



ACCEPTANCE

Few old-timers, if any, would confess the attainment of any great degree of serenity. Most would say that progress toward it has been pitifully slow. Sometimes one wonders if serenity as a goal doesn't blind our eyes to the ways and means of getting there.

All too often it seems, those with apparent serenity have gotten that way through their stubborn refusal to face problems which are too severe a challenge. This is progress? It wouldn't seem to be, for in this society we work together in our effort to be free of the anaesthetic which once blinded us all to reality and obligation.

In a sober life of relative quality we are supposed to face life realistically and meet its problems and obligations. Serenity, or the brand of it that we seek at least, does not come through blithe indifference to responsibility, or refusal to face anything unpleasant.

Our Serenity Prayer is the cornerstone for us, so let us examine it again. "God grant us the serenity to ACCEPT the things we cannot change." The goal is serenity but the path to it is a fine sense of acceptance. Our lives are touched each day with insoluble problems and irritating influences that we cannot change.

A good start might be made on the weather. We can't change that, but how many of us are irritated complainers about it? A good second step might be traffic conditions. How many of us find ourselves in a complete lather over and over, because of traffic snarls?

But it is in the conditions we face in relation to other people that most of us nearly go to the cleaners intermittently. And if other people are kind and good to us, then more often than not we manufacture our own resentments out of thin air. Too much stress is laid these days in all facets of life, on the importance of influencing other people. Some wives never cease in their effort to make their husbands what they think they ought to be, or could be, or really are. And vice versa, too! Parents have high hopes for their children and oft-times drive, instead of guiding and counseling.

There is an inclination among us to look at the other fellow, particularly those close to us, and blame our lack of serenity on them, or perhaps point to their lack of serenity in order to hide our own. If only we could learn to accept the other people who share this world, this life, this fellowship with us, and exert our main influence on ourselves.

We are most responsible for and have the greatest potential influence upon just one human being in this universe. And however much we may wish to help others, remember if you will, that our greatest help to others is the example of our own life.

Serenity will ever be the child of a fine sense of acceptance of the people and circumstances we cannot change. But serenity achieved at the expense of failure to face life and its pleasant problems courageously is an empty realization that can only weaken the fabric and quality of our sobriety in the end.

TOLERANCE

We were browsing through some of the early editions of Central Bulletin this morning, searching for an article which one of our very active and successful members claimed changed his thinking and changed him from an "acting AA" to an "active AA."

He suggested that we reprint the article for the benefit of newer members. He felt that it would be better received and applied than it would from him.

Since he came into AA in 1943, we sat ourselves down and really had an interesting time for over an hour. Our search ended when we reached Volume 2, No. 7, the April, 1944, issue, titled "One AA's Opinion." It follows:

"So John's in bed in the slippers' ward! Well. I saw it coming a month ago! I've been waiting for this! I'll have to go down and see him and knock some sense into him."

How many times have you heard remarks like the above? It's an attitude that is all too common. It represents a type of thinking that is both egotistical and intolerant. Let's break it down . . .

"I saw it coming . . ." Why didn't you do something about it? If John was having trouble with his thinking then, maybe he needed you. Or were you being too smug and cocky to do him any good? Were you so sure of your own personal version of the program that he was afraid and ashamed to turn to you?

Too often a man has trouble and is loath to talk over his worries with the men around him who seem so confident, so certain, so proud of their exalted position on the AA beam. He might even open up the subject only

to be given a flat . . . "You'll snap out of it! Be like me. Do it my way."

"I've been waiting for this . . ." Why? So you can crow over him?

"I'll have to knock some sense into him . . ." You don't HAVE to do anything! The work you do should be a pleasure. You don't knock sense into people. A slipper is just as sick as a prospect . . . sicker, probably, because he knows what he's kicked away.

A man slips for two reasons: (1) he didn't get the program thoroughly in the first place or (2) he deliberately decided to experiment.

If it was for the first reason, he needs to start from the beginning and go over the Twelve Steps again, particularly the housecleaning steps from Four to Nine. He needs encouragement to make a complete moral inventory. He may not realize that he came into the program originally with a subconscious reservation. His faith must be restored.

If it was for the second reason, he must do the same thing again, with emphasis on those Steps which he had been trying to take two at a time or had deferred to the tomorrows that never came.

The slipper needs help. He's scared . . . ashamed . . . resentful, and must be handled with care lest he crawl deeper into his anti-social shell.

We exist to keep each other dry. We have been given

(Continued on page two)

Man is not a
creature of
circumstances
. . . he creates
circumstances

CENTRAL BULLETIN



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TOLERANCE*(Continued from page one)*

a most important charge . . . his life, yes, his very soul is at stake! We must learn tolerance. We do that by patiently listening to the other man's troubles and problems. We must continually strive to achieve greater tolerance, greater humility, greater unselfishness . . . and be every ready to share these qualities.

May God grant us these necessary virtues and make us more effective sponsors during the coming year.

WHICH KIND ARE YOU?

Recently, I read an article in Readers Digest which said there are two kinds of people: Those who are part of the problem and those who are part of the solution.

I was struck by the parallel in the A.A. program; or, perhaps I should say the people in the program.

The article asks, "Do you think only in terms of yourself-how much you can make-what you can get out of life? Those who think that way are definitely part of the problem." To look at it from our point of view . . . Do you think only in terms of yourself-what you can get out of A.A.? If so, then you are part of the problem. You are not helping. You may even have some more drinking trouble.

The second set of questions posed by the article . . . "Or are you concerned with the contribution you can make-how much you can give-how much can you put in? People like this are part of the answer."

Again, from the A.A. point of view . . . Those in the fellowship that do the work and are always willing to help others, whether it is washing the dishes, or calling on a sick alcoholic. Those are the people that stay sober year after year.

Some people treat life like a slot machine, trying to put in as little as possible, and always trying to hit the jackpot. But I believe that people are wiser, happier and have more inner peace when they think of life as a solid, intelligent investment from which they receive in terms of what they put in. And by so doing they help preserve a wonderful way of life. Many of us have found this truth.

-Toledo Area News

CENTRAL COMMITTEE ELECTS OFFICERS

At its December meeting? Central Committee elected Jerry W., Angle group, as its 1962 Moderator and Mrs. Peg H., Friendship group, as its 1962 Vice Moderator. Expressions of appreciation for his fine leadership were extended to the outgoing, hard-working Stan P. of the Smith-Wilson group.

The Hospital Committee now meets at 7:30 p.m. on the first Tuesday, one hour before the Central Committee meeting. Representatives of groups are urged to attend both meetings. They are the watchdogs of Cleveland Area AA's dedicated to maintain the integrity and high purposes of Alcoholics Anonymous in this area.

OBITUARY

William "Scotty" Mills, a valued member of the Bedford group for fourteen years, passed on to his eternal reward on December 11. He was a victim of cancer. A widower, he is survived by one son, Mac, to whom we extend our sincere condolences.

GOOD SPONSORING

Sponsorship is a mighty responsibility. Your prospect's entire future may be in your hands, by your words and your example. Even his soul may be at stake.

Just placing the prospect in a nursing home or hospital isn't enough. Solidly (grounded AA's should be asked to visit the candidate. Certainly the sponsor should make daily contacts with him, encouraging the candidate to read AA literature which he should select carefully from the wide assortment available at the AA District Office. These, the sponsor should be well versed in before he discusses them with the patient.

If you were to train a person in your particular craft, you would most certainly give him a thorough briefing, wouldn't you? If tools or machines were involved, you would exercise extreme care that they were handled intelligently, wouldn't you?

If you were an expert at golf, howling, or any other sport, you would, if you really wanted to, give him the best of your knowledge, wouldn't you?

Teaching the AA principles is far more important and involves far greater responsibility than crafts or sports. Not only his life and that of his family are at stake . . . so are their souls!

We suggest a fervent prayer to your Higher Power, asking Him for words and guidance, before you pick up your prospect. Keeping in touch with Him before each visit is also good practice.

WORRY

We talk to many people about many things and we find that almost everyone is worrying about something. Wives worry about husbands, husbands worry about wives, parents worry about their children. There is worry about money, sickness, jobs, bombs, fallout, leaking roofs, crop failures, and fat in the wrong places.

These people are not worrying so much about what is happening to them at the moment. They're fretting about what will come tomorrow, or the next day. They're afraid of the future.

We said that almost everyone is worrying but the folks that don't worry or worry the least are our AA friends. We don't get too excited about the future. We know there is always something we must go through before there can be a future. And that is Today.

On any given morning, we get ourselves set for the business of the day, just one day. If there is anything we can do about any of the things that may worry us, we will do it. If it is impossible to do anything about a situation, we accept the fact. Since we realize we must accept the things we cannot change, we also realize that worry won't change anything.

We are almost arrogant in our confidence that we can live through any situation for the current day. But our arrogance is based on a sublime confidence that a Creator will take care of His creatures so long as we submit to His authority, rather than usurp that authority.

-The Missing Link

NEW YEAR'S EVE PARTY

The West Shore group will welcome visitors from other groups at its annual West Side AA New Year's Eve party. The party will be held in the basement of St. Peter's Episcopal Church, corner West Clifton and Detroit (entrance on West Clifton) on Sunday, December 31, beginning at 9 p.m.

There'll be dancing, with a professional dance caller on hand to keep the floor lively with variety . . . coffee, pop and potato chips for early evening . . . balloons, hats, noisemakers for everyone . . . delicious New Year's breakfast of fruit, scrambled eggs, ham, sweet rolls and coffee -all for \$3.00 per person.

To assure a place for you, please make reservations early. Call Arnold R. at ED 1-2392 or Virginia N. at ED 1-9422.

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GROUP NEWS

To insure publication, group news articles must be submitted IN WRITING before the 15th day of each month.

Allendale—January speakers: 4—Bobbie M., Matt-Talbot; 11—Art D., North East; 18—Gates H., C.A.H.; 25—Ed B., Shaker.

Bedford—Now meets at 9 p.m.

Brooklyn—January speakers: 3—Orrie K., Brooklyn (his 13th anniversary); 10—Judge Jim C., Arcade; 17—Freda L., Brooklyn (her 16th anniversary); 24—George O., Brooklyn (his 3rd anniversary); 31—Dick H., Parma Heights.

Broadway-55th—January speakers: 4—Bob F., Maria Joseph; 11—Tom N., Westside Morning; 18—Jim C., Angle; 25—Bert K., C.A.H.

Cleveland Women—January speakers: 5—Marty R., East Shore Women; 12—Marie C., Westside Women; 19—Mary G., Westside Women; 26—Mary R., Westside Women.

Gordon Square—January speakers: 5—Agnes M., Mistletoe; 12—Bill S., Lorain Ave. -Monday; 19—Al S., North Olmsted; 25—Harry D., Edgelake.

Hague—January speakers: 3—Ted R., Valley View; 10—Paul G., Parma Heights; 17—Ab W., Lakewood Armory; 24—Mazie S., Hague (her first anniversary); 31—George M., Edgelake.

Hilltop—Now start their meeting at 8:30 p.m.

League Park—Have changed their meeting place to Unitarian Society Church, 8143 Euclid Ave., corner of E. 82nd St. Meeting time 9 p.m.

Lorain County Women—Since November 26 have been meeting in Vincent Methodist Church, Route 254 and Detroit Road.

Mistletoe—January speakers: 7—Pat O’N., St. Clair Thursday; 14—John P.; 21—John C., Kirtland; 28—Al B., East Side Morning.

Night & Day—A new group which is open twenty-four hours a day with coffee and cake and conversation as its attraction (no cards). Weekly meetings are held on Tuesdays at 8:30 p.m. Closed round table discussions are held at midnight every Saturday. January speakers: 2—Don R., Friendship; 9—Jerry W., Angle; 16—Harry D., Edgelake; 23—John Y., Jr., Wickliffe; 30—Kitty K., Friendship.

North Olmsted—January speakers: 3—John F., Northeast; 10—Jase G., Avon Central; 17—Jim D., Early-Early; 24—Ed C., Newburgh; 31—Jim D., Independence.

NorthRandall—January speakers: 4—George G., Forest City; 11—Dorothy McA., Detroit Sunday; 18—Ambrose T., Angle; 25—Elwood O., Forest City.

Orchard Grove—Has changed its meeting place to St. Mark’s Episcopal Church, 15305 Triskett. January speakers: 1—No meeting; 8—Norman S., Lorain Ave. Monday; 15—Joe R., Trinity; 22—Carl A., Lorain Ave. Monday; 29—Orrie K., Brooklyn.

Parma—January speakers: 6—Ruth K., West Side Women; 13—Corne V., old time Clevelander recently returned after spending more than a year in Great Britain and the Netherlands, “carrying the message.” He now resides in Columbus, Ohio, and will appear, weather permitting; 20—Wilma O’N., West Side Women; 27—Charles S., Brooklyn.

Redwood—January speakers: 6—Joe S., Night & Day; 13—Josephine O., Collinwood; 20—Mickey McG., Edgelake; 27—Don K., St. Clair Thursday.

Smith-Wilson—Observes its Sixteenth Anniversary on Tuesday, January 30, at 8:30 p.m. in St. Joseph’s School, 9321 Orleans Ave. The guest, speaker will be Bill F., of Doan Men. Other January speakers: 2—Bill S., Lorain Ave. Monday; 9—Jim D., Independence; 16—Willie M., Strongsville; 23—Terry J., Hague.

Trinity—January speakers: 6—Mickey McG., Edgelake; 13—Jim B., Coventry; 20—Roy E., Pearl; 27—Mary W., Westside Women.

Twenty-four Hour—Observes its tenth anniversary on Wednesday January 24.

Valley View—January speakers: 6—Steve F., Valley View (his sixth anniversary); 13—Tom T., Lorain Ave. Thursday; 20—Terry J., Hague; 27—Hunter S., Valley View (his second anniversary).

West, 25th—January speakers: 1—Tom M., Solidarity (his sixth New Year’s Eve lead at our group); 8—Tony B., Hilltop; 15—Stan G., Orchard Grove; 22—Harry C., W. 25th (his seventh anniversary); 29—Ed C., Collinwood.

Refresher-Training-Meeting nights have been changed from Wednesdays to Fridays, starting January 5, 1962. January schedule: 5—Step & Tradition I, North Olmsted; 12—Step & Tradition II, Brooklyn; 19—Step & Tradition III, Hague; 26—Step & Tradition IV, Baxter. These meetings are of particular value to sponsors and new members and are always effective. The meetings start promptly at 8:30 p.m.

ALANON INVITES YOU

The Alanons will be hostesses and hosts at their annual Buffet Dinner on Saturday, January 20, at 8:00 p.m., at which event you will be made welcome. It will be held in St. John’s Social Club, 9510 Buckeye Road.

Tickets are \$1.50 per person and can be purchased from any Alanon member or at the door.

G I G G L E S

Doctor: “What’s the old skinflint complaining about now?”

Nurse: “He’s angry because he got well before the medicine ran out.” * * *

One married man: “I’m very happy—I have a wonderful home, a good job, and the finest, wife in the country.”

Another man: “Who wouldn’t be happy with his wife in the country?” * * *

“That young lady isn’t very amusing, is she?”
“No, she couldn’t even entertain a thought.” * * *

Honesty is still the best policy. The trouble is however, too many people have let it lapse. * * *

The greatest gift to others is a fine example. * * *

This may sound “corny” to some of you, but there is a lot of “food” for thought. Plant them in your mind.

ALANON GROUP MEETINGS

- ASHTABULA—Harris Memorial W. 58 & Adams.1st & 3rd Mon., 8:30
- LAKEWOOD—Congregational Church, 1375 West Clifton Blvd.Mon., 8:30
- EUCLID—Christian Church, 28000 Lake Shore Blvd..... Tues., 8:30
- SUBURBAN WEST—Our Savior Luth’n Church. 20300 Hilliard, Tues., 8:30
- MAPLE HEIGHTS—Presbyterian Church, 15715 Libby Rd..... Tues., 8:30
- BETHANY—Bethany Presbyterian Church, W. 65th & Clinton...Wed., 8:30
- E. CLEVELAND—YWCA. Lee Boulevard and Euclid ... Fri., 1:30
- CHARITY—St. Vincent’s Charity Hospital, E. 22nd & Central Fri., 8:30
- CHARDON—Pilgrim Christian Church, 113 South St.....Fri., 9:00
- PARMA—Ridgew’d Sav’s & L’n, 5950 Ridge Rd. (2nd & 4th Sat.) Sat., 8:30
- VALLEY—7100 Kinsman (2nd & 4th Sunday) Closed ... Sun., 4:00

NURSING HOMES THAT TREAT ALCOHOLICS

- (This listing does not necessarily indicate endorsement or approval)
- Cleveland Alcoholic Hospital (MW) 7809 Euclid Ave.....EX 1-8998
 - Dorothy McCauliffe Alcoholic Clinic (MW) 8304 Detroit...AT 1-3353
 - Farquharson’s Home (M) 6037 Pearl Road, P - TU 5-1882
 - Stella Maris Hospital (M) 1320 Washington Ave.....SU 1-0554

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 E. 4th St., is open weekdays from 9 a.m. to 5 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

CLEVELAND AREA AA GROUP MEETINGS

M O N D A Y

BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
EARLY-EARLY-Plasterers Union Hall, 1651 E. 24th St. (near Payne Ave.) 7:30
FRIENDLY SUBURBAN-6037 Pearl 8:00
FRIENDSHIP-Blvd. Presbyterian Ch., 24600 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal, W. Clifton and Detroit 9:00
LEE MONDAY-First Presbyter. Church, East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-St. Ignatius Hall, Lorain Ave. at West Blvd 8:30
ORCHARD GROVE-St. Mark's Church, 15305 Triskett Road 8:30
PEARL—Our Lady of Good Counsel, 4423 Pearl Rd. 8:30
RAMONA-9721 Ramona Blvd 8:30
SHAKER—Christ Episcopal Church, 3445 Warrenville Center Rd. 9:00
SOUTH EAST-7526 Broadway 8:30
SUNNY MONDAY WOMEN—Sunset Rd., St. John's Par. House, Independence 12:30
TEMPLE—Temple Baptist, 7500 Cedar 8:15
UNION—East View Congregational Church, Kinsman at E. 156th St. 9:00
WEST 25th ST.—Marvel Hall, 2858 W. 25th St. 9:00
WOMEN'S—Westside—West Boulevard, Christian Church, Madison and W. 101 8:45
BOWHALL ROAD—Alanon Club, Rte. 20 & Bowhall, Painesville, O. 7:00
ELYRIA MEN—St. Agnes, Lake & Dewey 8:30
VERMILION—Congregational Church 8:30
WILLOUGHBY, O.—Presbyterian Church 8:30

T U E S D A Y

ARCADE—No meetings until further notice.
CLARK-1917 Clark Ave. 8:30
CORLETT MIXED-Holy Family Parish, Hall, 3845 E. 131st St. 8:30
EAST SIDE WOMEN-11205 Euclid, Church of the Covenant 8:00
EDGE LAKE—Lakewood YMCA, Community Room, 16915 Detroit 8:30
EUCLID MORNING-Lake Shore Christian, Church, Lake Shore Blvd. & 280, 10:30 AM
EUCLID-WADE-C. A. H. Clubrooms, Third Floor, 7809 Euclid Ave. 8:30
FAIRMOUNT-St. Paul's Episcopal, Fairmount and Coventry 9:00
FALLS-Community Church, Olmsted Falls, 7853 Main St. (Columbia Rd.) 9:00
FAIRVIEW PARK-Fair & W Grace, Church, W. 224th and Lorain Ave 9:00
HILLTOP-St. Joseph's Seminary, 17605 Euclid Ave. 8:30
MAY-LYND—E. Cleveland Savings & Loan, 5816 Mayfield Road 8:30
MILES-LEE-Mt. Hope Lutheran Church, E. 164th, north of Miles Ave. 8:30
NIGHT & DAY-12821 St. Clair Ave. 8:30
NO. ROYALTON-Methodist Church, 13715 Ridge Road 8:30
SMITH-WILSON-St. Joseph's School, 9321 Orleans Ave. 8:30
SUPERIOR-North Presbyterian Church, E. 40th and Superior 8:30
TRUSTY—Cleveland House of Correction, 1000 feet east of House of Correction 8:00
WEST PARK-Puritan Lutheran Church, Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.—First Presbyterian Church, 3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—Methodist Church, South Broadway Geneva, Ohio—First Tuesday 8:30
KIRTLAND, O.—Old South Ch. Rt. 306 8:30
LAKE COUNTY—Meth. Fellowship Hall, Rt. 20-E. Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O. Trinity Church 8:30
MANSFIELD—Episcopal Church, 41 Bowman St., Mansfield, O. 8:30 EST
MEDINA, O.—St. Paul's Epis. Par. Hse. 8:30
SANDUSKY, O. (Firelands)—First Pres-terian, across from Post Office 8:30
SHREVE—Shreve Armory, South St., Shreve, O. 8:30 EST
STRONGSVILLE—Town Hall 8:30

W E D N E S D A Y

BAXTER-St. John's Lutheran School, 5826 Cable 8:30
BEDFORD-Bedford Christian Church, Warrensville Center and Blaine 9:00
BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30
C. E. I.—Illuminating Co., Bldg. (rear) Room 361, 55 Pub. Sq. 8:30
COLLINWOOD-945 E. 152nd St. 8:30
DOAN MEN-YMCA (University Circle), 2055 E. 105th St., Second floor front 8:30
EASTSIDE MORNING-9606 Euclid Ave., Euclid Ave. Congre (Side ent.) 10:30 a.m.
GARFIELD—Pilgrim E. & R Church, 4592 E. 131st St. 8:30

HAGUE—Grace Cong. Assembly Hall, West 65th and Colgate 8:30
LAKEWOOD WOMEN—St. Peter's Episcl, 18001 Detroit Ave. (Cor. W. Clifton) 8:30
LORAIN-TRISKETT—West Park YMCA, 15500 Lorain Ave. 9:00
LEE ROAD—Pint English Lutheran, Derbyshire and Euclid Hts. Blvd. 9:00
NO. OLMSTED-City Hall, Dover Road 9:00
PSYCHIATRIC HOSPITAL-1708 Aiken 8:30
ST. JAMES—St. James Church, E. 84th and Cedar 8:00
SOUTHWEST WOMEN—6037 Pearl Rd. 8:00
TRAINING-REFRESHER—Illuminating Bldg. (rear) Rm. 361, 55 Public Sq. 8:30
TWENTY-FOUR HOUR—13216 Detroit, Church of the Ascension 8:30
WARRENSVILLE—Women's House Cor. 7:30
WEST SHORE—West Shore Unitarian, 20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)—Twelfth Step Club, 8304 Detroit Ave. 8:30
ASHTABULA COUNTY WOMEN—Harris Memorial, W. 58th & Adams, Ashtabula, Second and Fourth Wednesday 7:30
BRUNSWICK, O.—Cuyahoga Ass'n Bldg., Route 42, So. of 303, next to Marshall's 8:30
ELYRIA, O.—St. Paul Building, Third and Middle, side entrance 8:30
FAIRPORT HARBOR-i&her Center, Eagle St., Fairport Harbor 8:00
INTERRACIAL—30th & Wood, Lorain, O., Mt. Zion Baptist Church 8:30
JEFFERSON, O.—St. Joseph's Church 8:30
LAKE COUNTY WOMEN—Grace Episcopal, 38015 Euclid Ave., Willoughby 1:00
LORAIN COUNTY WOMEN—Vincent, Methodist, Detroit Rd. and Rte. 254 8:30
SANDUSKY, O.—Provid. Hos. Cafeteria 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 E.S.T.
WICKLIFFE—Wickliffe Presbyterian Church, E. 300th & Ridge Rd. (Route 84) 8:30

T H U R S D A Y

ALLENDALE-St. Paul's Episcopal, Church, 15837 Euclid Ave. 8:30
ANGLE-St. Malachi's, 2459 Washington 9:00
BROADWAY-55th—Our Lady of Lourdes, School Hall 8:30
COVENTRY—Fairmount Presby. Church, Scarborough and Fairmount Blvd. 8:30
CRILE HOSPITAL—Library 8:00
CROSSROADS-St. Luke's Episcopal, W. 78th St. and Lake Ave. 8:30
EAST LAKE—First Congregational Church, 33700 Vine St. 9:00
EAST SHORE WOMEN-1505 E. 260th, Hope Congregational Church 8:30
GARDEN VALLEY—(Outhwaite), 7100 Kinsman Ave. 8:00
LORAIN AVE.—St. Gregory School, Madison Ave. & W. 129th 9:00
NORTH RANDALL-Village Hall, 21937 Miles Ave. 9:00
PARMA HEIGHTS-6400 Pearl Road, Laux Realty Basement (rear ent.) 8:30
ROCKY RIVER-Rockport Methodist, Church, 3301 Wooster Road 9:00
ST. CLAIR-THURS.—Nottingham Meth-odist Church, St. Clair & Melville 8:30
TRUSTY-Cleveland House of Correction, 1000 feet east of House of Correction 8:00
WEST SIDE MORNING-W. 98th & Denison, Hungarian Lutheran Church 11 AM
ASHLAND THURSDAY-2nd and Union, Rossaro's Restaurant 8:00 EST
ASHTABULA HARBOR-North End Club, Corner Walnut Blvd. & Lake Ave. 8:30
BEREA—Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland Rd. 9:00
ELYRIA-St. Jude's School, Poplar St. 8:30
INDEPENDENCE, O.—St. John's Lutheran, Hall, Second and Sunset 9:00
MAPLE LEAF-Congregational Church, Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE—Congregational Church, Educ. Bldg., Mentor Ave., P'sville 8:30

F R I D A Y

ANSEL ROAD-St. Thomas Church, 9205 Superior Ave. 9:00
BROADWAY-HARVARD-8437 Br'dway 9:00
CEDAR-Salvation Army, 5005 Euclid 8:15
CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—1031 Ter. Tow. 6:00
EUCLID FRIDAY—Epiphany Church, Lake Shore and E. 210th 9:00
FRIDAY AFTERNOON WOMEN—Ply-mouth Church, Coventry and Drexmore, Krumbine Room 1:00
GORDON SQUARE—St. Helena's Hall, 1367 W. 63th St. 9:00
LEE ROAD—American Legion Hall, Poet 163, 15544 Euclid Ave. 9:00
NORTH EAST—Town House Motel, 15661 Euclid Ave. 8:30
SOLIDARITY—Friendly Inn Settlement, 2382 Unwin Rd. (off Quincy Ave.) 8:30

S T E L L A M A R I S M I X E D

1320 Washington Ave. 8:15
TAPCO-23555 Euclid Ave. 9 p.m.
 Second Friday of each month
WEST CLIFTON—Lkwd. Congregational, Church, 1375 W. Clifton Road 9:00
AVON LAKE-First Congregational Church, 32801 Electric Blvd. 8:30
BEREA—Social room of Berea Cong., Church, Seminary and Church 8:30
CHAGRIN FALLS-Federated Churches, 76 Bell Street 9:00
CHARDON-Pilgrim Christian Church, 113 South Street, Chardon, O. 9:00
ELYRIA—St. Agnes (down) Lake & Dewey 8:30
CONNEAUT, O.—B. of L. E. Hall 8:30
WELLINGTON-St. Patrick's Catholic, Church, No. Main St., Wellington, O. 8:30

S A T U R D A Y

FOREST CITY-2125 Broadview Rd. 9:00
JACK & HEINTZ-17600 Broadway 8:30
LANDER CIRCLE-Garfield Mem. Methodist, Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK-Unitarian Church, 8143 Euclid Ave., Cor. E. 82nd St. 9:00
LIBERTY-945 E. 152nd St. 9:00
MAPLE HTS.—Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT-Windermere Presb. Ch., Euclid Ave. and Windermere 8:30
345 Broad St., Elyria, O. 8:30
LORAIN SATNITE—7th and Reed St., St. Mary's Church Basement 8:30
MANSFIELD-IO³ S. Park 8:00 E.S.T.
NEWBURGH STATE HOSPITAL-Williams, Bldg., Entrance at 4455 Turney Rd. 7:30
NORWALK TRUCK LINES—, 1147 E. 55th St., at Shore Drive 9:00
MEMPHIS—Lakewood Congregational Ch., 1375 W. Clifton, Cor. Detroit Ave. 9:00
PARMA—Ridgewood Savings & Loan, 5950 Ridge Road 8:45
PLAINS—Plains Methodist Ch., Mentor, O., Rts. 306 and 283, Mentor, O. 8:30
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church, 3525 W. 25th St. 9:00
VALLEY VIEW-Pilgrim Congr. Church, 2592 W. 14th, cor. Starkweather 9:00
ASHTABULA, O.—St. Peter's Epis. Church, Main Avenue at South Park 8:30
ELYRIA SATNITE—Alconon Club, MIDDLEFIELD-Methodist Church, South Main St., Middlefield, O. 8:30
WEST RICHFIELD-Consolidated Church, Routs 303, just west of Route 21 9:00

S U N D A Y

AVON CENTRAL-Basement Central Bank, 36690 Detroit Road, Avon, O. 8:00
BEDFORD HEIGHTS-Village Hall, 5661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE-Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
C.A.H. DISCUSSION-C.A.H. Clubrooms, 7809 Euclid Avenue 10:45 A.M.
COLLINWOOD-945 E. 152nd St. 7:30
DETROIT SUNDAY—, 8304 Detroit Avenue 7:30 P.M.
DISCUSSION-6700 Detroit Ave. 7:00
GARDEN VALLEY-Outhaait, 7100 Kinsman Ave. 4:30
GOLF LAKELANDS-Trinity Lutheran, Redbird & Chapel, No. Madison, O. 8:00
LAKEWOOD ARMORY—, 1437 Wayne Ave., South of Detroit 9:00
LAKEWOOD CLOSED-18001 Detroit Ave., St. Peter's Episcopal Church 8:30
LORAIN COUNTY CONSOLIDATED—, St. John's Sch., 31 & Rt. 57, Lorain 7:30
MARIA JOSEPH—Plasterers Hall, 1651 E. 24th St., at Payne Ave. 2:00
MISTLETOE—St. Thomas Church, 9205 Superior Ave. 7:00
NELA PARK-Cafeteria, Advertising Bldg., Nela Park, Noble Road 7:30
NEWBURGH-St. Catherine's Church, 3443 E. 93rd St. 8:30
NEWBURY-St. Helena's Church, Rt. 87 8:15
SUPERIOR STAG-8801 Superior 11 A.M.
TRUSTY-Cleveland House of Correction, 1000 feet east of House of Correction 5:00
VALLEY WOMEN'S DISCUSSION GROUP, 2nd & 4th Sunday, 7100 Kinsman 3:30
YOUR-Euclid Community House, 240 Briardale 7:15
TWILIGHT—Grange Hall, Rt. 60, Axtel, O. 7:30
WARRENSVILLE—Cooley Farms, Recreation Room 10:00 A.M.
CHIPPEWA-SEVILLE-V.F.W. Hall, Seville, O. 8:00
GENEVA, O.—Legion Hall, Park St., corner of So. Eagle 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 E.S.T.
AA CLEVELAND DISTRICT OFFICE, 205 Frederick Bldg., 2063 E. 4th St. CH 1-7387



TIME

Most of us wasted life itself and then were given a second life we did not deserve with the gift of sobriety thrown in. We should value the precious time remaining. Yet how **many** of us view time in its right perspective for what it really is?

Time is the raw material with which we work. Having the precious gift of sober life, adequate gratitude can **only** be shown, if with time as our thread, we use our God-given talents to their full, in weaving a fabric of quality.

We are a restive group given by nature to nervous haste. We pay dearly when we ask time to deliver fruit in advance of the harvest season. We should not expect the performance of hopes and aspirations which **only** our maximum effort for the right length of time, will ripen into actuality. Quite often there are problems in which time is the only physician and patience is the watchword. Hence the importance of "easy does it," in our way of life.

Surely we of all people cannot afford to deliberately waste time either. That is one area of human activity or lack of it, in which each of us could very well make the entry, "quota exceeded."

Nor can we afford the indirect waste which flows from careless habits and customs. Rather we need to save time through forming proper habits and practices. We should strive to make routine necessities of life as automatic and mechanically habitual as possible.

Thus we save our precious raw material, time, and especially our minds and spirits for greater meditation and contemplation of the really important things of life.

One of the most common sources of un happiness is procrastination. Putting things off is a common human failing. Unusually pronounced among us, it is an insidious vice, almost a disease, which we must put down if we are to be happy. Happiness is now or never. Through putting things off, burdens pile to mountainous stature and we blow our stacks or swing into massive depressions. Common sense tells us, if we permit it to do so, that these tricks are no escape from reality, any more than alcohol was. Eventually, after mental anguish or worse, we must roll up our sleeves and get to work.

It is reprehensible for anyone to kill time. That word is not strong enough for us. Relaxing of tension is important but doing nothing is not a road to serenity. Not to be occupied and not to exist, amount to the same thing. We waken each morning with a divine purse filled with 24 hours. We need to seek with all our body, mind and spirit, the wisest use of that allowance. In doing so we should eschew the past but for the wisdom it affords, and pass up as well, the craning of our necks to foresee the shrouded future. Asking for knowledge of the will of God as we understand Him, we need to concentrate on what lies clearly at hand. Today is our day, our happiness, our sobriety, our raw material with which to work. Let us, with God's help, mold this lump of clay into a thing of beauty.

BLOW BY BLOW

The following letter reached our desk just as we were musing upon a theme for our monthly editorial. The letter was written by one of our very active members and merits, in our opinion, the attention of every member who is called upon to address a captive audience. He **writes**:

"Is the speaker's platform becoming a substitute for the head shrinker's couch? After listening to a lead last night where the qualifying took one hour and twenty minutes, in which every thought and emotion since age 6 was gone into and explained, I began to wonder if I and the new man who was attending his first meeting were not in the wrong place.

"In my opinion no speaker in AA has a right to **bore** a captive audience for one hour and twenty minutes with an account of every drink he ever took and every emotion he ever experienced.

"At the end of the lead, the speaker did say that he hoped and prayed that some day he could cut down on his qualifying. In my judgment he need not worry too much about **this**, for the word gets around and he **will** be in less demand as a speaker.

"Please offer some suggestions that will help the misguided few who try the patience and tolerance of many who are seeking more "handles" to strengthen their resolve to **stay** sober.

"**The** length of a lead has nothing to do with my thinking on this subject. Most leads are too short as far as I'm concerned. for when AA is the main topic of discussion, I can't hear enough."

We have been asked to write on this subject several times in the past years and have hesitated because of

the pattern that was set twenty-six years ago by our founders and their followers. Their purpose was psychological in that a newcomer would also open the **floodgates** of candor which enabled the members to better counsel him. **As** the members **told** their story, the newcomer **became willing** to put **his** cards on the table face up and **tell all**.

However, as AA groups began to sprout rapidly in every sector of the United States, the audiences grew beyond the "closed conferences" stage to large mass meetings. Closed conferences were also held for newcomers who, after a period of time, were permitted to attend the regular meetings as members.

At these regular meetings the speaker spent little time in qualifying inasmuch as he wouldn't be addressing the meeting unless he were qualified. So most of his talk centered on the necessity of practicing the Twelve Steps and his own method in applying them. Many of them differed in their approach, but in the main each was sincere and determined to **adapt** his **daily** life to the Four **Absolutes**—honesty, unselfishness, love-and purity.

We join with our friend in beseeching those who are asked to speak to limit their qualifying to a few instances which prove a point and emphasize the qualities of the AA program which is keeping them sober.

Everybody knows how to get drunk, but there are thousands of us who need to know how to stay sober. Many

(Continued on page two)

Doing nothing
becomes tiresome
because you can't
stop and rest.



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Vol. 20

February, 1962

No. 5

MILL ENDS AND REMNANTS

On the premise that four equal parts make a whole is a fifth absolute to implement the Four Absolutes of living happily sober and grateful by being:

HONEST - UNSELFISH - LOVING - PURE

Yet the fifth, in its **inherency** as an equal part with each of the four, cannot be made whole separately, except as we think and practice.

However, for the purpose of this discussion and to stimulate our consideration and thinking in light of its importance to each of the other four, we make it whole. It is being a—

GOOD LISTENER!

There is much to be said, much more to be applied in the use of this fifth absolute as a segment of each of the other four in our efforts to live them to the best of our ability each twenty-four hours.

In those shaky, grey days of our early sobriety we were soundly advised to be **good listeners**, for though only a portion of that which we heard was comprehensible, it led to the day when we began to grasp and understand that which we heard.

Then, as surely as dawn follows night, came the day when we began to exercise the least of the talents-talking. And most of us are more adept in the pursuit of this less **artful** talent than the subject of this column—GOOD LISTENING.

In applying the Four Absolutes as we live the Twelve Steps it is vital that we **LLSTEN** well to the voices of conscience, of the knowledge of the will of **God** for which we pray and to the admonitions, the reason and understanding of our minds, our hearts and our souls.

As we develop our capacity for being GOOD LLSTENERS our lives encompass greater beauties, circumscribe greater horizons and probe greater depths.

You don't believe it? Try it!, by George.

CLEVELAND DISTRICT OFFICE FUNDING

In **keeping** with tradition that we are self-supporting through our own contributions, members of **Alcoholic Anonymous** in the greater Cleveland area will be given their annual opportunity to express their gratitude and share their goods during the Cleveland District Office 1962 Funding Campaign.

During the period February 8 through March 1 volunteer member-workers will be in contact with groups and individuals to solicit **group** and individual contributions in support of the office. To assure an always open door and the continuation of the high standard service functions of the Cleveland District Office needs are estimated to be \$16,000 for 1962. (Ed. Note: See box Page 3)

BLOW BY BLOW

(Continued from page one)

listeners are seeking a formula for drinking moderately, little realizing that they have become compulsive drinkers and, accordingly, alcoholics.

Let's all take stock of ourselves and **think**, when we are asked to speak, on how we can best impart our formula for sobriety to the men and women who are seeking a solution to their problem.

DO WE TAKE MEETINGS FOR GRANTED?

We had a visitor in our area, **several months ago**, named Andy A., from South Dakota. Andy has been a member of AA for a number of years, and a subscriber to the Central Bulletin for **about** the last ten years. During his short stay, he attended a meeting every night, and his wife attended a number of meetings as well as an **Alanon** meeting.

Andy comes from an area which is served by only one group. Consequently, he is limited to one meeting per week; he does not have choice that we Greater **Clevelanders** do. Some of the members of his group travel for many miles to attend. If a severe snowstorm makes the roads impassable, or if a serious emergency confronts the entire community, it may be two or even three weeks between meetings. As a result, those who seek to achieve and maintain sobriety have somewhat of an uphill struggle.

Seeing Andy enjoy the abundance of meetings with which our area is blessed was quite an eye-opener. This quiet but personable man had subsisted on a rather lean diet of AA for many years, had taken full advantage of what was available to him (Grapevine, correspondence, Central Bulletin, other publications), and radiated true gratitude for the blessings that had been bestowed upon him. We could not help but compare this attitude with that of so **many** of our **acquaintances** who are irregular in their attendance, careless in applying the principles and shiftless in carrying the message (and bewildered by their "slips"). We feel that an increased appreciation of our generous **bounty** would be most beneficial to all of us.

—J. T. B., North Olmsted Group

AA GOLF LEAGUE

Anyone interested in playing golf during the summer of 1962 should contact Bob N. at **WY 1-2654**. A meeting will be arranged for sometime in February should the interest justify calling it.

OBITUARIES

Ken Brooks, one of the most effective speakers on AA in our acquaintance, whose philosophy on "acceptance" and "carrying the message" has changed the lives of an amazing number of people across the wide ranges of Canada and the United States, passed away after an operation on his other leg on December 23. His passing leaves us with a very deep sense of loss. We were privileged to meet him on October 13, 1952. A planned short visit lasted two hours. We were so impressed with his story, his **courage** and his dedicated work in AA in **spite** of being bedridden (except for two hour periods **each** week of AA meetings), being totally blind, that we wrote an editorial **about** him in the October issue of Central Bulletin, which was subsequently reprinted in **Contemporary** AA Bulletins. Ken, in **spite** of his **poor** heart and other handicaps, radiated joy; and good will. He was a type one can never forget and who will remain fondly in the memories of the thousands who were inspired by him. To his beloved with Olive, whose devotion and faith won her for her the same affection and respect that Ken inspired, we offer our condolences and pray that God will grant her comfort and peace.

James W. Echelberger, one of Ashland's most dedicated workers for the past eleven years died suddenly on December 2. He had been active to the very end, having attended his home **group** meeting three days before and the Loudenville group he day before his demise. **He** is survived by his wife Dorothy, and a son and daughter. Our sympathy goes out to his bereaved family. Stalwarts like Jim will be hard to replace.

Ed Swanson, a member of the Lee Friday group for over twenty years, passed away on January 8 after five years of illness. He practiced continued sobriety and was the type of stalwart which are difficult to replace. Our sympathy goes out to his wife, **Cara**, and to his two married sons and one married daughter.

GROUP NEWS

To insure publication, group news articles must be submitted IN WRITING before the 15th day of each month.

Allendale-February speakers: 1-Whitey C., Allendale (his 16th anniversary); 8-Jack L., Newburgh; 15-John C., Kirtland; 22-Joe W., Allendale.

Ansel-Formerly the Ansel Road group, it meets in new quarters in Lithuanian Hall, 6835 Superior Avenue, on **Wednesday** at 8:30 p.m.

Baxter-February speakers: %-Alice B., Independence; 14-Jim D., Independence; &1-Jim M., Forest City; 28-(“Chuck” S., St. Clair-Thursday.

Brooklyn-February speakers: 7-A joint lead by two Brooklyn members observing their anniversaries, **Vince McC.** (his 9th) and **Danny K.** (his 17th); Id-Ambrose T., Angle; 21-Jack N., Arcade; 28-Agnes N., Mistletoe.

Chagrin Valley Women-A new women's group has been established which holds its meetings in **Garfield Memorial Church**, Lander Circle, Lander Road and Route 422, on Tuesday afternoons at 1 p.m. **Barbara P.** is secretary.

Cleveland Women-February speakers: 2-Alice B., Clark; 9-Nellie F., 6700 Discussion; 16-Betty T., Eastside Women; 23-Ellen C., Friday Afternoon Women.

Early-Early-February speakers: 5-Marty R., East Shore Women; 12-Tony P., Euclid-Wade; 19-Bobbie M., Matt Talbot; 26-Joe McK., North East.

Elyria-Wednesday-Observes its Nineteenth Anniversary on Wednesday, February 21, at 8:30 p.m. in St. Paul Church building, corner Middle Ave. and Third Street. The speaker will be **Franklyn S. Doan Men**, who will make his eighteenth consecutive lead at their anniversary meeting. Last year over 200 attended. They can accommodate more.

Friendship-February speakers: &George **McF.**, **Wickliffe**; 12-Marge V., East Shore Women; 19-Margaret M., Lander Circle; 26-Closed Discussion.

Garden Valley Thursday-February speakers: 1-Brownie L.; 8-Walter K.; Xi-William R.; 22-Bill S.

Garden Valley Sunday-February speakers: 4-Roy C.; 11-Temple Group anniversary; 18-Ted B.; 25-Art W.

Gordon Square-February speakers: 2-Frank C., Falls; S-Joe S., Falls; 16-Ralph D., Valley View; 23-“Whitey” C., Allendale.

Hague-February speakers: 7-Walter S., Valley View; 14-Tom T., Lorain Ave.-Thursday; 21-Howard B., Independence; 28-Our Fourth Anniversary. Speaker, **Kenny K., Doan Men.**

Hilltop-February speakers: 6-Harry C., W. 25th; 13-Jerry W., Angle; 20-Andy C., Allendale; 27-Earl J., Baxter.

Lorain Ave. Monday-February speakers: 5-Howie L., Angle; 12-Jack B., Brookside; 19-Bill McA., Angle; 26-Bud W., Cleveland Psychiatric.

Lorain-Triskett-All February speakers are members of the group. They are: 5-Chas. McC.; 12-Bill W.; 19-Dave T.; 26-Dick F.

Mistletoe-February speakers: 4-Elsie C., Coventry; 11-Larry O'C., Arcade; 18-Ed H., Monday-Lee; 25-Elwood O., Forest City.

Night & Day-Now hold three open meetings each week, Tuesday evenings at 8:30, Thursday noons and Saturdays at midnight. February speakers for Tuesday are: 6-Tom V., Borton; 13-George G., Forest City; 20-Esther R., St. James; 27-Franklyn S., Doan Men. Saturday speakers: 3-Panel Discussion led by Angle group; 10-Mel S., Your; 17-Panel Discussion by Northeast members; 24-Chuck S., St. Clair Thursday. Thursday speakers: 1-Bill L., Allendale; 8-Betty E., East Shore Women; 15-May D., East Side Women; 22-Chris G., Night & Day.

North Olmsted-Speakers for February: 7-George M., Edgelake; 14-Anne C., Niles, 0.; 21-Bill O'B., Independence; 28-Alice M., Sunny Monday.

Orchard Grove-February speakers: 5-Jack H., Lorain Ave. Monday; 12-Ruth W., Elyria; 19-Tom M., St. James; 26-Roger R., Orchard Grove.

St. Clair Thursday-February speakers: 1-Dave S., Forest City; &Josephine S., Cleveland Women; 15-Gene C., Coventry; 22-Betty E., East Shore Women.

Solidarity-February speakers: 2-Jean C., League Park; 9-Jim B., Berwin; 16-Fran P., Your; 23-Billie and Jackie M., Parma.

Trinity-February speakers: 3-George and Ray DeL., Crossroads (a father and son lead); 10-Ruth K., West Side Women; 17-Fred D., Coventry; 24-William S., Brooklyn.

Valley View-February speakers: 3-Tom W., Valley View; 10-Agnes N., Mistletoe; 17-Leroy R., Berea Friday; 24-Jim H., Valley View (his 4th anniversary).

W. 25th-February speakers: 5-Tony M., Hilltop (his 12th anniversary); 12-Fred H., Garden Valley; 19-Agnes N., Mistletoe; 26-Donald L. V., Garrettsville.

Women's House of Correction-February speakers: 7-Henderson H., Garden Valley; 14-Virginia H., Garden Valley; 21-Chas. C., Solidarity; 28-Geraldine R., Garden Valley.

Your-February speakers: 4-Andy C., Allendale, 11-Herb C., Superior; 18-Jean C., Euclid-Wade; 25-Charlie S., Friday Lee.

CONSOLIDATED MEETING

**Nurses Auditorium, Charity Hospital
Sunday, March 4, 1962, 4 p.m.**

The first 1962 Consolidated Meeting under the auspices of Central Committee will be held on Sunday? March 4 at 4 p.m. in the Nurses Auditorium of Charity Hospital. The speaker will be **Bud M.**, of Meadville, Pa.

These meetings enable members from all groups in the area to hear outstanding speakers, as well as meeting old friends from distant parts of town. Attend. You'll be well rewarded.

DID YOU KNOW. . . ?

That during the 18 years that the Cleveland District Office has been open there have been 12,910 calls for help turned over to group secretaries for contact? . . . that 7,878 of these calls were reported receptive on first contact? . . . that 5,135 sets of literature have been sent out in response to requests? . . . that 1,829 speakers have been supplied to AA Groups and to Civic, Religious and Educational Organizations? It's a fact!

ALANON GROUP MEETINGS

- ASHTABULA-Harris Memorial W. 58 & Adams.1st & 3rd Mon., 8:30
- LAKEWOOD-Congregational Church, 1375 West Clifton Blvd.Mon., 8:30
- EUCLID-Christian Church, 28000 Lake Shore Blvd Tues., 8:30
- SUBURBAN WEST-Our Savior Luth'n Church, 20300 Hilliard, Tues., 8:30
- MAPLE HEIGHTS-Presbyterian Church, 15715 Libby Rd. Tues., 8:30
- BETHANY-Bethany Presbyterian Church. W. 65th & Clinton.....Wed., 8:30
- E. CLEVELAND-YWCA, Lee Boulevard and Euclid Fri., 1:30
- CHARITY-St. Vincent's Charity Hospital, E. 22nd & Central Fri., 8:30
- CHARDON-Pilgrim Christian Church, 113 South St. Fri., 9:00
- PARMA-Ridgew'd Sav's & L'n, 5950 Ridge Rd. (2nd & 4th Sat.) Sat., 8:30
- VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed Sun., 4:00

NURSING HOMES THAT TREAT ALCOHOLICS

- (This listing does not necessarily indicate endorsement or ●) (rewl)
- Cleveland Alcoholic Hospital (MW) 7809 Euclid Ave.....EX 1-8998
 - Dorothy McCauliffe Alcoholic Clinic (MW) 8 3 0 4 Detroit-AT 1-3359
 - Farquharson's Home (M) 6 0 3 7 Pearl Road, Parma.....TU 5-1883
 - Stella Maris Hospital (M) 1320 Washington Ave.....SU 1-0534

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 E. 4th St., is open weekdays from 9 a.m. to 5 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is **CHerry 1-7387**.

CLEVELAND AREA AA GROUP MEETINGS

MONDAY

BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
EARLY-EARLY—Plasterers Union Hall, 1651 E. 24th St. (near Payne Ave.) 7:30
FRIENDLY SUBURBAN—6837 Pearl 8:00
FRIENDSHIP—Blvd. Presbyterian Ch., 34688 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit 9:00
LEE MONDAY—First Presbyter. Church, East Cleveland, Nela and Euclid 8:30
LORAIN AVE.—St. Ignatius Hall, Lorain Ave. at West Blvd. 8:30
ORCHARD GROVE—St. Mark's Church, 15305 Triskett Road 8:30
PEARL—Our Lady of Good Counsel, 4423 Purl Rd. 8:30
RAMONA—7721 Ramona Blvd. 8:30
SHAKER—Oh & Episcopal Church, Warrensville Center Rd. 9:00
SOUTH EAST—7536 Broadway 8:30
SUNNY MONDAY WOMEN—St. John's Par. House, Independence 12:30
TEMPLE—Temple Baptist, 7500 Cedar 8:15
UNION—East View Congregational Church, Kinsman at E. 156th St. 9:00
WEST 25th ST.—Marvel Hall, 2838 W. 25th St. 9:00
WOMEN'S—Westside—West Boulevard Christian Church, Madison and W. 101 8:45
BOWHALL ROAD—Alanon Club, Rte. 20 & Bowhall, Painesville, O. 7:00
ELYRIA MEN'S—St. Agnes, Lake & Dewey 8:30
VERMILION—Congregational Church 8:30
WILLOUGHBY, O.—Presbyterian Church 8:30

TUESDAY

ARCADE—No meetings until further notice.
CHAGRIN FALLS WOMEN—Garfield Memorial Church, Lander Rd. & Rte. 422 1:00
CLARK—1917 Clark Ave. 8:30
CORLETT MIXED—Holy Family Parish Hall, 3845 E. 131st St. 8:30
EAST SIDE WOMEN—11205 Euclid, Church of the Covenant 8:00
EDGE LAKE—Lakewood YMCA, Community Room, 16915 Detroit 8:30
EUCLID MORNING—Lake Shore Christian Church, Lake Shore Blvd. & 380 10:30 AM
EUCLID WADE—C. A. H. Club, Third Floor, 7889 Euclid Ave. 8:30
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 9:00
FALLS—Community Church, Olmsted Falls, 7853 Main St. (Columbia Rd.) 9:00
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave. 9:00
HILLTOP—St. Joseph's Seminary, 17608 Euclid Ave. 8:30
MAY-LYND—E. Cleveland Savings & Loan, 5816 Mayfield Road 8:30
MILES-LEE—Mt. Zion Lutheran Church, E. 164th, north of Miles Ave. 8:30
NIGHT & DAY—12821 St. Clair Ave. 8:30
NO. ROYALTON—Methodist Church, 13715 Ridge Road 8:30
SMITH-WILSON—St. Joseph's School, 9321 Orleans Ave. 8:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior 8:30
TRUSTY—Cleveland House of Correction, 1000 feet east of House of Correction 8:00
WEST PARK—Puritas Lutheran Church, Puritas Ave. and W. 138th St. 8:30
ASHLAND—D. First Presbyterian Church, 3rd & church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—Methodist Church, South Broadway Geneva, Ohio—First Tuesday 8:30
KIRTLAND—O. Old South Ch. Rt. 306 8:30
LAKE COUNTY—Meth. Fellowship Hall, Rt. 20-E. Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O. Trinity Church 8:30
MANSFIELD—Episcopal Church, 41 Bowman St., Mansfield, O. 8:30 EST
MEDINA—O. St. Paul's Epis. Par. Hse 8:30
SANDUSKY, O. (Pirelands)—First Presbyterian, across from Post Office 8:30
SHREVE—Shreve Armory, South St., Shreve, O. 8:30 EST
STRONGSVILLE—Town Hall 8:30

WEDNESDAY

BAXTER—St. John's Lutheran School, 5826 Cable 8:30
BEDFORD—Bedford Christian Church, Warrensville Center and Blaine 9:00
BROOKLYN-K. of P. Hall, 3316 Broadway, East of Pearl Rd. 8:30
COLLINWOOD—945 E. 152nd St. 8:30
DOAN MEN—YMCA (University Circle), 2055 E. 105th St., Second floor front 8:30
EASTSIDE MORNING—9696 Euclid Ave., Euclid Ave Congre. (Side ent.) 10:30 a.m.
GARFIELD—Pilgrim E. & R. Church, 4592 E. 131st St. 8:30

HAGUE—Grace Cong. Assembly Hall, West 65th and Colman 8:30
LAKEWOOD WOMEN—St. Peter's Episc. 18991 Detroit Ave. (Cor. W. Clifton) 8:30
LORAIN-TRISKETT—West Park YMCA, 15500 Lorain Ave. 9:00
LEE ROAD—Fint English Lutheran, Derbyshire and Euclid Hts. Blvd. 9:00
NO. OLMSTED—City Hall, Dover Road 9:00
PSYCHIATRIC HOSPITAL—1709 Aiken 8:30
ST. JAMES—St. James Church, E. 84th and Cedar 8:00
SOUTHWEST WOMEN—6037 Pearl Rd. TWENTY-FOUR HOUR-13216 Detroit, Church of the Ascension 8:30
WARRENSVILLE—Women's Hour Cor. 7:30
WEST SHORE—West Shore Unitarian, 20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)—Twelfth St 99 Club, 8304 Detroit Ave. 8:30
ASHTABULA COUNTY WOMEN—Harris Memorial, W. 58th & Adams, Ashtabula Second and Fourth Wednesday 7:30
BRUNSWICK—Cuyaboga Ass'n Bldg., Route 42, So. of 303, next to Marshall 8:30
ELYRIA, O.—St. Paul Building, Third and Middle, side entrance 8:30
FAIRPORT HARBOR—Luther Center, Eagle St., Fairport Harbor 8:W
INTER-RACIAL—38th & Wood, Lorain, O., Mt. Zion Baptist Church 8:30
JEFFERSON—O. S. St. Joseph's Church 8:30
LAKE COUNTY WOMEN—Grace Episcopal, 38015 Euclid Ave., Willoughby 1:00
LORAIN COUNTY WOMEN—Vincent Methodist, Detroit Rd. and Rte. 254 8:30
SANDUSKY, O.—Provid. Hos. Cafeteria 7:30
MANSFIELD, O.—204 S. Park 8:00 E.S.T.
WICKLIFFE—Wickliffe Presbyterian Church, E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal Church, 15837 Euclid Ave. 8:30
ANGLE-ST. Malachi's, 2459 Washington 9:00
ANSEL—Lithuanian Hall, 6835 Superior Ave. 8:30
BROADWAY-55th—Our Lady of Lourdes School Hall 8:30
COVENTRY—Fairmont Presby. Church, Scarborough and Fairmount Blvd. 8:30
CRTELE HOSPITAL—Library 8:00
CROSSROADS—St. Luke's Episcopal, W. 78th St. and Lake Ave. 8:30
EAST LAKE—First Congregational Church, 33700 Vine St. 9:00
EAST SHORE WOMEN—1505 E. 260th Hope Congregational Church 8:30
GARDEN VALLEY—(Outhwaite) 7100 Kinsman Ave. 8:00
LORAIN AVE.—St. Gregory School, Madison Ave. & W. 129th 9:00
NIGHT & DAY—12821 St. Clair 12 Noon
NORTH RANDALL—Village Hall, 21937 Miles Ave. 9:00
PARMA HEIGHTS—6400 Pearl Road Laux Realty Basement (rear ent.) 8:30
ROCKY RIVER—Rockport Methodist Church, 3301 Wooster Road 9:00
ST. CLAIR-THURS.—Nottingham Methodist Church, St. Clair & Melville 8:30
TRUSTY—Cleveland House of Correction, 1000 feet east of House of Correction 8:00
WEST SIDE NORNINGW. 98th & Denison, Hungarian Lutheran Church 11 AM
ASHLAND THURSDAY—2nd and Union, Rossaro's Restaurant 8:00 EST
ASHTABULA HARBOR—North End Club, Comer Walnut Blvd. & Lab Ave. 8:30
BEREA—Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland Rd. 9:00
ELYRIA—St. Jude's School, Poplar St. 8:30
INDEPENDENCE—O. St. John's Lutheran Hall, Second and Sunset 9:00
MAPLE LEAF—Congregational church, Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE—Congregational Church, Educ. Bldg., Mentor Ave., P'sville 8:30

FRIDAY

BROADWAY-HARVARD—8437 Br'dway 9:00
CEDAR—Salvation Army, 5005 Euclid 8:15
CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—1031 Ter. Tow. 6:00
EUCLID FRIDAY—Epiphany Church, Lake Shore and E. 210th 9:00
FRIDAY AFTERNOON WOMEN—Plymouth Church, Coventry and Drexmore, Krumbine Room 1:00
GORDON SQUARE—St. Helena's Hall, 1367 W. 65th St. 9:00
LEE ROAD—American Legion Hall, Post 165, 15544 Euclid Ave. 9:00
NORTH EAST-Town House Motel, 1 5661 Euclid Ave. 8:30
TRAINING-REFRESHER—Illuminating Bldg. (rear) Rm. 361, 55 Public Sq. 8:30

SOLIDARITY—Friendly Inn Settlement, 2382 Unwin Rd. (of Quincy Ave.) 8:30
STELLA MARIS MIXED, 1320 Washington Arc 8:15
TAPCO—2355 Euclid Ave. 9 p.m.
 Second Friday of each month
WEST CLIFTON—Lkwd. Congregational Church, 1375 W. Clifton Road 9:00
AVON LAKE—First Congregational Church, 32801 Electric Blvd. 8:30
BEREA—Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS—Federated Churches, 76 Bell Street 9:00
CHARDON—Pilgrim Christian Church, 113 south Street, Chardon, O. 9:00
ELYRIA—St. Agnes (down) Lake & Dewey 8:30
CONNEAUT, O.—B. of L. E. Hall 8:30
WELLINGTON—St. Patrick's Catholic Church, No. Main St. Wellington, O. 8:30

SATURDAY

FOREST CITY—2125 Broadview Rd. 9:00
JACK & HEINTZ—17600 Broadway 8:30
LANDER CIRCLE—Garfield Yom. Methodist, Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK—Unitarian Church, 8143 Euclid Ave., Cor. E. 82nd St. 9:00
LIBERTY—945 E. 152nd St. 9:00
MAPLE HTS.—Luth. Church of Co-t, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Windermere Presb. Ch., Euclid Ave. and Windermere 8:30
345 Bmd St., Elyria, O. 8:30
LORAIN SATNITE—7th and Reed St., St. Mary's Church Basement 8:30
MANSFIELD—2024 S. Park 8:00 E.S.T.
NEWBURGH STATE HOSPITAL—Williams Bldg., Entrance at 4455 Turney Rd. 7:30
NIGHT & DAY—12821 St. Clair—12 Midnight
NORWALK TRUCK LINES—1147 E. 53th St., at Shore Drive 9:00
MEMPHIS—Lakewood Congregational Ch., 1375 W. Clifton, Cor. Detroit Ave. 9:00
PARMA—Ridgewood Savings & Loan, 5950 Ridge Road 8:45
PLAIN—Plains Methodist Ch., Mentor, O., Rtr. 306 and 283, Mentor, O. 8:30
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church, 3525 W. 25th St. 9:00
VALLEY VIEW—Pilgrim Cong. Church, 2592 W. 14th, cor. Starkweather 9:00
ASHTABULA, O.—St. Peter's Episc. Church, Main Avenue at South Park 8:30
ELYRIA SATNITE—Alconon Club, MIDDLEFIELD—Methodist Church, South Main St., Middlefield, O. 8:30
WEST RICHFIELD—Consolidated Church, Route 303, just rest of Route 21 9:00

SUNDAY

AVON CENTRAL—Basement Central Bank, 36690 Detroit Road, Avon, O. 8:00
BDFORD HEIGHTS—Village Hall, 5661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
C.A.H. DISCUSSION—C.A.H. Club, 7809 Euclid Avenue 10:45 A.M.
COLLINWOOD—945 E. 152nd St. 7:30
DETROIT SUNDAY—8304 Detroit Avenue 7:30 P.M.
DISCUSSION—6700 Detroit Ave. 7:00
GARDEN VALLEY—Outhwaite 7100 Kinsman Ave. 4:30
GOLF LAKELANDS—Trinity Lutheran, Redbird & Chapel N. o., Madison, O. 3:00
LAKEWOOD ARMORY—1437 Wayne Ave., South of Detroit 9:00
LAKEWOOD CLOSED—18001 Detroit Ave., St. Peter's Episcopal Church 8:30
LORAIN COUNTY CONSOLIDATED—St. John's Sch., 31 & Rt. 57, Lorain 7:30
MARIA JOSEPH—Plasterers Hall, 1651 E. 24th St., at Payne Ave. 2:00
MISTLETOE—St. Thomas Church, 9205 Superior Ave. 7:00
NELA PARK—Cafeteria, Advertising Bldg., Nela Park, Noble Road 7:30
NEWBURGH—St. Catherine's Church, 3443 E. 93rd St. 8:30
NEWBURY—St. Helena's Church, Rt. 87 8:15
SUPERIOR STAG—8801 Superior 11 A.M.
TRUSTY—Cleveland House of Correction, 1000 feet east of House of Correction 5:00
VALLEY WOMEN'S DISCUSSION GROUP—2nd & 4th Sunday, 7100 Kinsman 3:30
YOUR—Euclid Community House, 240 Briardale 7:15
TWILIGHT—Grange Hall, Rt. 60, Axtel, O. 7:30
WARRENSVILLE—Cooley Farms Recreation Room 10:00 A.M.
CHIPPEWA-SEVILLE—V.F.W. Hall, Seville, O. 8:00
GENEVA, O.—Legion Hall, Park St., corner of So. Erie 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 E.S.T.



SUNRISE OF AA

Through the ages, man in his yearning search for Truth, has often found in Nature a willing ally and a patient teacher "That man is happiest who learns from Nature the lesson of Worship. The noblest ministry of Nature is to stand as an apparition of God. Nature is the organ through which the Universal Spirit speaks to the individual, and strives to lead him back to it," says Emerson.

In our fellowship many of us who never had a good, sound religious training of faith, find that nature is a friendly path in our journey toward a clearer view of God as we understand Him.

When sober for less than a year, I had occasion to arise at an early hour and drive through the blackness of night from a west coast city in Florida to an inland village where I was to meet a train in the early morning. As I drove along over the lonely back road, not a single car appeared on the journey of about fifty miles until I reached the outskirts of my destination.

Not long after my start the pitch blackness of night began to transpire into fading shades of gray. The occasional palm and scrub oak began to take form in my vision. The lighter grays began to change to amber, and finally like the switching on of faint footlights on a stage, a soft glow appeared on the horizon. Then slivers of brilliant light appeared, reminding one of a dazzling necklace peeking from the folds of the jeweler's dark velvet. With slow but certain sureness, the great sun itself emerged. A bright new day was being born.

Somehow this birth of a new day right before my eyes, was symbolic of the miracle that had come to me. A year before I would have been wholly incapable of driving alone to Florida from my northern home as I had the week before. It was the first sunrise I had seen for a score or more of years, except those during which I had been scurrying for cover after a long night of drinking.

Of all natural wonders, none surpass the sunrise on a clear day, in picturing the miracle of our beginnings in this way of life. In the dying moments of alcoholic despair, we are lonely patrons in an amphitheatre of darkness. Ignorant of the world around us, we are unaware of its other occupants, filled with fears of hidden dangers, shaky of step and wholly without a sense of direction. Then in our worst moment of agony and utter hopelessness, comes the slow but reassuring dawn.

In a spirit of ever mounting gratitude we receive from a merciful benefactor, this startling rescue from our pit of slavery and move into a second wondrous life. We receive a precious gift which, when gradually unwrapped, leads us into a light of understanding and love, with our new found friends. Does anything portray the glory of our subsequent progress as vividly as the majestic ascension of the sun into its highest throne in the heavens?

Just as the birth of a new day is a reprieve granted by the Higher Power to many children who have squandered earlier days, so this way of life comes as a merciful reprieve and unearned dividend to us who have desecrated

(Continued on page two)

UNITY

"Our common welfare should come first; personal recovery depends on AA unity." This is the first of the Twelve Traditions of AA. "Each group should be autonomous except in matters affecting other groups or AA as a whole." The preceding is Tradition No. 4. "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films." The preceding is Tradition No. 11.

At the February Central Committee meeting which attracted an overflow crowd, a committee, titled Public Information Committee, appointed by the moderator, presented a suggested program for carrying the message to others in conjunction with the Alanon groups and the Cleveland Board of Education.

Contact had been made with the Superintendent of Schools of the Cleveland Board of Education who felt that this educational program could be offered through its Community Centers, Service Clubs, Industrial Plants, Schools and Churches.

Concern was expressed by several members when it was revealed that such an educational program was already in existence through the Cleveland Welfare Association, Cleveland Center on Alcoholism, Cleveland Health Museum and Western Reserve University, whose combined efforts served to produce a comprehensive program of slides, movies, literature and lecture boards and were made available to all schools, churches and community centers as well as industrial concerns. This material has been available since October, 1968.

Quoting the words of Secretary of Labor Arthur Goldberg, who observed, "It's better to discuss an issue and not resolve it than to resolve an issue and not discuss it," the members representing groups in Central Committee voted to refer the matter back to the Public Information Committee for further study.

This was prompted by the question as to the effectiveness of the existing program and whether the material was still being used, and, if it was being used what the reaction was.

It has been our personal experience that we cannot sell AA to anyone with much success, because the average person whose drinking has become a problem to his family and to his employer, rarely recognizes that he has a problem and resents any intrusion into his personal life.

In our own humble opinion after nearly twenty years of working with alcoholics, most of our successes resulted from the prospect seeking help. And when we reflect on the all-too-often times that we sentimentally responded to a fervent plea of a distracted wife or parent, we recall the stiffening resistance of the offender who either ordered us out of the house, or in evident suffering silence, remained mute to our offer of help.

In some of these cases, the party accepted the program some months or years later. Rarely did he come to us for help, but made contact through another. Meeting later at meetings they either were too ashamed to apolo-

(Continued on page two)

Most people would
rather be ruined
by praise than be
loved by criticism.



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Vol. 20

March, 1962

No. 6

MILL ENDS AND REMNANTS

Do you ever get *charley horses* in your thinking?

It isn't an uncommon trait for most of us to experience mental lapses or quirks which bring us up short. The important thing is that our **conditioning** program is such that we recognize them and take corrective action.

There has been considerable discussion recently as to physical fitness at the national level, but where else than among the members of Alcoholics Anonymous is there greater awareness of the vital **need** for **physical** and mental fitness.

If we have learned well the lessons we have been taught, physical fitness becomes almost as automatic as **daybreak** and **nightfall**. It is in the area of mental **conditioning** that there can be no let up in keeping in training.

Poor training habits that lead to pulled mental muscles can lead us to unhappiness and all sorts of **distracting** and unhealthy encumbrances. It is imperative that we keep in condition and close to the trainer's table.

In our case as arrested alcoholics and members of the fellowship of Alcoholics Anonymous, the trainer's table is regular and frequent attendance at meetings, **effective** and responsible activities and the observance of the suggested facets of living happily sober as evidenced by the examples set for us by others who are **pacing** us in the race for life.

We are in no hurry. We are not trying to crash the four-minute mile barrier. And while we are in the **race**—it is a twenty-four hour race, we set no records as we hit **the** tape; rather, if our conditioning program has been proper, we are ready for another.

Fortune or circumstance has little to do with the outcome. Conditioning, spirit and determined effort are the ingredients in the recipe for winning. We must be in prime condition, we can sidestep or short cut **no detail** of conditioning; for not infrequently it is some **little thing**, some apparently insignificant way of thinking or doing that produces an almost-ran or a winner.

We don't win our races with charley horses!, by George.

DID YOU KNOW . . . ?

That The World Service Office of AA supports and strengthens the entire Fellowship . . . that as a central clearing house for our movement, it provides certain distinctive, movement-wide service to **alcoholics**—and to others interested in our program—that the individual members, local groups or area service units are not themselves in a position to provide?

IMPORTANT

Under new post office regulations all third class mail (including Central Bulletin) is returned to the sender if the address is not correct. If you move and your old **address** is still on your Bulletin, it is returned to us with a charge of eight cents.

So please send us your change of address when you move and allow at least two weeks for the change to be made in our records. Your postman will furnish you with the necessary postcard.

Please cooperate with us.

IF YOU MOVE-PLEASE NOTIFY US

SUNRISE OF A.A.

(Continued from page one)

our original gift of life on the altar of alcohol.

This is not our only glorious sunrise. We will often sit in the dark beside a bed of dying alcoholism, in the role of obstetrician or assisting nurse while a new life of sobriety is born for the newcomer. We will share with him the beauty of the startling answer to our prayer, "Give us this day." Hardly ever will we be more grateful for our own matchless gift of sobriety, than when we are beholding the magic of its dawn in another.

UNITY

(Continued from page one)

gize (as though that were necessary) or they came up manfully and thanked us for planting the seed.

We beseech every group to make haste slowly. If every group and every member recognizes the immensity of this gift of sobriety given to them, each would get on their knees daily to thank God for favoring them.

It has been reliably estimated that there are over 50,000 alcoholics (problem drinkers) in the Cleveland area. We in this area are exceptional in that we have roughly 6,000 people in our groups. That means only ten out of every hundred candidates, leaving: 45,000 still wandering in the wilderness. How many of our 5,000 are active? How many hide their gift? How many of them would die before they would entertain the thought of drinking again? How many have resigned to become sneaky "social drinkers," playing "Russian Roulette?"

Treasure your gift and let its light shine.

CLEVELAND DISTRICT OFFICE FUNDING

A meeting on February 8 signaled the opening of the 1962 Cleveland District Office Funding Campaign. Key-noting the meeting was the enthusiasm of the **member-workers** that the estimated needs of \$16,000 would be attained. If you haven't been contacted and you haven't pledged or contributed, send it NOW to the Cleveland District Office at the address shown elsewhere in these **pages**.

OBITUARIES

It is with a heavy heart that we report the sad news of the passing of six of Cleveland's very active members during the past months. Each of them had given unselfishly of themselves and their knowledge of the AA program and it is with deep regret that lack of space this month denies us the privilege of giving them the accolades which they merit for their influence on so many people.

Our heartfelt sympathies are tendered to their bereaved families. Their great contributions to the many in this area in Sponsorship, Central Committee offices, Hospital Committee work, and all other area wide activities have been incentives to many who attempted to follow in their footsteps. Their deeds of the past will never be forgotten by the many who were privileged to have known them and associated with them. They are . . .

Tom Nyland, a fourteen year member of Collinwood and Hilltop groups. He is survived by his widow Genevieve, four daughters and seven grandchildren. He passed away on Christmas, December 25, 1961.

John J. Sheil, a twenty-two year member of the Berea Thursday group passed away on January 22, 1962. He is survived by his widow Antoinette and two children.

William Morse, (Murphy), a twenty year member of **Doan Men's** group passed away on February 4, 1962. He is survived by his widow Margaret.

Worthy G. "Pete" Beall, a seven year member and operator of the Cleveland Alcoholic Hospital, died suddenly on February 6, 1962. He is survived by his widow Garnet and three children.

Frank J. Ward, a seventeen year member and founder of the North East group died at the wheel of his automobile on February 9, 1962. He is survived by his widow Claretta, five stepchildren, twelve **grandchildren** and fourteen neat-grandchildren.

Edward J. Hoke, one of the earliest members of AA and **sponsor** of many of our leading AA's, passed away on February 16. He is survived by his widow Irene, two sons and two daughters.

GROUP NEWS

Allendale—March speakers: 1-Larry L., Night and Day; 8—Jim D., Independence; 15—Frank W., Euclid; 22—Henry H., May-Lynd; 29—“Bud” M., Meadville, Pa.

Baxter-March speakers: 7—Bob T., Garrettsville, O.; 14—Ed C., Newburgh; 21—Harry R., Stella Maris; 28—Jim D., Edgelake.

Bay West-A new group which will hold its first meeting on Thursday, March 1, at 8:30 p. m. in the Church of Redeemer, 23600 Center Ridge Road, Westlake, will welcome visitors.

Bowhall—Reorganized and will meet on Mondays at 8 p. m. in the Alanon Club quarters, Route 20 and Bowhall Road, Painesville. Visitors welcome.

Brooklyn-March speakers: 1-Edward B., East Akron; 14—George N., Clyde, O.; 21—Charles S., Brooklyn (his tenth anniversary); 28—Warren C., Sr., Canton, Ohio.

Cleveland Women-March speakers: 2—Marge K., Smith-Wilson; 9—Charlotte S., Chagrin Falls; 16—Maggie M., Lander Circle; 23—Martie R., East Shore Women; 30—Betsy La R., Forest City.

Collinwood—Indefatigable, controversial and yet beloved Jim B. will give his 22nd consecutive St. Patrick's Day lead on Sunday, March 18, at 7:30 p. m.

Crossroads-March speakers: 1-Bill R., Parma Heights; S-Steve F., Valley View; 15—Bob M., Crossroads; 22—Jim H., Valley View; 29—“Big Jo” O., Collinwood.

East Shore Women-March speakers: 1-Charlotte S., Chagrin Falls; 8—Jim S., Friendship; 15—Rev. Bert McK., Akron; 22—Tommy M., Friendship; 29—Eleanor P., Lakewood Armory.

Friendly Suburban-March speakers: S-Jack K., Lakewood Armory; 12—Doe K., Broadway-55th; 19—Jim M., Lakewood Armory; 26—Pat J., Lakewood Armory.

Friendship-March speakers: S-Betsy La R., Forest City; 12—Pete Y., Berea Thursday; 19—Rollie B., Bedford; 26—Discussion, Closed meeting. Garden City Thursday-March speakers: 1-Charles T., Lorain, O.; 8—Curtis N., Lorain, O.; 15—Bruce ? , Lorain, O.; 22—“Lefty” ? , Lorain, O.; 29—Charles P., Garden City (his 3rd anniversary).

Garden City Sunday-March speakers: 4-Henderson H., Garden City (his 1st anniversary); 11-Julius B., Garden City (his 4th anniversary); 18—Laura D., Garden City (her 2nd anniversary); 25—Bill B., Lorain, O.

Golf Lakelands-New meeting place at Immaculate Conception Church, Hubbard Rd., North Madison, O. They meet at 3 p. m. on Sundays.

Gordon Square-March speakers: 2—Joe B., Crossroads; 9—Mazie S., Hague; 16—Clyde B., Valley View; 23—Irene Walters, Crossroads; 30—Tom B., Valley View.

Hague—March speakers: 7—No meeting (church event); 14—Hilda H., Warrensville Women; 21—Mike Y., Valley View; 28—Frank S., Doan Men.

League Park-March speakers: 3—John D., Lee Monday; 10—Neil G., St. Clair Thursday; 17—Jim D., Early-Early; 24—Jack K., Lakewood Armory; 31—Ken M., North Olmsted.

Liberty-March speakers: 3—Gerald M., Lee Monday; 10—Neil C., Parma Heights; 17—??; 24—Howard M., Lake County; 31—John D., Doan Men.

Lorain-Triskett—On and after Wednesday, March 7, the group will meet in new quarters in Bosworth Road Presbyterian Church, 3631 Bosworth Road at 9 P. m.

Matt Talbot—March speakers: 3—Al Di B., Allendale; 10—Fred W., St. Clair Thursday; 17—Jim B., Berwin's, will make his 14th straight St. Patrick's Day; 24—Bobbie M., Matt Talbot; 31—“Big Josephine” O., Collinwood.

Mistletoe—March speakers: 4—Al Y., Matt Talbot (his 1st lead); 11—Jim Mc A., Matt Talbot; 18—Maizie S., Hague; 25—Norma P., Westside Women.

Night & Day Tuesday-March speakers: 6—Don K., St. Clair Thursday; 13—Fred D., Coventry; 20—Bud M., Meadville, Pa.; 27—Harry R., Stella Maris.

Night & Day Thursday Noon-March speakers: 1—Gene A., Superior; 8—Nick S., Collinwood; 15—Bruce T., Superior Stag; 22—Marge L., Bedford; 29—Charlotte S., Lander Circle.

Night & Day Saturday-March speakers: 3—Eastlake Panel; 10—Harry M., Night & Day; 17—Bedford Heights Panel; 24—George D., Night & Day; 31—Maple Heights Panel.

St. Clair Thursday-March speakers: 1-Night & Day Panel; 8—Fddie H., Monday Lee; 15—Betsy La R., Forest City; 22—Cleveland Women Panel; 29—Joe F., Night & Day.

North Olmsted-March speakers: 7—Bob S., Avon Lake; 14—Jimmy P., North Olmsted; 21—Howard O., West Clifton; 28—Joe M., West Clifton.

Orchard Grove—5—Art F., 6700 Discussion; 12—Wayne G., 6700 Discussion; 19—Al S., North Olmsted; 26—Glenn B., Your.

Ramona—March speakers: 5—Hank H., Mentor Plains; 12—“Whitey” C., Allendale; 19—Bob B., Allendale; 26—Nellie F., 6700 Discussion.

Solidarity-Observes its Sixth Anniversary on Sunday, March 26th at 4 p. m. in Friendly Inn Settlement, 2382 Unwin Rd., off Quincy. The speaker will be Dr. Franklin F. of Painesville. Other March speakers on Fridays: 2—June R., Euclid Women; 9—Jerry W., Angle; 16—Howey L., Angle; 23—Esther R., St. James; 30—Farrell G., Angle.

Trinity-March speakers: 3—Brooklyn-Trinity Annual Springtime Dance; 10—Dorothy B., Clark; 17—Wm. MC A., Pearl; 24—Jack E., Wed-Lee; 31—Roland B., Bedford Hts.

West Park-March speakers: 6—Ed D., West Park; 13—Harry R., Stella Maris; 20—Walter D., Trinity; 27—Irene W., Crossroads.

West Shore—Mr. D. Bruce Falkey, Director of the Cleveland Center on Alcoholism will discuss the structure, aims and the work of the Center at the regular March 7 West Shore meeting at 8:30 p. m.

West 25th—March speakers: S-Minnie C., Mistletoe; 12—Lenny P., Smith-Wilson; 19—Tony K., Smith-Wilson; 26—Pat MC I., Clark.

THE MINISTER'S CORNER

The following article appeared in the parishioner bulletin of the Unitarian Church, East 82nd and Euclid, Cleveland, which quarters the League Park group. The painter referred to is Bob L., a former painting contractor who came upon hard times. He stated that this was the best pay he has ever received.

For five years I've sat behind this desk and I can't remember a week without someone coming in off the street WANTING! Wanting carfare, a meal, groceries, clothing; one drunk even wanted a prayer! All had the most plausible reasons: "My mother is sick, needs drugs; I have no money." "I've been in prison, just got my first job and I need to be staked until Friday when I get paid . . ."

I have searched the faces of these people and my own motives and always I say to myself, "How do you know he won't do what he says? There are honest people in trouble and there should be a place where they can go to ask help without a social case history or an FBI clearance. If not the church, where?"

Christmas came and went. The day after came and went and then Bob came. He was escorted to the chair opposite my desk and I said, secretly, inside my mind, "O Lord!" even before he opened his mouth. My muscles tensed all over. I didn't want to say "Yes" and I have a terrible time saying "No." I listened. It was a new story.

"I'm a member of AA. We meet in your dining room. I sat there the other night and I noticed your walls are not exactly good-looking. I know, I'm a painter. I wondered whether you'd like me to paint them? Of course, you'd have to buy the paint, but I'm trying to rebuild my life and this is one way you could help me . . ."

I heard rumblings inside my head . . . "There's a catch to this somewhere . . ." and lot more cynicism began to form lines like "He'll never do it!" But he did. When you come to Twelfth Night you'll see his handiwork.

There's a moral in addition to the truth of this story. Here was a man who said he was down, way down. So he wasn't afraid of a church in a decaying area, nor was he afraid of Negroes, whites, dirt, leftwingers, shoplifters, delinquents (name your own list). He wasn't even afraid of Unitarians for he never heard of us. All he saw was dirty walls. Having standards for himself and the church, he wanted the walls clean. So he painted them and painting was his way of going up. You taught us something, Bob. Thank you very much.

-E.S.S.

**CONSOLIDATED MEETING
Nurses Auditorium, Charity Hospital
Sunday, March 4, 1962, 4 p.m.**

ALANON GROUP MEETINGS

ASHTABULA-Harris Memorial W. 58 & Adams St & 3rd Mon., 8:30
LAKEWOOD—Congregational Church, 1375 West Clifton Blvd. Mon., 8:30
EUCLID-Christian Church, 28000 Lake Shore Blvd. Tues., 8:30
SUBURBAN WEST-Our Savior Luth'n Church, 20300 Hilliard, Tues., 8:30
MAPLE HEIGHTS—Presbyterian Church, 15715 Libby Rd. Tues., 8:30
BETHANY—Bethany Presbyterian Church, W. 65th & Clinton. Wed., 8:30
E. CLEVELAND—YWCA, Lee Boulevard and Euclid. Fri., 1:30
CHARITY—St. Vincent's Charity Hospital, E. 22nd & Central. Fri., 8:30
CHARDON-Pilgrim Christian Church, 113 South St. Fri., 9:00
PARMA—Ridgew'd Sav's & L'n, 5950 Ridge Rd. (2nd & 4th Sat.) Sat., 8:30
VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed Sun., 4:00

NURSING HOMES THAT TREAT ALCOHOLICS

(This listing does not necessarily indicate endorsement or approval)
Cleveland Alcoholic Hospital (MW) 7809 Euclid Ave. EX 1-8998
Dorothy McCauliffe Alcoholic Clinic (MW) 8304 Detroit AT 1-3355
Farquharson's Home (M) 6037 Pearl Road, Parma TU 5-1068
Stella Maris Hospital (M) 1320 Washington Ave. SU 1-0534

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 E. 4th St., is open weekdays from 9 a.m. to 5 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

CLEVELAND AREA A A G R O W MEETINGS

M O N D A Y

BORTON—E. Cleveland Congreg. Church, 8:30
 Page and Euclid Ave.
BOWHALL—Rt. 20 & Bowhall, Painesville 8:00
EARLY-MRLY-Plasterers Union Hall,
 1651 E. 24th St. (near Payne Ave.) 7:30
FRIENDLY SUBURBAN—6037 Pearl 8:00
FRIENDSHIP—Blvd. Presbyterian Chb.,
 24600 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal,
 W. Clifton and Detroit 9:00
LEE MONDAY—First Presbyter. Church,
 East Cleveland, Nela and Euclid 8:30
LORAIN AVE.—St. Ignatius Hall,
 Lorain Ave. at West Blvd. 8:30
ORCHARD GROVE—St. Mark's Church,
 15305 Triskett Road 8:30
PEARL—Our Lady of Good Counsel,
 4423 Pearl Rd. 8:30
RAMONA—9721 Ramona Blvd. 8:30
SHAKER—Christ Episcopal Church,
 3445 Warrensville Center Rd. 9:00
SOUTH EAST—7526 Broadway 8:30
SUNNY MONDAY WOMEN—Sunset Rd.,
 St. John's Par. House, Independence 12:30
TEMPLE—Temple Baptist, 7500 Cedar 8:15
UNION—East View Congregational Church,
 Kinsman at E. 156th St. 9:00
WEST 25th ST.—Marvel Hall,
 2858 W. 25th St. 9:00
WOMEN'S—Westside—West Boulevard
 Christian Church, Madison and W. 101 8:45
BOWHALL ROAD—Alanon Club,
 Rte. 20 & Bowhall, Painesville, O. 7:00
ELYRIA MEN—St. Agnes, Lake & Dewey 8:30
VERMILION—Congregational Church 8:30
WILLOUGHBY, O.—Presbyterian Church 8:30

T U E S D A Y

CHAGRIN FALLS WOMEN—Garfield
 Memorial Church, Lander Rd. & Rte. 422 1:00
CLARK—1917 Clark Ave. 8:30
CORLETT MIXED-Holy Family Parish
 Hall 3845 E. 131st St. 8:30
EAST SIDE WOMEN—11205 Euclid,
 Church of the Covenant 8:00
EDGELAKE—Lakewood YMCA,
 Community Room, 1657 1/2 Detroit 8:30
EUCLID MORNING—Lake Shore Christian
 Church, Lake Shore Blvd. & 280 10:30 A.M.
EUCLID WADE—C. A. I.-I. Clubrooms,
 Third Floor, 7809 Euclid Ave. 8:30
FAIRMOUNT—St. Paul's Episcopal,
 Fairmount and Coventry 9:00
FALLS—Community Church, Olmsted Falls,
 7853 Main St. (Columbia Rd.) 9:00
FAIRVIEW PARK—Fairview Grace
 Church, W. 224th and Lorain Ave. 9:00
HILLTOP & t. Joseph's Seminary,
 17608 Euclid Ave. 8:30
MAY-LYND—E. Cleveland Savings & Loan,
 5816 Mayfield Road 8:30
MILES-LEE—Mt. Hope Lutheran Church,
 E. 164th, north of Miles Ave. 8:30
NIGHT & DAY—12821 S. Clair Ave. 8:30
NO. ROYALTON—Methodist Church,
 13715 Ridge Road 8:30
SMITH-WILSON—St. Joseph's School,
 9321 Orleans Ave. 8:30
SUPERIOR—North Presbyterian Church,
 E. 40th and Superior 8:30
TRUSTY—Cleveland House of Correction,
 1000 feet east of House of Correction 8:00
WEST PARK—Puritas Lutheran Church,
 Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.—First Presbyterian Church,
 3rd & Church Sts. 6:00 EST
ASHTABULA CONSOLIDATED—
 Methodist Church, South Broadway
 Geneva, Ohio—First Tuesday 8:30
LAKE COUNTY—Meth. Fellowship Hall,
 Rt. 20 E. Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O.,
 Trinity Church 8:30
MANSFIELD—Episcopal Church,
 41 Bowman St., Mansfield, O. 8:30 EST
MEDINA, O.—St. Paul's Epis. Par. Hse. 8:30
SANDUSKY, O. (Firelands)—First Pres-
 byterian, across from Post Office 8:30
SHREVE—Shreve Armory,
 South St., Shreve, O. 8:30 EST
STRONGSVILLE—Town Hall 8:30

W E D N E S D A Y

ANSEL—Lithuanian Hall,
 6835 Superior Ave. 8:30
BAXTER—St. John's Lutheran School,
 5826 Cable 8:30
BEDFORD—Bedford Christian Church,
 Warrensville Center and Blaine 9:00
BROOKLYN-K. of P. Hall,
 3316 Broadview, East of Pearl Rd. 8:30
COLLINWOOD—945 E. 152nd St. 8:30
DOAN MEN-YMCA (University Circle)
 2055 E. 105th St., Second floor front 8:30
EASTSIDE MORNING—9606 Euclid A n.,
 Euclid Ave. Congre. (Side ent.) 10:30 a.m.
GARFIELD—Pilgrim E. & R. Church,
 4592 E. 131st St. 8:30

HAGUE—Grace Cong. Assembly Hall,

West 65th and Colgate 3:30
LAKEWOOD WOMEN'S—St. Peter's Episcl
 18001 Detroit Ave. (Cor. W. Clifton) 8:30
LORAIN-TRISKETT—Bosworth Road,
 Presbyterian Church, 3631 Borworth 9:00
LEE ROAD—First English Lutheran,
 Derbyshire and Euclid Hts. Blvd. 9:00
NO. OLMSTED—City Hall, Dover Road 9:00
PSYCHIATRIC HOSPITAL—1708 Aiken 8:30
ST. JAMES—St. James Church,
 E. 84th and Ce&r. 8:00
SOUTHWEST WOMEN—6037 Pearl Rd. 8:00
TWENTY-FOUR HOUR—13216 Detroit,
 Church of the Ascension 8:30
WARRENSVILLE—Woman's House Cor. 7:30
WEST SHORE—West Shore Unitarian,
 20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)—Twelfth Sten Club,
 8304 Detroit Ave. 8:30
ASHTABULA COUNTY WOMEN—Harris
 Memorial, W. 58th & Adams, Ashtabula
 Second and Fourth Wednesday 7:30
BRUNSWICK O.—Cuyahoga Ass'n Bldg.,
 Route 42, So. of 303, nut to Marshall's 8:30
ELYRIA, O.—St. Paul Building,
 Third and Middle, side entrance 8:30
FAIRPORT HARBOR—Luther Center,
 Eagle St., Fairport Harbor 8:00
INTERRACIAL—30th & Wood, Lorain, U.,
 Mt. Zion Baptist Church 8:30
JEFFERSON, O.—St. Joseph's Church 8:30
LAKE COUNTY WOMEN—Grace Episcopal,
 38015 Euclid Ave., Willoughby 1:00
LORAIN COUNTY WOMEN—Vincent
 Methodist, Detroit Rd. and Rte. 254 8:30
SANDUSKY, O.—Provid. Hos. Cafeteria 7:30
MANSE I L D, O.—20 1/2 S. Park 8:00 E.S.T.
WICKLIFFE—Wickliffe Presbyterian Church,
 E. 300th & Ridge Rd. (Route 84) 8:30

T H U R S D A Y

ALLENDALE—St. Paul's Episcopal
 Church, 1583/2 Euclid Ave. 8:30
ANGLEF St Malachi's, 2459 Washington 9:00
BAY WEST—Church of the Redeemer,
 2355v Center Ridge Rd., Westlake 8:30
BROADWAY-55th—Our Lady of Lourdes
 School Hall 8:30
COVENTRY—Fairmount Presby. Church,
 Scarborough and Fairmount Blvd. 8:30
CRILEE HOSPITAL—Library 8:00
CROSSROADS—St. Luke's Episcopal,
 W. 78th St. and Lake Ave. 8:30
EASTLAKE—First Congregational Church,
 33700 Vine St. 9:00
EAST SHORE WOMEN—1505 E. 260th,
 Hope Congregational Church 8:30
GARDEN VALLEY—(Outhwaite)
 7100 Kinsman Ave. 8:00
LORAIN AVE.—St. Gregory School,
 Madison Ave. & W. 129th 9:00
NIGHT & DAY—12821 St. Clair 12 Noon
NORTH RANDALL—Village Hall,
 21937 Miles Ave. 9:00
PARMA HEIGHTS—6400 Pearl Road,
 Laux Realty Basement (rear ent.) 8:30
ROCKY RIVER—Rockport Methodist
 Church, 3301 Wooster Road 9:00
ST. CLAIR-THURS—Nottingham Meth-
 odist Church, St. Clair & Melville 8:30
TRUSTY—Cleveland House of Correction,
 1000 feet east of House of Correction 8:00
WEST SIDE MORNING—W. 98th & Denison,
 Hungarian Lutheran Church 11 AM
ASHLAND THURSDAY—2nd and Union,
 Rossaro's Restaurant 8:00 EST
ASHTABULA HARBOR—North End Club,
 Corner Walnut Blvd. & Lake Ave. 8:30
BEREA—Fine Arts Club, E. Bagley Rd.,
 3 doors east of Eastland Rd. 9:00
ELYRIA—St. Jude's School, Poplar St. 8:30
INDEPENDENCE, O.—St. John's Lutheran
 Hall, Second and Sunset 9:00
MAPLE LEAF—Congregational Church,
 Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE—Congregational Church,
 Educ. Bldg., Mentor Ave., P'sville 8:30

F R I D A Y

BROADWAY-HARVARD—d437 Br'dway 9:00
CEDAR—Salvation Army, 5005 Euclid 8:15
CHARITY—Amphitheatre, 6th Floor,
 St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—1031 Ter. Tow 6:00
EUCLID FRIDAY—Epiphany Church,
 Lake Shore and E. 210th 9:00
FRIDAY AFTERNOON WOMEN—Ply-
 mouth Church, Coventry and Drexmore,
 Krumbine Room 1:00
GORDON SQUARE—St. Helena's Hall,
 1367 W. 65th St. 9:00
LEE ROAD—American Legion Hall,
 Post 163, 15344 Euclid Ave. 9:00
NORTH EAST—Town House Motel,
 7544 E. 111th Ave. 8:30
TRAINING-REFRESHER—Illuminating
 Bldg. (rear) Rm. 361, 55 Public Sq. 8:30

SOLIDARITY—Friendly Inn Settlement,
 2382 Unwin Rd. (off Quincy Ave.) 8:30
STELLA MARIS MIXED
 1320 Washington Ave. 8:15
TAPCO—23555 Euclid Ave. 9 p.m.
 Second Friday of each month
WEST CLIFTON—Lkwd. Congregational
 Church, 1375 W. Clifton Road 9:00
AVON LAKE—First Congregational Church,
 32801 Electric Blvd. 8:30
BEREA—Social room of Berea Cong.
 Church, Seminary and Church 8:30
CHAGRIN FALLS—Federated Churches,
 76 Bell Street 9:00
CHARDON—Pilgrim Christian Church,
 113 South Street, Chardon, O. 9:00
ELYRIA—St. Agnes (down) Lake & Dewey 8:30
CONNEAUT, O.—B. of L. E. Hall 8:30
WELLINGTON—St. Patrick's Catholic
 Church, No. Main St., Wellington, O. 8:30

S A T U R D A Y

FOREST CITY—2125 Broadview Rd. 9:00
J A C K & HEINTZ—17600 Broadway 8:30
LANDER CIRCLE—Garfield Mem. Methodist,
 Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK—Unitarian Church,
 8143 Euclid Ave., Cor. E. 82nd St. 9:00
LIBERTY—945 E. 152nd St. 9:00
MAPLE HTS.—Luth. Church of Covenant,
 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Windermere Prub. Ch.,
 14112 Euclid Ave. at Windermere 8:30
NEWBURGH STATE HOSPITAL—Williams
 Bldg., Entrance at 4455 Turney Rd. 7:30
NIGHT & DAY—12821 St. Clair 12 Midnight
NORWALK TRUCK LINES—
 1147 E. 55th St., at Shore Drive 9:00
MEMPHIS—Lakewood Congregational Ch.,
 1375 W. Clifton, Cor. Detroit Ave. 9:00
PARMA—Ridgewood Savings & Loan,
 5950 Ridge Road 6:45
PLAIN—Plains Methodist Ch., Mentor, O.,
 Rts. 306 and 283, Mentor, O. 8:30
REDWOOD—Euclid Lutheran Church,
 E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church,
 3525 W. 25th St. 9:00
VALLEY VIEW—Pilgrim Congr. Church,
 2592 W. 14th, cor. Starkweather 9:00
ASHTABULA, O.—St. Peter's Epis. Church,
 Main Avenue at South Park 8:30
ELYRIA SATINITE—Alconon Club,
 345 Broad St., Elyria, O. 8:30
LORAIN SATINITE—7th and Reed St.,
 St. Mary's Church Basement 8:30
MANSFIELD—20% S. Park 8:00 E.S.T.
MIDDLEFIELD—Methodist Church,
 South Main St., Middlefield, O. 8:30
WEST RICHLIFF—Consolidated Church,
 Route 303, just west of Route 21 9:00

S U N D A Y

AVON CENTRAL—Basement Central Bank
 36690 Detroit Road, Avon, O. 8:00
BEDFORD HEIGHTS—Village Hall,
 5661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church,
 Storer and Fulton (downstairs) 8:30
C.A.H. DISCUSSION—C.A.R. Clubrooms,
 7809 Euclid Avenue 10:45 A.M.
COLLINWOOD—945 E. 152nd St. 7:30
DETROIT SUNDAY—
 8304 Detroit Avenue 7:30 P.M.
DISCUSSION—6700 Detroit Ave. 7:00
GARDEN VALLEY—Outhwaite
 7100 Kinsman Ave. 4:30
GOLF LAKE—Immaculate Conception
 Church, Hubbard Rd., No. Madison 3:00
LAKEWOOD ARMORY—
 1437 Wayne Ave., South of Detroit 9:00
LAKEWOOD CLOSED—18001 Detroit Ave.,
 St. Peter's Episcopal Church 8:30
LORAIN COUNTY CONSOLIDATED—
 St. John's Sch., 31 & Rt. 57, Lorain 7:30
MARIA IOSEPH—Plasterers Hall,
 1651 E. 24th St., at Payne Ave. 2:00
MISTLETOE—St. Thomas Church,
 9205 Superior Ave. 7:00
NELA PARK—Cafeteria, Advertising Bldg.,
 Nela Park, Noble Road 7:30
NEWBURGH—St. Catherine's Church,
 3443 E. 93rd St. 8:30
SUPERIOR STAG—8801 Superior 7:11 A.M.
TRUSTY—Cleveland House of Correction,
 1000 feet east of House of Correction 3:00
VALLEY WOMEN'S DISCUSSION GROUP
 2nd & 4th Sunday, 7100 Kinsman 3:30
YOUR—Euclid Community House,
 240 Briardale 7:15
TWILIGHT—Grange Hall, Rt. 60, Axtel, O. 7:30
WARRENSVILLE—Cooley Farms
 Recreation Room 10:00 A.M.
CHIPPEWA-SEVILLE—V.F.W. Hall,
 Seville, O. 8:00
GENEVA, O.—Legion Hall, Park St.,
 corner of So. Eagle 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 E.S.T.



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QUALITY

Often and from many respected lips we hear of the importance of the "Quality of our Sobriety". On occasion this will be the main theme of a speaker's remarks. And there is usually someone on hand who says to himself, if not the entire assemblage, "I'm only interested in sobriety. Just staying sober is my dish. I have no time for this quality business".

Now the truth is that this expression, although widely used, is probably faulty. What we really mean is not the "quality of our sobriety", but rather the "quality of our sober life". If this slight change is made, it puts a wholly different emphasis on quality.

Remember we find ourselves in this society in the first place, not because of a burning desire for sobriety. Rather, we are here because we are licked, and we seek to get away from a foe that has vanquished us. It's a desire to get away from alcohol, and the Hell it has created for us, because we cannot take it any more. It's a desire to stop drinking in the beginning, and that is a negative desire.

On the road to early sobriety we are really backing away from drinking, led by the hands of those who are walking the High Road of a sober life. When we turn to face the direction of our helping hands, and extend our own hand back to help another, then do we become really positive in our thinking for the first time. And right at that point too, comes the most vital need for the quality of our sober life.

We all know that our greatest help to another is our own example. When that example may become life or death for another, as well as for ourselves, there should be no quarrel about the need for quality in our sober life, and the highest quality that we can possibly achieve.

The dissenters who want "to just stay sober", are usually the ones who view 12th-Step work as vital to sobriety. Some of them do great quantities of it. But is not the quality of our effort to help others, of greater import even than its quantity? Playing with human lives is contemptible.

Yet the fellow who thinks only of quantity and never of quality in his 12th-Step activity, is doing just that. So is the one who neglects quality in his own example. So is the one who helps another, primarily because he feels that in doing so he is helping himself. Giving without thought of reward is one hallmark of quality in 12th-Step work.

In a sense this subject of quality is a simple matter of gratitude for our own salvation. Lip service is no expression for that which we feel. Our gratitude can only be expressed by the quality we achieve in our own sober lives. It's all wrapped up in those last nine words of Step 12. "and to practice these principles in all our affairs".

We should do it for the benefit of the other fellow, through improving our example to him. We should do it for ourselves, for only in that way can life become a full and present song. We should do it for a merciful Creator who has given us this sobriety and this fellowship which, even with maximum quality in our lives, we could never possibly earn.

OLD-FASHIONED AA

"AA isn't the same as it used to be when I came into the Fellowship," voiced an old-timer at a meeting we attended recently. "I wonder," he continued, "what's happened. There doesn't seem to be the same dedicated devotion to it's principles that projected AA so rapidly and successfully as in the early years when I came in."

"In the old days a candidate for membership was more thoroughly indoctrinated than now. Before I was permitted to attend my first meeting, I attended three training sessions in the homes of members where I was given the works by three or four different AAs. All my doubts vanished after these two hour sessions at which I was permitted to ask many questions of the eleven or twelve who talked to me."

"Only then was I allowed to attend my first meeting. I then grasped the magnitude of the program and the enormous value of the privilege given me."

"But, for some reason or other, AA seems to have changed. On the surface it looks as though we have made tremendous progress, judging by the number of groups in the Cleveland area listed in your Central Bulletin."

"When I joined, there were about eight groups, and each averaged over fifty in attendance. Slippers were rare. It was estimated at that time that 85% of all that came into the program had had their last drink."

"I wonder what the percentage is now. 50%? 35%? 25%? Some of the slippers never came back. Others who came back, sadder but wiser, became solid members. They, in my opinion, were 'guinea pigs' for AA and pre-

vented some of those 'on the fence' from following their example."

"I believe the danger lies in too much placidity or boredom. The appreciation of the gift of sobriety has waned. Other diversions, such as cards, entertainment, social affairs, changed the primary, dedicated purpose of some groups from 'carrying the message' to such an extent that sponsorship became an inconvenience and a bore."

"I like cards and fun just as much as anyone, but in my opinion, AA meetings should be forums devoted to furthering our knowledge, information and appreciation so that we can better, by attraction and enthusiasm 'carry the message'."

His talk was provocative and elicited a great deal of comment, pro and con. BUT!! It caused many in the crowd to take an inventory. That particular group's policy has changed. Their meetings are all now completely dedicated to studying ways to inspire their members to better sponsoring.

Let's not hold our gift of enlightenment too lightly. It has been given to so few problem drinkers of the vast numbers who are similarly affected.

Your example of joy in the freedom from compulsive drinking and the development in Christian character is the best attraction you can offer.

This is how AA grew so fast in the beginning. It will grow as fast again if we apply their methods.

The smallest deed is
worthier than the
greatest intention.



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No. 7

MILL ENDS AND REMNANTS

"So the last shall be first, and the first last."
-Matthew 20:16.

It seems unlikely that most of our readers won't recall the relating of the parable that precedes the verse captioned, wherein the kingdom of heaven was likened to the vineyardist who went out early in the morning to hire workers for his vineyard.

After agreeing to wages the laborers were sent into the vineyard, then about the third hour others were sent into the vineyard too, with the assurance that whatever was right would be given them, and so again about the sixth hour and the ninth hour. Then again at the eleventh hour others who had been standing idle all day were sent into the vineyard.

With the coming of evening the owner instructed his steward to pay the workers their wages beginning with the last to the first. Those that had been hired at the eleventh hour each received a penny, and when the first came they thought they would receive more, but each of them also received a penny.

There was, of course, grumbling and dissatisfaction that the last had worked but one hour making them "equal to us who have borne the burden of the day and the scorching heat". But one was told that he was being done no wrong, for hadn't he agreed to a penny? And he was further admonished to take what belonged to him and go, as the vineyardist chose to give that which belonged to himself to the last as to the first.

Some of us came to the vineyard of A.A. at the first hour when we fully accepted and surrendered to our powerlessness; others of us were idlers until the third, the sixth or the ninth hour; and then there were those of us who malingered, rejecting and non-accepting until the eleventh hour.

Yet, we all agreed to the same contract when we turned our will and our lives over to a Power greater than ourselves. This is something that is uppermost in our mind as we think out the strong analogy of this parable as it concerns the quality of our sobriety and our attitude of service, especially when we liken our years unto the hours, whether it be one, three, six, nine or twelve or more.

Yes, whatever our period of sobriety, living as we do twenty-four precious hours at a time the last may be first and the first last, for it is in sharing that which was given to us equally to the last as to the first that we survive.

And let us not be crotchety at fancied inadequacies of our juniors, nor by the same token, impatient with the **idiosyncrasies** of our seniors. Nor let us take ourselves too seriously and delude ourselves to the belief that it has been alone our burden of the day. Ours are lives to give, knowledge to share and wisdom to impart in keeping with our contract with the vineyardist.

Our concern with time is not how much we accumulate, but how we spend it, by George!

A GOOD EXAMPLE

Members of the Your group have formed a Booster Club which also includes members of other groups who, each week, visit other groups where attendance has been **poor**. The Boosters now number **55** members and are **receptive** to invitations by Group secretaries. Call Fred B. at WH. 4-3012 for a date.

HUMOR CAN BE HELPFUL

We Americans have always placed a high value on a sense of humor, as evidenced by our admiration for Will Rogers, Mark Twain, Red Skelton and a host of other humorists. By a sense of humor we do not mean the loud guffaw, **but** the ability to see life and one's part in it, in proper proportion. Humor requires a sensitivity to the incongruous, an ability to achieve a proper balance in our work-a-day life.

Early physiologists taught that man's personality and dispositions were determined by the balance or lack of balance of the four "humors" or liquids contained in the body. If the red blood or "sanguis" held sway, man was sanguine, cheerful and hopeful. If phlegm took hold, as it often does, then man becomes phlegmatic, apathetic, and inert. If our liver **bile** becomes dominant we become "choleric", hot-tempered, and irascible. And when black bile, or "**melan** choler" start flowing man becomes mean, dejected, gloomy, and even pensive.

A sense of humor, then as now, is the ability to keep the elements in our emotions under control at all times. To laugh at ourselves, on occasion, will help us in our search for this balance.

Some of the best ways we know of towards developing a well rounded sense of humor is to remember that we are alcoholics, to avoid **complacency**, have faith, develop at least a little humility, stay away from resentments, strive for self-honesty, show tolerance for our fellowman, and drive a few stakes for the future-the future of AA -that is. This will help keep us from becoming wrapped up in self-pity and prove to us that indeed-humor can be helpful! -*The Grape Juicer, Albuquerque, New Mexico*

AWARENESS OF PROBLEM

Two of our better known publications have had wonderful articles during recent months. DUPONT MAGAZINE . . . "Hunting the Hidden Alcoholic" . . . by Dr. Gerald Gordon, Chief Psychiatrist, DuPont Medical Division . . . "But at least one of every **13** men-26 years old or more who drink has a quirk of nature that make alcohol an implacable personal tyrant . . . Ironically, this **one** man is usually of very high intellectual caliber; so humanitarianism aside, it's simply good business to help him help himself" . . . and an article that should carry great weight was recently published in the Saturday Evening Post . . . "Housewife's Secret Sickness" . . . I was personally gratified to see this article published because it has been my personal opinion for a long, long time that there are nearly as many women alcoholics as there are male alcoholics. Unfortunately, they are really hidden. Perhaps this publicity will "flush them out".

It is interesting to note that over half of our highway deaths and accidents, over half of the people incarcerated in prison, and close to half of the people that fill our hospital institutions are there as a direct or indirect result of the disease of alcoholism . . . all caused by the six percent who can't handle the "Cup of Fury". Never forget, that AA can help your friend, the sick or hidden alcoholic. And always remember that "the greatest 12th Step work you will ever do, is your own living example".

-*Dick C., Chit Chat, Robesonia, Pa.*

OBITUARIES

Ray Ansley, a 21 year member of Friday-Lee passed away on February **20th**.

Emil Zarbock, a 17 year member of Collinwood passed away on March 12th.

Our information was faulty in last month's issue on the length of sobriety of our hardworking and zealous Frank Ward who passed away on February 9th. He was a member for 22 years. We apologize for our informant.

GROUP NEWS

To insure publication group news articles must be submitted IN WRITING before the 15th day of each month.

Allendale-Observes its 14th Anniversary on **Thursday**, April 19th at 8:30 p.m. Guest speakers will be Wynn W. and Corne V.; other April speakers: **5th—Robert G. Allendale**; **12th—Andrew C. Allendale** (his 6th anniversary); **26th—Robert W. Ashtabula**.

Baxter—April speakers: **4th—Josephine S. Forest City**; **11th—Kitty M. Strongsville**; **18th—Agnes M. Mistletoe**; **25th—Agnes B. Clark**.

Brooklyn-April speakers: **4th—Ruth K. Westside Women**; **11th—Joe K. Brooklyn** (his 15th anniversary); **18th—George H. Brooklyn** (his 10th anniversary); **25th—Ray B. Brooklyn** (his first anniversary).

Brookpark-Cleveland area's newest group will hold its first meeting on Monday, April 2nd at 8:30 p.m. in Redeemer Lutheran Church, 6161 Smith Rd., Brookpark. Warren C., Sr. will be the speaker. Other April speakers: **9th—Lee R. Berea**, Friday; **16th—Pete Y. Berea**, Thursday; **23—Harry D. Edgelake**; **30—Howie L. Angle**.

Cleveland Women-April speakers: **6th—Elaie C. Friday Afternoon Women**; **13th—Nan D. Angle**; **20th—Ruth V. Westside Women**; **27th—Cathy K. Temple**.

Crossroads-April speakers: **5th—Bob H. Parma Heights**; **12—Jack S. 19th—Jerry H. Crossroads**; **26th—Bob and Irene W. Crossroads**, celebrating 18 years of continuous sobriety.

Early-Early-April speakers: **2nd—Josephine S. Forest City**; **9th—Rollie B. Bedford**; **16th—John F. North East**; **23rd—Bernie B. Erie, Pa.**; **30th—Jack L. Newburgh**.

Fairview Park-April speakers: **3rd—Ralph B. Brooklyn**; **10th—Joe K. Brooklyn**; **17th—Frank C. Olmsted Falls**; **24th—Everett W. Trinity**.

Friendly Suburban-April speakers: **2nd—Franklin W. Rocky River**; **9th—Harry H. Rocky River**; **23rd—Ed K. Newburgh**; **30th—Farrell G. Angle**.

Hague-April speakers: **4th—Ed D. Fairview Park**; **11th—Agnes M. Mistletoe**; **18th—Clint C. Doan Men**; **25th—Marry McL. Clark**.

Independence-April speakers: **5th—Ralph R. West Clifton**; **12th—Howard O. West Clifton**; **19th—Mary H. Shaker**; **26th—Jim McM. Independence**.

Lorain Ave. Monday—April speakers: **2nd—Ed L. Berea**, Thursday; **9th—Al S. Orchard Grove**; **16th—Jim M. Forest City**; **23rd—George DeL., Crossroads**; **30th—Doug McC., Friendly Suburban**.

Lorain-Triskett—April speakers: **4th—Harry D. Edgelake**; **11th—Ed C. Newburgh**; **18th—Joe B.**; **25th—Elwood O. Forest City**.

Lakewood Armory—April speakers: **1st—Dick P. Parma**; **8th—Jimmy J. Akron East**; **15th—Elmer N. Kent**; **22nd—Helen K. Lakewood Armory**; **29th—Bert McK., King School, Akron**.

Matt Talbot-April speakers: **7th—Rollie B. Bedford**; **14th—Bob S. Newburgh**; **21st—Harry B. League Park**; **28th—Clint G. Mansfield**.

Mistletoe-Observes its Ninth Anniversary on Sunday, April 29th in St. Thomas Church Hall, 9205 Superior at 7 p.m. Speaker will be Hon. James C. Other speakers: **1st—Tony P. League Park**; **8th—Billy C. Clark**; **15th—Bill K. Doan Men**; **22nd—Recording "Spirituality" by Father John Doe**.

North Olmsted-April speakers: **4th—Tom McG., Edgelake**; **11th—Bob K. Edgelake**; **18th—Bill W. Lorain-Triskett**; **25th—Eddie D. Fairview Park**.

Orchard Grove-April speakers: **2nd—Jerry W. Angle**; **9th—Don E. West Park**; **16th—Fred B. Your**; **23rd—Steve F. Euclid**, Friday; **30th—Mike M. Your**.

St. James-April speakers: **4th—Joe K. Ramona**; **11th—Roy T. 18th—George M. Wiekcliffe**; **25th—Al D. Allendale**.

Smith-Wilson-April speakers: **3rd—Vic H. Allendale**; **10th—Tom C. Newburgh**; **17th—Marian G. Newburgh**; **24th—Andy C. Allendale**.

Solidarity-April speakers: **6th—Frank G. Lee**, Wednesday; **13th—Bill K. Superior**; **20th—Bud M. Meadsville, Pa.**; **27th—Lorne V. Columbus, O.**

Stella Maris—April speakers: **6th—Joe V. Ansel**; **13th—Jim D. Edgelake**; **20th—Bill K. Valley View**; **27th—Danny M. Stella Maris**.

Trinity-April speakers: **7th—Marty R. East Shore Women**; **14th—David P. Willoughby**; **21st—Dick L. Euclid**, Friday; **28th—Eighth Annual Gratitude Night with a panel of speakers active for over 75 years** . . . Charlotte S., Chagrin Falls; **Freda L. Brooklyn**; **Henry W. Euclid-Wade**; **Howie L. Angle**; **Wyn W. Lee**, Wednesday. The M.C. will be **Harry D.** of Edgelake.

West Park-April speakers: **3rd—Harley W.**, 24 Hour; **10th—Tom T. Lorain Ave.**, Thursday; **17th—Cozette S.**, 24 Hour; **24th—Orrie K. Brooklyn**.

West Shore-April speakers: **4th—Russ B. Lakewood Men**; **11th—George M. Edgelake**; **18th—Howard B. Independence**; **25th—John B. North Olmsted**.

West 25th—April speakers: **2nd—Mickey McG., Edgelake**; **9th—Al DiB. Allendale**; **16th—Alice B. Clark**; **23rd—Russ M. Clark**; **30th—Joe F. Hilltop** (his 16th anniversary).

Your-Observes its Sixth Anniversary on Sunday, April 15th at 7:15 p.m. with a Buffet Dinner following the meeting which will be led by Russ B. of Jamestown, N.Y. The affair will be held in the Community Center Building, E. 240th Street and Briardale. Other April speakers: **1st—Lou G. Columbus, O.**; **8th—Neal C. Newburgh**; **22nd—Mary H. Cleveland Women**; **29th—Larry O'C. Arcade**.

Warrensville Women—"But by the grace of God, this would have been my fate—unwanted, unloved, unforgiven and forsaken, with no place to go upon leaving here except to return to the lonely haunts where I was still accepted, hopeless and rejected, with the certainty that eventually I would be returned to this House of Correction when alcohol again became my master." This remark was made by one of the faithful AA visitors to the sessions in the Women's House of Correction every Wednesday at 7:30 p. m. where all too few grateful women and a few dedicated men with compassion in their hearts seek to show the residents serving their sentences that they too CAN find a way to become decent, respectable citizens and find real joy and happiness in practicing the principles of AA in their daily lives. These meetings serve to inform non-alcoholic residents as well as the alcoholics of our program on moral and social rehabilitation.

Coffee and cake are served to these girls and our visitors, who include families of AAs, are permitted to sit at the tables with these girls and offer words of hope and trust which have in the past restored a goodly number to a happy, fruitful life. An hour and half each Thursday certainly is little enough a sacrifice to make in appreciation of the great fortune which has been yours. You'll be very welcome,

MULTI-GROUP DANCE

"Let's Become Better Acquainted" is the theme again of the Eastern Ohio groups who promoted a well attended and well-received Halloween Dance last October.

The same groups will hold another dance on Saturday, May 5th at 8:30 p.m. in **Thompson-Rami Cafeteria? 23555 Euclid Avenue, Euclid, O.** The master of ceremonies will be Howie L., and the music will be supplied by Vic Stuart and his 12-piece orchestra.

Tickets are \$1.50 per person. Prizes, raffles and good food are another attraction.

ASHTABULA ALANON POT LUCK SUPPER

A pot-luck supper will be served by the Ashtabula Alanon group as it observes its fourth anniversary in Harris Memorial Presbyterian Church, W. 58th and Adams, Ashtabula, on Tuesday, April 24th at 6:30 p.m. Speakers will be Chuck and Mary W. of Pittsburgh, Pa.

G I G G L E S

Once upon a time a certain member had a slip in AA. He called his sponsor and, crying on his shoulder and full of self-pity, moaned, "And to think, I have lost all of my pride!"

"Swell," his sponsor bluntly remarked, "now we can begin!"

* * *

Overheard at a recent meeting: "From now on, if I can't say anything nice about the guy, the hell with the so-and-so!"

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER YOUR SECRETARY HAS SUBSCRIPTION BLANKS

ALANON GROUP MEETINGS

ASHTABULA-Harris Memorial W. 58 & Adams.1st & 3rd Mon., 8:30
 LAKEWOOD—Congregational Church, 1375 West Clifton Blvd.Mon., 8:30
 EUCLID—Christian Church, 28000 Lake Shore Blvd Tues., 8:30
 SUBURBAN WEST-Our Savior Luth'n Church, 20300 Hilliard, Tues., 8:30
 MAPLE HEIGHTS-Presbyterian Church, 15715 Libby Rd Tues., 8:30
 BETHANY—Bethany Presbyterian Church, W. 65th & Clinton-Wed., 8:30
 E. CLEVELAND—YWCA, Lee Boulevard and Euclid Fri., 1:30
 CHARITY-St. Vincent's Charity Hospital, E. 22nd & Central Fri., 8:30
 CHARDON—Pilgrim Christian Church 113 South St Fri., 9:00
 PARMA—Ridgew'd Sav's & L'n, 5950 Ridge Rd. (2nd & 4th Sat.) Sat., 8:30
 VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed Sun., 4:00

NURSING HOMES THAT TREAT ALCOHOLICS

(This listing does not necessarily indicate endorsement or approval)
 Cleveland Alcoholic Hospital (MW) 7809 Euclid An---.EX 1-8998
 Dorothy McCauliffe Alcoholic Clinic (MW) 8304 Detroit---AT 1-3353
 Farquharson's Home (M) 6037 Pearl Road, Parma---Tu 5-1822
 Stella Maris Hospital (M) 1320 Washington Ave.---SU 1-0554

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 E. 4th St., is open weekdays from 9 a.m. to 5 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

DID YOU KNOW. . . ?

That the World Service Office of A.A. provides the necessary facilities for handling thousands of inquiries annually from alcoholics and others, helping many problem drinkers to obtain the help they seek by affiliating with a local group without delay in areas all over the world?

CLEVELAND AREA AA GROUP MEETINGS

M O N D A Y

BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
BOWHALL—Rt. 20 & Bowhall, Painesville 8:00
BROOK PARK—Redeemer Lutheran Church, 6161 Smith Road, Brook Park. 8:30
CHESTERLAND—Methodist Church, Mayfield Road and Route 306 9:00
EARLY-EARLY—Plasterer* Union Hall, 1651 E. 24th St. (near Payne Ave.) 7:30
FRIENDLY SUBURBAN—6037 Pearl 8:00
FRIENDSHIP—Blvd. Presbyterian Ch., 24600 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton end Detroit 9:00
LEE MONDAY—First Presbyter. Church, East Cleveland, Nela and Euclid 8:30
LORAIN AVE.—St. Ignatius Hall, Lorain Ave. at West Blvd. 8:30
ORCHARD GROVE—St. Mark's Church, 15305 Triskett Road 8:30
PEARL—Our Lady of Good Counsel, 4423 Pearl Rd. 8:30
RAMONA—9721 Ramona Blvd. 8:30
SHAKER—Christ Episcopal Church, 3445 Warrensville Center Rd. 9:00
SOUTH EAST—7526 Broadway 8:30
SUNNY MONDAY WOMEN—Sunset Rd., St. John's Par. House, Independence 12:30
TEMPLE—Temple Baptist 7500 Cedar 8:15
UNION—East View Congregational Church, Kinsman at E. 156th St. 9:00
WEST 25th ST.—Marvel Hall, 2858 W. 25th St. 9:00
WOMEN'S—Westside—West Boulevard Christian Church, Madison and W. 101 8:45
ELYRIA MEN—St. Agnes, Lake & Dewey 8:30
VERMILION—Congregational Church 8:30
WILLOUGHBY, O.—Presbyterian Church 8:30

T U E S D A Y

CHAGRIN FALLS WOMEN—Garfield Memorial Church, Lander Rd. & Rte. 422 9:00
CLARK—1917 Clark Ave. 8:30
CORLETT MIXED—Holy Family Parish Hall, 3845 E. 131st St. 8:30
EAST SIDE WOMEN—11705 Euclid, Church of the Covenant 8:00
EDGE LAKE—Lakewood YMCA, Community Room, 16915 Detroit 8:30
EUCLID MORNING—Lake Shore Christian Church, Lake Shore Blvd. & 280 10:30 A.M.
EUCLID WADE—C. A. H. Club, Third Floor, 7809 Euclid Ave. 8:30
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 9:00
FALLS COMMUNITY CHURCH—Olmsted Falls, 7853 Main St. (Columbia Rd.) 9:00
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave. 9:00
HILLTOP—St. Joseph's Seminary, 17608 Euclid Ave. 8:30
MAYLYND—E. Cleveland Savings & Loan, 5816 Mayfield Road 8:30
MILKS-LEE—Mt. Hope Lutheran Church, E. 164th, north of Miles Ave. 8:30
NIGHT & DAY—12821 St. Clair Ave. 8:30
NO. ROYALTON—Methodist Church, 13715 Ridge Road 8:30
SMITH WILSON—St. Joseph's School, 9321 Orleans Ave. 8:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior 8:30
TRUSTY—Cleveland House of Correction, 1000 feet east of House of Correction 8:00
WEST PARK—Puritas Lutheran Church, Puritas Ave. and W. 138th St. 8:30
ASHLAND—O. First Presbyterian Church, 3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—Methodist Church, South Broadway Geneva, Ohio—First Tuesday 8:30
LAKE COUNTY—Meth. Fellowship Hall, Rt. 20-E, Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O. Trinity Church 8:30
MANSFIELD—Episcopal Church, 41 Bowman St., Mansfield, O. 8:30 EST
MEDINA—O. St. Paul's Epis. Par. Hse. 8:30
SANDUSKY, O. (Firelands)—First Presbyterian, across from Post Office 8:30
STRONGSVILLE—Tom Hall 8:30

W E D N E S D A Y

ANSEL—Lithuanian Hall, 6835 Superior Ave. 8:30
BAXTER—St. John's Lutheran School, 5826 Cable 8:30
BEDFORD—Bedford Christian Church, Warrensville Center and Blaine 9:00
BROOKLYN-K. of P. Hall, 3316 Broadway, East of Pearl Rd. 8:30
COLLINWOOD—945 E. 152nd St. 8:30
DOAN MEN—YMCA (University Circle), 2055 E. 105th St., Second floor front 8:30
EASTSIDE MORNING—9606 Euclid Ave., Euclid Ave. Congre. (Side ent.) 10:30 a.m.
GARFIELD—Pilgrim E. & R. Church, 4592 E. 131st St. 8:30

HAGUE—Grace Cong. Assembly Hall, West 66th and Colgate 8:30
LAKEWOOD WOMEN—St. Peter's Epis. 18001 Detroit Ave. (Cor. W. Clifton) 8:30
LORAIN-TRISKETT—Bosworth Road, Presbyterian Church, 3631 Borworth 9:00
LEE ROAD—First English Lutheran, Derbyshire and Euclid Hts. Blvd. 9:00
NO. OLMSTED—City Hall, Dover Road 9:00
PSYCHIATRIC HOSPITAL—1708 Aiken 8:30
ST. JAMES—St. James Church, E. 84th and Cedar 8:00
SOUTHWEST WOMEN—6037 Purl Rd. 8:00
TWENTY-FOUR HOUR—13216 Detroit, Church of the Ascension 8:30
WARRENSVILLE—Women's Howe Cor. 7:30
WEST SHORE—West Shore Unitarian, 20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)—Twelfth Step Club, 8304 Detroit Ave. 8:30
ASHTABULA COUNTY WOMEN—Harris Memorial, W. 58th & Adams, Ashtabula Second and Fourth Wednesday 7:30
BRUNSWICK—Cuyahoga Ass'n Bldg., Route 42, So. of 303, next to Marshall's 8:30
ELYRIA, O.—St. Paul Building, Third and Middle, side entrance 8:30
FAIRPORT HARBOR—Luther Center, Eagle St., Fairport Harbor 8:00
INTER RACIAL—30th & Wood, Lorain, O., Mt. Zion Baptist Church 8:30
JEFFERSON, O.—St. Joseph's Church 8:30
LAKE COUNTY WOMEN—Grace Episcopal, 38015 Euclid Ave., Willoughby 9:00
LORAIN COUNTY WOMEN—Vincent Methodist, Detroit Rd. and Rte. 254 8:30
SANDUSKY, O.—Provid. Hse. Cafeteria 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
WICKLIFFE—Wickliffe Presbyterian Church, E. 300th & Ridge Rd. (Route 84) 8:30

T H U R S D A Y

ALLENDALE—St. Paul's Episcopal, Church, 16837 Euclid Ave. 8:30
ANGEL—St. Malachi's, 2459 Washington 9:00
BAY WEST—Church of the Redeemer, 215 Coventry/Ridge Rd., Westlake 8:30
BROADWAY—55th—Our Lady of Lourdes School Hall, 3398 E. 65th St. 8:30
COVENTRY—Fairmount Presby. Church, Scarborough and Fairmount Blvd. 8:30
CRILE HOSPITAL—Library 8:00
CROSSROADS—St. Luke's Episcopal, W. 78th St. and Lake Ave. 8:30
EAST LAKE—First Congregational Church, 33700 Vine St. 9:00
EAST SHORE WOMEN—Richmond Library, 26151 Euclid Ave., Euclid, O. 8:30
GARDEN & ALLEY—(Outhwaite) 7100 Kinsman Ave. 8:00
LORAIN AVE.—St. Gregory School, Madison Ave. & W. 129th 9:00
NIGHT & DAY—12821 St. Clair 12 Noon
NORTH RANDALL—Village Hall, 21937 Miles Ave. 9:00
PARMA HEIGHTS—6400 Pearl Road Laux Realty Basement (rear ent.) 8:30
ROCKY RIVER—Rockport Methodist Church, 3301 Wooster Road 9:00
ST. CLAIR-THURS.—Nottingham Methodist Church, St. Clair & Melville 8:30
TRUSTY—Cleveland House of Correction, 1000 feet east of House of Correction 8:00
WEST SIDE MORNING—W. 98th & Denison Hungarian Lutheran Church 11:00
ASHLAND THURSDAY—2nd and Union, Rossaro's Restaurant 8:00 EST
ASHTABULA HARBOR—North End Club, Comer Walnut Blvd. & Lake Ave. 8:30
BEREA—Fine Art Club, E. Bagley Rd., 3 doors east of Eastland Rd. 9:00
ELYRIA—St. Jude's School, Poplar St. 8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset 9:00
MAPLE LEAF—Congregational Church, Fellowship "n' d", Burton, Ohio 8:30
PAIN ESVILLE—Congregational Church, Educ. Bldg., Mentor Ave., P'sville 8:30

F R I D A Y

BROADWAY-HARVARD—8437 Br'dway 9:00
CEDAR—Salvation Army, 5005 Euclid 8:15
CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—1031 Ter. Tow. 6:00
EUCLID FRIDAY—Epiphany Church, Lake Shore and E. 210th 9:00
FRIDAY AFTERNOON WOMEN—Plymouth Church, Coventry and Drexmore, Krumbine Room 1:00
GORDON SQUARE—St. Helena's Hall, 1367 W. 65th St. 9:00
HUDSON, O.—Christ Church, 21 Aurora 8:30
LEE ROAD—American Legion Hall, Post 163, 15544 Euclid Ave. 9:00
NORTH EAST—Town House Motel, 15661 Euclid Ave. 8:30
TRAINING-REFRESH—Illuminating Bldg. (rear) Rm. 361. 55 Public Sq. 8:30

SOLIDARITY—Friendly Inn Settlement, 2382 Unwin Rd. (off Quincy Ave.) 8:30
STELLA MARIS MIXED, 1320 Washington Ave. 8:15
TAPCO-23555 Euclid Ave. 9 p.m.
 Second Friday of each month
WEST CLIFTON—Lkwd. Congregational Church, 1375 W. Clifton Road 9:00
AVON LAKE—First Congregational Church, 32801 Electric Blvd. 8:30
BEREA—Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS—Fedented Churches, 76 Bell Street 9:00
CHARDON—Pilgrim Christian Church, 113 South Street, Chardon, O. 9:00
ELYRIA—St. Agnes (down) Lake & Dewey 8:30
CONNEAUT—O. B. of L. E. Hall 8:30
WELLINGTON—St. Patrick's Catholic Church, No. Main St., Wellington, O. 8:30

S A T U R D A Y

FOREST CITY—2125 Broadview Rd. 9:00
JACK & HEINTZ—17600 Broadway 8:30
LANDER CIRCLE—Garfield Man. Methodist, Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK—Unitarian Church, 8143 Euclid Ave., Cor. E. 82nd St. 9:00
LIBERTY—945 E. 152nd St. 9:00
MAPLE HTS.—Luth. Church of Co-t, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Windermerse Presb. Ch., 14112 Euclid Ave. at Windermerse 8:30
NEWBURGH STATE HOSPITAL—Williams Bldg., Entrance at 4455 Turney Rd. 7:30
NIGHT & DAY—12821 St. Clair 12 Midnight
NORWALK TRUCK LINES—1147 E. 55th St., at Shore Drive 9:00
MEMPHIS—Lakewood Congregational Ch., 1375 W. Clifton, Cor. Detroit Ave. 9:00
PARMA—Ridgewood Savings & Loan, 5950 Ridge Road 8:45
PLAINS—Plains Methodist Ch., Mentor, O., Rts. 806 and 283, Mentor, O. 9:00
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church, 3525 W. 25th St. 9:00
VALLEY VIEW—Pilgrim Congr. Church, 2592 W. 14th, cor. Starkweather 9:00
ASHTABULA, O.—St. Peter's Epis. Church, Main Avenue at South Park 8:30
ELYRIA SATNITE—Alceon Club, 345 Broad St., Elyria, O. 8:30
LORAIN SATNITE—7th and Reed St., St. Mary's Church Basement 8:30
MANSFIELD—20% S. Park 8:00 E.S.T.
MIDDLEFIELD—Methodist Church, South Main St., Middlefield, O. 8:30
WEST RICHFIELD—Consolidated Church, Route 303, just west of Route 21 9:00

S U N D A Y

AVON CENTRAL—Basement Central Bank, 36690 Detroit Road, Avon, O. 8:00
BEDFORD HEIGHTS—Village Hall, 5661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
C.A.H. DISCUSSION—C.A.H. Clubrooms, 7809 Euclid Avenue 10:45 A.M.
COLLINWOOD—945 E. 152nd St. 7:30
DETROIT SUNDAY—8304 Detroit Avenue 7:30 P.M.
DISCUSSION—6700 Detroit Ave. 7:00
GARDEN VALLEY—Outhwaite 7100 Kinsman Ave. 4:30
GOLF LAKE INDS—Immaculate Conception Church, Hubbard Rd., No. Madison 3:00
LAKEWOOD ARMORY—1437 Wayne Ave., South of Detroit 9:00
LAKEWOOD CLOSED—18001 Detroit Ave., St. Peter's Episcopal Church 8:30
LORAIN COUNTY CONSOLIDATED—St. John's Sch., 31 & Rt. 57, Lorain 7:30
MARIA JOSEPH—Plasterers Hall, 1651 E. 24th St., at Payne Ave. 2:00
MISTLETOE—St. Thomas Church, 9205 Superior Ave. 7:00
NELA PARK—Cafeteria, Advertising Bldg., Nela Park, Noble Road 7:30
NEW HIGH ST.—Catherine's Church, 3443 E. 93rd St. 8:30
SUPERIOR STAG—8801 Superior 11 A.M.
TRUSTY—Cleveland House of Correction, 1000 feet east of House of Correction 5:00
VALLEY WOMEN'S DISCUSSION GROUP—2nd & 4th Sunday, 7100 Kinsman 3:30
YOUNG—Euclid Community House, 240 Briardale 7:15
TWILIGHT—Grange Hall, Rt. 60, Axtel, O. 7:30
WARRENSVILLE—Cooley Farms Recreation Room 10:00 A.M.
CHIPPFWA-SEVILLE—V.F.W. Hall, Seville, O. 8:00
GNPFA, O.—Legion Hall, Park St., 1100 S. Paine 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST



NOTHING NEW

It had been a truly remarkable meeting. Not the kind that left people with a spirit of inspired fervor. Rather it was one of those "Food for Thought" leads, which sent everyone away in a very reflective mood.

In our car enroute home all was quiet until someone said, "That was just about the best lead that I have ever heard." There was a long pause before another said, "It was a powerful thought-provoking lead but when you reflect on it, she really didn't say anything new." After another pause a third passenger spoke up, "She didn't say anything new for you or for us perhaps, but she said plenty that was new for some. And, if you are honest you will admit that she reminded you of much about which you probably have become careless, and might even be on the verge of forgetting."

As the fourth person in that car, this writer said nothing but thought a great deal. Recalled were the many times that many different people had prefaced a lead by suggesting they had nothing new to offer, that they knew nothing but their own experience plus a few truths picked up from others. Recalled was the fact that people who started a lead in this fashion usually went on to do a great job, while evidencing genuine humility.

Further reflection called up the statement by one of the ancient philosophers, "There is nothing new except that which has been forgotten." In our society we learn to seek the truth. It is a never ending search, which if we have the right spirit, becomes an exciting journey of everlasting freshness. Our first small basic truth is the simple knowledge that our own life has become unmanageable. We come into this remarkable fellowship through the back door and we come in backwards to boot. We are backing away from that which has us licked. We are not searching for anything positive. We are accepting a helpful hand which literally lifts us over the threshold of a new life which to us is a negative escape from our suffering.

It is when we begin to become interested in where we are, that our sobriety becomes the objective instead of the escape. From that point on our search for truth begins. Starting with the truth about ourselves, it moves on to the truth about others, about the world in which we live and our tiny place in it, about the significance of life, and about God as we understand Him. Few of these truths are self-evident to us. They are hard to come by. They are hard to take and digest. They are easy to forget. They are difficult to integrate into our daily lives. But they are not new.

Goethe once said, "When I finish, then I begin." So it must be with us to make our lives of truth-seeking exciting and fresh. Each little truth we add, simply broadens our ability to move on intelligently in our quest for the next one.

To have peace in our world we must have peace in our mind. -Norman Vincent Peale

THE ONLY WAY

"Most people who have a drinking problem are emotionally unstable," observed a member as we sat discussing characters who had difficulty in staying sober even after thorough, patient indoctrination, hospitalization and many contacts. "In my opinion we lay too little emphasis on suggesting self-analysis and character improvement."

This cogent observation stimulated quite an interesting discussion among the five of us assembled, and led each of us to re-examine our varied approaches on sponsorship.

One offered his opinion that the average compulsive drinker was extremely selfish and self-centered, probably even suffering from an inferiority complex. Alcohol, he noted, often made battlers out of weaklings, would-be heroes out of cowards and insufferable, lying braggarts out of notably unsuccessful persons.

Another offered a casualness toward anything spiritual even though raised from youth in a Christian atmosphere to which his anti-social spirit rebelled. He felt that many who failed in the program were willing to express faith in a Higher Power, but its depth was so shallow that the smallest obstacle would throw him or her into a tantrum.

He added that too many expect God to answer EVERY prayer of petition as they wanted it answered, forgetting that God many times, for their own good, says NO.

Another agreed on the selfishness angle, reminding us of the many instances in our experiences where it was difficult to get new members to find the key to AA success in sharing their gift with others by going out on calls- and "carrying the message." The

richness of our gifts of sobriety can only be great by giving it away without any thought of reward.

Another felt along the same line, that gratitude was lacking in most candidates. Many felt that they were making a great personal sacrifice in giving up alcohol and that this entitled them to constant praise and adulation.

The consensus of all five was that the need for a thorough re-study of the Twelve Steps be mandatory, not only for the newcomer, but also for those who have been in the program for periods of years-particularly the Fourth Step (beware of rationalization or comparison) and the Eleventh Step where the heart of our program lies.

We all agreed that we should all honestly re-assess ourselves periodically and then re-examine the First Step and remind ourselves as honestly as in our power of our helpless mental and physical condition when we first embraced the program, not minimizing it, but being realistic in our assessment.

The program of AA teaches us many things if we honestly are sick and tired of being sick and tired of our old way of life. It assures the return of self respect, gratitude, honesty, faithfulness, dignity, reliability, honor and rectitude, besides being assets to the community instead of liabilities.

Above all we have to learn that this means self-discipline. The many examples of success we have in AA are testimony to the fact that AA has the answer.

All anyone needs is the will to seek it.

You cannot do
the right thing
the wrong way.



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No. 8

MILL ENDS AND REMNANTS

From back in the Pennsylvania Dutch country have come some priceless expressions. One of these is "It wonders me," and not infrequently it has wondered us—and probably you too—how we received so much for having given so little.

Bereft of most everything worthwhile, despairing, as well as despaired of, as we reached the threshold of the open door of Alcoholics Anonymous, by reflection and with each passing day we beheld miracle of miracles, wonder of wonders—our own sobriety.

It wonders me, having so much going for me, how easy it is to become slipshod—to put on tight shoes, mentally speaking, then by reason of those things that are going for me do an about face and return to the right thinking—the thread upon which my very life depends.

Does it wonder you, too? Having been hopeless, we became hopeful; having been faithless, we became faithful and responsible and having been selfish we became charitable. While none of these wonderful things we have come to know is new to man, they became new to drunks a comparatively short time ago.

They had their origin centuries ago on the day this column is being written—Good Friday. It was there that the finite became infinite, and from that beginning was to come that which has been entrusted to our feeble care—the helping of our similarly afflicted brothers, that they may be reborn as we have been reborn.

It is a trust not to be taken lightly and only wondered at in gratitude, which in itself can be expressed only in action by performance and example. Being daily richly fed by the full provisions of our Maker, to whom we have turned our life and our will, by the simple expedient of lifting our grateful hearts to Him in prayer and thanksgiving, is nonetheless a wonder than any other that we come to know.

Have you, too, ever considered or reflected just how close we are to an individual disaster? How near we are to chaos, no matter how far we have traveled from our own individual catastrophe? It shouldn't wonder us that we should have our sentinel on guard at all times.

We never get too old that we cannot find a new way to be stupid, by George!

ELEVENTH ANNUAL INTERGROUP DINNER

Under sponsorship of the Cleveland District Office, the eleventh annual intergroup dinner will be held Monday, May 7, 1962, in the Rainbow Room, Hotel Carter at 7:00 P.M. Adding her name to the list of outstanding speakers at these annual dinners will be Mari Bell S. from New York. Tickets are \$5.00 per person and may be obtained at the Cleveland District Office.

YOUNG PEOPLE IN AA

The Fifth International Young People in AA Conference will be held in Hotel Sheraton-Connaught, Hamilton, Ontario on Friday, Saturday and Sunday, June 1-2-3, 1962.

This conference will be the first held in Canada and will provide an opportunity for a mingling of AA ideas and views among the young and not so young.

Reservations should be made by writing to Fifth International Conference, 13 Whitfield Ave., Hamilton, Ontario. The cost of registration, including the banquet, is \$6.50.

PUBLIC INFORMATION COMMITTEE REPORT

This report was submitted to Central Committee at its April 2 meeting and was approved by representatives of 28 groups. Copies of the report were sent to all group secretaries and also published in Central Bulletin.

Before endeavoring to submit a plan for your Public Information Committee (P.I.C.) we would suggest that all concerned read and understand the intents and purposes of Central Committee. This is suggested because the P.I.C. has been appointed by the moderator of Central Committee and is answerable to Central Committee. No plan can be submitted and put to work by the P.I.C. involving any other group or individual without the approval of Central Committee. We would also like to suggest that the pamphlet **SPEAKING AT NON-ALCOHOLIC MEETINGS** be thoroughly read and understood so that all of us know the framework that the P.I.C. can work in.

The P.I.C. realizes that no plan will ever be perfect, or will it always have the 100% approval of the members of AA; but, we do feel that a start should be made because the need is great for proper communications with non-alcoholic groups. As time goes on changes and improvements will be made to fit requirements that are not now apparent. However, we do wish to make clear that we will never *intentionally* try to propose any part of a program that will conflict in any way with the three legacies of AA as we understand them.

Because outside agencies do consider alcoholism a major health problem, and do work in the fields of research, public information, governmental alcoholic commissions on alcoholism, etc., we do not want anybody to get the impression that we, as the P.I.C., are endeavoring to cover any of the aspects of alcoholism in which the aforementioned groups participated. Our main purpose is to tell the recovery story through AA. Information on how it works and where it can be obtained will be given to the people who will in many cases be the third party instrumental in steering the alcoholic to AA. Lawyers, judges, doctors, nurses, clergymen, welfare workers, employers, educators, and many others have acted as the third party in bringing many alcoholics to our fellowship.

Our intentions include carrying the message of recovery through AA to those individuals, and to many other groups, in a more coordinated and guided program. For instance, we do know that all of our members do not have the ability to speak to all of the various non-alcoholic groups that have requested speakers. Where one member might do a tremendous job with a young people's church group he would be out of place with a service club.

The foregoing is mentioned to bring out the point that the many ramifications included in a Public Information Program require considerable planning, training, and constant attention to be effective.

There is available from our General Service Office in New York information concerning communications tailored to meet the requirements of almost every segment of society. Reference lists compiled by our General Service Office Staff are also available for us to use. It is the intention of your P.I.C. to avail itself of all the possible aid it can get from the General Service Headquarters in New York and our Cleveland Intergroup Office.

As stated in the Central Committee meeting held February 6, 1962, your P.I.C. will require volunteers to serve as speakers, writers, typists, recorders, and whatever else might develop in the way of responsibilities around out this committee. We now ask that every group included in the area served by Central Committee be given this information so that those individuals who wish to participate may volunteer their services by notifying the Cleveland District AA Office, CHerry 1-7387, or write to the office at Room 205 Frederick Building, 2063 East Fourth Street, Cleveland, Ohio.

It is the aim of your P.I.C. to develop a program that will be available for Central Committee action at the May meeting in regards to the Cleveland Board of Education

GROUP NEWS

To insure publication group news articles must be submitted IN WRITING before the 15th day of each month.

Allendale-May speakers: 3—Jim W., Allendale; 10—Joseph K., Newburgh; 17—Charles G., Ravenna; 24—Al N., Allendale; 31—Jess C., Akron, 0.

Barter-May speakers : Z—John P., Cedar; 9—Ralph B., Bedford Heights; 16—John M., Miles-Lee; 23—Ralph C., Parma Heights; 30—Jack N., Parma Heights.

Brooklyn-Observes its Twenty-second Anniversary on Wednesday evening, May 9 in Trinity United Church of Christ Auditorium, 3525 W. 25th Street. The meeting will be preceded by an organ concert at 8 p. m. The speaker will be Clarence S. of St. Petersburg, Florida, a former Clevelander who was one of Cleveland's first AA's and who sponsored many of Cleveland's solid AA's. Other May speakers: 2—John McG., Brooklyn (his first anniversary); 16—Warren C., Jr., Edgelake; 23—Tom McG., Edgelake; 30—Mrs. Billie M., Parma.

Cleveland Women-May speakers: 4—Jerry R., Gordon Square; 11—June R., East Shore Women; 18—Betsy B., League Park; 25—Anne Marie R., Willoughby

Collinwood-Observes its Twenty-first Anniversary on Sunday, May 27 with a Chicken Dinner followed by a panel of good speakers. On May 6, popular member Josephine ("Big Jo") O., will start her fifteenth year of absolute sobriety as speaker.

Crossroads-May speakers: 3—Warren C., Jr., Edgelake; 10—Herb F., Clark; 17—Tom D., Lorain Avenue Monday; 24—Al S., Orchard Grove; 31—Mary L., Angle.

Early-Early-May speakers : 7—Jim D., Independence; 14—No meeting. Hall is used by the union second Tuesday of each month: 21—Lenny L., Superior; 28—Richard L., Solidarity.

East Shore Women-Have moved to a new location in Richmond Library, 26161 Euclid Avenue (rear entrance).

Fairview Park-May speakers: 1—Agnes O., Lorain Monday; S—Ken W., Independence; 15—Dick P., Newburgh; 22—Mrs. Billie M., Parma; 29—Henderson H., Garden Valley.

Garden Valley Thursday-May speakers: 3—Ed S., Superior Stag; 10—Tom A., Solidarity; 17—Lon G., Superior Stag; 24—Bob W., Temple.

Garden Valley Sunday-Observes its Sixteenth Anniversary on Sunday, May 20 at 4 p. m. Other May speakers: 6—Doc Mistletow; 13—Don K., St. Clair-Thursdays; 27—Sunny F., Garden Valley.

Hague-May speakers: 2—Doc K., Broadway-55th; 9—Chris H., Forest City; 16—Ray B., Lorain-Monday; 23—Jim and Agnes O'M., Lakewood Armory; 30—Wilma O'N., West Side Women.

Heights Closed Discussion-A new group which meets each Friday at 8:30 p. m. in South Hall, Gesu School, 2450 Miramar Blvd.

Hilltop-Observes its Ninth Anniversary on Tuesday, May 15 at 8:30 p. m. with 17 year veteran Mel S. of Chardon as speaker. Other May speakers; 1—Bob A., Miles-Lee; S—Ann C., Niles, 0; 22—Ray O., Redwood; 29—Paul R., Warren, 0.

Independence-Observes its Tenth Anniversary on Thursday, May 17 at 9 p. m. with the same trio of old-timers who have spoken at each annual anniversary, Warren C., Sr., Canton, 0; Harry H., Rocky River and Harry D., Edgelake.

Lakewood Armory-May speakers : 6—Ed L., Berea Thursday; 13—Norma P., West Side Women; 20—Tony K., Smith-Wilson; 27—Dorothy B., Clark.

League Park-May speakers: 5—Al S., League Park; 12—Don C., League Park; 19—Fred G., Newburgh; 26—Jack D., Charity.

Lorain Avenue Monday-Observes its Twenty-first Anniversary on Monday, May 7 at 8:30 p. m. Speakers will be Judge James C., Warren C., Sr., and Tom V., with founder Tom D. as chairman. Other May speakers: 14—Henry W., Euclid-Wade; 21—Ed B., Borton; 28—Joe R., Lorain Avenue Monday.

Matt Talhot-Observes its Fifteenth Anniversary on Saturday, May 12 8:30 p. m. with attorney Ed B. as guest speaker. A buffet dinner will be served. Other May speakers: 5—No meeting; 19—Emil W., Stella Maris; 26—Howie L., Angle.

Memphis-May speakers: 5—Ed S., Angle; 12—Jim R., Edgelake; 19—Jim S., Plains; 26—Harry D., Edgelake

Night & Day Tuesday-May speakers : 1—Betsy LaR., Forest City; 8—Pat P., Night & Day; X—Josephine ("Big Joe") O., Collinwood; 22—Stan J., Northeast; 29—Terry B., Night & Day.

Night & Day Thursday-Have changed their meeting time to 11 a. m. May speakers : 3—Bob B., Allendale; 10—Sam N., Garden Valley; 17—Tom A., Garden Valley; 24—Mary P., Euclid Morning; 31—Marty R., Your

Night & Day Saturday-May speakers: 5—Ethel H., Chagrin; 12—The Ninth Step, a panel of four from Geneva, 0; 19—John J., Chesterland; Ninth Tradition, an Ashtahula panel.

North Olmsted-May speakers: 2—Eddie G., Shaker; 9—Jack S., Lorain-Monday; 16—Fred D., Coventry; 23—Ed C., Newburgh; 30—John B., Lakewood Men.

North Randall-May speakers: 3—Dorothy McA., Detroit Ave., Sunday; 10—Everett W., Trinity; 17—Mary W., West Side Women; 24—Jim W., Trinity; 31—Ralph G., West Clifton.

Parma-May speakers: 5—Jerry W., Angle; 12—Howie L., Angle; 19—Ed C., Newburgh; 26—Jack M., Parma.

Solidarity-May speakers : 1—Maggie S., Berea Thursday; 11—Moses Y., Hartsville, 0; 18—Jim D., Early-Early; 25—Chuck and Lu S., St. Clair-Thursdays

Stella Maris-May speakers : 4—Walter S., Valley View (his 6th anniversary); 11—Art W., Garfield; 18—Tony K., Smith-Wilson; 25—John B., Lakewood Men.

Temple-May speakers: 7—Joe G.; 14—Tom C.; 21—Jack L.; 28—Maggie S.

Trinity-May speakers: 5—Dam H., 14—Tom C.; 21—Jack L.; 28—burg, 0; 12—Jack C., Clark; 19—Gloria S., Night & Day; 26—Howard P., Solon, 0.

Valley View-May speakers: 1—Stan P., Smith-Wilson; 12—John C. (his first anniversary); 19—Red M., (his first anniversary); 26—Bill K. (his fourteenth anniversary).

West Park-May speakers : 1—Chris H., Forest City; S—Ruth W., Avon Central; 15—Joe B., Crossroads; 22—Don E., West Park (his tenth anniversary); 29—Billy H., Newburgh.

Westside Women-The first women's group in AA observes its Twenty-first Anniversary on Monday, May 21 at 8:45 p. m. and again invites members and their spouses of all groups to hear Stella R. of LaVale, Maryland who will be the guest speaker. A cordial welcome awaits YOU.

West 25th-May speakers: 7—Tom P., League Park; 14—Al S., League Park; 21—Mary McL., Clark; 28—Bill H., League Park.

HOW TO KILL A GROUP

If you're a member.

1. Don't come to meetings.
2. If you do come, come irregularly.
3. If you do come, come late.
4. If you do come, find fault with the work of the appointed leaders and members.
5. Gossip. Spread unverified rumors. Condemn. Assassinate the characters of others.
6. Never accept a duty, an obligation or an appointment. It is easier to criticize others than to do things yourself.
7. Nevertheless, get sore if you are not asked to accept a duty, an obligation or an appointment. Then, if you are asked, welsch or fail to deliver.
8. When an important matter is being discussed during a meeting, keep silent even if asked for an opinion. After the meeting, tell everyone privately how you think the matter should have been handled.
9. Don't comment. You wouldn't want to help the leader or anyone else, would you?
10. Do nothing more than is absolutely necessary. But if others roll up their sleeves and pitch in, howl that the group is being run by a clique.
11. Ignore new members and visitors. We don't need them; they need us.
12. If asked to be secretary or chairman, refuse.
13. If not asked, resign in a huff.

J. T. B., North Olmsted

OBITUARY

Glenn Beard, a sixteen-year member of the Avon Lake group passed away on February 16, after a short illness.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER
YOUR SECRETARY HAS SUBSCRIPTION BLANKS

ALANON GROUP MEETINGS

ASHTABULA-Harris Memorial W. 58 & Adams.1st & 3rd Mon., 8:30
LAKEWOOD-Congregational Church, 1375 West Clifton Blvd.Mon., 8:30
EUCLID-Christian Church, 28000 Lake Shore Blvd. Tues. 8:30
SUBURBAN WEST-Our Savior Luth'n Church, 20300 Hilliard, Tues., 8:30
MAPLE HEIGHTS-Presbyterian Church, 15715 Libby Rd. Tues., 8:30
BETHANY—Bethany Presbyterian Church, W. 65th & Clinton....Wed., 8:30
E. CLEVELAND-YWCA, Lee Boulevard and Euclid Fri., 1:30
CHARITY-St. Vincent's Charity Hospital, E. 22nd & Central..... Fri., 8:30
CHARDON-Pilgrim Christian Church, 113 South St. Fri., 9:00
PARMA—Ridgew'd Sav's & L'n, 5950 Ridge Rd. (2nd & 4th Sat.) Sat., 8:30
VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed Sun., 4:00

NURSING HOMES THAT TREAT ALCOHOLICS

(This listing does not necessarily indicate endorsement or ●)rawl)
Dorothy McCauliffe Alcoholic Clinic (MW) 8304 Detroit AT 1-3558
Farquharson's Home (M) 6037 Pearl Road, Parma TU 5-1888
Stella Maris Hospital (M) 1320 Washington Ave. SU 1-0534

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 E. 4th St., is open weekdays from 9 a.m. to 5 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

CLEVELAND AREA AA GROUP MEETINGS

MONDAY

BOBTON-E. Cleveland Congrega. Church,
Page and Euclid Ave. 8:30
BOWHALL—Rt. 20 & Bowhall, Painesville 8:00
BROOK PARK—Redeemer Lutheran Church,
6161 Smith Road, Brook Park 8:30
CHESTERLAND—Methodist Church,
Mayfield Road and Route 806 9:00
EARLY-EARLY—Plasterers Union Hall,
1651 E. 24th St. (near Payne Ave.) 7:30
FRIENDLY SUBURBAN—6037 Pearl 8:00
FRIENDSHIP—Blvd. Presbyterian Ch.,
24600 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN—St. Peter's Episcopal,
W. Clifton and Detroit 9:00
LEE MONDAY—First Presbyter. Church,
East Cleveland, Nela and Euclid 8:30
LORAIN AVE.—St. Ignatius Hall,
Lorain Ave. at West Blvd. 8:30
ORCHARD GROVE—St. Mark's Church,
15305 Triskett Road 8:30
PEARL—Our Lady of Good Counsel,
4423 Pearl Rd. 8:30
RAMONA—9721 Ramona Bld. 8:30
SHAKER—Christ Episcopal Church,
3445 Warrensville Center Rd. 9:00
SOUTH EAST—7526 Broadway 8:30
SUNNY MONDAY WOMEN—Sunset Pk.,
St. John's Par. House, Independence 12:30
TEMPLE—Temple Baptist, 7500 Cedar 8:15
UNION—East View Congregational Church,
Kinsman at E. 156th St. 9:00
WEST 25th ST.—Marvel Hall,
2858 W. 25th St. 9:00
WOMEN'S—Westside—West Boulevard
Christian Church, Madison and W. 101 8:45
ELYRIA MEN—St. Agnes, Lake & Dewey 8:30
VERMILION—Congregational Church 8:30
WILLOUGHBY, O.—Presbyterian Church 8:30

TUESDAY

CHAGRIN FALLS WOMEN—Garfield
Memorial Church, Lander Rd. & Rte. 422-1:00
CLARK—1917 Clark Ave. 8:30
CORLETT MIXED—Holy Family Parish
Hall, 3845 E. 131st St. 8:30
EAST SIDE WOMEN—11205 Euclid,
Church of the Covenant 8:00
EDGE LAKE—Lakewood YMCA,
Community Room, 16915 Detroit 8:30
EUCLID MORNING—Lake Shore Christian
Church, Lake Shore Blvd. & 260 10:30 A.M.
EUCLID—WADE—C. A. H. Clubrooms,
Third Floor, 7809 Euclid Ave. 8:30
FAIRMOUNT—St. Paul's Episcopal,
Fairmount and Coventry 9:00
FALLS—Community Church, Olmsted Falls,
7853 Main St. (Columbia Rd.) 9:00
FAIRVIEW PARK—Fairview Grace
Church, W. 224th and Lorain Ave. 9:00
HILLTOP—St. Joseph's Seminary,
17608 Euclid Ave. 8:30
MAY—LYND—E. Cleveland Savings & Loan,
5816 Mayfield Road 8:30
MILES—LEE—Mt. Hope Lutheran Church,
E. 164th, north of Miles Ave. 8:30
NIGHT & DAY—12821 St. Clair Ave. 8:30
NO. ROYALTON—Methodist Church
13715 Ridge Road 8:30
SMITH—WILSON—St. Joseph's School,
9321 Orleans Ave. 8:30
SUPERIOR—North Presbyterian Church,
E. 40th and Superior 8:30
TRUSTY—Cleveland House of Correction,
1000 feet east of House of Correction 8:00
WEST PARK—Puritas Lutheran Church,
Puritas Ave. and W. 138th St. 8:30
ASHWIND, O.—First Presbyterian Church,
3rd & Church Sts. 8:00 E.S.T.
ASHTABULA CONSOLIDATED—
Methodist Church, South Broadway
Geneva, Ohio—First Tuesday 8:30
LAKE COUNTY—Meth. Fellowship Hall,
Rt. 20-E. Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O.
Trinity Church 8:30
MANSFIELD—Episcopal Church,
41 Bowman St. Mansfield, O. 8:30 E.S.T.
MEDINA, O.—St. Paul's Epis. Par. Hse. 8:30
SANDUSKY, O. (Firelands)—First Pres-
terian, across from Post Office 8:30
STRONGSVILLE—Town Hall 8:30

WEDNESDAY

ANSEL—Lithuanian Hall,
6835 Superior Ave. 8:30
BAXTER—St. John's Lutheran School,
5826 Cable 8:30
BEDFORD—Bedford Christian Church,
Warrensville Center and Blaine 9:00
BROOKLYN—K. of P. Hall,
3316 Broadview, East of Pearl Rd. 8:30
COLLINWOOD—943 E. 152nd St. 8:30
WAN HEN—YMCA (University Circle),
2055 E. 105th St., Second floor front 8:30
Eastside A.M.—945 East 152nd St., 10:30 a. m.
GARFIELD—Pilgrim E. & R. Church,
4592 E. 131st St. 8:30

HAGUE & Grace Cong. Assembly Hall,
West 66th and Colgate 8:30
LAKEWOOD WOMEN—St. Peter's Episc^l
18001 Detroit Ave. (Cor. W. Clifton) 8:30
LORAIN-TRISKETT—Bosworth Road,
Presbyterian Church, 3631 Borwin 9:00
LEE ROAD—First English Lutheran,
Derbyshire and Euclid Hts. Blvd. 9:00
NO. OLMSTED—City Hall, Dora Road 9:00
PSYCHIATRIC HOSPITAL—1708 Aiken 8:30
ST. JAMES—St. James Church,
E. 84th and Cedar 8:00
SOUTHWEST WOMEN—6037 Purl Rd. 8:00
TWENTY-FOUR HOUR—13216 Detroit,
Church of the Ascension 8:30
WARRENSVILLE—Women's House Cor. 7:30
WEST SHORE—West Shore Unitarian,
20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)—Twelfth Step Club
2304 Detroit Ave. 8:30
ASHTABULA COUNTY WOMEN—Harris
Memorial, W. 58th & Adams, Ashtabula
Second and Fourth Wednesday 7:30
BRUNSWICK, O.—Cuyahoga Ass'n Bldg.,
Route 42, So. of 303, next to Marshall's 8:30
ELYRJA, O.—St. Paul Building,
Third and Middle, side entrance 8:30
FAIRPORT HARBOR—Luther Center,
Eagle St., Fairport Harbor 8:00
INTER RACIAL—30th & Wood, Lorain, O.,
Mt. Zion Baptist Church 8:30
JEFFERSON, O.—St. Joseph's Church 8:30
LAKE COUNTY WOMEN—Grace Episcopal,
38015 Euclid Ave., Willoughby 1:00
LORA IN COUNTY WOMEN—Vincent
Methodist, Detroit Rd. and Rte. 254 8:30
SANDUSKY, O.—Provid. Hos. Cafeteria 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
WICKLIFFE—Wickliffe Presbyterian Church,
E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal,
Church, 15837 Euclid Ave. 8:30
ANGLE St. Malachi's, 2459 Washington 9:00
HAY WEST—Church of the Redeemer,
23500 Center Ridge Rd., Westlake 8:30
BROADWAY—55th—Our Lad; of Lourdes
School Hall, 3398 E. 66th St. 8:30
COVENTRY—Fairmount Presb. Church,
Scarborough and Fairmount Blvd. 8:30
CROSSROADS—St. Luke's Episcopal,
W. 71th St. and Lake Ave. 8:30
EAST LAKE—First Congregational Church,
33700 Vine St. 9:00
EAST SHORE WOMEN—Richmond Library,
26161 Euclid Ave., Euclid, O. 8:30
GARDEN ALLEY—(Outhwaite)
7100 Kinsman Ave. 8:30
LORAIN AVE.—St. Gregory School,
Madison Ave. & W. 129th 9:00
NIGHT & DAY—12821 St. Clair 10:45 a.m.
NORTH RANDALL—Village Hall,
21937 Miles Ave. 9:00
PARMA HEIGHTS—6400 Pearl Road
Laux Realty Basement (rear ent.) 8:30
ROCKY RIVER—Rockport Methodist
Church, 3301 Wooster Road 9:00
ST. CLAIR-THURS.—Nottingham Meth-
odist Church, St. Clair & Melville 8:30
TRUSTY—Cleveland House of Correction,
1000 feet east of House of Correction 8:00
WEST SIDE MORNING—W. 98th & Denison
Hungarian Lutheran Church 11 Ad
ASHLAND THURSDAY—2nd and Union,
Rossaro's Restaurant 8:00 EST
ASHTABULA HARBOR—North End Club,
Corner Walnut Blvd. & Lake Ave. 8:30
BEREA—Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd. 9:00
ELYRIA—St. Jude's School, Poplar St. 8:30
INDEPENDENCE, O.—St. John's Lutheran
Hall, Second and Sunset 9:00
MAPLE LEAF—Congregational Church,
Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE—Congregational Church,
Educ. Bldg., Mentor Ave., P'sville 8:30

FRIDAY

BROADWAY—HARVARD—8437 Brd'way 9:00
CEDAR—Salvation Army, 5005 Euclid 8:15
CHARITY—Amphitheatre, 6th Floor,
St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—1031 Ter. Tow. 6:00
EUCLID FRIDAY—Epiphany Church,
Lake Shore and E. 210th 9:00
FRIDAY AFTERNOON WOMEN—Ply-
mouth Church, Coventry and Drexmore,
Krambine Room 1:00
GORDON SQUARE—St. Helena's Hall,
1467 W. 65th St. 9:00
Heights Discussion—South Hall, Gesu Church,
2450 Miramar Blvd., 8:30 p. m.
HUDSON, O.—Christ Church,
21 Aurora 8:30
LEE ROAD—American Legion Hall,
Post 163, 15544 Euclid Ave. 9:00
NORTH EAST—Town Room Motel,
15661 Euclid Ave. 8:30

TRAINING-REFRESHER—Illuminating

Bldg. (rear) Rm. 361, 55 Public Sq. 8:30
SOLIDARITY—Friendly Inn Settlement,
2382 Unwin Rd. (off Quincy Ave.) 8:30
STELLA MARIS MIXED
1820 Washington Ave. 8:15
TAPCO-23555 Euclid Ave. 9 p.m.
Second Friday of each month
WEST CLIFTON—Lkw'd. Congregational
Church, 1375 W. Clifton Road 9:00
AVON LAKE—First Congregational Church,
32801 Electric Blvd. 8:30
BEREA—Social room of Berea Cong.
Church, Seminary and Church 8:30
CHAGRIN FALLS—Federated Churches,
76 Bell Street 9:00
CHARDON—Pilgrim Christian Church,
113 South Street, Chardon, O. 9:00
ELYRIA—St. Agnes (down) Lake & Dewey 8:30
CONNEAUT, O.—B. of L. E. Hall 8:30
WELLINGTON—St. Patrick's Catholic
Church, No. Main St., Wellington, O. 8:30

SATURDAY

FOREST CITY—2125 Broadway Rd. 9:00
JACK & HEINTZ—17600 Broadway 8:30
LANDER CIRCLE—Garfield Mem. Methodist,
Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK—Unitarian Church,
8143 Euclid Ave., Cor. E. 82nd St. 9:00
LIBERTY—945 E. 152nd St. 9:00
MAPLE FITS—Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Windermere Presb. Ch.,
14112 Euclid Ave. at Windermere 8:30
NEWBURGH STATE HOSPITAL—Williams
Bldg., Entrance at 4455 Turney Rd. 7:30
NIGHT & DAY—12821 St. Clair—12 Midnight
NORWALK TRUCK LINES—
1147 E. 55th St., at Shore Drive 9:00
MEMPHIS—Lakewood Congregational Ch.,
1375 W. Clifton, Cor. Detroit Ave. 9:00
PARMA—Ridgewood Savings & Loan,
5950 Ridge Road 8:45
PLAINS—Plains Methodist Ch., Mentor, O.,
Rts. 806 and 288, Mentor, O. 9:00
REDWOOD—Euclid Lutheran Church,
E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church,
3525 W. 25th St. 9:00
VALLEY VIEW—Pilgrim Congr. Church,
2582 W. 14th, cor. Starkweather 9:00
ASHTABULA, O.—St. Peter's Episc. Church,
Main Avenue at South Park 8:30
ELYRIA SATNITE—Alconon Club,
345 Bnd St., Elyria, O. 8:30
LORAIN SATNITE—7th and Reed St.,
St. Mary's Church Basement 8:30
MANSFIELD—20% S. Park 8:00 E.S.T.
MIDDLEFIELD—Methodist Church,
South Main St., Middlefield, O. 8:30
WEST RICHFIELD—Consolidated Church,
Route 303, just west of Route 21 9:00

SUNDAY

AVON CENTRAL—Basement Central Bank
36690 Detroit Road, Avon, O. 8:00
BEDFORD HEIGHTS—Village Hall,
5661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church,
Storer and Fulton (downstairs) 8:30
C.A.H. Discussion—945 E. 162 St., 10:45 a.m.
COLLINWOOD—945 E. 152nd St. 7:30
DETROIT SUNDAY—
8304 Detroit Avenue 7:30 P.M.
DISCUSSION—6700 Detroit Ave. 7:00
GARDEN VALLEY—Outhwaite
7100 Kinsman Ave. 4:30
GOLF LAKELANDS—Immaculate Conception
Church, Hubbard Rd., No. Madison 3:00
LAKEWOOD ARMORY—
1437 Wayne Ave South of Detroit 9:00
LAKEWOOD CLOSED—18001 Detroit Ave.,
St. Peter's Episcopal Church 8:30
LORAIN COUNTY CONSOLIDATED—
St. John's Sch., 31 & Rt. 57, Lorain 7:30
MARIA JOSEPH—Plasterers Hall,
1651 E. 24th St., at Payne Ave. 2:00
MISTLETOE—St. Thomas Church,
9205 Superior Ave. 7:00
NELA PARK—Cafeteria, Advertising Bldg.,
Nela Park, Noble Road 7:30
NEWBURGH—St. Catherine's Church,
3443 E. 93rd St. 8:30
SUPERIOR STAG—8801 Superior 11 A.M.
TRUSTY—Cleveland House of Correction,
1000 feet east of House of Correction 5:00
VALLEY WOMEN'S DISCUSSION GROUP
2nd & 4th Sunday, 7100 Kinsman 3:30
YOUR—Euclid Community House,
240 Briardale 7:15
TWILIGHT—Grange Hall, Rt. 60, Axtel, OH 30
WARRENSVILLE—Cooler Farm,
Recreation Room 10:00 A.M.
CHIPPEWA-SEVILLE—V.F.W. Hall,
Seville, O. 8:00
GENEVA, O.—Legion Hall, Park St.,
corner of S. o Fagle 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST



HABIT PATTERNS

All of us were once the victims of a devastating habit which destroyed our lives. At the very least it made our lives unmanageable. We exposed ourselves to this society and its way of life. Through its gradual absorption into our own philosophy of living, and through leaning heavily for a while on others who had preceded us, we survived the early days. Then came the moment when we ceased to be a leaner, at least in part, through helping another newcomer. Then it was that we moved from the negative to the positive approach, and what a joy that was!

Once a speaker making an excellent lead, told of the difficulty which was his in developing what he called "a constant awareness of others." We have great need for development of a thorough outgoing spirit of thoughtfulness toward our fellow man. This speaker described several little fixed habits he had cultivated to achieve this result. He said that in passing through a door in public places he schooled himself, no matter what his hurry might be, to pause, look back and hold the door for anyone who followed. He told of his unflinching habit when using roll towels in a public wash room, to pull down a clean towel for the next user even though he might not be in evidence at the time. Childish, you say? Perhaps, but this writer is impressed with the fact that this childish conduct became a part of his own *habit* pattern in the years which followed overhearing this lead.

It is probable that most of us accept liberation from the habit which enslaved us, without fully realizing that this former master bred in us many other nasty little habits which still linger in our sober lives. We have a vital need, if we would strengthen our sobriety and make our new life fully happy. It is the need to develop a myriad of new small habits which make each day more pleasant because of our constant thoughtfulness of others. How else can we "carry these principles into all our affairs."

If being a pushover for habit were a recognized sport, then most of us would be close to championship status. This inclination can be turned into a massive blessing, if we direct ourselves into the right kind of small habits and make them an automatic thread in our daily lives. If we would know the full happiness that our way of life provides, it behooves us to cultivate with deliberation and determination, a large collection of little automatic habits which breed and insure our constant thoughtfulness, consideration and understanding for others.

Through such a determined procedure, we can achieve a maximum in our contribution toward our fellow man generally. The lives of all those with whom we come in contact will be made brighter. But the pleasant and even grateful reaction of others, will not hold a candle to the great inner warmth and sense of well-being that will be ours. Once we were all wrapped up in our own misery and it made a miserable package. Now we need to have the air currents of life around us, circulating through our systems. It is an indispensable part of the A. A. way.

If you can't face temptation . . . run away from it.

TEMPTATION

We took a train trip last week which necessitated leaving Cleveland about dinner time. Our *pullman* seats were none too comfortable, so after dinner we relaxed in comfort in the club car where we tried to concentrate on a mystery novel in our favorite magazine.

We didn't concentrate very well because we became interested in the noisy and jovial repartee of five drinking fellow travellers who were evidently returning from a sales conference in Cleveland and where, (as we adduced from the resentful remarks) drinks were not tolerated. They were a snappy, clean-cut and energetic crew and the quick exchange of wit gave us quite a few chuckles and laughs. We remembered how many times we had *participated* in similar bouts of "abundant living," and we experienced a momentary feeling of nostalgia.

The train ride lasted four hours and we were privileged (?) to see the effects of this "abundant living." Of the five, one was still able to reason intelligently—in fact he fairly scintillated. Three were in varying *stages* of intoxication, eyes dulled, voices raised in loud insistence on being heard, trying to combat the *rapier*-like, biting razzing thrusts of the scintillating one. The fifth was completely *out*, snoring like a trooper and little resembling the dapper and alert person of four hours earlier.

We wondered, as they left the train, how they would fare that night—and the next morning. Would they need a "bracer" to regain that feeling of confidence and self-sufficiency, or would they regard this as just another interlude in a well-ordered life?

It is when we see others apparently "getting away" with drinking and enjoying it that we are tempted and to wonder whether we could "handle liquor" again. We would not drink "as much" as we used to—we would respect the potency of the stuff. We would be men among men and throw off the shackles which our conscience was burdening us with! We would only take a social drink at weddings, baptisms, birthday parties, poker, bridge, pinocle or cribbage parties, wakes, clambakes or just an innocent get-together when a friend, long not seen, has been met up with again, and quit at one — *well* maybe two.

We believe every person with a serious drinking problem reasons this way. We did after eight months of sobriety in AA when meetings began to bore us and we began listening to people outside of AA who began to convince us that we had made a great mistake inasmuch as everyone now knew we had joined AA. So we "resigned."

Eight months later we were permitted by the grace of God, to come back into the program, crushed, humiliated, and fearful that AA would reject us. Our fears were unnecessary.

Our horrible experience is still live in our memory today, twenty years later . . . twenty years of uninterrupted sobriety . . . twenty years filled with many happy blessings.

So we feel competent and able to warn all "droolers" who feel they're not "as alcoholic as others" and who are entertaining thoughts of becoming "social drinkers." You

(Continued on page three)

The only people
with whom you
should try to
get even with
are those who
have helped you.



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No. 9

MILL ENDS AND REMNANTS

As we pursue our daily course of twenty-four hours, we are sometimes brought face to face with **reality**—what is or what could have been.

Such was the case the other day as we waited for the light to change to permit our crossing one of the busier downtown intersections of our town. **Deen** in thoughts of what we were about to do or what needed doing, we were unaware of the form that suddenly stood before us.

"Would you let me have seven cents, that's all I want, seven cents—imagine!", was the greeting that brought our thoughts back to the moment. It was startling to say the least.

Especially, when recognition came and focused on the individual making the request. An individual **fairly** clean, but unshaven **for** about two days, in untidy clothes of quality vintage and a topcoat (it was a warm spring day) **spotted** and wrinkled.

Our friend—who shall remain nameless—was treated to somewhat more than the seven cents (and this always bothers us—whether too little is too much and whether too much is not enough); and as we parted, recognition **may** have come to him as well, for he said: "I'm keeping in touch with A.A. and the meetings."

Believe us, we have been face to face with reality ever since this chance (?) meeting and no little time has been devoted to thinking of the subject of this tale.

We first met him early in our own sobriety—a fine example of what A.A. can do for the drunk who wants it. An example of what activity and service will do for the A.A. in keeping him sober.

Then the reverse example of what the first drink will do, and a call on this same individual in pajamas, and another go at A.A. on his part. Again, activity, but not the apparent same zest for service, and by reflection here an uneasy restlessness.

And perhaps a year or two, maybe even a few months, a call to come to his hotel room to talk to him. A call made a day or two or three, after the first drink. A call made in hope and earnest desire to help. A call made during **which** the subject sucked on the dregs of an unfinished bottle of wine. A call completed with promises of further talks.

There were further talks at meetings from time to time as our paths crossed, talks that at times brought to the surface, the shine of the example that was portrayed in our earlier contacts, but more often than not, discussions that retrogressed to what had been or what might have been, rather than what is and can be—a day at a time. We hope and pray this *is* not the end of one individual's story—that in keeping in touch with A.A. and the meetings, a lantern may be relit.

Our readers may question, "Is this an autobiography?"—it could have **been**—

"BUT FOR THE GRACE OF GOD," by George.

DISTRICT OFFICE SUMMER SCHEDULE

District office will be closed all day Saturdays during June, July and August. However, all calls will be relayed thru the answering service which may be contacted by calling the regular AA number **CHerry** 1-7387.

INTOLERANCE AND BIGOTRY

Some things keep many people out of AA and out of religion. Their pride naively suggests: "that's no place for you, it's just a bunch of hypocrites. Just a bunch of drunks," or "You don't want to go to church, there are too many hypocrites there." They don't realize with their pride-distorted minds, that if this were true, they would be right at home there.

Pride makes men intolerant of people, whereas humility makes one intolerant only of evil itself.

The tolerant man or woman, not blinded by self-pride can see the good in all men whether they are drunk or sober, black or white, rich or poor. He knows that AA is not for any one class, or race, or creed, for he has learned the basic truth of human relationship; whereas the proud man is intolerant of other creeds, other races, other classes—not because they are wrong—but—"Because they are not like me."
—*Toledo News*

TOMMYTOPER

Members of a **group** who live "out of town" are very often the very **finest** members of the group. For **one** thing, they make a greater sacrifice to attend. We believe it is really fortunate to have representation from the **smaller** towns. These members have a potential influence which far exceeds that of a member living in a **more populated** area. If you've ever lived in a small town, you will know what we mean. In a small town, everyone knows you, and knows what you do from **morning until** night and, worse luck, from night until morning.

And heaven **help** the town toner! He is the Gibraltar Rock on which gossip never wears thin. His jousts with the jug are regaled amidst laughter, jibes, taunts, scorn and the simulated horror of the squeamishly pious. His bacchanalian expeditions may be secretly admired by a few of the hardier souls, but never publicly condoned. There is no salvation for **him**. The Carries and Hepzibahs have long since **catalogued** him as material fit only for an everlasting (barbecue in Hell. His only assets is that, without him, the town would perish in a conversational drought.

But supposing the A. A. lightning hits Tommy **Topper**. There is a lull, and the gossip takes a new turn. What's come **over** him? Must have a **drl.** or ulcers. Bet he's on the **blacklist**. Won't last long, **just** see if I ain't right.

Tommy has a job. He goes about his work, day after day; he's quiet but not sullen; he avoids no one but is not ostentatious. No one knows what goes on in his mind, except Tommy. The tone of the town talk **begins** to change. Tommy never really was a **bad** fellow, they say. He came from good stock. Something must have been bothering him, pressing on his brain. **Soon** Tommy is pointed out as **the** town hero, which makes him even madder than being called the town bum. But human nature is human nature, and his "reform" will have a terrific impact on others tottering or already over the brink. These latter will **begin** to think. Maybe Tommy knows something, maybe he can help, **maybe** he has found the right answers.
—*Dubuque Alanews, Dubuque, Ia.*

IT'S YOUR MOVE

It's hard to avoid occasional "run-ins" with other people, no matter how hard you try. They're bound to happen once in a while. But when they do, don't let hurt feelings fester: Carrying grudges is a **sign** of a little mind and a stunted personality. Don't carry grudges and do your best to keep others from nursing grudges against you. When you've had trouble with people, don't hesitate to make the first move toward apologizing. You may have to swallow some pride to do it, but it's well worth the cost. Remember: If the other fellow makes the first move, it's a pretty good indication that he's a little smarter than **you** are.
—*Alky Alley, Denver*

OBITUARY

Paul Pumphrey, a long-time member of the Friday-Lee group, passed away **on** April 30.

GROUP NEWS

To insure publication group news articles must be submitted IN WRITING before the 15th day of each month.

Angle-Observes its Sixteenth Anniversary on Thursday, June 7 at 9 p. m. with a panel of group members.
Allendale-June speakers: 7-Film "Mechanized Death," 14-Tony K. Smith-Wilson; 21-Henry W., Euclid-Wade; 28-Dorothy W., North-east (her 6th anniversary).
Baxter-June speakers: 6-Ted B., Cedar; 13-Andy Z., Clark; 20-Stan P., Smith-Wilson; 27-George A., Newburgh.
Brooklyn-June speakers: 6-Dr. York P., Fairmount; 13-Johnny P., Cedar; PO-Jack E., Lee-Wednesday; 27-Charlotte S., Chagrin Falls.
Brook Park-June speakers: 4-Ray C., Berea-Friday; 11-Lee M., Brookside; 18-Gust A., Trinity; 25-Charles S., Brooklyn.
C.A.H.-Has moved to a new location at 12821 St. Clair and meets on Sunday mornings at 10:45 a. m. Unlisted phone number is UL 1-3673.
Charity-June speakers: 1-Chuck S., St. Clair Thursday; S-Jim M., 15-Joe McK., Newburgh; 22-Jim A., 29-Fred B.
Crossroads-June speakers: 7-Molly H., 14-Bill S., Lorain Ave. Monday; 21-Jack H., W. 25th St.; 28-Kitty C., Avon Lake.
Doan Men-June speakers: B-Frank C., Matt Talbot; 13-Tom T., Lorain Thursday; 20-Joe F., Superior; 27-Don B., Nela Park.
Early-Early-June speakers: 4-Don W., Angle; 11-No meeting; 18-Fred F., Superior; 25-Eleanor P., Lakewood Armory.
Fairview-Now meets at 8:30 p. m. June speakers: 5-Dorothy K., Parma; 12-Dorothy B., Clark; 19-Harry R., Stella Maris; 26-Bob L., Independence.
Friendly Suburban-June speakers: 4-Gus K., Goodyear; 11-Verne D., Goodyear; 18-Al S., Goodyear; 25-Bill S., St. Vincent's, Akron.
Friendship-June speakers: 4-Tom J., Lakewood Armory; 11-Randy P., East Orange, N. J.; 18-Billie and Jack M., Parma; 25-Discussion (closed) meeting.
Hague-June speakers: 6-Jack S., Lorain Monday; 13-Franklyn S., Doan Men; PO-Farrell G., Angle; 27-Bill N., May-Lynd.
Independence-June speakers: 7-Frank V., Independence; 14-Pete B., East Akron; 21-Billy H., Newburgh; 28-Anthony K., Bedford Heights.
Lakewood Armory-June speakers: 3-Chuck B., Crossroads; 10-Frank S., Berea Friday; 17-Dick M., Berea Friday; 24-Ken W., Independence.
League Park-June speakers: 2-Danny H., League Park; 9-Maggie G., 16-Bob L., League Park; 23-Jo S., Cleveland Women; Fred B., Your.
Lorain Ave. Monday-June speakers: 4-Andy S., Valparaiso, Ind.; 11-Agnes M., Mistletoe; 18-Tom A., Solidarity; 25-Chuck B., Crossroads.
Lorain Ave. Thursday-Now meets in Dr. Martin Luther Church, 4470 Ridge Rd., on Thursday at 9 p. m.
North Olmsted-June speakers: B-Everett S., Avon Central; 13-Chuck B., Crossroads; 20-Clarence H., Your; 27-Maggie M., Lander Circle.
Orchard Grove-June speakers: 4-John B., North Olmsted; 11-Warren C., Jr., Edgelake; 18-Norma P., Westside Women; 25-Fred H., Garden Valley.
Trinity-June speakers: 2-Paul B., Euclid Friday; 9-Dick R., Lake County; 16-Russ & Kitty M., Clark; 23-Gene D., Cleveland Psych. Hosp.; 30-Jack B., Brookside.
West Park-June speakers: 4-Walter D., Brooklyn; 11-Jack K., Orchard Grove; 18-Karl B., West Park (his first lead); 25-Bob M., Thursday Morning.
West 25th-June speakers: 4-Ann C., Niles, O.; 11-Jack H., West 25th (his 21st anniversary); 18-John M., Forest City; 25-Stan P., Smith-Wilson.

AA PICNIC

The twentieth annual AA picnic sponsored by the Friday Lee and Your groups will be held on Sunday, July 15, in Wiegand's Lake Park, located on Route 87, about two miles east of Russell Road (Route 306).

This affair usually attracts members and their families from all local groups as well as others in the neighboring towns. It serves to bring together members who otherwise would not meet except by chance.

Boating, bathing (life guard on duty), dancing (with prizes), games and prizes for children, baseball and door prizes. Plenty of picnic tables and free parking. Sandwiches, coffee, soft drinks and ice cream can be purchased at the park.

Anyone desiring tickets, call Leon W., at PO. 1-8466, or they may be obtained at the park.

TEMPTATION

(Continued from page one)

may have had your last chance.

Step number one in our minds is the vital step that we must first be honest about. We admitted that we were powerless over alcohol. As long as we believe it-are convinced of it, we are in little danger. As one member expressed it, "I know that alcohol makes me do crazy things. If I took another drink I would be crazy. So why should I."

Don't glamorize the good times you had. Just remember the hell that went with them.

FOUNDERS DAY IN AKRON

The 27th Annual AA Founders Day sponsored by the Akron Area AA Intergroup Council will be held on Saturday, June 16 at 8:30 p. m. in Akron University Memorial Hall, 302 East Buchtel Ave., Akron. The speaker will be Walter O'K., of Los Angeles, Cal.

There will be dancing in the Hall after the meeting.

On Sunday morning at 9:45 a. m. the annual Breakfast Meeting will be held in the Sheraton Hotel. The speaker will be J. Howard P., of Jamestown, N. Y.

Other programs scheduled for Saturday-2 p. m., AA Amateur Actors Guild play, "The Example"; 6:30 p. m., Young Peoples group meeting at the Arid Club; 7 p. m., Cuyahoga Falls group meeting, Congregational Church, Cuyahoga Falls; 7 p. m., Kenmore group meeting, Kenmore, O.; Open House at St. Thomas Hospital.

AA's from every sector of the continent make their annual trek to Akron in June. Why not get acquainted.

CONSOLIDATED MEETING

Jordan Hall, Charity Hospital
 Sunday, June 3, 1962 at 4 P.M.

The June Consolidated Meeting will be held in Jordan Hall on Sunday, June 3 at 4 p. m. The speaker will be Alex M. of Ravenna, Ohio. He comes highly recommended.

These consolidated meetings are held under the auspices of Central Committee and make it possible for members of all groups to hear outstanding AA speakers from distant areas.

It also enables members from all sectors of the Cleveland area to renew acquaintances and improve fellowship.

Coffee will be on tap before and after the meeting.

BIG BROTHERS OF AA

On June 10th, the OPAA group will observe its Thirtieth Anniversary and a welcome is extended to all who have noted the remarkable results achieved by the dedicated AA's who have interested themselves in rehabilitating men who, through drinking, became inmates of the penitentiary.

Any AA interested in helping others can do so by swelling the crowd of AA's who by their presence at this meeting, will give strong evidence that someone cares and instill hope in the hearts of the inmates who look forward to AA outside of prison walls.

The meeting is at 12 noon and will be over at 2 p. m. However, all visitors must be present at 11:30 a. m.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER YOUR SECRETARY HAS SUBSCRIPTION BLANKS

ALANON GROUP MEETINGS

- ASHTABULA-Harris Memorial W. 58 & Adams.1st & 3rd Mon., 8:30
- LAKEWOOD-Congregational Church, 1375 West Clifton Blvd.Mon., 8:30
- EUCLID-Christian Church, 23000 Lake Shore Blvd Tues., 8:30
- SUBURBAN WEST-Our Savior Luth'n Church, 20300 Hilliard, Tues., 8:30
- MAPLE HEIGHTS-Presbyterian Church, 15715 Libby Rd Tues., 8:30
- BETHANY-Bethany Presbyterian Church, W. 65th & Clinton... Wed., 8:30
- BROADWAY-Newburgh Recreation, 8437 Broadway.....Wed., 8:30
- E. CLEVELAND-YWCA, Lee Boulevard and Euclid Fri., 1:30
- CHARITY-St. Vincent's Charity Hospital, E. 22nd & Central..... Fri., 8:30
- CHARDON-Pilgrim Christian Church, 113 South St..... Fri., 8:30
- PARMA-Ridgew'd Sav's & L'n, 5950 Ridge Rd. (2nd & 4th Sat.) Sat., 8:30
- VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed Sun., 4:00

NURSING HOMES THAT TREAT ALCOHOLICS

- (This listing does not necessarily indicate endorsement or ● jWa8.1)
- Dorothy McCauliffe Alcoholic Clinic (MW) 8 3 0 4 Detroit AT 1-3353
- Farquharson's Home (M) 6037 Pearl Road, ParmaTU 5-1888
- Stella Maris Hospital (M) 1320 Washington Ave.....SU 1-0554

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 E. 4th St., is open weekday6 from 9 a.m. to 5 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is **CHerry 1-7387.**

CLEVELAND AREA AA GROUP MEETINGS

MONDAY

BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
BOWHALL—Rt. 20 & Bowhall, Painesville 8:00
BROOK PARK—Redeemer Lutheran Church, 6151 Smith Road, Brook Park 8:30
CHESTERLAND—Methodist Church, Mayfield Road and Route 806 9:00
EARLY-EARLY—Plasterers union Hall, 1651 E. 24th St. (near Payne Ave.) 7:30
FRIENDLY SUBURBAN—437 Pearl 8:00
FRIENDSHIP—Blvd. Presbyterian Ch., 24600 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit 9:00
LEE MONDAY—First Presbyter. Church, East Cleveland, Nela and Euclid 8:30
LORAIN AVE.—St. Ignatius Hall, Lorain Ave. at West Blvd. 8:30
ORCHARD GROVE—St. Mark's Church, 15305 Triskett Road 8:30
PEARL—Our Lady of Good Counsel, 4423 Purl Rd. 8:30
RAMONA—9721 Ramona Blvd. 8:30
SHAKER—Christ Episcopal Church, 3445 Warrensville Center Rd. 9:00
SOUTH EAST—7526 Broadway 8:30
SUNNY MONDAY WOMEN—Sunset Rd., St. John's Par. House, Independence 12:30
TEMPLE—Temple Baptist, 7500 Cedar 8:15
UNION—East View Congregational Church, Kinsman at E. 156th St. 9:00
WEST 25th ST.—Marvel Hall, 2858 W. 25th St. 9:00
WOMEN'S—Westside—West Boulevard Christian Church, Madison and W. 101 8:45
ELYRIA MEN'S—St. Agnes, Lake & Dewey 8:30
VERMILION—Congregational Church 8:30
WILLOUGHBY, O.—Presbyterian Church 8:30

TUESDAY

CHAGRIN FALLS WOMEN—Garfield Memorial Church, Lander Rd. & Rte. 422 1:00
CLARK—1917 Clark Ave. 8:30
CORLETT MIXED—Holy Family Parish Hall, 3845 E. 131st St. 8:30
EAST SIDE WOMEN—11905 Euclid, Church of the Covenant 8:00
EDGE LAKE—Lakewood YMCA, Community Room, 16915 Detroit 8:30
EUCLID MORNING—Lake Shore Christian Church, Lake Shore Blvd. & 260 10:30 A.M.
EUCLID WADE—C. A. H. Clubrooms, Third Floor, 71309 Euclid Ave. 8:30
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 9:00
FALLS—Community Church, Olmsted Falls, 7853 Main St. (Columbia Rd.) 9:00
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave. 8:30
HILLTOP—St. Joseph's Seminary, 17608 Euclid Ave. 8:30
MAY-LYND—E. Cleveland Savings & Loan, 5816 Mayfield Road 8:30
MILES-LEE—Mt. Hope Lutheran Church, E. 164th, north of Miles Ave. 8:30
NIGHT & DAY—12821 St. Clair Ave. 8:30
NO. ROYALTON—Methodist Church, 13715 Ridge Road 8:30
SMITH-WILSON—St. Joseph's School, 9321 Orleans Ave. 8:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior 8:30
TRUSTY—Cleveland House of Correction, 1000 feet east of House of Correction 8:00
WEST PARK—Puritas Lutheran Church, Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.—First Presbyterian Church, 3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—Methodist Church, South Broadway Geneva, Ohio—First Tuesday 8:30
LAKE COUNTY—Meth. Fellowship Hall, Rt. 20-E, Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O. Trinity Church 8:30
MANSFIELD—Episcopal Church, 41 Bowman St., Mansfield, O. 8:30 EST
MEDINA, O.—St. Paul's Epis. P. Hse. 8:30
SANDUSKY, O.—(Firelands)—First Presbyterian, across from Post Office 8:30
STRONGSVILLE—Town Hall 8:30

WEDNESDAY

ANSEL—Lithuanian Hall, 6835 Superior Ave. 8:30
BAXTER—St. John's Lutheran School, 5826 Cable 8:30
BEDFORD—Bedford Christian Church, Warrensville Center and Blaine 9:00
BROOKLYN-K. of P. Hall, 3316 Broadview, East of Pearl Rd. 8:30
COLLINWOOD—945 E. 152nd St. 8:30
DOAN MEN—YMCA (University Circle), 2633 E. 163th St., Second floor front 8:30
EASTSIDE A.M.—946 E. 152nd St., 10:30 a. m.
GARFIELD—Pilgrim E. & R. Church, 4592 E. 131st St. 8:30

HAGUE—Grace Cong. Assembly Hall, Wet 66th and Colgate 8:30
LAKEWOOD WOMEN—St. Peter's Epis. 18001 Detroit Ave. (Cor. W. Clifton) 8:30
LORAIN-TRISKETT—Bosworth Road, Presbyterian Church, 3631 Borworth 9:00
LEE ROAD—First English Lutheran, Derbyshire and Euclid Hts. Blvd. 9:00
NO. OLMSTED—City Hall, Dora Road 9:00
PSYCHIATRIC HOSPITAL—1708 Aiken 8:30
S. T. JAMES—James Church, F. 24th & Cedar 8:00
SOUTHWEST WOMEN—6037 Pearl Rd. 8:00
TWENTY-FOUR HOUR—13216 Detroit, Church of the Ascension 8:30
WARRENSVILLE—Women's House Cor. J. 30
WEST SHORE—West Shore Unitarian, 20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)—Twelfth Step Club, 6304 Detroit Ave. 8:30
ASHTABULA COUNTY WOMEN—Harris Memorial, W. 58th & Adams, Ashtabula Second & d Fourth Wednesday 7:30
BRUNSWICK, O.—Cuyahoga Ass'n Bldg., Routs 42, So. of 303, next to Marshall's 8:30
ELYRIA, O.—St. Paul Building, Third and Middle, side entrance 8:30
FAIRPORT HARBOR—Luther Center, Eagle St., Fairport Harbor 8:00
INTER RACIAL—30th & Wood, Lorain, o. Mt. Zion Baptist Church 8:30
JEFFERSON, O.—St. Joseph's Church 8:30
LAKE COUNTY WOMEN—Grace Episcopal, 38015 Euclid Ave., Willoughby 1:00
LORAIN COUNTY WOMEN—Vincent Methodist, Detroit Rd. and Rte. 254 8:30
SANDUSKY, O.—Provid. Ha. Cafeteria 7:30
MANSFIELD, O.—20% S. Park 8:00 EST
WICKLIFFE—Wickliffe Presbyterian Church, E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal, Church, 16837 Euclid Ave. 8:30
ANGLE-ST. Malachi & 2459 Washington 9:00
BAY WEST—Church of the Redeemer, 23,500 Center Ridge Rd., Westlake 8:30
BROADWAY-56th—Our Lady of Lourdes School Hall, 8898 E. 66th St. a:80
COVENTRY—Fairmount Presby. Church, Scarborough & d Fairmount Blvd. 8:30
CROSSROADS—St. Luke's Episcopal, W. 78th St. and Lake Ave. 8:30
EAST LAKE—First Congregational Church, 33700 Vine St. 9:00
EAST SHORE WOMEN—Richmond Library, 26161 Euclid Ave., Euclid, O. 8:30
GARDEN VALLEY—(Outhwaite) 7100 Kinsman Ave. 8:00
LORAIN THURSDAY—4470 Ridge Rd. Dr. Martin Luther Church 9:00
NIGHT & DAY—12821 St. Clair 10:45 a. m.
NORTH RANDALL—Village Hall, 21937 Miles Ave. 9:00
PARMA HEIGHTS—6400 Pearl Road Laux Realty Basement (rear ent.) 8:30
ROCKY RIVER—Rockport Methodist Church, 3301 Wooster Road 9:00
ST. CLAIR-THURS.—Nottingham Methodist Church, St. Clair & Melville 8:30
TRUSTY—Cleveland House of Correction, 1000 feet east of House of Correction 8:00
WEST SIDE MORNING—98th & Denison, Hungarian Lutheran Church 11 AM
ASHLAND THURSDAY—2nd and Union Rossaro's Restaurant 8:00 EST
ASHTABULA HARBOR—North Lad Club, Corner Walnut Blvd. & Lake Ave. 8:30
BEREA—Fine AN Club, E. Bagley Rd., 3 doors east of Eastland Rd. 9:00
ELYRIA—St. Jude's School, Poplar St. 8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset 9:00
MAPLE LEAF—Congregational Church, Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE—Congregational Church, Educ. Bldg., Mentor Ave., P.sville 8:30

FRIDAY

BROADWAY-HARVARD—8437 Broadway 9:00
CEDAR—Salvation Army, 5005 Euclid 8:15
CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—1031 Ter. Tow. 6:00
EUCLID FRIDAY—Epiphany Church, Lake Shore and E. 210th 9:00
FRIDAY AFTERNOON WOMEN—Plymouth Church, Coventry and Draxmore, Krumbine Room 1:00
GORDON SQUARE—St. Helena's Hall, 1367 W. 65th St. 9:00
HEIGHTS Discussion—2460 Miramar Blvd. South Hall, Gesu Church 8:30
HUDSON, O.—Christ Church, 21 Aurora 8:30
LEE ROAD—American Legion Hall, Post 163, 15544 Euclid Ave. 9:00
NORTH EAST—Town House Motel, 15661 Euclid Ave. 8:30

TRAINING-REFRESHER—Illuminating Bldg. (rear) Rm. 361. 35 Public Sq. 8:30
SOLIDARITY—Friendly Inn Settlement, 2382 Unwin Rd. (off Quincy Ave.) 8:30
STELLA MARIS MIXED—1820 Washington Ave. 8:15
TAPCO—23335 Euclid Ave. 9 p.m. Second Friday of each month
WEST CLIFTON—Lkwd. Congregational Church, 1375 W. Clifton Road 9:00
AVON LAKE—First Congregational Church, 32801 Electric Blvd. 8:30
BEREA—Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS—Federated Churches, 76 Bell Street 9:00
CHARDON—Pilgrim Christian Church, 118 South Street Chardon, O. 8:30
ELYRIA—St. Agnes (down) Lake & Dewey 8:30
CONNEAUT, O.—B. of L. E. Hall 8:30
WELLINGTON—St. Patrick's Catholic Church, No. Main St., Wellington, O. 8:30

SATURDAY

FOREST CITY—2125 Broadview Rd. 9:00
JACK & HEINTZ—17600 Broadway 8:30
LANDER CIRCLE—Garfield Mem. Methodist, Cor. Lander Rd. and Route 429 9:00
LEAGUE PARK—Unitarian Church, 8143 Euclid Ave., Cor. E. 82nd St. 9:00
LIBERTY—945 E. 152nd St. 9:00
MAPLE HTS.—Luth. Church of Covenant, 19000 Libby Rd., Cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Windermere Presb. Ch., 14112 Euclid Ave. at Windermere 8:30
NEWBURGH STATE HOSPITAL—Williams Bldg., Entrance at 4455 Turney Rd. 7:30
NIGHT & DAY—12821 St. Clair 12 Midnight
NORWALK TRUCK LINES—1147 E. 55th St., at Shore Drive 9:00
MEMPHIS—Lakewood Congregational Ch., 1375 W. Clifton, Cor. Detroit Ave. 9:00
PARMA—Ridgewood Savings & Loan, 5950 Ridge Rod. 8:45
PLAINS—Plains Methodist Ch., Mentor, O., Rts. 808 and 288, Mentor, O. 9:00
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church, 3525 W. 25th St. 9:00
VALLEY VIEW—Pilgrim Cong. Church, 2592 W. 14th, Cor. Starweather 9:00
ASHTABULA, O.—St. Peter's Epis. Church, Main Avenue at South Park 8:30
ELYRIA SATNITE—Aleocon Club, 345 Broad St. Elyria, O. 8:30
LORAIN SATNITE—7th and Reed St., St. Mary's Church Basement 8:30
MANSFIELD—20% S. Park 8:00 E.S.T.
MIDDLEFIELD—Methodist Church, South Main St., Middlefield, O. 8:30
WEST RICHFIELD—Consolidated Church, Route 303, Jon west of Route 21 9:00

SUNDAY

AVON CENTRAL—Basement Central Bank, 36690 Detroit Road, Avon, O. 8:00
BEDFORD HEIGHTS—Village Hall, 5661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church, Stores and Fulton (downstairs) 8:30
C.A.H. Discussion—12821 St. Clair, 10:45 a. m.
COLLINWOOD—945 E. 152nd St. 7:30
DETROIT SUNDAY—8304 Detroit Avenue 7:30 P.M.
DISCUSSION—6700 Detroit Ave. 7:00
GARDEN VALLEY—Outhwaite 7100 Kinsman Ave. 4:30
GOLF LAKELANDS—Immaculate Conception Church, Hubbard Rd., No. Madison 3:00
LAKEWOOD ARMORY—1437 Wayne Ave., South of Detroit 9:00
LAKEWOOD CLOSED—18001 Detroit Ave., St. Peter's Episcopal Church 8:30
LORAIN COUNTY CONSOLIDATED—St. John's Sch., 31 & Rt. 57, Lorain 7:30
MARIA JOSEPH—Plasterers Hall, 1651 E. 24th St., at Payne Ave. 2:00
MISTLETOE—St. Thomas Church, 9205 Superior Ave. 7:00
NELA PARK—Cafeteria, Advertising Bldg., Nela Park, Noble Road 7:30
NEWBURGH—St. Catherine's Church, 3443 E. 93rd St. 8:30
SUPERIOR STAG—8801 Superior 11 A.M.
TRUSTY—Cleveland House of Correction, 1000 feet east of House of Correction 3:00
VALLEY WOMEN'S DISCUSSION GROUP—2nd & 4th Sunday, 7100 Kinsman 3:30
YOUR—Euclid Community House, 240 Briardale 7:15
TWILIGHT—Grange Hall, Rt. 60, Axtel, O. 7:30
WARRENSVILLE—Cooley Farms Recreation Room 10:00 A.M.
CHIPPEWA-SEVILLE—V.F.W. Hall, Seville, O. 8:00
GENEVA, O.—Logan Hall, Park St., corner of So. Eagle 7:30
MANSFIELD, O.—20% S. Park 8:00 EST



PROBLEMS

There is a far too prevalent inclination in our fellowship to be annoyed by the fellow who is weighed down by his problems in life. Patient listening is not an inherent human virtue. It must be cultivated. Some who feel that there is a reasonable limit to patience with such people, may be justified. But who will step forward and define the proper limits of patience? Those of us who have achieved some measure of serenity while facing our problems, have more justification perhaps than others.

Many people have a relative peace of mind because of an ability to ignore problems. Remember that all of us came here with one big all engulfing problem that had us whipped. We acquired that problem because of ducking the realities of life. Literally we jumped out of the frying pan into the fire. The fact that we got back at all is a miracle of spiritual healing by God as we understand Him.

The griddle of life is chock full of problems. It was meant to be so. If you are sailing through your sober life with equanimity, the probability exists that you are so doing because you are not facing up squarely to the full reality of life and the responsibility it entails.

All of us need a deep sense of responsibility. First we need to take charge of our own lives to the very best of our ability. To the extent that we do, we become less of a charge on others.

Having reached that point we must then move on to our responsibility toward others. We should have a constant awareness of the time when we were whipped and helpless, and but for willing, eager help from others, we might have perished.

That one in our midst, who in the early years of sobriety is constantly burdened with what to him is the smothering weight of insoluble difficulty, is the one who most needs our help.

Well can I recall the kindly patient ears of a few people that were imposed upon by me. Often there were some bits of wisdom, some of which remains alive and real to me right down to the present. But more often there was nothing more than a quiet, kindly listening while the unburdening of a tortured soul went on endlessly.

The person weighted with his burden in life, may have an exaggerated view of it, but at least he is aware of it. Given the thoughtful hearing and advice which is at least well intended by us, he may one day meet the full impact of life squarely and well. If he does, then he may be helping us tomorrow.

Surely he is closer to the fullness of life's significance, than is the one who achieves a mock serenity, which is really complacency that comes through brushing off the problems of life.

When you are in that little back room of conscience where self-inventories are taken, look at the truth about your own success in solving problems. It may breed in you a new tolerance and understanding for him who is weighed down.

APATHY

"Where is the old-time AA enthusiasm, ardor and zeal that **struck** such a respondent chord in the early days of AA? What's happened? Are we oldtimers at fault? Are we resting on our oars and becoming lazy and complacent, thinking we don't have to do any Twelfth Step work any more?"

We have heard remarks of this nature from so many individuals in the past months that we are convinced it deserves further exploration.

A thought-provoking card produced by the Ohio Bell Telephone Company on patriotism provides us with a worthy preamble to our subject for discussion. It describes the cyclic rise and fall of the world's great civilizations.

Great civilizations grew from bondage to spiritual faith; from spiritual faith to courage; from courage to liberty; from liberty to abundance; from abundance to selfishness; from selfishness to apathy; from apathy to dependency; and finally from dependency back to bondage again.

Finally it exhorts all of us citizens to practice eternal vigilance which is the price of freedom — our right and our responsibility.

We were all in bondage when we were slaves to alcohol. Then, when our slavery became intolerably **oppressive**, in desperation we, timidly and piteously, finally sought help from a Power Greater Than Ourselves, our God, as we understood Him.

By nature, most people with a serious drinking problem are fickle, impulsive, untruthful, selfish, faithless, undependable and untrustworthy. We are prone to resent this charge, but only if we finally become com-

pletely honest, is there any hope for our finding that asylum which we were seeking by way of the bottle.

AA, in our opinion, is God's gift in answer to the many prayers given in our behalf by the many who turned to Him in desperation for help when their appeals to us had been brusquely ignored.

Our prayers, only coming when we were in desperate trouble, were, to our unfaithful hearts, gimme prayers. Many of them were answered. But, having gotten out of difficulty, our vanity even led us to believe that we could treat Him with the same contempt that we treated those who were dependent upon us.

Let's cherish this gift of sobriety. Let's rededicate ourselves to enthusiastic, active participation in AA activity . . . on a personal level as well as on the group level.

Let's re-examine the Twelve Steps and let's not compare ourselves to others and as the Pharisee of 2,000 years ago, preen ourselves and our virtues and so become complacent and too proud to **bend** down to help those still in bondage.

All of us still have many character defects. Among some oldtimers who think "we have it made", are many who have stopped going to meetings and who make excuses when asked to do some Twelfth Step calls.

Is your conscience clear? *Mine* bothers me.

The size of any person can be measured by the size of the thing that angers him.



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VOL. 20 JULY, 1962 No. 10

MILL ENDS AND REMNANTS

As we pass day to day through our lives of happy and responsible sobriety in our fellowship of Alcoholics Anonymous, we come to know with increasing gratitude the importance of our quiet times—our individual sanctuaries of reflection and meditation. It is then we come to realize the impact of examples, of deeds and of the influence of words and phrases of wisdom upon us.

Meditate with us this morning upon the following.
Create in me a clean heart, O God! Many times as we lay in the half-stupor and remorse of drunken hangovers, we have made this petition. In times since sobriety we have made the same plea with deeper meaning and in grateful humility that our lives may be so touched that others may benefit. In the first instance it was for ourselves, in the latter in true selflessness that we may be the instrument for helping others.

And renew a right spirit within me! And as many times did we plea, our lives having become unmanageable, that a force enter our innermost being that we might fight back. Then, sobriety in A. A. and daily unction that our spirits be refreshed for doing right in all of our relationships in practicing these principles in all of our affairs.

Cast me not away from Thy presence! O, Power, greater than ourselves, lead us and help us in our affliction. And now that we are sober, let us walk with you in visiting the still suffering and with love among all men.

And take not Thy Holy Spirit from me! At our mother's aide we learned of love and purity—help us. NOW, in sobriety, fulfill us in your wisdom and will that we may help our brothers.

Restore unto me the joy of Thy salvation! In our powerlessness grant us the infinite of mercy and forgiveness. In our sobriety, let us reveal the joy of having been restored by your works.

And uphold me with Thy free spirit! We are so lonely among men—non-accepted nor accepting, let us hold your hand as we walk from the darkness. In the light of our A. A. sobriety lead us that others may follow, lifting their hearts to be upheld.

TWELVE REWARDS

Follow the Twelve Steps with utmost faithfulness and sincerity and you will be guaranteed the following priceless rewards :

- (1) Hope, instead of desperation; (2) Faith, instead of despair; (3) Courage instead of fear; (4) Peace of mind, instead of confusion; (5) Self-respect, instead of self-contempt; (6) Self confidence, instead of helplessness; (7) Respect of others, instead of their pity and contempt; (8) Clean conscience, instead of a sense of guilt; (9) True friendship, instead of loneliness; (10) A clean pattern of life, instead of a purposeless existence; (11) A loving and understanding family, instead of one filled with doubts! fears and insecurity; (12) Freedom and a happy life, instead of the bondage of alcoholic obsession.
- Chit Chat, Robesonia, Pa.

DISTRICT OFFICE SUMMER SCHEDULE

District office will be closed all day Saturdays during June, July and August. However, all calls will be relayed thru the answering service which may be contacted by calling the regular AA number CHerry 1-7387.

ADVICE TO SPONSORS

Charitable acts are not always motivated by the same reasons. Some persons will turn to charitable ways as an atonement for past transgressions, or in the hope of future rewards. That's O.K. Others essay the charitable role to flaunt their greater wealth and hear the plaudits of the multitude. That stinks. And then there is the person who practices charity purely for the sake of helping a fellow-being. An A.A. member does that.

The emergence from a self-created purgatory to a self-created paradise is lacking in sharp boundary lines for an alcoholic. For weeks, and possibly months, he will be floundering in a flickering limbo of mental and physical stresses and strains. His tortured mind is undergoing a spiritual Argonne where the taunting devils of desire are waging a deadly battle with the beckoning angels of hope. It is the zero hour when an encouraging word or a charitable act can tip the scales to victory instead of defeat. And where is the most natural source for the kindly word, the charitable act? Yes, where but the sponsor?

What is a sponsor, anyway? A sponsor is a person who champions a cause, or underwrites a project. Any sponsor worthy of the name doesn't espouse a cause, sign a blank check, and then forget the whole business. He'll follow through, personally supervising and guiding every necessary activity, until his project is successful. When an A.A. sponsors an alcoholic, he should realize that the "follow through" is the most important part of his job.

The new man is going to be plenty bewildered. A thousand questions will pop into his mind, begging for an answer. The sponsor should be ready with the answers, should even anticipate the questions. Don't forsake the new man after his first meeting. Go to his home with him . . . visit with him . . . clear up some of the things he doesn't understand . . . see him at work or after work during the week . . . find out if he has a hobby . . . discover what he likes to talk about. Get acquainted with his family. Tell him what a lovely wife he has, even if you have to lie a little.

Above all, make certain he gets to the meetings. Here is where all the members of a group should lend a hand. Make him feel that he's not only welcome, but that he's wanted. Make him feel he's one of the gang. Don't desert him because you want to chew the fat with your favorite buddies. Don't force the new man to break the ice; break it for him. The group can offer him something he probably has not had at home, or anywhere else, and that is understanding.

And a word of caution. Don't let him blame his troubles on other people, his wife, his family, or anyone else. You know, lead him to a mirror.

SEVENTY TIMES SEVEN

The phrase is part of a Bible story, and we believe it was meant to tell us how often we should forgive our neighbor if he wronged us. In AA it refers to the number of times we should help a man who honestly wants to quit drinking.

You will note we said help a man who honestly wants to quit drinking. It does not mean we should help a man seventy times, or even seven times, if the fellow has no sincere desire to quit; if he is not honest with himself, his family, or with anyone else; or, perhaps, if his problem is something other than drinking. If the fellow has no honest desire and gives us no cooperation, he is not our meat. In fact, if we persist in chewing on this kind of meat, we're certain to get AA peritonitis. We must not dull the golden tools of AA on anything that does not have an alloy of sincerity, honesty, humility and faith.

It is not a question of tolerance. Surely, for the man who honestly seeks help, there is always tolerance. He deserves, and will get help, not seven, but seventy times seven. But if we blunt our AA spears against a wall of insincerity or a mask of hypocrisy, we are not being tolerant. We are intolerant because we waste our therapy on barren soil at the expense of fertile fields that are crying for our help.

—Alanews, Dubuque, Iowa

GROUP NEWS

To insure publication group news articles must be submitted IN WRITING before the 15th day of each month.

Allendale—July speakers: 5—Tom A., Solidarity; 12—Norma P., West-side Women; 19—Vic I-I., Allendale; 26—Jim McA., Matt Talbot.

Baxter—July speakers: 4—Ted B., Newburgh; 11—Pat P., Night & Day; 18—Tom P., League Park; 25—Bill H., League Park.

Bedford—July speakers: 1—Dorothy McA., Detroit Sunday; 8—Irene W., Crossroads; 15—Jerry S., Monday Leo; 22—Millie F., Bedford; 29—Betty G., Bedford.

Brooklyn—July speakers: 1—Eddie G., Brooklyn (his 10th anniversary); 11—Grace N., Sunny-Monday; 18—Tom A., Solidarity; 25—Jerry W., Brooklyn (his 17th anniversary).

C.A.H.—July speakers: 1—Roy M., C.A.H.; 8—Gates H., C.A.H.; 15—John E., Clark; 22—Bob L., Night & Day; 29—James C., Night & Day.

Cedar—July speakers: 6—Dan H., League Park; 13—Clyde B., Hague; 20—Bobbie M., Matt Talbot; 27—Monthly Anniversary meeting.

Crossroads—July speakers: 5—Eddie G., Brooklyn; 12—Bill S., Brooklyn; 19—Roy A., Brooklyn; 26—George H., Brooklyn.

Early-Early-Has moved to new quarters. Beginning Monday, July 2nd at 7:30 P.M. they will meet at 1740 East 17th St., corner of Walnut.

Euclid-Wade—Now meet at 12821 St. Clair on Thursday evenings at 8:30 P.M. July speakers: 5—Minnie C., Mistletoe; 12—Jacqueline C., Nela Park; 19—John J., Euclid-Friday; 26—Millie G., Nela Park.

Fairview Park—July speakers: 3—Jack D., West Shore; 10—Charles K., West Shore; 17—Harry C., West Shore; 24—Jack K., Orchard Grove; 31—Don E., West Park.

Independence—July speakers: 5—Tom T., Lorain Ave. Thursday; 12—Jim B., Berwin's; 19—Dr. Andy M., Akron; 26—Tom P., League Park.

Lake County—July speakers: 3—Joe McK., Northeast; 10—Irene Z., Fairport Harbor; 17—Frank H., Mentor; 24—Lee D., Lake County; 31—Mary G., 24 Hour.

Newburgh—July speakers: 1—No meeting; 5—Minnie C., Mistletoe; 15—Bill K., Doan Men; 22—Tom A., Solidarity; 29—Jim B., Berwin's.

Night & Day Tuesday—July speakers: 3—Dorothy McA., Detroit-Sunday; 10—Jim D., Edgelake; 17—Bill M., May-Lynd; 24—Bud C., May-Lynd; 31—Joe M., Lakewood Armory.

Night & Day Thursday—July speakers: 5—Lynn C., Berea Thursday; 12—Frank K., Berea Thursday; 19—Wayne G., Allendale (his 6th anniversary); 26—Marge K., Lake County Women.

Night & Day Saturday—July speakers: 7—Dave B., Parma; 14—Panel, Step I, St. Clair Thursday; 21—John D., Brookside; 28—Allendale Panel.

North Olmsted—July speakers: 4—Pete Y., Berea Thursday; 11—Walter D., Trinity; 18—Larry H., North Olmsted; 25—Bill S., Lorain Ave., Monday.

Orchard Grove—July speakers: 2—Art N., Pearl; 9—Paul B., Euclid-Friday; 16—Dick L., Euclid-Friday; 23—Tom N., Borton; 30—Ralph C., Pearl.

Parma—Observes its Fifteenth Anniversary on Saturday, July 28 at 8:45 P.M. in Ridgewood Savings & Loan, 6960 Ridge Road. Speaker will be Herschel H. of Mansfield, O. Other July speakers: 7—Bob K., Parkman, O.; 14—Howard B., Independence; 21—Norma P., West-side Women.

Trinity—July speakers: 7—Doc K., Mistletoe; 14—No meeting (church activity); 21—Dr. Ben S., Coventry; 28—Jim D., Edgelake.

Volley View—July speakers: 7—Henry W., Euclid-Wade; 14—Doc K., Broadway-56th; 21—Harry D., Edgelake; 28—Theresa D., Clark.

West Park—July speakers: 8—Jim D., Edgelake; 10—Recording of talk by Mary Belle S., New York City; 17—Dave M., 24 Hour; 24—Andy H., West Clifton; 31—Howie L., Angle.

West 25th St.—July speakers: 2—Clyde B., Hague; 9—Jim H., Gordon Square; 16—Francis F., Thursday Morning; 23—Jim S., W. 26th (his 8th anniversary); 30—Annabelle L., Garden Valley.

OHIO GENERAL SERVICE CONFERENCE

Friday to Sunday, August 17-18-19, 1962

The annual Ohio General Service Conference will be held in Toledo, at the Commodore Perry Hotel. The opening session will be on Friday evening, August 17, continuing with sessions on Saturday morning and afternoon with a banquet in the evening. The Conference will close with a morning session on August 19. Make reservations with your group secretary.

More details will be in next month's Central Bulletin.

HOSPITAL RE-OPENS

The Euclid-79th Clinic began accepting alcoholic patients on June 15, even though major improvements in the structure were still being made. The hospital is under the management of Ray Flannery, Administrator.

Romayne Tussey is the nurse in charge.

WE REGRET THEIR PASSING

R. J. (Run) Mickey, one of the earliest members of Lake Shore and Edgelake groups passed away suddenly on April 23, 1962.

Ernie Metro, a four year member of the Clark group passed away on May 19, 1962.

Jim Dunlevy, a member of the Maria Joseph group passed away suddenly after over 16 years of zealous AA activity on June 7, 1962.

THE LOT OF A CHAIRMAN

If he is young, he lacks experience. If he speaks from notes he is dry, if not he's not deep. If he spends too much time to himself, he's neglecting the group. If he suggests improvements for the group he's a dictator; if he makes no suggestions he's a figurehead. If he talks ten minutes he's windy, unless he's lazy. If he tells the truth he's offensive, if not he's a hypocrite. If he fails to please everybody he's hurting the group, if he pleases everybody he has no convictions. If he talks all the time the group gets tired of hearing one man, if he turns the meeting over to guest speakers too soon he's shirking his duty.

Alky Alley, Denver, Colo.

GIGGLES

The pastor was urging his flock to start tithing. He concluded with the injunction: "And if you really can't give a tenth, then try to give a fifth."

Judge: "You are accused of being an habitual drunk. What's your excuse?"

Toper: "Habitual thirst, your honor, habitual thirst!"

"Last year I made a New Year's resolution to quit drinking and chasing girls."

"What happened?"

"I spent the most miserable afternoon of my life."

The husband who's **always** busy as a bee may someday find his honey missing.

The eyes that over cocktails seem so sweet, may seem less alluring over shredded wheat.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER YOUR SECRETARY HAS SUBSCRIPTION BLANKS

ALANON GROUP MEETINGS

- ASHTABULA—Harris Memorial W. 58 & Adams 1st & 3rd Mon., 8:30
- LAKEWOOD—Congregational Church, 1375 West Clifton Blvd. Mon., 8:30
- EUCLID—Christian Church, 23000 Lake Shore Blvd. Tues., 8:30
- SUBURBAN WEST—Our Savior Luth'n Church, 20300 Hilliard, Tues., 8:30
- MAPLE HEIGHTS—Presbyterian Church, 15715 Libby Rd. Tues., 8:30
- BETHANY—Bethany Presbyterian Church, W. 65th & Clinton Wed., 8:30
- BROADWAY—Newburgh Recreation, 8437 Broadway Wed., 8:30
- E. CLEVELAND—YWCA, Lee Boulevard and Euclid Fri., 1:30
- CHARITY—St. Vincent's Charity Hospital, E. 22nd & Central Fri., 8:30
- CHARDON—Pilgrim Christian Church, 113 South St. Fri., 8:30
- LORAIN COUNTY—Congregational Ch., 32807 Electric, Avon Fri. 9:00
- PARMA—Ridgew'd Sav's & L'n, 5950 Ridge Rd. (2nd & 4th Sat.) Sat., 8:30
- VALLEY—7100 Kinsman (2nd & 4th Sunday) Closed Sun., 4:00

NURSING HOMES THAT TREAT ALCOHOLICS

- (This listing does not necessarily indicate endorsement or ☉ ☎ ☎ ☎ ☎)
- Dorothy McCauliffe Alcoholic Clinic (MW) 8304 Detroit AT 1-3353
- Farquharson's Home (M) 6037 Pearl Road, Parma TU 5-1928
- Stella Maris Hospital (M) 1320 Washington Ave. SU 1-0554

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 E. 4th St., is open weekdays from 9 a.m. to 5 p.m., but maintains a 24-hour telephone sea-vice which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

CLEVELAND AREA AA GROUP MEETINGS

MONDAY

BORTON-E. Cleveland Congrega. Church,
Page and Euclid Ave. 8:30
BOWHALL—Rt. 20 & Bowhall Painesville 8:00
BROOK PARK—Redeemer Lutheran Church,
6161 Smith Road, Brook Park 8:30
CHESTERLAND—Methodist Church,
Mayfield Road and Route 306 9:00
EARLY—WALNUT—1740 E. 17th
Cor. Walnut 7:30
FRIENDLY SUBURBAN—6037 Pearl 8:00
FRIENDSHIP—Blvd. Presbyterian Ch.,
24600 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal,
W. Clifton and Detroit 9:00
LEE MONDAY—First Presbyterian Ch.,
East Cleveland, Nela and Euclid 8:30
LORAIN AVE.—St. Ignatius Hall,
Lorain Ave. at West Blvd 8:30
ORCHARD GROVE—St. Mark's Church,
15305 Triskett Road 8:30
PEARL—Our Lady of Good Counsel,
4423 Pearl Rd. 8:30
RAMONA—9721 Ramona Blvd 8:30
SHAKER—Christ Episcopal Church,
3446 Warrensville Center Rd. 9:00
SUNNY MONDAY WOMEN—Sunset Rd.,
St. John's Par. House, Independence 12:30
SOUTH EAST—7626 Broadway 8:30
TEMPLE—Temple Baptist, 7600 Cedar 8:15
WEST 26th ST.—Marvel Hall,
2868 W. 26th St. 9:00
WOMEN'S—Westside—West Blvd. Christian
Church, Madison and W. 101 8:45
ELYRIA MEN—St. Agnes,
Lake and Dewey 8:30
VERMILION—Congregational Church 8:30
WILLOUGHBY, O.—Episcopal Church 8:30

TUESDAY

CHAGRIN VALLEY WOMEN—Garfield
Memorial Church, Lander Rd. & Rte. 422.1:00
CLARK—1917 Clark Ave 8:30
CORLETT MIXED—Holy Family Parish
Hall, 3846 E. 131st St. 8:30
EAST SIDE WOMEN—11206 Euclid,
Church of the Covenant 8:00
EDGE LAKE—Lakewood YMCA,
Community Room, 16916 Detroit 8:30
EUCLID MORNING—Lake Shore Christian
Ch. Lake Shore Blvd. & 280 10:30 A.M.
FAIRMOUNT—St. Paul's Episcopal,
Fairmount and Coventry 9:00
FALLS—Community Church, Olmsted Falls,
7353 Main St. (Columbia Rd.) 9:00
FAIRVIEW PARK—Fairview Grace
Church, W. 224th and Lorain Ave. 8:30
HILLTOP—St. Joseph's Seminary,
17608 Euclid Ave. 8:30
MAY-LYND—E. Cleveland Savings & Loan,
5816 Mayfield Road 8:30
MILES-LEE-M+ Hope Lutheran Church,
E. 164th, north of Miles Ave. 8:30
NIGHT & DAY—12821 St. Clair Ave. 8:30
SMITH-WILSON—St. Joseph's School,
9321 Orleans Ave. 8:30
superior—North Presbyterian Church,
E. 40th and Superior 8:30
TRUSTY—Cleveland House of Correction,
1000 ft. east of House of Correction 8:00
WEST PARK—Puritas Lutheran Church,
Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.—First Presbyterian Church,
3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—
Methodist Church, South Broadway
Geneva, Ohio—First Tuesday 8:30
LAKE COUNTY—M&H. Fellowship Hall,
Rt. 20-E. Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O.,
Trinity Church 8:30
YANSFIRD—Episcopal Church,
41 Bowman St. Mansfield, O. 8:30 EST
MEDINA, O.—St. Paul's Epis. Par. Hse. 8:30
SANDUSKY, O. (Firelands)—First Pres-
byterian, across from Post Office 8:30
STRONGSVILLE—Town Hall 8:30

WEDNESDAY

ANSEL—Lithuanian Hall,
6835 Superior Ave. 8:30
BAXTER—St. John's Lutheran School,
6826 Cable 8:30
BEDFORD—Bedford Christian Church,
Warrensville Center and Blaine 9:00
BROOKLYN—K. of P. Hall,
3316 Broadview, East of Pearl Rd. 8:30
COLLINWOOD—946 E. 152nd St. 8:30
DOAN MEN—YMCA (University Circle),
2066 E. 106th St., Second floor front 8:30
EASTSIDE A.M.—946 E. 152nd St., 10:30 a.m.
GARFIELD—Pilgrim E. & R. Church 8:30
4692 E. 131st St. 8:30
HAGUE—Grace Cong. Assembly Hall,
West 65th and Colgate 8:30

LAKEWOOD WOMEN—St. Peter's Episc'l
18001 Detroit Ave. (Cor. W. Clifton) 8:30
LEE ROAD—First English Lutheran,
Derbyshire and Euclid Hts. Blvd. 9:00
LORAIN-TRISKETT—Bosworth Road,
Presbyterian Church, 3631 Borworth 9:00
NO. OLMSTED—City Hall, Dover Road 9:00
PSYCHIATRIC HOSPITAL—1708 Aiken 8:30
ST. JAMES—St. James Church,
E. 84th and Cedar 8:00
TWENTY-FOUR HOUR—13216 Detroit,
Church of the Ascension 8:30
WARRENSVILLE—Women's House Cor. 7:30
WEST SHORE—West Shore Unitarian,
20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)—Twelfth Step Club
8304 Detroit Ave. 8:30
ASHTABULA COUNTY WOMEN—Harris
Memorial, W. 68th & Adams, Ashtabula
Second and Fourth Wednesday 7:30
BRUNSWICK O.—Cuyahoga Ass'n Bldg.,
Route 42, So. of 303, next to
Marshall's 8:30
ELYRIA O.—St. Paul Building,
Third and Middle, side entrance 8:30
FAIRPORT HARBOR—Luther Center,
Eagle St., Fairport Harbor 8:00
INTER RACIAL—30th & Wood, Lorain, O.,
Mt. Zion Baptist Church 8:30
JEFFERSON, O.—St. Joseph's Church 8:30
LAKE COUNTY WOMEN—Grace Episcopal,
88016 Euclid Ave., Willoughby 1:00
LORAIN COUNTY WOMEN—Vincent
Methodist, Detroit Rd. and Rte. 254 8:30
SANDUSKY, O.—Provid. Hos. Cafeteria 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
WICKLIFFE—Wickliffe Presbyterian Church,
E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal,
Church, 16837 Euclid Ave. 8:30
ANGLE—St. Malachi's, 2459 Washington 9:00
BAY WEST—Church of the Redeemer,
23500 Center Ridge Rd., Westlake 8:30
BROADWAY-55th—Our Lady of Lourdes
School Hall, 3398 E. 66th St. 8:30
COVENTRY—Fairmount Presby. Church,
Scarborough and Fairmount Blvd. 8:30
CROSSROAD&St. Luke's Episcopal,
W. 78th St. and Lake Ave. 8:30
EASTLAKE—First Congregational Church,
33700 Vine St. 9:00
EAST SHORE WOMEN—Richmond Library,
26161 Euclid Ave., Euclid, O. 8:30
EUCLID-WADE—12821 St. Clair 8:30
GARDEN VALLEY—(Outhwaite)
7100 Kinsman Ave. 8:00
LORAIN THURSDAY—4470 Ridge Rd.,
Dr. Martin Luther Church 9:00
NIGHT & DAY—12821 St. Clair 10:45 am.
NORTH RANDALL—Village Hall,
21937 Miles Ave. 9:00
PARMA HEIGHTS—6400 Pearl Road
Laux Realty Basement (rear ent.) 8:30
ROCKY RIVER—Rockport Methodist
Church, 3301 Wooster Road 9:00
ST. CLAIR-THURS.—Nottingham Meth-
odist Church, St. Clair & Melville 8:30
TRUSTY—Cleveland House of Correction,
1000 ft. east of House of Correction 8:00
WEST SIDE MORNING—W. 98th & Demion,
Hungarian Lutheran Church 11 A.M.
ASHLAND THURSDAY—2nd and Union,
Rossaro's Restaurant 8:00 EST
ASHTABULA HARBOR—North End Club,
Corner Walnut Blvd. & Lake Ave. 8:30
BEREA—Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd. 9:00
ELYRIA—St. Jude's School, Poplar St. 8:30
INDEPENDENCE, O.—St. John's Lutheran
Hall, Second and Sunset 9:00
MAPLE LEAF—Congregational Church,
Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE—Congregational Church,
Educ. Bldg., Mentor Ave., Psville 8:30

FRIDAY

BROADWAY-HARVARD—8437 Br'dway 9:00
CEDAR—Salvation Army, 6006 Euclid 8:15
C.E.L.—55 Public Sq. (rear) Room 361 8:30
CHARITY—Amphitheatre, 6th Floor,
St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—1031 Ter. Tow. 6:00
EUCLID FRIDAY—Epiphany Church,
Lake Shore and E. 210th 9:00
FRIDAY AFTERNOON WOMEN—Ply-
mouth Church, Coventry and Drexmore,
Krumbine Room 1:00
GORDON SQUARE—St. Helen's Hall,
1367 W. 65th St. 9:00
HEIGHTS—Closed Discussion, Christian
Church, Van Aken & Avalon (rear) 8:30
HUDSON, O.—Christ Church,
21 Aurora 8:30
LEE ROAD—American Legion Hall,
Post 163, 16644 Euclid Ave. 9:00
NORTH EAST—Town House Motel,
16661 Euclid Ave. 8:30

SKID ROW—Wayf'rs. Ldge, 701 Lakeside 7:30
TRAINING-REFRESHER—Illuminating
Bldg. (rear) Rm. 361. 66 Public Sq. 8:30
SOLIDARITY—Friendly Inn Settlement,
2362 Unwin Rd. (off Quincy Ave.) 8:30
STELLA MARIS MIXED
1320 Washington Ave. 8:15
WEST CLIFTON—Lkwd. Congregational
Church, 1875 W. Clifton Road 9:00
AVON LAKE—First Congregational Church,
32801 Electric Blvd. 9:00
BEREA—Social room of Berea Cong.
Church, Seminary and Church 8:30
CHAGRIN FALLS—Federated Churches,
76 Bell Street 9:00
CHARDON—Pilgrim Christian Church,
113 South Street, Chardon, O. 8:30
CONNEAUT, O.—B. of L. E. Hall 8:30
ELYRIA—St. Agnes (down).
Lake & Dewey 8:30
WELLINGTON—& Patrick's Catholic
Church, No. Main St., Wellington, O. 8:30

SATURDAY

FOREST CITY—2126 Broadway Rd. 9:00
JACK & HEINTZ—17600 Broadway 8:30
LANDER CIRCLE—Garfield Mem. Methodist,
Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK—Unitarian Church,
8143 Euclid Ave., Cor. E. 82nd St. 9:00
LIBERTY—946 E. 162nd St. 9:00
MAPLE HTS.—Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Windermere Presb. Ch.,
14112 Euclid Ave. at Windermere 8:30
MEMPHIS—Lakewood Congregational Ch.,
1376 W. Clifton cor. Detroit Ave. 9:00
NEWBURGH STATE HOSPITAL—Williams
Bldg., Entrance at 4455 Turney Rd. 7:30
NIGHT & DAY—12821 St. Clair-12 Midnight
NORWALK TRUCK LINES—
1147 E. 66th St., at Shore Drive 9:00
PARMA—Ridgewood Savings & Loan,
6960 Ridge Road 8:45
PLAINS—Plains Methodist Ch., Mentor, O.,
Rts. 306 and 283, Mentor, O. 9:00
REDWOOD—Euclid Lutheran Church,
E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church,
3626 W. 25th St. 9:00
VALLEY VIEW—Pilgrim Congr. Church,
2692 W. 14th. cor. Starkweather 9:00
ASHTABULA, O.—St. Peter's Episc. Church,
Main Avenue at South Park 8:30
ELYRIA SATNITE—Alconon Club,
346 Broad St., Elyria, O. 8:30
LORAIN SATNITE—7th and Reed St.,
St. Mary's Church Basement 8:30
MANSFIELD—20 1/2 S. Park 8:00 EST
MIDDLEFIELD—Methodist Church,
South Main St., Middlefield, O. 8:30
WEST RICHFIELD—Consolidated Church,
Route 303, just west of Route 21 9:00

SUNDAY

BEDFORD HEIGHTS—Village Hall,
6661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church,
Storer and Fulton (downstairs) 8:30
C.A.H.—Discussion-12821 St. Clair, 10:45 a.m.
COLLINWOOD—945 E. 152nd St. 7:30
DETROIT SUNDAY—8304 Detroit Ave. 7:30
DISCUSSION—6700 Detroit Ave. 7:30
GARDEN VALLEY—Outhwaite,
7100 Kinsman Ave. 4:30
GOLF LAKELANDS—Immaculate Conception
Church, Hubbard Rd., No. Madison 3:00
LAKEWOOD ARMORY—
1437 Wayne Ave., South of Detroit 9:00
LORAIN COUNTY CONSOLIDATED—
St. John's Sch., 31 & Rt. 67, Lorain 7:30
MARIA JOSEPH—Plasterers Hall,
1651 E. 24th St., at Payne Ave. 2:00
MISTLETOE—St. Thomas Church,
9206 Superior Ave. 7:00
NELA PARK—Cafeteria, Advertising Bldg.,
Nela Park, Noble Road 7:30
NEWBURGH—St. Catherine's Church,
3443 E. 93rd St. 8:30
SUPERIOR STAG—8801 Superior 11 A.M.
TRUSTY—Cleveland House of Correction,
1000 ft. east of House of Correction 5:00
VALLEY WOMEN'S DISCUSSION GROUP,
2nd & 4th Sunday, 7100 Kinsman 3:30
WARRENSVILLE—Cooley Farms,
Recreation Room 10 A.M.
YOUR—Euclid Community House,
240 Rriardale 7:15
AVON CENTRAL—Basement Central Bank,
86690 Detroit Rd., Avon, O. 8:00
CHIPPEWA-SEVILLE—V.F.W. Hall,
Seville, O. 8:00
GENEVA, O.—Legion Hall, Park St.
corner of So. Eagle 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
NEWBURY, O.—St. Helen's Church 8:15
TWILIGHT—Grange Hall, Rt 60,
Axtel, O. 7:30



INCREDIBLE JOURNEY

A little book of great charm was published last year under the above title. It is the story of three animals who find themselves lost and abandoned hundreds of miles from home. The young dog has a good sense of direction and comprehends the length and danger of the trip back. He is confident he can make it alone, and equally sure that he will fail if burdened by the presence of the older dog and the aging cat. But he cannot bring himself to leave them behind.

Accordingly, the three pampered household pets start out together. The details of the arduous trip through wilderness and vast lonely plains is given in detail. In the end the torturous journey is successful. They reach home. The profound lesson of the story is that on more than one occasion, each of the three animals, is responsible for the salvation of the other two.

The story had a many-sided impact on this reader. One facet of the reaction was likening the experience of the deeply moving tale, to that which we have in our society. Our fellowship is described as one in which "men and women share their experience, strength and hope with each other." As one oldtimer to another, have we done much sharing lately?

Our newcomers need the oldtimer. His mere presence and example are an inspiration. If it could happen to him, it can happen to them. If he does not set the very best example of which he is capable, it may literally mean the difference between life and death for another. How many of us bear this truth in mind constantly?

The oldtimer needs the newcomers just as badly. If he is sharing his strength, experience and hope, then he is taking those hard steps with them. And each time we go up that stairway of life with the unsteady new member, the steps are lived all over again in ever increasing significance.

The fellow who thinks he "has it made", should pause to reflect that the fellowship doesn't need him. He needs the fellowship. The fellowship will most certainly survive and will stay on the high road. Perhaps he will not be that fortunate, going it alone. Unlike the three animals who reached home, our incredible journey never ends. Otherwise our situations are quite alike and it would be if in our personal inventory now and then, we considered just how much we have shared with others.

How many may we have helped by our example and by our sincere fellow feeling? But if you would strike through superficiality and get right down to the substance of the matter, then consider how many times you may have been saved by others, from dangers to which you were blind.

Few of us could say that we have given as much as we have received.

Don't be a sentimentalist. A sentimentalist sets too high a value on dreams, but doesn't know the market value of realities.

**Many people have
an aim in life
but some of them
never pull the
trigger.**

A Bourmouth, England man was held for trial on a drunken driving charge after the prosecuting attorney showed that he had won a gold watch shortly before his arrest for being the last man in a drinking competition.

WE'LL SOON BE TWENTY

Central Bulletin, AA's first publication, will complete twenty years of service with the September issue. It has been a most rewarding experience for your editor and publisher, for it has prompted him to explore all facets of the program and project them into print for the edification of the subscribers, many of whom have expressed their gratitude during the past twenty years.

Helping immeasurably in "carrying the message" to its readers were such dedicated men as Fred S., whose excellent editorials during his five years of service set the high standard Central Bulletin has attempted to maintain.

Succeeding Fred S. was Spencer I., also a brilliant writer, whose monthly contributions stimulated much constructive discussion in groups across the country. His untimely death on January 12, 1960 left a void which seemed impossible to fill, but our prayers were quickly answered when Lloyd H. was persuaded to contribute his great talents as co-editor.

In our humble opinion, the quality of editorials in the left hand column of page one has continued on the same high plane of inspiration which the Bulletin has enjoyed these almost twenty years. Lloyd, an attorney, is a solid AA and a prolific writer. He also has been a regular contributor to the Grapevine during the vast many years.

Recently Lloyd prepared a comprehensive and most interesting series of articles on Alcoholics Anonymous published in one of Cleveland's leading newspapers and reprinted in several other major newspapers. The

interest of readers was evident by the number of people seeking help and further information.

God has certainly blessed us. So, in appreciation for the sustained support of our faithful subscribers, the Central Bulletin Foundation decided to make Volume 21, No. 1, a special bonus issue, comprising eight pages.

Pages one and two and eight will follow our normal pattern. Group news and miscellaneous information will not be carried in this special issue.

Pages three to seven will be filled with reprints of editorials selected from the 240 printed during the past twenty years. The selections will be made by a special committee which has been at work for several months. Its selections of best editorials of each writer, we trust will meet with your approval. The special issue will be a bonus issue for all subscribers.

Extra copies will be available to individuals or groups at fifteen cents per copy. During the next month each group will be contacted by a committee member who will receive applications for the anniversary issue.

All requests for additional copies should be in on or before September 15th, the approximate publication date of the special issue.

May we take this opportunity to thank the great number of subscribers who were among the first and have remained Bulletin boosters during these twenty years. Without them we could not have survived.

God bless them.

CENTRAL BULLETIN



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VOL. 20

AUGUST, 1962

No. 11

MILL ENDS AND REMNANTS

Dear Editor:

Your editorial entitled *ApAthy* in the July issue of our favorite paper was certainly a timely one; and while we do not wish to belabor the subject, we think there is no harm in commenting further in the way of emphasis on a subject so vital and serious.

It hasn't, as you well know, been our good fortune to have accumulated a period of sobriety in A.A. that would rate us an old-timer's label and that is comparable to your own and others of your contemporaries in the fellowship. However, we have been fortunate, for which we are grateful, to have been actively engaged in many areas of activity in the fellowship, so that our observations are well grounded.

Maybe we are too polite, too tactful and not straight forward when we talk of apathy and complacency—why not call a spade a spade. When we stop or slough off in our attendance at meetings, our participation, our responses, our opportunities and our responsibilities, we are practicing ingratitude in its basest form and ingrained selfishness to its greatest degree.

When we were kids we talked about "Indian Givers"—we gave and then reclaimed unto ourselves to have and to hold for our own blessed pride of possession and self gratification. This is no kids' game—this game of life in which we play. As you say—this is God's gift to us to share—and how can we share if we are unavailable. Bench strength is important at every level of activity but how can the Manager call upon us if we are not at the game.

When you imply that "old-time A.A. enthusiasm, ardor and zeal" are missing, we partially disagree—the newcomers today have it just as the old-timers did in their early days of sobriety—the difference seems to be that their torch doesn't flame as brightly as it would were the older members to add the flame of their torch to the whole.

Yes, as we have spoken together, perhaps at no other time in the twenty-seven years of the fellowship of Alcoholics Anonymous is there a more crying need for leadership, statesmanship and unity than the present. It must come, with the help of God, from within—from newcomer and old-timer alike!

"In unity there is strength," by George!

PLEASE! PLEASE!

Last month, seventeen subscribers to the Central Bulletin moved without notifying us of their new address. Only one mover (not included in the seventeen) gave us his new address.

Central Bulletin mail is not forwarded as it is mailed third class. It costs us eight cents for each Bulletin returned.

The Post Office will furnish change of address cards. Ask your postman to supply you with some if you plan to move.

Subscriptions sent in should have accurate addresses and zones (Street, Avenue, Road, Drive). The postal service no longer delivers "approximate" addresses.

We would appreciate your cooperation.

DISTRICT OFFICE SUMMER SCHEDULE

District office will be closed all day Saturdays during June, July and August. However, all calls will be relayed thru the answering service which may be contacted by calling the regular AA number **CHerry** 1-7387.

OHIO GENERAL SERVICE CONFERENCE

Commodore Perry Hotel, Toledo, O.

August 17, 18, 19, 1962

AA members from every sector of Ohio, numbering close to 1,000 will assemble in the Commodore Perry Hotel, Toledo, Ohio on August 17, 1962 for a three day AA conference. Registration will begin at 1 p. m., with the formal opening at 8 p. m.

Four carefully selected speakers from different sectors of the state will each give fifteen minute talks on the Twelve Steps.

On Saturday at 9:30 a. m., our Third Legacy, "Service" will be covered by four highly capable speakers. At 11 a.m. the subject will be "Opportunities in the Community and the World in Which We Live," embracing 1. Public Information; 2. Central Office Operation; 3. Young People in AA; 4. Cooperation with the Medical Profession; 5. New Members; 6. Institutional AA.

On Saturday at 1:30 p. m. our Second Legacy "Unity" will be discussed by four well qualified speakers. A question and answer period will follow this discussion after a coffee break.

At 6:30 p. m., at the annual banquet, David B. of Montreal, Quebec, Canada will be the featured speaker. He comes highly recommended. Dancing will follow.

The conference will close on Sunday with a 9:15 a. m. session for AA women, followed by a worthwhile talk by Clyde T., Toledo, on the subject "God As We Understand Him".

The speakers are all tops. The Toledo committee has done an excellent job of organization and the weekend should be well worth attending.

NINTH TRI-STATE ASSEMBLY

Chautauqua Lake Park,

Chautauqua, N. Y., August 24, 25, 26, 1962

The Ninth Annual Tri-State Assembly, embracing Ohio, Pennsylvania and New York, will be held in spacious Chautauqua Institute, in Chautauqua Lake Park from 7 p. m. Friday to the final session on Sunday at 2:30 p. m.

The sessions will include educational clinics, interesting workshops, pertinent panels, fun, fellowship, ample housing at reasonable cost, good eats and music.

You are cordially invited to come. Bring your family and friends to join with fine AA members from the Tri-States and Canada in sharing ideas, knowledge, experiences, friendship, hope and strength.

If you like fishing, there will be opportunities for you to indulge in the sport. According to Lou Gale, Outdoor columnist of the Plain Dealer, there are bokoo muskies in the lake.

There are three "U's" in Chautauqua. The committee in charge would like you to be the fourth.

"POLISHED ALKY"

When first we come to AA many of us have personalities which could be likened to a rough stone. The projections on that stone were negative traits, such as self-centeredness, anger, spite and jealousy, and . . . were responsible for the insane compulsion to drink. We were told that a reduction in the size those projections would automatically reduce our compulsion to drink—and that those rough spots, corresponding to character defects, could be replaced by smooth spiritual values which would completely eliminate the desire to drink!

How were we to go about acquiring those spiritual values and ridding ourselves of those projections? Long before AA, a noet named Trobridge told us how: "Men are polish&d-by an act-a speech each by each, as pebbles are smoothed . . . by the rolling beach."

We AAs lose our personality roughness and acquire polish through regular and frequent association with other AAs. We are polished by PRACTICING these AA principles in ALL our affairs! Gradually we lose those rough projections which grate upon the nerves of ourselves and our fellows. The rough spots are replaced by spiritual values which permit us to smoothly and serenely roll along in the stream of life—completely freed of the necessity, compulsion, or desire to drink.

-Leon L. Railbeams, St. Paul, Minn.

GROUP NEWS

To insure publication group news articles must be submitted IN WRITING before the 15th day of each month.

Allendale-August speakers: 2—Carl N., Jack & Heintz; 9—Tom M., Solidarity; 16—Al DiB., Allendale (his sixth anniversary); 23—Esther R., St. James; 30—Millie G., Nels Park.

Broadway-55th-August speakers: 2—John F., Forest City; O—Gloria S., Night & Day; 16—Tom A., Solidarity; 23—Dick P., Newburgh; 30—Genevieve B., East Shore Women.

Brooklyn-August speakers: 1—Ray S., Coshocton, O.; & Charles S., Brooklyn (his 22nd anniversary); 15—Bill K., Superior; 22—Edith B., Lee-Wednesday; 29—Bill F., Brooklyn (his first anniversary).

Brook Park-August speakers: 6—Tom D., Lorain Ave., Monday; 13—George H., Brooklyn; 20—Evelyn G., Brooklyn; 27—Ray B., Broadview.

C.A.H.-August speakers: 5—Tom C., St. Clair, Thursday; 12—Lee O., Mav-Lynd.; 19—John J., Chesterland; 26—"Whitey" C., Allendale.

Doan Men's—August speakers: 4—No meeting; 11—ROY M., C.A.H.; 18—Ed C., Newburgh; 25—Jerry W., Angle.

Early Early-August speakers: 6—Stan J., North East; 13—Vic Z., Superior; 20—John S., North East; 27—Larry M., North East.

F&view-August speakers: 7—Ed C., Newburgh; 14—Ed S., Angle; 21—Eddie G., Shaker; 28—"Buffalo" McA., Angle.

Friendly Suburban-August speakers: 6—"Gus the Baker", Baxter; 13—Gene P., Newburgh; 20—Al K., Baxter; 27—Ralph C., Parma Heights.

Friendship—Observes its Second Anniversary on Monday, August 6 at 8:30 p.m. with Veterans Tom V. and Franklyn S. as speakers; 13—Henry W., Lee Wednesday; 20—Nellie F., 6700 Detroit Discussion; 27—Closed Discussion meeting.

Gordon Square—Observes its Twentieth Anniversary on Friday, August 10 at 9 p.m., with a panel of speakers.

Hague—August speakers: 1—Jim B., Berwin's; 8—Tony K., Smith-Wilson; 15—Terry H., (his second anniversary); 22—Earl J., Baxter; 29—Howie L., Angle.

League Park-August speakers: 4—Ed G., Shaker; 11—Don B., Nela Park; 18—Jack E., Wednesday Lee; 25—Billy H., Newburgh.

Lee Road Monday-August speakers: B—Eddie T., (his third anniversary); 13—Tom H., (his first anniversary); 20—Oliver C., (his 16th anniversary); 27—Eddie II., (his 18th anniversary).

Mistletoe-August speakers: 5—Jo F., Superior; 12—Marty G., Nela Park; 19—Jo G., Corlett; 26—Ed G., Night & Day.

Nela Park—Observes its First Anniversary on Sunday, August 5 at 7:30 p.m. in the Advertising Building of Nela Park, Noble Road with Harry D., Edgelake, as speaker.

Night & Day Tuesday-August speakers: 7—John R., Shaker; 14—Bud S., Willoughby; 21—Whitey D., Chesterland; 28—Jack L., Madison Golf Lakelands.

Night & Day Thursday-August speakers: 2—Harry C., Night & Day; 9—Fred F., Superior; 16—Ed G., Night & Day; 23—Pat O'N., Night & Day; 30—Clint C., Doan Men.

Night & Day Saturday-August speakers: 4—Betty E., East Shore Women; 11—Mary P., East Shore Women; 18—Pete Y., Berea Thursday; 25—Dick M., Berea Thursday.

North Olmsted-August speakers: 1—Jim M., Broadway-Harvard; 8—Dave B., Parma; 15—"Irish" K., Fairmount; 22—Henry W., Euclid-Wade; 29—Jack K., Orchard Grove.

Pearl—Since Monday, July 2, the group has been meeting in St. Mary's School Basement, 4600 State Road at 8:30 p.m.

St. James-August speakers: 1—Bob G., Canton, O.; & Raymond J., Cambridge O.; 15—Curtiss W., Garden Valley; 22—Norma T., East Shore Women; 29—Pete Y., Berea Thursday.

Solidarity-August speakers: 3—Ethyl H., Chagrin Falls; 10—Annabelle L., Garden Valley; 17—Marion G., Newburgh; 24—Josephine P.; 31—Thomas N.

Temple—Has moved to a new location at Our Lady of Fatima Hall, 6914 Lexington. Their first meeting at this location was held Monday, July 2 at 8:15 p.m.

T.I.E.—A new group which meets on Tuesday evenings at 9 p.m. at 28920 Chardon Road. Their August speakers: ?—Mike M., Your; 14—"Big Josephine" O., Collinwood; 21—Red H.; 28—AA and Newburgh Open Meeting with Fred B., Your and Willa M., Euclid Alanon as leaders.

Trinity-August speakers: 4—Levy C., Wooster, O.; 11—Paul C., Warren, O.; 18—Pauline C., League Park; 25—Lee H., Shaker.

Valley View—Observes its Sixteenth Anniversary on Saturday, August 4 at 9 p.m. in Pilgrim Congregational Church, W. 14th & Starkweather with Ed B., Broadway-Harvard and Harry D., Edgelake as speakers. Other August speakers: 11—Jim D., Stella Maris; 18—Esther R., St. James; 25—Joe V., Valley View (his ninth anniversary).

Warrensville Women—August speakers: 1—Mark H., Garden Valley; 8—Marion S., Temple; 15—Bruce S., Temple; 22—John J., Night & Day; 29—Margaret P., St. James.

West Park-August speakers: 7—John R., Forest City; 14—William W., Garden Valley; 21—John L., Edgelake; 28—Fred G., Newburgh.

West 25th—August speakers: B—Esther R., St. James; 13—John R., Forest City; 20—Ross McC., Gordon Square; 27—Farrell G., Angle.

Willoughby Hills—A new group which meets Saturday nights at 7:30 p.m. at 28920 Chardon Road, Willoughby Hills, O.

FOUNDERS' DAY TAPES AVAILABLE

Tapes of the two talks given in Akron on Founder's Day are available and may be had by enclosing a check made out to Inter-Group Office, 41 S. High St., Akron 8, O. The price is \$3.75 for one or \$6.00 for both.

T.I.E. CLUB

A new Club facility has been opened at 28920 Chardon Road to be known as the T.I.E. (Take It Easy) Club. All activities and programs carried out at this new location are conducted in strict accordance with the Traditions and Code of Ethics of our fellowship.

There is absolutely no gambling, borrowing of money or other activities that would interfere with the practice of maintaining sobriety. There are three AA meetings each week conducted at this location, a library for quiet reading and other program's of fellowship. This is strictly a non-profit endeavor and for the use of anyone trying to lead a clean sober life as suggested by our steps and traditions.

The T.I.E. Group meets every Tuesday night at 9:00 p.m. in the large downstairs meeting room. The Willoughby Hills Group meets in the same location every Saturday night at 7:30 p.m.

The Euclid Alanon Group is moving to the Club site and will hold their first meeting Tuesday, August 7th at 8:30 p.m. On the last Tuesday of each month the T.I.E. Group and the Euclid Alanon Group will combine for an open meeting for members and interested guests of both programs.

This Club is similar to those found in most other areas across the country and is open to anyone belonging to the AA fellowship. There is a dance band playing every Saturday night with a Square Dance every 4th Saturday.

MULTI-GROUP DANCE No. 3

Saturday evening, September 1, 1962 at 8:30 p.m. the next Multi-Group Dance will be held for the hundreds of people who enjoyed themselves the previous two outings. One dollar per person covers the entire night of fun and frolic.

Vic Stuart and his big twelve piece orchestra will once again provide the music.

There will be prizes and raffle so come again and let's have a big evening. Special attraction for this dance will be the attendance of a professional Square Dance Caller who will lead the "Squares" in some Alanon Lefts and DoSiDo's. Euclid Beach Park Ball Room is the site with plenty of room for those who like to listen and watch from the balcony. Lake Erie breeze provided at no charge.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER YOUR SECRETARY HAS SUBSCRIPTION BLANKS

ALANON GROUP MEETINGS

ASHTABULA—Harris Memorial W. 58 & Adams. 1st & 3rd Mon., 8:30
LAKEWOOD—Congregational Church, 1375 West Clifton Blvd. Mon., 8:30
EUCLID-T.I.E. Club Rose Room, 28920 Chardon Rd., Willoughby Hills, O. Tues., 8:30

SUBURBAN WEST—Our Savior Luth'n Church, 20300 Hilliard, Tues., 8:30
MAPLE HEIGHTS—Presbyterian Church, 15715 Libby Rd. Tues., 8:30

BETHANY—Bethany Presbyterian Church, W. 65th & Clinton. Wed., 8:30
BROADWAY—Newburgh Recreation, 8437 Broadway Wed., 8:30

E. CLEVELAND—YWCA, Lee Boulevard and Euclid Fri., 1:30
CHARITY—St. Vincent's Charity Hospital, E. 22nd & Central Fri., 8:30

CHARDON—Pilgrim Christian Church, 113 South St. Fri., 8:30
LORAIN COUNTY—Congregational Ch., 32807 Electric, Avon Fri. 9:00

PARMA—Ridgew'd Sav's & L'n, 5950 Ridge Rd. (2nd & 4th Sat.) Sat., 8:30
VALLEY—7100 Kinsman (2nd & 4th Sunday) Closed Sun., 4:00

NURSING HOMES THAT TREAT ALCOHOLICS

(This listing does not necessarily indicate endorsement or approval)
Al-Ju, Inc. (MW) 28707 Euclid Ave., Wiekcliffe, O. WH 4-2244
Euclid-79th Clinic (MW) 7809 Euclid Ave. 891-4115
Dorothy McCauliffe Alcoholic Clinic (MW) 8304 Detroit. A T 1-3353
Farquharson's Home (M) 6037 Pearl Road, Parma. TU 5-1882
Stella Maris Hospital (M) 1320 Washington Ave. SU 1-0554

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 E. 4th St., is open weekdays from 9 a.m. to 5 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

CLEVELAND AREA A A GROUP MEETINGS

MONDAY

BORTON-E. Cleveland Congrega. Church,
Page and Euclid Ave. 8:30
BOWHALL—Rt. 20 & Bowhall, Painesville 8:00
 BROOK PARK—Redeemer Lutheran Church,
6161 Smith Road, Brook Park 8:30
~~CHESTERLAND Methodist Church,
Mayfield Road and Route 306 8:30~~
 EARLY-EARLY-1140 E. 17th
 Cor. Walnut 7:30
 FRIENDLY SUBURBAN-6037 Pearl 8:00
 FRIENDSHIP-Blvd. Presbyterian Ch.,
24600 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal,
W. Clifton and Detroit 9:00
 LEE MONDAY—First Presbyterian Ch.,
East Cleveland, Nela and Euclid. 8:30
LORAIN AVE.—St. Ignatius Hall,
Lorain Ave. at West Blvd 8:30
ORCHARD GROVE—St. Mark's Church,
15305 Triskett Road 8:30
 PEARL—St. Mary's Sch., 4600 State Rd. 8:30
 RAMONA-9721 Ramona Blvd. 8:30
 SHAKER-Christ Episcopal Church,
3445 Warrensville Center Rd. 9:00
 SUNNY MONDAY WOMEN—Sunset Rd.,
St. John's Par. House, Independence. 12:30
 SOUTH EAST—7526 Broadway. 8:30
 TEMPLE & Fatima Hall, 6914 Lexington 8:15
 WEST 25th ST.—Marvel Hall,
2858 W. 25th St. 9:00
WOMEN'S—Westside—West Blvd. Christian
Church, Madison and W. 101. 8:45
 ELYRIA MEN—St. Agnes,
Lake and Dewey 8:30
 VERMILION—Congregational Church 8:30
 WILLOUGHBY, O.—Episcopal Church 8:30

TUESDAY

CHAGRIN VALLEY WOMEN—Garfield
Memorial Church, Lander Rd. & Rte. 422. 1:00
 CLARK-1917 Clark Ave. 8:30
 CORLETT MIXED—Holy Family Parish
Hall, 3845 E. 131st St. 8:30
 EAST SIDE WOMEN-11205 Euclid,
Church of the Covenant 8:00
 EDGELAKE—Lakewood YMCA,
Community Room, 16915 Detroit. 8:30
 EUCLID MORNING—Lake Shore Christian
Ch., Lake Shore Blvd. & 280 10:30 A.M.
FAIRMOUNT—St. Paul's Episcopal,
Fairmount and Coventry 9:00
 FALLS—Community Church, Olmsted Falls,
7853 Main St. (Columbia Rd.) 9:00
 FATRVIEW PARK—Fairview Grace
Church, W. 224th and Lorain Ave. 8:30
 HILLTOP—St. Joseph's Seminary,
17608 Euclid Ave. 8:30
 MAY-LYNDE—Cleveland Savings & Loan,
5816 Mayfield Road 8:30
 MILES-LEE—Mt. Hope Lutheran Church,
E. 164th, north of Miles Ave. 8:30
 NIGHT & DAY-12821 St. Clair Ave. 8:30
 SMITH-WILSON—St. Joseph's School,
9321 Orleans Ave. 8:30
 SUPERIOR—North Presbyterian Church,
E. 40th and Superior 8:30
 TAKE IT EASY-28920 Chardon Road,
Willoughby Hills. 0 9:00
 TRUSTY—Cleveland House of Correction,
1000 ft. east of House of Correction 8:00
 WEST PARK—Puritas Lutheran Church,
Puritas Ave. and W. 138th St. 8:30
 ASHLAND, O.—First Presbyterian Church,
3rd & Church Sts. 8:00 EST
 ASHTABULA CONSOLIDATED—
Methodist Church, South Broadway
Geneva, Ohio—First Tuesday. 8:30
 LAKE COUNTY—M&H. Fellowship Hall,
Rt. 20-E. Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O.,
Trinity Church. 8:30
 MANSFIELD—Episcopal Church,
41 Bowman St. Mansfield, O. 8:30 EST
 MEDINA, O.—St. Paul's Epis. Par. Hse. 8:30
 SANDUSKY, O. (Firelands)—First Pres-
byterian, across from Post Office. 8:30
 STRONGSVILLE—Town Hall 8:30

WEDNESDAY

ANSEL—Lithuanian Hall,
6835 Superior Ave. 8:30
 BAXTER—St. John's Lutheran School,
5826 Cable 8:30
 BEDFORD—Bedford Christian Church,
Warrensville Center and Blaine 9:00
 BROOKLYN—K. of P. Hall,
3316 Broadview, East of Pearl Rd. 8:30
 COLLINWOOD-945 E. 162nd St. 8:30
DOAN MEN—YMCA (University Circle),
2055 E. 106th St., Second floor front 8:30
EASTSIDE MORNING—9606 Euclid Ave.,
Euclid Ave. Congre. (Side ent.) 10:30 a
GARFIELD—Pilgrim E. & R. Church,
4592 E. 131st St. 8:30
HAGUE & Grace Cong. Assembly Hall,
West 85th and Colgate 8:30

LEE ROAD—First English Lutheran,
Derbyshire and Euclid Hts. Blvd. 9:00
LORAIN-TRISKETT—Bosworth Road,
Presbyterian Church, 3631 Borworth. 9:00
 NO. OLMSTED—City Hall, Dover Road. 9:00
 PSYCHIATRIC HOSPITAL-1708 Aiken. 8:30
 ST. JAMES—St. James Church,
E. 84th and Cedar 8:00
 TWENTY-FOUR HOUR-13216 Detroit,
Church of the Ascension. 8:30
WARRENSVILLE—Women's House Cor. 7:30
 WEST SHORE—West Shore Unitarian,
20401 Hilliard Rd., Rocky River. 8:30
 WEST SIDE (Closed)—Twelfth Step Club
8804 Detroit Ave. 8:30
 ASHTABULA COUNTY WOMEN—Harris
Memorial, W. 58th & Adams, Ashtabula
Second and Fourth Wednesday. 7:30
 BRUNSWICK O.—Cuyahoga Ass'n Bldg.,
Route 42, So. of 303, next to
Marshall's. 8:30
 ELYRIA O.—St. Paul Building,
Third and Middle, side entrance. 8:30
 FAIRPORT HARBOR—Luther Center,
Eagle St., Fairport Harbor. 8:00
 INTERACIAL—30th & Wood, Lorain, O.,
Mt. Zion Baptist Church. 8:30
 JEFFERSON, O.—St. Joseph's Church. 8:30
 LAKE COUNTY WOMEN—Grace Episcopal,
38015 Euclid Ave., Willoughby. 1:00
LORAIN COUNTY WOMEN—Vincent
Methodist, Detroit Rd. and Rte. 254. 8:30
 SANDUSKY, O.—Provid. Hos. Cafeteria. 7:30
 MANSFIELD, O.—2014 S. Park 8:00 EST
WICKLIFFE—Wickliffe Presbyterian Church,
E. 300th & Ridge Rd. (Route 84). 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal,
Church, 16837 Euclid Ave. 8:30
 ANGLE—St. Malachi's, 2459 Washington. 9:00
 BAY WEST—Church of the Redeemer,
23500 Center Ridge Rd., Westlake. 8:30
BROADWAY-55th—Our Lady of Lourdes
School Hall, 3398 E. 55th St. 8:30
 COVENTRY—Fairmount Presby. Church,
Scarborough and Fairmount Blvd. 8:30
 CROSSROADS—St. Luke's Episcopal,
W. 78th St. and Lake Ave. 8:30
 EASTAKE—First Congregational Church,
33700 Vine St. 9:00
 EAST SHORE WOMEN—Richmond Library,
26161 Euclid Ave., Euclid, O. 8:30
 EUCLID-WAIDE-12821 St. Clair. 8:30
 GARDEN VALLEY—(Outhwaite)
7100 Kinsman Ave. 8:00
LORAIN THURSDAY—4470 Ridge Rd.
Dr. Martin Luther Church. 9:00
 NIGHT & DAY-12821 St. Clair 10:45 a.m.
 NORTH RANDALL—Village Hall,
21937 Miles Ave. 9:00
 PARMA HEIGHTS-6400 Pearl Road
Laux Realty Basement (rear ent.) 8:30
 ROCKY RIVER—Rockport Methodist
Church, 3301 Wooster Road. 9:00
 ST. CLAIR-THURS.—Nottingham Meth-
odist Church, St. Clair & Melville. 8:30
 TRUSTY—Cleveland House of Correction,
1000 ft. east of House of Correction 8:00
 WEST SIDE MORNING—W. 98th & Denison,
Hungarian Lutheran Church 11 A.M.
 ASHLAND THURSDAY—2nd and Union,
Rossaro's Restaurant 8:00 EST
 ASHTABULA HARBOR—North End Club,
Corney Walnut Blvd. & Lake Ave. 8:30
 BREA—Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd. 9:00
 ELYRIA—St. Jude's School, Poplar St. 8:30
 INDEPENDENCE, O.—St. John's Lutheran
Hall, Second and Sunset. 9:00
 MAPLELEAF—Congregational Church,
Fellowship Hall, Burton, Ohio. 8:30
 PAINESVILLE—Congregational Church,
Educ. Bldg., Mentor Ave., Psville 8:30

FRIDAY

BROADWAY-HARVARD-8437 Br'dway 9:00
 CEDAR-Salvation Army, 5005 Euclid. 8:15
 C.E.I.—55 Public Sq. (rear) Room 361. 8:30
 CHARITY—Amphitheatre, 6th Floor,
St. Vincent's Charity Hospital. 8:30
 CLEVELAND WOMEN-1031 Ter. Tow. 5:00
 EUCLID FRIDAY—Epiphany Church,
Lake Shore and E. 210th. 9:00
 FRIDAY AFTERNOON WOMEN—Ply-
mouth Church, Coventry and Drexmore,
Krumbine Room 1:00
 GORDON SQUARE—St. Helena's Hall,
1367 W. 65th St. 9:00
 HEIGHTS—Closed Discussion, Christian
Church, Van Ak& Avalon (rear). 8:30
 HUDSON, O.—Christ Church,
21 Aurora 8:30
 LEE ROAD—American Legion Hall,
Post 163, 15544 Euclid Ave. 9:00
 NORTH EAST—Town House Motel,
15661 Euclid Ave. 8:30
 SKID ROW—Wayfrs. Ldgc, 701 Lakeside 7:30
 TRAINING-REFRESHER—Illuminat ing
Bldg. (rear) Rm. 361, 65 Public Sq. 8:30

SOLIDARITY-Friendly Inn Settlement,
2382 Unwin Rd. (off Quincy Ave.) 8:30
 STELLA MARIS MIXED
1320 Washington Ave. 8:15
 WEST CLIFTON—Lkwd. Congregational
Church, 1376 W. Clifton Road 9:00
 AVON LAKE—First Congregational Church,
32801 Electric Blvd. 9:00
 BERA—Social room of Berea Cong.
Church, Seminary and Church. 8:30
 CHAGRIN FALLS—Federated Churches,
76 Bell Street. 9:00
 CHARDON—Pilgrim Christian Church,
113 South Street, Chardon, O. 8:30
 CONNEAUT, O.—B. of L. E. Hall. 8:30
 ELYRIA—St. Agnes (down).
Lake & Dewey. 8:30
 WELLINGTON—St. Patrick's Catholic
Church, No. Main St., Wellington, O. 8:30

SATURDAY

FOREST CITY-2125 Broadview Rd. 9:00
 JACK & HEINTZ-17600 Broadway. 8:30
 LANDER CIRCLE—Garfield Mem. Methodist,
Cor. Lander Rd. and Route 422 9:00
 LEAGUE PARK—Unitarian Church,
8143 Euclid Ave., Cor. E. 82nd St. 9:00
 LIBERTY-945 E. 162nd St. 9:00
 MAPLE HTS.—Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Windermere Presb. Ch.,
14112 Euclid Ave. at Windermere. 8:30
 MEMPHIS—Lakewood Congregational Ch.,
1375 W. Clifton cor. Detroit Ave. 9:00
NEWB URGH STATE HOSPITAL—Williams
Bldg., Entrance at 4455 Turney Rd. 7:30
 NIGHT & DAY-12821 St. Clair. 12 Midnight
 NORWALK TRUCK LINES—
1147 E. 55th St., at Shore Drive. 9:00
 PARMA—Ridgewood Savings & Loan,
5950 Ridge Road 8:45
 PLAINS—Plains Methodist Ch., Mentor, O.,
Rts. 306 and 283, Mentor, O. 9:00
 REDWOOD—Euclid Lutheran Church,
E. 260th and Oriole. 8:30
 TRINITY—Trinity Evangelical Church,
3525 W. 25th St. 9:00
 VALLEY VIEW—Pilgrim Congr. Church,
2592 W. 14th, cor. Starkweather 9:00
 ASHTABULA, O.—St. Peter's Epis. Church,
Main Avenue at South Park 8:30
 ELYRIA SATNITE—Alconon Club,
345 Broad St., Elyria, O. 8:30
LORAIN SATNITE—7th and Reed St.,
St. Mary's Church B a s e m e n t 8:30
 MANSFIELD—20 1/2 S. P a r k 8:00 EST
 MIDDLEFIELD—Methodist Church,
South Main St., Middlefield, O. 8:30
 WEST RICHFIELD—Consolidated Church,
Route 303, just west of Route 21 9:00
 WILLOUGHBY HILLS-28920 Chardon Rd.,
Willoughby Hills, O. 7:30

SUNDAY

BEDFORD HEIGHTS—Village Hall,
5661 Perkins Rd., Bedford Heights. 7:30
 BROOKSIDE—Blessed Sacrament Church,
Storer and Fulton (downstairs) 8:30
 C.A.H. Discussion—12821 St. Clair, 10:45 a. m.
 COLLINWOOD—945 E. 152nd St. 7:30
 DETROIT SUNDAY—8304 Detroit Ave. 7:30
 DISCUSSION—6700 Detroit Ave. 7:00
 GARDEN VALLEY—Outhwaite,
7100 Kinsman Ave. 4:30
GOLF LAKELANDS—Immaculate Conception
Church, Hubbard Rd., No. Madison. 8:30
LAKEWOOD ARMORY—
1437 Wayne Ave., South of Detroit 9:00
LORAIN COUNTY CONSOLIDATED—
St. John's Sch., 31 & Rt. 67, Lorain. 7:30
 MARIA JOSEPH-Plasterers Hall,
1651 E. 24th St., at Payne Ave. 2:00
 MISTLETOE—St. Thomas Church,
9205 Superior Ave. 7:00
 NELA PARK—Cafeteria, Advertising Bldg.,
Nela Park, Noble Road 7:30
 NEWBURGH—St. Catherine's Church,
3443 E. 93rd St. 8:30
 SUPERIOR STAG—8801 Superior 11 A.M.
 TRUSTY—Cleveland House of Correction,
1000 ft. east of House of Correction 5:00
 VALLEY WOMEN'S DISCUSSION GROUP,
2nd & 4th Sunday, 7100 Kinsman 8:30
WARRENSVILLE—Cooley Farms,
Recreation Room 10 A.M.
YOUR—Euclid Community House, 7:15
 240 Briardale
 AVON CENTRAL—Basement Central Bank,
36690 Detroit Rd., Avon, O. 8:00
 CHIPPEWA-SEVILLE-V.F.W. Hall,
Seville, O. 8:00
 GENEVA, O.—Legion Hall, Park St.,
corner of So. Eagle. 7:30
 KIRTLAND, O.—Old South Ch. Rt. 306. 8:30
 MANSFIELD, O.—20 1/2 S. P a r k 8:00 EST
 NEWBURY, O.—St. Helen's C h u r c h 8:15
 TWILIGHT—Grange Hall, Rt. 60,
Axtel, O. 7:30

CHESTERLAND METH. CHURCH.

MAYFIELD RD. & ROUTE 306 - 8:30 PM



AA FRIENDSHIP

There are those in our society who will and do claim that we know friendship as it has never been known before. Of course, this is an exaggeration. Closer to the truth would be to say that we come to know this jewel of human experience as few others do today. One wonders if there is the constancy and depth of gratitude on our part that all of us should feel for this boundless blessing.

True friendship is not merely the greatest masterpiece. It is probably the only real masterpiece of this fleeting mortal life. In our fellowship we reach or approach this masterpiece in human relations so often and so constantly that it is well to cultivate a full and lasting awareness of it.

Humans are weak, and not the least of such shortcomings is an inclination to accept as a matter of course, those things which seem to flow naturally from our affiliation with this fellowship.

Perhaps one way to gauge the sheerness of this blessing is to compare our status today with the isolation of our friendless "days. Then we were nuisances, pests, people to be shunned. Compare that with our present ability to join a group of people almost anywhere in the world and find understanding friends.

These are our people; imbued with the same philosophy of life and ready to share that mutual dedication with us. Or, if we have strayed from adherence to this way of life to which we once surrendered, their understanding is just as great and it is coupled with a willingness, even an eagerness to listen, counsel and reach out the helping hand, assuming we are of a mind to accept it.

In our frequent fearless self inventory, it is important to focus the spotlight on the bad spots in our own apple. But as a regular supplement, a sort of frosting on the cake, it is also well to count our blessings one by one. If we are to add them all, then it is quite essential that we be able to count up to a goodly sum.

One of the most priceless among our blessings will be our friends, not merely in the fellowship, but elsewhere. If we have "carried these principles into all our affairs", then we will have many friends outside too.

But as to them, let us remember that to receive the love of friendship; we must also develop the ability to give the love of friendship. When you give love, you truly give your life. Through giving your life, you find your life.

No matter how many friends you may have outside this fellowship, always try to remember that you have them because you learned that "in giving you receive".

Recall too if you will, that you learned his lesson here, in the bosom of this fellowship!

"Self-respect cannot be hunted. It cannot be purchased. It is never for sale. It cannot be fabricated. It comes to us when we are alone, in quiet moments, in quiet places, when we suddenly realize that, knowing the good, we have done it; knowing the beautiful, we have served it; knowing the truth, we have spoken it."

Alky Ally, Denver, Colo.

SOBRIETY

One definition in Webster's dictionary defines the word "sober" as, not drunk; and "sobriety" as, the state or quality of being sober. Any rationalizing alcoholic can latch onto these definitions, as a valid authority for drinking. For he'll reason, logically, that just as long as he doesn't get drunk he can still imbibe once in a while.

However, we prefer AA's definition of sobriety—TOTAL ABSTINENCE. (This includes sedatives, tranquilizers, cough syrups with a high alcohol content, hadacol, hair tonics, shaving lotion and near beer.)

Sobriety is **sanity!** Sobriety is character! Sobriety is **emotional stability!** Sobriety is order! And, unless we develop our spiritual lives, eventually we will return to drinking, and all of the aforementioned rewards will be washed away in a flood of alcohol, leaving only chaos and misery as our lot once again.

Sobriety in AA only begins when the alcoholic **stows** drinking! Sobriety in AA is a state of mind and a way of life **without** alcohol or the need of it!

There is no such thing as being a **little bit** alcoholic, any more than you can be a little bit pregnant! Neither is it possible to live the AA way of life and drink, if you are an alcoholic. Therefore, you, as an alcoholic (or "problem drinker" if you shrink at being classed as an alcoholic) are powerless over alcohol!

This means literally, that the alcoholic or problem drinker cannot **safely** use alcohol in any form. Nor is there any hope that he will **ever** be able to do so. If he truly seeks a happy, carefree, respectable life

he must accept this tenet, or reject any chance for AA sobriety.

Alcohol is cunning, powerful and baffling in the way it affects the alcoholic, particularly in the early stages of alcoholism. It leaves no visible scars or pock-marks, no withered limbs or deformities. All its insidious damage is done **within** the person-on his mind, his body, his moral principles, his character, his self respect.

Insidiously, alcohol tends to smother mental anguish, a consideration for the rights of others, shame, responsibility, and spiritual values.

Fear and loneliness are his ultimate reward. But stubbornly and furiously he resists friendly advice that alcohol might be the cause of all of his troubles and that he was drinking too much, or that he should cut down!

How familiar is the answer given by the many addicts who refuse to recognize their problem—"I can quit any time I want to! I don't need your advice! Certainly I don't need AA!"

AA's first step spells out the only sane answer: "We admit we are powerless over alcohol and that our lives are unmanageable." This, to assure success in combating this damnable destroyer of people of all walks of life, highly gifted or less gifted, rich or poor, himself or herself as well as his family and long suffering, helpless friends, means **that we can't drink!** Period!

We are indebted to Railbeams, St. Paul Minn., for most of the thoughts expressed in this editorial.

By choosing our habits, we determine the grooves into which time will wear us



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VOL. 20

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No. 12

MILL ENDS AND REMNANTS

"Root-a-toot-toot, root-a-toot-toot, we're the girls from the Institute; etc., etc., Rah-rah-rah!" is an oldy that used to provoke smiles and gales of laughter depending upon circumstances and usually the condition of the assembled parties.

There is little to cheer about in the institutes which we would like to discuss this month. These institutions do not differentiate as between sexes in their admissions, nor, as we know, does the disease of alcoholism.

It is going to be difficult to put in writing the impact of the conversation your columnist had with his friend with the other coffee cup. Yet, we shall hope to impart as much as we can hoping and praying that in thinking about it, you, too will have come to recognize the area of need and be impelled to action.

Within the scope of each of our readers' acquaintanceship, yes, even the friendships of our individual groups, we know of some one who has been restored to a life of usefulness contrasted to aimlessness, to hope rather than hopelessness, to love instead of loneliness and to vitality compared to passiveness through his or her accepting and becoming a part of the fellowship of Alcoholics Anonymous.

We are told that many of our older members from the earlier days were "recruited" (if you will pardon the expression) from institutions to which they had been committed or admitted principally by reason of chronic alcoholism. And then restored to happy useful members of a society that had rejected and repulsed them before the message of A. A. was carried to them within the walls of their confinement.

Look about you and listen to the stories as these individuals tell them; note the ultimate in gratitude; observe the example of active appreciation and watch the attitude of service expressed in performance. These members, even as you and I, "Came to believe that a Power greater than ourselves could restore us to sanity", for all of us in having our alcoholism arrested began to progress and correct deficiencies in other spheres — our minds, our hearts and overcome the sickness in our souls.

Our friend with the other coffee cup assures us there is ample room for helping — primarily by example through physical attendance at institutional meetings, the help in other directions will follow, he says, as we are reminded once again — But by the grace of God!

What can I do? Plenty, by George!

P L E A S E

Last month fourteen subscribers to Central Bulletin moved without notifying us of their new address. Only three movers (not included in the fourteen) gave us their new addresses.

Central Bulletin mail is not forwarded as it is mailed third class. It costs us eight cents for each Bulletin returned

The Post Office will furnish change of address cards. Ask your postman to supply you with some if you plan to move

Subscriptions sent in should have accurate addresses and zones (Street, Avenue, Road, Drive). The postal service no longer delivers "approximate" addresses.

We would appreciate your cooperation.

OBITUARIES

Mrs. Ruth Hawkins, a former nurse who sought AA help in 1945, showed her appreciation by devoting over six months of intense effort in overcoming prejudice and suspicion of motive through a series of well written and informative articles in Call & Post, a Cleveland Negro newspaper in early 1946. She reached her prayerful objective when she started the first colored group, The Outhwaite group, on Friday, May 31, 1946 with three of her "converts" to AA. This meeting was attended by civic officials, pastors and about twenty well established members of AA. A beautiful woman, cultured, with high principles and a charming personality, Ruth soon persuaded many problem drinkers to embrace AA. Her efforts influenced people of Akron and Fremont to start groups of their own. These were the forerunners of many more throughout the country. In Cleveland alone, there are five flourishing, enthusiastic groups, each of whom have contributed much to AA in Cleveland and the surrounding territory.

Ruth was called to her eternal rest on July 28, 1962. She is survived by her husband Charles, a son and two daughters.

James Graham, one of AA's most enthusiastic members who during his twenty or more years of sobriety influenced many in the Youngstown area to come to AA, was killed instantly when the car he was riding in was struck by another car near Hartsville, O., on Thursday, August 9, 1962. "Scotty," as he was affectionately called was returning from an AA meeting which he attended with one of his newest AA "babies" who was making his first talk. He was one of the Central Bulletin's earliest subscribers and one of its best boosters. Just prior to his death he had written us of his plans to visit Scotland, leaving on August 22. He requested that his Central Bulletin Anniversary issue be sent to his Scotland address. His death was a terrible shock to his host of close friends throughout the State of Ohio.

Our deepest sympathies go out to his beloved wife, Ivy, whom he married just ten years ago and his two sisters and four brothers.

William T. Frey, one of the earliest of Cleveland's AA members died of cancer in the Holy Family Cancer Home on Tuesday, August 14. Bill, as he was affectionately known, sponsored many of our present AA's and was a most effective speaker, properly emphasizing the spiritual phase of our program. This faithful servant was survived by his beloved wife Maude and two daughters.

The deaths of these three stalwarts leave a great void in AA circles. Their departure should be a challenge to every AA to further effort in carrying the AA message as passionately and intensively as these three God-fearing persons had done. Their work and their hopes and their appreciation must now be assumed by all of us who were privileged to have witnessed their efforts. Their work on this earth is finished. God expects us to carry on, inspired by their outstanding examples.

FALL CONSOLIDATED MEETING

Warren C., Sr., one of Cleveland's first AA's who made tremendous contributions to the success of our Fellowship will be the speaker at the Fall Consolidated Meeting in the Nurses Auditorium of Charity Hospital on September 9 at 4 p. m.

This will be an excellent opportunity to meet your friends from every section of the city besides hearing a powerful message.

Coffee will be on tap before and after the meeting.

NOTICE TO GROUP SECRETARIES

Because pages 3-4-5-6 and 7 in the October Twentieth Anniversary edition of Central Bulletin will be used for reprinting ten columns of editorials chosen from the past 240 issues of Central Bulletin we will not be able to publish your schedule of speakers for October. Our regular service will be resumed beginning with the November issue when we will be glad to serve you.

GROUP NEWS

NOTICE-There WILL BE NO listing of Group News in the October issue. Sorry.

Allendale-September speakers : B-Eddie D. ; 13-Fred M. ; 20-Ernest P. (his 13th anniversary) ; 27-Bert McK., Akron, O.

Ansel-September speakers: 5-Ray J. Berea Thursday; 12--Doc K. Mistletoe ; 19--Clint C., Doan Men ; 26--Jim K., Newburgh.

Ashland Tuesday-Observes its Seventh Anniversary on Tuesday, October 2 with its Annual Dinner at 6:30 to 7:30 P.M. (slow time), and meeting at 8 P.M. (slow time). As usual the Dinner will consist of Rib Roast of Beef and Ham. Everything, including table service will be furnished, except the covered dish which you are requested to bring if possible. The speaker will be Mike E., of the Grosse Pointe Memorial group of Detroit, Mich., who has enjoyed 23 years of sobriety. He comes widely acclaimed. The meeting will be held in the First Presbyterian Church, corner Third and Church Streets, Ashland, O.

Bedford-September speakers : 2-George & Ray DeL., Crossroads ; 9-Bill P., North Randall; 16-Marion G., Newburgh; 23-Jim M., Independence; 30--"Big Jo" O., Collinwood.

Broadway-55th-Observes its Seventeenth Anniversary on Thursday, September 27 at 8:30 P.M. in Our Lady of Lourdes School Hall, 3398 E. 66th St. The speaker will be Franklyn S., Doan Men. Tom V. of Borton will be M.C.

Brooklyn-September speakers: 5-Tony T., Brooklyn (his 13th anniversary) ; 12-William M., May Lynd ; 19-Eddie G., Brooklyn (his second anniversary) ; 26-Elmer N., Kent, O.

Brook Park-September speakers: 3-Omer S., Shaker; 10-James S., Maple Heights; 17-Ed G., Shaker ; 24-Mary McL., Clark.

C.A.H.-September speakers : Z-Victor H., Allendale ; 9-Joe F., Superior; 16-Harry B., League Park; 23-Pat P., Night & Day ; 30-Minnie C., Mistletoe.

C.E.L.-Refresher-Training-Joint meetings every Friday at 8:30 P.M. One hour discussions on one of the Twelve Steps and Twelve Traditions by a selected panel of four speakers. Ideal for indoctrination of new members in AA as well as their sponsors. Panels for September are: 7-Doan Men; 14-Garfield; 21-Newburgh; 28-St. Clair Thursday.

Early-Early-September speakers : I-Agnes N., Mistletoe ; 10-Jim D., Edgelake; 17-Marty G., Collinwood; 24-Jack D., St. Clair Thursday.

Edgelake-September speakers: 4-Joe H., Kenmore, O. ; 11-Howard B., Independence; 18-Tom K., Barberton, O. ; 25-Alex H., Concord, O.

Euclid-Wade-September speakers: 6-Millie A., Night & Day; 13-James S., Friendship ; 20-John M., Ramona; 27-Carrie C., Friday Women.

Friday Lee-September speakers : 7-Al K., Broadway-Harvard ; 14-Jim W., Allendale; 21-Walter K., Maria Joseph; 28-Thomas M., Solidarity.

Garden Valley Thursday-September speakers : 6-Tony M., Hilltop ; 13-Joe F., Hilltop ; 20-Bill H., Newburgh; 27-John S., Pearl.

Garden Valley Sunday-September speakers: 2-John J., Garden Valley ; 9-John F., Northeast ; 16-Isaac W., Garden Valley ; 23-Kels H., Forest City; 30-Eleanor P., Lakewood Armory.

Gordon Square-September speakers : 7-Jos K., Smith-Wilson ; 14-Clint C., Deane Men ; 21-Joe F., Hilltop ; 28-George G., Forest City.

Hague-September speakers : 5-Al K., Broadway-Harvard ; 12-Dave O., Ravenna. O. ; 19-Annabelle L., Garden Valley; 26-Kitty M., Clark.

Hilltop-September speakers: 4-Marge P., St. James; 11-Dick M., Liberty; 18-Tony P., Euclid-Wade; 25-Bill H., Mentor Plains.

Independence-September speakers : B-Chuck B., Crossroads ; 13-Norm H., Pearl ; 20-Bruce M., Independence ; 27-Jack R., Superior.

Lorain, Ohio Discussion-Since July 12 have been conducting closed discussion meetings at the V.F.W. Club, 112 East 19th St., Lorain, Ohio. They meet from 10 A.M. to Noon every Thursday. For further details write Peter F., 2919 Carolina Ave., Lorain, O. Telephone CH. 5-4329

Maria Joseph-Meetings in Plasterers Hall temporarily discontinued. Matt Talbot-September speakers: 1-Bill H., Newburgh; 8-Harry R., Stella Maris ; 15-John C., Matt Talbot; 22-Herb C., Superior; 29-"Whitey" C., Allendale.

Mistletoe-September speakers : 2-Betsy LaR., Forest City; 9-Irene W., Crossroads; 16-George & Ray DeL., Crossroads; 23-Theresa D., Clark; 30-Joe S., 24 Hour.

Night & Day, 11 A.M. Thursday-September speakers: 6-Ray M., C. A. H. ; 13-Earnest L., St. Clair Thursday; 20-Glen B., YOUR; 27-George J., Matt Talbot.

Night & Day, 8:30 P.M. Tuesday-September speakers: 4-Gerald J., Strongsville; 11-Ponnie & Bill C., Shaker ; 18-Esther R., St. James ; 25-Tom M., St. Clair Thursday.

Night & Day, 12 Midnight Saturday-September speakers: 1-Harry M., East Liverpool ; 8-"Ziggy" P., Forest City; 15-Dick P., Parma.

North Olmsted-September speakers: 5-Earl J., Angle; 12-Jim D., Independence; 19-Jack D., Charity; 26-Joe S., West Shore.

North Randall-September speakers : 6-Don K., Garfield ; 13-Bill T., Akron, O. ; 20-Bud M., Meadville, Pa. ; 27-Stanton McD., Orchard Grove

Orchard Grove-September speakers : X-Discussion meeting: IO-Ev. S., Avon Central; 17-John F., Forest City; 24-Joe R., Randall.

Parma Heights-September speakers: 6-Dr. York P., Fairmount; 13-Esther R., St. James; 20-Ray C., Berea Friday; 27-Roy N. & Lance N., Jack & Heintz.

T.I.E.-Observes the Third Anniversary of Euclid Alanon at their September 25th meeting with a Potluck Dinner at 7 P.M. Speakers will be Shirley C. for Alanon and Tom P., League Park for AA. Other September speakers are: 4-Paul P., Plains; 11-Charles G., Ravenna; 18-Dick O. D., Wickliffe.

West Park-September speakers: June C., Charity; 11-Fred H., Garden Valley ; 18-Agnes N. Mistletoe; 25- Hugh DeL., Crossroads. West 25th-September speakers: 3-Betsy LaR., Forest City; IO-Paul R., Warren, O.; 17-Mike Y., Valley View; 24-Ted R., Valley View.

TWENTIETH ANNIVERSARY ISSUE

Our hearts were warmed by the immediate response to the editorial in last month's Bulletin, announcing that we were nearing twenty years of continuous publication and that, in appreciation of the rare opportunity accorded us in permitting us to "carry the message" to AA's nationally as well as in Canada and five foreign countries, we would publish a special Anniversary issue of eight pages with the October Central Bulletin.

The committee appointed to select the best eleven editorials which have appeared in the 240 past issues (including this issue) has come to an impasse. Their selections have been screened down to 28 editorials and they have asked for an arbitrator to make the final selections.

Within a week or ten days the final selections will be made and we'll be ready to go to press the week of September 16. We are imbued with the same excitement of expectancy that is evident among our readers, many of whom have already expressed their interest in ordering extra copies, some five, ten, twenty, with one for eighty!

Again we thank our many friends for the moral support and encouragement (and their criticisms) over the past twenty years. We are deeply appreciative of the collaboration of such dedicated co-editors as Fred S. for the first five years, Spencer I. for twelve and a half years and Lloyd H. for the past two and a half years. Without their professional ability we feel the Bulletin would not have survived this long

Thank you, all our subscribers. It has indeed been a rare privilege to serve you. -Harry D., Editor

BOUND VOLUMES

As has been our custom, we will accept orders for bound Central Bulletin of Volumes 19 and 20. The cost per book will depend on the number of orders received. The price will be approximately \$5.00.

Alcohol makes a man very colorful: it gives him a red nose, a white liver, a yellow streak, a dark brown breath, and a blue outlook.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER YOUR SECRETARY HAS SUBSCRIPTION BLANKS

ALANON GROUP MEETINGS

- ASHTABULA-Harris Memorial W. 58 & Adams.1st & 3rd Mon., 8:30
- LAKEWOOD-Congregational Church, 1375 West Clifton Blvd.Mon., 8:30
- EUCLID-T.I.E. Club Rose Room, 28920 Chardon Rd., Willoughby Hills, O. Tues., 8:30
- SUBURBAN WEST-Our Savior Luth'n Church, 20300 Hilliard, Tues., 8:30
- MAPLE HEIGHTS-Presbyterian Church, 15715 Libby Rd. Tues., 8:30
- BETHANY-Bethany Presbyterian Church, W. 65th & Clinton...Wed., 8:30
- BROADWAY-Newburgh Recreation, 8437 Broadway.....Wed., 8:30
- E. CLEVELAND-YWCA, Lee Boulevard and Euclid Fri., 1:30
- CHARITY-St. Vincent's Charity Hospital, E. 22nd & Central.....Fri., 8:30
- CHARDON-Pilgrim Christian Church, 113 South St.....Fri. 8:30
- LORAIN COUNTY-Congregational Ch., 32807 Electric, Avon Fri. 9:00
- PARMA-Ridgew'd Sav's & L'n, 5950 Ridge Rd. (2nd & 4th Sat.) Sat., 8:30
- VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed Sun.. 4:00

NURSING HOMES THAT TREAT ALCOHOLICS

- (This listing does not necessarily indicate endorsement or ●)(rwrw)
- A1-Ju, Inc. (MW) 28707 Euclid Ave., Wickliffe, O. WH 4-2244
 - Euclid-79th Clinic (MW) 7809 Euclid Ave..... 391-4116
 - Dorothy McCauliffe Alcoholic Clinic (MW) 8304 Detroit.....AT1-3353
 - Farquharson's Home (M) 6037 Pearl Road, Parma TU 5-1882
 - Stella Maris Hospital (M) 1320 Washington Ave..... S U 1-0554

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 E. 4th St., is open weekdays from 9 a.m. to 5 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

CLEVELAND AREA AA GROUP MEETINGS

MONDAY

BORTON-E. Cleveland Congrega. Church,
Page and Euclid Ave. 8:30
BROOK PARK-Redeemer Lutheran Church,
6151 Smith Road, Brook Park 8:30
CHESTERLAND-Methodist Church,
Meyfield Road and Route 306 ... 9:00
EARLY-EARLY-Baptist Church,
1740 E. 17th St., Corner Walnut ... 7:30
FRIENDLY SUBURBAN-6037 Pearl 8:00
FRIENDSHIP-Blvd. Presbyterian Ch.,
24600 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal,
W. Clifton and Detroit 9:00
LEE MONDAY-First Presbyterian Ch.,
East Cleveland, Nels and Euclid ... 8:30
LORAIN AVE.-St. Ignatius Hall,
Lorain Ave. et West Blvd. 8:30
ORCHARD GROVE-St. Mark's Church,
15305 Triskett Road 8:30
PEARL-St. Mary's Sch., 4600 State Rd. 8:30
RAMONA-9721 Ramona Blvd. 8:30
SHAKER-Christ Episcopal Church,
3445 Warrenville Center Rd. 9:00
SUNNY MONDAY WOMEN-Sunset Rd.,
St. John's Par. House, Independence. 12:30
SOUTH EAST-7526 Broadway 8:30
TEMPLE-Fatima Hall, 6914 Lexington 8:15
WEST 25th ST-Marvel Hall,
2858 W. 25th St. 9:00
WOMEN'S-Westside-West Blvd. Christian
Church, Madison and W. 101 ... 8:45
ELYRIA MEN-St. Agnes,
Lake and Dewey 8:30
VERMILION-Congregational Church.- 8:30
WILLOUGHBY, O.-Episcopal Church..... 8:30

TUESDAY

CHAGRIN VALLEY WOMEN-Garfield
Memorial Church, Lander Rd. & Rte. 422.1:00
CLARK-1917 Clark Ave. 8:30
CORLETT MIXED-Holy Family Parish
Hall, 3845 E. 131st St. 8:30
EAST SIDE WOMEN-11205 Euclid,
Church of the Covenant 8:00
EDGE LAKE-Lakewood YMCA,
Community Room, 16915 Detroit..... 8:30
EUCLID MORNING-Lake Shore Christian
Ch., Lake Shore Blvd. & 280 10:30 A.M.
FAIRMOUNT-St. Paul's Episcopal,
Fairmount and Coventry 9:00
FALLS-Community Church, Olmsted Falls,
7853 Main St. (Columbia Rd.) 9:00
FAIRVIEW PARK-Fairview Grace
Church, W. 224th and Lorain Ave. 8:30
HILLTOP-St. Joseph's Seminary,
17608 Euclid Ave. 8:30
MAY-LYND-E. Cleveland Savings & Loan,
5816 Mayfield Road 8:30
MILES-LEE-Mt. Hope Lutheran Church,
E. 164th. north of Miles Ave. 8:30
NIGHT & DAY-12821 St. Clair Ave. 8:30
SMITH-WILSON-St. Joseph's School,
9321 Orleans Ave. 8:30
SUPERIOR-North Presbyterian Church,
E. 40th and Superior 8:30
TAKE IT EASY-28920 Chardon Road,
Willoughby Hills, O. 9:00
TRUSTY-Cleveland House of Correction,
1000 ft. east of House of Correction 8:00
VALLEY WOMEN'S DISCUSSION GROUP,
2nd & 4th Sunday, 7100 Kinsman ... 8:30
WEST PARK-Puritas Lutheran Church,
Puritas Ave. and W. 138th St. ... 8:30
ASHLAND, O.-First Presbyterian Church,
3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED-
Methodist Church, South Broadway
Geneva, Ohio-First Tuesday. 8:30
LAKE COUNTY-M&H. Fellowship Hall,
Rt. 20-E. Southwood, Mentor 8:30
LORAIN CENTRAL-Lorain, O.,
Trinity Church 8:30
MANSFIELD-Episcopal Church,
41 Bowman St., Mansfield, O. ... 8:30 EST
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
SANDUSKY, O. (Firelands)-First Pres-
byterian, across from Post Office..... 8:30
STRONGSVILLE-Town Hall 8:30

WEDNESDAY

ANSEL-Lithuanian Hall,
6835 Superior Ave. 8:30
BAXTER-St. John's Lutheran School,
5826 Cable 8:30
BEDFORD-Bedford Christian Church,
Warrensville Center and Blaine 9:00
BROOKLYN-K. of P. Hall,
3316 Broadview, East of Pearl Rd. 8:30
COLLINWOOD-945 E. 152nd St. 8:30
DOAN MEN-YMCA (University Circle),
2055 E. 105th St., Second floor front 8:30
EASTSIDE MORNING-9606 Euclid Ave.,
Euclid Ave. Congre. (Side ent.) 10:30 a.m.
GARFIELD-Pilgrim E. & R. Church,
4592 E. 131st St. 8:30

HAGUE-Grace Cong. Assembly Hall,
West 65th and Colgate 8:30
LEE ROAD-First English Lutheran,
Derbyshire and Euclid Hts. Blvd. Q:00
LORAIN-TRISKETT-Bosworth Road,
Presbyterian Church, 3631 Borworth... 9:00
NO. OLMSTED-City Hall, Dover Road. ... 9:00
PSYCHIATRIC HOSPITAL-1708 Aiken. 8:30
ST. JAMES-Str. James Church,
E. 84th and Cedar 8:00
TWENTY-FOUR HOUR-13216 Detroit,
Church of the Ascension 8:30
WARRENSVILLE-Women's House Cor. 7:30
WEST SHORE-West Shore Unitarian,
20401 Hilliard Rd., Rocky River. 8:30
WEST SIDE (Closed)-Twelfth Step Club
8304 Detroit Ave. 8:30
ASHTABULA COUNTY WOMEN-Harris
Memorial, W. 58th & Adams, Ashtabula
Second and Fourth Wednesday. 7:30
BRUNSWICK O.-Cuyahoga Ass'n Bldg.,
Route 42, So. of 303. next to
Marshall's 8:30
ELYRIA O.-St. Paul Building,
Third and Middle, side entrance 8:30
FAIRPORT HARBOR-Luther Center,
Eagle St., Fairport Harbor. 8:00
INTERRACIAL-30th & Wood, Lorain, O.,
Mt. Zion Baptist Church. 8:30
JEFFERSON, O.-St. Joseph's Church. 8:30
LAKE COUNTY WOMEN-Grace Episcopal,
38015 Euclid Ave., Willoughby 1:00
LORAIN COUNTY WOMEN-Vincent
Methodist, Detroit Rd. and Rte. 254. 8:30
MANSFIELD, O.-20 1/2 S. Park ... 8:00 EST
SANDUSKY, O.-Provid. Hon. Cafeteria. 7:30
WICKLIFF-Wickliffe Presbyterian Church,
E. 300th & Ridge Rd. (Route 84) ... 8:30

THURSDAY

ALLENDALE-St. Paul's Episcopal,
Church, 15837 Euclid Ave. 8:30
ANGLE-St. Malachi's, 2459 Washington. 9:00
HA Y WEST-Church of the Redeemer,
23500 Center Ridge Rd., Westlake. 8:30
BROADWAY-55th-Our Lady of Lourdes
School Hall, 3398 E. 55th St. 8:30
COVENTRY-F&mount Presby. Church,
Scarborough and Fairmount Blvd. ... 8:30
CROSSROADS-St. Luke's Episcopal,
W. 78th St. and Lake Ave. 8:30
EAST LAKE-First Congregational Church,
33700 Vine St. 9:00
EAST SHORE WOMEN-Richmond Library,
26151 Euclid Ave., Euclid, O. 8:30
EUCLID-WADE-12821 St. Clair 8:30
GARDEN VALLEY-(Outhwaite)
7100 Kinsman Ave. 8:00
GOLDEN GATE WOMEN-Golden Gate Plaza,
Ohio Savings Bank, Mayfield Rd., ... 8:30
LORAIN THURSDAY-4470 Ridge Rd.,
Dr. Martin Luther Church 9:00
NIGHT & DAY-12821 St. Clair 10:45 a. m.
NORTH RANDALL-Village Hall,
21937 Miles Ave. 9:00
PARMA HEIGHTS-6400 Pearl Road
Laux Realty Basement (rear ent.) ... 8:30
ROCKY RIVER-Rockport Methodist
Church, 3301 Wooster Road. 9:00
ST. CLAIR-THURS.-Nottingham Meth-
odist Church, St. Clair & Melville ... 8:30
TRUSTY-Cleveland House of Correction,
1000 ft. east of House of Correction. 8:00
WEST SIDE MORNING-W. 98th & Denison,
Hungarian Lutheran Church 11 A.M.
ASHLAND THURSDAY-2nd and Union,
Rossaro's Restaurant 8:00 EST
ASHTABULA HARBOR-North End Club,
Corner Walnut Blvd. & Lake Ave. ... 8:30
BEREA-Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd. 9:00
ELYRIA-St. Jude's School, Poplar St. ... 8:30
INDEPENDENCE, O.-St. John's Luther
Hall, Second and Sunset. 9:00
DISCUSSION-112 E. 19. Lorain, O. 10 A.M.
MAPLE LEAF-Congregational Church,
Fellowship Hall, Burton, Ohio ... 8:30
PAINESVILLE-Congregational Church,
Educ. Bldg., Mentor Ave., Psville ... 8:30

FRIDAY

BROADWAY-HARVARD-8437 Br'dway. 9:00
CEDAR-Salvation Army, 5005 Euclid ... 8:15
C.E.I.-55 Public Sq. (rear) Room 361 ... 8:30
CHARITY-Amphitheatre, 6th Floor,
St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN-1031 Ter. Tow. ... 6:00
EUCLID FRIDAY-Epiphany Church,
Lake Shore and E. 210th. 9:00
FREEWAY STAG-15519 Holmes Ave. 8:30
FRIDAY AFTERNOON WOMEN-Ply-
mouth Church, Coventry and Drexmore,
Krumbine Room 1:00
GORDON SQUARE-St. Helena's Hall,
1367 W. 65th St. 9:00
HEIGHTS-Closed Discussion, Christian
Church, Van Aken & Avalon (rear).. 8:30
HUDSON, O.-Christ Church. 8:30
LEE ROAD-American Legion Hall,
Post 163, 15544 Euclid Ave. 9:00

NORTH EAST-Town House Motel,
15661 Euclid Ave. 8:30
SKID ROW-Wysfrs. Ldge, 701 Lakeside 7:30
TRAINING-REFRESHER-Illuminating
Bldg. (rear) Rm. 361, 55 Public Sq. ... 8:30
SOLIDARITY-Friendly Inn Settlement,
2382 Unwin Rd. (off Quincy Ave.) ... 8:30
STELLA MARIS MIXED
1320 Washington Ave. 8:15
WEST CLIFTON-Lkwd. Congregational
Church, 1375 W. Clifton Road ... 9:00
AVON LAKE-First Congregational Church,
32801 Electric Blvd. 9:00
BEREA-Social room of Berea Cong.
Church, Seminary and Church 8:30
CHAGRIN FALLS-Federated Churches,
76 Bell Street 9:00
CHARDON-Pilgrim Christian Church,
113 South Street, Chardon, O. 8:30
CONNEAUT, O.-B. of L. E. H. a l l 8:30
WELLINGTON-St. Patrick's Catholic
Church, No. Main St., Wellington. O. 8:30

SATURDAY

FOREST CITY-2125 Broadview Rd. 9:00
JACK & HEINTZ-17600 Broadway 8:30
LANDER CIRCLE-Garfield Mem. Methodist,
Cor. Lander Rd. and Route 422 ... 9:00
LEAGUE PARK-Unitarian Church,
8143 Euclid Ave., Cor. E. 82nd St. ... 9:00
LIBERTY-945 E. 152nd St. 9:00
MAPLE HTS.-Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd. ... 8:30
MATT TALBOT-Windermere Presb. Ch.,
14 112 Euclid Ave. at Windermere. 8:30
MEMPHIS-Lakewood Congregational Ch.,
1375 W. Clifton cor. Detroit Ave. ... 9:00
NEWBURGH STATE HOSPITAL-Williams
Bldg., Entrance at 4455 Turney Rd. ... 7:30
NIGHT & DAY-12821 St. Clair. 12 Midnight
NORWALK TRUCK LINES-
1147 E. 55th St., at Shore Drive. ... 9:00
PARMA-Ridgewood Savings & Loan,
5950 Ridge Road. 8:45
PLAINAINS-Plains Methodist Ch., Mentor, O.,
Rts. 306 and 283, Mentor, O. 9:00
REDWOOD-Euclid Lutheran Church,
E. 260th and Oriole 8:30
TRINITY-Trinity Evangelical Church,
3525 W. 25th St. 9:00
VALLEY VIEW-Pilgrim Congr. Church,
2592 W. 14th, cor. Starkweather ... 9:00
ASHTABULA, O.-St. Peter's Epis. Church,
Main Avenue at South Park ... 8:30
ELYRIA SAT.-NIT&St. Paul Bldg., 3rd &
Middle St., Elyria, O. 8:30
LORAIN SATNITE-7th and Reed St.,
St. Mary's Church Basement 8:30
MANSFIELD-20 1/2 S. P a r k ... 8:00 EST
MIDDLEFIELD-Methodist Church,
South Main St., Middlefield, O. 8:30
WEST RICHFIELD-Consolidated Church,
Route 303, just west of Route 21 9:00
WILLOUGHBY HILLS-28920 Chardon Rd.,
Willoughby Hills, O. 7:30

SUNDAY

BEDFORD HEIGHTS-Village Hall,
5661 Perkins Rd., Bedford Heights... 7:30
BROOKSIDE-Blessed Sacrament Church,
Storer and Fulton (downstairs) 8:30
C.A.H. Discussion-12821 St. Clair, 10:45 a. m.
COLLINWOOD-945 E. 152nd St. 7:30
DETROIT SUNDAY-8304 Detroit Ave. ... 7:30
DISCUSSION-6700 Detroit Ave. 7:00
GARDEN VALLEY-Outhwaite,
7100 Kinsman Ave. 4:30
GOLF LAKELANDS-Immaculate Conception
Church, Hubbard Rd., No. Madison ... 3:00
LAKEWOOD ARMORY-
1437 Wayne Ave., South of Detroit ... 9:00
LORAIN COUNTY CONSOLIDATED-
St. John's Sch. 31 & Rt. 57, Lorain. 7:30
MISTLETOE-St. Thomas Church,
9205 Superior Ave. 7:00
NELA PARK-Cafeteria, Advertising Bldg.,
Nela Park, Noble Road 7:30
NEWBURGH-St. Catherine's Church,
3443 E. 93rd St. 8:30
SUPERIOR STAG-8801 Superior 11 A.M.
TRUSTY-Cleveland House of Correction,
1000 ft. east of House of Correction. 5:00
WARRENSVILLE-Cooley Farms,
Recreation Room, 10 A.M.
YOUR-Euclid Community House,
240 Briardale 7:15
AVON CENTRAL-Basement Central Bank,
36690 Detroit Rd., Avon, O. 8:00
CHIPPEWA-SEVILLE-V.F.W. Hall,
Seville, O. 8:00
GENEVA, O.-Legion Hall, Park St.,
corner of So. Eagle 7:30
KIRTLAND, O.-Old South Ch. Rt. 306. 8:30
MANSFIELD, O.-20 1/2 S. Park. ... 8:00 EST
NEWBURGH, O.-St. Helen's Church 8:15
TWILIGHT-Grange Hall, Rt. 60,
Axtel, O. 7:30



GIVE ME CREDIT

One of the most chronic evidences of human frailty is the desire for recognition, gratitude and praise. How many times has someone prefaced a remark to you with the words, "You must at least give me credit for. . .", or more important perhaps, how many times do you use that beginning phrase?

This lust for attention and recognition is one of the virtual indelibles of emotional immaturity. It is the adult equivalent of "Look, Mom, no hands!" It isn't exclusive with us in our society, it is quite universal. When we see a person who goes quietly about his business of life, facing and absorbing his own problems, and happily helping others without any fanfare, we usually say, "He is one in a million", and he truly is.

While the pesky rashes of immaturity are a little more prevalent in our fellowship than with most people, it is more than compensated by the fact that we know it, and we know what to do about it. Giving help to the other fellow is to us, a standard procedure. It's our staff of life and we seek no credit for it, any more than the average person expects applause for eating when he is hungry. We have learned the priceless lesson that in giving we receive.

But this appetite for recognition in all that we do is not confined to twelfth step work. It extends into the whole area of our life and conduct. It is in our relationship with people outside the fellowship that we need so badly to develop that fine art known as "giving without thought of reward". If your experience is like mine, then you have come a long, long way without making more than slow progress, pitifully slow progress on this point.

Over and over again I find myself at least calling attention to something I have done because it has not received the proper recognition. Often I rationalize that the only motive is to "get the record straight" that the thing is done. But in my heart I know that I am asking for praise, nothing more, nothing less. What a fool I must appear to be and how miserable this little habit makes one!

If we would eradicate this ugly little symbol of childishness, then we must strive for that happy state of affairs in which our joy of accomplishment is the only true reward. When that point of progress has been reached, such gratitude, recognition and compliments as do come our way, will neither embarrass nor inflate us.

EXTRA COPIES AVAILABLE

Extra copies of this Anniversary issue are still available at 15 cents each. Orders have been received from many sectors of the country and three foreign countries. We are gratified at the interest shown.

May we offer a suggestion? Quite a few of our subscribers are located in areas where the groups are small. Some of these groups have one of their members read one of the editorials for a discussion session, and have found them to be most effective. Why not suggest this to one of your bashful members who's "afraid to speak?"

RUNNING SCARED

"I'm running scared," was a remark made by a speaker who impressed us with his logic at a recent AA meeting. He had been sober for quite some time. He attributed his sustained sobriety by being constantly aware of his escape from the self-imposed hell of carousing.

When he had reached a point of panic, and finally realized that alcohol, his delight and joy, was his master and that he was its slave, he sought help from AA.

He was hospitalized. During his ten days' stay his eyes were opened to what his future would be if he persisted in believing that he could possibly drink socially again.

During his stay two fellow-patients, seemingly well on the way to recovery, suddenly went berserk and died.

"Both of" them had talked to him when he was well enough to listen, and their drinking patterns were almost identical with his. Both seemed sincere in expressing their determination to follow the advice of their sponsors to attend meetings and fully embrace the AA program. They had had it and were looking forward to a new life without alcoholic compulsion.

But they had had their last chance!

God sometimes uses people in ways past human understanding to "carry the message." The death of these two patients made such an impact on the speaker that when he was released from the hospital, he immediately joined a group and visited many others, absorbing everything he could about the program.

His personality completely changed from ebullience to the further extreme of shame and deep contrition. He sought advice from seemingly well-adjusted members on how to

attain a peace of mind.

He had no religious background and had difficulty in accepting a God who "had played such a cruel trick on the two who had died a horrible death in his presence. Both of them were church-goers. He resisted the suggestions of his advisors that he join a church to find God, the Supreme Power, who could give him peace and comfort. But the memory of the horrible deaths of his church-going fellow-patients would not fade. He simply could not understand how a so-called loving God could do such a cruel thing to two of His believers, just as they were prepared to atone for their neglect by throwing themselves into the AA program when they were returned to society.


God works in mysterious ways. His ways are past understanding. Little did these two know that they had accomplished His purpose. Their "Twelfth Step" work was in shocking the subject of this article into action.

This was the thought that was expressed by one of the many from whom he sought advice, and it opened up his eyes and his mind to the wonders of God's ways.

"I've been running scared ever since," he told his audience. "I've come to know Him, to fear and to love Him! He has given me my last chance, I know. The only way I can make up for my past is to make every day a better one, by helping others to find Him."

Many thanks for
the fine support
which has been
given us during
the past 20 years,

-Central Bulletin Foundation

CENTRAL  BULLETIN

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VOL. 21

OCTOBER, 1962

No. 1

MILL ENDS AND REMNANTS

*New every morning is the love
Our waking and uprising prove;
Through sleep and darkness safely brought,
Restored to life, and power, and thought.*

In these four lines written in 1822 the poet John Keble captures the essence of that which we wish to share this month.

Most of us at one time or another in our drinking years stared into the usual mirror of the back-bar or perhaps only into the mirror of our half-stupored minds and dreamed of heroics of one kind or another.

One member of A.A. relates that his favorite dream of heroics — his ride on the glory train — envisioned the baseball game in which he hit a home run in the last of the ninth inning of a tie ballgame with two outs and the count three balls and two strikes.

Our frequent and favorite daydream of heroics and the glory road was the same setting as that of our friend, but we were the opposing pitcher who fired the high hard one past him for a strikeout to send the game into extra innings.

It isn't unusual in our sobriety in A.A. to have daydreams — not of heroics but of accomplishment; not of glory — for there is *none* such in our humble way of life, but perhaps of a touch of greatness to the extent that we may help others.

This then leads us to recall a number of conversations with fellow members of A.A. on various occasions some time back, when through the strength of and as a result of our sobriety we felt our untapped resources and latent talents would produce some work, some deed, some effort bordering on greatness.

It was in sincere discussion that these innermost feelings were revealed — not in any manner of egotism or self-aggrandizement, for that bespeaks the glory road of which we want no part; rather, it was the feeling of the great Force in our sober A.A. life in granting us the power and the wisdom to carry it out.

These thoughts have been much in our mind and meditations. How and where will this greatness express itself? What untapped resource, what latent unexpressed talent would be released?

And then quietly, peacefully and serenely came the understanding and knowledge that true greatness is unwitnessed and unrealized for today; and today we are only on the threshold of greatness. Every **new** morning we border on greatness by our performance, our effort and our example just for this day. Therein lies the measure of the expression of the untapped resources and latent talents — restored to life, and power, and thought.

As our poet opened our column, we close them with his last two lines:

*And help us, this and everyday
To live more nearly as we pray.*

So may it be!, by *George*.

A good way to widen the straight and narrow path would be for more people to walk on it.

MISTER BULLETIN

This is about Mr. Bulletin, the sole founder, publisher and editor of this journal. Mr. B. is a merciless dictator in some directions. An example is the ban which he has imposed against saying or writing a single nice word about him. Yet he is prone to say nice things about others. He is in a remarkable state of preservation for his age. The stubbornness of infancy remains intact.

During its twenty years of life this paper has had many helpers. In recent years, back at the beginning, and in between, many of us have put our shoulders to the wheel now and then, and with great good spirit too! But in terms of constancy and dedication he has been the stability of this paper. An indispensable ingredient of his fine service has been the equally devoted and capable Mrs. Bulletin, the most understanding and kindly non-alcoholic we have ever known.

Yes, their gift to the Bulletin, steeped in selflessness, is a higher performance than all but a very few could claim in total. But this is just an item for them. If there could be a measurement for quality and quantity of Twelfth Step work of all kinds, then Mr. Bulletin would surely be among the finalists, if not the champ. His long suit is giving without thought of reward, and that's a powerful suit in this fleeting sober life.

If giving love is giving your life then no cat ever had so many lives as he. He says the Bulletin has kept him sober. Countless other Bulletin beneficiaries salute him and the Bulletin on their respective birthdays (70 and 20). Long may they both live to help others. -Lloyd H.

Editor's Note—The above article was accepted by the editor only at the insistence of the Central Bulletin Foundation Board of Directors. We are both grateful for the privilege of serving and our lives for the past 20 years have been blessed.

"THE EXAMPLE" RESHOWN

"The Example", a play prepared for and presented in Akron on Founders' Day will be shown again on Sunday, October 21st at 2:30 p.m. in Goodyear Local Hall, 3 Good-year Blvd., Akron.

The play depicts the rise and fall of an alcoholic, and was so widely acclaimed, the cast agreed to present it again.

Admission is \$1.00. Proceeds go to the Inter-group office.

JIM B. THANKS BLOOD DONORS

Jim B., one of Cleveland's popular old-timers, underwent a serious throat operation recently and many of his A.A. friends responded to an appeal for blood donors.

Hospital records do not indicate specifically who among the donors were A.A.'s and Jim has asked us to help him express his sincere appreciation.

We're glad, of course, to respond.

ANNIVERSARIES

October 2 - Ashland Tuesday observes its 7th Anniversary with a Potluck Dinner at 6:30 p.m. (slow time) and meeting at 8 p.m. (slow time). Speaker, Mike E., Grosse Point, Michigan.

October 22-West 25th Street group observes its 21st Anniversary on Monday at 9 p.m. A panel of old-timer members of the group will bring back memories.

OBITUARIES

Rex **Brown**, secretary of the Trinity group passed away suddenly on August 23rd, two days before his 14th A.A. anniversary. He was one of the most enthusiastic and dedicated A.A.'s in the community. He will be sorely missed.

George E. Burlingame, a fifteen year member of the Collinwood group passed away after lung surgery on August 13th. His passing leaves a great void in the group. ♣

CENTRAL BULLETIN



Vol. XXI-No. 1

BOX 67 12, CLEVELAND 1, OHIO

October, 1962

Masthead from October, 1942 to June, 1960

NO TRUMPETS NEEDED

Many solid results in life are achieved quietly, without announcement or fanfare.

It is not necessary to beat a bass drum to announce a change in thinking.

Nor is a brass band an essential prop to proclaim an alteration in spiritual life or a decision to change our character.

These raucous ways, and they sometimes are used, would make a hippodrome spectacle of existence. They would cheapen it for most of us. Their very employment proclaims the insincerity of the change they are employed to proclaim.

Great changes come gradually. And for that reason they are the more noticeable.

None of us goes around button-holing all our friends and acquaintances, saying:

"Look at me. I'm sober. Don't you think I'm a great guy to have quit drinking?"

We just quit drinking with the help of God and the multitude of people who for years were painfully aware of our illness gradually realize that no longer are we a victim.

It dawns on them that we have changed our personalities, our mode of life and our relationship with everyone. They are surprised and happy about the regularity of our existence, the way in which we meet our obligations promptly and face up to the routine problems of living instead of hiding from them behind a bottle.

In nine cases out of ten they wonder what happened. Curiosity may impel them to ask. It is the personal decision of the member of Alcoholics Anonymous whether he will tell of membership in the group, just say he quit drinking, doesn't like it any more or what.

The course taken is unimportant. What is important is that membership be not, proclaimed blatantly from the housetops.

But whatever the decision, the fact cannot be hid that by continued sobriety we become the best possible announcement of the great change that has taken place in our lives. Sobriety, by contrast with our previous fumbling existence, is the most startling proclamation possible.

Continued sobriety is, in itself, a form of Twelfth Step work. This should be remembered by members who cannot visit hospitals, sponsor new members or actively take part, in this phase of the program.

There is no need for remorse or recrimination because circumstances or abilities make this impossible. It is wise to recall from time to time that section of Acts 1:8 which says:

*"*** ye shall be witnesses unto me. *** unto the uttermost part of the earth."*

Ye also serve who remain sober. By finding a new way of life you proclaim to all others that such a way exists and such a way can be found. No trumpets are needed.

SOMETHING Should Be DONE

We were discussing sponsorship the other day, as is our wont. Seems as though there's a general agreement that correct sponsorship should be taught to every newcomer in the fellowship. The very soul of the newcomer is at stake and unless the sponsor conscientiously feeds him the proper AA diet, educates him and inculcates in him the spirit and essence of the program, he will fall by the wayside. Something should be done!

Something should be done! For years efforts have been made by committees of groups, groups themselves and even individuals, and pages upon pages have been printed to teach "correct sponsorship." All these have served good ends. Much was accomplished, but when the proponents of these group-accepted formulae themselves strayed from procedure (alcoholics will always tend to be inconsistent), interest waned and most programs were dropped or diffidently continued.

Is it because we've lost interest and enthusiasm, or does our very nature instinctly rebel at "regimentation?" We have been a part of several committees seeking an answer. Probably we have been guilty of trying to impose OUR way on others, believing that everyone should sponsor as we sponsored. And since the others didn't fully agree, we would still do it OUR way, despite the fact that in committee we agreed to a standard form.

Or is the answer in the possibility that each newcomer offers a different problem? The initial approach probably is standard, where the prospect asks for help. This usually is fairly simple for every member. He's at least

been made conscious of the one salient thing—only a rotter would refuse to go out on a call and he is selected to make it, be he willing or not. He might go through with some of the accepted fundamental procedures mechanically, transporting him to the hospital and visiting him while he is there. He might even call some of his fellow-members, asking them to visit the patient.

The real test of caliber comes when the patient is capable of listening intelligently and assimilating what the visitor has to say. If he is just going through the motions and is doing this "chore" because he didn't dare refuse or couldn't get out of it for one reason or another, the chances for the patient finding an answer to his problem will certainly be minimized.

Probably his is the answer to why too many are making "the horrid experiment" lately. Too many sponsors depend on the other guy giving the essence of AA to their baby.

Remind him that it isn't the quantity or the quality of the liquor he drank, nor the depth he has sunk to, but that he qualify honestly and definitely in his own mind that he's "sick and tired of being sick and tired" and wants to do something about his problem. That he understands step number one for exactly what it means, and then is willing, with faith, to accept the other eleven.

A MESSAGE FROM BILL W.

Thanks for your reminder that this is the twentieth anniversary year for the Central Bulletin — the first publication of its kind ever to appear in AA.

While most of us know that it was originally proven in Cleveland that sobriety for great numbers could be literally mass produced, I'm sure that far too few are aware of the vital pioneering part the Bulletin played in that all-important development of our early time — and, indeed, ever since!

On behalf of the Bulletin readers everywhere, I say to you "May your good journal continue to carry the message in the language of the heart for so long as God shall wish our fellowship to endure".

Very gratefully yours,
-Bill W.

8-27-1962

TRUE GREATNESS

Many people have expressed astonishment at the remarkable growth of the AA movement-how in twelve short years an idea grew into a philosophy which has at the present estimate attracted over 30,000 persons who adopted it as their way of life, when seemingly doomed to a senseless and hopeless existence. Twelve years ago an alcoholic didn't have a sucker's chance.

The early pioneers have earned our everlasting gratitude for the adherence to the high standards set by Bill and Doc. "Just think," one of our members said, "how long would this have lasted had Bill and Doc lowered their standards a little and permitted one binge a year in the program? A program like this certainly would still have been better than either of their records had shown before!"

Yes, fortunately for us, they set their standards high, and the entire philosophy has permeated into 30,000 families, probably affecting the lives of from four to five times that many people. Just getting sober wasn't the answer. All of us had gotten sober by ourselves many, many times-and got drunk again. It was the application and the absorption of each of the ever-important Twelve Steps that changed our decadent lives into purposeful ones.

What tremendous personality changes took place! Craven, abject, frustrated and beaten individuals were transformed into humble, firm, confident and happy persons filled with hope and faith, and gratefully did they go out and happily do their Twelve Step work. No sacrifice was too great of their time, money or effort. There was never a thought of reward-their reward was their happiness in finding themselves necessary to someone; there finally was a reason for their existence.

What kinds of people were these early pioneers? Were they endowed with unusual intelligence, great leadership potentials, great sagacity and philosophical or psychiatric knowledge? No, most of them had had just an ordinary education. Some had high-school and a few had college educations.

How then did these once-nondescripts weather their sudden thrust into the limelight? A few fell by the wayside, but most of them did well, and a few spectacularly well. Those that had the constant success and who grew in stature were those who remained humbly grateful to their God, daily living their lives in serene acceptance of God's will.

Human nature asserted itself in many instances as the membership grew. Praise, public acclaim and suddenly acquired prestige in a community which had shown nothing but contempt for these pioneers, tested the ego of ego-starved individuals. It was natural for some of these stalwarts to want to bask in the glare of the spotlights. Some even weathered these temptations to exploit themselves. Some, unfortunately did not. Some felt that their seniority in AA should accord them special privileges. They refused to grow with the movement and became moss-backs, and even became mountebanks, discrediting anyone's opinion if it dared to differ from their own. Growing resentful at this lack of appreciation and respect, several got drunk again.

As we add years to our "age in AA," let us be constantly concerned about the dagger of becoming intolerant or pontifical. Seniority does not necessarily merit, and certainly should not demand nor command acceptance of our judgment or opinion.

The secret of the early successes of AA-its present greatness and its future greatness and growth, lies not in the glory of the individual. AA will remain great and individuals in it will become great only if they recognize that God alone is deserving of full credit for their success.

Praise and adoration is good, but it should be turned into the direction it should go.

HONESTY -AN ABSOLUTE

Over and over we must ask ourselves, "Is it true or is it false?" For honesty is the eternal search for truth. It is by far the most difficult of the four absolutes, for anyone, but especially for us in this fellowship. The problem drinker develops genuine artistry in deceit. Too many (and we plead guilty) simply turn over a new leaf and relax. That is wrong. The real virtue in honesty lies in the persistent dedicated striving for it. There is no relaxed twilight zone, it's either full speed ahead constantly or it's not honesty we seek. And the unrelenting pursuit of truth will set you free, even if you don't quite catch up to it. We need not choose or pursue falsity. All we need is to relax our pursuit of truth, and falsity will find us.

The search for truth is the noblest expression of the soul. Let a human throw the engines of his soul into the doing or making of something good, and the instinct of workmanship alone will take care of his honesty. The noblest pleasure we can have is to find a great new truth and discard an old prejudice. When not actively sought, truth seldom comes to light, but falsehood does. Truth is life and falsity is spiritual death. It's an everlasting, unrelenting instinct for truth that counts. Honesty is not a policy. It has to be a constant conscious state of mind.

Accuracy is close to being a twin brother of honesty, but inaccuracy and exaggeration are at least "kissing cousins" of dishonesty. We may bring ourselves to believe almost anything by rationalization, (another of our fine arts), and so it's well to begin and end our inquiry with the question, "Is it true?" Any man who loves to search for truth is precious to any fellowship or society. Any intended violation of honesty stabs the health of not only the doer but the whole fellowship. On the other hand if we are honest to the limit of our ability, the basic appetite for truth in others, which may be dormant but not dead, will rise majestically to join us. Like sobriety, it's the power of example that does the job.

It is much simpler to appear honest, than to be honest. We must strive to be in reality what we appear to be. It is easier to be honest with others than with ourselves. Our searching self-inventories help because the man who knows himself is at least on the doorstep of honesty. Our instinct for exhibitionism, even though held in check, is a foe of honesty. When we try to enhance our stature in the eyes of others, dishonesty is there in the shadows. When falsehood even creeps in, we are getting back on the merry-go-round because falsehoods not only disagree with truth, they quarrel with each other. Remember?

It is one thing to devoutly wish that the truth may be on your side, and it is quite another to wish sincerely to be on the side of truth. Honesty would seem to be the toughest of our four absolutes and at the same time, the most exciting challenge. Our sobriety is a gift, but honesty is a grace that we must earn and constantly fight to protect and enlarge. "Is it true or false?"

Let us make that a ceaseless question that we try to answer with all the sober strength and intelligence we have.

Vol. XVIII, No. 6, March, 1960

-Lloyd H.

THE FOUR ABSOLUTES

The above article is one of an important series on the Four Absolutes, which were written by co-editor Lloyd H. and appeared in the February, March, April and May Central Bulletin issues.

These articles, in the opinion of many of our readers, were the best analyses of the Absolutes they had ever read. In this opinion we heartily concur.

At the last meeting of the Central Bulletin Foundation it was decided to publish them in pamphlet form and make them available for everyone interested in character improvement.

The booklets will be published during the next month and can be purchased by ordering direct to the Central Bulletin Foundation, Box 6712, Cleveland 1, Ohio, or through the Cleveland AA District Office, 2063 East Fourth St., Cleveland 15, Ohio.

The price will be announced in the November Bulletin.

THE TEMPTER

The Old Timer tilted his cane bottom chair back against the store front and hooked his heels over the lower rung. The wall shoved his hat forward and low over his eyes.

The store porch furnished a heavy shade and the cool west breeze made this spot the Old Timer's favorite place to relax after his heavy noon day meal. Today he was in a philosophical mood.

"You know," he began, "I was just readin' about the Devil takin' the Lord up on a high mountain and temptin' him. Used to be I didn't believe that story but now I'm sure it's so. I never would have believed it though if the Devil hadn't taken me up on a mountain and tempted me. D'I ever tell you about it?"

"Well," the Old Timer settled down for his narrative. "It was hotter than a hound dog's breath. That old sun was blazin' straight down and there wasn't no breeze at all and I was sweatin' like a patched up boiler. About that time some fellows came along and said 'how about goin' up to the lake?' Quicker than you could say 'Mountain Dew' I was in the car headin' for the hills.

"Well sir, we got up to the lake and I never saw anything like it. Across the lake was the big mountain all green and mottled and reachin' right up into the sky. Anyway off to the left as far as you could see, it stretched, cuttin' a swath right through the fleecy white clouds. To the right it was cut off by another mountain slopin' down like a deep purple shade and all over the mountain was a flimsy blue haze.

"The lake was as smooth as a mirror and the same shade as the haze on the mountain and there was a clean cool breeze coming up like a glass of clear, fresh spring water."

"I turned back toward where the other fellows were and then I realized why the Devil had took me there. For the first thing I saw was a big wash tub filled with ice and stickin' up through the ice was the coolest lookin' bottles of beer I ever saw."

The Old Timer looked up to assure himself that he was receiving undivided attention, scratched his left ear with his right hand and continued.

"No sooner had I seen that beer than the old Devil whispered to me, 'Sure looks good, don't it son,' and I says, 'May look good, but it ain't no good for me.'

"Then he says, 'Why just one bottle ain't gonna hurt you,' and I says, 'You know, Bub, for twenty-five years I kept tellin' myself that just one bottle wouldn't hurt me and I always wound up higher than a peacock's tail.

"'But,' he says, 'you been dry a long time. You're cured.' And I says, 'How come all them fellows that had been dry longer than me got drunk and wound up in hospitals after they was 'Cured'."

"But the old Devil was a sticker. He wouldn't quit. He said 'Son, this is something new. You never tasted anything like this' and I said 'Devil I come up durin' prohibition. I drunk bath tub gin, needle beer, home brew, basement mule, alky and iodine, denatured alcohol and canned heat, there ain't nothin' ever been made that I ain't tried.'

"With that the Devil busted out in a great big laugh. He reached up toward his face and I saw he was wearin' a mask. He tore off the mask and who do you suppose it was? You can't guess? It was me!

"I looked right at him for a minute then I said 'Who you think you're foolin'? I knowed who it was all the time!

"Then I set down in the shade and opened myself a bottle of coke."

Vol. XI, No. 12, September, 1953

-Herschel H.

Any fool can criticize — most fools do.

If we must disagree, let us agree not to be disagreeable.

Folowing the line of least resistance makes rivers and men crooked

THE CHECK-UP

We came into AA as wrecks in self management. We had rebelled against society, sometimes with cause enough to make us want to rebel; we had given ourselves free rein, with no check upon our desires. Most of us never found what we were looking for and the maddening frustration made us even more rebellious. We flung ourselves blindly along the broad, downward path, and we wound up in a heap, helpless, and hopeless.

Sometimes we tried. Even though we rebelled, we knew the responsibilities that adult human beings have in life, and while we resented bitterly the condemnation of others, we knew in our hearts that the blame was merited.

But our wills had been on a binge, too. Our wills were very sick. We could not make decisions and enforce them. Our alcohol-hungry nerves carried us where our minds said we would not go. Trial and failure unnerved us even more. Of all human experiences, frustration can be the worst. When it involves the vital concerns of life, when the mind can find no solutions, when the will cannot function, we reach a state of collapse.

Those around us condemned us for not using our wills but once we had reached the state where others were beginning to condemn us, we no longer could use our wills and the harder we tried the worse we got.

AA offered us a hand. We needed just one act of the will, to grasp that hand. Others had said, "You must do so and so", and they frequently said so in obvious annoyance. AA tells the story. Then it says "We have found a way; you can walk along with us, if you like".

In the time of our collapse when our wills can do nothing, AA shows us the things to do, in the collective experiences and acts of its members. The individual finds his help in the group. Here we learn to stand and to walk again, to have confidence in ourselves in a new way, to gain self respect.

Groups of people are not necessarily good. They can be gathered for bad purposes. They can be of divided aims and full of frustrations. They can meet solely for pleasure.

Our groups meet for mutual help in the solution of personal problems. We seek what is good, and we look upward to the Source of what is good. Having flouted the rules of conduct that have kept men out of trouble for centuries, we strive to observe these rules. The group strives to observe the rules and asks help from the source of those rules.

Thus, the group has a confession of faith. Our help is in the Supreme Power. We do not ask the individual making his initial contact with the group to stand before us and make a confession of faith. Most alcoholics at the time they are ready for the help of AA have rejected the Supreme Power, for a variety of reasons. We simply say, we have help, you are welcome to walk with us.

A great and learned saint (Thomas Aquinas) said that the Supreme Power does three things for us. First, he corrects us; next, he instructs us; and finally, he takes us unto himself.

Our first contact with AA is the stage of correction, and at this stage it usually is true that the only help a man recognizes is the help of these other alcoholics. Instruction follows quickly, and here we learn that older members of the group have turned their hearts and minds to the higher Source of help. They follow an old teaching and talk with the Supreme Power in secret. The individual can do as he chooses, but he observes that those who have made the most progress, who have attained the greatest peace of mind, who are most generous in their attitude toward others are those who have placed themselves in the hands of the Supreme Power. When he turns to the Supreme Power in secret, to talk over his faults and to ask for help, he experiences relief and knows that he has received help.

Vol. IV, No. 1, October, 1945

-Fred S.

No man is entirely useless — he can always serve as a bad example.

CONSCIENCE

Try as you will, you cannot run away from your conscience. Members of AA remember how they used to try to drown it with drink and more drink, until they finally came to their senses and, applying the principles of AA, found their answer.

Newspapers frequently carry stories about nagging consciences. A man who in a fit of anger splashed toward the gas flame some of the benzine his wife was cleaning a garment with, causing an explosion which killed her and seriously burned him. He recovered to receive a great deal of sympathy from friends and relatives who thought it was an accident. After twenty-seven years of having his conscience burn his soul, he turned himself over to the police and poured out his confession.

A housewife anonymously sent her grocer a \$100 bill to pay for groceries she had "lifted" from his store over the year. A man sent the government \$5.00 because for a long time he had been filling his fountain pen at the writing desk in the post office and the petty theft was bothering his conscience.

Every human being is born with a conscience. He will know, without being told, that there is a distinction between right and wrong. There will be an invisible, yet inescapable monitor constantly reminding him that he ought to do what he feels is right, and refrain from doing what he feels to be wrong.

When he violates his conscience, it will become aroused. "We shall all stand before the judgment seat of God" is written not only in the Bible; it is written in the soul of every newborn baby. The philosopher Kant stated that nothing proved to him the greatness of God more convincingly than the starry heavens above and the moral laws within.

If the voice of conscience is ignored, it can become very weak or almost still. Here is a child's definition of conscience. It's amusing and excellent. "A conscience," said the child, "is a little three-cornered thing inside of me. When I do wrong, it turns round and hurts me very much. But if I keep on doing wrong, it will turn so much that the corners become worn off and it doesn't hurt me any more."

So the oft repeated advice: "Let your conscience be your guide" is not sound. Much depends on what has happened to the corners of your conscience. A conscience can be terribly misshapen. Like the prisoner who had to be kept in close confinement because he had no scruples whatever about murdering any human he could lay his hands on. Yet at mealtime he shared his piece of bread with a little sparrow because he felt sorry for it.

There are individuals who commit robbery, adultery, or murder without the slightest disturbance to their peace of mind. Perhaps you've learned that the second lie is a little easier than the first one, and more readily forgotten. The tenth lie may cause no discomfort whatever.

Conscience grows tired of raising a fuss. It makes a poor guide.

So, we come back to the principles we find in AA. We became honest and come to believe that only by turning our lives and wills over to the care of a Power greater than ourselves can we live, and by practicing our Daily Plan of living the program we find peace.

How are your three corners?

Vol. XV, No. 8, May, 1957

-Harry D.

An error doesn't become a mistake until you refuse to correct it.

Many a man who prides himself on being "level-headed" doesn't know how low that level is.

Always speak well of your enemies . . . you made 'em!

The only fellow you should try to get even with is the fellow who has done you some good.

PUTTIN' OUT

"Guess, maybe, Josh Billings was right," the Old Timer observed as he tilted his chair back against the storefront. He tossed one leg over the other, hooked one heel over the lower rung, reached into his hip pocket and twisted off a small cud of long green. "You know Josh said," he continued, "The trouble with most folks is, they know so much that ain't so."

The Old Timer wiggled himself into a comfortable position. "I was thinkin' about this the other day when I happened to run into Lem Stout and his Missus." He said, "You know most folks got a notion you can make people like you by doin' things for 'em. At any rate, Lem's wife thought so. She and Lem hadn't been gettin' along too good so she decided to try to be extra nice to him. If she happened to think of somethin' he liked to eat right well she fixed it. She took special care in washin' and ironin' his clothes and puttin' 'em where he'd know right where they was. She darned his socks and patched his britches and jest done everything she could think of but Lem ho kept gettin' ornrier and ornrier and they was about to split up. But she couldn't quite make up her mind to do it. She didn't seem to be gettin' anyplace with Lem and yet fer some reason she seemed more attached to him than ever and where she used to get mad she kinda felt sorry fer him.

"Long about this time Lem went in to town one day and as he was walkin' along he happened to see a right purty dress in the winder that was just about her size and fore he knowed it he went in and bought it. When he got home he went up to her kinda sheepish like and give her the package and a course she was so surprised she almost fainted and she put the dress on right away to see how it looked. Funny thing was that Lem, though he wasn't givin' up, had a little notion that, maybe he had been jest a little stubborn at times. He saw somethin' he hadn't noticed for quite a spell — the gal didn't look half bad and he felt pretty proud of hisself.

"Well, Lem's wife, figurin' she was makin' some headway at last, outdone herself, and Lem, the next time he went into town got her some 'real thin stockin's and a pair a shoes and the next Saturday he took her to a movie.

"The upshot of the whole thing was that Lem kept buyin' his wife a little somethin' here and there, started hangin' around the house more and in a little while you'd a never thought he had been about the ornriest critter that ever -walked on two feet and his wife was a happy as a lark on the wing."

The Old Timer shifted legs and pushed his hat back. He went on.

"One day it came to Lew that he and the missus was gittin' along about as well as two people could and he set down to figure out why. As he went over it the answer hit him like a bombshell. He suddenly saw that as long as it was just his wife doin' things fer him he was mean as a turpentine cat but when he started doin' things fer her he begun to like her better and the more he done the better he liked her and it hit him like a bolt that it ain't what people do fer you it's what you do fer them that makes you like 'em. Every time you do somethin' fer somebody else whether it's your wife, your kids or jest anybody, you got an investment in that feller-it's a part of yourself. It's nearly always the problem child the family loves most because they've all tried to help him.

"So Lem he jest keeps doin' more and more fer his Missus and she keeps doin' more and more fer him, and, by Christopher, they're jest about the happiest folks you ever see."

The Old Timer stood up, stretched and shook his legs.

"Guess I better get over and let Maw sew this gallus button on my pants," he said. "Give her a chance to build up a little more affection."

Vol. XII, No. 8, May, 1954

-Herschel H.

The world is full of willing people; some willing to work, the rest willing to let them.

THE ALMOST LEAGUE

If you are a member of the Almost League it is time to resign and join the company of those who belong to Alcoholics Anonymous without reservations, mental or alcoholic.

What's the Almost League? Well, its membership consists of people who are almost but not quite sober. They're not quite drunk, either. They're a little sober and a little drunk. When they're sober you'll often find them at an AA meeting. When the urge to take a little touches- them you'll find them in the basement of their house or sneaking in or out of a joint, looking cautiously about to make sure they are not observed by any of the boys or girls who are steady because they wish to remain in their good opinion.

Such conduct is rationalized by these Almosters in this fashion: It is better to sober up a dozen times (after having been drunk an equal number of times, of course) than to be drunk all the time.

A little sobriety, like a little education, can be a dangerous thing. The dummy who doesn't know his way around is sooner or later going to tumble into a vat full of hops or get tangled up with a still.

We are reminded of the World War complaint that this and that was "too little and too late." A little sobriety is too little. It is also too late and unless something is done about it, it soon will be too bad because the Almoster will soon be out like a hoot owl at high noon.

What is required to get out of the Almost League is not an improvement in degree but an improvement in kind. A little sobriety, unlike some other things, does not go a long way. It doesn't go at all. A *little* sobriety just won't work. What is essential is *complete* sobriety.

Patience should be exercised with the Almoster. Of course he won't come around *until he sees* the stupidity of his reasoning himself. We can, however, by the right approach, help him to see his mistake and perhaps persuade him to resign from the Almost League and join the real outfit.

This desirable end never will be accomplished by barking at him, brushing him off or doubting his desire to gain sobriety. That he sobers up once in a while is an indication of his intent. We should capitalize on that intent. We should remember what stumblebums most of us were before we decided this controlled business was just plain alcoholic nonsense in the end.

You can't generalize about everybody. Each case requires its special treatment. That's where the sponsor or prospective sponsor must use intelligence instead of following the rule of thumb. Some Almosters can be talked into honest membership in AA and others must be given more rope until they are ready.

I remember a traveling companion I once had. He was certainly an alcoholic, but the periodic variety. Late one night, leaving Paris by air, we were seated at the counter, which was also a bar, at the Orly airfield. There were other people in the party of travelers. One of them was a young minister who was nominally in charge.

My companion, already high, having made the most of his last day in the French capital, was ordering another drink. I was seated next to him. The minister heard and rushed over shouting imprecations and saying my friend could not have another drink, he would not permit it! The well-oiled traveler slowly turned around on his stool, looked to the chap who would reform him the old way and in precise words, clipped as only a drunk can clip them, asked:

"What did you say, boy?"

The crushing blow came when I told the reformer to run along while I bought my friend a drink. Later I explained to him the psychology of us alcoholics. He saw the light. The companion is an Almoster. Some day, when he is through playing around and has had enough bumps, he'll be in the big league.

UP POPS THE DEVIL

The Devil always has spoken with a voice of sweet reasonableness, whispering soft mischief in our willing ears, jesting at the pains of bitter experience. Soft lights and the tinkle of glass, the body glow that comes with the first drink, the loosened tongue, the ribald joking or the confidential, revealing conversation that seems to come at no other time: these are strong lures that make us forget the pain of the past.

Perhaps we have long since passed the strong craving for drink. In its place, there is just a gentle desire that seems to come from no demand of the body for alcohol. Instead, it's a desire of association, for the things that have gone with drinking in its pleasanter forms. The saloon has long been known as 'the poor man's club.' But whether men have been Door. or in the middle station of life, or rich, their hilarious occasions frequently have been drinking occasions. One writer, speaking of American businessmen's conventions says they are occasions for men to play hookey. At such times, the associations are of first importance, the drinks are secondary; and with most persons, who can get their fun with two or three drinks, the drinks remain secondary.

At an AA meeting several weeks ago, we met a man who had been dry for three years, without trouble. "Nothing," he said, "could persuade me to take another drink." When next we heard of him, two weeks later, he had been drunk for two days. He had gone to an annual dinner meeting of a business organization he belongs to, an occasion usually marked with a little mild drinking.

Here was an old association of going with the crowd, joining in the fun, being one of the gang. It is highly likely that on this occasion in which our man fell back into the old groove, there really was no strongly-felt desire for drink. The man may have had a warning signal in his mind that he was doing wrong or perhaps he did not. There may have been nothing more than a yielding to a feeling of elation, but in either case the man had not prepared himself in advance for the temptations of the evening.

We have known of strong AA's of long standing, who, when placed in a situation in which they formerly enjoyed drinking, have had a strong craving, and have had to call on all their resources to avoid a slip. These men could see the warning signals and could remember their alcoholic experiences. But it is when we don't see the signals, or when we ignore them that we *may* drift into trouble.

It is well, when we are to go back into an association of drinking, a social-business occasion or a pure social occasion, to arm ourselves in advance by taking into account the facts that there will be drinking, that we shall be asked to join, and that if we do *join* we shall be just where we were when we came into AA.

For those who look forward to the occasion as an opportunity to drink, who have been telling themselves for weeks that it will be all right, we can only say that unless they remember in time the bitter experiences of the past, they are in for new disasters.

Why am I an AA? Because I am an alcoholic. How do I know I am an alcoholic? Because of my experience with alcohol. Will I ever be cured? If I remember my experience during the years before I became an alcoholic, and if I remember the experiences of others like *me*, I know I never shall be cured. And my experience in AA has been that without alcohol I can be happy.

OFFICE BACK ON SCHEDULE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 E. 4th St., is open weekdays from 9 a.m. to 5 p.m., but maintains a 24-h&r telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

CLEVELAND AREA AA GROUP MEETINGS

MONDAY

BORTON-E. Cleveland Congrega. Church.
Page and Euclid Ave 8:30
BROOK PARK-Redeemer Lutheran Church.
6161 Smith Road, Brook Park 8:30
CHESTERLAND-Methodist Church.
Mayfield Road and Route 306 9:00
EARLY-EARLY-Baptist Church.
1740 E. 17th St., Corner Walnut 7:30
FRIENDLY SUBURBAN-6037 Pearl..... 8:00
FRIENDSHIP-Bldv. Presbyterian Ch.,
24600 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal,
W. Clifton and Detroit..... 9:00
LEE MONDAY-First Presbyterian Ch.,
East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-St. Ignatius Hall,
Lorain Ave. at West Blvd..... 8:30
ORCHARD GROVE-St. Mark's Church,
15305 Triskett Road 8:30
PEARL-St. Mary's Sch., 4600 State Rd. 8:30
RAMONA-9721 Ramona Blvd..... 8:30
SHAKER-Christ Episcopal Church.
3446 Warrensville Center Rd. 9:00
SUNNY MONDAY WOMEN-Sunset Rd.,
St. John's Par. House, Independence.12:30
SOUTH EAST-7626 Broadway 8:30
TEMPLE-Fatima Hall, 6914 Lexington 8:15
WEST 26th ST.-Marvel Hall,
2868 W. 25th St. 9:00
WOMEN'S-Westside-West Blvd. Christian
Church, Madison and W. 101..... 8:45
ELYRIA MEN-St. Agnes,
Lake and Dewey 8:30
VERMILION-Congregational Church . 8:30
WILLOUGHBY, O.—Episcopal Church..... 8:30

TUESDAY

CHAGRIN VALLEY WOMEN-Garfield
Memorial Church, Lander Rd. & Rte. 422.1:00
CLARK-1917 Clark Ave. 8:30
CORLETT MIXED-Holy Family Parish
Hall, 3845 E. 131st St. 8:30
EAST SIDE WOMEN-11206 Euclid.
Church of the Covenant 8:00
EDGE LAKE-Lakewood YMCA.
Community Room, 16916 Detroit 8:30
EUCLID MORNING-Lake Shore Christian
Ch., Lake Shore Blvd. & 280 10:30 A.M.
FAIRMOUNT-St. Paul's Episcopal.
Fairmount and Coventry 9:00
FALLS-Community Church, Olmsted Falls,
7853 Main St. (Columbia Rd.)..... 9:00
FAIRVIEW PARK-Fairview Grace
Church, W. 224th and Lorain Ave. 8:30
HILLTOP-St. Joseph's Seminary.
17608 Euclid Ave. 8:30
MAY-LYND—E. Cleveland Savings & Loan.
5816 Mayfield Road 8:30
MILES-LEE-Mt. Hope Lutheran Church.
E. 164th, north of Miles Ave. 8:30
NIGHT & DAY-12821 St. Clair Ave. 8:30
SMITH-WILSON-St. Joseph's Schoc.,
9321 Orleans Ave. 8:30
SUPERIOR-North Presbyterian Church.
E. 40th and Superior..... 8:30
TAKE IT EASY-28920 Chardon Road,
Willoughby Hills, O. 9:00
TRUSTY-Cleveland House of Correction,
1000 ft. east of House of Correction 8:00
VALLEY WOMEN'S DISCUSSION GROUP,
2nd and 4th Tuesday, 7100 Kinsman 7:00
WEST PARK-Puritas Lutheran Church.
Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.—First Presbyterian Church.
3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—
Methodist Church, South Broadway
Geneva, Ohio-First T u e s d a y 8:30
LAKE COUNTY-M&H. Fellowship Hall,
Rt. 20-E. Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O.,
Trinity Church 8:30
MANSFIELD—Episcopal Church.
41 Bowman St., Mansfield, O. 8:30 EST
MEDINA, O.—St. Paul's Epis. Par. Hse. 8:30
SANDUSKY, O. (Firelands)-First Pres-
byterian, across from Post Office— 8:30
STRONGSVILLE-Town Hall 8:30

WEDNESDAY

ANSEL-Lithuanian Hall.
6835 Superior Ave. 8:30
BAXTER-St. John's Lutheran School,
5826 Cable 8:30
BEDFORD-Bedford Christian Church.
Warrensville Center and B l a i n e 9:00
BROOKLYN-K. of P. Hall.
3316 Broadview, East of Pearl Rd. 8:30
COLLINWOOD-945 E. 152nd St. 8:30
DOAN MEN—YMCA (University Circle).
2066 E. 106th St., Second floor front 8:30
EASTSWE MORNING-9606 Euclid Ave.,
Euclid Ave. Congre. (Side ent.) 10:30 a.m.
GARFTELD-Pilgrim E. & R. Church,
4592 E. 131st St. 8:30

HAGUE & Grace Cong. Assembly Hall,

West 65th and Colgate 8:30
LEE ROAD-First English Lutheran.
Derbyshire and Euclid Hts. Blvd.--- 9:00
LORAIN-TRISKETT—Bosworth Road.
Presbyterian Church, 3631 Borworth.....9:00
NO. OLMSTED-City Hall, Dover Road. 9:00
PSYCHIATRIC HOSPITAL-1708 Aiken.8:30
ST. JAMES-St. James Church,
E. 84th and Cedar. 8:00
TWENTY-FOUR HOUR-13216 Detroit,
Church of the A s c e n s i o n 8:30
WARRENSVILLE-Women's House Cor. 7:30
WEST SHORF-West Shore Unitarian,
20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)-Twelfth Step Club
8304 Detroit Ave..... 8:30
ASHTABULA COUNTY WOMEN-Harris
Memorial, W. 68th & Adams, Ashtabula
Second and Fourth Wednesday 7:30
BRUNSWICK O.-Cuyahogs Ass'n Bldg.,
Route 42, So. of 308. 8:30
CHESTERLAND-Charterland Methodist
Church, Mayfield Road and Rte 306-S:30
ELYRIA O.-St. Paul Building,
Third and Middle, side entrance. 8:30
FAIRPORT HARBOR-Luther Center,
Eagle St., Fairport Harbor. 8:00
INTERRACIAL—80th & Wood, Lorain, O.,
Mt. Zion Baptist Church 8:30
JEFFERSON, O.—St. Joseph's Church. 8:30
LAKE COUNTY WOMEN-Grace Episcopal,
38016 Euclid Ave., Willoughby 1:00
LORAIN COUNTY WOMEN-Route 254,
one block N. E. of Route 67 8:30
MANSFIELD, O.—20% S. Park 8:00 EST
SANDUSKY, O.—Provid. Hos. Cafeteria.7:30
WICKLIFFE—Wickliffe Presbyterian Church,
E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE-St. Paul's Episcopal.
Church, 16837 Euclid Ave. 8:30
ANGLE-St. Malachi's, 2459 Washington.9:00
BAY WEST—Church of the Redeemer,
23500 Center Ridge Rd., Westlake. 8:30
BROADWAY-55th—Our Lady of Lourdes
School Hall, 3398 E. 66th St. 8:30
COVENTRY-F&mount Presby. Church.
Scarborough and Fairmount Blvd..... 8:30
CROSSROADS-St. Luke's Episcopal,
W. 78th St. and Lake Ave. 8:30
EASTLAKE-First Congregational Church,
33700 Vine St. 9:00
EAST SHORE WOMEN-Richmond Library,
26161 Euclid Ave., Euclid, O. 8:30
EUCLID-WADE-12821 St. Clair 8:30
GARDEN VALLEY-(Outhwaite)
7100 Kinsman Ave. 8:00
GOLDEN GATE WOMEN-Golden Gate Plaza,
Ohio Savings Bank, Mayfield Rd. 8:30
LORAIN THURSDAY-4470 Ridge Rd.,
Dr. Martin Luther Church 9:00
NIGHT & DAY-12821 St. Clair 10:45 a.m.
NORTH RANDALL-Village Hall,
21937 Miles Ave. 9:00
PARMA HEIGHTS-6400 Pearl Road,
Laux Realty Basement (rear ent.) 8:30
ROCKY RIVER-Rockport Methodist
Church, 3301 Wooster Road. 9:00
ST. CLAIR-THURS.-Nottineham Meth-
odist Church, St. Clair & Melville. 8:30
TRUSTY-Cleveland House of Correction,
1000 ft. east of House of Correction 8:00
WEST SIDE MORNINGW. 98th & Denison,
Hungarian Lutheran Church 11 A.M.
ASHLAND THURSDAY-2nd and Union
Rossaro's Restaurant 8:00 EST
ASHTABULA HARBOR-North End Club,
Corner Walnut Blvd. & Lake Ave. 8:30
BEREA-Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd. 9:00
ELYRIA-St. Jude's School, Poplar St. 8:30
INDEPENDENCE, O.—St. John's Lutheran
Hall, Second and Sunset 9:00
DISCUSSION-112 E. 19. Lorain, O. 10 A.M.
MAPLE LEAF-Congregational Church,
Fellowship Hall, Burton, Ohio ... 8:30
PAINESVILLE-Congregational Church,
Educ. Bldg., Mentor Ave., Psville 8:30

FRIDAY

BROADWAY-HARVARD-8437 Br'dway 9:00
CEDAR-Salvation Army, 5005 Euclid..... 8:15
C.E.I.-55 Public Sq. (rear) Room 361. 8:30
CHARITY-Amphitheatre, 6th Floor,
St. Vincent's Charity Hospital . . . 8:30
CLEVELAND WOMEN-1031 Ter. Tow... 6:00
EUCLW FRWAY-Epiphany Church,
Lake Shore and E. 210th 9:00
FREEWAY STAG-15619 Holmes Ave.— 8:30
FRIDAY AFTERNOON WOMEN-Ply-
mouth Church, Coventry and Drexmore,
Krumbein Room 1:00
GORDON SQUARE-St. Helena's Hall.
1367 W. 66th St. 9:00
HEIGHTS-Closed Discussion, Christian
Church, Van Aken & Avalon (rear).. 8:30
HUDSON, O.—Christ Church,
2 1 Aurora 8:30
LEE ROAD—American Legion Hall,
Post 163, 16644 Euclid Ave. 9:00

NORTH EAST-Town House Motel,
16661 Euclid Ave. 8:30
SKID ROW-Wayfrs. Ldge, 701 Lakeside 7:30
TRAINING-REFRESHER-Illuminating
Bldg. (rear) Rm. 361, 66 Public Sq. 8:30
SOLIDARITY—Friendly Inn Settlement,
2382 Unwin Rd. (off Quincy Ave.)... 8:30
STELLA MARIS MIXED
1320 Washington Ave. 8:15
WEST CLIFTON-Lkwd. Congregational
Church, 1376 W. Clifton Road 9:00
AVON LAKE&First Congregational Church,
32801 Electric Blvd..... 9:00
BEREA-Social room of Berea Cons.
Church, Seminary and Church. 8:30
CHAGRIN FALLS-Federated Churches.
76 Bell Street 9:00
CHARDON-Pilgrim Christian Church,
113 South Street, Chardon, O. 8:30
CONNEAUT, O.—B. of L. E. Hall 8:30
WELLINGTON-St. Patrick's Catholic
Church, No. Main St., Wellington. O. 8:30

SATURDAY

FOREST CITY-2125 Broadview Rd. 9:00
JACK & HEINTZ-17600 Broadway. 8:30
LANDER CIRCLE-Garfield Mem. Methodist.
Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK-Unitarian Church.
8143 Euclid Ave., Cor. E. 82nd St. 9:00
LIBERTY-945 E. 152nd St. 9:00
MAPLE HTS.-Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT-Windermere Prub. Ch.,
14112 Euclid Ave. at Windermere. 8:30
MEMPHIS-Lskewood Congregational Ch.,
1375 W. Clifton cor. Detroit Ave. . . 9:00
NEWB URGH STATE HOSPITAL-Williams
Bldg., Entrance at 4455 Turney Rd.....7:30
NIGHT & DAY-12821 St. Clair.12 Midnight
NORWALK TRUCK LINES—
1147 E. 55th St., at Shore Drive 9:00
PARMA—Ridgewood Savings & Loan.
5950 Ridge R o a d 8:45
PLAINS-Plains Methodist Ch., Mentor, O.,
Rts. 306 and 283, Mentor, O. 9:00
REDWOOD-Euclid Lutheran Church.
E. 260th and Oriole 8:30
TRINITY-Trinity Evangelical Church,
3525 W. 25th St. 9:00
VALLEY VIEW-Pilgrim Congr. Church.
2592 W. 14th. cor. Starkweather ... 9:00
ASHTABULA, O.—St. Peter's Epis. Church,
Main Avenue at South Park 8:30
ELYRIA SAT.-NITE—St. Paul Bldg., 3rd &
Middle St., Elyria, O. 8:30
LORAIN SATNITE—7th and Reed St.,
St. Mary's Church Basement 8:30
MANSFIELD-10% S. Park 8:00 EST
MIDDLEFIELD—Methodist Church,
South Main St., Middlefield, O. 8:30
WEST RICHFIELD—Consolidated Church,
Route 303, just west of Route 21 9:00
WILLOUGHBY HILLS—28920 Chardon Rd.,
Willoughby Hills, O. 7:30

SUNDAY

BEDFORD HEIGHTS-Village Hall,
5661 Perkins Rd., Bedford Heights.. 7:30
BROOKSIDE—Blessed Sacrament Church,
Storer and Fulton (downstairs) ... 8:30
C.A.H. Discussion—12821 St. Clair, 10:45 a.m.
COLLINWOOD-945 E. 152nd St. 7:30
DETROIT SUNDAY-8304 Detroit Ave... 7:30
DISCUSSION-6700 Detroit Ave... 7:00
GARDEN VALLEY-Outhwaite .
7100 Kinsman Ave. 4:30
GOLF LAKELANDS-Immaculate Conception
Church, Hubbard Rd., No. Madison 3:00
LAKEWOOD ARMORY—
1437 Wayne Ave., South of Detroit 9:00
LORAIN COUNTY CONSOLIDATED—
St. John's Sch., 31 & Rt. 67, Lorain. 7:30
MISTLETOE—St. Thomas Church,
9205 Superior Ave. 7:00
NELA PARK-Cafeteria, Advertising Bldg.,
Nela Park, Noble Road 7:30
NEWBURGH-St. Catherine's Church,
3443 E. 93rd St. 8:30
SUPERIOR STAG-8801 Superior ... 11 A.M.
TRUSTY-Cleveland House of Correction,
1000 ft. east of House of Correction. 6:00
WARRENSVILLE—Cooley Farms.
Recreation Room 1 0 A.M.
YOUR-Euclid Community House,
240 Briardale 7:15
AVON CENTRAL—Basement Central Bank,
36690 Detroit Rd., Avon, O. 8:00
CHIPPEWA-SEVILLE-V.F.W. Hall,
Seville, O. 8:00
GENEVA, O.—Legion Hall, Park St.,
corner of So. Eagle 7:30
KIRTLAND, O.—Old South Ch. Rt. 306. 8:30
MANSFIELD, O.—20% S. Park .. 8:00 EST
NEWBURY, O.—St. Helen's Church 8:15
TWILIGHT-Grange Hall, Rt. 60.
Axtel, O. 7:30



WITHIN OR WITHOUT

"He simply can't stick to the rules long enough to let sobriety take hold". The comment concerned a lovable guy afflicted with our common malady **who** simply failed to make good. From two nosedives he had come back with earnestness and new **sincerity**. But now he had just gone down for the third time. **What** was wrong with 'this diagnosis? The fault lay in the word "rules".

"We have no rules, we have only suggestions", is an oft repeated statement in our fellowship. But there is infinitely more to it than that. Beyond suggestions growing out of our group experience, we have a whole philosophy of life to offer. More frequently, we call it "a way of life", but actually it is a philosophy of living,

What is a philosophy? It is a life which is lived according to principles which are **as** much a part of us as our body, mind or spirit.

What is the difference between a rule and a principle? A rule is something laid down by others, as for example, a law duly enacted by the government. We obey a rule because we respect its purpose, which denotes principle within our character. Or we may adhere to the law or the rule, for fear of being caught, denoting subservience and a lack of principle.

As a rule or a law is something from without to which even adherence may mean fear and lack of principle, a principle is at the other side of the spectrum entirely. It is within us. It is a living part of what goes to make the whole. When sufficiently imbedded and nourished through use, a good principle actually becomes a more effective part of our very being than a leg or an arm **or** even a fine mind.

We truly become a part of this fellowship when we embrace it fully, including its philosophy and the way of life in which that philosophy leads us. The fellowship comes to us. We do not come to the fellowship, even though we may think we do. We need it. It doesn't need us. Only when we accept its life as a part of our own, do we really belong.

And so we come back to the drowning man who had submerged in the dreaded sea of alcohol for **the** third time. He wanted us and needed us. But he did not want us badly enough to **absorb** completely into the bloodstream of his life, the principles by which we must live to survive and use this precious gift of life as a merciful Creator intended we should.

Let us pray for him. Let us pray that he will want our way of life so badly, that his power of absorption will increase before it's too late. Meanwhile if he keeps showing up, let's give him our best treatment instead of simply tagging him with the "unready" label.

Ours is a mission of love, not a mission of judgment.

Consider this definition of a hangover. It is something to occupy a head that wasn't used the night before.

-Kansas City Times

BORED WITH AA?

Maybe we'll be called "old fuddy-duddies" or "spoilsports," but we are honestly concerned about the attitudes and light-hearted regard for the fundamental principles of the AA program exhibited by quite a number of groups in the Cleveland area.

Our oldest **groups** in Cleveland (**Borton** and Orchard Grove) will **soon** be observing their twenty-third anniversaries. Their founders were dedicated and zealous workers, deeply grateful for the amazing knowledge entrusted to them. The only requirement demanded of them was that they carry the message to other similarly afflicted. This they did with incredible results.

Soon it became necessary to branch out and form more groups and within five years there were over sixty meetings in the Cleveland area every day in the week. Most of them are still functioning, while some of them, because of **overambition**, lost their attraction. Now there are 160.

The successful ones remained steadfast in resisting demands to cut the meetings shorter-limiting the speaker's time to one half hour---limiting discussion to fifteen minutes or less. Those demanding these changes wanted more time for social activities, such as cards, dancing, etc. When their demands were denied, they formed their own groups.

Some of these new groups soon became very popular and drew large crowds. While they **naraded** **under** the name of AA, the main attraction of the groups was not the "carrying of the message," but to promote the money-making projects the group promoted.

Gambling became the substitute for alcohol. Alcoholics, by nature are gamblers. As we became afflicted our natures were transformed and our baser **impulses** **began** to assert themselves. We became irresponsible, then **desperate** and eventually were back in the rat race of drinking again-even blaming AA for leading us astray.

A common character[&]tic of most alcoholics is being emotionally unstable, bored, restless, with an exaggerated opinion of our abilities. In many of us these qualities are latent and could be developed if we could develop enough patience, courage, desire and will to seek our goals.

When we come into AA properly, our primary goal should be sobriety. We must learn to shed ourselves of all deceit and dishonesty. We must humbly and with deep sincerity, truly turn our lives completely into the hands of a Power greater than ourselves and **daily** make radical personality changes to warrant this help.

Each group is autonomous. But if its primary purpose is entertainment, social or gambling, it will **surely** deny many an applicant an answer to his alcoholic problem and, by inference, poison his mind against ever considering coming to AA for help again.

We who found absolute sobriety **through** AA were also able to regain the love, **affection** and respect of our relatives and friends. We find this reward exalting and exciting. It isn't just for the moment. It is everlastingly satisfactory and makes life **truly** worth living.

Let's return to fundamentals and eliminate the side shows to truly learn to live instead of just existing.

If you find that
life is empty,
try putting some-
thing into it!



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VOL. 21

NOVEMBER, 1962

No. 2

MILL ENDS AND REMNANTS

This is the season of ghosts and goblins, spooks and skeletons, jack-o-lanterns and apple-bobbin', and trick or treat. And what, pray tell, you may ask has all of this to do with sobriety and carrying the message as this journal is dedicated to do.

Perhaps not much, perhaps farfetched, perhaps a lot — it's all a matter of viewpoint or as we have been thinking about it, by association to inventories, searching, fearless and continuing, as suggested in Steps 4 and 10.

It is a most fortunate circumstance that a merciful God denied us the power of total recall when: *We admitted we were powerless over alcohol and our lives had become unmanageable. Came to believe that a Power greater than ourselves could restore us to sanity. Made a decision to turn our will and our lives over to the care of God, AS WE UNDERSTOOD HIM.*

Many, including your writer, would never have reached the Fourth Step on our stairway of life. And here again, is demonstrated the inspired and profound hand of Providence that our inventory must be a searching one — one in which we must reach back and deep into the haunted past, fearlessly bringing to light the skeletons we had endeavored repeatedly to bury in the oblivion of booze.

And that the inventory process must be a continuing one, is further evidence of the mercy and wisdom of a loving God in that day by day, a day at a time we expel the too well hidden goblins of unsavory wrongs. Thus, it is that we purge ourselves, and lifting our hearts in gratitude, walk as happily sober men and women.

Failing to follow the course that our Navigator has charted for us, we are headed for uncharted reefs to run aground and return to worse than the shady, spooky life we knew prior to our acceptance of our powerlessness.

Seasonally, this is a time of harvest, but in our way of living each day we reap a bumper crop generally in measure greater than that for which we have sown. The ghosts and goblins of the past are behind us and for today the spirits leading us are gratitude and an attitude of service.

Without these things, we don't stand a ghost of a chance, by George!

ANNIVERSARY BULLETIN ACCLAIMED

The Board of Directors of the Central Bulletin Foundation and the editor, Harry D., wish to express their sincere appreciation for the many letters from readers in many parts of the country from New York to California and from Canada to Florida and Texas.

Many of the letters came from former Clevelanders who received their indoctrination in the Cleveland-Akron area and started life anew in greener fields to which they "carried the message."

We wish we could publish all the letters, but space will not permit this. Each letter of course, will be properly acknowledged.

Lose money, you lose a lot. Lose family or health, you lose much more. But if you lose courage, you lose everything.

WE NEED "THAT POWER"

(A Twentieth Anniversary Reprint)

AA extended its hand toward us in our hour of desperation, an hour in which we realized that we had no power of ourselves to help ourselves. We were at the brink of The pit of darkness, and the darkness was closing us in.

As the hand reached toward us, we heard the words of the mouth.

"We have found help; come with us."

"What is that help?" we asked.

"It is the help of a Power greater than our own."

"Is that *your* way of saying that you turn to God? That's all right for children, but it's no help for men!"

So we returned to our own sick wills. The darkness closed in, and again we realized that we had no power of ourselves to help ourselves. Again the hand reached toward us. We knew it now.

"AA? No, not AA: not that God stuff; that's for children, not for grown men."

How often did it happen to us, this realization of helplessness and then rejection of the proffered help? How long was it before we reached that final extremity, when the last spark of willfulness was crushed out and we were prepared to accept any help? Any help would be a power greater than our own.

Even then, many of us just joined AA, as if association with a group of sober men were all the help we needed. We accepted the hand and went to meetings and rekindled the spark of willfulness.

We winced at the talks about "a power greater than our own," and wished that "those parsons" would quit talking about God. Thus the spark of willfulness grew.

As long as we continued to struggle against the surrender of our wills to something outside us we found no release.

That something doesn't need a name or a particular name, or a particular set of characteristics. It does need to be something that we can talk to in our minds; something that demands that we be honest; something that makes us feel that it is possessed of wider experience and knowledge; something whose answers, spoken in our minds, we know to be right; something that can be addressed at any moment and that can be addressed for a moment or for an hour.

When we find that something and talk to it and listen to the answers in our minds, we feel relief, we gain courage and confidence. The more we turn to that something the more we find we gain. Some of us never try to give that something a name. Some invent queer names. But many of us recognize that that something, that Power greater than our own that has given us help, is the same something, the same Power that men always have known as God.

Those of us who don't struggle against names and who have no hesitancy in saying that our help comes from God receive additional help since we are able to benefit by the experiences of all others who acknowledge that their help comes from God. We can read those experiences, read about God's revelations to men on the way they must live. We can join a company of worshippers, if we wish, and broaden our experience in seeking and receiving help in new ways.

Once we have experienced the relief that comes with turning to a Power greater than our own, we have opened the way to freedom. The freest of all men are those who continuously talk with the Supreme Power.

Vol. IV, No. 7, April, 1946

-Fred S.

OBITUARY

Arthur Schultz, treasurer of the Parma Heights group passed away on Wednesday, October 17, shortly after observing his sixth year of continuous sobriety. Our heartfelt sympathy goes out to his family and his group.

GROUP NEWS

NOTICE-There WILL BE NO listing of **Group News** in the October issue. Sore.

Allendale-November speakers : 1-Ervin H. Geneva, O. ; 8-Jack L., No. Madison ; 15-Pat P., Night & Day ; 22-Minnie C., Mistletoe; 29-Jean C., E&Iid-Wade.

Amherst-After several months of inactivity, regular meetings were resumed on Thursday, September 27 at 8 :30 p. f. in St. Peter's United Church, Amherst.

Brooklyn-November speakers : 7-Earl J., Angle ; 14-George B., Brooklyn (his 6th anniversary) ; 21-Bob S., Brooklyn (his 1st anniversary) ; 28-Ray O., Wadsworth, O.

C. A. H.-November speakers: 4-Ray B., C. A. H. ; 11-Pat D., Borton ; 18-Fran P. ; 25-George P., Night & Day.

Chesterland, O.-Now meet on Wednesday evenings in Chesterland Methodist Church, Mayfield Rd. and Route 306 at 8 :30 p. f.

Early-Early-November speakers : K-Jim R., St. Clair-Thursday ; 12-Jean C., Euclid-Wade ; 19-Jim K., St. Clair-Thursday ; 26-John J., Night & Day.

Euclid-Wade-November speakers : 1-Walter D., Nivity; 8- Irene K., Flint, Mich. ; 15-Frank J. G., Shaker; 22-Bill M., May-Lynd ; 29-Tom J., Lakewood Armory.

Elyria Thursday-Now meet in Elyria Catholic High School, Gulf Road, Elyria at 8 :30 p. m.

Fairview Park-November speakers: 6-Jean B., 24-Hour ; 13-Ted N., Forest City ; 20-Ted R., Valley View; 27-Tom J., Lakewood Armory.

Friendship-November speakers: S-Moses Y., Hartville, O. ; 12-Walt H., Friendship ; 19-Bobbie M., Mstt Talbot; 26-Discussion-closed meeting.

Garden Valley Thursday-November speakers : 1-Open ; b-Joe M., Lakewood Armory; 15-John B., Matt Talbot ; BP-Gratitude Night ; 29-John W., North Randall.

Garden Valley Sunday-November speakers : 4-Bill DeW., Berea Thursday: 11-Gus A., Trinity; 18-Karl B., West Park ; 25-Marion and Bruce S., Temple.

Hague-November speakers : 7-Jean C., Euclid-Wade ; 14-Tom P., League Park ; 21-Dick M., Borton ; 28-Joe M., Lakewood Armory.

Hudson, O.-All regular meetings are closed to AA members only except for four open meetings on a separate night each year.

Independence-November speakers : 1-Jim D., Edgelske ; 8-Charles S., Brooklyn ; 15-Joe M., Lakewood Armory ; 22-Gratitude Night, Howard B., Independence; 29-Ed C., Newburgh.

League Park-November speakers : 3-Jack C., Forest City; 10-Bart McI., Edgelake; 17-Tom McG., Edgelake ; 24-Agnes N., Mistletoe.

Lorain Ave. Monday-November speakers: 5-Vic H., 6700 Discussion ; 12-Meets with Orchard Grove at their Anniversary; 19-Art F., 6700 Denison ; 26-Nellie F., 6700 Discussion.

Mansfield Tuesday-Observes its Twenty-first Anniversary on Tuesday, November 13 with a Covered Dish Dinner (bring a covered dish) at 8 :30 p. m. (slow time) followed by the meeting at 8:30 p. m. (slow time). The speaker will be Dr. Leonard B., Portsmouth, Ohio. They meet in Grace Episcopal Church, W. 3rd St. and Bowman St. Other November speakers: 6-Al A., Ashland Tuesday: 20-Levi C., Wooster; 27-Esther R., St. James, Cleveland.

Matt Talbot-November speakers : 3-Carmen T., Avon Central ; 10-Andy K., Allendale; 17-Leonard K., Allendale ; 24-John McD., Allendale.

Memphis-Observes its Twelfth Anniversary on Saturday, November 10 at 9 p. m. in Lakewood Congregational Church, 1375 W. Clifton, corner Detroit Ave. Hershel H., of Mansfield, O. will be the speaker. Other November speakers are: 3-Joe S., ; 17- Agnes M.,; 24-Dr. K.

Night & Day Tuesday-November speakers: 6-Al D., Allendale ; 13-Tony M. ; 20-Marty G., Nela Park ; 27-John McD., Allendale.

Night & Day Saturday (midnight)-November speakers: 3-Joe McK., North East (this meeting at 10 p. m.-Nov. 3 only) ; 10-Bill H., Cuy. ; 17-Earl S., Monday-Lee: 24-Joe D., Akron.

North Olmsted-Observes its Second Anniversary on Wednesday, December 6 in the Council Chamber of North Olmsted City Hall. Dr. Vincent M. of Akron will be the speaker. November speakers: 7-Jim R., Edgelake; 14-Ladd T., Free Lance: 21-Chuck DeV., Berea Thursday ; 28-Jim D., Edgelake.

Orchard Grove-Observes its Twenty-third Anniversary on Monday, November 12 at 9 p. m. in the Elks Lakewood Lodge Hall, 14018 *Detroit Ave. The speaker will be Keith W., New York City. Other November speakers: 6-C. H. Collinwood; 19-Herb C., Superior; 26-Richard M., Liberty.

St. James-November speakers: 7-Andy Z., Clark; 14-Walter P., Broadway-Harvard ; 21-Kitty M., Clark ; 28-Herbie M., Clark.

Sheffield Lake-Meet on Thursdays at 8 :30 p. m. in St. Thomas School, Harris Road, Sheffield Lake.

Streetsboro-A new group, holding its initial meeting on Tuesday, November 13 at 8 :30 p. m., with Howie L., Angle as speaker. They will meet in the Methodist Church on the Square, at the intersection of Rts. 14 and 43.

T. I. E. Sunday A. M.-A new group, the only Sunday Morning Breakfast group in the area, held its first meeting on October 21 in the T. I. E. Club quarters, 28920 Chardon Rd., Wickliffe. A breakfast of Ham, Eggs, Home Fries, Toast and Coffee at 10 :30 a. m. preceded the meeting at 11 :15 a. m. Free coffee is served from 10 a. m. and

the meetings are open to all AA's and their spouses. Breakfast 75 cents per person.

Trinity-November speakers: 3-Tom P., League Park ; 10-Léo M., League Park; 17-Jess C., St. Thomas, Akron; 24-Lester B., Trinity (his 1st anniversary).

West Park-November speakers: 6-John W., North Randall; 13-Stan G., Lorsin-Triakett; 20-Tom D., Lorain Ave. Monday; 27-Pete Y., Berea Thursday.

West 25th St.-November speakers: 5-Lenny P., Smith-Wilson ; 12-Frankly" S., Doan Men; 19-Floyd D., Broadway-Harvard; 26-Norma P., West Side Women.

EAST SIDE BOWLING LEAGUE

There will be a meeting of bowling minded members at Shoregate Lanes, E. 295th and Lake Shore Boulevard on Wednesday, October 31 at 8:30 p. m. The purpose of the meeting is to sound out the possibility of starting an East Side AA Bowling League.

Hugh DeL, a member of the Crossroads group on the West Side has moved to the East Side of town. If enough AAs are interested, he will be glad to shift his interest nearer to his home, though his ties to the successful West Side AA League are very strong.

That's Wednesday evening at 8:30 o'clock.

ISN'T IT FUNNY?

When the other fellow takes a long time to do something, he's slow. But when I take a long time to do something, I'm thorough. When the other fellow doesn't do it, he's lazy. But when I don't do it, I'm too busy. When the other fellow goes ahead and does something without being told, he's overstepping his bounds. But when I go ahead and do something without being told, that's initiative! When the other fellow states his side of the question strongly, he's bullheaded. But when I state a side of a question strongly, I'm being firm. When the other fellow overlooks a few of the rules of etiquette! he's rude. But when I skip a few of the rules, I'm original. When the other fellow does something that pleases the boss, he's polishing the brass.

But when I do something that pleases the boss, that's cooperation. When the other fellow gets ahead he sure had the lucky breaks. But when I manage to get ahead, Man! Hard work did it.

Funny isn't it-or is it? -Rite Words, Tucson, Arizona

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER YOUR SECRETARY HAS SUBSCRIPTION BLANKS

ALANON GROUP MEETINGS

- ASHTABULA-Harris Memorial W. 58 & Adams, 1st & 3rd Men., 8:30
- LAKEWOOD-Congregational Church, 1375 West Clifton Blvd. Mon., 8:30
- EUCLID-T.I.E. Club Rose Room, 28920 Chardon Rd., Willoughby Hills, 0..... Tues., 8:30
- SUBURBAN WEST-Our Savior Luth'n Church, 20300 Hilliard, Tues., 8:30
- MAPLE HEIGHTS-Presbyterian Church, 15715 Libby Rd. Tues., 8:30
- BETHANY-Bethany Presbyterian Church, W. 65th & Clinton Wed., 8:30
- BROADWAY-Newburgh Recreation, 8437 Broadway..... Wed., 8 :30
- E. CLEVELAND-YWCA, Lee Boulevard and Euclid..... Fri., 1:30
- CHARITY-St. Vincent's Charity Hospital, E. 22nd & Central Fri., 8:30
- CHARDON-Pilgrim Christian Church, 113 South S..... Fri., 8:30
- LORAIN COUNTY-Congregational Ch., 32807 Electric, Avon Fri. 9 :00
- PARMA-Ridgew'd Sav's & L'n, 5950 Ridge Rd. (2nd & 4th Sat.) Sat., 8:30
- VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed..... Sun., 4:00

NURSING HOMES THAT TREAT ALCOHOLICS

(This listing does not necessarily indicate endorsement or approval)

- A1-Ju, Inc. (MW) 28707 Euclid Ave. Wickliffe, O..... WH 4.2244
- Euclid-79th Clinic (MW) 7809 Euclid Ave..... 391.4115
- Dorothy McCauliffe Alcoholic Clinic (MW) 8304 Detroit..... A T 1-3365
- Farquharson's Home (M) 6037 Pearl Road, Parma..... TU 6.1882
- Stella Msris Hospital (M) 1320 Washington Ave. SU 1-0550

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 E. 4th St., is open weekdays from 9 a.m. to 5 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

CLEVELAND AREA A A GROOMMEETINGS

MONDAY

BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
BROOK PARK—Redeemer Lutheran Church, 6191 Smith Road, Brook Park 8:30
EARLY-EARLY—B&K Church, 1740 E. 17th St., corner walnut 7:30
FRIENDLY SUBURBAN—6037 Pearl 8:00
FRIENDSHIP—Blvd. Presbyterian Ch., 24600 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit 0:00
LEE MONDAY—First Presbyterian Ch., East Cleveland, Nela and Euclid 8:30
LORAIN AVE.—St. Ignatius Hall, Lorain Ave. at West Blvd. 8:30
ORCHARD GROVE—St. Mark's church, 15305 Triskett Road 8:30
PEARL—St. Mary's Sch., 4600 State Rd. 8:30
RAMONA—0721 Ramona Blvd. 8:50
SHAKER—Christ Episcopal Church, 3445 Warrensville Center Rd. 0:00
SUNNY MONDAY WOMEN—Sunset Rd. St. John's Par. House, Independence 12:30
SOUTH EAST—7526 Broadway 8:30
TEMPLE-Fatima Hall, 6914 Lexington 8:15
WEST 25th ST.—Marvell Hall, 2868 W. 25th St. 0:00
WOMEN'S—Westside—West Blvd. Christian Church, Madison and W. 101 8:45
ELYRIA MEN—St. Agnes, Lake and Dewey 8:30
VERMILION—Congregational Church 8:30
WILLOUGHBY, O.—Episcopal Church 8:50

TUESDAY

CLARK—1917 Clark Ave. 8:30
CORLETT MIXED—Holy Family Parish Hall, 8845 E. 181st St. 8:30
EAST SIDE WOMEN—1206 Euclid, Church of the Covenant 8:00
EDGE LAKE—Lakewood YMCA, Community Room, 16916 Detroit 8:30
EUCLID MORNING—Lake Shore Christian Ch., Lake Shore Blvd. & 280 10:30 A.M.
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 0:00
FALLS—Community Church, Olmsted Falls, 7853 Main St. (Columbia Rd.) 9:00
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave. 8:30
HILLTOP—St. Joseph's Seminary, 17608 Euclid Ave. 8:30
MAY-LYND—E. Cleveland Savings & Loan, 5816 Mayfield Road 8:30
MILES-LEE—Mt. Hope Lutheran Church, E. 164th, north of Miles Ave. 8:30
NIGHT & DAY—12821 St. Clair Ave. 8:30
SMITH-WILSON—St. Joseph's School, 9221 Orleans Ave. 8:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior 8:30
TAKE IT EASY—28920 Chardon Road, Willoughby Hills, O. 9:00
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
VALLEY WOMEN'S DISCUSSION GROUP, 2nd and 4th Tuesday, 7100 Kinsman 7:00
WEST PARK—Puritas Lutheran Church, Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.—First Presbyterian Church, 3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—Methodist Church, South Broadway Geneva, Ohio—First Tuesday 8:30
LAKE COUNTY—M&H. Fellowship Hall, Rt. 20-E, Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O., Trinity Church 8:30
MANSFIELD—Episcopal Church, 41 Bowman St. Mansfield, O. 8:30 EST
MEDINA, O.—St. Paul's Epis. Par. Hse. 8:30
SANDUSKY, O. (Firelands) First Presbyterian, across from Post Office 8:30
STREETSBORO, O.—Methodist Church, Intersection of Rte. 14 & Rte. 43 8:30
STRONGSVILLE—Town Hall 8:30

WEDNESDAY

ANSEL—Lithuanian Hall, 6835 Snunter Ave. 8:30
BAXTER—St. John's Lutheran School, 6826 Cable 8:30
BEDFORD—Bedford Christian Church, Warrensville Center and Blaine 0:00
BROOKLYN—K. of P. Hall, 3316 Broadway, East of Pearl Rd. 8:30
COLLINWOOD—945 E. 152nd St. 8:30
DOAN MEN—YMCA (University Circle), 2065 E. 106th St., Second floor front 8:30
EASTSIDE MORNING—9606 Euclid Ave., Euclid Ave. Congre. (Side ent.) 10:30 a.m.
GARFIELD—Pilgrim E. & R. Church, 4592 E. 131st St. 8:30
HAGUE—Grace Cong. Assembly Hall, West 45th and Colgate 8:30
LEE ROAD—First English Lutheran, Derbyshire and Euclid Hts. Blvd. 0:00

LORAIN-TRISKETT—Bosworth Road, Presbyterian Church, 3631 Borworth 9:00
NO. OLMSTED—City Hall, Dover Road 9:00
PSYCHIATRIC HOSPITAL—1708 Aiken 8:30
ST. JAMES—St. James Church, E. 84th and Cedar 8:00
TWENTY-FOUR HOUR—13216 Detroit, Church of the Ascension 8:30
WARRENSVILLE—Women's House Cor. 7:30
WEST SHORE—West Shore Unitarian, 20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)—Twelfth Step Club, 8304 Detroit Ave. 8:30
ASHTABULA COUNTY WOMEN—Harris Memorial, W. 58th & Adams, Ashtabula Second and Fourth Wednesday 7:30
BRUNSWICK O.—Cuyahoga Ass'n Bldg., Route 42, So. of 303 8:30
CHESTERLAND—Chesterland Methodist Church, Mayfield Road and Rte 306 8:30
ELYRIA O.—St. Paul Building, Third and Middle, side entrance 8:30
FAIRPORT HARBOR—Luther Center, Eagle St., Fairport Harbor 8:00
INTERRACIAL—30th & Wood, Lorain, O., Mt. Zion Baptist Church 8:30
JEFFERSON, O.—St. Joseph's Church 8:30
LAKE COUNTY WOMEN—Grace Episcopal, 88015 Euclid Ave., Willoughby 1:00
LORAIN COUNTY WOMEN—Route 254, one block N. E. of Route 67 8:30
MANSFIELD, O.—20½ S. Park 8:00 EST
SANDUSKY, O.—Provid. Hse. Cafeteria 7:30
WICKLIFFE—Wickliffe Presbyterian Church, E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal, Church, 16837 Euclid Ave. 8:30
ANGLE-ST. Malachi's, 2459 Washington 9:00
BAY WEST—Church of the Redeemer, 23500 Center Ridge Rd., Westlake 8:30
BROADWAY-55th—Our Lady of Lourdes School Hall, 3398 E. 55th St. 8:30
COVENTRY—Fairmount Presoy, Church, Scarborough and Fairmount Blvd. 8:30
CROSSROADS—St. Luke's Episcopal, W. 78th St. and Lake Ave. 8:30
EASTLAKE—First Congregational Church, 33700 Vine St. 0:00
EAST SHORE WOMEN—Richmond Library, 26151 Euclid Ave., Euclid, O. 8:30
EUCLID-WADE—12821 St. Clair 8:30
GARDEN VALLEY—(Outhwaite) 7100 Kinsman Ave. 8:00
GOLDEN GATE WOMEN—Golden Gate Plaza, Ohio Savings Bank, Mayfield Rd. 8:30
LORAIN THURSDAY—4470 Ridge Rd., Dr. Martin Luther Church 9:00
NIGHT & DAY—12821 St. Clair 10:45 a.m.
NORTH RANDALL—Village Hall, 21937 Miles Ave. 9:00
PARMA HEIGHTS—6400 Pearl Road Laux Realty Basement (rear ent.) 8:30
ROCKY RIVER—Rockport Methodist Church, 3301 Wooster Road 9:00
ST. CLAIR-THURS.—Nottingham Methodist Church, St. Clair & Melville 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
WEST SIDE MORNING—W. 98th & Denison, Hungarian Lutheran Church 11 A.M.
ASHLAND, THURSDAY—2nd and Union, Rossaro's Restaurant 8:00 EST
AMHERST, O.—St. Peter's Church 8:30
ASHTABULA HARBOR—North End Club, Corner Walnut Blvd. & Lake Ave. 8:30
BEREA—Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland Rd. 9:00
ELYRIA, O.—Catholic High, Gulf Rd. 8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset 9:00
DISCUSSION—112 E. 19, Lorain, O. 10 A.M.
MAPLE LEAF—Congregational Church, Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE—Congregational Church, Educ. Bldg., Mentor Ave., Psville 8:30
SHEFFIELD LAKE, O.—St. Thomas School, Harris Road 8:30

FRIDAY

BROADWAY-HARVARD—8437 Br'dway 9:00
CEDAR—Salvation Army, 5006 Euclid 8:15
C.E.L.—66 Public Sq. (rear) Room 361 8:30
CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—1031 Ter. Tow. 6:00
EUCLID FRIDAY—Epiphany Church, Lake Shore and E. 210th 9:00
FREWAY STAG—16619 Holmes Ave. 8:30
FRIDAY AFTERNOON WOMEN—Plymouth Church, Coventry and Drexmore, Krumbine Room 1:00
GORDON SQUARE—St. Helena's Hall, 1367 W. 65th St. 9:00
HEIGHTS—Closed Discussion, Christian Church, Van Aken & Avalon (rear) 8:30
HUDSON, O.—Closed meetings, Christ Church, 21 Aurora 8:30

LEE ROAD—American Legion Hall, Peat 168, 16644 Euclid Ave. 9:00
NORTH EAST—Town House Motel, 15661 Euclid Ave. 8:30
SKID ROW—Wayf'rs. Ldge, 701 Lakeside 7:30
TRAINING-REFRESHER—Illuminating Bldg. (rear) Rm. 361, 56 Public Sq. 8:50
SOLIDARITY—Friendly Inn Settlement, 2382 Unwin Rd. (off Quincy Ave.) 8:30
STELLA MARIS MIXED, 1320 Washington Ave. 8:15
WEST CLIFTON—Lkwd. Congregational Church, 1375 W. Clifton Road 0:00
AVON LAKE—First Congregational Church, 32801 Electric Blvd. 9:00
BEREA—Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS—Federated Churches, 76 Bell Street 0:00
CHARDON—Pilgrim Christian Church, 113 South Street, Chardon, O. 8:30
CONNEAUT, O.—B. of L. E. Hall 8:30
WELLINGTON—St. Patrick's Catholic Church, No. Main St., Wellington, O. 8:30

SATURDAY

FOREST CITY—2125 Broadview Rd. 0:00
JACK & HEINTZ—17600 Broadway 8:30
LANDER CIRCLE—Garfield Mem. Methodist, Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK—Unitarian Church, 8143 Euclid Ave., Cor. E. 82nd St. 9:00
LIBERTY—945 E. 152nd St. 0:00
MAPLE HTS.—Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Windermere Presb. Ch., 14112 Euclid Ave. at Windermere 8:30
MEMPHIS—Lakewood Congregational Ch., 1376 W. Clifton cor. Detroit Ave. 0:00
NEWB URGH STATE HOSPITAL—Williams Bldg., Entrance at 4455 Turney Rd. 7:30
NIGHT & DAY—12321 St. Clair, 12 Midnight
NORWALK TRUCK LINES, 1147 E. 65th St., at Shore Drive 9:00
PARMA—Ridgewood Savings & Loan, 5950 Ridge Road 8:45
PLAINES—Plains Methodist Ch., Mentor, O., Rts. 306 and 283, Mentor, O. 0:00
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church, 3525 W. 25th St. 0:00
VALLEY VIEW—Pilgrim Congr. Church, 2592 W. 14th, cor. Starkweather 0:00
ASHTABULA, O.—St. Peter's Epis. Church, Main Avenue at South Park 8:30
ELYRIA SAT.—NIT% St Paul Bldg., 3rd & Middle St., Elyria, O. 8:30
LORAIN SAT—NITE-7th and Reed St., St. Mary's Church Basement 8:30
MANSFIELD—20½ S. Park 8:00 EST
MIDDLEFIELD—Methodist Church, South Main St., Middlefield, O. 8:30
WEST RICHFIELD—Consolidated Church, Route 303, just west of Route 21 9:00
WILLOUGHBY HILLS—28920 Chardon Rd., Willoughby Hills, O. 7:30

SUNDAY

BEDFORD HEIGHTS—Village Hall, 6661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
C.A.H.—Discussion—12821 St. Clair, 10:45 a.m.
COLLINWOOD—946 E. 152nd St. 7:30
DETROIT SUNDAY—8304 Detroit Ave. 7:30
DISCUSSION—6700 Detroit Ave. 7:00
GARDEN VALLEY—Outhwaite, 7100 Kinsman Ave. 4:30
GOLF LAKE LANDS—Immaculate Conception Church, Hubbard Rd., No. Madison 3:00
LAKEWOOD ARMORY, 1437 Wayne Ave., South of Detroit 9:00
MISTLETOE—St. Thomas Church, 9206 Superior Ave. 7:00
NELA PARK—Cafeteria, Advertising Bldg., Nela Park, Noble Road 7:30
NEWBURGH—St. Catherine's Church, 3443 E. 93rd St. 8:30
SUNDAY A.M. BREAKFAST, T. I. E. Club, 28920 Chardon Rd. 10:00 A.M.
SUPERIOR STAG—8801 Superior 11 A.M.
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 6:00
WARRENSVILLE—Cooley Farms, Recreation Room 10 A.M.
YOUR—Euclid Community House, 240 Briardale 7:15
AVON CENTRAL—Basement Central Bank, 36690 Detroit Rd., Avon, O. 8:00
CHIPPEWA—SEVILLE-V.F.W. Hall, Seville, O. 8:00
GENEVA, O.—Legion Hall, Park St., corner of So. Eagle 7:30
KIRTLAND, O.—Old South Ch. Rt. 306 8:30
LORAIN COUNTY CONSOLIDATED—St. John's Sch., 31 & Rt. 67, Lorain 7:30
MANSFIELD, O.—20½ S. Park 8:00 EST
NEWBURY, O.—St. Helen's Church 8:15
TWILIGHT—Grange Hall, Axtel, O. 7:30



IMAGERY

We are not a people set apart. We are simply bound together by a common malady, to arrest which we share our hope, experience, philosophy and way of life in a fellowship which is beyond word description. As part of our philosophy, we agree to carry these principles of ours "into all our affairs." That should mean that we seek a fruitful, happy, constructive life not merely in our own society, but in community and world affairs.

Accordingly, trends in human behavior are important to us, especially if they create pitfalls for our way of life.

In the wake of a political campaign, it is not unusual that we should be aware of the growing use of merchandising methods once used exclusively to peddle goods, to advance the careers of human beings.

People are actually merchandising themselves these days. It used to be that a person qualified for the material success which came to him through education, experience and hard work. The quality of his performance was measured by such factors. A man used to be himself and improve himself through such a program.

But today an additional accepted part of the program for success is the need to create the most favorable image of one's self that is possible. "How to Win Friends and Influence People" is just a beginner's book in this direction.

We, like all people, must get along and make our way in this world. If we are to be successful, then we would seem to face the need to comply in the marketplace with accepted practices and ways of getting ahead. With us it is perhaps more imperative than it is with most, to do our very best. We have a big deficit to overcome and it is part of "making amends" to do so.

But can we afford to abandon our search for truth and honesty in trying to meet competition? The answer would seem to be clear. We have the principles in our twelve 'steps which must become a part of our very being and as we said above, the very last words of that last step call for the carrying of these principles into all our affairs.

If we are to do this, then how do we meet this competitive factor of creating the most favorable image we can? The answer is, we shouldn't. We can't afford the risk of seeming to be better than we are. Constantly in our self-inventories we must try to see ourselves as we *really* are and we must try to resolve that persistent little gap that always seems to exist between that and what we seem to be. We shall not lose by this practice.

Remember the old fashioned fellow who used to be loved or despised for just being himself? If we strive to become the best person possible within our limitations, we shall be very like that fellow, only we shall be loved and not despised if we really do our very best. Eagerness, earnestness and the highest degree of integrity of which we are capable will be more than a good substitute for selfish ambition and pretense. Sincerity is the very cornerstone of our philosophy. We cannot risk its loss.

Imagery is definitely not for us.

GIVING THANKS

Thanksgiving Day was universally observed recently by millions of people in the United States and elsewhere. Many who observed it properly attended church services and sang praises to God for the many blessings that were theirs . . . security in a world of insecurity . . . freedom and liberty in a world of political upheaval . . . abundance of material things in a world where millions are barely existing on little or no food and many without shelter.

In spite of all the manifest blessings which are ours in this land of ours, many people are unhappy. Many of these unhappy ones have brought this state of mind upon themselves. Quite a number of them haven't the vaguest ideas of what constitutes true happiness. They haven't learned to realize that happiness is a *stats of mind*.

Happiness must be earned. It must be paid for, item by item. It cannot be borrowed or lent. The secret of happiness lies in being willing to help others, especially in little things, without thought of seeking credit or acclaim.

Giving of oneself, unselfishly, with a heart filled with gratitude for the many blessings received, is the gift that many thousands of people enjoy every day of their lives.

We in AA have been blessed with an undeserved opportunity to invest unhappy, frightened and seemingly lost people with a secret which is denied to many who were not victims of our common problem-alcoholism.

How many of you readers realize the greatness of the gift of knowledge that has been given you-by the grace of God?

There are over *five* million problem drinkers (alcoholics, in our book) in the United States according to studies of hospital, medical, psychiatry, insurance, employment, penal and other records. In the experts' considered opinion there are probably many more, whose families have shielded their problem drinkers from public view. Of the five million, only 350,000 are in AA.

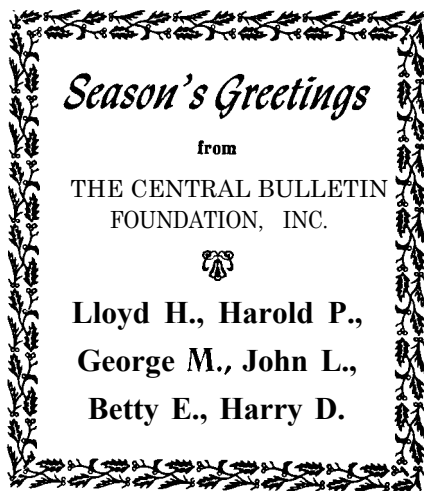
Now, stop and consider how fortunate you are by being selected-by God-as a recipient of this gift of sobriety. Your reward will be as great as the value you put on it. If you hold it too cheaply it may be taken away from you.

Every person coming into the fellowship is important. They come from every walk of life, rich or poor, college bred or illiterate, old or young, religious or atheistic, man or woman, married, divorced or single.

Everything depends on your attitude. Are you sincere? Have you studied (not just scanned) the twelve steps. ALL OF THEM? Every one of them *must* be taken-fully -for assured success.

You are important-very important! And you will benefit from this program to the extent of your appreciation. You have been chosen by God to be an example in your area of influence to "carry the message." You can be a good example or a bad one. It's up to you.

If you are ashamed of your gift and conceal it, you will forfeit it. If you prize it, you will find the key to the happiness you once sought in the bottle.





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No. 3

MILL ENDS AND REMNANTS

A CHRISTMAS STORY—"READY FOR THE GIFT"

One Christmas Day centuries ago an ancient King summoned to him a young man. The dialogue follows:
King: Young man, *Z have a precious gift that I must ask you to carry to the nations of the world; to all people far and wide.*

Youth: O King, the world today says that youth is not worthy; youth is frivolous, with only a good time its aim. Can you trust youth with your precious gift?

King: *The world finds saving satisfaction in saying youth is not worthy, but youth has always met with high courage whatever life brings. Youth is filled with hope, is fearless and happy, dancing along the way, eyes sparkling and feet swift to run the race.*

Youth: I shall try and I shall succeed!

King: *That is well. My gift is very precious. You must bear it to the people and they can keep it only if they give it away.*

Youth: I do not understand.

King: *My son, my gift can neither be bought, nor sold, nor weighed, nor measured. The young and the old, the rich and the poor, all have need of this gift.*

Youth: I implore you, O King, give me no platitude. It is old fashioned; times have changed.

King: *Underlying all new things are the things that are changeless—the beauty of honor; the joy of service, the sublimity of integrity and sacrifice. Ah, youth, the hope of the world rests in these changeless things. Fit your shoulder to bear the load of the gift that you must take to the world—to the far ends of the world, lest they perish. Skies grow dark, birds sleep, winds moan, yet must you go on far afield, in the spirit of the changeless things. You will grow weary; you will not understand; you will climb the steep height and be carried down to the depths; you will go to palaces and hovels, to workers and idlers; to those who are sad and to those who are gay.*

Youth: O King, how shall I find my way?

King: *I shall give you two things: A lantern of tolerance to light your way, and a magic cloak to bear the burdens that shall beset you.*

Youth: I am ready, O King. Give me the precious gift.

King: *'Tis peace, my son, peace through tolerance and helpfulness; one hand clasped in mine, the other outstretched to all humanity.*

*Author unknown.

As we read and re-read this story, we assume the role and mantle of the young man as we enter into each new day of sobriety in AA, readying ourselves for the precious gift that we receive.

A blessed and Merry Christmas to all, by George!

TENTH ANNIVERSARY

The Tenth Anniversary of the founding of Rosary Hall under the administration of Sister M. Ignatia, will be observed on Sunday, December 9, 1962 at 2 p. m. in WHK Auditorium, 5000 Euclid Avenue, Cleveland. The guest speaker will Eneas K. of San Francisco, Cal.

Plenty of parking in the rear of the auditorium with entrance on Prospect Avenue.

THE PIT

(A Twentieth Anniversary Reprint)

*"I waited patiently for the Lord, and He inclined unto me and heard my calling * * * He brought me also out of the horrible pit, out of the mire and day, and set my feet upon the rock, and ordered my doings."* -Psalm 40

This is the song of ten thousand triumphs over the pit and the mire, of ten thousand whose feet are upon the rock, whose doings are ordered, whose goings are established. It is the song of ten thousand who have turned to a Power greater than their own and have found that with their earnest devotion that Power has heard their calling.

We were in the horrible pit, in the mirey clay, through headstrong devotion to ourselves, through insistence on making our own laws, through bullheaded effort to master alcohol in which we were taking flight.

We called upon our sick wills, mustered our determination again and again. We flourished for awhile and then fell back into the mire.

We used our unguided wills to *wrong* ends, to enjoy evil. We persisted in our egotistical efforts to go our own way. We derided all suggestions that the experience of mankind throughout the ages had anything to teach us.

The time came when we found ourselves in the pit and unable to get out, in the mire and unable to rise. Our strivings only heightened the disaster.

"Out of the deep" we called, and perhaps we heard no answer. Yet, when we called to something outside ourselves, we admitted that we no longer could find any resources in our own unique wills, we no longer could **do** anything to help ourselves while walking alone.

This is the beginning of correction. When we called again from the deep, our voice was heard. A hand reached us, to lead us to the rock.

How strong was our hope that the rock would **be** real-how fervent our thanksgiving when we found it was real!

Some of us, still very little children, have expected magical change the moment we set foot on the rock, like the magical changes in the fairy stories in which ugly beasts are made charming princes or beautiful girls.

Yet, most of us have been old enough, adult enough, to realize that after so many years of waywardness, so many years in which we knew no law but our own, so **many years** in which we sought to enjoy the fruits of 'evil, we would have much to learn. Our hearts and minds (actually, our nervous systems) are so full of evil experience **that** our reactions run automatically in the old channels.

When we have called to the Power greater than our own and have received a hand, we have made a beginning. Instruction comes next, and during instruction, we must wait **patiently** for the Lord's **ways** to be revealed to us, wait patiently while we learn how to reject the evil **sug-**gestions that come out of our old lives and put in their place a growing knowledge of good.

The Power greater than our own inclined unto us and heard our calling, and put our feet upon the rock and ordered our doings. All these the Power did as we applied ourselves to learning what we should do.

"He hath put a new song" into the mouths of those among us who have placed themselves most fully in the hands of the Supreme Power, who have sought most diligently to **learn His ways**.

It is well to keep our feet upon the rock. The Devil says, "Sit down, Son, take a load off your feet. Dangle your feet in the refreshing waters." Then he whispers, "How about a little Bourbon?"

That, as some have learned, is an old song. It is the prelude to the cry that comes out of the depths, a cry that can be avoided by those who wait patiently for the Lord, who keep their feet on the rock, and follow the Divine order that generations upon generations of men have discovered is the order that leads to peace and happiness.

Vol. V, No. 4, January, 1947

-Fred S.

GROUP NEWS

To insure publication group news articles must be submitted IN WRITING before the 15th day of each month.

Brooklyn-December speakers : 5—Bill B., Brooklyn (his 14th anniversary) ; 12—no meeting—Christmas Party elsewhere ; 19—Al S., Brooklyn (his 16th anniversary) ; 26—Dick P., Parma (Old-Timers Night).
 Edgelake-December speakers: 4—Tony M., Hilltop ; 11—Joe S., Hilltop ; 18—Dinner Meeting at 7 :30, speaker at 8:30, Christmas Party following ; 25—No meeting—Merry Christmas everyone !
 Euclid Friday-December speakers: 1—Chuck and Lu S., St. Clair Thursday ; 14—Millie F., Bedford ; 21—Dick P., Parma ; 28—Kitty M., Strongsville.
 Friendship-December speakers : 3—Eugene L., Middlefield ; 10— Pat P., Night & Day ; 17—Harriet S., East Shore Women (her 3rd anniversary) ; 24—Tommy G., Friendship (his first lead) ; 31—Closed Discus&n Meetings.
 Garden Valley Thursday-December speakers: 6—Lew N., YOUR ; 13—Larry L., YOUR ; 20—Maggie M., Lander Circle ; 27—Harvey W., Lorain Inter-Racial.
 Garden Valley Sunday-December speakers : 2—Willie P., Garden Valley ; S-Jerry W., Angle ; 16—Marjorie L., Bedford ; 23—James W., Trinity ; 30—Burkett, Garden Valley.
 Hague—December speakers : &Billie M., Parma ; 12—Ed C., Newburgh ; 19—Ed B., Shaker ; 26—Neil C., Parma Heights.
 Lander Circle—Observes its Thirteenth Anniversary on Saturday, December 1, in Garfield Memorial Church, corner Lander and Route 422, at 9 p. m. Speaker will be Harry D., Edgelake.
 League Park-December speakers: 1—Jess A., May-Lynd ; S-John D., Shaker ; Dick P., Newburgh ; 22—Jack B., Brookside ; 29—Joe K., Ramona.
 Mansfield Friday—A new group in the thriving Mansfield area meets in the Presbyterian Church, 26 Mulberry St. at 8 p. m. E.S.T. Visitors welcome.
 Matt Talbot-December speakers : 1—Jim S., Friendship ; 8—Minnie C., Mistletoe ; 15—Tony P., Euclid-Wade ; 22—Art F., 6700 Detroit Discussion ; 29—Nellie F., 6700 Detroit Discussion.
 North Olmsted—Observes its Second Anniversary on Wednesday, December 5 at 9 p. m. in North Olmsted City Hall on Dover Road. Speaker will be Dr. Vincent M. of Akron. Other December speakers: 12—Hanns O., North Olmsted ; 19—John M., Memphis ; 26—Dick B., Sheffield Lake.
 Parma Heights—December speakers : 6—Bill S., Brooklyn ; 13—George G., Forest City ; 20—No meeting ; 27—Joe B., Park.
 St. Clair-67th—A new group. It meets in AA clubrooms at 6632 St. Clair on Mondays at 8 :30 p. m. Ed G. is the secretary.
 Twenty-Four Hour-December speakers : S-Jim D., Independence ; 12—Christmas Party ; 19—Howie L., Angle ; 26—Ruth C., Fairview.
 West 25th St.-December speakers: 3—Evelyn B., Bedford ; 10—Jack R., West 26th (his second anniversary) ; 17—Harry D., Edgelake ; 24—John W., Collinwood (his seventh Christmas lead at our group) ; 31—Thomas M., Solidarity (his seventh New Year's lead at our group).

FALL CONSOLIDATED MEETING

The author of *The Little Red Book* and *Stools and Bottles*, Ed. A. W., of Minneapolis, Minnesota, held the sustained attention of one of the largest Consolidated Meeting crowds on Sunday, November 18, in the Nurses Auditorium of Charity Hospital.

His novel talk included the use of a miniature bar stool and an interesting assortment of empty whiskey bottles relabeled Resentment, Dishonesty, Criticism, Self-pity, Intolerance, Jealousy, Anger and Fear, vividly and dramatically portraying the dangers and pitfalls awaiting 'the alcoholic who indulges in nursing any one of these qualities which make the program of AA unpalatable to the rebel.

It was a most timely talk for many of his audience. We know, for we were there!

GIGGLES

The patient? undergoing a physical, held out his hands which were visibly shaking.

"Do you drink much?" asked the doctor.

"Not much," the man quavered. "I spill most of it."

A pleasant elderly lady entered a meeting of the AA's on the Northside the other night. The surprised members welcomed her and one asked, "This your first meeting?" She smiled, "Yes." Then it turned out she was in the wrong room—she wanted to join a golden age group. She thought it was a good joke and laughed, "I've never had a drink in my life!" —*Pittsburgh Post Gazette*

Holiday Warning — Don't Take that First Drink!

GRATITUDE SUNDAY

A good sized crowd assembled on Sunday, November 11, to greet Jean F., who served so faithfully as secretary in the Cleveland AA District Office for many years until her husband was transferred to Illinois.

Jean was invited to be the guest speaker by the Northeastern Ohio General Service Conference on their annual observance of Gratitude Sunday. She gave a most interesting and inspiring talk and deserved the sustained applause given her.

We regret that information about this meeting reached our desk the day after the November issue was off the press.

The N. E. Ohio District of General Service Conference elected the following officers for a two-year term:

Delegate, George M., Lakewood (Edgelake) ; *Alternate*, Pete B., Akron (King School) ; *Secretary*, Ruth V., Cleveland (Westside Women) ; *Treasurer*, Bill D., Lakewood (Berea Thursday).

NINETEEN YEARS WITH HILDA

On Friday noon, November 30, an unusual AA party will be held in Berwin's Restaurant, Union Commerce Building, when a waitress named Hilda will be honored by the many AA friends she has made during the nineteen years she has served so faithfully.

Hilda is not an alcoholic, but she knows more about the idiosyncracies of an alcoholic than does the alcoholic himself. She has served many members of AA during these nineteen years and has won the hearts of everyone with her extraordinary gifts of charm, dignity and willing (service).

So here's to Hilda on her nineteenth anniversary of serving the most unpredictable group of people on the face of the earth !

PLANNING TO MOVE?

Subscribers who are planning to move to a new address should notify us before the 16th day of each month of the change.

Eighteen were returned during the past month. Each one returned now costs us eight cents, and though the new known address is scribbled on the envelope, it is often illegible. Please co-operate by not procrastinating.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER YOUR SECRETARY HAS SUBSCRIPTION BLANKS

ALANON GROUP MEETINGS

ASHTABULA-Harris Memorial W. 58 & Adams.1st & 3rd Mon., 8:30
 BROOKLYN-PARMA-Red'm'r Luth. 6151 Smith Rd. (1st&3rd Mon.) 8:30
 LAKEWOOD—Lakewood Presbyterian, Detroit Ave. at Marlowe Mon., 8:30
 EUCLID-T.I.E. Club Rose Room, 28920 Chardon Rd.,
 Willoughby Hills, O. Tues., 8:30
 SUBURBAN WEST-Our Savior Luth'n Church. 20300 Hilliard, Tues., 8:30
 MAPLE HEIGHTS-Presbyterian Church. 15715 Libby Rd. Tues., 8:30
 BETHANY—Bethany Presbyterian Church. W. 65th & Clinton...Wed., 8:30
 BROADWAY-Newburgh Recreation, 8437 Broadway...Wed., 8:30
 E. CLEVELAND—YWCA. Lee Boulevard and Euclid Fri., 1:30
 CHARITY-St. Vincent's Charity Hospital, E. 22nd & Central.....Fri., 8:30
 CHARDON-Pilgrim Christian Church, 113 South St.....Fri., 8 :30
 LORAIN COUNTY-Congregational Ch., 32807 Electric, Avon Fri. 9 :00
 VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed.....Sun., 4:00

NURSING HOMES THAT TREAT ALCOHOLICS

(This listing does not necessarily indicate endorsement or ●)frw.1)

Al-Ju, Inc. (MW) 28707 Euclid Ave., Wickliffe, O. WH 4-2244
 Euclid-79th Clinic (MW) 7809 Euclid Ave. 391-4115
 Dorothy McCauliffe Alcoholic Clinic (MW) 8304 Detroit...AT 1-3363
 Farquharson's Home (M) 6037 Pearl Road, Parma TU S-1882
 Stella Maris Hospital (M) 1320 Washington Ave. SU 1-0660

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 E. 4th St., is open weekdays from 9 a.m. to 5 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

CLEVELAND AREA A A GROUP MEETINGS

MONDAY

BORTON-E. Cleveland Congrega. Church.
Page and Euclid Ave. 8:30

BROOK PARK-Redeemer Lutheran Church.
6151 Smith Road, Brook Park 8:30

EARLY-EARLY-Baptist Church,
1740 E. 17th St., Corner Walnut 7:30

FRIENDLY SUBURBAN-6087 Pearl 8:00

FRIENDSHIP-Bldg. Presbyterian Ch.,
24600 Lake Shore Blvd., Euclid, O. 8:30

LAKEWOOD MEN'S-St. Peter's Episcopal,
W. Clifton and Detroit 9:00

LEE MONDAY-Fir & Presbyterian Ch.,
East Cleveland, Nela and Euclid- 8:30

LORAIN AYE-St. Ignatius Hall,
Lorain Ave. at West Blvd. 8:30

ORCHARD GROVE-St. Mark's Church,
15305 Triskett Road 8:30

PEARL-St. Mary's Sch., 4600 State Rd. 8:30

RAMONA-9721 Ramona Blvd. 8:30

ST. CLAIR-67th-6632 St. Clair. 8:30

SHAKER-Christ Episcopal Church,
8446 Warrensville Center Rd. 9:00

SUNNY MONDAY WOMEN-Sunset Pk.,
St. John's Par. House, Independence. 12:30

SOUTH EAST-7626 Broadway 8:30

TEMPLE-Fatima Hall, 6914 Lexington 8:15

WEST 26th ST.-Marvel Hall,
2868 W. 26th St. 9:00

WOMEN'S Westside-West Blvd. Christian
Church, Madison and W. 101. 8:45

ELYRIA MEN-St. Agnes,
Lake and Dewey 8:30

VERMILION-Congregational Church. 8:30

WILLOUGHBY, O.-First Presbyterian
Church, 4786 Shankland Rd. 8:30

TUESDAY

CLARK-1917 Clark Ave. 8:30

CORLETT MIXED-Holy Family Parish
Hall, 8846 E. 131st St. 8:30

EAST SIDE WOMEN-11206 Euclid,
Church of the Covenant 8:00

EDGE LAKE-Lakewood YMCA,
Community Room, 16916 Detroit. 8:30

EUCLID MORNING-Lake Shore Christian
Ch., Lake Shore Blvd. & 280 10:30 A.M.

FAIRMOUNT-St. Paul's Episcopal,
Fairmount and Coventry 9:00

FALLS-Community Church, Olmsted Falls,
7853 Main St. (Columbia Rd.) 9:00

FATRIEVIEW PARK-Fairview Grace
Church, W. 224th and Lorain Ave. 8:30

HILLOP-ST. Joseph's Seminary,
17608 Euclid Ave. 8:30

MAY-LYND-E. Cleveland Savings & Loan,
5816 Mayfield Road 8:30

MILES-LEE-Mt. Hope Lutheran Church,
E. 164th. north of Miles Ave. 8:30

NIGHT & DAY-12821 St. Clair Ave. 8:30

SMITH-WILSON-St. Joseph's School,
9821 Orleans Ave. 8:30

SUPERIOR-North Presbyterian Church,
E. 40th and Superior 8:30

TAKE IT EASY-28920 Chardon Road,
Willoughby Hills, O. 9:00

TRUSTY-Cleveland House of Correction,
1000 ft. east of House of Correction 8:00

VALLEY WOMEN'S DISCUSSION GROUP,
2nd and 4th Tuesday, 7100 Kinsman. 7:00

WEST PARK-Puritas Lutheran Church,
Puritas Ave. and W. 138th St. 8:30

ASHLAND, O.-First Presbyterian Church,
3rd & Church Sts. 8:00 EST

ASHTABULA CONSOLIDATED-
Methodist Church, South Broadway
Geneva, Ohio-First Tuesday 8:30

LAKE COUNTY-M&H. Fellowship Hall,
Rt. 29-E. Southwood Mentor. 8:30

LORAIN CENTRAL-Lorain, O.,
Trinity Church. 8:30

MANSFIELD-Episcopal Church,
41 Bowman St. Mansfield, O. 8:30 EST

MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30

SANDUSKY, O. (Firelands)-First Pres-
byterian, across from Post Office 8:30

STREETSBORO, O.-Methodist Church,
Intersection of Rte. 14 & Rte. 43 8:30

STRONGSVILLE-Town Hall. 8:30

WEDNESDAY

ANSFL-Lithuanian Hall,
6R35 Superior Ave. 8:30

BAXTER-St. John's Lutheran School,
6826 Cable 8:30

BEDFORD-Bedford Christian Church,
Warrensville Center and Blaine 9:00

BROOKLYN-K. of P. Hall,
3316 Broadview, East of Pearl Rd. 8:30

COLLINWOOD-946 E. 162nd St. 8:30

WAN MEN-YMCA (University Circle),
2066 E. 106th St., Second floor front 8:30

EASTSIDE MORNING-9606 Euclid Ave.,
Euclid Ave. Congre. (Side ent.) 10:30 a.m.

GARFIELD-Pilgrim E. & R. Church,
4692 E. 131st St. 8:30

HAGUE-Grace Cong. Assembly Hall,
West 65th and Colgate 8:30

LEE ROAD-First English Lutheran,
Derbyshire and Euclid Hts. Blvd. 9:00

LORAIN-TRISKETT-Bosworth Road,
Presbyterian church, 3631 Borworth 9:00

NO. OLMSTED-City Hall, Dover Road. 9:00

PSYCHIATRIC HOSPITAL-1708 Aiken. 8:30

ST. JAMES-St. James Church,
E. 84th and Cedar 8:00

TWENTY-FOUR HOUR-18216 Detroit,
Church of the Ascension 8:30

WARRENSVILLE-Women's House Cor. 7:30

WEST SHORE-West Shore Unitarian,
20401 Hilliard Rd., Rocky River 8:30

WEST SIDE (Closed)-Twelfth Step Club
8304 Detroit Ave. 8:30

ASHTABULA COUNTY WOMEN-Harris
Memorial, W. 68th & Adams, Ashtabula
Second and Fourth Wednesday 7:30

BRUNSWICK O.-Cuyahoga Ass'n Bldg.,
Route 42, So. of 303 8:30

CHESTERLAND-Chesterland Methodist
Church, Mayfield Road and Rte 806 8:30

ELYRIA O.-St. Paul Building,
Third and Middle, side entrance 8:30

FAIRPORT HARBOR-Luther Center,
Eagle St., Fairport Harbor 8:00

INTERACIAL-30th & Wood, Lorain, O.,
Mt. Zion Baptist Church 8:30

JEFFERSON, O.-St. Joseph's Church. 8:30

LAKE COUNTY WOMEN-1st Presbyterian,
4786 Shankland Rd., Willoughby 1:00

LORAIN COUNTY WOMEN-Route 264,
one block N. E. of Route 67 8:30

MANSFIELD, O.-20 1/2 S. Park 8:00 EST

SANDUSKY, O.-Provid. Ha. Cafeteria. 7:30

WICKLIFFE-Wickliffe Presbyterian Church,
E 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE-St. Paul's Episcopal,
Church, 16837 Euclid Ave. 8:30

ANGLE-St. Malachi's, 2459 Washington. 9:00

BAY WEST-Church of the Redeemer,
23500 Center Ridge Rd., Westlake 8:30

BROADWAY-56th-Our Lady of Lourdes
School Hall, 8898 E. 56th St. 8:30

COVENTRY-Fairmount Presby. Church,
Scarborough and Fairmount Blvd. 8:30

CROSSROADS-St. Luke's Episcopal,
W. 73th St. and Lake Ave. 8:30

EASTLAKE-First Congregational Church,
33700 Vine St. 9:00

EAST SHORE WOMEN-Richmond Library,
26161 Euclid Ave., Euclid, O. 8:30

EUCLID-WADE-12821 St. Clair 8:30

GARDEN VALLEY-(Outhwaite)
7100 Kinsman Ave. 8:00

GOLDEN GATE WOMEN-Golden Gate Plaza,
Ohio Savings Bank, Mayfield Rd. 8:30

LORAIN THURSDAY-4470 Ridge Rd.,
Dr. Martin Luther Church 9:00

NIGHT & DAY-12821 St. Clair 10:45 a.m.

NORTH RANDALL-Village Hall,
21937 Miles Ave. 9:00

PARMA HEIGHTS-6400 Pearl Road
Laux Realty Basement (rear ent.) 8:30

ROCKY RIVER-Roekport Methodist
Church, 3301 Wooster Road. 9:00

ST. CLAIR-THURS.-Nottingham Meth-
odist Church, St. Clair & Melville. 8:30

TRUSTY-Cleveland House of Correction,
1000 ft. east of House of Correction. 8:00

WEST SIDE MORNING-W. 98th & Denison,
Hungarian Lutheran Church. 11 A.M.

ASHLAND THURSDAY-2nd and Union,
Rossaro's Restaurant 8:00 EST

AMHERST, O.-St. Peter's Church 8:30

ASHTABULA HARBOR-North End Club,
Corner Walnut Blvd. & Lake Ave. 8:30

BEREA-Fine Arts Club, E. Bagley Rd.,
3 doors east of Eastland Rd. 9:00

ELYRIA, O.-Catholic High, Gulf Rd. 8:30

INDEPENDENCE, O.-St. John's Lutheran
Hall, Second and Sunset 9:00

DISCUSSION-112 E. 19. Lorain, O. 10 A.M.

MAPLE LEAF-Congregational Church,
Fellowship Hall, Burton, Ohio 8:30

PAINESVILLE-Congregational Church,
Educ. Bldg., Mentor Ave., Pville 8:30

SHEFFIELD LAKE, O.-St. Thomas
School, Ham's Road 8:30

FRIDAY

BROADWAY-HARVARD-8437 Br'dway 9:00

CEDAR-Salvation Army, 6006 Euclid. 8:15

C.E.I.-66 Public Sq. (rear) Room 361. 8:30

CHARITY-Amphitheatre, 6th Floor,
St. Vincent's Charity Hospital 8:30

CLEVELAND WOMEN-1031 Ter. Tow. 6:00

EUCLID FRIDAY-Epiphany Church,
Lake Shore and E. 210th 9:00

FREWAY STAG-16619 Holmes Ave. 8:30

FRIDAY AFTERNOON WOMEN-Ply-
mouth Church, Coventry and Drexmore,
Krumline Room. 1:00

GORDON SQUARE-St. Helena's Hall,
1867 W. 66th St. 9:00

HEIGHTS-Closed Discussion, Christian
Church, Van Aken & Avalon (rear) 8:30

HUDSON, O.-Closed meetings.
Christ Church, 21 Aurora 8:30

LEE ROAD-American Legion Hall,
Post 168, 16644 Euclid Ave. 9:00

NORTH EAST-Town House Motel,
16661 Euclid Ave. 8:30

SKID ROW-Way'r's. Ldgs, 701 Lakeside 7:30

TRAINING-REFRESHER-Illuminating
Bldg. (rear) Rm. 861, 66 Public Sq. 8:30

SOLIDARITY-Friendly Inn Settlement,
2382 Unwin Rd. (off E. Quincy Ave.) 8:30

STELLA YARIS MIXED
1320 Washington Ave. 8:15

WEST CLIFTON-Lkwd. Congregational
Church, 1876 W. Clifton Road. 9:00

AVON LAKE-First Congregational Church,
82801 Electric Blvd. 9:00

BEREA-Social room of Berea Cong.
Church, Seminary and Church. 8:30

CHAGRIN FALLS-Federated Churches,
76 Bell Street 9:00

CHARDON-Pilgrim Christian Church,
113 South Street, Chardon, O. 8:30

CONNEAUT, O.-B. of L. E. Hall 8:30

MANSFIELD, O.-25 Mulberry 8:00 E.S.T.

WELLINGTON-St. Patrick's Catholic
Church, No. Main St. Wellington, O. 8:30

SATURDAY

FOREST CITY-2126 Broadway Rd. 9:00

JACK & HEINTZ-17600 Broadway. 8:30

LANDER CIRCLE-Garfied Mem. Methodist,
Cor. Lander Rd. and Route 422. 9:00

LEAGUE PARK-Unitarian Church,
8143 Euclid Ave., Cor. E. 82nd St. 9:00

LIBERTY-946 E. 152nd St. 0:00

MAPLE HTS.-Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd. 8:30

MATT TALBOT-Windermere Presb. Ch.,
14112 Euclid Ave. at Windermere 8:30

MEMPHIS-Lakewood Congregational Ch.,
1876 W. Clifton cor. Detroit Ave. 9:00

NEWBURGH STATE HOSPITAL-Williams
Bldg., Entrance at 4455 Turney Rd. 7:30

NIGHT & DAY-12821 St. Clair. 12 Midnight

NORWALK TRUCK LINES-
1147 E. 66th St., at Shore Drive 9:00

PARMA-Ridgewood Savings & Loan,
5950 Ridge Road. 8:45

PLAINES-Plains Methodist Ch., Mentor, O.,
Rts. 306 and 283, Mentor, O. 9:00

REDWOOD-Euclid Lutheran Church,
E. 260th and Oriole. 8:30

TRINITY-Trinity Evangelical Church,
3626 W. 26th St. 9:00

VALLEY VIEW-Pilgrim Congr. Church,
2692 W. 14th, cor. Starkweather 9:00

ASHTABULA, O.-St. Peter's Epic. Church,
Main Avenue at South Park 8:30

ELYRIA SAT-NITE-St. Paul Bldg., 3rd &
Middle St. Elyria, O. 8:30

LORAIN SATNITE-7th and Reed St.,
St. Mary's Church Basement 8:30

MANSFIELD-20 1/2 S. Park 8:00 EST

MIDDLEFIELD-Methodist Church,
South Main St., Middlefield, O. 8:30

WEST RICHFIELD-Consolidated Church,
Route 303, just west of Route 21. 9:00

WILLOUGHBY HILLS-28920 Chardon Rd.,
Willoughby Hills, O. 7:30

SUNDAY

BEDFORD HEIGHTS-Village Hall,
6661 Perkins Rd., Bedford Heights 7:30

BROOKSIDE-Blessed Sacrament Church,
Storer and Fulton (downstairs) 8:30

C.A.H. Discussion-12821 St. Clair. 10:45 a. m.

COLLINWOOD-946 E. 162nd St. 7:30

DETROIT SUNDAY-8304 Detroit Ave. 7:30

DISCUSSION-6700 Detroit Ave. 7:00

GARDEN VALLEY-Outhwaite,
7100 Kinsman Ave. 4:30

GOLF LAKE LAKELANDS-Immaculate Conception
Church, Hubbard Rd., No. Madison 3:00

LAKEWOOD ARMORY-
1437 Wayne Ave., South of Detroit. 9:00

MISTLETOE-St. Thomas Church,
9206 Superior Ave. 7:00

NELA PARK-Cafeteria, Advertising Bldg.,
Nela Park, Noble Road 7:30

NEWBURGH-St. Catherine's Church,
3443 E. 93rd St. 8:30

SUNDAY A. M. BREAKFAST, T. I. E.
Club, 28920 Chardon Rd. 10:30 A. M.

SUPERIOR STAG-8801 Superior 11 A.M.

TRUSTY-Cleveland House of Correction,
1000 ft. east of House of Correction. 6:00

WARRENSVILLE-Cooley Farms,
Recreation Room. 10 A.M.

YOUR-k&l Community House,
240 Briardale 7:15

AVON CENTRAL-Basement Central Bank,
36690 Detroit Rd., Avon, O. 8:00

CHIPPEWA-SEVILLE F.W. Hall,
Seville, O. 8:00

GENEVA, O.-Legion Hall, Park St,
corner of So. Eagle 7:30

KIRTLAND, O.-Old South Ch. Rt. 806 8:30

LORAIN COUNTY CONSOLIDATED-
St. John's Sch., 81 & Rt. 67, Lorain. 7:30

MANSFIELD, O.-20 1/2 S. Park 8:00 EST

NEWBURY, O.-St. Helen's Church. 8:15

TWILIGHT-Grange Hall, Rt 60.
Axtel, O. 7:30