

WE MADE IT WORK

Alcoholism which has plagued mankind since Adam let the cider stand too long has been condemned by right-minded individuals and inveighed against by every religious group since the dawn of time.

But awareness of the problem does not automatically offer a solution. The rules and regulations that religions and their leaders have laid down against it have had little effect in stemming drunkenness. Such prohibitions seem made only to be broken.

There is an absolute ban against alcohol among Moslems. Most of them are too poor to buy it and among those who can afford it, except the extremely devout, it is a problem, too.

The Christian church has always frowned on the excessive use of alcohol, but it has never been able to make much headway with the individual who became an alcoholic.

Not until the rational view was accepted and acted on that alcoholism is a disease and not a moral failing was progress made. This is the contribution that Alcoholics Anonymous has made and this accounts for its success. This view has now been generally accepted by the medical profession which, at the same time, recognizes the mental as well as the physical aspects.

But before we pride ourselves on being the discoverers of a great system, which it is, let us be humble and share some credit where it is due.

The idea that alcoholism is a mental as well as a physical ailment is 2600 years old. We made this discovery quite inadvertently when doing some research into the philosophy of the Buddhist religion. We came across this statement of one of its principal tenets:

"Drunkenness leads to insanity and is found pleasant only to the ignorant."

Right here is the nub of the matter. It comes close to being a sort of reverse expression of one of the Twelve Steps, the one about restoration to sanity. It is a statement in polite words of the phrase often heard among us, "stinking thinking."

Here, however, Buddhism stopped. Its cure was the program it advocates for all its followers—a life of meditation, the suppression of all worldly desires and contemplation. This may be of some value in parts of the Far East today as it was in the time of the religion's founder, Gautama Buddha, in the Sixth Century B.C., but it is not practical in 20th Century America.

We have a living to earn. We must face the modern world. We cannot retreat into a shell. We are unable to make the contemplation of our spiritual well-being the whole of life. Much can be learned from the Buddhist—we do not meditate and contemplate enough. But we doubt if even this would today arrest our alcoholism. We'd get pretty bored in a short time and turn again to the bottle.

But even had the Buddhists carried this recognition of alcoholism a step further, and tried to curb it directly with the individual, we doubt if they would have come

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SUCCESS STORY

He proved to be quite a challenge to the two westside groups when he was persuaded to "try AA" soon after finally losing a \$40,000 per year job back in 1940 or 1941 when you could keep most of it and buy a lot of material things with it too.

He owned a big shack in an exclusive section of Cleveland and seemed destined to be set for life. Soon after graduating from college with an engineering degree he was employed by a Cleveland manufacturing concern where he developed a process which revolutionized the industry. His name is in every text book on the subject.

He served as a flyer in World War I. The acclaim and honor he merited, but this acclaim and honor was sprinkled with much drinking and hilarity, which he learned to love.

During those years he acquired a wife and family. But he also acquired an uncontrollable thirst for liquor and high living. This brought censure from all sides, his wife, his employer and some of his more conservative fun lovers.

He began to neglect his work, and the censure from his once tolerant employer nettled him. Typically alcoholic, he resented any criticism — look what he had done for this company! They would never let him go!

When the axe finally fell, he was shocked and his resentment mounted. During his rare sober days he sought employment with the few competitors his company had at a higher salary demand, of course. They weren't interested.

He joined AA at this time, and, unable to get a job to keep him in the style he was accustomed to, he enlisted in the Air Force in World War II, with a major's commission, where he served brilliantly. His drinking however increased and troubles mounted.

After the war he borrowed \$750 from a friend and joined the Merchant Marine to get away from it all . . . and what do you know . . . the ship he was on blew up and our hero hit the water. He was rescued however. He reached for his precious hoard . . . and it was gone, down to the bottom of the sea. He wound up on his "tocus" again and came back to Cleveland.

To find money to keep him "in good spirits," he drove cabs, sailed the lakes, shoveled concrete and finally was given another chance with his old company. He did well, for a while, even receiving a \$1500 bonus, which was his undoing.

His furious resentment against his employer for daring to criticize him again caused him to blow his top and again he was fired.

More trouble hit him. His wife and family finally left him and eventually he found a haven at the Stella Maris Home where he stolidly did menial chores, was uncommunicative, withdrawn and barely civil.

He attended AA meetings because he had to. He listened to the sage advice of Harry R., manager of the Home, and suddenly came to realize that all of his troubles stemmed from his demanding the right to drink.

His personality changed. His resentment left, and with

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If all our wishes
were gratified,
most of our pleasures
would be
destroyed.

SUCCESS STORY

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sincere humility he apologized to his former employer.

Three years later, on Christmas eve, he visited his haven, Stella Maris Home, a picture of happy sobriety and success. His former employer had commissioned him with a responsible position with one of its branches in Texas. He was reunited with his family.

Here he found one of the residents who had loaned him forty bucks five years ago when the resident had been "in the bucks" and our hero at his bottom. One would have to witness this drama to appreciate it. To the derelict resident that forty bucks was like a partnership in Mellon & Co. It provided a surprise and a happy Christmas for the family he had "lost" for the time being.

Back to our hero-yes, he's active in AA in Texas.

KEEP IT SIMPLE

"Keep it simple," advised co-founder Doctor Bob on several occasions before he passed away. Keeping it simple is a very important way for all of us to live.

We honestly believe that he had in mind that we should stay in our own back yard, working with alcoholics, and not to try to become authorities on medical treatment, religion, psychiatry or in other fields devoted to the treatment of the alcoholic.

He surely had in mind that we confine our activities to the program of AA as we understood it. Our First Legacy, consisting of the Twelve Steps is the *program*. No more . . . no less.

When we keep the program simple, it is easy to understand and easy to work. If this wasn't true, then how can anyone explain how a "brand new" man can stay sober his first week in AA with only faith and trust in his sponsor's advice. In most cases he is in a confused state of mind, dubious and full of trepidation.

Many belong to the school of thought that the sponsor should be very diligent in going over the Twelve Steps with the new man, time and time again. They urge the purchase of the big book, if even on a deferred payment plan, and recommend a thorough study of the contents so that the meetings will take on some real meaning for him.

As time passes, our Second Legacy, the Twelve Traditions should be explained to him. This is of utmost importance, for as he is assimilated into group activity, the inner urge to exhibit *gratitudes* and leadership which is inherent in most, might prompt him to introduce exciting side shows or money-making projects which would run afoul of AAs good practice.

And finally he should be introduced to the Third Legacy which is making our philosophy available to alcoholics in every part of the world-in sections of the United States where there are no groups and the only AA contacts the alcoholic has is by mail. These "loners" receive weekly "leads" from the very efficient staff in the General Service Conference offices, maintained and supported by established groups throughout the United States and other countries. This service should be made clear to the new man. However, we believe none of the above should be introduced until the proper and opportune time arrives.

Let us never for a moment try to interpret Doc's "keep it simple" as though he had objections to providing all of the services we render through our intergroup offices, our General Service office, and our General Service Conference held each April and to which our area has a Delegate, elected for a two year term.

We thought like a lot of other people until we read "AA Comes Of Age," "The Third Legacy Manual" and become subscribers to the Granevine.

We were fortunate to be around in 1950 when the Fifteenth Anniversary of AA was held in Cleveland, and also when the memorable Twentieth Anniversary was held at St. Louis in 1955.

When we hear the argument coming from some of our old time members that, because we didn't have the Second or Third Legacy when they came in . . . that they didn't

need them then and don't need them now, we are reminded that we too at one time felt the same way. The only reason we can think of why we changed was that we became informed! Then our membership became exciting, more interesting, of more value. We developed a deeper sense of appreciation for the priceless privilege which we enjoy.

The great influence some of these non-cooperating old time members have with many others is beyond comprehension, AA must be fully cooperative to continue to grow-in service to the great multitude who need us. This service must be self-less, and certainly devoid of any desire for personal power or glory.

Let us always remember that the Program (our Twelve Steps) is just as simple as ever. Without doubt these never will be changed.

But let us be sure that we have read ALL about our great Fellowship which was developed from the rich experiences of AAs from every state of the Union, Canada, and many foreign countries and kept simple by the trusted, dedicated Delegates from every sector of the world. These are our guardians. No other Fellowship is like it. When Bill shed the "mantle of leadership" in 1955 and turned over his great responsibility to the General Conference Delegates, AA truly came of age. He was confident that AA now was in safe hands-in the hands of all of the groups from everywhere.

-Howard B., Independence.

WE MADE IT WORK

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up with a successful answer. The reason is plain: Buddhists do not believe in a Supreme Being, in the omnipotent force we call a Higher Power. They seek *nirvana*—complete absorption in complete love and forgetfulness.

We turn to the Higher Power as a direct source of our strength in the struggle to overcome alcoholism. It works. This is the contribution of A.A. We have acted on the fact which the Buddhist recognized and acted directly with the individual and achieved, with the help of a Higher Power, not nirvana, but sobriety and a useful life among our fellow men.

OBITUARIES

Summoned to their eternal reward were three outstanding members of the Cleveland Fellowship, Miss **Bernice** Goetz of the **Edgelake** group on December 29, 1958, Charles C. Doyle, one of the early members of **Doan** Men's group on January 5, and John J. Feury, a 17 year member of **Doan** Men's group on January 11. Each will be sorely missed. Our deepest sympathy goes to their bereaved families.

OUR AREA GENERAL SERVICE OFFICERS

Mrs. Anne C. of Niles, Ohio, was appointed secretary to replace Frank W., Northeast group, who tendered his resignation. Other offices are Al L., Barberton, O., Delegate, Bob L., Independence, Alternate Delegate, and Jim D., Edgelake, Treasurer.

CENTRAL COMMITTEE

Newly elected officers for Central Committee are: Moderator, **Lu S.**, St. Clair Thursday; Vice Moderator, **Bill D.**, Berea Thursday; *George O'H.*, Secretary; **Bill O'B.**, Independence, Consolidated Meeting Chairman.

AKRON AA DANCE

Akron's annual Valentine's Day Dance, sponsored by Akron's Arid Club, will be held on February 14 in General Local Hall No. 9, 161 Massillon Road (Route 241). Dancing from 9 to 1 to Jack Barry's Orchestra. Tickets for sale at the door at \$1.50 per person.

CLEVELAND DAY AT OHIO PEN

It will be Cleveland Day at the Ohio Penitentiary AA Fellowship meeting on Sunday, February 15. All the speakers will be supplied by the **Lakewood** Armory.

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Angle-Three of Angle's four speakers for February are graduates of Stella Maris Home and the fourth is a zealous supporter of the Home. They are: **5—John D.**, now affiliated with the Brookside group. (Sober 4 years. A Stella Maris graduate); **12—Emil W.**, Angle (Sober 2 years. A Stella Maris graduate); **19—John B.**, Brookside, (very active in AA, particularly at Stella Maris); **26—Joe C.**, a resident employe of Stella Maris and sober 2 years and also a graduate.

Brookside-February speakers are: &Betsy La R., Forest City; **11—A** panel of Brookside members—Pat F., Vince MC. (his sixth anniversary) and Dan K. (his fourteenth anniversary); **18—Roy W.**, Angle; **25—Jack K.**, Matt Talbot.

C. E. I-February speakers are: **4—Dick P.**, Parma; **11—Jim P.**, Shaker; **18—John B.**, North East; **25—Harry D.**, Edgelake.

Charity-February speakers are: **6—Ray C.**, Broadway-Harvard; **13—Skid S.**, Newburgh; **20—Bill O'R.**, Lorain Ave.-Monday; **27—Billy H.**, Newburgh.

Cleveland Women-A new group which meets every Friday at 6 p. m. in Hotel Cleveland, Public Square. Miss Peg F. of Lakewood is secretary.

Elyria-Observes its sixteenth anniversary on Wednesday, February 18, in St. Paul Building, Third and Middle Ave., Elyria, O. The speaker will be Franklyn S., Doan Men, who has spoken at all but one of their previous anniversaries.

Fairview-February speakers are: **3—Bill L.**, Ansel Road; **10—Jim D.**, Edgelake; **17—John T.**, 24 Hour; **24—Orrie K.**, Brooklyn.

Franklin-February speakers are: **6—Jack S.**, Detroit Mixed; **13—Stella F.**, St. Clair Thursday; **20—Harry D.**, Edgelake; **27—Delmos K.**, Franklin.

Lake County-February speakers are: **3—Norb T.**, Memphis; **10—Tom N.**, Hilltop; **17—Harry D.**, Edgelake; **24—Phil B.**, Lake County.

Lakewood Armory-February speakers are: **1—Al S.**, League Park; **8—John C.**, Newburgh; **15—Tom D.**, Lorain Monday; **22—Kittie M.**, Strongsville.

Liberty-February speakers are: **7—Matt G.**, Newbury, O.; **14—Farrell G.**, Angle; **21—Howie L.**, Angle; **28—D. W. (Bill) S.**, Lorain Ave. Monday.

Lorain County Women-observes its ninth anniversary on Wednesday, January 23, at 8:30 p. m. in St. Vincent De Paul Church, Route 254. The anniversary speaker will be Lu S., St. Clair Thursday, Cleveland.

Matt Talbot-Speakers for February are: **7—John Y.**, Wickliffe; **14—Keith M.**, Wickliffe; **21—Kenny K.**, Doan Men; **28—John H.**, Doan Men.

Outhwaite-February speakers are: **1—Dot K.**, Broadway-55th; **8—Bill S.**, Cedar; **15—Bill F.**, Doan Men; **22—Don K.**, St. Clair Thursday.

Parma-February speakers are: **7—Jim B.**, Lee Road Friday; **14—Mary G.**, 24 Hour; **21—George W.**, group not known; **28—Pete G.**, Parma.

Temple-A new group which will hold its first meeting on Monday, February 9 at 8:15 in Herbert Memorial Hall. E. 84th and Cedar. George De L. and his son will be the speakers. The regular meeting place on subsequent Mondays will be in Temple Baptist Church, 7500 Cedar.

Simth-Wilson—Observes its thirteenth anniversary on Friday, January 27 at 8:30 p. m. Speaker will be Harry D., Edgelake.

Trinity-February speakers are: **7—Fred D.**, Coventry; **14—Mary G.**, 24 Hour; **21—Warren C.**, Sr., Lake Shore; **28—Howie L.**, Angle.

West Park-February speakers are: **3—Norma P.**, Westside Women; **10—Frank W.**, North East; **17—Tom C.**, Newburgh; **24—Glen B.**, Your.

West 25th—February speakers are: **2—Ralph B.**, Frank-

lin; **9—Tony M.**, Hilltop (his ninth anniversary); **16—Jean C.**, Eastside Morning; **23—Mary Mc.**, Clark.

Women's House of Correction-The institution had only 17 women residents at the time of this writing. Is it possible that the dedicated work of Hilda H. and her loyal corps of workers and speakers was responsible? In her 10% years as secretary Hilda doesn't recall ever having such a small audience of inmates. Fifty visitors helped make Christmas a happy one for the inmates as well as for themselves at their annual Christmas party. Speakers for February are: **4—Shirley S.**; **11—Art W.**; **18—Billy M.**; **25—Frank L.**

Refresher-Training Meetings-There will be no meetings scheduled for February. The C.E.I. group has consented to be host for all twelve of the sessions in their meeting place in the Illuminating Co. rear building, Room 355, beginning with Step I and Tradition I on Wednesday, March 4 at 8:30 p. m. Panels will be furnished by the area groups.

A PRICE TAG ON SOBRIETY?

No. there are no dues or fees. Yet we cheerfully support our groups through collections or raffles, we cheerfully expend gasoline to get to a meeting or a 12-Step call. It's all voluntary and none of us even keeps a record of what we spend. We're glad to do it. In the first place, it's "insurance." And besides, we've learned to like to help others.

Shouldn't the same thinking apply to the District Office? We think you'll agree if you'll look at the Office as a sort of Twelfth Step "clearing house"-a central place for those seeking help which processes 10,000 telephone calls in a year including almost 1000 calls for help!

Yes, during the period of Jan. 1, 1958 to Dec. 31, 1958, 850 calls for help were turned over to 102 groups. 497 of those calls proved to be receptive to the first AA contact. So, if you contributed to the Office last year, YOU helped 497 people find this wonderful way of life. This is 12th Step work on the grand scale- thanks to you!

Now we come to the time of year when our District Office again asks you for financial support. During February, the Office will be asking Greater Cleveland AA for funds to carry on the good work in '59.

Our goal is \$16,500.00—which pays for office rent; utilities including heat, light and telephone; salaries of our full-time Secretary and his assistant; literature, printing, postage and other mailing costs; night and weekend telephone answering services, etc. In addition, all correspondence and financial records of Central Committee are handled by the District Office.

We could list half a hundred reasons why the Office should be supported. But we don't think this is necessary. The Office has a fine record of PERFORMANCE. We believe Greater Cleveland AA will want it to continue. We think when you know our need you will PRODUCE that we may continue to PERFORM. So, we simply ask you to help us raise the necessary money that the good work may continue.

-Tom T., Chairman, Office Operating Committee

GIGGLES

Before marriage a man yearns for a woman-after marriage the "y" is silent.

The man who says he is boss in his own house will lie about other things too.

Women who swear they never have been kissed can't be blamed for swearing.

Courtship makes a man spoon, but marriage is what makes him fork over.

A bad little boy is like a canoe-they both behave better if paddled in the rear.

CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church
 Cor. Addison and Wade Park 8:30
BORTON-E. Cleveland Congrega. Church,
 Page and Euclid Ave. 8:30
BRECKSVILLE VETERANS HOSPITAL
 Broadview and Oakes 7:30
EARLY-EARLY-Plasterers Union Hall,
 1651 E. 24th St. (near Payne Ave.) 7:00
EDGE LAKE-Rocky River Community Cen.
 Wagar & Hilliard, Rocky River 8:30
FRIENDLY SUBURBAN-6037 Pearl 8:00
LAKEWOOD MEN'S-St. Peter's Episcopal,
 W. Clifton and Detroit 9:00
LEE MONDAY-First Presbyter. Church,
 East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-St. Ignatius Hall,
 Lorain Ave. at West Blvd. 8:30
ORCHARD GROVE-SS. Peter & Paul Luth.
 13028 Madison, corner Grace 8:30
PEARL-Corpus Christi Basement 8:30
 4850 Pearl Road 8:30
RAMONA-9721 Ramona Blvd 8:30
SHAKER-Unitarian Church,
 Shaker and Belvoir Blvd. 9:00
SOUTH EAST-7526 Broadway 8:30
UNION-East View Congregational Church,
 Kinsman at E. 156th St. 9:00
WEST 25th ST.-Marvel Hall,
 2858 W. 25th St. 9:00
WOMEN'S-Westside West Boulevard
 Christian Church, Madison and W. 101 8:45
ELYRIA MEN-St. Agnes Church,
 Lake Road at Bath St., Elyria 0 8:30
JEFFERSON, O.-St. Joseph's Church 8:30
VERMILION-Congregational Church 8:30
WILLOUGHBY, O.-Presbyterian Church 8:30

TUESDAY

ARCADE-Old Stone Church,
 Public Square, Ontario entrance 8:00
CLARK-1917 Clark Ave. 8:30
CLOVER(Women)-E. 46th, So. of Scovill
 Parkway, Outwaite Center 8:30
EAST SIDE WOMEN-11205 Euclid,
 Church of the Covenant 8:00
EUCLID WADE-Calvary Presbyterian
 Church, E. 79th and Euclid Ave. 9:00
FAIRMOUNT-St. Paul's Episcopal,
 Fairmount and Coventry 9:00
FAIRVIEW PARK-Fairview Grace
 Church, W. 224th and Lorain Ave. 9:00
HILLTOP-St. Joseph's Seminary,
 17608 Euclid Ave. 8:45
LAKE SHORE-Lakewood Congregational,
 1376 W. Clifton, corner Detroit 9:00
MAY-LYND-Kenny King's Restaurant,
 May-Land Shopping Cen. Mayfield Hts. 8:30
MILES-LEE-Mt. Hope Lutheran Church,
 E. 164th, north of Miles Ave. 8:30
SMITH-WILSON-Nativity School,
 95 10 Aetna Road 8:30
SOUTH EAST-Maple Hts Presb. Church,
 15715 Libby Road 8:00 Tuesday
SUPERIOR-N & Presbyterian Church,
 E. 40th and Superior 9:00
WEST PARK-Puritas Lutheran Church,
 Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.-Fint Presbyterian Church,
 Corner Church and Third Streets
 8 p.m. Eastern; 9 p.m. Daylight time
ASHTABULA CONSOLIDATED-
 Methodist Church, South Broadway
 Geneva, Ohio-First Tuesday 8:30
LAKE COUNTY-Fdlowshi Metho-
 dist Ch., 2400 P. S. Wood, Mentor 8:30
LORAIN CENTRAL-Lorain, O.
 Trinity Church 8:30
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
SANDUSKY, O. (Firelands)-First Pres-
 byterian, Across from Post Office 8:30
STRONGSVILLE-Town Hall 8:30

WEDNESDAY

ALLAMERICAN Sportsmen, 1142 Buhner,
 3rd Wednesday each month 8:30
BAXTER-8437 Broadway 8:30
BEDFORD-Masonic Temple, Tarbell Ave. 8:30
BROOKLYN-K of P. Hall,
 3316 Broadview, East of Pearl Rd. 8:30
C. E. I.-Illuminating Co.,
 Room 355-Rear Building 8:30
COLLINGSWOOD-945 E. 152nd St. 8:30
DENISON MEN-7403 Denison Ave.
 (first Wednesday, joint meeting) 8:30
DOAN MEN'S-2028 E. 105th St.,
 Second floor, side entrance 9:00
EAST SIDE MORNING 10:30 A.M.
 2028 East 105th St.
GARFIELD HEIGHTS-Trinity Baptist
 E. 94th and Garfield Blvd. 8:30
HAGUE-Grace Cong. Assembly Hall,
 West 65th and Colgate 8:30
LAKEWOOD WOMEN-St. Peter's Episc'l
 18001 Detroit Ave. (corner Clifton) 8:30
LEE ROAD-First English Lutheran,
 Derbyshire and Euclid Hts. Blvd. 9:00
LORAIN AVE.-S.S. Philip & James Hall,
 3689 Bosworth Road 9:00

ST. JAMES-M+ Calvary Baptist Church.

E. 103rd and Cedar 8:30
ST. MARY400 North S., Chardon, O. 8:30
TWENTY-FOUR HOUR-13216 Detroit,
 Church of the Ascension 8:30
WARRENSVILLE-Women's House Cor. 7:30
WEDNESDAY NIGHT DISCUSSION-
 (Stag) 1386 Ardcnall Ave. 8:00
WEST SHORE-West Shore Unitarian,
 20401 Hilliard Rd., Rocky River 8:30
WOMEN'S-Lorain County-St. Vincent De
 Paul Church, Detroit Rd., (Rt 254 & 57) 8:30
ASHTABULA COUNTY WOMEN-
 St. Mary's Hall, Conneaut, 2nd.4th Wed. 7:30
CONNEAUT MEN-Conneaut, Ohio
 B. of LE. Hall, Whitney Block, Main St. 8:30
ELYRIA, O.-St. Paul Building,
 Third and Middle, side entrance 8:30
FAIRPORT HARBOR-St. Michael's Ch.,
 630 Plum St., Fairport Harbor 8:00
LORAIN, O.-Methodist Ch., 6th & Reid 8:30

THURSDAY

A LLENDALE-St. Paul's Episcopal
 Church, 15837 Euclid Ave. 8:30
ANGLE-St. Malachi's Church,
 2349 Washington Ave. 8:30
BROADWAY-55th-Our Lady of Lourdes
 School Hall 8:30
CORLETT-Holy Family School,
 3845 E. 131st at Chapelside 8:30
COVENTRY-Fairmount Presby. Church,
 Scarborough and Fairmount Blvd. 8:30
CRILE HOSPITAL-Library 8:00
CROSSROADS-Bethany Presbyterian Church,
 W. 65th and Clinton 9:00
EAST SHORE WOMEN-First Baptist Ch.,
 1565 Chardon Rd., near Euclid 8:30
HAWTHORNDEN STATE HOSPITAL,
 Macedonia, O., Basement of New
 Employees Bldg. 8:00
NO. OLMSTED-Saulich's Nursing Home,
 27048 Lorain Road 8:30
OUTHWAITE-Garden Valley,
 7100 Kinsman Ave. 8:30
PARMA-H EIGHT-00 Pearl Road,
 Laux Realty Basement (rear) 8:30
ROCKY RIVER-Rockport Methodist,
 Church, 3310 Wooster Road 9:00
ST. CLAIR-THURSDAY-Glenville Cong.
 Church (side ent.) St. Clair & Eddy Rd. 9:00
WEST SIDE-7403 Denison Ave. 10:30 A.M.
AMHERST-St. Peter's Ev. & Ref. Church,
 Church St., North Amherst, O. 8:30
BEREA-Fine Arts Club, E. Bagley Rd.,
 3 doors east of Eastland Rd. 9:00
EAST LAKE-Bethel Lutheran Church,
 32400 Vine St. 8:30
ASHTABULA HARBOR-1463 W. 5th 8:30
INDEPENDENCE, O.-St. John's Lutheran
 Hall, Second and Sunset 9:00

FRIDAY

ANSEL ROAD-St. Thomas Church,
 9205 Superior Ave. 8:30
BROADWAY-HARVARD-8437 Broadway 9:00
CEDAR-Salvation Army, 5005 Euclid 8:15
CHARITY-Amphitheatre, 6th Floor,
 St. Vincent's Charity Hospital 8:30
EUCLID FRIDAY-Holy Cross Church,
 E. 200 and Lake Shore Blvd. 8:30
FRIDAY AFTERNOON WOMEN-Ply-
 mouth Church, Coventry and Drexmore,
 Krumbine Room 1:00
GORDON SQUARE-St. Helena's Hall,
 1367 W. 65th St. 9:00
LEE ROAD-American Legion Hall,
 Post 163, 15544 Euclid Ave. 9:00
NORTH EAST-Town House Motel,
 15661 Euclid Ave. 8:30
SOLIDARITY-Hubbard Memorial Center
 E. 84th and Cedar 8:45
STELLA MARIS MIXED
 1320 Washington Ave. 8:15
TAPCO-23555 Euclid Ave. 9 p.m.
 Second Friday of each month
WEST SIDE YOUNG PEOPLE-
 Lkwd Cong. Ch., 1375 W. Clifton 9:00
AVON LAKE-First Congregational Church,
 32801 Electric Blvd. 8:45
BEREA-Social room of Berea Cong.
 Church, Seminary and Church 8:30
CHAGRIN FALLS, O.-American Legion,
 E. Orange St. 8:30
CHARDON-Pilgrim Christian Church,
 113 South Street, Chardon, O. 9:00
ELYRIA-(Mixed)-Alconon Club,
 345 Broad St., Elyria, Ohio 8:30
CONNEAUT, O.-B. of L. E. Hall 8:30
LAKE COUNTY-Mentor Christian Church,
 Route 20, Cor. Jackson, Mentor, O. 8:30
LORAIN, O.-Mt. Zion Baptist Church,
 30th and Wood Streets 8:30
WELLINGTON, O.-512 No. Main St. 8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran
 Church, Cable at Broadway 8:30

FOREST CITY-6619 Denison Ave. 9:00
JACK & HEINTZ-17600 Broadway 8:30
LEAGUE PARK-St. Agnes School Hall,
 East 79th and Euclid Ave. 9:00
LIBERTY-945 E. 152nd St. 9:00
MAPLE HTS.-Luth. Church of Covenant,
 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TA LBOT-St. Philip Neri church,
 E. 82nd and St. Clair 8:30
MEMPHIS-Lakewood Congregational Ch.,
 1375 W. Clifton, Cor. Detroit Ave. 9:00
PARMA-Ridgewood Savings & Loan,
 5950 Ridge Road 8:45
PLAINSGRACE Episcopal Church-
 Rte. 20 near Park, W. Wooster, O. 8:30
REDWOOD-Euclid Lutheran Church,
 E. 260th and Oriole 8:30
TRINITY-Trinity Evangelical Church,
 3525 W. 25th St. 8:30
VALLEY VIEW-Community Center,
 West 7th and Starkweather 8:30
8005 GROUP-8005 Lorain Ave. 8:30
ASHTABULA, O.-St. Peter's Episc. Church,
 Main Avenue at South Park 8:30
ELYRIA SATNITE-Alconon Club,
 345 Broad St., Elyria, O. 8:30
SOLON, O.-St. Rita's High School 9:00
WEST RICHFIELD-Consolidated Church,
 Route 303, just west of Route 21 9:00
WINDSOR, O.-Community Hall 9:00

SUNDAY

ALCOHOLICS BARRACKS-1000 feet east
 of Warrensville Workhouse 5:00
BROOKSIDE-Blessed Sacrament church,
 Storer and Fulton (downstairs) 8:30
C.A.H. DISCUSSION-C.A.H. clubrooms,
 7809 Euclid Avenue 10:45 A.M.
COLLINGSWOOD-945 E. 152nd St. 7:30
DETROIT-Mixed-8023 Detroit Ave. 8:00
DETROIT SUNDAY
 8304 Detroit Avenue 7:30 P.M.
GOLF LAKELANDS-Trinity Lutheran,
 Redbird & Chapel, No. Madison, O. 3:00
LAKEWOOD ARMORY
 1437 Wayne Ave., South of Ontario 0:00
LIBBY ROAD-St. Wenceslas Church,
 17825 Libby Rd. (Cato St. entrance) 7:30
LORAIN COUNTY CONSOLIDATED-
 First Sunday of each month, Alconon
 Club, 345 E. Broad St., Elyria 7:30
MARIA JOSEPH-Plasterers Hall,
 1651 E. 24th St., at Payne Ave. 1:00
MISTLETOE-St. Thomas Church,
 9205 Superior Ave. 7:00
NEWBURY-St. Helena's Church, Rt. 87 9:15
NEWBURGH-St. Catherine's Church,
 3443 E. 93rd St. 8:30
OUTHWAITE-Garden Valley,
 7106 Kinsman Ave. 4:30
STELLA MARIS-Sunday Training Meeting,
 1320 Washington Ave. 3:00
SUPERIOR STAG-8801 Superior 11 A.M.
TWILIGHT-Grange Hall, Rt. 60, Axle, O. 7:30
WARRENSVILLE-Cooley Farms
 Recreation Room 10:00 A.M.
CHTPPEWA-SEVILLE-V.F.W. Hall,
 Seville, O. 8:30
CONNEAUT WOMEN-St. Mary's Hall
 Madison, O. (2nd and 4th, Sunday) 7:00
GENEVA, O.-Legion Hall, Park St.,
 corner of So. Eagle 7:30

ALANON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church,
 E. 79th and Euclid 8:30 Tuesdays
BETHANY-Bethany Presbyterian Church,
 6415 Clinton Ave. 8:30 Wednesdays
SOUTH EAST-Maple Hts. Presb. Ch.,
 15715 Libby Road 8:00 Tuesdays
CHARITY-St. Vincent Charity Hospital,
 E. 22nd and Central 8:30 Friday
NURSING HOMES THAT TREAT ALCOHOLICS
 Alcoholics Abstinence Nursing Home (MW)
MELROSE 1-1635 8023 Detroit Ave.
Al-Ju, Inc. (MW) 28707 Euclid Ave.
 Whitner 4-2244 Wickliffe, O.
Cleveland Alcoholic Clinic (MW)
EXpress 1-8988 7809 Euclid Ave.
Dorothy McCauliffe Alcoholic Clinic (M)
ATLANTIC 1-3353 8304 Detroit Ave.
Farquharson's (M) TUXEDO S-1882-6037 Pearl

AA CLEVELAND DISTRICT OFFICE
 205 Frederick Bldg., 2063 E. 4th St. CH 1-7387
1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE-
 Hanna Building, Room 370 8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE-
 Hanna Building, Room 370 8:30

CENTRAL BULLETIN



Vol. XVII-No. 5

BOX 6712, CLEVELAND 1, OHIO

February, 1959

SUBSCRIPTION PRICE \$1.00 PER YEAR

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TEN CENTS PER COPY

MANSIONS OF THE MIND

The man crouched in a corner of the dingy room of the hovel. It was a miserable abode. The meager furniture was broken and in disorder. Only a dim half-light came through the window, for that was all the light there ever was.

He was dishevelled and dirty. His clothes were tattered and soiled. They seemed to reflect his thoughts. He hated everybody. At one time he had known riches and opulence and he had ordered people about. That he should be reduced to these squalid circumstances only showed that the world and everybody in it were against him. He would tell them off. He would hate them. and hate them and . . .

Only no one ever came near him. Day after day he brooded in his corroding isolation. Day after day he gazed glassy-eyed through the window at the landscape. It was dirt and rock. There was not a blade of grass or a flower. Not a tree to be seen in the whole dreary expanse. Only in the distance a bank of fog that never changed, placid and impenetrable.

He wallowed in his hate and as time passed, night being like day and day like night and always that sickening half-light, he came to hate his hate.

One day out of the fog bank he saw a man walking toward the hovel. He came to the broken down doorway and said he had come to help. He was a fine looking man, well dressed, clean and clear of countenance . . . but this only angered the the hovel dweller. He didn't want help. He didn't need help. How could those who had put him where he was help him? This was gloating, triumphing over his miserable condition.

The visitor went away without anger. But he came again and again and sometimes brought others with him. Then one day the hovel dweller realized that these people were not mocking him, but sincerely wanted to help. With embarrassment and timidity he asked for it.

They told him what he should do. There must be no more hatred. He had to realize that no one but himself had created this horrible hovel and this bleak landscape where he had dwelt so long. He had to change his thinking and then he could leave this realm of half-light and emerge into a new life. He had to put aside his arrogance of old and learn that humility is an asset, not a weakness. He had to realize that people were not against him, as he had thought, but only he against people.

He tried and he succeeded. And he went with his new friends and walked for the last time across the barren countryside and through the distant fog bank.

On the other side he emerged into a beautiful, sunlit country, with green grass and colorful flowers and trees and fine houses. People were friendly. People were helpful. In this land a man could work and grow. He could help others and the more he helped the happier he became and the more he grew in mental and spiritual stature. And he made amends for the mean things he had done and thought and he dwelt in a new and happy world.

(Continued on page two)

QUALIFICATION EMPHASIS

We met an old friend the other day, a former member of AA back in 1940. We hadn't seen him for years. He was one of the most active members in our group, a well-educated man with an impressive story of what the right to drink had cost him in money, loss of family and finally an important position.

There were but few groups in AA at that time and they were widely scattered. Because of his ability and his willingness to speak, he was in constant demand as a speaker.

He was active about a year. His speaking engagements interfered with regular attendance at his own group. Soon rumors began to float around that he was drinking again. When confronted with these rumors upon his return to his home group, he denied them indignantly, offering as proof, his pocket diary, showing his activity.

The rumors persisted and, in disgust, he withdrew from group activity. His loyal friends traced the rumors to a gabby wife of a member of the group who finally admitted that she had assumed that he was drinking because he hadn't attended meetings regularly. But, she defended her suspicions. She had heard his qualification story many times and was sure that SUCH a man could NEVER make the program!

Experiences like that not only drove many newcomers out of the fellowship but even to drinking again. Some groups finally limited their meetings to alcoholics only. In many areas in the country this practice still is in vogue.

An alcoholic's personal story of qualification must be held in utter confidence. He or she is exposing the soul! When the groups were small, qualification invited counsel and encouragement.

Now that groups have progressed to the "forum" stage, why should qualification be stressed to such an extent that it becomes boring? In our opinion, everyone in the audience knows HOW to get drunk, but is there mainly to find another handle to hang onto to help him stay sober.

We have been guilty of the same fault, we're afraid, and lately have been stressing the joy of sobriety and comparing this new-found joy with the artificial excitement produced by over-indulgence or its companion, oblivion and release from all aggravating responsibilities.

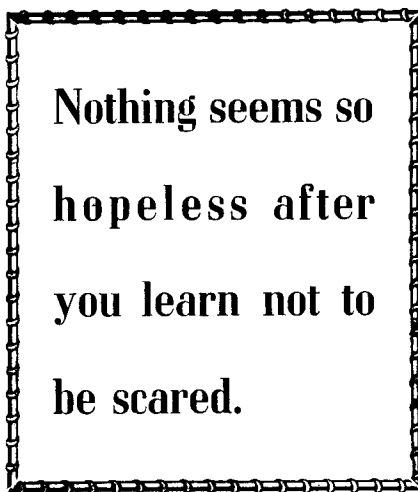
We believe our story MUST be told, if only to keep the horrible memories of what the right to drink did to us, but as originally intended . . . in personal visitation in hospitals, nursing homes, offices or private homes.

Then the prospect will be impressed and a desire to open up with his own problems and fears will be stimulated. He feels suddenly that he has a confidant whom he can trust with his story and the "reasons" for his drinking compulsion.

In most cases he's been preached to, censured, warned and threatened to such an extent that he becomes more stubborn, resentful, hurt . . . and more disturbed.

We have learned that many sensitive projects have

(Continued on page two)



QUALIFICATION

(Continued from page one)

been brought to meetings too soon, and hearing a speaker reveal all the sordid details of his debauchery, refuses to affiliate with AA, because he fears that **joining** would entail a duty on his part to "testify," and reveal HIS story.

Let's all examine ourselves and our "story." Do we spend most of our allotted time on qualifying or do we consider our audience and give them some -handles to hang onto when temptation strikes them?

Let's think of our audience and less of ourselves.

CARTOON SERVICE

In this issue we are printing a cartoon drawn by Al S. of the Stella Maris Groun. We liked his entire series of 12 which he **donated** to Central Bulletin. We would like to print every one of them, but the watchdog of the Bulletin treasury (which is at its average deficit-to date \$412.29), frowned at **spending** from \$4 to \$5 extra for cartoons.

So the thought occurred to us that should anyone be willing to give \$5, we will give him or her the original drawing (in color, size 6" x 9") suitable for framing and plates to print the cartoons.

The sample on Page 3 is on us.

OBITUARIES

Called to their eternal rewards were Dave T. Hawley of the Parma Group on December 30 at the ripe old age of 77 and long time active John F. Kozulla of the Trinity Group on February 11. John was a sixteen year member and his smile and comments will be sorely missed.

REGIONAL G.S.C. MEETING, MARCH 1

All group representatives, committeemen and interested members should attend the Northeastern Ohio General Service meeting on Sunday afternoon, March 1 at 3:30 p.m. in Brecksville Methodist Church, corner Route 21 and 82.

A complete report will be given by Al L., our Delegate, on what transpired at the General Service Conference meeting in New York. Other speakers will be the newly appointed secretary, Ann C. of Niles, Jim D., Edgelake and Robert L., Independence.

VISIT THE ABSENT MEMBER

The Corlett group pursues a policy which deserves emulation by every group. They check their list of **old-time** members who haven't attended meetings for some time. Among them were some who had helped form the group, years ago.

Their visits paid dividends, for some had become invalids and were **bedridden** unbeknown to anyone in the group. Some were feeling much neglected and too proud to call for visitation.

We recommend this practice to every group.

G I G G L E S

A convict is probably the only person who likes to be interrupted in the middle of a sentence.

City Man: Is it a modern farm house?
Real Estate Agent: No, just five rooms and a path.

First Voter: I don't want to vote for any of the candidates. I don't know any of them.

Second Voter: I don't know what to do either. I know all of them.

Wife to husband: I scratched the front fender a **little**, dear. If you want to look at it, it's in the back seat.

MANSIONS OF THE MIND

(Continued from page one)

He recalled the truth of an old admonition, that "as a man thinketh, so is he," and he realized that made the difference between the forlorn land of drunkenness and the uplands of sobriety.

WHAT'S A LEGACY?

In ordinary life, we think of a legacy as an inheritance. We usually think of someone giving us something-usually money or some other material thing. The dictionary tells us a legacy may also be a right, or a privilege. An attorney will tell you a legacy may also involve a debt.

In AA we think of our three legacies: Recovery (the 12 Steps), Unity (the 12 Traditions) and World Service. How well these are named-legacies!

Certainly there is material well being in Recovery and Sobriety. Just think of the money we don't spend, the bills we can now pay, and the bartenders we don't send to Florida each winter. There is our right to be unified by the common principles of our 12 Traditions. And it sure is a privilege to be able to choose between the old life and this shiny new one which we share.

And there is debt. We owe it to those who came before us, and to those yet to come, to pass the message along.

World Service, of course, enables us to pass the message everywhere-in Calcutta as well as Cleveland, in Africa as well as Akron. You may never attend an AA meeting in Australia, but you can make your influence felt there . . . through World Service.

We try to live the first two legacies in our daily lives. Let's try to be sure to live the third one, also. Let our gratitude remind us to help pass the program along by supporting World Service.

CENTRAL COMMITTEE

It's amazing that so few of our members are acquainted with one of Cleveland AA's most important committees and that each group formed in the Cleveland area is **automatically** a -member of it. We refer to Central Committee, which was formed in 1940 when the several groups existing at that time already felt the need for corporate action to control their activities on the public level and to have a monthly meeting of secretaries and delegates of groups to develop a cooperative policy on the highest plane.

It was at these meetings as well as those in other sectors of the country where the 12 Traditions were developed — through trial and error. The representatives agreed that Central Committee's function was not to police or to govern but to have a monthly forum for the airing of any grievances, intergroup or internally.

On the public level, Central Committee, through trusted and appointed committee members, any mis-use of the AA name in questionable promotion can be stopped by exposure within a day or days.

Following are the Purposes of Central Committee for your record: Because better understanding is the key to friendship . . . because the public act of any group or individual involves our entire fellowship . . . because we must continually take inventory of ourselves as individuals and groups, the Central Discussion Group has these purposes:

To bring together representatives of all groups for discussions of policy and practice, to create high standards, to guard against exploitation or commercialization, to insure our humility as groups and individuals.

To protect unity of thought and purpose through the Central Bulletin, the Consolidated Meetings, and such other activities as seem consistent.

To maintain standards through the sponsorship of a Hospital Committee and such other committees as are necessary to carry on this work.

To serve as a clearing house for ideas. The object of the group is service.

GROUP NEWS

Angle-March speakers are: 5—**Dan B. Newbury**, 0.; 12—**Mary McL.**, Clark (her annual St. Patrick's Day lead); 19—**Frank W.**, Northeast; 26—**John S.**, Northeast.

Brooklyn-March speakers are: 4—**Joe K.**, Brooklyn (his fifth anniversary); 11—**Dr. Vincent M.**, Akron, 0.; 18—**Dr. Franklin F.**, Fainesville, 0.; 25—**Charlie S.**, Brooklyn (his seventh anniversary).

Charity-March speakers are: 6—**Joe H.**, St. James; 13—**Bill S.**, Lorain-Monday; 20—**John H.**, Angle; 27—**Ferrell G.**, Angle.

Collinwood-March speakers for the Sunday group are: 1—**Jess A.**, **May-Lynd**; 8—**Joe K.**, Newburgh; 15—**Jim B.**, Member-at-large with his annual St. Patrick's Day talk; 22—**Art S.**, Orchard Grove; 29—**Dave C.**, Arcade.

Crossroads-March speakers are: 5—**James D.**; 12—**Skid S.**; 19—**Ed C.**; 26—**Joe B.**

Doan Men—Cleveland's first "men only" group, and probably the first such in AA history, has been forced to give up its lease on its elaborate and roomy meeting place, and, on and after Wednesday, March 4, 1959 will meet in the University Circle YMCA building across the street at 2055 E. 105th St. The new location has ample, well-lighted parking facilities just south of the building. All meetings will start at 8:30 p.m. The first speaker in the new location will be Tom V., a veteran of close to twenty years in AA and an impressive speaker. Other speakers for March are: 11—**Bill F.**, **Doan Men**; 18—**James F.**, **Doan Men**; 25—**17th Anniversary of Doan Men**, with patriarch Harry R., the red-nosed reindeer of Stella Maris Home, as speaker.

Eastside Morning—Has moved to new quarters at Euclid Avenue Congregational Church, 9606 Euclid Ave., side entrance. The first meeting in the new quarters will be held on March 4 at 10:30 a.m. and will be led by Earl L., Northeast. Other March speakers are: 11—**Julius B.**, Outhwaite; 18—**Jerry D.**, Northeast; 25—**Dave L.**, Matt Talbot.

Euclid-Wade-March speakers are: 3—**Earl M.**, **Doan Men**; 10—**Vince R.**, Cedar; 17—**Pauline C.**, League Park; 24—**Ed M.**, Arcade; 31—**Alonzo E.**, Solidarity.

Fairview Park—March speakers are: 3—**Irwin F.**, North Olmsted; 10—**Bill W.**, Fairview Park; 17—**Chuck** and **Lu S.**, St. Clair-Thursdays; 24—**George M.**, Edgelake; 31—**Questions and Answers** directed to a panel of West Side Women . . . **Mary R.**, **Mary W.**, **Ruth K.** and **Irene M.**

Franklin-March speakers are: B—**Jim S.**, W. 25th; 13—**John C.**, Windsor; 20—**Gates H.**, C.A.C.; 27—**Harry C.**, W. 25th.

Lake County—March speakers are: 3—**Charley S.**, Lee Road; 10—**Howie L.**, Angle; 17—**Marty G.**, Newbury, 0.; 24—**Neil G.**, St. Clair-Thursdays; 31—**Chuck F.**, Lake County.

Matt Talbot-March speakers are: 7—**"Big Rex" C.**, Matt Talbot; 14—**Jim B.** (the official St. Patrick Day speaker, "than whom there is none whomer"); 21—**Whitey C.**, St. Clair-Thursdays; 28—**Bobbie M.**, Addison.

Orchard Grove-March speakers are: 2—**Charles D.**, Berea-Thursdays; 9—**Don V.**, Avon Lake; 16—**Alice B.**, Clark; 23—**Ed M.**, Maple Heights; 30—**Dr. J. D.**, King School, Akron.

Outhwaite-March speakers are: 1—**Lorraine R.**, St. James; 8—**Julius B.**, Outhwaite; 15—**Harry D.**, Edgelake; 22—**Norma P.**, District Office; 29—**Ira F. M.**, Outhwaite.

Parma-March speakers are: i—**Oliver C.**, Lee Monday; 14—**Waldo G.**, Edgelake; 21—**Ladd T.**, Lake Shore; 28—**Wynn W.**, Lee-Wednesday.

St. Clair-Thursdays-March speakers are: S—**Morris W. C.**, group not known; 12—**Paul D.**, Brooklyn; 19—**Will R.**, Lee Monday; 26—**Frank W.**, group not known.

Smith-Wilson—Moved to a new location where it held its first meeting on February 10, in St. Joseph's School

Building, 9321 Orleans Avenue, located five blocks south of Union Avenue off E. 93rd St.

Solidarity-March speakers are: 6—**Jimmy F.**, Outhwaite; 13—**Bill H.**, Newburgh; 20—**Mrs. Josephine P.**, Solon; 27—**Jim S.**, W. 25th St.

Trinity-March speakers are: i—**George W.**, Newburgh; 14—**Dorothy McC.**, Detroit Sunday; 21—**Tom C.**, Newburgh; 28—**Al S.**, Orchard Grove.

West Park-March speakers are: 3—**Tom McK.**, West Park (his first lead); 10—**Ralph S.**, Forest City and Gordon Square; 17—**Bernie L.**, Westside Y.P.; 24—**Ralph R.**, Westside Y.P.; 31—**Tom T.**, Lorain Ave. Wednesday.

W. 25th St.-March speakers are: 2—**Henry W.**, Euclid-Wade; 9—**Margaret T.**, St. Clair-Thursdays; 16—**Thomas A.**, Solidarity; 23—**"Gus the Baker" T.**, Baxter; 30—**Tony W.**, Elyria Wednesday.

Women's House of Correction-March speakers are: 4—**Steve Z.**, Broadway-55th; 11—**Tom M.**, Solidarity; 18—**Len C.**, Broadway-55th; 25—**Ben I.**, Solidarity. There is a desperate need for women's clothing. Call Hilda H. at SH 9-0369 for information on items needed.

REFRESHER-TRAINING MEETINGS

Seeking a centrally located meeting place for the all-important Refresher-Training meetings, our diligent chairman Bill D. persuaded the C.E.I. group to give up its regular weekly meetings on Wednesday evenings to sponsor these weekly sessions. All Cleveland area groups will be contacted to furnish a complete panel for these weekly sessions. The Twelve Steps and Twelve Traditions will be thoroughly explored. At each weekly session, one Step and one Tradition will be discussed.

The first of these meetings will be held on Wednesday, March 4, 1959, at 8:30 p.m. The first of four speakers will be limited to ten minutes in which he will qualify as an alcoholic. The second speaker will be limited to 15 minutes on Step I and his interpretation of it. The third, with the same time limitation, will do likewise with Tradition I. The chairman, or moderator, will close the session with a summary of the highlights from the speakers' talks.

The March 4th panel will be furnished by the Independence Group. Step II and Tradition II will be discussed by the Fairview Park Group on March 11. On March 18, the Lake Shore Group will panel Step III and Tradition III. The Matt Talbot Group will discuss Step IV and Tradition IV on March 25.

April panels will be announced in the March issue of Central Bulletin. All groups will receive weekly notices of these meetings.

Bring your new "baby" or "pigeon" to these informative sessions for his thorough indoctrination and your own personal refresher course.

Remember, you can never learn too much.



CLEVELAND AREA GROUP MEETINGS

MONDAY
ADDISON—Westminster Church, Cor. Addison and Wade Park.....8:30
BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave.....8:30
BRECKSVILLE VETERANS HOSPITAL Broadview and Oakes.....7:30
EARLY-EARLY—Plasterers Union Hall, 1651 E. 24th St. (near Payne Ave.) 7:00
EDGE LAKE—Rocky River Community Cen., Wagar & Hilliard, Rocky River.....8:30
FRIENDLY SUBURBAN—6037 Pearl.....8:00
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit.....9:00
LEE MONDAY—First Presbyter. Church, East Cleveland, Nela and Euclid.....8:30
LORAIN AVE.—St. Ignatius Hall, Lorain Ave. at West Blvd.....8:30
ORCHARD GROVE—SS. Peter & Paul Luth. 13028 Madison, corner Grace.....8:30
PEARL—Corpus Christi Basement, 4850 Pearl Road.....8:30
RAMONA—9721 Ramona Blvd.....8:30
SHAKER—Unitarian Church, Shaker and Belvoir Blvd.....9:00
SOUTH EAST—7526 Broadway.....8:30
TEMPLE—Temple Baptist, 7500 Cedar.....8:15
UNION—East View Congregational Church, Kinaman at E. 156th St.....9:00
WEST 25th ST.—Marvel Hall, 2858 W. 25th St.....9:00
WOMEN'S—Westside—West Boulevard Christian Church, Madison and W. 101.....8:45
ELYRIA MEN—St. Agnes Church, Lake Road at Bath St., Elyria, O.....8:30
JEFFERSON, O.—St. Joseph's Church.....8:30
VERMILION—Congregational Church.....8:30
WILLOUGHBY, O.—Presbyterian Church 8:30

TUESDAY
ALCOHOLICS BARRACKS—1000 feet east of Warrensville Workhouse.....8:00
ARCADE—Old Stone Church, Public Square, Ontario entrance.....8:00
CLARK—1917 Clark Ave.....8:30
CLOVER—(Women)—E. 46th, So. of Scovill Portland—Outhwaite Center.....8:30
EAST SIDE WOMEN—1205 Euclid, Church of the Covenant.....8:00
EUCLID-WADE—Calvary Presbyterian Church, E. 79th and Euclid Ave.....9:00
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry.....9:00
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave.....9:00
HILLTOP—St. Joseph's Seminary, 17608 Euclid Ave.....8:45
LAKE SHORE—Lakewood Congregational, 1376 W. Clifton, corner Detroit.....9:00
MAY-LYND—Kenny King's Restaurant, May-Land Shopping Cen. Mayfield Hts.....8:30
MILES-LEE—Mt. Hope Lutheran Church, E. 164th, north of Miles Ave.....8:30
SMITH-WILSON—St. Joseph's School, 9321 Orleans Ave.....8:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior.....9:00
WEST PARK—Puritas Lutheran Church, Puritas Ave. and W. 138th St.....8:30
ASHLAND, O.—First Presbyterian Church, Corner Church and Third Streets 8 p.m. Eastern; 9 p.m. Daylight time
ASHTABULA CONSOLIDATED—Methodist Church, South Broadway Geneva, Ohio—First Tuesday.....8:30
ASHTABULA—West—1320 Perryville Pl. 8:00
LAKE COUNTY—Fellowship Hall, Methodist Ch., Rt. 20, E. So. Wood, Mentor.....8:30
LORAIN CENTRAL—Lorain, O. Trinity Church.....8:30
MEDINA, O.—St. Paul's Epis. Par. Hse.....8:30
SANDUSKY, O. (Firelands)—First Presbyterian. Across from Post Office.....8:30
STRONGSVILLE—Town Hall.....8:30

WEDNESDAY
ALL-AMERICAN Sportsmen, 1142 Buhner, 3rd Wednesday each month.....8:30
BAXTER—8437 Broadway.....8:30
BEDFORD—Masonic Temple, Tarbell Ave.....8:30
BROOKLYN—K. of P. Hall, 3316 Broadview, East of Pearl Rd.....8:30
C. E. I.—Illuminating Co., Room 355—Rear Building.....8:30
COLLINGSWOOD—945 E. 152nd St.....8:30
DENISON MEN—7403 Denison Ave. (first Wednesday, joint meeting).....8:30
DOAN MEN—YMCA (University Circle), 2055 E. 105th St., Second floor front, 8:30
EASTSIDE MORNING—9606 Euclid Ave., Euclid Ave. Congre. (Side ent.) 10:30 a.m.
GARFIELD HEIGHTS—Trinity Baptist, E. 94th and Garfield Blvd.....8:30
HAGUE—Grace Cong. Assembly Hall, West 65th and Colgate.....8:30
LAKEWOOD WOMEN—St. Peter's Episcl 18001 Detroit Ave. (corner Clifton) 8:30
LEE ROAD—First English Lutheran, Derbyshire and Euclid Hts. Blvd.....9:00
LORAIN AVE.—S.S. Philip & James Hall, 3689 Bosworth Road.....9:00

REFRESHER TRAINING—Illuminating Bldg., Rm. 335—Old Parcel Post Bldg. 8:30
ST. JAMES—Mt. Calvary Baptist Church, E. 103rd and Cedar.....8:30
ST. MARY—400 North S., Chardon, O.....8:30
TWENTY-FOUR HOUR—13216 Detroit, Church of the Ascension.....8:30
WARRENSVILLE—Women's House Cor. 7:30
WEDNESDAY NIGHT DISCUSSION—(Stag) 1386 Ardenall Ave.....8:00
WEST SHORE—West Shore Unitarian, 20401 Hilliard Rd., Rocky River.....8:30
WOMEN'S—Lorain County-St. Vincent De Paul Church, Detroit Rd., (Rt. 254 & 57).....8:30
ASHTABULA COUNTY WOMEN—St. Mary's Hall, Conneaut 2nd-4th Wed.....7:30
CONNEAUT MEN—Conneaut, Ohio B. of L.E. Hall, Whitney Block, Main St.....8:30
ELYRIA, O.—St. Paul Building, Third and Middle, side entrance.....8:30
FAIRPORT HARBOR—St. Michael's Ch., 630 Plum St., Fairport Harbor—4:00
HURON HIGH NOON—Huron, O., First Presbyterian Church, Routes' 6 & 2.....12:01
INTER RACIAL—30th & Wood, Lorain, O., Mt. Zion Baptist Church.....8:30
WICKLIFFE, O.—28917 Euclid (side-up) 8:30

THURSDAY
ALCOHOLICS BARRACKS—1000 feet east of Warrensville Workhouse.....8:00
ALLENDALE—St. Paul's Episcopal Church, 15837 Euclid Ave.....8:30
ANGLE—St. Malachi's Church, 2549 Washington Ave.....8:30
BROADWAY-55th—Our Lady of Lourdes School Hall.....8:30
CORLETT—Holy Family School, 3845 E. 131st at Chapelside.....8:30
COVENTRY—Fairmount Presby. Church, Scarborough and Fairmount Blvd.....8:30
CRILE HOSPITAL—Library.....8:00
CROSSROADS—Bethany Presbyterian Church, W. 65th and Clinton.....9:00
EAST SHORE WOMEN—First Baptist Ch., 1565 Chardon Rd., near Euclid.....8:30
HAWTHORNDEN STATE HOSPITAL, Macedonia, O., Basement of New Employees Bldg.....8:00
NO. OLMSTED—Saulich's Nursing Home, 27048 Lorain Road.....8:30
OUTHWAITE—Garden Valley, 7100 Kinsman Ave.....8:30
PARMA HEIGHTS—6400 Pearl Road, Laux Realty Basement (rear).....8:30
ROCKY RIVER—Rockport Methodist Church, 3310 Wooster Road.....9:00
ST. CLAIR-THURSDAY—Glenview Cong. Church, (side ent.) St. Clair & Eddy Rd.....9:00
WEST SIDE—7403 Denison Ave.....10:30 A.M.
AMHERST—St. Peter's Ev. & Ref. Church, Church St., North Amherst, O.....8:30
BEREA—Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland Rd.....9:00
EAST LAKE—Bethel Lutheran Church, 32400 Vine St.....8:30
ASHTABULA HARBOR—1463 W. 5th St.....8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset.....9:00

FRIDAY
ANSEL ROAD—St. Thomas Church, 9205 Superior Ave.....8:30
BROADWAY-HARVARD—8437 Broadway.....9:00
CEDAR—Salvation Army, 5006 Euclid.....8:15
CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital.....8:30
CLEVELAND WOMEN—Hotel Cleveland 6:00
EUCLID FRIDAY—Holy Cross Church, E. 200 and Lake Shore Blvd.....8:30
FRANKLIN—St. Paul's Church, W. 45 and Franklin.....8:30
FRIDAY AFTERNOON WOMEN—Plymouth Church, Coventry and Drexmore, Krumbine Room.....1:00
GORDON SQUARE—St. Helena's Hall, 1367 W. 65th St.....9:00
LEE ROAD—American Legion Hall, Post 163, 15544 Euclid Ave.....9:00
NORTH EAST—Town House Motel, 15661 Euclid Ave.....8:30
SOLIDARITY—Hubbard Memorial Center, E. 84th and Cedar.....8:45
STELLA MARIS MIXED, 1320 Washington Ave.....8:15
TAPCO—23555 Euclid Ave.....9 p.m.
Second Friday of each month
WEST SIDE YOUNG PEOPLE, Lkwd. Cong. Ch., 1375 W. Clifton 9:00
AVON LAKE—First Congregational Church, 32801 Electric Blvd.....8:45
RERA—Social room of Berea Cong. Church, Seminary and Church.....8:30
CHAGRIN FALLS, O.—American Legion, E. Orange St.....8:30
CHARDON—Pilgrim Christian Church, 113 South Street, Chardon, O.....8:00
ELYRIA—(Mixed)—Alconon Club, 345 Broad St., Elyria, Ohio.....8:30
CONNEAUT, O.—B. of L. E. Hall.....8:30

LAKE COUNTY—Mentor Christian Church, Route 20, Cor. Jackson, Mentor, O.....8:30
WELLINGTON, O.—512 No. Main St. 8:30
SATURDAY
BROADWAY-CABLE—St. John's Lutheran Church, Cable at Broadway.....8:30
FOREST CITY—6619 Denison Ave.....9:00
JACK & HEINTZ—17600 Broadway.....8:30
LEAGUE PARK—St. Agnes School Hall, East 79th and Euclid Ave.....9:00
LIBERTY—945 E. 152nd St.....9:00
MAPLE HTS.—Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd.....8:30
MATT TALBOT—St. Philip Neri Church, E. 82nd and St. Clair.....8:30
MEMPHIS—Lakewood Congregational Ch., 1375 W. Clifton, Cor. Detroit Ave.....9:00
NORWALK TRUCK LINES, 1147 E. 55th St., at Shore Drive.....9:00
PARMA—Ridgewood Savings & Loan, 5950 Ridge Road.....8:45
PLAINES—Grace Episcopal Church—Rte. 20 near Park, Willoughby, O. 8:30
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole.....8:30
TRINITY—Trinity Evangelical Church, 3525 W. 25th St.....8:30
VALLEY VIEW—Community Center, West 7th and Starkweather.....8:30
8005 GROUP—8005 Lorain Ave.....8:30
ASHTABULA, O.—St. Peter's Episcl Church, Main Avenue at South Park.....8:30
ELYRIA SATNITE—Alconon Club, 345 Broad St., Elyria, O.....8:30
OLON, O.—St. Rita's High School.....9:00
WEST RICHFIELD—Consolidated Church, Route 303, just west of Route 21.....9:00
WINDSOR, O.—Community Hall.....9:00

SUNDAY
ALCOHOLICS BARRACKS—1000 feet east of Warrensville Workhouse.....5:00
BROOKSIDE—Blessed Sacrament Church, Storer and Fulton (downstairs).....8:30
C.A.H. DISCUSSION—C.A.H. Clubrooms, 7809 Euclid Avenue.....10:45 A.M.
COLLINWOOD—945 E. 152nd St.....7:30
DETROIT—Mixed-8023 Detroit Ave.....8:00
GOLF LAKELANDS—Trinity Lutheran, Redbird & Chapel, No. Madison, O.....3:00
LAKEWOOD ARMORY, 1437 Wayne Ave., South of Detroit.....9:00
LIBBY ROAD—St. Wenceslas Church, 17825 Libby Rd. (Cato St. entrance) 7:30
LORAIN COUNTY CONSOLIDATED—First Sunday of each month, Alconon Club, 345 E. Broad St., Elyria.....7:30
MARIA JOSEPH—Plasterers Hall, 1651 E. 24th St., at Payne Ave.....1:00
MISTLETOE—Thomas Church, 9205 Superior Ave.....7:00
NEWBURY—St. Helena's Church, Rt. 87.....8:15
NEWBURGH—St. Catherine's Church, 3443 E. 93rd St.....8:30
OUTHWAITE—Garden Valley, 7106 Kinsman Ave.....4:30
STELLA MARIS—Sunday Training Meeting, 1320 Washington Ave.....3:00
SUPERIOR STAG—8801 Superior.....11 A.M.
TWILIGHT—Grange Hall, Rt. 60, Axle, O. 7:30
WARRENSVILLE—Cooley Farms Recreation Room.....10:00 A.M.
CHIPPEWA-SEVILLE—V.F.W. Hall, Seville, O.....8:30
CONNEAUT WOMEN—St. Mary's Hall, Madison, O. (2nd and 4th Sundays) 7:00
GENEVA, O.—Legion Hall, Park St., corner of So. Eagle.....7:30
DETROIT SUNDAY—8304 Detroit Avenue 7:30 P. M.

ALANON GROUP MEETINGS
CALVARY—Calvary Presbyterian Church, E. 79th and Euclid.....Tuesdays 8:30
RETHANY—Bethany Presbyterian Church, 6415 Clinton Ave. Wednesday 8:30
SOUTH EAST—Maple Hts. Presb. Church, 15715 Libby Road.....Tuesday, 8:00
CHARITY—St. Vincent Charity Hospital, E. 22nd and Central.....Friday 8:30
NURSING HOMES THAT TREAT ALCOHOLICS
Alcoholics Abstinence Nursing Home (M)
MEIrose 1-1635.....8023 Detroit Ave.
Al-Ju, Inc. (MW).....28707 Euclid Ave.
Whitney 4-2244.....Wickliffe, O.
Cleveland Alcoholic Clinic (MW)
EXpress 1-8998.....7809 Euclid Ave.
Dorothy McCauliffe Alcoholic Clinic (MW)
Atlantic 1-3353.....8304 Detroit Ave.
Farquharson's (M) Tuxedo 5-1882.....6037 Pearl

AA CLEVELAND DISTRICT OFFICE
 205 Frederick Bldg., 2063 E. 4th St. CH 1-7387
1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE—Hanna Building, Room 370.....8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE—Hanna Building, Room 370.....8:30

CONSOL. MEETING JOSEPH Hall
SUN APR 5TH
HAZEL R. (Gen. Sec. N.Y.)

CENTRAL BULLETIN



Vol. XVII-No. 6

BOX 6712, CLEVELAND 1, OHIO

March, 1959

SUBSCRIPTION PRICE \$1.00 PER YEAR



TEN CENTS PER COPY

LET'S FINISH THE JOB

When we sit down to analyze our operation, we members of Alcoholics Anonymous are, in some ways, rather presumptuous people. We have rewritten the dictionary. We have given an entirely new meaning to a well-established word and forced the new definition on the public generally.

The word is sobriety. In dictionary terms the word does not mean a complete abstinence from alcohol. It has three explanations: soberness; temperance in the use of strong drink, and moderation.

For us there is no such thing as temperance. It's whole hog or nothing. Moderation is a word we cannot spell when it comes to liquor. And there is no chance of being sober even after one drink.

Yet by sobriety we mean the complete and definite abandonment of the use of alcohol in any form. In addition to this we have, through our philosophy, added to the meanings of sobriety.

Staying away from alcohol completely does not constitute full sobriety in our language. The word also implies a rearranging of our thinking, our actions and our lives in a fashion that will conform to normal, decent conduct.

Now that we have given our own connotation to the word, we should go on building on the foundation already laid. We should not stop at the new definition. We should become completely sober in our own way of thinking.

Too often we are inclined to substitute some other form of extreme conduct for the drinking we have just abandoned. This can **take many** forms which, while not outwardly as distasteful, can be just as debilitating to character and morale.

The fellow **who** stays out all night playing poker instead of staying out all night getting drunk has made only a partial comeback. The man or woman who used to be the center of attention at the bar, sounding off with wild ideas on reforming the world, is still indulging in the same show-off act if he or she finds pleasure in gossiping, criticizing everything done by the officers and other members of the group and licks his or her chops when there is some choice bit of scandal to pass on . . . like some poor devil slipping and getting drunk again. Maybe their conduct drove the other guy to drink because of something he heard said at second or third hand.

When we are wallowing in alcohol it is an ego builder to indulge freely in prejudices and their noxious expression. To be able to preen ourselves on being better than someone else of another race or religion is the refuge of a weakling.

To carry these prejudices over into the period of sobriety is to deny sobriety. It does not hurt the maligned person or group but it seriously erodes our own character and definitely proclaims that we have not yet sobered up mentally however careful we may be to stay away from the bottle. It is a confession of our own inadequacies and shortcomings.

So let us not give up and assume the job is done just

(Continued on page two)

NO TERMS

In reading through this month's delivery of contemporary AA publications (for ideas, of course), we selected one for reprinting which, in our humble estimation, should be read by EVERY member of our Fellowship.

It appeared on the first page of a four-page mimeographed pamphlet, called Railbeams, published in St. Paul, Minnesota. We have taken the liberty to make some slight typographical changes which we trust the writer of the editorial will overlook. Here it is:

"AA will work for you, but not on YOUR terms! You may even stay dry awhile-a long while . . . you may even use some of the basic tenets of AA's Twelve Steps as a philosophic guide . . . you may even attend AA

meetings regularly and participate in its functions, but, when you conduct your life and your thinking according to your egocentric impulses . . . being honest only when you think it is to your advantage . . . ignoring the needs and rights of others if it involves any risk of service or inconvenience . . . voiding the Traditions, if by doing so you can add to your fame and fortune . . . when you adhere **intermittently** to the principles of the Twelve Steps as it may be convenient to do so; when you **flatly** refuse to relinquish certain old character defects-you **may** have a program for living . . . **but** . . . it is **NOT** the AA program!

"With your own program you must take your own chances on even staying dry . . . which is only the **initial** stage of sobriety! Don't kid yourself that the only reason you came to AA was to stay dry! **You** came to AA because you were in trouble and drunkenness was only the most **painfully** obvious symptom!

"We were dry when we were in jail. We were **dry** when we were broke. We were **dry** when we were too sick to drink any more. We were **dry** when we couldn't get . . . or take another drink!

"Not by any stretch of the imagination could these tortuous dry spells be termed SOBRIETY! There are a lot of maladjusted, miserable, **unhappy** people in this world who **never** took a drink, and **the same** holds true for a lot of alky who aren't drinking! It isn't the drinking that causes the trouble. It is the individual's inadequacy to cope with 'living' that makes him need to drink! Therefore, just **being dry**, has not eliminated any of the factors that made him drink. Definitely, a lot more is needed to teach the alky how he can successfully cope with life, without resorting to alcohol.

"AA can work absolute miracles in the lives of all who make themselves **WILLING** to let it! It makes little difference what our circumstances, attitudes, opinions or beliefs are when **we** come to AA, **IF we** are **willing** to let them be changed when they are exposed to **honest** application of the Twelve Steps! Even complete dishonesty is not a bar to change . . . **IF we** are **willing** to become honest, for it is a beginning just to admit the **need** to become honest!

"We believe that anything **almost** right is wrong! We believe that half-way measures avail us nothing . . . **ex-**

(Continued on page two)

To profit from
good advice
requires more
wisdom than
it needs to
give it.

LET'S FINISH THE JOB

(Continued from page one)

because we have improved on the dictionary definition. It is incumbent on us, now that we have started on the right road, to complete the journey by making over our thinking, our conduct and our lives completely.

IF LINCOLN HAD BEEN IN AA

Several years ago we published this article submitted by former *Cleveland*, Dewey S., now in San Mateo, Calif *ornia*.

One score and four years ago, our founders brought forth a new plan, conceived in love and service and dedicated to the proposition that an alcoholic can be restored by the Grace of God and the help of his fellow alcoholics.

Today, we are engaged in a great, humane effort to make that plan available to all who may be concerned. We cannot dedicate, we cannot consecrate or advance this great cause by mere word of mouth, but rather by assuming our individual privilege and responsibility to carry the message to those who still suffer.

The world will little note, nor long remember who we are, or what we are, but what we do here will never be forgotten. It is for us, who are willing and able, to ever increase our efforts in this great field of endeavor, without hope of gain, reward, or recognition.

It is ours to carry the torch and to work with increased devotion to the unfinished task that lies before us. It is for us to highly resolve that our new way of life, granted by God, shall not have been given in vain, and that this fellowship of A. A., for A. A. and by A.A., shall not perish from this earth.

SKID ROW-THEN AND NOW

The year 1860 saw Lincoln elected, the Pony Express begun and the birth of skid row. Lincoln lived less than five years from then, and the Pony Express lasted less than two; but skid row will soon round out one hundred years.

The first skid road was an inclined patch, greased for sliding logs, at the then outskirts of the new town of Seattle. As the town grew, the logging moved to new limits. As with many near-downtown districts, skid road attracted the saloons, the brothels, and dives common to a boom community. Soon when a woman sank low enough to work on skid road, or a man consistently drank so that he practically lived there the prodigal was said to have "hit skid road."

History caught up with the times. The railroad pushed east to west; culture and immigration, too, were from east to west. But the expression "hitting skid road" and its word-of-mouth change of "road" to "row" moved with the boomers and barflies to San Francisco, Dodge City, St. Louis, Chicago, and other cities. During these almost one hundred years any town's district that meant degradation, lost hope, human weakness, and the catering to these weaknesses became that town's skid row.

-E. J. Ritter

ECONOMY MEASURE

With the increase in postage rates and printing costs, we are forced to change our method of mailing. Beginning with this issue, Central Bulletin will not be enclosed in an envelope.

Every effort will be made to maintain the secrecy of its contents to protect the anonymity of the subscribers' affiliation with AA.

We have steadfastly and stubbornly resisted advice to increase the subscription price, in spite of an ever increasing deficit which now is above \$400. We believe with this new format we can save about twenty dollars each month, besides ending the tortuous job of stuffing 1800 envelopes each month.

We are humbly grateful to the loyal friends who have helped us each month with this tedious task of insertion. Each mailing took four persons four hours. We hope you'll understand and continue as subscribers.

NO TERMS

(Continued from page one)

cept to give us a program that is **almost** right! We believe that we must be willing to go to any lengths to achieve the goal we claim we ardently desire.

"We believe that **willingness** to change . . . **willingness** to accept AA's solution . . . **willingness** to make the effort . . . **willingness** not to compromise and **willingness** to abide by the results, are essential to happy, successful recovery through the AA program!

"Progress, not perfection, is the hallmark of successful AA living . . . for error, failure, disappointment, frustration and conflict are as much a part of life as success, pleasure and achievement. And it takes the same qualities of character to deal with all of life's ingredients . . . courage, faith, temperance, and in facing whatever life serves to us. We have known alkys who couldn't stand prosperity while others reacted to adversity.

"In facing whatever life serves up to us, we gain in wisdom. With each new victors, we gain **strength**. We begin to accept responsibility, and **discover** that reality has its own merits. We come to realize that we do not need Christmas 24 hours a day . . . 365 days out of a year. Our lives take on meaning and purpose. And we learn that time is the only element necessary to improve our selves . . . that we don't make these radical personality changes overnight.

"Through our years in AA we have never seen a single individual return to drinking who was **thoroughly** following and practicing the Twelve Steps of the AA program. For anyone who is **living** this program **cannot** drink, any more than the alky who is drinking can live the Twelve Steps!

"AA is unconditionally guaranteed . . . only if you follow the directions on the label **precisely** as suggested."

FROZEN STIFF INDEED

A headline in the *Cleveland Plain Dealer*, titled "Alcohol in Blood of 'Dead Drunk' Keens Him Alive." *caught* our eye. We believe this story should be "One for the' book."

SAULT STE. MARIE, Mich., Jan. 16 UPI)—Alcohol concentrated in the blood stream that it literally acted as anii-freeze, may have saved he life of a man found "frozen stiff" on Drummond Island, Mich., today.

William Korbi, 55, was "stiff as a board" when he was found in zero weather beside a road where he had been lying for 12 hours before being discovered. Rushed to War Memorial Hospital here, he was pronounced in "fair" condition after emergency treatment.

Dr. William F. Mertaugh said that if he lives "I give alcohol the credit for saving his life."

Dr. Mertaugh said the concentration of alcohol was so great in his blood that it actually prevented the blood from icing and bursting the blood vessels.

Korbi's body emperature varied on his arrival at the hospital after a 1½-hour trip by ambulance from Drummond Island. But Dr. Mertaugh said temperature taken at his ankle was 39 degrees, and in the toes, probably was at the freezing point.

Dr. Mertugh said it would not be known for several days whether any amputation would be necessary.

Korbi was found beside a road by two surveyors. Two liquor bottles, nearly empty, were found beside him.

Dr. Mertaugh speculated that after sitting down, Korbi kept taking *drinks* from the bottles until he could no longer reach them.

"He must have really had a load on," said Dr. Mertaugh.

OBITUARY

Hospitalized in Cleveland on February 22, 1949, Mrs. Ada Ketterer of Sandusky became a most active worker in Cleveland and later in her home town where she was the only active woman member in that area. In spite of a serious physical handicap she managed to carry the AA message effectively and was a great inspiration to many. She passed on to her eternal rest on March 12, 1959.

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Broadway-Harvard-Observes its ninth anniversary on Friday, April 17, at 8:45 p. m. The anniversary meeting will be held in St. Joseph's Church Hall, 9321 Orleans Ave. (four streets south of Union, off E. 93rd St.). Harry H., Rocky River, will be the speaker.

Brooklyn-April speakers: 1-Alex Z., Brooklyn (his third anniversary); 8-Howie L., Angle; 15-Betsy La R., Forest, City; 22-Tom E., Brooklyn (his sixteenth anniversary); 29-George H., Brooklyn (his seventh anniversary). Brooklyn will observe its nineteenth anniversary on May 6, with Ken B. of Toronto, Ontario, as its speaker.

Charity-April speakers: 3-Harley W., 24-Hour; 10-Ben T., West, Park; 17-Tom D., Lorain Ave. Monday; 24-John T., St. James.

Detroit Mixed-April speakers: 5-Harry D., Edgelake; 12-Harry R., Stella Maris; 19-Louis E., Detroit Mixed; 26-Mickey McG., W. S. Young People.

Doan Men-April speakers: 1-Henry W., Euclid-Wade; 8-James D., Edgelake; 15-Tom O'M., Fairmount; 22-Ted S., League Park; 29-Leo M., League Park.

Eastside Morning-April speakers: 1-Alonzo E., Solidarity; 8-Henry W., Euclid-Wade; 15-Tom W., Eastside Morning; 22-Mary R., Westside Women; 29-Irene W., Westside Women.

Fairview-April speakers: 7-Orville H., Fairview (his first, lead); 14-Ken R., West Shore; 21-Moses Y., Hartville, O.; 28-Joe S., 24-Hour.

Franklin-April speakers: 3-Andrew Z., Clark; 10-Jimmie H., Valley View; 17-Ed S., Angle; 24-Ralph S., Forest, City.

Lake County-April speakers: 7-Rob't L., Chardon-Friday; 14-Melville S., Chardon-Wednesday; 21-Chester S., Doan Men; 28-Eddie B., Lake County.

Lakewood Women-Observes its tenth anniversary on Wednesday, April 22, at 9 p. m. in St. Peter's Episcopal Church, West Clifton and Detroit. The speakers will be Annie B., of Cleveland Women's Group. All AA's, men and women, are invited to attend this anniversary meeting.

Matt Talbot-April speakers: 4-Tom D., Lorain Ave. Monday; 11-Bill L., Superior; 18-Bill M., Doan Men; 25-No meeting (church dance).

Outhwaite-April Thursday speakers: 2-Sylvester H.; 9-Alonzo E.; 16-Jerry J.; 23-Bill H.; 30-Jean C.

Outhwaite-April Sunday speakers: 5-Marge K.; 12-Norma P.; 19-Samuel N.; 26-Alfonso H. This group will observe its eleventh anniversary on Sunday, May 17. The speaker will be Esther R. of St. James.

Parma-April speakers: 4-Paul R., West Shore; 11-Tom V., Parma; 18-Kitty M., Strongsville; 25-Spencer I., Lee-Wednesday.

Pearl-April speakers: 6-Pete G., Parma; 13-Joe H., St. James; 20-Leo S., Newburgh; 27-Floyd A., Pearl (his fourteenth anniversary).

St. Clair Thursday-April speakers: 2-Open meeting; 5-Jack O., St. Clair Thursday; 16-Bob T., Superior; 23-Paul B., Addison; 30-Herman A., Outhwaite.

Temple-April speakers: 6-Jane S., Eastside Women; 13-Pauline C., League Park; 20-Billie and Jack M., Parma; 27-Roy W., Angle.

Trinity-April speakers: 4-The annual Spring Dance held in conjunction with the Brooklyn group at Trinity. No speaker; 11-Felix R., Borton; 18-Mary McL., Clark; 25-Gratitude Night (fifth annual) with a group of old-timers as speakers composed of Judge James C., Larry O'C., Harold S., Roy E., Tom D., Jim B., and Jack N. Proceeds will be donated to the Cleveland AA District Office.

West Park-April speakers: 7-Panel Discussion led by selected group members; 14-Danny K., Barberton, O.; 21-Nellie F., 24-Hour; 28-Tom K., Barberton, O.

West 25th-April speakers: 6-Mary H., Women's; 13-Bill C., League Park; 20-Ben H., Lee-Monday; 27-Joe F., Hilltop (his twelfth anniversary).

Women's House of Correction-April speakers: 1-Emil W., Stella Maris; 8-Freda L., Brooklyn; 15-Save Z., Broadway 55th; 22-Tony K., Broadway 55th; 30-Charles C., Solidarity.

Akron Arid Club-Holds its annual April Dance on Saturday, April 11, in General Local No. 9 Hall, 161 Massillon Road (Route 241), Akron, Ohio, from 9 p. m. to 1 a. m. Admission is \$1.50 per person.

REFRESHER-TRAINING SCHEDULE

These informative meetings on the Steps and Traditions are held each Wednesday evening at 8:30 p. m. in Room 303, C. E. I. Building Annex (the former Parcel Post building). They are of particular value to the new member as well as his or her sponsor. On April 1-Step and Tradition V, panel supplied by Parma group. April 8-VI, St. Clair-Thursday panel; 15-VII, Forest, City panel; 22-VIII, Lakewood Armory panel; IX, Rocky River panel.

SPRING CONSOLIDATED MEETING

Sunday, April 5, 2:30 p. m.

Jordan Hall, Charity Hospital

Hazel R., an AA member who is a most effective secretary on the staff of the General Service Headquarters in New York, will be our guest speaker at the Spring Consolidated Meeting on April 5 at 2:30 p. m. in Jordan Hall, Charity Hospital, E. 22nd and Central.

Hazel has won the hearts of audiences the country over with her inspiring philosophy, and we are indeed fortunate in being given this golden opportunity to hear her.

Note that the time of the meeting has been advanced to 2:30 p. m.

BOUND BULLETINS

We have available for resale, only eight bound volumes of Central Bulletins, Volumes 15 and 16, comprising issues from October, 1956 to September, 1958. The beautifully bound book will cost you \$6.00, plus postage.

First come, first served.

GIGGLES

Alimony is often defined as the high cost of leaving.

Your conscience is what makes you tell your wife before somebody else does.

Fun is like insurance-the older you get, the more it costs you.



Plate donated by Dave (Bill) S., Lawrence Electrotape

CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church
Cor. Addison and Wade Park 8:30
BORTON-E. Cleveland Congrega. Church,
Page and Euclid Ave 8:30
BRECKSVILLE VETERANS HOSPITAL
Broadview and Oakes 7:30
EARLY-EARLY-Plasterers Union Hall,
1651 E. 24th St. (near Payne Ave.) 7:00
EDGE LAKE-Rocky River Community Cen.
Wagar & Hilliard, Rocky River 8:30
FRIENDLY SUBURBAN-6037 Pearl 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal,
W. Clifton and West Detroit 8:00
LEE MONDAY-First Presbyterian Church,
East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-St. Ignatius Hall,
Lorain Ave. at West Blvd. 8:30
ORCHARD GROVE-SS. Peter & Paul Luth.
13028 Madison, corner Grace 8:30
PEARL-Corpus Christi Basement,
4850 Pearl Road 8:30
RAMONA-9721 Ramona Blvd. 8:30
SHAKER-Unitarian Church,
Shaker and Belvoir Blvd. 9:00
SOUTH EAST-7526 Broadway 8:30
TEMPLE-Temple Baptist, 7500 Cedar 8:15
UNION-East View Congregational Church,
Kinsman at E. 156th St. 9:00
WEST 25th ST.-Marvel Hall,
2858 W. 25th St. 9:00
WOMEN'S-Westside-West Boulevard
Christian Church, Madison and W. 101 8:45
ELYRIA MEN-ST. Agnes Church,
Lake Road at Bath St., Elyria, O. 8:30
JEFFERSON, O.-St. Joseph's Church 8:30
VERMILION-Congregational Church 8:30
WILLOUGHBY, O.-Presbyterian Church 8:30

TUESDAY

ALCOHOLICS BARRACKS-1000 feet east
of Warrensville Workhouse 8:00
ARCADE-Old Stone Church,
Public Square, Ontario entrance 8:00
CLARK-1917 Clark Ave 8:30
CLOVER-(Women)-E. 46th, So. of Scovill
Portland-Outhwaite Center 8:30
EAST SIDE WOMEN-11205 Euclid,
Church of the Covenant 8:00
EUCLID-WADE-Calvary Presbyterian
Church, E. 79th and Euclid Ave 9:00
FAIRMOUNT-St. Paul's Episcopal,
Fairmount and Coventry 9:00
FAIRVIEW PARK-Fair & W. Grace
Church, W. 224th and Lorain Ave. 9:00
HILLTOP-St. Joseph's Seminary,
17608 Euclid Ave. 8:45
LAKE SHORE-Lakewood Congregational,
1376 W. Clifton, corner Detroit 9:00
MAY-LYND-Kenny King's Restaurant,
May-Land Shopping Cen, Mayfield Hts. 8:30
MILES-LEE-Mt. Hope Lutheran Church
E. 164th, north of Miles Ave 8:30
SMITH-WILSON-St. Joseph's School,
9321 Orleans Ave. 8:30
SUPERIOR-N&H Presbyterian Church,
E. 40th and Superior 9:00
WEST PARK-Puritans Lutheran Church,
Puritans Ave. and W. 138th St 8:30
ASHLAND, O.-First Presbyterian Church,
Corner Church and Third Streets
8 p.m. Eastern: 9 p.m. Daylight time
ASHTABULA CONSOLIDATED-
Methodist Church, South Broadway
Geneva, Ohio-First Tuesday 8:30
ASHTABULA-West-1320 Perryville Pl. 8:00
LAKE COUNTY-Fellowship Hall, Metho-
dist Ch., Rt. 20, E. So. Wood, Mentor 8:30
LORAIN CENTRAL-Lorain, O. 8:30
MEDINA O.-St. Paul's Epis. Par. Hse. 8:30
SANDUSKY, O. (Firelands)-First Pres-
byterian, Across from Post Office 8:30
STRONGSVILLE-Town Hall 8:30

WEDNESDAY

ALLAMERICAN Sportsmen, 1142 Buhner,
3rd Wednesday each month 8:30
BAXTER-8437 Broadway 8:30
BEDFORD-Masonic Temple, Tarbell Ave. 8:30
BROOKLYN-K. of P. Hall,
3316 Broadview, East of Pearl Rd. 8:30
C. E. I.-Illuminating Co.,
Room 355-Rear Building 8:30
COLLINGSWOOD-945 E. 152nd St. 8:30
DENISON MEN-7403 Denison Ave.
(First Wednesday joint meeting) 8:30
DOAN MEN-YMCA (University Circle),
2055 E. 105th St., Second floor front, 8:30
EASTSIDE MORNING-9606 Euclid Ave.,
Euclid Ave. Congre. (Side ent.) 10:30 a.m.
GARFIELD HEIGHTS-Trinity Baptist,
E. 94th and Garfield Blvd 8:30
HAGUE-Grace Cong. Assembly Hall,
West 65th and Colgate 8:30
LAKEWOOD WOMEN-St. Peter's Episcl
18001 Detroit Ave. (corner Clifton) 8:30
LEE ROAD-First English Lutheran,
Derbyshire and Euclid Hts. Blvd. 9:00
LORAIN AVE.-S.S. Philip & James Hall,
3689 Bosworth Road 9:00

REFRESHER TRAINING-Illuminating
Bldg., Rm. 335-Old Parcel Post Bldg. 8:30
ST. JAMES-Mt. Calvary Baptist Church,
E. 103rd and Cedar 8:30
ST. MARY400 North St., Chardon, O. 8:30
TWENTY-FOUR HOUR-13216 Detroit,
Church of the Ascension 8:30
W. ARRENSVILLE-Women's House Cor. 7:30
WEDNESDAY NIGHT DISCUSSION-
(Stag) 1386 Ardenall Ave 8:00
WEST SHORE-West Shore Unitarian,
20401 Hilliard Rd., Rocky River 8:30
WOMEN'S-Lorain County-St. Vincent De
Paul Church, Detroit Rd., (Rt. 254 & 57) 8:30
ASHTABULA COUNTY WOMEN-
St. Mary's Hall, Conneaut, 2nd 4th Wed. 7:30
CONNEAUT MEN-Conneaut, Ohio
B. of L. E. Hall, Whitney Block, Main St. 8:30
ELYRIA, O.-St. Paul Building,
Third and Middle, side entrance 8:30
FAIRPORT HARBOR-St. Michael's Ch.,
630 Plum St., Fairport Harbor 8:00
HURON HIGH NOON-Huron, O. First
Presbyterian Church, Routes 6 & 2 12:01
INTERRACIAL-30th & Wood, Lorain, O.,
Mt. Zion Baptist Church 8:30
WICKLIFFE, O.-28917 Euclid (side-up) 8:30

THURSDAY

ALCOHOLICS BARRACKS-1000 feet east
of Warrensville Workhouse 8:00
ALLENDALE-St. Paul's Episcopal
Church, 15837 Euclid Ave 8:30
ANGLE-St. Malachi's Church,
2549 Washington Ave. 8:30
BROADWAY-55th-Our Lady of Lourdes
School Hall 8:30
CORLETT-Holy Family School,
3845 E. 131st at Chapelside 8:30
COVENTRY-Fairmount Presby. Church,
Scarborough and Fairmount Blvd. 8:30
CRILE HOSPITAL-Library 8:00
CROSSROADS-Bethany Presbyterian Church,
W. 65th and Clinton 9:00
EAST SHORE WOMEN-First Baptist Ch.,
1565 Chardon Rd., near Euclid 8:30
HAWTHORNDEN STATE HOSPITAL,
Macedonia, O., Basement of New
Employees Bldg. 8:00
NO. OLMSTED-Saulich's Nursing Home,
27048 Lorain Road 8:30
OUTHWAITE-Garden Valley,
7100 Kinsman Ave. 8:30
PARMA HEIGHTS-6400 Pearl Road,
Laur Realty Basement (rear) 8:30
ROCKY RIVER-Rockport Methodist,
Church, 3310 Wooster Road 9:00
ST. CLAIR-THURSDAY-Glenville Cong.
Church, (side ent.) St. Clair & Eddy Rd. 9:00
WEST SIDE-7403 Denison Ave. 10:30 A.M.
AMHERST-St. Peter's Ev. & Ref. Church,
Church St., North Amherst, O. 8:30
BEREA-Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd. 9:00
EAST LAKE-Bethel Lutheran Church,
32400 Vine St. 8:30
ASHTABULA HARBOR-1463 W. 5th St. 8:30
INDEPENDENCE, O.-St. John's Lutheran
Hall, Second and Sunset 9:00

FRIDAY

ANSEL ROAD-St. Thomas Church,
9205 Superior Ave. 8:30
BROADWAY-HARVARD-8437 Broadway 9:00
CEDAR-Salvation Army, 5005 Euclid 8:15
CHARITY-Amphitheatre, 6th Floor,
St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN-Hotel Cleveland 6:00
EUCLID FRIDAY-Holy Cross Church
E. 200 and Lake Shore Blvd. 8:30
FRANKLIN-St. Paul's Church,
W. 45 and Franklin 8:30
FRIDAY AFTERNOON WOMEN-Plym-
mouth Church, Coventry and Drexmore,
Krumbine Room 1:00
GORDON SQUARE-St. Helena's Hall,
1367 W. 65th St. 9:00
LEE ROAD-American Legion Hall,
Post 163, 15544 Euclid Ave. 9:00
NORTH EAST-Town House Motel,
15661 Euclid Ave. 8:30
SOLIDARITY-Hubbard Memorial Center
E. 84th and Cedar 8:45
STELLA MARIS MIXED 8:15
TAPCO-23555 Euclid Ave. 9 p.m.
Second Friday of each month
WEST SIDE YOUNG PEOPLE-
Tkwd. Cong. Ch., 1375 W. Clifton 9:00
AVON LAKE-First Congregational Church,
32801 Electric Blvd. 8:45
BEREA-Social room of Berea Cong.
Church, Seminary and Church 8:30
CHAGRIN FALLS, O.-American Legion,
E. Orange St. 8:30
CHARDON-Pilgrim Christian Church,
113 South Street, Chardon, O. 9:00
ELYRIA-(Mixed)-Alconon Club,
345 Broad St., Elyria, Ohio 8:30
CONNEAUT, O.-B. of L. E. Hall 8:30

LAKE COUNTY-Mentor Christian Church,
Route 20, Cor. Jackson, Mentor, O. 8:30
WELLINGTON, O.-512 No. Main St. 8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran
Church, Cable at Broadway 8:30
FOREST CITY-4619 Denison Ave 9:00
JACK & HEINTZ-17600 Broadway 8:30
LEAGUE PARK-St. Agnes School Hall,
East 79th and Euclid Ave 9:00
LIBERTY-945 E. 152nd St. 9:00
MAPLE HTS.-Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT-St. Philip Neri Church,
E. 82nd and St. Clair 8:30
MEMPHIS-Lakewood Congregational Ch.,
1375 W. Clifton, Cor. Detroit Ave. 9:00
NORWALK TRUCK LINES-
1147 E. 55th St., at Shore Drive 9:00
PARMA-Ridgewood Savings & Loan,
5950 Ridge Road 8:45
PLAINES-Grace Episcopal Church-
Rte. 20 near Park, Willoughby, O. 8:30
REDWOOD-Euclid Lutheran Church,
E. 260th and Oriole 8:30
TRINITY-Trinity Evangelical Church,
3525 W. 25th St. 8:30
VALLEY VIEW-Community Center,
West 7th and Starkweather 8:30
8005 GROUP-8005 Lorain Ave. 8:30
ASHTABULA, O.-St. Peter's Episc. Church,
Main Avenue at South Park 8:30
ELYRIA SATNITE-Alconon Club,
345 Broad St., Elyria, O. 8:30
SOLON, O.-St. Rita's High School 9:00
WEST RICHFIELD-Consolidated Church,
Route 303, just west of Route 21 9:00
WINDSOR, O.-Community Hall 9:00

SUNDAY

ALCOHOLICS BARRACKS-1000 feet east
of Warrensville Workhouse 5:00
BROOKSIDE-Blessed Sacrament Church,
Storer and Fulton (downstairs) 8:30
C.A.H. DISCUSSION-C.A.H. Clubrooms,
7809 Euclid Avenue. 10:45 A.M.
COLLINWOOD-945 E. 152nd St. 7:30
DETROIT-Mixed-8023 Detroit Ave. 8:00
GOLF LAKELANDS-Trinity Lutheran,
Redbird & Chapel, No. Madison, O. 3:00
LAKEWOOD ARMORY
1437 Wayne Ave., South of Detroit. 9:00
LIBBY ROAD-St. Wenceslas Church,
17825 Libby Rd. (Cato St. entrance) 7:30
LORAIN COUNTY CONSOLIDATED-
First Sunday of each month, Alconon
Club, 345 E. Broad St., Elyria 7:30
MARIA JOSEPH-Plasterers Hall,
1651 E. 24th St., at Payne Ave. 1:00
MISTLETOE-St. Thomas Church,
9205 Superior Ave. 7:00
NEWBURY-St. Helena's Church, Rt. 87 8:15
NEWBURGH-St. Catherine's Church,
3443 E. 93rd St. 8:30
OUTHWAITE-Garden Valley,
7106 Kinsman Ave. 4:30
STELLA MARIS-Sunday Training Meeting,
1320 Washington Ave. 3:00
SUPERIOR STAG8801 Superior 11 A.M.
TWILIGHT-Grange Hall, Rt. 60, Axle, O. 7:30
WARRENSVILLE-Cooley Farms
Recreation Room 10:00 A.M.
CHIPPEWA-SEVILLE-V.F.W. Hall,
Seville, O. 8:30
CONNEAUT WOMEN-St. Mary's Hall
Madison, O. (2nd and 4th Sundays) 7:00
GENEVA, O.-Levion Hall Park St.,
corner of So. Eagle 7:30
DETROIT SUNDAY
8304 Detroit Avenue 7:30 P. M.

ALAINON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church,
E. 79th and Euclid Tuesdays, 8:30
RETHANY-Bethany Presbyterian Church,
6415 Clinton Ave. Wednesday, 8:30
SOUTH EAST-Maple Hts. Presb. Church,
15715 Libby Road Tuesday, 8:00
CHARITY-St. Vincent Charity Hospital,
E. 22nd and Central Friday, 8:30
NURSING HOMES THAT TREAT ALCOHOLICS
(This listing does not necessarily indicate
endorsement or approval)
Al-Ju, Inc. (MW) 28707 Euclid Ave.
W.Hitney 4.2244 Wickliffe, O.
Cleveland Alcoholic Clinic (MW)
Express 1898 7809 Euclid Ave.
Dorothy McCauliffe Alcoholic Clinic (MW)
Atlantic 1-3353 8304 Detroit Ave.
Elmwood Sanitarium (M)
Kenmore 1-2299 17322 Euclid Ave.
Farquharson's (M) Tuxedo 5-1882 6037 Pearl
Keller's Nursing Home (M)
Melrose 1-1 635 8023 Detroit Ave.
AA CLEVELAND DISTRICT OFFICE
205 Frederick Bldg., 2063 E. 4th St. CH 1-3382
1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE
Hanna Building, Room 370, 8:30

"KEEP IT SIMPLE" - BY DR. E. K.

CENTRAL BULLETIN



Vol. XVII-No. 7

BOX 6712, CLEVELAND 1, OHIO

April, 1959

SUBSCRIPTION PRICE \$1.00 PER YEAR

15

TEN CENTS PER COPY

RECOGNITION

With that same stubbornness and indignation we mustered in our drinking years to deny that we were an alcoholic, we must insist, once we have recognized and admitted our disease and attained sobriety, that we are an alcoholic. This complete reversal of roles is imperative to our recovery, our very lives.

This is not to say that every time we are offered a drink we must proclaim ourselves the victim of this disease. Such was done by a writer in a recent Sunday supplement and he had a great deal of difficulty.

But to ourselves, every time we are offered a drink, every day of our lives, we must inwardly remind ourselves that we are alcoholics. We must use whatever means the situation requires to refuse any alcoholic beverage. Whether this takes the form of a flat and vehement refusal, the mild alibi that we do not care for it, the subterfuge that our stomach is upset, makes no difference as long as we refuse.

Where the supplement writer ran into snags, we suspect, was in the frank admission to all and sundry that he was an alcoholic. Perhaps he did not care about his anonymity, but he could have saved himself a lot of headaches by some other method.

The public's notion of an alcoholic often varies widely from the alcoholic's definition. A down-and-out Skid Row derelict is the common picture in the public mind. Slowly people are becoming educated to the nature of the disease, but the day when it is fully recognized for what it is is still far off.

Recovered alcoholics constitute only 6% or 7% of the 5 million alcoholics in the country. Therefore, we have to put up with the pioneer's hardships, we must blaze a trail for ourselves and for the thousands who will come after us as knowledge of the nature of our illness is recognized.

in our experience we have encountered little difficulty along this line. Most people, we have discovered, do not insist on forcing a drink on you when you refuse. The few who do are generally old timers left over from the lush prohibition era when anyone who didn't grab a drink where and when he could was considered whacky. Everyone thought every drink might be his last-that the country might actually go dry. Often, it was his last, but because of the ingredients rather than complete law enforcement.

More people than you suspect will respect you for not drinking. And this group does not embrace only those who recall what a heel you were when you imbibed.

On rare occasions, very rare, we have admitted to a group of intelligent people that we were alcoholic. We always took the occasion to explain to them the nature of the disease, to dispel popular misconceptions about the alcoholic and, we believe, have done a bit of public missionary work in recognition. But this is strictly a matter of personal assessment.

Refusing drinks should be the major problem with any member of Alcoholics Anonymous that the supplement author makes out. No group is more resourceful in think-

(Continued on page two)

ROSY PICTURE

"Maybe it's a mistake to tell a prospect that joining AA will solve anyone's drinking problem." That amazing observation was made by one of our favorite old-timers on a recent visit to our office.

"In my opinion," he went on, "many of us sponsors paint too rosy a picture to our prospect, and neglect to point out the pitfalls.

"Many of them actually have the impression that by joining AA, after a period of sobriety, they can then become 'social drinkers' again-not drunks like they used to be, but 'controlled drinkers'!"

Listening to him relate his recent experiences, we took stock of some of our own latest trials. We have learned a valuable lesson in trying not to be too pontifical-for the much beleaguered, desperate prospect has learned the trick of listening politely without hearing, an art he developed as family and bosses and judges have invoked their censure on him.

Of course, we try to paint a rosy picture. How else can we arouse a spark of desire in the heart and mind of the prospect who is seeking an answer? Why should he forsake a habit which had always given him oblivion?

Sure, he's in trouble. He's been told that maybe we can help him. His job is gone. His family life is insecure. But to quit drinking **ENTIRELY!!!** He's sure he can't.

Placing him in a hospital or in a nursing home, in our visitor's and our opinion, is not necessarily the best way to impress the newcomer into the program, tho it is the easiest. For there he will be visited by

the sponsor's chosen AAs as well as many who make hospital calls with regularity. There, too, during the several days of treatment he will be among understanding people and away from the tears and fears of those whose faith had been shattered.

In the hospital or the nursing home, his medication and drinks will be controlled by skillful and firm hands. Treatment at home is often haphazard, except where the patient has a sympathetic but firm wife who will not be swayed by the alcoholic's tricks away from explicit instructions of the doctor or the sponsor.

Getting AA "the hard way" has made many of our members more secure. In this hellish period he has learned to say "No" to temptation many times even though he was sure he would die by refusing it.

Muscles are developed by regular exercise and regularly exercising the "NO" muscle every day, every hour, every minute, if necessary, he grows stronger and stronger, until his common sense asserts itself.

"How silly I was to think a drink would solve my problem," he says to himself. "Thank God, I don't **HAVE** to drink anymore! I'm **LIVING** now-not just existing!"

Let's warn our prospects from joining -the growing class of "slippers," who would welcome another in their ranks only to prove that AA was not for real He Men but for sissies, thereby taking the spotlight away from them as weaklings and a discredit to AA.

Selfishness is that detestable vice which no-one will forgive in others, and no-one is without in himself. -H. W. Beecher

OSC
Central Bulletin
APR 14 1959

RECOGNITION

(continued from page one)

ing up alibis, outrageous and palpably false stories and excuses than active alcoholics. It should be no trick to find answers to the over-persuasive friend who claims that, "One little one can't possibly hurt you." In fact, it is essential that we do so. But most important: Every day and every hour whether temptation is immediately before us or not, we must recognize in our minds and hearts that we are alcoholics and alcoholics we will always remain.

LITTLE ONES

We're all familiar with the boy who took his ball and went home because the other boys wouldn't let him pitch. Because the game wasn't played his way, he wouldn't play.

How many of us alkie are like that boy? Because the boss doesn't fall in line at once with our ideas, we "take our ball and go home," or rather, in our case, we go out and get drunk. Because someone dares to oppose our pet notions, or because someone has the nerve to even suggest that we could be wrong in any of our methods, or because someone has the effrontery to even hint that we aren't completely superior in every respect—any one of these reasons is sufficient for us to pick up our "hurt feelings" and head for the first-aid found in the bar room. Even in AA, we exhibit this little-boy characteristic. Because another member has a philosophy of his own which does not fall in line with ours—because someone else says something we don't like (even though we sit all through the meeting and never say a word)—like the hurt little boy we "take the ball and go home," or more correctly for us, stay in our cells and pout because things didn't go our way.

I've written this little article mostly because it applies to me—and it does me a lot of good to review it once in a while. Of course, if this review of one of my outstanding defects of character should be of any help to anyone else, I'll be glad, because, of all my faults, this little-boy attitude has caused me to drink more often than any other. And, incidentally, of all defects of character we might possess, it's the one that disgusts others in us the most, and also adversely affects all our business and social relationships. It was fun being a little boy in our boyhood days, but, let's face it, those days are no more, and the little boy should remain where he belongs, a snanshot in the family album.—(Al B.) via Chit-Chat, Robesonia, N.Y.

GIGGLES

It was after midnight when the wife called out to her late returning husband, "Is that you, Jim?"

Jim: "It better be."

If you want your life to be a bed of roses you have to put in a lot of spade work.



Plate donated by Dave (Bill) S., Lawrence Electrotyp

"KEEP IT SIMPLE"

This much quoted phrase came, as most of you know, from a statement by one of our first AAs, a man particularly revered here in N. E. Ohio. Dr. Bob said it, and as well as being much quoted, it is also probably the most misused phrase in AA.

When Dr. Bob said it, he was talking about a tendency, which was popular about ten years ago. The tendency was to try to analyze AA in psychological terms. It seemed as though almost everyone was an amateur psychiatrist—a Dr. Jung or a Dr. Freud, busily analyzing AA in pseudo-scientific terms.

And what Dr. Bob said was:

"It would be fitting to lay a little emphasis on the SIMPLICITY of our PROGRAM. Let's not louse it all up with Freudian complexes and things that are interesting to the scientific mind, but have very little to do with our actual AA work. Our 12 STEPS, when simmered down to the last, resolve themselves into the words LOVE and SERVICE. We understand what LOVE is, and we understand what SERVICE is. So let's bear those two things in mind."

VERY SOUND ADVICE! But today, the three words "Keep it simple" are lifted out of context and widely misused. For example, the tightwad can find it expedient to say, "Contribute to the Central Office? Not me! Dr. Bob said 'Keep AA simple!'" Or the mentally lazy can find it convenient to say, "World Service? That's too complicated. Dr. Bob said 'Keep it simple,' so you can count me out."

There's nothing Freudian — or complicated — about World Service, friends. It's just as simple as our 12th Step. It means passing our message along to unfortunates anywhere in the world. What we have is too good to keep to ourselves.

It's just that simple!

AA INTERGROUP DINNER

The twentieth anniversary of AA in Cleveland will be observed at the annual Intergroup Dinner sponsored by the Cleveland AA District Office, Wednesday, June 10, at 7 p. m. in the Sheraton-Cleveland Hotel.

The speaker will be Charles J. of New York City. He is the author of "The Lost Weekend," which proved to be a best seller.

Tickets at \$4.50 per plate can be secured from your group secretary or at the Cleveland AA District Office, 2063 E. 4th St., Room 203.

FOUNDERS DAY IN AKRON

Akron, the birthplace of AA, will observe the 24th anniversary of AA on Sunday, June 14, at 2:30 p. m. in Memorial Hall, Akron University.

Bill W., co-founder of AA, will give the address.

Put a big red circle around this date on all the calendars in your house, office or shop, for the opportunity to hear Bill is a rare privilege.

OUR NEW FORMAT

Mailing the Central Bulletin in its own wrapper has been universally approved by our subscribers. It certainly has eliminated much volunteer labor and some expense.

The subscription blank on the inside of the perforated wrapper was misinterpreted by a quite a few of our subscribers who mailed in renewals even though their subscription had not expired. In such cases, their expiration dates were just advanced a year.

To eliminate any misunderstanding, we are providing three blanks for any contingency. We would appreciate your using the entire three-blank sheet when returning your order, filling in only the proper blank.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Ashtabula County Women-Now meet in Harris Memorial Church, W. 58th and Adams, Ashtabula, O. They still meet on the second and fourth Wednesday of each month at 7:30 p. m.

Brooklyn-Observes its 19th anniversary on Wednesday, May 6, at 8:30 p. m. with Ken B., of Toronto, Ontario, as speaker, in Trinity E. & R. Church. Other May speakers are: 13—Joe K., Brooklyn (his twelfth anniversary); 20—Rudy U., Brooklyn (his third anniversary); 27—Howie L., Angle. The group was saddened by the news of the death of one of its valued and beloved members, Charlie King on April 1 at the ripe old age of 78.

Charity-May speakers: 1—Bill K., Superior; 8—John K., Newburgh; 15—Stanley P., Newburgh; 22—Rudy S., Newburgh; 29—Henry W., Euclid-Wade.

Collinwood-Observes its eighteenth anniversary on Sunday, May 17, at 7:30 p. m., with Bert McK., King School, Akron, as speaker. Other May speakers: 3—"Big Jo" O., Collinwood (her 11th anniversary); 1&—Harvey S., Redwood; 24—Henry W., Euclid-Wade; 31—Frank L., Corlett.

Doan Men-May speakers: B—Frank W., Stella Maris; 12—John P., Addison; 19—Bill M., St. Clair Thursday; 26—Gus (The Baker) T., Baxter.

East Side Morning-May speakers: 6—James W., Outhwaite; 13—Fred F., East Side Morning; SO—Frank L., Solidarity; 27—John V., East Side Morning.

Gordon Square-May speakers: 1—Helen B., Brooklyn; 8—Norm C., Parma Hts.; 15—Bob W., Crossroads; 22—Jim D., Early Early; 29—Elwood O., Forest City.

Independence-Observes its ninth anniversary on Thursday, May 14, with the same trio of speakers who have appeared at each of Independence's anniversary meetings. They are Harry D., Edgelake, Warren C. Sr., Lake Shore, and Harry H., Rocky River. Other May speakers, all old timers, are: 1—Ed M., 15 years; 21—Wm. "Gas House" McG., 17 years; 28—Bob K., Warren, O., 15 years.

Lake County-Active in the AA program as a successful sponsor for over 18 years, Ed F., Sr., humbly accepted the secretaryship of the group, his first in such capacity since entering the program. Should be a good one. All May speakers will be Lake County group members, with the first meeting a panel.

Outhwaite (Thursday)-May speakers: 7—Ray McL., Superior Stag; 14—Business meeting; 21—Ray W., Aurora; 28—Tom C., Euclid-Wade.

Outhwaite (Sunday)-Observes its thirteenth anniversary on Sunday, May 17, at 4 p. m. in Garden Valley Neighborhood Center, 7100 Kinsman, with Esther Robertson as speaker. Other May speakers are: 3—Bill O'B., Independence; 10—Rose B., Outhwaite; 24—Josephine P., Solon; 31—Shirley S., Conneaut, O.

Parma-May speakers: 9—Waldo G., Edgelake; 16—Charlotte S., Coventry; 23—Harry R., Coventry; 30—Open.

Pearl-May speakers: 4—John C., Newburgh; 11—Al S., League Park; 18—Jay W., Edgelake; 25—Ruth C., Fairview.

St. Clair-Thursday-May speakers: 7—"Chet" S., Doan Men (also member Neil G.'s second anniversary); 14—J. W., Edgelake; 21—Ben I., Solidarity; 28—R. W. L., Lee-Wednesday.

Solidarity-May speakers: 1—Evelyn W., Outhwaite; 8—Bill O'B., Independence; 15—Evelyn B., Bedford; 22—Howie L., Angle; 29—Willie P., Temple.

Temple-May speakers: I—Jack McG., Charity; II—Bill T., Outhwaite; 18—Larry B., Matt Talbot; 25—Tom A., Solidarity.

Trinity-May speakers: 2—Tom N., Hilltop; 9—Paul B., Lake Shore; 16—"Pat" W., Vermillion; 23—George E., Lee-Wed.; 30—Dick M., Armory.

West Park-May speakers: 5—George D., Angle; 12—Harry D., Edgelake; 19—Neil G., St. Clair-Thursday; 26—Marty (Skid) S., Newburgh.

W. 25th St.-May speakers: 4—Bill C., St. James; 11—Clint C., Doan Men; 18—Ed S., Angle; 25—Bill S., Lorain Ave. Monday.

Alcoholic Barracks—Male visitors are welcome at any time to this Warrensville Workhouse Rehabilitation Center. Just tell the guard who you are. Three AA meetings are held each week, which members are also urged to attend.

Women's House of Correction—This worthy cause should be a challenge to every AA woman's heart. Many of these women could be salvaged with a bit of encouragement and an activated desire for a decent place in society. May speakers are: 7—Floyd D., Broadway-Harvard; 14—Joe G., Miles Mixed; 21—Alonzo E., Solidarity; 28—"Whitey" C., Allendale.

G I G G L E S

"You pay a small deposit," said he salesman, "and then make no more payments for six months."

"Who told you about us?" demanded the lady of the house.

Bride: Darling, will you still love me if I grow fat?

Groom: Heck, no—I promised for better or for worse, not through thick and thin.

Customer: Tell me honestly now, is there any real, surefire cure for dandruff?

Barber: Oh, yes, indeed! It's an application invented by a Frenchman by the name of Guillotine.

Hubby: A new fur coat is out of the question. Why, you've only worn that one for two years.

Wifey: Yes, but the rabbit wore it three years before that.

Notice in a Scotch church: Those in the habit of putting buttons instead of coins in the collection plate will please put in their own buttons and not buttons from the cushions on the pews.

"My husband plays tennis, handball, swims and goes in for physical exercise. Does your husband take any regular exercise?"

"Well, last week he was out seven nights running."

I'm going to change to another group. They have a clique who won't listen to any suggestion I offer.

Stick with your group. Has it ever occurred to you that your suggestions might conflict with the AA Traditions? Read them with an open mind, though.



CLEVELAND AREA GROUP MEETINGS

MONDAY
 ADDISON-Westminster Church, Cor. Addison and Wade Park 8:30
 BORTON-E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
BRECKSVILLE VETERANS HOSPITAL Broadview and Oakes 7:30
 EARLY-EARLY-Plasterers Union Hall, 1651 E. 24th St. (near Payne Ave.) 7:00
EDGE LAKE-Rocky River Community Cen. Wagar & Hilliard, Rocky River 8:30
 FRIENDLY SUBURBAN-5037 Pearl 8:00
LAKEWOOD MEN'S-St. Peter's Episcopal, W. Clifton and Detroit 9:00
LEE MONDAY-first Presbyter. Church, East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-St. Ignatius Hall, Lorain Ave. at West Blvd. 8:30
 ORCHARD GROVE-SS. 1 Peter & Paul Luth. 13828 Madison, corner Grace 8:30
PEARL-Corpus Christi Basement, 4858 Pearl Road 8:30
RAMONA-9721 Ramona Blvd. 8:30
SHAKER-Unitarian Church, Shaker and Belvoir Blvd. 9:00
 SOUTH EAST-7526 Broadway 8:30
 TEMPLE-Temple Baptist, 7500 Cedar 8:15
 UNION-East View Congregational Church, Kingsman at E. 156th St. 9:00
WEST 25th ST.-Marvel Hall, 2858 W. 25th St. 9:00
WOMEN'S-Westside-West Boulevard Christian Church, Madison and W. 101 8:45
 ELYRIA MEN-ST. Agnes Church, Lake Road at Bath St., Elyria, O. 8:30
 JEFFERSON, O.-St. Joseph's Church 8:30
 VERMILION-Congregational Church 8:30
 WILLOUGHBY, O.-Presbyterian Church 8:30

TUESDAY
 ALCOHOLICS BARRACKS-1000 feet east of Warrensville Workhouse 8:00
 ARCADE-Old Stone Church, Public Square, Ontario entrance 8:00
 CLARK-1917 Clark Ave. 8:30
 CLOVER-(Women)-E. 46th, So. of Scovill Portland-Outwaite Center 8:30
 EAST SIDE WOMEN-11205 Euclid, Church of the Covenant 8:00
 EUCLID-WADE-Calvary Presbyterian Church, E. 79th and Euclid Ave. 9:00
 FAIRMOUNT-St. Paul's Episcopal, Fairmount and Coventry 9:00
FAIRVIEW PARK-Fairview Grace Church, W. 224th and Lorain Ave. 9:00
 HILLTOP-St. Joseph's Seminary, 17608 Euclid Ave. 8:45
LAKE SHORE-Lakewood Congregational, 1376 W. Clifton, corner Detroit 9:00
 MAY-LYND-Kenny King's Restaurant, May-Land Shopping Cen. Mayfield Hts. 8:30
MILES-LEE-Mt. Hope Lutheran Church, E. 164th, north of Milu Ave. 8:30
 SMITH-WILSON-St. Joseph's School, 9321 Orleans Ave. 8:30
 SUPERIOR-N&b Presbyterian Church, E. 40th and Superior 9:00
WEST PARK-Puritas Lutheran Church, Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.-First Presbyterian Church, Comer Church and Third Streets 8 p.m. Eastern: 9 p.m. Daylight time
ASHTABULA CONSOLIDATED, Methodist Church, South Broadway Geneva, Ohio-First Tuesday 8:30
 ASHTABULA-West-1320 Perryville Pl. 8:00
LAKE COUNTY-Fellowship Hall, Methodist Ch., Rt. 20, E. So. Wood, Mentor 8:30
LORAIN CENTRAL-Lorain, O. Trinity Church 8:30
MEDINA, O.-St. Paul's Eps. Par. Hse. 8:30
SANDUSKY, O. (Firelands)-First Presbyterian, Across from Post Office 8:30
STRONGSVILLE-Town Hall 8:30

WEDNESDAY
 ALGAMERICAN Sportsmen, 1142 Buhner, 3rd Wednesday each month 8:30
BAXTER-8437 Broadway 8:30
 BEDFORD-Masonic Temple, Tarbell Ave. 8:30
 BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30
 C. E. I.-Illuminating Co., Room 355-Rear Building 8:30
COLLINWOOD-945 E. 152nd St. 8:30
DENISON MEN-7403 Denison Ave. (first Wednesday, joint meeting) 8:30
DOAN MEN-YMCA (University Circle), 2055 E. 105th St., Second floor front, 8:30
EASTSIDE MORNING-9606 Euclid Ave., Euclid Ave. Congre. (Side ent.) 10:30 a.m.
 GARFIELD HEIGHTS-Trinity Baptist, E. 94th and Garfield Blvd. 8:30
 HAGUE-Grace Cong. Assembly Hall, West 65th and Colgate 8:30
LAKEWOOD WOMEN-St. Peter's Episc'l, 18001 Detroit Ave. (comer Clifton) 8:30
 LEE ROAD-First English Lutheran, Derbyshire and Euclid Hts. Blvd. 9:00
LORAIN AVE.-S.S. Philip & James Hall, 3689 Bosworth Road 9:00

REFRESHER TRAINING-Illuminating Bldg., Rm. 335-Old Parcel Post Bldg. 8:30
ST. JAMES-Mt. Calvary Baptist Church, E. 103rd and Cedar 8:30
ST. MARY-400 North S., Chardon, O. 8:30
 TWENTY-FOUR HOUR-13216 Detroit, Church of the Ascension 8:30
WARRENSVILLE-Women's House Cor. 7:30
WEDNESDAY NIGHT DISCUSSION-(Stag) 1386 Ardenall Ave. 8:00
 WEST SHORE-West Shore Unitarian, 20401 Hilliard Rd., Rocky River 8:30
WOMEN'S-Lorain County-St. Vincent De Paul Church, Detroit Rd., (Rt. 254 & 57) 8:30
ASHTABULA COUNTY WOMEN-Harris Memorial, W. 58th & Adams, Ashtabula Second and Fourth Wednesday 7:30
 CONNEAUT MEN-Conneaut, Ohio B. of L. E. Hall, Whitney Block, Main St. 8:30
 ELYRIA, O.-St. Paul Building, Third and Middle, side entrance 8:30
 FAIRPORT HARBOR-St. Michael's Ch., 630 Plum St., Fairport Harbor 8:00
 HURON HIGH NOON-Huron, O., First Presbyterian Church, Routes 6 & 2 12.01
INTERACIAL-30th & Wood, Lorain, O., Mt. Zion Baptist Church 8:30
 WICKLIFFE, O.-28917 Euclid (side-up) 8:30

THURSDAY
 ALCOHOLICS BARRACKS-1000 feet east of Warrensville Workhouse 8:00
ALLENDALE-St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
 ANGLE-ST. Malachi's Church, 2549 Washington Ave. 8:30
BROADWAY-5th-Our Lady of Lourdes School Hall 8:30
 CORLETT-Holy Family School, 3845 E. 131st at Chapelside 8:30
 COVENTRY-Fairmount Presby. Church, Scarborough and Fairmount Blvd. 8:30
CRILE HOSPITAL-Library 8:00
 CROSSROADS-Bethany Presbyterian Church, W. 65th and Clinton 9:00
 EAST SHORE WOMEN-First Baptist Ch., 1565 Chardon Rd., near Euclid 8:30
 HAWTHORNDEN STATE HOSPITAL, Macedonia, O., Basement of New Employees Bldg. 8:00
 NO. OLMSTED-Saulich's Nursing Home, 27048 Lorain Road 8:30
 OUTHWAITE-Garden Valley, 7100 Kinsman Ave. 8:30
PARMA HEIGHT-00 Pearl Road, Lux Realty Basement (rear) 8:30
ROCKY RIVER-Rockport Methodist Church, 3310 Wooster Road 9:00
ST. CLAIR-THURSDAY-Glenville Cong. Church (side ent.) St. Clair & Eddy Rd. 9:00
WEST SIDE-7403 Denison Ave. 10:30 A.M.
 AMHERST-St. Peter's Ev. & Ref. Church, Church St., North Amherst, O. 8:30
 BERA-Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland Rd. 9:00
 EAST LAKE-Betbel Lutheran Church, 32400 Vine St. 8:30
ASHTABULA HARBOR-1463 W. 5th St 8:30
 INDEPENDENCE, O.-St. John's Lutheran Hall, Second and Sunset 9:00

FRIDAY
 ANSEL ROAD-St. Thomas Church, 9205 Superior Ave. 8:30
BROADWAY-HARVARD-8437 Broadway 9:00
 CEDAR-Salvation Army, 5005 Euclid 8:15
 CHARITY-Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN-Hotel Cleveland 6:00
EUCLID FRIDAY-Church of Epiphany, E. 210th and Lake Shore Blvd. 9:00
 FRANKLIN-St. Paul's Church, W. 45 and Franklin 8:30
 FRIDAY AFTERNOON WOMEN-Plymouth Church, Coventry and Drexmore, Krumbine Room 1:00
GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St. 9:00
 LEE ROAD-American Legion Hall, Post 163, 15544 Euclid Ave. 9:00
 NORTH EAST-Town House Motel, 15661 Euclid Ave. 8:30
SOLIDARITY-Hubbard Memorial Center, E. 84th and Cedar 8:45
STELLA MARIS MIXED, 1320 Washington Ave. 8:15
TAPCO-23555 Euclid Ave. 9 p.m.
 Second Friday of each month
WEST SIDE YOUNG PEOPLE, Lkw. Cong. Ch., 1375 W. Clifton 9:00
AVON LAKE-First Congregational Church, 32801 Electric Blvd. 8:45
 BERA-Social room of Berea Cong. Church, Seminary and Church 8:30
 CHAGRIN FALLS, O.-American Legion, E. Orange St. 8:30
 CHARDON-Pilgrim Christian Church, 113 South Street, Chardon, O. 9:00
 ELYRIA-(Mixed)-Alconon Club, 345 Broad St., Elyria, Ohio 8:30
 CONNEAUT, O. B. of L. E. Hall 8:30

LAKE COUNTY-Mentor Christian Church, Route 20, Cor. Jackson, Mentor, O. 8:30
 WELLINGTON, O.-512 No. Main St. 8:30

SATURDAY
BROADWAY-CABLE-St. John's Lutheran Church, Cable at Broadway 8:30
FOREST CITY-6619 Denison Ave. 9:00
JACK & HEINTZ-17600 Broadway 8:30
LEAGUE PARK-St. Agnes School Hall, East 79th and Euclid Ave. 9:00
LIBERTY-945 E. 152nd St. 9:00
MAPLE HTS.-Luth. Church off Coveman, 19000 Libby Rd., cor. Maple Hta Blvd. 8:30
MATT TALBOT-St. Philip Neri Church, E. 82nd and St. Clair 8:30
MEMPHIS-Lakewood Congregational Ch., 1375 W. Clifton, Cor. Detroit Ave. 9:00
NORWALK TRUCK LINES, 1147 E. 55th St., at Shore Drive 9:00
PARMA-Ridgewood Savings & Loan, 5950 Ridge Road 8:45
PLAIN-Grace Episcopal Church, Rte. 20 near Park, Willoughby, O. 8:30
REDWOOD-Euclid Lutheran church, E. 260th and Oriole 8:30
TRINITY-Trinity Evangelical Church, 3525 W. 25th St. 8:30
VALLEY VIEW-Community Center, West 7th and Starkweather 8:30
8005 GROUP-8005 Lorain Ave. 8:30
ASHTABULA, O.-St. Peter's Episc. Church, Main Avenue at South Park 8:30
 ELYRIA SATNITE-Alconon Club, 345 Broad St., Elyria, O. 8:30
 SOLO, O.-St. Rita's High School 9:00
WEST RICHFIELD-Consolidated Church, Route 303, just west of Route 21 9:00
WINDSOR, O.-Community Hall 9:00

SUNDAY
 ALCOHOLICS BARRACKS-1000 feet east of Warrensville Workhouse 8:00
BROOKSIDE-Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
C.A.H. DISCUSSION-C.A.H. Clubrooms, 7809 Euclid Avenue 10:45 A.M.
COLLINWOOD-945 E. 152nd St. 7:30
DETROIT-lived-8023 Detroit Ave. 8:00
GOLF LAKELANDS-Trinity Lutheran, Redbird & Chapel, No. Madison, O. 3:00
LAKEWOOD ARMORY, 1437 Wayne Ave., South of Detroit 9:00
LIBBY ROAD-St. Wenceslas Church, 17825 Libby Rd. (Cato St. entrance) 7:30
LORAIN COUNTY CONSOLIDATED, First Sunday of each month, Alconon Club, 345 E. Broad St., Elyria 7:30
MARIA JOSEPH-Plasterers Hall, 1651 E. 24th St., at Payne Ave. 1:00
MISTLETOE-ST. Thomas Church, 9205 Superior Ave. 7:00
NEWBURY-ST. Helena's Church, Rt. 87 8:15
NEWBURGH-ST. Catherine's Church, 3443 E. 93rd St. 8:30
 OUTHWAITE-Garden Valley, 7106 Kinsman Ave. 4:30
STELLA MARIS-Sunday Training Meeting, 1320 Washington Ave. 3:00
SUPERIOR STAG-8801 Superior 11 A.M.
YOUR-1565 Chardon Rd., Euclid, O. 7:15
TWILIGHT-Grange Hall, Rt. 60, Axle, O. 7:30
WARRENSVILLE-Cooley Farms, Recreation Room 10:00 A.M.
CHIPPewa-SEVILLE-V.F.W. Hall, Seville, O. 8:30
GENEVA, O.-Legion Hall, Park St., corner of So. Eagle 7:30
DETROIT SUNDAY, 8304 Detroit Avenue 7:30 P. M.

ALANON GROUP MEETINGS
 CALVARY-Calvary Presbyterian Church, E. 79th and Euclid 8:30
BETHANY-Bethany Presbyterian Church, 6415 Clinton Ave. Wednesday 8:30
 SOUTH EAST-Maple Hts. Presh. Church, 15715 Libby Road 8:00
CHARITY-St. Vincent Charity Hospital, E. 22nd and Central 8:30
NURSING HOMES THAT TREAT ALCOHOLICS (This listing does not necessarily indicate endorsement or approval)
 Al-Ju, Inc. (4W) 28707 Euclid Ave. Whitney 4-2244 Wickliffe, O.
 Cleveland Alcoholic Clinic (MW) Express 1888 780 Euclid Ave.
 Dorothy McCauliffe Alcoholic Clinic (MW) Atlantic 1-3353 8304 Detroit Ave.
 Elmwood Sanitarium (M) Kenmore 1-2299 1722 Euclid Ave.
 Farquharson's (M) Tuxedo 5-1882 6037 Pearl
 Keller's Nursing Home (M) MEIrose 1-1635 8023 Detroit Ave.
AA CLEVELAND DISTRICT OFFICE, 205 Frederick Bldg., 2063 E. 4th St. CH 1-7387
1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE, Hanna Building, Room 370. 8:30

"WHY" - PP. 2
"SINCERITY VS HYPOCRISY" - PP. 2

CENTRAL BULLETIN

UNSELFISHNESS • HONESTY
PURITY • LOVE
A.A.

Vol. XVII-No. 8

BOX 6712, CLEVELAND 1, OHIO

May, 1959

SUBSCRIPTION PRICE \$1.00 PER YEAR

15

TEN CENTS PER COPY

PATIENCE

Patience has been described as a virtue, but to members of Alcoholics Anonymous it is a necessary ingredient of their way of life.

The exercise of patience may appear to be a sterling quality in the alcoholic whose personality is often a bundle of extremes. The tendency to be extreme was not left in the dregs of that last glass we plunked on the last bar we butted against. Such restraint appears good by way of contrast with active drinking habits when everything had to be ordered to our liking, and without delay, or there was a blow-up.

Normal people take events and experiences in their stride, they are not easily upset by either gains or reverses, they are tolerant of others and their shortcomings, they are able to take a detached view of things.

This ability must not be mistaken for indifference or laziness. It takes hard work for the alcoholic to be patient after years of having everything his own way—especially in drinking and the freedom to mess up his own life and that of others.

One of the greatest tests of patience to which the sober alcoholic is put is that of sponsorship. If our "baby" does not catch on the first time we are inclined to get discouraged and even short-tempered. When, after repeated attempts, we have not scored a victory, we are too often ready to give up entirely.

The danger of this sort of impatience is sometimes learned the hard—even the tragic way. Let us cite an experience. More than three years ago we ran into this man accidentally. He was coming off a three-months bender and his appearance was more cave-man than human. He clung to us like a drowning man to a bit of driftwood.

Then came hospitalization, a set-up in a decent room, a good job (for he was a skillful workman) and seven weeks of sobriety. All this while, attending meetings though he was, he constantly bemoaned his past. He was obsessed with memories which long ago should have been forgotten. He carried a guilt complex that was pathetic. He didn't know himself. He couldn't take things in his stride. Like the rest of us, he was an extremist.

Then one day something went wrong at work—a trivial matter that would not have bothered a non-alcoholic. He was off to the races once more. This was the beginning of a pattern that extended over three years with slight variation. Were we impatient? You bet we were. We mentally washed our hands of him on several occasions, only to try once again to help him when he asked for help. At times he left town. He would call to say he was sober. But when a call came asking that the charges be reversed, we never accepted. We knew the answer. The money had gone for booze and he was on another one.

Then word came the other day that he had died in a distant hospital, still comparatively young, a friendly, hard-working man when he worked, and who tried to do the right thing. But he never found himself.

(Continued on page two)

DRINK-TROUBLE

Just some little phrase, a kindly act or an inspiring talk at an AA meeting, has changed the course of many persons' thinking, character and personality. We write from experience and have been requested by so many who have heard it to publish it that we hereby respond.

We had received a "course" in AA and stayed sober for eight months, obediently attending AA meetings with little enthusiasm doing 12th Step work unenthusiastically and mechanically comparing the depths to which we had sunk to the abysses to which every speaker we heard had fallen into, until we came to believe we were in the wrong league. So we "resigned."

After eight and one half months of "controlled drinking," the inevitable happened and we got drunk and for the first time in a career of drinking, we spent the night in jail. After a humiliating experience in court, we couldn't face the world and three nights later returned to consciousness on our bath room floor in vomit and blood . . . fully believing we were dying. For the first time in our life we were mortally frightened and frantically tried to make contact with our Heavenly Father for forgiveness and after an agonizingly long time we felt we had received it and lay back to die.

We didn't die, however, and when our sponsor called to remind us of our promise to return to AA if we once got drunk on our "controlled drinking" plan and invited us to return, we agreed to attend.

Seven weeks passed. Our morale was low. We were thoroughly chastened and were the epitome of humility. We stopped smiling and laughing and existed each day as though we were an automaton.

The speaker at the seventh meeting was so droll, that in spite of **ourselves** we laughed twice. At the close of the meeting we asked him for his formula for happiness.

He asked us whether we still wanted to drink, and we assured him that we didn't. "Then why aren't you happy?" he said, and added, "You're not a slave any more. You're free!" We told him our story and he promised to visit us next evening when he would give us his formula for genuine happiness.

The next evening he described what he had had to do to find happiness soon after he came into AA. He said that when he first started drinking it was 95% fun and 6% trouble. Later the percentages dropped to '75 against 26 and still later to 50-50. When it finally dropped to 6% fun and 95% trouble, he joined AA.

However, he couldn't find any joy in living. His common sense told him he couldn't drink any more, so he recalled to his mind his most humiliating experience and etched it on his consciousness, and began walking around a long block repating with each step he took, the phrase, "Drink! Trouble! Drink! Trouble!", trying to drive out the memory of the fun he used to have when he could 'drink.

So he ordered us to start our trek—he would count and I would repeat, the to me silly incantation. We started to walk and suddenly he stopped, asking us why we didn't

(Continued on page two)

PATIENCE

(Continued from page one)

We are sorry *now* for the times we became impatient. There is this to add up on the positive side—that in the last three years of his life he probably knew one year of sobriety in snatches. Had we allowed our impatience, our **disappointment** and discouragement to dictate our **action** he would not have known that much sane living. And from this experience we came to know ourselves a bit better—especially have we learned to be a bit more patient.

WHY? ③

Why do some make it in AA and other fail? Is it because they really can't? Or is it because they are not willing to pay the price?

We can **only** surmise—for we can never know for certain what **lies** deep inside another human being that determines the basic and true nature of his individuality. We cannot evaluate the **inner** qualities on **external** evidence.

However, it is our firm conviction that only the true psychotic might find the road to recovery (via the 12 Steps) impossible. It is our belief that only one thing induces any of us to take that first drink—our distorted thinking!

Therefore, in order to eliminate the **thought-processes** that inevitably lead to the first drink, something must be introduced into the life of the individual that will influence and change the thought patterns.

The only thing we **know** that can do this is a **self-imposed** program of thought and action, such as is embodied in the 12 Steps of AA. If it is accepted, understood and applied, this program **CAN** bring about a complete personality change. This may well prove to be a herculean task—but what is easy in an alcoholic's thinking?

While there are many **negative** factors that **must** ultimately be eliminated, we believe the greatest deterrents are: **Egotism**, **Dishonesty** and **Indolence**.

Egotism, or false pride, causes us to pretend to be what we are not, arrogantly refusing to admit our **weaknesses** and shortcomings. Being self-centered, we believe only we can run the show. We arrogantly reject advice.

Dishonesty? lying to ourselves and to others. Rationalizing, **justifying** our selfish, self-gratifying behaviour and ignoring the heartaches, misery and ruin which follow its wake. Silly excuses run easily out of our mouths, fooling none but ourselves.

Indolence, or laziness, mental and physical, is the third of the average alcoholic type. This type accepts the Big Book from his sponsor, (he might even buy it) but doesn't read it because it requires thought and concentration. He fails to attend meetings regularly because it interferes with his personal comforts . . . television, radio, getting out of his favorite chair or off the sofa. He can't or won't spare an hour or two with his group and finds a ready excuse whenever he is called upon to make a Twelfth Step call. He's usually guilty of procrastination, rarely, if ever, finishing anything he starts.

Perhaps we can't **WILL** these attitudes out of our minds, but we can **GIVE** ourselves completely to the AA program, whether we understand it or not, or **even** believe it in the beginning. AA as suggested in the Big Book is as effective for the alky as is insulin prescribed by a doctor for a diabetic. It isn't necessary that the diabetic know the chemical composition of insulin nor understand the chemical changes that take place in his body in order for it to work effectively. The point is both do the job required if taken as prescribed.

If we are hurting our loved ones, jeopardizing our jobs, our health and our social relations, or bring shame to our families and ourselves continually, because of drinking, then we had better evaluate the cost of our indulgences.

Is it worth it to demand the right to drink, if it increases in us the fears, phobias, anxieties, worries, frustrations and failures?

Do we really mean it when we say we **CAN'T**, or do we mean **WON'T**? Don't let's sell ourselves short!

-Los V. Railbeams, St. Paul, Minn.

DRINK... TROUBLE

(Continued from page one)

say the magic words. We insisted we had. "Say 'em out loud, so I can hear you," he ordered.

Now we live in a nice neighborhood and we didn't want the neighbors to think we had finally gone completely nuts just as they predicted we would, so we explained this to our philosopher.

Indignantly he shouted, "Tell with the neighbors! C'mon. Drink! Trouble! You say it and I'll count." We mumbled the words as we passed a neighbor coming down the **steps** and knew our **goose** was cooked, for she was the worst scandal-monger in **our** neighborhood.

To make our story short, we finished our trek around the block, pacing off **500** steps, 250 with each word. Upon leaving, our benefactor guaranteed us, that if we repeated this incantation alone for twelve straight nights, he would guarantee that every time we **saw** a drink we'd see "Trouble."

Obediently, but filled with doubt, we retraced the course for four nights. On the fourth night we had our test. We attended a stag party of old pals, who quickly hid their drinks when we entered the house so as not to lead me into **temptation**.

Embarrassed, we told of our four nights experience and upon completion asked them to put me to the test. When three brought their drinks into sight, we saw "TROUBLE!"

SINCERITY d s . HYPOCRISY ③

We took a look around the group at our last meeting and as our gaze rested on each individual we concentrated for just a moment. It's really amazing to note the various types of characters that finally accept the AA program. There are some whom we could classify as naturals. They are the kind of fellows whom one would expect to embrace a sober way of living, once they found a way that made it possible for them. They probably always real+& that they were completely out of gear, and hated **every** moment of their drinking life. And once they were steered through an AA door, everything was duck soup for them. But there were a lot of the other type—the type whose turn to sobriety will always **be** a source of amazement. They are the fellows of whom it was said there was no hope. They are the fellows who apparently never were bothered too much with remorse; fellows who **apparently** never gave a thought to moral or spiritual **values**; **fellows** who never dreamed of asking for help, or thinking they were in need of any. But there they were, the naturals and the hopeless cases, stone sober and completely happy about the whole deal.

We did note **one** thing, however, that applied to all the people in the room. There was a common denominator. And that was sincerity. We believe that anyone can make the program—except one type of individual. And that type is the hypocrite. No alcoholic who is also a **hypocrite** has **ever**, or will ever make the program. He may come to a meeting, a dozen meetings, or he may even go a year or more. But eventually and inevitably, he will get drunk. No **alcoholic** who will admit to his sponsor and to the group that he **is** an alcoholic, but who deliberately harbors some mental reservations, can make the program. He will get drunk. No alcoholic who will piously proclaim his faith in and dependence on a Higher Power for public effect, but who refuses to live his private life in accordance with what is implied in such a proclamation, will maintain his sobriety. Eventually he **will** get drunk. Hypocrites always end up in failure, because they are dishonest. And dishonest people are never successful people. The terms cannot **be** reconciled. -*The Missing Link*

AA INTERGROUP DINNER

The twentieth anniversary of AA in Cleveland will be observed at the annual Intergroup Dinner sponsored by the Cleveland AA District Office, Wednesday, June 10, at 7 p. m. in the Sheraton-Cleveland Hotel.

The speaker will be Charles J. of New York City. He is the author of "The Lost Weekend," which proved to be a best seller.

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Brooklyn-June speakers: 3-Bill O'B., Independence; 10—Leo S., Newburgh; 17—Helen B., Brooklyn; 24—Os-car C., Berea Friday.

Charity-June speakers: 5—Howie L., Angle; 12—Mary McL., Clark; 19—Earl J., Angle; 26—Jack McG., Charity.

Euclid-Wade-June speakers: &—Gates H., C.A.C.; 9—Rocky C., Liberty; 16—John B., Rocky River; 23—Mike M., Your; 30—Art S., Orchard Grove.

Fairview-June speakers: B—James V., Crile; O—James D.; 16—Tom McG., Edaeklake; 23—Vincent G., Arcade; 30—Joe V., Crile.

Golf Lakelands-Will observe its first anniversary on Sunday, June 28 without fanfare except a birthday cake. The meeting will be just an ordinary one, and there will be no door prizes, et al. The group started with but three members and now numbers eight. Its average attendance is twenty. Their treasury is purposely empty, and they wish it so. They found they had four dollars over and decided that there was no better way to spend it than by ordering subscriptions for their four newest members.

Gordon Square-Observes its seventeenth anniversary on Friday, June 19 with Howard B., Independence as its speaker. Howard was one of the early members of this group. Other June speakers: 5—Bill D., Berea-Thursday; 12—Bob L., Independence; 26—Milton S., Memphis.

Lake County-June speakers: 2—Tony M., Charity; 9—Josephine P., Chagrin Falls; 16—Roy W., Angle; 23—Jerry W., Angle; 30—Frank E., Angle.

Lakewood Armory-June speakers: 7—Sidney A., Fairmount; 14—Franklin S., Doan Men; 21—Tom R., West Richfield; 28—Mary McL., Clark.

Lee Monday—After June 1, meetings will start promptly at 8:30 p.m.

Libby Road-Changed its name and its location to Bedford Heights Sunday Night group, meeting in Bedford Heights Village Hall, 5661 Perkins Rd., Bedford Heights, off Aurora Rd., Sundays at 7:30 p.m.

Mistletoe-June speakers: ?—William F., Doan Men; 14—Ed H., Lee Monday; 21—Ed S., Superior Stag; 28—Greg G., Detroit Sunday.

Outhwaite Thursday-June speakers: 4—Tom W., Northeast; 11—Rocky C., Eastside Morning; 18—Ben I., Solidarity; 25—Bill C., Solidarity.

Outhwaite Sunday-June speakers: 7—Joe H., St. James (his eleventh anniversary); 14—Group meeting; 21—Jimmy D.; 28—Milton P. S., Memphis.

St. Clair Thursday-Lu S., spark plug secretary of the group, has been stricken with a mysterious malady which has incapacitated her for over a month. Her fortitude, faith and courage has been a heart-warming example to her host of friends who are praying for her speedy recovery and return to the dedicated work she loves-AA. Speakers for June are: 4—Helen B., Ansel Road (her first lead); 11—Tom F., Northeast; 18—John K., Coventry (his first lead); 25—Jack N., Northeast.

Rocky River-June speakers: 4—Charlotte S., Shaker; 11—Bob H., Rocky River (his first lead); 18—Jack K., Orchard Grove; 25—Bill O'R., Lorain Ave. Monday.

Temple-June speakers: 1—Norman C.; 8—Erwin H.; 15—Delpha S.; 22—Linda L.; 29—Bob W. All speakers are members of the Geneva group.

Trinity-June speakers: 6—"Whitey" C., St. Clair-Thursday; 13—Nellie F., Clark; 20—Roy W., Chesterland, O.; 27—James H., C.E.I. The group has changed its meeting time to 9 p.m. sharp.

Solidarity-June speakers: 5—Fran P., Northeast; 12—Joe H., St. James; 19—Harold (Bud) M., Meadsville, Pa.; 26—D. W. "Bill" S., Lorain Ave. Monday.

West Park-June speakers: 2—Fran P., Northeast; 9—Tom P., Barberton; 16—John McN., Barberton; 23—Nor-

ma P., Westside Women; 30—Panel discussion by selected group members.

West 25th-June speakers: 1—Harry R., Stella Maris; 8—Julius B., Outhwaite; 15—Jack H., W. 26th (his 18th anniversary) 22—Elwood O., Forest City; 29—Bill S., Lorain Ave. Monday.

Women's House of Correction--June speakers: 3—Thos. A., Solidarity; 10—Pauline C.; 17—Maryetta C., Outhwaite; 24—Willie P., Temple.

Refresher-Training Meetings. Beginning with Step I and Tradition I, another twelve week series will start on May 27 in the Cleveland Illuminating Annex, Room 335 at 8:30 p.m. with the Westside Women's group in charge. Step & Tradition II, June 3, Broadway-56th; Step & Tradition III, June 10, Parma Heights; Step & Tradition IV, June 17, Berea Thursday; Step & Tradition V, June 24, Corlett Mixed. These meetings are invaluable to newcomers as well as their sponsors.

EUCLID-WADE PICNIC

The seventeenth annual Euclid-Wade picnic, in conjunction with the Matt Talbot Group and the Friday-Lee Group, will be held on July 5th at Wiegand's Lake Park, located on Route 87, about two miles east of Russell Road (Route 306).

This affair annually attracts members from all local groups, as well as others in neighboring towns and townships and serves to bring members together who otherwise would not meet except by chance.

Swimming, boating and games for old and young are on the program with dancing from 6 to 9 p.m. There will be excellent prizes and raffles and \$200 in cash given to the holders of lucky tickets.

It's a basket picnic, but sandwiches, coffee, soft drinks, ice cream, etc. can be purchased at the park. For any further information call MU 1-9449.

FOUNDERS DAY IN AKRON

Following is the week-end schedule:

Saturday, June 13, 1959

12:00 noon-Luncheon in the ballroom of the Sheraton Hotel. Open to all GSRs and Committeemen. Bill W., co-founder, will be our guest. Reservations must be made before May 31st. \$3.25 per person. Make your reservations through your Group GSR or Committeeman—all of whom should report before May 31st to Charlotte S., 31000 Edgewood Road, Cleveland 24 (Terrace 1-8759) or Al L., 343 Van Street, Barberton (Sherwood 5-8249).

2:30 pm-The Amateur Actors Guild will entertain at Central High School Auditorium, 123 South Forge Street, Akron. No admission charge. Anyone who has been privileged to see this group perform will no twant to miss this performance.

7:00 pm-The Kenmore Group will observe its anniversary with a covered dish dinner and meeting—followed by dancing to the delightful music of Jack Barry's orchestra. This affair will be held at the General Local No. 9 Hall, 161 Massillon Road (Route No. 241), Akron.

7:00 pm to 8:30 pm-The King School Group (AA's oldest group) will hold open house at King School, Tallmadge Avenue and Merriman Road, Akron.

8:00 pm-The Mid-Town Group will hold its regular meeting at the Akron Arid Club.

8:30 pm-The Cuyahoga Falls Group will hold its regular meeting in the First Congregational Church, 2nd and Broad Streets, Cuyahoga Falls.

The Akron Arid Club Will Remain Open 24 Hours a Day to Welcome Visitors

Sunday, June 14, 1959

9:00 am-Memorial service at Dr. Bob's grave.

9:45 am-Sunday Morning Breakfast Meeting at the Sheraton Hotel. Tickets may be obtained from your Group GSR. \$1.75 per person.

2:30 pm-24th Annual Founders Day Meeting at Memorial Hall of Akron University. Bill W., co-founder, will address this meeting.

CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church, Cor. Addison and Wade Park 8:30
 BORTON-E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
 BRECKSVILLE VETERANS HOSPITAL, Broadview and Oakes. 7:30
 EARLY-EARLY-Plasterers Union Hall, 1651 E. 24th St. (near Payne Ave.) 7:00
 EDGELAKE-Rocky River Community Con., Wagar & Hilliard, Rocky River. 8:30
 FRIENDLY SUBURBAN-6037 Pearl. 8:00
 LAKEWOOD MEN'S-St. Peter's Episcopal, W. Clifton and Detroit 9:00
 LEE MONDAY-First Presbyter. Church, East Cleveland, Nela and Euclid 8:30
 LORAIN AVE.-St. Ignatius Hall, Lorain Ave. at West Blvd. 8:30
 ORCHARD GROVE-SS. Peter & Paul Luth. 13028 Madison, corner Grace. 8:30
 PEARL-Corpus Christi Basement, 4850 Pearl Road 8:30
 RAMONA-9721 Ramona Blvd. 8:30
 SHAKER-Unitarian Church, Shaker and Belvoir Blvd. 9:00
 SOUTH EAST-7526 Broadway. 8:30
 TEMPLE-Temple Baptist, 7500 Cedar. 8:15
 UNION-East View Congregational Church, Kinsman at E. 156th St. 9:00
 WEST 25th ST.-Marvel Hall, 2858 W. 26th St. 9:00
 WOMEN'S-Westside-West Boulevard Christian Church, Madison and W. 101 8:45
 ELYRIA MEN-St. Agnes Church, Lake Road at Bath St., Elyria, O. 8:30
 JEFFERSON, O.-St. Joseph's Church. 8:30
 VERMILION-Congregational Church 8:30
 WILLOUGHBY, C&P-Presbyterian Church 8:30

TUESDAY

ALCOHOLICS BARRACKS-1000 feet east of Warrensville Workhouse 8:00
 ARCADE-Old Stone Church, Public Square, Ontario entrance 8:00
 CLARK-1917 Clark Ave. 8:30
 CLOVER--(Women-&-E. 46th. So. of Scovill Portland-Orthwaite Center 8:30
 EAST STDE WOMEN-11205 Euclid, Church of the Covenant 8:00
 EUCLID-WADE-Calvary Presbyterian Church, E. 79th and Euclid Ave. 9:00
 FAIRMOUNT-St. Paul's Episcopal, Fairmount and Coventry 9:00
 FAIRVIEW PARK-Fairview Grace Church, W. 224th and Lorain Ave. 9:00
 HILLTOP-St. Joseph's Seminary, 17608 Euclid Ave. 8:45
 LAKE SHORE-Lakewood Congregational, 1376 W. Clifton, corner Detroit 9:00
 HAYLYND-Kenny King's Restaurant, Mys-Land Shopping Cen. Mayfield Hts. 8:30
 MILLS-LEE-Mt. Hope Lutheran Church, E. 164th, north of Miles Ave. 8:30
 SMITH, WILSON-St. Joseph's School, 9321 Orleans Ave. 8:30
 SUPERIOR-N. 4th Presbyterian Church, E. 40th and Superior 9:00
 WEST PARK-Puritas Lutheran Church, Puritas Ave. and W. 138th St. 8:30
 45TH ANTI-O.-First Presbyterian Church, Comer Church and Third Streets 8 p.m. Eastern; 9 p.m. Daylight time
 ASHTABULA CONSOLIDATED-Methodist Church, South Broadway Geneva, Ohio-First Tuesday 8:30
 ASHTABULA-West-1320 Perryville Pl. 8:00
 LAKE COUNTY-Fellowship Hall, Methodist Ch., Rt. 20, E. So. Wood, Mentor. 8:30
 LORAIN CENTRAL-Lorain, O. Trinity Church 8:30
 MEDINA, O.-St. Paul's E. is. Par. Hse. 8:30
 SANDUSKY, O. (Firelan 8a)-First Presbyterian Across from Post Office. 8:30
 STRONGSVILLE-Town Hall 8:30

WEDNESDAY

ALL AMERICAN Sportsmen, 1142 Buhner, 3rd Wednesday each month 8:30
 RAYTER-8437 Broadway 8:30
 RFDPORD-Masonic Temple, Tarbell Ave. 8:30
 BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30
 C. E. T.-Illuminating c.o., Room 345-Rear Building 8:30
 COLI INWOOD-945 E. 152nd St. 8:30
 DENISON MFN-1403 Denison Ave. (first Wednesday, joint meeting) 8:30
 DOAN MEN-YMCA (University Circle), 2055 E. 105th St., Second floor front. 8:30
 EASTSIDE MORNING-9606 Euclid Ave., Euclid Ave. Congre. (Side ent.) 10:30 a.m.
 GARFIELD HFTGHTS-Trinity Baptist, F. 94th and Garfield Blvd. 8:30
 HAGUE-Grace Cong. Assembly Hall, West 65th and Colgate 8:30
 LAKEWOOD WOMEN-St. Peter's Episc. 18001 Detmit Ave. (corner Clifton) 8:30
 LEE ROAD-First English Lutheran, Derbyshire and Euclid Hts. Blvd. 9:00
 LORAIN AVE.-S.S. Philip & James Hall, 3689 Bosworth Road 9:00

REFRESHER TRAINING-Illuminating Bldg., Rm. 335-Old Parcel Post Bldg. 8:30
 ST. JAMES-Mt. Calvary Baptist Church, E. 103rd and Cedar 8:30
 ST. MARY-400 North S. Chardon, O. 8:30
 TWENTY-FOUR HOUR-13216 Detroit, Church of the Ascension 8:30
 WARRENSVILLE-Women's House Cor. 7:30
 WEDNESDAY NIGHT DISCUSSION-(Stag) 1386 Ardenal Ave. 8:00
 WEST SHORE-West Shore Unitarian, 20401 Hilliard Rd., Rocky River 8:30
 WOMEN'S-Lorain County-St. Vincent De Paul Church, Detroit Rd., (Rt. 254 & 57) 8:30
 ASHTABULA COUNTY WOMEN-Harris Memorial, W. 58th & Adams, Ashtabula Second and Fourth Wednesday 7:30
 CONNEAUT MEN-Conneaut, Ohio B. of L.E. Hall, Whitney Block, Main St. 8:30
 ELYRIA, O.-St. Paul Building, Third and Middle, side entrance 8:30
 FATPORT HARBOR-St. Michael's Ch., 630 Plum St., Fairport Harbor 8:00
 HURON HIGH NOON-Huron, O., First Presbyterian Church, Routes 6 & 2. 12.01
 INTERRACIAL-30th & Wood, Lorain, O., Mt. Zion Baptist Church 8:30
 WICKLIFFE, O.-28917 Euclid (side-up) 8:30

THURSDAY

ALCOHOLICS BARRACKS-1000 feet east of Warrensville Workhouse 8:00
 VLENDALE-St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
 ANGLE-St. Malachi's Church, 2549 Washington Ave. 8:30
 BROADWAY-55th-Our Lady of Lourdes School Hall Family School. 8:30
 CORLETT-Holy Trinity Church, 3845 E. 131st at Chapelside 8:30
 COVENTRY-Fairmount Presby. Church, Scarborough and Fairmount Blvd. 8:30
 CRIE HOSPITAL-Library 8:00
 CROSSROADS-Bethany Presbyterian Church, W. 65th and Clinton 9:00
 FAST SHORE WOMEN-First Baptist Ch., 1565 Chardon Rd., near Euclid 8:30
 HA WTHORNEN STATE HOSPITAL, Macedonia, O., Basement of New Employees Bldg. 8:00
 NO OLMSTED-Saulich's Nursing Home, 27048 Lorain Road 8:30
 OUTHWAITE-Garden Valley, 7100 Kinsman Ave. 8:30
 PARMA HEIGHTS-6400 Pearl Road, Laux Realty Basement (rear) 8:30
 ROCKY RIVER-Rockport Methodist, Church, 3310 Wooster Road 9:00
 ST. CLAIR-THURSDAY-Glenview Cong. Church, (side ent.) St. Clair & Eddy Rd. 9:00
 WEST SIDE-7403 Denison Ave. 10:30 A.M.
 AMHERST-St. Peter's Ev. & Ref. Church, Church St., North Amherst, O. 8:30
 RERFA-Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland Rd. 9:00
 EAST LAKE-Bethel Lutheran Church, 32400 Vine St. 8:30
 ASHTABULA HARBOR-1463 W. 5th 8:30
 INDEPENDENCE, O.-St. John's Lutheran Hall, Second and Sunset 9:00

FRIDAY

ANSEL ROAD-St. Thomas Church, 9205 Superior Ave. 8:30
 BROADWAY-HARVARD-8437 Broadway 9:00
 CEDAR-Salvation Army, 5005 Euclid 8:15
 CHARITY-Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
 CLEVELAND WOMEN-Hotel Cleveland 6:00
 EUCLID FRIDAY-Church of Epiphany, E. 210th and Lake Shore Blvd. 9:00
 FRANKLIN-St. Paul's Church, W. 45 and Franklin 8:30
 FRIDAY AFTERNOON WOMEN-Plymouth Church, Coventry and Drexmore, Krumbine Room 1:00
 GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St. 9:00
 LEE ROAD-American Legion Hall, Post 163, 15544 Euclid Ave. 9:00
 NORTH EAST-Tow' House Motel, 15661 Euclid Ave. 8:30
 SOLIDARITY-Hubbard Memorial Center, E. 84th and Cedar 8:45
 STELLA MARIS MIXED, 1320 Washington Ave. 8:15
 TAPCO-23565 Euclid Ave. 9 p.m.
 Second Friday of each month
 WEST SIDE YOUNG PEOPLE, Lkwd. Cong. Ch., 1375 W. Clifton. 9:00
 AVON LAKE-First Congregational Church, 32801 Electric Blvd. 8:45
 RERFA-Social room of Berea Cong. Church, Seminary and Church. 8:30
 CHAGRIN FALLS, O.-American Legion, F. Orange St. 8:30
 CHARDON-Pilgrim Christian Church, 113 South Street, Chardon, O. 9:00
 ELYRIA (Mixed)-Alconon Club, 345 Broad St., Elyria, Ohio 8:30
 CONNEAUT, O.-B. of L. E. Hall. 8:30

LAKE COUNTY-Mentor Christian Church, Route 20, Cor. Jackson, Mentor, O. 8:30
 WELLINGTON, O.-512 N. Main St. 8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran Church, Cable at Broadway 8:30
 FOREST CITY-6619 Denison Ave. 9:00
 JACK & HEINTZ-17600 Broadway 8:30
 LEAGUE PARK-St. Agnes School Hall, East 79th and Euclid Ave. 9:00
 LIBERTY-945 E. 152nd St. 9:00
 MAPLE HTS.-Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
 MATT TALBOT-St. Philip Neri Church, E. 82nd and St. Clair 8:30
 MEMPHIS-Lakewood Congregational Ch., 1375 W. Clifton, Cor. Detroit Ave. 9:00
 NORWALK TRUCK LINES, 1147 E. 55th St., at Shore Drive 9:00
 PARMA-Ridgewood Savings & Loan, 5950 Ridge Road 8:45
 PLAINS-Grace Episcopal Church, Rte. 20 near Park, Willoughby, O. 8:30
 REDWOOD-Euclid Lutheran Church, E. 260th and Oriole 8:30
 TRINITY-Trinity Evangelical Church, 3525 W. 25th St. 9:00
 VALLEY VIEW-Community Center, West 7th and Starkweather. 8:30
 8005 GROUP-8005 Lorain Ave. 8:30
 ASHTABULA, O.-St. Peter's Episc. Church, Main Avenue at South Park 8:30
 ELYRIA SATNITE-Alconon Club, 345 Broad St., Elyria, O. 8:30
 SOLON, O.-St. Rita's High School 9:00
 WEST RICHFIELD-Consolidated Church, Route 303, just west of Route 21 9:00
 WINDSOR, O.-Community Hall 9:00

SUNDAY

ALCOHOLICS BARRACKS-1000 feet east of Warrensville Workhouse 8:00
 BEDFORD HEIGHTS-Village Hall, 5661 Perkins Rd., Bedford Heights. 7:30
 BROOKSIDE-Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
 C.A.H. DISCUSSION-C.A.H. Clubrooms, 7809 Euclid Avenue. 10:45 A.M.
 COLLINWOOD-945 E. 152nd St. 7:30
 DETROIT-Mixed-8023 Detroit Ave. 8:00
 GOLF LAKELANDS-Trinity Lutheran, Redbird & Chapel, No. Madison, O. 3:00
 LAKEWOOD ARMORY, 1437 Wayne Ave., South of Detroit 9:00
 LORAIN COUNTY CONSOLIDATED-First Sunday of each month Alconon Club, 345 E. Broad St., Elyria. 7:30
 MARIA JOSEPH-Plasterers Hall, 1651 E. 24th St., at Payne Ave. 1:00
 MISTLETOE-St. Thomas Church, 9205 Superior Ave. 7:00
 NFWURRY-St. Helena's Church, Rt. 87 8:15
 NEWBURGH-St. Catherine's Church, 3443 E. 93rd St. 8:30
 OUTHWAITE-Garden Valley, 7106 Kinsman Ave. 4:30
 STELLA MARIS-Sunday Training Meeting, 1320 Washington Ave. 3:00
 SUPERIOR STAG-8801 Superior -11 A.M.
 YOUR-1565 Chardon Rd., Euclid, O. 7:15
 TWJLJGHT-Grange Hall, Rt. 60, Axle, O. 7:30
 WARRENSVILLE-Cooley Farms Recreation Room 10:00 A.M.
 CHIPPEWA-SEVILLCV.F.W. Hall, Seville, O. 8:30
 GENEVA, O.-Legion Hall, Park St., corner of So. Eagle 7:30
 DETROIT SUNDAY-8304 Detroit Avenue 7:30 P. M.

ALANON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church, E. 79th and Euclid. Tuesdays, 8:30
 BETHANY-Bethany Presbyterian Church, 6415 Clinton Ave. Wednesday, 8:30
 SOUTH EAST-Maple Hts. Presb. Church, 15715 Libby Road. Tuesday, 8:00
 CHARITY-St. Vincent Charity Hospital, E. 22nd and Central. Friday, 8:30
 NURSING HOMES THAT TREAT ALCOHOLICS (This listing does not necessarily indicate endorsement or approval)
 AL-Ju, Inc. (MW) 28707 Euclid Ave. Wickliffe, O.
 WHITNEY 4-2244
 Cleveland Alcoholic Clinic (MW) Express 1-8998 7809 Euclid Ave.
 Dorothy McCauliffe Alcoholic Clinic (MW) Atlantic 1-3353 8304 Detroit Ave.
 Elmwood Sanitarium (M) Kenmore 1-2299 1 7 3 2 2 Euclid Ave.
 Farquharson's (MI) TUDEX 5-1882-6037 Pearl
 Keller's Nursing Home (M) Melrose 1-1635 8023 Detroit Ave.
 AA CLEVELAND DISTRICT OFFICE, 205 Frederick Bldg., 2063 E. 4th St. CH 1-7387.
 1st TUESDAY EVERY MONTH
 CENTRAL COMMITTEE-Hanna Building, Room 370 8:30

CENTRAL BULLETIN

UNSELFISHNESS • HONESTY
PURITY • LOVE
A.A.

Vol. XVII-No. 9

BOX 6712, CLEVELAND 1, OHIO

June, 1959

SUBSCRIPTION PRICE \$1.00 PER YEAR



TEN CENTS PER COPY

WATCH THE LITTLE THINGS

The originator of the expression that "it's the little things that count," like most coiners of smart phrases, gave birth to a limited truth. Little things like the minutes in an hour, the hours in a day, the days in a week, etc., are important and build up to vital big things, but small matters are not necessarily good in and of themselves. They can sometimes be dangerous.

This observation was generated the other day when some of us who have found sobriety were discussing the very real danger of dry binges, depressions which seem to come periodically out of the blue and, if we allow them, bring us close to alcohol again, even, on occasion, unfortunately, pushing us over the line.

The point was made that once an alcoholic has grasped the program he can face the big problems of life. No longer will he run away through the escape hatch left by the cork. Matters of readjustment at home and at work, problems of finances and personal relations, can be and are faced with equanimity, calmly analysed and solved. Under the old conditions we would have fled from facing them like we would escape the plague. Now they neither frighten us nor cause us to panic.

In short, major decisions are no longer problems. They have become part of the routine of normal living. We have learned to take them in our stride like any other normal, mature person.

But it is the little things; in the experience of most of us, which trigger the depressions. Events which are trivial and of no consequence tend to throw us. Indeed, as the saying goes, they count, but without care they can count us out. We don't know why this is. Maybe we have not yet fully grown up. Perhaps it is an echo of the cycles of our drinking pattern. Its reality, however, is verified by the experience of many of us.

Once we emerge from a dry drunk we are sheepishly ashamed of what we allowed to happen. The genesis of the mental tailspin may be a word of constructive criticism that was misinterpreted. It may have been the remark of a neighbor. It may have been a mere look. Whatever it was, it sparked a chain of stinking thinking in our supersensitive imaginations. The mole hill, as we brooded and sulked, grew to mountainous proportions. It became the most important thing in life; it became a turning point and, as we saw it, a major crisis.

In the depths of this mood we began to feel very sorry for ourselves. We were not appreciated. We did not receive the credit we deserved for the great achievement of not getting drunk all the time. The world was going to the dogs in a hand-basket. What's the use, our jaded imagination said. The devil take it-let's get a drink.

By the grace of God we may not go that far, but we have pushed ourselves perilously close to it. The mood will leave as quickly as it came and, in sober sense, we will wonder why in tarnation we allowed such nonsense to bother us at all.

These depressions are the snares and pitfalls which we

(Continued on page two)

VOICE OF CONSCIENCE

Conscience is the voice of our higher spheres. It tells us when something we have done is wrong. But the boundary between wrong and right varies in definition with experience, training, associations, standards and outlook upon life.

Conscience may be dull or debased, but no man becomes so depraved as to be entirely without conscience. After we rebuild our lives after the disasters we have suffered and become reacquainted with our higher spheres, our conscience sharpens and is elevated.

But consciences work differently, as people differ. Some of us are quickly overwhelmed by a deep feeling of guilt while others still "see through a glass darkly."

Our conscious growth of conscience is slow and our conscience speaks with a still, small voice. But subconsciously the memory of our past misdeeds clashes with the memory of our early moral training.

We have a sense of uneasiness which may give us the jitters and a feeling that we are flying to pieces. That is why our searching and fearless moral inventory (Steps V, VI, VII) really must be thorough. That is why we must clean house.

We must dig deeply in every corner of our mental attic to get rid of every carefully hidden evil memory of evil doing which nags and nags us, makes us squirm in discomfort, futilely hoping it will disappear with time. It never does.

A sense of guilt is one of the strongest feelings that assail the human mind. It is a great corrective. But it must not be mishandled. We strive to square our-accounts for past blamelessly. That is important, but

misdeeds by living not enough.

The fundamental law of right human conduct is the Golden Rule. It is one of the marks of a real man that he be ready to make good for his misdeeds and that he be ready to confess his error to those he has offended or harmed.

As long as there is anyone that we cannot look in the eye, our conscience will trouble us and we will have difficulty making our lives and wills conform to the will of the Supreme Power. After we have made our moral inventories, we should strive to undo the damage we have done. We should make a written list of all persons we have harmed and make an honest effort to make amends.

There is no moralizing in this demand. It's just the right and manly thing to do. But what is most important for us is that this is necessary in meeting the demands of our conscience.

When we have a feeling of uneasiness, it is well to start in again with moral inventory. Is there something we have left undone? Have we failed to clean house? Do we tend to justify a wrong toward another by blaming him, thereby hesitating to even try to make amends?

Our Twelve Steps are given to us out of the experience of many men. Out of that experience we have learned that our guilty consciences must be faced. Out of that same experience we have learned that when our guilty

(Continued on page two)

Alcoholism is
a design for
dying. AA is
a design for
living!

WATCH THE LITTLE THINGS

(Continued from page one)

must ever be on guard against in our sobriety. How avoid them? Well, if a Higher Power pulled us out of the slough of alcoholism It certainly can lift us from these depressions if we have the presence of mind to give It the opportunity. We can remember that the darkest hour has only sixty minutes. Or we can echo the words of the old Chinese philosopher, an antidote for all moodiness, high or low: This too will pass.

DO YOU WANT TO GROW?

We came to AA afraid and ashamed. The 12 Steps opened the door of **Recovery**. Those of us who keep on seeking ways to practice the 12 Steps in our daily lives GROW in AA. We grow in happiness, peace of mind, serenity and sobriety.

We learned that in **Unity** there is strength-in AA, as well as elsewhere. We learned that the group is the foundation of AA, and that the groups are welded together in purpose and action by the 12 Traditions.

Visit AA when you're on a trip sometime. Visit AA in San Francisco, or England, or Peoria, Illinois, or anywhere. You'll feel our unity; you'll see our strength of purpose and action.

World Service is our Third Legacy. First, Recovery. Second, **Unity**. Third, **World Service**-through which you can extend your strong helping hand to any place and every place in the world.

If you want to grow, take a giant step — a GIANT TWELFTH STEP. Get behind World Service; talk it up; back it up. As AA grows throughout the world, so we all grow for-having heiped.

IF YOU'RE HEADED WEST

A very appreciative letter addressed to his sponsor was forwarded to us with the hope that it be published in the Bulletin and be read by some of our Cleveland-Akron area readers who might be heading west. Here it is:

"The best speakers I ever heard came from the Cleveland-Akron area. We are badly in need of speakers here in Reno and Sparks, Nevada, and if you could make an announcement at your group and other groups in your area, that anyone who might be going on a vacation trip out this way, to either contact me, my wife, or the local club in **this area**, to speak at **one** of our meetings.

"We have a monthly inter-group meeting to which **AA's** from all over Nevada come, so we try to get speakers from anywhere we can. These meetings are always held on the **last** Saturday of each month. Should anyone of your area be coming our way, we would appreciate being informed in advance so that we could make proper arrangements to have a big assembly.

"These **meetings** are very important to us, and any help we can get will be greatly appreciated. We get most of our speakers from California now, paying **part or all** of their expenses if need be."

Signed Tony L., 1365 Plymouth Way,
Sparks, Nevada. Phone **ELgin 5-8990**

From what we understand, Tony **got** his AA in Cleveland and has been continuously sober for his six years in the program. Sparks, by the way, is three miles out of Reno, Nevada.

IT REALLY HAPPENED

There were quite a number of convention drunks staggering around the mezzanine of the Cleveland Hotel on the night of the Inter-Club Dinner, June 10, while '750 **AA's** and their wives were waiting to get into the ballroom. One of them ambled along with a full glass in his hand. He was standing there, weaving, trying to make out what the crowd was all about. He asked one of the brothers, "What is **this** meeting?", to which he got the reply, "This is an AA meeting, are you joining or resigning?" "Sworn and attested to by Bob L., Independence group.

VOICE OF CONSCIENCE

(Continued from page one)

consciences are faced courageously, we are far more likely to succeed in mastering our problem.

The foregoing is the essence of Steps VIII and IX and was written by Fred S., and published in the May, 1943 edition of Central Bulletin. In the opinion of many, Fred's analyses of the Twelve Steps which appeared monthly, starting with the December, 1942 issue, were the means of firming the resolves and desires for absolute sobriety in the minds and wills of many of the early pioneers in the Cleveland-Akron area.

Since many of our present subscribers are new ones, we will **re-publish** some of the gems of Fred's which helped so many of us to fully appreciate the scope and magnitude of the AA program which has been given us.

ANONYMITY IS A PERSONAL THING

Every once in a while we are asked to publish a reminder to **ALL** group **secretaries** or committeemen to guard the anonymity of members of AA, particularly those who are on the confidential mailing list published by the AA District Office.

An AA bowling league has been proposed by one of our favorite and very active AA women. It will start in September in the Bowl-Mor Recreation alleys, W. 153rd and Detroit Avenue on Tuesday nights at **9:15** p.m.

She, however, in her zeal to make this opportunity available to all AA women, as well as the wives of AA members, forgot that **ALL** AA correspondence to secretaries on an open postcard should **NEVER** reveal affiliation with AA. This applies to publishing full names of speakers too.

She is sincerely sorry for forgetting this and trusts that she will be forgiven.

Only by publishing this reminder every once in a while can we eliminate this which causes so many so much embarrassment. We suggest that groups who change secretaries often, caution the newcomer on one of the important niceties of our Fellowship.

OHIO GENERAL SERVICE CONFERENCE

The third annual Ohio General Service Conference will be held in the Sheraton-Gibson Hotel, July 17, 18 and 19. The program promises to be an unusually interesting one with a select list of excellent speakers.

TESTING

Don R., Lake Shore group, submits the following: "During a lead last night, another definition for AA occurred to me. Here it is for what it's worth: 'AA is a thinking man's thought filter,' and if you say this real fast, you have to be sober."

N. E. OHIO G. S. C. QUARTERLY MEETING

All Northeastern Ohio General Service Committeemen and group representatives are to meet Sunday, June 28 at 3 p.m., in Brecksville Methodist Church, at the intersection of Routes 21 and 62, Brecksville, O. All interested members and families are welcome.

CHAIRMEN CAN HELP US

The editor and his **missus** would appreciate it if speaker chairmen will mail in their list of speakers to us instead of telephoning. Sometimes it has been quite inconvenient. Just send them in on a postcard or letter to Central Bulletin, 1104 Prospect, Cleveland 15, O.

THANKS TO YOU ALL

During our last month's hospitalization for minor surgery, we received an amazing number of cards, letters and messages which we ardently wish we could acknowledge individually. We hope to do this in person when we are **back** in circulation again shortly, for it would be a **formidable** job to do it by letter or note. Be assured that each was genuinely appreciated.

—Harry D.

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Brooklyn-July speakers: 1—Jack B., Brookside; 8—Harry H., Rocky River; 15—Anne B., Cleveland Women; 22—Jerry W., Brooklyn (his fourteenth anniversary); 29—George M., Edgelake.

Charity-Meeting in Amphitheatre (6th floor). July speakers: 3—Jack McG., Charity; 10—Bud C., Charity; 17—Harry D., Edgelake; 24—Farrell G., Angle; 31—Jim G., Euclid.

Crossroads-July speakers: 2—Ralph S., Sr., Forest City; 9—Lee M., Brookside; 16—Tom T., Lorain Ave. Wednesday; 30—Stanton McD., Orchard Grove.

Detroit Sunday-July speakers: 5—Carl M.; 12—Jay W.; 19—George O'H.; 26—Stan B.

Eastside Morning—July speakers: 1—Jerry J., Strongsville; 8—Roy N., Collinwood; 15—Ed B., Broadway-Harvard; 22—Frank K., Southeast; 29—John W., Collinwood. Fairport Harbor—Now meets in Home Restaurant (rear) on North State St., Painesville, Ohio, on Wednesdays at 8 p.m.

Fairview Park—July speakers: 7—Paul R., Fairview Park; 14—Ambrose T., Angle; 21—Paul L., Berea Thursday; 28—Ben G., West Shore.

Gordon Square—July speakers: 3—Tom N., Hilltop; 10—Pat L., Thursday Morning; 17—Everett W., Trinity; 24—Al S., League Park; 31—Doc K., Broadway-55th.

Independence—Will observe Old Timer's Night on Thursday, July 30. Last year an amazing number of old-timers attended. There were over fifty whose average was well over 15 years of continued sobriety. This year it is hoped that even more of the old timers will attend. Howard B., of Independence, will be master of ceremonies. Other July speakers: 2—Dick P., Parma; 9—Ed C., Newburgh; 16—Bea S., West Richfield; 23—Wynn W., Hinckley.

Lake County—July speakers: 1—James D., Edgelake; 14—Ed C., Newburgh; 21—Tom P., League Park; 28—Bill H., Newburgh.

Mentor-Plains—Now meets in Plains Methodist Church, Lake Shore Blvd., west of Route 306, Mentor, Ohio.

Mistletoe—July speakers: 5—K. V. W., Wickliffe; 12—Regis O'D., Stella Maris; 19—Tom R., League Park; 26—Paul R., Allendale.

Orchard Grove—Now meets in Church of Ascension, 13216 Detroit Avenue, at 8:30 p.m. every Monday. Effective June 22.

Outhwaite. **Thursday**—July speakers: 2—Fred F., Ansel Road; 9—Al B., Eastside Morning; 16—Alfonso M., Outhwaite; 23—Johnny H., Doan Men; 30—Chuck B., Girard, Pa. Outhwaite **Sunday**—July speakers: 5—Emil S., Jack & Heintz; 12—Basket Picnic, Motorcar pool before 10 a.m. at 7100 Kinsman. Picnic at Virginia Kendall Park, Route 8. (No meeting); 19—Eddie L., Eastside Morning; 26—Marge T., Eastside Morning.

Parma—July speakers: 4—Tom McG., Edgelake; 11—Peggy D., Atlanta, Ga.; 18—Kenny K., Doan Men; 25—George M., Edgelake. On August 1, the group will observe its twelfth anniversary in Parma Memorial Hall, Ridge Road and Ridgewood Drive. Speaker will be Ann B., Cleveland Women's group.

Rocky River—July speakers: 2—Ben B., Lake Shore; 9—Jack S., Detroit Mixed; 16—Art F., Forest City; 23—Bob L., Independence; 30—Mary McL., Clark.

Temple—July speakers: 6—Bob M., Eastside Morning; 13—James F., Outhwaite; 20—Anabelle L., Outhwaite; 27—Lorraine R., St. James.

St. Clair **Thursday**—July speakers: B—Jack D., St. Clair Thursday (his first lead on his first anniversary); 9—Tom C., St. Clair Thursday (his first anniversary); 16—Andy C., Liberty; 23—Jim K. St. Clair Thursday; 30—Charles S., Lee Road Friday.

Trinity—July speakers: 4—No meeting because of holiday; 11—Tom F., Florida; 18—Edward B., Broadway-Harvard; 25—Fran P., Northeast.

West 25th—July speakers: 6—Farrell G., Angle) 13—Bob L., Chardon; 20—Jim S., W. 25th (his fifth anniversary); 27—Dan B., Newbury, O.

Women's House of Correction—Will conduct "Question and Answer" meetings on the last Wednesday of each month. These meetings will be for women only to permit more intimate sharing of confidence with the patients. All other meetings will be open to both sexes. July speakers are: 1—George A., Newburgh; 8—Frances B., May Lynd; 15—Betty E., Eastside Women; 22—Jack McG., Charity; 29—Closed meeting with Marian G., Newburgh, as moderator.

Refresher-Training Meetings—July schedule: 1—S. & T. VI, Broadway-Harvard; 8—S. & T. VII, Eastside Women; 15—S. & T. VIII, Angle; 22—S. & T. IX, Brookside; 29—S. & T. X, Gordon Square. All meetings are held in Room 335, Cleveland Electric Illuminating Building Annex, every Monday at 8:30 p. m.

EUCLID-WADE PICNIC

The seventeenth annual Euclid-Wade picnic, in conjunction with the Matt Talbot Group and the Friday-Lee Group, will be held on July 6th at Wiegand's Lake Park, located on Route 87, about two miles east of Russell Road (Route 306).

This affair annually attracts members from all local groups, as well as others in neighboring towns and townships and serves to bring members together who otherwise would not meet except by chance.

Swimming, boating and games for old and young are on the program with dancing from 6 to 9 p.m. There will be excellent prizes and raffles and \$200 in cash given to the holders of lucky tickets.

It's a basket picnic, but sandwiches, coffee, soft drinks, ice cream, etc. can be purchased at the park. For any further information call MU 1-9449.

EAST SIDE BOWLING LEAGUE

The East Side AA Bowling League has just completed another successful season with Al-Ju team crowned as champions. In successive order in the standings were Outlaws, Willoughby, Liberty, E. 79th Clinic, Addison, Superior and Collinwood.

Individual AAs or AA groups wishing to bowl in the league starting Thursday, September 10, 1959, should contact Jack H. at PR. 1-3072. Starting time is 7 p.m. Bradley Lanes, 1270 Hayden Avenue.

BB OF AA-CLEVELAND DISTRICT

An important meeting of the Cleveland metropolitan area members of BB of AA will be held at Stella Maris Home, 1320 Washington Ave., on Sunday, July 12, at 2 p.m. Henry D. R. and S. M. Patterson of Columbus will be in attendance and will discuss better contacts with releasees and improvement in follow-up methods.

The meeting is open to any AA member interested in rehabilitation.

AA DISTRICT OFFICE CLOSED SATURDAYS

During June, July and August, the Cleveland AA District Office will be closed on Saturdays. Telephone service will still be maintained.

G I G G L E S

Loyalty sometimes proves embarrassing. A case in point is that of the wife whose husband was frequently late. Her husband not coming home one evening, she wired five of his friends, "Jack not home. Is he spending night with you?" The unfortunate Jack arrived home shortly afterwards, and was followed by five telegrams all saying "Yes."

Man (boasting) : I've been in every hospital in town.
Friend: Wait, now. How about the maternity hospital?
Man: I was born there.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER

CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church,
Cor. Addison and Wade Park.....8:30
BORTON-E. Cleveland Congrega. Church,
Page and Euclid Ave.....8:30
BRECKSVILLE VETERANS HOSPITAL
Broadview and Oakes.....7:30
EARLY-EARLY-Plasterers Union Hall,
1651 E. 24th St. (near Payne Ave.) 7:00
EDCELAKE-Rocky River Community Cen.
Wagar & Hilliard, Rocky River.....8:30
FRIENDLY SUBURBAN-6037 Pearl.....8:30
LAKEWOOD MEN'S-St. Peter's Episcopal,
W. Clifton and Detroit.....9:00
LEE MONDAY-First Presbyter. Church,
East Cleveland, Nela and Euclid.....8:30
LORAIN AVE.-St. Ignatius Hall,
Lorain Ave. at West Blvd.....8:30
ORCHARD GROVE-Church of Ascension,
13216 Detroit Ave.....8:30
PEARL-Corpus Christi Basement,
4850 Pearl Road.....8:30
RAMONA-9721 Ramona Blvd.....8:30
SHAKER-Unitarian Church,
Shaker and Belvoir Blvd.....9:00
SOUTH EAST-7526 Broadway.....8:30
TEMPLE-Temple Baptist, 7500 Cedar.....8:15
UNION-East View Congregational Church,
Kinaman at E. 156th St.....9:00
WEST 25th ST.-Marvel Hall,
2858 W. 25th St.....9:00
WOMEN'S-Westside-West Boulevard
Christian Church, Madison and W. 101.8:45
ELYRIA MEN-St. Agnes Church,
Lake Road at Bath St., Elyria, O.....8:30
JEFFERSON, O.-St. Joseph's Church.....8:30
VERMILION-Congregational Church.....8:30
WILLOUGHBY, O.-Presbyterian Church 8:30

TUESDAY

ALCOHOLICS BARRACKS-1000 feet east
of Warrensville Workhouse.....8:00
ARCADE-Old Stone Church,
Public Square, Ontario entrance.....8:00
CLARK-1917 Clark Ave.....8:30
CLOVER-(Women)-E. 46th, So. of Scovill
Portland-outhwaite Center.....8:30
EAST SIDE WOMEN-11205 Euclid,
Church of the Covenant.....8:00
EUCLID-WADE-Calvary Presbyterian
Church, E. 79th and Euclid Ave.....9:00
FAIRMOUNT-St. Paul's Episcopal,
Fairmount and Coventry.....9:00
FAIRVIEW PARK-Fairview Grace
Church, W. 284th and Lorain Ave.....9:00
HILLTOP-St. Joseph's Seminary,
17608 Euclid Ave.....8:45
LAKE SHORE-Lakewood Congregational,
1376 W. Clifton, corner Detroit.....9:00
MAY-LYND-Kenny King's Restaurant,
May-Land Shopping Cen. Mayfield Hts. 8:30
MILES-LEE-Mt. Hope Lutheran Church,
E. 164th, north of Miles Ave.....8:30
SMITH-WILSON-St. Joseph's School,
9321 Orleans Ave.....8:30
SUPERIOR-N. 4th Presbyterian Church,
E. 40th and Superior.....9:00
WEST PARK-Puritas Lutheran Church,
Puritas Ave. and W. 138th St.....8:30
ASHLAND, O.-First Presbyterian Church,
Comer Church and Third Streets
8 p.m. Eastern; 9 p.m. Daylight time
ASHTABULA CONSOLIDATED-
Methodist Church, South Broadway
Geneva, Ohio-First Tuesday.....8:30
ASHTABULA-West-1320 Perryville Pl. 8:00
LAKE COUNTY-Fellowship Hall, Metho-
dist Ch., Rt. 20, E. So. Wood, Mentor.8:30
LORAIN CENTRAL-Lorain, O.
Trinity Church.....8:30
MEDINA, O.-St. Paul's E. 9th, Par. Hse. 8:30
SANDUSKY, O. (Firelands)-First Pres-
terian, Across from Post Office.....7:30
STRONGSVILLE-Town Hall.....8:30

WEDNESDAY

ALCAMERICAN Sportsmen, 1142 Buhner,
3rd Wednesday each month.....8:30
BAXTER-8437 Broadway.....8:30
BEDFORD--Masonic Temple, Tarbell Ave. 8:30
BROOKLYN-K. of P. Hall,
3316 Broadview, East of Pearl Rd. 8:30
C. E. I.-Illuminating Co.,
Room 355-Rear Building.....8:30
COLLINSWOOD-945 E. 152nd St.....8:30
DENISON MEN-7403 Denison Ave.
(first Wednesday, joint meeting) 8:30
DOAN MEN-YMCA (University Circle),
2055 E. 105th St., Second floor front, 8:30
EASTSIDE MORNING-9606 Euclid Ave.,
Euclid Ave. Congre. (Side ent.) 10:30 a.m.
GARFIELD HEIGHTS-Trinity Baptist,
P. 94th and Garfield Blvd.....8:30
HAGUE-Grace Cong. Assembly Hall,
West 65th and Colgate.....8:30
LAKEWOOD WOMEN-St. Peter's Episc^l
18001 Detroit Ave. (comer Clifton) 8:30
LEE ROAD-First English Lutheran,
Derbyshire and Euclid Hts. Blvd. 9:00
LORAIN AVE.-S.S. Philip & James Hall,
3 6 8 9 Bosworth Road.....9:00

REFRESHER TRAINING-Illuminating
Bldg., Rm. 335-Old Parcel Post Bldg.8:30
ST. JAMES-Mt. Calvary Baptist Church,
E. 103rd and Cedar.....8:30
ST. MARY-400 North St., Chardon, O. 8:30
TWENTY-FOUR HOUR-13216 Detroit,
Church of the Ascension.....8:30
WARRENSVILLE-Women's House Cor.7:30
WEDNESDAY NIGHT DISCUSSION-
(Stag) 1386 Ardenal Ave.....8:00
WEST SHORE-West Shore Unitarian,
20401 Hilliard Rd., Rocky River.....8:30
WOMEN'S-Lorain County-St. Vincent De
Paul Church, Detroit Rd., (Rt. 254 & 57) 8:30
ASHTABULA COUNTY WOMEN-Harris
Memorial, W. 58th & Adams, Ashtabula
Second and Fourth Wednesday.....7:30
CONNEAUT MEN-Conneaut, Ohio
B. of L. E. Hall, Whitney Block, Main St. 8:30
ELYRIA, O.-St. Paul Building,
Third and Middle, side entrance.....8:30
FAIRPORT HARBOR-Home Restaurant,
No. State St. (rear), Painesville O. 8:00
HURON HIGH NOON-Huron, O., First
Presbyterian Church, Routes 6 & 2-12.01
INTERRACIAL-30th & Wood, Lorain, O.
Mt. Zion Baptist Church.....8:30
WICKLIFFE, O.-28917 Euclid (side-up) 8:30

THURSDAY

ALCOHOLICS BARRACKS-1000 feet east
of Warrensville Workhouse.....8:00
ALEXANDALE-St. Paul's Episcopal
Church, 15837 Euclid Ave.....8:30
ANGLE-St. Malachi's Church,
2549 Washington Ave.....8:30
BROADWAY-55th-Our Lady of Lourdes
School Hall.....8:30
CORLETT-Holy Family School,
3845 E. 131st at Chapelside.....8:30
COVENTRY-Fairmount Presby. Church,
Scarborough and Fairmount Blvd.....8:30
CRILE HOSPITAL-Library.....8:00
CROSSROADS-Bethany Presbyterian Church,
W. 65th and Clinton.....9:00
EAST SHORE WOMEN-First Baptist Ch.,
1565 Chardon Rd., near Euclid.....8:30
HAWTHORNDEN STATE HOSPITAL
Macedonia, Ct. Basement of New
Employee Bldg.....8:00
OUTHWAITE-Garden Valley,
7100 Kinsman Ave.....8:30
PARMA HEIGHTS-6400 Pearl Road,
Laux Realty Basement (rear).....8:30
ROCKY RIVER-Rockport Methodist
Church, 3310 Wooster Road.....9:00
ST. CLAIR-THURSDAY-Glenview Cong.
Church, (side ent.) St. Clair & Eddy Rd. 9:00
WEST SIDE-7403 Denison Ave. 10:30 A.M.
AMHERST-St. Peter's Ev. & Ref. Church,
Church St., North Amherst, O. 8:30
BEREA-Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd. 9:00
EAST LAKE-Bethel Lutheran Church,
32400 Vine St.....8:30
ASHTABULA HARBOR-1463 W. 5th 8:30
INDEPENDENCE, O.-St. John's Lutheran
Hall, Second and Sunset.....9:00

FRIDAY

ANSEL ROAD-St. Thomas Church,
9205 Superior Ave.....8:30
BROADWAY-HARVARD-8437 Broadway 9:00
CEDAR-Salvation Army, 5006 Euclid 8:15
CHARITY-Amphitheatre, 6th Floor,
St. Vincent's Charity Hospital.....8:30
CLEVELAND WOMEN-Hotel Cleveland 6:00
EUCLID FRIDAY-Church of Epiphany,
E. 210th and Lake Shore Blvd.....9:00
FRANKLIN-St. Paul's Church,
W. 45 and Franklin.....8:30
FRIDAY AFTERNOON WOMEN-Ply-
mouth Church, Coventry and Drexmore,
Krumbine Room.....1:00
GORDON SQUARE-St. Helena's Hall,
1367 W. 65th St.....9:00
LEE ROAD-American Legion Hall,
Post 163, 15544 Euclid Ave.....9:00
NORTH EAST-Town House Motel,
15661 Euclid Ave.....8:30
SOLIDARITY-Hubbard Memorial Center
E. 84th and Cedar.....8:45
STELLA MARIS MIXED
1320 Washington Ave.....8:15
TAPCO-23565 Euclid Ave.....9 p.m.
Second Friday of each month
WEST SIDE YOUNG PEOPLE-
Lkwd. Cong. Ch., 1375 W. Clifton 9:00
AVON LAKE-First Congregational Church,
32801 Electric Blvd.....8:45
REREA-Social room of Berea Cong.
Church, Seminary and Church.....8:30
CHAGRIN FAT S. O.-American Legion,
E. Orange St.....8:30
CHARDON-Pilgrim Christian Church,
113 South Street, Chardon, O. 9:00
ELYRIA-(Mixed)-Alconon Club,
345 Broad St., Elyria, Ohio.....8:30
CONNEAUT, O.-B. of L. E. Hall.....8:30

LAKE COUNTY-Mentor Christian Church,
Route 20, Cor. Jackson, Mentor, O.....8:30
WELLINGTON, O.-512 No. Main St. 8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran
Church, Cable at Broadway.....8:30
FOREST CITY-6619 Denison Ave.....9:00
JACK & HEINTZ-17600 Broadway.....8:30
LEAGUE PARK-St. Armes School Hall,
East 79th and Euclid Ave.....9:00
LIBERTY-94 15 E 152nd St.....9:00
MAPLE HTS.-Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT-St. Philip Neri Church,
E. 82nd and St. Clair.....8:30
MEMPHIS-Lakewood Congregational Ch.,
1375 W. Clifton, Cor. Detroit Ave. 9:00
NORWALK TRUCK LINES
1147 E. 55th St at Shore Drive.....9:00
PARMA-Ridgewood Savings & Loan,
5950 Ridze Road.....8:45
PLAIN-Plains Methodist Ch., Mentor, O.,
Lake Shore Blvd., W. of Route 306.....8:30
RED WOOD-Euclid Lutheran Church,
E. 260th and Oriole.....8:30
TRINITY-Trinity Evangelical Church,
3525 W. 25th St.....9:00
VALLEY VIEW-Community Center,
West 7th and Starkweather.....8:30
8005 GROUP-8005 Lorain Ave.....8:30
ASHTABULA, O.-St. Peter's Episc. Church,
Main Avenue at South Park.....8:30
ELYRIA SATNITE-Alconon Club,
345 Broad St., Elyria, O. 8:30
SOLON, O.-St. Rita's High School.....9:00
WEST RICHFIELD-Conwldated Church,
Route 303, just west of Route 21.....9:00
WINDSOR, O.-Community Hall.....9:00

SUNDAY

ALCOHOLICS BARRACKS-1000 feet east
of Warrensville Workhouse.....5:00
BEDFORD HEIGHTS-Village Hall,
5661 Perkins Rd., Bedford Heights.....7:30
BROOKSIDE-Blessed Sacrament Church,
Storer and Fulton (downstairs).....8:30
C.A.H. DISCUSSION-C.A.H. Clubrooms,
7809 Euclid Avenue.....10:45 A.M.
COLLINWOOD-945 E. 152nd St.....7:30
DETROIT-Mixed-8023 Detroit Ave.....8:00
GOLF LAKELANDS-Trinity Lutheran,
Redhird & Chapel, No. Madison, O. 3:00
LAKEWOOD ARMORY
1437 Wayne Ave., South of Detroit 9:00
LORAIN COUNTY CONSOLIDATED-
First Sunday of each month, Alconon
Club, 345 E. Broad St., Elyria.....7:30
MART 4 JOSEPH-Plasterers Hall,
1651 E. 24th St., at Payne Ave.....1:00
MISTLETOE-St. Thomas Church,
9205 Superior Ave.....7:00
NEWBURY-St. Helena's Church, Rt. 87 8:15
NEWBURGH-St. Catherine's Church,
3443 E. 93rd St.....8:30
OUTHWAITE-Garden Valley,
7106 Kinsman Ave.....4:30
STELLA MARIS-Sunday Training Meeting,
1320 Washington Ave.....3:00
SUPERIOR STAG-8801 Superior.....11 A.M.
YOUR-1565 Chardon Rd., Euclid, O. 7:15
TWILIGHT-Grange Hall, Rt. 60, Axle, O. 7:30
WARRENSVILLE-Cooley Farms
Recreation Room.....10:00 A.M.
CHTPEWA-SEVILLE-V. F.W. Hall,
Seville, O. 8:30
GENEVA, O.-Legion Hall, Park St.,
corner of So. Eagle.....7:30
DETROIT SUNDAY-
8304 Detroit Avenue.....7:30 P. M.

ALANON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church,
E. 79th and Euclid.....Tuesdays, 8:30
BETHANY-Bethany Presbyterian Church,
6415 Clinton Ave.....Wednesday, 8:30
SOUTH EAST-Maple Hts. Presb. Church,
15715 Libby Road.....Tuesday, 8:00
CHARITY-St. Vincent Charity Hospital,
E. 22nd and Central.....Friday, 8:30

NURSING HOMES THAT TREAT ALCOHOLICS (This listing does not necessarily indicate endorsement or approval)

AI-Ju, Inc. (MW).....28707 Euclid Ave.
Whitney 4-2244.....Wickliffe, O.
Cleveland Alcoholic Clinic (MW)
Express 1-8998.....7809 Euclid Ave.
Dorothy McCauliffe Alcoholic Clinic (MW)
Atlantic 1-3353.....8304 Detroit Ave.
Elmwood Sanitarium (M)
Kenmore 1-2299.....17322 Euclid Ave.
Farquharson's (M) Toledo 5-1882-6037 Pearl
Keller's Nursing Home (M)
Melrose 1-1635.....8023 Detroit Ave.

AA CLEVELAND DISTRICT OFFICE
205 Frederick Bldg., 2063 E. 4th St. CH 1-7187
1st TUESDAY WFRY MONTH
CENTRAL COMMITTEE-
Hanna Building, Room 370.....8:30

"I ASKED FOR" PRAYER PP-2 - PARMA 12TH ANNIVERSARY
AT MEMORIAL HALL

CENTRAL BULLETIN

UNSELFISHNESS • HONESTY
PURITY • LOVE
A.A.

Vol. XVII-No. 10 BOX 6712, CLEVELAND 1, OHIO July, 1959
SUBSCRIPTION PRICE \$1.00 PER YEAR 15 TEN CENTS PER COPY

AM I REALLY SOBER? ☉

"Am I really sober?" mused the veteran member of Alcoholics Anonymous.

"What?" asked his friend, another member, in surprise. "Man, you're nuts. You haven't had a drink in more than 13 years."

"True," replied the chap who was taking an inventory out loud. "But it occurs to me from time to time that there is more to sobriety than just abstaining from alcohol."

"I don't get it, pal," said his puzzled friend. "Unless, that is, you are talking about dry drunks and depressions."

"Those are part of it, but it is not about those I am thinking," the inventory taker went on. "I have in mind the way we conduct our affairs even when we are not beset by mental or emotional snarls, when things seem to be going real good."

"What's the matter with that?" came the rejoinder. "Isn't that the way they should be?"

"Let me try to explain," said the other. "In 99 instances out of a hundred we alcoholics drank for a reason. Liquor was a cover-up for one thing or another. We ran away from responsibility or a nasty situation, domestic or business. Or we had a crazy bee in our bonnet that made us, in our own minds, something special and justified our binges."

"Hmm. I'm listening."

"As I recall it, in those days we had all the time we wanted on our hands. We didn't know how to use it — except for drinking. We accomplished nothing. We held our jobs by a fluke. Then we sobered up. It has been my experience since that now we don't have enough time to do half the things we should or would like to do."

"So we just do some of them, probably the most important, and let the rest go," advised the patient listener.

"That's just it—let the rest go. What I'm talking about is the fact that all too often I let all of them go. What I mean is this: You try to be a good citizen and a good fellow. You serve on this and that committee or board. You promise people you will do this, that or the other thing. Then you forget all about it until some half-offended friend reminds you that you didn't keep your promise."

"You take on too much; more than you can handle."

"Perhaps that's it, but that isn't the nub of the problem. I wonder if we're not still running away, but in a different manner. Instead of not doing anything, as in the drinking days, we say we will do everything that is asked of us, but fail to do it. It strikes me that this is some sort of carryover from the lush period."

"Never thought of it that way, but there may be something to it."

"Now if I was sober all the way I would order my existence better. I would have the courage to say 'No.' I would apportion my time to the most useful ends. I would be able to let go of those activities which do not count. Sobriety to me means happiness and sometimes I get awful unhappy about this tendency. From here on out

(Continued on page 170)

LIGHTS AGLOW

A youngster who had on that day been received in the church was called to the side of his father, who was the keeper of a lighthouse in one of the coastal towns. A bitter storm was in progress, with a strong wind blasting the waves high against the isolated building. The father spoke to the boy at length to make the boy appreciate the sanctity of the vow he had taken that day. He brought out a candle and told the boy to light it and to take it out into the storm, to walk around the lighthouse and return with the candle lit. The lad started out of the door and the first blast of wind almost extinguished the light, but he shielded it carefully and tho the wind buffeted him about with fiendish fury he circled the lighthouse safely and returned to his father with the candle still burning, reflecting its light in the shining eyes of the achievement-happy boy.

The father congratulated him and told him to protect and guard his faith with the same devotion as he had in protecting the light of the candle regardless of life's temptations and its vicissitudes.

This story applies to the members of AA. In the full flush of our happiness in finding a solution to our hopeless alcoholic problem, we enthusiastically embraced the Twelve Steps of our program and we started out with our newly-lit candle of hope in our recovery. As the boy started on his trip around the lighthouse he undoubtedly had scant faith in his ability to complete his mission. The only thing he fortified himself with was his faith in his father and his obedience in obeying his order. We had the same temerity when we started out with this program. Our fortification was our

faith in our sponsor and our protection was our determination to obey his orders to follow thru with ALL of the Twelve Steps. Our faltering confidence was strengthened as we went along with the desire to do something about our problem. We had faith!

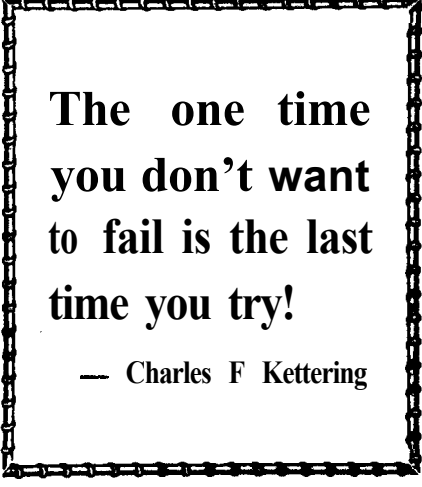
And as we shouldered aside this temptation and that, we finally learned how to shield our precious light from the buffeting winds of discouragements, disappointments and doubts of others in the possibility of our success.

Keeping the light lit for AA means that we must prepare ourselves daily and be ever alert to thwart anyone, or any upsetting element, which threatens to extinguish the light that has returned to us our self-respect, respect of others and the peace of mind which came to us from constantly reaffirming our devotion to the Twelve Steps.

Everything we hold dear has come to us because we have learned to live this new way of life. Our sobriety has kept the light lit. Let it shine forth as an example to others, so others can find happiness as we have found it.

Dust off the book and find the page which contains the Twelve Steps. Study them carefully and check yourself thoughtfully to see whether you have completed every admonition carried in them. Repeat the careful inventory of yourself and correct those "little things" which seemed of little importance as you corrected your major faults. Those "little things" often are almost cancerous in growth

(Continued on page two)



AM I REALLY SOBER?

(Continued from page one)

I intend to watch it and extend the balance of sobriety into this part of my existence."

"I see what you mean," said the friend thoughtfully. "Maybe I should do a little checking myself. I have some of the same trouble, too."

WE NEED PRAYER

The Christian prays, not to change God's mind but to be changed by God so that his will harmonizes with the universe instead of going sinfully and willfully against it.

Prayer is not a mechanical arrangement of "I ask and I get it. I ask again and I get it again." Lincoln saw through the self-centeredness of what is often called "prayer." Seeing how people in both the North and the South prayed during the Civil War that God "be on our side," Lincoln commented: "The great question is not 'Is God on our side?' The real question is 'Are we on God's side?'"

One soldier who understood that God's way is always the best, described prayer in this way:

I asked God for strength, that I might achieve;
I was made *weak*, that I might humbly learn to obey.
I asked for health, that I might do greater things;
I was given *infirmity*, that I might do better things.
I asked for riches, that I might be happy;
I was given *poverty*, that I might be wise.

I asked for power, that I might have the praise of men; I was given *weakness*, that I might feel the need of God.

I asked for all *things*, that I might enjoy life; I was given *life*, that I might enjoy all things.

I got nothing that I asked for-but everything that I hoped for.

Almost despite myself, my unspoken prayers were answered. I am among all men, most richly blessed.

-Portals of Prayer

THERE JUST DOESN'T SEEM TO BE ANYTHING ELSE TO PRAY FOR

(On a wall in Chester Cathedral, England)

Give me a good digestion, Lord,
And also something to digest;
Give me a healthy body, Lord,
And sense to keep it at its best;

Give me a healthy mind, Lord,
To keep the good and pure in sight,
Which, seeing sin, is not appalled,
But finds a way to set it right.

Give me a mind that isn't bored,
That doesn't whimper, whine or sigh;
Don't let me worry overmuch
About the fussy thing called "I."

Give me a sense of humor, Lord,
Give me the grace to see a joke;
To get some happiness from life
And pass it on to other folk.

IT REALLY HAPPENED

The scene is the Coffee Shop of Cincinnati's Sheraton-Gibson-fairly teeming with **AAers**. The time-just before the Sunday morning meeting in the Roof Garden.

Somehow a lone straggler found his way to a seat where he was completely surrounded by those jolly good fellows attending the State Conference. Noticing the hilarity and conviviality, he quietly asked the waitress what convention was being housed there. Her reply: "There are three of them. Jehovah's Witnesses, the Hypnotists' Association, and Alcoholics Anonymous. Anyway you go, they are going to get you!"

-Edith B., Borton

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER

LIGHTS AGLOW

(Continued from page one)

and if not arrested can assume major importance.

Carry the light and keep it shining bright! The brighter it shines the greater happiness will be your reward.

-Reprint, Central Bulletin, October, 1944

RECIPROCITY

An amazing discovery was made by me (Chuck S., St. Clair Thursday) at a recent meeting I attended where I learned that more than half of those attending had never even heard of Central Bulletin, nor had ever seen a copy.

This was disturbing to me as a Bulletin booster, for this group regularly used the columns of the Bulletin for its listing of speakers for the oncoming month.

I happen to be familiar with problems of the Bulletin staff and feel that with just a little bit of effort on the part of the groups in the area, the Bulletin could become solvent. I would suggest that each group appoint one of its members as an agent (preferably one who is a subscriber) who would be responsible for contacting each member in the group.

The staff of Central Bulletin would cooperate with this agent if it was furnished with the roster of his group. The staff would indicate on that roster those that are subscribers as well as the expiration date. This would make the effort, even in a large group, quite simple. Naturally the rosters would not be used for any other purpose.

I know from experience that the Bulletin is appreciated and that many have received stability from the excellent articles which appear in it. But so many of us are procrastinators that we even forget to renew our subscription when it's due. Let's cooperate with the editors.

Why, it's worth a dollar a year just to have the accurate listing of the area group meetings, isn't it?

G I G G L E S

The farmer's barn had just gone up in smoke, and his insurance agent was trying to explain why he couldn't collect cash for it.

"Read the policy," he insisted. "All our company engages to do is build you another barn exactly like the one that's destroyed."

"Well, if that's the way you varmints do business," raged the farmer, "you can cancel the policy on my wife."

Husband: You're terribly extravagant. If anything should happen to me, you would probably have to beg.

Wife: I'd get by; look at all the experience I've had.

A group of workmen were developing a government project on the outskirts of a large city. A passing motorist stopped his car, asked some information about the route and then inquired: "What are you digging for?"

The workman looked up, and brusquely replied: "Money!"

"Money!" exclaimed the amazed motorist. "And when do you expect to strike it?"

"Saturday," replied the workman as he continued digging.

Mrs.: Well, what excuse can you offer for coming home this hour of the night?

Chief: Well, I was playing golf with some friends.

Mrs.: At 2 A.M.?

Chief: Sure, we used night clubs.

"Now that will be a premium of \$16.37 per month on a straight life," said the insurance salesman. "That's what you want, isn't it?"

"Well," the customer replied, "I would like to play around a little on Saturday nights."

Fisherman: I tell you, it was that long! I never saw such a fish!

Friend: I believe you.

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Angle-August speakers: 6—Bill O'R., Lorain Monday; 13—Bill K., Superior; 20—Don W., Angle; 27—Joe G., Smith-Wilson.

Bedford Heights-August speakers: 2—Joe A., Garfield; 9—John P., Miles-Lee; 16—Marie S., Cleveland Women's; 23—Evelynne B., Bedford; 30—Jack N., Northeast.

Broadway-55th—Will hold a picnic to which all AAs are invited on Sunday, August 9, at Concordia Grounds (rear), Schreiber Road. These grounds can be reached via Dunham Road or Canal Road. There will be contests, games, prizes and refreshments.

Brooklyn-August speakers: 5—One of the founders of the group, Charlie S., will observe his nineteenth anniversary in AA. Charlie has been one of Cleveland AA's most dedicated workers; 12—James H., C. E. I.; 19—Bob C., Brooklyn (his sixth anniversary); 26—James D., Early-Early.

Corlett Stag—The Corlett group has moved to Lisy's Greenhouses at 4141 E. 116th and is now a stag group. They will meet on Tuesday nights instead of Thursdays at 8:30 p. m. The formal opening of the group will be August 4. Harry R. of Stella Maris will be the speaker.

Crossroads-August speakers: 6—Frieda L., Brooklyn; 13—John V., 24 Hour; 20—Kitty C., Orchard Grove; 27—Andy S., Orchard Grove.

Detroit Sunday-August speakers: 2—Don P., Cedar; 9—Larry O.C., Arcade; 16—Fred G., Union; 23—Dr. K., Broadway-55th; 30—Doris B., Detroit Sunday.

Eastside Morning-August speakers: 5—Paul H., Lakewood Armory; 12—John H., Doan Men; 19—Chris H., Thursday Morning; 26—Tom N., Eastside Morning (his first lead).

Fairport Harbor—Now meets in Luther Center, 525 Eagle St., Fairport Harbor, at 8 p.m.

Garfield-August speakers: 5—Carl S., Chagrin Falls; 12—Neil G., St. Clair; 19—Bill S.; 26—Milo V., Garfield (his first lead).

Gordon Square-August speakers: 7—Al B., Eastside Morning; 14—Al L., Barberton; 21—Peter Y., Berea Thursday; 28—Ted R., Valley View.

Independence—Will observe Old Timer's Night on Thursday, July 30. Last year an amazing number of old-timers attended. There were over fifty whose average was well over 15 years of continued sobriety. This year it is hoped that even more of the old timers will attend. Howard B., of Independence, will be master of ceremonies.

League Park-August speakers: 1—Bill S., Shaker; 8—Norman S., Monday-Lee; 15—George Van L., Wednesday Lee; 22—Llyod H., Shaker; 29—Lew C., Coventry.

Mistletoe-August speakers: X—Fred G., Union; 9—Dick H., Doan Men; 16—Jim K., St. Clair Thursday; 23—Bud C., Newburgh; 30—Al S., League Park.

Northeast—This group mourns the passing away (on June 17th) of one of its hard working members, James McHugh. Jim had been a member of the group for fourteen years and was active in all branches of AA.

Orchard Grove-August speakers: 3—John B., (no home group); 10—Neil C., Young People's; 17—Joe B., Clark; 24—Elwood O., Forest City; 31—Russ M., Clark.

Parma—Observes its twelfth anniversary in Parma Memorial Hall, Ridgewood Drive and Ridge Road, on Saturday, August 1, at 8:45 p.m. Speaker will be Miss Ann B., Cleveland Women's Group. Other August speakers are: 8—Howard B., Independence; 15—Frieda L., Brooklyn; 22—Chester S., Lodi, O.; 29—June S., King School, Akron.

Parma Heights—Observes its second anniversary on Thursday, August 6, at 8:45 p.m., with Harry D., Edgeland, as speaker.

Rocky River-August speakers: 6—Bob H., Newburgh; 13—John K., Newburgh; 20—Jack G., Clark; 27—Tommy J., Lakewood Armory.

St. Clair Thursday-August speakers: 6—Neil G., St. Clair Thursday; 13—Bill H., St. Clair Thursday (his first anniversary); 20—Bud C., Newburgh; 27—Tom V., Brooklyn. St. James—Observes its tenth anniversary on August 16 at 4 p.m. in Hubbard Memorial Hall, E. 84th and Cedar. It is sincerely hoped that its founder, Joe H., will have recovered from his serious illness in time to participate in the celebration.

Solon—Has changed its meeting place to Garfield Memorial Methodist Church, Corner Lander Road and Route 422. They meet Saturdays at 9 p.m.

Temple-August speakers: 3—Rocky C., Outhwaite; 10—Alonzo E., Solidarity; 17—Bill S., Lorain Monday; 24—Ruth V., Westside Women; 31—John G., Clark.

Trinity-August speakers: 1—Dick P., Newburgh; 8—William K., Superior; 15—William McG., Newburgh; 22—Jack G., Pearl; 29—Marie S., Cleveland Women's.

West Park-August speakers: 4—Pat W., Vermilion; 11—Frank T., Akron; 18—John and Thelma P., East Akron; 25—Jim R., Fairview Park.

West 25th—August speakers: 3—John M., Forest City; 10—Ralph S., Forest City (the group will also observe Nick K.'s eleventh anniversary); 17—Ed W., Forest City; 24—Jerry W., Angle; 31—Jack B., Brookside.

Your—Has moved its meeting place to the Charter House, Euclid and E. 248th St.

Women's House of Correction-August speakers: 5—Fred D., Newburgh; 12—Jim K., Newburgh; 19—Paul V.; 26—Closed Discussion meeting for women only. Women members are urged to attend to participate in the discussions on problems facing women and AA.

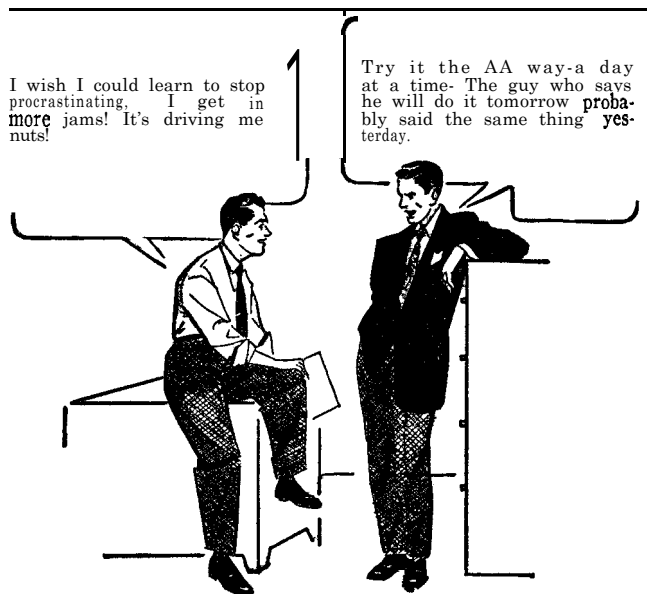
Refresher-Training-August schedule: 5—Step and Tradition XI, League Park panel; 12—Step and Tradition XII, Fairmount panel; 19—Subject: Sponsorship, discussed by four well-informed AAs; 26—Step & Tradition I, Chagrin Falls.

OPEN HOUSE

Observing its first anniversary since acquiring the property and completely renovating it, the Keller Alcoholic Abstinence Home will hold Open House from July 26 to August 9 and will welcome a thorough inspection of the facility located at 8023 Detroit Ave.

The second-floor tenant called the party living below and shouted: "If you don't stop playing that blasted saxophone, I'll go crazy."

"I guess it's too late," came the reply. "I stopped an hour ago."



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church.....8:30
 Cor. Addison and Wade Park
 BORTON-E. Cleveland Congrega. Church.....8:30
 Page and Euclid Ave.
 BRECKSVILLE VETERANS HOSPITAL
 Broadview and Oakes.....7:30
 EARLY-EARLY-Plasterers Union Hall,
 1661 E. 24th St. (near Payne Ave.) 7:00
 EDGELAKE-Rocky River Community Cen.
 Wagar & Hilliard, Rocky River.....8:30
 FRIENDLY SUBURBAN-6037 Pearl.....8:30
LAKEWOOD MEN'S-St. Peter's Episcopal,
 W. Clifton and Detroit.....9:00
LEE MONDAY-First Presbyter. Church,
 East Cleveland, Nela and Euclid.....8:30
LORAIN AVE.-St. Ignatius Hall,
 Lorain Ave. at West Blvd.....8:30
ORCHARD GROVE-Church of Ascension,
 13216 Detroit Ave.....8:30
PEARL-Corpus Christi Basement,
 4850 Pearl Road.....8:30
RAMONA-9721 Ramona Blvd.....8:30
SHAKER-Unitarian Church,
 Shaker and Belvoir Blvd.....9:00
SOUTH EAST-7526 Broadway.....8:30
TEMPLE-Temple Baptist, 7500 Cedar.....8:15
UNION-East View Congregational Church.....9:00
 Kinsman at E. 156th St
WEST 25th St.-Marvel Hall,
 2858 W. 25th St.....9:00
WOMEN'S-Westside-West Boulevard
 Christian Church, Madison and W. 101.....8:45
ELYRIA MEN-St. Agnes Church.....8:30
 Lake Road at Bath St., Elyria, O.
JEFFERSON, O.-St. Joseph's Church.....8:30
VERMILION-Congregational Church.....8:30
WILLOUGHBY, O.-Presbyterian Church 8:30

TUESDAY

ALCOHOLICS BARRACKS-1000 feet east
 of Warrensville Workhouse.....8:00
 ARCADE-Old Stone Church,
 Public Square, Ontario, entrance.....8:00
CLARK-1917 Clark Ave.....8:30
CLOVER--(Women)-E. 46th, So. of Scovill
 Portland-Outwaite Center.....8:30
CORLETT MEN'S-Lisy's Greenhouses,
 4141 E. 116th St.....8:30
 EAST SIDE WOMEN-1205 Euclid,
 Church of the Covenant.....8:00
EUCLID-WADE-Calvary Presbyterian
 Church, E. 79th and Euclid Ave.-J.....9:00
FAIRMOUNT-St. Paul's Episcopal,
 Fairmount and Coventry.....9:00
FAIRVIEW PARK-Fairview Grace
 Church, W. 224th and Lorain Ave.....9:00
HILLTOP-St. Joseph's Seminary,
 17608 Euclid Ave.....8:45
LAKE SHORE-Lakewood Congregational,
 1376 W. Clifton, corner Detroit.....9:00
MAY-LYND-Kenny King's Restaurant,
 May-Land Shopping Cen. Mayfield Hts.....8:30
MILES-LEE-Mt. Hope Lutheran Church,
 E. 164th, north of Miles Ave.....8:30
SMITH-WILSON-St. Joseph's School,
 9321 Orleans Ave.....8:30
SUPERIOR-N. 4th Presbyterian Church,
 E. 40th and Superior.....9:00
WEST PARK-Puritas Lutheran Church,
 Puritas Ave. and W. 135th St.....8:30
ASHTABULA O.-First Presbyterian Church,
 Church, No. Main St.....8:30 EST
ASHTABULA CONSOLIDATED-
 Methodist Church, South Broadway
 Geneva, Ohio-First Tuesday.....8:30
ASHTABULA-West-1320 Perryville Pl. 8:00
LAKE COUNTY-Fellowship Hall, Metho-
 dist Ch., Rt. 20, E. So. Wood, Mentor.....8:30
LORAIN CENTRAL-Lorain, O.
 Trinity Church.....8:30
MANSFIELD-Episcopal Church,
 41 Bowman St., Mansfield, O.....8:30 EST
MEDINA, O.-St. Paul's Epis. Par. Hse.....8:30
SANDUSKY, O. (Firelands)-First Pres-
 terian, Across from Post Office.....7:30
SHREVE-Shreve Armory,
 South St., Shreve, O.....8:30 EST
STRONGSVILLE-Town Hall.....8:30

WEDNESDAY

ALGAMERICAN Sportsmen, 1142 Buhner,
 3rd Wednesday each month.....8:30
BAXTER-8437 Broadway.....8:30
BEDFORD-Masonic Temple, Tarbell Ave. 8:30
BROOKLYN-K. of P. Hall,
 3316 Broadview, East of Pearl Rd.....8:30
C. E. Illuminating Co.,
 Room 355-Rear Building.....8:30
COLINWOOD-945 E. 152nd St.....8:30
DENISON MEN-7403 Denison Ave.
 (first Wednesday, joint meeting).....8:30
DOAN MEN-YMCA (University Circle),
 2055 E. 105th St., Second floor front, 8:30
EASTSIDE MORNING-9606 Euclid Ave.,
 Euclid Ave. Congre. (Side ent.) 10:30(a.m.)
GARFIELD HEIGHTS-Trinity Baptist,
 E. 94th and Garfield Blvd.....8:30
HAGUE-Grace Cong. Assembly Hall,
 West 65th and Colgate.....8:30

LAKEWOOD WOMEN-St. Peter's Episc'l
 18001 Detroit Ave. (corner Clifton) 8:30
LEE ROAD-First English Lutheran,
 Derbyshire and Euclid Hts. Blvd.....9:00
LORAIN AVE.-S.S. Philip & James Hall,
 3689 Bosworth Road.....9:00
REFRESHER TRAINING-Illuminating
 Ride, Rm. 335-Old Parcel Post Bldg.8:30
ST. JAMES-Mt. Calvary Baptist Church,
 E. 103rd and Cedar.....8:30
ST. MARY-400 North St., Chardon, O.....8:30
TWENTY-FOUR HOUR-13216 Detroit,
 Church of the Ascension.....8:30
WARRENSVILLE-Women's House Cor. 7:30
WEDNESDAY NIGHT DISCUSSION-
 (Stag) 1386 Ardenal Ave.....8:00

WEST SHORE-West Shore Unitarian,
 20401 Hilliard Rd., Rocky River.....8:30
WOMEN'S-Lorain County-St. Vincent De
 Paul Church, Detroit Rd., (Rt. 254 & 57).....8:30
ASHTABULA COUNTY WOMEN-Harris
 Memorial, W. 58th & Adams, Ashtabula
 Second and Fourth Wednesday.....7:30
CONNEAUT MEN-Conneaut, Ohio
 B. of L. E. Hall, Whitney Block, Main St.....8:30
ELYRIA, O.-St. Paul Building,
 Third and Middle, side entrance.....8:30
FAIRPORT HARBOR-Luther Center,
 525 Eagle St., Fairport Harbor, O.....8:00
INTERRACIAL-30th & Wood, Lorain, O.,
 Mt. Zion Baptist Church.....8:30
MANSFIELD-A. A. Clubrooms,
 40% No. Main, Mansfield, O.....8:30 EST
WICKLIFFE, O.-28917 Euclid (side-up) 8:30

THURSDAY

ALCOHOLICS BARRACKS-1000 feet east
 of Warrensville Workhouse.....8:00
ALLENDALE-St. Paul's Episcopal
 Church, 16837 Euclid Ave.....8:30
ANGLE-St. Malachi's Church,
 2549 Washington Ave.....8:30
BROADWAY-55th-Our Lady of Lourdes
 School Hall.....8:30
COVENTRY-Fairmount Presby. Church,
 Scarborough and Fairmount Blvd.....8:30
CRILE HOSPITAL-Library.....8:00
CROSSROADS-Bethany Presbyterian Church,
 W. 65th and Clinton.....9:00
EAST SHORE WOMEN-First Baptist Ch.,
 1565 Chardon Rd., near Euclid.....8:30
HAWTHORNDEN STATE HOSPITAL,
 Macedonia, O. Basement of New
 Employees Bldg.....8:00
OUTHWAITE-Garden Valley,
 7100 Kinsman Ave.....8:30
PARMA HEIGHT'00 Pearl Road,
 Laux Realty Basement (rear).....8:30
ROCKY RIVER-Rockport Methodist
 Church, 3310 Wooster Road.....9:00
ST. CLAIR-THURSDAY-Glenville Cong.
 Church, (side ent.) St. Clair & Eddy Rd.-9:00
WEST SIDE-7403 Denison Ave. 10:30 A.M.
AMHERST-St. Peter's Ev. & Ref. Church,
 Church St., North Amherst, O.....8:30
ASHLAND THURSDAY-I.O.O.F. Hall,
 302 Claremont, Ashland, O.....8:00 EST
BEREA-Fine Arts Club, E. Bagley Rd.,
 3 doors east of Eastland Rd.....9:00
EAST LAKE-Bethel Lutheran Church,
 32400 Vine St.....8:30
ASHTABULA HARBOR-1463 W. 5th 8:30
INDEPENDENCE, O.-St. John's Lutheran
 Hall, Second and Sunset.....9:00

FRIDAY

ANSEL ROAD-St. Thomas Church,
 9205 Superior Ave.....8:30
BROADWAY-HARVARD-4437 Broadway 9:00
CEDAR-Salvation Army, 5005 Euclid 8:15
CHARITY-Amphitheatre, 6th Floor,
 St. Vincent's Charity Hospital.....8:30
CLEVELAND WOMEN-Hotel Cleveland 6:00
EUCLID FRIDAY-Church of Epiphany,
 E. 210th and Lake Shore Blvd.....9:00
FRANKLIN-St. Paul's Church,
 W. 45 and Franklin.....8:30
FRIDAY AFTERNOON WOMEN-Piv-
 mouth Church, Coventry and Drexmore,
 Krumbine Room.....1:00
GORDON SQUARE-St. Helena's Hall,
 1367 W. 65th St.....9:00
LEE ROAD-American Legion Hall,
 Post 163, 15544 Euclid Ave.....9:00
NORTH EAST-Town House Motel,
 15661 Euclid Ave.....8:30
SOLIDARITY-Hubbard Memorial Center
 E. 84th and Cedar.....8:45
STELLA MARIS MIXED
 1320 Washington Ave.....8:15
TAPCO-23555 Euclid Ave.....9 P.M.
 Second Friday of each month
WEST SIDE YOUNG PEOPLE-
 Lkwd. Cong. Ch., 1375 W. Clifton.....9:00
AVON LAKE-First Congregational Church,
 32801 Electric Blvd.....8:45

BEREA-Social room of Berea Cong.
 Church, Seminary and Church.....8:30
CHAGRIN FALLS, O.-American Legion,
 E. Orange St.....8:30
CHARDON-Pilgrim Christian Church,
 113 South Street, Chardon, O.....9:00
ELYRIA (Mixed)-Alconon Club,
 345 Broad St., Elyria, Ohio.....8:30
CONNEAUT O. B. of L. E. Hall.....8:30
LAKE COUNTY-Mentor Christian Church,
 Route 20, Cor. Jackson, Mentor, O.....8:30
WELLINGTON-St. Patrick's Catholic
 Church, No. Main St., Wellington, O.....8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran
 Church, Cable at Broadway.....8:30
FOREST CITY-6619 Denison Ave.....9:00
JACK & HEINTZ-17600 Broadway.....8:30
LEAGUE PARK-St. Agnes School Hall,
 East 79th and Euclid Ave.....9:00
LIBERTY-945 E. 152nd St.....9:00
MAPLE HTS.-Luth. Church of Covenant,
 19000 Libby Rd., cor. Manie Hts. Blvd.....8:30
MATT TA LBOT-St. Philip Neri Church,
 E. 82nd and St. Clair.....8:30
MEMPHIS-Lakewood Congregational Ch.,
 1375 W. Clifton, Cor. Detroit Ave.....9:00
NORWALK TRUCK LINES,
 1147 E. 55th St., at Shore Drive.....9:00
PARMA-Ridgewood Savings & Loan,
 5950 Ridge Road.....8:45
PLAINS-Plains Methodist Ch., Mentor, O.,
 Lake Shore Blvd., W. of Route 306.....8:30
REDWOOD-Euclid Lutheran Church,
 E. 260th and Oriole.....8:30
OLON-Garfield Memorial Methodist,
 Cor. Lander Rd. and Route 422.....9:00
TRINITY-Trinity Evangelical Church,
 3525 W. 25th St.....9:00
VALLEY VIEW-Community Center,
 West 7th and Starkweather.....8:30
8005 GROUP-8005 Lorain Ave.....8:30
ASHTABULA O.-St. Peter's Episc. Church,
 Main Avenue at South Park.....8:30
ELYRIA SATNITE-Alconon Club,
 345 Broad Str., Elyria, O.....8:30
WEST RICHFIELD-Consolidated Church,
 Route 303, just west of Route 21.....9:00
WINDSOR, O.-Community Hall.....9:00

SUNDAY

ALCOHOLICS BARRACKS-1000 feet east
 of Warrensville Workhouse.....5:00
BEDFORD HEIGHTS-Village Hall,
 5661 Perkins Rd., Bedford Heights.....7:30
BROOKSIDE-Blessed Sacrament Church,
 Storer and Fulton (downstairs).....8:30
C.A.H. DISCUSSION-C.A.H. Clubrooms,
 7809 Euclid Avenue.....10:45 A.M.
COLLINWOOD-945 E. 152nd St.....7:30
DETROIT MIXED-8023 Detroit Ave.....8:30
GOLF LAKELANDS-Trinity Lutheran,
 Redbird & Chapel, No. Madison, O.....3:00
LAKEWOOD ARMORY
 1437 Wayne Ave., South of Detroit.....9:00
LORAIN COUNTY CONSOLIDATED-
 First Sunday of each month, Alconon
 Club, 345 E. Broad St., Elyria.....7:30
MARIA JOSEPH-Plasterers Hall,
 1651 E. 24th St., at Payne Ave.....1:00
MISTLETOE-St. Thomas Church,
 9205 Superior Ave.....7:00
NEWBURY-St. Helena's church, Rt. 87 8:15
NEWURGH-St. Catherine's Church,
 3443 E. 93rd St.....8:30
OUTHWAITE-Garden Valley,
 7106 Kinsman Ave.....4:30
STELLA MARIS-Sunday Training Meeting,
 1320 Washington Ave.....3:00
SUPERIOR STAG-8801 Superior.....11 A.M.
YOUR-Charter House, Euclid and 248.....7:15
TWILIGHT-Grange Hall, Rt. 60, Axle, O. 7:30
WARRENSVILLE-Cooley Farms
 Recreation Room.....10:00 A.M.
CHTPPEWA-SEVILLE-V.F.W. Hall,
 Seville, O.....8:30
GENEVA, O.-Legion Hall, Park St.,
 corner of So. Eagle.....7:30
DETROIT SUNDAY-
 8404 Detroit Avenue.....7:30 P.M.

ALANON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church,
 E. 79th and Euclid.....Tuesdays; 8:30
BETHANY-Bethany Presbyterian Church,
 6415 Clinton Ave.....Wednesdays, 8:30
SOUTH EAST-Maple Hts. Presb. Church,
 15715 Libby Road.....Tuesday, 8:00
CHARITY-St. Vincent Charity Hospital,
 E. 22nd and Central.....Friday, 8:30
AA CLEVELAND DISTRICT OFFICE
 205 Frederick Bldg., 2063 E. 4th St. CH 1-7387
1st TUESDAY EVERY MONTH
CENTRAL COMMUNITY
 Hanna Building, Room 370.....8:30

CENTRAL BULLETIN

UNSELFISHNESS • PURITY • LOVE
A.A.

Vol. XVII-No. 11

BOX 6712, CLEVELAND 1, OHIO

August, 1959

SUBSCRIPTION PRICE \$1.00 PER YEAR



TEN CENTS PER COPY

OUR ROLE IN LIFE

Let us think a bit about that famous metaphor of Shakespeare's that "all the world's a stage, and all the men and women merely players," because it has some application to those of us who are alcoholics.

It was natural for Shakespeare, the playwright, to think of life in terms of the theater. By extension it was natural for us when we were drinking to think of the world not only as a stage on which we could strut ourselves, proving to no one how important we were, but also as a playground.

We were incapable of taking life seriously. We merely waited in the wings for our cue and we went into the act again. The cue was any excuse that might be at hand for drinking. Things went wrong, as they were bound to do, and we play acted once more. The boss reproved us for a bad or careless piece of work and a few shots indicated how wrong the boss was and how right we were. The family was nagging. We were misunderstood. But in the make-believe world of alcohol there was no misunderstanding, there was no one to frustrate us with admonitions, there was only approval and appreciation.

We were seeking what the bard, in that same passage, called "the bubble reputation." It was empty. Sooner or later it was bound to burst. Only then did we come to realize that life is a stage only in a figure of speech, not in reality.

"* * *.one man in his time plays many parts," but how grotesque, how sorry, how ridiculous were the parts we played when we were under the illusions born of alcohol. What we had been doing by our actions was

a tale

*Told by an idiot, full of sound and fury;
Signifying nothing.*

Time, talent and energy had been wasted to little or no point. And we were idiots, in a manner of speaking. Elsewise we would have known that such a way of life was a delusion that could not be continued.

Now we have left that stage and come into the world we still have a part to play, a real role, not one of dress up and fantasy. To this task we should address ourselves with the greatest diligence to balance, as best we may, the lost years.

Once we read and understand the script, the part assigned to us, we are happy to discover how much more interesting is this real existence than the old. We are not figures of pasteboard and gauze and paint, but human beings. We are meant to face difficulties and problems and to shoulder responsibilities. We are capable, with the help of the Great Director, of facing and surmounting them.

At hand is the tried and tested script that will guide us through our part. It is entitled "The Twelve Steps." It cannot all be learned at once. It should be taken one or two at a time. And it is amazing how the earnest player can improvise on each step, enlarging it as new aspects are evoked by experience. It is an endless, challenging

(Continued on page two)

LIVING TESTIMONY

Visual proof that "AA works" was the privilege of nearly 250 members of AA who attended an Old Timers' meeting on July 30, under the auspices of the Independence Group.

At the speakers table were eleven men who helped lay the foundations of AA in the early stages and contributed greatly of their time and effort in fashioning the Twelve Steps and Twelve Traditions and giving this area the well-deserved title of "The Cradle of AA."

The first to speak was Abbie G., Cleveland, who travelled the thirty-five miles to Akron each week, with other Clevelanders, seeking an answer to their drinking problems. It was at Abbie's home that twenty to thirty Clevelanders assembled to form Cleveland's first group. Following him was venerable and stately John D., George McD., Warren C., Harry R., Wally L., Tom V., Paul S., Wilson S., each still active in the Cleveland area. One of the speakers was Wally G. of Akron, who was secretary of the King School Group of Akron, which was also the home group of co-founder Doctor Bob. Wally G. graciously introduced his unassuming sponsor, Bob E., who was in the audience and who modestly admitted to over twenty years of continuous sobriety. The final speaker was Mrs. Dudley H. of Toledo, who was the first secretary of the Cleveland AA District Office. She and her husband have each enjoyed over nineteen years of sobriety.

The meeting was presided over by Howard B., past delegate of the Northeastern Ohio General Service.

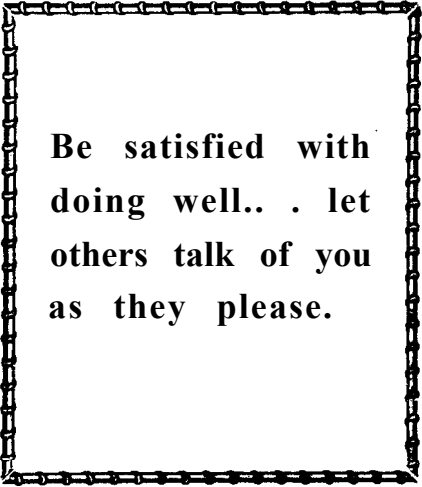
Howard, a baby in years in comparison to the impressive group at the table, observed his anniversary of seventeen years of continued sobriety. After a stirring tribute to the group surrounding him, Howard urged the assembly to hold fast to the principles developed by these men and to follow their example of being ready at all times to carry the message to the alcoholic. He urged full support of the General Services to enable our servants to carry the message to foreign lands, from where urgent appeals for help come every day, by letter in every tongue.

At the close of his talk he requested that all who had enjoyed over twenty years of sobriety rise. There were eight, who received a generous round of applause. There followed 16 with nineteen years; 11 with eighteen; 10 with seventeen; 14 with sixteen; 5 with fifteen; 12 with fourteen; 6 with thirteen; 2 with twelve; 1 with eleven; 6 with ten; 4 with nine; 3 with eight; 8 with seven; 6 with six; and such an amazing number with five that Howard gave up counting.

"It was a privilege and a thrill to attend this meeting." This was on everyone's lips. Accordingly Howard B. announced that the roundup would be made an annual affair at Independence.

In the audience were many newcomers to the program. Many of them expressed their amazement and awe as they sensed the common bond between them. One repeated a sentence expressed by one of the old timers: "I am just

(Continued on page two)



Be satisfied with
doing well. . . let
others talk of you
as they please.

OUR ROLE IN LIFE

(Continued from page one)

scenario that no man or woman can finish, for its lines run all through the balance of our lives and how we learn them will determine the ultimate role by which we will be remembered.

SPONSORSHIP AND HOSPITALIZATION

Your new Hospital Committee has been doing **spade-work** for several months, now. The committee has interviewed several operators of nursing homes and the response has been gratifying. They have questioned a number of sponsors familiar with nursing homes, also patients. The indicated results are, to the committee, rather astonishing.

It appears that a growing number of AA members are either unaware or unmindful of their responsibilities when they place a **problem** drinker in a nursing home. They may put the person in and make no further contact during his (or her) drying out period. Then they take the baby to a meeting or two, and feel that they have discharged their responsibilities.

Let's face it. There are some unfortunates (and they are most unfortunate) who are incapable of solving their problem, ever. There are some newcomers, or returnees whose desire and need for sobriety is so overwhelming that they are destined to succeed regardless of the quality of sponsorship, if any. Between these two extremes we find many persons whose **success** or failure depends on the influences, good or bad, many or few, strong or mild, to which they are subjected. Can you classify an alcoholic who still suffers and unerringly predict the outcome? The Hospital Committee does not know how to do so.

To sponsors who hospitalize their babies may we humbly remind you of your implicit promise to put the principles of AA into all of your daily affairs, and to earnestly carry the message to the alcoholic who still suffers. Drop in and see your baby each day, if at all possible. His physical- and mental condition is changing daily, and he needs your help. Since visitations are not as numerous as they should be, call a number of your friends and ask them to see your pigeon. After release from the hospital or nursing homes, take him to a number of meetings, introduce him to a number of people, urge him into activity and continue to be his trusted friend. We promise you that the dividends obtained from doing a good job, an industrious job, will be tremendous.

WHAT DO YOU BRING HOME?

It had been a pretty hectic day for Mrs. X. Everything had gone wrong. She had broken a favorite dish. the telephone was out of order, she'd had "words" with the neighbor, the baby had fallen out of his highchair, and now she had burned the dinner. Just at this crisis her husband appeared with a bouquet of flowers. "Oh, George," she cried, "I've had a miserable day and here you come home drunk!"

George wasn't drunk. But when a husband who had had an alcoholic problem, brings flowers home to his wife for the first time in five years, who can blame her for being surprised?

This story set me to thinking. We talk about bringing home the groceries-and the bacon. But does a husband and father's job end there? It seems to me there are other things he should bring home. Flowers, surprise gifts of all sorts, candy-little nifts that will make a wife's heart glow with happiness. Little surprises for the children. But still more than these, he should bring home laughter, kind words, love, encouragement, appreciation.

When your children press noses against windows looking for daddy, when your wife hums a song of joy in anticipation of your coming, with full confidence that you're coming home sober, and when your dog wags his tail at the sound of your step-then Mr. X, you are a success!

LIVING TESTIMONY

(Continued from page one)

as close to that drink as the newest man in the program, even after twenty years of sobriety. So I've got to keep up my Twelve Step work and continue to follow the Daily Plan if I want to retain my sobriety." This seemed incredible to him, and he questioned the man's sincerity.

We assured him that once given, this gift, which we certainly didn't deserve in the first place, our moral duty was to study it, practice it, live it and share it-daily! Of course this was predicated on the degree of desire he had. Twenty years seemed SUCH a long time!

It isn't the number of months or years of sobriety that are important. What does count is the evidence of gratitude in months and years of dedicated sharing of the understanding of the AA program and the living of it.

The meeting was a living testimonial to sobriety and AA.

THE TWO FACES OF WHISKEY

I give you some of the most wonderful whiskey that ever drove a skeleton from a feast or painted landscapes in the brain of man. It is the mingled souls of wheat and corn. In it you will find the sunshine and the shadow that chased each other over the billowy fields; the breath of June; the carol of the lark; the dews of night; the wealth of summer and autumns rich content all golden with imprisoned light. Drink it and you will hear the voices of men and maidens singing "Harvest Home" mingled with, the laughter of children. Drink it and you will feel within your blood the starlit dawn and the dreamy tawny dusk of many perfect days. For forty Years this liquid joy has been within the happy staves of oak, longing to touch the lips of man.

-Robert G. Ingersoll-1878.

I give you some of the most potent whiskey that ever brought a skeleton to a feast or painted nightmares in the brain of man. It is the twisted souls of wheat and corn. In it you will find no sunshine but only shadows that chase each other over the vanishing fields of memory; the breath of fear; the cry of pain; the horror of night; the death of hope; and love's lost content; all poisoned with its imprisoned blight. Drink it and you will hear the anguished voices of men and maidens wrecking their homes mingled with the crying of children. Drink it and you will feel within your blood the hellish, trembling dawn and the half-mad dusk of many tortured days. For forty years this poney liquid joy has been within the unhappy staves of oak longing to scorch the lips of man.

-J. S. Green-1948.

OBITUARIES

Edward F. Walker, who for the past three and a half years has been assistant manager of the Cleveland Alcoholic Hospital, passed away on July 12. He died of cancer. Ed was well known to many patients and visitors for his sincere interest in the welfare of his patients and there are many who are sober today who were counselled by him on the AA program.

Prior to being made assistant manager of the hospital, he served on the staff of the Cleveland Alcoholic Clinic for nearly twelve years.

He will be sorely missed.

Mrs. **Edwina Bigby**, one of the organizers of the Outhwaite group, in 1946, passed away on July 23. Though not an alcoholic herself, she was an enthusiastic and loyal worker with her husband, Harlan, who passed away a short time ago.

She and her husband helped form other nepro groups in other cities and were most effective counsellors.

We'll miss this very fine lady with her friendly smile at meetings.

AA DISTRICT OFFICE

Beginning with Saturday, September 5, the Cleveland AA District Office, 2063 East Fourth Street will be open Saturdays from 9 to 12 noon,

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Brooklyn-September sneakers: 2-Roy A., Brooklyn (his 13th anniversary); 9-Tony T., Brooklyn (his tenth anniversary); 16-Fran P., Northeast; 23-Marty R., East Shore Women; 30-Bill B., Norwalk Truck Lines.

Charity-September speakers: 4-Pete G., Parma; 11-Jim K., Newburgh; 18-Bill B., Norwalk Truck Lines; 25-Howard B., Independence.

Doan Men-September speakers: 2-Al S., League Park; 9-Fred F., Free lance; 16-Tom R., League Park; 23-Tom F., Northeast; 30-Paul R., Allendale.

Franklin-Xow meets in new location of St. Paul's Church at 3864 Woodbine Ave. at 8:30 p.m. September speakers: 4-John F., Forest City; 11-Jack G., Clark; 18-Vivian K., Clark; 25-Joe F., Hilltop.

Gordon Square-September speakers: 4-Eleanore P., Lakewood Armory; 11-Carl C., Akron-Kenmore; 18-Tom R., League Park; 25-Justin Z., Loudenville, O.

Hilltop-September speakers: 1-Tom A., Solidarity; 8-Milton B., Solidarity; 15-George G., Forest City; 22-Allen C., Memphis; 29-Elwood O., Forest City.

Lake County-September speakers: 1-Paul C., Euclid; 8-Russ B., Ashtabula, O.; 15-Bill S. East Akron; 22-Don K., St. Clair Thursday; 29-Chuck B., Girard, O.

Outhwaite Thursday-September speakers: 3-Charles S., Friday Lee; 10-Tony K., Smith-Wilson; 17-Tom N., Hilltop; 24-John D., Hilltop.

Outhwaite Sunday-September speakers: B-George W., Newburgh; 13-Al S., League Park; 20-William D.; 27-Jerry W., Angle.

Parma-September speakers: 5-Laverne and Dudley H., Toledo, O.; 12-Warren C., Sr., Lake Shore.

Pearl-September speakers: 1-Sigmund M., Pearl; 14-Joe W., Axtel; 21-Larry M., Northeast; 28-Earl B., Axtel.

Rocky River-September speakers: 3-Dorothy McA., Detroit Sunday; 10-Bob L., Independence; 17-Norm L., West Shore; 24-Pat McL., Clark.

Solon-Changed its name to Lander Circle group. It meets in Garfield Memorial Methodist Church, corner Lander Road and Route 422 at 9 p.m. Saturday.

Temple-September speakers: 7-Harry D., Edgelake; 14-Edward M., Heights; 21-Lu S., St. Clair-Thursday; 28-Howie L., Angle.

Trinity-September speakers: 5-Paul E., Cedar; 12-Neil C., Parma Heights; 19-Norman C., Parma Heights; 26-Mary R., Westside Women.

West Park-September speakers: 1-John Paul J., Stella Maris; 8-Dave S., Young People's; 15-Mary L., Angle; 22-George B., Lorain Ave. Wednesday; 29-Jack G., Pearl.

W. 25th St.-September speakers: 7-Fred F., Ansel Road; 14-Allen C., Memphis; 21-Bill F., Doan Men; 28-Steve L., Memphis.

Women's House of Correction-Hilda H., devoted secretary of this group which offers about the only incentive to women alcoholics who have been placed in this institution, many of whom can be inspired to a new purpose and new desire by some of the many women members of AA, makes an impassioned appeal for help in this great work which she has almost single-handedly conducted for many years. She pleads for women to attend the monthly closed sessions which are held on the last Wednesday of each month at 7:45 p.m. sharp at Warrensville. Many of these forgotten women in the institution can be made assets to the community if their outlook in life, without alcohol, can be altered. It's a challenge, but a worthy one. Speakers for September at the regular meetings are: 2-Ann B., Cleveland Women; 9-Frank K., Southeast; 16-Gus (the Baker) B., Baxter; 23-Vince E., Southeast. Billy M., Parma, will be the speaker and moderator at the "women only" meeting on the 30th.

Refresher-Training-September schedule: 2-Step and Tradition II, Bedford; 9-Step and Tradition III, Lakewood Men; 16-Step and Tradition IV, Westside Women; 23-Step and Tradition V, Lee Road Friday; 30-Step and Tradition VI, Orchard Grove. These meetings are held every Wednesday in the Cleveland Electric Illuminating Meeting Room No. 361, 55 Public Square, at 8:30 p.m.

GIGGLES

A lad of 13 was waiting to get in to a popular show when he was spied by one of his father's friends.

"Hello, Paul," said the man. "How did you happen to get here tonight, you lucky kid!"

"Oh, I came on my 'brother's ticket," said the boy.

"And where's your brother?"

"Home looking for his ticket, I suppose."

Sandy was feeling very ill. He staggered off to find a doctor. At last a sign caught his eye—"J. M. Jones, M.D. First visit, \$5.00—subsequent visits, \$3.00."

Into the office went Sandy and with out-stretched hand moaned, "Well, well, Doctor Jones—here I am again."

The courtroom was crowded as the judge finished his lecture to the defendant in a divorce case.

"So I've decided to give your wife \$50 per month," the Judge concluded.

The defendant's face lit up.

"That's swell, Judge," he smiled. "I'll try to slip her a couple of bucks now and then myself."

"What's the matter with your husband today?" the doctor inquired. "He looks awful-much worse than he did yesterday."

"It's your fault?" replied Mrs. Dooley. "You told me to give him anything that he craved for, didn't you?"

"Yes, I did," replied the doctor.

"Well, he craved for a fight — and believe me — he got it."

He: I've wanted to ask you a question for weeks.

She: And I've had the answer ready for months.

Racketeer: A capitalist who invests himself with other

NURSING HOMES THAT TREAT ALCOHOLICS

(This listing does not necessarily indicate endorsement or approval)

Al-Ju, Inc. (MW) 25707 Euclid Ave., Wixkcliffe, O WH 4-2244
Cleveland Alcoholic Hospital (MW) 7809 Euclid Ave.....EX 1-8998
Dorothy McCauliffe Alcoholic Clinic (MW) 8304 Detroit.....AT 1-3353
Farquharson's Home (M) 6037 Pearl Road, Parma TU S-1882
Keller's Nursing Home (M) S023 Detroit Ave ME 1-1635

Had a lot of fun at the XXX group last night. We had a fifteen minute talk and then played cards until 2 A. M.

You're skating on thin ice if you go to meetings just to be entertained. Watch out.



CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church
 Cor. Addison and Wade Park 8:30
 BORTON-E. Cleveland Congrega. Church,
 Page and Euclid Ave. 8:30
 BRECKSVILLE VETERANS HOSPITAL
 Broadview and Oakes 7:30
 EARLY-EARLY-Plasterers Union Hall,
 1651 E. 24th St. (near Payne Ave.) 7:00
 EDGELAKE-Rocky River Community Cen.,
 Wagar & Hilliard, Rocky River 8:30
 FRIENDLY SUBURBAN-6037 Pearl 8:00
 LAKEWOOD MEN'S-St. Peter's Episcopal,
 W. Clifton and Detroit 9:00
 LEE MONDAY-First Presbyter. Church,
 East Cleveland, Nela and Euclid 8:30
 LORAIN AVE.-St. Ignatius Hall,
 Lorain Ave. at West Blvd. 8:30
 ORCHARD GROVE-Church of Ascension,
 13216 Detroit Ave. 8:30
 PEARL-Corpus Christi Basement,
 4850 Pearl Road 8:30
 RAMONA-9721 Ramona Blvd. 8:30
 SHAKER-Unitarian Church,
 Shaker and Belvoir Blvd. 9:00
 SOUTH EAST-7526 Broadway 8:30
 TEMPLE-Temple Baptist, 7500 Cedar 8:15
 UNION-East View Congregational Church,
 Kinsman at E. 156th St. 9:00
 WEST 25th ST.-Marvel Hall,
 2858 W. 25th St. 9:00
 WOMEN'S-Weastside-West Boulevard
 Christian Church, Madison and W. 101 8:45
 ELYRIA MEN-St. Agnes Church,
 Lake Road at Bath St., Elyria, O. 8:30
 JEFFERSON. O.-St. Joseph's Church 8:30
 VERMILION-Congregational Church 8:30
 WILLOUGHBY. O.-Presbyterian Church 8:30

TUESDAY

ALCOHOLICS BARRACKS-1000 feet east
 of Warrensville Workhouse 8:00
 ARCADE-Old Stone Church,
 Public Square, Ontario entrance 8:00
 CLARK-1917 Clark Ave. 8:30
 CLOVER-(Women)-E. 46th, So. of Scovill
 Portland-Othwaite Center 8:30
 CORLETT MEN'S-Lisy's Greenhouses,
 4141 E. 116th St. 8:30
 EAST STDE WOMEN-11205 Euclid,
 Church of the Covenant 8:00
 EUCLID-WADE-Calvary Presbyterian
 Church, E. 79th and Euclid Ave. 9:00
 FAIRMOUNT-St. Paul's Episcopal,
 Fairmount and Coventry 9:00
 FAIRVIEW PARK-Fairview Grace
 Church, W. 224th and Lorain Ave. 9:00
 HILITOP-St. Joseph's Seminary,
 17608 Euclid Ave. 8:45
 LAKE SHORE-Lakewood Congregational,
 1376 W. Clifton, corner Detroit 9:00
 MAY-LYND-Kenny King's Restaurant,
 May-Land Shopping Cen. Mayfield Hts. 8:30
 MILES-LEF.Mt. Hope Lutheran Church,
 E. 164th, north of Miles Ave. 8:30
 SMITH-WILSON-St. Joseph's School,
 9321 Orleans Ave. 8:30
 SUPERIOR-N. 4th Presbyterian Church,
 E. 40th and Superior 9:00
 WEST PARK-Puritas Lutheran Church,
 Puritan Ave. and W. 138th St. 8:30
 ASHLAND. O.-First Presbyterian Church,
 Church and No. Main Street 8:00 EST
 ASHTABULA CONSOLIDATED-
 Methodist Church, South Broadway
 Geneva, Ohio-First Tuesday 8:30
 ASHTARULA-West-1320 Perryville Pl. 8:00
 LAKE COUNTY-Fellowship Hall, Metho-
 dist Ch., Rt. 20, E. So. Wood, Mentor 8:30
 LORAIN CENTRAL-Lorain, O. 8:30
 Trinity Church 8:30
 MANSFIELD-Episcopal Church,
 41 Bowman St., Mansfield, O. 8:30 EST
 MEDINA. O.-St. Paul's Epis. Par. Hse. 8:30
 SANDUSKY. O. (Firelands)-First Pres-
 byterian, Across from Post Office 7:30
 SHREVE-Shreve Armory,
 South St., Shrew, O. 8:30 EST
 STRONGSVJLLF-Town Hall 8:30

WEDNESDAY

ALL-AMERICAN Sportsmen, 1142 Buhner,
 3rd Wednesday each month 8:30
 RAXTER-8437 Broadway 8:30
 BEDFORD-Masonic Temple, Tarbell Ave. 8:30
 BROOKLYN-K. of P. Hall,
 3316 Broadview, East of Pearl Rd. 8:30
 C. E. I.-Illuminating Co.,
 Room 355-Rear Building 8:30
 COLLINWOOD-945 E. 152nd St. 8:30
 DENTSON MEN-7403 Denison Ave.
 (first Wednesday, joint meeting) 8:30
 DOAN MEN-YMCA (University Circle),
 2055 E. 105th St., Second floor front, 8:30
 EASTSIDE MORNING-9606 Euclid Ave.,
 Euclid Ave. Congre. (Side ent.) 10:30 a.m.
 GARFIELD HEIGHTS-Trinity Baptist,
 E. 94th and Garfield Blvd. 8:30
 HAGUE-Grace Cong. Assembly Hall,
 West 65th and Colgate 8:30

LAKEWOOD WOMEN-St. Peter's Episc^l
 18001 Detroit Ave. (corner Clifton) 8:30
 LEE ROAD-First English Lutheran,
 Derbyshire and Euclid Hts. Blvd. 9:00
 LORAIN AVE.-S.S. Philip & James Hall,
 3689 Bosworth Road 9:00
 REFRESHER TRAINING-Illuminating
 Bldg. (rear) Room 361. 55 Pub. Sq. 8:0
 ST. JAMES-Mt. Calvary Baptist Church,
 E. 103rd and Cedar 8:30
 ST. MARY-400 North S. Cbaridon. O. 8:30
 TWENTY-FOUR HOUR-13216 Detroit,
 Church of the Ascension 8:30
 WARRENSVILLE-Women's House Cor. 7:30
 WEDNESDAY NIGHT DISCUSSION-
 (Stag) 1386 Ardenal Ave. 8:00
 WEST SHORE-West Shore Unitarian,
 20401 Hilliard Rd., Rocky River 8:30
 WOMEN'S-Lorain County-St. Vincent De
 Paul Church, Detroit Rd., (Rt. 254 & 57) 8:30
 ASHTABULA COUNTY WOMEN-Harris
 Memorial, W. 58th & Adams, Ashtabula
 Second and Fourth Wednesday 7:30
 CONNEAUT MEN-Conneaut, Ohio
 B. of L.E. Hall, Whitney Block, Main St. 8:30
 ELYRIA. O.-St. Paul Building,
 Third and Middle, side entrance 8:30
 FAIRPORT HARBOR-Luther Center,
 525 Eagle St., Fairport Harbor, O. 8:00
 INTERRACIAL-30th & Wwd, Lorain, O.,
 Mt. Zion Baptist Church 8:30
 MANSFIELD-A. A. Clubrooms,
 40% No. Main, Mansfield, O. 8:30 EST
 WICKLIFFE. O.-28917 Euclid (side-up) 8:30

THURSDAY

ALCOHOLICS BARRACKS-1000 feet east
 of Warrensville Workhouse 8:00
 ALLENDALE-St. Paul's Episcopal
 Church, 15837 Euclid Ave. 8:30
 ANGLE-St. Malachias Church,
 2549 Washington Ave. 8:30
 BROADWAY-55th-Our Lady of Lourdes
 School Hall 8:30
 COVENTRY-Fairmount Presby. Church,
 Scarborough and Fairmount Blvd. 8:30
 CRILE HOSPITAL-Library 8:00
 CROSSROADS-Bethany Presbyterian Church,
 W. 65th and Clinton 9:00
 EAST SHORE WOMEN-First Baptist Ch.,
 1565 Chardon Rd., near Euclid 8:30
 HAWTHORNDEN STATE HOSPITAL,
 Macedonia, O. Basement of New
 Employees Bldg. 8:00
 OUTHWAITE-Garden Valley,
 7100 Kinsman Ave. 8:30
 PARMA HEIGHTS-6400 Pearl Road,
 Laux Realty Basement (rear) 8:30
 ROCKY RIVER-Rockport Methodist,
 Church, 3310 Wooster Road. 9:00
 ST. CLAIR-THURSDAY-Glenville Cong.
 Church, (side ent.) St. Clair & Eddy Rd. 9:00
 WEST SIDE-7403 Denison Ave. 10:30 A.M.
 AMHERST-St. Peter's Ev. & Ref. Church,
 Church St., North Amherst, O. 8:30
 ASHLAND THURSDAY-1.O.O.F. Hall,
 302 Claremont, Ashland, O. 8:00 EST
 BERXA-Fine Arts Club, E. Bagley Rd.,
 3 doors east of Eastland Rd. 9:00
 EAST LAKE-Bethel Lutheran Church,
 32400 Vine St. 8:30
 ASHTABULA HARBOR-1463 W. 5th 8:30
 INDEPENDENCE. O.-St. John's Lutheran
 Hall, Second and Sunset 9:00

FRIDAY

ANSEL ROAD-St. Thomas Church,
 9205 Superior Ave. 8:30
 BROADWAY-HARVARD-8437 Broadway 9:00
 CEDAR-Salvation Army, 5005 Euclid 8:15
 CHARITY-Amphitheatre, 6th Floor,
 St. Vincent's Charity Hospital 8:30
 CLEVELAND WOMEN-Hotel Cleveland 6:00
 EUCLID FRIDAY-Church of Epiphany,
 E. 210th and Lake Shore Blvd. 9:00
 FRANKLIN-3804 Woodbine Ave. 8:30
 FRIDAY AFTERNOON WOMEN-Ply-
 mouth Church, Coventry and Drexmore.
 Krumbine Room 1:00
 GORDON SQUARE-St. Helena's Hall,
 1367 W. 65th St. 9:00
 LEE ROAD-American Legion Hall,
 Post 163, 15544 Euclid Ave. 9:00
 NORTH EAST-Town House Motel,
 15661 Euclid Ave. 8:30
 SOLIDARITY-Hubbard Memorial Center
 E. 84th and Cedar 8:45
 STELLA MARIS MIXED
 1320 Washington Ave. 8:15
 TAPCO-23565 Euclid Ave. 9 p. m.
 Second Friday of each month
 WEST SIDE YOUNG PEOPLE-
 Lkwd. Cong. Ch., 1375 W. Clifton 9:00
 AVON LAKE-First Congregational Church,
 32801 Electric Blvd. 8:45
 BERE A-Social room of Berea Cong.
 Church, Seminary and Church 8:30
 CHAGRIN FALLS. O.-American Legion,
 E. Orange St. 8:30

CHARDON-Pilgrim Christian Church,
 113 South Street, Chardon, O. 9:00
 ELYRIA-St. Agnes Church, Lake & Bass 8:30
 CONNEAUT. O.-B. of L. E. Hall 8:30
 LAKE COUNTY-hlentor Christian Church,
 Route 20, Cor. Jackson, Mentor, O. 8:30
 WELLINGTON-St. Patrick's Catholic
 Church, No. Main St., Wellington, O. 8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran
 Church, Cable at Broadway 8:30
 FOREST CITY-6619 Denison Ave. 9:00
 JACK & HEINTZ-17600 Broadway 8:30
 LANDER CIRCLE-Garfield Mem. Methodist,
 Cor. Lander Rd. and Route 422 9:00
 LEAGUE PARK-St. Agnes School Hall,
 East 79th and Euclid Ave. 9:00
 LIBERTY-945 E. 152nd St. 9:00
 MAPLE HTS.-Luth. Church of Covenant,
 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
 MATT TALBOT-St. Philip Neri church,
 E. 82nd and St. Clair 8:30
 MEMPHIS-Lakewood Congregational Ch.,
 1375 W. Clifton, Cor. Detroit Ave. 9:00
 NORWALK TRUCK LINES-
 1147 E. 55th St., at Shore Drive 9:00
 PARMA-Ridgewood Savings & Loan,
 5950 Ridge Road 8:45
 PLAINS-Mentor Plains Methodist Church,
 Mentor, O., Routes 306 & 283 9:00
 REDWOOD-Euclid Lutheran Church,
 E. 260th and Oriole 8:30
 TRINITY-Trinity Evangelical Church,
 3525 W. 25th St. 9:00
 VALLEY VIEW-Unity Center,
 West 7th and Starkweather 8:30
 8005 GROUP-8005 Lorain Ave. 8:30
 ASHTABULA. O.-St. Peter's Episc. Church,
 Main Avenue at South Park 8:30
 ELYRIA SATNITE-Alconon Club,
 345 Broad Str., Elyria, O. 8:30
 MANSFIELD-AA Clubrooms,
 40% No. Main St., Mansfield, O. 8:30 EST
 WEST RICHFIELD-Consolidated Church,
 Route 303, just west of Route 21 9:00

SUNDAY

ALCOHOLICS BARRACKS-1000 feet east
 of Warrensville Workhouse 5:00
 BEDFORD HEIGHTS-Village Hall,
 5661 Perkins Rd., Bedford Heights 7:30
 BROOKSIDE-Blessed Sacrament Church,
 Storer and Fulton (downstairs) 8:30
 C.A.H. DISCUSSION-C.A.H. Clubrooms,
 7809 Euclid Avenue 10:45 A.M.
 COLLINWOOD-945 E. 152nd St. 7:30
 DETROIT MIXED-8023 Detroit Ave. 8:30
 GOLF LAKELANDS-Trinity Lutheran,
 Redbird & Chapel, No. Madison, O. 3:00
 J.AKEWOOD ARMORY
 1437 Wayne Ave., South of Detroit 9:00
 LORAIN COUNTY CONSOLIDATED-
 First Sunday of each month,
 Route 60, Axtel, Ohio 7:30
 MARIA JOSEPH-Plasterers Hall,
 1651 E. 24th St., at Payne Ave. 1:00
 MISTIFLOE-St. Thomas Church,
 9205 Superior Ave. 7:00
 NEWBURY-St. Helena's Church, Rt. 87 8:15
 NEWBURGH-St. Catherine's Church,
 3443 E. 93rd St. 8:30
 OUTHWAITE-Garden Valley,
 7106 Kinsman Ave. 4:30
 SUPERIOR STAG-8801 Superior 11 A.M.
 YOUR-Charter House, Euclid and 248 7:15
 TWTLTGH-Grange Hall, Rt. 60, Axle, O. 7:30
 WARENSVILLE-Cooley Farms
 Recreation Room 10:00 A.M.
 CHIPPEWA-SEVILLE-V.F.W. Hall,
 Seville, O. 8:30
 GENEVA. O.-Legion Hall, Park St.,
 corner of So. Eagle 7:30
 DETROIT SUNDAY-
 8304 Detroit Avenue 7:30 P. M.

ALANON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church,
 E. 79th and Euclid Tuesdays 8:30
 SOUTH EAST-Maple Hts. Presb. Church,
 15715 Libby Road Tuesday, 8:00
 BETHANY-Bethany Presbyterian Church,
 6415 Clinton Ave. Wednesday 8:30
 EUCLID-26851 Gary Ave. Wed. 8:00
 CHARTY-St. Vincent Charity Hospital,
 E. 22nd and Central Friday, 8:30

AA CLEVELAND DISTRICT OFFICE
 205 Frederick Bldg., 2063 E. 4th St. CH 1-7387
 1st TUESDAY EVERY MONTH
 CENTRAL COMMITTEE-
 Hanna Building, Room 370 8:30

CONSOL. MEETING
Sun. Oct. 18th
RAY HAINLINE - MAUMEE

BANQUET RECORDING OF CHAS. J. OF N.Y. AVAILABLE

CENTRAL BULLETIN

UNSELFISHNESS • HONESTY
PURITY • LOVE
A.A.

Vol. XVII-No. 12

BOX 6712, CLEVELAND 1, OHIO

September, 1959

SUBSCRIPTION PRICE \$1.00 PER YEAR



TEN CENTS PER COPY

LOOSE TALK@

I take my pen in hand to lodge a strenuous protest with some of my brethren who sound off without considering what they are saying or its impact on others, particularly the new man.

I refer to the old timer who, at the drop of a hat, spouts that shopworn shibboleth, "I am just as near a drink as the newest member in the group."

Naturally, being alkies, as we grow older in A. A. we wish to make like elder statesmen and come up with the wisecrack that is supposed to contain a germ of great truth, abut-incidentally-seldom does.

But if any man who has been in A. A. long enough to earn the appellation "Old Timer" is just as near a drink as a new man, all I have to say is he'd better go out and come back in again. He has been just going through the motions.

In the first place, this saying is probably a misquote to begin with. Someone probably said, "I am just as near a DRUNK as the new man-one drink away." That I'll buy. One drink and I'm a dead duck! But with our propensity to make wise and give off with the big important talk we perverted it to-"I'm as near a drink as the new man," simply because we didn't listen to hear what was actually said.

If I'm as near a drink as I was 12% years ago then God is a sham and A. A. is a hoax. The third step is so much double talk and I just wasted my time in taking inventory and making amends.

If I am as near a drink as I was in 1947 then you can tear up the eleventh step, or better still, use the paper on which it is written for a more practical and utilitarian purpose and as for twelfth step work-better I should have stood in bed.

When I pay my insurance premium I not only buy current protection but build up a reserve by way of extended insurance and dividends. If my attempts at honesty, truthfulness, love, the elimination of resentments, the removal of defects and helping others-feeble though they may have been-have not built up any reserves over the years then I'm engaged in a losing battle.

Furthermore, the experience of these years has taught me that I have a problem and that it is permanent. I know how it attacks. By arresting the problem I know what it is to get up without a hangover, to hear the phone ring without running to hide; to forget about foreclosures, the gas or lights being shut off and creditors at every door.

Above all, I have begun to get acquainted with me. I have regained my self respect. I have rediscovered my conscience and I have experienced the bounty of God.

You tell me these things are no protection against that first drink and I will tell you that not only are you ungrateful, you are sickeningly stupid — and nauseatingly nuts.

-A young Old Timer

HORIZONS

It was a warm day. The air lay heavy. The listless trees rustled now and then as a faint breath touched their foliage.

Gathered out of the sun under the protective canopy of Uncle Billy Summer's porch some of the lads were slicing up quite a wad of gripes.

The Old Timer was dozing in his favorite cane-bottom chair, tilted back against the store front, his heels hooked over the upper rung, his chin on his chest and his crusty, battered felt hat drawn low over his eyes. A faint thread of tobacco juice had settled in the fine lines coursing down across his stubbled, weatherbeaten face.

"A feller certainly hasn't got a chance in this burg," quoth one of the malcontents. "Nothin' has happened around here for fifty years. Might as well give up and quit."

The Old Timer opened a small slit in one eye and peeked out from under the brim of his hat.

"You're absolutely right," agreed another. "Bunch of old fogies and nitwits here that haven't had a new idea since the Civil War. Might as well be dead as live in a place like this."

The Old Timer brought his chair down with a clomp!

"Any you fellers ever dig a well?" he asked.

None had.

"By doggies, it's a funny thing—diggin' a well," he went on. "You're out on a patch of level ground with a shovel in yore hand and you can see a long ways in any direction. Everything looks bright and purty and nice. Then you start diggin'."

"Purty soon you're down a Soot or so and you notice you can't see quite so far. You go another foot and your horeyezon is getting closer all the time. First thing you know you're down over yer hed and yer horeyezon is almost at the edge of the hole."

The Old Timer shifted his cud. He continued.

"One time I wuz diggin' a well. Got down about 40 feet. I wuz going down the ladder once when the thing broke and I landed at the bottom-out cold as an iron wedge.

"When I come to I wuz layin' on my back lookin' straight up-and you know somethin'? That hole up at the top didn't look much bigger than a nickel. My horeyezon wuz zero.

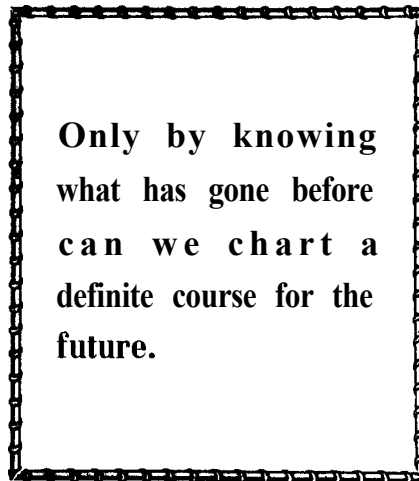
"I figger that's the trouble with a lot of us," the old gentleman concluded. "We waller out a hole of self pity so deep we practically bury ourselves. The more we feel sorry for ourselves the deeper the hole gits until purty soon we have shut off our horeyezons."

The Old Timer arose, flicked an imaginary speck of dust from the baggy knee of his over-worked denims (patently an idle gesture since soap and water was their crying need), shook his leg a couple of times and said,

"Reckon I better git over and see how Ma's makin' out. I left her diggin' post holes out back of the barn. Don't want her to git so het up she cramps her horeyezons!"

-Herschel G. H., Mansfield

(Continued on page two)



HORIZONS

(Continued from page one)

(Editor's note: There have been so many inquiries about the "Old-Timer" and why we haven't printed any of his quaint, colorful philosophy for some time that we visited him, found him at the village store in his customary position, and besought him to share his musings with his many Central Bulletin readers. He sends greetings to his unseen friends.)

LETS DO IT RIGHT

In the pamphlet entitled *A. A. Tradition-How It Developed*, Bill W. has this to say to sponsors who hospitalize an alcoholic:

"... The 'sponsor' helps make nospital arrangements, takes his man there, visits him frequently and sees that he is visited by other A. A.s (italics by your Hospital Committee) whose experience might be specially helpful. Hence a prospect so handled has received a powerful shot of A. A. and a good preview of what our fellowship is like before he ever goes to a meeting. At the hospital he has time to think his situation through, soberly, read our literature and exchange impressions with alcoholics who are going through the same process . . ."

Of course the foregoing excerpt assumes that a first-timer has been hospitalized along with other first-timers, and that all are being competently sponsored. We, the members of your Hospital Committee, know that such ideal conditions do not exist in the nursing homes in this area. The repeaters outnumber the first-timers several times over, and many of these do not have sponsors due to the exhausted patience of those who have tried to help them so often. In addition, there may be patients in the nursing homes who have no intention of becoming an A.A. member; they merely wish to dry out for the time being, or are reluctantly and temporarily yielding to the pressures of family, employer, creditor, doctor or probation officer.

The cold, hard fact is this: the nursing homes must accept all these patients or go out of business to avoid financial loss. We A. A. members have to accept this state of affairs, for it is one of the things we cannot readily change. It is apt to be depressing to a visitor, of course, to see the same faces reappearing in the same establishments so often. Yet it is an object lesson, a power of example, the type of example one does not wish to emulate. Also, it is a vital part of our implied obligation to make these visits, for we never know when the seeds we sow will fall on fertile ground and a woebegone unfortunate reclaimed through this priceless program. Above all else, when we sponsor a person in a nursing home, may God give us the grace to remember that the patient's health is changing daily and the clarity of his mind is changing, likewise. He needs to be visited by his sponsor daily, if at all possible, and he needs the many powers of example that a sponsor can persuade to visit him.

And may the thought repeatedly occur to us, "But for the grace of God . . ."

The Hospital Committee meets on the third Tuesday of each month in Room 401, Hanna Bldg. Harry H., Rocky River, will be the guest speaker at the Oct. 26 meeting.

CAPSULE GENERAL SERV. CONFERENCE

A conference-type panel will conduct a discussion meeting at St. Thomas Hospital, Nurses' Auditorium, Akron, on Friday, October 2, 8:30 P. M. Well known Ohio speakers will participate to bring you the same top-grade AA approach which has been so well received at Ohio State Conferences.

GRATITUDE SUNDAY

Gratitude Sunday (before Thanksgiving) Sunday, November 22, 3:00 p. m., in Hotel Cleveland, Main Ballroom. Sneaker will be Helen W. of New York and a terrific program. You'll be hearing much more about Gratitude Sunday, but in the meantime, plan to attend and plan to bring your coin folders . . . in gratitude.

GREATEST FORCE IN THE WORLD

The average person, asked to name the greatest force in the world, might well answer: The Atom, the H-bomb, Rocket Propulsion, or some such physical force.

We in AA know that the greatest force in the world is our God as we understand Him.

It is therefore not surprising to know that Dr. Norman Vincent Peale once said he believes AA to be "the greatest force in the world today for Peace." What an accolade from a non-AA and a churchman!

But, let's stop and think for a moment before we accept this compliment. How can I, an individual AA in Ohio, influence the Russians? Or how can my group, on the shores of Lake Erie, reach the hordes on the shores of the Yangtze River or the Nile?

The answer can be AA World Service. Please don't misunderstand and think we're trying to be missionaries. We're not! It's just that the shining example of one drunk extending a helping hand to another is a powerful example. We all know this.

Dr. Peale is a thought leader. He sees the beauty and power of AA here in the United States. Let's back up World Service, so that thought leaders and others elsewhere can see the beauty and power of AA. Then, who knows? Perhaps the H-bomb would be seen in its own puny light and cast aside.

OBITUARIES

Death summoned four of Cleveland's very active and devoted members during the past month. Each will be difficult to replace for each was a tireless, grateful member. Their example and their zeal should urge us all to greater effort to fill the great void their deaths have caused. They are:

Albert Earl Morse, on August 29, a member of Doan Men's group for fifteen years.

Chester Sulecki, on August 30, a member of Doan Men's group for sixteen years.

William Town, on August 25, a member of Doan Men's group for nineteen years.

Joseph Hendry, on September 15, founder of the St. James group and a member for eleven years.

They will never be forgotten.

BB OF AA

The seventh Annual Conference of BB of AA will be held on Sunday, October 11, at 2:30 p.m., in the YMCA Ballroom, W. Bowery and Center Sts., Akron, Ohio.

There will be an important business meeting. A number of interesting personalities will take part. A serious effort will be made to conclude the meeting at 4:30 p.m.

The Akron YMCA is located on the edge of the business area on Ohio State Route 5.

GUIDING STAR PICNIC

The Guiding Star group, which is made up of forty active members at the Ohio Reformatory for Women at Marysville, O., extends an invitation to women AAs to attend its first AA Picnic on Sunday, September 27, at 1 p.m., E.S.T.

Outside members may participate by bringing potato chips, pickles, olives or watermelon.

G I G G L E S

Psychiatrist: Why do you keep snapping your fingers?

Patient: It keeps the tigers away.

Psychiatrist: Why, there aren't any tigers within 6,000 miles of here.

Patient: It works, doesn't it?

* * *

"In time of trial," asked the preacher, "what brings the greatest comfort?"

"Acquittal." replied the voice of experience in the back of the room.

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Ashland Tuesday-Observes its fourth anniversary with a dinner meeting on Tuesday, October 6. As on previous occasions which annually attract over 200, the group will serve roast beef and ham, only requesting visitors to bring covered dishes to supplement the meat. However, if inconvenient, you may come without, as there will be plenty of food. The dinner starts promptly at 6:30 (slow time), 7:30 (E.S.T.), and will be held in the First Presbyterian Church, corner Third and Church Sts., Ashland, Ohio. The meeting will begin at 9 p.m. (E.S.T.) with Chuck W., Toledo, O., as guest speaker

Ashtabula Harbor-Changed its meeting place to North Ehd Club, corner Walnut Blvd. and Lake Ave., Ashtabula Harbor. They meet, Thursday evening at 8:30 p.m.

Brooklyn-October speakers: 1-Ralph B., Brooklyn (his 9th anniversary); 14-Bud M., Meadville, Pa.; 21-Mary L., Brooklyn (her 13th anniversary); 28-Joe K., Brooklyn (his 9th anniversary).

Charity-All October speakers hail from Akron. They are: 2-Al L.; 9-Sid R.; 16-Dr. Andy M.; 23-Maurice M.; 30-Louis C.

Crossroads-October speakers: 1-Hughie J., Angle; 8-Arlene R., Crossroads; 15-Third Anniversary meeting with Bill F., Doan Men, the guest speaker; 22-Dorothy U., Eastside Women; 29-Joe D., Bedford.

Detroit Sunday-October speakers: 4-Jack K., Lakewood Armory; 11-Tom M., Lakewood Armory; 18-Joe M., Lakewood Armory; 25-Frank S., Memphis.

Doan Men-October speakers: 7-Joe R., Lorain Monday; 14-Wm. McA., Angle; 21-Joe V., Valley View; 28-Ed J. C., Collinwood.

Euclid Morning Mixed-A new morning group is in operation. It meets every Tuesday at 10:30 a.m. in Euclid Christian Church, Lake Shore Blvd. and E. 280th St. The secretary is Clarence H.

Gordon Square-October speakers: 2-Tony W., Elyria Wednesday; S-John and Thelma P., East Akron; 16-Tom V., Borton; 23-Esther R., St. James; 30-Bob W., Crossroads.

Lake County-Observes its Fourth Anniversary on Tuesday, October 6, with Ed B., attorney, as guest speaker. He is a member of the Broadway-Harvard group. Everyone is welcome. The meeting will be held in Fellowship Hall, Mentor Methodist Church, corner Route 20 and Southwood. Mentor, O. Other October speakers are: 13-Jim D., Edgelake, Treasurer of N.E.O. General Service; 20-Anne C., Niles, O., Secretary N. E. O. G. S.; 27-Frank K., Union.

Lakewood Armory-October speakers: 4-Pete Y., Berea Thursday; 11-John T., 24 Hour; 18-John B., Rocky River; 25-Panel on General Service, Delegate Al L., Barberton, Howard B., Independence, and Joe M., Lakewood Armory.

Mistletoe-October speakers: 4-Lew C., Coventry; 11-Bill K., Superior; 18-Marge T., Collinwood; 25-Norm C., Parma.

Outhwaite Thursday-On and after October 1 the meetings will start at 8 p.m. October speakers: 1-A. H. T., Parma; 8-Jean C., Eastside Morning; 15-Betsy L., Forest City; 22-Ralph S., Forest City; 29-Al M., Outhwaite.

Outhwaite Sunday-October speakers: 4-Mose F., Outhwaite; 11-George G., Forest City; 18-Elwood O., Forest City; 25-Oscar C., Strongsville.

Parma-October speakers: 3-Felix R., Borton; 10-Harry H., Rocky River; 17-Phil B., Independence; 24-Woody McG., Parma; 31-Ruth V., Westside Women.

Rocky River-October speakers: 1-Tommy B., Fairview Park; 8-Ray T., Brecksville Veterans Hospital; 15-Don C., Rocky River (his first lead); 22-George and Ray DeL., Crossroads (father & son); 29-Fred D., Coventry.

St. Clair Thursday-Observes its Third Anniversary on October 29 with Harry D., Edgelake, as guest speaker. The affair will be held in Glenville Congregational Church, St. Clair and Eddy, at 8:30 p.m. Other October speakers: 1-Jim K., St. Clair Thursday (his first anniversary); 8-Dick C., Your; 15-John von V., Borton; 22-Walter K., Sr., Mistletoe. All regular meetings now start at 8:30 p.m.

Temple-October speakers: 5-John P. J., Stella Maris; 12-Whitey C., St. Clair Thursday; 19-John B., Rocky River; 26-Ira C. M., Outhwaite.

Trinity-October speakers: 3-William T., Pearl; 10-Bob W., Mistletoe; 17-Charlotte S., Shaker; 24-Arthur S., Orchard Grove; 31-Vern H., Detroit Sunday.

Trusty Hall-Formerly named the Alcoholic Barracks group, this group is doing effective work in the County's attempt to rehabilitate problem drinkers at Warrensville House of Correction with AA therapy. More AAs are needed to share their knowledge with the residents. They meet, in a regular meeting on Sundays at 5 p.m., and Tuesdays and Thursdays at 8 p.m. These meetings are for men only.

West Park-Observes its Fourteenth Anniversary on Tuesday, October 20, in Puritas Lutheran Church, Puritas and W. 130th St., at 8:30 p.m. Guest, speaker will be Johnny H., Doan Men. Other October speakers: 6-Jay W., Edgelake; 13-Pauline C., League Park; 27-Larry O'C., Arcade.

West 25th-Observes its Eighteenth Anniversary on Monday, October 19, in Marvel Hall, 2858 W. 25th St. Fine speaker and door prizes. Other October speakers: 5-Esther R., St. James; 12-Ed C., Collinwood; 26-Howie L., Angle.

Women's House of Correction-All speakers for October are members of the Brooklyn group. They are: 7-Mary L.; 14-Cathy D.; 21-Freda L.; 28-Helen B. All meetings are open meetings except, the last meeting each month which are for women only. Visitors are urgently needed to ignite the spark of desire for life without alcohol in these neglected inmates.

Refresher-Training Meeting-Now meets at 8 p.m., Room 361, Illuminating St. Clair Building (just behind new building) October schedule: 7-Step & Tradition VII, Elyria Saturday Panel; 14-Step & Tradition VIII, Friday Afternoon Women; 21-Step & Tradition IX, Lee Monday; 28-Step & Tradition X, Westside Young People.

FALL CONSOLIDATED MEETING
Sunday, October 18, 1959, 4 p.m.

Jordan Hall, St. Vincent's Charity Hospital

A former Clevelander, now a resident and active AA worker in the Toledo area! Ray H., Maumee, will be the speaker at the Fall Consolidated meeting conducted under the auspices of Central Committee, on Sunday afternoon, October 18, at four o'clock in Jordan Hall of St. Vincent's Charity Hospital, East 22nd and Central Ave.

This meeting accords AAs from every sector of the area to meet old friends and to make new ones, besides hearing a most capable speaker.

INTERGROUP BANQUET RECORDING
AVAILABLE

Tape recordings of the memorable talk given by Charles J. of New York at the recent, annual Intergroup Dinner in the Cleveland Hotel are available at the Cleveland AA District Office, 2063 E. 4th St. He is the author of the best seller, "The Lost Weekend."

NURSING HOMES THAT TREAT ALCOHOLICS

(This listing does not necessarily indicate endorsement or approval)
Al-Ju, Inc. (MW) 28707 Euclid Ave., Wickliffe, O WH 4-2244
Cleveland Alcoholic Hospital (MW) 7809 Euclid Ave.....EX 1-8998
Dorothy McCauliffe Alcoholic Clinic (MW) 8304 Detroit...AT 1-3353
Farquharson's Home (M) 6037 Pearl Road, Parma TU S-1882
Keller's Nursing Home (M) 8023 Detroit Ave ME 1-1635

CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church, Cor. Addison and Wade Park 8:30
 BORTON-E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
 BRECKSVILLE VETERANS HOSPITAL, Broadview and Oakes 7:30
 EARLY EATLY-Plasterers Union Hall, 1651 E. 24th St. (near Payne Ave.) 7:00
 EDGELAKE-Rocky River Community Cen., Wagar & Hilliard, Rocky River 8:30
 FRIENDLY SUBURBAN-6037 Pearl 8:00
 LAKEWOOD MEN'S-St. Peter's Episcopal, W. Clifton and Detroit 9:00
 LEE MONDAY-First Presbyter. Church, East Cleveland, Nela and Euclid 8:30
 LORAIN AVE.-St. Ignatius Hall, Lorain Ave. at West Blvd. 8:30
 ORCHARD GROVE-Church of Ascension, 13216 Detroit Ave. 8:30
 PEARL-Corpus Christi Basement, 4850 Pearl Road 8:30
 RAMONA-9721 Ramona Blvd. 8:30
 SHAKER-Unitarian Church, Shaker and Belvoir Blvd. 9:00
 SOUTH EAST-7526 Broadway 8:30
 TEMPLE-Temple Baptist, 7500 Cedar 8:15
 UNION-East View Congregational Church, Kingsman at E. 156th St. 9:00
 WEST 25th ST.-Marvel Hall, 2858 W. 25th St. 9:00
 WOMEN'S-Westside-West Boulevard Christian Church, Madison and W. 101 8:45
 ELYRIA MEN-St. Agnes Church, Lake Road at Bath St., Elyria, O. 8:30
 JEFFERSON, O.-St. Joseph's Church 8:30
 VERMILION-Congregational Church 8:30
 WILLOUGHBY, O.-Presbyterian Church 8:30

TUESDAY

ARCADE-Old Stone Church, Public Square, Ontario entrance 8:00
 CLARK-1917 Clark Ave. 8:30
 CLOVER-(Women)-E. 46th, So. of Scovill Portland-Outwaite Center 8:30
 CORLETT MEN'S-Lisy's Greenhouses, 4141 E. 116th St. 9:00
 EAST SIDE WOMEN-11205 Euclid, Church of the Covenant 8:00
 EUCLID MORNING (Mixed)-Lake Shore & 280th, Euclid Christian Ch. 10:30 a.m.
 EUCLID-WADE-Calvary Presbyterian Church, E. 79th and Euclid Ave. 9:00
 FAIRMOUNT-St. Paul's Episcopal, Fairmount and Coventry 9:00
 FAIRVIEW PARK-Fairview Grace Church, W. 224th and Lorain Ave. 9:00
 HILLTOP-St. Joseph's Seminary, 17608 Euclid Ave. 8:45
 LAKE SHORE-Lakewood Congregational, 1076 W. Clifton, corner Detroit 9:00
 MAY-LYND-Kenny King's Restaurant, May-Land Shopping Cen. Mayfield Hts. 8:30
 MILLS-LEE-Mt. How Lutheran Church, E. 164th north of Miles Ave. 8:30
 SMITH-WILSON-St. Joseph's School, 9321 Orleans Ave. 8:30
 SUPERIOR-N. 4th Presbyterian Church, E. 40th and Superior 9:00
 TRUSTY-Cleveland House of Correction, 1000 feet east of House of Correction 8:00
 WEST PARK-Puritas Lutheran Church, Puritas Ave. and W. 138th St. 8:30
 ASHLAND, O.-First Presbyterian Church, Church and No. Main Street 8:00 EST
 ASHTABULA CONSOLIDATED-Methodist Church, South Broadway Geneva, Ohio-First Tuesday 8:30
 ASHTABULA-West-1320 Perryville Pl. 8:00
 LAKE COUNTY-Fellowship Hall Methodist Ch., Rt. E. So. Wood, Mentor 8:30
 LORAIN CENTRAL-Lorain, O. Trinity Church 8:30
 MANSFIELD-Episcopal Church, 41 Bowman St., Mansfield, O. 8:30 EST
 MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
 SANDUSKY, O. (Firelands)-First Presbyterian, Across from Post Office 7:30
 SHREVE-Shreve Armory, South St., Shreve, O. 8:30 EST
 STRONGSVILLE-Town Hall 8:30

WEDNESDAY

ALL-AMERICAN Sportsmen, 1142 Buhner, 3rd Wednesday each month 8:30
 RAXTER-8437 Broadway 8:30
 BEDFORD-Masonic Temple, Tarbell Ave. 8:30
 RRC-VOKCYN, 3316 Broadview, East of Pearl Rd. 8:30
 C. F. Y.-Illuminating Co., Room 361, 55 Public Square (rear) 8:00
 COTLINWOOD-945 E. 152nd St. 8:30
 DENISON MEN-7403 Denison Ave. (first Wednesday, joint meeting) 8:30
 DOAN MEN-YMCA (University Circle), 2055 E. 105th St., Second floor front, 8:30
 EASTSIDE MORNING-9606 Euclid Ave., Euclid Ave. Congre. (Side ent.) 10:30 a.m.
 GARFIELD HEIGHTS-Trinity Baptist, E. 94th and Garfield Blvd. 8:30

HAGUE-Grace Cong. Assembly Hall, West 65th and Colgate 8:30
 LAKEWOOD WOMEN-St. Peter's Episc. 18001 Detroit Ave. (corner Clifton) 8:30
 LEE ROAD-First English Lutheran, Derbyshire and Euclid Htr. Blvd. 9:00
 LORAIN AVE.-S.S. Philip, & James Hall, 3689 Bosworth Road 9:00
 REFRESHER TRAINING-Illuminating Bldg. (rear) Room 361, 55 Public Sq. 8:00
 ST. JAMES-Mt. Calvary Baptist Church, E. 103rd and Cedar 8:30
 ST. MARY-400 North St., Chardon, O. 8:30
 TWENTY-FOUR HOUR-13216 Detroit, Church of the Ascension 8:30
 WARRENSVILLE-Women's House Cor. 7:30
 WEDNESDAY NIGHT DISCUSSION-(Stage) 1386 Ardenal Ave. 8:00
 WEST SHORE-West Shore Unitarian, 20401 Hilliard Rd., Rocky River 8:30
 WOMEN'S-Lorain County-St. Vincent De Paul Church, Detroit Rd. (Rt. 254 & 57) 8:30
 ASHTABULA COUNTY WOMEN-Harris Memorial, W. 58th & Adams, Ashtabula Second and Fourth Wednesday 7:30
 CONNEAUT MEN-Conneaut, Ohio B. of LE. Hall, Whitney Block, Main St. 5:30
 ELYRIA, O.-St. Paul Building, Third and Middle, side entrance 8:30
 FAIRPORT HARBOR-Luther Center, 525 Eagle St., Fairport Harbor, O. 8:00
 INTERRACIAL-30th & Wood, Lorain, O., Mt. Zion Baptist Church 8:30
 MANSFIELD-A. A. Clubrooms, 40% No. Main, Mansfield, O. 8:30 EST
 WICKLIFFE, O.-28917 Euclid (side-up) 8:30

THURSDAY

ALLENDALE-St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
 ANGLE-St. Malachi's Church, 2549 Washington Ave. 8:30
 BROADWAY-55th-Our Lady of Lourdes School Hall 8:30
 COVENTRY-Fairmount Presby. Church, Scarborough and Fairmount Blvd. 8:30
 CRILE HOSPITAL-Library 8:00
 CROSSROADS-Bethany Presbyterian Church, W. 65th and Clinton 9:00
 EAST SHORE WOMEN-First Baptist Ch., 1565 Chardon Rd., near Euclid 8:30
 HAWTHORN DEN STATE HOSPITAL, Macedonia, O., Basement of New Employees Bldg. 8:00
 OUTHWAITE-Garden Valley, 7100 Kinsman Ave. 8:00
 PARMA HEIGHT-00 Pearl Road, Laux Realty Basement (rear) 8:30
 ROCKY RIVER-Rockport Methodist, Church, 3310 Wooster Road 9:00
 ST. CLAIR-THURSDAY-Glenville Cong. Church, (side ent.) St. Clair & Edg. 8:30
 TRUSTY-Cleveland House of Correction, 1000 feet east of House of Correction 8:00
 WEST SIDE-7403 Denim Ave. 10:30 A.M.
 AMHERST-St. Peter's Ev. & Ref. Church, Church St., North Amherst, O. 8:30
 ASHLAND THURSDAY-I.O.O.F. Hall, 302 Claremont, Ashland, O. 8:00 EST
 ASHTABULA HARBOR-North End Club, Corner Walnut Blvd. & Lake Ave. 8:30
 REREA-Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland Rd. 9:00
 EAST LAKE-Bethel Lutheran Church, 32400 Vine St. 8:30
 INDEPENDENCE, O.-St. John's Lutheran Hall, Second and Sunset 9:00

FRIDAY

ANSEL ROAD-St. Thomas Church, 9205 Superior Ave. 8:30
 BROADWAY-HARVARD-8437 Broadway 9:00
 CEDAR-Salvation Army, 5005 Euclid 8:15
 CHARITY-Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
 CLEVELAND WOMEN-Hotel Cleveland 6:00
 EUCLID FRIDAY-Church of Epiphany, E. 210th and Lake Shore Blvd. 9:00
 FRANKLIN-3804 Woodbine Ave. 8:30
 FRIDAY AFTERNOON WOMEN-Plymouth Church, Coventry and Drexmore, Krumbine Room 1:00
 GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St. 9:00
 LEE ROAD-American Legion Hall, Post 163, 15544 Euclid Ave. 9:00
 NORTH EAST-Town House Motel, 15661 Euclid Ave. 8:30
 SOLIDARITY-Hubbard Memorial Center E. 84th and Cedar 8:45
 STELLA MARTIS MIXED, 1320 Washington Ave. 8:15
 TAPCO-23565 Euclid Ave. 9 p.m. Second Friday of each month
 WEST SIDE YOUNG PEOPLE-Lkwd. Cong. Ch., 1375 W. Clifton 9:00
 AVON LAKE-First Congregational Church, 32801 Electric Blvd. 8:45
 BEREA-Social room of Berea Cong. Church, Seminary and Church 8:30

CHAGRIN FALLS, O.-American Legion, E. Orange St. 8:30
 CHARDON-Pilgrim Christian Church, 113 South Street, Chardon, O. 9:00
 ELYRIA-St. Agnes Church, Lake & Bass 8:30
 CONNEAUT, O.-B. of L. E. Hall 8:30
 LAKE COUNTY-Mentor Christian Church, Route 20, Cor. Jackson, Mentor, O. 8:30
 WELLINGTON-St. Patrick's Catholic Church, No. Main St., Wellington, O. 8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran Church, Cable at Broad 8:30
 FOREST CITY-4619 Denison Ave. 9:00
 JACK & HEINTZ-17600 Broadway 8:30
 LANDER CIRCLE-Garfield Mem. Methodist, Cor. Lander Rd. and Route 422 9:00
 LEAGUE PARK-St. Agnes School Hall, East 79th and Euclid Ave. 9:00
 LIBERTY-945 E. 152nd St. 9:00
 MAPLE HTS.-Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
 MATT TA LBOT-St. Philip Neri Church, E. 82nd and St. Clair 8:30
 MEMPHIS-Lakewood Congregational Ch., 1375 W. Clifton, Cor. Detroit Ave. 9:00
 NORWALK TRUCK LINES-1147 E. 55th St., at Shore Drive 9:00
 PARMA-Ridgewood Savings & Loan, 5950 Ridge Road 8:45
 PLAINS-Mentor Plains Methodist Church, Mentor, O., Routes 306 & 283 9:00
 REDWOOD-Euclid Lutheran Church, E. 260th and Oriole 8:30
 TRINITY-Trinity Evangelical Church, 3525 W. 25th St. 9:00
 VALLEY VIEW-Community Cants., West 7th and Starkweather 8:30
 8005 GROUP-8005 Lorain Ave. 8:30
 ASHTABULA, O.-St. Peter's Episc. Church, Main Avenue at South Park 8:30
 ELYRIA SATINITE-Alconon Club, 345 Broad Str., Elyria, O. 8:30
 MANSFIELD-AA Clubrooms, 40 1/2 No. Main St., Mansfield, O. 8:30 EST
 WEST RICHFIELD-Consolidated Church, Route 303, just west of Route 21 9:00

SUNDAY

BEDFORD HEIGHTS-Village Hall, 5661 Perkins Rd., Bedford Heights 7:30
 BROOKSIDE-Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
 C.A.H. DISCUSSION-C.A.H. Clubrooms, 7809 Euclid Avenue, 10:45 A.M.
 COTLINWOOD-945 E. 152nd St. 7:30
 DETROIT MIXED-8023 Detroit Ave. 8:30
 DETROIT SUNDAY-8304 Detroit Avenue 7:30 P.M.
 GOLF LAKELANDS-Trinity Lutheran, Redbird & Chapel, No. Madison, O. 8:00
 LAKEWOOD ARMORY, 1437 Wayne Ave., South of Detroit 9:00
 LORAIN COUNTY CONSOLIDATED-First Sunday of each month, Route 60, Axtel, Ohio 7:30
 MARIA JOSEPH-Plasterers Hall, 1651 E. 24th St., at Payne Ave. 1:00
 MISTLETOE-St. Thomas Church, 9205 Superior Ave. 7:00
 NFWURV-St. Helena's church, Rt. 87 8:15
 NEWBURGH-St. Catherine's Church, 1443 E. 93rd St. 8:30
 OUTHWAITE-Garden Valley, 7106 Kinsman Ave. 4:30
 SUPERIOR STAG-8801 Superior 11 A.M.
 TRUSTY-Cleveland House of Correction, 1000 feet east of House of Correction 5:00
 YOUR-Charter House, Euclid and 248 7:15
 TWILIGHT-Grange Hall, Rt. 60, Axle, O. 7:30
 WARRENSVILLE-Cooley Farms, Recreation Room 10:00 A.M.
 CHTPPXWA-SEVILLE-V.F.W. Hall, Seville, O. 8:30
 GENEVA, O.-Legion Hall, Park St., corner of So. Eagle 7:30

ALANON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church, E. 79th and Euclid Tuesdays 8:30
 SOUTH EAST-Maple Hts. Presb. Church, 1571.5 Libby Road Tuesday, 8:00
 BETHANY-Bethany Presbyterian Church, 6415 Clinton Ave. Wednesday 8:30
 EUCLID-26851 Gary Ave. Wednesday, 8:00
 CHARITY-St. Vincent Charity Hospital, E. 22nd and Central Friday 8:30
 A.4 CLEVELAND DISTRICT OFFICE, 205 Frederick Bldg., 2063 E. 4th St. CH 1-7387
 1st TUESDAY EVERY MONTH
 CENTRAL COMMITTEE-Hanna Building, Room 401 8:30
 3rd TUESDAY EVERY MONTH
 ROSPITAL COMMITTEE-Hanna Building, Room 401 8:30

CENTRAL BULLETIN

UNSELFISHNESS • HONESTY
PURITY • LOVE
A.A.
Rollie H.

Vol. XVIII-No. 1

BOX 6712, CLEVELAND 1, OHIO

October, 1959

SUBSCRIPTION PRICE \$1.00 PER YEAR

15

TEN CENTS PER COPY

THE PRICE WE PAY

Experience certainly teaches the alcoholic that as he does to others so shall he be done by. This ancient law applies to all men, but its operation seems more pertinent to those of us who blindly, in our illness, disrupted the lives of others as well as our own.

This perception may be sharper on our part because we were so totally thoughtless of others in our drinking days that, once we have regained our sanity, and take others into consideration, the contrast is startling.

We recall, with a contrite heart, that one of the complaints against us, in addition to the stock ones of wasting the family substance and rowdy conduct, was that we gave those around us no peace. This justifiable indictment referred not only to our habit of destroying all peace of mind, but the physical quiet as well.

With sobriety comes repayment in our own spurious coin.

Our wives and children fretted and worried about our drinking. Now we fret and worry about the drinking of that prospect we have been asked to help. Sometimes this headache will continue for weeks and months. We get just a small taste of what it was like for our families when we were active alcoholics. It is a small enough price to pay, for those we are aiding do not have the ties of blood relationship, yet we are deeply concerned about them.

Sometimes it works out that that peace of mind which we denied others is also denied us. We find things to kick about in the way other people do things. We wish to think and meditate but the other members of the family are making too much noise. They often seem to be pre-occupied with trivia when we wish to think big thoughts. We become annoyed. We may even sink into a dry binge as a consequence.

Yet, this too, is part of the repayment. We sometimes get the strong impression that we do not have to wait for any judgment day to balance accounts. We believe it is sometimes done in this life.

Here is the test. If we give way to these gloomy thoughts, if we cannot take it just as well as we gave—thoughtless though we may have been then—we are in for trouble.

We are being done by and too often we think we are being hard done by. But thoughts govern actions. Lack of thoughts also pave the way for actions as when we wallowed along in drunkenness.

The thing now is to muster our thoughts of a positive nature and roll with the punch instead of allowing it to floor us. This is what the Twelve Steps teach. This is the nub of the philosophy of changing the things we can and accommodating ourselves to those things we cannot change.

Did you ever notice how many times the individual who scoffs at or mocks the weakness of another for "slipping" is himself the victim of a slip before long? Uncharitable thinking, like a geiger counter, forecasts

(Continued on page two)

STUMBLING BLOCK?@

One of the most difficult decisions a prospect the AA Fellowship has to make is to admit that he is an alcoholic. When he is in such a mess of trouble from which he cannot disentangle himself, and constant recourse to the bottle for relief only accentuates his entanglements, he finally makes what he calls a "complete surrender" and appeals to AA for help.

Depending on the quality, zeal and integrity of his sponsor, his health is restored, his fears are allayed, his habits become more orderly, his time is more sensibly regimented and his interests have been changed.

He is persuaded, through gratitude to his sponsor, to attend meetings regularly, to listen and so absorb the philosophy of AA. He is urged to read the Big Book and other AA literature and to apply the Twelve Steps in his program of recovery.

During the first months he attends meetings mechanically, and in most instances with little enthusiasm. He listens to a variety of speakers, who, in the reciting of their stories, begin planting seeds of doubt in his mind as to whether he belongs in this league . . . whether he really is an alcoholic.

To be sure, he will admit, he had a drinking problem. But this problem was brought on by all the trouble which had led to it. He hadn't lost his job or his home, however. His wife hadn't left him. He had spent little time in jail — just overnight once or twice. Maybe after all he had been a little impetuous in joining.

To have to openly admit in public, to his friends and relatives and business associates that he was an alcoholic!!! NEVER!!! Why, he would lose their respect and friendship! He would be branded! People would TALK about him! He'd be ruined!

The stark fear which engulfed him and the helplessness which was his lot when he asked for help was but a dim memory—a nightmare which he had weathered successfully. Meetings were becoming a bore. He and the other members of the group had little in common. So he began to manufacture excuses to miss meetings and finally stopped going altogether.

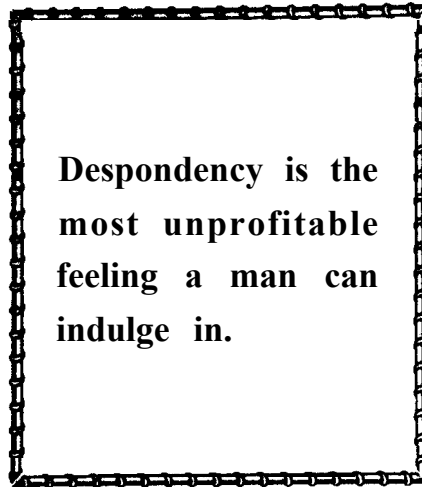
He began associating with his old companions again, not drinking anything stronger than Coca Cola or ginger-ale, weathering the good natured razzing and even ridicule of his drinking pals. But, to prove that AA was wrong about judging him to be an alcoholic, he continued to fraternize with them.

But he felt himself out of tune. They were happy and gay while he was out in left field—an outsider. They were free and he, poor he, felt shackled with a slowly ebbing feeling of guilt which he began to resent.

His temper was becoming short. Little things irritated him. His family was beginning to look worried again. His wife was urging him to attend AA meetings again, or at least to give his former sponsor a ring. She reminded him that he hadn't returned his several calls. This, too, infuriated him.

Then came the storm! After a series of incidents which

(Continued on page two)



STUMBLING BLOCK

(Continued from page one)

piled up on him, he got drunk. Oh, he hadn't intended to drink so much . . . but he did! And he stayed drunk for a week again, angrily refusing to heed his wife's pleading that he call his sponsor!

"I'm NOT an alcoholic, I tell you," he stormed. "I'll handle this myself. Just let me alone! And don't you dare call Bill! If he comes, I won't talk to him!"

Famous last words! That stumbling block to so many! **ALCOHOLIC! ALCOHOLIC!** Pride-false pride—**ignorance**, misunderstanding, **rebelliousness**, all lead to destruction, when just a simple reading of Step I with an open, honest mind could prevent so many pratfalls!

"I admit that I am powerless over alcohol and my life has become unmanageable." Notice? Not a word about needing to admit that you're an alcoholic!

NOT ALL TASKS ARE EASY

There are tasks for all of us in AA, and most of us do what we are asked to do as well as we can. So far, so good. Being human, though, we tend to "pick our job," to be available for what we want to do or are **willing to do**, and avoiding that which does not interest us or is **distasteful** to us. Is this situation entirely wholesome?

Let's reminisce for a moment. Admitting that we were powerless, that we were licked, was one of the toughest jobs we ever had to do. But we did it; we wouldn't be here to stay if we hadn't. Turning our wills and our lives over to God as we understood him was tremendously hard for many of us. It completely contradicted many years of "rugged individualism." Yet, we did it. We needed spiritual guidance, desperately. Making a fearless and searching moral inventory took a great deal of courage and resolution for many of us. Seeing ourselves for what we are, instead of what we like to think we are, can be very painful. But our need to know ourselves was vital to our recovery, so we followed through. Humbling ourselves to admitting our defects to ourselves, God and another human was quite a step, too. But this we did, and felt better for it. Making amends, atonement, restitution was not too easy, sometimes, but whenever we did this, we clipped large coupons.

Now that we have been restored to sanity, how do we handle our obligations to AA? Generally speaking, fairly well, but with some exceptions. Some of us will never lead a meeting. Some of us will not contribute to the discussion following a lead. Kitchen chores and other humble tasks are beneath the dignity of a very few. Secretaryship, chairmanship or committee work are assignments that some of us shun. Sponsorship? too, is avoided by some. Yet, once upon a time, we cried out, "I'll do anything for the precious gift of sobriety!" Remember?

Fortunately, these **excursions** are not too numerous. Someone **can** be found, as a rule, who will do what needs to be done. Those who refuse are the losers, and the loss is disastrous in some cases.

Let us now consider something else: regular, **voluntary visits to the nursing homes**. So very many of us fail to fulfill this implied obligation that visitations are woefully inadequate, and AA patients are not getting the therapy that they should. We are failing these sick people. We are not doing unto others as we would have them do unto us. Our guilt is not mitigated by the fact that so many others are as derelict as we are. And, contrary to the answer that Cain expected to his question, we are our brother's keeper.

Your Hospital Committee humbly suggests that each of us select a nursing home to visit regularly. We advocate a weekly routine, if possible; the same day and the same hour each week. Even better, pick a day and hour other than Saturday evening or Sunday afternoon. If we do this conscientiously, we can add another satisfaction to the many that we have experienced: that of knowing that we have **paid** another small portion of our tremendous debt to **AA**.

The Hospital Committee meets on the third Tuesday of each month at 8:30 P. M., in Room 401, Hanna Bldg.

(Continued from page one)

Mary G., of the Twenty-Four Hour group, will be the guest speaker at the Nov. 17 meeting.

THE PRICE WE PAY

personal danger.

Decent thinking will trigger decent action. Charitable thinking is a protection that no member of AA can afford to be without. The bumps are the price we pay, but the end product-sobriety-is worth it.

HERE'S WHY **(b)**

Why is it that the alcoholic must maintain permanent sobriety? Why does permanent sobriety for an alcoholic mean that he must never take even so much as one single drink? The answer to this is not absolutely clear, but medical science has the following to say:

Ordinarily the symptoms of alcoholism make themselves after 12 to 15 years of so-called social drinking. The 12 to 15 year figure is only an average. Some alcoholics **may** develop the symptoms of alcoholism after only a year or two of drinking. There are those alcoholics who claim that they have suffered from a full-blown clinical picture of alcoholism upon their first contact with alcohol. Still other alcoholics seem to be able to drink for 25 to 30 years, under seemingly adequate control, before the disease blossoms forth. But usually an average of 12 to 15 years of drinking passes before a diagnosis of alcoholism can be made.

A word about the varying degrees of alcoholism: Alcoholism is like pregnancy—either one is pregnant or one is not pregnant. However, one may be 2 or 3 months pregnant and not show, or one may be 9 months pregnant and bulge forth in all maternal delightfulness. Yet both women are pregnant. It is only a matter of degree. A similar comparison can also be made between alcoholism and any disease entity; i.e., diabetes, tuberculosis, pernicious anemia, etc. Treatment is essential, irrespective of the degree of illness. Perhaps it is even more urgent in the early stage of alcoholism in order to prevent years of misery and suffering. Authorities on alcoholism are **generally agreed** that by the time the earliest **symptoms of alcoholism** have presented themselves **irreversible** physical changes have occurred within the body of the alcoholic. Furthermore, once these irreversible **changes** have been established, no further alcohol can be taken into the body without producing the more severe symptoms of alcoholism rather promptly.

In other words, the alcoholic has crossed an illusive invisible line of control and has arrived at a **point** of no **return**. Put in another way, alcoholism is a progressive disease and it never regresses. **It can never be cured**. It can only be arrested like tuberculosis, diabetes, etc. Return to social drinking is out (if, in fact, the alcoholic ever was a social drinker in the first place). The claim has been made that the alcoholic has developed an allergy to alcohol and that once he takes a drink or two he becomes physically and mentally obsessed with a need for more. Whether or not the **comparison** of alcoholism to an allergic disease is precisely correct is beside the point. The fact is, as in the case of allergic diseases, years may elapse between the initial contact with alcohol and the development of the disease of alcoholism. But one alcoholism has become established (be it ever so early) no further contact with alcohol is possible without a severe and more or less rapid progression of the disease.

-Dr. Earl Marsh in Chit Chat

HALLOWEEN PARTY

The C.A.H. Club, 7809 Euclid Ave., will hold a Halloween Party on Saturday, October 31. Free roast beef and ham sandwiches, free coffee and soft drinks. There will be music, door and crazy costume prizes. Admission — your membership card.

Membership cards are one dollar for the year and from mid-October to Halloween night, each membership dollar will go to the AA District Office support.

A **Cribbage** School will start some time in November. Enroll now if interested.

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Addison Road-November speakers: 2—Bob W., Clark; 9—Ruth V., Westside Women; 16—Emil W., Stella Marls; 23—Gates H., C.A.H.; 30—Harold S., Arcade.

Brooklyn-November speakers: I—Father W., a non-alcoholic priest with a message of great human interest; II—Chuck B., Lake City, Pa.; &—Chester S., Lodi, Ohio; 25—Bill B., Norwalk Truck Lines.

Doan Men—November will be Gratitude Month and each of the month's speakers are well-seasoned veterans in AA. They are: 4—Jim B., Monday Lee; 11—Bill O'R., Lorain Ave. Monday; 18—Franklyn S., Doan Men; 25—Ed B., Broadway—Harvard.

Edgelake—Greatly increased charges for the use of its quarters in Rocky River necessitated finding new facilities. These were found in the Community Room of Lake-wood YMCA, 16915 Detroit Avenue, which however was not available for Monday evenings. So the group now meets on Tuesday evenings at 8:30 p.m. On the first Tuesday of each month the meeting will be preceded by a dinner at 7 p.m. The first meeting in the new quarters was held on October 6 with a full house.

Garden Valley (Outhwaite) Thursday-November speakers: 5—No speaker-business meeting; 12—Yvonne G., Eastside Morning; 19—Jack E., Northeast; 26—Curtis R., Outhwaite.

Garden Valley (Outhwaite) Sunday-November speakers: I—Bud M., Meadville, Pa.; 8—Gene B., Miles—Lee; 15—Dan N., Eastside Morning; 22—Gus T., Baxter; 29—Anabelle L., Outhwaite.

Gordon Square—November speakers: B—Chester S., Lodi, Ohio; 13—"Scottie" McA., Thursday Morning; 20—Bill O'B., Independence; 27—"Scotty" R., Euclid—Wade.

Lake County—In spite of a bad storm, one hundred rain-defying AAs helped the group observe its Fourth Anniversary on October 6. The collection of \$101.50 was donated to the General World Service Fund.

Lake Shore—One of the area's first groups decided to dissolve after long and serious meditation on October 6. Many contributing factors influenced the decision and it was with great regret that the group was forced to end its great record of useful service.

Orchard Grove—November speakers: 2—George B., Brooklyn; 9—Norm C., Parma Heights; 16—Fred D., Coventry; 23—Twentieth Anniversary (see news item); 30—Marian G., Coventry.

Parma—November speakers: 4—Dorothy A., Parma; 14—Jack N., Cathedral; 21—Esther R., Garden Valley; 28—Herschel H., Mansfield, O.

Rocky River—November speakers: 5—Nellie F., Clark; 12—Kitty M.; 19—Pre-Thanksgiving Panel composed of Warren C. Sr., Lake Shore, Irwin F., Fairview Park, George O'H., AA District Office and Franklin W., Rocky River; 26—Thanksgiving—no meeting.

St. Clair Thursday—Beginning November 1st, Don K. will be the new secretary of the group. Lucille S., founder and secretary since the group was formed, is no longer able to perform the duties due to ill health. November speakers are: 5—Frances B., May—Lynd; 12—Fred W., St. Clair Thursday (his third anniversary); 19—Bill M., St. Clair Thursday (his second anniversary); 26—Mary H., Cleveland Women's.

Solidarity—November speakers: 6—Julius R., Garden Valley; 13—Bill K., Superior; 20—Raymond J., Cambridge, Ohio; 27—John K., Newburgh. The group now meets at 8:30 p.m.

Temple—November speakers: 2—Bill S., Lorain Monday; 9—Tom C., St. Clair Thursday; 16—Harry D., Edgelake; 23—Bobby M., Heights; 30—Charlotte S., Shaker.

Trinity—November speakers: 7—Earl Fall Party and

Dance (you're invited); 14—Jay W., Edgelake; 21—Jack E., Northeast; 28—Pauline C., League Park.

Valley View—November speakers: 7—Esther R., St. James; 14—Tom V., Brooklyn; 21—Ted R., Valley View; 28—John P., Valley View.

West Park—November speakers: 3—Edith and Russell E., Portage Lake, Ohio; 10—Bill S., Akron, Ohio; 17—Bill C., 24 Hour; 24—A panel of speakers from Barberton, Ohio.

West 25th Street—November speakers: 2—Dick P., Newbury; 9—Skid S., Newbury; 16—Herbert P., Hilltop; 23—Charlie S., Brooklyn; 30—Joe K., Brooklyn.

Women's House of Correction—November speakers: 4—George B., Brooklyn; 11—Ralph B., Elyria; 18—John Paul J., Elyria; 25—Dorothy A., Newburgh.

Training-Refresher Meetings—Time changed to 8:30 p.m. November schedule: 4—Step & Tradition XI, Clark; 11—Step & Tradition XII, East Shore Women; 18—A special panel on Sponsorship; 25—Step & Tradition I, Coventry.

20TH ANNIVERSARIES

Two of the first AA groups in Cleveland will observe their twentieth anniversaries in November. The seeds planted at that time were very fertile and members trained in these two groups have gone out and carried the message to many sectors.

On Monday, November 16, the Borton group, the first in Cleveland, will hold its 20th Annual Dinner in East Cleveland Congregational Church, Page and Euclid Avenues, at 6:30 p. m. Following the dinner, Rollie H., of Sunbury, Ohio, will speak. Rollie, a star big league catcher, contributed much to the acceptance of the AA program in the early days of AA.

On Monday, November 23, the Orchard Grove group will observe its 20th anniversary with Father Robert H., S.J., as its speaker. He is an active member of the Detroit, Michigan, Fellowship. The meeting will be held in the Church of Ascension, 13216 Detroit Ave., at 8:45 p.m.

JOHN N. (JACK) DARROW

One of Cleveland's finest and much sought speakers, John (Jack) Darrow, was stricken with a heart attack on Thursday, September 24, on his way home from his office. He parked his car at the curb and passed on to his eternal reward, which we are confident will be a rich one.

Jack was the fifteenth man to come into the program. Founder Bill W. was his sponsor in New York City in 1936. Returning to Cleveland he helped form the Borton group and was loyal and enthusiastic to the day he died.

To his wife, Mary, and his three children we offer our sincere condolences.



Sleep well, dear friend, and let no troubled dream distress thee, thou knowest this is not the end; 'tis merely a slight pause to rest thee and refresh thee for thy journey—so well earned. Take thou thy rest kind, gentle champion of the humble, and waken, then, with livened zest where souls see straight, nor ever stumble—where friends are true and loved ones never spurned. We'll miss thee much, but parting can be such sweet sorrow when, knowing thee, our faith is such, that we must surely meet tomorrow, and find that peace for which we've ever yearned. —A friend.

Handwritten notes: Nursing Home, Info, and a list of numbers: 4-2244, 1-8998, 1-3353, 5-1882, 1-1635. A stamp: LIBER

CLEVELAND AREA GROW MEETINGS

MONDAY

ADDISON-Westminster Church, Cor. Addison and Wade Park.....8:30
 RORTON-E. Cleveland Congrega. Church, Page and Euclid Ave.....8:30
BRECKSVILLE VETERANS HOSPITAL
 Broadview and Oakes.....7:30
 EARLY-EARLY-Plasterers Union Hall, 1651 E. 24th St. (near Payne Ave.) 7:00
 FRIENDLY SUBURBAN-6037 Pearl.....8:00
LAKEWOOD MEN'S—St. Peter's Episcopal,
 W. Clifton and Detroit.....9:00
 LEE MONDAY-First Presbyterian Church, East Cleveland, Nela and Euclid.....8:30
LORAIN AVE.—St. Ignatius Hall,
 Lorain Ave. at West Blvd.....8:30
 ORCHARD GROVE-Church of Ascension, 13216 Detroit Ave.....8:30
PEARL—Corpus Christi Basement,
 4850 Pearl Road.....8:30
 RAMONA-9721 Ramona Blvd.....8:30
 SHAKER-Unitarian Church, Shaker and Belvoir Blvd.....9:00
 SOUTH EAST-7526 Broadway.....8:30
 TEMPLE-Temple Baptist, 7500 Cedar.....8:15
 UNION-East View Congregational Church, Kinaman at E. 156th St.....9:00
 WEST 25th ST.—Marvel Hall, 2858 W. 25th St.....9:00
WOMEN'S—Westside—West Boulevard
 Christian Church, Madison and W. 101.....8:45
 ELYRIA MEN-St. Agnes Church, Lake Road at Bath St., Elyria, O.....8:30
 JEFFERSON, O.-St. Joseph's Church.....8:30
 VERMILION-Congregational Church.....8:30
 WILLOUGHBY, O.-Presbyterian Church.....8:30

TUESDAY

ARCADE-Old Stone Church, Public Square, Ontario entrance.....8:00
 CLARK-1917 Clark Ave.....8:30
CLOVER—(Women)—E. 46th. So. of Scovill
 Portland-Onthwaite Center.....8:30
 CORLETT MEN'S-Lisy's Greenhouses, 4141 E. 116th St.....9:00
 EAST SIDE WOMEN-11205 Euclid, Church of the Covenant.....8:00
 EDGELAKE—Lakewood YMCA, Community Room, 16915 Detroit.....8:30
 EUCLID MORNJNG (Mixed)-Lake Shore & 280th, Euclid Christian Ch.....10:30 a.m.
EUCLID WADE—Calvary Presbyterian
 Church, E. 79th and Euclid Ave.....9:00
 FAIRMOUNT-St. Paul's Episcopal, Fairmount and Coventry.....9:00
FAIRVIEW PARK—Fairview Grace
 Church, W. 224th and Lorain Ave.....9:00
 HILLTOP-St. Joseph's Seminary, 17608 Euclid Ave.....8:45
 MAY-LYND-Kenny King's Restaurant, May-Land Shopping Cen, Mayfield Hts.....8:30
MILES-LEE—Mt. How Lutheran Church,
 E. 164th, north of Miles Ave.....8:30
 SMITH-WILSON-St. Joseph's School, 9321 Orleans Ave.....8:30
SUPERIOR—North Presbyterian Church,
 E. 40th and Superior.....9:00
 TRUSTY-Cleveland House of Correction, 1000 feet east of House of Correction.....8:00
WEST PARK—Puritas Lutheran Church,
 Puritas Ave. and W. 138th St.....8:30
 ASHLAND, O.-First Presbyterian Church, Church and No. Main Street.....8:00 EST
ASHTABULA CONSOLIDATED—
 Methodist Church, South Broadway Geneva, Ohio-First Tuesday.....8:30
 ASHTABULA-West-1320 Perryville Pl. 8:00
LAKE COUNTY—Fellowship Hall, Metho-
 dist Ch., Rt. 20, E. So. Wood, Mentor.....8:30
 LORAIN CENTRAL-Lorain, O. Trinity Church.....8:30
 MANSFIELD-Episcopal Church, 41 Bowman St., Mansfield, O. 8:30 EST
 MFDINA, O.-St. Paul's Epis. Par. Hse.....8:30
 SANDUSKY, O. (Firelands)—First Pres- terian, Across from Post Office.....7:30
SHREVE—Shreve Armory,
 South St., Shreve, O.....8:30 EST
 STRONGSVILLE-Town Hall.....8:30

WEDNESDAY

ALCAMERICAN Sportsmen, 1142 Buhner, 3rd Wednesday each month.....8:30
 RAXTER-8437 Broadway.....8:30
 BEDFORD-Masonic Temple, Tarbell Ave.....8:30
BROOKLYN—K. of P. Hall,
 3316 Broadview, East of Pearl Rd.....8:30
 C. F. I.—Illuminating Co., Room 361, 55 Public Square (rear).....8:00
COLJ INWOOD—945 E. 152nd St.
 DENISON MRN-7403 Denison Ave. (first Wednesday, joint meeting).....8:30
 DOAN MEN-YMCA (University Circle), 2055 E. 105th St., Second floor front.....8:30
 EASTSTDE MORNJNG-9606 Euclid Ave., Euclid Ave. Congre. (Side ent.) 10:30 a.m.
 GARFIELD HEIGHTS-Trinity Baptist, E. 94th and Garfield Blvd.....8:30
 HAGUP-Grace Cong. Assembly Hall, West 65th and Colgate.....8:30

LAKEWOOD WOMEN—St. Peter's Episc
 18001 Detroit Ave. (corner Clifton) 8:30
 LEE ROAD-First English Lutheran, Derbyshire and Euclid Hts. Blvd.....9:00
LORAIN AVE.—S.S. Philip & James Hall,
 3689 Bosworth Road.....9:00
 ST. JAMES—Mt. Calvary Baptist Church, E. 103rd and Cedar.....8:30
 ST. MARY-400 North St. Chard.....8:30
 TRAINING-REFRESHER-Illuminating Bldg. (rear) Rm. 361, 55 Public Sq.....8:30
 TWENTY-FOUR HOUR-13216 Detroit, Church of the Ascension.....8:30
WARRENSVILLE—Women's House Cor.
 WEDNESDAY NIGHT DISCUSSION— (Stag) 1386 Ardenal Ave.....8:00
 WEST SHORE-West Shore Unitarian, 20401 Hilliard Rd., Rocky River.....8:30
WOMEN'S—Lorain County-St. Vincent De
 Paul Church, Detroit Rd., (Rt. 254 & 57).....8:30
ASHTABULA COUNTY WOMEN-Harris
 Memorial, W. 58th & Adams, Ashtabula Second and Fourth Wednesday.....7:30
 CONNEAUT MEN-Conneaut, Ohio B. of LE Hall, Whitney Block, Main St.-1:30
 ELYRIA, O.-St. Paul Building, Third and Middle, side entrance.....8:30
 FAIRPORT HARBOR-Luther Center, 525 Eagle St., Fairport Harbor, O.....8:00
 INTERRACIAL-30th & Wood, Lorain, O., Mt. Zion Baptist Church.....8:30
 MANSFIELD-A. Clubrooms, 40 1/2 No. Main, Mansfield, O.....8:30 EST
 WICKLIFFE, O.-28917 Euclid (side-up) 8:30

THURSDAY

A1 LENDALE—St. Paul's Episcopal Church, 15837 Euclid Ave.....8:30
 ANGLE-St. Malachi's Church, 2549 Washington Ave.....8:30
BROADWAY-55th—Our Lady of Lourdes
 School Hall.....8:30
 COVENTRY-F&mount Presby. Church, Scarborough and Fairmount Blvd.....8:30
CRILE HOSPITAL—Library
 CROSSROADS-Bethany Presbyterian Church, W. 65th and Union.....9:00
EAST SHORE WOMEN—First Baptist Ch.
 1565 Chardon Rd., near Euclid.....8:30
 GARDEN VALLEY-(Outhwaite) 7100 Kinsman Ave.....8:00
 HAWTHORNENDEN STATE HOSPITAL, Macedonia, O., Basement of New Employees Bldg.....8:00
 PARYA HEIGHTS-6400 Pearl Road, Laux Realty Basement (rear).....8:30
ROCKY RIVER—Rockport Methodist,
 Church, 3310 Wooster Road.....9:00
ST. CLAIR-THURSDAY—Glenview Cong.
 Church, (side ent.) St. Clair & Eddy.....8:30
 TRUSTY-Cleveland House of Correction, 1000 feet east of House of Correction.....8:00
WEST SIDE—7403 Denison Ave.—10:30 A.M.
 AMHERST-St. Peter's Ev. & Ref. Church, Church St North Amherst, O.....8:30
 ASHLAND THURSDAY-I.O.O.F. Hall, 302 Claremont, Ashland, O.....8:00 EST
 ASHTABULA HARBOR-North End Club, Corner Walnut Blvd. & Lake Ave.....8:30
BEREA—Fine Arts Club, E. Bagley Rd.
 3 doors east of Eastland Rd.....9:00
EAST LAKE—Bethel Lutheran Church,
 32400 Vine St.....8:30
 INDEPENDENCE, Q.-St. John's Lutheran Hall, Second and Sunset.....9:00

FRIDAY

ANSEL ROAD—St. Thomas Church, 9205 Superior Ave.....8:30
BROADWAY-HARVARD—8437 Broadway
 CEDAR—Salvation Army, 5005 Euclid.....8:15
 CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital.....8:30
CLEVELAND WOMEN—Hotel Cleveland
 EUCLID FRIDAY—Church of Epiphany, E. 210th and Lake Shore Blvd.....9:00
 FRANKLIN—3804 Woodbine Ave.....8:30
FRIDAY AFTERNOON WOMEN—Fly-
 mouth Church, Coventry and Drexmore, Krumbine Room.....1:00
GORDON SQUARE—St. Helena's Hall,
 1367 W. 65th St.....9:00
 LEE ROAD—American Legion Hall, Post 163, 15544 Euclid Ave.....9:00
 NORTH EAST—Town House Motel, 15661 Euclid Ave.....8:30
 SOLIDARITY—Hubbard Memorial Center E. 84th and Cedar.....8:30
STELLA MARIS MIXED
 1320 Washington Ave.....8:15
TAPCO—23585 Euclid Ave.....9 p.m.
 Second Friday of each month
WEST SIDE YOUNG PEOPLE—
 Lkwd. Cong. Ch., 1375 W. Clifton.....9:00
AVON LAKE—First Congregational Church,
 32801 Electric Blvd.....8:45
 BEREAS-Social room of Berea Cong. Church, Seminary and Church.....8:30
CHAGRIN FALLS, O.—American Legion,
 E. Orange St.....8:30

CHARDON-Pilgrim Christian Church, 1113 South Street, Chardon, O.....9:00
 ELYRIA-St. Agnes Church, Lake & Bass 8:30
 CONNEAUT, O.- B. of L. E. Hall.....8:30
 LAKE COUNTY-Mentor Christian Church, Route 20, Cor. Jackson, Mentor, O.....8:30
 WELLINGTON-St. Patrick's Catholic Church, No. Main St., Wellington, O.....8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran Church, Cable at Broadway.....8:30
 FOREST CITY-6619 Denison Ave.....9:00
 JACK & HEINTZ-17600 Broadway.....8:30
 LANDER CIRCLE-Garfield Mem. Methodist, Cor. Lander Rd. and Route 422.....9:00
 LEAGUE PARK-St. Agnes School Hall, East 79th and Euclid Ave.....9:00
 LIBERTY-945 E. 152nd St.....9:00
 MAPLE HTS.—Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd.....8:30
 MATT TA LBOT-St. Philip Neri Church, E. 82nd and St. Clair.....8:30
 MEMPHIS-Lakewood Congregational Ch., 1375 W. Clifton, Cor. Detroit Ave.....9:00
 NORWALK TRUCK LINES—1147 E. 55th St., at Shore Drive.....9:00
PARMA—Ridgewood Savings & Loan,
 5950 Ridge Road.....8:45
 PLAINS-Mentor Plains Methodist Church, Mentor, O., Routes 306 & 283.....9:00
REDWOOD—Euclid Lutheran Church,
 E. 260th and Oriole.....8:30
 TRINITY-Trinity Evangelical Church, 3525 W. 25th St.....9:00
 VALLEY VIEW-Community Center, West 7th and Starkweather.....8:30
 8005 GROUP-8005 Lorain Ave.....8:30
ASHTABULA, O.-St. Peter's Episc. Church,
 Main Avenue at South Park.....8:30
 ELYRIA SATNITE-Alconon Club, 345 Broad Str., Elyria, O.....8:30
 MANSFIELD-AA Clubrooms, 40 1/2 No. Main St., Mansfield, O. 8:30 EST
 WEST RICHFIELD-Consolidated Church, Route 303, just west of Route 21.....9:00

SUNDAY

BEDFORD HEIGHTS—Village Hall, 5661 Perkins Rd., Bedford Heights.....7:30
BROOKSIDE—Blessed Sacrament Church,
 Storer and Fulton (downstairs).....8:30
C.A.H. DISCUSSION—C.A.H. Clubrooms,
 7809 Euclid Avenue.....10:45 A.M.
COLJINWOOD—945 E. 152nd St.....7:30
DETROIT MIXED—8023 Detroit Ave.....8:30
DETROIT SUNDAY—
 8304 Detroit Avenue.....7:30 P. M.
 GARDEN VALLEY—7100 Kinsman Ave., 7106 Kinsman Ave.....4:30
GOLF LAKELANDS—Trinity Lutheran,
 Redbird & Chapel, No. Madison, O.....3:00
LAKEWOOD ARMORY
 1437 Wayne Ave., South of Detroit.....9:00
LORAIN COUNTY CONSOLIDATED—
 First Sunday of each month, Route 60, Axtel, Ohio.....7:30
 MARIA JOSEPH—Plasterers Hall, 1651 E. 24th St., at Payne Ave.....1:00
MISTLETOE—St. Thomas Church,
 9205 Superior Ave.....7:00
NFWBURY—St. Helena's Church, Rt. 87
 NEWBURGH—St. Catherine's Church, 3443 E. 93rd St.....8:30
SUPERIOR STAG—8801 Superior.....11 A.M.
 TRUSTY—Cleveland House of Correction, 1000 feet east of House of Correction.....5:00
 YOUR—Charter House, Euclid and 248.....7:15
TWILIGHT—Grange Hall, Rt. 60, Axtel, O.
 WARRENSVILLE—Cooley Farms Recreation Room.....10:00 A.M.
CHIPPEWA-SEVILLE—V.F.W. Hall,
 Seville, O.....8:30
 GENEVA, O.—Legion Hall, Park St., corner of So. Eagle.....7:30

ALANON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church, E. 79th and Euclid.....Tuesdays, 8:30
 SOUTH EAST-Maple Hts. Presb. Church, 15715 Libby Road.....Tuesday, 8:00
 BETHANY—Bethany Presbyterian Church, 6415 Clinton Ave.....Wednesday, 8:30
 EUCLID-26851 Gary Ave.....Wed., 8:00
 CHARITY-St. Vincent Charity Hospital, E. 22nd and Central.....Friday, 8:30
 GARDEN VALLEY—(Outhwaite) 2nd and 4th Sunday.....4:30

AA CLEVELAND DISTRICT OFFICE
 205 Frederick Bldg., 2063 E. 4th St. CH 1-7387

1st TUESDAY EVERY MONTH
 CENTRAL COMMITTEE—
 Hanna Building, Room 401.....8:30
 3rd TUESDAY EVERY MONTH
 HOSPITAL COMMITTEE—
 Hanna Building, Room 401.....8:30

CENTRAL BULLETIN

UNSELFISHNESS • HONESTY
PURITY • LOVE
A.A.

Vol. XVIII-No. 2

BOX 6712, CLEVELAND 1, OHIO

November, 1959

SUBSCRIPTION PRICE \$1.00 PER YEAR



TEN CENTS PER COPY

POWER

Most of us are so joyful over the sobriety we have obtained that we too seldom give thought to the miracle of how we regained a sane way of living.

We were rescued from degradation and death by a Higher Power. This we admit. We show our gratitude by helping others come out of the shadows of alcoholism, convinced that since it worked for us it can also work for those who will let it, if they too put their trust in a Higher Power. We know this to be true by thousands of examples.

Here, frequently, we come to a dead end in our thinking and our actions. We may come to believe, inadvertently, that helping the drunk to sober up is the limit of the capabilities of this Power.

This Power- God, as we understand Him- is the sole Force in the universe. It motivates everything. The frightening impulsion of the exploded atom is as a whisper compared with the omnipotence It commands. It is behind the lowliest form of life and It regulates with perfect order the movements of great star systems in limitless space.

If this Power can sober us-and It has-there is nothing It cannot do for those who reverently call for help in any and every other field of human existence. Such a call is known as prayer.

A Force that holds all creation in the palm of Its hand may stagger our imagination by Its vastness and Its infinity. Sometimes, thoughtlessly, we may tend to believe It indifferent to mere man. Yet we know that in the matter of our disease It is not indifferent. It is personal, concerned with every living and inanimate thing. It is both great and small. It is majestic beyond description and, at the same time, as the poet expressed it, closer than breathing and nearer than hands and feet.

The only indifference in the picture is man's. This is where those of us who have experienced the mercy of this Power come in. Why should we stop at sobriety alone? Called upon, this Higher Power can eliminate other debilitating habits, modes of thinking, prejudices, frustrations, illnesses, any of the woes which beset man upon this planet.

If we face the truth we find that man has a tendency to become smug, to conclude that he alone has ordered the new state of affairs and to act as though he would enjoy immortal life in this world. He is stingy in sharing credit. He forgets that he was powerless over alcohol and that his so-called will power was an illusion. Even those of us who have accepted the program of Alcoholics Anonymous, and to some degree have become humble, seem reluctant to assume the same state of mind and heart about other negative thoughts and habits. We could quickly correct them if we did.

This tendency is understandable but short-sighted. We rationalize this indifference on the grounds that it is "only human." There is no excuse for those of us who have experienced the work of the Higher Power to take this atti-

(Continued on page two)

GIVE THANKS

As we write this article, the day of Thanksgiving is but a week away. To many it will be merely a national holiday on which to gorge oneself with the traditional turkey, cranberries (even though **outawed** in many sectors of the country), sweet potatoes, vegetables and mince pie.

But to us it will be more than just a day of feasting. It will and should be a day of overwhelming **gratitude**—not mere words. Words alone will never serve. We who have been given the gift of sobriety and who have been given the keys to happiness, have been given a mandate to share it with others, if we would keep the gift. For unless we share it we will lose it.

Thanksgiving must be visual and constant. It will be evident only if it comes from the well-springs within us. It must prevail daily in our hearts and minds and souls.

Thanksgiving is not just a day. It is a life of dedicated and consecrated service to those still in the wilderness through which we thrashed so wildly in our drinking days. Only we can guide them out of this hell of frustration, indecision, wasted talents and opportunities, and utter uselessness in our society.

We believe we share with many **others** the gratitude for our return of self-respect and the slow but final restoration of the respect, faith and confidence of our relatives, friends, employers and business associates. For this gift, though it seemed to come much slower and with exasperating reluctance, we are forever grateful.

We share with others the surprising joy of serving others. We who had been so self-centered and so demanding and so selfish found the secret of **REAL** happiness which we had been seeking so vainly in bars and clubs and bottles only to **find** it artificial and vain. For this transcendent happiness we are grateful.

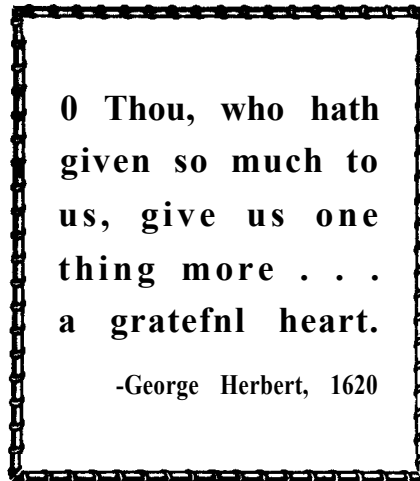
We share with others the gift of good health and restored vigor, gifts which we had held so lightly as we abused them. For this we give fervent thanks.

We share with others the freedom of worship which we enjoy in this great country of ours. Particularly is this freedom noticeable in our AA Fellowship where, though the spiritual part of the program is emphasized, every member's right to worship God as he understands Him is respected. For this gift we give thanks.

We share with others the gift of humility. This gift, so difficult to attain-and maintain-must be real and deep. Its constancy and depth must be nurtured through daily contact with that Power greater than ourselves. Our surrender must be complete if we would have it in abundance. False pride and conceit succumb quickly if we sincerely and truly and completely "turn our lives over to the care of a Power greater than ourselves" when we first embraced the program. We give thanks with many others for the gradual development of this gift.

Our thanks must be deep and sincere. They should never be casual and **offhand** or merely polite. As we wrote

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POWER

(Continued from page one)

tude. Instead, we should be the first to apply what we have experienced to all of life's aspects.

Such application is the heart of our program. A rereading of Steps Three, Five, Six, Seven and Eleven will make this clear. We are called on to do more than stay away from the bottle. We are shown how to drink at the fountain of life. We know this Power. Let us use It!

AA TOWN

We had hardly been in Florida long enough to buy a baby alligator this past **summer**, when we began hearing about "A. A. Town, U. S. A.," It is a community not far from where we were and, we were told, is populated by more members of A. A. in relation to size than probably any other place in the country. **Expecting** to see a neighborhood of small homes, maybe a trailer park or cottages around a motel (we had been told the hub of this A. A. Town community was a resort-establishment with a small marina for boats), we drove up to pay them a visit.

"A. A. Town, U. S. A.," is officially Jupiter, Fla., and more particularly the Jupiter Inlet Beach Colony, which lies at the **southern** tip of world-renowned Jupiter Island, midway between **Hobe** Sound and Palm Beach. The "trailer park" we half-expected to find turned out to be one of Florida's smartest oceanfront residential communities lying smack dab in the middle of one of the world's richest areas of Florida's Gold Coast! An 80-acre development with some 100 homes ranging from \$25,000 to \$150,000 in value, owned by well-known business and social families including a sprinkling of television and movie celebrities and famous golfers.

The first part of the community you come upon after crossing a **rickety** bridge over the Intracoastal Waterway is a **small marina** filled with beautiful yachts; a low **rambling** restaurant called the "Jib Club" and an L-shaped, one-story structure with glass front apartments **facing** the Intracoastal Waterway and a formal courtyard garden of palm trees and other prize plants and bushes.

Thinking we had taken a wrong turn somewhere and had blundered upon a millionaire's retreat, we sought out the office and asked the man in charge to direct us to "A. A. Town." He introduced himself as Bill S., a member of the fellowship for going on eleven years and hailing from Darien, Conn. He assured us we had found the right place, showed us around the yacht club and unfolded the history of this fabulous community.

It was started by an ex-drunk from Massachusetts, a dedicated member of AA, some six years ago. The real estate broker who helped him put it over used to be the town drunk of Stamford, Conn., and whose wife is also a member of AA from another Connecticut city. The judge of the town, a majority of the retail merchants of the area, most of the clerks **in** the stores, the office people, real estate salesmen and mans, housewives make up the River Bottom Group of Jupiter. It is estimated that fully one-third of all the local residents **are** either in AA **or** connected with the fellowship in one way or another.

The J. I. B. C. Yacht Club was begun three years ago by our host, **also** attracted to the area as so many others were, by the AA Group there. Although one of the most outstanding resort establishments in Florida and well known up and down the coast as a choice vacation spot, Bill S. is not satisfied. "It has been my ambition ever since my first sober vacation," said Bill, "to start a vacation place for **AA's**. Not a retreat, mind you, nor a sanitarium in vlain clothes; not even a **place** which is so overwhelmingly AA that a man can't bring his family for plain vacation fun. Instead, it's a place to which we will attract AA's and their families on the strength of its beautiful beach, accommodations and fine food. At the same time, without going around advertising that it is an AA center, members of the fellowship can relax knowing that ex-drunks set the policy around here. No late dinners, no exhausting cocktail parties, no feeling like an ugly duckling because everybody else wants to drink it

GIVE THANKS

(Continued from page one)

in an earlier paragraph, words alone will never serve. God looks into our hearts and souls, and so judges our sincerity.

And we also repeatedly by continuing to share our gift will we keep it. It should never be given grudgingly or impatiently or hurriedly-for show. For if we give it for any selfish reason or ulterior motive, it will fall on deaf ears and be wasted.

May God keep us humble and thankful that we may serve him well in the commission he entrusted to us.

AA IS NOT RIGGED

The more we read about this TV fakery, the more we are convinced everything is rigged, except Lassie, Silver, Rin Tin Tin and maybe Dagmar. Oh, yes, and Jayne.

There are a lot of other areas of loose morality and rigging, and in such an unhealthy atmosphere it is a relief and a pleasure to find ourselves associated with a fellowship in which there is no deception, no dishonesty, no subterfuge and no rigging.

There is no rigging of a fellow's motives and sincerity when he gets out of bed at two in the morning to help an alcoholic who has trouble or who finally admits he has hit the end of the line.

There is no rigging of the questions and answers when we talk to an alcoholic. And if the alcoholic believes we have given him the right answers, he'll get something worth a whole lot more than a mere **\$64,000.00**.

There is no rigging or rehearsing of the talks made at AA meetings. Anyone can say anything he wants, can figure out any answers he likes, without being fired from the show.

We don't sell any **soap** or pills. We don't promise to cure anything, not even alcoholism. If you **have** tired blood, we're sorry, but we have no transfusions.

We do have a product, but you'll never know if it works unless you try it.

We just **love** to be investigated. By alcoholics. If they are honest, they'll soon discover that our show isn't rigged.

-Dubuque (Ia.) *Alamews*

"CORN" IN ENGLAND

We received a delightful letter from "Corn" V., a former very active **member** of the Wednesday-Lie group before he "retired" to a **pastoral** life in Lucasville, a sedate little village in southern Ohio.

The letter **came** from Manchester, England, where Corne and Eleanor are staying for a **year** on a **special** project. He made contact **with** **AA's** in London and was advised to contact an AA named Tom G., who not only immediately absorbed them into their AA circle but also found them a nice house to live in and made them feel "as though they had never left home"! They even ordered a **new** car for him (a Volkswagon de Luxe) which **has** a left hand drive and only cost him \$1260.

We believe many of his friends will want to write to him, so we give his new address. It is: 60 Didsbury Park, Manchester 20, England.

Holiday Warning — Don't Take that **First** Drink!

up until all hours. The **AA's** call the shots here: the rest tag along!"

That didn't tell us why Bill was dissatisfied, so we asked him. "We're doing fine; got lots more customers than we can handle in the winter time," he replied, "but there are too many 'earth people,' not enough **AA's**! We won't be satisfied until the place is so widely known and patronized by members of the fellowship that we can close it to the general public altogether!"

Which all goes to indicate the kind of AA spirit you encounter on the street corners, at the shops, on boats and about everywhere two people meet in "AA Town, U. S. A."

—J. M., Parma

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Angle-December speakers: 3—Dan K., Barberton; 10—Mary G., 24 Hour; 17—AA Children's Christmas Party; 24—Frank W., Northeast (observing his eighteenth anniversary); 31—Hughie G., Angle (observing his eighth anniversary).

Brooklyn-December speakers: 2—Bill S., Brooklyn (his second anniversary); 9—Al S., Brooklyn (his thirteenth anniversary); 16—No meeting; 23—Chester S., Lodi, O.; 30—Brooklyn Old Timers' Night with Jim B., Coventry, as speaker.

Brunswick—This is a new group which held its first meeting on Wednesday, October 14. It meets in the Lance & Co. building, Routes 303 and 42 each Wednesday at 8:30 p.m. Dick McN., formerly of Medina group, is secretary. Their P. O. Box number is 462.

Doan Men-December speakers: 2—Jack K., Matt Talbot; 9—Emil M., Collinwood; 16—Larry O'C., Arcade; 23—Carl M., Doan Men; 30—"Gas house" McG.

Garden Valley Thursday-December speakers: 3—Oliver C. A., Superior; 10—J.B.L., Welsh group; 17—Bill M., Warren, O.; 24—Carl H., Welsh group; 31—Willie P., Temple.

Garden Valley Sunday-December speakers: 6—Frank L., Corlett Men; 13—Roy N., Pittsburgh, Pa.; 20—Bud M., Meadville, Pa.; 27—Don K., St. Clair Thursday.

Gordon Square-December speakers: 4—"Gus the Baker," Baxter; 11—Arthur W., Elyria; 18—Jerry R., Gordon Square; 25—Bull Session. Everybody welcome.

Lakewood Armory-December speakers: 6—J a y W., Edgelake; 13—Joseph K., Ansel Road; 20—Jerry W., Angle; 27—Elwood O., Forest City.

Mistletoe-December speakers: 6—Sophia C., Kirtland; 13—John C., Kirtland; 20—Christmas Party with Leo M., League Park, as speaker; 27—Gates H.

Rocky River-December speakers: 3—Betsy LaR., Clark; 10—Bud M., Meadville, Pa.; 17—Pre-Christmas Panel; 24—No meeting; 31—No meeting.

St. Clair Thursday-December speakers: 3—Regis O'D., Stella Maris; 10—Vincent O'D., Clark; 17—Gus P.; 24—Chuck and Lu S., St. Clair Thursday; 31—Herman V., Redwood.

Solidarity-December speakers: 4—Dave S., Forest City; 11—Bill T., Garden Valley; 18—Ann C., Niles, O.; 25—No meeting. A merry Christmas to all of our friends.

Temple-December speakers: 1—Business meeting; 14—Willie W., Temple; 21—Charles P., Garden Valley Outhwaite; 28—John T. B., Rocky River.

Trinity—Observes its Twelfth Anniversary on Saturday, December 5, with Moses Y., Hartsville, O., as guest speaker. Other December speakers are: 12—Ralph R., Westside Young People; 19—Eleanor P., Westside Women; 26—Bill O'R., Lorain Ave. Monday.

Valley View-December speakers: 5—Bob O., Ann.; 12—Bill O'R., Lorain Ave. Monday; 19—Christmas Party; 26—Bud C., May-Lynd.

West Park—December speakers: 1—Jack E., Northeast; 8—Joe V., Ansel Road; 15—Pete Y., Berea Thursday; 22—Marian G., Coventry; 29—Paul B., Addison Road.

West 25th St.-December speakers: Frieda L., Brooklyn; 14—Harry D., Edgelake; 21—John W., Collinwood; 28—Tom M., Solidarity.

Women's House of Correction-December speakers: 2—Bill McG.; 9—Bill H., Newburgh; 16—Joe J., Broadway-55th; 23—Hilda H., who will give a short talk on how she came to be secretary of this group 11% years ago. This will be an open meeting because it is their Christmas Party. Everyone is welcome. (No meeting on the 36th.)

Training-Refresher Meetings-December schedule: 2—Step & Tradition II, Rocky River panel; 9—Step & Tradition III, Norwalk Truck Lines panel; 16—Step & Tradition IV, Euclid Friday panel; 23—Step & Tradition V,

Parma panel; 30—Step & Tradition VI, Fairview Park panel. All meetings are held on Wednesdays at 8:30 p.m. in the CEI group quarters, Room 361, rear of 75 Public Square.

OUR PROBLEM KNOWS NO SEASON

Another month has elapsed since this column last appeared. For the large number of active, sincere members of our fellowship, it has been a month of further self-government and continued unbroken sobriety. For the modest, but growing number of inactive persons who merely pay lip-service to our principles, it has been a month of extended abstinence and nothing more. And for those unfortunates who have not yet acquired sufficient decision, determination and desire," it has been a month of further defeat, increasing unhappiness and continuing degradation. May God be merciful to such as these. But for His compassion, we should be sharing their wretchedness.

A large portion of the business done by our nursing homes involves the unfortunates we have just mentioned. The one general hospital in this area accepting cases of alcoholism will do so only once. When people need nursing back to physical health a second time or a third or more, the nursing homes are the only havens in which to seek refuge. As a consequence, when we conscientiously pay periodical visits to nursing homes as we should, we are apt to see familiar figures clad in pajamas. We may find this depressing, of course, unless we remember to count our blessings and be properly grateful for them. We may feel that we are wasting our time and effort, too, unless we remember that our example may unexpectedly trigger a recovery. We may be oblivious to the desperate need of these afflicted persons unless we remember that the nursing homes can minister only to their physical needs; their mental and spiritual needs must be met by recovered alcoholics.

As Christmas approaches, your Hospital Committee cannot help being concerned over the desolate plight of those who are occupying nursing home beds at this time of the year. For them, the season is anything but festive. For them, salvation is a meaningless word. For them, comparing their situation with ours, the immediate future seems very bleak. Periodic visits are needed at least as much as at any other time of the year. And we need to make these visits for our own peace of mind, for how can we keep anything of a spiritual nature if we will not share it? Like Scrooge, in Dickens' "Christmas Carol," we have seen the ghosts of Christmas past and Christmas present. If we could also see the ghost of Christmas future, we would probably make a crash effort to meet our obligations. explicit and implicit, while we still have time to influence the future.

The Hospital Committee meets on the third Tuesday Tom V., of the Parma group, who has spent 20 years of each month at 8:30 P. M., in Room 401, Hanna Bldg. helping sick alcoholics, will be the guest speaker at the Dec. 15 meeting.

50-CUP COFFEE URN AVAILABLE

An almost new 50-cup Coffee Urn is the only remaining piece of tangible property of the Lake Shore group which disbanded a month ago. Don R., who can be reached at CL 2-4575 will accept any reasonable offer so he can close the books. Upon vote of the group all accrued money in the treasury of the group should be divided equally between the Cleveland AA District office and the Central Service Conference.

NURSING HOMES THAT TREAT ALCOHOLICS

(This listing does not necessarily indicate endorsement or approval)

Al-Ju, Inc. (MW) 28707 Euclid Ave., Wickliffe, OWH 4-2244
Cleveland Alcoholic Hospital (MW) 7809 Euclid Ave.EX 1-8998
Dorothy McCauliffe Alcoholic Clinic (MW) 8304 Detroit.-AT 1-33.53
Farquharson's Home (M) 6037 Pearl Road, ParmaTU 5-1882
Keller's Nursing Home (M) 8023 Detroit AveME 1-1635

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER

CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church, Wade Park 8:30
 BORTON-E. Cleveland Congrega. Church, Page and Euclid Ave 8:30
 BRECKSVILLE VETERANS HOSPITAL, Broadview and Oakes 7:30
 EARLY-EARLY-Plasterers Union Hall, 1651 E. 24th St. (near Payne Ave.) 7:00
 FRIENDLY SUBURBAN-6037 Pearl 8:00
 LAKEWOOD MEN'S-St. Peter's Episcopal, W. Clifton and Detroit 9:00
 LEE MONDAY-Pint Presbyterian Church, East Cleveland, Nela and Euclid 8:30
 LORAIN AVE.-St. Ignatius Hall, Lorain Ave. at West Blvd 8:30
 ORCHARD GROVE-Church of Ascension, 13216 Detroit Ave. 8:30
 PEARL-Corpus Christi Bldg., 4850 Pearl Road 8:30
 RAMONA-9721 Ramona Blvd. 8:30
 SHAKER-Unitarian Church, Shaker and Belvoir Blvd. 9:00
 SOUTH EAST-7526 Broadway 8:30
 TEMPLE-Temple Baptist, 7500 Cedar 8:15
 UNION-East View Congregational Church, Kinsman at E. 156th St. 9:00
 WEST 25th ST.-Marvel Hall, 2855 W. 25th St. 9:00
 WOMEN'S Westside-West Boulevard Christian Church, Madison and W. 101 8:45
 ELYRIA MEN-St. Agnes Church, Lake Road at Bath St., Elyria, O. 8:30
 JEFFERSON, O.-St. Joseph's Church 8:30
 VERMILION-Congregational Church 8:30
 WILLOUGHBY, O.-Presbyterian Church 8:30

TUESDAY

ARCADE-Old Stone Church, Public Square, Ontario entrance 8:00
 CLARK-1917 Clark Ave 8:30
 CLOVER-(Women)-E. 46th St. of Scovill Portland-Orthwaite Center 8:30
 CORLETT MEN'S-Lisy's Greenhouses, 4141 E. 116th St. 9:00
 EAST SIDE WOMEN-11205 Euclid, Church of the Covenant 8:00
 EDGLAKE-Lakewood YMCA, Community Rm., Detroit 8:30
 EUCLID MORNING (Mixed)-Lake Shore & 280th, Euclid Christian Ch. 10:30 a.m.
 EUCLID-WADE-Calvary Presbyterian Church, E. 79th and Euclid Ave. 9:00
 FAIRMOUNT-St. Paul's Episcopal, Fairmount and Kent 9:00
 FAIRVIEW PARK-Fairview Grace Church, W. 22 4th and Lorain Ave. 9:00
 HILLTOP-St. Joseph's Seminary, 17608 Euclid Ave. 8:45
 MAY-LYND-Kenny King's Restaurant, May-Land Shopping Ctr. Mayfield Hts. 8:30
 MILES-LEE-Mt. Hope Lutheran Church, E. 164th, north of Miles Ave. 8:30
 SMITH-WILSON-St. Joseph's School, 9321 Orleans Ave. 8:30
 SUPERIOR-N. 4th Presbyterian Church, E. 40th and Superior 9:00
 TRUSTY-Cleveland House of Correction, 1000 feet east of House of Correction 8:00
 WEST PARK-Puritas Lutheran Church, Puritas Ave. and W. 138th St. 8:30
 ASHLAND, O.-First Presbyterian Church, Church and No. Main Street 8:00 EST
 ASHTABULA CONSOLIDATED-Methodist Church, South Broadway Geneva, Ohio-First Tuesday 8:30
 ASHTABULA-West-1320 Perryville Pl. 8:00
 LAKE COUNTY-Fellowship Hall, Methodist Ch., Rt. 20, E. So. Wood, Mentor 8:30
 LORAIN CENTRAL-Lorain, O. Trinity Church 8:30
 MANSFIELD-Episcopal Church, 41 Bowman St., Mansfield, O. 8:30 EST
 MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
 SANDUSKY, O. (Firelands)-First Presbyterian, Across from Post Office 7:30
 SHREVE-Shreve Armory, South St., Shreve, O. 8:30 EST
 STRONGSVILLE-Town Hall 8:30

WEDNESDAY

ALL-AMERICAN Sportsmen, 1142 Buhner, 3rd Wednesday each month 8:30
 BAXTER-8437 Broadway 8:30
 BEDFORD-Masonic Temple, Tarbell Ave. 8:30
 BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30
 C. E. I.-Illuminating Co., Room 361, 55 Public Square (rear) 8:00
 COLLINWOOD-945 E. 152nd St. 8:30
 DENISON MEN-7403 Denison Ave. (first Wednesday, inint meeting) 8:30
 DOAN MEN-YMCA (University Circle), 2055 E. 105th St., Second floor front, 8:30
 EASTSIDE MORNING-9606 Euclid Ave., Euclid Ave. Congre. (Side ent.) 10:30 a.m.
 GARFIELD HEIGHTS-Trinity Baptist, E. 94th and Garfield Blvd. 8:30
 HAGUE-Grace Cong. Assembly Hall, West 65th and Colgate 8:30

LAKEWOOD WOMEN-St. Peter's Episcl 18001 Detroit Ave. (corner Clifton) 8:30
 LEE ROAD-First English Lutheran, Derbyshire and Euclid Hts. Blvd. 9:00
 LORAIN AVE.-S.S. Philip & James Hall, 3689 Bosworth Road 9:00
 ST. JAMES-M-Calvary Baptist Church, E. 103rd and Cedar 8:30
 ST. MARY-400 North St., Chardon, O. 8:30
 TRAINING-REFRESHER-Illuminating Bldg. (rear) Rm. 361, 55 Public Sq. 8:30
 TWENTY-FOUR HOUR-13216 Detroit, Church of the Ascension 8:30
 WARRENSVILLE-Women's House Cor. 7:30
 WEDNESDAY NIGHT DISCUSSION-(Stag) 1386 Ardenall Ave. 8:00
 WEST SHORE-West Shore Unitarian, 20401 Hilliard Rd., Rocky Hill 8:30
 WOMEN'S-Lorain County-St. Vincent De Paul Church, Detroit Rd., (Rt. 254 & 57) 8:30
 ASHTABULA COUNTY WOMEN-Harris Memorial, W. 58th & Adams, Ashtabula Second and Fourth Wednesday 7:30
 BRUNSWICK, O. LANCE & CO., Corner Rts. 303 and 42 8:30
 CONNEAUT MEN-Conneaut, Ohio B. of L.E. Hall, Whitney Block, Main St. 8:30
 ELYRIA, O.-St. Paul Building, Third and Middle, side entrance 8:30
 FAIRPORT HARBOR-Luther Center, 525 Eagle St., Fairport Harbor, O. 8:00
 INTERACIAL-30th & Wood, Lorain, O., Mt. Zion Baptist Church 8:30
 MANSFIELD-A. A. Clubrooms, 40 1/2 No. Main, Mansfield, O. 8:30 EST
 WICKLIFFE, O.-28917 Euclid (side-up) 8:30

THURSDAY

ALLENDALE-St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
 ANGLEP-St. Malachi's Church, 2549 Washington Ave. 8:30
 BROADWAY-SSt-Our Lady of Lourdes School Hall 8:30
 COVENTRY-F&mount Presby. Church, Scarborough and Fairmount Blvd. 8:30
 CRILE HOSPITAL-Library 8:00
 CROSSROADS-Bethany Presbyterian Church, W. 65th and Clinton 9:00
 EAST SHORE WOMEN-First Baptist Ch., 1565 Chardon Rd., near Euclid 8:30
 GARDEN VALLEY-(Outhwaite) 7100 Kinsman Ave. 8:00
 HAWTHORNDEN STATE HOSPITAL, Macedonia, O., Basement of New Employees Bldg. 8:00
 PARYA HEIGHTS-6400 Pearl Road, Laux Realty Basement (rear) 8:30
 ROCKY RIVER-Rockport Methodist Church, 3310 Wooster Road 9:00
 ST. CLAIR-THURSDAY-Glenview Cong. Church, (side ent.) St. Clair & Eddy 8:30
 TRUSTY-Cleveland House of Correction, 1000 feet east of House of Correction 8:00
 WEST SIDE-7403 Denison Ave. 10:30 A.M.
 AMHERST-St. Peter's Ev. & Ref. Church, Church St., North Amherst, O. 8:30
 ASHLAND THURSDAY-I.O.O.F. Hall, 302 Claremont, Ashland, O. 8:00 EST
 ASHTABULA HARBOR-North End Club, Corner Walnut Blvd. & Lake Ave. 8:30
 BERA-Fine AN Club, E. Bagley Rd., 3 doors east of Eastland Rd. 9:00
 EAST LAKE&Bethel Lutheran Church, 32400 Vine St. 8:30
 INDEPENDENCE, O.-St. John's Lutheran Hall, Second and Sunset 9:00

FRIDAY

ANSEL ROAD-St. Thomas Church, 9205 Superior Ave. 8:30
 BROADWAY-HARVARD-8437 Broadway 9:00
 CEDAR-Salvation Army, 5005 Euclid 8:15
 CHARITY-Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
 CLEVELAND WOMEN-Hotel Cleveland 6:00
 EUCLID FRIDAY-Church of Epiphany, E. 210th and Lake Shore Blvd 9:00
 FRANKLIN-3804 Woodbine Ave. 8:30
 FRIDAY AFTERNOON WOMEN-Plymouth Church, Coventry end Drexmore, Krumbine Room 1:00
 GORDON SQUARE-St. Helena's Hall, 1367 W. 65th St. 9:00
 LEE ROAD-American Legion Hall, Post 163, 15544 Euclid Ave. 9:00
 NORTH EAST-Town House Motel, 15661 Euclid Ave. 8:30
 SOLIDARITY-Hubbard Memorial Center, E. 84th and Cedar 8:30
 STELLA MARIS MIXED, 1320 Washington Ave. 8:15
 TAPCO-2355 Euclid Ave. 9 p.m. Second of each month
 WEST SIDE YOUNG PEOPLE, Lkw. Cong. Ch., 1375 W. Clifton 9:00
 AVON LAKE-First Congregational Church, 32801 Electric Blvd. 8:45
 BERA-Social room of Bera Cong. Church, Seminary and Church 8:30

CHAGRIN FALLS, O.-American Legion, E. orange St. 8:30
 CHARDON-Pilgrim Christian Church, 113 South Street, Chardon, O. 9:00
 ELYRIA-St. Agnes Church, Lake & Bass 8:30
 CONNEAUT, O.-B. of L. E. Hall 8:30
 LAKE COUNTY-Mentor Christian Church, Route 20, Cor. Jackson, Mentor, O. 8:30
 WELLINGTON-St. Patrick's Catholic Church, No. Main St., Wellington, O. 8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran Church, Cable at Broadway 8:30
 FOREST CITY-6619 Denison Ave. 9:00
 JACK & HEINTZ-17600 Broadway 8:30
 LANDER CIRCLE-Garfield Mem. Methodist, Cor. Lander Rd. and Route 422 9:00
 LEAGUE PARK-St. Agnes School Hall, East 79th and Euclid Ave. 9:00
 LIBERTY-945 E. 152nd St. 9:00
 MAPLE HTS.-Luth. Church of Covenant, 19000 Libby Rd., cur. Maple Hts. Blvd. 8:30
 MATT TALBOT-St. Philip Neri Church, E. 82nd and St. Clair 8:30
 MEMPHIS-Lakewood Congregational Ch., 1375 W. Clifton, Cor. Detroit Ave. 9:00
 NORWALK TRUCK LINES-1147 E. 55th St., at Shore Drive 9:00
 PARMA-Ridgewood Savings & Loan, 5950 Ridge Road 8:45
 PLAINS-Mentor Plains Methodist Church, Mentor, O., Routes 306 & 283 9:00
 REDWOOD-Euclid Lutheran Church, E. 260th and Oriole 8:30
 TRINITY-Trinity Evangelical Church, 3525 W. 25th St. 9:00
 VALLEY VIEW-Community Center, West 7th and Starkweather 8:30
 8005 GROUP-8605 Lorain Ave. 8:30
 ASHTABULA, O.-St. Peter's Episcl. Church, Main Avenue at South Park 8:30
 ELYRIA SATNITE-Alconon Club, 345 Broad Str., Elyria, O. 8:30
 MANSFIELD-AA Clubrooms, 40 1/2 No. Main St., Mansfield, O. 8:30 EST
 WEST RICHFIELD-Consolidated Church, Route 303, just west of Route 21 9:00

SUNDAY

BEDFORD HEIGHTS-Village Hall, 5661 Perkins Rd., Bedford Heights 7:30
 BROOKSIDE-Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
 C.A.H. DISCUSSION-C.A.H. Clubrooms, 7809 Euclid Avenue 10:45 A.M.
 COLLINWOOD-945 E. 152nd St. 7:30
 DETROIT MIXED-8023 Detroit Ave. 8:30
 DETROIT SUNDAY-8904 Detroit Avenue 7:30 P.M.
 GARDEN VALLEY-7100 Kinsman Ave., 7106 Kinsman Ave. 4:30
 GOLF LAKELANDS-Trinity Lutheran, Redbird & Chapel, No. Madison, O. 3:00
 LAKEWOOD ARMORY, 1437 Wayne Ave., South of Detroit-S:00
 LORAIN COUNTY CONSOLIDATED-First Sunday of each month, Route 60, Artel, Ohio 7:30
 MARIA JOSEPH-Plasterers Hall, 1651 E. 24th St., at Payne Ave. 1:00
 MISTLETOE-St. Thomas Church, 9205 Superior Ave. 7:00
 NEWBURY-ST. Helena's Church, Rt. 87 8:15
 NEWBURGH-St. Catherine's Church, 3443 E. 93rd St. 8:30
 SUPERIOR STAGE-8801 Superior 11 A.M.
 TRUSTY-Cleveland House of Correction, 1000 feet east of House of Correction 5:00
 YOUR-Charter House, Euclid and 248 7:15
 TWILIGHT-Grange Hall, Rt. 60, Axle, O. 7:30
 WARRENSVILLE-Cooley Room, Recreation Room 10:00 A.M.
 CHTPPEWA-SEVILLE-V.F.W. Hall, Seville, O. 8:30
 GENEVA, O.-Legion Hall, Park St., corner of so. Earle 7:30

ALANON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church, E. 79th and Euclid Tuesdays 8:30
 SOUTH EAST-Maple Hts. Presb. Church, 15715 Libby Road Tuesdays 8:00
 EUCLID-26851 Gary Ave. Wed. 8:00
 CHARTTY-St. Vincent Charity Hospital, E. 22nd and Central Friday 8:30
 GARDEN VALLEY-(Outhwaite) 2nd and 4th Sunday 4:30
 AA CLEVELAND DISTRICT OFFICE, 205 Frederick Bldg., 2063 E. 4th St. CH 1-7387
 1st TUESDAY EVERY MONTH CENTRAL COMMITTEE, Hanna Building, Room 401 8:30
 3rd TUESDAY EVERY MONTH HOSPITAL COMMITTEE, Hanna Building, Room 401 8:30

CENTRAL BULLETIN



Vol. XVIII-No. 3

BOX 6712, CLEVELAND 1, OHIO

December, 1959

SUBSCRIPTION PRICE \$1.00 PER YEAR



TEN CENTS PER COPY

HONESTY. . . TOLERANCE

Twice we have heard this man's lead. The first time he casually mentioned that he had been in Alcoholics Anonymous "X" number of years. Another member, on whose veracity we could rely, told us afterwards that the speaker had slipped many times. When we heard the speaker the second time he was challenged from the floor and personally after the meeting. He persisted in saying that he had been in the fellowship so many years, yet the facts of his derelictions were established beyond doubt. They seemed to be rather generally known.

While there was surprise and dismay in the exposure of this man, there was also an element of gloating. Damage had been done on both sides because the AA principles of honesty and tolerance had been rudely violated.

By lying the speaker had done more harm to himself than to anyone in his audiences. Had he been honest he could have turned his "slips" to advantage by frankly admitting that he had had trouble. He could have said that his deviations had caused him endless trouble, but that he had made up his mind to attempt to work the Twelve Steps faithfully again and had come back to AA because he had no place else to go.

What happened, instead, was a bit of business that reflected no credit on his challengers. They had run the fox into his hole and were baying at the entrance waiting for another chance to snap at him. Is this tolerance? Is this the helping hand that the slipper should be able to receive from any and every other member?

We wondered afterwards — and since-whether this man-hunt, for that is what it was, enabled any of those who participated to stay sober? Not for a minute! On the contrary, it did much to weaken our characters because it excluded the attribute of tolerance.

AA should have no place for gossips and fishwives who delight in relating behind their hand how wicked the other fellow is. This tendency is a hangover from the spiteful, small talk of the bar room.

The AA way would be to take the slipper aside and tell him quietly and personally that his trouble is known and we stand ready to help him get back on the beam. Maybe that wouldn't give some people as much enjoyment as to point the finger of scorn and say to themselves mentally, "See how much better I am than he." Only, when this sort of petty thinking is engaged in, we too have slipped, at least in the observance of one of the major tenets of the fellowship-common decency and tolerance.

This is not to excuse the man who lied. That, too, sweeps away the foundation on which our philosophy rests. But he who can stand up and admit mistakes becomes the stronger for that admission and wins the respect of everyone. In making such an effort he is closer to the heart of our way of living than those who take a vicarious delight in casting stones.

SOUND THE TOCSIN

The Christmas Holidays are in the offing and many are the ways in which they will be observed or celebrated. Most of those who profess to be or are Christians will enter their churches and praise God for His grace in giving His Son for the redemption of man.

Many others without faith will be carried up with the spirit of the times and will entertain or be entertained, exchange gifts, decorate their homes with holly and spruce or balsam. In their pagan way, they will observe the holidays.

A general spirit of friendliness will prevail and in many homes and offices where, normally, drinking is out of the question, drinks will be served and over-indulgence will be overlooked and tolerated-and even encouraged. Many members of AA will be invited to these festivities. Most will attend.

Many members of AA will be tempted. Many will be pressured to "take just one" by an insistent host or hostess who cannot or will not understand that just one drink would start an avalanche. Refusal need not be accompanied with an announcement of his or her affiliation with AA. Refusal can be made firmly and decisively-not with regret.

We might remind each other of the many times, during our drinking days, that guests who were offered drinks by us refused-politely, firmly, and even with a smile.

If our attitude is right, and if we keep fresh the memories of what the right to drink has cost us, we will have little difficulty in weathering such an evening or day.

We recall the tragic experience of two of our less-than-a-year-old former members in previous years. Both seemed to be enthusiastic and active members of their respective groups.

One had been re-instated by his employer and was even given a more responsible position at a considerably higher salary. Last Christmas the firm held its annual Christmas party and he was persuaded to take a drink when a toast was offered in his honor in recognition of his success.

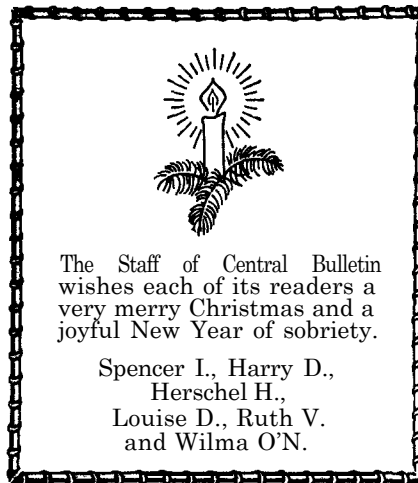
No one knows what caused him to take more-what his rationalization was. No one knows if he even thought of AA or remembered the anguish and fear that was his, when he embraced the Fellowship of AA, his job gone and his wife ready to divorce him. No one knows if he remembered the intervention for him with his employer by one of our persuasive members that paved the way for his re-employment and later success.

No one will know, for he died that night as he crashed his car into an abutment.

The other casualty was a victim of frustration. Try as he might he could not find steady employment. His former employers would not give him another chance for he had broken faith too many times.

His home life wasn't too happy for his wife refused to listen to his sponsor with an open mind and wouldn't accompany him to meetings. She even questioned his continued practice of attending meetings every night, charging him with infidelity and other things.

(Continued on page two)



The Staff of Central Bulletin wishes each of its readers a very merry Christmas and a joyful New Year of sobriety.

Spencer I., Harry D.,
Herschel H.,
Louise D., Ruth V.
and Wilma O'N.

SOUND THE TOCSIN

(Continued from page one)

For nearly a year he took this beating. Well counselled, he remained steadfast, though generally unhappy, frustrated and cheerless. Then came Christmas eve.

Sitting at home he listened to several hours of his wife's berating and charges of laziness, lack of ambition and stupidity, until he could stand it no more. He silenced her with a chair across her head and fled.

He had a few dollars in his pockets and headed for the nearest saloon, where he was given a hearty welcome by his old pal, Joe the bartender. Asked about AA, he loudly condemned it-AA had done nothing for him.

His misfortunes evidently were too great for him and his frustrations made him resentful even of his former drinking companions who jibed him for joining AA. The derision was the topper. He slugged one of his tormenters and was slugged in return.

Don't let success or frustration interfere with the proper observation of the Holiday Season.

THE OLD TIMER

The Old Timer was in an expansive mood. Philosophy gurgled in his veins.

He was seated in his favorite cane-bottom chair, one leg wrapped around the other like a pretzel. In his left hand he held a small slab of soft pine from which he shaved curling--almost transparent slices. It was a slow, meticulous process that paced itself to the tempo of his deliberations.

"Now, take a mule," he was saying to the assembled audience, "he's jest a great big hunk of ornery bone and muscle-not a brain in his head and tricky as a virgin in an Austin. He'll be good to you fer a hundred years just to ketch you off guard and break yer leg er squash yer ribs against the side of the stall."

The old gentleman lifted his head, pushed back his battered felt hat with his thumb, sighted with one eye and expelled a squirt of tobacco juice which disappeared through a one-half inch crack eight feet away without dampening an edge.

"But who makes the most noise?" He went on, "If a pure bred Arab horse wants a little attention, he nickers ('whinnies' if you got a white shirt and money in the bank)-but it's allus soft and gentle like a 'please come and see what I want.' A cow moos and a sheep baas. None of em loud. But a mule-you can hear him whanh, whanh, whanhee for four country miles.

"I was thinkin' of a mule last night. Went to a meetin' and heard a feller makin' a speech. He was yellin' till you could a heard him all over town-damning everybody, but by doggies when he got through I didn't have the least idee what he wuz talkin' about.

"Now a mule is a cross between a horse and a jackass and he can't even reproduce. He's a one shot Joe without pride of ancestry or-hope of posterity. He has nothin' to look back on an' nothin' to look forward to, so I reckon he jest decided to holler and make a lot of noise and make everybody else as miserable as he is."

The old gent re-wound his legs.

"All this come to mind as that feller yapped the other night. Howsome I didn't have too much trouble figgerin' out his ancestry particularly on his mammy's side. Afore he much more'n got started I figgered she must a spent most of her time fetchin' him bones.

"Then I got to thinkin' that them that counts the least allus yells the most. They don't do nothin' so they gotta cover up by criticizin' them that do, and makin' a lotta noise. The doers don't have time to be pokin' around to see what the other feller's doin'."

The Old Timer straightened up in his chair, tossed his whittlin' stick over the edge of the porch and closed is knife.

"Jest recollected I gotta see Ma about somethin'," he said as he arose. "Me and her had a little difference of opinion over cleanin' out the drain in the sink. She said I was the mulishest feller she ever seen and I iist figgered out what she meant!"

—Anonymous

SELF-INVENTORY

When I begin to dislike AA conversation or company . . . When I willfully stay away from meetings . . . When I'm more afraid of being known as an AA member than as a drunk . . . When I begin to remember the good times I had drinking and overlook and belittle the bad times . . . When I condemn in others the faults which I tolerate in myself . . . When I say I forgive but refuse to forget . . . When I shrink from thorough self-examination . . . I'M SLIPPING !

-O. A., Dallas, Texas

MARTY M. SPEAKS IN CLEVELAND

Marty M., a veteran member of our Fellowship and the capable executive director of The National Committee on Alcoholism, New York City, will be the guest speaker at the Annual Luncheon of the Cleveland Center on Alcoholism in the Rainbow Room of Hotel Carter, Tuesday, January 26, at 12 noon. Tickets at \$3.50 per plate can be reserved by calling the Center at Sweetbrier 6-1616.

Mrs. M. is internationally known and is an excellent speaker. She has been a tireless worker in making Industry and Management conscious of its responsibility toward our problem.

ALANON FIFTH ANNIVERSARY

The first Alanon group in Cleveland, initiated by Sister M. Ignatia at Charity Hospital Rosary Hall, will observe its Fifth Anniversary with a Dinner Meeting on Sunday, January 10, 1960, at 3:30 p. m. in Jordan Hall, Charity Hospital. Reservations must be made. Call Jean T., OR. 1-8642.

It will be a catered dinner with guest speakers. \$1.50 per plate.

The Alanon groups, of which there are five in Cleveland, are composed of the spouses of AA members.

CORRECTION

In the October issue we stated that the first group organized in Cleveland was the Borton group. We have been informed by Archie H., that the first group was the Lee Road Thursday group which was formed on May 1, 1939. The Borton group was formed on Nov. 16, 1939 and Orchard Grove on Nov. 20, 1939.

"Thank you, Archie, for setting the record straight.

TRUSTY HALL

There have been 1100 visits to Trusty Hall, the new Alcoholics Barracks at the Cleveland Workhouse, since the new program of segregating alcoholic prisoners was initiated a year ago. These visits were made by 450 members of AA.

Besides personal contacts, regular AA meetings are held every Tuesday, Thursday and #Sunday, and are well attended.

Each group which has cooperated thus far has agreed to supply a speaker and a complement of visitors one night a month for three months. The results have been most gratifying.

HOLIDAY WARNING

During the coming holidays, when a lot of friends will try to force drinks on us—just to be sociable-remember that if you don't take that first drink you'll not have any regrets. You'll also be thankful that AA has brought back your sanity and taught you, that with all your great abilities and talents, you can't drink like other people. (Funny, aint it, you ex-superman.)

You cannot take "only one drink," if you are a member of our Fellowship-unless you want to throw away all you have gained for a few moments of so-called freedom. Many have tried the experiment before you and N-O-O-N-E-absolutely NO-ONE-has yet succeeded! Neither will you.

GROUP NEWS

To insure publication, group news articles must be in our hands before the 15th of each month

Addison Road—Has moved to a new location after many years in its former quarters. The new meeting place beginning Monday, January 4, 1960 will be in Good Shepherd Church, 7309 St. Clair Ave. (side entrance, downstairs). A pot-luck supper will be served after the meeting on January 4. All the old members of Addison are cordially invited. Speakers for January are: 4—Howie L., Angle; 11—Bill S., Youngstown, O.; 18—Al S., League Park; 25—Elizabeth B., Borton.

Brooklyn-January speakers: 6—Orrie K., Brooklyn (his eleventh anniversary); 13—“Skid” S., Newburgh; 20—Joe V., Ansel Road; 27—Clint C., Trusty Hall.

Crossroads-January speakers: 7—Mickey D., Crossroads; 14 Carl U., Cedar; 21 Red M., Valley View; 28—Everett W., Friendly.

Euclid Morning—A new group which started in September meets on Tuesday mornings at 10:30 a.m. in Lake Shore Christian Church, Lake Shore and E. 280th St.

Gordon Square—January speakers: 1—Nate McL., Pearl; 8—Willie P., Temple; 15—Jack E., Northeast; 22—Marie C., Westside Women; 29—Leonard P., Smith-Wilson.

Lake County—January speakers: 5—Brother John, Midfield; 12—Frances B., May-Lynd; 19—Jess C., Portage Lake; 26—Dave L., All groups.

Orchard Grove—January speakers: 4—Bill O’R., Lorain Monday; 11—Tom T., Lorain Wednesday; 18—Tom D., Lorain Monday; 25—Tape recording of Father H.’s lead on Orchard Grove’s 20th anniversary meeting.

New Hope—A new group which held its first meeting on December 7. Meets Monday evenings at 3804 Woodbine Ave. at 8:30 p.m.

Painesville Sunday—A new group which held its first meeting on December 13, meeting in St. Mary’s School basement, No. State St., Painesville, at 7:30 p.m.

Rocky River—January speakers: 7—Jimmy A., Forest City; 14—Freddie F., Ansel Road; 21—Walter K., Maria Joseph; 28—Marian G., Coventry.

Solidarity—January speakers: 1—Bobbie M., Addison Road; 8—Al B., Eastside Morning; 15—George A. D., Lorain Monday; 22—Farrell G., Angle; 29—Sylvester H., Garden Valley.

Temple—January speakers: C—Business meeting; 11—George G., Ashtabula; 18—Doris D., Garden Valley; 25—Al M., Garden Valley.

Trinity—January speakers: 2—Bill O’B., Independence; 9—Ray C., Broadway-Harvard; 16—Mollie H., Angle; 23—Phil B., Independence; 30—Frank E., Stella Maris.

West Park—January speakers: 5—Bob W., Crossroads; 12—Jack M., Barberton; 19—Marion G., Newburgh; 26—Vernie H., Angle.

West 25th—January speakers: 4—Willie M., Brecksville V.A. Hospital; 11—Sam M., Hilltop; 18—Harry C., W. 25th (his fifth anniversary); 25—Pat M., Clark.

Women’s House of Correction—January speakers all hail from the Outhwaite-Garden Valley groups. They are: 6—Geraldine R.; 13—Annabelle L.; 20—Willie P.; 27—(Closed meeting) Esther R.

Training-Refresher—January schedule: 6—Step & Tradition VII, Collinwood Sunday; 13—Steps & Traditions VIII and IX, Crossroads; 20—Step & Tradition X, Strongsville; 27—Step & Tradition XI, Berea Thursday.

WINTER CONSOLIDATED MEETING

Sunday, January 17, 1960, 3:00 p.m.

Jordan Hall, Charity Hospital

A Detroit, Michigan, member will speak

GOOD NEWS ON NURSING HOMES

Your Hospital Committee had occasion to be tremendously pleased at its meeting on December 9. It had invited the operators of all Cleveland area Nursing Homes to meet with the committee in a closed session. The response was 100% as all operators attended.

Prior to this time there had been no formal attempt by the operators to cooperate with each other. Each had a different doctor, different treatment, different periods of convalescence, different policies. There had been areas of self-interest unique to each one. In fact each had been known to “knock the competition,” which had not helped their reputation as a whole.

The closed meeting enabled everyone to know each other better and appreciate each other’s peculiar problems. The need for cooperative effort became quite apparent. Voluntarily, one of the operators suggested forming an association of Nursing Home operators. The purpose of such an association would be to effect mutual self-improvement and enhance their respectability.

Your Hospital Committee feels that this is an important break-through in its efforts to insure the best of treatment for our AA patients.

The speaker at the January 19 meeting of the Hospital Committee will be Jim B., a former chairman of the Hospital Committee in its formative days.

—John T. B., Chairman

GIGGLES

Wife, reading husband’s fortune card from a penny scale: You are a leader of men, with a magnetic personality and strong character. You are intelligent, witty, and attractive to the opposite sex . . . It has your weight wrong, too.

* * *

Employer: For this job we want a responsible man.
Applicant: I’m the guy you’re looking for. Everywhere I’ve worked, when something went wrong they told me I was responsible.



NURSING HOMES THAT TREAT ALCOHOLICS

(This listing does not necessarily indicate endorsement or approval)
 Al-Ju, Inc. (MW) 28707 Euclid Ave., Wickliffe, O WH 4-2244
 Cleveland Alcoholic Hospital (MW) 7809 Euclid Ave.....EX 1-8998
 Dorothy McCauliffe Alcoholic Clinic (MW) 8304 Detroit-AT 1-3353
 Farquharson’s Home (M) 6037 Pearl Road, Parma.....TU S-1682
 Keller’s Nursing Home (M) 8023 Detroit Ave ME 1-1635

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER

CLEVELAND AREA GROUP MEETINGS

MONDAY

ADDISON-Westminster Church,
Cor. Addison and Wade Park.....8:30
BORTON-E. Cleveland Congrega. church,
Page and Euclid Ave.....8:30
BRECKSVILLE VETERANS HOSPITAL
Broadview and Oakes.....7:30
EARLY-EARLY-Plasterers Union Hall,
1651 E. 24th St. (near Payne Ave.) 7:00
FRIENDLY SUBURBAN-6037 Pearl.....8:00
LAKEWOOD MEN'S-St. Peter's Episcopal,
W. Clifton and Detroit.....9:00
LEE MONDAY-First Presbyter. Church,
East Cleveland, Nela and Euclid.....8:30
LORAIN AVE.-St. Ignatius Hall,
Lorain Ave. at West Blvd.....8:30
NEW HOPE-3804 Woodbine Ave.....8:30
ORCHARD GROVE-Church of Ascension,
13216 Detroit Ave.....8:30
PEARL-Corpus Christi Basement,
4850 Purl Road.....8:30
RAMONA-9721 Ramona Blvd.....8:30
SHAKER-Unitarian Church,
Shaker and Belvoir Blvd.....9:00
SOUTH EAST-7526 Broadway.....8:30
TEMPLE-Temple Baptist, 7500 Cedar.....8:15
UNION-East View Congregational Church,
Kinsman at E. 156th St.....9:00
WEST 25th ST.-Marvel Hall,
2858 W. 25th St.....9:00
WOMEN'S-Westside-West Boulevard
Christian Church, Madison and W. 101.....8:45
ELYRIA MEN-St. Agnes Church,
Lake Road at Bath St., Elyria, O.....8:30
JEFFERSON, O.-St. Joseph's Church.....8:30
VERMILION-Congregational Church.....8:30
WILLOUGHBY, O.-Presbyterian Church 8:30

TUESDAY

ARCADE-Old Stone Church,
Public Square, Ontario entrance.....8:00
CLARK-1917 Clark Ave.....8:30
CLOVER-(Women)-E. 46th, So. of Scovill
Portland-Outhwaite Center.....8:30
CORLETT MEN'S-Lisy's Greenhouses,
4141 E. 116th St.....9:00
EAST SIDE WOMEN-11205 Euclid,
Church of the Covenant.....8:00
EDGE LAKE-Lakewood YMCA,
Community Room, 16915 Detroit.....8:30
EUCLID MORNING-Lake Shore Christian
Church, Lake Shore Blvd. & 280.....10:30 A.M.
EUCLID-WADE-Cslrtry Presbyterian
Church, E. 79th and Euclid Ave.....9:00
FAIRMOUNT-St. Paul's Episcopal,
Fairmount and Coventry.....9:00
FAIRVIEW PARK-Fairview Grace
Church, W. 224th and Lorain Ave.....9:00
HILLTOP-St. Joseph's Seminary,
17608 Euclid Ave.....8:45
MAY-LYND-Kenny King's Restaurant,
May-Land Shopping Cen. Mayfield Hts. 8:30
MILES-J.F.E.-Mt. Hope Lutheran Church,
E. 164th, north of Miles Ave.....8:30
SMITH-WILSON-St. Joseph's School,
9321 Orleans Ave.....8:30
SUPERIOR-North Presbyterian Church,
E. 40th and Superior.....9:00
TRUSTY-Cleveland House of Correction,
1000 feet east of House of Correction.....8:00
WEFT PARK-Puritas Lutheran Church,
Puritas Ave. and W. 138th St.....8:30
ASHLAND, O.-First Presbyterian Church,
Church and No. Main Street.....8:00 EST
ASHTABULA CONSOLIDATED-
Methodist Church, South Broadway
Geneva, Ohio-First Tuesday.....8:30
ASHTABULA-Went-1320 Perryville Pl. 8:00
LAKE COUNTY-Fellowship Hall, Metho-
dist Ch., Rt. 20, E. So. Wood, Mentor.....8:30
LORAIN CENTRAL-Lorain, O.
Trinity Church.....8:30
MANSFIELD-Episcopal Church,
41 Bowman St., Mansfield, O. 8:30 EST
MEDINA, IL-St. Paul's Epis. Par. Hse. 8:30
SANDUSKY, O. (Firelands)-First Pres-
byterian, Across from Post Office.....7:30
SHREVE-Shreve Armory,
South St., Shreve, O.....8:30 EST
STRONGSVILLE-Town Hall.....8:30

WEDNESDAY

ALGAMERTCAN Sportsmen, 1142 Buhrer,
3rd Wednesday each month.....8:30
WAXL-FR-8437 Broadway.....8:30
BEDFORD-Masonic Temple, Tarbell Ave. 8:30
BROOKLYN-K. of P. Hall,
3316 Broadview, East of Pearl Rd.....8:30
C. F. I.-Illuminating Co.,
Room 361, 55 Public Square (rear).....8:00
COLLIERWOOD-945 E 152nd St.....8:30
DOAN MEN-YMCA (University Circle),
2055 E. 105th St., Second floor front, 8:30
EASTSIDE MORNING-9606 Euclid Ave.,
Euclid Ave. Congre. (Side ent.) 10:30 a.m.
GARFIELD HEIGHTS-Trinity Baptist,
E. 94th and Garfield Blvd.....8:30
HAGUE-Grace Cong. Assembly Hall,
West 65th and Colgate.....8:30

LAKEWOOD WOMEN-St. Peter's Episc'l
18001 Detroit Ave. (corner Clifton) 8:30
LEE ROAD-First English Lutheran,
Derbyshire and Euclid Hts. Blvd.....9:00
LORAIN AVE.-S.S. Philip & James Hall,
3689 Bosworth Road.....9:00
ST. JAMES-Mt. Calvary Baptist Church,
E. 103rd and Cedar.....8:30
ST. MARY-400 North S., Chardon, O. 8:30
TRAINING-REFRESHER-Illuminating
Bldg. (rear) Rm. 361, 55 Public Sq.....8:30
TWENTY-FOUR HOUR-13216 Detroit,
Church of the Ascension.....8:30
WARR ENSVILLE-Women's House Cor-7 :30
WEDNESDAY NIGHT DISCUSSION-
(Stag) 1386 Ardenall Ave.....8:00
WEST SHORE-West Shore Unitarian,
20401 Hilliard Rd., Rocky River.....8:30
WOMEN'S-Lorain County-St. Vincent De
Paul Church, Detroit Rd. (Rt. 254 & 57) 8:30
ASHTABULA COUNTY WOMEN-Harris
Memorial, W. 58th & Adams, Ashtabula
Second and Fourth Wednesday.....7:30
BRUNSWICK, O.-LANCE & CO.,
Corner Rts. 303 and 4.....8:30
CONNEAUT MEN-Conneaut, Ohio
B. of L.E. Hall, Whitney Block, Main St.....8:30
ELYRIA, O.-St. Paul Building,
Third and Middle, side entrance.....8:30
FAIRPORT HARBOR-Luther Center,
525 Eagle St., Fairport Harbor, O.....8:00
INTER-RACIAL-30th & Wood, Lorain, O.,
Mt. Zion Baptist Church.....8:30
MANSFIELD-A. A. Clubrooms,
40 1/2 No. Main, Mansfield, O.....8:30 EST
WICKLIFFE, O.-28917 Euclid (side-up) 8:30

THURSDAY

ALLENDALE-St. Paul's Episcopal
Church, 18837 Euclid Ave.....8:30
ANGLE-St. Malachi's Church,
2549 Washington Ave.....8:30
BROADWAY-55th-Our Lady of Lourdes
School Hall.....8:30
COVENTRY-Fairmount Presby. Church,
Scarborough and Fairmount Blvd.....8:30
CRUIE HOSPITAL-Library.....8:00
CROSSROADS-Bethany Presbyterian Church,
W. 65th and Clinton.....9:00
EAST SHORE WOMEN-First Baptist Ch.,
1565 Chardon Rd., near Euclid.....8:30
GARDEN VALLEY-(Outhwaite)
7100 Kinsman Ave.....8:00
HAWTHORNDEN STATE HOSPITAL,
Macedonia, O., Basement Ch.ew.....8:00
PARMA HEIGHTS-6400 Pearl Road,
Laux Realty Basement (rear).....8:30
ROCKY RIVER-Rockport Methodist,
Church, 3310 Wooster Road.....9:00
ST. CLAIR-THURSDAY-Glenville Cong.
Church, (side ent.) St. Clair & Eddy.....8:30
TRUSTY-Cleveland House of Correction,
1000 feet east of House of Correction.....8:00
WEST SIDE-7403 Denison Ave., 10:30 A.M.
AMHERST-St. Peter's Ev. & Ref. Church,
Church St., North Amherst, O.....8:30
ASHLAND THURSDAY-I.O.O.F. Hall,
302 Claremont, Ashland, O.....8:00 EST
ASHTARULA HARBOR-North End Club,
Corner Walnut Blvd. & Lake Ave.....8:30
REREA-Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd.....9:00
EAST LAKE-Bethel Lutheran Church,
32400 Vine St.....8:30
INDEPENDENCE, O.-St. John's Lutheran
Hall, Second and Sunset.....9:00

FRIDAY

ANSEL ROAD-St. Thomas Church,
9205 Superior Ave.....8:30
BROADWAY-HARVARD-8437 Broadway.....9:00
CFDAR-Salvation Army, 5005 Euclid.....8:15
CHARITY-Amphitheatre, 6th Floor,
St. Vincent's Charity Hospital.....8:30
CLEVELAND WOMEN-Hotel Cleveland.....6:00
EUCLID FRIDAY-Church of Epiphany,
E. 210th and Lake Shore Blvd.....9:00
FRANKLIN-3804 Woodbine Ave.....8:30
FRIDAY AFTERNOON WOMEN-Ply-
mouth Church, Coventry and Drexmore,
Krumbine Room.....1:00
GORDON SQUARE-St. Helena's Hall,
1367 W. 65th St.....9:00
LEE ROAD-American Legion Hall,
Post 163, 15544 Euclid Ave.....9:00
NORTH EAST-Town House Motel,
15661 Euclid Ave.....8:30
SOLIDARITY-Hubbard Memorial Center
E. 84th and Cedar.....8:30
STELLA MARIS MIXED
1120 Washington Ave.....8:15
TAPCO-23555 Euclid Ave.....9 p.m.
Second Friday of each month
WEFT SIDE YOUNG PEOPLE
[Lkwd. Cong. Ch., 1375 W. Clifton].....9:00
AVON LAKE-First Congregational church,
32801 Electric Blvd.....8:45
BEREA-Social room of Berea Cong.
Church, Seminary and Churel.....8:30

CHAGRIN FALLS, O.-American Legion,
E. Orange St.....8:30
CHARDON-Pilgrim Christian Church,
113 South Street, Chardon, O.....9:00
ELYRIA-St. Agnes Church, Lake & Bass 8:30
CONNEAUT, O.-B. of L. E. Hall.....8:30
LAKE COUNTY-Mentor Christian Church,
Route 20, Cor. Jackson, Mentor, O.....8:30
WELLINGTON-St. Patrick's Catholic
Church, No. Main St., Wellington, O. 8:30

SATURDAY

BROADWAY-CABLE-St. John's Lutheran
Church, Cable at Broadway.....8:30
FOREST CITY-6619 Denison Ave.....9:00
JACK & HEINTZ-17600 Broadway.....8:30
LANDER CIRCLE-Garfield Mem. Methodist,
Cor. Lander Rd. and Route 422.....9:00
LEAGUE PARK-St. Agnes School Hall,
East 79th and Euclid Ave.....9:00
LIBERTY-945 E. 152nd St.....9:00
MAPLE HTS.-Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT-St. Philip Neri Church,
E. 82nd and St. Clair.....8:30
MEMPHIS-Lakewood Congregational Ch.,
1375 W. Clifton, Cor. Detroit Ave.....9:00
NORWALK TRUCK LINES-
1147 E. 55th St., at Shore Drive.....9:00
PARMA-Ridgewood Savings & Loan,
5950 Ridge Road.....8:45
PLAINES-Mentor Plains Methodist Church,
Mentor, O. Routes 306 & 283.....9:00
REDWOOD-Euclid Lutheran Church,
E. 260th and Oriole.....8:30
TRINITY-Trinity Evangelical Church,
3525 W. 25th St.....9:00
VALLEY VIEW-Community Center,
West 7th and Starkweather.....8:30
8005 GROUP-8005 Lorain Ave.....8:30
ASHTABULA, O.-St. Peter's Episc. Church,
Main Avenue at South Park.....8:30
ELYRIA SATNITE-Alconon Club,
345 Broad St., Elyria, O.....8:30
MANSFIELD-AA Clubrooms,
40% No. Main St., Mansfield, O. 8:30 EST
WEST RICHFIELD-Consolidated Church,
Route 303, just west of Route 21.....9:00

SUNDAY

BEDFORD HEIGHTS-Village Hall,
5661 Perkins Rd., Bedford Heights.....7:30
BROOKSIDE-Blessed Sacrament Church,
Storer and Fulton (downstairs).....8:30
C.A.H. DISCUSSION-C.A.H. Clubrooms,
7809 Euclid Avenue.....10:45 A.M.
COLLIERWOOD-945 E. 152nd St.....7:30
DETROIT SUNDAY
8304 Detroit Avenue.....7:30 P. M.
GARDEN VALLEY-7100 Kinsman Ave.,
7106 Kinsman Ave.....4:30
GOLF LAKELANDS-Trinity Lutheran,
Redbird & Chapel, No. Madison, O.....3:00
LAKEWOOD ARMORY
1437 Wayne Ave., South of Detroit.....9:00
LORAIN COUNTY C O N S O L I D A T E D -
First Sunday of each month.....7:30
MARIA JOSEPH DISCUSSION GROUP-
Plasterers Hall, 1651 E. 24th St.....2:00
MISTI FTOE-St. Thomas Church,
9205 Superior Ave.....7:00
NEWBURY-St. Helena's Church, Rt. 87.....8:15
NEWBURGH-St. Catherine's Church,
3443 E. 93rd St.....8:30
SUPERIOR STAG-8801 Superior.....11 A.M.
TRUSTY-Cleveland House of Correction,
1000 feet east of House of Correction.....5:00
YOUR-Charter House, Euclid and 248.....7:15
TWTCTGHT-Grange Hall, Rt. 60, Axle, O. 7:30
WARRENSVILLE-Cooley Farms
Recreation Room.....10:00 A.M.
CHTPKWA-SEVILLE-V.F.W. Hall,
Seville, O.....8:30
GENEVA, O.-Legion Hall, Park St.,
corner of so. Eagle.....7:30

ALANON GROUP MEETINGS

CALVARY-Calvary Presbyterian Church,
E. 79th and Euclid.....Tuesday, 8:30
SOUTH EAST-Maple Hts. Presb. Church,
15715 Libby Road.....Tuesday, 8:00
EUCLID-26851 Gary Ave.....Wed., 8:00
CHARITY-St. Vincent Charity Hospital,
E. 22nd and Central.....Friday, 8:30
GARDEN VALLEY-(Outhwaite)
2nd and 4th Sunday.....4:30

AA CLEVELAND DISTRICT OFFICE
205 Frederick Bldg., 2063 E. 4th St. CH I-7387

1st TUESDAY EVERY MONTH
CENTRAL COMMITTEE-
Hanna Building, Room 401.....8:30
3rd TUESDAY EVERY MONTH
HOSPITAL COMMITTEE-
Hanna Building, Room 401.....8:30