville	is. 50	West 25th St.	
Gordon Square	20.00	Willoughby	
Independence	75.02	Women's East Side	190.00
Individual	634.02	Women's West Side	31.00
Lake Shore	480.00		
		Total	\$9,857.50

LEAGUE PARK

League Park group welcomed former Clevelander Matt T. of Grand Rapids, Mich. with one of its largest crowds on Saturday, November 15. Matt gave unstintingly of his time when he was active here, and was responsible for the success of many who are active in Cleveland today.

LAKWOOD WOMEN

The newly elected officers of the Lakewood Women's group are "Billy" W., secretary and Lorraine S., treasurer.

BOWLING

Only two bowling leagues have revealed their existence to us to date. We are sure our readers will be interested in the progress of all our leagues and suggest that the secretaries keep us informed every week.

In the Friday Westside (7:30 shift) league, the Benhoff Body team lead the Fairview Park No. 1 team by four points, with the always dangerous Lorain Yanks in third place. The Lorain Yanks lead in single game totals with a single game of 1,007 and a three game total of 2750. Howard B., with a lowly 152 average went beserk one night and hit 257 to lead in that department.

In the Friday Westside (9:30 shift) league, Parma and Orchard Grove are tied for first place with 25-11. Denison follows with 22-14. A guy without a first name, but starting with an "S" and ending with "Y" socked in a 276 game to lead in that department. He enjoys an average of 186.

TRINITY EVENTS

The fifth anniversary of the group will be observed on Saturday, December 6, with Katherine K. of Westside Women "MCing" a panel of five well known women—Dorothy B. and Helen S. of Lakewood Women, Charlotte S. of Shaker, Beatrice S. of Lee Wednesday and Mary F. of Westside Women. Scheduled for the other Saturdays in December are: 13—Herb F., member-at-large; 20—Bill W., Lorain Ave., Thursday; 27—Christmas and New Year party and dance. No speaker, no tickets but there will be free music and cats.

BROOKLYN

Speakers for Brooklyn during December are: 3—"Scotty" R. Norwood; 10—Ed G., Brooklyn, observing his sixth anniversary. There will be no meeting on the 17th or the 24th. On the 31st, the group will hold a New Year's Eve party.

MEMPHIS CALENDAR

Speakers for Memphis during December are G. Joe H., St. James; 13—Jack M., Memphis; 20—Art G., Trinity; 27—Ted R., Valley View.

LAKWOOD-ORCHARD GROVE

Speakers for December: 1—"Billie" R., Parma; 8—Ralph B., Brooklyn; 15—Pete G., Parma; 22—Eugene G., Orchard Grove (his third anniversary); 29—Stanton McD., Orchard Grove (his eleventh anniversary.)

A THOUGHT FOR THE MONTH

Ed. H. of Lorain very nicely thinks it's a privilege to receive the Bulletin and adds "When a fellow looks around a bit, that first drink is always just around the corner. I personally hope and pray to keep it there—just 'around the corner.'"



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church, Cor. Addison and Wade Park	8:30
BORTON—E. Cleve. Congrega. Church Page and Euclid Avenue	8:30
LAKE SHORE—St. Luke's Parish, Clifton and Bunts Rd.	8:30
LAKEWOOD (Orchard Grove)— 1417 St. Charles, nr. Detroit	8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit	8:30
LEE MONDAY-First Presbyterian Church, East Cleveland, Nela and Euclid	8:30
LORAIN AVE.—West Park Baptist Church, 15218 Lorain Ave.	8:30
MARINE HOSPITAGE, 124 & Fairhill	7:30
MILES-ST. Mary's Episcopal Church, 9721 Romona Boulevard	8:30
PEARL-Corpus Christi Basement, 4202 Stickney (E. of Pearl Rd.)	8:30
ROWDY ROW—Salvation Army Corps Hall, 2042 W. 26th St.	8:00
SHAKER HEIGHTS-Christ Episcopal Church, 3451 Warrensville	8:30
SOUTH EAST GROUP-Holy Name Hall, 8328 Broadway	8:30
UNION-East View Cong. Church, Kinsman at E. 156th St.	9:00
WEST 23th ST.—Marvel Hall, 2 & 5 8 W. 25th St.	8:30
ELYRIA MEN—St. Agnes Church, Lake Road at Bath St., Elyria, O.	8:30
VERMILLION, St. Mary's Church, Exchange St.	8:30
WILLOUGHBY—Presbyterian Church, Willoughby, O.	8:30

TUESDAY

ARCADE—Central Y. M. C. A., East 22nd and Prospect Ave.	8:30
CHARITY—Last Tuesday of each month— Charity Hospital Nurses' Auditorium	8:30
CLARK—1917 Clark Ave.	8:30
EAGLE TRAINING—Salvation Army, E. 9th and Eagle	8:00
EDGE LAKE—1417 St. Charles Ave. Dinner at 7:00 p. m. Meeting at 8:30	8:30
EUCLID-WADE—Calvary Presbyterian Church, E. 79th and Euclid Ave.	9:00
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry	8:30
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave.	8:30
FOREST HILLS MEN—Markad Motors, 13219 Superior Ave.	8:30
MILES-LEE—Mount Hope Church, E. 164th, north of Miles	8:30
SMITH-WILSON—Nativity School, 9510 Aetna Road	8:30
SUPERIOR—North Presbyterian Church, F 40th and Superior	9:00
TAPCO—Post 4, 23555 Euclid, 2nd shift	1:00
TAPCO—Post 4, 23555 Euclid, 3rd shift	9:00
WEST PARK—West Park Baptist Church, W. 152nd and Lorain	8:30
WEST SIDE MEN'S—St. Patrick's Hall, Bridge at W. 38th St.	8:30
ASHTABULA COUNTY MEN— Room 4, Dorman Block, Conneaut, O.	8:30
LORAIN, O.—Community Hall, 23rd and Beech Sts.	8:00
MEDINA, O.—St. Paul's Epis. Par. Hse.	8:30
PAINESVILLE, O.—Stag, 33 N. State St.	8:30
STRONGSVILLE—St. Joseph's Church, 10,000 Pearl Rd.	8:30

WEDNESDAY

ALCOLA—6409 Detroit Ave.	9:00
BAXTER AVE. 4527 Baxter Ave.	8:30
BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd.	8:30
COLLINWOOD—14709 St. Clair Ave.	8:30
DENISON MEN—1403 Denison Ave. (first Wednesday, joint meeting)	8:30

DOAN MEN'S—2028 E. 105th St., 2nd floor, side entrance	8:45
EAST SIDE MORNING— 2028 E. 105th St.	10:00 A. M.
GARFIELD HEIGHTS—Trinity Baptist, E. 94th and Garfield Blvd.	8:30
LAKEWOOD WOMEN—United Presby. Church, 12601 Detroit Ave.	8:30
LEE ROAD—First Eng. Lutheran, Derbyshire and Euclid Hts. Blvd.	8:30
NORWOOD—St. Vitus School, 6105 Glass Ave.	8:30
ST. JAMES—Ward's Convalescing Home, E. 71st and Cedar Ave.	8:15
TAPCO—Post 4, 23555 Euclid, 1st shift	3:30
TWENTY-FOUR HOUR—13216 Detroit, Church of the Ascension	8:30
WARRENSVILLE—Women's House Cor., WOMEN'S—East Side-Cleveland Unitarian Society, Euclid and E. 82nd St.	7:00 8:30
WOMEN'S—Lorain County-St. Anthony's School Hall, E. Erie & Kansas (R.2 or 6)	8:30
BEDFORD, O.—Y.M.C.A., Tarbell Ave.	8:30
ELYRIA, O.—St. Andrew's Episcopal Church, Middle and Third	8:00
LORAIN, O.—ANTLERS— St. Mary's School, Reid Ave.	8:30

THURSDAY

ALAN—1820 East 79th St.	8:30
ALLENDALE—St. Paul's Episcopal Church, 15837 Euclid Ave.	8:30
ANGLE—St. Malachi's Church, 2549 Washington Ave.	8:30
BROADWAY-55th—Our Lady of Lourdes School Hall	8:30
BROOKLYN Y. P.—United Presbyterian, Spokane and Pearl	9:00
COVENTRY—Fairmount Presbyterian Chapel, Scarborough	8:30
CRILE HOSPITAL—Library	8:00
EDDY ROAD—Glenville Congregational Church, Eddy and St. Clair	8:30
GLENVILLE—10421 St. Clair Ave.	8:30
LORAIN AVE.—West Park Baptist Church, 15218 Lorain Ave.	8:30
OUTHWAITE—Woodland Center, 7100 Kinsman Ave.	8:30
ROCKY RIVER—Rockport Methodist Church, 3310 Wooster Rd.	8:30
WEST SIDE-7403 Denison Ave.	10:30 A.M.
WOMEN'S (Westside)—Mt. Calvary Lutheran Church, 12806 Lorain Ave.	9:00
BEREA, O.—Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland	8:30
EAST LAKE—Bethel Lutheran Church, 32400 Vine Street	8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset	9:00
PAINESVILLE, O.—33 N. State, 3rd fl.	8:30
ST. ANTHONY—St. Anthony's School, Route 2 and 6, Lake Road, Lorain, O.	8:30

FRIDAY

ANSEL ROAD—St. Thomas Church, 9205 Superior Ave.	9:00
BROADWAY-HARVARD—8437 Broadway	8:30
CEDAR—Salvation Army, 5005 Euclid	8:15
GORDON SQUARE—St. Helena's Hall, 1367 W. 65th St.	8:30
LEE ROAD—St. Philomena's Church, Instruction Hall, 13824 Euclid	9:00
NORTHEAST-2028 E. 105th St.	8:30
WESTSIDE YOUNG PEOPLE— St. Luke's Hall, Bunts and Clifton	9:00
AVON LAKE-Congregational Church, Lake Road, Stop 55 1/2	8:30
BEREA-Social room of Berea Cong. Church, Seminary and Church	8:30
CHAGRIN FALLS, O.—American Legion, E. Orange St.	8:30
CHARDON, O.—Thrasher House, Water St., Chardon, O.	8:30
CONNEAUT, O.—B. of L. E. Hall	8:30

EUCLID, U.—Holy Cross Church, E. 200th and Lake Shore Blvd.	8:30
MENTOR, O.—Mentor Methodist Church	8:30
OBERLIN, O.—American Legion Home, S Main and Hamilton	8:30
WICKLIFFE MEN— Lady of Mt. Carmel Hall, Wickliffe, O.	8:00

SATURDAY

BROADWAY-CABLE—St. John's Lutheran, Church, Cable at Broadway	8:30
CATHEDRAL—(Stag) St. John's Cathedral, E. 9th and Superior	8:30
GLENVILLE—10421 St. Clair Ave.	9:00
HILLIARD—Central Y. M. C. A., E. 22nd and Prospect Ave.	9:00
LAKEWOOD—Sat. Nite—Redeemer Hall, Andrews, near Detroit	8:30
LEAGUE PARK—St. Agnes School Hall, East 79th and Euclid Ave.	8:30
MATT TALBOT—St. Philip Neri Church, E. 82nd and St. Clair	8:30
MEMPHIS—Church of Good Shepherd, 8235 Memphis Ave.	8:00
PARMA—Public Library, 5850 Ridge Rd.	8:30
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole	8:30
TRINITY—Trinity Evangelical Church, 3525 W. 25th St.	8:30
VALLEY VIEW—Community Center, West 7th and Sta. Weather	8:30
8005 GROUP—8005 Lorain Ave.	8:30
ASHTABULA, O.—K. of P. Hall, Elm Av.	8:30
ELYRIA, O.—St. Andrew's Episcopal Church, Middle and Third	8:30
SOLOM, O.—St. Rita's Church basement	9:00

SUNDAY

C. A. C. DISCUSSION—C. A. C. clubrooms, 7809 Euclid Avenue	10:45
COLLINWOOD—14709 St. Clair Ave.	7:30
DETROIT-hixed-8023 Detroit Ave.	8:00
LAKEVIEW—CYO Hall, St. Aloysius Church, E. 109th and St. Clair	8:30
MARYMOUNT—2nd Sun. in month, Cafeteria, McCracken and Henry	2:30
NEWBURGH—St. Catherine's Church, 3443 E. 93rd St.	8:30
OUTHWAITE—7100 Kinsman Ave.	4:00
WARRENSVILLE—Cooley V.L.— Recreation Room	10:00 A.M.
GENEVA, O.—Legion Hall, Park St., corner of So. Eagle	7:30
HAMBDEN, O.—Hambden Grange Hall	8:00

LIST OF COOPERATING AA HOSPITALS

Alcoholics Abstinence Nursing Home (MW) Melrose 1-1635	8023 Detroit Ave
Cleveland Alcoholic Clinic (MW) Express 1-8998	7809 Euclid Ave
Elmwood Sanitarium (M) Kenmore 1-2299	17323 Euclid Arc.
Farquharson's (Tuxedo S-18821 (M))	6037 Pearl
Marymount Hospital (MW) Vulcan 3, 2310	12300 McCracken Rd.
Pathway (Tyler 1-6698) (MW)	1635 E. 93rd

FOR FIRST TIMERS ONLY

Charity Hospital (M) Main 1-9400	Central at E. 22nd St
St. John's Hospital (M) Woodbine 1-5750	7911 Detroit Ave
(M) men only. (W) women only. (MW) men and women.	

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE— Hanna Building, Room 370	8:30
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3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE— Hanna Building, Room 370	8:30
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FOR AUTHORITATIVE AA INFORMATION

AA CLEVELAND DISTRICT OFFICE— Cherry 1-7387	780 The Arcade
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SUPERIOR

The Superior group observed its sixth anniversary on Tuesday, November 18. A large crowd which included most of the leaders of their past meetings who were invited, attended.

BROADWAY-CABLE

The Broadway-Cable group observed its fifth anniversary on Sunday, November 16 with Bill M. as its speaker. Bill incidentally observed his eleventh anniversary. Harold S. was master of ceremonies.

RE: CRILE Hosp. Group. pp 2
RE: TRAINING Program
RE: ROSARY HALL

CENTRAL BULLETIN

UNSELFISHNESS • HONESTY
PURITY • LOVE
A.A.

Vol. XI-No. 3

BOX 6712, CLEVELAND 1, OHIO

December 1952

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TEN CENTS PER COPY

THREE CHRISTMASSES

It was the night before Christmas and all through the house not a creature was stirring—not even the old man. He had sneaked in at 3 a. m. after just a wonderful Yuletide eve party with the boys and he was tit up brighter than the tree into which he stumbled. He put his foot through the box with the doll in it, knocked off some of the ornaments, found the bottle he had stashed away and then passed out, half on the sofa, half on the floor.

The kids thought the rumpus was Santa Claus coming down the chimney and stayed tightly in bed as they had been warned. But mother knew what it was. Just another smashed up Christmas. Old and routine stuff by now. She had come down when quiet returned. Tried to rouse the old man to get him into bed, but he was too far gone. He was out, but the lights were on. So she extinguished them and let him lay. What a present for the youngsters to find under the tree in the morning!

"Mama, what's the matter with daddy?" they would ask.

"He's all tired out because he stayed up to help Santa Claus."

"But he looks so funny, mama."

"Yes, I know, but he'll be all right after he rests. Go play with your toys now."

And for that family it was not, in the lines of the old poem, "and a Merry Christmas to all," but it was "and to all a good night"—and how!

This year the old man didn't join the office party that started soon after lunch. That had always been the beginning of the end in years gone by. He hung around long enough to be sociable and then made a bee-line for home.

With his wife he helped trim the tree after the kids had gone to bed. He had some money this year and for the first time in a long while—longer than he cared to remember—he had bought her some lovely presents. The kids had more, too; not just the few things that could be squeezed from the limited funds left over from drinking.

And Christmas day was one to remember. The old man was up and about and cheerful and happy. This is swell, he thought to himself. Swell because all the others were happy too. What a change from the years gone by.

These were the externals, part of the reward of sobriety. But what had happened? Between these two Christmases there had been another Christmas—a new birth—when the old man found Alcoholics Anonymous.

What is Christmas? It reaches back into the dim antiquity of man. Originally it was a pagan holiday. The ancients celebrated the day to mark the return of the sun toward the north, bringing longer days, more light and the promise that life would revive the earth. The Christians took it over and retained much of the old significance.

SIDE SHOWS

We were pleased as all get-out (where in the world did we pick up that expression? Who "designed" it? Take it apart and what does it mean? Yet, it's in common usage and describes how we felt—so we'll "leave it he") when we heard that one of our most successful babirs had "stood for principle" and voiced the only negative vote when his group considered abolishing its meeting on Thanksgiving Day.

This "noe" brought on discussion and our hero stated his objection so convincingly that the group reversed its decision and held its meeting. The argument had been advanced that too many people would stay away and it was hardly worthwhile for just a few loyal people

to congregate. Besides, it would inconvenience the chosen speaker—if one could be found to sacrifice his holiday to conduct a meeting. To everyone's surprise they had a big crowd!

It's so easy to forget the importance of meetings. Too many members in too many groups have lost that fine edge of their appetite for more knowledge, more AA handles to find to insure their sobriety. To too many members the meetings become trite and boring and they seek innovations to entertain them. Too many have become smug and complacent and close their minds to further improvement.

We must be constantly on our guard lest we fall into the trap of "just attending" and not wholeheartedly participating with the infectious enthusiasm which we radiated when the greatness of the AA's promise was partially revealed to us.

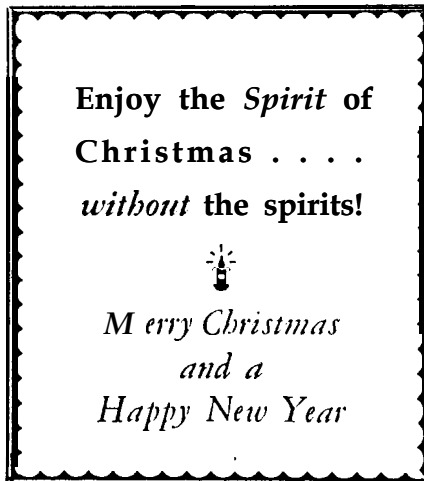
Probably this loss of initial enthusiasm and ultimate boredom was the cause for the introduction of other attractions. AA meetings were to become incidental and the side-shows the major attractions. In side-shows we refer to such inducements as games, entertainment and other things superficial.

When the "side-shows" become the major interest and assume the greater importance to attract and hold a group's membership, that group's efficacy will begin to wane. It has completely foundered some groups which had had great records of achievement. Had had!

There must be strict devotion to principle in the hearts and souls of the leaders in every group. The first consideration must be that it make its light shine so brightly that it will attract and give hope to some hopeless, helpless soul on the outside ready to enter.

Let's dedicate 1958 to the elevation of principle.

Nothing could be filled with more promise, nothing could bring brighter days, than that "Christmas" the alcoholic had found when he achieved sobriety. For those of us who now know happiness Christmas is not just a holiday, it is the spirit of a new way of life.



WINTER Season's Greetings WINTER

WELFARE FEDERATION ACTS

A three-pronged movement to do something about chronic alcoholics was launched today by the Welfare Federation of Cleveland.

To support its program, the federation committee on problems of alcohol cited these figures:

More than \$50,000,000 was spent for liquor in Cuyahoga County last year, 29.7% of Ohio's total.

In 1951 Cleveland Municipal Court sent 7240 persons to the Workhouse, 70% of them for intoxication.

Family and child placing agencies in the community report alcohol a major factor in breaking homes and representatives of industry blame it for increasing absenteeism.

The committee cited several recent domestic tragedies as evidence of alcoholism as a major community problem and asserted that "the general public is unaware of the magnitude of the problem and has not, undertaken adequate measures to deal with it."

Msgr. A. J. Murphy, pastor of St. Ignatius Church, is chairman of the committee and Daniel R. Elliott, associate executive secretary of the Welfare Federation, is its secretary.

It includes 30 leaders from medicine, the courts, social agencies, Alcoholics Anonymous, women's groups, schools and the liquor industry.

Henry S. and Harry D. of AA are members of the committee. They, of course, acting without portfolio. They believe that ANY action which will help an alcoholic is important.

The committee recommends that:

EFFORTS be intensified to obtain enactment of a law to create a state division of alcohol under the Department of Health to carry on a state-wide program of treatment, education and research in alcoholism. Such a bill passed the House last year, was approved by two Senate Committees but died with other bills in the Senate Rules Committee.

ESTABLISHMENT of a Cleveland treatment center for alcoholics, preferably as part of a local hospital. The committee suggests modelling such a center after a successful institution in **Buffalo**, chiefly supported by state funds.

CREATION of an information and education center, separate from the treatment program but allied with it. Such a center in Buffalo is operated with Community Chest funds.

ANOTHER BEATING

Inasmuch as we are now starting off the New Year, and it is the consensus of opinion that it should be started off right, perhaps now is an appropriate time for a discussion of "wife beating." This quaint, old custom undoubtedly dates back to prehistoric ages, but our first recorded proof appears in ancient British law books. They state that it is legal for a man to beat his wife provided that the weapon he uses for this task is "no larger than his little finger." How any beneficial results may be obtained under these restrictions is beyond me. Even in those days, the female of our species was taking unfair advantage of us. There was no restriction placed upon the size of weapon the wife could use while beating her husband. Well, I see where now things have changed for the better. A judge recently sentenced a man to jail because he had been drunk while beating his wife. His reasoning is obvious. After drinking, your senses may be dulled and you might overdo the job, or being in a genial frame of mind, you may give it its proper attention. Really, I don't approve of this domestic sport. Particularly after reading about a man who ended up in the hospital as a result of beating his wife.

—Standard Time, Cleveland, Ohio

"I don't see John nearly as much as I used to."

"You should have married him when you had the chance."

"I did."

TRAINING PROGRAM

The first training meeting under the auspices of Central Committee will be held on Sunday, January 4, at 2:30 p. m. in the Brooklyn Acres Community Hall, West 63rd Street and Woburn. (West 63rd is a dead-end street running south from Memphis Avenue and the hall faces the street.)

Four speakers have been selected to open the series. The first will qualify, the second will explain the first step, the third the first tradition, and the fourth will summarize, and tie together what the first three have covered.

Attending from Toronto, Canada will be Ken B. and his wife to give us the benefit of his successful experience in conducting similar series in that wonderful town.

We urge every sponsor with a comparatively new "baby" to attend with him. We urge too, the attendance of those members who are at sea about the fundamentals of AA. We urge the attendance of old-timers who could be of great help in after-meeting twelfth step work.

There will be no collection, nor will there be any refreshments. The meetings will be strictly for making every new member a better and a constant one.

Every Sunday at 2:30 sharp. Meetings to last no longer than an hour and one half. Be there.

YOUR DUTY AND MINE

Within everyone are the seeds of possible good. But they will not quicken and sprout until they are watered with an impulse for a better life. We should never form the idea that anyone is of no account and destined to failure. We in AA are pledged to help. Some of our most beautiful plants were considered weeds until their virtues were discovered. That person who criticizes another is invariably attempting to divert attention from his own shortcomings of which there are usually many. Your duty and mine is to help—even to the point of seeming necessary to someone. Our work is rehabilitation. We can't help the saints, so we help the sinners. And it certainly doesn't become us to wear a halo-tint even when we start to feel a little better. Let's keep our feet on the ground, a smile on our face and a kind word for the other fellow—and we will all have done our bit and sleep better at night. Let's give someone an impulse for a better life—by living one ourselves.

—The Lifeline, Vancouver, B. C.

CRILE STILL ACTIVE

Contrary to rumor, the Crile Hospital group is still very much alive. Miriam G. is properly indignant at the thoughtlessness of some people in dispensing this misinformation. The group would appreciate more visitors to their meetings to help them plant the seed in the ever-changing patient prospects.

SPENCER RETURNS

Our favorite writer of first page column one has returned from a two months trip to Europe and we're happy. We tried to fill his shoes and found them horribly large—for us. Because many of our readers knew that Spencer always wrote column one, we hasten to inform them that we were guilty—not he, of the let-down in quality.

We're sure glad he's back.

Holiday Warning!—Don't Take that First Drink!

A girl bought a ticket in the big lottery and insisted on number 51. It turned out to be the winning number and she received \$15,000.

A reporter called on her and asked: "Why did you especially want ticket 51?"

"Well," she said "for seven nights I dreamed of number seven, and seven times seven is 51, so I bought the ticket."

AA DISTRICT OFFICE

Delegates from Cleveland Groups attended the opening Advisory Committee meeting for the new business year 1952-1953 on last November 20th. New plans were made and ideas exchanged about AA service in the Cleveland district. Finance and Service reports were read for the year just completed.

During the past year 853 calls for help were referred to 96 groups; 526 of these were receptive to first contact. 113 speakers were supplied. 241 sets of informative literature were mailed out. 3 lists of group secretaries were compiled and distributed. 11 news letters were circulated.

CHARITE' HOSPITAL OPEN

St. Vincent's Charity Hospital re-opened! its ward for the treatment of alcoholics on Sunday, December 7. Beds are available for 14 men and two women. This practically doubles the space previously allotted to us before the beautiful new building was erected.

Patients must be sponsored, hospital officials explained. This usually will be done by members of Alcoholics Anonymous.

"This is not a sobering up program," a hospital official said. "We have enough such places. This will combine medical help with a proper spiritual philosophy. These people are physically, mentally and morally ill and must be helped in all three fields. A physician will be in charge of the ward, named by the staff."

The program by the Sisters of Charity of St. Augustine has been helped by many groups and in turn they hope to help the unfortunates in the whole community. it was said. A five-day treatment will be minimum, most will take a week.

NEW YEAR'S EVE PARTIES

Rather than list the many New Year's eve parties which will be held by most of the groups, we suggest that anyone desiring to attend should contact the secretary of the group to which the member belongs for information.

Holiday Warning!—Don't Take that First Drink!

ORCHARD GROVE

Speakers for January include: 5—Nelson D., Orchard Grove; 12—Tom It., Lakewood Patnite; 19—Mary F., Westside Women; 26—Roy and Lance N., of all groups.

MILES GROUP

Frank L. of Miles group has added some features to his annual display of the Nativity scene at 4141 East 116th Street.

It's showing now and will be out until January 10th. His wife is recovering from a heart attack which put her in the hospital some weeks ago. He hopes she will be able to go out for an hour or so on New Year's Eve.

MEMPHIS CALENDAR

Speakers for January include: 3—Arlene and Bill C., Orchard Grove; 10—Harold S., Arcade; 17—Johnny D., Memphis; 24—Mary I., Alcola; 31—Tony S., Ansel.

Speakers for January include: 7—Orrin K., Brooklyn Otis fourth anniversary; 14—Dorothy S., Westside Women; 21—Chester S., Doan Men; 28—AA motion pictures. No speaker.

NEARBY REST HOME OPENS

Greenbriar—a new rest home for alcoholics was opened Sunday, December 21. Open house was held to permit inspection from 12 noon to 8 p. m. Greenbriar is located on North Ridge Road, Route 20, Perry, Ohio.

TRINITY EVENTS

Speakers for January include: 3—Russ and Kitty M., Clark; 10—Arlene and Hill C., Orchard Grove; 17—Bob, Alice and Fred E., Clark; 24—Bess and George D., 8005; 31—Billy and Jack R., Parma and Memphis.

1952 was a big year at Trinity, and the group wishes to thank everyone for the cooperation shown.

BOWLING

Only two AA leagues sendings information about their activity and progress. We are sure our readers are interested—so, secretaries of the other leagues—follow the excellent example of Bill R., secretary of the Friday Westside leagues and mail in a copy of your weekly record sheet direct to the editor and your league's progress will be noted.

In the early shift Friday Westside league, Benhoff Bodies still maintain a four point lead over Fairview Park No. 1. Norman L., with 182 individual average leads the park. Tied for second are Ed B. and Joe O'C., with 178. Howard B. was displaced as individual high singles leader by Rollie F. with 266 and Bill G. with 264. Howard's lofty 257 is now also ran third.

In the late shift, Orchard Grove nudged Parma out of first place and leads them by one point. Stan S. is first in individual averages with 189 with Roy E. right behind hit 11 with 188. Stat 1 also has high single with a lusty 276.

CLEVELAND DAY

Cleveland Day will be held at London Prison Farm on Sunday, January 25, at 11:30 sharp. Women are invited and are welcome to attend. The speakers will be Hilda and Ed H. of Cleveland.

Hilda has been a zealous worker among the women alcoholic inmates at Warrensville and her husband has been a most dependable worker in A.A.

A bus will transport any who have no other transportation. Call Ralph K. at RAndolph 1-7710.

WESTSIDE WOMEN CHANGE

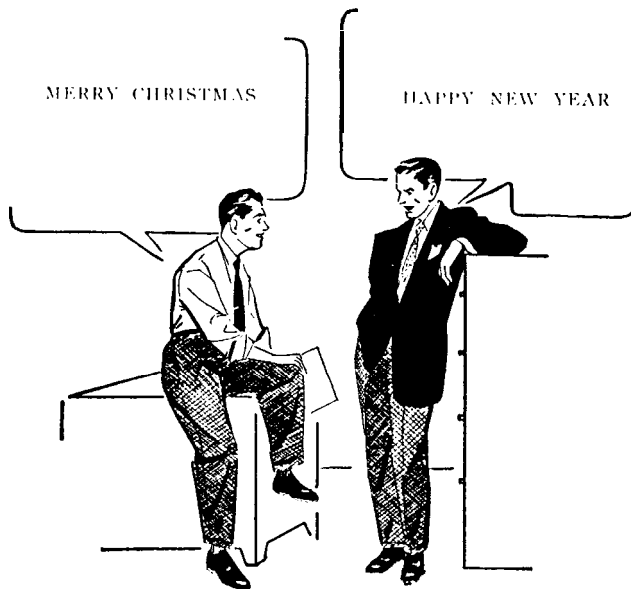
The Westside Women returned to their former meeting place, West Boulevard Christian Church Madison and West 101st Street, and have also changed back to their old meeting night—Monday. They were forced to seek a temporary location while extensive remodeling was taking place. Mary R. is again secretary.

So remember, women, Madison and West 101st Street, Mondays at 8:45 p. m.

VERMILION GROUP

A free Christmas party for AA's and their wives or vice versa was held on Monday night, December 15, by the Vermilion group. Invited were friends to share in the distribution of many fine Christmas gifts, and to enjoy a sociable evening. They played bingo for these gifts. No charge, no kitty, no meeting, no "lead," just a social time. Quite an occasion.

Holiday Warning!—Don't Take that First Drink!



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON--Westminster Church, Cor. Addison and Wade Park 8:30
BORTUS--Cleveland Congregational Church, 1417 St. Charles, nr. Detroit 8:30
LAKE SHORE--St. Luke's Parish, Clifton and Bunts Rd. 8:30
LAKEWOOD MEN--St. Peter's Episcopal, W. Clifton and Detroit 8:30
LEE MONDAY--First Presbyterian Church, East Cleveland, Nela and Euclid a:30
LORAIN AVE.--West Park Baptist Church, 15218 Lorain Ave. 8:30
MARINE HOSPITAL--E. 124 & Fairhill 7:30
MILLES ST. Mary's Episcopal Church, 9721 Romona Boulevard 8:30
PEARL--Corpus Christi Basement, 4202 Stickney (E. of Pearl R.d.) 8:30
ROWDY ROW--Salvation Army Corps Hall, 2042 W. 26th St. 8:00
SHAKER HEIGHTS--Christ Episcopal Church, 3451 Warrensville 8:30
SOUTH EAST GROUP--Holy Name Church, 8328 Broadway 8:30
UNION--East View Cong. Church, Kinsman at E. 156th St. 9:00
WEST 25th ST.--Marvel Hall, 2858 W. 25th St. 8:30
WOMEN'S--Westside W.C.1 Boulevard Christian Church, Madison and W. 101 8:45
ELYRIA MEN--St. Agnes Church, Lake Road at Bath St., Elyria, O. 8:30
VERMILION, St. Mary's Church, Exchange St. a:30
WILLOUGHBY, O.--Presbyterian Church, Willoughby, O. 8:30
TUESDAY
ARCADE--Central Y. M. C. A., East 22nd and Prospect Ave. 8:30
CHARITY--Last Tuesday of each month--Charity Hospital Nurses' Auditorium. 8:30
CLARK--1917 Clark Ave. 8:30
GAIL--TRAINING--Salvation Army, E. 9th and Eagle 8:00
EDGE LAKE--1417 St. Charles Ave., Dinner at 7:00 p.m. Meeting at 8:30
EUCLID WADE--Calvary Presbyterian Church, E. 79th and Euclid Ave. 9:00
FAIRMOUNT--St. Paul's Episcopal, Fairmount and Coventry 8:30
FAIRVIEW PARK--Fairview Grace Church, W. 224th and Lorain Ave. 8:30
FOREST HILLS MEN--Markad Motors, 13219 Superior Ave. 8:30
MILES-LEE--Mount Hope Church, E. 164th, north of Miles. 8:30
SMITH-WILSON--Nativity School, 9510 Aetna Road 8:30
SUPERIOR--North Presbyterian Church, F. 40th and Superior 9:00
TAPCO--Post 4, 23555 Euclid, 2nd shift 1:00
TAPCO--Post 4, 23555 Euclid, 3rd shift 9:00
WEST PARK--West Park Baptist Church, W. 152nd and Lorain 8:30
WEST SIDE MEN'S--St. Patrick's Hall, Bridge at W. 38th St. 8:30
ASHTABULA COUNTY MEN--Room 4, Dorman Block, Conneaut, O. 8:30
LORAIN, O.--Community Hall, 23rd and Beech Sts. a:00
MEDINA, O.--St. Paul's Epic. Par. Hse. 8:30
PAINESVILLE, O.--Stag, 33 N. State St. 8:30
STRONGSVILLE--St. Joseph's Church, 10,000 Pearl Rd. 8:30
WEDNESDAY
ALCOLA--6409 Detroit Ave. 9:00
BAXTER AVE.--6527 Baxter Ave. 8:30
BROOKLYN--K. of P. Hall, 3316 Broadway, East of Pearl Rd. a:30
COLLINWOOD--14709 St. Clair Ave. 8:30

DENISON MEN--7403 Denison Ave., (first Wednesday, joint meeting) 8:30
DOAN MEN'S--2028 E. 105th St., 2nd floor, side entrance 8:45
EAST SIDE MORNING--2028 E. 105th St. 10:00 A. M.
GARFIELD HEIGHTS--Trinity Baptist, E. 94th and Garfield Blvd. 8:30
LAKEWUUIJ WOMEN--United Presby. Church, 12601 Detroit Ave. 8:30
LE F ROAD--First Eng. Lutheran, Derbyshire and Euclid Hts. Blvd. 8:30
NORWOOD ST.--Vitus School, 6405 Glass Ave. 8:30
ST. JAMES--Ward's Convalescing Home, E. 71st and Cedar Ave. 8:15
TAPCO--Post 4, 23555 Euclid, 1st shift 3:30
TWENTY-FOUR HOUR--13216 Detroit, Church of the Ascension 8:30
WARRENSVILLE--Women's House Cnr. 7:30
WOMEN'S East Side--Cleveland Unitarian Society, Euclid and E. 82nd St. 8:30
WOMEN'S Lorain County--St. Anthony's School Hnl. E. Erie & Kansas (R. 2 or 6) 8:30
BEDFORD, O.--Y.M.C.A., Tarbell Ave. 8:30
ELYRIA, O.--St. Andrew's Episcopal Church, Middle and Third 8:00
LORAIN, O.--ANTHERS--St. Mary's School, Reid Ave. 8:30

THURSDAY

ALAN--1830 East 79th St. 8:30
ALLENDALE--St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
ANGLE--St. Malachi's Church, 2549 Washington Ave. 8:30
BROADWAY--55th Our Lady of Lourdes School Hall 8:30
BROOKLYN Y. P.--United Presbyterian, Spokan and Pearl 9:00
COVENTRY--Fairmount Presbyterian Chapel, Scarborough 8:30
CRILE HOSPITAL--Library 8:00
EDDY ROAD--Glenville Congregational Church, Eddy and St. Clair 8:30
GLENNVILLE--10121 St. Clair Ave. 8:30
LORAIN AVE.--West Park Baptist Church, 15218 Lorain Ave. 8:30
OUTHWAITE--Woodland Center, 7100 Kinsman Ave. 8:30
ROCKY RIVER--Rockport Methodist Church, 3310 Wooster Rd. 8:30
WEST SIDE--7403 Denison Ave. 10:30 A.M.
BEREA, O.--Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland 8:30
EAST LAKE--Bethel Lutheran Church, 32400 Vine Street 8:30
INDEPENDENCE, O.--St. John's Lutheran Hall, Second and Sunset 9:00
PAINESVILLE, O.--33 N. State, 3rd fl. 8:30
ST. ANTHONY--St. Anthony's School, Route 2 and 6, Lake Road, Lorain, O. 8:30

FRIDAY

ANSEL ROAD--St. Thomas Church, 9205 Superior Ave. 9:00
BROADWAY-HARVARD--8437 Broadway 8:30
CEDAR--Salvation Army, 5005 Euclid 8:15
GORDON SQUARE--St. Helena's Hall, 1367 W. 65th St. 8:30
LEE ROAD ST.--Philomena's Church, Instruction Hall, 13824 Euclid 9:00
NORTH EAST--2028 E. 105th St. 8:30
WESTSIDE YOUNG PEOPLE--St. Luke's Hall, Bunts and Clifton 9:00
AVON LAKE--Congregational Church, Lake Road, Stop 55 1/2 8:30
BEREA--Social room of Berea Cong. Church, Seminar y and Church 8:30
CHAGRIN FALLS, O.--American Legion, E. Orange St. 8:30
CHARDON, O.--Thrasher House, Water St., Chardon, O. 8:30
CONNEAUT, U. S. B. of L. E. Hall 8:30

EUCLID, O.--Holy Cross Church, E. 200th and Lake Shore Blvd. 8:30
MENTOR, O.--Mentor Methodist Church 8:30
OBERLIN, O.--American Legion Home, S. Main and Hamilton 8:30
WICKLIFFE MEN--Lady of Mt. Carmel Hall, Wickliffe, O. 8:00

SATURDAY

BROADWAY-CABLE--St. John's Lutheran, Church, Cable at Broadway 8:30
CATHEDRAL--(Stag) St. John's Cathedral, E. 9th and Superior 8:30
GLENNVILLE--10421 St. Clair Ave. 9:00
14114 IARD--Central Y. M. C. A., E. 22nd and Prospect Ave. 9:00
LAKEWUUIJ--Sat. Nite--Redeemer Hall, Andrews, near Detroit 8:30
LEAGUE PARK--St. Agnes School Hall, East 79th and Euclid Ave. 10:30
MATT TALBOT--St. Philip Neri Church, E. 82nd and St. Clair 8:30
MEMPHIS--Church of Good Shepherd, 8235 Memphis Ave. 9:00
PARMA--Public Library, 5850 Ridge Rd. 8:30
REDWOOD--Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY--Trinity Evangelical Church, 3525 W. 25th St. 8:30
VALLEY VIEW--Community Center, West 7th and Star Kweather 8:30
8005 GROUP--8005 Lorain Ave. a:30
ASHHARULA, O.--H. of P. Hnl. Elm Av 8:30
ELYRIA, O.--St. Andrew's Episcopal Church, Middle and Third 8:30
SOLOM, O.--St. Rita's Church basement 9:00

SUNDAY

C. A. C. DISCUSSION--C. A. C. clubrooms, 7809 Euclid Avenue 10:45
COLLINWOOD--14709 St. Clair Ave. 7:30
DETROIT--Mixed--8023 Detroit Ave. 8:00
LAKEVIEW--GYO Hall, St. Aloysius Church, E. 109th and St. Clair 8:30
MARYMOUNT--2nd Sun. in month, Cafeteria, McCracken and Henry 2:30
NEWBURGH--St. Catherine's Church, 3443 IS, 93rd St. 8:30
OUTHWAITE--7100 Kinsman Ave. 4:00
WARRENSVILLE--Cooley Farms Recreation Room 10:00 A. M.
GENEVA, O.--Legion Hnl. Park St., corner "f" S. Eagle 7:30
HAMBDEN, O.--Hambden Grange Hall 8:00

LIST OF COOPERATING AA HOSPITALS

Alcoholic Abstinence Nursing Home (MW)
MELrose 1-1635 8023 Detroit Ave
Cleveland Alcoholic Clinic (MW)
EXPRESS J-8998 7809 Euclid Ave.
Elnwood Sanitarium (M)
KENmore 1-2299 17322 Euclid Ave.
Farquharson's (EUXedo 5-1882) (M) 61137 Pearl
Marymount Hospital (MW)
VULcan 3-2310 12300 McCracken Rd.
Pathway (Tyler 1.6698) (MW) 1635 E. 93rd

FOR FIRST TIMERS ONLY

Charity Hospital (M)
M.Yin 1-9400 Central at E. 22nd St
St. John's Hospital (M)
WOODhine 1-5750 7911 Detroit Ave
(M) men only. (W) women only.
(MW) men and women.

1st TUESDAY EVERY MONTH

CENTRAL COMMITTEE
Hanna Building, Room 370 8:30

3rd TUESDAY EVERY MONTH

HOSPITAL COMMITTEE--
Hanna Building, Room 370 8:30

FOR AUTHORITY AA INFORMATION

AA CLEVELAND DISTRICT OFFICE--
CHerry 1-7387 780 The Arcade

GIGGLES

Patient: "Why stick me in the ward with that crazy guy?"
Doctor: "Hospital's crowded--is he troublesome?"
Patient: "He's nuts." He keeps looking around saying, "No lions, no tigers, no elephants,"--and all the time the room's full of them.
"Did they take an X-ray photo of your wife's jaw at the hospital?"
"They tried to, but they got a moving picture."

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Official Publication of AA in the Cleveland Area

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