



UNREWARDED LOVE

Most of us know the story of the stern orphanage matron who saw one of her little charges depositing a letter in a hollow tree near the road. Her immediate reaction was that the little girl was trying to get word of the shabby treatment the orphans were receiving, to someone outside. At first opportunity she retrieved the letter and opened it. Its only message was, "To whoever reads this-I love you."

Here was a child deprived of even the simplest joys of a humble home, who was starving for love. Yet her heart was so full that she gave love freely to someone, anyone, even though she might never see or know them.

We hear much in our fellowship of the need to give without thought of reward. Do we so give of our love? When you give love, you give yourself, your very life if need be. It is certainly the most important, perhaps the only important gift we have to make.

As we progress on the highroad of sobriety, do we achieve an instinct and ability to love our brothers? We come into this way of life with one characteristic of the little orphan. We need love and understanding. Most of us had precious little of either in our last dark years. Most of us find it in a measure that surpasses conception. As time goes on our hearts are filled with gratitude and finally, without ceasing to be recipients, we become givers. But do we give generally and generously?

We all have our favorite people, those with whom we seem to be helpful and effective, and those in turn who "do something for us." But what of the others? There are those on whom we pass adverse judgment, those whose difficulty with the program causes us to be almost contemptuous. One often hears the statement made about a speaker that "He doesn't do much for me." Almost all of us drift down these by-paths which are as alien to our way of life as anything could possibly be. Isn't it time to recognize this failing?

Our attitude should be one of mutual, willing, helpfulness, not just with those who seem to "do something for us", not just with our particular friends or those with whom we in turn seem to register, but with each other generally. In those whose conduct offends us, we should remember that there "but for the grace of God go we", and in that simple truth we will discover our hearts going out to them.

Recently in a school for retarded children the question was asked, "What is your heart?" One child answered, "My heart is what God put inside of me."

It is strange that for many of us with this precious gift of a sober life, the mind is inclined to get snagged in worldly things which induce us to criticize and judge, an effective bar to compassionate understanding.

We need to give of ourselves without thought of reward. Outgoing love is a rich experience which is its own reward.

Bars are something which if you go into too many of, you are apt to come out singing a few of, and maybe land behind some of.

WOULD-BE MISSIONARIES

One of our good AA friends, a stormy petrel by nature, came busting-into our office the other day, vehemently and explosively spilling out his opinions on "this thing which will destroy AA", and that we of the Bulletin should do something about it.

During this man's six years in AA, he has been a tireless worker. He would "die for AA" if his death would be necessary to enhance the program. He lives virtuously, righteously-a good man. He's honest, faithful and loyal, intensely and probably emotionally grateful for the AA program. He belongs to no church, stubbornly condemning them all, regardless of denomination. If we're not mistaken our first argument with him came when he declared that "AA is my religion."

During these six years he has developed remarkably in self-control and tolerance. In fact it has been at least six months since he displayed the present emotional binge. It took him weeks to simmer down to intelligent reasoning the last time. The calming effect of "Daily Plan Living" as he terms it, leveled him off.

What bothered him this time was the actions of another extremist, a newcomer in the group, who, also grateful for his recovery, decided to be a missionary without portfolio for his church. This fellow, a Catholic, had found AA, returned to the church he had disowned and disgraced for most of the years of his mature life, and had found peace and deliverance while attending a retreat. Since then, his miracle had to be shared by all who would hear him. He became a zealous organizer of retreat pilgrimages.

In the group to which these two belonged were folk of many denominations, Catholic, Protestant and Jew. They respected each other's religion and developed into one of the finest groups in the city. They applied themselves to the First Tradition-"Our common welfare should come first; personal recovery depends on AA unity." They avoided religious and political discussions, recognizing that these domains were a person's own, and that any encroachment on his right to worship "his God as he understood him" and the right to vote as he saw fit, would jeopardize the unity which the group held dear.

The atmosphere in the group is changing. Resentment, the common enemy of church, society and community, developed and cliques formed. This troubled our "stormy petrel" and he wanted to make an issue of it.

We believe that there is a danger in anyone or any denomination using AA as a missionary vehicle. The over-zealousness of some individuals has annoyed quite a few of our members, but in the main it has been tolerated. AA cannot and never will be the program of any one church. If any church tries it, AA will die; for there's a peculiar quirk in the alcoholic makeup as there is in the Church's. The Church (all denominations) instinctively judges alcoholism as a sin and is loth to accept the fact that it is a disease. For that reason it has had such poor success in reforming alcoholics. Its teachings are not geared or coordinated to meet the peculiar needs of the alcoholic. Great strides have been made by most denominations in better understanding, but when a group

(Continued on page three)

People usually quarrel, because they are unable to learn how to argue.



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MILL ENDS AND REMNANTS

"RING OUT THE OLD, RING IN THE NEW"

And what a worthy expression considered in the light of reflection on what we have accomplished in the past year, what we have failed to accomplish, and in the light of what we will hope may be accomplished in the days of 1964 facing us.

While daily inventory is recommended practice, if we are to keep our individual houses in order, certainly it is also good practice to take down the ledger at the end of the year and look at the entries we have made in each of the 365 days that were given us to work with.

The entries on the credit side seem insignificant when we observe the debits, great or small, numerous or few, for these actually are the ones that mark our results, and it is these that bring us to the point of resolution, to the point of rededication and face to face with the fact that we have opportunities and responsibilities to improve.

On two occasions in the past week we have been privileged to participate in and observe responsibility and dedication in action. The first, was a meeting of all Ohio delegates and area officers in Columbus when we observed responsible and dedicated individuals perform completely within the framework of the Twelve Traditions and in the ultimate in Third Legacy procedure to select the Ohio nominee for "B" Trustee to the General Service Board.

By reason of the untimely passing of the late Howard B., who had been nominated and later selected for the trusteeship, it was necessary that another nominee be selected as Ohio's candidate from the East Central Region (this comprises Ohio, Illinois, Indiana and Michigan) to fill the unexpired term. The nominee is Bruce M., from Akron, another stalwart AA, whose name will be presented to the Conference to be held in April, 1964 along with a candidate from each of the other three states.

The second occasion to observe responsible and dedicated people in action came within the same week when we were fortunate and privileged to spend a few hours at the General Services Office in New York. It is an ever source of wonder when we pause to consider the magnitude of the jobs these few people do, day in and day out, to help so many scattered all over the world. And it never fails to amaze us the tremendous enthusiasm with which they approach them and with which the activities are carried out.

Responsibility and dedication get things done and it makes us realize if we would put forth a little more, we could help much more. This is a time for resolve, for action, for rededication to the task ahead, as individuals, as groups and in whatever level of activity and service our opportunities may lead us.

Doing so, abiding happiness will be ours in 1964, by George!

A quick-thinking employee came up with a new alibi when his foreman berated him for sleeping on the job. "Good gracious," he retorted, "Can't a man close his eyes for a minute of prayer?"

Solve your problems when they are small, don't wait until they become too large to handle.

CENTRAL COMMITTEE

28 group representatives attended the monthly meeting which was held December 3, 1963. Apparently a great many groups do not realize that they are entitled to be represented by their secretaries or by such members as they may designate. Each group is entitled to a voice in the proceedings and to a vote in its decisions. It is hoped that more groups, in the future, will exercise this right to use their influence for the benefit of AA in the Greater Cleveland Area.

The Action Committee reported that they are in the process of counteracting some influences which are contrary to the best interests of AA. Not all the facts have been collected, however, and no names are being divulged until this is done. A full report is expected at the next meeting.

The Editor of the Central Bulletin was pleased to report that circulation is still increasing. Also, he said that many groups were using the supplemental sheet which lists sneakers for the month.

The news from the Hospital Committee concerned Serenity Hall at Bay View Hospital. This ward for male alcoholics opened on November 18, 1963, and has been a stunning success from the start. The Volunteer Committee of AA members, now known as the Liaison Committee, has received the utmost cooperation from the hospital administration, and has been encouraged to bring the AA program to the patients in whatever way seems best to the committee.

Following custom, an election was held. The vice-moderator, John B. North Olmsted, was elected moderator for 1964. Tom S. Willoughby, was elected vice-moderator. Peg H., East Shore Women, was thanked for the excellent and dedicated service she performed as moderator for 1963.

The next meeting of Central Committee will be held January 7, 1964, in Room 1372, Hanna Bldg., 8:30 p. m. Start the new year right, and have your group represented at this vital AA area service unit

"CURES"

Every once in a while we pick up a newspaper or magazine and read of some sensational cure for alcoholism. And then, around some meeting places, discussions are held, as to the relative merits of the so-called "cures," as compared to AA. Almost invariably the authors of these articles say, "AA didn't work for me." The simple truth is, that being alcoholics, they think backwards, and in all honesty should have said, "I didn't work for AA."

What actually has happened, if we read these articles carefully, is that the authors, having found themselves sober for a short period, have concluded that they have "cured" themselves, and that their system will work for all alcoholics. It would be interesting to be able to check up on some of these writers to see how long their sobriety lasts. The purpose of one author in writing one of these "masterpieces" was to get a royalty check to replenish his supply of drinking money. One system even declares the alcoholic "cured" after one year of sobriety.

It is good for AA that these articles appear, because it gives the prospective member a chance to try something else, before coming to AA as a last resort. The sad part of the whole thing is that too many die in the attempt.

That the twenty-four hour plan of AA never ends, and as we reiterate each day our desire to live "this day" in such a manner that we do not need a drink to tolerate ourselves, is one of the things that sets AA apart from all other treatments.

The firm conviction that a Higher Power is always with us, that God will continue to give us only in proportion to how much we are willing to give, is the one thing that will prevent us from ever claiming a "miraculous cure" but only a divinely inspired program of daily living, which only works so long as we work. When the individual stops working the program, the program stops working for him, and him only. But AA goes on just the same.

-A Cleveland member (Reprint)

Holiday Warning — Don't Take that First Drink!

THREE CHRISTMASSES

It was the night before Christmas and all through the house, not a creature was stirring-not even the old man. He had sneaked in at 3 a. m. after just a wonderful (?) Yuletide eve party with the boys and he was lit up brighter than the tree into which he stumbled. He put his foot through the box with the doll in it, knocked off some of the ornaments, found the bottle he had stashed away and then passed out half on the sofa, half on the floor.

The kids thought the rumpus was Santa Claus coming down the chimney and stayed tightly in bed as they had been warned. But mother knew what it was. Just another smashed up Christmas. Old and routine stuff by now. She had come down when quiet returned. She tried to rouse the old man to get him into bed, but he was too far gone. He was out but the lights were on. So she extinguished them and let him lie. What a present for the youngsters to find under the tree in the morning!

"Mama, what's the matter with daddy?" they would ask. "He's all tired out because he stayed up to help Santa Claus."

"But he looks funny, mama."

"Yes, I know, but he'll be all right after he rests. Go play with your toys now."

And for that family it was not, in the lines of the old poem, "and a Merry Christmas to all," but it was "and to all a good night"-and how!

* * *

This year the old man didn't join the office party that started soon after lunch. That had always been the beginning of the end in years gone by. He hung around long enough to be sociable and then made a bee-line for home.

With his wife he helped trim the tree after the kids had gone to bed. He had some money this year and for the first time in a long while-longer than he cared to remember-he had bought her some lovely presents. The kids had more, too; not just the few things that could be squeezed from the limited funds left over from drinking.

And Christmas day was one to remember. The old man was up and about and cheerful and happy. This is swell, he thought to himself. Swell because all the others were happy, too. What a change from the years gone by.

* * *

These were the externals, part of the reward of sobriety. But what had happened? Between these two Christmases there had been another Christmas-and new birth-when the old man found Alcoholics Anonymous.

What is Christmas? It reaches back in to the dim antiquity of man. Originally it was a pagan holiday. The ancients celebrated the day to mark the return of the sun toward the north, bringing longer days, more light and the promise that life would revive much of the old significance.

Nothing could be filled with more promise, nothing could bring brighter days, than the "Christmas" the alcoholic had found when he achieved sobriety. For those of us who now know happiness, Christmas is not just a holiday, it is the spirit of a new way of life.

-Reprint from December, 1952.

NEW AA DISTRICT OFFICE SECRETARY

Ricardo (Dick) P., a recently elected member of the Advisory Board of the Cleveland AA District Office and a long time faithful member of the Parma group was appointed secretary to replace George O'H., who resigned on November 8.

Dick has contributed greatly to AA as a group member, sponsor and, beyond that, translated the Big Book and the first AA pamphlet in the Mexican language with gratifying success in establishing the program south of the border. His wife Helen deserves recognition also for her help in typewriting the translations.

So let's show our appreciation of his decision by giving him our solid support. He took office on Monday, December 23, 1963.

BE A BULLETIN BOOSTER. GET A NEW SIJBScriber YOUR SECRETARY HAS SIJBScription BLANKS

WOULD-BE MISSIONARIES

(Continued from page one)

has been dominated by being assimilated in the Church's activity, it has met with disappointing results.

For a group to maintain harmony, it must respect the right of all of its members to worship as they will. Their primary purpose is to show that living sober, decent and moral lives, they can regain their rightful place in the community.

The greatest service these would-be missionaries can render to their Church, regardless of denomination, is to live their religion and live it so manifestly that the unchurched or the wavering type will be attracted to it.

-Reprinted by request

DATES TO REMEMBER

January 11-First Anniversary of the Latural group on Tuesday evening at 8:45 p. m. with Harry H., Rocky River, as speaker.

GIGGLES

Our eyes are where they are for seeing opportunities ahead — not for looking at our mistakes behind.

* * *

Glasses have a definite effect upon a person's vision . . . especially if emptied too many times.

* * *

The only perfect man who ever lived is the guy your wife might have married . . .

* * *

Driving a car on New Year's Eve is like playing Russian roulette, you never know which driver is loaded.

• ☒ ☒ ☒

It takes a life of kindly thoughts to make a sweet old age.

* * *

If you make out your income tax correctly you go to the poorhouse; if you don't you go to jail . . .

* * *

Never make the same mistake again. Make new ones — they are more interesting.

* * *

As the Indian said: Everyone is smoking the pipe of peace but no one is inhaling.

* * *

If you make out your income tax correctly you go to the poorhouse; if you don't you go to jail.

* * *

Best traffic-safety insurance ever discovered is simply to let the other guy pass.

* * *

Traffic tip . . . Stop on the Red, go on the Green, but don't start moving on the in-between.

ALANON GROUP MEETINGS

Alanon Answering Service — Call SU. 1-5135

- ASHTABULA-Harris Memorial W. 58 & Adams ...1st & 3rd Mon., 8 :30
BROOKPARK-PARMA—Redeemer Lutheran, 6151 Smith Mon..... 8 :30
LAKEWOOD—Lakewood Presbyterian, Detroit Ave. at Marlowe Mon., 8:30
EUCLID-Christian Church, 28001 Lake Shore Blvd. Tues., 8 :30
GARFIELD HEIGHTS-Garfield Hts. City Hall, 5555 Turney, Tues. 8 :30
SUBURBAN WEST—Our Savior Luth'n Church. 20300 Hilliard, Tues.. 8:30
MAPLE HEIGHTS-Presbyterian Church. 15715 Libby Rd.... Tues., 8:30
BETHANY—Bethany Presbyterian Church, W. 65th & Clinton... Wed., 8:30
BROADWAY—Newburgh Recreation, 8431 Broadway...Wed.. 8:30
FAIRPORT HARBOR-Luther Center, Eagle st. Wed.8:00
LORAIN AVE.-Dr. Martin Luther Church, 4470 Ridge Rd. Thurs., 9 :00
E. CLEVELAND--YWCA. Lee Boulevard and Euclid Fri. 1:30
CHARITY-St. Vincent's Charity Hospital. E. 22nd & Central..... Fri. 8:30
CHARDON—Pilgrim Christian Church, 113 South St.- Fri. 8:30
LORAIN COUNTY—Congregational Ch.. 82807 Electric, Avon Fri. 9 :00
VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed Sun., 4:00

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 East 4th St., is open weekdays from 9 a.m. to 5 p. m., and Saturdays from 9 a.m. to 1 p.m.. but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

CLEVELAND AREA A A GROUP MEETINGS

MONDAY

BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
BROOK PARK—Redeemer Lutheran Church, 5161 Smith Road, Brook Park 8:30
EARLY-EARLY—Baptist Church, 1740 E. 17th St., Corner Walnut 7:30
EDGE LAKE—Faith Lutheran Ch., Lakewood, Woodward & Hilliard (Wdward Ave. ent.) 8:30
FRIENDLY SUBURBAN—5087 Pearl 8:00
FRIENDSHIP—Blvd. Presbyterian Ch., 24595 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit 9:00
LEE MONDAY—First Presbyterian Ch., East Cleveland, Nela and Euclid 8:30
LORAIN AVE.—St. Ignatius Hall, Lorain Ave. at West Blvd 8:30
ORCHARD GROVE—St. Mark's Church, 16806 Trisket Road 8:30
PEARL—St. Mary's Sch., 4600 State Rd. 8:30
RAHONA—9721 Ramona Blvd 8:30
SHAKER—Christ Episcopal Church, 3445 Warrensville Center Rd. 9:00
SUNNY MONDAY WOMEN—713 E. Sprague Rd., off Route 21, Seven Hills 12:30
SOUTH EAST—7625 Broadway 8:30
TEMPLE—Fatima Hall, 6914 Lexington 8:15
W. 26th St.—United Church of Chrht, 2409 Willowdale Ave. 9:00
WOMEN'S—Westside—West Blvd. Christian Church, Madison & W. 101st St. 8:15
ELYRIA MEN'S—St. Agnes, Lake & Dewey 8:30
Mixed Discussion 10:00 a.m.
JEFFERSON, O.—St. Joseph's Church 8:30
VERMILION—Congregational Church 8:30
WILLOUGHBY, O.—Fint Presbyterian Church, 4786 Shankland Rd. 8:30

TUESDAY

BRECKSVILLE V. A. HOSPITAL, 1000 Brecksville Rd., Brecksville, O. 7:30
CLARK—1917 Clark Ave. 8:30
CORLETT MIXED—Holy Family Parish Hall, 3845 E. 131st St. 8:30
EASTSIDE WOMEN—Y.M.C.A., Room 6, Lee Road at Euclid 8:15
EUCLID MORNING—Euclid Christian Ch., Lake Shore Blvd & E. 280th St. 10:30 a.m.
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 9:00
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave. 8:30
FALLS—Community Church, Olmsted Falls, 7853 Main St. (Columbia Rd.) 9:00
GARFIELD TUES.—Garfield Hts. City Hall, 5555 Turney Road 8:30
HILLTOP—St. Joseph's Seminary, 1708 Euclid Ave. 8:30
LAUREL—Brooklyn High School Cafeteria, 9400 Biddulph Rd. (Parking, W. 96th.) 8:45
MAY-LYND—E. Cleveland Savings & Loan, 5816 Mayfield Road 8:30
MILES-LEE—St. Mary's Church, 4070-E. 142nd St. 8:30
NIGHT & DAY—13867 Euclid Ave. 8:30
RIVER TUESDAY—Focky River Methodist, 19414 Detroit Road 8:30
SMITH-WILSON—St. Joseph's School, 9821 Orleans Ave. 8:30
SUPERIOR-North Presbyterian Church, E. 40th and Superior 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
VALLEY WOMEN'S DISCUSSION GROUP, 2nd and 4th Tuesday, 7100 Kinsman 7:00
WEST PARK—Puritas Lutheran Church, Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.—First Presbyterian Church, 3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—Geneva, O. Methodist Church, So. Broadway, 1st Tue 8:30
KIRTLAND, O.—Old South Ch. Rt. 306. 8:30
LAKE COUNTY-Meth. Fellowship Hall, Rt. 20-E. Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O., Trinity Church 8:30
MANSFIELD—Episcopal Church, 41 Bowman St., Mansfield, O. 8:30 EST
YEDJNA, O.—St. Paul's Epia. Par. Hse. 8:30
STREETSORO, O.—Methodist Church, Intersection of Rte. 14 & Rte. 48 8:30
Strongsville—Methodist Ch., 13354 Pearl 8:30

WEDNESDAY

ANSEL—Lithuanian Hall, 6836 Superior Ave. 8:30
BAXTER—St. John's Lutheran School, 6825 Cable 8:30
BEDFORD—Bedford Christian Church, Warrensville Center and Blaine 9:00
BROOKLYN-K. of P. Hall, 3315 Broadview, East of Pearl Rd. 8:30
COLLINWOOD—945 E. 162nd St. 8:30
DOAN MEN—YMCA (University Circle), 2066 E. 106th St., Second floor front J:30
EASTSIDE MORNING—9606 Euclid Ave., Euclid Ave. Congre. (Side ent.) 10:30 a.m.
EUCLID-WADE—13857 Euclid Ave. 8:30
GARFIELD—Pilgrim E. & R. Church, 4692 E. 181st St. J:30

HAGUE—Grace Cong. Assembly Hall, West 66th and Colgate 8:30
LEE ROAD—St. Ann's Church Basement, Coventry and Cedar 9:00
LORAIN AVE., WED.-3631 Bosworth Rd., Bosworth Rd. Presbyterian Church 9:00
NO. OLMSTED—Epia'l Church of the Advent, 3760 Dover Ctr. Rd., north of Lorain 9:00
PSYCHIATRIC HOSPITAL—1708 Aiken 8:30
ST. JAMES—St. James Church, E. 84th and Cedar 9:00
TWENTY-FOUR HOUR—18216 Detroit, Church of the Ascension 8:30
WARRENSVILLE—Women's How Cor. 7:30
WEST SHORE—Wet Shore Unitarian, 20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)—Twelfth Step Club, 8804 Detroit Ave. 8:30
ASHTABULA COUNTY WOMEN—Harris Memorial, W. 68th & Adams, Ashtabula, Second and Fourth Wednesday 7:30
BRUNSWICK O.—Cuyahoga Ass'n Bldg., Route 42. So. of 303 8:30
ELYRIA O.—St. Paul Building, Third end Middle, side entrance 8:30
FAIRPORT HARBOR—Luther Center, Eagle St., Fairport Harbor 8:00
Farm-9438 Slagle, Rte 303, Garrettsville 10:30
INTERRACIAL—80th & Wood, Lorain, O., Mt. Zion Baptist Church 8:30
LAKE COUNTY WOMEN—1st Presbyterian, 4785 Shankland Rd., Willoughby 1:00
LORAIN COUNTY WOMEN—Meth. Church, Rte. 254—1 block east of Rte. 67 8:30
MANSFIELD, O.—20 1/2 S. Perk 8:00 EST
WICKLIFFE—Wickliffe Presbyterian Church, E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal, Church, 16387 Euclid Ave. 8:30
ANGLE-St. Malachi's, 2469 Washington 8:30
BAY WEST—Church of the Redeemer, 23500 Center Ridge Rd., Westlake 8:30
BROADWAY-55th—Our Lady of Lourdes School Hell, 3398 E. 55th St. 8:30
COVENTRY—Fairmount Presby. Church, Scarborough end Fairmount Blvd. 8:30
CROSSROADS-ST. Luke's Episcopal, W. 78th St. and Lake Avenue 9:00
EASTLAKE—Reformation Lutheran Church, 34300 Lake Shore Blvd. 9:00
EAST SHORE WOMEN—Richmond Library, 26151 Euclid Ave., Euclid, O. 8:15
GARDEN VALLEY—(Outhwaite) 7100 Kinsman Ave. 8:00
GOLDEN GATE WOMEN—Golden Gate Plaza, Ohio Savings Bank, Mayfield Rd. 8:30
LORAIN AVE., THURSDAY-4410 Ridge Rd., Dr. Martin Luther Church 9:00
NIGHT & DAY—13857 Euclid Ave. -11 A.M.
NORTH RANDALL—Village Hell, 21987 Miles Ave. 9:00
PARMA HEIGHTS—5400 Pearl Road, NADS, basement, rear entrance 8:30
ROCKY RIVER—Rockport Methodist Church, 8310 Wooster Road 9:00
ST. CLAIR—Nottingham Methodist Church, St. Clair & Melville 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
WEST SIDE MORNING—W. 95th & Denison, Hungarian Lutheran Church 11 A.M.
ASHLAND THURSDAY—2nd and Union, Rossaro's Restaurant 8:00 EST
AMHERST, O.—St. Peter's Church 8:30
ASHTABULA HARBOR—Bethany Luth'n Ch., Penn Ave., between W. 9 and W. 10 8:30
BEREA—Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland Rd. 9:00
ELYRIA-St. Agnes Sch., Lake & Dewey 8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second end Sunset. 9:00
DISCUSSION—112 E. 19, Lorain, O. 10 A.M.
MAPLE LEAF—Congregational Church, Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE—Congregational Church, Educ. Bldg., Mentor Ave., Pville. J:30
SHEFFIELD LAKE, O.—St. Thomas School, Harris Road 8:30
WILLARD, O.—United Bank Bldg. 8:30

FRIDAY

BROADWAY-HARVAR—8437 B'way 8:30
CEDAR-Salvation Army, 6006 Euclid 8:15
CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—425 Term. Twr. 6:00
EUCLID FRIDAY—Epiphany Church, Lake Shore & East 210th St. 9:00
FREEWAY STAG—1363 E. 260th 8:30
FRIDAY AFTERNOON WOMEN—Plymouth Church, Coventry and Drexmore, Krumbine R o m 1:00
GORDON SQUARE—St. Paul Corn. Church, 4427 Franklin Blvd. 9:00
HEIGHTS—Closed Discussion, Christian Church, Van Aken & Avalon (rear) 8:30
HUDSON, O.—Closed meetings, Christ Church, 21 Aurora 8:30

LEE ROAD—American Legion Hall, Poet 158. 15644 Euclid Ave. 9:00
NORTH EAST-Town House Motel, 16661 Euclid Ave. 8:30
PARMATOWN MEN—Assembly Room, Parma Community Hospital 8:30
SOLIDARITY—Friendly Inn Settlement, 2282 Unwin Rd. (off Quincy Ave.) 8:30
STELLA MARIS MIXED, 1820 Washington Ave. 8:15
WEST CLIFTON—Lkwd. Congregational Church, 1876 W. Clifton Road 9:00
AVON LAKE—Fint Congregational Church, 82801 Electric Boulevard 8:30
BEREA—Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS—Federated Churches, 76 Bell Street 9:00
CRARDON—Pilgrim Christian Church, 118 South Street, Chardon, O. 8:30
CONNEAUT, O.—Methodist Church, Buffalo and Madison Sts. 8:30
MANSFIELD, O.—26 Mulberry 8:00 E.S.T.
WELLINGTON-St. Patrick's Catholic Church, No. Main St., Wellington, O. 8:30

SATURDAY

FOREST CITY—2125 Broadview Rd. 9:00
L.S.I.—17600 Broadway 8:30
LANDER CIRCLE—Garfield Mem. Methodist, Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK—Teamster's Hall, 2076 E. 22nd St. at Carnegie 9:00
LEE-SEVILLE—New Home Baptist Church, Seville & Sunview Ave. 7:00
LIBERTY—946 E. 162nd St. 8:00
MAPLE HTS.—Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Windermere Presby. Ch., 14112 Euclid Ave. at Windermere 8:30
MEMPHIS—Lakewood Congregational Ch., 1375 W. Clifton cor. Detroit Ave. 9:00
NEWBURGH STATE HOSPITAL—Williams Bldg., Entrance at 4455 Turney Rd. 7:30
NIGHT & DAY—13857 Euclid Ave. 12 Midnight
NORWALK TRUCK LINES, 1147 E. 56th St., at Shore Drive 9:00
PLAINS—Plains Methodist Ch., Mentor, O., Rta. 306 and 283, Mentor, O. 9:00
PARMA—Third Federal Savings & Loan, 5950 Ridge Road 8:45
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church, 3525 W. 26th St. 9:00
VALLEY VIEW—Pilgrim Congr. Church, 2592 W. 14th, cor. Starkweather 9:00
ASHTABULA, O.—St. Peter's Epis. Church, Main Avenue at South Park 8:30
ELYRIA-ALANON—Woodbury St., off Cleveland St. 8:30
LORAIN SATNITE—7th and Reed St., St. Mary's Church Basement 8:30
MANSFIELD—20 1/2 S. Park 8:00 EST
PARKMAN, O.—Congregational Church 8:30
WEST RICHFIELD—Consolidated Church, Route 308, just west of Route 21 9:00

SUNDAY

BEDFORD HEIGHTS—Village Hall, 6661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
C.A.H. Discussion—13857 Euclid 10:45 a. m.
COLLINWOOD—946 E. 162nd St. 7:30
DETROIT SUNDAY—8304 Detroit Ave. 7:30
DISCUSSION—6700 Detroit Ave. 7:00
GARDEN VALLEY—Outhwaite, 7100 Kinsman Ave. 4:30
GRATEFUL—St. James Lutheran Church, 1424 Hayden, near Shaw 2:00
LAKEWOOD ARMOY, 1437 Wayne Ave., South of Detroit 9:00
MISTLETOE—St. Thomas Church, 9206 Superior Ave. 7:00
NELA PARR—Cafeteria, Advertising Bldg., Nela Perk, Noble Road 7:30
NEWBURGH-St. Catherine's Church, 8443 E. 93rd St. 8:30
SOUTHWEST SUNDAY—390 Fair St., Board of Education Bldg., Berea, O. 8:30
Superior Stag—2028 1/2 E. 105th 11:00 a.m.
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 6:00
WARRENSVILLE—Cooley Farms, Recreation Room 10 A.M.
YOUR—Euclid Community House, 240 Briardale 7:11
AVON CENTRAL—Basement Central Bank, 36690 Detroit Rd., Avon, O. 8:00
CHIPPEWA-SEVILLE—V.F.W. Hall, Seville, O. 8:00
GENEVA, O.—Episc. Ch., 66 So. Eagle 7:30
GOLF LAKELANDS—Immaculate Conception Church, Hubbard Rd., No. Madison 8:00
LORAIN COUNTY CONSOLIDATED—St. John's Sch., 31 & Rt. 67, Lorain 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
NEWBURY, O.—St. Helen's Church 8:15
TWILIGHT—Grange Hall, Axtel, O. 7:30



MISUNDERSTANDING

It is often said in this day that one simple misunderstanding could lead to nuclear war capable of destroying our world and all of us. In a less global, but no less real sense, a single misunderstanding could destroy any one of us at any time, assuming that sobriety is a life and death matter to us all.

The bitterest conflicts in *our* fellowship, in our families, our offices and workshops, and in all human forums in which we move, are not waged over great ideals or high principles. They are fought over differences of opinion, sometimes childish in their lack of importance. A sober life of quality is a continuous adjustment of our inner feelings to our external relations. Such adjustment implies tolerance.

Tolerance, as an indispensable ingredient of our way of life, does not rest on moral grounds alone. It is not humanly possible to know all the facts in **any** given situation, or all of even one fact. We live in a tense age and we are all sensitive people. Our great need is a fine sense of acceptance in relation to the other fellow. We must continually ask the question, "How must this look from where he stands?"

The most potent defense or insurance against misunderstanding is to cultivate open-mindedness. Many suggest that being open-minded implies a certain lack of conviction? a sort of empty-headedness. Such is not the case. The open-minded person is teachable because of an inherent desire to learn. If your mind is open, you are neither content nor gleeful over the discovery of errors in another person. You want to move on from there and perhaps help to correct the error and establish truthful opinion to supplant prejudice.

Open-mindedness will abate your possessiveness. When you find a thing of beauty, you will like it even though it is not yours. You will learn from it and be inspired by it. Conversely a closed mind is like an electric computer which simply chews away over and over again, at the limited information which is fed into it. It is not merely prone to exclude new truth, it excludes progress and growth, and other people.

The avoidance of misunderstanding would seem to be a prime objective in our way of living. Accordingly, in the months ahead this column will consider some of the causes from anger through envy, gossip, prejudice and pride. And in such consideration it will be demonstrated forcefully again that these hazards are all tied up with negative thought and action.

We need desperately to get on the road to positive action in all things, just as soon as we can. If we seek understanding with all the strength we **have**, and all the strength we can gain from our Higher Power, these negative pitfalls will cease to be.

They are a luxury too rich for our blood anyway.

It takes 3,000 bolts to hold an automobile together, but only one nut to scatter it all over the countryside.

TEMPTATION

The Devil always has spoken with a voice of sweet reasonableness, whispering soft mischief in our willing ears, jesting at the pains of bitter experience. Soft lights and the tinkle of glass, the body glow that comes with the first drink, the loosened tongue, the ribald joking, et cetera that seem come at no other time. These are the strong lures that make us forget the pain of the past.

Many of us have long since passed the strong craving for drink. In its place there is just a gentle, lurking desire that seems to come from no demand of the body for alcohol. Instead it's a desire of association for the things that have been associated with drinking in its pleasanter forms.

The saloon long has been known as "the poor man's club". But whether men have been poor or rich, their hilarious, irresponsible **o c c a s i o n s** linger long in their memories. Memories of conventions away from the home base which gave us opportunity to "live it up" in company with others. Upon these occasions, the Devil uses his tools of logic and artifice. Our friend, three years in AA had this experience.

"Don't be a stick-in-the-mud", he whispers. "No one knows you're in AA. One won't hurt you. Your associates will think you're an oddball. You'll lose face with them! They'll avoid you. You'll miss all the fun."

Satan's whispering campaign is subtle. Being a wall-flower on the sidelines, witnessing the fun and camaraderie enjoyed by his former drinking pals, he felt alone and snubbed. *He* began to feel sorry for himself. If he walked out of the

reception hall, they would gossip about him. There'd be no one there who would defend him. They might even *know* that he had joined AA! His reputation would be ruined!

The thought of going through this experience for three more days became unbearable. He wandered out to the lobby, bought a newspaper and sat and read. Satan followed him and sat down next to him. He waited for the right time to use his talents.

He introduced himself as a fellow-conventioner and told him he had seen our AA friend at many of the previous conventions when he was the life of the party. Was he sick? Certainly he hadn't been foolish enough to join those psalm singing AA's had he?

Our friend, grateful for the friendliness of this stranger, quickly replied, "Me an AA? What ever gave you that idea? No, I'm not sick. I just decided not to drink 'today'.

"But think of the fun you're missing. Besides, some of the boys noticed that you weren't drinking and one of them suggested that you might have joined AA. That's what prompted me to come over to talk to you. I was sure that a man of your intelligence and position wouldn't lower yourself to join such a screwball outfit! You're an intelligent man!"

"Well, I'll think about it. I do miss the fun. It's too early to go to bed and I have no other place to go. Let's

(Continued on page two)

**What people say
behind your back
is your standing
in the community.**



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Vol. 22 February, 1964 No. 5

MILL ENDS AND REMNANTS

It is a wonderful gift—sobriety in AA, both the tangible and intangible end results, some of which are an alertness to things that can preserve it, a sense of humor to accept and a perception that can discern and apply those things.

There are numerous publications, pamphlets and papers that come to our attention each month, and from the "Tongue In Cheek Department" of one of these, we build our column this month. We'll save space and let our readers evaluate the following:

It seems that one of the leaders of this particular organization had announced that he would never attend another football game. Experts, commenting on the statement, concluded that evidently the erstwhile fan had absorbed some peculiar attitude during his years of participation.

The reasons given by the O.T.F.F. (one time football fan) were these:

1. That every time he went to a game someone asked him for money.
2. That although he went quite frequently, no one ever spoke to him.
3. That though he was a good fan, the coach never came to see or consulted him.
4. That he found the seats too hard.
5. That the officials made decisions with which he could not agree.
6. That he suspected he was sitting with people who were hypocrites. They seemed more interested in the unrelated chit-chat and food than the game.
7. The band always played the same old tunes.
8. That having bought a book on football, he can stay home and read about it. He considers himself just as good a football fan as those who attend the game.

Doesn't that have a familiar ring, by George!

NOTICE — SECRETARIES!

The new Secretaries List will be mimeographed on January 31, 1964. All groups who have changed secretaries since the last list was published should call the Cleveland AA District Office at CH. 1-7387 before that date.

Also, should you have one of the old blue cover Central Bulletin subscription books, please cross out the 2-year price of \$3.00. The subscription price is \$2.00 per year. Group subscriptions of five, ten, fifteen or twenty are at the rate of \$7.50, \$15, \$22.50 and \$30 respectively and are mailed in bulk to the secretary of the group, together with the monthly speaker lists.

To be included in the Speakers List each month, your list of speakers must be brought in or mailed to the Editor by the third Friday of each month. \$2.00 must accompany each list. These lists are enclosed with the Bulletins which are mailed to all subscribers in Ohio and other states, totalling over 1,700.

There are two kinds of leaders in the world. Some are interested in the flock, others in the fleece.

TEMPTATION

(Continued from page one)

go back to the bar and I'll just take one, just to stop that silly gossip!"

Famous last words! "I'll just take one!" For anyone who has had a serious drinking problem in his life, one drink will start a chain re-action. Comparing yourself with another who ended in skid row and philosophizing that you weren't as alcoholic as he was is just as ridiculous a comparison as that of a woman leaving a doctor's office having learned that she was pregnant, saying "Well, at least I'm not as pregnant as those other two sitting in his waiting room."

CENTRAL COMMITTEE

Twenty-four groups were represented at Central Committee on January 7, 1964. The meeting was attended, also, by Dick P., newly appointed secretary of the Cleveland District Office. More than 20 years of continuous sobriety has not made Dick complacent or lacking in appreciation of his blessings and obligations, and his presence was most welcome.

The action committee has succeeded in persuading two clubs to stop calling themselves "AA Clubs". It is taking steps, also, to see that they are not listed in the classified telephone directory as "AA Clubs". This is in keeping with AA's traditional non-affiliation with any organization, neither opposing nor endorsing any causes.

The supplemental sheet, accompanying the Central Bulletin, which lists speakers and where they are leading, needs to be patronized by more groups in order to maintain the present monthly listing charge of \$2.00 per group. It is hoped that more groups will avail themselves of this service.

The Hospital Committee reported on the phenomenal success of Serenity Hall at Bay View Hospital. The heavy patronage makes it evident that this facility has long been needed, and reports from patients and sponsors are good. It is recognized that there is room for improvement, and this will be kept in mind.

The next meeting will be held, as always, on the first Tuesday of the month. This will be February 4, 1964 at 8:30 p. m., Room 1372, Hanna Bldg. Let your group share its experience, hope, strength and wisdom with other groups in this area by being represented at this important meeting.

BULLETIN SUBSCRIPTION CAMPAIGN

It has been estimated that the Cleveland area has over 5,000 men and women members of AA in its 175 groups. Yet, only 1,400 members in the State of Ohio are subscribers of which a total of about 1,250 are in the Cleveland area. Out of state subscribers number 124.

Vice-President Harold P., persuaded loyal Earl J. of the Angle group as Circulation Manager and to spark a campaign to increase the interest in the Bulletin. Earl persuaded 22 loyal and true members of AA to visit every group in the Cleveland area and solicit subscriptions, (individual, as well as group) and expects to swell the list of solicitors to 50 within a short time.

The Central Bulletin is the oldest AA publication on the market. It is recognized as one of the best of its kind. Its editorials are written by able writers with long records of sobriety and a thorough knowledge of the AA philosophy which they try to share each month with others.

The cost of a year's subscription is but \$2.00 per year. That's less than seventeen cents per month for three pages of AA philosophy and area news, plus an up-to-date listing of groups in the Cleveland area, as well as a supplement list of speakers for each month at meetings in the area.

Please grant the solicitors an opportunity to present their message. Thank you.

A fellow who thinks himself a wit is usually half right.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER Y O U K SECRETARY HAS S UBSCRIPTION B LANKS

"ALCOHOLISM — A COMMUNITY PROBLEM"

The Parmatown Men's group has extended invitations to city officials in Parma and neighboring communities and to prominent citizens in these areas who have become concerned with the growing problem of alcoholism in their bailiwicks.

This meeting will be held in Parmatown Community Hospital (Assembly Room), 7007 Powers Dr., Parma, O., on Friday, February 28 at 8:30 p.m. Speakers interpreting the AA viewpoint will be Harry D. and Paul B. of the Edgelake group.

Among those invited and who have accepted are Mayor Jas. W. Day, Administrative Assistant Mark F. Lynett, Safety Director Walter Tracy, Police Chief Francis Szabo, Welfare Director Lucille Frank, Municipal Court Judges Reichert and Zona, Police and Fire Department Chaplains Father Carl D'Agostino, Rev. C. Wm. Yehner, Father Eneas Sweeney, Rev. Irving W. Cammerer, Parma Hospital Administrator Douglas McNabb and all members of the Hospital Medical Staff.

The purpose of this meeting is to improve communication, understanding and better working relationship in the surrounding communities with our non-alcoholic public servants, and to provide through these "educational channels" better understanding and more acceptable attitudes toward the problem drinker.

If key people in the community governments, pastors, educators, can be enlightened, it is the firm belief of the Parmatown Men's group that a significant improvement in the attitudes toward problem drinkers and awareness of the availability of AA as a desired solution will result.

Open or public meetings will be repeated if the demand for them will be made.

It is hoped that a goodly number of our Fellowship will attend. Anonymity will be observed, of course.

SPONSORSHIP OF A KIND

"When the conduct of man is designed to be influenced, persuasion — kind, unassuming persuasion — should ever be adopted. It is an old and true maxim that 'a drop of honey catches more flies than a gallon of gall.' So with men. If you would win a man to your cause, first convince him that you are his sincere friend.

"Therein is a drop of honey that catches his heart, which, say what he will, is the great mad to his reason, and which when once gained, you will find but little trouble in convincing his judgment of the justice of your cause, if indeed that cause really be a just one.

"On the contrary, assume Co dictate to his judgment, or to command his action, or to mark him as one to be shunned and despised, and he will retreat within himself, close all the avenues to his heart and his head; and though your cause be naked truth itself, transformed to the heaviest lance, harder than steel, and sharper than steel can be made, and though you throw it with more than Herculean force and precision, you shall be no more able to pierce him than to penetrate the hard shell of a tortoise with a rye straw.

"Such is man, and so must he be understood by those who would lead him, even to his own best interest."

This was written many years before the advent of advertising and selling as we know it. And the man who wrote it couldn't have cared less for either. Yet it is a compelling message. The writer? Abraham Lincoln.

AA TOOLS

Newcomer's comment, after hearing all about the many aspects and tools of AA-open meetings, closed meetings, books, pamphlets, Grapevines, Twelve Steps, Twelve Traditions, slogans, Serenity Prayer, coffee-and cake therapy, telephone therapy, taking inventory, making amends, carrying the message, etc.—"Seems like an awful lot of trouble to go to just to stop drinking!"

And the old-timer's reply: "Well, most of us put quite a bit of time and effort into our drinking. By the way, what have you done to merit and guarantee your sobriety?"

DATES TO REMEMBER

January 28—Eighteenth anniversary of the Smith-Wilson group on Tuesday evening at 8:15 p.m. in St. Joseph's Auditorium, 9321 Orleans Ave. Frieda L., Laurel group will be the guest speaker.

February 1—First meeting of the Bay View group at 8:30 p. m. in the Cafeteria of Bay View Hospital, 23200 Lake Rd., Bay Village.

February PO-Meeting of Central Bulletin solicitors at Stella Maris Home, 1320 Washington on Thursday at 8:00 p. m. Refreshments will be served.

February 29—The West Shore group will observe its Fifth Anniversary on Wednesday at 9:00 p. m. with Harry D., Edgelake, as guest speaker.

July 17-18-19—Ohio State A.A. Conference in Cleveland.

WHY, DOCTOR, WHY?

Some time ago, my doctor and I had a discussion about alcoholism. I asked him, "Doctor, why? Why does it affect some people and not others? Why do some become alcoholics and some not?"

He answered, "Well, Bill, because somewhere in the development of society, human beings decided to make alcohol a pleasurable drink. What's more, posterity took on these deadly sins of our forefathers to further their enjoyment. Today, many people are brain-washed into thinking that it was *smart* to drink, and that anyone who refused was a 'square'. Some even insisted that it was good for you."

"Well, you asked me why? In my opinion, alcohol was not made to be a pleasureable drink. It is a narcotic and can be very dangerous if imbibed too freely or too often. And frankly, it can be slow suicide for many-mentally, morally, physically.

"What's more, it becomes habit-forming. It develops into a disease. And you know from experience what happens to the alcoholic in life. So this IS your answer to 'why?'"

"So, Bill, be glad you are a convert to Alcoholics Anonymous and its program. It is very apparent that they have the best key to the problem, for they have been amazingly successful in helping restore seemingly hopeless cases into responsible, sane contributors to decent society."

About this time I noticed that there were more patients waiting, so I thanked the doctor and told him I liked his answer.

As I shook hands with him, I said, "So long, Doc,— see you next week."
—Bill F., Cleveland

When three women get together, that's conversation. When one leaves, that's gossip.

ALANON GROUP MEETINGS

Alanon Answering Service — Call SU. 1-5185

ASHTABULA-Harris Memorial W. 58 & Adams ...1st & 3rd Mon., 8 :30
BROOKPARK-PARMA—Redeemer Lutheran, 6151 Smith Mon., 8 :30
LAKEWOOD—Lakewood Presbyterian, Detroit Ave. at Marlowe Mon., 8:30
EUCLID-Christian Church, 28001 Lake Shore Blvd. Tues., 8:30
GARFIELD HEIGHTS-Garfield Hts. City Hall. 5555 Turney, Tues. 8 :30
SUBURBAN WEST—Our Savior Luth'n Church. 20300 Hilliard, Tues.. 8:30
MAPLE HEIGHTS-Presbyterian Church, 15715 Libby Rd. Tues.8:30
BETHANY—Bethany Presbyterian Church. W. 65th & Clinton... Wed., 8:30
BROADWAY—Newburgh Recreation, 8437 Broadway..... Wed., 8 :30
FAIRPORT HARBOR-Luther Center, Eagle st. Wed.8:00
LORAIN AVE.—Dr. Martin Luther Church, 4470 Ridge Rd. Thurs., 9 :00
E. CLEVELAND—YWCA, Lee Boulevard and Euclid Fri. 1:30
CHARITY—St. Vincent's Charity Hospital. E. 22nd & Central..... Fri., 8:30
CHARDON-Pilgrim Christian Church. 113 South St..... Fri., 8 :30
LORAIN COUNTY—Congregational Ch.. 52807 Electric, Avon Fri. 9 :00
VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed . Sun., 4:00

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2083 East 4th St., is open weekdays from 9 a.m. to 6 p. m., and Saturdays from 9 a.m. to 1 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

CLEVELAND AREA AA GROUP MEETINGS

MONDAY

BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
BROOK PARK—Redeemer Lutheran Church, 6151 Smith Road, Brook Park 8:30
EARLY-EARLY—Baptist Church 1740 E. 17th St., Corner Walnut 7:30
EDGE LAKE—Faith Lutheran Ch., Lakewood, Woodward & Hilliard (Wdwr'd. Ave. ent.) 8:30
FRIENDLY SUBURBAN—6087 Pearl 8:00
FRIENDSHIP—Blvd. Presbyterian Ch., 24600 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit 9:00
LEE MONDAY—First Presbyterian Ch., East Cleveland, Nela and Euclid 8:30
LORAIN AVE.—St. Ignatius Hall, Lorain Ave. et West Blvd. 8:30
ORCHARD GROVE—St. Mark's Church, 15305 Trisket Road 8:30
PEARL—St. Mary's Sch., 4600 State Rd. 8:30
RAMONA—9721 Ramona Blvd. 8:30
SHAKER—Christ Episcopal Church, 8445 Warrensville Center Rd. 9:00
SUNNY MONDAY WOMEN—713 E. Sprague Rd., off Route 21, Seven Hills 12:30
SOUTH EAST—1526 Broadway 8:30
TEMPLE—Fatima Hall, 6914 Lexington 8:15
W. 25th ST.—United Church of Christ, 2409 Willowdale Ave. 9:00
WOMEN'S (Westside)—West Blvd., Christian Church, Madison & W. 101st St. 8:15
ELYRIA MEN—St. Agnes, Lake & Dewey 8:30
Mixed Discussion 10:00 a.m.
JEFFERSON, O.—St. Joseph's Church 8:30
VERMILION—Congregational Church 8:30
WILLOUGHBY, O.—First Presbyterian Church, 4785 Shankland Rd. 8:30

TUESDAY

BRECKSVILLE V. A. HOSPITAL 10000 Brecksville Rd., Brecksville, O. 7:30
CLARK—1917 Clark Ave. 8:30
CORLETT MIXED—Holy Family Parish Hall, 8 8 4 5 E. 131st St. 8:30
EASTSIDE WOMEN—Y.M.C.A., Room 6, Lee Road at Euclid 8:15
EUCLID MORNING—Euclid Christian Ch., Lake Shore Blvd & E. 280th St 10:30 a.m.
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 9:00
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave. 8:30
FALLS—Community Church, Olmsted Falls, 7853 Main St. (Columbia Rd.) 9:00
GARFIELD TUES.—Garfield Hts. City Hall, 5555 Turney Road 8:30
HILLTOP—St. Joseph's Seminary, 17608 Euclid Ave. 8:30
LAUREL—Brooklyn High School Cafeteria, 9400 Biddulph Rd. (Parking, W. 96th) 8:45
MAY-LYND—E. Cleveland Savings & Loan, 5816 Mayfield Road 8:30
MILES—LEE—St. Mary's Church, 4070 E. 142nd St. 8:30
NTGHT & DAY—13857 Euclid Ave. 8:30
RIVER TUESDAY—Rocky River Methodist, 19414 Detroit Road 8:30
SMITH-WILSON—St. Joseph's School, 9821 Orleans Ave. 8:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
VALLEY WOMEN'S DISCUSSION GROUP, 2nd and 4th Tuesday, 7100 Kinsman 7:00
WEST PARK—Puritana Lutheran Church, Puritan Ave. and W. 138th St. 8:30
ASHLAND, O.—First Presbyterian Church, 3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—Geneva, O. Methodist Church, So. Broadway, 1st Tue 8:30
KIRTLAND, O.—Old South Ch. Rt. 806. 8:30
LAKE COUNTY—M&H. Fellowship Hall, Rt. 20-E, Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O., Trinity Church 8:30
MANSFIELD—Episcopal Church, 41 Bowman St., Mansfield, O. 8:30 EST
MEDINA, O.—St. Paul's Epis. Par. Hse. 8:30
STREETSBORO, O.—Methodist Church, Intersection of Rte. 14 & Rte. 43 8:30
Strongsville—Methodist Ch., 13354 Pearl 8:30

WEDNESDAY

ANSEL—Lithuanian Hall, 6335 Superior Ave. 8:30
BAXTER—St. John's Lutheran School, 5826 Cable 8:30
BEDFORD—Bedford-Ch&tien Church, Warrensville Center and Blaine 9:00
BRAINARD CIRCLE (Women's)—Trinity Ch., Brainard at Shaker & Gates Mills Blvd. 8:30
COLLINWOOD—94 E. 152nd St. 8:30
DOAN MEN—YMCA (University Circle), 2055 E. 106th St., Second floor front 8:30
EASTSIDE MORNING—9606 Euclid Ave., Euclid Ave. Congre. (Side ent.) 10:30 a.m.
EUCLID—WADE—13857 Euclid Ave. 8:30
GARFIELD—Pilgrim E. & R. Church, 4892 E. 131st St. 8:30

HAGUE—Grace Cong. Assembly Hall, West 45th and Colgate 8:30
LEE ROAD—St. Ann's Church Basement, Coventry and Cedar 9:00
LORAIN WEDNESDAY—Bosworth Road, Presbyterian Church, 3631 Bosworth. 9:00
NO. OLMSTED—Episl' Church of the Advent, 3760 Dover Ctr. Rd., north of Lorain 9:00
PSYCHIATRIC HOSPITAL—1708 Aiken 8:30
ST. JAMES—St. James Church, E. 84th and Cedar 8:00
TWENTY-FOUR HOUR—1a216 Detroit, Church of the Ascension 8:30
WARRENSVILLE—Women's House Cor. 7:30
WEST SHORE—West Shore Unitarian, 20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)—Twelfth Step Club, 8304 Detroit Ave. 8:30
ASHTABULA COUNTY WOMEN—Harris Memorial, W. 58th & Adams, Ashtabula Second and Fourth Wednesday 7:30
BRUNSWICK O.—Cuyahoga Ass'n Bldg., Route 42, So. of 303 8:30
ELYRIA O.—St. Paul Building, Third and Middle, side entrance 8:30
FAIRPORT HARBOR—Luther Center, Eagle St., Fairport Harbor 8:00
Farm—9438 Slagle, Rte 303, Garrettsville 10:30
INTER RACIAL—30th & Wood, Lorain, O., Mt. Zion Baptist Church 8:30
LAKE COUNTY WOMEN—1st Presbyterian, 4786 Shankland Rd., Willoughby 1:00
LORAIN COUNTY WOMEN—Meth. Church, Rte. 254-1 block east of Rte. 57 8:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
WICKLIFFE—Wickliffe Presbyterian Church, E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal, Church, 15837 Euclid Ave. 8:30
ANGLE—St. Malachi's, 2459 Washington 8:30
BAY WEST—Church of the Redeemer, 23500 Center Ridge Rd., Westlake 8:30
BROADWAY—55th—Our Lady of Lourdes School Hall, 3898 E. 55th St. 8:30
BROOKLYN—St. James Lutheran Church, 4781 Broadway, cor. Maynard 8:30
COVENTRY—Fairmount Presby. Church, Scarborough and Fairmount Blvd. 8:30
CROSSROADS—St. Luke's Episcopal, W. 78th St. and Lake Avenue 9:00
EAST LAKE—Reformation Lutheran Church, 34300 Lake Shore Blvd. 9:00
EAST SHORE WOMEN—Richmond Library, 26151 Euclid Ave., Euclid, O. 8:15
GARDEN VALLEY—(Outhwaite) 7100 Kinsman Ave. 8:00
GOLDEN GATE WOMEN—Golden Gate Plaza, Ohio Savings Bank, Mayfield Rd. 8:30
LORAIN AVE., THURSDAY—4470 Ridge Rd., Dr. Martin Luther Church 9:00
NIGHT & DAY—13857 Euclid Ave. 11 A.M.
NORTH RANDALL—Village Hall, 21937 Miles Ave. 9:00
PARMA HEIGHTS—6400 Pearl Road NADS, basement, rear entrance 8:30
ROCKY RIVER—Rockport Methodist Church, 3310 Wooster Road 9:00
ST. CLAIR—Nottingham Methodist Church, St. Clair & Melville 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
WEST SIDE MORNING—W. 98th & Denison, Hungarian Lutheran Church 11 A.M.
ASHLAND THURSDAY—St. Matthew's Episc., Steamtown Rd.—Mifflin Ave. 8:00
AMHERST, O.—St. Peter's Church 8:30
ASHTABULA HARBOR—Bathany Luth'n Ch., Penn Ave., between W. 9 and W. 10 8:30
BEREA—Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland Rd. 9:00
ELYRIA—St. Agnes Sch., Lake & Dewey 8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset 9:00
DISCUSSION—112 E. 19, Lorain, O. 10 A.M.
MAPLE LEAF—Congregational Church, Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE—Congregational Church, Educ. Bldg., Mentor Ave., Peville 8:30
SHEFFIELD LAKE, O.—St. Thomas School, Harris Road 8:30
WILLARD, O.—United Bank Bldg. 8:30

FRIDAY

BROADWAY-HARVARD—8437 B'way 8:30
CEDAR—Salvation Army, 6005 Euclid 8:15
CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—425 Term. Twr. 6:00
EUCLID—FRIDAY—Epiphany Church, Lake Shore & East 210th St. 9:00
FRIDAY AFTERNOON WOMEN—Plymouth Church, Coventry and Drexmore, Krumbine Room 1:00
GORDON SQUARE—St. Paul Corn. Church, 4427 Franklin Blvd. 9:00
HEIGHTS—Closed Discussion, Christian Church, Van Aken & Avalon (rear) 8:30
HUDSON, O.—Closed meetings, Christ Church, 21 Aurora 8:30

LEE ROAD—American Legion Hall, Post 168, 15544 Euclid Ave. 9:00
NORTH EAST-Town House Motel, 15661 Euclid Ave. 8:30
PARMATOWN MEN—Assembly Room, Parma Community Hospital 8:30
SOLIDARITY—Friendly Inn Settlement, 2232 Unwin Rd. (off Quincy Ave.) 8:30
STELLA MARIS MIXED, 1820 Washington Ave. 8:15
WEST CLIFTON—Lkwd. Congregational Church, 1875 W. Clifton Road. 9:00
AVON ILAW—First Congregational Church, 82801 Electric Boulevard 8:30
BEREA—Social room of Berea Cong. Church, Seminary and Church. 8:30
CHAGRIN FALLS—Federated Churches, 76 Bell Street 9:00
CHARDON—Pilgrim Christian Church, 113 South Street, Chardon, O. 8:30
CONNEAUT, O.—Methodist Church, Buffalo and Madison Sts. 8:30
MANSFIELD, O.—25 Mulberry 8:00 E.S.T.
WELLINGTON—St. Patrick's Catholic Church, No. Main St., Wellington, O. 8:30

SATURDAY

DAY VIEW—Bay View Hospital, 23200 Lake Ave., Bay Village 8:30
FOREST CITY—2125 Broadview Rd. 9:00
L.S.I.—17600 Broadway 8:30
LANDER CIRCLE—Garfield Mem. Methodist, Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK—Teamster's Hall, 2076 E. 22nd St. et Carnegie 9:00
LEE-SEVILLE—New Home Baptist Church, Seville & Sunview Ave. 7:00
LIBERTY—945 E. 152nd St. 9:00
MAPLE HTS.—Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Windermere Presbv. Ch., 14112 Euclid Ave. et Windermere 8:30
MEMPHIS—Lakewood Congregational Ch., 1376 W. Clifton cor. Detroit Ave. 9:00
NEWBURGH STATE HOSPITAL—Williams Bldg., Entrance at 4455 Turney Rd. 7:30
NIGHT & DAY—13357 Euclid Ave. 12 Midnight
NORWALK TRUCK LINES—1147 E. 55th St., at Shore Drive 9:00
PLAINS—Plains Methodbt Ch., Mentor, O., Rts. 306 and 283, Mentor, O. 9:00
PARMA—Third Federal Savings & Loan, 5950 Ridge Road 8:45
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church, 3525 W. 26th St. 9:00
VALLEY VIEW—Pilgrim Congr. Church, 2592 W. 14th, cor. Starkweather 9:00
ASHTABULA, O.—St. Peter's Epis. Church, Main Avenue at South Perk 8:30
ELYRIA-ALANON—Woodbury St., off Cleveland St. 8:30
LORAIN SATNITE—7th and Reed St., St. Mary's Church Basement 8:30
MANSFIELD—20 1/2 S. Park 8:00 EST
PARKMAN, O.—Congregational Church 8:30
WEST RICHFIELD—Consolidated Church, Route 803, just west of Route 21 9:00

SUNDAY

BEDFORD HEIGHTS—Village Hall, 5661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
C.A.H. Discussion—13857 Euclid 10:45 a.m.
COLLINWOOD—94 E. 152nd St. 7:30
DETROIT SUNDAY—8304 Detroit Ave. 7:30
DISCUSSION—6700 Detroit Ave. 7:00
GARDEN VALLEY—Outhwaite, 7100 Kinsman Ave. 4:30
GRATEFUL—St. James Lutheran Church, 1424 Hayden, near Shw 2:00
LAKEWOOD ARMOY—1437 Wayne Ave., South of Detroit 9:00
MISTLETOE—St. Thomas Church, 9205 Superior Ave. 7:00
NELA PARK—Cafeteria, Advertising Bldg., Nela Park, Noble Road 7:30
NEWBURGH—St. Catherine's Church, 3443 E. 93rd St. 8:30
SOUTHWEST SUNDAY—390 Fair St., Board of Education Bldg., Berea, O. 8:30
Superior Stag—2028 1/2 E. 105th 11:00 a.m.
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 5:00
WARRENSVILLE—Cooley Farms, Recreation Room 10 A.M.
YOUR—Euclid Community House, 240 Briardale 7:15
AVON CENTRAL—Basement Central Bank, 36690 Detroit Rd., Avon, O. 8:00
CHIPPEWA-SEVILLE—V.F.W. Hall, Seville, O. 8:00
GENEVA, O.—Episc. Ch., 66 So. Eagle 7:30
GOLF LAKELANDS—Immaculate Conception Church, Hubbard Rd., No. Madison 7:00
LORAIN COUNTY CONSOLIDATED—St. John's Sch., 81 & Rt. 57, Lorain 8:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
NEWBURY, O.—St. Helen's Church 8:15
TWILIGHT—Grange Hall, Axtel, O. 7:30



ROSARY HALL

Elsewhere in this issue will be found words of tribute to a gr-at friend. It is not the intention of this column to enlarge on that message. Rather the purpose here is to talk briefly of that which is closest to the heart of our friend and to suggest that here lies a program of action which affords the chance to show our feeling through our deeds.

For a very long time Rosary Hall has simply been accepted by far too many of us. Beyond sponsoring a new patient there or visiting one, many of us have done little or nothing. Yet it is the one best available facility which works in **complete cooperation** with our fellowship and our recovery program.

St. Vincent's Charity Hospital is not merely an outstanding institution in Cleveland, it is one of the fine hospitals in the entire country. Its administration and medical staff have now come to recognize the stature of Rosary Hall in the treatment of alcoholism as a disease. A more comprehensive plan of closer cooperation is now in the making between the hospital and Rosary Hall. There is even a research project afoot by one of the medical staff to determine what makes Rosary Hall tick, and what might be done to improve its effectiveness.

Several times this writer has been called long distance about arranging the admission of a *new* patient being flown in from some distance. In each case the situation has been described as "something special." Of course, in truth, the patient was being transported here because Rosary Hall is also "something special". We wonder if maybe our out-of-town friends have been remiss as we have, in never pondering the question of how it got that way.

It got that way through the spirit and dedication of Sister Ignatia augmented by the general cooperation of our fellowship, and especially by the quiet assumption of responsibility by a few of our members. This quiet few has gone about the job of raising funds, of helping collect delinquent hospital bills, and of giving generously of themselves. But this is not the job of the "quiet few". This is the job of us all.

We owe it to ourselves, and we owe it to the fellowship which brought us sobriety, to demonstrate our gratitude by contributing what we can of ourselves and of our substance, however, small, to make and keep Rosary Hall the finest hospital facility in the country dedicated to the treatment of alcoholism.

Just as a selfless group formed a foundation which might serve to insure the continuance of this Bulletin, the oldest publication in the fellowship, so a similar group has formed Rosary Hall Foundation. They seek financial support from within and without the fellowship, to establish a fund which will be able to support Rosary Hall, to provide its needs from time to time which are not a usual part of hospital equipment, and to assist with deficits which may accrue because of non-payment by our patients. If you are approached, remember that these people are giving of themselves in a good cause, which we all share. If you are not approached, and would like to contribute, or know of someone in or out of the

B. R. B. ATTACKS

Some of us, years after we accepted the program of Alcoholics Anonymous, may suffer recurrent attacks of B.R.B. This is a pernicious ailment that is a hangover from drinking days. Its symptoms are a general debility, a lack of interest in anything, and lackadaisical loitering, **waiting** for something to happen.

B.R.B. is the "Bar Room Blank". We became infected with it when perched on a high stool, our feet on the rail, our elbows on the bar, gazing at the wall, the mirror which sent back a horrific image of a drunk or a row of bottles, developing a vapidity of mind which we thought marked us out among our fellows as mental giants.

We suffered from a lack of anything to-do. We were bound by the fact that we weren't going anywhere, so we waited, half interested for something to happen.

B.R.B. stands for a general lack of purpose in life. Sufferers discovered that they never got anywhere, and the only thing that ever happened was that they got drunk again.

Now that we are sober, some of us fall into the blank wall and stare again. We decide to do nothing and wait for something to happen.

Had this ailment attacked the men who started Alcoholics Anonymous, you and I would still be drunks-if we were so much as still alive.

You'll only get somewhere if you get up and go! In drinking days there was no purpose in life immortant to us other than to get another drink. Now, if our thinking is *straight*, the idea of a drink is a most ridiculous notion. For now we have a purpose in life: to stay sober and to help our fellow-sufferers. With such a purpose in heart and mind, there is absolutely

no excuse for not *going somewhere!*

This in simple terms, can be translated into **action**—visiting prospects, hospitals, nursing homes and attending meetings. On another but still important plane, it can be interpreted as increasing social relations with those other members of the group who have become our new and true friends. There is no excuse for any member of AA ever saying that he has no place to go.

Likewise, just waiting for something to happen is silly. Go out and *make* something happen! Get some poor devil sober and see what happens, not only to him, but his family, friends and business associates!

The depressions that bring on attacks of B.R.B. should be assessed for what they are—temporary moods which we have not yet learned to avoid. As time goes on they will be less and less frequent, providing we sincerely try to *live* the AA program and eliminate negative attitudes. They are the fingers of the past, vainly trying to touch us again! If only we will remember at such times that in becoming members of AA we have given up nothing worthwhile and gaining everything that counts, we will be able to dissipate these attacks before they settle on us. We have pain, self-respect, peace of mind, fellowship, inspiration and experience. All this because we have taken the antidote to attacks of B.R.B.—the giving of ourselves.

-Reprint C.B., August, 1949

fellowship who might, step forward and volunteer your effort, or at least at the very least your information.

**If your life is
a grind, use
it to sharpen
your wits!**

CENTRAL BULLETIN



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No. 6

MILL ENDS AND REMNANTS

*Z thank Thee, Lord, for knowing me better than
Z know myself, and for letting me know myself
better than others know me.*

*Make me, I pray, better than they suppose, and
forgive me what they do not know.*

The above is an old Arabian prayer which we came upon recently and which we think is worthy of sharing. It has a quality of unselfish, honest petition meriting profound consideration and study.

It is of itself, with study and application, an effective instrument for taking our daily inventory, which we have learned is one of the keys to happy sobriety in AA.

For it is here in the hidden garden of our daily life that we come to know the wisdom of God, as we understand Him, where we come to know ourselves, and where we come to know that in tandem we can work at being what others suppose us to be.

We are a most fortunate people to have been given the time we have for the amendment of life-life that previously was valued only in the measure of our own selfishness, or in the measure of the sacrifices of others, and these of great magnitude.

This, above all seasons, is the season of sacrifices, and we shall pray that ours will be such that the lives that are touched as we pass by, may upon some future reflection say, "I am glad he came my way."

A FAITH THAT NEVER FAILS

Man cannot live without faith. The one faith, that has never failed us is faith in Providence, in a God of Purpose whose laws rule the universe and govern all life. If a man is to grow and succeed, he must stop gagging at the words "faith" and "spiritual", and stop looking at a moral man as weak or impractical. Without faith man could not act in the present! nor plan for the future. **Morality** is the golden thread in the fabric of a successful person(ality).

Meanings you must understand thoroughly. Repetition is intended. Use *your* dictionary.

BENEFIT VARIETY SHOW PLANNED

The Laurel Group is planning a variety show which will enable any AA with talent (singing, interpretive dancing, or playing an instrument) to contribute. All profits of the show will go to the support of the Cleveland AA District Office.

The promoters hope that this project will bring about greater collaboration among the many AA groups in the Cleveland area, as well as enabling hidden talent to be developed.

For further information, contact Ralph B. of the Laurel group. He can be reached by phone at SH. 9-3523.

The right train of thought can take you to a better station in life.

If your life is a grind use it to sharpen your wits.

Why does everyone want to be in front of the bus, in the rear of the church and in the middle of the road?

CENTRAL COMMITTEE

Thirty groups sent their secretaries or some other designated representative to the February 4, 1964 meeting of Central Committee. The meeting was interesting and constructive.

The moderator announced three new appointments. Eddie M., Parmatown Men, is the chairman of the Area-wide meetings (formerly known as Consolidated meetings). With his many years of sobriety and activity, we can look forward to some mighty stimulating meetings starting in March, if present plans jell. Peg. H., Eastside Morning and District Office, is new co-chairman of the Public Information Committee, and will render capable assistance to the chairman, Howie L., Angle. Jim S., Friendship, has been designated co-chairman of the Action Committee. Being an eastsider, he will complement the work of the chairman, Harry D., Edgelake, from the west side. The moderator thanked these stalwarts for their acceptance of these duties.

The Action Committee received the commendation of all present for its efforts to have self-styled "AA Clubs" stop using the mantle of AA as a front for their illegal and non-AA operations. This is a frustrating and discouraging task, but some headway seems to have been made.

The Central Bulletin reports laxity on the part of subscribers to renew at expiration time and to notify the Editor of changes of address. This is having an adverse effect on circulation, and fewer members are availing themselves of the excellent food for thought that the Bulletin contains. AA's oldest publication is in need of more support.

Jim R., chairman of the Hospital Committee, reported continuing success of Serenity Hall at Bay View Hospital. There is opportunity for improvement, and improvements will be made, thanks to the excellent spirit of cooperation which exists between AA and the Hospital administrator. Two nuns from Charity Hospital paid a recent visit to Bay View, made a couple of worthwhile suggestions, and announced their intention of adopting a couple of features of Serenity Hall. Cooperation like this will work to the benefit of both hospitals, and will benefit AA as a whole. It seems certain that Stella Maris Nursing Home will achieve some expansion and improvement, but the scope is not yet known.

Public Information Committee continues to do a fine job of furnishing speakers to qualified non-alcoholic groups who desire same. Other services are also being performed.

Central Committee will meet again on Tuesday, March 3, 1964, 8:30 p. m., in Room 1372, Hanna Building. If your group has not been represented lately, ask your secretary to have that done. Your group has a right to have its influence felt on matters that concern us all.

COMMUNION BY BREAD ALONE

Bristol, England, (RNS)-The Anglican Bishop of Bristol has authorized rectors to administer holy communion by bread alone to communicants who have won their fight against alcoholism.

Bishop Oliver Tompkins, in a message to diocesan clergy, said "special attention" and "concern" should be taken for former alcoholics. He noted that many feared taking holy communion because the wine conceivably could stimulate the habit they had fought long to overcome.

"There are many cured alcoholics," he said, "who have such a strong aversion even to the smell of alcohol that they have given up being communicants to avoid contact with alcohol."

Bishop Tompkins said the ancient Christian tradition of taking only the bread at communion should be practiced in the case of alcoholics.

"To receive only in one kind is to receive the fullness of the sacrament," he said.

*New York Times,
February 9, 1964*

THINKING OUT LOUD

There are two types of diseases that are in absolute contrast to each other. In one type, the cause of the disease is the presence of germs or bacteria that are harmful to the human body. The other type of the disease is caused by the absence of some chemical or some other vital substance that are essential to keep the body from becoming disordered. Many human ills are deficiency diseases, and can only be overcome by supplying those elements which are lacking.

So in the first disease the germs must be destroyed or expelled before the body can be restored back to good health. And in the second case, the body can only be brought back to good health by supplying the vital elements which are lacking.

The alcoholic is a sick person. He is suffering from physical and spiritual disease, but if he is fortunate enough to be hospitalized or if he can afford to pay a doctor, he will get medication for his illness. His doctor will give him medication to kill the germs that are harmful. And if he is suffering from the lack of the health-giving elements he will be given vitamin-shots to replenish his deficiency of the vital elements that are needed to keep his body in good health.

But, his doctor cannot give him medication to bring his sick soul back to spiritual and moral health. He will have to seek spiritual medication from the Divine Doctor. He is just as sick in his soul as he is in his body and he needs Divine medication to destroy the germs that are causing his mental turmoil. And he needs spiritual Vitamins to restore his moral and spiritual deficiency and build up his resistance to ward off the harmful germs.

Prayer is the vitamin for the sick soul. Prayer will kill the germs that are detrimental to man's soul. Prayer will restore humility and expel the germ of selfishness. It will destroy the germ of hate and restore the element of love. It will banish the germ of doubt and suspicion, and restore the vitamin of faith. Daily prayer for the soul is like a daily vitamin for the body. It will restore our moral and spiritual deficiency.

The health of our soul is just as important as the health of our body. The two go together. Physical power and vast possessions will not give us spiritual satisfaction unless we learn to use them to enrich our spiritual welfare. We may live in a mansion surrounded by every conceivable luxury and yet be poor in our family relationship for lack of love and sympathy. We may accumulate large possessions that will satisfy every whim, and yet be poor in real satisfaction unless we include the vitamin of prayer in our daily diet.

We are living in a civilization that has all the material wealth to make man happy and comfortable; yet with all this wealth there is spiritual poverty. We need something more than material things and body comfort to build up our spiritual health against the forces of evil. We need the vitamin of prayer to keep ourselves in tune with God. We need the vitamin of prayer in a world where so many demands are made upon us by the hucksters of depravity.

Our modern civilization with all its material and scientific marvels is suffering for lack of faith in God without which our physical and material progress is in vain. "Yes we have life, but we need something that will give meaning to LIFE."

Edw. B.,
Akron Inter-Group News

OBITUARIES

John Young, secretary of the St. James group (a 6 year member) passed away on Monday, February 17. He is survived by his wife and six children. His wife was the first secretary of the Garden Valley Alanon group.

Jack S. Lowery, a seven year member of the Lakewood Armory group passed away suddenly on Monday, February 17. He is survived by his wife Jacqueline and one son and three daughters.

Our sincere sympathy goes to the bereaved. These men will be sorely missed.

DATES TO REMEMBER

February 28—Parmatown Men's Community Information meeting, Community Hospital, Friday at 8:30 p. m.

March 15—Area-wide quarterly meeting in Jordan Hall, St. Vincent's Charity Hospital at 4:00 p. m. Guest speaker, Russel B., Jamestown, N.Y.

March 21—Twelfth Anniversary of the Young Peoples Group at Mahoning Methodist Church, 2214 Mahoning Ave., Youngstown. Steak dinner at \$2.50 per plate. Guest speaker: Rev. Ross S., E. Liverpool, O. Advance tickets available. Address: Banquet, 717 Mineral Springs, Youngstown, O. **No tickets will be sold at door.** Deadline date, March 18. Phone 7882641.

March 22—The Solidarity Group observes its Seventh Anniversary at the Friendly Inn Settlement, 2382 Unwin Rd. (off Quincy) on Sunday at 4:00 p. m. Guest speaker is Herschel H. of Mansfield, O.

April 12-BB of AA meeting in St. Malachi Hall, 2401 Washington on Sunday afternoon at 1:00 p. m.

July 2-3-4, 1964—World AA Conference in Toronto, Ontario.

BB of AA MEETS IN CLEVELAND

Back in 1949, big hearted Al F., of Cleveland visited with top officials of the Ohio State Penitentiary in Columbus, Ohio and offered a plan to decrease their number of parole violators, who, through drink forfeited their right to mingle with society.

Al had visited their library and discovered that the librarian had not a single Alcoholics Anonymous book on the shelves. He persuaded them to accept his offer to supply a crew of AAs from Cleveland to visit and explain the principles of AA twice each month to an assembly of all whom they would screen from their records who committed crimes while under the influence of alcohol. Al raised enough funds in the Cleveland area to supply them with over 100 books.

BB of AA (Big Brothers) have been very effective in rehabilitation since then and the percentage of parole violations have been amazingly reduced.

Cleveland will be hosts to their regional meeting on Sunday, April 12 at 1:00 p. m. in St. Malachi Hall, 2401 Washington Ave. Judges, Parole Officers and Social Workers have been invited to attend.

It is hoped that a good number of our own AA members will attend this meeting. Remember, but by the grace of God, you too could have been a parolee.

A man's reputation is a blend of what his friends, enemies, and acquaintances say behind his back.

Dost thou love life? Then do not squander time, for that is the stuff life is made of.

ALANON GROUP MEETINGS

- Alanon Answering Service — Call SLJ. 1-5135
- ASHTABULA-Harris Memorial W. 58 & Adams . . . 1st & 3rd Mon., 8 :30
 - BROOKPARK-PARMA-Redeemer Lutheran, 6151 Smith . . . Mon., 8 :30
 - LAKEWOOD—Lakewood Presbyterian, Detroit Ave. at Marlowe Mon., 8 :30
 - EUCLID-Christian Church, 28001 Lake Shore Blvd. . . . Tues., 8 :30
 - GARFIELD HEJGHTS-Garfield Hts. City Hall. 6665 Turney, Tues. 8 :30
 - SUBURBAN WEST-Our Savior Luth'n Church, 20300 Hilliard, Tues., 8 :30
 - MAPLE HEIGHTS-Presbyterian Church, 15715 Libby Rd. . . . Tues., 8 :30
 - BETHANY—Bethany Presbyterian Church. W. 65th & Clinton. Wed. 8 :30
 - BROADWAY—Newburgh Recreation, 8437 Broadway. . . . Wed., 8 :30
 - FAIRPORT HARBOR-Luther Center, Eagle at. . . . Wed. 8:00
 - LORAIN AVE.-Dr. Martin Luther Church, 4470 Ridge Rd. Thurs. 9 :00
 - E. CLEVELAND—YWCA, Lee Boulevard and Euclid Fri. 1:30
 - CHARITY—St. Vincent's Charity Hospital. E. 22nd & Central. . . . Fri. 8:30
 - CHARDON-Pilgrim Christian Church, 113 South St. Fri., 8 :30
 - LORAIN COUNTY—Congregational Ch.. 32807 Electric, Avon Fri. 9 :00
 - ELYRIA, O. Woodbury St. off Cleveland St., Sat., 8:30
 - VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed. Sun., 4:00

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 East 4th St., is open weekdays from 9 a.m. to 5 p. m., and Saturdays from 9 a.m. to 1 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

CLEVELAND AREA A A G R O W MEETINGS

MONDAY

BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave. 6:30
BROOK PARK—Redeemer Lutheran Church, 8151 Smith Road, Brook Park 8:30
EARLY-EARLY—Baptist Church, 1740 E. 17th St., Corner Walnut 7:30
EDGE LAKE—Faith Lutheran Ch., Lakewood, Woodward & Hilliard (Wdwr. Avh. ent.) 8:30
FRIENDLY SUBURBAN—6087 Pearl 6:00
FRIENDSHIP—Blvd. Presbyterian Ch., 24690 Lake Shore Blvd., Euclid, O. 6:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit 9:00
LEE MONDAY—Fint Presbyterian Ch., Eut Cleveland, Nela and Euclid 6:30
LORAIN AVE.—St. Ignatius Hall, Lorain Ave. at West Blvd. 8:30
ORCHARD GROVE—St. Mark's Church, 15805 Trisket Road 8:30
PEARL—St. Mary's Sch., 4600 State Rd. 8:30
RAMONA—9721 Ramona Blvd. 8:30
SHAKER—Christ Episcopal Church, 8445 Warrensville Center Rd. 9:00
SUNNY MONDAY WOMEN—713 E. Sprague Rd., off Route 21, Seven Hills 12:30
SOUTH EAST—7626 Broadway 8:30
TEMPLE—Fatima Hall, 6914 Lexington 8:15
W.—26th St.-United Church of Christ, 2409 Willowdale Ave. 9:00
WOMEN'S (Westside)—West Blvd., Christian Church, Madison & W. 101st St. 8:15
ELYRIA MEN-ST. AGNES, LAKE & DEWEY 8:30
 Mixed Discussion 10:00 a.m.
JEFFERSON, O.-ST. JOSEPH'S CHURCH 8:30
VERMILION—Congregational Church 8:30
WILLOUGHBY, O.—First Presbyterian Church, 4785 Shankland Rd. 8:30

TUESDAY

BRECKSVILLE V. A. HOSPITAL, 10000 Brecksville Rd., Brecksville, O. 7:30
CLARK—1917 Clark Ave. 8:30
CORLETT MIXED—Holy Family Parish Hall, 3845 E. 131st St. 8:30
EASTSIDE WOMEN—Y.M.C.A., Room 6, Lee Road at Euclid 8:15
EUCLED MORNING—Euclid Christian Ch., Lake Shore Blvd & E. 230th St. 10:30 a.m.
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 9:00
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave. 8:30
FALLS—Community Church, Olmsted Falls, 7853 Main St. (Columbia Rd.) 9:00
GARFIELD TUES.—Garfield Hts. City Hall, 5555 Turney Road 8:30
HILLTOP—St. Joseph's Seminary, 17608 Euclid Ave. 8:30
LAUREL-BROOKLYN HIGH SCHOOL CAFETERIA, 9400 Biddulph Rd. (Parking, W. 96th) 8:45
MAYFIELD-COLTMAN—Mayfield Rd., Holy Rosary Church, basement 8:00
MAY-LYND-E.—Cleveland Savings & Loan, 6816 Mayfield Road 6:30
MILES-LEE-ST. MARY'S CHURCH, 4070 E. 142nd St. a:30
NIGHT & DAY—13867 Euclid Ave. 8:30
RIVER TUESDAY—Rocky River Methodist, 19414 Detroit Road 8:30
SMITH-WILSON-ST. JOSEPH'S SCHOOL, 9321 Orleans Ave. 6:30
SUPERIOR-NORTH PRESBYTERIAN CHURCH, E. 40th and Superior 8:30
TRUSTY-CLEVELAND HOUSE OF CORRECTION, 1000 ft. east of House of Correction 8:00
VALLEY WOMEN'S DISCUSSION GROUP, 2nd and 4th Tuesday, 7100 Kinsman 7:00
WEST PARK-PURITAN LUTHERAN CHURCH, Puritan Ave. and W. 138th St. 8:30
ASHLAND, O.—First Presbyterian Church, 3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—Geneva, O. Methodist Church, So. Broadway, 1st Tue 8:30
KIKTLAND, O.—Old South Ch. Rt. 606 8:30
LAKE COUNTY-METH. FELLOWSHIP HALL, Rt. 20-E, Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O., Trinity Church 6:30
MANSFIELD-EPISCOPAL CHURCH, 41 Bowman St., Mansfield, O. 8:30 EST
MRDJNA, O.-ST. PAUL'S EPIS. PAR. HSE. 8:30
STREETSROOR, O.—Methodist Church, Intersection of Rte. 14 & Rte. 43 6:30
STRONGSVILLE-METHODIST CH., 13354 Pearl 8:30

WEDNESDAY

ANSFL-LITHUANIAN HALL, 6835 Superior Ave. 6:30
BAXTER-ST. JOHN'S LUTHERAN SCHOOL, 6826 Cable 8:30
BEDFORD-BEDFORD CHRISTIAN CHURCH, Warrensville Center and Blaine 9:00
BRAINARD CIRCLE (WOMEN'S)—Trinity Ch., Brnd at Shaker & Gates Mills Blvd. 8:30
COLLINGSWOOD-945 E. 152ND ST. 6:30
DOAN MEN-CHURCH OF THE COVENANT, 11205 Euclid Ave. 8:30
EASTSIDE MORNING—9606 Euclid Ave., Euclid Ave. Congre. (Side ent.) 10:30 a.m.
EUCLED-WADF-131167 Euclid Ave. 8:30
GARFIELD-PILGRIM E. & R. CHURCH, 4592 E. 131st St. a:30

HAG-race Cong. Assembly Hall, West 16th and Colgate 6:30
LEE ROAD-ST. ANN'S CHURCH BASEMENT, Coventry and Cedar 9:00
LORAIN WEDNESDAY-BOSWORTH ROAD, Presbyterian Church, 3631 Bosworth 9:00
NO. OLMSTED-EPIS CHURCH OF THE ADVENT, 3760 Dover Ctr. Rd., north of Lorain 9:00
PSYCHIATRIC HOSPITAL-1766 ALKEN 8:30
ST. JAMES-ST. JAMES CHURCH, E. 84th and Cedar 6:00
TWENTY-FOUR HOUR-16616 DETROIT, Church of the Ascension 8:30
WARRENSVILLE-WOMEN'S HOUSE COR. 7:30
WEST SHORE-WEST SHORE UNITARIAN, 60401 Hilliard Rd., Rocky River 8:30
WEST SIDE (CLOSED)—Twelfth Step Club, 6604 Detroit Ave. 6:30
ASHTABULA C'Y WOMEN, HARRIS MEMORIAL, W. 68th & Adams, 2nd & 4th Wednesday 7:30
BRUNSWICK O.—CUYAHOGA ASS'N BLDG., Route 42, So. of 306 6:30
CHESTERLAND-METHODIST CHURCH, Mayfield Rd., Rte. 322 & Rte. 306 8:30
ELYRIA O.—ST. PAUL BUILDING, Third and Middle, aide entrance 6:30
FAIRPORT HARBOR-LUTHER CENTER, Eagle St., Fairport Harbor 8:00
FARM-9438 SLAGLE, RTE 303, GARRETSVILLE 10:30
INTER-RACIAL-30th & Wood, Lorain, O. Mt. Zion Baptist Church 8:30
LAKE COUNTY WOMEN-1st PRESBYTERIAN, 4785 Shankland Rd., Willoughby 1:00
LEROY-BRAKEMAN-LEROY GRANGE HALL, Brakeman Rd., Leroy, O. 8:30
LORAIN COUNTY WOMEN—METH. CHURCH, Rte. 264-1 block east of Rte. 57 8:30
MANSFIELD, O.—20 1/2 S. PARK 8:00 EST
WICKLIFFE—WICKLIFFE PRESBYTERIAN CHURCH, E 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE—ST. PAUL'S EPISCOPAL CHURCH, 15837 Euclid Ave. 8:30
ANGLE—ST. MALACHI'S, 2459 Washington 8:30
BAY WEST-CHURCH OF THE REDEEMER, 23500 Center Ridge Rd., Westlake 8:30
BROADWAY-55th—OUR LADY OF LOURDES, School Hall, 3398 E. 55th St. 8:30
BROOKLYN—ST. JAMES LUTHERAN CHURCH, 4781 Broadview, cor. Maynard 8:30
COVENTRY-FAIRMOUNT PRESBY. CHURCH, Scarborough and Fairmount Blvd. 8:30
CROSSROADS-ST. LUKE'S EPISCOPAL, W. 78th St. and Lake Avenue 9:00
EASTLAKE—REFORMATION LUTHERAN CHURCH, 34300 Lake Shore Blvd. 9:00
EAST SHORE WOMEN—RICHMOND LIBRARY, 26151 Euclid Ave., Euclid, O. 8:15
GARDEN VALLEY—(OUTHWAITE), 7100 Kinsman Ave. 8:00
GOLDEN GATE WOMEN—GOLDEN GATE PLAZA, Ohio Savings Bank, Mayfield Rd. 8:30
LORAIN AVE., THURSDAY-4470 RIDGE RD., Dr. Martin Luther Church 9:00
NIGHT & DAY-13857 EUCLID AVE. -11 A.M.
NORTH RANDALL—VILLAGE HALL, 21937 Miles Ave 9:00
PARMA HEIGHTS-6400 PEARL ROAD, NADS, basement, rear entrance 8:30
ROCKY RIVER—ROCKPORT METHODIST CHURCH, 3310 Wooster Road 9:00
ST. CLAIR-NOTTINGHAM METHODIST CHURCH, St. Clair & Melville 8:30
TRUSTY-CLEVELAND HOUSE OF CORRECTION, 1000 ft. east of House of Correction 6:00
WEST SIDE MORNING-W. 98th A DENISON, Hungarian Lutheran Church 11 A.M.
AMHERST, O.—ST. PETER'S REFORMED 8:30
ASHLAND-ST. MATTHEW'S EPISCOPAL CHURCH, Steamtown Rd., & Mifflin Ave. 8:00
ASHTABULA HARBOR-BETHANY LUTB'N CH., Penn Ave., between W. 9 and W. 10 8:30
BEREA-FINE ARTS CLUB, E. BAGLEY RD., 3 doors east of Eastland Rd. 9:00
ELYRIA-ST. AGNES SCH., LAKE & DEWEY 8:30
INDEPENDENCE, O.—ST. JOHN'S LUTHERAN HALL, Second and Sunset 9:00
DISCUSSION—112 E. 19, LORAIN, O. -10 A.M.
MAPLE LEAF—CONGREGATIONAL CHURCH, Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE—CONGREGATIONAL CHURCH, Educ. Bldg., Mentor Ave., Psville 8:30
SHEFFIELD LAKE, O.—ST. THOMAS SCHOOL, Harris Road 8:30
WILLARD, O.—UNITED BANK BLDG. 8:30

FRIDAY

BROADWAY-HARVARD-8437 B'WAY 8:30
CEDAR-SALVATION ARMY, 5005 Euclid 8:15
CHARITY-AMPHITHEATRE, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—425 TERM. TWR. 6:00
EUCLED FRIDAY—EPIPHANY CHURCH, Take Shore & East 210th St. 9:00
FRIDAY P.M. WOMEN-PLYMOUTH CHURCH, Kumbira Room, Coventry & Drexmore 1:00
GORDON SQUARE—ST. PAUL CORN. CHURCH, 4427 Franklin Blvd. 9:00
HEIPTS—CLOSED DISCUSSION, CHRISTIAN CHURCH, Van Aken & Avalon (rear) 8:30

HUDSON, O.—CLOSED MEETINGS, Christ Church, 61 Aurora 8:30
LEE ROAD—AMERICAN LEGION HALL, Post 166, 16644 Euclid Ave. 9:00
NORTH EAST—TOWN HOUSE MOTEL, 15661 Euclid Ave. 8:30
PARMATOWN MEN—ASSEMBLY ROOM, Parma Community Hospital 8:30
SOLIDARITY-FRIENDLY INN SETTLEMENT, 2232 Unwin Rd. (off Quincy Ave.) 8:30
STELLA MARIS MIXED, 1620 Washington Ave. 8:15
WEST CLIFTON-LKAD. CONGREGATIONAL CHURCH, 1676 W. Clifton Road 9:00
AVON LAKE—FIRST CONGREGATIONAL CHURCH, 32801 Electric Boulevard 8:30
BEREA—SOCIAL MOM OF BEREA CONG., Church, Seminary and Church 8:30
CHAGRIN FALLS-FEDERATED CHURCHES, 76 Bell Street 9:00
CHARDON-PILGRIM CHRISTIAN CHURCH, 113 South Street, Chardon, O. 6:30
CONNAUT, O.—METHODIST CHURCH, Buffalo and Madison Sts. 8:30
MANSFIELD, O.—26 MULBERRY 6:00 E.&T.
WELLINGTON-ST. PATRICK'S CATHOLIC CHURCH, No. Main St., Wellington, O. 8:30

SATURDAY

BAY VIEW-BAY VIEW HOSPITAL, 23200 Lake Ave., Bay Village 8:30
FOREST CITY-2126 BROADVIEW RD. 9:00
L.S.I.—17600 BROADWAY 8:30
LANDER CIRCLE—GARFIELD MEM. METHODIST, Cor Lander Rd. and Route 422 9:00
LEAGUE PARK—TEAMSTER'S HALL, 2076 E. 22nd St. at Carnegie 9:00
LEE-SEVILLE-NEW HOME BAPTIST CHURCH, Seville & Sunview Ave. 7:00
LIBERTY—945 E. 152ND ST. 9:00
MAPLE HTS.—LUTH. CHURCH OF COVENANT, 19000 Libby Rd., cor. Manie Hts. Blvd. 8:30
MATT TALBOT—WINDERMERE PRESBY. CH., 14112 Euclid Ave. at Windermere 8:30
MEMPHIS—LAKWOOD CONGREGATIONAL CH., 1375 W. Clifton cor. Detroit Ave. 9:00
NEWBURGH STATE HOSPITAL—WILLIAMS BLDG., Entrance at 4455 Turney Rd. 7:30
NIGHT & DAY-13857 EUCLID AVE. 12 MIDNIGHT
NORWALK TRUCK LINES, 1147 E. 66th St., at Shore Drive 9:00
PLAINS-PLAINS METHODIST CH. MENTOR, O., Rts. 306 and 283, Mentor, O. 9:00
PARMA-THIRD FEDERAL SAVINGS & LOAN, 5950 Ridge Road 8:45
REDWOOD—EUCLED LUTHERAN CHURCH, E. 260th and Oriole 6:30
TRINITY—TRINITY EVANGELICAL CHURCH, 3626 W. 26th St. 9:00
VALLEY VIEW-PILGRIM CONGR. CHURCH, 2692 W. 14th, cor. Starkweather 9:00
ASHTABULA, O.—ST. PETER'S EPIS. CHURCH, Main Avenue at South Park 8:30
LORAIN SATNITE-7th and Reed St., St. Mary's Church Basement 8:30
MANSFIELD—20 1/2 S. PARK 6:00 EST
PARKMAN, O.—CONGREGATIONAL CHURCH 8:30
WEST RICHFIELD-CONSOLIDATED CHURCH, Route 303, just west of Route 21 6:00

SUNDAY

BEDFORD HEIGHTS-VILLAGE HALL, 6661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE-BLESSED SACRAMENT CHURCH, Storer and Fulton (downstairs) 8:30
C.A.H. DISCUSSION-13857 EUCLID 10:45 a.m.
COLLINGSWOOD-945 E. 152ND ST. 7:30
DETROIT SUNDAY-8304 DETROIT AVE. 7:30
DISCUSSION-6700 DETROIT AVE. 7:00
GARDEN VALLEY-OUTHWAITE, 7100 Kinsman Ave. 4:30
GRATEFUL-ST. JAMES LUTHERAN CHURCH, 1424 Hayden, near Sbw 2:00
LAKWOOD ARMORY, 1437 Wayne Ave., South of Detroit 9:00
MISTLETOE—ST. THOMAS CHURCH, 9206 Superior Ave. 7:00
NELA PARK—CAFETERIA, ADVERTISING BLDG., Nela Park, Noble Road 7:30
NEWBURGH-ST. CATHERINE'S CHURCH, 3443 E. 93rd St. 8:30
SOUTHWEST SUNDAY-390 FAIR ST., Board of Education Bldg., Berea, O. 8:30
Superior Stag—2028 1/2 E. 105th 11:00 a.m.
TRUSTY-CLEVELAND HOUSE OF CORRECTION, 1000 ft. east of House of Correction 6:00
WARRENSVILLE—COOLEY FARMS, Recreation Room 10 A.M.
YOUR—EUCLID COMMUNITY HOUSE, 240 Briardale 7:15
AVON CENTRAL—BASEMENT CENTRAL BANK, 36690 Detroit Rd., Avon, O. 8:00
CHIPPEWA-SEVILLE-V.F.W. HALL, Seville, O. 8:00
GENEVA, O.—EPISC. CH., 66 So. Eagle 7:30
GOLF LAKELANDS-IMMACULATE CONCEPTION CHURCH, Hubbard Rd., No. Madison 8:00
LORAIN COUNTY CONSOLIDATED—ST. JOHN'S SCH., 61 & RT. 67, LORAIN 8:30
MANSFIELD, O.—20 1/2 S. PARK 8:00 EST
NEWBURY, O.—ST. HELEN'S CHURCH 8:15
TWILIGHT-GRANGE HALL, AXTEL, O. 7:30



MISUNDERSTANDING - Part 2

Two months ago this column discussed misunderstanding as a hazard to sobriety. Causes of misunderstanding were assigned for future discussion. This will be a start. Trader Horn once said, "There's nothing brings us closer akin to the apes, than the tantrums we get into". Many of us, including this writer find that sobriety even after a long term of years, does not make us immune to tantrums.

Anger is usually caused by either fear or embarrassment. When someone lets us down, anger is a natural reaction. We may fear the consequences, or more probably we are mortified that he did that to *us*. Forgetting that is our immature reaction and not the other person's act, we come apart at the seams. We write a snarling letter, or we "blow our stacks", often hurting those we love the most, and committing a wrong that never can be righted. We have to recognize that the only control we have is over our own emotions. When that is lost; we are lost. Those who seek to avoid misunderstanding must fly into a great calm, not a great rage. It disarms our imagined adversary and it heightens our own stature. None of us can be bigger than the thing which makes us mad.

Anxiety is a breeder of misunderstanding. A by-product of fear, anxiety and apprehension over things which may never happen, and over things which we can neither change nor accept, are the line of least resistance for us in this fellowship. We have no monopoly on it, however. In an age when disease generally has been so thoroughly conquered, there is more mental illness than ever before, a product of the tension of our times and the anxiety it creates.

Criticism is an incubator of misunderstanding. It would be difficult to find a harsher contrast in our fellowship, than the gulf between our ability to dish out criticism, and our utter inability to accept it. Perhaps the better approach for most of us is an effort to curb our own urge to engage in the sport. An old saying goes that he who points the finger of criticism, points three fingers at himself. Assuredly he enlarges his own potential as an object of criticism.

There are three sound reactions to criticisms when you are on the receiving end. Consider whether it is truthful, and if so, admit it promptly. Consider if you can profit by it, and if so, by all means do so. Consider whether your critic has the right to criticize, and if he hasn't, try to show him gently. The weakness of most criticism lies in the limited knowledge and vision of the critic, and the best treatment is to brush it off.

Let us now consider envy as a cause of misunderstanding. Envy is a vicious sin of which to be guilty. It is perhaps the only sin in which the sinner has no pleasure at all, even momentary. It is the revenge of mediocrity. No man can achieve superiority in any particular without being the victim of the envy of another. The old proverb says, "Wrath is cruel, and anger is outrageous, but how does one withstand jealousy?"

One would think that our fellowship ought to be a haven from the blight of envy. Yet we have it. Ignoring gratitude for our own sobriety, we are jealous of the one who

(Continued on page two)

ADOLESCENTS

"Alcoholics are adolescents!" This statement was made recently at a public meeting we attended. It immediately aroused in us anger, resentment and indignation, as it did to two other members of AA who were sitting at the same table with us.

But as the speaker continued his talk, the three of us reluctantly had to agree that he had some cogent reasons for drawing such a conclusion. Possibly our indignation was lessened when he described some of the other qualities many alcoholics had in common which were complimentary, and therefore more palatable.

The speaker stated that emotionally unstable, extremist, arrogant and highly impetuous, impulsive persons of both sexes were-most prone to become problem drinkers and eventually total alcoholics.

Most alcoholics or problem drinkers had a background of parental over-indulgence and over-tolerance during their childhood which led them to expect the same tolerance in school and in other social activities. When they were punished they became resentful and rebellious.

In high school and college they found their counterparts and soon found enjoyment and thrills in finding ways to outwit their teachers, counselors and doting parents. Discipline was scoffed at and it became a challenge to each to find ways to outwit their "tormentors."

Caught time and time again, warned and punished, this only served to increase their resentment at being caught and they learned to lie and cheat at home as well as at school.

Soon they found excitement and exhilaration in alcohol. Their daring increased and they got in trouble with the law. Tolerant judges and influential people interceding, again kept them from receiving the punishment they deserved.

Many of them straightened out-for a while. Some got married, but when the novelty wore off, the old itch for mischief again began to assert itself. Particularly when children became a responsibility that had to be shared, Quarrels became common and resulted often in a dash away to the nearby saloon to pour out his troubles to the bartender who had "understanding and sympathy."

Our two companions and I came away from the meeting each having a feeling that the speaker had been talking to each of our families, our employers, preachers or individuals who knew our history before AA.

When did we finally grow up and become adult? One admitted that not until he was 35 years old could he honestly admit it. This was one year after he embraced the program. The other couldn't, or wouldn't say. We had to confess to 49 years, when we finally fully embraced the program.

How about you? We guarantee that you will not have learned to live a truly happy and serene life until you do. Practice the Four Absolutes every day to the best of your ability.

Man . . . An inconsistent creature who complains bitterly if the laundry mishandles his shirt but thinks nothing of losing it playing poker.

Many people have
the right aim in
life, but they just
never pull the
trigger!



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No. 7

WE GET A TAX BREAK! (1954 Code Sec. 213)

Deductions: Medical and dental expenses: Transportation expenses to attend Alcoholics Anonymous Club meetings. -Where an individual joined an Alcoholics Anonymous Club in his community- pursuant to competent medical advice that membership was necessary for the treatment of a disease involving the excessive use of alcoholic liquors, transportation expenses paid in attending meetings of such Club are deductible medical expenses within the meaning of section 213 of the Internal Revenue Code of 1954. Back reference: 2019.80.

Advice has been requested whether transportation expenses paid in the circumstances set forth below are deductible as medical expenses under section 213 of the Internal Revenue Code of 1954.

The taxpayer is afflicted with a disease involving the excessive use of alcoholic liquors. Pursuant to competent medical advice that membership was necessary for the treatment of the disease, he joined an Alcoholics Anonymous Club in his community. During the course of the taxable year, he paid transportation costs in attending meetings of the club.

Section 213(a) of the Code allows as a deduction expenses paid during the taxable year, not compensated for by insurance or otherwise, for medical care of the taxpayer; his spouse, or a dependent, subject to certain limitations.

Under section 213(e) of the Code, the term "medical care" means amounts paid for the diagnosis, cure, mitigation, treatment, or prevention of disease, or for the purpose of affecting any structure or function, of the body (including amounts paid for accident or health insurance), or for transportation primarily for and essential to medical care as defined therein.

Based on the facts presented in the instant case it is concluded that the taxpayer's costs of transportation to meetings of the Alcoholics Anonymous Club were expenses "primarily for and essential to medical care" within the meaning of section 213(e) of the Code.

Accordingly, it is held that the individual in the instant case, who joined an Alcoholics Anonymous Club in his community pursuant to competent medical advice that membership was necessary for the treatment of a disease involving the excessive use of alcoholic liquors, may deduct transportation costs paid in attending the meetings of such Club, as medical expenses, subject to the limitations provided in section 213 of the Code.

(6365) Rev. Rul. 63-273, I. R. B. 1963-52, 15

PROGRESSIVE SYMPTOMS OF ALCOHOLISM

Pre-Alcoholic Symptoms: Gross drinking behavior . . . Blackouts . . . Gulping and sneaking drinks.

Early Stages of Alcoholism: Loss of control . . . "I can stop any time" . . . "One more won't hurt" . . . Eye-openers . . . Drinking alone . . . Changing the pattern . . . Anti-Social behavior (I can lick anyone!) . . . Loss of jobs and friends . . . Hospitalization (covering up true reason) . . . Evasion, half truths, double talk, etcetera . . . Driving your car against the advice of friends.

Later Stages of Alcoholism: Benders . . . Unreasonable resentments . . . Tremors . . . Nameless fears and anxieties . . . Hiding supplies . . . Complete collapse of the "alibi system."

Chit-Chat, Robesonia, Pa.

MISUNDERSTANDING — PART 2

(Continued from page one)

is our elder, the one who seems more popular and respected than we are. Once after someone in our fellowship had made a scurrilous remark about another: he was asked by the writer, "What have you got against him?" His reply, "Nothing, I guess, except that I am sick and tired of hearing about what a wonderful guy he is."

When your heart is filled with boundless gratitude, you will not be jealous of another. When you are the object of envy, that is the time when serenity will keep you on the right path.

THIRTEENTH ANNUAL DINNER

The Thirteenth Annual Dinner of the Cleveland AA District Office will be held in the Pick-Carter Hotel on Saturday, May 9 at 7:00 p. m. The speaker will be Al S., an attorney practicing in New York City, who has appeared before Cleveland audiences on several previous occasions and has never failed to impress his audience. His story is colorful. His philosophy is sound. And his humor is infectious.

The price per person is \$5.50. The food will be excellent. And, the evening will be well worth attending.

See you there?

STATEMENT OF POLICY

CENTRAL BULLETIN and the CENTRAL BULLETIN FOUNDATION, INC., are both activities dedicated to service and operate within the framework of The Twelve Traditions of A.A. It is the primary purpose of CENTRAL BULLETIN to carry the message and of the CENTRAL BULLETIN FOUNDATION to perpetuate the publication.

It neither sponsors or endorses any other activity whether it be at group, local or area-wide level and does not lend the name of CENTRAL BULLETIN or CENTRAL BULLETIN FOUNDATION to such activities.

Restated, the primary purpose of both is carrying the message by printed word.

-Trustees, CENTRAL BULLETIN FOUNDATION, INC.

GIVE OF YOURSELF

There is an opportunity in AA activities to reap great benefits . . . but there is also an opportunity to contribute . . . to give of yourself. In a book called The Prophet, the philosopher Kahlil Gibran says, in part:

"You give but little when you give of your possessions. It is when you give of yourself that you truly give. There are those who give little of the much which they have . . . and they give it for recognition and their hidden desire makes their gift unwholesome. And there are those who have little and give it all. There are the believers in life and the bounty of life, and their coffer is never empty. There are those who give with joy, and that joy is their reward. And there are those who give with pain, and that pain is their baptism. And there are those who give and know not pain in giving, nor do they seek joy, nor give with mindfulness of virtue. They give, as in yonder valley the myrtle breathes its fragrance into space. Through the hands of such as these, God speaks, and from behind their eyes He smiles upon the earth."

—J. D.. Zndevendence

OBITUARIES

John J. Bradley, one of the first members in the Lorain County area who helped start the Elyria group and who had enjoyed 21 years of continuous sobriety passed away on February 29, from a sudden heart attack. Jack was a truly dedicated member and will be sorely missed by his host of friends in the fellowship.

Our deepest sympathies go out to his wife Caroline and his daughter Marie.

Harold Parsons, who observed his fifth anniversary of continuous sobriety on March 3rd as a member of the Edgelake group, died on Monday, March 23rd. Harold was president and a loyal member of the board of the Central Bulletin Foundation. He will be difficult to replace.

Our deepest sympathy is extended to his devoted sister w3o survives him.

LOCAL FIRM HELPS PROBLEM DRINKER

The working alcoholic who keeps his bottle stashed away in his lunch bucket or the lower drawer of his desk is still around—a problem to himself and to his employer.

In fact, it is estimated that 2,000,000 of the country's 4,000,00 problem drinkers are industry, according to an Associated Industry survey.

But in one Cleveland firm, something is being done about the problem.

Working closely with St. Vincent Charity Hospital, Clevite Corp. has designed for the problem drinker among its employees a program which has been successful in 60% of the cases.

Clevite uses a no-nonsense approach.

All employees are informed of the company's policy on alcoholism—that it recognizes it as a disease—that employees afflicted with it can expect help from the company.

But it warns that failure to take that help can result in dismissal.

It alerts union, management and employees to certain tell-tale signs — absenteeism on Monday mornings — loss of interest in the job — a tendency to blame failures on others — and explains the type of help that can be expected.

As a result, covering for drinking employees — a real problem in detecting alcoholics before the program started — is dying out, according to personnel manager, Bill Miller.

"The credit goes to our AA members, the union, management and medical staff,, he says. "All work on it."

Although an alcoholic can help himself under certain circumstances, he fares better with medical care. Clevite realizes and urges the problem drinker to go to Rosary Hall at Charity Hospital.

There, as Dr. Frank Hanrahan, director of medicine, explains, he receives medical and psychological tests. He has conferences with Sister Ignatia, a dedicated Sister of Charity who cooperated with the founders of Alcoholics Anonymous, and with members of that organization.

"What is equally important," says the doctor, "is that he has time to take stock of himself, without pressure and without remorse."

Before he returns to work, he is urged to join the AA group at Clevite. About 2% of the 2300 employees of that firm belong to AA.

Speaking for Clevite, Miller says :

"We recognize alcoholism as a business problem, and are willing to spend time and money on each case. Many of these men have high seniority. We feel it is our duty to help them. If we don't they will be a social problem when we release them.,"

The alcoholism program at Clevite has been in operation eight years. *-Cleveland Press, February, 1964*

IS A.A. FOR YOU?

Have you ever tried to stop drinking for a week or longer only to fall short of your goal?

Do you resent the advice of others who try to get you to stop drinking?

Have you ever tried to control your drinking by switching from one alcoholic beverage to another?

Have you had a morning drink during the past year?

Do you envy people who can drink without getting into trouble?

Has your drinking become more serious during the past year?

Has your drinking created problems at home?

At social affairs where drinking is limited, do you try to obtain "extra" drinks?

Despite evidence to the contrary do you assert that you can stop drinking "on your own," whenever you feel like it?

Have you missed time from work as a result of drinking?

If you are a doubter and you answered "yes" four or more times . . . Better take a second look . . . at you.

-Toledo Area News

DATES TO REMEMBER

April 6—Second Anniversary of the Brook Park group in Redeemer Lutheran Church, 6151 Smith Rd., Brook Park at 8:30 p. m. Guest speaker, Henry W., Euclid-Wade.

April 10-12—Fifteenth Ontario Regional Conference, Royal York Hotel, Toronto, Ontario.

April 12-BB of AA meeting in St. Malachi Hall, 2401 Washington on **Sunday** afternoon at 1:00 p. m.

April 12—Eighth Anniversary of the Y.O.U.R. group in Euclid Community House, 240 Briardale with Dick P. of Parma as guest speaker.

April 12-Sixth Anniversary of the Bedford Heights group in Village Hall, 6661 Perkins Rd., Bedford Heights. Guest Speaker, John F., of the Northeast group.

April 12—Eighth Anniversary of the Y.O.U.R. group in Euclid Community House, 240 Briardale, Euclid, O. A pot-luck dinner will be served at 5:30 p. m. The anniversary meeting will begin at 7:15 p. m. with Dick P., Cleveland AA District Office Secretary as speaker. Plenty of parking.

April 23—Fifteenth Anniversary of the Allendale group in St. Paul Episcopal Church, 16837 Euclid Ave., at 8:30 p. m. Guest speaker, Corne V., Mansfield and Wynn W., Lee-Wednesday.

May 3-First Anniversary of the Grateful group in St. James Lutheran Church, 1424 Hayden Ave., near Shaw at 2 p. m. Guest Speaker will be Eddie H., of the Lee-Monday group.

May 22-24—Twenty-Sixth Cook Forest Conference, Cooksburg, Pa. For further information and reservations write Cook Forest Conference, Box 265, Verona, Pa.

A.A. DRY DRUNK.. . ANGER

A lethal concoction brewed from the knockout drops of straight mental poison. A choice drink for those who wish to play God.

A specific emotion aimed at injury to others. Its end is to kill or destroy. Primitive man used it as a means of survival. AA suggests no instance where it benefits our members. To the contrary we are warned to avoid it.

Anger opposes all 12th Step principles. It overrides reason. It insulates us from God, and the spiritual help necessary for our recovery.

Anger in a broad sense, indicates a decided loss of self control. Fury and wrath imply an over-mastering passion verging on madness with an intent of revenge and punishment.

The 12 Steps are a spiritual way of life which directly oppose anger in all its phases. They are a means by which we learn to control its 'harmful influence.

-From "Stools and Bottles,"

NEW HOSPITAL COMMITTEE CHAIRMAN

Central Committee Chairman John B., announced the appointment of Judd R., of the Euclid-Friday group as chairman of the Hospital Committee.

ALANON GROUP MEETINGS

Alanon Answering Service — Call SU. 1-6136

ASHTABULA-Harris Memorial W. 68 & Adams	1st & 3rd Mon..	8:30
BROOKPARK-PARMA—Redeemer Lutheran, 6151 Smith	Mon..	8:30
LAKEWOOD—Lakewood Presbyterian, Detroit Ave. at Marlowe	Mon..	8:30
EUCLID-Christian Church, 28001 Lake Shore Blvd.	Tues.,	8:30
GARFIELD HEJGHTS-Garfield Hts. City Hall, 6666 Turney,	Tues.	8:30
SUBURBAN WEST—Our Savior Luth'n Church, 20300 Hilliard,	Tues.,	8:30
MAPLE. HEIGHTS-Presbyterian Church, 15715 Libby Rd.	Tues.,	8:30
BETHANY—Bethany Presbyterian Church, W. 65th & Clinton,	Wed.,	8:30
BROADWAY-Newburgh Recreation, 8437 Broadway	Wed.,	8:30
FAIRPORT HARBOR-Luther Center, Eagle st.	Wed.	8:00
LORAIN AVE.—Dr. Martin Luther Church, 4470 Ridge Rd.	Thurs.	9:00
E. CLEVELAND—YWCA, Lee Boulevard and Eu	Fri.,	1:30
CHARITY—St. Vincent's Charity Hospital, E. 22nd & Central	Fri.,	8:30
BETHANY—Pilgrim Christian Church, 113 South St.	Fri.,	8:30
LORAIN COUNTY—Congregational Ch., 82807 Electric, Avon	Fri.	8:00
ELYRIA, O. Woodbury St. off Cleveland St.	Sat.,	8:30
VALLEY-7100 Kinsman (2nd & 4th Sunday)	Closed	Sun., 4:00

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 East 4th St., is open weekdays from 9 a.m. to 6 p. m. and Saturdays from 9 a.m. to 1 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHERRY 1-7337. - -

CLEVELAND AREA AA GROUP MEETINGS

MONDAY

BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
BROOK PARK—Redeemer Lutheran Church, 6151 Smith Road, Brook Park 6:30
EARLY-EARLY—Baptist Church, 1740 E. 17th St., Corner Walnut 7:30
EDGE LAKE—Faith Lutheran Ch., Lakewood, Woodward & Hilliard (Wdward, Ave. ent.) 8:30
RIENDLY SUBURBAN—4037 Pearl 6:00
FRIENDSHIP—Blvd. Presbyterian Ch., 24600 Lake Shore Blvd., Euclid, O. 6:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit 9:00
LEE MONDAY—First Presbyterian Ch., East Cleveland, Nela and Euclid 6:30
LORAIN AVE.—St. Ignatius Hall, Lorain Ave. et Wat Blvd. 6:30
ORCHARD GROVE—St. Mark's Church, 16806 Trinket Road 6:30
PEARL—St. Mary's Sch., 4600 State Rd. 8:30
RAMONA—9721 Ramona Blvd. 6:30
SHAKER—Christ Episcopal Church, 3445 Warrenville Center Rd. 9:00
SUNNY MONDAY WOMEN—713 E. Sprague Rd., off Route 21, Seven Hills 12:30
SOUTH EAST—7626 Broadway 6:30
TEMPLE—Fatima Hall, 6914 Lexington 8:15
W. 25th ST.—United Church of Christ, 2409 Willowdale Ave. 9:00
WOMEN'S (Westside)—West Blvd., Christian Church, Madison & W. 101st St. 8:15
ELYRIA MEN—St. Agnes, Lake & Dewey 8:30
 Mixed Discussion 10:00 a.m.
JEFFERSON, O.—St. Joseph's Church 8:30
LEROY-BRAKEMAN—Leroy Grange Hall Brakeman Rd. off Rte. 86—Painesville 8:30
VERMILION—Congregational Church 8:30
WILLOUGHBY, O.—First Presbyterian Church, 4785 Shankland Rd. 8:30

TUESDAY

BRECKSVILLE V. A. HOSPITAL, 10000 Brecksville Rd., Brecksville, O. 7:30
CLARK—1917 Clark Ave. 8:00
CORLETT MIXED—Holy Family Parish Hall, 3845 E. 131st St. 8:30
EASTSIDE WOMEN—Y.Y.C.A., Room 6, Lee Road et Euclid 6:15
EUCLID MORNING—Euclid Christian Ch., Lake Shore Blvd & E. 280th St. 10:30 a.m.
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 9:00
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave. 8:30
FALLS—Community Church, Olmsted Falls, 7853 Main St. (Columbia Rd.) 9:00
GARFIELD—Tues.—Garfield Hts. City Hall 6555 Turney Road 8:30
HILLTOP—St. Joseph's Seminary, 17606 Euclid Ave. 8:30
LAUREL—Brooklyn High School Cafeteria, 9400 Biddolph Rd. (Parking, W. 96th) 6:45
MAYFIELD-COLTMAN—Mayfield Rd. Holy Rosary Church, basement 8:00
MAY-LYNDE—Cleveland Savings & Loan, 5816 Mayfield Road 6:30
MILES-LEE—St. Mary's Church, 4070 E. 142nd St. 8:30
NIGHT & DAY—18867 Euclid Ave. 8:30
RIVER TUESDAY—Rocky River Methodist, 19414 Detroit Road 8:30
SMITH-WILSON—St. Joseph's School, 9831 Orleans Ave. 6:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 6:00
VALLEY WOMEN'S DISCUSSION GROUP, 2nd and 4th Tuesday, 7100 Kinsman 7:00
WEST PARK—Puritas Lutheran Church, Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.—First Presbyterian Church, 3rd & Church Sts. 6:00 **NET**
ASHTABULA CONSOLIDATED—Geneva, O. Methodist Church, So. Broadway, 1st Tue 8:30
KIRTLAND, O.—Old South Ch. Rt. 306 8:30
LAKE COUNTY—Beth. Fellowship Hall, Rt. 20 E. Southwood, Mentor-v 6:30
LORAIN CENTRAL—Lorain, O., Trinity Church 6:30
MANSFIELD—Episcopal Church, 41 Bowman St., Mansfield, O. 8:30 **EST**
MEDINA, O.—St. Paul's Episc. Per. Hse. 6:30
STREETSBORO, O.—Methodist Church, Intersection of Rte. 14 & Rte. 43 8:30
Strongsville—Methodist Ch., 13354 Pearl 8:30

WEDNESDAY

ANSEL—Lithuanian Hall, 6835 Superior Ave. 6:30
BAXTER—St. John's Lutheran School, 5826 Cable 8:30
BEDFORD—Bedford Christian Church, Warrenville Center and Blaine 9:00
BRAINARD CIRCLE (Women's)—Trinity Ch., Brnd at Shaker & Gates Mills Blvd. 8:30
COLLINGSWOOD—945 E. 162nd St. 6:30
DOAN MEN—Church of the Covenant, 11205 Euclid Ave. 8
EASTSIDE MORNING—9606 Euclid Ave., Euclid Ave. Congre. (Side ent.) 10:30 a.m.
EUCLID-WADE—13867 Euclid Ave. 8:30

GARFIELD—Pilgrim E. & R. Church, 4594 E. 181st E L 6:30
H A G—Cong. Assembly Hall, West 46th and Colgate 8:30
LEE ROAD—St. Ann's Church Basement, Coventry and Cedar 9:00
LORAIN WEDNESDAY—Bosworth Road, Presbyterian Church, 3631 Bosworth 9:00
NO. OLMSTED—Episc'l Church of the Advent, 3760 Dover Ctr. Rd., north of Lorain 9:00
PSYCHIATRIC HOSPITAL—1708 Aikem 8:30
ST. JAMES—St. James Church, E. 64th and Cedar 6:00
TWENTY-FOUR HOUR—19216 Detroit, Church of the Ascension 8:30
WARRENSVILLE—Women's House Cor. 7:30
WEST SHORE—West Shore Unitarian, 20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)—Twelfth Step Club 8304 Detroit Ave. 8:30
ASHTABULA C.Y. Women, Harris Memorial, W. 58th & Adams, 2nd & 4th Wednesday 7:30
BRUNSWICK, O.—Cuyahoga Ass'n Bldg., Route 42, So. of 303 6:30
CHESTERLAND—Methodist Church, Mayfield Rd., Rte. 322 & Rte. 306 8:30
ELYRIA, O.—St. Paul Building, Third and Middle, side entrance 8:30
FAIRPORT HARBOR—Luther Center, Eagle St., Fairport Harbor 8:00
Farm-9438 Slagle, Rte 303, Garrettsville 10:30
INTER-RACIAL—30th & Wood, Lorain, O Mt. Zion Baptist Church 8:30
LAKE COUNTY WOMEN—lat Presbyterian, 4785 Shankland Rd., Willoughby 8:00
LORAIN COUNTY WOMEN—Meth. Church, Rte. 254-1 block east of Rte. 67 8:30
MANSFIELD, O.—20 1/2 S. Park 8:00 **EST**
SHEPHERD LAKE, O.—St. Thomas School, Harris Road 8:30
WICKLIFFE—Wickliffe Presbyterian Church, E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal, Church, 16837 Euclid Ave. 8:30
ANGLE—St. Malachi's, 2459 Washington 8:30
BAY WEST—Church of the Redeemer, 23500 Center Ridge Rd., Westlake 8:30
BROADWAY-55th—Our Lady of Lourdes School Hall, 3398 E. 65th St. 8:30
BROOKLYN—St. James Lutheran Church, 4781 Broadview, cor. Maynard 8:30
COVENTRY—Fairmount Presby. Church, Scarborough and Fairmount Blvd 8:30
CROSSROADS—St. Luke's Episcopal, W. 78th St. and Lake Avenue 9:00
EASTLAKE—Reformation Lutheran Church, 34300 Lake Shore Blvd. 9:00
EAST SHORE WOMEN—Richmond Library, 26151 Euclid Ave., Euclid, O. 8:15
GARDEN VALLEY—(Outhwaite) 7100 Kinsman Ave. 6:00
GOLDEN GATE WOMEN—Activities Center So. Euclid Meth. Ch., 1534 So. Green Rd. 8:30
LORAIN AVE.—THURSDAY—4470 Ridge Rd., Dr. Martin Luther Church 9:00
NIGHT & DAY—13857 Euclid Ave. -11 A.M.
NORTH RANDALL—Village Hall, 21937 Miles Ave. 9:00
PARMA HEIGHTS—8400 Pearl Road NADS, basement, rear entrance 8:30
ROCKY RIVER—Rockport Methodist Church, 3310 Wooster Road 9:00
ST. CLAIR—Nottingham Methodist Church, St. Clair & Melville 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of correction. 8:00
WEST SIDE MORNING—W. 98th & Denison, Hungarian Lutheran Church 11 A.M.
AMHERST, O.—St. Peter's Church 8:30
ASHLAND—St. Matthew's Episcopal Church, Steamtown Rd. & Millin Ave. 8:00
ASHTABULA HARBOR—Bethany Luth'n Ch. Penn. Ave., between W. 9 and W. 10 8:30
BEREA—Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland Rd. 9:00
ELYRIA—St. Agnes Sch., Lake & Dewey 8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset 9:00
DISCUSSION—112 E. 19, Lorain, O. 10 A.M.
MAPLE LEAF—Congregational Church, Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE—Congregational Church, Edne. Bldg., Mentor Ave., Psville 8:30
TWINSBURG—Chrysler Union Hall 8:30
WILLARD, O.—United Bank Bldg. 8:30

FRIDAY

BROADWAY-HARVARD—8437 B'way 8:30
CEDAR—Salvation Army, 5006 Euclid 8:15
CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—425 Term. Twr. 6:00
EUCLID FRIDAY—Epiphany Church, Lake Shore & East 210th St. 9:00
FRIDAY P.M. WOMEN—Plymouth Church, Krumline Room, Coventry & Drexmore 1:00
GORDON SQUARE—St. Paul Com. Church, 4427 Franklin Blvd. 9:00
HEIGHTS—Closed Discussion, Christian Church, Van Aken & Avalon (rear) 6:30

HUDSON, O.—Closed meetings.
Christ Church, 21 Aurora 8:30
LEE ROAD—American Legion Hall, Pat 163. 16544 Euclid Ave. 9:00
NORTH EAST-TORN—House Motel, 16661 Euclid Ave. 8:30
PARMATOWN MEN—Assembly Room, Parma Community Hospital 8:30
POSTOFFICE—4079A, Main Postoffice 8:30
SOLIDARITY—Friendly Inn Settlement, 2232 Unwin Rd. (off Quincy Ave.) 8:30
STELLA MARIS MIXED, 1320 Washington Ave. 8:15
WEST CLIFTON—Lkwd. Congregational Church, 1275 W. Clifton Road 9:00
AVON LAKE—First Congregational Church, 32301 Electric Boulevard 8:30
BEREA—Social room of Berea Cong. Church, Seminary end Church 8:30
CHAGRIN FALLS—Federated Churches, 76 Bell Street 9:00
CHARDON—Pilgrim Christian Church, 113 South Street, Chardol. O. 8:30
CONNEAUT, O.—Methodist Church, Buffalo and Madison Sts. 8:30
MANSFIELD, O.—25 Mulberry 8:00 **E.S.T.**
WELLINGTON—St. Patrick's Catholic Church, No. Main St., Wellington, O. 6:30

SATURDAY

BAY VIEW—Bay View Hospital, 23200 Lake Ave., Bay Village 8:30
FOREST CITY—2126 Broadview Rd. 9:00
L.S.I.—17600 Broadway 8:30
LANDER CIRCLE—Garfield Mem. Methodist, Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK—Teamster's Hall, 2076 E. 22nd St. at Carnegie 9:00
LEE-SEVILLE—New Home Baptist Church, Seville & Sunview Ave. 7:00
LIBERTY—945 E. 162nd St. 9:00
MAPLE HTS.—Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Windermere Presby. Ch., 14112 Euclid Ave. at Windermere 8:30
MEMPHIS—Lakewood Congregational Ch., 1375 W. Clifton cor. Detroit Ave. 9:00
NEWBURGH STATE HOSPITAL—Williams Bldg., Entrance at 4455 Turney Rd. 7:30
NIGHT & DAY—13357 Euclid Ave. 12 Midnight
NORWALK TRUCK LINES, 1147 E. 65th St., at Shore Drive 9:00
PLAINS—Plains Methodist Ch., Mentor, O., Rb. 306 and 288, Mentor, O. 9:00
PARMA—Third Federal Savings & Loan, 5960 Ridge Road 6:45
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church, 4525 W. 25th St. 9:00
VALLEY VIEW—Pilgrim Congr. Church, 2592 W. 14th, cor. Starkweather 9:00
ASHTABULA, O.—St. Peter's Episc. Church, Main Avenue at South Park 6:30
Lorain Discussion—Neighborhood House, 30th St., 10:00 a. m.
LORAIN SATNITE—7th and Reed St., St. Mary's Church Basement 6:30
MANSFIELD—20 1/2 S. Park 8:00 **EST**
PARKMAN, O.—Congregational Church 8:30

SUNDAY

BEDFORD HEIGHTS—Village Hall, 6661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
C.A.H. Discussion—13857 Euclid 10:45 a. m.
COLLINGSWOOD—945 E. 162nd St. 7:30
DETROIT SUNDAY—8304 Detroit Ave. 7:30
DISCUSSION—6700 Detroit Ave. 7:00
GARDEN VALLEY—Outhwaite, 7100 Kinsman Ave. 4:00
GRATEFUL—St. James Lutheran Church, 1424 Hayden, near Shaw 2:00
LAKEWOOD ARMORY—1437 Wayne Ave., South of Detroit 9:00
MISTLETOE—St. Thomas Church, 9206 Superior Ave. 7:00
NELA PARK—Cafeteria, Advertising Bldg., Nela Park, Noble Road 7:30
NEWBURGH—St. Catherine's Church, 3443 E. 93rd St. 6:30
SOUTHWEST SUNDAY—390 Fair St., Board of Education Bldg., Berea, O. 8:30
Superior Stag—2023 1/2 E. 105th 11:00 a.m.
TRUSTY—Cleveland House of Correction, 1000 ft. east of Howe of Correction 8:00
WARRENSVILLE—Cooley Farms, Recreation Room 10 A.M.
YOUR—Euclid Community House, 240 Briardale 7:15
AVON CENTRAL—Basement Central Bank, 36690 Detroit Rd., AVON, O. 8:00
CHIPPEWA-SEVILLE—V.F.W. Hall, Seville, O. 8:00
GENEVA, O.—Episc. Ch., 66 So. Eagle 7:30
GOLF LAKELANDS—Immaculate Conception Church, Hubbard Rd., No. Madison 8:00
LORAIN COUNTY CONSOLIDATED, St. John's Seb., al & Rt. 57, Lorain 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 **EST**
NEWBURY, O.—St. Helen's Church 6:15
TWILIGHT—Grange Hall, Axtel, O. 7:30

CLEVELAND AREA

Guest Speakers

APRIL, 1964

Allendale (Thursday, 8:30 p. m.): 2—Bill O'B., Independence; 9—Tom M., Solidarity; 16—Andy C., Allendale (his 8th anniversary); 23—observes its 15th anniversary with **Corne V., (former Clevelander, now a resident of Mansfield, O.)** and **Wynn W.**; 30—Mary B., Allendale.

Avon Central (Sunday, 8:00 p. m.): S—History of AA, Ray J., Berea Thursday; 12—Twelve Step Panel of Crossroads members; 19—Twelve Traditions Panel of Westside Women members; 26—Sharing Session, Film and Panel of members of General Service, N.E. Ohio.

Bay View (Saturday, 8:30 p. m.): 4—John H., Erie, Pa.; 11—Bill D., Erie, Pa.; 18—Andy H., Erie, Pa.; 25—Art G., Erie, Pa.

Bedford Heights (Sunday, 7:30 p. m.): Observes its Sixth Anniversary on Sunday, April 12 at 7:30 p. m. in Village Hall. 6661 Perkins Rd. Guest sneaker is John F. Northeast: Other April speakers: 5—Gene S., Independence; 19—Mike T., Bedford Heights (first lead); 26—Lou H., Heights Discussion.

Brooklyn (Thursday, 8:30 p. m.): 2—Norman S., Lorain Thursday; 9—Jack S., Lorain Monday; 16—Joe K., Brooklyn (his 17th anniversary); 23—Cliff and Millie Z., Clark; 30—Ray B., Brooklyn (his 3rd anniversary).

Brookpark (Monday, 8:30 p. m.): Observes its second anniversary on Monday, April 6th, with Henry W., World Traveling AA as speaker. Other April speakers: 13—John McB., Independence; 20—Les W., Barberton; 27—Bill H., Monument, Dayton, O.

Charity (Friday, 8:30 p. m.): 3—Harley W., 24-Hour; 10—Tom D., Lorain Ave. Monday; 17—Ellis B., Independence; 24—Bill H., Dayton Monument.

Clark (Tuesday, 8:30 p. m.): 7—Emil M., Collinwood; 14—Joe F., Superior; 21—Billy H., Newburgh; 28—Whitey C., Allendale.

East Shore Women (Thursday, 8:15 p. m.): 2—John C., Lander Circle; 9—Open; 16—Hob D., Lander Circle; 23—Ellen K., We&side Women; 30—Discussion.

Edgelake (Monday, 8:45 p. m.): 6—Ted S., Northeast; 13—Henry W., Euclid-Wade; 20—Open; 27—Warren C., Jr., (his 11th anniversary).

Fairview Park (Tuesday, 8:30 p. m.): 7—John S., Cleveland Psychiatric; 14—Mickey D., Crossroads; 21—Jack S., Lorain Ave. Monday; 28—Elwood O., Forest City.

Friendship (Monday, 8:30 p. m.): 6—Joan K., East Shore Women; 13—Doc. K., Broadway-55th; 20—Jack McG., Northeast; 27—Closed Discussion on Fourth Step and Traditions.

Garden Valley (Sunday, 4:30 p. m.): 5—Al L., Ashtabula; 12—Johnny J., Garden Valley; 19—Tom C., Night and Day; 26—Bruce T., Garden Valley.

Garden Valley (Thursday, 8:00 p.m.) 2—Bill K., Superior; O—Eddie P., Clark; X—Chuck B., Crossroads; 23—J.T.L., Garden Valley; 3—Bob K., Independence.

Grateful (Sunday, 2:00 p. m.): 5—Kenny M., Grateful (his first lead); 12—Marion and Bruce S., Temple; 19—Discussion Sunday with Bobbie M., and Regina K., of Matt Talbot and Joe F. and "Murphy" of Superior; 26—Lew N., Y.O.U.R.

Independence (Thursday, 9:00 p. m.): 2—Emmett M., Southwest Sunday; 9—Bill S., East Akron; 16—Joe B., King School, Akron; 23—George E., Cuyahoga Falls; 30—Chuck B., Crossroads.

Laurel (Tuesday, 8:45 p. m.): ?—Terry S., Valley View; 14—Tom N., Freelancer; 21—Ronnie H., Bay View; 28—Bob W., Crossroads.

Lorain County Consolidated (Sunday, 7:30 p. m.): 5—Bruce M., King School, Akron.

Mayfield-Coltman (Tuesday, 8:00 p. m.): 7—George G., Forest City; 14—Doc K., Broadway-55th; 21—Skid S., Newburgh; 28—Tudie C., Allendale.

North Olmsted (Wednesday, 9:00 p. m.): 1—Jim R., Edgelake; 8— ; 1&Norm S., Lorain Ave. Thursday; 22—Kenny C., Lorain Ave. Thursday 29—Bill S., Independence.

Painesville (Thursday, 8:30 p. m.): 2—Bill T., Akron; 9—Bob G., Garden Valley; 16—Esther R., St. James; 23—Tom M., Garden Valley; 30—Tom A., Garden Valley.

Parmatown Men (Friday, 8:30 p. m.): 3—Chuck B., Crossroads; 10—Stanton McD., Orchard Grove; 17—John B., Lakewood Men; 24—Jim S., Friendship.

St. James (Wednesday, 8:00 p. m.): 1—Chris H., Forest City; 8—Bill W., Superior Stag; 15—Louis W., Jr., Garden Valley; 22—Bill H., Newburgh; 29—Jim K., Newburgh.

Solidarity (Friday, 8:30 p. m.): %—Mike M., Y.O.U.R.; 10—Henry W., Euclid-Wade; 17—Richard L., Solidarity (his third anniversary); 24—Ray J. Berea-Thursday.

Southwest (Sunday, 8:30 p. m.): 5—Bill O'B., Independence; 12—Mary W., Westside Women; 19—Bob G., Solidarity; 26—Bill H., Dayton Monument.

Trinity (Saturday, 9:00 p. m.): 4—Tom D., Lorain Ave. Monday; 11—Lee M., Brookside; 1&William McA., Angle; 25—Roy and Lance N.

Westside Women (Monday, 8:30 p. m.): 6—Ina G., Clark; 13—George DeL., Crossroads; 20—Jack C., Clark; 27—Vic H., Allendale.

West 25th St. (Monday, 9:00 p. m.): 6—Nellie F., Westside Women; 13—Dick P., Newburgh; 20—Al B., Wickliffe; 27—Joe F., Hilltop (his 17th anniversary).

Y.O.U.R. (Sunday, 7:15 p. m.): 5—Bill H., Y.O.U.R.; 12—observes its eighth anniversary with **Dick P., Parma as speaker**; 19—Joe A., Y.O.U.R.; 26—Panel, Dick and Betty P. and Tom and Shirley C.

Published monthly by Central Bulletin as a service to all groups in the Cleveland area. Copy for the next month's listing must be in our hands by the 15th of the month, accompanied by a check or cash of \$2.00. Mail to Central Bulletin Foundation, Box 6712, Cleveland 1, Ohio.



MISUNDERSTANDING - Part 3

Gossip drives one to distraction and probably leads to more misunderstanding and dissension in our ranks than any other vice. The gossipy person strikes out wildly in all directions. He is complacent about his own merits which he feels are as obvious to others as they are to him, but in his regard for others, he lives in an eerie twilight zone of half truth and perverted truth which brooks no compassion or tolerance.

The gossip is to be pitied, yet his victims and his listeners need sympathy too. The cure for the disease and the antidote for the recipient is to list-n: think, be moderate and at least open the door, so that the expounder may find his way to the healing atmosphere of understanding and compassion. Failing that, we should take the position of the fellow who was kicked by a mule. He overlooked it when he considered the source.

Prejudice is based on misunderstanding and also creates it. It is a carefully nursed belief based on ignorance, partial ignorance or tradition, which blocks free inquiry and openmindedness. Mencken once said, "Prejudice is made up of the insane certainties of the ignorant." When you encounter a man who has made up his mind before learning the truth, you are in the presence of danger. Our prejudices are hard to diagnose in our continuing personal inventory. We have lived with them so long that they are part of us. We must dig deeply with the sharp spade of truth to root them out. It's worth the effort, not just for the boost which our relations with others will enjoy as a result, but also for the clean warm feeling it creates within us.

Pride can propel you into the depths of cruel misunderstanding. Pride leads you to a synthetic opinion of yourself and then will cause you to do battle in defense of it. It is pride when a politician successful at the polls, is so exalted that he loses touch with those who supported him. It is pride when we become so impressed with the term of our sobriety that we forget both the question of its quality, and the dark days of despair when others helped us. It is pride when we feel that we are unusually well equipped to help the new man, forgetting our own early days, and overlooking the possibility that we may need help tomorrow. It is pride when we regard help to another as our good deed of the month and not as medicine for our own ailment which is only arrested and not cured. The arrogant rooster who thinks that the sun would not rise but for his crowing, has no place in our fellowship.

In conclusion of these three columns on misunderstandings and their causes, it seems clear that positive thought and action are the real guards against the disastrous consequences. Simple as the Golden Rule may seem, its application is often difficult, but it remains the one valuable rule of human conduct we have. There are certain imperatives in the philosophy prescribed by our twelve steps. Avoidance of misunderstanding would seem to be one of the most indispensable. *

Safety features of the new cars will make it harder for motorists to kill themselves, but if we know the breed, they'll respond to the challenge.

A NEW WORLD

In A.A. a man finds himself in a new world, but in it also lies its greatest danger. Old habit patterns cannot be destroyed by mere resolutions. New ways are unknown ways, and a new path does not present the old familiar footing.

The needs of an alcoholic emerging from years of frustrated living are numerous, and the satisfaction of those needs runs into complex problems. We will not refer to those needs which are purely physical, purely material or financial. We refer to the need of *human understanding*. The alcoholic will find this understanding among his fellow members of AA. But what about that other segment of the public which does not, and very likely cannot understand his problem?

The alcoholic once wore a shield of arrogance and pride which could not be dented by the scoffing or taunting of his alleged superior fellow mortals, nor even by the lament or tears of his family and friends. But now, stripped of his former defensive armor, he confronts a hostile world, sensitive, bewildered, frightened, clothed only in the thin silk of firm resolution. He has little reason to believe that he will be accepted on even terms by his normal brethren, nor does he demand such acceptance.

But what does he deserve? When the great injunction that we love our neighbor as ourselves was given us, were there any qualifications in the injunction? We find no descriptive adjective in front of the word neighbor. It does not say white neighbor, black neighbor, rich neighbor, or poor neighbor. It does not say sick neighbor or healthy neighbor or bad neighbor. It does not say good neighbor or

bad neighbor. It just says neighbor.

Since love is best expressed in service, what greater service can we give than helping someone more unfortunate than ourselves to regain and maintain a normal way of living? The material aspects of service are not to be disdained, but the greater service is the kindly hand which helps a fellow human being ascend the ladder of moral and spiritual regeneration.

This kindly hand will be sought only if we who have had some years of sustained sobriety, show evidence of being readily available for counsel, and in all our daily actions inspire a newcomer to express a sincere desire to achieve what we have seemed to achieve—peace of mind, the joy of freedom from the slavery of alcoholism, and the willingness to share them.

Our example in the presence of the newcomer is very important. In fact it is a mandate! We who were given the gift of sobriety can only retain it, paradoxically, by continuing to give it away in example as well as counsel.

We should be so grateful that we should be ready to share it with anyone who comes to us for help, regardless of his social or financial position, his religious background, his "track record", his race or his color. In the eyes and mind every sincere, successful AA, every candidate coming to us for counsel has been sent to us by our Higher Power—to whom we owe our return to sane living.

It's a new world that we have found—an exciting, exhilarating and a joyous new world. It should be shared with everyone to maintain its beauty.

PRIDE is
weakness . . .
HUMILITY
is strength!



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Vol. 22

May, 1964

No. 8

MILL ENDS AND REMNANTS

NEW YORK, April 21: The opening session of the 14th General Service Conference convened here today with 86 Delegates from United States and Canada meeting with other Conference Members which include Trustees, A.A. World Service and Grapevine Directors, G.S.O. Staff and non-voting observers from overseas, one of which represents the Internationalists.

It is in keeping with the serious aspect with which these meetings approach the consideration and deliberation of the agenda topics that the theme of the 1964 Conference is: "PRACTICING THESE PRINCIPLES".

YOU in the person of your Delegate are participating in these meetings and it is his responsibility to consider all areas of deliberation and all areas of sharing in the light of what is good for A.A., even as you would do.

In addition to the customary "Area Highlights" presentations in which other areas share their experiences and the very interesting "Ask-it Basket" questions and discussions, topics include:

Special Presentation: "The Grapevine Takes Its Inventory."

Are electoral procedures for Regional Trustees satisfactory ?

Should Class A Trustees Rotate ?

The Conference Takes Its Inventory

(a) How are we doing as Delegates ?

(b) How an Area Committee helps build local services.

(c) Strengthening A.A. by helping its weaker groups.

(d) Protecting A.A.'s service responsibilities.

Sponsorship — How to strengthen it.

Institutions — Cooperation of outside Groups.

What about our membership figures ?

And many others. All of which adds up to an interesting and informative Conference for YOU.

Your Delegate's report on the Conference will be presented at 3:00 P.M., on Sunday, May 3rd, at American Legion Hall in Brecksville, Ohio. It's to YOUR interest to be there and we'll be looking for you, by George!

JUNE FROLIC

The Bay View group will sponsor a Buffet Dinner Dance in Masonic Temple, East 36th and Euclid on Saturday, June 13, 1964 from 8 p. m. to 12:30 a. m. Music will be supplied by Vie Stuart's 8-piece band. The cost will be \$3.00 per person. Minimum age limit 13 years. No children allowed.

Proceeds from this affair will be used to provide AA literature to patients in Serenity Hall, Bay View Hospital.

June 7—Area-Wide Consolidated meeting at 4 p. m. in Parma Memorial Hall, Ridge Road at Ridgewood Drive, Parma. Dr. L. B., Portsmouth, O., guest speaker.

SPRING FLING

The Laurel group will sponsor a Spring Fling on Saturday, May 9th. from 8 p. m. to 1 a. m. in Brooklyn High School, 9200 Biddulph Road. Music will be by The Chaperones. Tickets are available at \$1.50. For more information call SH. 9-3523.

CENTRAL COMMITTEE

Forty-one group representatives attended a spirited meeting of Central Committee on April 7, 1964. It is encouraging to note that more and more groups are becoming willing to share their experience, strength and hope with other groups just as individual AA members do with each other.

Ed. M. reported that about 250 people attended the Area-Wide meeting on March 15, 1964, and thoroughly enjoyed the excellent message brought to them by Russell B., of Jamestown, N. Y. Some of these attending had never been to an Area-Wide meeting before, or to the predecessor Consolidated meetings; thus they discovered the thrill of sharing AA with members from all over Greater Cleveland and elsewhere. The next meeting will be addressed by another outstanding AA speaker, Dr. Lenhart B., of Portsmouth, O. Because Jordan Hall will not be available on June 7th, the meeting will be held at Parma Memorial Hall which has ample capacity and excellent facilities.

The editor of the Central Bulletin reported a net gain in circulation, and expressed his pleasure at this increased interest in AA's oldest periodical. With his usual good humor, he asked that subscribers remember to notify the Bulletin promptly of any change in address so that they may continue to receive their copies on time, and to save expense and trouble to the staff of the Bulletin.

It is the hope of Central Committee that its Public Information Committee can present some programs for doctors, law enforcers, etc., that will create greater familiarity with the work of AA. The mutual benefits are readily apparent. The Parmatown Men's group has taken the initiative in doing this in the Parma Area, and the results have been strikingly rewarding.

Discussion was held concerning the revival of the "Old-Timer's Meetings" formerly held annually by the Independence group. These were stimulating and enjoyable, and might be even more so on an area-wide basis.

Central Committee meetings are always held on the first Tuesday of each month at 8:30 p. m., Room 1372, Hanna Bldg. If your group is not represented, do yourself and AA a favor by getting your group to permit you to represent it. Central Committee belongs to all the groups, and each group is automatically a member and entitled to a voice and a vote. See you on May 5, 1964.

MEMORIAL DAY SERVICES

Deceased members of the Greater Cleveland Area groups will be specially remembered on Memorial Day, May 30th at 9:00 a. m. in St. John's Cathedral and at 9:00 a. m. in First Methodist Church, Euclid and East 39th St. A breakfast will be served in the Masonic Temple Banquet Hall, 3615 Euclid Ave., at 10:30 a. m. Tickets are \$2.75 per person and can be reserved by calling SU. 1-0560.

Wives, husbands and families of deceased members are cordially invited to attend.

OBITUARIES

Harry Ryan, one of the early members of the Chagrin Falls group and who also observed his 18th year of sobriety last August, passed away on December 30th. He is survived by his wife, one son and two daughters.

Harry Richardson, who organized the Chagrin Falls group in 1943 and enjoyed 21 years of continued sobriety, passed away on February 18th. He is survived by his wife Elizabeth, two sons and three daughters.

Frank Oberstar, an auxiliary member of the Collinwood group and husband of Josephine "Big Jo", passed away on March 18th.

Alan Cowden, former secretary of the Memphis group passed away on March 20th. He is survived by his wife Doris.

Kenneth E. Knight, an active and dedicated member of the Avon Lake group passed away on March 21st. Surviving him are his wife Helen, one daughter and one son.

We extend our sincere condolences to all the bereaved families and are sure that their passing will be mourned by many in our fellowship.

CAN THIS HAPPEN TO ME?

He or she is just a quiet AA, one who doesn't want prestige or power. He goes about his daily work quietly, patiently and sincerely. What this fellow has done in the Fellowship of AA, others also could do. But! *Do* they, or will they?

This person has brought happiness, hope and understanding, and has helped to heal many sick alcoholics. This person in his quiet way has shared the gifts that God has bestowed on him.

Some misguided people may call him a "quack doctor," for he helps to heal the mind and soul of the sick alcoholic. Must this person necessarily be deeply religious? No! Is he a spiritual person? Yes! This is a virtue which you cannot see, yet you can feel its goodness touching the lives of many who come in contact with such a person.

But, how can this happen to me? He tells me to live a simple way of life and admit that I am powerless over alcohol. That I cannot do it alone and that I need the help of others. That I must have a deep-down belief in a Higher Power. Without God, he tells me, I am **nothing**—with God I can do anything. I must turn my life and will over to God each day. I must practice the precepts of AA in all my affairs. (Not only at AA meetings or in company with other **AA**s) I must seek through prayer and meditation to find and know God, and, especially to know myself! In my prayers I must ask for nothing for myself, except that it be His will to use me to carry the message to the alcoholic who is still sick.

At first you'll say that it was impossible. But, wait, just one cotton-picking minute! All you must do is to follow the precepts of AA, have faith and patience, and be willing to do anything you're told to do. It will happen to you. -Source Unknown

WOMEN'S HOSPITALIZATION A PROBLEM

Following is a letter from Penny H., Willowick, which warrants serious consideration by all members:

"I have just been informed by the chairman of the Hospital Committee that Rosary Hall is now closed to women and will be until the new wing is completed. I am told will be in the not too near future.

"This has been a long-time problem for us girls who are trying to hospitalize our new girls. The four beds we had at Rosary Hall weren't enough, but they did help many girls.

We are told that Bay View will open a women's ward, but as yet there has been no date set on when it will be available. Even then, their location is far out for East Side women to visit their girls.

Al-Ju now known as Alka Manor, has redecorated and has hired all new **women** nurses as well as offering to go along with our AA hospitalizing. We do have St. Thomas Hospital in Akron, but it is still difficult to visit once we hospitalize anyone there.

I would appreciate it if any women in AA interested in trying to help with this problem, would attend the next Hospital Committee meeting on Tuesday, May 5th at 7:30 p. m. in Room 1372, The Hanna Building, prior to Central Committee meeting.

We cannot bring these girls into our homes or leave our families to sit up all night with them, which we will have to do soon if we do not have a hospital for them.

Sincerely hoping you will all turn out, I am sincerely yours, —Penny H.

The guide on a sight-seeing bus in Milwaukee informed his passengers that at that moment they were passing the largest brewery in the world. A bored man in the back came suddenly to life. "Why" he demanded, rising to his feet.

* * *

"Dad," asked a young boy reading from the newspaper, "do political plums grow from seeds?"

"No, my son," replied the wise parent. "They are more likely to be the result of ** clever * grafting.*"

No man with a large fish walks home through an **alley**.

DATES TO REMEMBER

May 1—**Parmatown** Men's 1st Anniversary at 8:30 p. m. Women welcome. Guest speakers Ann C., Niles, O., and Doris S., Lancaster, O.

May 5—**First Anniversary** of the Grateful **group** in **St. James Lutheran Church**, 1424 Hayden Ave., near Shaw at 2 p. m. Guest Speaker will be Eddie H., of the Lee-Monday group.

May 18—**West Side Women's 23rd Anniversary** at 8:30 p. m. Dr. and Mrs. Luke R., Youngstown, guest speakers. Members of both sexes welcome.

May 14—**Brooklyn group's 24th anniversary**. Corne V., Mansfield, guest speaker.

May 17—**Collinwood group's 24th Anniversary**. Chicken dinner at 6 p. m. Meeting at 8:30 p. m. with Franklyn S., **Doan Men** as guest speaker.

May 11—**East Side Women's 8th Anniversary** at 8:15 p. m. Panel of women speakers.

May 22-24—**Twenty-Sixth Cook Forest Conference**, **Cooksburg, Pa.** For further information and reservations write Cook Forest Conference, Box 265, Verona, Pa.

May 30—**Memorial Day Services** remembering deceased members of AA at 9 a. m. in St. John's Cathedral and First Methodist Church. Breakfast in Masonic Hall at 10:30 a. m.

June 7—**Area-Wide Consolidated meeting** at 4 p. m. in **Parma** <Memorial Hall, Ridgewood Rd. at Ridgewood Dr. Speaker **Dr. Lenhart B.**, Portsmouth.

June 13—**Bay View Buffet Dinner Dance** in Masonic Temple 8 p. m. to 12:30 a. m.

June 12-13-14: **7th International Conference of Young People in AA**. Sheraton-Cadillac Hotel, Detroit, **Mich.** For further information write Young Peoples Conference, P.O. Box 791, Windsor, Ontario, Canada.

June 20-21—**Twenty-ninth annual Founders Day** in Akron, Ohio. See news item on this page for details.

FOUNDERS DAY IN AKRON

Saturday, June 20th-Sunday, June 21st, 1964

The 29th Annual AA Birthday Celebration in Akron, the birthplace of AA will, as in the **past**, attract visitors from all parts of the nation and other counties.

At 2:30 p. m. Saturday, an AA Amateur Actors Guild play will be staged in the Sheraton Hotel Ballroom.

At 8:30 p. m., Saturday, Frank L. of Alexandria, Va., will be the guest speaker at the Founders Day meeting in Akron University Memorial Hall, 302 East Buchtel Ave.

After the meeting there will be dancing to the music of a good orchestra and an all-star Floor Show during intermission.

On Sunday, June 21st at 9 a. m. a Memorial Service will be held at the grave of Dr. Bob (AA co-founder) in Mt. Peace Cemetery.

At 9:45 a. m. the Annual Breakfast will be served in the Sheraton Hotel Ballroom. Speaker will be Dave B., of Montreal, Quebec, Canada.

Sunday, from 11 a. m. on will be Open House at St. Thomas Hospital.

Advance Headquarters, AA Intergroup Office, 41 So. High St., Akron, Ohio 44308. Telephone BL. 3-8181.

ALANON GROUP MEETINGS

Alanon Answering Service — Call SU. 1-6135

ASHTABULA-Harris Memorial W. 68 & Adams	1st & 3rd Mon., 8 :30
BROOKPARK-PARMA-Redeemer Lutheran, 6151 Smith	Mon., 8 :30
LAKEWOOD—Lakewood Presbyterian, Detroit Ave. at Marlowe	Mon., 8 :30
EUCLID-Christian Church, 28001 Lake Shore Blvd.	Tues., 8:30
GARFIELD HEIGHTS-Garfield Hts. City Hall, 5555 Turney	Tues. 8 :30
SUBURBAN WEST—Our Savior Luth'n Church, 20300 Hilliard	Tues., 8:30
MAPLE HEIGHTS—Presbyterian Church, 15715 Libby Rd.	Tues., 8:30
BETHANY—Bethany Presbyterian Church, W. 65th & Clinton	Wed., 8:30
BROADWAY—Newburgh Recreation, 8437 Broadway	Wed., 8:30
FAIRPORT HARBOR-Luther Center, Eagle at	Wed. 8 :00
LORAIN AVE.-Dr. Martin Luther Church, 4470 Ridge Rd.	Thurs., 9 :00
E CLEVELAND-YWCA, Lee Boulevard and Euclid	Fri., 1:30
CHARITY—St Vincent* Charity Hospital, E. 220d & Central	Fri., 8:30
CHARDON—Pilgrim Christian Church, 113 South St.	Fri., 8:30
LORAIN COUNTY—Congregational Ch., 82807 Electric, Avon	Fri., 9:00
ELYRIA, O. Woodbury St. off Cleveland St.	Sat., 8:30
VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed	Sun., 4:00

CLEVELAND AREA A A GROUND MEETINGS

MONDAY

BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
BROOK PARK—Redeemer Lutheran Church, 6151 Smith Road, Brook Park 8:30
EARLY-EARLY—Baptist Church, 1740 E. 17th St., Corner Walnut 7:30
EDGE LAKE—Faith Lutheran Ch., Lakewood, Woodward & Hilliard (Wdward. Ave. ent.) 8:30
FRIENDLY SUBURBAN—4087 Pearl 8:00
FRIENDSHIP—Bldg. Presbyterian Ch., 2460 Lake Shore Blvd., Euclid, O. 8:30
LAKWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit 9:00
LEE MONDAY—First Presbyterian Ch., East Cleveland, Nela and Euclid 8:30
LORAIN AVE.—St. Ignatius Hall, Lorain Ave. at West Blvd. 8:30
ORCHARD GROVE—St. Mark's Church, 16306 Trisket Road 8:30
PEARL—St. Mary's Sch., 4600 State Rd. 8:30
RAMONA—9721 Ramona Blvd. 8:30
SHAKER—Christ Episcopal Church, 3446 Warrensville Center Rd. 9:00
SUNNY MONDAY WOMEN—713 E. Sprague Rd., off Route 21, Seven Hills. 12:30
SOUTH EAST—7626 Broadway. 8:30
TEMPLE—Fatima Hall, 8914 Lexington 8:15
 W. 26th St.—United Church of Christ, 2409 Willowdale Ave. 9:00
WOMEN'S (Westside)—West Blvd., Christian Church, Madison & W. 101st St. 8:15
ELYRIA—MEN—St. Agnes, Lake & Dewey 8:30
 Mixed Discussion 10:00 a.m.
JEFFERSON, O.—St. Joseph's Church 8:30
LEROY-BRAKEMAN—Leroy Grange Hall, Brakeman Rd. off Rte. 36—Painesville 8:30
VRMILION—Congregational Church 8:30
WILLOUGHBY, O.—First Presbyterian Church, 4786 Shankland Rd. 8:30

TUESDAY

BRECKSVILLE V. A. HOSPITAL, 10000 Brecksville Rd., Brecksville, O. 7:30
CLARK—1917 Clark Ave. 8:30
CORLETT MIXED—Holy Family Parish Hall, 3846 E. 181st St. 8:30
EASTSIDE WOMEN—Y.M.C.A., Room 6, Lee Road at Euclid 8:15
EUCLID MORNING—Euclid Christian Ch., Lake Shore Blvd & E. 280th St. 10:30 a.m.
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 9:00
FAIRVIEW PARK—Fairview Grace church, W. 224th and Lorain Ave. 8:30
FALLS—Community Church, Olmsted Falls, 7363 Main St. (Columbia Rd.) 9:00
GARFIELD TUES—Garfield Hts. City Hall, 6555 Turney Road 8:30
HILLTOP—St. Joseph's Seminary, 17608 Euclid Ave. 8:30
LAUREL—Brooklyn High School Cafeteria, 9400 Biddulph Rd. (Parking, W. 96th) 8:45
MAYFIELD-COLTMAN—Mayfield Rd., Holy Rosary Church, basement 8:30
MAY-LYND—E. Cleveland Savings & Loan, 6816 Mayfield Road 8:30
MILES-LEE—St. Mary's Church, 4070 E. 142nd St. 8:30
NIGHT & DAY—13867 Euclid Ave. 8:30
RIVER TUESDAY—Rocky River Methodist, 19414 Detroit Road 8:30
SMITH-WILSON—St. Joseph's School, 9321 Orleans Ave. 8:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
VALLEY WOMEN'S DISCUSSION GROUP, 2nd and 4th Tuesday, 7100 Kinsman 7:00
WEST PARK—Puritans Lutheran Church, Puritan Ave. and W. 133th St. 8:30
ASHLAND, O.—First Presbyterian Church, 3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—Geneva, O. Methodist Church, So. Broadway, 1st Tue 8:30
KIRTLAND, O.—Old South Ch. Rt. 306 8:30
LAKE COUNTY—Meth. Fellowship Hall, Rt. 20—E. Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O., Trinity Church 8:30
MANSFIELD—Episcopal Church, 41 Bowman St., Mansfield, O. 8:30 EST
MEDINA, O.—St. Paul's Epis. Par. Hse. 8:30
STREETSBORO, O.—Methodist Church, Intersection of Rte. 14 & Rte. 43 8:30
Strongsville—Methodist Ch., 13364 Pearl 8:30

WEDNESDAY

ANSEL—Lithuanian Hall, 6836 Superior Ave. 8:30
BAKTER—St. John's Lutheran School, 6326 Cable 8:30
BEDFORD—Bedford Christian Church, Warrensville Center and Blaine 9:00
BRAINARD CIRCLE (Women's)—Trinity Ch., Brnd at Shaker & Gates Mills Blvd. 8:30
COLLINWOOD—946 E. 162nd St. 8:30
DOAN MEN—Church of the Covenant, 11206 Euclid Ave. 8:30
EASTSIDE MORNING—9606 Euclid Ave., Euclid Ave. Congre. (Side ent.) 10:30 a.m.
EUCLID-WADE—Euclid Ave. 8:30

GARFIELD—Pilgrim E. & R. Church, 4892 E. 181st St. 8:30
HAGUE—Grace Cong. Assembly Hall, West 66th and Colgate 8:30
LEE ROAD—St. Ann's Church Basement, Coventry and Cedar 9:00
LORAIN WEDNESDAY—Bosworth Road, Presbyterian Church, 3631 Bosworth 9:00
NO. OLMSTED—Epis'l Church of the Advent, 3760 Dover Ctr. Rd., north of Lorain 9:00
PSYCHIATRIC HOSPITAL—1705 Aiken 8:30
ST. JAMES—St. James Church, E. 84th and Cedar 8:00
TWENTY-FOUR HOUR—18216 Detroit, Church of the Ascension 8:30
WARRENSVILLE—Women's House Cor. 7:30
WEST SHORE—West Shore Unitarian, 20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Cloned)—Twelfth Step Club, 8304 Detroit Ave. 8:30
ASHTABULA C'Y Women, Harris Memorial W. 68th & Adams, 2nd & 4th Wednesday 7:30
BRUNSWICK O.—Cuyahoga AM Bldg., Route 42, So. of 303 8:30
CHESTERLAND—Methodist Church, Mayfield Rd., Rte. 322 & Rte. 306 8:30
ELYRIA O.—St. Paul Building, Third and Middle, aide entrance 8:30
FAIRPORT HARBOR—Luther Center, Eagle St., Fairport Harbor 8:00
Farm-9438 Slagle, Rte 303, Garrettsville 10:30
INTERRACIAL—30th & Wood, Lorain, O., Mt. Zion Baptist Church 8:30
LAKE COUNTY WOMEN—1st Presbyterian, 4786 Shankland Rd., Willoughby 1:00
LORAIN COUNTY WOMEN—Meth. Church, Rte. 264-1 block east of Rte. 67 8:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
SHEFFIELD LAKE, O.—St. Thomas School, Harco Road 8:30
WICKLIFFE—Wickliffe Presbyterian Church, E. 300th & Ridge Rd. (Route 34) 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal, Church, 16837 Euclid Ave. 8:30
ANGLE—St. Malachi's, 2469 Washington 8:30
BAY WEST—Church of the Redeemer, 23500 Center Ridge Rd., Westlake 8:30
BROADWAY-55th—Our Lady of Lourdes School Hall, 3398 E. 66th St. 8:30
BROOKLYN—St. James Lutheran Church, 4781 Broadview, cor. Maynard 8:30
COVENTRY—Fairmount Presby. Church, Scarborough and Fairmount Blvd. 8:30
CROSSROADS—St. Luke's Episcopal, W. 78th St. and Lake Avenue 9:00
EASTLAKE—Reformation Lutheran Church, 34300 Lake Shore Blvd. 9:00
EAST SHORE WOMEN—Richmond Library, 26161 Euclid Ave., Euclid, O. 8:15
GARDEN VALLEY—(Outhwaite), 7100 Kinsman Ave. 8:00
GOLDEN GATE WOMEN—Activities Center So. Euclid Meth. Ch., 1534 So. Green Rd. 8:30
LORAIN AVE., THURSDAY-4470 Ridge Rd., Dr. Martin Luther Church 9:00
NIGHT & DAY—13867 Euclid Ave. -11 A.M.
NORTH RANDALL—Village Hall, 21937 Miles Ave. 9:00
PARMA HEIGHTS—6400 Pearl Road, NADS, basement, rear entrance 8:30
ROCKY RIVER—Rockport Methodist Church, 3310 Wooster Road 9:00
ST. CLAIR—Nottingham Methodist Church, St. Clair & Melville 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
WEST SIDE MORNING—W. 98th & Denison, Hungarian Lutheran Church 11 A.M.
AMHERST, O.—St. Peter's Church 8:30
ASHLAND—St. Matthew's Episcopal Church, Steamtown Rd., & Mifflin Ave. 8:00
ASHTABULA HARBOR—Bethany Luth'n Ch. Penn Ave., between W. 9 and W. 10 8:30
BEREA—Fine Arts Club, E. Bagley Rd., 3 doors east of Eastland Rd. 9:00
ELYRIA—St. Agnes Sch., Lake & Dewey 8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second end Sunset 9:00
DISCUSSION—112 E. 19, Lorain, O. 10 A.M.
MAPLE LEAF—Congregational Church, Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE—Congregational Church, Educ. Bldg., Mentor Ave., Paville 8:30
TWINSBURG—Chrysler Union Hall 8:30
WILLARD, O.—United Bank Bldg. 8:30

FRIDAY

BROADWAY-HARVARD—8437 B'way 8:30
CEDAR—Salvation Army, 6006 Euclid 8:15
CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—426 Term. Twr. 6:00
EUCLID FRIDAY—Epiphany Church, Lake Shore & East 210th St. 9:00
FRIDAY P.M. WOMEN—Plymouth Church, Krumbine Room, Coventry & Drexmore 1:00
GORDON SQUARE—St. Paul Corn. Church, 4427 Franklin Blvd. 9:00
HEIGHTS—Closed Discussion, Christian Church, Van Aken & Avalo (rear) 8:30

HUDSON, O.—Closed meetings.
Christ Church, 21 Aurora 8:30
LEE ROAD—American Legion Hall, Post 163, 15544 Euclid Ave. 9:00
NORTH EAST—Town House Motel, 15661 Euclid Ave. 8:30
PARMATOWN MEN—Assembly Room, Parma Community Hospital 8:30
POSTOFFICE—4079A, Main Postoffice 8:00
SOLIDARITY—Friendly In Settlement, 2232 Unwin Rd. (off Quincy Ave.) 8:30
STELLA MARIS MIXED, 1320 Washington Ave. 8:15
WEST CLIFTON—Lkwd. Congregational Church, 1375 W. Clifton Road 9:00
AVON LAKE—First Congregational Church, 32801 Electric Boulevard 8:30
BEREA—Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS—Federated Churches, 76 Bell Street 9:00
CHARDON—Pilgrim Christian Church, 113 South Street, Chardon 9
CONNEAUT, O.—Methodist Church, Buffalo and Madison Sts. 8:30
MANSFIELD, O.—26 Mulberry 8:00 E.S.T.
WELLINGTON—St. Patrick's Catholic Church, No. Main St., Wellington, O. 8:30

SATURDAY

BAY VIEW—Bay View Hospital, 23200 Lake Ave., Bay Village 8:30
FOREST CITY—2125 Broadview Rd. 9:00
L.S.I.—17600 Broadway 8:30
LANDER CIRCLE—Garfield Mem. Methodist, Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK—Teamster's Hall, 2076 E. 22nd St. at Carnegie 9:00
LEE-SEVILLE—New Home Baptist Church, Seville & Sunview Ave. 7:00
LIBERTY—945 E. 152nd St. 9:00
MAPLE HTS.—Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Windermere Presby. Ch., 14112 Euclid Ave. at Windermere 8:30
MEMPHIS—Lakewood Congregational Ch., 1375 W. Clifton cor. Detroit Ave. 9:00
NEWBURGH STATE HOSPITAL—Williams Bldg., Entrance at 4455 Turney Rd. 7:30
NIGHT & DAY—13857 Euclid Ave. 12 Midnight
NORWALK TRUCK LINES, 1147 E. 55th St., at Shore Drive 9:00
PLAINS—Plains Methodist Ch., Mentor, O., Rts. 306 and 283, Mentor, O. 9:00
PARMA—Third Federal Savings & Loan, 5950 Ridge Road 8:45
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church, 8525 W. 25th St. 9:00
VALLEY VIEW—Pilgrim Congr. Church, 2592 W. 14th, cor. Starkweather 9:00
ASHTABULA O.—St. Peter's Epis. Church, Main Avenue at South Park 8:30
Lorain Discussion—Neighborhood House, 30th St. 10:00 a.m.
LORAIN SATNITE—7th and Reed St., St. Mary's Church Basement 8:30
MANSFIELD—20 1/2 S. Park 8:00 EST
PARKMAN, O.—Congregational Church 8:30

SUNDAY

BEDFORD HEIGHTS—Village Hall, 6661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
C.A.H. Discussion—13867 Euclid 10:45 a.m.
COLLINWOOD—945 E. 162nd St. 7:30
DETROIT SUNDAY—8304 Detroit Ave. 7:30
DISCUSSION—6700 Detroit Ave. 7:00
GARDEN VALLEY—Outhwaite, 7100 Kinsman Ave. 4:30
GRATEFUL—St. James Lutheran Church, 1424 Hayden, near Shaw 2:00
LAKEWOOD ARMOY, 1437 Wayne Ave., South of Detroit 9:00
MISTLETOE—St. Thomas Church, 9205 Superior Ave. 7:00
NELA PARK—Cafeteria, Advertising Bldg., Nela Park, Noble Road 7:30
URG—St. Catherine's Church, 3443 E. 93rd St. 8:30
SOUTHWEST SUNDAY—390 Fair St., Board of Education Bldg., Berea, O., 8:30
Superior Stag—2023 1/2 E. 105th 11:00 a.m.
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 6:00
WARENSVILLE—Cooley Farm, Recreation Room 10 A.M.
W. Euclid Community House, 240 Briardale 7:15
AVON CENTRAL—Basement Central Bank, 36690 Detroit Rd., Avon, O. 8:00
CHIPPEWA-SEVILLE—V.F.W. Hall, Seville, O. 8:00
GENEVA, O.—Episc. Ch., 66 So. Eagle 7:30
GOLF LAKELANDS—Immaculate Conception Church, Hubbard Rd., No. Madison 8:00
LORAIN COUNTY CONSOLIDATED, St. John's Sch., 81 & Rt. 67, Lorain 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
NEWBURY, O.—St. Helen's Church 8:15
TWILIGHT—Grange Hall, Axtel, O. 7:30



AWARENESS

Aside from precious sobriety which is a gift we never earn, probably the greatest benefit, which flows our way through this fellowship is a knowledge and at least some understanding of ourselves. In the beginning it is a rather bitter pill, for some of us. Before long we swallow it rather easily with the help of our mutual good humor and affection. We learn to laugh at ourselves, a great blessing in itself.

This business of the truth about ourselves is not a simple process of taking one pill and then forgetting it. It is a continuing and never-ending search for the truth about ourselves. We do not merely hang up our alcoholic skates and relax in the rocking chair of sobriety. Our sober life must be effective if our overall track record in life is to approach respectability. And it must have quality and effectiveness too, if we are to be happy in sobriety. We can be happy only if we are continually striving for a greater quality in life. The continuing self-inventory is important that we may truly know just where we are today and the rightness and effectiveness of that which we are doing today. Happiness is now or never. Eternity is right now, today, this very instant. We must know and face the reality of now and do it well. This is the art of awareness.

In our beginnings in the fellowship, we come to an awareness of the truth about ourselves. Do we practice that tenth step with sufficient dedication to remain aware? Sobriety is not a static condition. We all stand in peril of losing it at any time. The hazard is probably greater if we regard our life with sobriety, as a routine thing without need for constant improvement.

As we move into the rewarding field of help to others, an area in which we are blessed with a special talent, we develop a new awareness of and interest in those about us, particularly those we are trying to help. Sometimes it almost seems that we become too expert in our help to others, keenly aware of their problems, and in so doing awareness about ourselves is neglected. We cannot afford this lack of alertness.

In losing this awareness about ourselves we lose whatever humility we may have once had. We are exhibitionists by instinct and this sort of tarnish can develop in connection with our twelfth step work. We have it in the fellow who is proud of his "pigeon". We have it in the fellow who recites his speaking engagements as though they were a badge of distinction.

The quality of our sober life is probably measured more accurately by our relative humility than anything else. And our relative humility is a product of our awareness of the truth about ourselves. An eleventh commandment might well be in order for us. It probably should read, "Thou shalt not consider thyself to be 'some pumpkins'."

It is better to hear the rebuke of the wise, than for a man to hear the song of fools.

* * *

Men are just the opposite of guns. The smaller the caliber, the larger the bore.

ARE YOU IN DOUBT?

There are many people who refuse to admit that they have a drinking problem even though it is apparent to many people with whom they regularly associate. This type of person we in AA are very familiar with, for all of us too fathered the same thoughts before we finally embraced the Fellowship.

The difficulty most so-called "social drinkers" have is in maintaining a *sober image* in the minds of the people with whom they are in social contact.

The difficult cases, and often the most tragic, are those people who appear to be outwardly respectable men and women, whose incipient alcoholism makes them miserable when they drink and miserable when they don't!

By definition, an alcoholic is a man or woman of any age, economy bracket, race or creed who has lost control over any phase of his or her life due to drinking. Industry's *hidden alcoholic* is the employee whose loss of control is of a degree that tends to be unnoticed, ignored or rationalized away, both by the victim, the employer and co-workers as well. The *hidden alcoholic* is difficult to spot, mainly because he's usually intelligent, highly skilled in his job or profession, as well as being liberally endowed with personal charm.

He is careful with his dress, tries to be on time for work, and on the job or socially? pretends to be in good spirits. His drinking in public is closely controlled. He goes to great lengths to guard his "public image," thereby protecting his "right to drink in private," even though it's compulsive and difficult to control.

Despite his brave front and the resultant difficulty in spotting him, there are certain revealing on-the-job traits which inevitably come to the surface. He may become a great and glib excuse-maker; he may pace, rise from his work and walk around aimlessly; he may become detached and distant at the very time when alertness is demanded; he may exhibit undue nervousness and flashes of "irritability"; his face may become uncommonly flushed and his eyes puffy (which he would blame on one of his frequent "colds.")

The "hidden alcoholic" is difficult to help because of two general factors: (1) like any alcoholic, he knows drink is a necessity and he fights anything that might interfere with its accessibility; and (2) he has nobly motivated supervisors and friends who indulge him in his peculiarities.

He'll blame his condition on illness, but never on his drinking. He'll run from anyone who even dares to intimate that he has a serious drinking problem and who is willing to help him. He'll become curt, rude and angry toward anyone who even intimates that his drinking is abnormal. He will point to others who drink more than he does and ask, hotly, "why pick on me?"

Too many supervisors hold back and often cover up for the victim. They are reluctant to hurt the employee's feelings, even though it is obvious that a problem exists.

Inevitably the time will come when he will use up all of their patience and out he will go. What chance will he have to get another job when his references will reveal his problem?

A clear conscience
is often the pro-
duct of a poor
memory.



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Vol. 22

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No. 9

MILL ENDS AND REMNANTS

Hi, everyone!

Will you please join me in a moment of silence and meditation?
* * * * *

* * * * *, Amen

I asked that we do this that I might thank God, this time in communion with you, for the privilege that He has given me, through you, again this year to have represented you, your group and all A.A.s in Northeastern Ohio at the General Service Conference a few weeks back.

As was reported here earlier the Conference theme was "Practicing These Principles", and the fourteenth annual meeting was just that — a study of A.A. responsibilities. A recent Exchange Bulletin referred to the then upcoming Conference as "Probably the most serious, least social of all big A.A. get-togethers" is the annual General Service Conference when all conferees gather as a collective 'group conscience' of North America A.A." This we found to be fact — it was probably the most service minded Conference of all time.

Space doesn't permit of even a review of the highlights of the Conference, but there was one special presentation "The Conference Takes Its Inventory" and one particular facet of it "How Are We Doing As Delegates?" that merits consideration and sharing, however brief it must be. It has been very stimulating and most thought-provoking in the aspect that it not only is an individual inventory a beneficial thing, but so is a group, an area-wide or assembly inventory a healthy conditioning.

Step 4: Made a searching and fearless moral inventory of ourselves.

Searching: To seek in the hope that we will find.

Fearless: Without fear or dismay at what we find.

The inventory is made not merely to criticize and find fault, but to spotlight anything at all which seems to be a bar to our *progress* and *usefulness*. While the topic was "How Are We Doing As Delegates?", it is very adaptable as "How Are We Doing As A.A.s?", or "How Are We Doing As Stewards?", or "How's Our Serviceship?", or "How Are We Doing As Anything?" There is a lot of meat there, why not take a big bite and chew it well.

We are indebted to the Panel #13 Delegate from Southern California for the stimulating material used here from his excellent presentation and discussion. Thanks ever so much Clyde D.!

Now in closing I would like to say that after the first Conference we attended in 1963 that the after-effect was exhilaration over the job that has been done over the years and that after this last Conference humbleness over the job yet to be done. With a team effort — everyone pitching in, it can be done! Won't you join us?, by George!

OHIO STATE CONFERENCE

In a few short weeks the Eighth Annual Ohio State A. A. Conference, sponsored by the four Ohio General Service Committees will open at Sheraton-Cleveland Hotel on Public Square. Conference dates are Friday-Saturday-Sunday, July 17-18-19, and a full and informative program will make for a memorable experience. Watch for your July *Central Bulletin* for more details. Register NOW, however !

LIFE CAN HAVE A PURPOSE

When a member of A. A. has a calendar birthday, he realizes more than ever that life can begin at any time. For all of us this has been definitely proven. If the first half of our allotted span was a blank (years of pain and unhappiness) we should not demand that the remaining span be doubly rich and abundant in happiness and pleasure. But with a new outlook, we can make the most of *our years*, no matter what *our age*. It is not the years that count, but our attitude towards them. With a courageous philosophy of living and a healthy inner vitality, we can always remain young in spirit.

In the matter of living, our lives cannot be divided into two equal halves. There is a vast difference in their densities. We have found a way to accent the density of pleasure and accomplishment in the present far beyond the density of pain and failure in the past. And we must endure to the end of the book, for even if we falter on the last page of the final chapter, it will be the old story of one drop of bitter gall in the barrel of molasses.

Age! Age! Age! Always the question of how young or how old we are. We see the warning lights ahead. Can't teach an old dog new tricks. Too late for a new philosophy of life. Is it? A whole world was given a new philosophy of life twenty centuries ago. Its demands of humility and love, sacrifice and faith were the guarantees of happiness. Not the kind of happiness attributed to financial security, or the big leather chair in an exclusive club, but the happiness you feel when sitting in a simple chair in your humble clubrooms, the happiness you feel when you come home to your family after work, the happiness you experience when helping another out of his alcoholic wilderness.

It's the happiness you feel at the end of a day when you say "Good night, God, thanks for everything."

—Dubuque Ala. News

AA DISTRICT OFFICE BANQUET

In spite of your editor's black-out last month in gathering copy for the May Central Bulletin and in neglecting to even mention the AA Office Annual Dinner as well as not even listing the affair in the "Dates to Remember" column, the affair was attended by over 500 members and their spouses.

They were rewarded by hearing a brilliant talk, full of good common sense, spiced with subtle humor and wit, by Al S., a New Jersey attorney who resides in New Jersey.

An added pleasure was enjoyed by everyone in being privileged to be the second assembly to enjoy meeting in the newly refurbished Crystal Room of the Pick-Carter Hotel. The service was excellent, the food was appetizing and the acoustics perfect.

T'was a memorable occasion in spite of your editor's black-out. (He's still in sack-cloth and ashes!)

OBITUARIES

Robert (Bob) Hoffner, a 16 year member of the old Lake Shore group passed away suddenly on May 8. He is survived by his wife Dorothy and one son.

Thomas Quinn, a loyal ten year member of the Parma group passed away on April 12. Surviving him are his wife Agnes and one son.

Robert S. Rose, a loyal member of the Rocky River group for the past 4½ years passed away on May 5. He is survived by his wife Marie and one son.

Judd Richards, a 4 year member of the Euclid Friday group, passed away suddenly on May 21. He is survived by his wife Grace and three sons.

John Tinter, a very active member of the Mistletoe group until a year ago when he was hospitalized a year ago, passed away on May 15. A widower, he was survived by his son Jack.

Our sincere condolences go out to each of the bereaved families.

WHAT'S YOUR EXCUSE?

"I owe everybody"—Sure you do! There is not a case on record of a man who drank his way out of debt . . . Figure out what and whom you owe and make up your mind to pay it all off-and start paying-and watch your self-respect zoom. It may work . . ."

"It's the Only Way Z Can Relax"—"You mean of course, collapse . . . This is unavoidable in an alcoholic. No matter how long he's been sober, one drink is enough to start the cycle . . . He relaxes on the street, in doorways, in gutters . . . Just don't relax your resistance to suggestion."

"I'm alright as long as I stick to beer"—"Well, good for beer! Only trouble is it gnaws at an alcoholic's weak spots until he switches to something stronger. That's the way I did it . . . Beer will nickel and dime you to death . . . No, it's not beer, baby—it's only you . . ."

"Nobody Understands me!"—"The sorry part of this excuse is that you get to believe it yourself. It sounds so convincing . . . You don't need understanding, you need treatment . . . But settle down, most drunks wind up talking to themselves anyway . . ."

"It's my nerves! And quit stamping those big feet"—"You said it, brother! There are no nerves so frayed as those of a bottle baby . . . I wouldn't deny a man a drink, but nerves-that's something else. When liquor is what you need to keep you normal, my friend you're in sore need of a doctor . . ."

"It's my mother-in-law!"—"Why, the old hay bag! What a ferocious, meddlesome, insufferable fiend from the pit she is . . . She's also been your best excuse for over 2,000 years . . . But give her a chance, son . . . Don't blame her for sniping. After all, she is somebody's mother."

"Zt's hereditary with me"—"Go ahead, blame it on great-grandpaw! He can't talk back. He's remembered for the mighty way he held his liquor. But you're the guy who's drunk . . . Alcoholism is not hereditary-you won't pass it on. You will do it by example."

"My job gets me down"—"Talk straight mister. I didn't hear you. Did you say you're getting your job down? Well, that's what you meant . . . When you start drinking heavily you've changed jobs. The old man in the front office isn't your boss-Alcohol is!"

"If you want to be successful you have to entertain"—"So look at the most entertaining fellow at the party. What entertainment this stew will supply will come after the party. People will talk about him for months to come . . . An alcoholic is a big success. He's also a sure thing for undertakers."

"Z'm a very sick man"—"The common cold is an alcoholic's best friend . . . Yes, he's a sick man, but not with a cold. No germ could last in a system saturated with alcohol . . . When you sober up, you'll feel so healthy friends will avoid you. Maybe you need new friends."

"It helps me think!"—"Great thinkers have been great drinkers-but not for long. The only successful alcoholic is a dead one. Alcohol is a stimulant, yes, but like a drug it is depressively reactionary. It keeps you from acting. You only think you think."

"I can take it or leave it alone"—"Listen, if you were clear-headed enough to have any choice in the matter you'd have no need even to make such a statement . . . Ever ask yourself why you always decide to take it? . . . An alcoholic must say: "I CAN'T LEAVE IT ALONE."

-Chit-Chat, Robesonia, Pa.

AREA-WIDE CONSOLIDATED MEETING

Sunday, June 7, at 4:00 P.M.

Parma Memorial Hall, Ridgewood Drive, Parma

(Opposite Parmatown Shopping Center, next to City Hall)

The Second Area-Wide Meeting of the year will be held in Parma Memorial Hall on Sunday, June 7 at 4 p. m. The Nurses Auditorium of Charity Hospital, the customary site for the Area-Wide Consolidated meetings were not available so our able chairman, Ed M. used his influence in persuading the City of Parma to permit the use of their fine hall. Let's have a good attendance.

The guest speaker will be Dr. Leonard B. of Portsmouth, O.

DATES TO REMEMBER

May 30—Memorial Day Services remembering deceased members of AA at 9 a. m. in St. John's Cathedral and First Methodist Church. Breakfast in Masonic Hall at 10:30 a. m.

June 1—Area-Wide Consolidated meeting at 4 p. m. in Parma Memorial Hall, Ridgewood Rd. at Ridgewood Dr. Speaker Dr. Lenhart B., Portsmouth.

June 12-13-14: 7th International Conference of Young People in AA. Sheraton-Cadillac Hotel, Detroit, Mich. For further information write Young Peoples Conference, P.O. Box 791, Windsor, Ontario, Canada.

June 20-21—Twenty-ninth annual Founders Day in Akron, Ohio

August 28, 29, 30—Eleventh Annual Tri-State Assembly in Chautauqua Institute, Chautauqua, N. Y. For further information write to P.O. Box 96, Meadville, Pa. or, locally phone George H., General Chairman at 281-0340.

CENTRAL BULLETIN FOUNDATION

At the annual board meeting of the Central Bulletin Foundation on May 12, the following officers were elected: Bob C., President; Betty E., Vice-President; John L., Secretary; George M., Treasurer. Elected to the Board was Earl J., who has served effectively as circulation manager and will continue in that capacity.

Other members of the Board are Lloyd H. and Harry D. Gratitude was expressed for the splendid help given by such faithful volunteers as Alice McN., Mary S., and the many who have made direct contact with groups under Earl J.'s leadership.

DO YOU SAVE OLD BULLETINS

Very evidently the Volume 16, No. 1 issue of Central Bulletin was in great demand for not a single one is in our file, nor is there one in our bound copies. If you have a loose one in your archives and will send it to us, we will find some way to show our appreciation.

BIRTHDAY CAKE

The Chardon group will observe the 20th year of absolute sobriety of fellow member Joe J. by sharing with him a birthday cake at the Friday, June 26 meeting. Partially blind, he attends his meetings regularly. Congratulations Jo! May you have many more.

BAY VIEW FROLIC POSTPONED

The Bay View Buffet Dinner and Dance announced in the May issue of Central Bulletin has been postponed to the Fall season because of the many other AA activities scheduled for the month of June.

DISTRICT OFFICE SUMMER SCHEDULE

The Cleveland AA District office will be closed all day Saturdays during June, July and August. However, all calls will be relayed through the answering service which may be contacted by calling the office number, Cherry I-7387.

The only thing I ever learned from experience was that I'd just made another mistake.

ALANON GROUP MEETINGS

Alanon Answering Service — Call SU. 1-6126

ASHTABULA-Harris Memorial W. 58 & Adams...1st & 3rd Mon.. 8 :30
 BROOKPARK-PARMA-Redeemer Lutheran, 6151 Smith Mon.. 8 :30
 LAKEWOOD—Lakewood Presbyterian. Detroit Ave. at Marlowe Mon.. 8:30
 EUCLID-Christian Church. 2801 Lake Shore Blvd. Tues., 8 :30
 GARFIELD HEIGHTS—Garfield Hts. City Hall, 5555 Turney, Tues. 8 :30
 SUBURBAN WEST—Our Savior Luth'n Church. 20300 Hilliard, Tues. 8:30
 MAPLE HEIGHTS—Presbyterian Church. 15715 Libby Rd. Tues. 8:30
 BETHANY—Bethany Presbyterian Church. W. 63th & Clinton. Wed., 8:30
 BROADWAY—Newburgh Recreation. 8437 Broadway. Wed., 8:30
 FAIRPORT HARBOR—Luther Center. Eagle st. Wed.8:00
 LORAIN AVE.—Dr. Martin Luther Church, 4470 Ridge Rd. Thurs. 9 :00
 CLEVELAND—YWCA. Lee Boulevard and Euclid Fri. 1:30
 CHARITY—St Vincent's Charity Hospital. E. 22nd & Central Fri. 8:30
 CHARDON—Pilgrim Christian Church. 112 South St. Fri. 8:30
 ORAIN COUNTY—Congregational Ch.. 82807 Electric. Avon Fri. 9 :00
 ELYRIA, O. Woodbury St. off Cleveland St., Sat., 8 :30
 VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed . . . Sun. 4:00

CLEVELAND AREA A GROUP MEETINGS

MONDAY

BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
BROOK PARK—Redeemer Lutheran Church, 6181 Smith Road, Brook Park 8:30
EARLY-EARLY—Baptist Church, 1740 E. 17th St., Corner Walnut 7:30
EDGE LAKE—Faith Lutheran Ch., Lakewood, Woodward & Hilliard (W. dward Ave. ent.) 8:30
FRIENDLY SUBURBAN—4037 Pearl 8:00
FRIENDSHIP—Blvd. Presbyterian Ch., 24600 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit 9:00
LEE MONDAY—First Presbyterian Ch., East Cleveland, Nela and Euclid 8:30
LORAIN AVE.—St. Ignatius Hall, Lorain Ave. at West Blvd. 8:30
ORCHARD GROVE—St. Mark's Church, 16305 Trisket Road 8:30
PEARL—St. Mary's Sch., 4600 State Rd. 8:30
RAMONA—9721 Ramona Blvd. 8:30
SHAKER—Christ Episcopal Church, 3445 Warrenville Center Rd. 9:00
SUNNY MONDAY WOMEN—713 E. Sprague Rd., off Route 21, Seven Hills 12:30
SOUTH EAST—7526 Broadway 8:30
TEMPLE—Fatima Hall, 6914 Lexington 5:15
W. 25th ST.—United Church of Christ, 2409 Willowdale Ave. 9:00
WOMEN'S (Westside)—West Blvd., Christian Church, Madison & W. 101st St. 8:15
ELYRIA MEN—St. Agnes, Lake & Dewey 8:30
 Mixed Discussion 10:00 a.m.
JEFFERSON, O.—St. Joseph's Church 8:30
LEROY-BRAKEMAN—Leroy Grange Hall, Brakeman Rd. off Rte. 86—Painesville 8:30
WERMILION—Congregational Church 8:30
WILLOUGHBY, O.—First Presbyterian Church, 4785 Shankland Rd. 8:30

TUESDAY

BRECKSVILLE V. A. HOSPITAL 10000 Brecksville Rd., Brecksville, O. 7:30
CLARK—1917 Clark Av. 8:30
CORLETT MIXED—Holy Family Parish Hall, 8848 E. 181st St. 8:30
BAETSIDE WOYEN-Y.M.C.A. Room 6, Lee Road at Euclid 8:15
EUCLID MORNING—Euclid Christian Ch., Lake Shore Blvd & E. 280th St. 10:30 a.m.
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 9:00
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave. 8:30
FALLS—Community Church, Olmsted Falls, 7868 Main St. (Columbia Rd.) 9:00
GARFIELD TUES.—Garfield Hts. City Hall 5555 Turney Road 3:30
HILLTOP—St. Joseph's Seminary, 17608 Euclid Ave. 8:30
LAUREL—Brooklyn High School Cafeteria, 9400 Biddlph Rd. (Parking, W. 96th) 8:45
MAYFIELD-COLTMAN—Mayfield Rd. Holy Rosary Church, basement 8:30
HAY-LYNDE—E. Cleveland Savings & Loan, 5514 Mayfield Road 8:30
MILES-LEE—St. Mary's Church, 4070 E. 142nd St. 8:30
NIGHT & DAY—18867 Euclid Ave. 8:30
RIVER TUESDAY—Rocky River Methodist, 19414 Detroit Road 8:30
SMITH-WILSON—St. Joseph's School, 9321 Orleans Ave. 8:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
VALLEY WOMEN'S DISCUSSION GROUP, 2nd and 4th Tuesday, 7100 Kinsman 7:00
WEST PARK—Puritas Lutheran Church, Puritas Ave. and W. 133th St. 8:30
ASHLAND, O.—First Presbyterian Church, 3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—Geneva, O. Methodist Church, So. Broadway, 1st Tue 8:30
KIRTLAND, O.—Old South Ch. Rt 806 8:30
LAKE COUNTY—Meth. Fellowship Hall, Rt. 20-E. Southwood, Mentor 6:30
LORAIN CENTRAL—Lorain, O., Trinity Church 8:30
MANSFIELD—Episcopal Church, 41 Bowman St., Mansfield, O. 8:30 EST
MEDINA, O.—St. Paul's Epis. Par. Hse. 8:30
STREETSBORO, O.—Methodist Church, Intersection of Rte. 14 & Rte. 48 8:30
Strongsville—Methodist Ch., 13354 Pearl 8:30

WEDNESDAY

ANSEL—Lithuanian Hall, 6336 Superior Ave. 8:30
BAXTER—St. John's Lutheran School, 5826 Cable 8:30
BEDFORD—Bedford Christian Church, Warrenville Center and Blaine 8:00
BRAINARD CIRCLE (Women's)—Trinity Ch., Brnd at Shaker & Gates Mills Blvd. 8:30
COLLINGSWOOD—946 E. 152nd St. 8:30
DOAN MEN—Church of the Covenant, 11205 Euclid Ave. 8:30
EASTSIDE MORNING—9808 Euclid Ave., Euclid Ave. Congre. (Side at) 10:30 a.m.
EUCLID-WADE—13857 Euclid Ave. 8:30

GARFIELD—Pilgrim E. & R. Church, 4592 E. 131st St. 8:30
HAGUE—Grace Cong. Assembly Hall, West 65th and Colgate 8:30
LEE ROAD—St. Ann's Church Basement, Coventry and Cedar 9:00
LORAIN WEDNESDAY—Bosworth Road, Presbyterian Church, 3631 Bosworth 9:00
NO. OLMSTED—Epis'l Church of the Advent, 3760 Dover Ctr. Rd., north of Lorain 9:00
PSYCHIATRIC HOSPITAL—1708 Aiken 8:30
ST. JAMES—St. James Church, E. 84th and Cedar 8:00
TWENTY-FOUR HOUR—18216 Detroit, Church of the Ascension 8:30
WARRENSVILLE—Women's House Cor. 7:30
WEST SHORE—West Shore Unitarian, 20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)—Twelfth Step Club, 8304 Detroit Ave. 8:30
ASHTABULA C'Y Women, Harris Memorial, W. 68th & Adams, 2nd & 4th Wednesday 7:30
BRUNSWICK, O.—Cuyahoga Ass'n Bldg., Route 42, So. of 308 8:30
CHESTERLAND—Methodist Church, Mayfield Rd., Rte. 322 & Rte. 306 8:30
ELYRIA, O.—St. Paul Building, Third and Middle, aide entrance 3:30
FAIRPORT HARBOR—Luther Center, Eagle St., Fairport Harbor 8:00
Farm-9438 Slagle, Rte 303, Garrettsville 10:30
INTER-RACIAL—30th & Wwd. Lorain, O. Mt. Zion Baptist Church 8:30
LAKE COUNTY WOMEN—lat. Presbyterian, 4785 Shankland Rd., Willoughby 1:00
LORAIN COUNTY WOMEN—Meth. Church, Rte. 254—1 block east of Rte. 57 8:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
SHEFFIELD LAKE, O.—St. Thomas School, Harris Road 8:30
WICKLIFFE—Wickliffe Presbyterian Church, E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal, Church, 16837 Euclid Ave. 2:30
ANGLE—St. Malachi's, 2469 Washington 8:30
BAY WEST—Church of the Redeemer, 23500 Center Ridge Rd., Westlake 8:30
BROADWAY-55th—Our Lady of Lourdes School Hall, 3398 E. 55th St. 8:30
BROOKLYN—St. James Lutheran Church, 4781 Broadview, cor. Maynard 8:30
COVENTRY—Fairmount Presby. Church, Scarborough and Fairmount Blvd. 8:30
CROSSROADS—St. Luke's Episcopal, W. 78th St. and Lake Avenue 9:00
EASTLAKE—Reformation Lutheran Church, 34300 Lake Shore Blvd. 9:00
EAST SHORE WOMEN—Richmond Library, 26151 Euclid Ave., Euclid, O. 8:15
GARDEN VALLEY—(Outhwaite) 7100 Kinsman Ave. 2:00
GOLDEN GATE WOMEN—Activities Center So. Euclid Meth. Ch., 1634 So. Green Rd. 8:30
LORAIN AVE., THURSDAY-4470 Ridge Rd., Dr. Martin Luther Church 9:00
NIGHT & DAY—13367 Euclid Ave. 11 A.M.
NORTH RANDALL—Village Hall, 21887 Miles Ave. 9:00
PARMA HEIGHTS—8400 Pearl Road NADS, basement, rear entrance 8:30
ROCKY RIVER—Rockport Methodist Church, 3310 Wooster Road 9:00
ST. CLAIR—Nottingham Methodist Church St. Clair & Melville 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
WEST SIDE MORNING—W. 98th & Denison, Hungarian Lutheran Church - 11 A.M.
AMHERST, O.—St. Peter's Church 8:30
ASHLAND—St. Matthew's Episcopal Church, Steamtown Rd., & Mifflin Ave. 8:00
ASHTABULA HARBOR—Bethany Luth'n Ch. Penn. Ave., between W. 9 and W. 10 8:30
BEREA—Fine Arts Bldg., East Bagley Rd. Three doors east of Bagley Rd. 9:00
ELYRIA—St. Agnes Sch., Lake & Dewey 8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset 9:00
DISCUSSION—112 E. 19 Lorain, O. 10 A.M.
MAPLE LEAF—Congregational Church, Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE—Congregational Church, Educ. Bldg., Mentor Ave., Pville 8:30
TWINSBURG—Chrysler Union Hall 8:30
WILLARD, O.—United Bank Bldg. 8:30

FRIDAY

BROADWAY-HARVARD—8437 B'way 8:30
CEDAR—Salvation Army, 5005 Euclid 8:15
CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—425 Term. Twr. 6:00
EUCLID FRIDAY—Epiphany Church, Lake Shore & East 210th St. 9:00
FRIDAY P.M. WOMEN—Plymouth Church, Krumbine Room, Coventry & Drexmore 1:00
GORDON SQUARE—St. Paul Com. Church, 4427 Franklin Blvd. 9:00
HEIGHTS—Closed Discussion, Christian Church, Van Aken & Avalon (rear) 8:30

HUDSON, O.—Closed meetings
Christ Church, 21 Aurora 8:30
LEE ROAD—American Legion Hall, Pat 161. 18544 Euclid Ave. 9:00
NORTH EAST-Town House—Meal, 16661 Euclid Ave. 8:30
PARMATOWN MEN—Assembly Room, Parma Community Hospital 8:30
POSTOFFICE—4079A, Main Postoffice, 82801 SOLIDARITY-Friendly Inn Settlement, 2232 Unwin Rd. (off Quincy Ave.) 8:30
STELLA MARIS MIXED, 1320 Washington Ave. 8:15
WEST CLIFTON—Lkwd. (Congregational) Church, 1876 W. Clifton Road 8:00
AVON LAKE—Fint Congregational Church, 82801 Electric Boulevard 8:30
BEREA—Social room of Berea Cong. Church, Seminary and Church 5:30
CHAGRIN FALLS—Federated Churches, 76 Bell Street 9:00
CHARDON—Pilgrim Christian Church, 118 South Street, Chardon, O. 8:30
CONNEAUT, O.—Methodist Church, Buffalo and Madison Sts. 8:00 E.S.T.
MANSFIELD, O.—25 Mulberry 8:00 E.S.T.
WELLINGTON—St. Patrick's Catholic Church, No. Main St., Wellington, O. 8:30

SATURDAY

BAY VIEW—Bay View Hospital, 23200 Lake Ave., Bay Village 8:30
FOREST CITY—2126 Broadview Rd. 9:00
L.S.I.—17600 Broadway 8:30
LANDER CIRCLE—Garfield Mem. Methodist, Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK—Teamster's Hall, 2076 E. 22nd St. at Carnegie 9:00
LEE-SEVILLE—New Home Baptist Church, Seville & Sunview Ave. 7:00
LIBERTY—945 E. 152nd St. 9:00
MAPLE HTS.—Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Windermere Presby. Ch., 14112 Euclid Ave. at Windermere 8:30
MEMPHIS—Lakewood Congregational Ch., 1376 W. Clifton cor. Detroit Ave. 9:00
NEWBURGH STATE HOSPITAL—Williams Bldg., Entrance at 4466 Turney Rd. 7:30
NIGHT & DAY—13857 Euclid Ave. 12 Midnight
NORWALK TRUCK LINES, 1147 E. 66th St. at Shore Drive 9:00
PLAINS—Plains Methodist Ch., Mentor, O., Rts. 806 and 288, Mentor, O. 9:00
PARMA—Third Federal Savings & Loan, 5950 Ridge Road 8:45
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church, 2626 W. 25th St. 9:00
VALLEY VIEW—Pilgrim Congr. Church, 2692 W. 14th. cor. Starkweather 9:00
ASHTABULA, O.—St. Peter's Epis. Church, Main Avenue at South Park 8:30
Lorain Discussion—Neighborhood House, 80th St. 10:00 a.m.
LORAIN SATNITE—7th and Reed St., St. Mary's Church Basement 8:30
MANSFIELD—20 1/2 S. Park 8:00 EST
PARKMAN, O.—Congregational Church 8:30

SUNDAY

BEDFORD HEIGHTS—Village Hall, 5661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
C.A.H.—13857 Euclid Ave. 10:45 a.m.
COLLINGSWOOD—945 E. 152nd St. 7:30
DETROIT SUNDAY—8304 Detroit Ave. 7:30
DISCUSSION—6700 Detroit Ave. 7:00
GARDEN VALLEY—Outhwaite, 7100 Kinsman Ave. 4:30
GRATEFUL—St. James Lutheran Church, 1424 Hayden, near Shaw 2:00
LAKEWOOD ARMY, 107 Wayne Ave., South of Detroit 9:00
Lorain—St. Thomas Church, 9205 Superior Ave. 7:00
NELA PARK—Cafeteria, Advertising Bldg., Nela Park, Noble Road 7:30
Lorain—St. Catherine's Church, 8443 E. 93rd St 8:30
SOUTHWEST SUNDAY—390 Fair St. Board of Education Bldg., Berea, O. 8:30
Superior Stag—2028 E. 106th 11:00 a.m.
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 6:00
WARRENSVILLE—Cooley Farms, Recreation Room 10 A.M.
YOIR—Euclid Community House, 240 Briardale 7:15
AVON CENTRAL—Basement Central Bank, 86690 Detroit Rd., Avon, O. 8:00
CHIPPEWA-SEVILLE—V.F.W. Hall, Seville, O. 8:00
GENEVA—Epis. Ch., 66 So. Eagle 7:30
GOLF LAKE LAKE—Immaculate Conception Church, Hubbard Rd., No. Madison 8:00
LORAIN COUNTY CONSOLIDATED—St. John's Sch., 81 & Rt. 57, Lorain 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
NEWBURY, O.—St. Helen's Church 8:15
TWILIGHT—Grange Hall, Axtel, O. 7:30



LIFE'S DETAILS

We reached the depths of misery from our affliction because of our unwillingness or inability to face life's reality. As we move into the dawn of a new life, one of our most difficult adjustments is the plain visibility of life's problems as our anesthetic wears off.

If you will ponder this question in your continuing self-inventory, you will probably reach the conclusion that it was not so much the big crises of life which threw you, it was the humdrum details. The never ending small problems which face a responsible life, day by day, can easily become a nightmare. A really big crisis, although wholly unexpected, can usually be met. Sometimes people astound their closest friends by the heights to which they rise in an emergency. Yet, that same person who faces stark tragedy, with dignity and courage, will come apart at the seams over some petty happening. It is a paradox of human frailty.

The immortal William James once suggested in one of his lectures that when an intelligent person finds it impossible to make automatisms of the detailed problems of life, then not only will he be miserable, but in all probability will make all of those around him miserable too. We certainly succeeded in doing just that during our darker days. In a slightly different way we face the same problem now on this high road of sobriety.

More than most people, for our own sake and for the sake of those with whom we share life, we need to develop habit patterns which will minimize the emotional effects of life's details. In some respects a man is measured by the magnitude or pectiness of the thing which causes him to lose emotional control of himself. In relation to those petty irritations of life which are so rampant in this day, we must develop our finest sense of acceptance. With respect to those details in which we bear responsibility, we must develop an automatic routine which assures their disposition with promptness, minimum effort, and without emotional strain.

Perhaps no part of the path toward real serenity is more tortuous, than wading through the eternal petty problems of daily living. Unless we school ourselves to do it with dignity and quietness, peace of mind will never come to us. At the start we can relieve the headache by taking "easy does it" pills. But as we go along, we must get at the cause of the headache and drop the pain-killers.

Virtually all of us are procrastinators by instinct. We put things off and the backlog of details gets continuously bigger. The more it builds, the more futile it seems to get started on one tiny detail at a time. It's easier to lift the corner of the rug and sweep the whole mess under. The trouble is that we cannot forget it. We should be facing life now, and we have ducked. So there is no peace of mind in this procedure.

The restiveness which is ours will be better subdued, impossible as that may seem, if we start out bravely to whittle away on the backlog of "things to be done." One day when you finally catch up, the joy of promptness will be a new jewel in your crown of sobriety.

GIVE IN RETURN

"Strange is our situation here upon earth. Each of us comes for a short visit, not knowing why, yet sometimes seeming to divine a purpose. From the standpoint of daily life, however, there is one thing we know: that man is here for the sake of other men . . . above all, for those upon whose smile and well-being our own happiness depends, and also for the Countless Unknown Souls with whose fate we are connected by a bond of sympathy."

"Many times a day I realize how much my own outer and inner life is built upon the labors of my fellowmen, both living and dead, and how earnestly I must exert myself in order to give in return as much as I have received".

The writer of the above cogent words was the renowned Scholar Albert Einstein whose philosophy and deeds of compassion have placed him among the immortals in the minds of many whose lives had been enriched by him.

How perfectly the excerpt quoted above fits the philosophy of AA, its program of recovery which changes us from selfish indulgence and profligacy to a life of purpose and good will toward our fellow-man with whom we share our bountiful gift of sobriety.

We who have been privileged to have been given this gift, even though we didn't deserve it, when we think back to our days and nights of selfish indulgence, abusing our bodies and minds, wasting our time and substance, neglecting our responsibilities at home and work, straying far from the decent principles which we had been taught, lying, cheating, wasting our talents and our money — for what? To be accepted as a good and generous sport by the bartenders and

the hangers-on in every saloon that we patronized. These "pals" soon left us when our pockets were empty and soon found another "sucker" to replace us.

The privilege of membership in AA was granted us undoubtedly after the many prayers of our dependents reached the throne above. Certainly none of us deserved this gift.

The program of recovery is not an easy one for most alcoholics who have developed many character defects such as selfishness, dishonesty, irresponsibility, neglect, resentment and abuse, to name just a few.

It takes years to rid ourselves of some of our old impulses and it will take each of us the rest of our lives to make up for our deficiencies of the past.

The AA program *must* be practiced every day! Sure, it makes demands on our time. This should never be resented as an imposition when asked to visit and counsel someone seeking help, for this attitude will dilute the effect of your visit and fail to impress the patient who called for help.

Your effectiveness in creating a desire in the hearts and minds of those that knew you before you embraced the fellowship of AA can only be so if you show evidence of continued happy sobriety and are ready to share it.

What have YOU done lately to merit the gift granted to you? Count your blessings!

**Obstacles often
challenge people
- but rarely
frighten brave
men.**

—Woodrow Wilson

CENTRAL BULLETIN



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Vol. 22 July, 1964 No. 10

MILL ENDS AND REMNANTS

Through the procedure of rotation every four years Northeastern Ohio becomes the host area for the EIGHTH ANNUAL OHIO STATE A.A. CONFERENCE to be held July 17-18-19, 1964, at Sheraton-Cleveland Hotel, Cleveland, Ohio, under sponsorship of the four Ohio General Service Committees.

This is a tremendous undertaking by the host area committee which has planned an informative program, filled with activity and fellowship of the kind that ought not to be missed. Here are program highlights and schedules and speakers:

Conference Theme

OUR PROGRAM OF LOVE AND SERVICE

Friday, July 17th

Registration -- 1:00 P.M. (Eastern Daylight Time) Admission to sessions by badge only

1:00 P.M. Alkathon

A new experience at Ohio State Conferences-open discussion meetings in which all present may propose and consider questions on the Recovery, Unity and Service aspects of our program.

8:00 P.M. Formal Opening of Conference

8:30 P.M. Gene K., New York, N.Y. Speaker

9:30 P.M. Coffee and Fellowship

10:00 P.M. Ed., H., Dobbs Ferry, N.Y. Speaker

11:00 P.M. Alkathon

(Note-All time schedules are on Eastern Daylight Time)

Saturday, July 18th

8:30 P.M. Registration

9:30 A.M. Assembly

THE PROGRAM OF RECOVERY -- OUR FIRST LEGACY

(The Twelve Steps)

Chairman Ivan R., Newark, Ohio

Receptive Howard R., Zanesville, Ohio

Reflective Jack T., Columbus, Ohio

Repentant Charles W., Columbus, Ohio

Responsible Glen B., Marietta, Ohio

10:30 A.M. Coffee and Fellowship

THE PROGRAM OF UNITY -- OUR SECOND LEGACY

(The Twelve Traditions)

Chairman Ray H., Maumee, Ohio

Unbounded Otis C., Toledo, Ohio

Unchanging Karl S., Fremont, Ohio

Unalloyed Stella B., Toledo, Ohio

Unconditional Willard J., Toledo, Ohio

12:00 Noon-Closed Luncheon Meeting of AA Women.

12:00 Noon-Alanon Family Groups Luncheon Open to all Registrants.

Chairman--Virginia B., Cleveland

History of Alanon Jean T., Cleveland, Ohio

Twelve Steps Twelve Speakers

2:30 P.M. Assembly

THE PROGRAM OF SERVICE AND SHARING (Our Third Legacy)

Chairman Harold S., Hamilton, Ohio

Singular Frank H., Dayton, Ohio

Sincere Art M., Hamilton, Ohio

Sharing Jack C., Cincinnati, Ohio

Stimulating Bob F., Cincinnati, Ohio

3:30 P.M. to 4:30 P.M. Alkathon

Leader Beth K., General Service Office N.Y.

3:30 P.M. Alanon General Service Assembly Meeting

6:30 P.M. Banquet

Speaker Tom J., Toronto, Ont., Canada

9:30 P.M. to 1:30 A.M. Dancing

10:00 P.M. to 1:00 A.M. Alkathon

Sunday, July 19th

9:30 A.M. Conference Business Meeting

11:00 A.M. Conference Closing

Speaker Bruce M., Akron, Ohio

Conference registration is \$3.00. Banquet \$5.00. Total \$8.00 per person. The Conference needs YOU and you need the Conference, by George!

CONFERENCE LUNCHEON OF A.A. WOMEN

For the first time at an Ohio State AA Conference convened in Cleveland women AA's will hold a closed luncheon meeting. First such luncheon meeting was the one at the 1963 Conference in Cincinnati and its outstanding success led to request for a repeat in 1964. Luncheon speaker will be Beth K., of New York. As a Conference activity Conference registration will be necessary and luncheon tickets are \$3.50 per person.

NEW EAST CENTRAL TRUSTEE IS OHIOAN

In last month's Central Bulletin we overlooked reporting election of Bruce M., Akron, Ohio, as B Region Trustee from the East Central Region to serve three year unexpired term of the late Howard B., Lakewood, Ohio, Indiana, Illinois and Michigan comprise the East Central Region. The new Trustee is a member of Akron's King School group.

OBITUARIES

George P. O'Hara, a long-time member and former secretary of the Edgelake group and former secretary of the Cleveland AA District Office passed away suddenly on June 20. He is survived by his wife Verna, his son Fr. George of Akron and two daughters.

Albert ("Butch") Rohloff, a loyal and dedicated member of the Collinwood group for 22 years suffered a heart attack and passed away on May 23rd. Surviving him are his wife Verna, five daughters and one son.

Justice ("Jud") Richards, former secretary of the Euclid-Friday group and a vitally active AA during his 3 1/2 years of AA activity passed away suddenly on May 20. Surviving him are his wife Grace and three sons.

Our sincere condolences go out to each of the bereaved families.

CENTRAL COMMITTEE

Central Committee was saddened to hear of the death of its Hospital Committee Chairman, Judd Richards, on May 21, 1964. In the short time that Judd had exercised this function, he had done some outstanding spadework. Several general hospitals have shown some interest in making facilities available to **alcoholic patients**, especially women, and it is these facilities that are **most** needed at the present. Judd will be remembered for all his AA activities, and his shoes will be hard to fill.

The Public Information Committee informed Central Committee of its plans to hold a meeting of general interest to public officials, doctors, clergymen, etc. This meeting is planned tentatively for sometime in October. Plans are being formulated now, and more information will be released at the July 7, 1964 meeting of Central Committee.

It was pointed out that the group representative is the line of communication between Central Committee and the groups. This is why group secretaries or their designated representatives are urged to attend. Central Committee always meets on the first Tuesday of each month in room 1372, Hanna Building at 8:30 p.m. If your group is not now represented, why not get on the bandwagon?

The Area-Wide Chairman reported the fine meeting which was planned for June 7, 1964 in Parma Memorial Hall, with Dr. Leonard B., Portsmouth, Ohio, as the featured speaker. Another meeting is planned for September in an eastern suburb of Cleveland.

The next meeting of Central Committee will be July 7, 1964, and it is expected to be eventful and meaningful. Be seeing you.

DEFINITION OF AN ALCOHOLIC

By definition, an alcoholic is a man or woman of any age, economy bracket, race or creed who has lost control over *any* phase of his or her life due to drinking. Industry's hidden *alcoholic* is the employee whose loss of control is of a degree that tends to be unnoticed, ignored or rationalized away, both by the victim, the employer and co-workers as well. The *hidden alcoholic* is difficult to spot? mainly because he's usually intelligent, highly skilled in his job or profession, as well as being liberally endowed with personal charm.

He is careful with his dress, tries to be on time for work, and on the job or socially, pretends to be in good spirits. His drinking in public is closely controlled. He goes to great lengths to guard his "public image," thereby protecting his "right to drink in private," even though it's compulsively and unhappily.

Despite his brave front and the resultant difficulty in spotting him, there are certain revealing on-the-job traits which inevitably come to the surface. He may become a great and glib excuse-maker: he may pace, rise from his work and walk around aimlessly; he may become detached and distant at the very time when alertness is demanded; he may exhibit undue nervousness and flashes of "irritability;" his face may be uncommonly flushed and his eyes puffy (which he would blame on one of his frequent "colds.") Rarely will he admit having a hangover from the night before. On the contrary, he'll stress how little he imbibes or nips.

The pithy sentence, "It isn't *how much you drink* that measures you! It's what it does to you!"... we trust will cause the hesitant one to do some deep thinking!

Here is a description of "modern youth". "Our youths love luxury. They have bad manners, contempt for their elders, and love their chatter in place of exercise. Children are now tyrants, not the servants of their households. They no longer rise when their elders enter the room. They contradict their parents, chatter before company, gobble up their food, and tyrannize their teachers."

Just right for the twentieth century, isn't it? Well, it was written by Socrates, the great Greek philosopher in 400 B.C.

DATES TO REMEMBER

July 12-Annual AA picnic at Wiegand's Lake Park, Route 87, two miles east of Route 306, under the sponsorship of the Friday-Lee, Allendale, League Park and Grateful groups.

An AA meeting will be held on the grounds at 2 p.m. with a guest speaker.

Members of all groups are invited. There will be no charge. Large Picnic area with concessions serving everything desired. Outdoor activities include boating, swimming, pony rides, children's games with prizes, baseball and dancing from 6 p.m. to 8 p.m.

July 17-18-19: Eighth Annual Ohio State AA Conference, sponsored by the Four Ohio General Service Committees in the Sheraton-Cleveland Hotel.

July 25-The Parma group will observe its Seventeenth Anniversary at 8:45 p.m. in the Third Federal Savings & Loan Bank, 5950 Ridge Road. The guest speaker will be Ralph S., Detroit, Mich.

August 28, 29, 30—Eleventh Annual Tri-State Assembly in Chautauqua Institute, Chautauqua, N. Y. For further information write to P.O. Box 96, Meadville, Pa. or, locally phone George H., General Chairman at 281-0340.

G I G G L E S

A newspaper was running a competition to discover the most high-principled, sober, well-behaved local citizen. Among the entries came one which read:

"I don't smoke, touch intoxicants or gamble. I am faithful to my wife and never look at another woman. I am hard-working, quiet and obedient. I never go to the movies or to the theatre, and I go to bed early every night and rise with the dawn. I attend chapel regularly every Sunday without fail. I've been like this for the last three years. But just wait until next spring, when they let me out of here." *From Bar-Less, February, 1963*

A drunk sitting at a bar was trying his best to spear an olive in the bottom of his empty martini glass with a toothpick. But the olive kept eluding him. Finally, the man sitting next to him became so annoyed that he leaned over, grabbed the toothpick, and neatly speared the olive on the first try.

"Big deal," said the drunk, obviously unimpressed. "It was easy for you after I got him so tired he couldn't get away."

Some people keep you from being lonely, others make you wish you were.

Jack: "How long have you been working for the company?"

Mack: "Ever since the boss threatened to fire me."

It's *not* too hard to live on a small income if you don't spend too much trying to keep it a secret.

Who says opportunity knocks only once?? Television is giving us a second chance to see movies we missed 20 years ago.

Love is the same as it was in the Stone Age except that diamonds have taken the place of clubs.

ALANON GROUP MEETINGS

Alanon Answering Service — Call SU. 1-5185

ASHTABULA-Harris Memorial W. 58 & Adams.-1st & 3rd Mon., 8:30
 BROOKPARK-PARMA-Redeemer Lutheran. 6151 Smith -Mon., 8:30
 LAKEWOOD—Lakewood Presbyterian. Detroit Ave. at Marlowe Mon., 8:30
 EUCLID-Christian Church. 28001 Lake Shore Blvd. Tues., 8:30
 GARFIELD HEIGHTS-Garfield Hts. City Hall. 6666 Turney, Tues., 8:30
 SUBURBAN WEST—Our Savior Luth'n Church, 20300 Hilliard, Tues., 8:30
 MAPLE HEIGHTS—Presbyterian Church, 15715 Libby Rd. Tues., 8:30
 BETHANY—Bethany Presbyterian Church. W. 65th & Clinton Wed., 8:30
 BROADWAY—Newburgh Recreation, 8437 Broadway Wed., 8:30
 FAIRPORT HARBOR-Luther Center. Eagle st. Wed., 8:00
 LORAIN AVE.-Dr. Martin Luther Church. 4470 Ridge Rd. Thurs., 9:00
 E. CLEVELAND-YWCA. Lee Boulevard and Euclid Fri., 1:30
 CHARITY-St. Vincent's Charity Hospital, E. 22nd & Central. Fri., 8:30
 CHARDON—Pilgrim Christian Church. 112 South St. Fri., 8:30
 LOBAIN COUNTY-Lnth. Church. 3334 Wilson. Lorain, O., Thur. 8:30
 ELYRIA, O. Woodbury St off Cleveland St. Sat., 8:30
 VALLEY—7100 Kinsman (2nd & 4th Sunday) Closed. Sun., 4:00

CLEVELAND AREA A A GROUP MEETINGS

MONDAY

BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave. 8:10
BROOK PARK—Redeemer Lutheran Church, 6161 Smith Road, Brook Park 8:30
EARLY-EARLY—Baptist Church, 1740 E. 17th St., Corner Walnut 7:30
EDGE LAKE—Faith Lutheran Ch., Lakewood, Woodward & Hilliard (Wdward Ave. ent.) 8:30
FRIENDLY SUBURBAN—6087 Pearl 3:00
FRIENDSHIP—Blvd. Presbyterian Ch., 24800 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit 9:00
LEE MONDAY—First Presbyterian CL., East Cleveland, Nela and Euclid 8:30
LORAIN AVE.—St. Ignatius Hall, Lorain Ave. at West Blvd. 8:30
ORCHARD GROVE—S+ Mark's Church, 16106 Trisket Road 8:30
PEARL—St. Mary's Sch., 4600 State Rd. 8:30
RAMONA—9721 Ramona Blvd. 8:30
SHAKER—Christ Episcopal Church, 3446 Warrensville Center Rd. 0:00
SUNNY MONDAY WOMEN—713 E. Sprague Rd., off Route 21, Seven Hills 12:30
SOUTH EAST—7626 Broadway 8:30
TEMPLE—Fatima Hall, 6914 Lexington 8:15
W. 26th ST.—United Church of Christ, 2400 Willowdale Ave. 9:00
WOMEN'S (West&de)—West Blvd., Christian Church, Madison & W. 101st St. 8:15
ELYRIA MEN-ST. AGNES, LAKE & DEWEY 8:30
 Mixed Discussion 10:00 a.m.
JEFFERSON, O.—St. Joseph's Church 8:30
LEROY-BRAKEMAN—Leroy Grange Hall, Brakeman Rd. off Leroy, 86—Painesville 8:30
VERMILION—Congregational Church 9:30
WILLOUGHBY, O.—First Presbyterian Church, 4785 Shankland Rd. 8:30

TUESDAY

BRECKSVILLE V. A. HOSPITAL, 10000 Brecksville Rd., Brecksville, O. 7:30
CLARK—1917 Clark Ave. 8:30
CORLETT MIXED—Holy Family Parish Hall, 3945 E. 131st St. 8:30
CRANEVIEW ST.—23707 Euclid, Wickliffe 8:00
EASTSIDE WOMEN—Y.M.C.A., Room 6, Lee Road at Euclid 8:15
EUCLID MORNING—Euclid Christian Ch., Lake Shore Blvd & E. 280th St. 10:30 a.m.
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 9:00
FAIRVIEW PARK—Fairview Grace Church, W. 24th and Lorain Ave. 8:36
FALLS—Community Church, Olmsted Falls, 7858 Main St. (Columbia Rd.) 9:00
GARFIELD TUES.—Garfield Hts. City Hall, 5555 Turney Road 8:30
HILLTOP—St. Joseph's Seminary, 17608 Euclid Ave. 8:30
LAUREL—Brooklyn High School Cafeteria, 9400 Biddulph Rd. (Parking, W. 96th) 8:45
MAYFIELD-COLTMAN—12021 Mayfield Rd., Holy Rosary Church, basement 8:30
MAY-LYND—E. Cleveland Savings & Loan, 5816 Mayfield Road 8:30
MILES-LEE—St. Mary's Church, 4070 E. 142nd St. 8:30
NIGHT & DAY—13857 Euclid Ave. 8:30
RIVER TUESDAY—Rocky River Methodist, 19414 Detroit Road 8:30
SMITH-WILSON—St. Joseph's School, 9821 Orleans Ave. 8:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
VALLEY WOMEN'S DISCUSSION GROUP, 2nd and 4th Tuesday, 7100 Kinsman 7:00
WEST PARK—Puritas Lutheran Church, Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.—First Presbyterian Church, 3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—Geneva, O. Methodist Church, So. Broadway, 1st Tue 8:30
KIRTLAND, O.—Old South Ch. Rt. 306 8:30
LAKE COUNTY—Meth. Fellowship Hall, Rt. 20-E, Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O., Trinity Church 8:30
MANSFIELD—Episcopal Church, 41 Bowman St., Mansfield, O. 8:30 EST
MEDINA, O.—St. Paul's Epis. Par. Hse. 8:30
STRETSBORO, O.—Methodist Church, Intersection of Rte. 14 & Rte. 43 8:30
Strongsville—Methodist Ch., 13354 Pearl 8:30

WEDNESDAY

ANSEL—Lithuanian Hall, 6886 Superior Ave. 8:30
BAXTER—St. John's Lutheran School, 6826 Cable 8:30
BEDFORD—Bedford Christian Church, Warrensville Center and Blaine 9:00
BRAINARD CIRCLE (Women's)—Trinity Ch., Brnard at Shaker & Gates Mills Blvd. 8:30
COLLINWOOD—0-46 E. 152nd St. 8:30
DOAN MEN—Church of the Covenant, 11206 Euclid Ave. 8:30
BASTSIDE MORNING—0606 Euclid Ave., Euclid Ave. Congra. (Side ent.) 10:30 a.m.

EUCLID-WADE—13857 Euclid Ave. 8:30
GARFIELD—Pilgrim E. & R. Church, 4692 E. 131st St. 8:30
HAGUE—Grace Cong. Assembly Hall, West 66th and Colgate 8:30
LEE ROAD-S+ Ann's Church Basement, Coventry and Cedar 9:00
LORAIN WEDNESDAY—Bosworth Road, Presbyterian Church, 3631 Bosworth 9:00
NO. OLMSTED-EPIS'L Church of the Advent, 3760 Dover Ctr. Rd., north of Lorain 9:00
PSYCHIATRIC HOSPITAL—1703 Aiken 8:30
ST. JAMES-ST. James Church, E. 84th and Cedar 8:00
TWENTY-FOUR HOUR—18216 Detroit, Chhch of the Ascension 8:30
WARRENSVILLE—Women's House Cor. 7:30
WEST SHORE—West Shore Unitarian, 20401 Hilliard Rd. Rocky River 8:30
WEST SIDE (Closed)—Twelfth Step Club, 8304 Detroit Ave. 8:30
ASHTABULA C'Y Women, Harris Memorial W. 68th & Adams, 2nd & 4th Wednesday 7:30
BRUNSWICK O.—Cuyahoga Ass'n Bldg., Route 42, So. of SOS 8:30
CHESTERLAND—Methodist Church, Mayfield Rd., Rte. 822 & Rte. 306 8:30
ELYRIA O.—St. Paul Building, Third and Middle, side entrance 8:30
FAIRPORT HARBOR—Luther Center, Eagle St., Fairport Harbor 1:00
Farm-9438 Slagle, Rte 303, Garrettsville 10:30
INTERRACIAL—30th & Wood, Lorain, O., Mt. Zion Baptist Church 8:30
LAKE COUNTY WOMEN—1st Presbyterian, 4786 Shankland Rd., Willoughby 1:00
LORAIN COUNTY WOMEN—Meth. Church, Rte. 254—1 block east of Rte. 67 8:30
MANSFIELD, O.—20% S. Park 8:00 EST
SHEFFIELD LAKE, O.—St. Thomas School, Harris Road 8:30
WICKLIFFE—Wickliffe Presbyterian Church, E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal, Church, 16837 Euclid Ave. 8:30
ANGLE-ST. Malachi's, 2460 Washington 8:30
BAY WEST—Church of the Redeemer, 23500 Center Ridge Rd., Westlake 8:30
BROADWAY—66th-Our Lady of Lourdes School Hall, 3308 E. 55th St. 8:30
BROOKLYN—St. James Lutheran Church, 4781 Broadview, cor. Maynard 8:30
COVENTRY—Fairmount Presby. Church, Scarborough and Fairmount Blvd. 8:30
CROSSROADS—St. Luke's Episcopal, W. 78th St. and Lake Avenue 9:00
EASTLAKE—Reformation Lutheran Church, 84300 Lake Shore Blvd. 0:00
EAST SHORE WOMEN—Richmond Library, 26151 Euclid Ave., Euclid, O. 8:15
GARDEN VALLEY—(Outhwaite) 7100 Kinsman Ave. 8:00
GOLDEN GATE WOMEN—Activities Center So. Euclid Meth. Ch., 1634 So. Green Rd. 8:30
LORAIN AVE., THURSDAY-4470 Ridge Rd., Dr. Martin Luther Church 9:00
NIGHT & DAY—13867 Euclid Ave. -11 A.M.
NORTH RANDALL—Village Hall, 21937 Miles Ave. 9:00
PARMA HEIGHTS—4400 Pearl Road, NADS, basement, rear entrance 8:30
ROCKY RIVER—Rockport Methodist Church, 3310 Wooster Road 9:00
ST. CLAIR—Nottingham Methodist Church, St. Clair & Melville 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
WEST SIDE MORNING—W. 98th & Denison, Hungarian Lutheran Church 11 A.M.
AMHERST, O.—St. Peter's Church 8:30
ASHLAND—St. Matthew's Episcopal Church, Steamtown Rd., & Millin Ave. 8:00
ASHTABULA HARBOR—Bethany Luth'n Ch. Penn. Ave., between W. 0 and W. 10 8:30
BEREA—Fine Arts Bldg., East Bagley Rd. Three doors east of Bagley Rd. 9:00
ELYRIA-ST. Agnes Sch., Lake & Dewey 8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset 9:00
DISCUSSION—112 E. 10, Lorain, O. 10 A.M.
MAPLE LEAF—Congregational Church, Fellowship Hall, Burton, Ohio 3:30
PAINESVILLE—Congregational Church, Edue. Bldg., Mentor Ave., Pville 3:30
TWINSBURG—Chrysler Union Hall 8:30
WILLARD, O.—United Bank Bldg. 8:30

FRIDAY

BROADWAY-HARVARD—8437 B'way 8:30
CEDAR—Salvation Army, 6006 Euclid 8:15
CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—425 Term. Twr. 6:00
BUCLID—FRIDAY-Epiphany Church, Lake Shore & East 210th St. 9:00
FRIDAY P.M. WOMEN—Plymouth Church, Krumbine Room, Coventry 6 Drexmore 1:00
GORDON SQUARE—St. Paul Com. Church, 4427 Franklin Blvd. 9:00
HEIGHTS—Closed Discussion, Christian Church, Van Aken & Avalon (rear) 8:30

HUDSON, O.—Closed meetings.
Christ Church, 21 Aurora 8:30
LEE ROAD—American Legion Hall, Pat 163, 111644 Euclid Ave. 9:00
NORTH EAST—Town Howe Motel, 16661 Euclid Ave. 8:30
PARMATOWN MEN—Assembly Room, Parma Community Hospital 8:30
POSTOFFICE—4079A, Main Postoffice 8:00
SOLIDARITY—Friendly Inn Settlement, 2322 Unwin Rd. (off Quincy Ave.) 8:30
STELLA MARIS MIXED, 1320 Washington Ave. 8:15
WEST CLIFTON—Lkwd. Congregational Church, 1376 W. Clifton Road 9:00
AVON LAKE—First Congregational Church, 32801 Electric Boulevard --- a:30
BEREA—Social mem of Berea Coll. Church, Seminary and Church 8:30
CHAGRIN FALLS—Federated Churches, 76 Bell Street 9:00
CFIARDON—Pilgrim Christian Church, 113 South Street, Chardon, O. - w - - - 8:30
CONNEAUT, O.—Methodist Church, Buffalo and Madison Sts. 8:30
MANSFIELD, O.—25 Mulberry 8:00 E.&T.
WELLINGTON—St. Patrick's Catholic Church, No. Main St., Wellington, O. 8:30

SATURDAY

BAY VIEW—Bay View Hospital, 23200 Lake Ave., Bay Village 8:30
FOREST CITY—2125 Broadway Rd. 9:00
L.S.I.—17600 Broadway 8:30
LANDER CIRCLE—Garfield Mem. Methodist, Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK—Teamster's Hall, 2076 E. 22nd St. at Carnegie 9:00
LEECE-NEVILLE—1374 E. 51st St. 7:00
LEE-SEVILLE—New Home Baptist Church, Seville & Sunview Ave. 7:00
LIBERTY—945 E. 162nd St. 9:00
MAPLE HTS.—Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALROT—Windermere Presby. Ch., 14112 Euclid Ave. at Windermere 8:30
MEMPHIS—Lakewood Congregational Ch., 1375 W. Clifton cor. Detroit Ave. 9:00
NEWBURGH STATE HOSPITAL—Williams Bldg., Entrance at 4455 Turney Rd. 7:30
NIGHT & DAY—13857 Euclid Ave. 12 Midnight
NORWALK TRUCK LINES, 1147 E. 55th St., at Shore Drive 9:00
PLAINS—Plains Methodist Ch., Mentor, O., Rta. 306 and 283, Mentor, O. 9:00
PARMA—Third Federal Savings & Loan, 5950 Ridge Road 8:45
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church, 3525 W. 25th St. 9:00
VALLEY VIEW—Pilgrim Congr. Church, 2592 W. 14th, cor. Starkweather 9:00
ASHTABULA, O.—St. Peter's Epis. Church, Main Avenue at South Park 8:30
Lorain Discussion—Neighborhood House, 30th St. 10:00 a.m.
LORAIN SATNITE—7th and Reed St., St. Mary's Church Basement— 8:30
MANSFIELD—20% S. Park 3:00 EST
PARKMAN, O.—Congregational Church 8:30

SUNDAY

BEDFORD HEIGHTS—Village Hall, 6661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
C.A.H.—13857 Euclid Ave. 10:45 a.m.
COLLINWOOD—946 E. 152nd St. 7:30
DETROIT SUNDAY—3304 Detroit Ave. 7:30
DISCUSSION—6700 Detroit Ave. 7:00
GARDEN VALLEY—Outhwaite, 7100 Kinsman Ave. 4:30
GRATEFUL-ST. James Lutheran Church, 1424 Hayden, near Shaw 2:00
LAKEWOOD ARMOY—1437 Wayne Ave., South of Detroit 9:00
MISTLETOE& St. Thomas Church, 9206 Superior Ave. 7:00
NELA PARK—Cafeteria, Advertising Bldg., Nela Park, Noble Road 7:50
NEWBURGH—St. Catherine's Church, 3443 E. 93rd St. 8:30
SOUTHWEST SUNDAY—390 Fair St., Board of Education Bldg., Berea, O. 8:30
Superior Stag—2023 1/2 E. 105th 11:00 a.m.
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 6:00
WARRENSVILLE—Cooley Farms, Recreation Room 10 A.M.
YOUR—Euclid Community House, 240 Briardale 7:15
AVON CENTRAL—Basement Central Bank, 86690 Detroit Rd., Avon, O. 8:00
CHIPEWA-SEVILLE—V.F.W. Hall, Seville, O. 8:00
GENEVA, O.—Episc. Ch., 66 So. Eagle 7:30
GOLF LAKE—Immaculate Conception Church, Hubbard Rd., No. Madison 3:00
LORAIN COUNTY CONSOLIDATED—St. John's Sch., 31 & Rt. 67, Lorain 1:30
MANSFIELD, O.—20 1/2 S. Park-- 8:00 EST
NEWBURY, O.—St. Helen's Church-- 8:15

CLEVELAND AREA

Guest Speakers

JULY, 1964

Allendale (Thursday, 8:30 p.m.): 2—Jim M., Forest City; 9—Ed S., Euclid Friday; 16—Terry S., Valley View; 23—Ray B., Lorain Ave. Monday; 30—Ed G., Brooklyn.

Bay View (Saturday, 8:30 p.m.): 4—Discussion, led by Nell F., West Side Women and Bernie D., Lorain Ave. Thursday; 11—Tom T., Lorain Ave. Thursday; 18—Harry H., Rocky River; 25—Chester S., Lodi, O.

Bedford Heights (Sunday, 7:30 p.m.): B—Ralph M., L.S.I.; 12—Joe V., Ansel; 19—Mike V., Bedford Heights; 26—Joe L., Maple Heights.

Brooklyn (Thursday, 8:30 p.m.): 2—Eddie G., Brooklyn (his 12th anniversary); 9—Neal C., Parma Heights; 16—Jack C., Clark; 23—Jerry W., Brooklyn (his 19th anniversary); 30—John F., Northeast.

Brook Park (Monday, 8:30 p.m.): 6—Howie L., Angle; 13—Chuck G., Canton, O.; 20—Norman S., Lorain Ave. Thursday; 27—Leonard H., Independence.

Chardon Fri-Nite (Friday, 8:30 p.m.): 3—Bill H., Monument, Dayton; 10—Ervin H., Geneva; 17—Irene Z., Fairport; 31—Frank H., Eastlake.

Charity (Friday, 8:30 p.m.): 3—Joe B., Clark; 10—Joe H., Northeast; 17—Walter K., Stella Maris; 24—Bill K., Superior; 31—Joe M., Barberton, O.

Clark (Tuesday, 8:30 p.m.): 7—Molly H., Angle; 14—Jim F., Angle; 21—Jim S., Berea-Friday; 28—Pete C., Clark (his first lead).

Craneing St. (Tuesday, 8 p.m.): 7—Harry D., Edgelake; 14—Jean C., Euclid-Wade; 21—Jim S., Friendship; 28—Art F., 6700 Detroit Discussion.

Doan Men (Wednesday, 9 p.m.): 1—Doc K., Doan Men; 8—Jerry S., Night and Day; 15—Larry L., Night and Day; 22—Don W., Night and Day; 29—Bob G., Night and Day.

Early-Early (Monday, 7:30 p.m.): 6—Don W., Doan Men; 13—Agnes N., Mistletoe; 20—Clyde B., Superior; 27—Ted B., Newburgh.

Edgelake (Monday, 8:30 p.m.): 6—Paul B., Edgelake; 13—Stanton McD., Orchard Grove; 20—Bill H., Memorial, Dayton, O.; 27—Howie L., Angle.

Fairview Park (Tuesday, 8:30 p.m.): 1—Charles P. Chesterland; 14—Mike M., Y.O.U.R.; 21—Louis N., Y.O.U.R.; 28—Joe S., Y.O.U.R.

Garden Valley (Thursday, 8 p.m.): 2—John K., Fairlawn; Akron; 9—Don Y., King School, Akron; 16—Herb B., Fort Wayne, Ind.; 23—Jim G., Stowe, O.; 30—Bill H., Dayton.

Garden Valley (Sunday, 4:30 p.m.): 5—Kitty C., Avon Central; 12—Jim G., King School, Akron; 19—Bill L., Independence; 26—Pete B., East Akron.

Grateful (Sunday, 2 p.m.): Annual Picnic at Wiegand's Lake on July 12th. An AA meeting will be held during the day with Bruce M., King School, Akron as speaker. Other speakers: 5—Glen W., Veteran's Hospital, Erie, Pa.; 19—Mariam F., Oakville, Ontario; 26—Panel Discussion by Dena S., Shaker; Paul R., Warren; Norma P., West Side Women and Bill O'B., Independence.

Laurel (Tuesday, 8:45 p.m.): 7—Orrie K., Brooklyn; 14—Al S., Laurel; 21—Jack F., Parma Heights; 28—Elwood O., Forest City.

May-Lind (Tuesday, 8:30 p.m.): 7—Tom G., Friendship; 14—Jim S., Friendship; 21—John H., Euclid-Friday; 28—Tony R., Redwood.

Mentor Plains (Saturday, 9:00 p.m.): 4—Mose Y., Hartsville, O.; 11—Bill E., Fairport Harbor; 18—Walter C., Ramona; 25—Harry R., Doan Men.

North Olmsted (Wednesday, 9 p.m.): 1—Jim K., West Shore; 8—Jack K., Bay West; 15—Chuck DeV., Berea Thursday; 22—Les S., Lakewood Men; 29—Eddie H., Antlers, Lorain, O.

Painesville (Thursday, 8:30 p.m.): 2—Open; 9—Earl S., Monday-Lee; 16—Art D., Northeast; 23—Lou N., Painesville; 30—Open.

Parmatown Men (Friday, 8:30 p.m.): 3—Whitey C., Allendale; 10—Charles S., Brooklyn; 17—Warren C., Sr., North Canton, O.; 24—Bob T., Garrettsville, O.; 31—Warren C., Jr., Edgelake.

Sheffield Lake (Wednesday, 8:30 p.m.): 1—"Billie" M., Parma; 8—John F., Lorain Thursday; 15—Marrian F., Toronto, Canada; 22—Joseph M., Berea; 29—Tom K., Barberton, O.

Solidarity (Friday, 8:30 p.m.): 3—Arthur B., Solidarity (his first anniversary); 10—Joe G., Trusty Hall; 17—William H., League Park; 24—Scotty R., Norwood; 31—Tony M., Norwood.

Southwest Sunday (Sunday, 8:30 p.m.): 5—Jim S., Berea Friday; 12—Ben B., Lakewood Men; 19—Tom M., Crossroads; 26—Martin K., Fairmount.

Stella Maris (Friday, 8:15 p.m.): 3—Frank H., Mentor Plains; 10—Dick L., Euclid-Friday; 17—John H., Euclid-Friday; 24—Mike M., Y.O.U.R.; 31—John W. Collinwood.

Trinity (Saturday, 9:00 p.m.): 4—Lenny U., Superior; 11—John C., ; 18—Louis W., Jr., Temple; 25—Dick P., Parma.

West Park (Tuesday, 8:30 p.m.): 7—Jay W., Rocky River; 14—John T., Brook Park; 21—Jim R., Fairview; 28—Bob P., Brook Park.

West Side Women (Monday, 8:30 p.m.): 6—Joe M., West Clifton; 13—Everett W., Trinity; 20—Miriam F., Oakville, Ontario, Canada; 27—Marie L., West Side Women.

West 25th St. (Monday, 9:00 p.m.): 6—Jean C., Euclid-Wade; 13—Pat M., Superior; 20—Jim S., W. 25th (his 10th anniversary); 27—Jack B., Brookside.

Y.O.U.R. (Sunday, 7:15 p.m.): 5—A panel of Y.O.U.R. members — Harvey W., Harry W. and Mike M.; 12—Jack Y., Wickliffe; 19—Bill E. S.; Warren, O.; 26—Jim D., Independence.

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LISTENING AGAIN

The fine art of listening has been mentioned here before. Its importance cannot be exaggerated. Listening is not only an art, it is a science. Its perfection as an art involves the conscious, trained discipline of our emotions. Few of us are patient listeners by instinct. As a science, listening is the other side of the coin of communication. As a skill, incessant practice can lead to its becoming one of the great joys in life.

It is an established fact that we are influenced more by what we hear, than by anything received through the other senses. For people like us, listening is a positive, active process, not a passive one. Through listening we broaden our own perspective, gain friends, and acquire a **g r e a t e r** understanding of the other fellow.

When we listen only to the things which interest us, or which agree with our own opinions, we are going back to the dark days when we were all wrapped up in ourselves. We become a sad little package of self-pity. We need to open our minds and hearts to the air currents of the world in which we live and the feelings of those with whom we share it. Only through this medium can our life have growth. Only through **expansion** of our ability at patient listening can we achieve this improvement and added enjoyment.

Let each of us compare the person "we really are now" with the person "we once were". Once all of us did a lot of talking and very little listening, if any. Many say today that they enjoy meetings because in such **meetings** they want to listen and do listen. **Should** not all of us cultivate the art and the habit of listening at all times, not just in meetings?

Having considered briefly the dividends which careful listening will provide for us, let us consider the therapeutic **value** of listening, as far as the other fellow is concerned. Hark back to your beginnings in this society. However long ago that was, the chances are you will feel your maximum gratitude for a few people who listened patiently to all of your troubles, both real and imagined. All of us mention the wonder of the understanding people we met in the beginning. Yet if you analyze it honestly, you will find that a friendly, kindly ear, was a major evidence of such understanding.

Our fellowship is notable for the intimacy we achieve in communication, one with the other. All of us are so alike in so many ways. Yet all of us are different too, individually. This fine communication plus our sense of fellow feeling is the annealing agent that binds us together in a true sense of brotherhood. Our society will endure so long as our communication with each other remains on the highest possible plane. Unless thoughtful listening becomes our hobby, a major portion of the time, that communication will deteriorate. This fine art is vital for each of us, and for all of us.

They say a picture window will bring the outdoors into the living room. So will a small boy's shoes.

WEAK CHARACTERS

At a recent meeting of **AAs** in **Lorain, O.**, the subject of "weakness of character—a characteristic of a large **percentage** of alcoholics" was thoroughly discussed but ended with no agreement, pro or con. One also evidently sided with the pros, wrote and asked that we express our views on this controversial subject in the Central Bulletin.

Asking alcoholics whether they became addicts because of a character deficiency would bring negative responses from roughly ninety percent of those asked, even though they would admit that in the final stages of their drinking their characters were certainly deserving of censure and reproach.

We assume the person who wrote for our opinion is related in some way to an alcoholic and has gone through the agonies that many wives, husbands, fathers and mothers have suffered as they have seen their loved ones destroy their love, faith and hope as the alcoholic continued in his debauchery.

We, in defense of the majority of members in AA whom it has been our privilege to know, respect and regard as men and women of sterling character and virtue, must definitely disagree with the writer's **assumption** that most of our members evidenced weaknesses of character before they became addicted.

We will admit that once we were included in the ranks of social drinkers, some latent extremism became evident. It has been generally accepted that a trait most of us have in common is an exaggerated opinion of ourselves — our minds, our abilities and our general over-all superiority.

Most excessive drinkers are extremists. Many of them had some inferiority complexes. Some had superiority complexes. Drinks made a lion out of the one and an insufferable ass of the other. Both eventually found that their lives had become unmanageable.

How did they get that way in the first place? Should we blame it on parental coddling in their youth? Or should we attribute the teen-ager's rebellion and subsequent wild, irresponsible behavior to parental extremism?

There have been many studies made by eminent physicians, psychiatrists, social workers, etcetera, to find an answer to the problem which has been and still is the cause of so much heartache to families and so much loss in efficiency in many industries where highly skilled personnel in executive positions or in the labor circles had to be dismissed.

Now, to give you our personal opinion, Miss or Mrs. M. N., of **Lorain, O.**, on the subject you submitted. As an alcoholic who has enjoyed over twenty-two years of continued, happy sobriety, and who has had the privilege of associating with a great number of AA members who practice the principles of AA in all their **affairs—daily—** and who can properly be regarded as people of exceptionally high character.

Having descended to their varied depths, they rose again to maturity and were enriched as they were enlightened to a life without alcohol, a life of sanity and dedicated service to their fellowman.

It is next to
impossible to
sling mud with
clean hands.

CENTRAL BULLETIN



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Vol. 22

August, 1964

No. 11

MILL ENDS AND REMNANTS

There are many and varied memories of the Ohio State A.A. Conference, 1964, which closed this past Sunday morning, so it seems timely to relate some items of interest.

A number of years ago there had been quite a discussion of the whys for a State Conference and some of the conclusions included that many people gathered together generate lots of good spirit; that large numbers in *one* meeting room impresses the most dubious individual as to our SINCERITY; that conferences broaden the base upon which the individual may build a more sound and larger way of life in A.A.; that conferences help us place additional value on our priceless membership privileges; and that interpretation by some of the very best speakers from other parts of the A.A. world are brought to us for our benefit.

Every one of these and more were in evidence in last week's Conference and we are sure that when everyone has been polled that agreement to this will be unanimous.

Those of us who had been privileged to work and see the program develop added a new chapter of experience in our A.A. lives which will remain imprinted in our memories. And all of those who contributed work and effort to the Conference have made an unmeasurable contribution to Ohio A.A. To all we are most grateful.

No post-mortem would be complete without the privilege and pleasure of meeting and visiting with our guest speakers, each of whom contributed so much to the Conference through the sharing of their hope, strength and experience, putting emphasis on the Conference theme that it is OUR PROGRAM OF LOVE AND SERVICE.

We thought the Three Legacy programs were excellent bespeaking thought and preparation on the part of each panelist under the leadership of each chairman. Similarly, the 'Alkathons were well presented and all-in-all contributed to the 1964 Ohio State A.A. Conference being one of the best ever.

As all good things do, the 1964 Conference has passed, but the memories linger in the hearts and minds of all, by George!

MY UNMANAGEABLE WIFE

Now, take me! I was in perfect control of my faculties that night, and that young Cop had the gall to say I was staggering! Sure, I stumbled when I got out of the car. There was gravel on the pavement and I had my slippers on.

Then that punk says how come I'm driving on the left hand side of the street? And I say, it's a one-way street, isn't it? And that's where he had me. I thought I was on Bryant Street and I was on Culver. A simple mistake like that and they book me for drunk driving. These young cops think they *can* score points with the captain by hauling in a poor guy on a dull night!

No, sir, drinking is no problem with me! It's my wife, I tell you. She's a grand girl, but she doesn't like sports. You think I should do what? Look into AA? Are you crazy?

— R. Z., Phoenix, Arizona

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CENTRAL COMMITTEE

At the July 7, 1964 meeting of Central Committee, 35 groups were represented. Considering that vacations and other summer activities tend to reduce attendance, this was a pleasing turnout.

The Public Information Committee disclosed a plan to hold a meeting in *October* for the benefit and enlightenment of persons whose professions bring them into contact with alcoholics. An invitation will be extended to all Chiefs of Police in the county, and to the doctors who attend their prisoners. Municipal judges, probation officers, prosecutors, chaplains, etc., will be invited also. They will be addressed by three AA members, of whom one will be a doctor and one will be a lawyer. This is a commendable undertaking.

The moderator announced appointment of a new chairman of the Hospital Committee. Jim S., of the Friendship group, has agreed to succeed the recently deceased Judd Richards. Leon W., of the Rocky River group, accepted appointment as a member of the Hospital Committee. His background will be of value when he starts performing his functions. Jim was ~~able to report the~~ cheering news that treatment will be available to more women alcoholics at Bay View Hospital. To obtain admission, however, it will be necessary to contact Helen S., Nellie F. or "Beanie" G., all of the West Side Women. Jim said that more general hospitals are considering establishing facilities for the treatment of alcoholics.

The Central Bulletin supplied extra copies of the July, 1964 issue for distribution at the eight annual Ohio State AA Conference. It is hoped that more members from outside our area will become acquainted with this publication and want to subscribe.

Final arrangements have been made for the Area-Wide Meeting on September 20, 1964 at 4:00 p.m. The meeting will be addressed by the General Service Delegate for Western Ontario, Canada. Cliff M. is an outstanding member of AA, and his message *is* one that people will not want to miss. The meeting will be held in the Euclid Community House, 240 Briardale.

The feasibility of reactivating the #Refresher-Training Meetings was discussed. Alternatives which would serve the same purpose were considered, also. This may well be the next important undertaking of Central Committee, and we hope that all groups will be represented at the August 4, 1964 meeting. Central Committee always meets at 8:30 p.m. in room 1372, Hanna Building, on the first Tuesday of each month.

— J. T. B., North Olmsted

CLASS DISTINCTION

The Pure . . . The Partially Pure . . . The Fakers

Fortunate are The *Pure* in sobriety, for they shall reap its rewards; ~~The Partially Pure shall become The Pure~~ in sobriety, practicing faith and abstinence. *The Fakers* shall never attain *The Pure* in sobriety because they remain fakers and are unwilling or unable to change.

—William F.

OBITUARIES

William J. Logan, an enthusiastic, 17 year member, passed away on June 22. He is survived by his wife Margaret and six daughters.

Richard F. McMahon, a 14 year member of the Lakewood Men's group died on Tuesday, June 23. He is survived by his wife Mildred and two daughters.

William J. ("Willie") Joyce, a loyal member of the North Olmsted group passed away on June 25. He is survived by his wife Margaret.

Robert W. Richissin, a loyal member of the Lorain Ave. Thursday group passed away suddenly on July 3. He is survived by his wife, Mary, three sons and one daughter.

Our sincere condolences go out to each of the bereaved families.

ELEVENTH TRI-STATE ASSEMBLY

Chautauqua Institute — Chautauqua, **N. Y.**
August 28-29-30, 1964

PROGRAM

Friday, August 28

Sponsored by Pennsylvania State

Chairman **Don L.**, Warren, **Pa.**
Co-Chairman **Bud D.**, Union **City, Pa.**

7:15 to 8:15 p.m. **Twelfth Step Panel**
Moderator **Don L.**, Warren, **Pa.**
Panelist **Bud D.**, Union **City, Pa.**
Panelist **Chuck B.**, **Girard, Pa.**
Panelist **Bud C.**, **Sharon, Pa.**

8:15 to 8:45 p.m. Coffee Break

8:45 to 9:45 p.m. — Speaker: **George C.**, **Pittsburgh, Pa.**

* * *

Saturday, August 29

Sponsored by New York State

Chairman **Walter O.**, Buffalo, **N.Y.**
Co-Chairman **Milt N.**, **Jamestown, N.Y.**

10:00 to 11 a.m. **The Anatomy of Al Anon**
Moderator **Marjorie C.**, **Cleveland, O.**
Panelist **Bill T.**, **Rocky River, O.**
Panelist **Roslyn C.**, **Cleveland, O.**

11:00 a.m. Coffee Break

1:30 to 2:30 p.m.-Speaker **Bill A.**, Buffalo, **N.Y.**

2:30 to 3:00 p.m. Coffee Break

3:30 to 4:00 p.m. **"Bottoms Up"**
Moderator **Bud C.**, **Buffalo, N.Y.**
Court (Bottoms) **Les L.**, **Niagara Falls, N.Y.**
Open Door (Halfway) **Dave K.**, **Buffalo, N.Y.**
Rehabilitation (Up) **Ken N.**, **Buffalo, N.Y.**

5:00 p.m. **Smorgasbord**

7:00 p.m.-Speaker: **Bill "Pappy" M.**, Toronto, **Ont.**

8:00 p.m. Coffee and Conversation

8:30 p.m. **Chautauqua Program: Amphitheatre**

* * *

Sunday, August 30

Sponsored by Ohio State

Chairman **Tony W.**, **Elyria, O.**
Co-Chairman **Carter R.**, **Ashland, O.**

9:30 to 10:30 a.m. **Ed McN.**, **Mansfield, O.**

10:30 to 11:00 a.m. C o f f e e Break

11:00 to 12:00 noon Speaker: **Paul G.**, **Lakewood, O.**

Noon **Closing** remarks. Introduction of 1965 Chairman

The Serenity Prayer

Two waiters were standing at a table over which a customer, who was intoxicated, had fallen asleep. "I've already awakened him twice," said one. "Now I'm going to wake him up again."

"Why don't *you* throw him out?" asked the other waiter.

"Like heck I will," replied the first waiter. "I've got a good thing going here. Every time I wake him up he pays the bill."

DATES TO REMEMBER

August 1-Eighteenth Anniversary of the **Valley View** group in Pilgrim Congregational Church, W. 14th and Starkweather at 9 p.m. with Harold "Bud" M., Meadville, Pa., as guest speaker.

August 9 — Collinwood and Liberty groups Annual Picnic at Eagles Picnic grounds, 37299 Euclid Ave., from 11 a.m. until dark. Games for adults and children: Bring your own food. Coffee, pop and ice-cream available on the picnic grounds.

August 9 — International Meeting at Pelee Island, Canada, held in the **Scudder** Anglican Church. Program includes three 30 minute talks by international **AA's**. The United States will be represented by worthy veteran Bill R. of Cleveland.

August 8—**Annual Newburgh** Picnic in Brecksville Reservation Trailside Museum, off Route 82, East of Route 21, from 11 a.m. to 10 p.m. Free pop, grab bag, ice cream and coffee.

August 18 — Seventeenth Anniversary of the Strongsville group in Strongsville Methodist Church, 13354 Pearl Rd., Strongsville, O., with John D., one of the early members of AA as guest speaker at 8:30 p.m. His record of 25 years of dedicated AA service warrants a good sized audience.

August 24 — Fourth Anniversary of the Friendship group in **Boulevard** Presbyterian Church, 24600 Lake Shore Blvd., Euclid, with Tom V., **Parma** as guest speaker.

August 28, 29, 30 — Eleventh Annual Tri-State Assembly in Chautauqua Institute, Chautauqua, N. Y. AA registration is \$2.00. Gate fee, \$2.00 per per son. This includes parking.

GIGGLES

Sometimes a man pulls the wool over the wife's eyes with the wrong yarn.

Love your enemy-he'll be shocked and go crazy.

One way to make money is to forget who you borrowed it from.

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 E. 4th St., is open **weekdays** from 9 a.m. to 5 p.m., but maintains a **24-hour** telephone service which **responds** to calls made after the office is closed. The telephone number is **CHerry** 1-7387.

ALANON GROUP MEETINGS

Alanon Answering Service — Call SU. 1-5135

ASHTABULA-Harris Memorial W. 58 & Adams.....1st & 3rd Mon., 8:30
BROOKPARK-PARMA-Redeemer Lutheran, 6151 Smith . . . Mon., 8:30
LAKEWOOD-Lakewood Presbyterian, Detroit Ave. at Marlowe Mon., 8:30
EUCLID-Christian Church, 28001 Lake Shore Blvd. Tues., 8:30
GARFIELD HEJGRTS-Garfield Hts, City Hall, 6666 Turney, Tues., 8:30
SUBURBAN WEST—Our Savior Luth'n Church, 20300 Hilliard, Tues., 8:30
MAPLE HEIGHTS—Presbyterian Church, 15715 Libby Rd. Tues., 8:30
BETHANY—Bethany Presbyterian Church, W. 65th & Clinton Wed., 8:30
BROADWAY—Newburgh Recreation, 8437 Broadway..... Wed., 8:30
FAIRPORT HARBOR-Luther Center, Eagle st. Wed, 8:00
LORAIN AVE.—Dr. Martin Luther Church, 4470 Ridge Rd. Thurs., 9:00
E. CLEVELAND—YWCA, Lee Boulevard and Euclid Fri., 1:30
CHARITY—St. Vincent's Charity Hospital, E. 22nd & Central..... Fri., 8:30
CHARDON—Pilgrim Christian Church, 118 South St. Fri., 8:30
LORAIN COUNTY—Luth. Church, 8334 Wilson, Lorain, O., Thur. 8:30
ELYRIA, O. Woodbury St. off Cleveland St. Sat., 8:30
VALLEY—7100 Kinsman (2nd & 4th Sundry) Closed..... Sun., 4:00

CLEVELAND AREA AA GROUP MEETINGS

MONDAY

BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
BROOK PARK—Redeemer Lutheran Church, 6151 Smith Road, Brook Park 8:30
EARLY-EARLY—Baptist Church, 1740 E. 17th St., Corner Walnut 7:30
EDGE LAKE—Faith Lutheran Ch., Lakewood, Woodward & Hilliard (Wdward Ave. ent.) 8:30
FRIENDLY SUBURBAN—6037 Pearl 8:00
FRIENDSHIP—Bldg. Presbyterian Ch., 24600 Lake Shore Blvd., Euclid, O. 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit. 9:00
LEE MONDAY—First Presbyterian Ch., Eut Cleveland, Nela and Euclid 8:30
LORAIN AVE.—St. Ignatius Hall, Lorain Ave. at West Blvd. 8:30
ORCHARD GROVE—St. Mark's Church, 15805 Triquet Road 8:30
PEARL—St. Mary's Sch., 4600 State Rd. 8:30
RAMONA—9721 Ramona Blvd. 8:30
SHAKER—Christ Episcopal Church, 3445 Warrensville Center Rd. 9:00
SUNNY MONDAY WOMEN—713 E. Sprague Rd., off Route 21, Seven Hills 12:30
SOUTH EAST—7626 Broadway 8:30
TEMPLE—Fatima Hall, 6914 Lexington 8:15
W. 26th St.—United Church of Christ, 2409 Willowdale Ave. 9:00
WOMEN'S (Westside)—West Blvd., Christian Church, Madison & W. 101st St. 8:15
ELYRIA MEN—St. Agnes, Lake & Dewey 8:30
 Mixed Discussion 10:00 a.m.
JEFFERSON, O.—St. Joseph's Church 8:30
LEROY-BRAKEMAN—Leroy Grange Hall, Brakeman Rd. off Rte. 86—Painesville 8:30
VERMILION—Congregational Church 8:30
WILLOWGUBBY, O.—First Presbyterian Church, 4786 Shankland Rd. 8:30

TUESDAY

BRECKSVILLE V. A. HOSPITAL, 10000 Brecksville Rd., Brecksville, O. 7:30
CLARK—1917 Clark Ave. 8:30
CORLETT MIXED—Holy Family Parish Hall, 8846 E. 181st St. 8:30
CRANEING ST.—28707 Euclid, Wickliffe 8:00
EASTSIDE WOMEN—Y.M.C.A., Room 6, Lee Road at Euclid 8:15
EUCLID MORNING—Euclid Christian Ch., Lake Shore Blvd & E. 280th St. 10:30 a.m.
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 9:00
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave. 8:30
FALLS—Community Church, Olmsted Falls, 7853 Main St (Columbia Rd.) 9:00
GARFIELD TUES.—Garfield Hts. City Hall, 5555 Turney Road 8:30
MILLTOP—St. Joseph's Seminary, 17608 Euclid Ave. 8:30
LAUREL—Brooklyn High School Cafeteria, 4040 Biddulph Rd. (Parking, W. 96th) 8:45
MAYFIELD-COLTMAN—12021 Mayfield Rd., Holy Rosary Church, basement 8:30
MAY-LYNDE—E. Cleveland Savings & Loan, 6816 Mayfield Road 8:30
MILES-LEE—St. Mary's Church, 4070 E. 142nd St. 8:30
NIGHT & DAY—18867 Euclid Ave. 8:30
RIVER TUESDAY—Rocky River Methodist, 19414 Detroit Road 8:30
SMITH-WILSON—St. Joseph's School, 9821 Orleans Ave. 8:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
VALLEY WOMEN'S DISCUSSION GROUP, 2nd and 4th Tuesday, 7100 Kinsman 7:00
WEST PARK—Puritas Lutheran Church, Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.—First Presbyterian Church, 3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—Geneva, Methodist Church, So. Broadway, 1st Tue 8:30
KIRTLAND, O.—Old South Ch. Rt. 306 8:30
LAKE COUNTY—Meth. Fellowship Hall, Rt. 20—E. Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O., Trinity Church 8:30
MANSFIELD—Episcopal Church, 41 Bowman St., Mansfield, O. 8:30 EST
MEDINA, O.—St. Paul's Episc. Par. Hse. 8:30
STREETSBORO, O.—Methodist Church, Intersection of Rte. 14 & Rte. 48 8:30
Strongsville—Methodist Ch., 13364 Pearl 8:30

WEDNESDAY

ANSEL—Lithuanian Hall, 6886 Superior Ave. 8:30
BAXTER—St. John's Lutheran School, 6826 Cable 8:30
BEDFORD—Bedford Christian Church, Warrensville Center and Blaine 0:00
BRAINARD CIRCLE (Women's)—Trinity Ch., Brnd at Shaker & Gates Mills Blvd. 8:30
COLLINWOOD—946 E. 162nd St. 8:30
DOAN MEN—Church of the Covenant, 11206 Euclid Ave. 8:30
EASTSIDE MORNING—9608 Euclid Ave., Euclid Ave. Congre. (Side at) 10:30 a.m.

EUCLID-WADE—18857 Euclid Ave. 8:30
GARFIELD—Pilgrim E. & R. Church, 4592 E. 131st St. 8:30
HAGUE—Grace Cong. Assembly Hall, West 65th and Colgate 8:30
LEE ROAD—St. Ann's Church Basement, Coventry and Cedar 9:00
LORAIN WEDNESDAY—Bosworth Road, Presbyterian Church, 3631 Bosworth 9:00
NO. OLMSTED—Episc'l Church of the Advent, 3760 Dover Ctr. Rd., north of Lorain 9:00
PSYCHIATRIC HOSPITAL—1708 Aiken 8:30
ST. JAMES—St. James Church, E. 84th and Cedar 8:00
TWENTY-FOUR HOUR—18218 Detroit, Church of the Ascension 8:30
WARRENSVILLE—Women's House Cor. 7:30
WEST SHORE—West Shore Unitarian, 20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)—Twelfth Step Club, 8804 Detroit Ave. 8:30
ASHTABULA C.Y. Women, Harris Memorial, W. 58th & Adams, 2nd & 4th Wednesday 7:30
BRUNSWICK, O.—Cuyahoga Ass'n Bldg., Route 42, So. of 303 8:30
CHESTERLAND—Methodist Church, Mayfield Rd., Rte. 322 & Rte. 806 8:30
ELYRIA, O.—St. Paul Building, Third and Middle, side entrance 8:30
FAIRPORT HARBOR—Luther Center, Eagle St., Fairport Harbor 8:00
Farm—9438 Slagle, Rte 303, Garrettsville 10:30
INTERACIAL—30th & Wood, Lorain, O., Mt. Zion Baptist Church 8:30
LAKE COUNTY WOMEN—1st Presbyterian, 4785 Shankland Rd., Willoughby 1:00
LORAIN COUNTY WOMEN—Meth. Church, Rte. 254—1 block east of Rte. 57 8:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
SHEFFIELD LAKE, O.—St. Thomas School, Harris Road 8:30
WICKLIFFE—Wickliffe Presbyterian Church, E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal, Church, 15837 Euclid Ave. 8:30
ANGLE—St. Malachi's, 2459 Washington 8:30
BAY WEST—Church of the Redeemer, 23500 Center Ridge Rd., Westlake 8:30
BROADWAY-55th—Our Lady of Lourdes School Hall, 8398 E. 55th St. 8:30
BROOKLYN—St. James Lutheran Church, 4781 Broadview, cor. Maynard 8:30
COVENTRY—Fairmount Presby. Church, Scarborough and Fairmount Blvd. 8:30
CROSSROADS—St. Luke's Episcopal, W. 78th St. and Lake Avenue 9:00
EASTLAKE—Reformation Lutheran Church, 84300 Lake Shore Blvd. 9:00
EAST SHORE WOMEN—Richmond Library, 26151 Euclid Ave., Euclid, O. 8:15
GARDEN VALLEY—(Outhwaite) 7100 Kinsman Ave. 8:00
GOLDEN GATE WOMEN—Activities Center So. Euclid Meth. Ch., 1534 So. Green Rd. 8:30
LORAIN AVE.—THURSDAY—4470 Ridge Rd., Dr. Martin Luther Church 9:00
NIGHT & DAY—13857 Euclid Ave. 11 A.M.
NORTH RANDALL—Village Hall, 21987 Miles Ave. 9:00
PARMA HEIGHTS—6400 Pearl Road, NADS, basement, rear entrance 8:30
ROCKY RIVER—Rockport Methodist Church, 3510 Wooster Road 9:00
ST. CLAIR—Nottingham Methodist Church, St. Clair & Melville 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
WEST SIDE MORNING—W. 98th & Denison, Hungarian Lutheran Church 11 A.M.
AMHERST, O.—St. Peter's Church 8:30
ASHLAND—St. Matthew's Episcopal Church, Steamtown Rd., & Mifflin Ave. 8:00
ASHTABULA HARBOR—Bethany Luth'n Ch. Penn. Ave., between W. 9 and W. 10 8:30
BEREA—Fine Arts Bldg., East Bagley Rd. Three doors east of Eastland 9:00
ELYRIA—St. Agnes Sch., Lake & Dewey 8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset 9:00
DISCUSSION—112 E. 19, Lorain, O. 10 A.M.
MAPLE LEAF—Congregational Church, Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE—Congregational Church, Educ. Bldg., Mentor Ave., Paville 8:30
TWINSBURG—Chrysler Union Hall 8:30
WILLARD, O.—United Bank Bldg. 8:30

FRIDAY

BROADWAY-HARVARD—8437 B'way 8:30
CEDAR—Salvation Army, 5005 Euclid 8:15
CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—425 Term. Twr. 6:00
EUCLID FRIDAY—Epiphany Church, Lake Shore & East 210th St. 9:00
FRIDAY P.M. WOMEN—Plymouth Church, Krumbine Room, Coventry & Drexmore 1:00
GORDON SQUARE—St. Paul Com. Church, 4427 Franklin Blvd. 9:00
HEIGHTS—Closed Discussion, Christian Church, Van Aken & Avalon (rear) 8:30

MEETINGS

HUDSON, O.—Clad meetings, Christ Church, 21 Aurora 8:30
LEE ROAD—American Legion Hall, Pat 168, 16644 Euclid Ave. 8:00
NORTH EAST-Town House Motel, 16661 Euclid Ave. 8:30
PARMATOWN MEN—Assembly Room, Parma Community Hospital 8:30
POSTOFFICE—4079A, Main Postoffice 8:00
SOLIDARITY-Friendly Inn Settlement, 2232 Unwin Rd. (off Quincy Ave.) 8:30
STELLA MARIS MIXED, 1820 Washington Ave. 8:15
WEST CLIFTON—Lkwd Congregational Church, 1876 W. Clifton Road 9:00
AVON LAKE—Fint Congregational Church, 82801 Electric Boulevard 8:30
BEREA—Social room of Berea Cong. Church, Seminary and Church 8:30
CHAGRIN FALLS—Federated Churches, 76 Bell Street 9:00
CHARDON—Pilgrim Christian Church, 118 South Street, Chardon, O. 8:30
CONNEAUT, O.—Methodist Church, Buffalo and Madison Sts. 8:30
MANSFIELD, O.—26 Mulberry 8:00 E.S.T.
WELLINGTON—St. Patrick's Catholic Church, No. Main St., Wellington, O. 8:30

SATURDAY

BAY VIEW—Bay View Hospital, 23200 Lake Ave., Bay Village 8:30
FOREST CITY—2126 Broadview Rd. 9:00
L.S.I.—17600 Broadway 8:30
LANDER CIRCLE—Garfield Mem. Methodist, Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK—Teamster's Hall, 2076 E. 22nd St. at Carnegie 9:00
LEECE-NEVILLE—1374 E. 51st St. 7:00
LEE-SEVILLE—New Home Baptist Church, Seville & Sunview Ave. 7:00
LIBERTY—946 E. 162nd St. 9:00
MAPLE HTS.—Luth. Church of Covenant, 19000 Libby Rd., Cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Windermere Presby. Ch., 14112 Euclid Ave. at Windermere 8:30
MEMPHIS—Lakewood Congregational Ch., 1376 W. Clifton cor. Detroit Ave. 9:00
NEWBURGH STATE HOSPITAL—Williams Bldg., Entrance at 4466 Turney Rd. 7:30
NIGHT & DAY—13867 Euclid Ave. 12 Midnight
NORWALK TRUCK LINES, 1147 E. 66th St. at Shore Drive 9:00
PLAINS—Plains Methodist Ch., Mentor, O., Rts. 806 and 283, Mentor, O. 0:00
PARMA—Third Federal Savings & Loan, 6960 Ridge Road 8:45
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church, 8626 W. 26th St. 9:00
VALLEY VIEW—Pilgrim Congr. Church, 2692 W. 14th, cor. Starkweather 9:00
ASHTABULA, O.—St. Peter's Episc. Church, Main Avenue at South Park 8:30
Lorain Discussion—Neighborhood House, 30th St. 10:00 a.m.
LORAIN SATNITE—7th and Reed St., St. Mary's Church Basement 8:30
MANSFIELD—20% S. Park 8:00 EST
PARKMAN, O.—Congregational Church 8:30

SUNDAY

BEDFORD HEIGHTS—Village Hall, 6661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
C.A.H.—13857 Euclid Ave. 0:45 a.m.
COLLINWOOD—946 E. 162nd St. 7:30
DETROIT SUNDAY & 04 Detroit Ave. 7:30
DISCUSSION—6700 Detroit Ave. 7:00
GARDEN VALLEY—Outhwaite, 7100 Kinsman Ave. 4:30
GRATEFUL—St. James Lutheran Church, 1424 Hayden, near Shaw 2:00
LAKEWOOD ARMORY, 1487 Wayne Ave., South of Detroit 9:00
MISTLETOE—St. Thomas Church, 9206 Superior Ave. 7:00
NELA PARK—Cafeteria, Advertising Bldg., Nels Park, Noble Road. 7:30
NEWBURGH—St. Catherine's Church, 8443 E. 98rd St. 8:30
SOUTHWEST SUNDAY—390 Fair St., Board of Education Bldg., Berea, O. 8:30
Superior Stag—2022 1/2 E. 106th 11:00 a.m.
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 6:00
WARRENSVILLE—Cooley Farms, Recreation Room. 10 A.M.
YOUR—Euclid Community House, 240 Briardale 7:15
AVON CENTRAL—Basement Central Bank, 86690 Detroit Rd., Avon, O. 8:00
CHIPPEWA-SEVILLE—V.F.W. Hall, Seville, O. 8:00
GENEVA, O.—Episc. Ch., 66 So. Eagle 7:30
GOLF LAKELANDS—Immaculate Conception Church, Hubbard Rd., No. Madison 8:30
LORAIN COUNTY CONSOLIDATED, St. John's Sch., 81 & Rt. 57, Lorain 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
NEWBURY, O.—St. Helen's Church 8:15



AA PATHOLOGY

The medical profession has nothing on us. We have our own institute of pathology. Insofar as its participants are trying to share their experience, strength and hope, it is a fine endeavor. Insofar as the efforts are on the target of greater knowledge and understanding of the truth and our philosophy of life, it is constructive. Conversely, it can be detrimental to the fellowship, the group, and the individual when carried to extremes. For example, we have no cadavers for dissection.

There are two divisions of this extremism in our diagnostic pathology. One has to do with taking the program apart piece by piece, and those who do so find as a rule that they not only fail to improve it but quite often they can't get it back together again, at least in their own minds. This is usually a sport for newcomers who learn occasionally in time, and sometimes too late, that they have tried to absorb a wise thoughtful way of life too rapidly, just as they consumed alcohol.

The second extremist is the fellow who has reached judicial stature in his own mind, which qualifies him to analyze the newcomer, pass judgment and dish out definite pronouncements about what is wrong and what needs to be done. One sometimes wonders which is the greater hazard, the ebullient newcomer who would dissect the whole fellowship and philosophy which has restored hundreds of thousands to useful, happy, sober lives, or the pseudo-elder statesman who has all the answers on tap.

The answer, of course, lies in the fact that all of us, young and old in sobriety, need balance. Restraint and self-discipline do not come naturally when we simply become sober and nothing more. That is why we have this way of life which we try to live to the best of our ability. True, each man has his individual talents and ways, in which he goes about this task. That is why God is God, as each one of us may individually understand Him.

As we go about the job in our way and as we conceive our best method to be, let's not waste time in promoting our way as the only way, or even a superior performance as compared to that of the other fellow. We should dedicate that precious time to our own broader understanding of the program so that our ability to help another will constantly become more effective. Study the twelve Steps and twelve Traditions. See if you can find a single surplus word. More probably you will find many words that you have forgotten and many words whose true significance had never registered with you before. A careful analysis will ultimately show no wasted words, and a wisdom so complete that it surely seems the authors must have had divine help in forging out this masterful framework. Remember, if you will, we have suggestions and not rules.

No criticism is here intended, but rather a prayer for guidance is expressed for those who pursue a vehement negative approach which destroys understanding instead of advancing it. We came into this fellowship negatively, seeking to back away from our enemy which had us licked.

(Continued on page three)

THIN ICE

Across our desk come a great variety of letters, some requesting advice, or information and some from evidently very sensitive people who took offense at some article which appeared in our monthly publication.

In this month's mail we received the following letter from a distraught wife of a member of AA.

"Your article in the July issue 'Definition of an Alcoholic' was very interesting. I am the wife of a 'problem drinker' who is 'afflicted with alcoholism', but is not an alcoholic.

"Your description of the hidden alcoholic is perfect; however, in addition, HE 'belongs' to A.A. and introduces himself in his leads as an alcoholic. In private he laughs about this and wishes he really was an alcoholic so that he could be happy with this program that has so much good in it for the 'true' alcoholic.

"Because **most** of his drinking is carefully controlled, he feels he has no compulsion and of course if you have no compulsion, you can't **possibly** be an alcoholic, because you have your family, very good job, car, clothes and assorted items bought **every** so often, that he can't possibly be happy without.

"He knows that '75% of A.A.'s are not truly alcoholics mainly because they have not hit an actual skid row. The only ones A. A. is for are those who cannot control their drinking, who never stop after one drink and must have lost everything. Only then can they qualify for the A. A. program . . . he says!

"Most of the foregoing words are direct quotes, not mine. I would appreciate your comments."

Your editor is **glad** to offer his comments, for he writes from first-hand experience. You see, his thinking paralleled his own thinking when he first came in the program in 1940.

He attended meetings regularly . . . **alone!** He listened intently to every speaker and left each meeting with a fast growing conviction that he had made a serious and impulsive mistake in affiliating with A. A.

He compared the depths to which they had sunk to the plateau which he occupied and had occupied even during the worst of his compulsion. Most had been separated from their families for years. Most had spent many days in courts, jails, workhouses, penitentiaries. Most had forfeited every chance to regain employment.

He agreed positively that A.A. was the answer for THEM, but as the months accumulated, he began to think about **resigning!** This he did. Eight and one half months later during which he "controlled" his drinking cause came the bombshell! He got drunk, woke up in jail, was released on bond and after several days of heavy drinking and desperately ill, finally made it back into A.A.

The thinking of your husband is **serious!** We will lay you odds that he considers himself a reputable citizen. But if he holds his affiliation with A.A. as lightly and Irresponsibly as you have indicated, in our opinion he is a four-flusher, dishonest, untrustworthy and a denorable example to some decent newcomer who is attending his first meeting, desperately seeking help.

(Continued on page two)

It isn't the most
lovable that is
in need of love;
only the unlov-
able.



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Vol. 22

September, 1964

No. 12

MILL ENDS AND REMNANTS

At not infrequent intervals the past two or three years we have been endeavoring to convey through the medium of this column, the interest and the stake the individual member of Alcoholics Anonymous has in responsible representation by this Group in the service activities and service opportunities of the Northeastern Ohio General Service Committee.

There is currently being mailed to each Group in the Northeastern Ohio Area a most important letter which needs attention and action. It suggests that each Group act promptly in selecting or electing a qualified General Service Representative to serve during the service years of 1965-66, this term to run concurrently with that of the Delegate and Committee.

There are a number of good reasons for this, including the ever enlarging service opportunities and experience that the two years of activity will bring. It is the GSR who conveys the Group's conscience to the Delegate and the General Service Committee and through them to the General Service Conference. In similar manner the GSR reports back to the Group on actions and activities. The GSR is the all important link that holds together the chain of carrying the message to the still suffering alcoholic wherever he might be in the world today.

The letter that is now in the mail to your Group asks that *your* GSR be selected for the two year period beginning January 1, 1965, and that he (or she) be in attendance at the meeting of all GSRs and Committee Members to be held Sunday, October 11, 1964, at 3:00 P.M., in American Legion Hall, Brecksville, Ohio.

We would dare to ask that you make it an individual project to make certain that *your* Group selects a qualified rearsentative for this responsible activity. The time spent in attending the eight quarterly meetings over the two year period is a small contribution when compared to the returns that come to the GSR and your Group from such responsible activity.

There is so much to be done, and we need help to do it, by George!

Is it too much to ask that each group establish a permanent mailing address, accessible to the secretary-elect as well as carefully selected older, responsible members?

We would appreciate your co-operation.

ATTENTION! GROUPS !

This is directed particularly to groups which change secretaries monthly or quarterly, or for other reasons. As a courtesy, The Central Bulletin Foundation sends a free copy of the Central Bulletin to each group secretary and with it a Speaker List upon which is stamped "Please Post". Our hope also is that each secretary will become a Bulletin booster.

Every month, however, four or five are returned for varied reasons, such as "No such address", "moved, left no address". Besides the cost of sending, it costs us eight cents in each instance.

BE A BULLETIN BOOSTER. GET A NEW SUBSCRIBER YOUR SECRETARY HAS SUBSCRIPTION BLANKS

THIN ICE

(Continued from page one.)

Our responsibility as members is tremendous! Statistics show that out of an estimated five million "problem drinkers" only an estimated 350,000 have been granted the undeserved opportunity of embracing A.A.

Of this number are many "guinea pigs" who think as your husband thinks — "I'm not as alcoholic as the others are." That compares exactly with the thinking of a woman who visited her doctor, who told her she was two months pregnant.

After she dressed and was escorted through the reception room by the doctor, she stopped, pointed to a woman "full blown" and said "Well, at least I'm not as pregnant as she is!"

Your editor hopes your husband reads this.

CENTRAL COMMITTEE

At the August 4, 1964 meeting of Central Committee, 26 groups were represented: In the absence of Moderator John B., Tom S., Vice Moderator presided.

Reports of Committees: Central-Bulletin Editor Harry D., reported an unusual increase in subscriptions and expressed his appreciation as well as the hope that the trend would continue. All concerned with its publication are delighted. Hospital Committee Chairman Jim S. reported having visited Alca Manor and was favorably impressed. They accept both men and women, with separate floors for each. Minnie S. reported no discrimination for women at Bay View, but hoped that women patients would soon be permitted to attend the Saturday open meetings. This will be followed up with personal interviews with the authorities. Public Information: Moderator Tom S. reported an increasing variety of requests from churches and service groups which had not been reached before. Area Wide Meeting: Chairman Edward M., stated that all arrangements are made for the next meeting which will be held on Sunday, September 20 in Euclid Community House, 240 Briardale at 4 p.m. The guest speaker will be the Western Canada General Service Representative from Hamilton, Ontario, Canada. Notices will be sent to all secretaries. Cleveland A.A. District Office: Secretary Dick P. reported having received an order for some pamphlets giving information on AA from the head of the City Welfare Board, these to be distributed to the different agencies in the city. He also reported that the number of calls for help had increased by over 200 in the past two months. Five years ago, there were 950 calls during the whole year. It is now 700 calls per month! Among the calls during the past week, three came from Akron, O.

Under Old Business Moderator Tom S., brought up the subject of reviving interest and reestablishing the Refresher-Training meetings. From his inquiries he was of the opinion that the need was great and also that the groups he discussed it with showed both concern and interest. In his opinion over 75% of the new people coming in are in desperate need of this type of meeting for firming their resolve to do something about their problem. Literature is available and is important, but being more or less casual by habit, it is only scanned. The discussion meetings are very important. Under New Business: Leon W. reported that a friend of his had solicited a prominent and wealthy woman of Cleveland for the Heart Fund, but in telling her about the work of AA and its successful operation was given a check for \$5,000 made out to Charity Hospital. Harry D. reported the success of rehabilitation at the Salvation Army's Men's Social Center. The attendance at meetings is compulsory for the residents. Because of their success with men, the Army is considering opening a dormitory in the Hough district for women. The only problem confronting them is funds! Dick P. of the AA District Office reported that he had many requests for a place to stay by telephone and visitors to the office and was able to place them for a night or more through Brigadier General Agnew.

All groups are urged to send their representative to these monthly Central Committee meetings which are held on the first Tuesday of each month at 8:30 p.m. in Room 1372, Hanna Building. Every group is automatically a member.

DISHONESTY

Some People believe that if they pay their taxes, grocery bills, pew rent, and don't chisel too much on their income taxes, they are honest. True enough, an honest man will pay his bills. And, we might add, an honest man will not incur bills he knows he won't be able to pay.

In A.A. we hear honesty stressed at every meeting. The new man is told he must be honest with himself, honest in his thinking, honest with his promises and his attempts to carry out his proclaimed intentions. That is another phase of honesty.

But right now we are thinking of another kind of honesty, or should we say dishonesty? How honest are we when we discuss our fellow members of A.A.? If a member runs into difficulty, do we tear him apart as a no good bum with a beagle ancestry? Do we wait until we have the facts and try to be reasonable and charitable in judging the man's actions in view of the facts? Do we ask ourselves how we might have reacted under similar circumstances? How did we react in similar situations before we became so sanctified in A.A.?

Perhaps the worst kind of dishonesty is exemplified by the envious person with a loose tongue. This fellow cannot bear to see another man become successful either in A.A. or in the business world. A coward at heart, he spreads his poison with manufactured innuendo and hearsay. No forthright words are spoken by this helion of hypocrisy. This sort of human tripe will piously mouth such phrases as — "I have been told," or "it's hard to believe. but," or "I'm telling you confidentially," or "I warn you as a friend."

Of course, it does little good to tell these conscienceless cowards that assassination of character is just as evil as assassination of the body. There's no use in tolling them any material loss resulting from character defamation calls for the same amends and restitution as would be demanded from a thief.

Kind words are the language of angels. Slander is the sibilant slime of Satan.

The Missing Link—Dubuque, Iowa

NEW FILM STRIP

The new G.S.O. film strip, which was shown intermittently during the Ohio State A.A. Conference in Cleveland in July, is available for showing before groups throughout the area. This film strip in color and with sound is of interest to every group member and takes but thirty-five minutes to run. Program Chairmen may contact George M., at 226-8133, or Bill D., at 226-1296, for bookings.

GROUP NEWS

A new group has been formed on the east side, the Marshall group. It meets on Sundays at 8 p.m. at 6200 Mayfield Road (East Door).

The East Side Morning group advanced its meeting time from 10:30 to 11:00 a.m.

The correct address of the Berea Thursday group is East Bagley Road, three doors east of Eastland. Our apologies to the group.

Parma Heights now meet on **Wednesday** evenings in the All Saints Episcopal Church, 8911 Ridgewood Drive at 8:30 p.m.

The Mayfield-Coltman group have discontinued their meetings until further notice.

ON GIVING

The best thing to give your enemy is forgiveness; To an opponent, tolerance; To a friend, your heart; To your child, a good example; To your father, deference; To your mother, conduct that will make her proud of you; To yourself, respect; To all men, **Charity—Parmatown Men**

AA PATHOLOGY

(Continued from page one)

We need to move forward and think positively on this precious path of God-given sobriety. Ours is a job of helping others, and helping ourselves, not one of parsing, dissecting, criticism or judging.

DATES TO REMEMBER

September 12—Newcomerstown Anniversary in Isleta Church, Coshocton — Newcomerstown Road-Route 16 and 36.

September IO-Area-Wide (Consolidated) Meeting in Euclid Community House, 240 Briardale, Euclid, O., at 4:00 p.m. Guest speaker, Cliff M., G.S.O. Delegate for Western Ontario, Canada.

September 23-Sheffield Lake group's Second Anniversary.

September 23-Anniversary meeting of the Sheffield Lake group with Farrell G., Angle as guest speaker.

September 26—Seventh Anniversary of the L.S.I. group with Carter R., of Ashland, Ohio as guest speaker.

October 11-Special meeting of all old and new General Service Representatives (see Mill Ends and Remnants) and Committee Members of the Northeastern Ohio General Service Committee: 3:00 p.m., American Legion Hall, Brecksville, Ohio.

October 18—Twenty-fourth Anniversary of the Toledo groups in Commodore Perry Hotel at 2 p.m., with Henry W., Cleveland Euclid-Wade as guest speaker.

November 15-GRATITUDE SUNDAY Meeting sponsored by the Northeastern Ohio General Service Committee and its General Service Representatives: 3:00 p.m., St. John's School Hall, Canton, Ohio, with Canton Area **GSRs** serving as your hosts. Speaker: Bill G., Salem, Indiana, Delegate from State of Indiana to the General Service Conference.

CLEVELAND AA DISTRICT OFFICE

Beginning on Saturday, September 5th, the Cleveland AA District Office will be open every Saturday from 9:00 a.m. to 1:00 p.m. Weekdays it is open from 9:00 a.m. to 5:00 p.m.

After 6:00 p.m. and before 9:00 a.m. on Saturdays and 9:00 a.m. to 5:00 p.m. on weekdays, calls will be monitored every hour, including Sunday, and will bring as quick response as possible.

In a domestic relation court, the judge listened intently to both sides in a case against a drunken husband who was charged by his wife with nonsupport. After all the evidence was in, the judge told the defendant: "You haven't taken proper care of this good woman and I'm going to give her \$25 a month."

The defendant beamed with pleasure. "That's mighty nice Your Honor," he said, "and I'll give her a dollar or two from time to time myself."

Inter-Group News, Akron

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 E. 4th St., is open weekdays from 9 a.m. to 5 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

ALANON GROUP MEETINGS

Alanon Answering Service — Call SU. 1-6136

ASHTABULA—Harris Memorial W. 58 & Adams...1st & 3rd Mon., 8:30
BROOKPARK—PARMA-Redeemer Lutheran, 6161 Smith Mon., 8:30
LAKEWOOD—Lakewood Presbyterian, Detroit Ave. at Marlowe Mon., 8:30
EUCLID-Christian Church, 28001 Lake Shore Blvd. Tues., 8:30
GARFIELD HEJGHTS-Garfield Hts. City Hall, 6666 Turney, Tues., 8:30
SUBURBAN WEST-Our Savior Luth'n Church, 20300 Hilliard, Tues., 8:30
MAPLE HEIGHTS-Presbyterian Church, 15715 Libby Rd Tues., 8:30
BETHANY—Bethany Presbyterian Church, W. 65th & Clinton... Wed., 8:30
BROADWAY—Newburgh Recreation, 8437 Broadway Wed., 8:30
FAIRPORT HARBOR-Luther Center, Eagle st. Wed. 8:00
LORAIN AVE.-Dr. Martin Luther Church, 4470 Ridge Rd. Thurs., 9:00
P. CLEVELAND-YWCA, Lee Boulevard and Euclid Fri., 1:30
CHARITY—St Vincent's Charity Hospital, E. 22nd & Central Fri., 8:30
CHARLTON—Pilgrim Christian Church, 113 South St. Fri., 8:30
LORAIN COUNTY-Luth. Church, 8334 Wilson, Lorain, O., Thur. 8:30
ELYRIA, 0. Woodbury St. off Cleveland St., Sat., 8:30
VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed Sun., 4:00

CLEVELAND AREA A A GROOMMEETINGS

MONDAY

BORTON—E. Cleveland Congrega. Church, Page and Euclid Ave. 8:30
RROOK PARK—Redeemer Lutheran Church, 3161 Smith Road, Brook Park 8:30
EARLY-EARLY—Baptist Church, 1740 R. 17th st. Corner Walnut 7:30
EDGE LAKE—Faith Lutheran Ch., Lakewood, Woodward & Hilliard (Wdwrw. Ave. ent.) 3:30
FRIENDLY SUBURBAN—4037 Pearl a 1:00
FRIENDSHIP—Blvd. Presbyterian Ch., 24600 Lake Shore Blvd., Euclid, O. 3:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton and Detroit 9:00
LEE MONDAY—First Presbyterian Ch., East Cleveland, Nela and Euclid 8:30
LORAIN AVE.—St. Ignatius Hall, Lorain Ave. et West Blvd. 3:30
ORCHARD GROVE—St. Mark's Church, 15305 Trisket Road 3:30
PEARL—St. Mary's Sch., 4600 State Rd. 3:30
RAMONA—9721 Ramona Blvd 6:30
SHAKER—Christ Episcopal Church, 8445 Warrensville center Rd. 9:00
SUNNY MONDAY WOMEN—713 E. Sprague Rd., off Route 21, Seven Hills 12:30
SOUTH EAST—7626 Broadway 8:30
TEMPLE—Fatima Hall, 6914 Lexington 8:15
 W. 26th St.—United Church of Christ, 2409 Willowdale Ave. 9:00
WOMEN'S (We&side)—West Blvd., Christian Church, Madison & W. 101st St. 8:15
ELYRIA MEN'S—Agues, Lake & Dewey 8:30
 Mixed Discussion 10:00 a.m.
JEFFERSON, O.—St. Joseph's Church 8:30
LEROY-BRAKEMAN—Leroy Grange Hall, Brakeman Rd. off Rte. 86—Painesville 8:30
VERMILION—Congregational Church 8:30
WILLOUGHBY, O.—First Presbyterian Church, 4736 Shankland Rd. 8:30

TUESDAY

BRECKSVILLE V. A. HOSPITAL, 10000 Brecksville Rd., Brecksville, O. 7:30
CLARK-1017 Clerk Ave. 8:30
CORLETT MIXED—Holy Family Parish Hall, 3845 E. 181st st 8:30
CRANEING ST.—28707 Euclid, Wickliffe 6:00
EASTSIDE WOMEN—Y.M.C.A., Room 6, Lee Road et Euclid 3:15
EUCILD MORNING—Euclid Christian Ch., Lake Shore Blvd & E. 280th St. 10:30 a.m.
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 3:00
FAIRVIEW PARK—Fairview Grace Church, W. 224th and Lorain Ave. 3:30
FALLS—Community Church, Olmsted Falls 7855 Main St. (Columbia Rd.) 9:00
GARFIELD TUES.—Garfield Hts. City Hall 5555 Turney Road 8:30
HILLTOP—St. Joseph's Seminary, 17603 Euclid Ave. 8:30
LAUREL—Brooklyn High School Cafeteria, 0400 Biddulph Rd. (Parking, W. 96th) 8:45
MAY-LYND—E. Cleveland Savings & Loan, 6316 Mayfield Road 8:30
MILES-LEE—St. Mary's Church, 4070 E. 142nd St. 8:30
NIGHT & DAY—13367 Euclid Ave. 8:30
RIVER TUESDAY—Rocky River Methodist, 19414 Detroit Road 3:30
SMITH-WILSON—St. Joseph's School, 9321 Orleans Ave. 8:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
VALLEY WOMEN'S DISCUSSION GROUP, 2nd and 4th Tuesday, 7100 Kinsman 7:00
WEST PARK—Puritas Lutheran Church, Puritas Ave. and W. 138th St. 3:30
ASHLAND, O.—First Presbyterian Church, 3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—Geneva, O. Methodist Church, So. Broadway. 1st Tue a 1:00
KIRTLAND, O.—Old South Ch. Rt. 806 8:30
LAKE COUNTY—Meth. Fellowship Hall, Rt 20-E. Southwood, Mentor. a:30
LORAIN CENTRAL—Lorain, O. Trinity Church 6a0
MANSFIELD—Episcopal Church, 41 Bowman St., Mansfield, O. 3:30 EST
MEDINA, O.—St. Paul's Epis. Par. Hse. 8:30
STREETSBORO, O.—Methodist Church, Intersection of Rte. 14 & Rte. 43 8:30
Strongsville—Methodist Ch., 13364 Pearl 8:30

WEDNESDAY

ANSEL—Lithuanian Hall, 6686 Superior Ave. I 3:00
BAXTER—St. John's Lutheran School, 6826 Cable 3:30
BEDFORD—Bedford Christian Church, Warrensville Center and Blaine 9:00
BRAINARD CIRCLE (Women's)—Trinity Ch., Brnd and Shaker & Gates Mills Blvd. 8:30
COLLINWOOD—946 E. 162nd St. 3:30
DOAN MEN—Church of the Covenant, 11206 Euclid Ave. 8:30
EASTSIDE MORNING—9606 Euclid Ave., Euclid Ave. Congre. (Side Ent.) 11 a.m.
EUCILD-WADE—13367 Euclid Ave. 8:30

GARFIELD—Pilgrim E. & R. Church, 4692 E. 131st St. 6:30
HAGUE—Grace Cong. Assembly Hall, West 65th and Colgate 3:30
LEE ROAD—St. Ann's Church Basement, Coventry & Cedar 9:00
LORAIN WEDNESDAY—Bosworth Road, Presbyterian Church, 3631 Bosworth 9:00
NO. OLMSTED—Epis'l Church of the Advent, 3760 Dover Cr. Rd., north of Lorain 9:00
PARMA HEIGHTS—All Saints Episcopal Church, 8911 Ridgewood Drive 8:30
PSYCHIATRIC HOSPITAL—1708 Aiken 8:30
ST. JAMES—St. James Church, E. 84th and Cedar 3:00
TWENTY-FOUR HOUR—1a216 Detroit, Church of the Ascension 3:30
WARRENSVILLE—Women's House Cor. 7:30
WEST SHORE—West Shore Unitarian, 20401 Hilliard Rd., Rocky River 3:30
WEST SIDE (Closed)—Twelfth Step Club, 6304 Detroit Ave. 8:30
ASHTABULA CY—Women, Harris Memorial, W. 63th & Adams, 2nd & 4th Wednesday 7:30
BRUNSWICK, O.—Cuyahoga Ass'n Bldg., Route 42, So. of 803 3:30
CHESTERLAND—Methodist Church, Mayfield Rd., Rte. 322 & Rte. 306 3:30
ELYRIA, O.—St. Paul Building, Third and Middle, side entrance 3:30
FAIRPORT HARBOR—Luther Center, Eagle St., Fairport Harbor 8:00
Farm—9438 Slagle, Rte SOS, Garrettsville 10:30
INTERRACIAL—30th & Wood, Lorain, O. 3:30
 Mt. Zion Baptist Church 3:30
LAKE COUNTY WOMEN—1st Presbyterian, 4786 Shankland Rd., Willoughby 1:00
LORAIN COUNTY WOMEN—Meth. Church, Rte. 264-1 block east of Rte. 67 1:00
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
SHEFFIELD LAKE, O.—St. Thomas School, Harris Road 3:30
WICKLIFFE—Wickliffe Presbyterian Church, E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal, Church, 16687 Euclid Ave. 3:30
ANGLE—St. Malachi & 2469 Washington 3:30
BAY WEST—Church of the Redeemer, 23500 Center Ridge Rd., Westlake 8:30
BROADWAY—56th—Our Lady of Lourdes School Hall, 3398 E. 66th St. 3:30
BROOKLYN—St. James Lutheran Church, 4781 Broadway, cor. Maynard 3:30
COVENTRY—Fairmount Praby. Church, Scarborough and Fairmount Blvd. 3:30
CROSSROADS—St. Luke's Episcopal, W. 73th St and Lake Avenue 9:00
EASTLAKE—Reformation Lutheran Church, 84300 Lake Shore Blvd. 9:00
EAST SHORE WOMEN—Richmond Library, 26151 Euclid Ave., Euclid, O. 8:15
GARDEN VALLEY—(Outhwaite) 7100 Kinsman Ave. 8:00
GOLDEN GATE WOMEN—Activities Center So. Euclid Meth. Ch., 1634 So. Green Rd. 8:30
LORAIN AVE.—THURSDAY—4470 Ridge Rd., Dr. Martin Luther Church 9:00
NIGHT & DAY—13367 Euclid Ave. 11 A.M.
NORTH RANDALL—Village W-V, 21937 Miles Ave. 9:00
ROCKY RIVER—Rockport Methodist Church, 3310 Wooster Road 9:00
ST. CLAIR—Nottingham Methodist Church, St. Clair & Melville 6:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction 8:00
WEST SIDE MORNING—W. 98th & Denison, Hungarian Lutheran Church 11 A.M.
AMHERST, O.—St. Peter's Church 8:30
ASHLAND—St. Matthew's Episcopal Church, Steamtown Rd., & Mifflin Ave. 8:00
ASHTABULA HARBOR—Bethany Luth'n Ch., Penn Ave., between W. 9 and W. 10 8:30
BEREA—Fine Arts Bldg., East Bagley Rd., Three doors east of Eastland 9:00
ELYRIA—St. Agnes Sch., Lake & Dewey 8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset 9:00
DISCUSSION—112 E. 19, Lorain, O. 10 A.M.
MAPLE LEAF—Congregational Church, Fellowship Hall, Burton, Ohio a:30
PAINESVILLE—Congregational Church, Educ. Bldg., Mentor Ave., Pville 3:30
TWINSBURG—Chrysler Union Hall 8:30
WILLARD, O.—United Bank Bldg. 3:30

FRIDAY

BROADWAY-HARVARD—8487 B'way 8:30
CEDAR—Salvation Army, 6006 Euclid 8:15
CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—425 Term. Twr. 6:00
EUCILD FRIDAY—Epiphany Church, Lake Shore & East 210th St. 9:00
FRIDAY P.M.—WOMEN—Plymouth Church, Krumbine Room, Coventry & Drexmore 1:00
GORDON SQUARE—St. Paul Com. Church, 4427 Franklin Blvd. 9:00
HEIGHTS—Closed Discussion, Christian Church, Van Aken & Avalon (rear) 3:30

HUDSON, O.—Closed meetings, Christ Church, 21 Aurora 8:30
LEE ROAD—American Legion Hall, Pat 163, 16644 Euclid Ave. 9:00
NORTH EAST—Tom House Hotel, 16361 Euclid Ave. 8:00
PARMATOWN MEN—Assembly Room, Parma Community Hospital 8:30
POSTOFFICE—4079A, Main Postoffice 8:00
SOLIDARITY—Friendly Inn Settlement, 2232 Unwin Rd. (off Quincey Ave.) 8:30
STELLA MARIS MIXED, 1320 Washington Ave. 8:15
WEST CLIFTON—Lkwd. Congregational Church, 1375 W. Clifton Road 0:00
AVON LAKE—First Congregational Church, a2301 Electric Boulevard a:30
BEREA—Social room of Berea Cong. Church, Seminary end Church 6:30
CHAGRIN FALLS—Federated Churches, 76 Bell Street 0:00
CHARDON—Pilgrim Christian Church, 113 South Street, Chardon, O. 8:30
CONNEAUT, O.—Methodist Church, Buffalo and Madison Sts. 8:30
MANSFIELD, O.—25 Mulberry 3:00 E.S.T.
WELLINGTON—St. Patrick's Catholic Church, No. Main St., Wellington, O. 8:30

SATURDAY

BAY VIEW—Bay View Hospital, 23200 Lake Ave., Bay Village 6a0
FOREST CITY—2126 Broadview Rd. 9:00
L.S.I.—17600 Broadway 8:30
LANDER CIRCLE—Garfield Mem. Methodist, Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK—Teamster's Hall, 2076 E. 22nd St at Carnegie 9:00
LEE-NEVILLE—1374 E. 51st St. 7:00
LEE-SEVILLE—New Home Baptist Church, Seville & Sunview Ave. 7:00
LIBERTY—946 E. 162nd St. 9:00
MAPLE HTS.—Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Windermere Presby. Ch., 14112 Euclid Ave. at Windermere 6:30
MEMPHIS—Lakewood Congregational Church, 1376 W. Clifton Cor. Detroit Ave. 9:00
NEWBURGH STATE HOSPITAL—Williams Bldg., Entrance at 4466 Turney Rd. 7:30
NIGHT & DAY—13367 Euclid Ave. 12 Midnight
NORWALK TRUCK LINES, 1147 E. 66th St. et Shore Drive 0:00
PLAINS—Plains Methodist Ch., Mentor, O., Rts. 306 and 233, Mentor, O. 9:00
PARMA—Third Federal Savings & Loan, 6960 Ridge Road 6:45
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church, 3626 W. 26th St. 9:00
VALLEY VIEW—Pilgrim Congr. Church, 2692 W. 14th. cor. Starkweather 9:00
ASHTABULA, O.—St. Peter's Epis. Church, Main Avenue at South Park 3:30
Lorain Discussion—Neighborhood House, 30th St. 10:00 a.m.
LORAIN SATNITE—7th and Reed St., St. Mary's Church Basement 1:30
MANSFIELD—20% S. Park a:00 EST
PARKMAN, O.—Congregational Church 8:30

SUNDAY

BEDFORD HEIGHTS—Village Hall, 6631 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church, Storer and Fulton (downstairs) 8:30
C.A.H.—13857 Euclid Ave. 10:45 a.m.
COLLINWOOD—946 E. 152nd St. 7:30
DETROIT SUNDAY—8304 Detroit Ave. 7:30
DISCUSSION—6700 Detroit Ave. 7:00
GARDEN VALLEY—Outhwaite, 7100 Kinsman Ave. 4:30
GRATEFUL—St. James Lutheran Church, 1424 Hayden, near Shaw 2:00
LAKEWOOD ARMORY, 1437 Wayne Ave., South of Detroit 9:00
MARSHALL—6200 Mayfield (east door) 8:00
MISTLETOE—St. Thomas Church, 9206 Superior Ave. 7:00
NRLA PARK—Cafeteria, Advertising Bldg., Nela Park, Noble Road 7:30
NEWBURGH—St. Catherine's Church, 3443 E. 93rd St. 3:30
SOUTHWEST SUNDAY—390 Fair St., Board of Education Bldg., Berea, O. 3:30
Superior Stag—2028% E. 106th 11:00 a.m.
WARENSVILLE—Cooley Farms, Recreation Room 10 A.M.
YOUR—Euclid Community House, 240 Briardale 7:15
AVON CENTRAL—Basement Central Bank, 36690 Detroit Rd., Avon, O. 8:00
CHIPPEWA-SEVILLE—E.V.F.W. Hall, Seville, O. 8:00
GENEVA, O.—Episc. Ch., 66 So. Eagle-7a0
GOLF LAKELANDS—Immaculate Conception Church, Hubbard Rd., No. Madison 8:00
LORAIN COUNTY CONSOLIDATED—St. John's Sch., 31 & Rt. 67, Lorain 7:30
MANSFIELD, O.—20 1/2 S. Park 3:00 EST
NEWBURY, O.—St. Helen's Church. a:15



SEEING AND SEEKING

About twenty years ago our late great friend the Rev. Maxfield Dowell told a group of us that "A man is what he sees". The full impact of that simple truth does not hit you at first. As you reflect, it becomes clear that a person cannot become something which he does not visualize. He must not only see his goal, but he must aspire to it.

Here is another way of reminding ourselves to keep our sights high and aspire to the best quality of life of which we are capable. We owe it not only to ourselves, but to the gracious Giver of our sobriety. We owe it as well, to the person we are trying to help. The power of our example based upon "what we really are", is by far more potent in Twelfth Step work than any conscious effort to help the other fellow.

During his libel suit against Ruskin, Whistler, the painter, was asked on cross-examination what one of his pictures represented. His prompt answer was, "That depends on who is looking at it". Aside from being a tart reply, this answer stated a great truth. What we see in anything depends in great measure on what we are, our experience and background, and above all our philosophy of life.

At first blush it might seem that Whistler and Dr. Dowell are in conflict. Are they? Surely there is truth in both statements. A man often sees what he wants to see, and often interprets things according to his settled beliefs and habits. When this kind of a stalemate arises in your life, then, you are in a state of arrested development. Since life is a moving experience, you cannot stand still, and when this status quo becomes chronic, the toboggan is your eventual destination. Could this be why so many old-timers find their interest in the fellowship waning?

The alternative lies in the question of your philosophy. Ours is all wrapped up in those Twelve Steps and Twelve Traditions. If we remain dedicated to the pursuit of the objectives clearly shown us, we can only move forward. Constantly new little goals will be achieved, and even more important, newer goals will reach our vision. We cannot merely observe life, we must participate in it. Life reveals its full significance not to the man who just observes, but to him who participates in the adventure of loving life and his fellow man.

What we are, plus what we believe, determines our response to life. That fortunate man, the happy old-timer, not only sees but he constantly seeks as well. The truth reveals itself only to him who seeks it passionately and persistently. And so one path is clearly indicated! if we are to achieve our maximum in a sober life of quality. We must broaden and heighten our scope of vision. We must be tolerant and open-minded in our interpretation. We must not only see but seek the highest goal we can possibly attain in all things. * *

If people would pray more and cuss less; give more and grab less; work more and worry less; love more and hate less; smile more and grumble less, then our social order would have more light and less heat in all human relations.

CREATION OF A DREAM

It happened at the Central Committee meeting on the evening of the first Tuesday of November, 1944. At this time there were 44 groups in the Cleveland area, and 37 members were present representing 23 groups. On this particular evening a restless and exciting atmosphere was quite noticeable. One member had trekked to this meeting all the way from Toledo. By the time the moderator called the meeting to order the room was already enveloped in one gray cloud from the smoking. The moderator again and again had to remind all present that the meeting had already been called to order, and even after the Serenity Prayer had been invoked and the reports of old business were being read, one could still hear a murmur of persistent whispering among the men and women seated.

Finally the moderator was able to have all the business reports given and now only one more report of old business was to be heard — that of the Hospital Committee. By this time the impatience and restlessness of most of the members was quite obvious. Not many seemed to know in reality the reason for the strange atmosphere of this evening. Rumors had been spread that a group of members, mostly old-timers, were considering proposing the affiliation of the A.A. fellowship to the Oxford Group. Others claimed they had heard that this same group wanted to have a screening committee to approve applications of new members. There seemed to be many different rumors as to what was about to be proposed. Two members were so incensed about all this uncertainty that they were willing to voice the opinion that it would be much better not to allow the group of agitators or reformers

to talk. It wasn't easy for the moderator to maintain quietness and proceed. Finally the turn to new business began.

One member, sitting back in a corner and of a rather unassuming appearance, requested to be heard on something in the area of new business. The moderator consented and this member, after giving his name and the group to which he belonged, slowly continued to say that he was speaking not only for himself but also for a number of other members. He said some of them were present and others were not, however, he said their names were Charles D., Dr. F. F., Cliff B., Paul J., Elmer L., Abby G., Kay H., Clarence S., John D., Jack D., Clarence W. and a few others whose names unfortunately cannot be found at this time. All present had their eyes and undivided attention fixed on the man talking, anxiously waiting for the bomb that was supposed to explode. The member on the floor went on to say that he, as well as most of the members whose names he had just mentioned, had driven to Akron for some time to attend meetings of the Oxford Group. This was before the actual birth of A.A. and, of course, the purpose of their interest in the Oxford Group had been the same interest in being now members of A.A. Practically all of these men had journeyed all the way to Akron meetings to acquire the sobriety they desired. However, he said there were many men and women here in need of our A.A. program and it was the idea of himself and the other men he represented that the Central

(Continued on page two)

**The world is full
of willing people
-some willing to
work and the rest
willing to let them!**



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Vol. 23

October, 1964

No. 1

MILL ENDS AND REMNANTS

Troubled voices crying from the wilderness, feet shuffling aimlessly in the shadows along the lonely road and the hopeless, helpless plaint of the practicing alcoholic have served to bring forcefully to memory the desperate plight that was ours when we called for help. Our voice was heard, our pathway lighted and our despair turned to hope.

It is not always so. Some are not as fortunate as we. On two occasions in the recent past we have heard the voices of helplessness crying from the wilderness of those who seek and search but who do not find because they cannot or will not accept their powerlessness.

One of these had been tendered help and love and guidance in AA. Yet cannot grasp or seems unable to grasp the simple truth that following admission, there needs to be surrender, complete surrender. The other voice in the wilderness is one conveyed by proxy for the owner of this voice has not acknowledged that alcohol is a problem, compounding problems, yet he, too, is seeking and searching for the release and peace that is the goal of all.

Yes both of these lonely, sick people are seeking and searching for the same things—release from their powerlessness and inner release! that they may cast out the deficiencies they know exist. And we know that these things come to pass through admission, believing and relinquishing. In these two people, as it was in ourselves, the roots have not died, they have not withered and are unurtured. Shall we lift our hearts in prayer for them and any others similarly troubled that they may be sustained until they may see and follow the glow of the path that has been lighted for us?

And as we pray for them, let us not forget the loving and compassionate folks to whom they are dear. It has been in profound discussion with these folks that we have become, more acutely than ever, aware of the hurts, the aches, the pains, the heartbreaks that the drinking alcoholic brings those dearest to him and to whom he is dear. Yes, we need pray for those in affliction and for those who have been affected.

So many, many hearts have need for prayer, by George!

GIGGLES

A spinster was shocked at the language used by workmen repairing a telephone line near her home, so she wrote the company. The foreman was requested immediately to make a full report of what had happened. The report read as follows:

"Me and Spike was on this job. I was up the pole and spilled hot lead on Spike—right down his neck. Spike looked up at me and said: 'Really, Harry, you must be more careful'."

* * * *

Reader: "So you made up all those jokes by yourself?"

Editor: "Yes—out of my head."

Reader: "You must have been."

* * * *

Drunk after bumping into the same tree three times: "Losht . . . Josht . . . in an impenetrable forest."

BE A BULLETIN ROOSTER. GET A NEW SUBSCRIBER YOUR SECRETARY HAS SUBSCRIPTION BLANKS

CENTRAL COMMITTEE

Moderator John B. presided at the September 1 meeting which was well represented.

Committee Reports: Public Relations Committee Chairman Howie L., announced that an Open Meeting will be held on Friday evening, October 30 in Teamsters Hall, 2191 E. 19th St., near Carnegie. Jack M. and Howie L., are choosing speakers who will discuss the importance and need of greater understanding of the A.A. program of alcoholic rehabilitation. Civic groups, judges, police, clergymen and social agencies will be invited to attend. The Hall will accommodate 250 persons. Three speakers were supplied during the past months to civic groups . . . Central Bulletin Editor Harry D. apologized for the several errors which appeared in the September issue and promised that future editions would be more carefully proof-read . . . Area Wide Meetings: Chairman Edward M., supplied notices on the September 20 meeting which will be held in the Euclid Community Center with Cliff M. of Hamilton, Ontario, Canada as guest speaker. He also announced that the next meeting would be held on Sunday, September 6 at 4:00 p.m. in Jordan Hall. The guest speaker will be a former Cleveland-popular Roy W. of Winnetka, Illinois, a former zealous member of the Doan Men's group. . . Hospital Chairman Dick B., reported that arrangements had been made for a meeting with the Administrator of Deaconess Hospital with two Eastside women and two Westside women on September 4 to discuss the possibility of hospitalization for women patients.

Two doctors from Bay View Hospital, Dr. Lasky and Dr. Blitz attended the meeting and gave highly interesting and fully informative talks on all phases of treatment of alcoholic patient. The procedure of admittance was thoroughly explained. Both doctors stressed the great importance of sponsor co-operation with the staff. Six internes are being trained at the hospital to understand the alcoholic and his problem. Women patients will be permitted to attend the Saturday night meetings if Doctors Lasky and Blitz approve.

On the subject of reviving the Refresher-Training meetings, the importance of proper sponsorship was emphasized. Secretaries should be carefully informed as to their duties in assigning calls for help. When asked how a call was processed by the Cleveland A.A. District Office, Dick P., the office secretary, responded by describing the procedure on calls which come to the office. After getting all pertinent information from the caller, the office staff calls the secretary of a group nearest to the caller's home and gives all the information received to the secretary. The office must assume, naturally, that the secretary will select the most able member of his group to make the call and follow through. A life may be at stake.

It was also agreed that the chairman of the several sub-committees of Central Committee continue to serve for a two month period to more fully acquaint the successor, with the operational procedure.

CREATION OF A DREAM

(Continued from page one)

Committee might take under study the establishment of a Central A.A. Office similar to that already functioning in Chicago.

-Cleveland A.A. District Office

(Continued in the next issue)

* * * *

No one is ever too old to learn, but many people keep putting it off.

OBITUARY

Willie Page, a six year member of the Garden Valley and Temple groups passed away on September 15 from cancer. The only survivor is his aged father to whom we offer our sincere condolences.

SPEAKING OUT

Many members of AA fumed with righteous indignation after reading the Saturday Evening Post's September 19 issue article titled "Alcoholics can be cured-despite AA." The article was written by a New York psychologist who claims to have devoted the past seventeen years to the problem of alcoholism, through research and psychology. He has even written a book to demonstrate that uncontrolled drinking can be and has been cured, not merely "arrested."

He claims to have attended about 500 AA meetings in over 40 states and a dozen countries, and over the years has arrived at the opinion that a disturbing change began to take place, insinuating that AA was becoming an instrument of bigotry and arrogant egotists.

He cites several instances of extremism of some over-enthusiastic zealots and judges our world-wide fellowship by their individual actions. He closes his eyes and ears to the fact that in every society, organization or group there always are a few extremists who distort the main image.

As he judges us in some areas of conduct, so may we also arch an eyebrow when we read further on in his article the following excerpts:

"While AA adherents battle scientific inquiry that does not fit AA's narrow theories, its chapters often attempt to assume total control of members' lives."

"Over the past 17 years I have treated more than 50 alcoholics who no longer need to attend meetings or receive treatment. Most important, over 20 of my patients have learned to drink normally, to use alcohol as a beverage, not a psychological crutch." (Hm! That's an average of three patients a year upon which he judges AA, isn't it?)

"After three months or so when the shakes have subsided and the cobwebs are beginning to clear, the recovered alcoholic should go ahead. He should not be taught that he must remain forever crippled and bound by the paralyzing concept "Once an alcoholic, always an alcoholic." It is at this point that the patient needs a different kind of understanding: an objective, dispassionate, clinical understanding that physicians, psychologists and pastoral counselors, not AA members, are trained to give. (Now **here's the clincher**) Only after he has undergone a rigorous and lengthy revision of his personality should he attempt to drink normally again, and then only if he desires to do so." (Thousands of people have tried this and if they survived, by the grace of God who gave them a second chance. Many, however, had their last chance.

The publishing of this article has accomplished one thing particularly that we should be grateful for. Upon sober reflection, we can envisage a new spirit in those members of AA who are resting on their oars, so to speak, being reluctant to go out on calls at the request of their group secretaries, or even to visit some patient at the request of a sponsor. They defend their stand by pointing out all that they had done in the past.

Every dedicated group Secretary should help change this by re-activating some of our many old timers. For the only way a recovered alcoholic can retain the gift that God gave him is to share it with others. It is in the sharing of it that its value increases.

As suggested by one group secretary, calls should only be entrusted to a member who has had at least two years of continued sobriety behind him and that in making a call he should take along one who has had 6 months or a year.

The best is none for good if only for the sake of changing the shocking image the misled doctor has conceived.

G I G G L E S

Watch out for details — few persons, if any have ever stumbled over a mountain, but many have tripped over a molehill.

The only time some people have a glowing personality is when they are lit up. * * *

It was midwatch, and an inebriated sailor came staggering up the gangplank. He teetered and fell into the greasy, black water below.

"Man overboard!" shouted the O.O.D.

A voice came drifting out of the murky darkness below, "Where is he? I'll get him while I'm down here!"

DATES TO REMEMBER

October 4-Fall Meeting of B.B. of A.A. in the Ohio State Penitentiary, Columbus, Ohio. The A.A. meeting will be at 12 noon. Guests (male only) must assemble at 11:30 a.m. Following the meeting, the B.B. of A.A. business meeting will be held at 2:30 p.m. in the Good Samaritan Inn, 308 East Town Street, Columbus. For further information, call Edward S. at WI 1-5439 or Fred F. at RA 1-9674.

October 11-Special meeting of all old and new General Service Representatives (see Mill Ends and Remnants) and Committee Members of the Northeastern Ohio General Service Committee: 3:00 p.m., American Legion Hall, Brecksville, Ohio.

October 16-17-18—Buffalo Fall Conference in Hotel Buffalo. Discussing "Our Primary Purpose", will be a panel of Cleveland area speakers: Moderator, Bill H., Dayton; Speakers, Tom McG., Edgelake; Henry W., Euclid-Wade; Bruce M., Akron and Warren C., Sr., North Canton. Warren will also be the Banquet speaker.

October 17—Laurel group Dance in Brooklyn High School Cafeteria, 9500 Biddulph Road from 8 p.m. to 1 a.m. Admission is \$1.50. There will be refreshments and door prizes.

October 18-Twenty-fourth Anniversary of the Toledo groups in Commodore Perry Hotel at 2 p.m., with Henry W., Cleveland Euclid-Wade as guest speaker.

October 25-Garden Valley Alanon Anniversary.

October 26—Twenty-third Anniversary of the W.25th Street group in United Church of Christ, 2409 Willowdale at 9 p.m. A panel of old timers will warrant your presence.

October 26-Third Anniversary of the Sunny Monday Women's group at 713 East Sprague Road at 12:30 p.m. (noon). The guest speaker will be Mary Ann K. of the Independence group.

October 30-Public Information Meeting in Teamsters Hall, 21.91 E. 19th Street at Carnegie at 8:30 p.m.

November 11-General Service Assembly.

November 15-GRATITUDE SUNDAY Meeting sponsored by the Northeastern Ohio General Service Committee and its General Service Representatives: 3:00 p.m., St. John's School Hall, Canton, Ohio, with Canton Area GSRs serving as your hosts. Speaker: Bill G., Salem, Indiana, Delegate from State of Indiana to the General Service Conference.

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building* 2063 E. 4th St., is open weekdays from 9 a.m. to 5 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

ALANON GROUP MEETINGS

Alanon Answering Service — Call SU. 1-5185

ASHTABULA—Harris Memorial W. 68 & Adams...1st & 3rd Mon., 8:30
 BROOKPARK-PARMA-Redeemer Lutheran, 6151 Smith . . . Mon., 8:30
 LAKEWOOD—Lakewood Presbyterian, Detroit Ave. at Marlowe Mon., 8:30
 EUCLID-Christian Church, 28001 Lake Shore Blvd. Tues., 8:30
 GARFIELD HEIGHTS-Garfield Hts. City Hall, 6665 Turney, Tues., 8:30
 SUBURBAN WEST-Our Savior Luth'n Church, 20300 Hilliard, Tues., 8:30
 MAPLE HEIGHTS-Presbyterian Church, 15715 Libby Rd. Tues., 8:30
 BETHANY—Bethany Presbyterian Church, W. 65th & Clinton. Wed., 8:30
 BROADWAY—Newburgh Recreation, 8437 Broadway Wed., 8:30
 FAIRPORT HARBOR-Luther Center, Eagle st. Wed. 8:00
 LORAIN AVE-Dr. Martin Luther Church, 4470 Ridge Rd. Thurs., 9:00
 E. CLEVELAND—YWCA, Lee Boulevard and Euclid Fri., 1:30
 CHARITY—St. Vincent's Charity Hospital, E. 22nd & Central. Fri., 8:30
 CHARLTON—Pierim Christian Church, 118 South St. Fri., 8:30
 LORAIN COUNTY-Luth. Church, 3334 Wilson Lorain, O., Thur. 8:30
 ELYRIA, O. Woodbury St. off Cleveland St., Sat., 8:30
 VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed Sun., 4:00

CLEVELAND AREA A A G R O U P MEETINGS

MONDAY

BORTON-Z. Cleveland Congrega. church
Page and Euclid Ave. 8:30
BROOK PARK-Redeemer Lutheran Church.
6151 Smith Road, Brook Park 8:30
EARLY-EARLY-Baptist Church
1740 a 17th St., Corner Walnut 7:30
EDGELAKE-Faith Lutheran Ch., Lakewood,
Woodward & Hilliard (Wdward. Ave. ent.) 8:30
FRIENDLY SUBURBAN-8087 Pearl 8:30
FRIENDSHIP-Bldv. Presbyterian Ch.
24690 Lake Shore Blvd., Euclid. O. 8:30
LAKEWOOD MEN'S-St. Peter's Episcopal,
W. Clifton and Detroit 8:30
LZE MONDAY-Fir & Presbyterian Ch.,
East Cleveland, Nela and Euclid 8:30
LORAIN AVE.-St. Ignatius Hall,
Lorain Ave. at West Blvd 8:30
ORCHARD GROVE-St. Mark's Church,
16306 Trisket Road 8:30
PEARL-St. Mary's Sch., 4600 State Rd. 8:30
RAMONA-0721 Ramona Blvd 8:30
SHAKER-Christ Episcopal Church,
3446 Warrenville Center Rd. 9:00
SUNNY MONDAY WOMEN-713 E. Sprague
Rd., off Route 21, Seven Hills 12:30
SOUTH EAST-7626 Broadway 8:30
TEMPLE-Fatima Hall, 6914 Lexington 8:15
W. 25th ST.-United Church of Christ,
2409 Willow & 1st Ave. 9:00
WOMEN'S (Westside)-West Blvd., Christian
Church, Madison & W. 101st St 8:15
ELYRIA MEN-St. Agnes, Lake & Dewey 8:30
Mixed Discussion 10:00 a.m.
JEFFERSON, O.-St. Joseph's Church 8:30
LEROY-BRAKEMAN-Leroy Grange Hall
Brakeman Rd. off Rte. 86-Painesville 8:30
VERMILION-Congregational Church 8:30
WILLOUGHBY, O.-Ffnt Presbyterian
Church, 4786 Shankland Rd. 1:30

TUESDAY

BRECKSVILLE V. A. HOSPITAL
10000 Brecksville Rd., Brecksville, O. 7:30
CLARK-1917 Clark Ave. 8:30
CORLETT MIXED-Holy Family Parish
Hall, 3845 E. 181st St. 8:30
CRANEING ST.-28707 Euclid, Wickliffe 8:00
EASTSIDE WOMEN-Y.M.C.A., Room 6,
Lee Road at Euclid 8:15
EUCLID MORNING-Euclid Christian Ch.,
Lake Shore Blvd & E. 280th St. 10:30 a.m.
FAIRMOUNT-St. Paul's Episcopal,
Fairmount and Coventry 9:00
FAIRVIEW PARK-Fairview Grace
Church, W. 224th and Lorain Ave. 8:30
FALES-Community Church, Olmsted Falls,
7555 Main St. (Columbia Rd.) 9:00
GARFIELD TUES.-Garfield Hts. City Hall
6666 Turney Road 8:30
HILLTOP-St. Joseph's Seminary,
17608 Euclid Ave. 8
LAUREL-Brooklyn High School Cafeteria,
9400 Biddulph Rd. (Parking, W. 96th) 8:45
MAY-LYND-E. Cleveland Savings & Loan,
6816 Mayfield Road 8:30
MILES-LEE-St. Mary's Church,
4070 E. 142nd St. 8:30
NIGHT & DAY-13867 Euclid Ave. 8:30
RIVER TUESDAY-Rocky River Methodist,
1944 Detroit Road 8:30
SMITH-WILSON-St. Joseph's School,
9821 Orleans Ave. 8:30
SUPERIOR-North Presbyterian Church,
E. 40th and Superior 8:30
TRUSTY-Cleveland House of Correction,
1000 ft. east of House of Correction 8:30
VALLEY WOMEN'S DISCUSSION GROUP,
2nd and 4th Tuesday, 7100 Kinsman. 7:00
WEST PARK-Puritas Lutheran Church,
Puritas Ave. and W. 138th St. 8:30
ASHLAND, O.-First Presbyterian Church,
3rd & Church Sts 8:00 ZST
ASHTABULA CONSOLIDATED-Genera. O.
Methodist Church, So. Broadway, 1st Tue 8:30
RIRTLAND, O.-Old South Ch. Rt. 306. 8:30
LAKE COUNTY-Meth. Fellowship Hall,
Rt. 20-E. Southwood, Mentor 8:30
LORAIN CENTRAL-Lorain, O.,
Trinity Church 8:30
MANSFIELD-Episcopal Church,
41 Bowman St., Mansfield, O. 8:30 EST
MEDINA, O.-St. Paul's Epis. Par. Hse. 8:30
STRETSBORO, O.-Methodist Church,
Intersection of Rte. 14 & Rte. 43 8:30
Strongsville-Methodist Ch., 13354 Pearl 8:30

WEDNESDAY

ANSEL-Lithuanian Hall,
6836 Superior Ave. 8:30
BAXTER-St. John's Lutheran School,
6826 Cable 8:30
BEDFORD-Bedford Christian Church,
Warrensville Center and Blaine 9:00
BRAINARD CIRCLE (Women's)-Trinity Ch.
Br'nrd at Shaker & Gates Mills Blvd. 8:30
COLLINWOOD-946 E. 152nd St. 8:30
DOAN MEN-Church of the Covenant
11206 Euclid Ave. 8:30
EASTSIDE MORNING-9606 Euclid Ave.,
Euclid Ave. Congre. (Side Ent.) 11 a.m.
EUCLID-WADE-13857 Euclid Ave. 8:30

GARFIELD-Pilgrim Z. & R. Church,
4692 E. 131st St. 8:30
HAGUE-Grace Cong. Assembly Hall,
West 66th and Colgate 8:30
LZE ROAD-St. Ann's Church Basement,
Coventry and Cedar 9:00
LORAIN WEDNESDAY-Bosworth Road,
Presbyterian Church, 3631 Bosworth 9:00
NO. OLMSTED-Epis'l Church of the Advent
3760 Dover Ctr. Rd., north of Lorain 9:00
PARMA HEIGHTS-All Saints Episcopal
Church, 8911 Ridgewood Drive 8:30
PSYCHIATRIC HOSPITAL-1708 Aiken 8:30
ST. JAMES-St. James Church,
E. 84th and Cedar 8:00
TWENTY-FOUR HOUR-13218 Detroit,
Church of the Ascension 8:30
WARRENSVILLE-Women's House Cor. 7:30
WEST SHORE-Wat Shore Unitarian,
20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)-Twelfth Step Club
8304 Detroit Ave. 8:30
ASHTABULA C'Y Women, Harris Memorial
W. 68th & Adams, 2nd & 4th Wednesday 7:30
BRUNSWICK O.-Cuyahoga Ass'n Bldg.,
Route 42, So. of 303 8:30
CHESTERLAND-Methodist Church
Mayfield Rd., Rte. 322 & Rte. 306 8:30
ELYRIA O.-St. Paul Building,
Third and Middle, side entrance 8:30
FAIRPORT HARBOR-Luther Center,
Eagle St., Fairport Harbor 8:00
Farm-9438 Slagle, Rte 303, Garrettsville 10:30
INTER-RACIAL-30th & Wood, Lorain, O.,
Mt. Zion Baptist Church 8:30
LAKE COUNTY WOMEN-1st Presbyterian,
4786 Shankland Rd., Willoughby 1:00
LORAIN COUNTY WOMEN-Meth. Church,
Rte. 254-1 block east of Rte. 67 8:30
MANSFIELD, O.-20 1/2 S. Park 8:00 EST
SHEFFIELD LAKE, O.-St. Thomas
School, Harris Road 8:30
WICKLIFFE-Wickliffe Presbyterian Church,
E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE-St. Paul's Episcopal,
Church, 16837 Euclid Ave. 8:30
ANGLE-St. Malachi's, 2469 Washington 8:30
BAY WEST-Church of the Redeemer,
23500 Center Ridge Rd., Westlake 8:30
BROADWAY-55th-Our Lady of Lourdes
School Hall, 8898 E. 66th St. 8:30
BROOKLYN-St. James Lutheran Church,
4781 Broadview, cor. Maynard 8:30
COVENTRY-Fairmount Presby. Church,
Scarborough and Fairmount Blvd. 8:30
CROSSROADS-St. Luke's Episcopal,
W. 78th St. and Lake Avenue 9:00
EASTLAKE-Reformation Lutheran Church,
34300 Lake Shore Blvd. 9:00
ASHTABULA SHORE WOMEN-Rebmond Library,
26151 Euclid Ave., Euclid. O. 8:15
GARDEN VALLEY-(Outhwaite)
7100 Kinsman Ave. 8:00
GOLDEN GATE WOMEN-Activities Center
So. Euclid Meth. Ch., 1634 So. Green Rd. 8:30
LORAIN AVE., THURSDAY-4470 Ridge Rd.,
Dr. Martin Luther Church 8:00
NIGHT & DAY-13867 Euclid Ave. 11 A.M.
NORTH RANDALL-Village Hall,
21937 Miles Ave. 9:00
ROCKY RIVER-Rockport Methodist
Church, 3310 Wooster Road 9:00
ST. CLAIR-Nottingham Methodist Church
St. Clair & Melville 8:30
TRUSTY-Cleveland House of Correction,
1000 ft. east of House of Correction. 8:00
WEST SIDE MORNING-W. 98th & Denison,
Hungarian Lutheran Church 11 A.M.
AMHERST, O.-St. Peter's Church 8:30
ASHLAND-St. Matthew's Episcopal Church
Steamtown Rd., & Mifflin Ave. 8:00
ASHTABULA HARBOR-Bethany Luth'n Ch.
Penn Ave., between W. 9 and W. 10 8:30
BEREA-Fine Arts Bldg., East Bagley Rd.
Three doors east of Eastland 9:00
ELYRIA-St. Agnes Sch., Lake & Dewey 8:30
INDEPENDENCE, O.-St. John's Lutheran
Hall, Second and Sunset 9:00
DISCUSSION-112 E. 19, Lorain, O. 10 A.M.
MAPLE LEAF-Congregational Church,
Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE-Congregational Church,
Educ. Bldg., Mentor Ave., Pville 8:30
TWINSBURG-Chrysler Union Hall 8:30
WILLARD, O.-United Bank Bldg. 8:30

FRIDAY

BROADWAY-HARVARD-8437 B'way 8:30
CEDAR-Salvation Army, 6006 Euclid 8:15
CHARITY-Amphitheatre, 6th Floor,
St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN-426 Term. Twr. 6:00
EUCLID FRIDAY-Epiphany Church,
Lake Shore & East 210th St. 9:00
FRIDAY P.M. WOMEN-Plymouth Church
Krumbine Room, Coventry & Drexmore 1:00
GORDON SQUARE-St. Paul Com. Church,
4427 Franklin Blvd. 9:00
HEIGHTS-Closed Discussion, Christian
Church, Van Aken & Avalon (rear) 8:30

HUDSON, O.-Closed meetings.
Christ Church, 21 Aurora - 1:30
LEE ROAD-American Legion Hall,
Rat 188, 16644 Euclid Ave. 9:00
NORTH EAST-Town House Motel,
16661 Euclid Ave. 8:30
PARMATOWN MEN-Assembly Room
Parma Community Hospital 8:30
POSTOFFICE-4079A, Main Postoffice 8:00
SOLIDARITY-Friendly Inn Settlement,
2232 Unwin Rd. (off Quincy Ave.) 8:30
STELLA MARIS MIXED
1320 Washington Ave. 8:15
WEST CLIFTON-Lkwd. Congregational
Church, 1376 W. Clifton Road 9:00
AVON LAKE-First Congregational Church,
32801 Electric Boulevard 8:30
BEREA-Social room of Berea Cong.
Church, Seminary and Church 8:30
CHAGRIN FALLS-Federated Churches,
76 Bell Street 9:00
CHARDON-Pilgrim Christian Church,
113 South Street, Chardon, O. 8:30
CONNEAUT, O.-Methodist Church,
Buffalo and Madison Sts. 8:30
MANSFIELD, O.-25 Mulberry 8:00 E.S.T.
WELLINGTON-St. Patrick's Catholic
Church, No. Main St., Wellington, O. 8:30

SATURDAY

BAY VIEW-Bay View Hospital,
23200 Lake Ave., Bay Village 8:30
FOREST CITY-2126 Broadview Rd. 9:00
L.S.I.-17600 Broadway 8:30
LANDER CIRCLE-Garfield Mem. Methodist,
Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK-Teamster's Hall,
2076 E. 22nd St. at Carnegie 9:00
LEECE-NEVILLE-1374 E. 61st St. 7:00
LEE-SEVILLE-New Home Baptist Church,
Seville & Sunview Ave. 7:00
LIBERTY-946 E. 152nd St. 9:00
MAPLE HTS.-Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT-Windermere Presby. Ch.
14112 Euclid Ave. at Windermere 8:30
MEMPHIS-Lakewood Congregational Ch.,
1376 W. Clifton cor. Detroit Ave. 9:00
NEWBURGH STATE HOSPITAL-Williams
Bldg., Entrance at 4666 Turney Rd. 7:30
NIGHT & DAY-13867 Euclid Ave. 12 Midnight
NORWALK TRUCK LINES-
1147 E. 66th St., at Shore Drive 9:00
PLAINS-Plains Methodist Ch., Mentor, O.,
Rts. 306 and 283, Mentor, O. 9:00
PARMA-Third Federal Savings & Loan
6960 Ridge Road 8:45
REDWOOD-Euclid Lutheran Church,
E. 260th and Oriole 8:30
TRINITY-Trinity Evangelical Church,
3626 W. 36th St. 9:00
VALLEY VIEW-Pilgrim Congr. Church,
2692 W. 14th. cor. Starkweather 9:00
ASHTABULA, O.-St. Peter's Epis. Church,
Main Avenue at South Park 8:30
LORAIN SATNITZ-7th and Reed St.,
St. Mary's Church Basement 8:30
MANSFIELD-20 1/2 S. Park 8:00 EST
PARKMAN, O.-Congregational Church 8:30

SUNDAY

BEDFORD HEIGHTS-Village Hall,
6661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE-Blessed Sacrament Church,
Storer and Fulton (downstairs) 8:30
C.A.H.-13857 Euclid Ave. 10:45 a.m.
COLLINWOOD-946 E. 152nd St. 7:30
DETROIT SUNDAY-8304 Detroit Ave. 7:30
DISCUSSION-6700 Detroit Ave. 7:00
GARDEN VALLEY-Outhwaite,
7100 Kinsman Ave. 4:30
GRATEFUL-St. James Lutheran Church,
1424 Hayden, near Shaw 2:00
LAKEWOOD ARMORY-
1437 Wayne Ave., South of Detroit 9:00
MARSHALL-6200 Mayfield East entr. 8:00
MISTLETOE-St. Thomas Church,
9206 Superior Ave. 7:00
NELA PARK-Cafeteria, Advertising Bldg.,
Nela Park, Noble Road 7:30
NEWBURGH-St. Catherine's Church,
3443 E. 93rd St. 8:30
PURITAS-Church of the Ascension
14048 Puritas Ave. 8:30
SOUTHWEST SUNDAY 390 Fair St.
Board of Education Bldg., Berea, O. 8:30
Superior Stag-2028 1/2 E. 105th 11:00 a.m.
WARRENSVILLE-Cooley Farms,
Recreation Room 10 A.M.
YOUR-Euclid Community House,
240 Briardale 7:15
AVON CENTRAL-Basement Central Bank,
36690 Detroit Rd., Avon, O. 8:00
CHIPPEWA-SEVILLE-V.F.W. Hall,
Seville, O. 8:00
GENEVA, O.-Episc. Ch., 66 So. Eagle 7:30
GOLF LAKELANDS-Immaculate Conception
Church, Hubbard Rd., No. Madfeon 8:00
LORAIN COUNTY CONSOLIDATED-
St. John's Sch., 81 & Rt. 67, Lorain 7:30
MANSFIELD, O.-20 1/2 S. Park 8:00 ZST
NZWBURY, O.-St. Helen's Church 8:15



ONE MAN'S GRATITUDE

Come next January it will have been five years since the passing of the former author of this column. Since he was a talented, sensitive professional writer, being his successor was an awesome challenge to a rank amateur, even on a temporary basis. What was to have been a short probationary period of a few months, has been extended through the years and deserves comment.

First of all came the terror of wondering how it would be possible to dream up a subject each month. Then recognizing that thousands would read the words, it seemed like leading a meeting in print, a frightening prospect in itself. The result was a deep sense of responsibility and a serious determination to be careful.

The worry about subjects proved unjustified. There *is* so very much involved with the remarkable philosophy propounded by our Twelve-Steps, and in its practicable operation as it is lived by so many in their own individual ways, that the words seem full of interesting things about which to write. The main problem has seemed to be the compression of these discussions into five hundred words each month. Even this question has been solved several times by a series of columns on the same subject.

The quality of the product can best be judged by the consumer. No literary critic is needed here. A superb bit of writing would mean nothing unless it helped some of you. Guarding against negative reaction is also important. No one should be deflected by a bit of careless writing, in the maintenance of sobriety or the pursuit of a more productive life. Based upon reactions expressed, it would seem that a few of these columns have rung the bell. This has been sneer luck, nothing more. The rest have varied in their mediocrity, have apparently helped a few, and judging by reports have hurt no one.

Where do the ideas come from? They come from more careful and serious study of the Twelve Steps, more careful observation of people in our fellowship, discussions with many of them as well as friends on the outside, which are challenging and which induce more profound thought and meditation than might otherwise obtain. Often the idea may develop by reason of some statement or act by someone "off the beam". At one time or another, all of us have been genuinely helped by seeing or hearing some one temporarily off course.

The title to this specific column denotes its most important purpose. This writer wishes to express gratitude, the kind that words will really not describe, for the opportunity and responsibility of this column. It has induced a seriousness and determination to learn the full significance of our miraculous fellowship, and its way of life. The fixed requirement for so many words once each month has provided a badly needed discipline. It is just what the doctor ordered for this author at least. Since words are inadequate, I pledge the demonstration of this gratitude by continuous effort to improve the product.

If you wisely use the present to plan your future, you may never regret your past.

ONE BAD APPLE

"Evil communications corrupt good manners"
(1 Cor. 15.33).

In an orchard from which 12,000 barrels of apples are shipped every year one individual apple does not seem worth thinking about. Yet in such an orchard the foreman of the packing force made a determined search for one apple.

"We've got to find it!" he declared

The men soon learned that the apple was in one of two barrels that had just been headed up. Into the first went a packer; he took out one layer and another, on through half the barrel before the desired apple appeared.

"See!" cried the foreman, turning the fruit bottom up. "Note that speck of rot? That's why I was so insistent."

One of the pickers had found the apple on the ground. It was a large and well-shaped winesap, and it weighed half an ounce more than the biggest apple ever found in that orchard; but it was a windfall and was bruised. "These barrels go into cold storage," explained the foreman. "They are for late winter and early spring trade and will bring high prices. That speck of rot would have spread on that apple, and then would have infected others near by. The whole barrel of apples might have been ruined before the retailer could dispose of them."

So should we cope with bad habits. Run down that evil trait. Its infection will spread. Summary treatment *is* the cure. That is the teaching not only of religion but of psychology. Go to the bottom of the barrel if necessary.

The above article appeared in the *Youth's Companion*, and it gives us our theme for this column.

One "bad apple" in any group can have a devastating effect on its members, particularly on the new ones coming in, but also on some who come to meetings to be entertained, refuse to go out on Twelve Step calls and often are so "anonymous" that they even deny that they're members of A. A.

Every group secretary should be on the alert for any signs of "bad apples" in his group and should not hesitate to voice his disapproval, as well as getting vocal support from other loyal members of his group.

Every group should be constantly aware of the privilege of its members' A. A. enlightenment. With this enlightenment goes a responsibility and warning . . . it must be explored, *studied* and *practiced!*

Our A. A. muscles must be used and exercised *daily*, not just once a week at meetings. Not merely listening, but searching, re-reading the Big Book, re-studying the Twelve Steps, and by all means, re-reading the Twelve Traditions and applying the Four Absolutes in every area of our lives.

Throw out the bad apples. They can ruin your group's value . . . and future.

It is a wise plan to let the cat out of the bag yourself. Otherwise, the neighbors will do it for you and by that time the cat may have kittens.

People see you
in a different
light when you
are lit up.

-Wall Street Journal



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WHAT ARE TRUSTEES ANYWAY

Right after the first A.A. members put their experience on paper (THE BIG BOOK) so it could be shared with far-away alcoholics, they entrusted it to a non-profit foundation.

The foundation is now called the General Service Board, and its members (trustees). Ten of them are non-alcoholics and nine are members of A.A.

Each of these "trusted servants" spend about 14 days in New York every year to do his A.A. job. All serve without pay. (This is truly minimum time).

They are directly responsible to the A.A. Groups to whom they report each year at the General Service Conference.

As trustees they are expected to see that A.A.'s world center of communication G.S.R. really serves the Groups and other alcoholics on the up and up. They are custodians of funds received, of the Twelve Steps and Traditions, and are the "legal guardians" of the Alcoholics Anonymous. They have no power over any A.A. member or group. They endeavor to keep the A.A. name from being drawn into public brawls, and to protect the anonymity of A.A. members everywhere.

AN INVENTORY

The things that people think you are are very changeable and are subject to the whims and fancy of your friends, to the machinations of your foes, and to the sudden turns of fortune. Reputation is very fickle. People build it largely out of their own minds, and reconstruct it to suit their pleasure. The thing you really are, however, changes only as you strive to improve it, or as you permit it to deteriorate.

The thing that you pretend to be can be put on and off at will. It is like a garment that may be worn or cast aside as the occasion demands. It is quite different from the thing you really are. You cannot get away from that. It clings more closely than a shadow. It is with you in darkness as well as daylight. You should be particular about what you really are, because you cannot avoid living with yourself. It is no wonder that some people cannot bear to live with themselves.

The world sees only the mask you wear. It hears the words you speak, looks at your attire, observes your actions and knows your mannerisms, but it is never quite certain what you really are. It may have its opinion, but it has no final knowledge. Just suppose all of the outward trappings and artificial distinctions were removed, and you stood forth without respect, rank or position; how much of you would remain? Only you and God knows.

Your friends know you for what you seem to be. Your community accepts you for the place you hold in life. The world rates you at the estimates and appraisal of men. But, God gives you credit for exactly what you are.

How do you get along with what is really you? What do you make of it? How honest are you with yourself? The answers to these questions are the measure of your success or failure in life. What you really are, is your personal contribution to the world and to God. It is the part that you have played in the making of time and eternity. The chaff on reputation will be blown aside, but the reality of selfhood is an everlasting thing.

—Clarence F., *Inter-Group News*, Akron, O.

CENTRAL COMMITTEE

Thirty groups were represented at the October 6th meeting.

Chairman Ed M. of the Area-Wide Meeting reported a loss of \$8.60 from the September meeting. Attendance was only 135, about one-third of what was expected. He also announced that the December meeting would be addressed by W. Roy W., Winnetka, Illinois, an early Cleveland A. A. who contributed much to the early growth of the Fellowship and who is also very active in the Chicago area. The December Area-Wide Meeting will be held in the Nurses' Auditorium of Charity Hospital.

Chairman Jim S., of the Hospital Committee reported having received a new pamphlet from G. S. O. and presented it to the Board of Directors of Deaconess Hospital. (It is also available for any of our other hospitals.) He reported no success in interesting the hospital as yet in establishing a Women's Alcoholic Ward at Deaconess, however, they are still giving it consideration. He also reported that Charity, Stella Maris and Bay View have expressed disappointment in lackadaisical sponsorship, and urged that something be done to improve the situation.

Moderator John B. reported that four Refresher-Training meetings have been held in the Parma group at which Sponsorship and the Twelve Steps have been discussed. Tom S. voiced an opinion that the title was a misnomer and should be changed, but Ed M. insisted that it had followed a regularly used given format.

Chairman Gene C., reported that on his last visit to Rosary Hall, he found, among the most card notices on the the Bulletin Board, six-from groups giving the last names of scheduled speakers. Minnie S. argued that it was not out of order, as it did not have A. A. on it. Referred to the Action Committee.

Public Information Committee chairman Howie L., not able to attend the meeting, came early and left his report on the blackboard which stated that the next meeting will be on Friday, October 30th at 8 p.m. in Teamsters' Hall 2191 E. 19th St. to acquaint public officials an A. A. Speakers will be Tom V., Dr. Lasky and an A. A. member, non-professional.

In a discussion on Sponsorship, Nelie F. suggested that speakers selected should be highly qualified, and that one of them should have at least two years of continued sobriety and one at least six months.

HUMILITY

Humility—the most misunderstood virtue in the Fellowship of AA. To many AA's the word "humble" evokes a picture of a plain dressed self-deprecating person, admitting to the possession of no particular talent; usually taking the last, inconspicuous place and being a door-mat for everyone.

This certainly is not a true picture of a humble person.

No, if you are looking for a person who has true humility in the fellowship of AA, look for a person who is at ease with God, his fellow alcoholics and with himself. He does not try to ingratiate himself with the famous or the wealthy. He has developed great tolerance patience and understanding with the ignorant, the flighty and the irresponsible.

He is generous with his time and his talents and his material things. Why? Because he knows he must answer to God for the use of the gifts. He has intrusted to him and to whom he must give an accounting.

He is compassionate and patient toward the occasional "slipper", for he is constantly aware of the fact that he has been given a great measure of grace.

He has found the miracle of joyous living in giving! In giving of himself without any hope for material reward, he has found the secret of a humble, yet happy life — the more you give of yourself unselfishly in helping others, your reward is a peace of mind past describing.

May all of us remember this peace of mind will only remain as long as we remain humbly aware of the real source of the priceless gift — God. — Source Unknown

CREATION OF A DREAM

(Continued from the October issue)

The story so far: A Central Committee meeting took place on the first Tuesday of November, 1944 when the project of an A. A. Downtown Office was first brought up.

This member had expressed an idea of a project with no more proof or guarantee for success than the vision and faith of a handful of men. Even before he had found a comfortable position back in his chair, practically every member's hand was raised requesting the floor. After a very prolonged discussion the assembly became divided into two camps — those in favor of the project, and the other side against. After almost three and a half hours of debate, a motion was made and carried that the Central Committee appoint a committee to formulate a plan as to how the establishment of a District Office could be carried out.

In December of 1944 a letter was drafted and sent to each member through the group secretaries. The message was a plea for volunteer contributions to establish an office in the downtown area, and the response to this call for help was far more encouraging than was expected. On Tuesday, January 16th, a meeting was held at the Cleveland Hotel to elect the first administrative body to open and guide the functions of a Downtown A. A. District Office.

Members elected to the first Operating Committee were Jack D., Paul J., Charles D., Dr. F. F. and Cliff B. Three members were elected to the Nominating Committee. These were Dick S., Elmer L. and Abby G. On this date, January 16th, the Finance Committee reported that about 200 members had contributed \$3,600. and many pledges had been made to be paid as soon as the office was open.

In our last article on the chronology of the Cleveland Alcoholics Anonymous District Office detailed information will appear on the performance of this center of A. A. communication.

Some of the men and women who pioneered in the establishment of a Downtown Office are now deceased, others are still with us. At this time all in the Cleveland area A. A. Fellowship would like to express their profound gratitude for all the time and energy these members contributed to the creation of their dream.

The final article of this series will appear in the January, 1965 issue.

BOUND BULLETINS

A limited number of bound Central Bulletins containing Volumes XXI and XXII (October 1962 to September 1964) will be available on December 1st. The cost of each is \$5.90. Payment must accompany each order.

CHRISTMAS GIFT

An ideal Christmas gift (in our opinion) for a sponsor to give his newest "baby" would be a year's subscription for the Central Bulletin. Not only would the recipient be able to read some good A. A. thoughts each month, but would also possess up-to-date group listings in the county area, plus the monthly speaker's list information.

Your group secretary has order blanks available.

PLEASE! PLEASE! PLEASE!

Over forty of the October issue of Central Bulletin were returned because of change of address, many of them with a rubber stamp "Left no forwarding address".

For every one returned, we must pay 8 cents, plus an added five cents to mail it to the new address, if the post office is made aware of it, plus 15 cents for a new address stencil.

Remember also that our bulk mailing privilege does not include forwarding any misaddressed issue. Third Class Mail is NOT forwarded!

We would appreciate your co-operation.

A RIDDLE

One of our members is unable to observe his first anniversary until 1968! He has to wait three more years without a slip, nor does he expect to have one.

See the December issue for the answer to this riddle.

DATES TO REMEMBER

November 3—The first Sponsorship Refresher Meeting at the Night & Day Hall, 13857 Euclid Avenue at 7:00 p. m. sharp for a one-hour session. The panel's meeting is open to all groups and should be a **must** for all secretaries. So they can explain procedure to their members.

November 3—Ashtabula Consolidated meeting in the Methodist Church, on South Broadway, Geneva, Ohio at 8:30 p. m.

November 9—Twenty-fifth Anniversary of the Orchard Grove group will be observed in Lakewood Elks Hall, corner Detroit Avenue and Bunts Road at 9:00 p. m. Guest speaker will be Tom J., of Toronto, Canada (Tom was the banquet speaker at the General Service Conference held last month in Cleveland). Food and refreshments after the meeting.

November 11-General Service Assembly.

November 15—**GRATITUDE SUNDAY** Meeting sponsored by the Northeastern Ohio General Service Committee and its General Service Representatives: 3:00 p. m., St. John's School Hall, Canton, Ohio, with Canton Area **GSRs** serving as your hosts. Speaker: Bill G., Salem, Indiana, Delegate from State of Indiana to the General Service Conference.

November 18—Twenty-first Anniversary of the Bedford group at 9:00 p. m.; with 17 year member Vern D. as guest speaker. Food and refreshments.

November 21—Establishment of a new group in Veterans' Hospital, East Boulevard near East 105th at 8:00 p. m. The "Christening" will be made by Del S., a New York City member and an able speaker. Dr. Luke R. will be the chairman of the meeting. Ample and protected parking. The regular meeting night thereafter will be on Wednesday nights at 8:00 p. m. The speaker for the first Wednesday meeting on November 25 will be Bill H. of the Monument group, Dayton, O.

December 6—Area-Wide (Consolidated) Meeting at 4:00 p. m. in the Nurses' Auditorium of Charity Hospital. Guest speakers will be W. Roy W., a long time member and former secretary of the Doan Men's group who contributed greatly to the early growth of AA in Cleveland, before he was elevated to a high position in his firm's Chicago office, and continued his exceptional and effective work in the Chicago area.

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Room 205, Frederick Building, 2063 E. 4th St., is open weekdays from 9 a.m. to 5 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

ALANON GROUP MEETINGS

Alanon Answering Service — Call SU. 1-6186

ASHTABULA-Harris Memorial W. 68 & Adams	1st & 3rd Mon., 8 :30
BROOKPARK-PARMA-Redeemer Lutheran. 6161 Smith	Mon., 8:30
LAKEWOOD—Lakewood Presbyterian, Detroit Ave. at Marlowe Moo.	8:30
EUCLID-Christian Church. 28001 Lake Shore Blvd.	Tues., 8:30
GARFIELD HEJGHTS-Garfield Hts. City Hall. 6566 Turney	Tues. 8:30
SUBURBAN WEST—Our Savior Luth'n Church. 20300 Hilliard	Tues., 8:30
MAPLE HEIGHTS-Presbyterian Church. 15715 Libby Rd.	Tues., 8:30
BETHANY—Bethany Presbyterian Church. W. 65th & Clinton	Wed., 8:30
BROADWAY—Newburgh Recreation. 8437 Broadway	Wed., 8:30
FAIRPORT HARBOR-Luther Center. Eagle st.	Wed.8:00
LORAIN AVE.-Dr. Martin Luther Church, 4470 Ridge Rd.	Thurs., 9:00
E. CLEVELAND-YWCA. Lee Boulevard and Euclid	Fri., 1:30
CHARITY—St. Vincent's Charity Hospital. E. 22nd & Central	Fri., 8:30
CHARDON—Pilgrim Christian Church, 118 South St	Fri., 8:30
LORAIN COUNTY-Luth. Church, 3334 Wilson, Lorain, O.	Thur. 8:30
ELYRIA, O. Woodbury St. off Cleveland St.	Sat., 8:30
VALLEY-7100 Kinsman (2nd & 4th Sunday) Closed	Sun., 4:00

CLEVELAND AREA AA GROUP MEETINGS

MONDAY

BORTON—E. Cleveland Congrega. Church, Page and Euclid A v e 8:10
BROOK PARK—Redeemer Lutheran Church, 6161 Smith Reed, Brook Park 8:30
EARLY-EARLY—Baptist Church, 1740 E. 17th St., Corner Walnut 7:30
KDGLAKE—Faith Lutheran Ch., Lakewood, Woodward & Hilliard (Wdwr. Ave. ent.) 8:30
FRIENDLY SUBURBAN—4037 Pearl 8:00
FRIENDSHIP—Blvd. Presbyterian Ch., 24666 Lake Shore Blvd. Euclid, O. 8:30
LAKEWOOD MEN'S—St. Peter's Episcopal, W. Clifton end Detroit 9:00
LEE MONDAY—Fir & Presbyterian Ch., East Cleveland, Nela and Euclid. 8:30
LORAIN AVE.—St. Ignatius Hell, Lorain Ave. et West Blvd. 8:30
ORCHARD GROVE—St. Mark's Church, 15305 Trisket Road 8:30
PEARL—St. Mary's Sch., 4600 State Rd. 8:30
RAMONA—9721 Ramona Blvd. 8:30
SHAKER—Christ Episcopal Church, 3446 Warrenville Center Rd. 9:00
SUNNY MONDAY WOMEN—713 E. Sprague Rd., off Route 21, Seven Hills. 12:30
SOUTH EAST—7626 Broadway 8:30
TEMPLE—Fatima Hall, 6914 Lexington 8:15
W. 26th ST.—United Church of Christ, 2409 Willowdale Ave. 9:00
WOMEN'S (Westside)—West Blvd., Christian Church, Madison & W. 101st St. 8:15
ELYRIA MEN'S—St. Agnes, Lake & Dewey 8:30
Mixed Discussion 10:00 a.m.
JEFFERSON, O.—St. Joseph's Church 8:30
LEROY-BRAKEMAN—Leroy Grange Hall, Brakeman Rd. off Rte. 86—Painesville 8:30
VERMILION—Congregational Church 8:30
WILLOUGHRY, O.—First Presbyterian Church, 4785 Shankland Rd. 8:30

TUESDAY

BRECKSVILLE V. A. HOSPITAL, 10000 Brecksville Rd., Brecksville, O. 7:30
CLARK—1917 Clark Ave. 8:30
CORLETT MIXED—Holy Family Parish Hall, 3246 E. 131st St 8:30
CRANEING ST.—28707 Euclid, Wickliffe 8:00
EASTSIDE WOMEN—Y.Y.C.A., Room 6, Lee Road at Euclid 8:15
EUCLID MORNING—Euclid Christian Ch., Lake Shore Blvd & E. 280th St. 10:30 a.m.
FAIRMOUNT—St. Paul's Episcopal, Fairmount and Coventry 9:00
FAIRVIEW PARK—Fairview Grace Church, W. 924th and Lorain Ave. 8:30
FALLS—Community Church, Olmsted Falls, 7883 Main St. (Columbia Rd.) 9:00
GARFIELD TUES.—Garfield Hts. City Hall, 6666 Turney Road 8:30
HILLTOP—St. Joseph's Semi., 17603 Euclid Ave. 8:30
LAUREL—Brooklyn High School Cafeteria, 9400 Biddulph Rd. (Parking, W. 96th) 8:45
MAY-LYND—E. Cleveland Savings & Loan, 6816 Mayfield Road 8:30
MILES-LEE—St. Mary's Church, 4070 E. 142nd St 8:30
NIGHT & DAY—1:867 Euclid Ave. 8:30
RIVER TUESDAY—Rocky River Methodist, 19414 Detroit Road 8:30
SMITH-WILSON—St. Joseph's School, 9821 Orleans Ave. 8:30
SUPERIOR—North Presbyterian Church, E. 40th and Superior 8:30
TRUSTY—Cleveland Howe of Correction, 1000 ft. east of House of Correction 8:00
VALLEY WOMEN'S DISCUSSION GROUP, 2nd and 4th Tuesday, 7100 Kinsman 7:00
WEST PARK—Puritas Lutheran Church, Puritas Ave. and W. 138th St. 6:30
ASHLAND, O.—First Presbyterian Church, 3rd & Church Sts. 8:00 EST
ASHTABULA CONSOLIDATED—Geneva, O. Methodist Church, So. Broadway, 1st Tue 8:30
GOLF LAKELANDS—Immaculate Conception Church, Hubbard Rd., No. Madison 8:00
KIRTLAND, O.—Old South Ch. Rt. 306 8:30
LAKE COUNTY—Meth. Fellowship Hall, Rt. 20-E, Southwood, Mentor 8:30
LORAIN CENTRAL—Lorain, O., Trinity Church 8:30
MANSFIELD—Episcopal Church, 41 Bowman St. Mansfield, O. 8:30 EST
MEDINA, O.—St. Paul's Epis. Per. Hse. 8:30
STREETSBORO, O.—Methodist Church, Intersection of Rte. 14 & Rte. 48 8:30
Strongsville—Methodist Ch., 13364 Pearl 8:30

WEDNESDAY

ANSEL—Lithuanian Hall, 6836 Superior Ave. 8:30
BAXTER—St. John's Lutheran School, 5826 Cable 8:30
BEDFORD—Bedford Christian Church 9:00
Warrenville Center and Blaine 10:30
BRAINARD CIRCLE (Women's)—Trinity Ch., Br'nd at Shaker & Gates Mills Blvd. 8:30
COLLINWOOD—943 E. 152nd St. 8:30
DOAN MEN—Church of the Covenant, 11206 Euclid Ave. 9:00

EASTSIDE MORNING—9606 Euclid Ave., Euclid Ave. Congre. (Side Ent) 11 a.m.
EUCLID-WADE—18857 Euclid Ave. 8:30
GARFIELD—Pilgrim E. & R. Church, 4592 E. 131st St. 8:30
HAG-race Cong. Assembly Hall, West 66th and Colgate 8:30
LEE ROAD—St. Ann's Church B-eat, Coventry end Ceder 9:00
LORAIN WEDNESDAY—Bosworth Road, Presbyterian Church, 3631 Bosworth, 9:00
NO. OLMSTED—Epis'l Church of the Advent, 3760 Dover Ctr. Rd., north of Lorain 9:00
PARMA HEIGHTS—All Saints Episcopal Church, 8911 Ridgewood Drive 8:30
PSYCHIATRIC HOSPITAL—1708 Aiken 8:30
ST. JAMES—St. James Church, E. 34th and Ceder 8:00
TWENTY-FOUR HOUR—13216 Detroit, Church of the Ascension 8:30
WARRENSVILLE—Women's House Cor. 7:30
WEST SHORE—West Shore Unitarian, 20401 Hilliard Rd., Rocky River 8:30
WEST SIDE (Closed)—Twelfth Step Club, 8304 Detroit Ave. 8:30
ASHTABULA C'Y Women, Harris Memorial, W. 58th & Adams, 2nd & 4th Wednesday 7:30
BRUNSWICK O.—Cuyahoga Ass'n Bldg., Route 42, So. of 803 8:30
CHESTERLAND—Methodist Church, Mayfield Rd., Rte. 322 & Rte. 306 8:30
ELYRIA O.—St Paul Building, Third end Middle, side entrance 8:30
FAIRPORT HARBOR—Luther Center, Eagle St., Fairport Harbor 8:00
Farm—3438 Slagle, Rte 303, Garrettsville 10:30
INTERNATIONAL—30th & Wood, Lorain, O. Mt. Zion Baptist Church 8:30
LAKE COUNTY WOMEN—1st Presbyterian, 4785 Shankland Rd., Willoughby 1:00
LORAIN COUNTY WOMEN—Meth. Church, Rte. 254—1 block east of Rte. 67 8:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
SHEFFIELD LAKE, O.—St. Thomas School, Harris Road 8:30
WICKLIFFE—Wickliffe Presbyterian Church, E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal, Church, 15837 Euclid Ave. 8:30
ANGLE—St. Malachi's, 2459 Washington 8:30
BAY WEST—Church of the Redeemer, 23500 Center Ridge Rd., Westlake 8:30
BROADWAY-55th—Our Lady of Lourdes School Hall, 3398 E. 55th St. 8:30
BROOKLYN—St. James Lutheran Church, 4781 Broadview, cor. Maynard 8:30
COVENTRY—Fairmount Presby. Church, Scarborough and Fairmount Blvd. 8:30
CROSSROADS—St. Luke's Episcopal, W. 78th St. and Lake Avenue 9:00
EASTLAKE—Reformation Lutheran Church, 34300 Lake Shore Blvd. 9:00
EAST SHORE WOMEN—Richmond Library, 26151 Euclid Ave., Euclid, O. 8:15
GARDEN VALLEY—(Outhwaite) 7100 Kinsman Ave. 8:00
GOLDEN GATE WOMEN—Activities Center So. Euclid Meth. Ch. 1534 So. Green Rd. 8:30
LORAIN AVE., THURSDAY—4470 Ridge Rd., Dr. Martin Luther Church 9:00
NIGHT & DAY—13857 Euclid Ave. 11 A.M.
NORTH RANDALL—Village Hall, 21937 Miles Ave. 9:00
ROCKY RIVER—Rockport Methodist Church, 2310 Wooster Road 9:00
ST. CLAIR—Nottingham Methodist Church, St. Clair & Melville 8:30
TRUSTY—Cleveland House of Correction, 1000 ft. east of House of Correction. 8:00
WEST SIDE MORNING—W. 98th & Denison, Hungarian Lutheran Church 11 A.M.
AMHERST, O.—St. Peter's Church 8:30
ASHLAND—St. Matthew's Episcopal Church, Steamtown Rd., & Mifflin Ave. 8:00
ASHTABULA HARBOR—Bethany Luth'n Ch. Penn Ave., between W. 9 and W. 10 8:30
BEREA—Fine Arts Bldg., East Bagley Rd. Three doors east of Eastland 9:00
ELYRIA—St. Agnes Sch., Lake & Dewey 8:30
INDEPENDENCE, O.—St. John's Lutheran Hall, Second and Sunset 9:00
DISCUSSION—112 E. 19 Lorain, O. 10 A.M.
MAPLE LEAF—Congregational Church, Fellowship Hall, Burton, Ohio 8:30
PAINESVILLE—Congregational Church, Educ. Bldg., Mentor Ave., Paville 8:30
TWINSBURG—Chrysler Union Hall 8:30
WILLARD, O.—United Bank Bldg. 8:30

FRIDAY

BROADWAY-HARVARD—8437 B'way 8:30
CEDAR—Salvation Army, 6006 Euclid. 8:15
CHARITY—Amphitheatre, 6th Floor, St. Vincent's Charity Hospital 8:30
CLEVELAND WOMEN—425 Term. Twr. 6:00
EUCLID FRIDAY—Epiphany Church, Lake Shore & East 210th St. 9:00
FRIDAY P.M. WOMEN—Plymouth Church, Krumbine Room, Coventry & Drexmore 1:00
GORDON SQUARE—St. Paul Com. Church, 4427 Franklin Blvd. 9:00

HEIGHTS—Closed Discussion, Christian Church, Van Aken & Avalon (rear) 8:30
HUDSON, O.—Closed meetings, Christ Church, 21 Aurora 8:30
LEE ROAD—American Legion Hall, Poet 163, 16644 Euclid Ave. 9:00
NORTH EAST-Town House Motel, 16661 Euclid Ave. 8:30
PARMATOWN MEN—Assembly Room, Parma Community Hospital 6:30
POSTOFFICE—4079A, Main Postoffice 8:00
SOLIDARITY-Friendly Inn Settlement, 2232 Unwin Rd. (off Quincy Ave.) 8:30
STRLLA MARIS MIXED, 1320 Washington Ave. 8:15
WEST CLIFTON-Lkwd. Congregational Church, 1875 W. Clifton Road 9:00
AVON LAKE-Fint Congregational Church, 32801 Electric Boulevard 8:30
BEREA—Social mom of Berea Cong. Church, Seminary and Church. 6:30
CHAGRIN FALLS-Federated Churches, 76 Bell Street 9:00
CHARDON—Pilgrim Christian Church, 113 South Street, Chardon, O. 8:30
CONNEAUT, O.—Methodist Church, Buffalo and Madison Sts. 8:30
MANSFIELD, O.—26 Mulberry 8:00 E.S.T.
WELLINGTON-St. Patrick's Catholic Church, No. Main St., Wellington, O. 8:30

SATURDAY

BAY VIEW—Bay View Hospital, 23200 Lake Ave., Bay Village 8:30
FOREST CITY—2125 Broadview Rd. 9:00
L.S.I.—17600 Broadway 8:30
LANDER CIRCLE—Garfield Mem. Methodist, Cor. Lander Rd. and Route 422 9:00
LEAGUE PARK—Teamster's Hall, 2076 E. 22nd St. at Carnegie 9:00
LEECE-NEVILLE—1374 E. 51st St. 7:00
LEE-SEVILLE—New Home Baptist Church, Seville & Sunview Ave. 7:00
LIBERTY—945 E. 152nd St. 9:00
MAPLE HTS.—Luth. Church of Covenant, 19000 Libby Rd., cor. Maple Hts. Blvd. 8:30
MATT TALBOT—Widerners Presby. Ch., 14112 Euclid Ave. at Widerners 8:30
MEMPHIS—Lakewood Congregational Ch., 1375 W. Clifton cor. Detroit Ave. 9:00
NEWBURGH STATE HOSPITAL—Williams Bldg., Entrance at 4455 Turney Rd. 7:30
NIGHT & DAY—13857 Euclid Ave. 12 Midnight
NORWALK TRUCK LINES, 1147 E. 55th St., at Shore Drive 9:00
PLAINS—Plains Methodist Ch., Mentor, O., Rts. 306 and 283, Mentor, O. 9:00
PARMA—Third Federal Savings & Loan, 5950 Ridge Road 8:45
REDWOOD—Euclid Lutheran Church, E. 260th and Oriole 8:30
TRINITY—Trinity Evangelical Church, 3525 W. 25th St. 9:00
VALLEY VIEW—Pilgrim Congr. Church, 2592 W. 14th, cor. Starkweather 9:00
ASHTABULA, O.—St. Peter's Epis. Church, Main Avenue at South Park 8:30
LORAIN SATNITE—7th and Reed St., St. Mary's Church Basement. 8:30
MANSFIELD—20 1/2 S. Park 8:00 EST
PARKMAN, O.—Congregational Church 8:30

SUNDAY

BEDFORD HEIGHTS—Village Hall, 5661 Perkins Rd., Bedford Heights 7:30
BROOKSIDE—Blessed Sacrament Church, Storer and Fulton (downstairs) 8:00
C.A.H.—13857 Euclid Ave. 10:45 a.m.
COLLINWOOD—945 E. 152nd St. 7:30
GOLLIN SUNDAY—8304 Detroit Ave. 7:30
DISCUSSION—6700 Detroit Ave. 7:00
GARDEN VALLEY—Outhwaite, 7100 Kinsman Ave. 4:30
GRATEFUL—St. James Lutheran Church, 1424 Hayden, near Shaw 8:00
LAKEWOOD ARMY, 1437 Wayne Ave., South of Detroit 9:00
MARSHALL—6200 Msysfield East entr. 8:00
MISTLETOE—St. Thomas Church, 9205 Superior Ave. 7:00
NELA PARK—Cafeteria, Advertising Bldg., Nela Park, Noble Road 7:30
NEWBURGH—St. Catherine's Church, 3443 E. 93rd St. 8:30
PURITAS—Church of the Ascension, 14040 Puritas Ave. 8:30
SOUTHWEST SUNDAY—390 Fair St. Board of Education Bldg., Berea, c. 8:30
Superior Stag—2028 1/2 E. 105th 11:00 a.m.
WARRENSVILLE—Cooley Farms, Recreation Room 10 A.M.
YOUR—Euclid Community House, 240 Briardale 7:15
AVON CENTRAL—Basement Central Bank, 36690 Detroit Rd., Avon, O. 8:00
CHIPPEWA-SEVILLE—V.F.W. Hall, Seville, O. 8:00
GENEVA, O.—Episc. Ch. 66 So. Eagle 7:30
LORAIN COUNTY CONSOLIDATED, St. John's Sch., 31 & Rt. 57, Lorain 7:30
MANSFIELD, O.—20 1/2 S. Park 8:00 EST
NEWBURY, O.—St. Helen's Church 8:15



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VOL. XXIII-No. 3

GOD'S PICTURE

Many year ago, this writer was a dinner guest at the home of a friend. The very young daughter was assigned as hostess in that hectic count-down period before dinner was served. The time was devoted to viewing an exhibit of her recent crayon drawings. In accord with usual protocol, the viewer was called upon to identify the subject of each work of art. The dog and cat came first and with some effort, correct identification was made. After appropriate study of the third masterpiece, it was suggested rather weakly that this must be a cow. Exhibiting that look of wide-eyed horror which only a very young child can express, she said in hushed but firm tones, "You're naughty! That's God's picture!"

The foregoing incident has often come to mind in the ensuing years and the conclusion has been reached that this was probably the finest picture of God that these poor eyes will ever see. Perhaps we should cultivate the childish virtues as avidly as we attempt to rid ourselves of juvenile defects. Surely all of us would benefit from the capacity for complete faith which belongs to the young child. God was very real to this five-year-old girl.

All of us enter the fellowship as all time non-believers, or as one time believers who have reviled God. For some, the miracle of sobriety and the fellowship serve to revive the basic understanding of God which an early religious training had once provided. Others are not so fortunate. For many in the beginning at least, God as they understand Him may very well be the sponsor, or a very small group of people who have special appeal. Eventually the entire fellowship may become the higher power. For some the fellowship may remain in that position permanently. Is there anything wrong with that?

Somewhere along the line, each of us must do our bit under Step Eleven. That is where these fuzzy pictures of the Higher Power may constitute a block. More than once, people have confided to trusted friends that prayer and meditation, and closer conscious contact with God, were almost impossible because they could not visualize Him. Such people need help, and inadequate as we may feel and be, we must somehow try.

In the first place! sight is the wrong sense upon which to rely in establishing this closeness. We never see God . . . we see His works. We who sit in choice ringside seats and observe the miracles of His new gifts of sobriety year after year, should certainly cease being doubters. We also see His works in the godly people we are privileged to know. Who could know Sister Ignatia without having a spiritual awakening?

Were we to pick a sense for contact with God, it would have to be the sense of feeling. Meditate upon your own blessed sobriety and if you do not feel the touch of God, you must be unduly callous. Try meditation in a quiet place, take a bit of self-inventory, and contemplate all those people you know who have helped you most in this fellowship. You cannot help but feel the hand of God as you understand Him.

Seven hundred years ago Meister Eckhart said, "Nothing in all creation is so like God as stillness."

BE ON GUARD!

The Holidays are near at hand, and as we approach them, it should behoove us to prepare our thoughts, gird our loins, become alert to the many temptations which will confront us in our social contacts during the coming Holiday Season.

Many of us will be invited to social functions where drinks will be served. Many of our friends or acquaintances will urge us to "be sociable" and take just one! Many of us will be sorely tempted, particularly if the one offering the drink will accuse us of being a kill-joy at the party. It is possible that the one offering the drink isn't aware of the fact that we are members of AA. A positive, but firm "NO!" often will suffice, but sometimes

our only out will be to tell the truth. It might even be possible that this shocker of fact might plant a seed in the mind of the host and, if he too has a problem, will result in him seeking advice from you.

This Holiday Season will be the writer's twenty-second without even a drool. We remember the first back in 1942 when we hesitated to attend any of the many office parties and other holiday social functions to which we were invited. We sought the advice of fellow AA's who had preceded us in the program and most of them urged us to stay away.

Several of them, however, were placed in similar positions and had weathered as many as two Holiday Seasons. Their advice was to go only if we were properly fortified mentally. We should go to these functions with a firm resolve not to weaken, keeping ever in mind the self-made living hells which we had always experienced in the past before we embraced AA.

"Don't feel sorry for yourself that you can't drink! Be glad you don't have to!" Nightmarish memories of the past and glorious memories of our recovery will be the sure deterrents depending on the depth and breadth of our determination to stay sober, retain and further develop our self-respect and character.

Just being a member of a group and attending a meeting once a week, just listening, without absorbing, and the fact that out of an estimated 3,500,000 problem drinkers, only roughly ten percent have had AA-affiliation, this should impress even the most illiterate of us.

How many of these have enjoyed absolute sobriety since they embraced the fellowship of AA? How many gambled with their souls, bodies and minds by experimenting once, twice or more?

We-you and I-have been given a precious gift. Don't hide it or it will lose its lustre. It might even be taken away from us. Forewarned is forearmed!

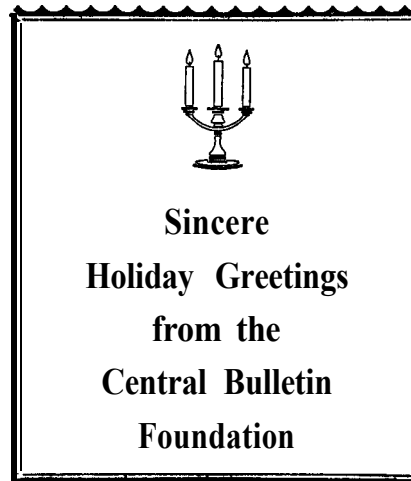
May your holidays be sober and happy days!

A wise man does not blow out the light to see how dark it is.

* * * *

Employer: "We need a responsible man."

Applicant: "That's me! Wherever I've worked, if anything went wrong, they told me I was responsible."





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Vol. 23

December, 1964

No. 3

MILL ENDS AND REMNANTS

*Little Jack Homer
Sat in a corner
Eating his Christmas pie;
He stuck in his thumb
Pulled out a plum,
And said, "What a good boy am I!"*

There is quite a story imbedded in this simple nursery rhyme, with ramifications worthy of considerable thought and discussion. There is quite a bit of irony too, when applied to an unfortunately heavy cross-section of members of our fellowship, and the Jack Horners are of varying degrees.

We hear a lot these days of image. What is it? To this writer, in AA it is the examples that we see about us; the examples that we observed; the examples that imparted the hope that if they could, perhaps we could also. These examples, these images sat in no corner.

These are no Jack Horners. To be true they ate their Christmas pie, and like all of us stuck in their thumb and pulled out the plum of happy sobriety in AA, but for them there the rhyme finished. They didn't, and thank God that they didn't, sit back in acceptance and keep unto themselves the rich plum that had been given them.

With the receipt of this issue of Central Bulletin we shall be upon the doorstep of the Christmas season, and while it is the season when giving is more generally emphasized, you and I can ill-afford to place the halter of seasons upon our gifting—the sharing of the strength and hope that was so freely given us.

The next time that the ugly little thought, "Why need I be concerned? Everything is going well and there are others who are seeing that things are done," arises—it might be well to reflect upon the little boy who sat in the corner.

Or, "Why should I concern myself with their needs when I have so many responsibilities of my own?" Then, also, will be a good time to think about the little boy who kept the pie for his very own.

When we are bedeviled with these thoughts, it is time to remember this truth: That whether it is the giving of understanding, concern, money or time, in giving one finds his own richness and power. And it is then that our lives take on new dimensions and we see everything from a different perspective. What once seemed like a demand now becomes a privilege.

From this new dimension and different perspective we ought to bring into focus the great task of relieving the suffering of those alcoholics who need help and who when sick enough will seek help, for it is then we may share the plum.

Isn't it everyone's heritage to stand erect, in gratitude and unafraid? To think and act for himself in a manner that he may face the world boldly and say—"This I have done with the help of God!" Recently we read that when God touches a man's life, he begins to realize the meaning of life is to give and not to take.

Then great things can happen, by George!

CENTRAL COMMITTEE

In the absence of Moderator John B. Vice-Moderator Harry D. was named Acting Moderator.

Twenty-nine groups were represented.

Chairman Ed. M. of the Area-Wide Meeting Committee urged the representatives of all groups to publicize the December 6 meeting in Jordan Hall of Charity Hospital to hear former Clevelander Roy W. of Chicago (Winnetka). Notices will be distributed to all group secretaries about November 20 for distribution to their members.

Chairman Marion S. of the Refresher-Training Committee reported that 28 people attended its first meeting in Night & Day Hall. Dick P. also reported that similar meetings have been held for quite some time at the Parma group, prior to the regular meeting and that they have been well attended. Chairman Marion S. stated that there will be a Refresher-Training meeting at Night & Day every Tuesday instead of St. James.

Action Committee reported contacting one group relative to printing a member's full name on its postcard mailings, thereby violating one of AA's cardinal rules.

In the absence of the chairman of the Public Information Committee, Dick P. reported for him. The public meeting in late October attracted between 35 and 45 people, though 250 invitations had been sent to government officials of Cleveland as well as the suburbs. Very evidently, because of it being during the election campaign period, this probably was the cause of their failure to attend. Another effort will be made to attract them.

Bob J. asked if school board officials had been advised that speakers were available. Tom M. reported that he had a tape with three leads on it that was available to anyone who wants to use it.

Under New Business, Acting Moderator Harry D. read a letter from Moderator John B. in which he regretfully tendered his resignation. It was accepted with great reluctance, as he was an exceptionally able moderator. But everyone also understood that his many involvements in AA activities did deprive his family of his home responsibilities. A motion was made that we wish him God's richest blessings on his future and that we express our appreciation for all the work he has done for Central Committee and that we send him a letter of gratitude. This motion was carried unanimously.

Joe S. reported on the General Service Conference election. The newly elected 1965-1966 officers for our District are, Delegate: Chuck G., North Canton; Alternate Delegate: Bill DeW., Lakewood; Secretary: Ruth V., West Side Women; Treasurer: Jack K., Orchard Grove.

A PRAYER FOR TODAY

This is the beginning of a new day. God has given me this day to use as I will. I can waste it, or use it for good. What I do today is important, because I am exchanging a day of my life for it. When tomorrow comes, this day will be gone forever, leaving in its place something that I have traded for it. I want to be gained, not lost; good, not evil; success, not failure; in order that I shall not regret the price I have paid for it.—*Heartsill Wilson*

The man who continues pulling on the oars doesn't have much time to rock the boat.

* * *

Kindness is the oil that eases the friction of living.

* * *

The man who gathers the honey doesn't fight the bees.

Donald E. Gresham, one of Cleveland's early members, passed away suddenly on November 18. Don was one of the early active members of the old Lake Shore group and later a loyal member of the Edgelake group. He had enjoyed about 24 years of continuous sobriety.

He is survived by his wife Lillian, one son and two daughters, to whom we offer our sincere condolences.

PRAYERS ARE ANSWERED

Prayers are answered though sometimes we may feel they aren't even heard. The answer to our prayers isn't always "yes". It's sometimes "yes", sometimes "no", and sometimes neither "yes" nor "no", but God's way of saying, "Not yet."

When despair begins to creep in after we've prayed and prayed for those we love, or perhaps for ourselves; we must remember that God does hear. Though we may not see His hand at work immediately, we must have faith that He is doing what He can.

One hears stories of the complete faith of others and is sometimes inspired by them. I recently heard one that I want to pass on.

A mother of an alcoholic had prayed for years that he stop drinking. She had found God, she knew Him, and though her son continued drinking, her faith in God was never shaken. Finally, her son took someone else's car while he was drunk, and was sentenced to several months in jail. Friends and relatives gathered at the mother's home to comfort her. But instead of the tear stained face they were prepared to see they saw one radiant and smiling with hope.

"Thank God," the mother said. "The good Lord has finally answered my prayers. My son can't drink while he's in jail, and when he's sobered up, he'll find God again."

God does work in mysterious ways. —*Alky Alky*

IF YOU SLIP-DON'T BLAME, AA

If a diabetic fails to take his insulin and has another attack.

If an ulcer patient does not follow his prescribed diet and has another attack.

If a man with an arrested case of tuberculosis, fails to follow his doctor's advice with the result that the disease flares again.

If a person with heart trouble or high blood pressure ignores his physician's advice and has another attack.

We don't fire the doctor or say the medicine is no good, We send for the doctor and ask him to help us again.

If good church members sin, they don't fire the preacher, priest or rabbi, and say the religion's no good.

If you are an alcoholic and do "Slip", don't be so foolish as to drop out of AA and say it is no good. Do as the patient does. Remember how well you got along while you followed the AA prescription. Then get back into AA and start getting along well again. —*Alky Alky*

BOUND BULLETINS

A limited number of bound Central Bulletins containing Volumes XXI and XXII (October 1962 to September 1964) will be available on December 1st. The cost of each is \$5.00. Payment must accompany each order.

CHRISTMAS GIFT

An ideal Christmas gift (in our opinion) for a sponsor to give his newest "baby" would be a year's subscription for the Central Bulletin. Not only would the recipient be able to read some good A. A. thoughts each month, but would also possess up-to-date group listings in the county area, plus the monthly speaker's list information.

Your group secretary has order blanks available.

A greeting card with your name as donor will be enclosed with his or her January Bulletin which will be mailed in mid-November.

A big Silver Dollar and a little Brown Cent, rolling along together went rolling along the smooth sidewalk, when the Dollar said:

"You poor little Cent, you cheap little mite, I am bigger than you and twice as bright. I'm worth more too, a hundred-fold. And written on me letter bold is the motto drawn from a pious creed, 'In God We Trust'; which all can read."

"Yes, I know," said the Cent. "I'm a cheap little mite, and I know I'm not big nor good nor bright. And yet," said the Cent, with a sweet little sigh, "You don't go to church as often as I." —*Alky Alky*

DATES TO REMEMBER

December 5—Seventeenth Anniversary of the **Trinity** group in Trinity Evangelical Church, 3525 West 25th St. at 9:00 p.m. with Harold "Bud" M. of Meadville, Pa. as guest speaker.

December 6-Area-Wide (Consolidated) Meeting at 4:00 p. m. in the Nurses' Auditorium of Charity Hospital. Guest speakers will be W. Roy W., a long time member and former secretary of the **Doan Men's** group who contributed greatly to the early growth of AA in Cleveland, before he was elevated to a high position in his firm's Chicago office, and continued his exceptional and effective work in the Chicago area.

December 10—Fifth Anniversary of the Painesville group in the Congregational Church Educational Building, Mentor Ave., Painesville at 8:30 p.m. with Tom P., Cleveland League Park, as guest speaker. Food and refreshments.

December 14-Tenth Anniversary of the Early-Early group in the Baptist Church, 1740 E. 17th St., corner Walnut. A tape recording of a talk by the late **Jim Dunlavy**, who contributed greatly to the groups' growth, will be heard.

G I G G L E S

A man decided to turn over a new leaf so he went home whistling, kissed his wife and children, then proceeded to shave and clean up for dinner. When the meal was over, he sang as he cleared the table, and then to the amazement of his wife, insisted on doing the dishes all by himself . . . when he had cleaned up the kitchen he went into the living room and found his wife in tears. "Why, what's the matter dear?" he asked.

"Everything has gone wrong today," she wailed. "The clothes line broke and the washing fell in the dirt. The boys got into a fight at school and came home with black eyes and Gaye fell down and tore her dress, to top it all off you come home drunk and don't know what you are doing!"

* * *

A well oiled alky walking along the street saw identical female twins approaching. Being aware of his condition, he felt it necessary to take evasive action as they drew near. However, as the girls came abreast of him, they parted and walked past one on each side of him. The drunk stopped and scratched his head, and was heard to mutter, "I wonder how she did that."

CLEVELAND AA DISTRICT OFFICE

The Cleveland AA District Office is open to anyone, male or female, who is seeking an answer to an alcoholic problem. The office, located in Boom 205, Frederick Building, 2063 E. 4th St., is open weekdays from 9 a.m. to 5 p.m., but maintains a 24-hour telephone service which responds to calls made after the office is closed. The telephone number is CHerry 1-7387.

ALANON GROUP MEETINGS

Alanon Answering Service — Call SU. 1-6166

- ASHTABULA-Harris Memorial W. 68 & Adams...1st & 3rd Mon., 8:30
- BROOKPARK-PARMA-Redeemer Lutheran, 6161 Smith...Mon., 8:30
- LAKEWOOD—Lakewood Presbyterian. Detroit Ave. at Marlowe Mon. 8:30
- EUCLID-Christian Church, 28001 Lake Shore Blvd. Tues.. 8:30
- GARFIELD HEIGHTS—Garfield Hts. City Hall, 6666 Turney, Tues. 6:30
- SUBURBAN WEST—Our Savior Luth'n Church. 20300 Hilliard, Tues.. 8:30
- MAPLE HEIGHTS—Presbyterian Church. 15715 Libby Rd. Tues., 8:30
- BETHANY—Bethany Presbyterian Church, W. 65th & Clinton...Wed., 8:30
- BROADWAY—Newburgh Recreation, 8437 Broadway...Wed., 6:30
- FAIRPORT HARBOR-Luther Center. Eagle st. Wed. 6:00
- LORAIN AVE.—Dr. Martin Luther Church, 4470 Ridge Rd. Thurs., 9:00
- E. CLEVELAND—YWCA, Lee Boulevard and Euclid Fri. 1:30
- CHARITY-St. Vincent's Charity Hospital, E. 22nd & Central Fri., 8:30
- CHARDON—Pilgrim Christian Church. 118 South St. Fri., 8:30
- LORAIN COUNTY-Luth. Church, 8334 Wilson, Lorain, O., Thur. 8:30
- ELYRIA. O. Woodbury St. off Cleveland St., Sat., 6:30
- VALLEY-7166 Kinsman (2nd & 4th Sundry) Closed Sun. 4:00

CLEVELAND AREA AA GROUP MEETINGS

MONDAY

BORTON—E. Cleveland Congrega. church
Page end Euclid Ave. 8:30

BROOK PARK—Redeemer Lutheran Church,
9161 Smith Road, Brook Park -- 8:30

EARLY-EARLY—Baptist Church,
1140 E. 17th St., Corner Walnut 7:30

EDGE LAKE—Faith Lutheran Ch., Lakewood,
Woodward & Hilliard (Wdward. Ave. ent.) 8:30

FRIENDLY SUBURBAN—6081 Pearl- 2:00

FRIENDSHIP—Blvd. Presbyterian Ch.,
24669 Lake Shore Blvd., Euclid, O. 8:30

LAKEWOOD MEN'S—St. Peter's Episcopal,
W. Clifton and Detroit----- 9:00

LEE MONDAY—First Presbyterian Ch.,
East Cleveland, Nela and Euclid. 8:30

LORAIN AVE.—St. Ignatius Hall,
Lorain Ave. at West Blvd. 8:30

ORCHARD GROVE—St. Mark's Church,
15305 Triquet Road ----- 8:30

PEARL—St. Mary's Sch., 4606 State Rd. 8:30

RAMONA—9721 Ramona Blvd. --- 8:30

SHAKER—Christ Episcopal Church,
8445 Warrensville center Rd. 9:00

SUNNY MONDAY WOMEN—118 E. Sprague
Rd., off Route 21, Seven Hills 12:30

SOUTH EAST—1626 Broadway 8:30

TEMPLE—Fatima Hall, 6914 Lexington 8:15
W. 25th ST.—United Church of Christ,
2409 Willowdale Ave. 9:00

WOMEN'S (Westside)—West Blvd., Christian
Church, Madison & W. 101st St. 8:15

ELYRIA MEN—St. Agnes, Lake & Dewey 8:30
Mixed Discussion 10:00 a.m.

JEFFERSON, O.—St. Joseph's Church 8:30

LEROY-BRAKEMAN—Leroy Grange Hall
Brakeman Rd. off Rte. 86—Painesville 8:30

VERMILION—Congregational Church 8:30

WILLOUGHBY, O.—First Presbyterian
Church, 4785 Shaker Rd. 8:30

TUESDAY

BRECKSVILLE V. A. HOSPITAL
10000 Brecksville Rd., Brecksville, O. 7:30

OLARK—1917 Clark Ave. 8:30

CORLETT MIXED—Holy Family Parish
Hall, 8845 E. 181st St. 8:30

CRANEING ST.—28707 Euclid, Wickliffe 8:00

EASTSIDE WOMEN—Y.M.C.A., Room 6,
Lee Road at Euclid 8:15

EUCLID MORNING—Euclid Christian Ch.,
Lake Shore Blvd & E. 280th St. 10:30 a.m.

FAIRMOUNT—St. Paul's Episcopal,
Fairmount and Coventry 9:00

FAIRVIEW PARK—Fairview Grace
Church, W. 224th and Lorain Ave. 8:30

FALLS—Community Church, Olmsted Falls,
7853 Main St. (Columbia Rd.) 9:00

GARFIELD TUES.—Garfield Hts. City Hall
5555 Turney Road 8:30

HILLTOP—St. Joseph's Seminary,
17608 Euclid Ave. 8:30

LAUREL—Brooklyn High School Cafeteria,
9400 Lindulph Rd. (Parking, W. 96th) 8:45

MAY-LYND—E. Cleveland Savings & Loan,
5816 Mayfield Road 8:30

MILES-LEE—St. Mary's Church,
4070 E. 142nd St. 8:30

NIGHT & DAY—18857 Euclid Ave. 8:30

RIVER TUESDAY—Rocky River Methodist,
19414 Detroit Road 8:30

SMITH-WILSON—St. Joseph's School,
9221 Orleans Ave. 8:30

SUPERIOR—North Presbyterian Church,
E. 40th and Superior 8:30

TRUSTY—Cleveland House of Correction,
1000 ft. east of House of Correction 8:00

VALLEY WOMEN'S DISCUSSION GROUP,
2nd and 4th Tuesday, 7100 Kinsman 7:00

WEST PARK—Puritas Lutheran Church,
Puritas Ave. and W. 188th St. 8:30

ASHLAND, O.—First Presbyterian Church,
3rd & Church Sts. 8:00 EST

ASHTABULA CONSOLIDATED—Geneva, O.
Methodist Church, So. Broadway, 1st Tue 8:30

GOLF LAKE LANDS—Immaculate Conception
Church, Hubbard Rd., No. Madison 8:00

KIRTLAND, O.—Old South Ch. Rt. 306 8:30

LAKE COUNTY—Meth. Fellowship Hall,
Rt. 20-E. Southwood, Mentor 8:30

LORAIN CENTRAL—Lorain, O.,
Trinity Church 8:30

MANSFIELD—Episcopal Church,
41 Bowman St., Mansfield, O. 8:30 EST

MEDINA, O.—St. Paul's Epis. Par. Hse. 8:30

STREETSBORO, O.—Methodist Church,
Intersection of Rte. 14 & Rte. 43 8:30

Strongsville—Methodist Ch., 13354 Pearl 8:30

WEDNESDAY

ANSEL—Lithuanian Hall,
6886 Superior Ave. 8:30

BAXTER—St. John's Lutheran School,
6826 Cable 2:30

BEDFORD—Bedford Christian Church 9:00
Warrensville Center & Blaine 10:30 A.M.

BRAINARD CIRCLE (Women's)—Trinity Ch.,
Brnd at Shaker & Gates Mills Blvd. 8:30

COLLINWOOD—946 E. 152nd St. 8:30

DOAN MEN—Church of the Covenant
11206 Euclid Ave. 9:00

EASTSIDE MORNING—9606 Euclid Ave.,
Euclid Ave. Congre. (Side Ent) 11 a.m.

EUCLID-WADE—18857 Euclid Ave. 8:30

GARFIELD—Pilgrim E. & R. Church,
4592 E. 131st St. 8:30

HAGUE—Grace Cong. Assembly Hall,
West 65th and Colgate 8:30

LEE ROAD—St. Ann's Church Basement,
Coventry end Cedar 9:00

LORAIN WEDNESDAY—Bosworth Road,
Presbyterian Church, 8681 Bosworth 9:00

NO. OLMSTED—Epie'l Church of the Advent
8160 Dover Ctr. Rd., north of Lorain 9:00

PARMA HEIGHTS—All Saints Episcopal
Church, 8911 Ridgewood Drive 8:30

PSYCHIATRIC HOSPITAL—1708 Aiken 4:30

ST. JAMES—St. James Church,
E. 84th and Cedar 8:00

TWENTY-FOUR HOUR—18216 Detroit,
Church of the Ascension 8:30

V. H., Veterans Hospital, E. Blvd. & E. 105, 8:30

WARRENSVILLE—Women's House Cor. 7:30

WEST SHORE—West Shore Unitarian,
20401 Hilliard Rd., Rocky River 8:30

WEST SIDE (Closed)—Twelfth Step Club
8804 Detroit Ave. 8:30

ASHTABULA C.Y. Women, Harris Memorial
W. 58th & Adams, 2nd & 4th Wednesday 7:30

BRUNSWICK, O.—Cuyahoga Ass'n Bldg.,
Route 42, So. of 808 8:30

CHESTERLAND—Methodist Church
Mayfield Rd., Rte. 822 & Rte. 806 8:30

ELYRIA, O.—St. Paul Building,
Third and Middle, side entrance 8:30

FAIRPORT HARBOR—Luther Center,
Eagle St., Fairport Harbor 8:00

Farm-9438 Slagle, Rte. 808, Garrettsville 10:30

INTERACIAL—30th & Wood, Lorain, O.,
Mt. Zion Baptist Church 8:30

LAKE COUNTY WOMEN—Lent Presbyterian,
4185 Shankland Rd., Willoughby 1:00

LORAIN COUNTY WOMEN—Meth. Church,
Rte. 264-1 block east of Rte. 61 8:30

MANSFIELD, O.—204 1/2 S. Park 8:00 EST

SHEFFIELD LAKE, O.—St. Thomas
School, Harris Road 8:30

WICKLIFFE—Wickliffe Presbyterian Church,
E. 300th & Ridge Rd. (Route 84) 8:30

THURSDAY

ALLENDALE—St. Paul's Episcopal,
Church, 15887 Euclid Ave. 8:30

ANGLE—St. Malach's, 2459 Washington 8:30

BAY WEST—Church of the Redeemer,
23500 Center Ridge Rd., Westlake 8:30

BROADWAY—55th—Our Lady of Lourdes
School Hall, 8398 E. 55th St. 8:30

BROOKLYN—St. James Lutheran Church,
4181 Broadway, cor. Maynard 6:30

COVENTRY—Fairmount Presby. Church,
Scarborough and Fairmount Blvd. 8:30

CROSSROADS—St. Luke's Episcopal,
W. 18th St. and Lake Avenue 9:00

EASTLAKE—Reformation Lutheran Church,
84800 Lake Shore Blvd. 9:00

EAST SHORE WOMEN—Richmond Library,
26151 Euclid Ave., Euclid, O. 8:15

GARDEN VALLEY—(Outhwaite)
7100 Kinsman Ave. 8:00

GOLDEN GATE WOMEN—Activities Center
So. Euclid Meth. Ch., 1584 So. Green Rd. 8:30

LORAIN AVE.—THURSDAY-4410 Ridge Rd.,
Dr. Martin Luther Church 9:00

NIGHT & DAY—18867 Euclid Ave. -11 A.M.
NORTH RANDALL—Village Hall,
21981 Miles Ave. 9:00

ROCKY RIVER—Rockport Methodist
Church, 8810 Wooster Road 9:00

ST. CLAIR—Nottingham Methodist Church
St. Clair & Melville 8:30

TRUSTY—Cleveland House of Correction,
1000 ft. east of House of Correction 8:00

WEST SIDE MORNING—W. 98th & Denison,
Hungarian Lutheran Church 11 A.M.

AMHERST, O.—St. Peter's Church 8:30

ASHLAND—St. Matthew's Episcopal Church
Steamtown Rd., & Miffin Ave. 8:00

ASHTABULA HARBOR—Bethany Luth'n Ch.,
Penn Ave., between W. 9 and W. 10 8:30

BEREA—Fine Arts Bldg., East Bagley Rd.,
Three doors east of Eastland 9:00

ELYRIA—St. Agnes Sch., Lake & Dewey 8:30

INDEPENDENCE, O.—St. John's Lutheran
Hall, Second and Sunset 9:00

NEIGHBORHOOD—112 E. 19, Lorain, 10 a.m.

MAPLE LEAF—Congregational Church,
Fellowship Hall, Burton, Ohio 8:30

PAINESVILLE—Congregational Church,
Educ. Bldg., Mentor Ave., Pville 8:30

TWINSBURG—Chrysler Union Hall 8:30

WILLARD, O.—United Bank Bldg. 8:30

FRIDAY

BROADWAY-HARVARD—8481 B'way 8:30

CEDAR—Salvation Army, 5006 Euclid 8:15

CHARITY—Amphitheatre, 6th Floor,
St. Vincent's Charity Hospital 8:30

CLEVELAND WOMEN—425 Term. Twr. 6:00

EUCLID FRIDAY—Epiphany Church,
Lake Shore & East 210th St. 9:00

FRIDAY P.M. WOMEN—Plymouth Church
Krumbine Room, Coventry & Drexmore 1:00

GORDON SQUARE—St Paul Com. Church,
4497 Franklin Blvd. 9:00

HEIGHTS—Closed Discussion, Christian
Church Van Aken & Avalon (rear) 8:30

HUDSON, O.—Closed meetings

Christ Church, 21 Aurora 8:30

LEE ROAD—American Legion Hall,
Poet 163, 15544 Euclid Ave. 9:00

NORTH EAST-Town House Motel,
16661 Euclid Ave. 8:00

PARMATAWN MEN—Assembly Room
Parma Community Hospital 8:30

POSTOFFICE—4079A, Main Postoffice 8:00

SOLIDARITY—Friendly Inn Settlement,
2282 Unwin RdI. (off Quincy Ave.) 8:30

STELLA MARIS MIXED
1820 Washington Ave. 2:15

WEST CLIFTON—Lkwd. Congregational
Church, 1815 W. Clifton Road 9:00

AVON LAKE—First Congregational Church,
22601 Eleetrie Boulevard 8:30

BEREA—Social room of Berea Cong.
Church, Seminary and Church 8:30

CHAGRIN FALLS—Federated Churches,
15 Bell Street 9:00

CHARDON—Pilgrim Christian Church,
113 South Street, Chardon O. 8:30

CONNEAUT, J.C. Hall, 238 Main (upstairs) 8:30

MANSFIELD, O.—25 Mulberry 8:00 E.S.T.

WELLINGTON—St. Patrick's Catholic
Church, No. Main St., Wellington, O. 8:30

SATURDAY

BAY VIEW—Bay View Hospital,
23200 Lake Ave., Bay Village 8:30

FOREST CITY—2125 Broadway Rd. 9:00

L.S.I.—17600 Broadway 8:00

LANDER CIRCLE—Garfield Mem. Methodist,
Cor. Lander Rd. and Route 422 9:00

LEAGUE PARK—Teamster's Hall,
2076 E. 22nd St. at Carnegie 9:00

LEECE-NEVILLE—1374 E. 51st St. 7:00

LEE-SEVILLE—New Home Baptist Church,
Seville & Sunview Ave. 8:00

LIBERTY—945 E. 152nd St. 9:00

MAPLE HTS.—Luth. Church of Covenant,
19000 Libby Rd., cor. Maple Hts. Blvd. 8:30

MATT TALBOT—Widmermere Presby. Ch.,
14112 Euclid Ave. at Widmermere 8:30

MEMPHIS—Lakewood Congregational Ch.,
1875 W. Clifton cor. Detroit Ave. 9:00

NEWBURGH STATE HOSPITAL—Williams
Bldg., Entrance at 4455 Turney Rd. 7:30

NIGHT & DAY—18857 Euclid Ave. 12 Midnight

NORWALK TRUCK LINES—
1147 E. 55th St., at Shore Drive 9:00

PLAINS—Plains Methodist Ch., Mentor, O.,
Rta. 306 and 289, Mentor, O. 9:00

PARMA—Third Federal Savings & Loan
6950 Ridge Road 8:45

REDWOOD—Euclid Lutheran Church,
E. 280th and Oriole 8:30

TRINITY—Trinity Evangelical Church,
3525 W. 25th St. 8:30

VALLEY VIEW—Pilgrim Congr. Church,
2592 W. 14th, cor. Starkweather 9:00

ASHTABULA, O.—St. Peter's Epis. Church,
Main Avenue at South Park 8:30

LORAIN SATNITE—7th and Reed St.,
St. Mary's Church Basement 8:30

MANSFIELD—204 1/2 S. Park 8:00 EST

PARKMAN, O.—Congregational Church 8:30

SUNDAY

BEDFORD HEIGHTS—Village Hall,
5661 Perkins Rd., Bedford Heights 7:30

BROOKSIDE—Blessed Sacrament Church,
Storer and Fulton (downstairs) 8:30

C.A.H.—13857 Euclid Ave. 10:45 a.m.

COLLINWOOD—946 E. 152nd St. 7:30

DETROIT SUNDAY—8804 Detroit Ave. 7:30

DISCUSSION—6700 Detroit Ave. 7:00

GARDEN VALLEY—Outhwaite,
1100 Kinsman Ave. 4:30

GRATEFUL—St. James Lutheran Church,
1424 Hayden, near Shaw 2:00

LAKEWOOD ARMOY—
1481 Wayne Ave., South of Detroit 9:00

MARSHALL—6200 Mayfield East entr. 8:00

MISTLETOE—St. Thomas Church,
9506 Superior Ave. 7:00

NELA PARK—Cafeteria, Advertising Bldg.,
Nela Park, Noble Road. 7:30

NEWBURGH—St. Catherine's Church,
8448 E. 93rd St. 8:30

PURITAS—Church of the Ascension
14040 Puritas Ave. 8:30

SOUTHWEST SUNDAY—890 Fair St.,
Board of Education Bldg., Berea, O. 8:30

Superior—Stag—2028 1/2 E. 105th 11:00 a.m.

WARRENSVILLE—Cooler Farms,
Recreation Room 10 A.M.

YOUR—Euclid Community House,
240 Briardale 7:15

AVON CENTRAL—Basement Central Bank,
86690 Detroit Rd., Avon, O. 8:00

CHIPPEWA-SEVILLE—V.F.W. Hall,
Seville, O. 8:00

GENEVA, O.—Episc. Ch., 66 So. Eagle 7:30

LORAIN COUNTY CONSOLIDATED—
St. John's Sch., 21 & Rt. 67, Lorain 7:30

MANSFIELD, O.—204 1/2 S. Park 8:00 EST

MENTOR HEADLANDS—Community Hall,
Corduoy & Overlook Rds., Mentor, O. 7:30

NEWBURY, O.—St. Helen's Church 8:15