

JOYOUS PERPETUAL LENT

This is the season of Lent. It' is not a period observed only by one faith, the Christian, but a custom that men have adopted through the ages and in all religions.

Lent or its equivalent has a special meaning for members of Alcoholics Anonymous.

In the Christian Church Lent is a period of 40 week days extending from Ash Wednesday to the eve of Easter during which time the believer is expected to give up some customary practice. It is normally a time of fasting and penitence. It commemorates the 40 days that Jesus fasted in the wilderness.

The Mohammedans have a period of fasting too. It is called Ramadan. It is the ninth month of the Islamic

calendar and from dawn to sunset strict fasting is practiced by the faithful

There are periods of fasting and abstinence from certain foods in the Jewish faith.

The Fast of Esther is observed by the Jews of this day. It recalls the fast that Esther ordered as a prayer to God to help her save the Jews from annihilation by **Haman**.

In ancient times, we are told in the story of Jonah in the Bible, the pagan peoples of ancient Nineveh fasted.

The reason for this custom is that man early learned it was good for him, physically and spiritually, to exercise self-control, to do without certain things he had become accustomed to and as an exercise to remind him of certain fundamental truths.

The whole idea was expressed in a few lines by Shakespeare in his play, "Measure for Measure": play,

"From too much liberty, my Lucio, As surfeit is the father of much fast, So every scope by the immoderate use Turns to restraint. Our natures do pursue,— Like rats that ravin down their proper bane,-A thirsty evil; and when we drink we die."

Here the bard has made the connection between excess and abstinence. One would almost think he anticipated the problem of alcoholism. He did.

This is why we, whatever our religious faith, find a very special meaning in Lent. As far as alcohol is concerned every day of the year is a day of Lent, of fasting from the bottle, for us.

There is an interesting difference. Since fasting is supposed to be a time of penitence and means the practitioner is doing something he may not like to do. He is imposing a hardship on himself.

This would be a wrong view to take of our abstinence. Our philosophy holds that once we have made amends to the extent of our ability, and without injuring some other person, we must let bygones be begones. There is no place in AA for sackcloth and ashes. Such an attitude implies a temporary period. It anticipates the end of it when we can cut loose again.

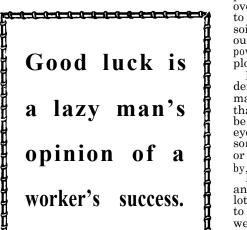
We find joy in our fasting. Instead of a handicap it (Continued on page two)

IT'S SPRING AGAIN

Springtime for the alcoholic is an ideal time to take stock of himself. All around us is evidence that the great miracle of life is again being groomed for display. Trees and plants are beginning to bud and even in our inner selves we seem to sense a change.

No one is better able to understand the meaning of Spring than the man or woman who has accepted the program of AA. If ever a new life came into being it was ours when we decided we were powerless over alcohol and our life was unmanageable and we turned our life and will over to the care of God as we understood Him.

First we had to remove all the debris from our garden



plot (our old self); we had to-spade over all the soil, and we were told to dig deep; we had to mulch the soil, remove the stones, rake thoroughly, and if the soil was too impoverished, fertilize it before the plot was ready to receive the seed.

Possibly we decided to do this under duress-a wife's or a boss' ultimatum. It is probable in this case that the conditioning of the soil will be half-hearted and with an errant eye on some way to escape, getting someone else to do the spade work, or just scratching the surface to get

by. If however we ourselves get sick and tired of the appearance of our lot and make a studied, sincere effort to make the best garden possible, we will seek advice from the best authorities, follow their suggestions to the letter, plant the good seeds which they recommend, pull out the weeds which hinder the growth of

the good seed, feed it with proper nutriment, sprinkle it regularly, our reward will be great in the pride of achievement as well as in the knowledge that we can hold up our heads as we greet our neighbors instead of skulking or hiding when they pass by.

A good garden- if we want the best, and it isn't a coincidence that we demand the best, for we're all that way by nature-needs a lot of attention. Once planted, it still requires attention. Take a look about you. Watch the neighbor who has the best garden. See how much loving care he devotes to his plot.

Then look over on the other side of the street. There's the guy who too did a lot of work in the Spring last year. His garden was a flop. Never again would he try it! Too much work. Besides it interferred with his pleasures. He never had time to weed it or to sprinkle.

There's a lesson in this for us. Our life has been full of the debris of wrong living, broken faith and debauchery. Somehow a desire to change came over us and we decided or were persuaded to come to AA. We sought advice from the good gardeners around us and we followed it – and found life beautiful.

So with the sunshine of God's grace in our hearts and our souls. in gratitude we develop our garden, making it so attractive that others seek our advice and help.

What kind of a gardener are YOU?

JOYOUS, PERPETUAL LENT (continued from page one)

is a blessed **privilege**. We are no longer "like rats that ravin down their proper bane." We are men and women who know that "when we drink we die." We have found life in abstinence, hope and promise in our perpetual Lent.

GUIDEPOSTS TO GOOD STANDARDS

No man is licked until he says that he is, and even then there remains hope. Many people who have at sometime admitted they were a failure, in life have somehow, somewhere, found the inspiration and courage to start again and followed their new found faith and inner conviction on to success.

When we define alcoholism as a symptom of emotional illness or an inadequate adjustment to life's problems, we mean that the alcoholic does not react to these problems as a well adjusted person.

When are these attitudes, feelings and reactions that are found in an alcoholic personality, and not present in a well adjusted personality? We find that the differ-ence between the well adjusted and maladjusted person-ality is simply one of degree. The potential for mal-adjustmnt is to be found in every normal person and provide only to be applied through representation. need only to be exploited through repeated or long term stress, to break down the personality and bring about a maladjustment.

We might ask then, just what is the criteria of good adjustment? Many volumes have been written and a number of opinions expressed on the subject. One often mentioned standard of good adjustment is the ability to accept reality. The well adjusted person learns the necessity of giving up impossible wishes? day dreams, and the like, and turn to real life **experiences** for satisfaction

Another important guidepost to good adjustment is the ability to accept responsibility for himself and his be-havior. If one can manage himself and make decisions with a minimum of worry, it is a mark of maturity. He has self-control, restraint, and is independent of unneces-sary inhibitions. Another sign of good adjustment is, the depth of loyalty to friends and persistence in dis-charging his duties and obligations. He is not a fly-bynight operator, so to speak.

The above are but a few of the many standards by which we judge adjustment. The alcoholic by-passes these guideposts when he begins to indulge and his life continues to be unmanageable, until such time as he recognizes his problem and makes a decision to do something about it.

Once he has admitted his problem and begins to do something about it, results will follow; he can not become careless or indifferent to his efforts. although in most cases there are feelings of discouragement and dis-content during the early stages of sobriety. He must learn to turn these feelings into action which will satisfy his desire for self-expression.

No one can expect to find happiness by simply wishing for it or demanding it. In the case of an alcoholic a more satisfactory adjustment comes about as his atti-tudes, thinking and tensions change. This *is* the result of action and not simply wishing.

The Alcoholics Anonymous program has brought about a change in the lives of thousands of people, once they apply the program to their lives as to guide for every-day living. Through AA you, too, can find a new life and the gift of happiness, IF you really seek this goal. -S. M. Patterson, AA Advisor, the Ohio Pen Eye Opener

9 A PHYSICIAN'S OPINION

"I am glad that on the birthday of Honest Abe, I am able to pick up a medical journal and read a fairly honest presentation of the dangers of tranquilizers. I have always stressed when leading a meeting, the imminent dangers of "peace pills" to the mentally distressed, particularly the chronic alcoholic that we in AA all are. In my way of thinking, the only place to obtain the peace of mind and the serenity that we so dearly need is at meetings. The serenity obtained from a pill or capsule is artificial and dangerous. It gives a false sense of security even to the point of making us think that we are able to handle that first drink. (How stupid! Ask the man who had one.) Personalls. I'll take **my** tranquility and serenity in the form **of** a kind word, a hearty handshake, and a pleasant hello at an AA meeting. To hell with the pills and capsules. If the market value of drug stocks go down let the manufacturers worry about it. I don't own any drug store anyway. Now for some cold-blooded facts. In a study of 7500 people taking tranquilizers for various reasons, larger part of them for alcoholism, this is what happened:

96 showed allergic phenomena.

General toxic effects in 78.

Habituation of 72.

Severe liver disturbance in 31.

Other severe symptoms in 97.

Death in 4. Two were suicides.

In 1700 instances serious problems were created in essentially normal people. In 827 instances, pre-existing emotional illness was aggravated. This includes 11 patients who progressed to acute manic state, and 80 who developed suicidal tendencies.

The physician must inform himself well about these drugs and reorient his own thinking-about their indica-tions. In my own thinking, for the alcoholic, they are NOT indicated-so, that takes care of the limitations. (The above thoughts were written by an M.D. who is also a member of AA. His facts come from the Feb. 9, 1957 issue of the Journal of the American Medical Asso--Chit Chat, Robesonia, Pa. ciation.)

ERNEST BECKEDORFF

A solid, dependable member of the Edgelake group, Ernie Beckedorff, suffered a heart attack March 18 and died in the arms of his son, Lawrence, an Army colonel who had just landed at the Cleveland Airport and was home on leave.

Ernie had enjoyed over 14 years of continued sobriety and had been effectively active until his heart condition forced him into semi-retirement.

Besides his son. he was survived by his wife, Alma, and a daughter, Josephine.

Our sincere condolences go to his bereaved family.

OFFICE ADVISORY COMMITTEE

The second quarterly meeting of the Office Advisory Committee will be held on Tuesday, April 9 at 8 p. m. at Hotel Cleveland.

The main business of this meeting will be the election of two members to the Office Onerating Committee, replacing members whose terms have expired.

The Nominating Committee has submitted the names of Tom P. of League Park and Don W. of Fairmount. Other nominations may be made from the floor. All groups are urged to send their representative.

BB OF AA

Cleveland speakers will address the Fellowship group of Ohio Penitentiary on Sunday, April 7 at noon. At 2:30 p.m. the annual meeting of Big Brothers will meet in Virginia Hotel. Everyone is invited. (Men only at the Penitentiary.)

That first drink makes you a playful gazelle; the second, a dashing zebra: the third, a roaring lion; the fourth, a silly jackass again.

I'm not the man I want to be, and not the man ${f I}$ ought to be;

But by the grace of God . . . I'm not the man I used to be.

To insure publication, group news articles must he in **our** hands before the 15th of **each** month

Brooklyn--Speakers for April are: 3-Alex C., Brooklyn (his first anniversary) ; 10—Dick P., Newburgh; 17— George H., Brooklyn (his 5th anniversary) ; 24-Tom E., Brooklyn (his 4th anniversary).

Crossroads--Speakers for April are: 5-Jim B., Your; 12-Michael Y., Valley View. An open meeting with movies on Alcoholism; **19—Pauline** C., Detroit, **Mich.**; 26-Paul C., Euclid.

Eastside Morning-Speakers for April are: 3-Bill McA., Pearl; 10-Marty S., Lorain Monday.; 17-Dick P., New-burgh; 24-Chris H., Westside Morning.

Gordon Square-Speakers for April are: 5-Esther R., St. James; 12-James D.; 19-Ed B. (his 16th anniver-sary); 26-Tom McG., Edgelake.

Lake County-Speakers for April are: 2-Charles E., Broadway E 55; 9-Bob R., South East; 16-Joe G., St. Catharine; 23-Michael Y., W. 25th; 30-A woman member of AA. Visitors are welcome.

Lorain County Consolidated-Harry D., Edgelake will be the speaker at the monthly Consolidated meeting on Sun-day evening, April 7 at 7:30 p. m. They meet at 345 Broad St., Elyria, Ohio.

Mistletoe-Speakers for April are: 'I-Dennis C., League Park; 14—Ruth H., Westside Women (her first lead); 21-Fern S., Arcade; 28—James K., 24 Hour. The new secretary is Ray S., 14317 Kelso Ave., Cleveland 10, Ohio. Secretaries please note as group notices have arrived too late for announcing

Orchard Grove-Father P., a priest of the Arch-Diocese of Indianapolis and a member of the Indianapolis group will be the speaker on Monday, April 8 at 8:45 p. m. It

will be an open meeting, so wives, families and interested friends may be invited. He is an outstanding speaker. Other speakers for April are: 1—Rollie F., Memphis; 15-Bob H., Columbia Station; 22-Irene and Bob W., Orchard Grove (their 13th anniversary; 29-Emil P., group not known.

Solidarity-Observes its first anniversary on Sunday, March 31 at 4 p. m. in the Church of the Incarnation, 616 E. 105th (north of St. Clair). Frank K. of the Union group will be the speaker.

Solon-Speakers for April are: 6-Paul M., Fairmount; 13-Baird J., Shaker; 20-Warren C., Sr., Lake Shore; 27-Helen K., Friday Afternoon Women.

Trinity-Speakers for April are: 6-Bill S., Youngstown; 13 -Cecil W., Trinity (his 4th anniversary); 20-Keith W., Shaker; **27—Mae** M., Orchard Grove.

W. 25th—Speakers for April are: 1-Harold M., Denison Men; 8—Dan C., Valley View; 15-Clara B., Elyria; 22— George G., Forest City; 29-Whitey C., St. Clair-Thursday.

West Park-Speakers for April are: 2-Tom P., League Park; S-Johnny H., Valley View; 16-Bill D., Trinity; 23-Fred F., Superior; 30-John (Jack) D., Borton.

HAVE YOU MOVED LATELY?

Sister Ignatia of Charity Hospital is anxious to keep her mailing list up to date. A great many letters have been returned because of faulty address, We of Central Bulletin would appreciate notification also.

Subscriptions to The Grapevine should be sent direct to The Grapevine, PO Box 85, Knickerbocker Sta., New York 2, N. Y. Rates are \$2.50 for one year or \$4.50 for two years. Make checks payable to The Grapevine, Inc.

SAVE SALES TAX STAMPS FOR DOWNTOWN OFFICE

SPRING CONSOLIDATED MEETING

Charity Hospital Nurses Auditorium East 24th and Centraly Ave. Sunday, April 21, at 4 p. m.

Eugene H. of Toledo will be the speaker at the Spring Consolidated Meeting on Easter Sunday afternoon at 4 p. m.

This will be the third or fourth appearance of this splendid speaker at our consolidated meetings. It is our impression that he spoke at the first of these meetings many years ago. We urge you to hear him. He's solid.

NEW NURSING HOME AND CLUB

Dorothy McCauliffe, known to many who were nursed by her in alcoholic nursing homes has opened her own hospital at 8300 Detroit Ave. Completely isolated from the hospital is a lounge for AA members only. "No card playing is in vogue-just visiting and talking AA," she stated.

GIGGLES

Employment Manager: Have you had any previous experience?

Applicant: Yes, I was a dairymaid in a candy factory. Employment Manager: Really? What did you do? Applicant: Milk chocolates.

"With a single stroke of the brush," said the school-teacher taking his class through the National Gallery, Joshua Reynolds could change a smiling face into a frowning one.

"So can my mother," said a small boy.

The father for some years had been telling what a good shot he was. Finally his young son was grown and the father had tutored him painstakingly so the boy would be as good a shot as the father. On their first duck hunting trip the boy and the father waited patiently in the blind for the ducks to appear. At last a lone duck flew overhead.

"Watch me carefully, son," said the father as he took aim and fired.

The duck flew on out of sight. As the boy watched the duck the father said, "Son, you're watching a miracle . . . there flies a dead duck."

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FRIDAY

MEETINGS

NURSING HOMES THAT TREAT ALCOHOLICS

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Vol. XV-No. 7

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PROMISE OF NEW LIFE

Every man is the servant of his mind. He may be lagrard in obeying its commands, but as he thinketh, so eventually, will-he do.

Every alcoholic is a living demonstration of this fact. What we call in the vernacular of our association "stinking thinking" is an admission of the power of the mind over our conduct.

We allowed our thinking to get in a rut, a channel that found justification for our drinking. Our mental processes were geared to find what we were then pleased to call reasons-only excuses, actually-for being irresponsible, proud and dissolute. We allowed our minds to beguile us into the fantasy that we were always right, on top of the

world and everybody else was nuts. But in this chain of command from

mind to man there is a difference. We can, if we will it, command our minds. We can straighten out our thinking. This is done when we are smart enough to turn to a Higher Power, the source of all life, and ask that our thinking be changed.

We keep in touch with that Power by ourselves, by observing the Twelve Steps, and by association with fellow alcoholics. In short, we constantly recharge the battery of the mind so that it does not run down, slip into old ways and again take command.

The examples of careless thinking are too many to neglect this phase of our new life. How many times have men and women who have enjoyed sobriety for years fallen by the wayside because their thinking went haywire ?

None of us ever purchases immu-

nity whatever we may do. But we think this is possible. We have worked for years in AA. Then we tire and assume we have the program all wrapped up. We stay away from meetings, we do no work of any sort to help others achieve sobriety. Our mind begins to figure that it has won a diploma, graduated. And what happens ? The inevitable. We drink again, tossing off the remainder of conscience with the false flippancy: "We can handle it now."

Effortlessly, even with a measure of self-satisfaction, we have placed ourselves in bondage again. The old life engulfs us. We become testy, we neglect our work, we avoid the real friends we made in AA and find ourselves once more among the drinking companions of old, or new ones. Maybe there is an element of remorse. "What's the use," we may say, "I had a record of X years of sobriety and now that's shot to pieces. I can never get back.'

The man or woman doesn't live who cannot come back and start with a fresh slate today. What we are building is not some score or athletic record, but a new way of life. No tallies are kept on that except the tally of hap-

piness and sobriety, be it a week or 15 years. The Christian world has just observed again the human race's firm conviction in resurrection, in the eternal hope of a new life. People of virtually every religion in his-

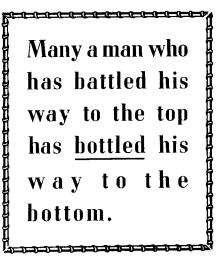
(Continued on page two)

RIGHT APPROACH@

One of the old timers came in to visit us a couple of weeks ago. We talked about the old days when AA was in its infancy and compared the mass zeal and enthusiasm which was in evidence then to the lethargic attitude of too many in groups today.

Have we reached the saturation point in attracting people to AA? Are we less zealous and enthusiasticless appreciative ? Are we in a rut instead of a groove?

This fellow has been one of Cleveland's most influential members, a devoted, dedicated and modest worker. What concerned him was that he seemed to be losing his effectiveness in sponsorship. Too many of the people he had tried to help with the wealth of his experience had re-



turned to the bottle.

Being a conscientious man. accustomed to taking continual inventories, he could find no reason for his failures and wondered whether we too had had similar experiences.

We had to agree that present day "applicants" were tougher to convince than in the early days, and that we too had our share of disappointments. What was wrong then? Had we

truly reached the saturation point or were we less energetic ?

We believe we found the answer. We tried our own approach on him as though he was a candidate for AA and then he tried his on us. After exchanging compliments, we tried to book at both approaches from the candidate's view, and we discovered that we were guilty of PREACHING. "You must do this! You must do that," was a repeated part of the approach of each of us. This is bound

to cause the most craven one to re-

sent and resist us. He's become calloused to criticism.

What was our approach in the early days? We visited a candidate, told our story of qualifying for AA, sometimes in great detail, until he finally let down his guard and admitted he had done similar goofy things to make his life unmanageable. Having finally broken the shell of resistance it was fairly simple to convince him that life without drink was possible.

What were we doing wrong now? We were unconsciously slipping into the category of teachers, ministers, priests, octors, bosses, relatives, etc., by telling him he HAD to do this and he HAD to do that.

Of course, we were right. If a guy wants AA hadly enough he'll do ANYTHING. BUT! Place yourself in his position. He's been yammered at from all sides. He knows he should quit, but his problem is "different and we don't understand him."

So let's go back to the old method. Let's stop preaching and delivering mandates. The old and proved method might be termed "the termite approach." By this approach we create trust and develop confidence and a de-

sire to try. It worked miraculously. Take an inventory of yourself. "Are you in the same rut we found ourselves in ? We're determined to stop "preaching" and are sure we'll become better sponsors. There's a lot of work to do!

PROMISE OF NEW LIFE (Continued from page one)

tory have believed in this 'because it is human and divine Are we to be so dejected that, because we experience. have taken to drink again, we deny this. It is for us. too. We can emerge again-from alcoholism, which to us is the shadow of death, to the life of sobriety. We can again become the commanders of our minds-minds made whole by faith.

A DAUGHTER UNDERSTANDS

Catherine. the daughter of Mike M.. secretary of the Your group submitted an essay on "Sobriety "Through the Twelve Steps" in her English IV course (senior) at high school and received a "Very well done;' comment and deserved "A"s for mechanics and material.

The essay reveals logically and clearly the workings of AA and the rehabilitation of the alcoholic, with a remarkable analysis of what an alcoholic is an'd the effective treatment which AA offers.

Each Step is sensibly analyzed and written in a positive constructive manner, showing that the author has given the subject more study than the average member devotes to it.

As a sample we repeat her closing summary:

"Love of fellow man and sympathy for his respective problems are reflected in the transmitting of the Twelve Steps to other alcoholics. By helping another person to overcome such a problem, the alcoholic grows in understanding and strength.

"In summary, we might say the Twelve Steps are connecting ladders leading from alcoholism to sobriety. All that is needed is willingness to climb to the top.

Thank you, Catherine, for your excellent treatise.

OO LATE FOR ANNOUNCEMENT

The Allendale group observed its ninth anniversary on Thursday, April 18th. Guest speaker was Wynn W. of Wed-Lee

The Lakewood Women's group held its annual Open House on Wednesday, April 24 with Crawford W., secretary of the AA District Office as speaker. Both sexes were invited to attend this meeting which is limited to women members the rest of the year.

We regret that we were unable to help publicize these two major events.

INTERGROUP DINNER

Tiekets are on sale now for the 1957 Intergroup Dinner sponsored by the Cleveland District Office. It will again be held in the Rainbow Room of Hotel Carter on Wednesday, June 5 at 7:30 p.m. The cost is \$4.25 ner plate and tables seating eight are being reserved by groups, so

members and their spouses can sit together. The speaker will be "Lib" S. of the General Service Office of AA in New York City. She is a very able speaker.

FORMER ACTIVE CLEVELANDER DIES

Many of her old Cleveland friends will be shocked to hear that Mrs. Ettie Gerhan suffered a heart attack and passed away suddenly on December 19, less than a year after her husband died. Both she and her husband were zealous workers in AA until they moved to Indianapolis, Ind., six or seven years ago.

BORTON SECRETARY DIES

A faithful member of the Borton group for the past 17 years and its secretary for the past year, Leonard Kennedy succumbed to a heart attack on March 28. Len had been ill for the past four years. He contributed much to the growth of Cleveland's oldest group.

CHESTER BARBER DIES

Chester (Chet) Barber of North East, Pa., known to many in the northeastern Ohio area and very active in the last two Conferences in Chautauqua, N. Y., died of lobar pneumonia after he had slipped and fallen on Markh March 1.

FIRST OHIO STATE CONVENTION

The first Ohio State convention under the auspices of the delegates to the General Service Conference will be held in Columbus on July 19-20-21. Two members of the General Headquarters Staff, Hank G. and Hazel R., have agreed to appear on the program which is being prepared by the Ohio Delegates, Howard B. of Cleveland reported by telephone from New York.

There will he a General Conference meeting for the north-eastern Ohio area on Sunday afternoon, May 5 at 2:30 p. m. in Nurses Auditorium of Charity Hospital.

All General Service Conference representatives and committeemen, as well as interested members who will receive a report of the area's delegate, Howard B. on the deliberations and action taken at the annual Delegate meeting held in New York, April 24-28.

ANONYMITY

One of our valued readers questioned the properiety of our policy of revealing the identity of a deceased member and if we weren't guilty of breaking one of the Traditions in doing so. It is a delicate decision for us to make but we have only revealed the full name after receiving con-sent from the bereaved family. Joe D. of such and such a group passing away after being extremely active in the fellowship would scarcely interest the majority of the groups, while "Joe Doakes" would recall vividly his service to AA. When strict anonymity has been requested by the family, it has been regretted in many instances, for as an active member in demand as a speaker or for other services, calls were made for months after death. This opens many wounds.

Again: we assert, we will always respect the wishes of the family.

THANKS, FRIENDS

At a recent meeting of Central Committee, a suggestion was made that a letter be prepared to all group secretaries, urging them to acquaint their members with the Central Bulletin. Order blanks and several copies were sent along with the letter. The response was amazing, and it indicates that we were hiding our light under a bushel.

The suggestion was made when it was revealed that many newer members had never heard of Central Bul-letin. The Cleveland area groups serve close to 5000 mem-bers, yet of the 1600 subscribers only 1200 are from this area

To adequately cover the cost of publishing and mailing the Bulletin each month, we need 1700 subscribers. The existing deficit of approximately \$300 seems small, yet since the subscriptions are made in advance, we are obligated to produce until the subscriptions expire.

It's been cheap sobriety insurance for us, however. Spread the deficit over fifteen years, then the premium is indeed small.

But we are chagrined when we learn that many in the territory do not &en know the Bulletin exists. It probably is our fault for noor promotion, but, believe it or not, we have never been able to blow our own horn. The many letters of commendation we receive from readers help convince us that the Bulletin is well received and that heartens us.

So thanks to you secretaries who responded to the letter prepared and sent out by Central Committee. We hope we will give the new subscribers their money's worth in inspired articles and news in our area.

SPRING GET-TOGETHER

The annual Spring Get-Together sponsored by the west-ern Pennsylvania groups will be held in Cook's Forest, Serenity Hall on the weekend of May 24-26. Reservations for cabins or other sleeping accommodations should be made to Skeets G., Suite 5117, Farmers Bank Bldg., 301 Fifth Ave., Pittsburgh 22, Pa.

To insure publication, group news articles must be in our hands before the 15th of each month

ilddison-Speakers for May are: 6-Mike M., Your; 13-Marion G., Lee-Wednesday; 20—John P., Eastside AM.; 27—Larry M., Lee-Wednesday.

Brooklyn-Observes its 17th anniversary on Friday, May 10, at 8:30 p. m. in Trinity Ev. Basement Fellowship Hall. The speaker will be Arthur La C. of Erie, Pa. Everyone is cordially invited. Other speakers scheduled for May are: l-Norma P., Westside Women; 8–James McI., Lee-Wednesday; 15–Joe K., Brooklyn (his 10th anniv.); 22– Earl S., Newburgh; 29-Tom P., League Park.

Doan Men-One of its valued members of nine years or more, David 0. Baker passed away on March 19. He'll be sorely missed.

East Side Morning-Speakers for may include: 1-Al B., a member of the group and who will observe his 4th anniversary; 8–Jean and George C., also members and they will observe their 8th anniversary; 15–John C., Allendale; 22-Charles K., group unknown; 29-Sam B. Newburgh.

Early-Early-Meetings discontinued until further notice and new quarters found.

East Side Women-Changed their Tuesday meeting time to 8 p. m.

Elyria-The Elyria Women's group changed its meeting night, its name and its policy last October. It now meets on Friday evening at 345 Broad St., Elyria under the name of Elyria Mixed at 8:30 p. m.

Euclid-Wade-Speakers for May are: 7—Jerry S., Monday-Lee; 14-Ed M., Addison; 21-Ralph B., Crossroads; 28—Larry M., Wed-Lee.

Gordon Square-Speakers for May are: 3-James D., Edgelake; 10—Ann C., Niles, 0.; 17—Jim B., Lee Road; 24-Warren C., Sr., Lake Shore; 31—Jean F., AA District Office.

The group also asks that you reserve June 21 on your agenda so you can help it observe its 15th anniversary. Jaek D., Cleveland's oldest member in years of service, will be the speaker.

Independence-Observes its seventh anniversary on Thursday, May 9 at 9 p. m. The same panel of speakers who have appeared at each anniversary have again been asked to appear-Warren C., Sr., Lake Shore and Harry H., Rocky River, with Harry D., Edgelake as M.C. Warren, however, will be heading for Boston on that day and at press time no replacement has as yet been considered.

Lake County-Speakers for May are: 7—Johnny H., Doan Men; 14—Leonard M., Coventry; 21-Bill M., Doan Men; 28—Chester S., Doan Men. They meet at 8:30 p. m. sharp in the Methodist Church, Route 20, Mentor, Ohio. Everyone welcome.

Lorain, O.-The Wednesday group now meets in the Methodist Church located at 6th & Reid at 8:30 p. m.

Miles-Lee-Karl M., a 17 year member of AA and one of the group's most stable members met with a serious accident as a cable snapped on a winch he was operating. The cable whipped and wrapped around his legs, breaking both of them. He is recuperating at Berea Community Hospital and we are sure would appreciate visitors between 11 a. m. and 8 p. m.

St. Clair-Thursday-Speakers for May are: 2-Felix **S.**, Trinity; 9---Thomas M., Solidarity; 16---Pat B., Superior; 23-Bill C., Solidarity; 30-Larry B., Matt Talbot.

Solon-Speakers for May are: 1---James McI., Wed-Lee; 11-Hilda H., Women's House of Correction; 18-Billy H., Newburgh; 25-Joe H., St. James.

SAVE SALES TAX STAMPS FOR DOWNTOWN OFFICE

GROUP NEWS

Trinity-Speakers for May are: 4-Bud F., Fairmount; 11-Ed C., Newburgh; 18-Jack N.,' Arcade; 25-John G., Jr., Angle.

West Park-Speakers for May are: 7-John B., freelance; 14--Tom P., League Park; 21-Mary Mc., Clark; 28-Don E., West Park.

West 25th—Speakers for May are: 6-Ralph B., Crossroads; 13-Mike Y., Valley View; 20—Harry D., Edgelake; 27 Geo. C., Crossroads.

Your-Speakers for May are: S-Marion G., Shaker; **12**—Franklyn S., **Doan** Men; **19—Frank** K., Union; 26-Andy B., Charity.

Ashland, O.-Speakers for May are: 7-Dr. Wm. S., Northeast; 14-Richard (Dick) P., Parma; &l-Harry R., Stella Maris; 28-Norris M. and Mary J., a joint mother and daughter lead of Brooklyn. Daylight Saving Time affects our Cleveland visitors. The group meets at 8 p. m. Eastern Standard and 9 p. m. Daylite time.

Collinwood-Speakers for the Wednesday group for May are: 1-Bill S., Youngstown; **8—Ed** V., Miles-Lee; **15—** Maria B., Your; 22-Frank L., Maple Hts.; 29-Ralph B., Crossroads.

Women's House of Correction-Speakers for May are: l-Bob M., Addison; 8-Herbert C.; 15-Matty 0.; 22-Margaret G.; 29-Marge K.

Angle-Speakers for May are: 2—Bob L., Dover, 0.; 9— Jess C., Akron, 0.; 16-Marie and Don C., Geneva, 0.; 23-Burr McC., Cuyahoga Falls, 0.; 30-W. E. S., Newburgh.

Crossroads-Speakers for May are: 3-Frank B., **Doan** Men; **10—Jane** S. and Dan F., Akron, 0.; **17—Chuck** and Lu S., St. Clair Thursday; 24-Leo M., League Park; 31-Ed S., Angle.

Orchard Grove-Speakers for May are: 6-Bert McK., Akron, 0.; 13-No meeting. Group will attend Lorain Monday Anniversary; 20-Bob L., Independence; 27— Father Wilson, St. Columkille Church.

Outhwaite-Observes its eleventh anniversary on Sunday, May 19 at 4 p. m. in the Garden Valley Neighborhood Center, 7100 Kinsman. The guest speaker will be Tommy J. of Detroit, an outstanding speaker.

BB A BULLETIN BOOSTER. GET A NEW SUBSCRIBER



MONDAY
ADDISON-Westminster Church. Cu. Addison and Wade Park8:30
ADDISONWestminater Church. Cu. Addison and Wade Park \$:36 SORTON-E. Cleveland Congress. Church. Page and Euclid Ave
Page and Euclid Ave
DGELAKE Rocky River Community Cen.
RIENDLY SUBURBAN-6037 Pearl
AKEWOOD (Orehard Grove)-
1417 St. Charles, nr. Detroit
W. Clifton and Detroit-
LEE MONDAY-First Presbyter. Church,
East Cleveland. Nela and Euclid
Tarin Ave. at West Blvd 8:30
PLARL-Corpus Christi Basement.
4850 Pearl Road
Church 1445 Werreneville Rd
OUTH EAST-7526 Broadway 8:30
UNION-Eat View Cong. Church.
Kin- at E. 56th St
2858 w. 25th St
WOMEN'S-Westside-West Boulevard
Christian Church, Madison and W. 1018:45
Lake Rood at Bath St., Elvria, O
EFFERSON, OSt. Ioseph's Church_8:00
ERMILION—Congregational Church
 WEST 25th S1
TUESDAY
ARCADE-Typographical Union Hall,
1559 East 17th (near Payne Ave.)9:00
rici in.WADE—Calvary Preshvterian
Church, E. 79th and Euclid Ave 9:00
FAIRYOUNT-St. Paul's Episcopal,
Fairmount and Coventry
Church, W. 224th and Lorain Ave 8:30
HILLTOPSt. Joseph's Seminary,
AKE SHORE-Lakewood Congregational
1376 W. Clifton, corner Detroit
LILES-LEE-Mt. Hope Lutheran Church.
E. 164th. north of Miles Ave.
9510 Aetna Road,8:30
SUPERIOR-North Presbyterian Church,
VEST PARK-Puritas Lutheran Church.
Puritas Ave. and W. 138th St
VOMEN'S Eastside-Ch. of the Covenant
8 n m Eastern: 9 n m Daylight time
ASHLAND, OFirst Presbyterian Church-
Corner Church and Third Sts
AKE COUNTY-Fellowship Hall, Metho- dirt Ch. Rt 20 E So Wood Mentor 8:38
ORAIN, OSt. Stanislaus School.
28th St. and Elyria Are
ANDUSKY, 0. (Firelands)-First Pros-
byterian. Across from Post Office
TRONGSVILLE-Tuesday-Town Hall.9:00
WEDNESDAY_
ALL-AMERICAN Sportsmen, 1142 Buhrer, 3rd Wednesday each month
BAXTER-8437 Broadway HILLING HILLING STORE
BROOKLYN-K. of P. Hall,
3rd Wednesday each month
Room 335-Rear Building 8:30
COLLINWOOD-945 E. 152nd St
DENISON MEN-7403 Denison Ave (first Wednesday, joint meeting) 8:30
DOAN MEN'S-2028 E. 105th St.,
Second floor, side entrance
EAST SIDE MORNING
EAST SIDE MORNING- 2028 East 105th St
E. 94th and Garfield Blvd
Church 19601 Detroit Ave
LEE ROAD-First Eng. Lutheran
Derbyshire and Euclid Hts. Blvd
ORAIN AVES.S. Philip & James Hall,
505 BOSWOTE KOad manufination 9300 ST. JAMES-Mt. Calvary Bantist Church
E. 103rd St. and Cedar8:15
ST. MARY-400 North S., Chardon, 0 8:30
Training meeting 1st Wed. cach month.
Training meeting 1st Wed. each month, Church of the Ascension
WARRENSVILLE-Women's House Cor7:30
VUMEN 3-LOTAIN County-St. Vincent De
Paul Church, Detroit Rd., (Rt. 254 & 57)8:30

C L E V E L A N D A R E A CROUP

THURSDAY

- ALAN-1820 East 79th St. ALLENDALE-St. Paul's Episcopal Church, 18837 Euclid Ave. ANGLE-St. Malachi's Church, 2549 Washington Ave. .8:30 .8:30
- _8:30

FRIDAY

ANSEL ROAD-St. Thomas Church.

CENTRAL BULLETIN Box 6712, Cleveland 1, Ohio

Name_

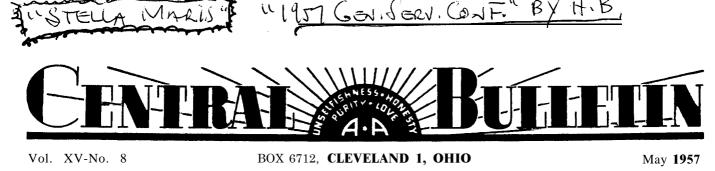
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SOBRIETY'S SUNSHINE

Sobriety is like the warm spring sunshine that rends the imprisoning strands of the cocoon and brings forth last winter's ugly caterpillar as today's free and beautiful butterfly.

There is no more appeal in a caterpillar (except to a scientist) than there is in an alcoholic (except to a social worker or physician).

There are some differences. The caterpillar is healthy and carries the promise of something better to come. The alcoholic is sick and there is nothing within himself that portends a better tomorrow. That hope must come from outside him The caterpillar 'as he crawls on his branch or up and down the trunk of a tree has a limited

world. He can think only of himself. The next bird that flies by may make an end to him. He's a self-centered, fearful, egotistical creeper.

In this he displays many of the characteristics of the alcoholic. There is nothing so efficacious to pin down the whole universe to one point, one center of gravity, than a snootful. Did the alcoholic ever exist who did not think solely in terms of the world revolving around him? We doubt it. His diseased mental defense mechanism enables him to rationalize every lousy action with the thought: "The devil take everybody else."

The idea that others have rights that must be respected; the notion that there are any responsibilities in the world for which the alcoholic must account; the thought of decency in personal relationships'- all are alien to the active drinker.

As time goes on the alcoholic, to

justify himself, indulges in the subconscious mental repetition of: "me, me, me, me," until he gives the impression of a pitch pipe out of tune.

And, like the fussy worm, he crawls-from beer joint to cafe to bistro. He crawls in his attitude toward life which isn't doing right by him. He is abject in the face of what might happen. Luck is against him. Unappreciative, his employer might fire him. His wife might leave him. His children come to detest him. As a man thinketh, so is he. Often all of these calamities are realized.

Then comes the day that something from outside transforms all. Through the mist of self-centered coddling the alcoholic realizes there is a Higher Power that can help him. Through the program of Alcoholics Anonymous his whole outlook changes. He comes out of the confin-ing, stinking cocoon of self interest that has bound him.

He is free. He begins to think of his responsibilities. He becomes considerate of other people-even of those he mentally consigned to the devil.

A new world is discovered. The alcoholic can move around in it at will without keeping his guard up, with-out mental reservations, without resentment. People, he discovers, are decent, they are interesting, they are friendly and helpful. This is a realm he didn't know existed before. In it he can go places and do things-(Continued on page two)

No man is good enough to govern another man. without that other's consent.

CONSCIENCE

Try as you will, you cannot run away from your conscience. Members of AA remember how they used to try to drown it with drink and more drink, until they finally came to their senses and, applying the principles of AA, found their answer.

Newspapers frequently carry stories about nagging consciences. A man who in a fit of anger splashed toward the gas flame some of the benzine his wife was cleaning a garment with, causing an explosion which killed her and seriously burned him. He recovered to receive a great deal of sympathy from friends and relatives who thought it was an accident. After twenty-seven years of having his conscience burn his soul, he turned

himself over to the police and poured out his confession.

A housewife anonymously sent her grocer a \$100 bill to pay for groceries she had "lifted" from his store over the year. A man sent the government \$5.00 because for a long time he had been filling his fountain pen at the writing desk in the post office and the petty theft was bothering him.

Every human being is born with a conscience. He will know, without being told, that there is a distinction between right and wrong. There will be an invisible, yet inescapable moni-tor constantly reminding him that he ought to do what he feels is right, and refrain from doing what he feels to be wrong.

When he violates his conscience, it will become aroused. "We shall all stand before the judgment seat of God" is written not only in the Bible; it is written in the soul of every new-born baby. The philosopher Kant

stated that nothing proved to mm the greatness of God more convincingly than the starry heavens above and the moral laws within.

If the voice of conscience is ignored, it can become very weak or almost still. Here is a child's definition of conscience. It's amusing and excellent. "A conscience," said the child, "is a little three-cornered thing inside of me. When I do wrong, it turns round and hurts me very much. But if I keep on doing wrong, it will turn so much that the comparison of the second state of the that the corners become worn off and it doesn't hurt me any more.

So the oft repeated advice: "Let your conscience be your guide" is not sound. Much depends on what has happened to the corners of your conscience. A conscience can be terribly misshapen. Like the prisoner who had to be kept in close confinement because he had no scruples whatever about murdering any human he could lay his hands on Yot at mortiling hyphometal his prices of bread hands on. Yet at mealtime he shared his piece of bread with a little sparrow because he felt sorry for it.

There are individuals who commit robbery, adultery, or murder without the slightest disturbance to their peace of mind. Perhaps you've learned that the second lie is a little easier than the first **one**, and more readily forgotten. The tenth lie may cause no discomfort whatever.

Conscience grows tired of raising a fuss. It makes a poor guide.

(Continued on page two)

constructive, helpful, satisfying things.

The sunshine of sobriety has allowed him to get outside himself and think of others. And before him is a life of freedom from fear and hypocrisy-a life worth living.

1957 GENERAL SERVICE CONFERENCE

"Stability and Responsibility without Complacency". This was the spirit that prevailed at our Seventh General Service Conference, held in the Commodore Hotel in New York City April 17th to 21st. At no time did any issue that was brought on the floor cause anyone to "get hot under the collar". Cool, level heads explored all sides of every problem. And when the group conscience spoke by means of the vote exercised by all delegates, no dissenting vote appeared at any time.

In the eyes of the world the fellowship of Alcoholics Anonymous might be considered successful, its services more than adequate, its resources ample for most contingencies.

But the Conference looked ahead with sound realism to scan far horizons where danger of distress might lurk. In its consideration of the Grapevine, in its approval of new by-laws for the General Service Board, in its searching scrutiny of Headquarters finances, in its enthusiasm for Bill's new book as a means of projecting the significance of the Third Legacy story-in all these things and others, the Seventh Conference was far from **com**complacent.

Although it was never mentioned in so many words, the one important question in every delegate's mind seemed to be, "Is this going to be good for AA as a whole?" No provincial thinking was evinced by anyone at any time.

In the ouinion of vour delegate our fellowship will continue to grow stronger just as long as individual members exercise their right to have a General Service Conference Representative- for their group, who in turn will elect Area Delegates to the General Service Conference.

With the acceptance of the Cincinnati Area into the Conference this year. Ohio now has four delegates; Columbus, Toledo" and Akron-Cleveland Areas making up the other three, California, New York, and Texas are the only other states that have four delegates. No state has more than four delegates at the present time.

The importance of having all groups registered with General Service Headquarters, whether they contribute any financial assistance or not, was stressed quite frequently. Any changes in address or names of secretaries and General *Service* Revresentatives should be reported immediately, so that information at Headquarters can be kept up to date.

The use of the directory should be made available to every member by the secretaries so that everybody can be better informed as to the workings of our fellowship.

Use of the Third Legacy Manual would be of great help in removing any doubts and misunderstanding existing in the minds of AA members. Every member should have one and the cost is only **35c**. The following excerpts are from Bill's address to the

The following excerpts are from Bill's address to the Conference on the importance of appreciating the place of authority and responsibility at all levels of the AA structure:

"The Tradition of Alcoholics Anonymous in its present short form suggests that AA shall forever remain unorganized: that we may create special boards or committees to serve us-never governmental in character."

mittees to serve us never governmental in character." "Very obviously the unit of authority in AA is the group itself. That's all the "law" there is. Everything that we have here in the way of authority must come up from the groups".

"A conference, a movement, can't actually run anything. A board of trustees really can't run anything. We operated on this mistaken idea for a while. We have to classify the kind of thing that each worker, each executive, each board does and the kind of thing the Conference does and the kind of thing that AA must do to keep this fellowship functioning. In other words, there must always be an authority equal to the responsibility involved in service work."

Further information relative to specific problems that were discussed at the 7th Conference will be reported in future issues of the Central Bulletin.

HOWARD B., Independence Group, Northeastern Ohio Delegate

CONSCIENCE

(Continued from page one)

So, we come back to the principles we find in AA. We become honest and come to believe that only by turning our lives and wills over to the care of a Power greater than ourselves can we live, and by **practising** our Daily Plan of living the program we find peace.

How are your three corners?

STELLA MARIS HOME

The Cleveland Foundation this month granted **\$9,380.00** to the Stella **Maris** Home for the erection of a Service Building on a lot adjacent to the new building erected in September, 1954.

The Stella **Maris** Home was a dream of several solid **AAs** who purchased an old frame house on Washington Ave. and quickly fixed it up to house, feed and rehabilitate homeless alcoholics. Its capacity was 17 beds.

Success rewarded their efforts in restoring self-respect, confidence and ambition. Work was found for them and many were placed in industry. The need for more beds was so great, a beautiful two-story concrete and brick building was erected which provides dormitory housing for 70 men.

To support its rehabilitation program it receives discarded clothing, furniture, household appliances. etc., salvages them and sells them to lower-income people in four strategically placed retail stores. Five pick-up trucks are manned by men of the Home. They are well-paid and in turn are expected to pay for their "bed and keep." The food *is* excellent.

The only inflexible rule in force is that they refrain from drink. If they break this rule, they can never return.

The occupants come from all walks of life and varied religious sects. Stella **Maris** is strictly non-sectarian, and when one seeks spiritual advice, he is referred to any one of many churches located within walking distance of the Home.

The Board is composed of three non-alcoholics and thirteen solid members of AA. Harry R. of **Doan** Men is president, Matt. C., of **Doan** Men is vice-president and secretary. Dan M., of Angle is treasurer of Stella **Maris**.

Other members are: Howard B., Independence; James C., Arcade; Harry D., Edgelake; Jack D., League Park; Frank E., Angle; John G., Angle; Joe G., Angle; Bert M., Doan Men: Franklyn S.. Doan Men: Bill T.. Doan Men. Felix Dick, contra&or, 'Richard Moriarty, attorney and Tom McDonald, A.F.L., the last three being the nonalcoholic members.

BEAVER LODGE OPENS AGAIN

Many Cleveland **AAs** will be delighted to hear that Stevie has regained his health and will open his camp *again* on June 15, running to October 1.

The camp is located on one of the prettier AA islands in Macey's Bay at Port Severn, Ont. Rates are decidedly reasonable as in the past and reservations can be made by writing to Beaver Lodge, 353 Manley St., Midland, Ont. Only members of AA and their spouses are accepted.

OHIO GENERAL SERVICE CONVENTION COLUMBUS, OHIO, JULY 19, 20, 21, 1957 Every member of AA is urged to attend!

MAY, 1957

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

- Akron-Founders Day, Sunday, June 1'7. (See article.)
- Brooklyn-Speakers for June include: 5-Neal C., Deni-son; 12—Esther R., St. James; 19—Charlie K., Brooklyn (his 2nd anniversary); 26-Paul H., Stella Maris.
- Collinwood Sunday-Speakers for June are: 2—Fred D.; 9—Eddie M.; 16-Chet B.; 23-Harry R.; 30—Eddie H.
- Coventry-Speakers for June include: 6-Jim B., Coven-try; 13-Marty S., Skid; 20-Joe P., Solon; 27-Ted R., Valley View
- Crossroads-Speakers for June include: 7-Felix S., Pearl-Trinity; 14-Harold B., Valley View; 21-Jerry S., Lee-Monday; 28-Jack B., Brookside.
- Gordon Square—Speakers for June are: 7—George and Ray DeL.; 14—Howard B., Independence; 21—Jack D., Borton; 28—Lu and Chuck S., St. Clair-Thursday.
- Liberty-Speakers for June are: l-John M., Shaker; 8—Jerry S., Monday Lee: 15—Bill H., Monday Lee; 22—Jim B., Your; 29—John C., League Park.
- Newbury-A new group held its first meeting on May 19 in Newbury, Ohio. It meets on Sundays at 8:15 p.m. in St. Helena's Church, on Route 87.
- North Olmstead-A new group held its first meeting on Thursday, May 23 in Saulich's Nursing Home, 27048 Lorain Road. Speakers for June include: 6—Ed H.; 13-Floyd D.; 20-Johnny H.; 27—Hilda H. (observing anniversary of nine years dedicated service to the inmates of Women's House of Correction.)
- **Orchard** Grove-Speakers for June are: **3—Roy** E., Pearl; **10—Anne** C., Niles, 0.; **17—Al** S., Orchard Grove; 24-Ed B., Lorain Ave.-Monday.
- Ramona-A new group holds its opening meeting on Monday, June 3, at 9721 Ramona Blvd. Howard B. of Independence will be the speaker. Other speakers for June are: 10—Mike Y.; 17—Harry D., Edgelake; 24— Joe G., Newburgh.
- St. Clair-Thursday-Speakers for June are: 6-Ed D., Matt Talbot; 13-Elwood, O., Forest City; 20-Coletta A.; 27—Ace E., Collinwood.
- Trinity-On June 1, the entire Norwalk, Ohio group will accompany the speaker, Leo M., observe his fifteenth anniversary of splendid AA activity. Other speakers for June will be: 8—Dick P., Newburgh; 15-Mary H., Coventry; 22-Dr. Bill S., Northeast; 29-Ed G., Brooklyn.
- Wellington-Held its first meeting on Friday, May 10, in the basement of St. Patrick's Church in Wellington, 0. Gerald J. of Strongsville was the initial speaker. They meet at 8:30 p.m.
- West Park-Speakers for June are: 4-John D., Brook-side; 11-Jerry R., Westside Women; 18-Fred F., Superior; 25-Hilda H., Women's House of Correction.
- W. 25th—Speakers for June are: 3—John M., Forest City; 10—Lu and Chuck S., St. Clair-Thurs.; 17—William S., W. 25th (his 8th anniversary); 24—Art F., Addison.
 Women's House of Correction-Speakers for June are: 5 Addison
- 5-Arlene C., Orchard Grove; 12-Sophie Farquhavson; 19—Hilda H., Women's House of Correction; 26— Franklyn S., Doan Men.

HOSPITAL RECEIVES WOMEN

Bay View Hospital, 23200 Lake Avenue, Bay Village, assigned a section containing ten beds for the treatment of first time women patients. The section, titled Serenity Hall, will have a private entrance. Hospitalization cards accepted.

Patients must have an AA sponsor as well as a co-sponsor. No male visitors will be allowed. Dr. Lasky is in charge. It will be conducted according to the highest AA standards.

SAVE SALES TAX STAMPS FOR DOWNTOWN OFFICE

0. P. FELLOWSHIP ANNIVERSARY

Members of AA are invited to the 8th anniversary meeting at Ohio Penitentiary on Sunday, June 23. The meeting begins promptly at noon and closes at 12:15 p.m.

Visitors meet in the front lobby of the penitentiary at 11:30 a.m., Eastern Standard time, where they will be met by Advisor S. M. Patterson and escorted to the auditorium.

Excellent speakers are on the program.

To assure entrance, the committee would appreciate information as to intent and number of people planning to attend. Write to Box 611, Columbus 15, Ohio.

FOUNDER'S DAY IN AKRON

We of Akron area, Birthplace of Alcoholics Anonymous are happy to announce that Akron University has made available to Alcoholics Anonymous the beautiful, spacious Memorial Hall for our 22nd annual anniversary of Founder's Day to be held at **2:30** p. m., June 16, 1967. The speaker will be Tom P., New York City, a member of the Grapevine Editorial Staff.

Memorial Hall will comfortably seat over 3,000 people. It is conveniently located to the leading hotels in the downtown district and only two blocks from **bus** and railroad stations and affords adequate parking facilities for those who come by car.

Memorial Hall, completed in September, 1954, incorporates all modern conveniences and is air-cooled for your comfort. It is located at 302 East Buchtel Avenue.

Special guests will include Bill W. and Lois, co-founders of A.A.

There are A.A. meetings three mornings a week and a meeting every night in the week, and a club for recreation after meetings.

A.A. entertainment activities will be held the night preceding Founder's Day.

St. Thomas was the first accredited hospital to establish an Alcoholic Ward and recognize Alcoholism as a disease, and they will hold Open House on June 16, 1957 and those wishing to visit the Ward may do so.

All roads lead to Akron, Ohio, birthplace of Alcoholics Anonymous, on June 16, 1957. Make plans NOW to attend, an Alcoholic Ward and recognize Alcoholism as a disease. They will hold Open House on June 16, 1957, and those wishing to visit the Ward may do so. All roads lead to Akron, Ohio, birthplace of Alcoholics Anonymous on June 16, 1957, Make plans NOW to attend

Anonymous, on June 16, 1957. Make plans NOW to attend.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER



IND AREA GROUP MEETINGS

CLEVELA
MONDAY
ADDISONWestminster Church, Cor. Addison and Wade Park
BORTON-E. Cleveland Congrega. Church. Page and Euclid Ave
EDGELAKF, Rocky River Community Cen., Wagar & Hilliard. Dinner 7; Meeting_8:30
FRIENDLY SUBURBAN-6037 Pearl
W. Clifton and Detroit
LEE MONDAY-First Presbyter. Church. East Cleveland. Nela and Euclid
LORAIN AVESt. Ignatius Hall. Lorain Ave. at West Blvd8:30
4850 Pearl Road 8:30
RAMONA-9721 Ramona Blvd
Shaker and Belvoir Blvd 9:00 SOUTH EAST-7626 Broadway
UNION-East View Cong. Church. Kinsman at E. 156th St
2858 W. 25th St
Christian Church, Madison and W. 101.8:45

TUESDAY

WEDNESDAY

WEDNESDAT
ALL-AMERICAN Sportsmen, 1142 Buhrer, 3rd Wednesday each month
BAXTER-8437 Broadway
BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd8:30
C. E. IIlluminating Co.,
Room 335-Rear Building
COLLINWOOD-945 E. 152nd St8:36
DENISON MEN-7403 Denison Ave.,
(first Wednesday, joint meeting)
DOAN MEN'S 2028 E 105th St
Second floor, side entrance
2028 East 105th St 10:30 A.M.
E. 94th and Garfield Blvd
TAREWOOD WOMEN-United Pressv.
Church, 12601 Detroit Ave
LEE ROAD-First Eng. Lutheran,
Derhyshire and Euclid Hts. Blvd. 8:30
LORAIN AVE S.S. Philip & James Hall,
3689 Bosworth Road9:00
ST IAMES Mt. Calvary Baptist Church
E. 103rd St. and Cedar
ST. MARY-400 North S., Chardon, O 8:30
TWENTY-FOUR HOUR-13216 Detroit.
TWENTY-FOUR HOUR-13216 Detroit, Church of the Ascension
WARRENSVILLE-Women's House Cor7:30
WOMEN'S-Lorain County-St. Vincent De
WORLDIN G-LOIAM COUNTY DE VINCENT DE

WOMEN'S—Lorain County—St. Vincent De Paul Church, Detroit Rd., (Rt. 254 & 57).8:30
 ASHTABULA CONSOLIDATED— Geneva, O., 1st Wed. each month, American Leg. Hall, Eagle and Park...8:00

ASHTABULA COUNTY MEN, Conneaut, O. ASHTABULA COUNTY MEN, Conneaut, O., B.of L. E. Hall. Whitney Block, Main St...8:30 BEDFORD. O.-Y.M.C.A., Tarbell Ave8:30 ELYRIA, O.-340 Third, cor. Middle Ave. Two doors east of Juvenile Ct. House.8:30 FAIRPORT HARBOR-St. Michael's Ch., 630 Plum St., Fairport Harbor_____8:00 LORAIN, O.-Methodist Ch., 6th & Reid...8:30

THURSDAY

- ALAN-1820 East 79th St....
- 8:30

FRIDAY

- - - Subscription Blank for Central Bulletin
 - CENTRAL BULLETIN Box 6712, Cleveland 1, Ohio

Name_

Address_

WELLINGTON, O.-St. Patrick's Ch 8:30 WICKLIFFE—Lady of Mt. Carmel Hall, Euclid at E. 296th St

SATURDAY

SUNDAY AA CLEVELAND DISTRICT OFFICE 205 Frederick Bldg., 2063 E. 4th St. CH 1-7361 1st TUESDAY EVERY MONTH NURSING HOMES THAT TREAT ALCOHOLICS Attach \$1.00 for one year's subscription



Vol. XV-No. 10

BOX 6712, CLEVELAND 1, OHIO

July 1957

S U B S C R I P T I O N PRICE \$1.00 PER YBAR ▶15

C B N T S PERCOPY ТВМ

THEY WANT TO STOP@

The distillation of the common experiences of Alcoholics Anonymous during the years of its existence known as the Twelve. Traditions contain many solid, sound and sage conclusions.

We are thinking especially of the Third Tradition: "The only requirement for A.A. membership is a **de-**

sire to stop drinking."

There is a powerhouse full of ideas contained in this short sentence if we will analyze it in all its aspects and implications.

Most human organization from churches to lodges and social clubs have rather limited and rigid requirements for admission to membership. In some, exclusive clubs,

for example, you may fill all the demands expected of a new member and yet be blackballed because someone does not like your necktie-or the color of your eyes. In others you have to take an oath to abide by this or that or refrain from the other thing. Other organizations bar people -because of their racial or national origin, their religion or their standard of living.

None of these hurdles is found in A.A. There is only one requirement for affiliation-a desire to quit drinking. We care not what or who you are. "Do you sincerely want to stop?," we ask. Well, stop the only way you can, with the help of the Higher Power and the assistance those of us who have succeeded can give you and you belong.

By this ready acceptance is dem-

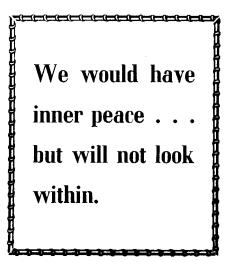
by this ready acceptance is dem-on&rated in practice another great ideal-what some people call toler-ance. Personally I cannot tolerate the word tolerance. It implies that you are putting up with something or someone you would rather not be bothered about. It infers a concealed impatience. It has, too, a ring of self righteousness about it as though you were **being** very noble in allowing a really undesirable person to infest the same room with your exalted presence. The term is loaded with insufferable ego and pardon the paradox-is intolerable. These are attitudes of the alcoholic who has not yet achieved complete sobriety.

What the users of the word really mean is understanding. If you understand someone you do not have to tolerate him in the usual sense. Understanding is what the alcoholic seeks when he comes into our society with the sincere wish to quit drinking. You can understand the other fellow and his problem without accepting all his views, his conduct, his habits or his idiosyncrasies. To understand, is all you have to do in A.A. This is our great key to success. On this basis bred of our own experience, is A.A. founded.

From another angle it is **necesary**, I think, to draw a rather sharp line. It is tied in with the question of

understanding. (alias tolerance). In order for A.A. to be effective the applicant for inclusion in our group must want to stop drinking. While there is no disputing this basic fact, a lot of extraneous

(Continued on page two)



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OHIO INSPIRED

Just a few short of five hundred Ohio members of AA were treated to one of the most informative and **up**-lifting experiences of their lives at the first Ohio State

General Service Conference in Columbus, Ohio, July 1921. All four sections of Ohio were represented-North-eastern, North-western, Central and Southwestern-and each major assembly was M.C.'d by one of the four **dele**-gates to the International Conference.

One of the lay persons attending one of the meetings was Governor **O'Neill** of Ohio who sat through several talks given by **AAs**. His off-the-cuff talk indicated the deep effect these talks had upon him. It was NOT a political speech.

> From the first assembly on Friday evening to the close of the Conference on Sunday afternoon, every speaker received attention and the rapt exaudiences was proof that each speaker "carried a message."

> And "messages were carried"— succinctly, sincerely and effectively as the listeners were led through the beginning of AA in Ohio . . . the selfless, dedicated and wise counsel of Bill W. and Doctor B. . . . their steadfast refusal to assume the mantle of leadership . . . their unforgettable example of sincere humility and eratitute to God . . . the development and acceptance of the Traditions which continue to be the guide for every group which would have the furtherance of AA at the highest level at heart . . . and the final great gifti the Third Legacy, which forever removes the chance for any individ-

ual to seek personal gain or glory s "self-appointed **nead**" of AA. AA has never had a nresident or an officially elected leader with a title. In the early days of AA, very logically, individuals and groups wrote and visited Bill and Doctor Bob for advice and counsel. When correspondence became heavy, Bill had to employ help. Doctor Bob had his own medical practice, so unemployed Bill naturally had to make most of the decisions.

Both Bill and Doctor Bob disdained "credit" and steadfastly refused being placed on a figurative throne. Yet whenever any conflict of opinion arose in any group, the judgments of either Bill or **Doc** usually resolved them. Their wise counsel prevailed. When Bill made his memorable talk in St. Louis in

1955, he revealed the depth of his character and proved without a doubt that in this Third Legacy, no person, no group, no area could aspire to be the spokesman for AA.

Each group has a voice in **AAs** future. It elects a representative to the General Service Area. The area elects a Delegate who is the spokesman for the area. If the problems are too large for him to resolve, he refers them to the General Service Conference comprised of 76 Delegates from all over the world. No one man makes the final decision. No Delegate can succeed himself after serving a full two-year term.

(Continued on page two)

THEY WANT TO STOP (Continued from page one)

embroiderv has been stitched to it. For example, a feeling has grown that A.A. is the only way to address the disease of alcoholism. There is a tendency in some quarters to scoff at all other methods. Let me say quite bluntly that this is stupidity stemming from a lack of knowledge and understanding.

Although such a viewpoint may seem to reflect a commendable loyalty to Alcoholics Anonymous it happens to be contrary to the facts. It also has its hidden dangers, for it *encourages* the belief that we have some magical formula that is the exclusive and sacrosanct possession of the group. This is the beginning of a sect, not of a free society.

Those who entertain such an opinion should acquaint themselves with the strides that have been made in medicine and various types of therapy. There are many men and women living today as decent, honest and responsible citizens who have obtained sobriety without the **program** of A.A. Some of them did not wish to quit drink-&g. But they were induced to take treatment after some persuasion and in many cases it was successful.

Let us confine ourselves to the exact words of the **definition** of the Third Tradition without losing our balance and becoming quibly about it. We have no monopoly on methods. We do, however, command the greatest record of success among those alcoholics who want to stop drinking.

want to stop drinking. Above all we must avoid giving the impression-or acting under it ourselves-that we do not care whether people attain sobriety or not unless they do it according to our formula.

But not even among those who want to short-circuit the progress of our disease does our program always appeal. Many persons are not ready for it. One such public example is Diana Barrymore, the actress, whose revealing confessions on Mike Wallace's TV program a few days ago should give all of us pause. Diana wants to stow drinking. She tried A.A. and it didn't work for her. I-think all-of us who witnessed the program sensed the reason at once. It was that old stumbling block, the so-called "religious angle." This, because of her in-different home life and her rather superficial religious background which she described. The writer could sympathize with Miss Barrymore because it took him four years to reach the point where he could with all honesty to himself and without reservations accept the Twelve Steps and sincerely try to work them. Our approach and our program are fundamentally spiritual. It is in this field that we are called to labor without scoffing at or belittling those who find salvation in other, nonspiritual fields.

All those who want to quit drinking we must help. Those who are ready for our program we welcome into our group as one of us without any other qualifications. Those who are not conditioned for our way of living we are still, in all humility and thankfulness, called on to help also through whatever agency or means may serve them. as fellow human beings and sufferers. When we can do this we have reached another milestone in our own sobriety-in our understanding of our fellow man.

BEAVER LODGE -CANADIAN HAVEN

An ideal summer camp exclusively for adult members and their spouses re-opened June 15 and will **be** available until October 1.

Many C'levelanders, including ourselves, have made annual trips up there and have enjoyed unbelievable serenity, fun and splendid fishing and bathing in the company of **AAs** from many parts of the USA

of **AAs** from many parts of the USA. Three excellent appetizing meals each day, comfortable beds in cabins or the main building, cool, "sleepful" nights-all at the low price of '\$7.00 per day per person. For reservations write to "Stevie," Beaver Lodge, RR 1,

For reservations write to "Stevie," Beaver Lodge, RR 1, Port Severn, Ontario or phone **9-4R2**, Waubashene, Ontario.

OHIO INSPIRED

(Continued from page one)

The work of the General Service Conference was graphically and thoroughly explained by "Hank" G., General Service Chairman. Both he and personable Hazel R., Secretary of the General Service Staff made memorable talks at the major sessions.

Noteworthy was the meeting of 75 women AAs who were addressed by the <u>Kentucky</u> General Service Delegate, Naomi B., <u>and</u> the well attended Al Anon meeting of the wives and husbands of AAs.

To summarize our personal impression of this Conference we believe that it proved beyond doubt to all assembled that now it is certain that no individual, no group, no area, no state-yes not even a country can go it alone. AA as a principle, will survive only by all working together toward a common purpose.

The 1958 State Conference will be held in Toledo.

OBITUARIES

It is with sorrow and **sincere** condolences to the bereaved families that we record the passing away of four fine members of AA since our last publication. They are: June 5, William Ukertis, Glenville; June 10, Leo Welsh, Addison; June 21, Wylmer (Bill) Twamley, Trinity; Edwin A. Howe, Coventry. Each were extremely active in their groups and each gave unselfishly of themselves for the betterment of mankind. Their examples and their standards will test the mettle of the rest of us in our great charge of "carrying the message to others."

A "LONER" OPENS OUR EYES

All of us feel a deep sense of appreciation to our sponsor. but read on and learn about a "loner." (AA in New' York) who enriched our lives by visiting us on his way to Fremont, Ohio from Curacao, an island in the Carribean to exwress his thanks to the man who through correspondence with the General Service office introduced him to AA 17 months before.

The man from Fremont, Frank C. R., visited the island of Curacao, (18 miles north of Venezuela) on a cruise. As he passed through customs he conversed with an intoxicated customs officer. He learned later that this man had been demoted from a responsible government office because of drinking. Frank told his story and left some AA literature. Six weeks later the customs officer, disgusted with his condition, read the literature and wrote to the General Service office and soon received weekly letters. After two weeks of sobriety, he attracted two pals to the philosophy of AA and after 16 months, eleven had found sobriety!

During the 16 months he had deposited the money he normally spent for drinking in a bank account and in mid-June he booked passage for his wife and daughter for New York and Fremont, Ohio . . . to thank his sponsor !

His name is Pedro M. He and his comely daughter Aura and attractive niece **Freda** won a big **place** in our hearts in their three-day visit with us. We took them to a local meeting (their first open meeting), to Rosary Hall to meet Sister Ignatia and others of our solid **AAs** in Cleveland.

Pedro taught us a valuable lesson — always to carry some AA literature in our pockets wherever we go. We are sure his sponsor in Fremont shared our thrill when Pedro came to see him.

AA CLUB VINDICATED

The unfortunate publicity given the raiding of the C.A.H. Club last month caused quite a stir of resentment among **AAs** who knew the facts.

The raider claimed he was an AA member from an out of town group. He talked as though he were a member and asked for a membership card and was given one.

When the facts were 'presented in court, the judge censored the raider and threw the case out of court.

To insure publication, group news articles must he in our hands before the 15th of each month

Brooklyn-Speakers for August include: 7—Joe H., St. James; 14-Charlie S., Brooklyn (observing his 17th anniversary); 21-Central Committee Refresher Course panel (8th Step and 8th Tradition). Speakers, Fred D., Coventry; Pete Y., Berea Thursday; Ray J., Lakewood Men; Jack B., Shaker; 28—Bob C., Brooklyn (his 4th anniversary).

C. E. I.-Speakers for August include: 7-George and Ray De L., Orchard Grove; 14-Walter K., Mistletoe; 21-Bill F., Doan Men; 28-John S., Newburgh.

Crile Hospital-One of Cleveland's oldest (in point of service) **AAs**, Jack D. of Borton will be the speaker at the group's sixth anniversary on Thursday, August 15. **A** good sized crowd will hearten the patients immeasurably.

Crossroads-All of the speakers for August hail from the Valley View group. They are: 2-Ted R.; 9—Marty McM.; 16—Joe V.; 23—John P.; 30-Kelly E. They meet in St. Paul's Church, W. 45th and Franklin.

Fairview-Speakers for August include: 6-Warren C., Sr., Lake Shore: 13-Lou R., Fairview; 20-Dick H., New-burgh; 27—Joe G., Newburgh.

Gordon Square-Speakers for August include: 2-Charley K., Brooklyn; 9-Chester S., Lodi, Ohio; 16-Tom O'M., Coventry; 23-Elwood O., Forest City; 30-Mose Y., Hartsville, Ohio.

Hilltop-Speakers for August include: 5-Russ and Kitty M., Clark; 12-AA Recordings; 19-Bob W., Hilltop (his first lead); 26-John D., Hilltop (observing his 15th anniversarv)

Lorain County Consolidated-Annual picnic at West Shore Club, Route 2 & 6, one and one-half miles east of Lorain, O., at Sheffield Lake on Sunday, August 4.

Orchard Grove-Speakers for August include: 5-Central Committee's Refresher Course panel of four speakers on the 6th Step and 6th Tradition; 12—Pat D., Doan Men; 19—Andy (Red) M., Orchard Grove; 26—Mike Y., Valley View.

Rocky River-Speakers for August include: 1--Sidney A., Fairmount; 8-Jack D., Borton; 15-Warren C., Sr., Lake Shore; 22-John B., Rocky River; 29-Harry D., Edgelake.

St. Clair-Thursday—Speakers for August include: l-Jim B., Coventry; 8—Franklyn S., Doan Men; 15-Bob L., Independence; 22-Merlin S., Willoughby; 29-Stan Mc-Garry recording.

St. James-Observes its eighth anniversary on Sunday, August 18 at 4 p. m. with the Honorable Judge Clyde L. D. of the Ohio Court of Appeals in Toledo, Ohio. The meeting will be held in Memorial Hall, E. 84th and Cedar Ave. He is an excellent speaker and should rate a packed house.

Trinity-Speakers for August include: 3-Don E., West Park; 10-Mel S., Chardon; 17-Wilma O'N., Women's West Side: 24-George W., Newburgh; 31-James (Jim) D., Edgelake.

West Park-Speakers for August include: 6-Edward C., Newburgh; 13-Neal C., Denison; 20—Jack N., Arcade; 27--Orrie K., Brooklyn.

Central Committee Refresher Course Schedule-Begin-ning on Monday, Aug. 5, Orchard Grove with the 6th Step and 6th Tradition, each of the following groups will take each succeeding Step and Tradition in consecutive order. Tuesday, Aug. 13, Superior; Wednesday, Aug. 21, Brooklyn; Thursday, Aug. 29, Independence; Friday, Sept 6, Northeast; Monday, Sept 9, Pearl; Tuesday, Sept. 17, Euclid-Wade.

For the newcomer in AA, these one-hour panel meet-ings should be a "must," if he would **be** fully informed. Every sponsor will be astonished at the help these meet-ings also give him. Four speakers at each session are carefully selected and are limited to fifteen minutes each.

TRI-STATE AA CONFERENCE

Chautauqua Lake Park Chautauqua, N. Y. The third annual Tri-State AA Conference will again be held in Chautauqua Lake Park on Friday, August 23 New York for Sunday, August 25. Ohio will supply the New York for Sunday. speakers for Friday, Pennsylvania for Saturday and The two preceding Conferences were well attended and

excellent speakers from each State made the weekends highly interesting to the large audiences.

Following is the partial schedule of speakers:

FRIDAY, AUGUST 23, 1957



CLEVELAND AREA CROUP MEETINGS

MONDAY

TUESDAY

WEDNESDAY

WEDNESDAY ALLAMERICAN Sportsmen, 1142 Buhrer, 3rd Wednesday each month---. 8:30 BAXTER-8437 Broadway 8:30 BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd....8:30 C. E. I.--Illuminating Co., Room 355-Rear Building 8:30 COLLINWOOD-945 E. 152nd 8.....8:30 DENISON MEN-7403 Denison Ave. (first Wednesday, joint meeting)......8:30 DOAN MEN'S-2028 E. 105th St., ______Second floor, side entrance 9:00

 12440 Vine St.
 8:30

 HARBOR THURSDAY-Ashtabula,
 0.,

 1147 West Fifth Street.
 8:30

 INDEPENDENCE, O.-St. Jahn's Lutheran
 100

 Hall, Second and Sunset
 9:00

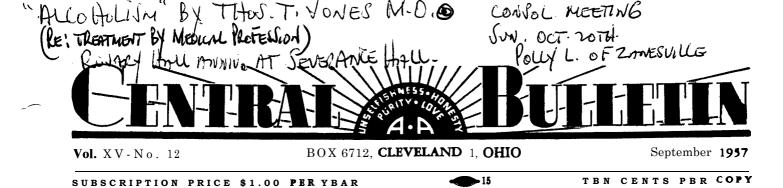
NURSING HOMES THAT TREAT ALCOHOLICS

Subscription Blank for Central Bulletin
CENTRAL BULLETIN
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Name

Address _

Attach \$1.00 for one year's subscription



RATIONALIZERS

Alcoholics are as erratic as the English language. The trouble with alcoholics is that they are not rational. Now rational means to be sensible and reasonable. It

denotes the ability to think and reason clearly. That's why the book says we must straighten out our

thinking. Irrational thinking is the basis of our trouble.

But here is where the quirk comes in --both in the alcoholic and the language. Too often alcoholics begin to rationalize. While this word comes from the word rational it has been twisted by usage to mean the making of excuses, the formulation of alibis and downright lying

It is awfully easy for the alcoholic to go beyond being rational and start to rationalize.

All of us have encountered some outstanding examples.

There are the persons who use Alcoholics Anonymous as a sobering up station. They have sunk pretty far down the slide. They are in trouble at home and at work, possibly even with the law. They cry out for help and get it.

What happens in such cases ? They come out of the fog and they want to take charge of the world again. The tears and hand wringing of five or six days before are forgotten. The "Thank the Almighty for such friends" on your "group the boards. as you" go by the boards. The promise to abide by the rules and take it gradually is not recalled. They even get angry if you remind them of it. They're feeling swell again. Why should they put themselves under any obligation — especially the in-sulting one of taking an inventory and trying to remedy any defects of character. Me? Defects of character? Are you nuts?

This is what is known as stinking thinking. This is rationalization of the first water.

There's the person, too, who takes a superficial attitude toward AA. He attends because his family or his employer more or less compels him to. He flits around the perimeter of the group. Pleasant enough as an individual, he never does a lick of work in any form. And as far as putting himself out, taking time and energy, to help sober up another alcoholic -never.

In fact, he can't. He hasn't got the program himself to begin with. He is in the same class as the rationalizer who is always making excuses, either volubly for everyone to hear, or mentally through his own limited cranial processes.

These examples, which are almost standard, and others which any of us could cite, 'should underscore a basic truth:

Alcoholics Anonymous is not a way station for troubled drunks. It is a program for a new way of life that can function only in the individual, by the individual and for the individual.

There are plenty of cures and rest homes and agencies that can handle the persons who want to call an intermission in their drinking, but Alcoholics Anonymous is not one of them. Alcoholics Anonymous was devised for the men and

(Continued on page two)

A man wrapped up in himself usually makes a very small bundle. 0-0-0-0

R-0-0-0-0-0-0-0

FIFTEEN YEARS OLD

This issue of Central Bulletin marks the end of Volume Fifteen . . . fifteen years of monthly analyses of the many facets of the AA program . . . fifteen years of listening to discussions at AA meetings and absorbing the thoughts of others more able.

In reminiscing, we recall the Central Committee meeting in Cleveland when it was resolved to publish a monthly mimeographed Bulletin which would be prepared by a com-mittee composed of newsqaper men and two businessmen. This Bulletin should contain four or more articles condensed from talks given at Cleveland meetings and should be mailed to the ever-growing number of our members who were entering the service of our country in World War II.

One of the businessmen. Warren C., our sponsor, withdrew and suggested our name in his place. (We have a hunch that he figured we needed more thorough indoctrina-tion!) We gratefully accepted and in a moment of impulse, we offered to print it rather than mimeograph it.

The first issue of two pages was favorably received. So much so, that at the next Central Committee meeting, one of the enthusiasts (Earl A.) offered to raise \$300 in subscriptions at a dollar a year if we would make it a four-page paper. He raised \$335 and we were in business.

Little did we know what we were getting into! It was the first month-ly publication in Alcoholics Anonymous, outside of the Big Book, and we were scarcely aware of the tremendous responsibility we were assuming.

Our mailing list began to include members in other states and requests were made to make it a national paper. We refused after giving the matter considerable thought. Our committee decided to limit our field to our area of influence. This decision was wise, for soon the Grapevine, AA's official magazine, made its appearance.

Čentral Bulletin has continued its policy of serving the metropolitan Cleveland area, though a considerable number

of subscribers remain on our list from many other states. Though the personnel of the editorial staff has been changed, the policy has not. Steadfastly we carry the torch for the daily application of the Twelve Steps and the Twelve Traditions. Whenever we are in doubt, we refer to the Big Book and always find our answer there.

We have been exceedingly fortunate in having had two eminent newspaper columnists provide the important left-hand column of the first page while we have filled in the other columns with our own efforts as well as articles which have struck our fancy in contemporary publications.

Cur first columnist, Fred S., served five years. His every contribution was a gem of composition. He was succeeded by our brilliant and unselfish Spencer I., who too has never failed to make priceless contributions for

the benefit of our 2,000 readers. So we carry on. It's kept us sober and has given us immeasurable happiness-particularly when we **finally** get the publication on the press.

RATIONALIZERS

(Continued from page one) women who, through bitter experience, have determined to change their lives, alter their characters and give of themselves to help others.

This society came into being to help those of us who sincerely wish to become rational, to do something **on** our own initiative and with the help of a Higher Power and our fellow sufferers, to make our lives orderly and decent. It is not a haven for the alibi artist, the excuse expert or the irrational rationalizer.

ALCOHOLISM ()

by Thomas T. Jones, M.D., Prominent Physician of Durham, N. C.

Alcoholism is a disease of three facets. There is physical disease, mental or emotional aberration (some prefer to designate it as personality defect or disorder), and most important of all, there is spiritual conflict or need. All three elements of major distress must be recognized, appreciated and understood by the physician if any progress is to be made in search for solution.

The American Medical Association has acknowledged alcoholism as a treatable illness, and some practitioners of our day are beginning to accept it as such. Through the admirable achievements of Alcoholics Anonymous we have seen that alcoholics can and do achieve sobriety. And rarely, apparently through our own individual effort, influence is carried to the patient which helps him to regain some essence of control over his drinking. We see, too, the results of spiritual approach through personal evangelism that can often have far-reaching effect. These and other signs of our times place an added responsibility upon physicians that they undertake without hesitation the care of those alcoholics who come to them for medical help.

There seems to be two significant barriers to adequate treatment of the acute or the chronic alcoholic. The greatest barrier is the unwillingness of the practitioner, or the internist, or the **psychiarist** to accept such a pa-tient freely. genuinely: and to provide service.%-stences, is the acceptance of the fact that the alroholic cant barrier, almost of equal importance, is the woeful unpreparedness of the physician to **treat** the patient. This is pot to say that the average physician does not have an adequate knowledge of the means of therapy. His unpreparedness to deal with an alcoholic patient lies in his own ambivalent attitude towards that patient. Most of us still nurture the feeling that the alcoholic is a moral delinquent rather than a sick man. Most of US from childhood were taught that the behavior problem of the "town's drunk" arose from faulty inheritance, in-grown cussedness or shameful lack of personal integrity. And we find today it is easier to pass the buck, to refuse treatment outright, rather than acknowledge our own inadequacy or imperfection which stands in our way when it comes to making the effort to comply with the alcoholic's need.

All the alcoholic asks is that he be treated as a human being without criticism, and without judgment. We as nhysicians have the means to initiate and to further adequate treatment on a high and satisfying plane, if we could but become objective and selfless in our response. Cur greatest qualification to serve under such circum-stances, is the acceptance of the. fact that the alcoholic is a bona fide patient and merits the best that we have to offer.

Such publications as the "Grapevine" and books like the "Twelve Steps," "Alcoholics Annonymous" and a of the alcoholic. They can serve also the growth of our own professional integrity, and bring rewards of a more adequate and satisfying response to this major need that has so long harassed the church, the state, and our It is the writer's feeling that the alcoholic profession. must be treated first of all with the heart-and only in minor degree with the head and its know-how. The pa-tient will remember the attitude of his doctor far longer than his prescription, and although the alcoholic may

have impaired sensibilities, his sensitivity is made keener by his suffering. This can easily be measured by the chin he so often carries on his shoulder. He feels hostility towards a professional world that has so patiently de"-nied its responsibility by inaction, while giving lip-service to an abstraction that the alcoholic is a sick man.

The problem of today, then, is more the conversion of the physicians to their responsibility for treatment, than for need of more training- in therapy. The general practitioner with a world of patience, a kindly and receptive attitude, constant availability, wholesome un-derstanding and encouragement-and a bare modicum of sedation, fluids and vitamins-can do more in less time than a well equipped hospital with a hostile staff, and get far better results. It follows, then, that a receptive staff in the well-equipped hospital can work real wonders of recuperation, with unrivaled opportunity to en-courage additional aid through local AA groups and the ministry. The *Eye Opener, Columbus, Ohio.*

GREAT BOOKS PROGRAM

An invitation is extended by the Adult Education Department of the Cleveland Public Library to all those who are interested in a program that is a vital, and most interesting part of a "thinking program" that many members of AA are very much concerned about. This program is known as the "great books program."

Man must know his predicament in order to improve himself and above all he must examine his life in order to better it. It will help one to talk better, to listen more closely, to think more clearly. The great books deal with the basic **problems**, both theoretical and **nractical**. of yesterday and today and tomorrow, the **basic** issues that always have and always will confront mankind.

The great books represent the fund of human wisdom, at least so far as our culture is concerned, and it is this reservoir that we must draw upon to sustain our learn-

What are the names of the teachers ? one may ask. They could be Plato, St. Thomas Aquinas, Shakespear, Montaigne, Tolstoy, St. Augustine. These are just a few of the long and imposing list. You will meet people from all segments of life, eager like you are to learn more about the "good **life."** For further information, call **CHerry** I-1020 and ask for Adult Education

for Adult Education.

ROSARY HALL ANNIVERSARY

Plans are shaping up for the annual meeting commemorating the fifth anniversary of the founding of

Rosary Hall, St. Vincent Charity Hospital. This year, as last, the meeting will be held at Sever-

ance Hall on Sunday, Dec. 1, at 3 p. m. Thomas 0'. of New York City, a prominent attorney and former editor of the Grapevine, will be the featured

speaker. During its five years in operation, Rosary Hall, directed by Sister Ignatia, has "graduated" some 5,000 men and women.

To clear up a popular misconception, the meeting is not for Rosary Hall "graduates" only. Everyone is welcome.

Circle the date, Dec. 1, on your calendar now.

Sister Ignatia and her staff are trying to compile an accurate list of all patients that have been hospitalized in the alcoholic ward of Charity Hospital. Many of the former patients have moved from the addresses on their files and all too many letters have been returned because of faulty addresses. So if you've moved in the past several years, mail in your new address.

CLIMAX TO A VISIT

In the July issue of the Bulletin, we wrote about the impressive act of gratitude exhibited by an AA from Curacao (18 miles north of Venezuela) who made the long trek north to **express** his appreciation to his **Fre**-mont, Ohio "sponsor" in person.

He came just in time, for the sponsor, Frank Rader of Fremont, Ohio, passed away four days later, on June 25, a victim of a heart attack.

To insure publication, group news articles must be in our hands before the 15th of each month

Addison-Observes its 13th anniversary on Monday, October 7. Good entertainment, refreshments and prizes promised.

Brooklyn--Speakers for October are: 2--- Ralph B., Brook-lyn (his 7th anniversary) 9---Frank W. North East; 16---Mary L., Brooklyn (her 11th anniversary); 23--Joe K., Brooklyn (7th anniversary); 30-Harold (Bud) M., Meadville, Pa.

C. E. I.-Speakers for October are: 2-Jane S., Eastside Women; 9-Scotty M., Angle; 16-Steve L., Memphis; 23-Rollie F., Memphis; 30-Fred S., Jordan Hall.

Crossroads-Observes its first anniversary on Friday, October 11 with Bill F. of Doan Men as the speaker. A buffet lunch will be served. Other speakers for October are: 4—Mike M., Your; 18—Mary M., Clark; 25-Ben T., West Park.

Doan Men-Speakers for October are: 2-Ed Mc., Your; 9-Leo S., Newburgh; 16-Skid S., Newburgh; 23-Fred D., Coventry; 30-Arch H., Lee Monday.

Early Early-Dispossessed from their meeting place because it was in the path of the Belt Line interchange, the group had to discontinue its popular meetings until it found a new place to meet. It's been found! Beginning Monday, September 30, the group till meet in Plasterers Union Hall, 1651 E. 24th St., near Payne Aye., at 7 p. m. The meeting place is air-conditioned, has a ladies louge and even a loudspeaker. Also plenty of free parking space.

Gordon Square-Speakers for October are: 4-Dave O'B., Pearl; 11-Roger D., Fairview Park; 18-Betsy LaR., Westside Women's; 25-Vern H., Detroit Mixed.

Memphis-Speakers for October are: 5-Joe G. Newburgh; 12-Billy C., Clark; **19—Walt** K., Mistletoe; 25-Norma P., AA District Office.

Orchard Grove-Speakers for October are: 7—Jim F., Orchard Grove; 14—Charlie S., Brooklyn; 21—Johnny G., Jr., Angle; 28—Danny K., Barberton.

Rocky River-Speakers for October are: 3-Bob E., Young People's; 10-Ross S., Rocky River; 17-Kenny K., Bor-ton and Doan Men; 24-Howard B., Independence; 31-Jack D., Borton.

St. Clair Thursday-Observes its first anniversary on St. Chair Hursday-Observes its Hirst anniversary of Sunday, October 27, at 4 p. m. in Glenville Congregational Church, St. Clair and Eddy Road. Guest speaker will be Crawford W. of the District Office. Everyone is welcome, of course. Speakers for October will be: 3-Dick P. Parma; 10-Mrs. Billie M., Parma; 17-Chester S., Doan Men; 24-Neil G., St. Clair-Thursday (his first lead); 21 Howard B. Indonandona 31-Howard B., Independence.

Trinity-Speakers for October are: 5-Prof. Jim Mc., Wednesday Lee; 12-Carroll M., Hubbard, 0.; **19—John** D., Hilltop; 26-Annual Hallowe'en Dance.

West Park-Speakers for October are: l-Al L., Bar-berton, 0.; 8-Wilma O'N., We&side Women; 15-Leo S., Newburgh; 22-Mel S., Chardon; 29-Jack N., Angle and Brookside.

W. 25th St.-Speakers for October are: 7—Tony S., Stella Maris; 14-Neil C., Parma Heights; 21-Observing its 16th anniversary with its first secretary, Howard F., as speaker; 28—Ed D., Fairview Park.

Refresher **Meetings—Oct.** 3-Step & Tradition II, **Broadway-55**; 11-S. & T. III, West Side Young People; 14—S. and IV, Lee Road Monday; 22-S and T. V, Lake Shore; 30-S. and T. VI, Collmwood-Wednesday.

FIFTH ANNUAL CONFERENCE **Big Brothers of Alcoholics Anonymous** SUNDAY, OCT. 13th-2:30 P. M. Cincinnati Gardens, Cincinnati, Ohio

FALL CONSOLIDATED MEETING

Nurses Auditorium, Charity Hospital

Sunday, October 20, 1957, 4 P. M.

The Cleveland area is fortunate in being permitted to hear able and personable Polly L. of Zanesville, Ohio, at the Quarterly Consolidated meeting on Sunday after-noon, October 20, at 4 p. m. Polly has been a member for quite some time and for

a good part of this time she worked with Bill W. in the

AA General Headquarters in New York.

She has a wonderful story to tell.

GIGGLES

The quack was selling an elixer which he declared

would make men live to a great age. "Look at me," he shouted. "Hale and hearty and I'm over 300 years old."

"Is he really as old as that?" asked a listener of the

youthful assistant. "I can't say," replied the assistant. "I've only worked for him for 100 years."

The big reporter stopped at a little rural newspaper office. During the conversation ne asked the classical editor, "How do you manage to keep your circulation During the conversation he asked the elderly the same all year 'round in a town where the people know what everyone else is doing ?" The country editor grinned a little and replied, "They read the paper each week to see who's been **caught** at **it.**"

When it's all said and done the only person easy to deceive is yourself.

Blonde: She's terribly attractive to men, isn't she? Redhead: Yes, I don't like her either.

Her: I suppose all geniuses are conceited. Him: Some of them-but I'm not.

A bickering husband and wife were driving along a lonely road. A mule brayed. He: One of your relatives?

She: Yes, by marriage.

A woman with a reputation as a man-hater announced suddenly that she was going to be married.

Friend: Goodness ! I thought you despised all men. Bride-to-Be: Oh,I do, but this man asked me to marry him.



CLEVELAND AREA GROUP MEETINGS

MONDAY

TUESDAY

WEDNESDAY

BEDFORD, O.-Y.M.C.A., Tarbell Ave.....8:30
ELYRIA, O.-340 Third, cor. Middle Ave. Two doors east of Juvenile Ct. House.....8:30
FAIRPORT HARBOR.-St. Michael's Ch., 630 Plum St., Fairport Harbor.......8:00
LORAIN, O.-Methodist Ch., 6th & Reid..8:30

THURSDAY

WINDSOR, O.-Community Hall ______ 900
S U.N D.A Y
ALL-AMERICAN Soprismen_____142 Buhrer Ist Sunday each month ______4:00
BROOKSIDE-Blessed Sacrament Church. Storer and Fulton (downstairs)______8:30
CA.H. DISCUSSION-C.A.H. Clubrooms, 7809 Euclid Avenue ______10:45 AM. COLLINWOOD-945 E. 152nd St.____7:30
DETROIT-Mixed-3023 Detroit Ave.____8:00
DETROIT AVE. AA CLUB, 8304 Detroit Ave ______8:30
DETROIT AVE. AA CLUB, 8304 Detroit Ave ______8:30
LORAIN COUNTY CONSOLIDATED-First Sunday of each month. Alconon Club, 345 E. Broad St. Elyria ______7:00
MEWBURY-St. Helena's Church, Rt. 87.8:15
NEWBURGH-St. Catherine's Church. 3443 E. 93rd St. __________.8:30
MEMPHIS-Lakewood Congregational Ch.________1375 W. Clifton, Cor. Detroit Ave.________.9:00
OUTHWAITE-2903 F. 71st St._________.4:30
YOUR-St. Felicias School, Subscription Blank for Central Bulletin

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YEAR

Z give thanks unto Thee, 0 Lord

for Thou has been unto me a strong wall against all that would destroy me

and all that would traduce me.

This is a fragment of a hymn or psalm of Thanksthan 2,000 years ago by an unknown author. The scroll was one of the books of the sect of religious devotees that inhabited the shore and the caves along the Dead Sea in the troublous times that marked the end of the old era and the dawn of the new two millenia ago.

Yet these words of gratitude, unknown to the world until those ancient scrolls were found in a cave in 1948, reflect the feeling of all alcoholics who have found sobriety.

Especially are they an appropriate expression at this Thanksgiving Season. Too often this holiday is thought of as one in which to reflect on the material and creature comforts that have come to us. But that attitude, it seems to us, is inadequate and temporary. How much more lasting is the giving of thanks for those intangibles which have transformed our lives-the Power that gave us sobriety.

One would think that the unknown scribe who penned these lines, a devout man whose name is lost in the mists of time, foresaw the philosophy mists of time, foresaw the philosophy of Alcoholics Anonymous. Perhaps we should view this from the oppo-site angle-that A.A. found the key in a philosophy that is the quintes-sence of man's whole experience in liv-ing. It is primarily a recognition that man does not live by bread alone, that he cannot with his limited mundane faculties master oither himself on his environment?

either himself or his environment? and that he must call upon a Higher Power to guide him through life.

The inspired psalmist is grateful that this Power has become "a strong wall against all that would destroy" him. Isn't this what the Higher Power has become to us, a shield, a barrier, an impregnable fortification against that which would surely destroy us had we not the protection it gives ?

There is not one of us who is not thankful for this pro-This gratitude must always be kept in mind, tection. not by reciting a psalm, but by giving it life in our en-deavor to help others in need of a "strong wall" that they might walk in sobriety.

But the ancient writer is thankful for more. He knows that this "strong wall" is also protection against those who would "traduce" him that is, disgrace him.

This means it is also a shield against temptation. And the temptations are many and suble. They can come upon us from unexpected quarters. We can be upset or de-pressed by a turn of personal affairs. We can go into an ugly mood that courts trouble because things do not go our way.

It is in such times of danger **that** we must remember the wall. And not only remember it, but take refuge behind it. It was created for us for just such situations. It we don't use it there is danger that it will crumble from neglect.

(Continued on page two)

Remember the fate of the banana... every time it leaves the bunch, it gets skinned! Co-operate!

CATCHING UP

More than 200 members, representing 84 groups, attended the Northeastern Ohio General Service Conference on Sunday, November 1'7, at the Brecksville, Ohio, Methodist Church.

A most enthusiastic spirit of co-operation prevailed, and a re-dedication on the part of all who were there to do a better job of "carrying the message" took place.

Because of the many questions that were asked at this meeting relative to the function and mechanics of General Service Headquarers, it was apparent that quite a bit of information mailed to some of the groups never got beyond the people who received the mail. Consequently, wherever this took place, the members of these group

were not properly informed. The following letter from Bill W.,

co-founder of AA, to our very capable Area Delegate, Howard B., of Independence, was read as the meeting opened, and set the tone of the meeting:

Dear Friends:

Howard B., your delegate, has just visited me and has acquainted me with the remarkable progress that has been made in your area respecting General Services.

All of you must needs remember that the founding groups of Alcohol-ics Anonymous are Akron, New York and Cleveland. It was proved in Akron that men and women can recover from alcoholism. And it *was* proved in Cleveland that AA could grow to enormous size. This has all come to pass, due to the efforts of you pioneers.

Now it happens that I am some-

Now it happens that I am some-thing of a pioneer, too. Therefore, I appreciate how old timers in AA are apt to think and feel. For years I supposed that the old timers of AA could forever hand pick their successors; that meetings could be held in homes or free halls and that our whole operation could be just that simple. But ex-perience — sometimes mighty frightening experience— after a while taught us that this could not be done. While AA ought never become rich or overloaded with bureau-crats, or with a government, it is nevertheless true that we do have to create service boards and committees We do have to create service boards and committees. Otherwise we could not function and surely would sink to the level of an anarchy should these services be not understood and well supported.

But please do not blame any old timer who still thinks we can oversimplify. Just do your best to show what the service need is without too much pressure for money. All of our old time groups and this includes New York, too-have always dragged their heels on this question of supporting world services. But at last we are beginning to get going. What has now started to happen in Northeast Ohio makes me more grateful than I am able to say.

Please have my best wishes for a very successful meeting. And do keep up your good work. It is vitally im-portant. Devotedly yours, BILĹ

Jack D. of Cleveland Borton group (a 20-year member) gave a review of the book "AA Comes of Age," and recommended that it be read by every AA member in (Continued on page t w o)

ACTIVE THANKSGIVING

But in keeping it in repair we must always be thankful. We must show our debt by constantly building it higher and firmer with the bricks and mortar of other men and women we have helped. This is true thankful-ness-not a seasonal ritual-but a living force.

CATCHING UP (Continued from page one) order to better understand the history and development of our fellowship. Jack also placed his seal of approval on General Services and urged that we work with and support our Third Legacy.

Two hundred and fifty groups in the Northeastern area were invited by mail to attend this meeting. Many, in addition, were contacted by telephone and personal visits. Secretaries and General Service representatives were especially invited. All members of groups were also included in the invitation.

The Area Committee was well pleased with the turn-out, but felt that many more groups should have par-ticipated. They also felt that, eventually, complacency will be considerably reduced when more groups take it upon themselves to elect or appoint qualified people as

their General Service Representatives. The Area Committee advised your editor that it will continue to put forth an all-out effort to improve its com-munication with the groups, so that Northeastern Ohio will regain the position of pacemaker for all of AA.

We take this opportunity to thank Howard B. for the extraordinary job he has done in representing us in his first year as our Delegate. He has worked tirelessly and enthusiastically and is deserving of every group's co-operation. Let's show him we appreciate his service by supporting him wholeheartedly in his second year as YOUR delegate!

SIGNPOSTS

SIGNPOSTS Many countries, when at war, blank-out all their road signs. Should an enemy invade their country, the road signs at least would be of no assistance to them. When I read that *a* thought came to me that it is not only countries at war who blank-out their road signs. The same is true of alcoholics. The road signs are all around us. We can see them in all of our daily papers, we encounter them staggering down the streets, we see them taken out of auto wrecks on our highways. They are in prisons and insane asylums. We can see them in the haggard and worried faces of wives and husbands, mothers-and fathers. These and many other signs giving the destination

mothers and fathers. These and many other signs giving the destination of the road are ignored by the alcoholic. Those of us who found AA and sobriety know that now. We de-liberately tried to deceive ourselves by concealing the disastrous ending to which a life of drunkenness would lead. We rationalized with ourselves that the end of our road would be different and not end in disaster. We were enticed to travel the alcoholic road. The road of lust, dishonesty and envy . . . by fair promise of pleasure and gaiety along the road, but with deliberate intent to con-ceal the final tragedy of such a life. Those of us who traveled the road of drunkenness dared not take the long view. The best we could hope for was

not take the long view. The best we could hope for was the temporary thrill and pleasure. We refused to con-sider what the end would be. We would not look ahead to the end of the road and the practical certainty that our way of living would lead us to poverty, broken health and physical **and** moral degradation.

In contrast to this, the AA road of a sober life may be rough to travel. It might even involve pain and sacrifice. But if the end of the road is true happiness and worthy attainment, it will have been worth all the hard endeavor. We walk by faith and not by sight. That is to say-AA signposts tell us the direction to travel, and assure us of the goal, but in between we do not know and cannot know in detail what awaits us along the road. The AA signposts are not blank. Very definitely we know that they who follow the AA principles grow in character, with absolute certainty that we can travel in confidence and know that the destination will be a life of joy and peace. -The Brighter Side, Waterloo, Ia.

THANKSGIVING

This is the time of the year when many of us take time out to count our blessings. Another day . . . another month . another year of sobriety!

We ask ourselves: "Isn't it wonderful?" All because an ever-loving God made AA available for us to be restored to Him and to decent society. In gratitude we think of the many opportunities He gives us to show appreciation and our love for Him.

One of the many opportunities we have in AA is to give financial support to our General Service Headquar-ters, where the work is done for ALL of our groups which cannot be done by the group individually. AA in action on a world-wide basis carries the message to all that still suffer from alcoholism.

For our fellowship to function in this great work, it is estimated that a mere two dollars PER YEAR *per* mem-ber will balance the budget. This, of course, is a very small amount, but too many members here and elsewhere have as yet not contributed. As a result, your General Service treasury is in a serious dilemma **in** meeting its budget for the rest of the year. If we *are* truly thankful and mindful of *our* responsi-bility to the thousands who seek information, we will

express it by sending our contribution to "The Group Fund," Box 459, Grand Central Annex, New York 17, N. Y. Most funds are sent to this address through your own

group's treasurer and this is the recommended procedure, but if your group has as yet not sent in its contribution for 1957. vou can help by seeing to it that it does so. If we' are truly thankful, we will give more than lip service. We will do our part with our time, our talents

and our money!

November in AA is "Gratitude Month."

YOU CAN HELP US

Three devoted women, each of whom spends three to six hours every month to keep the Central Bulletin mail-ing list up to date, plead with you subscribers to return your renewal notice card with your dollar when you renew. Stencils cost money and our limited budget can't be stretched too far. Besides, the stenciled card will save them considerable time.

If you are changing your address, PLEASE notify us, for the post office DOES NOT FORWARD third class mail, and it costs the Bulletin two cents for each envelope returned.

During the nast two months our work has been eased tremendously by two grand girls-Ruth V. and Wilma O'N. of the Westside Women's group-who work devoted-ly with Mrs. D. (our beloved wife) to keep the mailing list up to date.

May we pay tribute to our Mrs. D., who has patiently and efficiently done this work without fanfare? We were fortunate in having her in charge of this (without remuneration) during these fifteen years.

RICHARD (DICK) STANLEY

One of the very earliest of the -group of men who helped develon the principles of Alcoholics Anonymous in Akron. and who later served on the Alcoholic Foundation board and who have served on the Acoustic Foundation board of directors for many years, passed away on October 30, after suffering a long siege of illness. During the past fifteen years, Dick moved to Cleveland and gave unstintingly of his time and effort until his

death.

EUGENE FARRELL

From South Bend we learned that Eugene Farrell, a From South Bend we learned that Eugene Farrell, a very active member of our local **Newburgh** group, had passed away on September 13. Our informant was a sub-scriber, Charles V. T. of South Bend, who was introduced to the Fellowship in October, 1948, and has been grate-fully sober ever since. He came to Cleveland for Gene's funeral and met many of the old timers who also had helped him.

JOSEPHINE McLAUGHLIN A very active and loyal member of the Monday-Lee group, Josephine McLaughlin, passed on to her eternal re-ward on Sentember 30. She also was exceedingly active at the mainter of the second at Charity Hospital.

To insure publication, group news articles must be in oar hands before the 15th of each month

Angle-Speakers for December are: S-Larry R., Lorain Monday; 12-Refresher Course Panel (12th Step and 12th Tradition), Jim R., chairman, Jean C. Farrell G., John G. Sr. and Jack N., all of Angle; **19—Christmas** Party; 26-Clarence R., Angle.

Brecksville Veterans' Hospital-This new group held its first meeting on October 14. The patients at this hos-pital are hungry for AA and the activity is sponsored by members of Independence, Strongsville, Brooklyn, West Richfield, Outhwaite and St. James. They meet on Mon-day evenings at 7:30 p. m. It is located on Broadview Road at Oakes Road.

Brooklyn-Speakers for December are: 4-Paul D.. Brook-lyn (his first anniversary) ; 11-No meeting; 18—Al S., Brooklyn (his 11th anniversary); 25-Christmas — no meeting.

Crossroads-Speakers for December are: 6-Ed C., New-burgh; 13—Freda L., Brooklyn; 20—Sam M., Hilltop; 27—Joe B., Gordon Square. The new secretary of the group is Ray DeL., AT 1-8127. New-

Doan Men-Speakers for December are: I-Frank W., Doan Men; 11-Clyde D., Liberty; 18-Herb C., Superior; 25-Ed T., Lorain-Monday.

Elyria Wednesday-Now meets in St. Mary's church basement, corner Middle Ave. and Fourth Street, due to a breakdown of the heating system in their former meeting place.

Fairview-Speakers for December are: 3-R. L., Independence; 10-R. J., Berea-Thursday; 17—Elmer L., Edge-lake; 24 and 31-No meetings.

Gordon Square-Speakers for December are: 6—Gerrie R., Gordon Square (her eighth anniversary. It's her hus-band Harry's, too, but he's the shy (?) one of the family); 13—Harry D., Edgelake; 20-Frank O.N., Gordon Square (his 12th anniversary); 27—All Hands on Deck! The group's yearly tradition group's yearly tradition.

Orchard Grove-Speakers for December are: 2-Jimmy R., Angle; 9-Howard F., no home group; 16-Anson W., Memphis; 23-Syl N., Lorain-Monday; 30-Harold B., Valleyview; 31-New Year's Eve party.

Rosary Hall-Observes its fifth anniversary on Sunday, Dec. 1, in Severance Hall at 3 p. m. The speaker will be Thomas O'B. of New York.

St. Clair-Thursday-Observes Thanksgiving Day properly with a meeting fittingly led by Vince S., who has much to be thankful for as he gives his first lead. Speakers for December are: 5—Jack B., Brookside: 12-Alvin P., Parma Heights; 19—Christmas Party; 26—Irvin F., Fairview. The group is proud of its secretary (and who shouldn't be?), Lu S. She will share the spotlight with a well-known radio celebrity, Walter O., at Cincinnati's annual banquet on November 30. We bet she steals the show

Trinity-Observes its tenth anniversary on December 7 with Danny K. of Barberton, O., as guest speaker. Other speakers for December are: 14-Charlotte S., Shaker; 21-Henry (Doc) K., Broadway- E. 65th; 28-Kenny K., Borton.

W. 25th—Speakers for December are: 2—John K., Trinity; O-Marty G., Euclid; 16—Sam M., Hilltop; 23-John W., Collinwood; 30—Thomas M., St. James.

Refresher Meetings-The highly successful and interest-ing series of Refresher meetings which 22 groups have sponsored so far will be resumed after the holidays as this year's series close with Step XI and Tradition XI being covered at the Garfield Heights group on Wednes-day, December 4, and Step XII and Tradition XII on Thursday, December 12, at the Angle Group. The De-cember issue of Central Bulletin will convey the schedule for January. If you haven't attended one of these meet-ings, vou're missing a bet! ings, you're missing a bet!

Holiday Warning - Don't Take that First Drink!

SILENT WITNESS

What kind of a group would my group be if all the members were just like me ? . . . How many meeting would there have been in my group last year if all the members were away from meetings whenever I was ? . . . What would our fellowship have been like if everybody complained, criticized and found fault as much as I did? . Who would have done the speaking, held office in the group, visited the sick and carried the message, if every-one made excuses and held back as I did ?-If everyone did as I did, perhaps my group would be better now than it is, or perhaps it might be worse... Only I know the answer. From K. M., Ottawa, Ont., Can.

GIGGLES

Although man has (through evolution) learned to walk upright . . . his eyes still swing from limb to limb. . . . And over in Japan, a gentleman named Kiyoteru Maki drowned in a **1566-gallon** barrel of sake (rice wine) . . . (I know a lot of guys who would like to die this way).

Reporter: The name of that man on the west side who was struck by lightning is Brzinslatowskwicz. City Editor: What was his name before he was struck

by lightning?

Lady: Have you ever been offered work?

Tramp: Only once, madam. Aside from that, I've met with nothing but kindness.

The hoarders looked at the plate of paper-thin bread

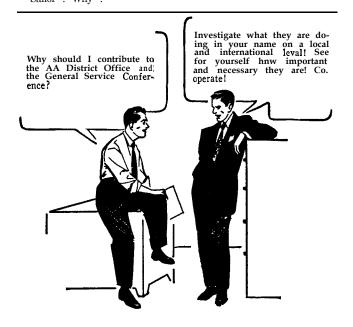
with a sigh. Boarder: Would you cut them, Mrs. Brown? Mrs. Brown: I already have. Boarder: All right. Then I'll deal.

Judge: You say your arrest was due to a misunderstanding?

Prisoner: Yes, your honor. My wife kept saying she wanted a mink stole for her birthday, until I finally went out and stole one.

Sherlock Holmes, the famed detective, **arr'r' 'g** on the scene of the crime. "My word!" he said, "this is more serious than I figured. The window is broken on both sides.

Guide: We are now passing the largest brewery in the state. Sailor : Why ?



CLEVELAND AREA GROUP MEETINGS

MONDAY ADDISON-Westminster Church, Cor. Addison and Wade Park.8:30 TUESDAY

E. 1040. WILSON-Nativity School, 9510 Aetna Road _______.8:30 SUPERIOR-North Presbyterian Church. F. 40th and Superior ________.9:00 WEST PARK-Puritas Lutheran Church. Puritas Ave. and W. 138th St _______.8:30 WOMEN'S Eastside—Ch. of the Covenant, 11205 Euclid Ave ______.8:00 ASHLAND, O.-First Presbyterian Church, Corner Church and Third Sts ______.8:30 I AKE COUNTY-Fellowship Hall. Methor. Mentor.8:30

WEDNESDAY

ALAN-1820	T H East	URS	DAY St		8.30
ALLENDAL	.E—St	• Paul	l's Edise	copal	
ANGLE-St.				***********	0.00

NURSING HOMES THAT TREAT ALCOHOLICS (This listing does not necessarily indicate endorsement or approval)

SUNDAY

ALGAMERICAN Sportsmen.....1142 Buhrer 1st Sunday each month...... 400 BROOKSIDE-Blessed Sacrament Church. OUTHWAITE-2903 F. Jif Si, Corner Kinsman YOUR-St. Felicitarı School, Richmond Rd., juşt south of Euclid...7:00 WARRENSVILLE-Cooley Farms Recreation Room 10:00 A.M. WASHINGTON PARK-E. 49 & McGregor Forestvale Presbyterian Church 8:30 CHIPPEWA LAKE Clark Memorial Hos., Chippewa Lake, Ohio GENEVA, O. Legionall, Fark St., corner of So. Eagle 7:30

CH 1-7387

... 8:30

8:30



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15

TENCENTS PERCOPY

GIFTS WE CAN GIVE

Experience has convinced many of us that there is a moral law which operates with as great precision and inevitability as any of the equations of physics, mathematics, chemistry or electronics.

A hint of this fact is contained in those old sayings that "virtue is its own reward," "honesty is the best policy" and "every sin brings its punishment with it."

Maybe these ideas have become trite, but their validity should be familiar to every member of Alcoholics Anony-mous. We are thinking of the demonstration, all to fre-quent, where some faltering member is ridiculed, scoffed at, condemned (behind his back, of course) by another member who thinks his foothold secure.

Time after time when the holierthan-thou member finds fault he sooner or later succumbs to the same fault which he criticizes.

"Oh, that guy! He's a dope. He never got this program. He's hope-less. Once a drunk always a drunk."

Such a line of comment instead of understanding, charity and a helping hand often leads to the downfall of the critic. Maybe in voicing such negative sentiments the critic is only expressing his now inward weakness.

But he has violated a moral lawthe moral law of charity, more cor-rectly translated as love. Or to put it in AA phraseology, understanding.

The stupidity of a belittling atti-tude should be immediately apparent. All of us agree that alcoholism is a disease. If a member has a relapse (slip to some) is that any reason for indicting him? Suppose he suffered from influenza, recovered, and then fell victim again? Would you call him names, belittle his moral qualities and hold him up as an object of scorn to others?

Christmas is a good occasion, when good will is sup-posed to be abroad in the hearts of men, to think of this

tendency-think of rooting it out forever. Here is a gift that all of us can give, not only to the erring member, but to ourselves. It is the gift of observ-ing the moral law that "as a man thinketh, so is he." If we think with charity and good will, if we entertain

genuine love for our fellow men, specifically for those who suffer from the same disease with which we are all afflicted, we will be giving expression to the symbolic gifts of gold and frankincense and myrrh which the Wise Men carried to a manger in Bethlehem many years ago.

Gold, tradition has it, was for the king; frankincense for the high priest, and myrhh for the great 'physician. All these things He, whose natal day it was, became.

All these things he, whose hatai day it was, became. To us we can view these gifts as gold for the Higher Power which has made us whole again, frankincense for the sobriety that we achieved and myrrh for the healing hand of understanding, good will and love toward all, even, or especially! to the struggling. There are no great-er gifts and in giving them we reward ourselves, too.

Season's Greetings ... The staff of Central Bulletin - Spencer I., Harry and Louise D., Ruth V. and Wilma O'N., join in wishing all loyal readers a most happy Christmas and a blessed New Year!

TRUE CHRISTMAS

There is always so much to do before Christmas comes! It is the busiest time of the year, a mad rush of shopping and spending, putting up trees and decorating the mantle and windows, sending out cards, planning celebrations.

In spite of all that preparation, there are many who are never ready for Christmas. Much of our modern Christmas doesn't place Christ into Christmas. Surround-ed as we are with all these things, we should approach the coming holidays with a watchful heart.

We, who by the grace of God were granted "another chance"-to embrace AA with its blessing of sobriety and a return to respectability and decent living, should be particularly glad to observe Christmas properly.

Before AA, Christmas and New Year meant revelry and carousing. Though we professed to be Christians and were dimly aware of the significance of Christmas, we quickly lost the spiritual essence of it and wallowed in the jolly tolerance that society granted us.

Christmas parties at the shop or Christmas parties at the shop or office, at the homes of friends, at bars certainly weren't deserving of being given "Christian" connotation. The indiscreet pettings and famili-arities . . . the off-color stories . . . the brawls and quarrels . . . the dwurken wibeld conrect drunken, ribald songs.

We remember them all with a deep sense of disgust and a feeling of despair in our heart. To ever have been able to imagine that this was FUN! Excitement! Driving home in that condition! Most of the times in such a stupor we couldn't recall the next morning how we got home . . . afraid to look at the car after it dawned

on us that we had driven it . . . the relief to find the fenders without a tell-tale dent.

Rarely did we ever think of thanking God for His protection and providing one of His angels to guide us to our home! Usually we patted ourselves on the back for being

excellent drivers-drunk or sober! Yeah! So that was "fun"! Something to brag about the next day when we compared notes with some of our convivial "friends." We still shudder as we reflect on it.

So while we busy ourselves in following our customs of preparing for the coming holidays, let the memories of our indiscretions and selfish disregard of our family's

peace of mind imbue in us a spirit of gratitude and atone for the neglectful years by making the future years joyous. And let's not lose sight of the high and holy purpose of the Christmas observance; that God sent us the Savior in His Son.

Let's not fall prey to the world's materialistic and phys-ical attractions, but marvel again at God's mercy in en-abling us to enjoy these days fitly, singing the many Christmas carols with gladsome heart and sober mind. Then, truly, we all will have a happy Christmas and a blessed New Year.



CENTRAL BULLETIN

peorto MEN

DECEMBER, 1957

HOW ARE WE DOING?

The following figures were taken from the 1957 Grewp Handbook and Directory of AA by the Northeastern 0thio Area Committee of the General Service Conference. This information was sent voluntarily by the groups that cared to cooperate and showed their willingness to regis ter at General Service Headquarters. (Only 1955 recordir**gs** were obtainable for this issue.) It should be understo**pd** that no group need contribute any money in order register.

- 1. Only 3 states have more groups than Ohio. 2. Only California has more members than Ohio.
- 3. No state has more delegates than Ohio.
- Four states topped Ohio in total contributions. (3 the four states had fewer (members.) 4.
- 5 Only four states were lower than Ohio in average membership contribution. 6. The average contribution per member in the US
- and Canada was \$1.43.
- 7. The average contribution per member from 0 ho was 87 cents.

How We Are Doing Area-Wise

- 1. Toledo (Northwestern Ohio area) averaged \$1.
- per member. Central and southern Ohio areas averaged \$1.30 per member.
- 3. Northeastern Ohio area average 67 cents per **member** 4. Northeastern Ohio area has a suggested fair share of
- Nortneastern Onlo area has a suggested fair share of responsibility contribution of \$5,633.56 to meet the 1957 budget for its 4,232 members.
 Due to the fact that some groups do not contribute because some of our people don't care to share in this Twelfth Step work of carrying the message, the \$2.00 figure per member should be kept in mind when con-tributing are medo. tributions are made.

In the event the above information has helped any group or individual come to a decision whereby a contribution will be forthcoming, it should be mailed to the Group Fund, Box 459, Grand Central Annex, New York 17, New York, before December 31, 1957, in order to be included in the 1958 Directory.

Last Minute Figures

Just as we were ready to go to press, Howard B., our hard-working delegate to the General Conference, phoned in figures received from headquarters. They're enlightning!

Of the 134 groups in the Cleveland area, only 57 have contributed! Of the 77 groups in Cleveland itself, only 15 contributed. What a shocking record for the "cradle of AA!" The 15 groups contributed well, averaging \$48.20 per group. Sixty-two groups have contributed nothing.

Area-wise, 57 groups averaged \$38.28 per group.

Your group will be listed in the 1958 Group Hand Book and Directory even if you don't contribute. Whatever amount you send in before December 31 (deadline for printing) will be listed after your group's name for the world to see.

This is world Twelfth Step work!

FROM THE GRASS ROOTS

Tradition Two, in part, reads "Our leaders are but trusted servants, they do not govern." Which brings us to the reason for this article.

to the reason for this article. Each group, by necessity, has a secretary, and most secretaries are humble and faithful group servants. The Group Handbook and Directory list the addresses of all secretaries for the **purpose** of communication to the Group. Some secretaries have taken the position that because their name appears as addresses on group mail, that the mail is intended for their eyes alone. This is com-pletely false. The mail sent to group secretaries is inpletely false. The mail sent to group secretaries is in-tended for the whole group, and as such, ought to be

read at meetings. If AA is an individual program, then each member of every group, has the right to make up his own mind as to just how far he or she will go in supporting our central services, whether such services be local or na-tional. No group secretary has the authority to make these decisions for us. Each member has but one dictator-his own conscience.

ANOTHER-12th-STEP OPPORTUNITY

When you support the Downtown Office, you are doing an important 12th-Step job. Your dollars make it possible for 'hundreds of calls for help to be received and turned over to groups. Your dollars provide a central place for those seeking help and AA visitors to call; a clearing house for our AA literature; a source for speakers; a poor telephone answering service which handles almost 10,000 calls a year. No single individual could do such widespread calls a year. No single individual could do such widespread good. But, as an individual your dollars actually do this tremendous job! MARCH

And the opportunity is again almost here. During February, Greater Cleveland's AA will be asked to contribute to the support of the District Office. The geal is \$16,000 which represents the office operating budget For 1958. This money pays the salaries of a full time Secretary and his assistant; office rent, telephone, elec-tric light, night-time telephone answering service, litera-

ture, printing, postage, and other mailing costs, Tast year, m groups and cost individual AA members pledged money to support the work of your Office. This year it is hoped that even more of the 185 Greater Cleve. land groups can see their way clear to making a group pledge. Experience has shown that the combined effort 247 380 of the groups is the greatest single factor in raising the money necessary for this important work.

As in past years, you and your respective groups will be contacted from February 5 through Footbary 47 for your practical help. If each group will assume their proportionate share of the load, and if individuals who are financially able will continue to supplement group contributions-we can succeed.

It is our fervent hope that the District Office may be able to continue the invaluable services for which it was organized. almost 12 years ago. We all know how AA has grown-let's see to it that the important services of your Office can keep pace!

Thank you, in advance, for your understanding and assistance

STELLA MARIS HOME

An opportunity to share in the work of rehabilitation of men victims of alcohol who have been accepted after screening to be restored to their proper place in society by being properly housed, fed, clothed and counselled in the Stella Maris home, IS being offered to members of AA who are interacted. AA who are interested.

At the present time 64 men are being cared for. Work is found for them to the extent of their abilities, in the reconditioning of salvageable appliances, furniture and clothing which is placed on sale in the four outlet stores operated by Stella Maris in different sections of Cleveland.

Many of the men have been placed in industry in trades they excelled in. Many "graduates" have been re-united with their families, thanks to the AA guidance they re-ceived at the Home.

There will be no widespread solicitation for financial support, but the how will accept any contributions des-perately needed to continue the great work.

An open house will be held Sunday, January 19, from 1 to 3:30 p. m., to give everyone an opportunity to make a tour of the Home and the shop and see first hand the remarkable facilities it has to offer.

GIGGLES

The best way to kill time is to work it to death.

That glint that's in some people's eyes may just be the sun shining on their bi-focals.

Thrift is a virtue that we wished our ancestors had practiced more of, so that so much of it wouldn't be forced upon us now.

Wife, reading husband's fortune card from a 'penny scale: You are a leader of men, with a magnetic person. **ality** and strong character. You are intelligent, witty, **a:** d attractive to the opposite sex . . . It has your weight wrong, too.

To insure publication, group news articles must be in **our** hands before the 15th of each month

Angle-Speakers for January are: Z-Jean K., Angle: O-Frank M., Angle; 16—George and Ray DeL., Cross-roads; 23—Jack S., Lorain Monday; 30-Bill S., Loram-Monday (his eighth anniversary).

Ansel Road-Changes its meeting night to Wednesday starting on New Year's Day, January 1, 1958. The group also advanced its meeting time to 8:30 p. m. Jean K. is the group's new secretary.

Brooklyn-All speakers for January are members of Brooklyn and each will be observing an anniversary of sobriety. They are: l-Tom C., his seventeenth; **8–Orrie** K., his ninth; **15–Frieda** L., her twelfth; 22-Mary J. and Norris M., their sixth and eighth respectively; **29–** Scotty R., Freelancer.

Crossroads-Speakers for January are: 3-Dorothy McC., Detroit-Monday; 10—George S., Angle; 17—Lorraine R., St. James; 24—Orrin M., W. 25th; 31—Tom D., Loram-Monday.

Gordon Square-Speakers for January are: 3-Christ (Red), Denison; 10--Bill O'R., Lorain-Monday; 17; Billy M., Parma; 24-Bob L., Independence; 31-Franklyn S., Doan Men.

May-Lynd-A new group **which** held its.. first meeting on Nov **5th**, meets on Tuesday evenings at Kenny King's Restaurant, May-Land Shopping Center in **Mayfield** Heights on Tuesday evenings at **8:30**.

Orchard Grove-Speakers for January are: 6—Jack S., Lorain Monday; 13-Howard B., Independence; 20-Kitty M., Strongsville; 27—Russ E., Orchard Grove.

Stella Maris—Besides its regular 'meetings on Friday evenings at 8:15, which regularly attract from 60 to 100 men, the group will sponsor Sunday training meetings every Sunday afternoon **from** 3 to 4 p. m. beginning Sun-day, January 5. These meetings are for men only.

Trinity-Speakers for January are: **4**–John B., Lake Shore and Lakewood Men's: 11-Dorothy U., East Side Women and Borton; **18–Jim** B., Thursday-Lee; 25-Wyn. W., Wednesday-Lee.

West Park-Speakers for January are: 'I-Edna B., Euclid-Wade; **14—Anson** W., Memphis; **21—Franklyn** S., Doan Men; **28—Bob** L., Independence.

W. 25th St.-Speakers for January are: 6-Glen B., Mon-day-Lee and Your (her first anniversary); 13-Harry C., Clark (his third anniversary); 20-Kelly E., Crossroads; 27 Frada I. Brockern 27-Freda L., Brooklyn.

Refresher Meetings-Refresh& meetings will be resumed on January 6 when Step I and Tradition I will be dis-cussed by a panel of four at the Lorain-Monday group. On Tuesday, Jan. 14, Step and Tradition II at Hilltop. On Wednesday, Jan. 22, Step and Tradition III, Lakewood-24 Hour. On Thursday, Jan. 30, Step and Tradition IV at Allendale.

GIGGLES

Joe was having trouble getting up in the morning, so his doctor prescribed some pills. Joe took them, slept well and was awake before he heard the alarm.

He took his time getting to the office, strolled in and aid to the boss: "I didn't have a bit **0** ftrouble getting up

"That's fine," replied the boss," But where were you yesterday?"

A small child was explaining to her younger brother

"But what about policemen," said the boy. "They have to work on Sunday. Don't they go to Heaven ?" "Of course not," replied his sister. "They're not needed there."

Holiday Warning - Don't Take that First Drink!

WINTER CONSOLIDATED MEETING Nurses' Auditorium - Charity Hospital Sunday, January 19, 1958 at 4 P. M.

The January Consolidated Meeting will be held in the Nurses' Auditorium of St. Vincent's Charity Hospital on Sunday afternoon, January 19, 1958, at four o'clock.

These meetings, one of three each year, offer a splendid opportunity for renewing acquaintances from oppo-site sides of the city, as well as being privileged to hear an outstanding speaker for the occasion.

The speaker will be Dr. Vincent C. Malloy, from the staff of St. Thomas Hospital in Akron. He combines his knowledge of medicine with our AA philosophy into a most interesting discourse.

Come and be refreshed.

IF YOU MOVE . . .

be sure to send us your new address. Just send your envelope with the old address and your new address clearly written or printed. That's just a suggestion for an easy way to do it. You can also use any old piece of waste paper or the margin of a newspaper; or 'perhaps you are carrying around one of our subscription blanks you were going to use to get a new subscriber.

You know (or perhaps you don't) that the U. S. post office DOES NOT FORWARD PERMIT MAIL and it charges us 2c for every Bulletin returned, and they do not give us the new address. A surprising number are returned each month and it's astonishing how these add up to a substantial sum up to a substantial sum.

And the Bulletin is very poor, because so many people do not renew their subscriptions when they expire-about one third of them don't. Again pennies for extra re-minders and addressograph plates discarded which could be used for years and years if only so many of these nice people did not put off renewing until they forgot entirely. An d then they lose, too-more than money-they miss all those wonderful editorials and reprints from other in-spirational publications.

spirational publications. REMEMBER-Keep your mailing address up-to-date and renew as soon as you get the blue card and don't wait for those other horrid colors we use to remind you.

-Central Bulletin Circulation Dept.

She shut off the record player and turned excitedly to her father. "Daddy!" she exclaimed, "that is the latest Rock 'n' Roll record. Did you ever hear anything so wonderful ?" "No," he replied wearily, "I can't say I have, although I once heard a collision between a wagon load of empty milk cans and a **farmcart** filled with ducks!"



CLEVELAND AREA GROUP **MEETINGS**

Cor. Addison and Wade Park
MONDAY ADDISON-Westminster Church, Cor. Addison and Wade Park
Broadview and Oakes
1651 E. 24th St. (near Payne Ave.) 7:00
EDGELAKE-Pkockyver Community Cen Wagar & Hilliard. Dinnna 7; Meeting8:30 FRIENDLY SUBURBAN-6037 Pearl8:00
LAKEWOOD (Orchard Grove)- 1417 St Charles nr Detroit 8:30
LAKEWOOD MEN'S St. 2 days & Typosopal, W. Clifton and Detroit
LEE MONDAY-First Presbyter. Church, East Cleveland, Nela and Euclid9 :00
LORAIN AVESt. Ignatius Hall, Lorain Ave. at West Blvd 48:30
4850 Pearl Road8:30 RAMONA-9721 Pamona Bid
SHAKER-Unitarian Church, Shaker and Belyoir Blvd9:00
FRIENDLY SUBURBAN-6037 Pearl3:00 LAKEWOOD (Orchard Grove)- 1417 St. Charles. nr. Detroit
WEST 25th STMarvel Hall.
WOMEN'S-Westside-West Boulevard Christian Church Madison and W 101 8:45
ELYRIA MEN-St. Agnes Church, Lake Road at Bath St., Elyria. 0 8:30
ELYRIA MEN-St. Agnes Church, Lake Road at Bath St., Elyria 0 8:30 JEFFERSON, OSt. Joseph's Church
WILLOUGHBY, O-Presbyterian Church 8:30
T U E S D A Y ARCADE-Typographical Union Hall. 1559 East 17th (near Payne Avc.)
CLARK-1917 Clark Ave
Portland-Outbwaite Center 8:30 EUCLID-WADE-Calvary Presbyterian
FAIR.MOUNT-St. Paul's Episcopal,
FAIR.MOUNT.St. Paul's Episcopal, Fairmount and Coventry
HILLTOP-St. Joseph's Seminary, 17608 Euclid Ave. Seminary, 8:45
LAKE SHORE—Lakewood Congregational, 1376 W. Clifton, corner Detroit8:30
 Alter Strand Ave. Alter Strand Ave. Alter Strand Str
E. 164th, north of Miles Ave
9510 Aetna Road SUPERIOR—North Presbyterian Church,
E. 40th and Superior
WOMEN'S Eastside—Ch. of the Covenant, 11205 Euclid Ave
ASHLAND, OFirst Presbyterian Church. Corner Church and Third Sts
LAKE COUNTY-Fellowship Hall, Metho- dist Ch., Rt. 20, E. So. Wood, Mentor8:30
dist Ch., Rt. 20, E. So. Wood, Mentor.8:30 LORAIN, O. St. Stanislaus School, 28th and Elyria Ave
SANDUSKY. 0. (Firelands)-First Pres- butorion Agross from Post Office 8:30
STRONGSVILLE-Tuesday. Town Hall9:00
WEDNESDAY ALLAMERICAN Sportsmen. 1142 Buhrer.
ANSEL ROAD-St. Thomas Church, 9205 Superior Ave. 8:30
BAXTER-8437 Broadway stress stress
3316 Broadview, East of Pearl Rd8:30 C. E. IIlluminating Co.
COLLINWOOD-945 E. 152nd Sc
(first Wednesday, joint meeting)8:30 DOAN MENS-2028 E 105th St
Second floor. side entrance
2'028 East 105th St 10:30 AM. GARFIELD HEIGHTS Trinity Baptist,
LAKEWOOD WOMEN-United Presby.
LEE ROAD-First English Lutheran, Derbyshire and Euclid Hts. Blvd8:30
WEDNESDAY ALLAMERICAN Sportsmen. 1142 Buhrer. 3rd Wednesday each month
3689 Bosworth Read
TWENTY-FOUR HOUR-13216 Detroit, Church of the Ascussion 9.30
Church of the Ascinsion3:30 WARRENSVILLE-Women's House Cor.7:30 WOMEN'S—Lorain County-St. Vincent De Faul Church. Detroit Rd., (Rt. 254 & 57)_8:30
Paul Church. Detroit Rd., (Rt. 254 & 57)_8:30

Astronomic Lather Latheran Church, 32400 Vine St. IIARBOR THURSDAY Ashtabula, O., 1147 West Fifth Street. INDEPENDENCE, O.St. John's Lutheran Hall. Second and Sunset _____9:00

NURSING HOMES THAT TREAT ALCOHOLICS

NURSING HOMES THAT TREAT ALCOHOLICS (This listing does not necessarily indicate endorsement or approval)
 Alcoholics Abstinence Nursing Home (MW) MEIrose 1-1635
 Al-Ju, Inc. MW)
 WHitney, 4-2244
 Wickliffe, 0.
 Cleveland Alcoholic Clinic (MW)
 Expose 1 8008
 7000 Evolid Area

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